

GENERAL INFORMATION

Location:	Iowa City, Iowa
Founded:	1847
Enrollment:	29,697
Nickname:	Hawkeyes
Home River:	Iowa
Conference:	Big Ten
School Colors:	Black and Gold
President:	Gary Fethke
Athletic Director:	Gary Barta
Rowing Administrator:	Paula Jantz
Rowing Secretary:	Kendra Wieditz
Equipment Manager:	Peggy Jenn
Administrative Phone:	(319) 335-9247
Administrative Fax:	(319) 335-9333
Adademic Services Phone:	(319) 335-7599
Athletic Training Phone:	(319) 335-9482
Marketing and Promotion Phone:	(319) 335-9431

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COACHING INFORMATION

Head Coach:	Mandi Kowal
Alma Mater/Year:	Wisconsin/1987
Years at Iowa:	13th
E-Mail Address:	mandi-kowal@iowarowing.com
Assistant Coach:	Chuck Rodosky
Alma Mater/Year:	Bowling Green State/1999
Years at Iowa:	First
E-Mail Address:	chuck-rodosky@iowarowing.com
Assitant Coach:	Carrie Callen
Alma Mater/Year:	U of Kansas/2006
Years at Iowa:	First
E-Mail Address:	carrie-callen@iowarowing.com
Rowing Office:	(319) 335-9259

PRACTICE ATTENDANCE

All practices are open to the media, and interviews may be conducted 15 minutes prior to or at the completion of practice. However, media must inform the Sports Information office of their intention to attend practice. The Hawkeye Varsity practices from 6-8 a.m. in the fall and from 3:45-6:15 p.m. in the spring.

MEDIA INFORMATION

Rowing SID:	Lea Stover
Office Phone:	(319) 335-9411
Office Fax:	(319) 335-9417
E-Mail Address:	lea-stover@uiowa.edu
Sports Information Director:	Phil Haddy
Big Ten Conference Phone:	(847) 696-1010
Web Address:	www.hawkeyesports.com

INTERVIEW INFORMATION

All student-athlete interviews will be coordinated through the Sports Information Department. Please contact Lea Stover at (319-335-9411) so that she may set a time for an interview that does not interfere with the student-athlete's academic or practice schedules.

MEDIA GUIDE

The University of Iowa Rowing media guide was written and designed by Student Assistant Mindy Heidgerken. Editorial assistance provided by Tony Wirt, Traci Wagner, and Matt Weitzel, Assistant Sports Information Directors. Photographs provided by the University Relations Photo Unit and the UI Visual Center's Photographic Services. Cover artwork designed by Stefanie Mason. Printing done by UI Printing in Iowa City, Iowa.

The University of Iowa prohibits discrimination in employment and in its educational programs and activities on the basis of race, national origin, color, creed, religion, sex, age, disability, veteran status, sexual orientation, gender identity, or associational preference. The University also affirms its commitment to providing equal opportunities and equal access to University facilities. For additional information on nondiscrimination policies, contact the Coordinator of Title IX, Section 504, and the ADA in the Office of Equal Opportunity and Diversity, (319) 335-0705 (voice) and (319) 335-0697 (text), 202 Jessup Hall, The University of Iowa, Iowa City, Iowa 52242-1316.

The mission of the Department of Athletics is to provide the administrative and coaching support, facilities, resources, and equipment necessary for student athletes to graduate from The University of Iowa while participating in broad based championship caliber athletic competition. The overall well-being of the participant and integrity of the program will be paramount in all that we do.



COURAGE
HEART
ATTITUDE
MATURITY
PERSEVERANCE
INTEGRITY
OPTIMISM
NOBILITY
SQUADS

BEING A HAWKEYE MEANS HAVING A SET OF CORE VALUES SHARED AMONGST YOUR TEAMMATES. THE HAWKEYES' TEAM VALUES MAKE THEM CHAMPIONS AND ARE COMPRISED OF COURAGE, HEART, ATTITUDE, MATURITY, PERSERVERANCE, INTEGRITY, OPTIMISM, NOBILITY, AND SQUADS.

THE QUALITY OF BEING BRAVE: THE ABILITY TO FACE DANGER WITHOUT FEAR.
 "DON'T BE AFRAID TO GO OUT ON A LIMB....THAT'S WHERE THE FRUIT IS."

THE HUMAN HEART IS CONSIDERED THE CENTER OF EMOTIONS, PERSONALITY, ATTRIBUTES; INNERMOST THOUGHTS AND FEELINGS; COMPASSION; SPIRIT OR COURAGE.
 "CLARITY OF PURPOSE EXPOSES THE FOUNDATION OF THE INNER HEART."

A BODILY POSTURE SHOWING MOOD, ACTION; A MANNER OF SHOWING ONES FEELINGS OR THOUGHTS; ONE'S DISPOSITION OR OPINION.
 "ATTITUDES ARE CONTAGIOUS....IS YOURS WORTH CATCHING?"

FULLY DEVELOPED, PERFECTED; HAVING REACHED THE DESIRED STAGE; CAREFULLY THOUGHT OUT.

"THE BEST ATHLETES DISPLAY A GIFT FOR CONTROL. THEIR SUCCESS DEPENDS UPON BENDING, NOT BREAKING, THEIR BODY TO WILL."

PERSEVERANCE

TO PERSIST IN AN IDEA, PURPOSE, OR TASK DESPITE OBSTACLES

"IN THE CONFRONTATION BETWEEN THE STREAM AND THE ROCK, THE STREAM ALWAYS SEEMS TO WIN...NOT THROUGH STRENGTH, BUT THROUGH PERSISTANCE."

INTEGRITY

STRICT ADHERENCE TO A STANDARD OF CONDUCT OR VALUE. PERSONAL HONESTY AND INDEPENDENCE; COMPLETENESS

"INTEGRITY IS ONE OF SEVERAL PATHS. IT DISTINGUISHES ITSELF FROM THE OTHERS BECAUSE IT IS THE RIGHT PATH, AND THE ONLY ONE UPON WHICH YOU WILL NEVER GET LOST."

OPTIMISM

THE BELIEF THAT GOOD ULTIMATELY PREVAILS OVER EVIL; THE TENDENCY TO TAKE THE MOST HOPEFUL VIEW OF MATTERS.

"EVERY OBSTACLE IS A STEPPING STONE TO YOUR SUCCESS."

NOBILITY

HAVING HIGH MORAL QUALITIES; MORALLY GOOD; VIRTUOUS; SUPERIOR IN NATURE OR CHARACTER.

"MAGNANIMITY SEEMS TO BE CONCERNED WITH GREAT THINGS. THE MAGNANIMOUS PERSON SEEMS TO BE ONE WHO THINKS THEMSELF WORTH OF GREAT THINGS AND IS REALLY WORTHY OF THEM."

SQUADS

ANY SMALL GROUP OF PEOPLE WORKING TOGETHER.

"SNOWFLAKES ARE ONE OF NATURE'S MOST FRAGILE THINGS, BUT JUST LOOK AT WHAT THEY CAN DO WHEN THEY STICK TOGETHER."



FALL SCHEDULE

10.08.06
HEAD OF THE ROCK
ROCKFORD, IL

10.19-22.06
HEAD OF THE CHARLES
BOSTON, MA

10.29.06
HEAD OF THE IOWA
IOWA CITY

SPRING SCHEDULE

3.11.07
TEXAS
AUSTIN, TX

3.16-18.07
LONGHORN INVITATIONAL
AUSTIN, TX

3.31.07
MINNESOTA
LAKE MCBRIDE, SOLON IA

4.7-8.07
GEORGE WASHINGTON INVITE
WASHINGTON, DC

4.14.07
MINNESOTA OREGON STATE
MINNEAPOLIS, MN

4.28.07
BIG TEN CHAMPIONSHIP
MADISON, WI

5.10-13.07
CENTRAL SPRINTS
OAKRIDGE, TN

5.24-27.07
NCAA CHAMPIONSHIPS
TBA





Mandi Kowal, a member of the United States National Rowing Team for five years ('83, '84, '86-'88), enters her 13th season as the head rowing coach for the University of Iowa. Kowal was named the first varsity head coach of the Hawkeyes in 1994.

COACHING EXPERIENCE

Kowal has headed the Hawkeyes since the team's elevation to varsity status in 1994. After two solid spring seasons at Iowa, Kowal's Varsity four was invited to the first-ever NCAA Rowing Championships in 1997. The Varsity 4+ finished the season fourth in the country. In 1998, the Hawkeyes' Varsity 4+ returned to the NCAA Championships, ending their season with an eighth-place finish. In the past six seasons, Kowal's Hawkeyes have continued to make strides nationally. In fact, Iowa has had crews ranked in the top-20 every year the polls have been in existence. Last season, the Varsity 8+ peaked at No.

15 and ended the year ranked No. 20 in one of the strongest fields in years. The Varsity 8+ finished the 1999 spring season ranked 17th in the country and 18th in the spring of 2000. In 2001, Kowal coached the Hawkeyes to their first-ever team appearance at the NCAA Championships, where Iowa finished ninth. The Varsity 8+ boat also received a national ranking of No. 10, it's highest ever ranking. During the 2002 spring season, the Varsity 8+ was named Big Ten Boat of the Week March 25. The Hawkeyes posted an undefeated Spring 2003 Dual Season record for the Varsity 8+ and finished fourth at the Big Ten Championships, where they won the Second Varsity 4+, and won a silver medal in the Second Varsity 8+ and the Varsity 4+. Kowal's Hawkeyes capped an outstanding season with a fifth-place finish at the Central/South Sprints. Three boats, the Second Varsity 8+, First Varsity 4+ and the Second Varsity 4+, took home bronze medals, while the First Varsity 8+ won the Petite Final. Three out of four varsity crews medalled at both Big Ten's and the Central Sprints. Kowal began her coaching career at the University of Wisconsin, where she served as the novice coach for seven years. While coaching the Badgers, she led her team to one gold and three silver medals at the Collegiate National Rowing Championships and 10 Midwest Rowing Championship titles. Her Novice 4+ won the national title in 1993 and placed second in '91, '92 and '94. In addition to her collegiate coaching duties, Kowal was the assistant lightweight coach for the US National Pre-Elite squad for three years, winning four gold and three silver medals at Elite Nationals. Kowal coached the Junior National Team 4- to a gold medal at the Junior World Rowing Championships in Zagreb, Croatia in 2000. She spent the summer in Seattle, WA as the assistant coach, working with the 8+ and the 4-. Kowal concentrated most on the race preparations for the 4-, and has earned three World Championship gold medals in straight 4 events (two as an athlete, one as a coach). In 2001, she coached the Junior Women's 4- to a silver medal at the Junior World Championships in Duisburg, Germany. In the summer of 2005, Kowal was an assistant coach for the United States Under-23 team.

Kowal began her rowing career at the University of Wisconsin in 1981 while pursuing a B.S. in Physical Education and Coaching. She was a member of the Varsity 8+ that placed second at the 1985 Collegiate Nationals. While at Wisconsin, Kowal helped the team to four Midwest Rowing Championships and two Eastern Sprints titles. Kowal joined the Lightweight National Team while still an undergraduate in 1983. As a five-time member of the national team, Kowal was a two-time World Champion in the lightweight four without coxswain (straight four). Her boat won gold in 1986 in England and again in 1987 in Copenhagen, where Kowal's boat posted a world record time of 6:45.0 for the event. Kowal has recently ventured into the world of competitive triathlons. Since 2003 she has competed in 13 triathlons and consistently finished in the top five of her age group. She has raced in five Half Ironmans and in September of 2004 competed in the Wisconsin Ironman, finishing in 12:59.13. She has also raced two half-marathons, winning at the Disney Relays in her age group and placing fourth in her age group at the Disney half-marathon in Orlando, FL.

AWARDS AND HONORS

In 1987, Kowal was honored by the United States Olympic Committee. A nominee for the Sullivan Award honoring the top amateur athlete in the nation, Kowal was named the national "Sportswoman of the Year" by the USOC. Kowal was honored in a White House ceremony along with 84 other USOC amateur athletes. Kowal has been honored twice by her alma mater for her contributions to rowing at Wisconsin. In 1996, The Mandi Kowal Award was created to honor the varsity lightweight athlete who contributes the most to the success of her crew by demonstrating a high level of performance, desire and excellence. In 1999, Kowal was again honored, having a racing eight named after her. In addition to her rowing and coaching responsibilities, Kowal served as a member of the Women's Olympic Committee for the US Rowing Association from 1988-90. She was the Midwest Regional Technical Coordinator of USRA from 1989-91, and was appointed the chair of the planning committee for the Big Ten Rowing Championships in 1999.



Achievements and Honors

- World Champion - Lightweight 4- 1986, '87
- USOC & US Rowing Athlete of the Year 1987
- Rowing Hall of Fall Inductee 1997
- Coach of World Champion Junior 4- 2000
- Coach of Silver Medalist Junior 4- 2001
- Asst. Coach Under-23 World Champion 4- 2005
- Led Hawkeyes to NCAA Appearances 1997, 1998, 2001

CHUCK RODOSKY



ASSISTANT COACH

1ST YEAR

Chuck Rodosky will begin his first season at Iowa at the start of the year. He comes to the Hawkeye family after coaching for three years at Ohio State and one year at Trinity College.

Though he is new to the Hawkeye squad, he brings with him an immense amount of knowledge and experience.

Rodosky started his coaching career as a novice coach for the Ohio State's competitive club team. While working with the club team the novice eight finished second at the ECAC's in 2001. He then went to work with the well renowned women's crew at Ohio State University.

He spent his first two years with the Buckeyes training the second novice eights and led both crews to Central Region Titles. In his third year, he became an assistant for the varsity squad and worked primarily with the varsity fours. There he led the second varsity four to a Regional title and silver in the Big Ten Championships.

He left Ohio State in 2005 to work with the women's Novice team at Trinity college in Hartford, CT. His Novice eight raced second varsity eight all season and went undefeated. The Novice eight was also the second eight at the DIII NCAA Championships in which Trinity College finished third as a team.

Rodosky graduated from Bowling Green State University in 1999 with a Bachelor of Science in Accounting and a minor in Architectural Design. He is currently working on getting his Masters in Architecture.

CARRIE CALLEN



ASSISTANT COACH

1ST YEAR

Carrie Callen enters her first season as an assistant rowing coach at the University of Iowa. She will serve as the varsity assistant coach and assist with all duties within the program.

Before coming to Iowa Callen was at the University of Kansas assisting with the varsity and novice programs, where she also served as the team's equipment manager for two years. Callen was also a coach for the Kansas City Rowing Club in 2006. Callen rowed at Kansas from 2002-2004 and was named a Jayhawk Scholar Student-Athlete.

During her collegiate years, Callen founded and co-edited the KU Business School magazine, The LINK, while serving on the Undergraduate Business Council. The magazine serves as a source to students transitioning into the working world.

Callen graduated from the University of Kansas with a bachelor's degree in Business Administration in 2006.

EMILY WAGSTROM



GRADUATE ASST. COACH

2ND YEAR

Emily Wagstrom enters her second season on the Iowa coaching staff and her first as the graduate assistant coach. Last season, Wagstrom served as an assistant coach and will serve as the graduate assistant coach this season after being accepted to medical school at the University of Iowa.

Before joining the coaching ranks, Wagstrom was a four-year member of the rowing team. As a senior, she was a member of the V8+ that ended the season ranked No. 20 and defeated Texas at the Longhorn Invitational. She was awarded the Robert Ray Award, one of the most prestigious awards given to students, by the UI Board in Control of Athletics.

VARSITY

roster

SENIORS

Elizabeth Bauer
 Megan Conner
 Janelle Cross
 Emily Joynt
 Emily Lewis
 Sophie Nielsen
 Carolyn O'Meara
 Lori Rehel
 Jessie Reid
 Jennifer Stachera

Saskatoon.Saskatchewan
 West Des Moines.Iowa
 Webster City.Iowa
 Coraville.Iowa
 Iowa City.Iowa
 Perth.Australia
 Brockville.Ontario
 St. Catherines.Ontario
 West Des Moines.Iowa
 Lake Villa.Illinois

SOPHOMORES

Katelyn Davy-Traynor
 Laura Kanaris
 Kristin Kelly
 Romy Post
 Sheila Shedden
 Melissa Wordelman
 Jennifer Berge
 Stacy Dettmann
 Natalie Embach
 Samantha Fix
 Heather Guntren
 Meggie Lee
 Hannah Miller
 Brittani Robertson
 Molly Tschantz

Chemainus.British Columbia
 Brisbane.Australia
 Brockville.Ontario
 Burke.Virgina
 Lowbanks.Ontario
 Ada.Minnesota
 Bettendorf.Iowa
 Monona.Iowa
 Crystal Lake.Illinois
 Peoria.Illinois
 Iowa City.Iowa
 Titonka.Iowa
 Leaf River.Illinois
 Des Moines.Iowa
 Iowa City.Iowa

FRESHMAN

Kelsey Cronkhite
 Anika Heder
 Maggie Luce
 Shelia Rinozzi

Fairview.Pennsylvania
 Frankfurt Am Main.Germany
 Chicago.Illinois
 Chicago.Illinois

JUNIORS

Brittany Keyes
 Jessica McBride

Stillman Valley.Illinois
 Seattle. Washington



GERALD JONES
RIGGER



MIKE LAWLER
HEAD ATHLETIC TRAINER



BILL MAXWELL
STRENGTH & CONDITIONING



PAULA JANTZ
ROWING ADMINISTRATOR



KENDRA WIEDITZ
ROWING SECRETARY



Elizabeth Bauer
Senior

Saskatoon, SK, Canada
Evan Hardy Collegiate

2005-2006 Member of the V8+ and the 2V8+ during the spring season. Helped the Hawkeyes 2V8+ defeat Creighton and was a part of the V8+ that placed second in the Petite Final of the Big Ten Championships. Also a member of the V8+ for the Central Sprints, Michigan, and Michigan State races.

2004-2005 Member of the 2V8+ in every race during the spring season... helped the Hawkeyes to a 7.4-second win over Duke at the Longhorn Invitational... raced with the 1V4+ at the Central Sprints... member of the 2V4+ that raced at the Milwaukee River Challenge and the Head of the Des Moines.

2003-2004 Member of the 2V8+ that defeated Kansas State and Indiana... member of the 2V8+ that took third at the George Washington Invitational... member of the 2V4+ that took second in the petite finals of the Big Ten Championships.

Before Iowa Member of Saskatoon Rowing Club and Saskatchewan Rowing Provincial team... club coach was Bob Haver... Provincial Finalist and Junior National Qualifier as a swimmer.

Personal Born September 2, 1983... daughter of Margaret and William Bauer... Health and Sports studies



Megan Conner
Senior

West Des Moines, Iowa
Des Moines Valley High School

2005-2006 Member of the 2V8+ for every race during the spring season... helped the hawkeyes defeat Duke, Kansas State, and Creighton. Also a member of the 2V8+ that placed second in the Petite Finals at the Big Ten Championships.

2004-2005 Member of the 2V8+ in every race during the spring season... helped the Hawkeyes to an eight-second win over Duke at the Longhorn Invitational... raced with the 1V4+ all spring.

2003-2004 Novice member... member of the 1N8+ that defeated Duke at the Longhorn Invitational... member of the 2N8+ that placed second in the petite finals at the Big Ten Championships.

Before Iowa Lettered in soccer and cross country, was a letter winner all four years... was on honor roll all four years... also participated in band and colorguard.

Personal Born November 24, 1984... daughter of Richard Conner... business major... attended West Des Moines Valley High School.



Janelle Cross
Senior

Webster City, Iowa
Webster City High School

2005-2006 Member of the V8+ in every race for the spring season... Rowing in the three seat, she helped the hawkeyes to wins over Miami, Kansas St., and Creighton. Also a member of the V8+ that placed second in the Petite Final in the Big Ten Championship Races.

2004-2005 Member of the 1N8+ that took fifth at the Central Sprints and competed at the Big Ten Championships... raced with the 1N4+ against Duke at the Longhorn Invitational.

Before Iowa Attended Iowa Central Community College and played basketball... played four years of high school basketball, cross country, track and softball... four-time all-conference and all-state qualifier in track... third team all-conference in basketball... won conference championships in basketball, cross country, and softball.

Personal Born April 17, 1985... daughter of Ken and Joanne Cross... biomedical engineering major.



Emily Joynt
Senior

Coralville, Iowa
Iowa City West High School

2005-2006 Member of the 2V8+ for much of the spring season... helped the hawkeyes defeat Duke, Kansas State, and Creighton. Also a member of the 2V8+ that placed second in the Petite Finals at the Big Ten Championships. Also a member of the V4+ for the Central Sprints

2004-2005 Novice member... member of the 1N8+ at the Big Ten Championships... raced with the 1N8+ against Duke at the Longhorn Invitational.

Before Iowa Three-year member of the Old Capitol Rowing Club, serving as captain one year.

Personal Born September 17, 1984... daughter of Joseph and Sandra Joynt... economics major.

Hawkeyes Rowing

Hawkeyes Rowing



Emily Lewis
Senior

Iowa City, Iowa
Iowa City West High School

2005-2006 Coxed for the 2V8+ for most of the spring season...member of 2V8+ boat that defeated Creighton and placed second in the Petite Final of the Big Ten Championships. Also coxed for the V8+ boat that defeated Kansas State at the Longhorn Invitational.

2004-2005 Member of the 2V8+ that competed at the Head of the Des Moines... also coxed the 2V8+ against Minnesota and Michigan State... coxed the V8+ against Victoria at the Longhorn Invitational.

2003-2004 Novice member... member of the 1N8+ and the 2N8+ at the Longhorn Invitational... member of the 2V8+ that placed second in the petite finals of the Big Ten Championships.

Before Iowa On honor roll all four years and held a 4.0 GPA... was also involved in show choir, biology club, and ballet. was a rower and coxswain for Old Capital Rowing Club

Personal

Born July 28, 1985... daughter of Stephen and Kathryn Lewis... international studies and political science major



Sophie Nielsen
Senior

Perth, Australia
St. Hildas AGS

2005-2006 Member of the 2V8+ that placed second in the Petite Finals and a member of the 2V8+ that placed 2nd in C Final

2004-2005 Member of the 2V8+ in every race during the spring season... helped the Hawkeyes to a 7.4 second win over Duke at the Longhorn Invitational.

2003-2004 Member of the 1V4+ that won Big Ten Boat of the Week (Mar. 29)... member of the 2V8+ in every regatta except day one of the Texas Invitational... member of the 1V4+ that defeated Texas, Duke and Minnesota.

Before Iowa Rowed for St. Hildas Rowing Team for four years... selected for Western Australian Institute of Sport Junior Development squad in 2001 under coach David Milne ... competed in the 2002 Australian Rowing Championships... captain of high school rowing team in 2002... high school rowing coaches were Jerome Carslake and Warren Gibson.

Personal

Born July 11, 1985... daughter of Tom and Vickie Nielsen... accounting major.



Carolyn O'Meara
Senior

Brockville, Ontario
Brockville Collegiate Institute

2005-2006 Member of the V8+ in every race for the spring season...Rowing in the six seat, she helped the hawkeyes to wins over Miami, Kansas St., and Creighton. Also a member of the V8+ that placed second in the Petite Final in the Big Ten Championship Races.

2004-2005 Member of the 1V8+ all season... held down the No. 6 seat in every spring race... helped Iowa to a 1.3 second win over Texas at the Longhorn Invitational... 1V8+ boat ended the season ranked No. 20.

2003-2004 Member of the 1V8+ all season... helped defeat Kansas State at the Longhorn Invitational... 1V8+ took second place in the petite finals of the Big Ten Championships.

Before Iowa Rowed for Brockville Rowing Club under coach Doug Marshall... competed at the Canadian School Boy Championships, winning two gold medals and one silver... won a gold medal at the 2001 Royal Canadian Henley... won a gold medal at the 2002 English Women's Henley... participated in basketball... selected as an Ontario Scholar.

Personal

Born February 14, 1984... daughter of Thomas and Janet O'Meara... Journalism major.



Lori Rehel
Senior

St. Catharines, Ontario
Holy Cross

2005-2006 Coxswain for the 1V8+ for every race but one in the spring season... helped the Hawks to wins over Miami, Creighton, and a second place finish in the Petite Finals of the Big Ten Championships. Also took sixth in the Petite Final of the Central Sprints.

2004-2005 Coxswain for the 1V8+ at the Head of the Des Moines, Head of the Rock, Head of the Charles and Head of the Iowa... coxswain for the 2V8+ against Victoria and Michigan.

2003-2004 Member of the 2V8+, 1N8+ and 1V4+ during the season... member of the 1V4+ that defeated Duke at the Longhorn Invitational and was named Big Ten Boat of the Week... member for the 1V8+ that finished seventh at the George Washington Invitational.

Before Iowa

Competed for St. Catharines Rowing Club under coach Michael Thompson... received two bronze medals competing at the Head of the Charles in 2001 and 2002... competed in the Canadian High School Rowing Championships sophomore and senior years, winning silver/bronze as a sophomore and a gold medal as a senior...competed in the American High School Rowing Championships, winning a silver medal.

Personal

Born May 10, 1985... daughter of Ione Rehel and Dale Rehel... Health and Sports Studies....competed for Holy Cross.



Jessie Reid
Senior

West Des Moines, Iowa
Des Moines Valley High School

2005-2006 Held down the number one seat for the V8+ in every race for the spring season... helped the Hawkeyes to wins over Miami, Kansas St., and Creighton. Also a member of the V8+ that placed second in the Petite Final in the Big Ten Championship Races and took sixth in the Petite Final of the Central Sprints.

2004-2005 Member of the 2V8+ and the 1V4+ for every race during the spring season... competed with the 2V8+ at the Head of the Charles.

2003-2004 Novice member... competed at Head of the Rock as a member of 2N8+.

Before Iowa Participated in volleyball and track... Two year letter winner in volleyball and one year letter winner in track.... was involved with show choir all four years.

Personal Born January 20th, 1985... daughter of Jim and Michele Reid... Social Work major... competed for West Des Moines Valley High School.



Jennifer Stachera
Senior

Lake Villa, Illinois
Antioch High School

2005-2006 Member of the 2V8+ for most of the spring season...she helped the Hawkeyes to wins over Duke and Kansas State at the Longhorn Invitational. Also on the 2V8+ boat that defeated Creighton. In the Big Ten Championships she was a part of the V4+ that placed second in the Petite Final.

2004-2005 Member of the 2V8+ and the 1V4+ during the spring season... helped the 2V8+ to a 7.4 second win over Duke at the Longhorn Invitational.

2003-2004 Novice Member... member of 1N8+ during the season.

Before Iowa Participated in volleyball and lettered in soccer... was on the honor roll all four years and graduated with high honors... was member of National Honor Society for two years.

Personal Born February 17, 1985... daughter of Skip and Terry Stachera... pharmacy major.



Brittney Keyes
Junior

Stillman Valley, Illinois
Stillman Valley High School

2005-2006 Member of the 2V8+ for almost every race in the spring season. Helped the Hawkeyes defeat Duke and Kansas State at the Longhorn Invitational. Also helped the Hawkeyes to a second place finish in the Petite Finals of the Big Ten Championships and 2nd in the C Finals of the Central Sprints.

2004-2005 Novice member... sat two-seat in the 1N8+ during the spring season.

Before Iowa Two-time all-conference pick in basketball as a point guard... all-conference and team MVP in soccer as a senior... four-time letterwinner in soccer... four-year honor student and member of the National Honor Society.

Personal Born July 26, 1986... daughter of Daniel Keyes and Theresa Fritz... athletic training major.



Jessica McBride
Junior

Seattle, Washington
West Seattle High School

2005-2006 Held down the number five seat for the V8+ in every race for the spring season... she helped the Hawkeyes to wins over Miami, Kansas St., and Creighton. Also a member of the V8+ that placed second in the Petite Final in the Big Ten Championship Races and took sixth in the Petite Final of the Central Sprints.

2004-2005 Member of the 1V8+ for every race during the spring season... helped Iowa to a 1.3 second win over Texas at the Longhorn Invitational... competed with both the V8+ and the 2V8+ during the fall.

Before Iowa Trained for U.S. Jr. National Rowing team in 2003 and 2004... won women's V4+ at the International and Brentwood Regattas... won Northwest Regional V4+ and placed fourth at Nationals... lettered three years in basketball, one in soccer and track... won Metro Championships for 200 and 4 x 200 relay.

Personal Born August 13, 1986... daughter of Stephanie Lounsbury and Mike McBride... History major.



Katelyn Davy-Traynor
Sophomore

Chemainus, British Columbia
Brentwood College School

2005-2006 A member of both the V8+ and the 2V8+ during the season. She started on the 2V8+ boat, but found her place in the four seat of the V8+ for most the season. In the 2V8+ boat she helped the Hawkeyes defeat Kansas State and on the V8+ boat she helped to defeat Creighton and place second in the Petite Finals of the Big Ten Championships.

Before Iowa Participated in the Canadian National Championships in pairs... captain of her boathouse... also participated in volleyball and soccer... awarded athletic colours four times and academic colours twice.

Personal Born November 29, 1987... daughter of Colleen Davy and Charles Traynor... Interdepartmental studies with a base in Health Science and an emphasis in sexuality studies.



Laura Kanaris
Sophomore

Brisbane, Queensland, Australia
Brisbane State High School

2005-2006 Member of both the 1V8+ and the 2V8+ boats during the year. Helped the 1V8+ boat defeat Miami, Kansas State, and Creighton. Also a member of the 2V8+ boat that placed second in the Petite Finals of the Big Ten Championships as well as a 2nd Place finish in the C Finals of the Central Sprints.

Before Iowa 2003 and 2004 Queensland School State Champion in the Women's Open Lightweight 1x... 2004 Queensland School State Champion in the Women's Open 1x... rowed for the Commercial Rowing Club... 2004 Queensland State Champion in the Women's Junior 4-... Queensland Senior State Champion in the Women's 1x... placed sixth in the Junior Women's 1x at 2005 Australian National Titles... also participated in swimming.

Personal Born November 20, 1987... daughter of Janette Hepburn and Peter McIlwraith... open major.



Kristen Kelly
Sophomore

Brockville, Ontario
Brockville Collegiate Institute

2005-2006 Held down the number two seat for the V8+ in every race for the spring season... she helped the Hawkeyes to win over Miami, Kansas St., and Creighton. Also a member of the V8+ that placed second in the Petite Final in the Big Ten Championship Races and took sixth in the Petite Final of the Central Sprints.

Before Iowa Won the Bronze Medal at 2005 Canadian High School Championships in the Senior Women's 4+... competed at Junior Nationals in Germany.... Most Improved Player and Coaches award in Grade 12... won gold at the 2004 Royal Canadian Henley Regatta in Junior Women's 4+... undefeated year with her Junior Women's Heavyweight 8+... won a silver medal in the junior women's 8+ at the Canadian High School Championships.

Personal Born November 19, 1987. Speech Pathology and Audiology major



Romy Post
Sophomore

Burke, Virginia
Robinson Secondary

2005-2006 Member of the 2V8+ for the spring season... Helped to defeat Duke, Kansas State, and Creighton. Also a member of the 2V8+ boat that placed Second in the Petite Finals of the Big Ten Championship. Also a member of the V4+ team that placed fifth in the C Final of the Central Sprints.

Before Iowa Helped her 4+ to the 2005 Virginia State Championship as a senior... won the pairs double slide at the 2005 Mid-Atlantic Erg sprints... member of the A and B honor roll her senior year.

Personal Born October 13, 1986... daughter of Lowell and Beatrix Meltzer... English major.



Sheila Shedden
Sophomore

Lowbanks, Ontario Canada
E.L. Crossley Secondary School

2005-2006 Coxed for the 2V8+ boats that defeated Duke and Kansas State in the Longhorn Invitational. Also coxed for the V4+ that placed second in the Petite Final of the Big Ten Championship and the V4+ that placed fifth in the C Final of the Central Sprints.

Before Iowa 2005 (E.L. Crossley Crew) Statesbury Cup Philadelphia-Boys lwt 4+ Gold, 2005 (E.L. Crossley Crew) Scholastic Nationals Mercer Lake-Boys Lwt 4+ Gold, 2005 (E.L. Crossley Crew) CSSRA St. Catherines, Ont-Sr. Mens 66kg 4+ Gold, Sr Mens 72kg 4+ Gold, 2005 Jr National Team CANAMMEX, Oak Ridge, Tenn- Canadian Women's 8+ Silver, Canadian Women's 4+ Silver, 2005 South Niagara Rowing Clubs Coxwain of the Year

Personal Born July 8.... Daughter of Lewis and Jackie Shedden.... English Major with a focus on Elementary Education



Melissa Wordelman
Sophomore

Grand Rapids, Michigan
Forest Hills Northern

2005-2006 Member of both the V8+ and the 2V8+...She helped the V8+ defeat Miami and Kansas State in the Longhorn Invitational. She also helped the 2V8+ boat defeat Duke and Creighton. She was a member of the 2V8+ boat that placed second at the Big Ten Championships as well as a second place finish in the Central Sprints.

Before Iowa Runner-up at Midwest High School Rowing Championships in the Women's 2x as a senior and the Women's novice 4 as a junior... also participated in swimming and volleyball... helped her team to the state championship in volleyball.

Personal Born Dec, 15, 1986... daughter of Louis and Maria Wordelman... art and international studies major.



Kelsey Cronkhite
Freshman

Erie, Pennsylvania
Mercyhurst Prep

Before Iowa 2005 US Junior Women's National Development Camp, won gold at US Nationals junior 8 in 2005, placed second at the Pittsburgh Indoor Championship in 2005, she was a member of National Honors Society for two years and a number of art clubs. In 2005 she was named outstanding artist.

Personal Born September 2....daughter of Jane and Greg Cronkhite..... Art and Marketing Major



Anika Heder
Freshman

Frankfurt am Main, Germany
Schillerschule

Before Iowa In 2005 her team won two gold medals, one silver, and a bronze at the German Rowing Junior Championships. In 2004 she took first at the Belgium Championships (Gent) in the 4- and third in the 2-. In 2005 she was Belgium Champion (Gent) in the 2x and won the International Junior Regatta in Cologne, Germany in the 1x.

Personal Born June 21....daughter of Hans-Geog and Mortha Heder... Open Major



Maggie Luce
Freshman

Chicago, Illinois
Loyola Academy

Before Iowa In 2004 she was the Junior Women's 8+ Midwest Scholastic Champion as well as the Junior Women's 8+ Scholastic National Champion. In 2005 she was the 2nd Varsity Women's 8+ Midwest Scholastic Champion and Junior Women 8+ Champion. Also was 4th in the Scholastic National Championships in the 2nd Varsity Women's 8+.

Personal Born September 16...daughter of James and Peggy Luce...
Major: Pre-Dentistry



Sheila Rinozzi
Freshman

Chicago, Illinois
Loyola Academy

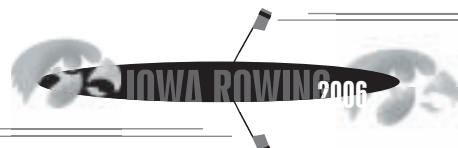
Before Iowa In 2006 was on US Junior National Team Selection Camp, coxed the JV 8 to first place at the Midwest Scholastic Championships in 2005 and 4th at National Scholastic Rowing Championships in the 2nd Varsity 8. Placed 2nd at Midwest Championships in V8 in 2006. Also made 1st academic honors all three years at Loyola.

Personal Born on April 10...daughter of Mike and Joann Rinozzi.....
Pre-Athletic Training Major



Hawkeye Rowing

Hawkeye Rowing



SEASON PREVIEW

HAWK

The University of Iowa rowing team and Head Coach Mandi Kowal look to the 2006-07 season with excitement and anxiousness. A combination of fresh faces and veterans of the sport will help the Hawkeyes make strides in the upcoming season.

Two new faces join the coaching staff with Coach Kowal this year. Chuck Rodosky comes to Iowa after coaching three years at Ohio State University and one year at Trinity College to fill the novice coaching spot and help with recruiting. Another newcomer to the rowing coaching staff is Carrie Callen. Callen is a graduate from the University of Kansas and brings past experience as a coach for the Kansas City Rowing Club.

"I am a strong believer in change and I am excited for the different ideas that both of them have to bring to our program," says Kowal, who returns for her 13th season.

A large class of returning seniors pace the way for the Hawkeyes on and off the water.

"Our seniors this year are leading our team in many different ways, on and off the water. They have suffered some injuries this year, but are showing great leadership," Kowal said.

Providing the spark to help continue with improvements are the 15 returning sophomore athletes.

"I feel that our large sophomore

class is our catalyst. Ten of the 15 student-athletes got out this summer and did a lot of work, on the water and off."

Although the sophomore class is providing a great example of work ethic they are also having fun. They have created an atmosphere that is full of energy, excitement, and commitment.

"I am having a lot of fun with this group. They are always willing to work and make a commitment to something they know is difficult," says Kowal.

During the fall season, Iowa competed in three highly competitive races, including the Head of the Rock, the Head of the Charles and the Head of the Iowa, producing great rows that show promise for spring racing. At the Head of the Iowa the novice group also rowed well producing a program best result, showing great things for the near future and the future of this program.

After the rigorous fall season competition, the Hawkeyes will continue training over the winter, which will include a winter training trip to Florida in January, before the tough spring season opening with a dual against Texas and the Longhorn Invitational the following weekend.

"The Longhorn Invitational is always a great place to start the spring season. It gives you the opportunity to get a lot of racing in and get your team into racing shape," explains Kowal.

This spring's only home competition will be at Lake McBride against Minnesota, Creighton, and Drake. The Hawkeyes will then travel to Washington D.C. to compete in the George Washington Invitational. Rounding the spring regular season off is the Big Ten double dual against Minnesota and Oregon State in St. Paul, MN. After the Hawkeyes travel to Minnesota they will begin their post season at the Big Ten Championships in Madison, WI followed by the South Central Sprints in Oakridge, TN.

"[After the fall season] We are a lot further along this year compared to other years," says Kowal "I hope the combination of the great work ethic and the fun and energy that we have this year will be very positive for us and help us be successful throughout the year."

YEAR IN PICTURES IOWA ROWING 2006

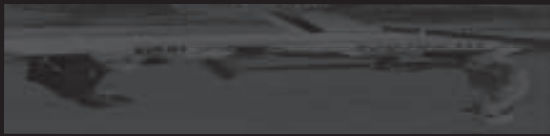




YEAR IN PICTURES

IOWA ROWING

2006



Courage



YEAR IN PICTURE IOWA ROWING 2006



YEAR IN PICTURE IOWA ROWING 2006



RACE WATCHING

HAWKS

The crew that's making it look easy is most likely the one doing the best job, working very hard and hurting the most. Here's what to watch for:

IDENTIFYING TEAMS. You can tell different crews apart by their uniforms and their blades. From a distance, you can see the Hawkeyes coming with bright gold blades and a single vertical black stripe.

CROWDS. Like all athletes, rowers love to hear the crowd. It's usually most effective if they are near you on the course and a group does one cheer or chant together.

SYNCHRONIZATION. Rowers strive for perfect unification matching their body movements and bladework. Strokes per minute vary from boat to boat. An eight can achieve a higher stroke rate than a single. An extremely tall person can take fewer strokes per minute than someone smaller and still move faster.

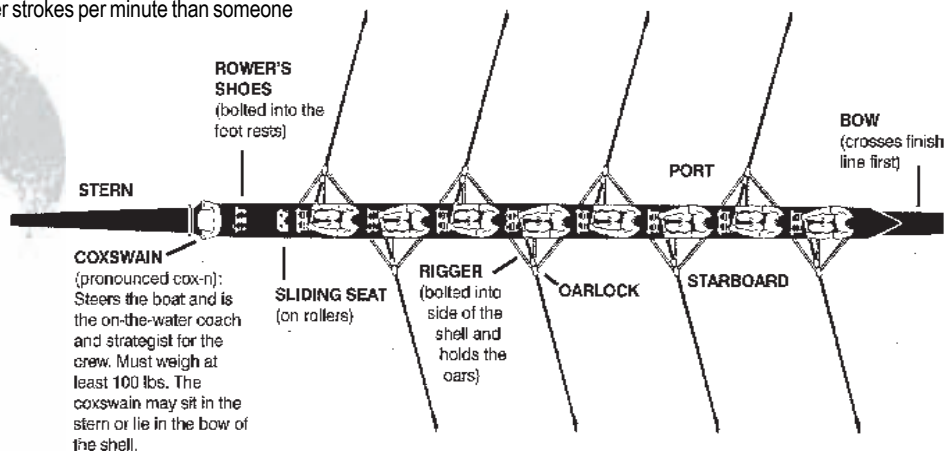
COMPETITION

HAWKS

Rowing competitions generally fall into two categories: Head Races and 2000m Races.

HEAD RACES. Head Races usually take place in the fall on rivers - hence, the Head of the Iowa, the Head of the Charles, etc. Rowers start the course one after the other, about 15 seconds apart; navigate three miles of river - around bends and under bridges. Whoever completes the course in the shortest amount of time wins.

2000M RACES. National, World and Olympic competitions are 2000m, or approximately one and one-fourth miles. Most courses are divided into six buoyed lanes, allowing six boats to participate at any one time. This format usually follows a double-elimination, or repechage system, which means each participant gets at least two opportunities to advance to the finals.



ROWING GLOSSARY

HAWKS

BLADE

The end of the oar that pulls the boat through the water.

CATCH

Point in the rowing stroke at which the blade enters the water

CHECK

Amount of interruption of forward progress of the shell, which commonly occurs at the catch and sometimes at the release.

COXSWAIN

The person who steers the shell, communicates strategy, motivates the rowers and is the on-the-water coach for the crew. A coxswain should weigh 110-115 pounds.

CRAB

Turning an oar in the water so the release is either forced or impossible to make. An extreme crab may force the boat to come to a complete stop before it is released from the water.

ERGOMETER

Rowers call it an "erg." An erg is a rowing machine that closely replicates the actual rowing motion. Erg tests are utilized by coaches to ascertain an athlete's power output, aerobic and endurance capabilities. They are used to train during the off-season.

NOVICE

A rower in the first year of collegiate competition.

OARS

Modern oars are 12'6" long and made of carbon fiber.

POWER 10

A coxswain's call for rowers to take 10 powerful strokes. It's a strategy used to gain an advantage over a competitor.

RECOVERY

Part of the rowing stroke in which the oar is returned to position for the drive (from release to catch) during which an oarswoman's seat is returned from the bow to the stern end of the boat.

REPECHAGE

A second chance race for those crews that do not automatically advance to the finals of an event.

RUN

The distance the shell moves during one stroke.

SHELL

Boat used in rowing. It seats nine people for an Eight and five people for a Four, and ranges in length from 45 feet for a four to 58 feet for an Eight.

STROKE

A complete cycle of moving the blade "through" the water; the rower who sits the closest to the stern looks directly at the coxswain in a stern-coxed boat and sets the rhythm for the shell.

STROKE RATING/CADENCE

The number of strokes taken per minute. The higher the stroke rating, the more the crew exerts itself. In a sprint race, the first 200 meters are generally rowed at 40-44 strokes per minutes, the middle 1500 meters at 34-36, and the final 300 meters at 40-42.

SWING

The hard-to-define (and hard-to-achieve) feeling when near-perfect synchronization of motion and power application occurs in the shell, maximizing the boat's speed.

SKYING THE BLADE

Carrying the blade too far off the water during the recovery.

8+ AND 4+

Eights (8+) and fours (4+) are the most common collegiate competitions and the two events held at the NCAA Championships. The plus indicates a coxswain on board.

3.17.06-3.19.06 LONGHORN INVITATIONAL

The Hawkeyes started off the spring at the Longhorn Invitational in Austin, Texas. Over the three days of racing the Hawks faced Wisconsin, Texas, Miami, Duke, and Kansas State and took first in five races. The first day the Iowa's first varsity eight boat (6:27.45) defeated Miami (6:28.68). The second day the first novice eight boat (7:21.2) and the second varsity eight boat ((7:02.6) both defeated Duke. Then to finish off the weekend they took two more against Kansas State in the first and second varsity eight races.

4.01.06 MINNESOTA

The University of Iowa rowing team competed against Creighton, Minnesota and Wisconsin on Lake McBride in Solon, Ia. The Hawkeyes were on the water five times, but did not win any races. In the first race of the day, Iowa was defeated by Minnesota in the Third Novice Four. The Hawkeyes came in second to Minnesota in the First and Second Varsity Eight races. Iowa's novice rowers finished last in the First and Second Novice Eight races.

4.08.06 WASHINGTON. WASHINGTON STATE. OREGON STATE

The University of Iowa rowing team raced on Lake Washington near the University of Washington campus. The Hawkeyes competed against crews from Washington, Washington State and Oregon State. The Hawkeyes competed in two races. In the women's varsity eight, Iowa competed against three ranked boats and finished fourth (7:05.6). Iowa also finished fourth in the women's junior varsity eight (7:22.6).

4.15.06 MICHIGAN. MICHIGAN STATE

The Iowa rowing team competed in a double dual on Lake Wingra in Madison, WI. The Hawkeyes raced against Michigan, Michigan State and Wisconsin. The Hawkeyes won the second novice eight race in 6:54.8. The first novice eight boat was defeated by Michigan. Iowa finished second to Wisconsin in the novice four race. The varsity rowers took third in the second varsity eight race. They were defeated by 10th- ranked Michigan in the first varsity eight race. Iowa was defeated by Michigan State in both the first and second novice eight races. The varsity Hawkeyes were also defeated by 12th-ranked Michigan State in the first and second varsity eight races.

4.29.06 BIG TEN CHAMPIONSHIP

The University of Iowa rowing team competed in the Big Ten Rowing Championships in St. Paul Minnesota. Iowa finished sixth in overall competition and took second place in four petite finals. Rain and 13-15 mile per hour winds were present throughout the day as racing took place on Lake Phalen. The Hawkeyes came in second place in the petite finals of the first and second varsity eight, first varsity four and first novice eight races. Iowa's second novice eight boat beat out Ohio State in the petite final. The second varsity four came in third in the petite final. Ohio State won the Big Ten Championship with 130 points. Iowa was sixth with 45 points. The Hawkeyes improved one spot on the seventh place finish of last year

9.24.05 HEAD OF THE DES MOINES

The Hawkeyes started out the fall strong winning three and placing second in four events at the Head of Des Moines Regatta. The Iowa boat took first in the Women's Varsity Eight with a time of 17:36, making this the eighth year in a row that an Iowa boat has taken first. The two other first place finishers were Laura Kanaris in the junior women's single and Kat Davy-Traynor and Lydia McGee in the women's open pair. Iowa also took second in the Women's Open Four, the Junior Women's Single, the Women's Open Pair, and the Women's Novice Single. Overall the Hawkeyes had ten boats place in the top three.

10.09.05 HEAD OF THE ROCK

The Hawks performed well on the Rock River, having three boats place in the top twenty. The only race of the day for the Hawkeyes was the women's novice 8 race. Iowa B placed 10th with a time of 21:10. Following right behind Iowa B was the Iowa A boat in 11th place (21:16). Iowa D pulled out a 15th place finish with a time of 22:35. The Iowa C boat rounded out the Hawkeye squad with a 23rd place finish and a time of 25:19

10.22.05 HEAD OF THE CHARLES

The Hawkeye Rowers traveled to Boston to race one boat at the Charles Regatta. Iowa's boat raced in the women's championship 8+ against several East coast teams, as well as Big Ten teams Michigan and Minnesota. The Hawkeyes finished 17th with a time of 17:49, making them 14th place among the collegiate squads. Lori Rehel, Lydia McGee, Carolyn O'Meara, Jessie Reid, Melissa Wordelman, Brittany Keyes, Laura Kanaris, Kristin Kelly and Kat Davy-Traynor participated in Iowa's boat.

10.30.05 HEAD OF THE IOWA

The Hawkeye Rowers ended the fall season by hosting the Head of the Iowa competition in which they competed in the open pair, open single, novice eight and open eight. Freshman Laura Kanaris placed second in the open single with a time of 18:18. Also competing in that race was junior Megan Conner and junior Ashley Gustafson, placing 10th (19:01) and 16th (20:04), respectively. Overall, 19 boats competed in that race. Iowa had one boat racing in the open pair. The Hawkeye team of senior Lydia McGee and freshman Kat Davy-Traynor placed third out of 18 with a time of 17:24. Four Hawkeye teams competed in a field of 26 boats in the novice eight race. Iowa A took 14th place, 17:14. Following right behind was Iowa B in 15th place with a time of 17:23. Iowa C had a time of 17:57, securing an 18th place finish. Iowa D rounded out the race for the Hawkeyes in 24th place. 19:09. The Hawkeyes ended the day racing in the open eight. Iowa's two boats in competition both finished in the top ten of 22 boats. Iowa A, with a time of 14:21, finished fourth. Junior Lori Rehel, senior Lydia McGee, junior Jessie Reid, junior Carolyn O'Meara, freshman Melissa Wordelman, sophomore Brittany Keyes, freshman Laura Kanaris, freshman Kristin Kelly and freshman Kat Davy-Traynor competed in Iowa's A boat. Iowa B finished 10th in 14:59.

FALL RESULTS

KMWH

HEAD OF THE DES MOINES REGATTA 9.24.05

JUNIOR WOMEN'S SINGLE

1. Iowa. Kanaris. 21:06
2. Iowa. Davy-Traynor. 22:28
3. Quad Cities
4. Iowa. Kelly. 25:36

WOMEN'S OPEN PAIR

1. Iowa. Davy-Traynor/McGee. 21:04
2. Iowa. Bauer/O'Meara. 22:08
3. Iowa. Nielsen/Gustafson. 22:11

WOMEN'S NOVICE SINGLE

1. Drake 23.14
2. Iowa. Gustafson. 26:02
3. Iowa. McGee. 26:19
4. Iowa. McBride. 29:55

WOMEN'S OPEN FOUR

1. Minnesota Boat Club 19.01
2. Iowa 19.07

WOMEN'S OPEN SINGLE

5. Iowa. Bauer. 25:04
6. Iowa. Conner. 25:29

WOMEN'S VARSITY 8

1. Iowa. 17:36
2. Minneapolis Rowing Club 17.42
3. Iowa. 18:06

HEAD OF THE ROCK 10.5.05

WOMEN'S NOVICE 8

10. Iowa B. 21:10
11. Iowa A. 21:16
15. Iowa D. 22:35
23. Iowa C. 25:19

HEAD OF CHARLES 10.22.05

WOMEN'S CHAMPIONSHIP 8 +

1. US Rowing- Princeton Training Ctr. 16:34
2. Princeton University 16:50
3. London Training Center 16:56
7. University of Michigan 17:25
14. University of Minnesota 17:36
17. University of Iowa 17:49

HEAD OF THE IOWA 10.30.05

WOMEN'S OPEN PAIR

1. Wisconsin 17:12
2. Wisconsin 17:23
3. Iowa 17:24

WOMEN'S NOVICE 8

1. Kansas State 14:56
2. Minnesota 15:26
3. Wisconsin 15:33
14. Iowa A 17:14
15. Iowa B 17:23
18. Iowa C 17:57
24. Iowa D 19:09

WOMEN'S OPEN SINGLE

1. Unaffiliated 18:06
2. Iowa 18:18
3. Kansas 18:23
10. Iowa 19:01
16. Iowa 20:04

WOMEN'S OPEN 8

1. Minnesota 13:38
2. Wisconsin 13:39
3. Wisconsin 14:03
4. Iowa A 14:21
10. Iowa B 14:59

SPRING RESULTS

KMWH

LONGHORN INVITATIONAL 3.17.06

1N8 +

1. Miami 7:12.95
2. Iowa 7:19.49

2N8 +

1. Texas 7:20.04
2. Iowa 7:20.10

1V8 +

1. Iowa 6:27.45
2. Miami 6:28.68

2V8 +

1. Miami 6:51.70
2. Iowa 6:54.74

3N4 +

1. Wisconsin Ltwt. 8:37.70
2. Iowa 8:46.55

LONGHORN INVITATIONAL 3.18.06

1N8 +

1. Texas 7:05.2
2. Iowa 7:30.3

1N8 +

1. Iowa 7:21.2

2N8 +

1. Texas 7:17.5
2. Iowa 7:32.5

2N8 +

1. Texas 7:22.5
2. Iowa 7:38.3

3N8 +

1. Texas 7:26.4
2. Iowa 7:41.2

1V8 +

1. Texas 6:38
2. Iowa 6:38.8

1V8 +

1. Duke 6:40.6
2. Iowa 6:42.5

2V8 +

1. Texas 6:53.4
2. Iowa 7:04.2

2V8 +

1. Iowa 7:02.6
2. Duke 7:12.7

LONGHORN INVITATIONAL 3.19.06

- 1V8 +**
 1. Iowa 6:47.8
 2. Kansas State 6:48.5
- 2V8 +**
 1. Iowa 7:02.3
 2. Kansas State 7:07.8
- 1N8 +**
 1. Kansas State 7:03.3
 2. Iowa 7:20.1
- 1N4 +**
 1. Kansas State 8:20.7
 2. Iowa 8:47.1

MINNESOTA 4.1.06

- 3N4 +**
 1. Minnesota 9:34.96
 2. Iowa 9:41.52
- 2N8 +**
 1. Minnesota 8:06.34
 2. Wisconsin A 8:19.39
 3. Wisconsin B 8:35.15
 4. Iowa 8:40.26
- 1N8 +**
 1. Wisconsin A 7:31.67
 2. Minnesota 7:35.70
 3. Creighton 8:09.59
 4. Iowa 8:24.51
- 2V8 +**
 1. Minnesota 7:41.20
 2. Iowa 8:06.22
 3. Creighton 8:57.93
- 1V8 +**
 1. Minnesota 7:18.6
 2. Iowa 7:36.69
 3. Creighton 8:02.29

SEATTLE WASHINGTON 4.8.06

- WOMEN'S VARSITY.8**
 1. Washington State University 6:45.0
 2. University of Washington 6:47.1
 3. Oregon State University 6:52.1
 4. University of Iowa 7:05.6
- WOMEN'S JUNIOR VARSITY.8**
 1. University of Washington 6:48.2
 2. Washington State University 6:52.8
 3. Oregon State University 7:08.9
 4. University of Iowa 7:22.6

MICHIGAN MICHIGAN STATE 4.15.06

- 2N8 +**
 1. Iowa 6:54.8
 2. Wisconsin Ltwt 6:58.1
 3. Michigan 7:08.9
- 1N8 +**
 1. Michigan 6:40.3
 2. Iowa 6:54.8
- 2V8 +**
 1. Michigan 6:32.4
 2. Wisconsin Ltwt 6:39.0
 3. Iowa 6:56.0
- 1V8 +**
 1. Michigan 6:32.5
 2. Iowa 6:37.2
- N4 +**
 1. Wisconsin 7:53.5
 2. Iowa 8:36.7
 3. Wisconsin Ltwt 8:53.5
- 2N8 +**
 1. Michigan State 7:06.0
 2. Iowa 7:07.5
- 1N8 +**
 1. Michigan State 6:46.9
 2. Iowa 7:04.4
- 2V8 +**
 1. Michigan State 6:34.5
 2. Iowa 7:02.8
- 1V8 +**
 1. Michigan State 6:25.7
 2. Iowa 6:36.4

BIG TEN CHAMPIONSHIP 4.29.06

- TEAM SCORES**
- | | |
|-------------------|-----|
| 1. Ohio State | 130 |
| 2. Minnesota | 121 |
| 3. Michigan State | 113 |
| 4. Michigan | 112 |
| 5. Wisconsin | 88 |
| 6. Iowa | 45 |
| 7. Indiana | 34 |
- 1V8 + PETITE.FINAL**
 1. Wisconsin 6:56.3
 2. Iowa 7:04.9
 3. Indiana 7:19.6
- 2V8 + PETITE.FINAL**
 1. Wisconsin 6:59.6
 2. Iowa 7:23.4
 3. Indiana 7:39.9
- 1V4 + PETITE.FINAL**
 1. Ohio State 8:05.0
 2. Iowa 8:42.7
 3. Indiana 8:42.8
- 2V4 + PETITE.FINAL**
 1. Michigan 8:20.9
 2. Indiana 8:58.7
 3. Iowa 9:14.6
- 1N8 + PETITE.FINAL**
 1. Michigan 7:22.6
 2. Iowa 7:34.3
 3. Ohio State 7:55.2
- 2V8 + PETITE.FINAL**
 1. Iowa 7:37.8
 2. Ohio State 8:33.7

CHAMPIONS awards

COURAGE '99 KATIE GARRELS
'00 EVONNE BUTIKOFER
'01 KATIE GARRELS
'02 MELISSA SCHINK
'03 MICHELLE TRANNEL
'04 KATE RAMUNDT
'05 MARIJE VAN AMERSFOORT
'06 LYDIA MCGEE

MATURITY '99 KRISTEN KRAHULIK
'00 LAURIE GEERS
'01 EVONNE BUTIKOFER
'02 JULIA KIRKHAM
'03 NATALIE MORETZ
'04 KATHLEEN LEHMAN
'05 NIKKI STOB
'06 LYDIA MCGEE

OPTIMISM '99 ERIKA TWEDT
'00 SHEILA SHIPPY
'01 ALISSA BURMEISTER
'02 SHEENA WILLIAMS
'03 DORIAN PIEHL
'04 SHEENA WILLIAMS
'05 CARLY KRUG
'06 ALYSSA LANGERUD

HEART '99 MEGHAN MARTIN
'00 MEGHAN MARTIN
'01 MEGHAN MARTIN
'02 KATY KASS
'03 KATY KASS
'04 MICHELLE TRANNEL
'05 MICHELLE TRANNEL
'06 LYDIA MCGEE

PERSEVERANCE '99 AMY STOUT
'00 LEAH BONTRAGER
'01 DANELLE LOEBAKA
LEAH BONTRAGER
'02 KATIE HAUCK
'03 KATIE HAUCK
'04 EMILY WAGSTROM
'05 EMILY WAGSTROM
'06 SOPHIE NIELSEN

NOBILITY '99 ERIKA TWEDT
'00 CARINNE HAMANT
'01 EVONNE BUTIKOFER
'02 NATALIE MORETZ
'03 NATALIE MORETZ
EVONNE BUTIKOFER
'04 SOPHIE NIELSEN
'05 MICHELLE TRANNEL
'06 CAROLYN O'MEARA

ATTITUDE '99 ALISSA BURMEISTER
'00 ANNIE OBRECHT
'01 RACHEL CONYBEARE
'02 RACHAEL SZTELLE
'03 EMILY VAIL
'04 ALLISON FREDRICK
'05 ALYSSA LANGERUD
'06 JANELLE CROSS

INTEGRITY '99 LISA DEIMERLY
'00 AMY STOUT
'01 SHEILA SHIPPY
'02 EVONNE BUTIKOFER
'03 EVONNE BUTIKOFER
'04 KATHLEEN LEHMAN
'05 NIKKI STROB
'06 MEGAN CONNER
BRITTANY KEYES

SQUADS '99 CAROLYN BREMER
'00 RACHEL CONYBEARE
'01 RACHEL CONYBEARE
'02 TIFFANY TIBERI
'03 TIFFANY TIBERI
'04 KATIE MOE
EMILY WAGSTROM
'05 EMILY WAGSTROM
'06 CAROLYN O'MEARA



ALL-BIG TEN AWARDS

FIRST TEAM MEGHAN MARTIN 2000,2001
MELISSA SCHINK 2002
JESSICA GOETZ 2003
MEGAN MANIJAK 2004
MICHELLE TRANNEL 2005
LYDIA MCGEE 2006

SECOND TEAM MICHELLE TRANNEL 2003,2004
NIKKI STOB 2005
KRISTEN KELLY 2006

COLLEGIATE ROWING COACHES ASSOCIATION AWARDS

ALL-REGION KATIE GARRELS 2001
MEGHAN MARTIN 2000,2001
SARAH ZULEWSKI 2002
MEGAN MANIJAK 2004
MICHELLE TRANNEL 2005

BIG TEN BOAT OF THE WEEK

3.22.04 VARSITY FOUR
SHEENA WILLIAMS
ALLISON FREDERICK
SOPHIE NIELSEN
KATHLEEN LEHMAN
KATIE MOE

3.31.03 VARSITY EIGHT
NATALIE MORETZ
RACHAEL SZTELLE
MICHELLE TRANNEL
JESSICA GOETZ
KATIE MOE
MEGAN MANIJAK
KATY KASS
SARAH ZULEWSKI
JULIA KIRKHAM

3.24.03 VARSITY EIGHT
NATALIE MORETZ
RACHAEL SZTELLE
MICHELLE TRANNEL
JESSICA GOETZ
KATIE MOE
MEGAN MANIJAK
KATY KASS
SARAH ZULEWSKI
JULIA KIRKHAM

3.25.02 VARSITY EIGHT
CARINNE HAMANT
JULIA KIRKHAM
MEGAN MANIJAK
JEN LEWIS
LESLIE STACH
KATY KASS
MELISSA SCHINK
KATIE MOE
KATHERINE HAUCK

4.04.01 VARSITY EIGHT
CARINNE HAMANT
MEGHAN MARTIN
ERIN STRANG
KATIE HURLBUT
JEN LEWIS
KRISTEN KRAHULIK
KATY KASS
KATIE GARRELS
SARAH ZULEWSKI

4.06.00 VARSITY EIGHT
ANGELA LEONE
ERIN STRANG
ERIN MARTIN
AMY STOUT
KATHRYN GARRELS
LAURIE GEERS
KATIE HURLBUT
RACHEL CONYBEARE
LISA DEIMERLY

National Scholar Athletes of the Year

KATIE GARRELS	2000, 2001
JESSICA GOETZ	2001, 2002, 2003
KATIE HAUCK	2001
JULIA KIRKHAM	2002, 2003
MEGAN MANIJAK	2003, 2004
MEGHAN MARTIN	2001
NATALIE MORETZ	2003
NIKKI STOB	2004
RACHAEL SZTELLE	2003
EMILY VAIL	2004

1998 NCAA Woman of the Year

RECOGNIZES YOUNG WOMEN IN INTERCOLLEGIATE ATHLETICS FOR THEIR OUTSTANDING ACHIEVEMENTS IN ATHLETICS, ACADEMICS AND COMMUNITY LEADERSHIP.

ANNE WEST - TOP 10 FINALIST 1998

Verizon Academic All-District VIII

FIRST TEAM	
KATIE GARRELS	2001

Academic All-Big Ten

LAURA BALOGH	2003, 2004
STEPHANIE BEELER	2004
ALLISON BLAINE	2002
LEAH BONTRAGER	2001
EMILY BURMEISTER	2003
EVONNE BUTIKOFER	2001, 2002, 2003
JANELLE CROSS	2006
RACHEL CONYBEARE	2001
ANNEKE DIEM	2002, 2003
ALLISON EDWARDS	2003
ERIN EFFMANN	2001
ALLISON FREDERICK	2003, 2004
MICHELLE GANSKE	2003
KATIE GARRELS	2001
JESSICA GOETZ	2001, 2002, 2003
KATIE HAUCK	2001, 2002, 2003
KAREN JENDRZEJEWski	2002
EMILY JOYNT	2006
RACHEL KELLY	2001
BRITTANY KEYES	2006
JULIA KIRKHAM	2003
ALYSSA LANGERUD	2006
KATHLEEN LEHMAN	2003, 2004
EMILY LEWIS	2006
JENNIFER LEWIS	2003
MEGAN MANIJAK	2002, 2003, 2004
MEGHAN MARTIN	2001
KATIE MOE	2003, 2004
NATALIE MORETZ	2001, 2003
KATERI NELIS	2004
SOPHIE NIELSEN	2006
CAROLYN O'MEARA	2006
DORIAN PIEHL	2001, 2002, 2003
JESSICA REID	2006
VANESSA SHEEHAN	2003, 2004
SHEILA SHIPPY	2001
JAMIE SIERS	2006
LESLIE STACH	2002

JENNIFER STEILEN	2002, 2003, 2004	EMILY LEWIS	2004, 2005
NIKKI STOB	2003, 2004	JENNIFER LEWIS	2003
RACHAEL SZTELLE	2001, 2002, 2003	MEGAN MANIJAK	2001, 2002, 2003, 2004
LISA TAUKE	2001	ASHLEY MARTIN	2006
TIFFANY TIBERI	2001, 2002, 2003	MEGHAN MARTIN	1998, 1999, 2000
MICHELLE TRANNEL	2003, 2004	MICHELLE MAXWELL	1999
AMANDA UTHE	2001	RENEE MEYER	2006
EMILY VAIL	2003, 2004	NATALIE MORETZ	2003
EMILY WAGSTROM	2003, 2004	MARGARET MUELLER	2000, 2001
		KATERI NELIS	2003
		SOPHIE NIELSEN	2004
		TRACY ONGENA	1999
		JESSICA PETERSEN	2000, 2001
		DORIAN PIEHL	2003
		DANA POPISH	1999
		JESSICA REID	2005, 2006
		SHEILA SHIPPY	2000
		JAMIE SIERS	2005, 2006
		AMY SOENKSEN	1998, 1999, 2000
		NIKKI STOB	2003
		KELLY SHERRY	2004
		RACHAEL SZTELLE	1999, 2000, 2001, 2002
		TIFFANY TIBERI	2003
		MICHELLE TRANNEL	2002, 2004
		KAT DAVY-TRAYNOR	2006
		AMANDA UTHE	2003
		EMILY VAIL	2002, 2004
		EMILY WAGSTROM	2002, 2003, 2004
		ANNE WEST	1995, 1996, 1997, 1998
		MELISSA WORDELMAN	2005, 2006

Deans List

KRISTIN BARNETTE 1	1998, 1999
LAURA BALOGH	2004
STEPHANIE BEELER	2003
ALLISON BLAINE	2000
LEAH BONTRAGER	1999, 2001, 2002
MARTHA BOSSCH	1995, 1997, 1998
EVONNE BUTIKOFER	2000, 2001, 2002, 2003
LISA DEIMERLY	1997, 1998, 1999
ANNEKE DIEM	2000, 2001, 2002, 2003
ALLISON EDWARDS	2003
ALLISON FREDERICK	2002
KATIE GARRELS	1998, 1999
LAURIE GEERS	1997, 1999
WHITNEY GERLICH	2006
JESSICA GOETZ	2000, 2001, 2002, 2003
KATIE HAUCK	1999, 2000, 2001, 2002
JENNA HETLAND	1999, 2000
KARLA HIROKAWA	1999, 2000
GINA HUSS	2004
KAREN JENDRZEJEWski	1999, 2000, 2002
EMILY JOYNT	2005
BRITTANY KEYES	2005, 2006
JULIA KIRKHAM	2002, 2003
KATHLEEN LEHMAN	2003, 2004

2003 Central Region Academic Team

FIRST TEAM	
JESSICA GOETZ	2003

SECOND TEAM	
NATALIE MORETZ	2003
MICHELLE TRANNEL	2003

President's List

EVONNE BUTIKOFER	2000
ANNEKE DIEM	2002, 2003
JENNA HETLAND	2000
EMILY VAIL	2002, 2003



why iowa?

Sheila Rinozzi



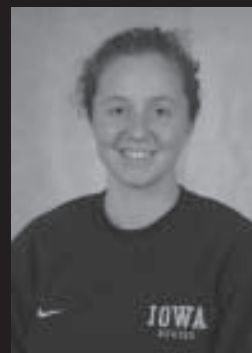
On my first visit to the University of Iowa, I was immediately drawn to the riverfront campus and charming city. At Iowa I was greeted with a friendly atmosphere. Everyone was warm and helpful. They seemed genuinely happy to be there. I felt so welcomed. I have been a fan of the big ten my whole life. Being from the midwest, the Big Ten represents the best of education, sports, and life. I am looking forward to being a Hawkeye and being a part of the Iowa Women's Rowing team.

...greete

Reader

Everyone was warm and helpful.

I chose Iowa because I really liked the campus and it seemed like it had a lot of different reputable academic programs to choose from. I chose to row because after being involved in a sport for such a long time, I just thought it seemed appropriate to continue doing something. A friend talked to me about rowing for Iowa and it seemed like an interesting idea...so I gave it a try.



Jennifer Berge

"This is the one Mom!"

A friend talked to me about rowing for Iowa and it seemed like an interesting idea...so I gave it a try.

Katelyn Davy-Traynor



I chose Iowa because I loved how the team could work hard, be committed, and still have lots of fun. Our team just seems to mesh so well. I also really liked the coaches because they seemed to love their jobs and take them very seriously. The atmosphere, the people, and the academics just felt right; I felt like I was home the very first time I visited Iowa. I remember calling my mom after three other official visits and saying, "This is the one Mom!" After completing my first year here I still feel the same way....YEAH HAWKS!!!

2



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l still have lots of fun
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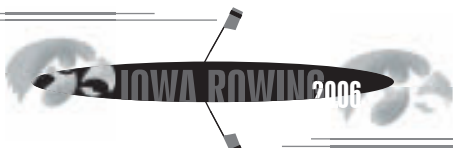
be
ommitted

graduating class

Lydia McGehee



- Exercise Science/Pre Med
- Courage-Heart-Maturity Champion Awards 2006
- First Team All Big Ten 2006
- Member of the 1V8+ for three years. In her Junior year helped Iowa to a 1.3 second win over Texas at the Longhorn Invitational...1V8+ finished second in the petite finals at the Central Regionals. 1V8+ ended the season ranked number 20.



MEGAN MANIJAK



Megan Manijak was a member of the University of Iowa Rowing team from 2000-2004. She was a member of the V8+ for most of her career and was a member of the Big Ten Boat of the week three times.

After college she accepted a job with the Cerner Corporation, a company that creates software for healthcare organizations. She moved to Kansas City, MO and has been a consultant for Cerner for about two years now. She says that "being a rower in college helped me get this job. Companies know it takes a driven, organized, motivated person to juggle the demands of a Division I sport, like rowing, with everything else college requires of you."

She believes that this ability to juggle sports and school tells them more about a person than they can learn in an interview. In her job as a consultant she works with a lot of different types of people on project teams that requires teamwork to ensure that the projects get done on time and meet the client's expectations. "Rowing taught me unconditional teamwork; everyone, no matter their differences, worked toward a common goal," she said.

Rowing also helped teach her things she uses in everyday life. Things such as sacrifice, self-discipline, self-reliance, and time management have transferred over from rowing into her career. She said, "I joined the rowing team because I thought it would be a good way to stay in shape in college; I got more out of the experience than I ever could have expected."

MICHELLE TRANNEL



Michelle Trannel graduated from the University of Iowa Rowing team in May of 2005. Since then she has spent the last year training in Seattle, Washington to make the National Rowing Team. Last summer she was selected to attend a Lightweight Development camp in Seattle. At the end of the camp she competed at the U.S. National Regatta, earning two gold and two silver metals in lightweight double and quad events. After the camp she was invited to return to Seattle as a member of the Pocock Elite Sculling Team. Going back to Seattle, she trained for a year and this spring raced at two of the National Selection Regattas. Currently she is rowing a lightweight quad which will compete both at the U.S. National Regatta and, more importantly, the World Championship Trials on August 2-5. She hopes to meet the standard time so she can compete at the World Championship in late August in Eton, England and thus make the National Team.

During her time at Iowa she earned a degree in Biomedical Engineering. With time restraint from her training, she has spent most of her time tutoring high school students in math and science, being an office assistant at a high school, a barista at Starbucks, and a walking companion to nursing home patients. When she is done with rowing, however, she plans on attending graduate school in biomedical engineering.

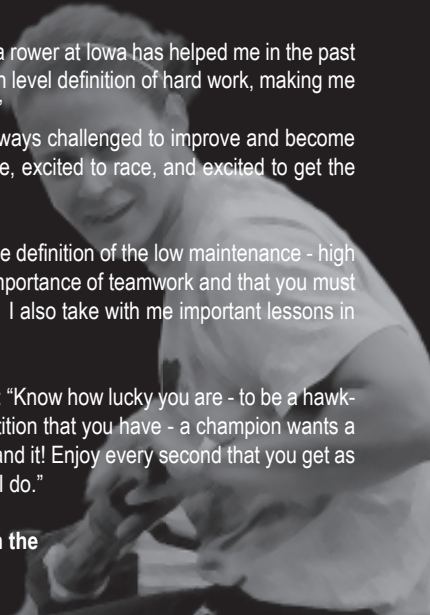
Trannel believes that her experience at Iowa has helped her to get where she is now. She says, "Being a rower at Iowa has helped me in the past year both in training and in working by giving me the skills to be an effective leader, instilling in me a high level definition of hard work, making me a high goal setter, and teaching me to use my resources and function well independently in the real world."

She also said she was lucky to get to be a rower and felt like rowing at Iowa was a privilege. "I was always challenged to improve and become better both on the water and in the classroom. This challenge is what kept me excited to go to practice, excited to race, and excited to get the studying done."

However, through all the studying she said she probably learned the most out on the water. "I learned the definition of the low maintenance - high return athlete. I learned to be a leader and the importance of different types of leaders. I learned the importance of teamwork and that you must not only improve yourself but you must help others to improve in order to produce speed on the water. I also take with me important lessons in patience, trust, humility, and friendship."

In all that she has experienced and learned, the advice that she left for future Hawkeye Rowers was this: "Know how lucky you are - to be a hawk-eye, to compete in the Big Ten Conference, to be a Division I athlete. Be thankful for the tough competition that you have - a champion wants a challenger who just might have the strength to knock her down. The water now belongs to you - command it! Enjoy every second that you get as a hawk-eye because soon it will be gone and you will remember it as one of the best times of your life - I do."

Trannel did compete at the World Championship and placed 5th, rowing with a time of 6:40:86 in the stroke seat Lw4x!



GARY FETHKE



Interim President

Interim President Gary Fethke is the former dean of The University of Iowa Henry B. Tippie College of Business and the Leonard A. Hadley Professor of Leadership. A professor of management sciences and economics, he received both his B.A. and Ph.D. degrees in economics from The University of Iowa.

He was appointed dean in 1994 after serving one year as interim dean. From 1988 to 1993 Dean Fethke served as the senior associate dean of academic affairs in the Tippie College of Business, and before that he served as chairman of the department of management sciences.

In the years between receiving his Ph.D. at Iowa and returning to the College as a faculty member, he served on the faculty at Bradley University (1968-74). In addition, he taught at the London School of Economics for one year (1981-82) and several summers (1984, '86, '88 and '90). He has published numerous articles in the areas

of industrial organization, macroeconomics, and labor economics. His recent research interest focuses on the economics of public higher education.

Dean Fethke spearheaded the expansion of the Evening and Executive MBA Programs. The Evening MBA is currently being offered in Cedar Rapids, Newton, Des Moines, and the Quad Cities. The Executive MBA Program is now available both on campus and in other Iowa cities, as needed, and internationally, in Hong Kong and Beijing, China. A dual degree (MBA-Master's in Systems Engineering) EMBA Program has been taught in Cedar Rapids. During his tenure as dean, the undergraduate program of the College raised the academic profile of entering students and began an early admissions program to admit outstanding high school students directly into the Tippie College in their first year on campus.

Fethke headed the planning and coordination of construction for the John Pappajohn Business Building and the Pomerantz Center on The University of Iowa campus, the UI-Cedar Rapids Area Conference and Education Center in Cedar Rapids, and the MBA facilities at the Des Moines W. A. Krause Center and the Newton Polytechnic Campus.

In his role as dean, Fethke was responsible for coordinating the fundraising endeavors of the College with UI Foundation staff. These efforts led to the development of the John Pappajohn Entrepreneurial Center in 1996, the Hawkinson Institute of Business Finance in 1998, the naming of the Henry B. Tippie College of Business in 1999, and a major commitment from Jerre and Mary Joy Stead in 2003. The Tippie College of Business raised \$125 million in the recent University campaign.

His wife, Carol, is a faculty member of the economics and marketing departments at The University of Iowa. They have two grown sons.

GARY BARTA



Director of Athletics

Gary Barta became the University of Iowa's 11th Director of Intercollegiate Athletics on August 1, 2006. His selection was announced on June 23, 2006.

A native Midwesterner, Barta signed a five-year contract to lead one of the most successful athletic programs in the nation. His wife Connie is a native of Waterloo, IA.

Barta has 19 years of university and athletic administration experience. Before accepting the Iowa position he had been the Wyoming AD since October of 2003. From November 1996 to October 2003, he was senior associate athletic director for external relations and sports programs at the University of Washington in Seattle. From 1990 to 1996, he was associated with the University of Northern Iowa in Cedar Falls, where he was director of athletic development and external relations. He also served as associate director of development at North Dakota State University in Fargo, from 1988-90, where he was responsible

for fund raising for athletics, the colleges of business and engineering, and the University's annual fund.

Wyoming received the NCAA Division I-A Program of Excellence Award earlier this year, which honors athletics programs that are superior athletically, academically, and in student-athlete life skill preparation.

The Barta led program at Wyoming was credited with a number of significant accomplishments. The Cowboys played in the 2004 Las Vegas Bowl and posted a victory over UCLA. The women's basketball team won 21 games during the 2005-06 season, a top 20 placing by the women's track team in the NCAA championships in 2005; and a top 25 finish in men's NCAA swimming in 2004. During his three-year tenure, seven Wyoming coaches won Mountain West Conference Coach of the Year awards.

The new Iowa Athletics Director has been a successful fund raiser, having helped secure more than \$150 million in private contributions and corporate sponsorships over the past 10 years.

Prior to taking over at Wyoming, he served as Washington's Senior Associate Athletics Director for External Relations and Sports Programs. He was responsible for generating revenue to fund Washington's \$40 million annual intercollegiate athletics budget. While at Washington, Barta was directly involved in a variety of duties including: hiring of coaches and administrative staff; coordinating the schedule for men's basketball; initiating and managing sponsorship relationships and negotiating radio network contracts.

Barta earned his Bachelor of Science degree in mass communication and broadcast journalism from North Dakota State University in 1987. He was an option quarterback for Bison football squads that won the Division II NCAA National Championships in 1983, 1985 and 1986. He returned to NDSU to begin his career in 1988 as an associate director of development and later director of development.

Barta, and his wife, Connie, have a son, Luke (8) and a daughter, Madison (6). He was born Sept. 4, 1963 in Minneapolis, MN.

The University of Iowa Athletic Department, under the direction of first-year Athletic Director Gary Barta, is regarded as one of the top intercollegiate programs in the nation.

The men's and women's departments, operating separately for over 25 years, merged in 2001 under Bowsby's direction. It combined nationally recognized programs for both genders into one successful and progressive athletic unit.

Combining their successes on the playing fields with continued success and recognition in the classroom, UI student-athletes practice and perform in some of the best facilities in the nation, while knowing the support of their efforts and attendance by Hawkeye fans ranks among the best in the country.

While the Hawkeyes continue to compete with the best in the nation in a variety of sports, Iowa continues to boast some of the most impressive athletic facilities in the nation, operated by one of the most respected departments.

Several new projects are underway on the Iowa campus. Some of the latest additions to the UI campus are the Roy G. Karro Athletics Hall of Fame and Visitors Center and the Russell and Ann Gerdin Athletic Learning Center.

Kinnick Stadium received a major up-grading and renovation that will be completed just prior to the 2006 season. The \$90 million project includes the replacing of the south end zone stands and building a four-level press box that will house 47 guest suites, along with new scoreboards, video walls, concession stands and restrooms.

Additional priorities for the Iowa program include the establishment and development of endowments for all sports programs, the continued enhancement of graduation rates, and the implementation of a long-range plan to ensure Iowa's financial, academic and competitive future. As an example, all of Iowa's 13 scholarships for men's basketball are fully endowed.

The graduation rate of Iowa's student-athletes has improved in each of the past 10 years and has consistently ranked above the graduation rate of all UI students. Hawkeye athletes have garnered more than 70 academic All-America honors since 1992. The 2005-06 school-year saw the University of Iowa produce 138 academic all-Big Ten athletes.

Iowa athletes have been recognized as all-Americans in their sport on 207 occasions during the past 15 years.

Iowa's athletic teams during the 2005-06 athletic year continued its trend of success, on the playing fields and in academic pursuits.

The Hawkeye football team enjoyed another good year on the gridiron, going 7-5 and making it's fourth-consecutive January bowl game when it was selected to play the Florida Gators in the Outback Bowl.

Iowa followed its 11-2 mark of 2002 with a 10-3 record in 2003 and a 10-2 mark in 2004, finishing each of those seasons ranked eighth nationally.

Iowa's men's and women's basketball teams have advanced to post-season play in each of the last six seasons. The men's squad finished with a 25-9 record and won the Big Ten

Tournament. They earned a No. 3 seed in the 2006 NCAA tournament.

The women's team advanced to the NCAA tournament for the 16th time.

The Iowa wrestling squad will be under new leadership this season as former Hawkeye three-time NCAA Champion and Olympic Gold Medalist Tom Brands returns to his alma mater as head coach. He will be joined on his staff by the legendary Dan Gable, who led Iowa to 15 NCAA titles and 21 Big Ten Championships in his 21 seasons as head coach.

Iowa's men's and women's and gymnastics teams continue to rank among the best in the nation. The men's team again advanced to the NCAA Championships and the women's gymnastics squad has been in the NCAA meet two of the last four years.

The Hawkeye men's cross country team advanced to the NCAA Championships for the second-consecutive year in the fall of 2004, while sophomore Kineke Alexander won the NCAA Championship in the women's indoor 400-meters.

Iowa's women's softball team advanced to NCAA regional action for the 11th time in 13 seasons. Iowa has advanced to the softball World Series on four occasions over the past 12 seasons and Coach Gayle Blevins is one of three coaches to reach 1,000 career victories.

From the rankings on the courts and playing fields, to the rankings in the classroom, to the rankings in fan and community support, to the ranking as a program that boasts some of the best athletic facilities in the nation, it's easy to understand why Iowa fans everywhere truly believe, "It's great to be a Hawkeye."



Since its inception in 1979, Athletics Student Services has evolved from a two-person, academic support service to a broad-based, nationally prominent student support services operation. Its purpose is to assist student athletes to become tomorrow's leaders by offering academic and personal support services to assist them in making timely and satisfactory progress toward their degrees.

Athletic Student Services focuses on four important areas — academic counseling and monitoring, educational and support programs, retention programs and compliance services — when working with student-athletes. Following are descriptions of some of the programs, services and opportunities available to student-athletes in those areas.

Athletics Learning Center

The \$4.6 million Russell A. and Ann Gerdin Athletics Learning Center opened in August of 2003 and gives all Iowa student-athletes a state of the art facility to help them with their educations.

The Athletics Learning Center is a multi-level, 20,000 square foot facility which will provide a computer center, study areas, classes and meeting places for all Hawkeye student-athletes.

The Learning Center will feature an auditorium that converts into two classrooms, separate study rooms for under and upper-class student-athletes that feature 28 study carrels, a computer lab, five tutorial rooms, the book loan repository, office space for Iowa's Student Services staff and a display area to recognize the academic accomplishments of Iowa's student-athletes.

Academic Counseling and Monitoring

Athletics coordinators work closely with student-athletes and their university-assigned advisors from the time they arrive on campus until the time they leave the University. Along with focusing on academic planning matters such as goal-setting, plans of study, choosing majors and degree requirements, athletics coordinators also help student-athletes understand NCAA, Big Ten and University academic policies. They also solicit feedback from instructors on academic progress made by student-athletes.

Tutoring

Tutoring is available free of charge to all student-athletes. Tutors, who are post-graduates and teachers, help with course content as well as study strategies and are available in virtually all general education program subjects.

Retention

A full-time staff member directs the retention program, which identifies student-athletes who may need tailored academic assistance and structure, and implements individualized learning plans to help them succeed. Such plans may include daily and weekly planning sessions with athletics coordinators and retention staff, tutoring, study groups, mainstreaming into on-campus services like the writing center, math labs and services for students with learning disabilities.

Transition Seminar

All new student-athletes attend an eight-week transition seminar during the fall semester that is geared toward helping them make the transition from high school to college successfully. Seminar



topics include time management skills, learning and study strategies, the culture and rules of the university, and life skills concerning alcohol and other substances, relationships and intimacy, diversity, tolerance, values and character.

CHAMPS/Life Skills

Life skills programs are conducted throughout the year with and for student athletes on quality of life issues critical to personal growth, such as personal accountability, responsible use and nonuse of alcohol, diversity and gambling.

Career Guidance and Development

Planning a meaningful career and a fulfilling life is an ongoing process of expanding and narrowing choices, beginning when student-athletes arrive on campus and continuing throughout their college career and lifetime. The professional staff works with other career development professionals on campus to offer individual consultation, career development seminars, workshops, referrals to other campus offices and special events like the Senior Recognition Banquet for graduating student-athletes.

Minority Enrichment Program

This program offers a culturally supportive environment in which minority student-athletes have the opportunity to develop friendships and a support network in the university. A core focus group of students and staff coordinate programs such as guest speakers, holiday celebrations, community service activities with the local neighborhood centers, events with Cultural Centers and networking with minority faculty, staff, professional and business leaders.

Compare the Numbers

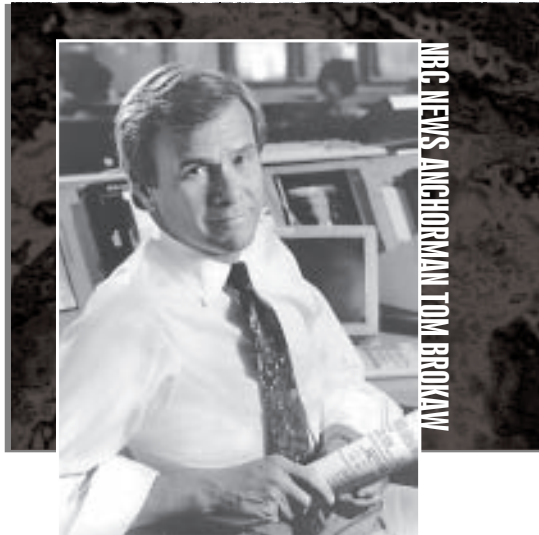
Iowa's student-athletes have outperformed the University's entire student population each year since the NCAA started requiring a report of student-athlete graduation rates.



When student-athletes consider their future, they should consider prospects beyond athletics. A list of all University of Iowa alumni who have distinguished themselves professionally would be difficult to assemble and could never be complete. However, some are truly outstanding in their area of expertise.

BUSINESS

- Leland C. Adams**, Former president, Amoco Production Co.
- John J. Balles**, former president, Federal Reserve Bank of San Francisco
- Arthur A. Collins**, Founder, Collins Radio (Rockwell Collins)
- Kathleen A. Dore**, Executive vice president and general manager, Bravo Television Network & the Independent Film Channel
- John W. English**, former vice president and chief investment officer, Ford Foundation
- H. John Hawkinson**, former president and director of funds, Kemper Financial Services Inc.
- Richard O. Jacobson**, President, Jacobson Warehouse Co.
- Bill Krause**, President, Krause Gentle Corp.
- Richard Levitt**, Chairman & CEO, Nellis Corporation
- John Pappajohn**, Venture capitalist, entrepreneur; President, Equity Dynamics, Inc.



NBC NEWS ANCHORMAN TOM BROKAW



JUANITA KIDD STOUT

EDUCATION

- Joseph N. Crowley**, President, University of Nevada at Reno and former NCAA president
- R. Wayne Duke**, Former commissioner, Big Ten Conference
- E.F. Lindquist**, Co-founder, American College Testing (ACT) Program
- John B. McLendon**, First black coach inducted into The Basketball Hall of Fame
- Eddie Robinson**, Legendary football coach, Grambling State University
- Wilbur Schramm**, International authority on communications and founder, Iowa Writers' Workshop
- Richard Schultz**, Executive Director, United States Olympic Committee; Former Executive Director, NCAA
- James Van Allen**, Space Physicist

GOVERNMENT

- David Bonior**, U.S. House of Representatives, Mt. Clemons, MI
- Terry Branstad**, former Governor of Iowa
- General Charles A. Horner**, Architect of the US air war against Iraq during the Persian Gulf War/Desert Storm
- Mary Louise Smith**, noted political party leader and civil rights proponent
- Juanita Kidd Stout**, First black woman elected to a state Supreme Court

LITERATURE

- Mildred Wirt Benson**, Author of 23 Nancy Drew mysteries and first woman to receive master's degree in journalism at Iowa
- John Irving**, Writer, *The World According to Garp*, *The Cider House Rules*
- W.P. Kinsella**, Writer, *Shoeless Joe*
- Margaret Walker**, Writer, *Jubilee*

ENTERTAINMENT

- Simon Estes**, International opera star
- John Falsey**, Executive producer of television's "Northern Exposure" & "I'll Fly Away"
- Al Jarreau**, Grammy Award-winning singer
- Mark Johnson**, Film producer and Oscar Award winner for *Rainman*
- Alex Karras**, former NFL All-Pro, Detroit Lions; actor, *Victor, Victoria*; *Blazing Saddles*; "Webster"
- Barry Kemp**, television producer, creator of the hit series "Coach"
- Dave Keuning**, guitarist, The Killers
- Shirley Rich Krohn**, Casting director for *Kramer vs Kramer*, *Three Days of the Condor*, *Taps*, *Saturday Night Fever*
- Richard Maibaum**, Writer of James Bond motion picture scripts
- Brandon Routh**, Actor, *Superman Returns*
- Gene Wilder**, Actor, *Silver Streak*, *Young Frankenstein*, *Stir Crazy*

MEDIA

- Alan Abelson**, Editor, *Barron's*
- Tom Brokaw**, Former Anchorman, NBC News
- John Cochran**, Correspondent, ABC News
- Paul Conrad**, Political cartoonist and three-time winner of the Pulitzer Prize
- George Gallup**, Founder, The Gallup Poll
- Charles Guggenheim**, Documentary filmmaker, Peabody and Oscar award winner
- Bob Miller**, Broadcaster, Los Angeles Kings
- Herbert Nipson**, Executive Editor, *Ebony*
- Brian Ross**, Correspondent, ABC News, NBC News; Peabody and Emmy award winner
- Carole Simpson**, Anchor, ABC News

MEDICINE

- Dr. Nancy Andreasen**, Psychiatrist renowned for her research on schizophrenia, as well as creativity
- Dr. Johann L. Ehrenhaft**, Pioneer in field of open heart surgery
- Dr. Robert C. Hardin**, Developed blood bank protocols during WW II based on seminal work on blood preservation
- Dr. Don H. O'Donoghue**, sports medicine pioneer
- Dr. Emory D. Warner**, World recognized pathologist

PULITZER PRIZE WINNERS

- Marquis Childs**, 1970, *St. Louis Post Dispatch*
- Rita Dove**, 1987, *Thomas and Beulah*; U.S. Poet Laureate
- Jorie Graham**, 1996, *The Dream of the Unified Field; New and Selected Poems*
- J. Tracy Kidder**, 1982, *The Soul of a New Machine*
- James A. McPherson**, 1978, *Elbow Room*
- Jane Smiley**, 1992, *A Thousand Acres*
- Tennessee Williams**, 1948, *A Streetcar Named Desire*; 1955, *Cat on a Hot Tin Roof*

STRENGTH AND CONDITIONING

The University of Iowa has two 2,000-square-foot facilities for strength and conditioning training of Olympic sport athletes. One facility is located in Carver-Hawkeye Arena and the other is located in the Recreation Building. Each facility has eight squat racks, eight Olympic platforms, multiple physio- and medicine balls, padded plyometric boxes and over 10,000 pounds of free weights. Iowa Strength and Conditioning staff Bill Maxwell, David Marmon and Damon Davis oversee the programs.

The major goals of the University of Iowa strength and conditioning program are the enhancement of athletic performance while reducing the risk of injury through a progression of free weight, multi-joint exercises. Those goals are achieved through Olympic lifts, squats, plyometrics, medicine ball and physioball exercises. These multi-joint movements improve synchronization of movement, intramuscular coordination and stabilizer muscle groups.

CARVER-HAWKEYE ARENA WEIGHT ROOM



ATHLETIC TRAINING

Continuing to set the standard in Sports Medicine Service, The University of Iowa provides the student-athlete with the most up-to-date and highest-quality medical care available.

Services from the UI Hospitals and Clinics, among the world's largest university-owned teaching hospitals, support the efforts of a dedicated sports medicine staff. Located next to Kinnick Stadium, the hospital creates a cutting-edge environment where staff physicians, interns, and residents can care for student-athletes with successful outcomes. Dedicated research and education result in outstanding care.

Athletic Training Services connect student-athletes to the various resources and specialty areas. Iowa's staff of 10 full-time athletic trainers are committed to providing quality health care, injury rehabilitation programs, and prevention programs. With physical conditioning as one of the major components of a prevention program, the athletic trainers work closely with strength coaches to pave the way for safe and effective participation.

FIELD HOUSE TRAINING ROOM

The Field House training room is used by the Hawkeye swimming and diving, gymnastics and rowing teams, along with the cheer squad. It supports medical care with ultrasound, whirlpools, hot and cold packs, high-voltage galvanic stimulation, electrical stimulation, and T.E.N.S.

RECREATION BUILDING TRAINING ROOM

The Recreation Building training room is used by the Hawkeye baseball, cross country, track, tennis and soccer teams. It supports medical care with ultrasound, whirlpools, hot and cold packs, high-voltage galvanic stimulation, electrical stimulation, and T.E.N.S.



Carver-Hawkeye Arena Training Room

The recently remodeled Carver-Hawkeye Arena (CHA) training room is one of the most modern, respected facilities in the nation. Traditional therapies include whirlpools, hot and cold units, rehabilitation weights, pulleys, and machines. Other therapeutic equipment available for athletes include ultrasound, electrical stimulation, traction, and external compression units. Also available are such unique optional equipment as the CYBEX 6000 (isokinetic exercise and testing device). Preparation activities, medical care and rehabilitation are provided for the basketball, softball, field hockey, volleyball, golf, and wrestling teams.



JACOBSEN Training Room

Jacobson training room is used primarily by the football team for rehabilitation, treatment and team preparation. The facility features a lap pool, treadmill, CYBEX weight equipment, Biodex isokinetic machine, Fastex, slide board, surface floors, two stairmasters, five bikes and six whirlpools.

CARVER-HAWKEYE ARENA TRAINING ROOM

JACOBSEN TRAINING ROOM

THE COLLEGES

LIBERAL ARTS & SCIENCES
 Freshmen who enroll at The University of Iowa are admitted to either the College of Liberal Arts and Sciences or the College of Engineering. The General Education Program allows students to sample courses in more than 100 areas of study. At Iowa, students are required to take electives, major courses, and general education course work.

Undergraduate Degrees Offered

Bachelor of Arts (B.A.) and Science (B.S.) in 58 major fields; Bachelor of Fine Arts (B.F.A.) in Music (B.M.) and of Liberal Studies (B.L.S.).

Admission - Freshmen and transfer students are to meet the college's admissions requirements.

Undergraduate Degrees Offered

Bachelor of Science in Engineering (B.S.E.) in six majors- biomedical, chemical, civil, electrical, industrial, and mechanical engineering.

Admission - Students must meet the college's high admissions requirements.

Undergraduate Degrees Offered

Bachelor of Business Administration (B.B.A.) in six majors: accounting; economics; finance; management and organizations; management science; and marketing.

Admission - Students must satisfactorily complete two years of pre-business study in the College of Liberal Arts and Sciences.

Teacher Education Programs: Elementary Education, Art Education, English Education, Foreign Language Education, Mathematics Education, Music Education, Science Education, and Social Studies Education. Additional teaching minors in Coaching, ESL (English as a Second Language), Hearing Impaired, Journalism, and Talented and Gifted.

Admission - Review all admission requirements and program guides at www.education.uiowa.edu/tess/



1 The state-of-the-art Pappajohn Business Building

2 The University Museum of Art houses 12,000 permanent works of art.

3 The University of Iowa Dental Science Program is one of the oldest in the nation.

4 The University of Iowa College of Law is one of the best and most respected law schools in the country.

Undergraduate Degrees Offered - Bachelor of Science in Nursing (B.S.N.)
Admission - Students must satisfactorily complete three to four semesters of pre-nursing course work in the College of Liberal Arts and Sciences.

Undergraduate Degrees Offered - Six-year Pharm.D. degree
Admission - Students must successfully complete pre-pharmacy course work in the College of Liberal Arts and Sciences. As well, students must take the PCAT (Pharmacy College Admission Test) during October of their freshman year.

GRADUATE & PROFESSIONAL DEGREES

Many student-athletes who have attended The University of Iowa and completed their undergraduate degrees continue their education at the University.

Student-athletes who attend graduate or professional school must first complete course work toward a bachelor's degree in their field of study. The University also offers undergraduates the opportunity to participate in research and overseas study programs, as well as internships that will help prepare them for graduate school.

RESIDENCE

Ninety percent of freshmen choose to live in one of the University's 10 residence halls. Each team has its own rules regarding residence of incoming freshmen. Most student-athletes live at least two years on campus.

The University residence halls provide students full-service dining rooms, study lounges, laundry facilities, recreational facilities, as well as vending and bank machines. Residence hall rooms currently have high-speed ethernet connections that give students e-mail and Internet access in your room. Iowa also offers wireless networking in 32 buildings and several outdoor areas, providing more than 170 access points across campus.

SAFETY

*11:55 p.m. - 2:25 a.m.: Free SafeRide buses take students home Fridays and Saturdays.

*Special telephones with blue lights are a direct link to the Department of Public Safety and are situated throughout the Iowa campus.

*During summer orientation, campus security personnel educate students on safety.

*Rape Victim Advocacy Program cooperates with the Department of Public Safety and participates in Sexual Crime Awareness Week.

LIBRARIES

The University of Iowa's library system is the largest in the state and has over 4 million volumes. Students also have access to the collections of other libraries throughout the Big Ten Conference via computer network. Besides the Main Library, The University has 12 departmental libraries: Art Library, Biological Sciences Library, Business Library, Chemistry-Botany Library, Engineering Library, Geology Library, Hardin Library for the Health Sciences, Mathematical Sciences Library, Rita Benton Music Library, Physics Library, Psychology Library and Law Library.

COMPUTERS

There are 26 Instructional Technology Centers all over the campus which are filled with 1,200 computers. These facilities are open at least 50 hours a week. Some are open 24 hours. Also, the Information Arcade in the Main Library provides a variety of specialized computing tools.

The Computer Demo Center provides information for students who want to purchase computers and software.

CULTURAL CENTERS

There are three houses on campus that offer students from different ethnic backgrounds a place to congregate, the Latino and Native American Cultural Center, the Afro American Cultural Center and the Asian Pacific American Cultural Center.

CAREER DECISIONS

Finding and pursuing a career takes careful planning. The Career Center is extremely valuable for student-athletes. The program suggests a time line each student-athlete may follow throughout his or her stay at Iowa. The components of the program include:

- *Individualized career counseling
- *Career information programs
- *Summer job/internship opportunities
- *Resume and cover letter writing
- *Portfolio development
- *Preparing for life after college athletics



SKILLS LABS

The University provides Skills Labs to help students improve a variety of skills necessary to succeed at Iowa: writing, reading, speaking, science, note taking, time management, test taking and foreign languages.

HEALTH SERVICES

The University of Iowa provides the student-athlete with the most up-to-date and highest-quality medical care available. Students at Iowa can go to Student Health Services, which is open six days a week. Student Health Services is supported by a fee paid by all full-time students. It offers students unlimited free office visits (there is a charge for other procedures done in the office such as blood tests).

CAMBUS

There are six bus routes throughout the Iowa campus. The University Cambus provides over four million free rides to class and to the dorms for students each year. Some routes run seven days a week, and some run until 2:30 a.m. Cambus also operates a specialized transportation service for persons with disabilities.



Iowa City is a diverse, highly cosmopolitan community of 60,000 set in the natural scenic beauty of Iowa's rolling hills and woods along the tree-lined banks of the Iowa River. Iowa City has all the art galleries, ethnic foods, historic architecture and vibrant atmosphere of a much larger city, but with the compactness and friendly feeling of a small town.

As a place to live, Iowa City keeps winning awards and accolades - Named one of the ten most enlightened towns in the country by Utne Reader, listed in the book The 100 Best Small Art Towns in America and selected the number-one place to live in the nation by Editor & Publisher magazine.

Economically, businesses such as Rockwell Collins, American College Testing and Procter & Gamble help keep the city booming. In Coralville, a branch office of Geico Auto Insurance has provided many residents with employment opportunities.

Culturally, Iowa City is alive with concerts, art exhibits, readings, plays and art events of all kinds. Located on the University of Iowa campus, Hancher Auditorium is a nationally-known performance center that brings in the best of Broadway, classical and jazz music, dance and other performances. The University of Iowa Theater Arts department also produces a full schedule of plays each year, featuring the work of student performers and directors. So whether you enjoy the arts as a spectator or as an outlet for your own creativity, Iowa City has the opportunities.

Residents of Iowa City are not only economically and culturally enriched, they also take advantage of the numerous recreational facilities offered around town. The area's more than 30 parks provide opportunities for year-round activities including boating, hiking, swimming, fishing and skiing.

The city's greatest charm, however, remains the sincere friendliness of its citizens, the cosmopolitan atmosphere and the successful partnership built between the community and the University.



The Coral Ridge Mall is the largest shopping mall in Eastern Iowa.

OLD CAPITOL

One of the most recognizable sites in Iowa City is the gold dome of the Old Capitol which is situated in the heart of downtown. Built in 1840, it is Iowa City's most historic building. The Old Capitol was the site of the first governor inauguration as well as the first six Iowa General Assemblies. It is also where the state's Constitution was drafted. When the capital was moved to Des Moines in 1857, the Old Capitol was dedicated to The University of Iowa, becoming the first building owned by the University.

CORALVILLE LAKE

Just north of Iowa City is Coralville Lake, an outdoor recreational area that offers a variety of opportunities for the public. Coralville Lake offers picnic shelters, biking, hiking, fishing, boating, swimming, hunting, camping, snowmobiling, cross country skiing, golf and disc golf.

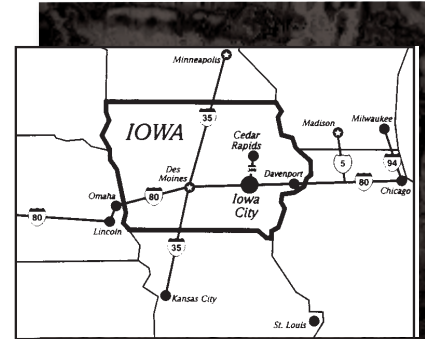
PEDESTRIAN MALL

Located downtown and in walking distance of many of the University's dormitories is the Pedestrian Mall. It is a perfect place to sit outside and study or hang out with friends. During the fall, spring and summer months there are concerts and art festivals in the Pedestrian Mall.

CORAL RIDGE MALL

The Coral Ridge Mall is a 1.2-million-square-foot shopping center located just minutes from the UI campus. The center combines a mix of over 120 specialty shops and strong department stores including Dillard's, JC Penney, Sears, Target and Younger's. Coral Ridge also offers entertainment features such as an NHL-regulation-sized indoor ice arena, state-of-the-art 10-screen movie theatre and a large carousel along with a 1,000-seat food court with sit-down restaurants. Specialty stores include Abercrombie & Fitch, Barnes & Noble, Gap, Old Navy, Scheels All Sports and Pier 1 Imports.

Iowa City/Coralville Convention & Visitors Bureau,
408 First Ave, Riverview Square,
Coralville 52241;
319/337-6592 or 800/283-6592



Iowa City is located in eastern Iowa and is an easy trip to such cities as Des Moines (the capital of Iowa), Chicago, St. Louis, Kansas City, and Minneapolis. Also, Cedar Rapids, a city of more than 150,000, is just a short drive north of Iowa City. The Eastern Iowa Airport, which links residents to every major airport in the Midwest, nation and world, is only 20 minutes away.



The "Ped Mall" is a relaxed, no-cars-allowed outdoor plaza in the heart of downtown Iowa City which has cafes, boutiques, outdoor food vendors and street performers.

HAWKEYE NICKNAME

The University of Iowa borrowed its athletic nickname from the state of Iowa many years ago.

The name Hawkeye was originally the name of the hero in the fictional novel, *The Last of the Mohicans*, written by James Fenimore Cooper. Cooper had the Delaware Indians bestow the name on a white scout who lived with them.

In 1838, 12 years after the book was published, people in the territory of Iowa acquired the nickname, chiefly through the efforts of Judge David Rorer of Burlington and James Edwards of Fort Madison.

Edwards, editor of the *Fort Madison Patriot*, moved his paper to Burlington in 1843 and renamed it the *Burlington Hawkeye*. The two men continued their campaign to popularize the name, and territorial officials eventually gave it their formal approval.



HERKY THE HAWKEYE

The Hawkeye nickname gained a tangible symbol in 1948 when a cartoon character, later to be named Herky the Hawk, was hatched. The creator was Richard Spencer III, instructor of journalism at Iowa.

The impish Hawk was an immediate hit and acquired a name through a statewide contest staged by the athletic department. John Franklin, a Belle Plaine alumnus, was the man who suggested Herky.

Since his birth more than 45 years ago, Herky has symbolized Iowa athletics and epitomized University life. He even donned a military uniform during the Korean War and became the insignia of the 124th Fighter Squadron.

During the mid-1950s, Herky came to life at a football game as the Iowa mascot. Since that time, Herky has been a familiar figure at Iowa athletics events.



SCHOOL COLORS

For 40 years Iowa was without school colors, but in 1887 a group of 50 seniors met on the steps of the Old Capitol to decide what are now the school official colors. They chose Old Gold, the color of Iowa's vast corn fields and Black, the color of the rich soil.

SCHOOL FIGHT SONG

The Iowa Fight Song was written in 1950 by Mason City, Iowa, native Meredith Willson. Best known as the creator of Broadway's "The Music Man," Willson was awarded a 1963 University of Iowa Alumni Association Distinguished Service Award for "setting the spirit of Iowa to music." The lively cheer is sung hundreds of times during Iowa athletics events the year around.

*The word is Fight, Fight, Fight for IOWA
Let every loyal Iowan sing;
The word is Fight, Fight, Fight for IOWA
Until the walls and rafters ring
(Go Hawks!)
Come on and cheer, cheer, cheer for IOWA
Come on and cheer until you hear the final gun.
The word is Fight, Fight, Fight for IOWA
Until the game is won*