



Ashton Cross Country Course

The Bill and Jim Ashton Cross Country Course is located west of Finkbine Golf Course and adjacent to the University's West Campus project, which includes the Athletic Hall of Fame and soccer fields. It is able to accommodate races of 3,000, 4,000, 5,000, 6,000, 8,000 and 10,000 meters.

The course boasts a rolling terrain with an outstanding rhythm for running. The Hawkeye cross country squads have the advantage of a large grass area for training and racing. Some features include a 2,000-meter perimeter and a layout that will enable spectators to view the entire race, from start to finish, from one vantage point. The first event held on the course was the Iowa Invitational on August 29, 2003. The course was dedicated on October 31, 2004, in conjunction with Iowa hosting the Big Ten Championships. The Hawkeyes also hosted the NCAA Midwest Regional on November 12, 2005.

The leadership gift for the course was made by former Hawkeyes Bill and Jim Ashton. Bill, of Davenport, IA, graduated from the University's College of Engineering in 1962, and earned his master's degree in 1963. Jim, a 1964 University of Iowa College of Engineering graduate, currently resides in Dallas, TX. The Ashton brothers lettered in cross country under former Hawkeye men's coach, the late Francis X. Cretzmeyer, and made the lead gift for the course in his honor.



Jim (left) and Bill Ashton pose with Herky the Hawkeye at the Ashton Cross Country Course dedication on October 31, 2004. The Ashton brothers lettered in cross country at Iowa and made the leadership gift for the course.



The Ashton Cross Country Course boasts a rolling terrain with an outstanding rhythm for running. Spectators can view the entire race, from start to finish, from one vantage point.







IOWA WOMEN'S CROSS COUNTRY

2008 Team Roster



2008 University of Iowa Women's Cross Country Team

Front Row (l-r): Jordan Williams, Brooke Eilers, Lauren Hardesty, Krista Anderson, Jolly Burke, McKenzie Melander, Kathryn Guess, Caitlin Wooldridge.
Second Row (l-r): Jackie Laesch, Lindsay Anderson, Sarah Henize, Amanda Hardesty, Hannah Roeder, Katie Ellis, Rachel Hawks, Brittany Dlh. **Third Row (l-r):** Kelsey Stueland, Sarah Spencer Perry, Danielle Berndt, Susan Kuhl, Racheal Marchand, Betsy Flood, Jennie Docherty. **Back Row (l-r):** Head Coach Layne Anderson, Student Assistant Coach Diane Nukuri, Volunteer Assistant Coach Tony Guerra. **Not Pictured:** Fionna Fallon.

Name	Yr.	Hometown (High School/Last School)
Krista Anderson	Jr.	Leeds, ND (Leeds)
Lindsay Anderson	Fr.	Leeds, ND (Leeds)
Danielle Berndt	Fr.	Bloomington, MN (Kennedy)
Jolly Burke	Jr.	Parker, CO (Madison-Edgewood, WI)
Brittany Dlh	Fr.	West Branch, IA (West Branch)
Jennie Docherty	Jr.	St. Paul, MN (Cretin-Derham Hall)
Brooke Eilers	Fr.	Holland, MI (Holland Christian)
Katie Ellis	Jr.	Barrington, IL (Wauconda)
Fionna Fallon	Jr.	Des Moines, IA (Roosevelt/Portland State)
Betsy Flood	Fr.	Des Moines, IA (Dowling)
Kathryn Guess	So.	Des Moines, IA (Lincoln)
Amanda Hardesty	So.	Valparaiso, IN (Valparaiso)

Name	Yr.	Hometown (High School/Last School)
Lauren Hardesty	So.	Valparaiso, IN (Valparaiso)
Rachel Hawks	Sr.	Marshalltown, IA (Marshalltown)
Sarah Henize	Gr.	Bucyrus, OH (Bucyrus/Miami of Ohio)
Susan Kuhl	Fr.	Beaman, IA (BCLUW)
Jackie Laesch	Fr.	Wheaton, IL (North)
Racheal Marchand	Sr.	Valparaiso, IN (Valparaiso)
McKenzie Melander	Fr.	Apple Valley, MN (Eastview)
Sarah Spencer Perry	Gr.	Sioux Falls, SD (Lincoln/Grinnell College)
Hannah Roeder	So.	Des Moines, IA (Roosevelt/UCLA)
Kelsey Stueland	Jr.	Tipton, IA (Tipton)
Jordan Williams	Fr.	Glenwood, IA (St. Albert)
Caitlin Wooldridge	So.	Fox River Grove, IL (Cary-Grove)



Early Bird Invite

Aug. 31, 2007 - Macomb, IL - 6,000 meters

Place	Name	Time
9.	Fionna Fallon	24:26
16.	Christine Kotarba	25:01
17.	Kathryn Guess	25:02
23.	Caitlin Wooldridge	25:50
26.	Brittany Graham	26:08

Hawkeye Open

Sept. 15, 2007 - Iowa City, IA
4,000 meters - 1st/4 teams

Place	Name	Time
1.	Diane Nukuri	13:14
2.	Meghan Armstrong	13:47
4.	Jolly Burke	14:03
6.	Krista Anderson	14:14
8.	Jessica Schmidt	14:21
9.	Lauren Hardesty	14:28
21.	Katie Ellis	14:48
22.	Molly Esche	14:49
28.	Amanda Hardesty	15:03
39.	Rachel Hawks	15:36
41.	Fionna Fallon	15:38
44.	Kathryn Guess	15:51
46.	Christine Kotarba	16:01
48.	Sophia Poncé	16:19
50.	Brittany Graham	16:44
51.	Caitlin Wooldridge	17:05

Tiger Invitational

Sept. 29, 2007 -- Auburn, AL
5,000 meters - 2nd/22 teams

Place	Name	Time
1.	Diane Nukuri	15:55
3.	Meghan Armstrong	16:25
4.	Jolly Burke	16:33
17.	Jessica Schmidt	17:28
25.	Krista Anderson	17:43
36.	Lauren Hardesty	18:05
38.	Molly Esche	18:10
42.	Amanda Hardesty	18:18
45.	Katie Ellis	18:25
64.	Rachel Hawks	18:50

NCAA Pre-Nationals

Oct. 13, 2007 - Terre Haute, IN
6,000 meters - 8th/35 teams

Place	Name	Time
3.	Diane Nukuri	20:10
15.	Meghan Armstrong	20:37
17.	Jolly Burke	20:40
100.	Krista Anderson	21:46
126.	Jessica Schmidt	22:03
143.	Lauren Hardesty	22:17
170.	Molly Esche	22:45

Big Ten Championships

Oct. 28, 2007 - Columbus, OH
6,000 meters - 5th/11 teams

Place	Team	Points
1.	Minnesota	72
2.	Michigan State	73
3.	Michigan	90
4.	Illinois	95
5.	Iowa	103
6.	Wisconsin	112
7.	Penn State	159
8.	Purdue	237
9.	Indiana	280
10.	Northwestern	288
11.	Ohio State	330

Individual Results

Place	Athlete	Time
1.	Diane Nukuri	19:37
4.	Meghan Armstrong	20:08
9.	Jolly Burke	20:20
43.	Jessica Schmidt	21:20
53.	Krista Anderson	21:47
56.	Lauren Hardesty	21:52
57.	Amanda Hardesty	21:53
70.	Molly Esche	22:18
78.	Katie Ellis	22:35

NCAA Midwest Regional

Nov. 10, 2007 - Peoria, IL
6,000 Meters - 3rd/25 teams

Place	Team (Top 5)	Points
1.	Minnesota	79
2.	Illinois	91
3.	Iowa	111
4.	Nebraska	130
5.	Oklahoma State	181

Individual Results

Place	Athlete	Time
1.	Diane Nukuri	19:37
5.	Meghan Armstrong	20:07
19.	Jolly Burke	20:57
40.	Jessica Schmidt	21:29
49.	Lauren Hardesty	21:38
62.	Krista Anderson	21:48
99.	Amanda Hardesty	22:24

NCAA Championships

Nov. 29, 2007 - Terre Haute, IN
6,000 meters - 10th/31 teams

Place	Team (Top 5 + Iowa)	Points
1.	Stanford	145
2.	Oregon	177
3.	Florida State	236
4.	Arizona State	251
5.	Michigan State	321
10.	Iowa	387

Individual Results

Place	Athlete	Time
4.	Diane Nukuri	20:07
13.	Meghan Armstrong	20:37
34.	Jolly Burke	21:09
156.	Jessica Schmidt	22:20
180.	Lauren Hardesty	22:40
192.	Molly Esche	22:59
211.	Amanda Hardesty	23:37

2007 Season Best Times

Athlete	4,000 m.	5,000 m.	6,000 m.
Krista Anderson	14:14	17:43	21:46
Meghan Armstrong	13:47	16:25	20:07
Jolly Burke	14:03	16:33	20:20
Katie Ellis	14:48	18:25	22:35
Molly Esche	14:49	18:10	22:18
Fionna Fallon	15:38	---	24:26
Brittany Graham	16:44	---	24:26
Kathryn Guess	15:51	---	25:02

Athlete	4,000 m.	5,000 m.	6,000 m.
Amanda Hardesty	15:03	18:18	21:53
Lauren Hardesty	14:28	18:05	21:38
Rachel Hawks	15:36	18:50	---
Christine Kotarba	16:01	---	25:01
Sophia Poncé	16:19	---	---
Diane Nukuri	13:14	15:55	19:37
Jessica Schmidt	14:21	17:28	21:20
Caitlin Wooldridge	17:05	---	25:50



IOWA WOMEN'S CROSS COUNTRY

Top Times & Course Records

Top Iowa Cross Country Times

3,000 Meters

1. Diane Nukuri	9:47	2006 Hawkeye Open
2. Meghan Armstrong	10:01	2006 Hawkeye Open
3. Shannon Stanley	10:25	2006 Hawkeye Open
Krista Anderson	10:25	2006 Hawkeye Open
5. Nikki Chapple	10:28	2004 Hawkeye Invite
6. Racheal Marchand	10:29	2006 Hawkeye Open
7. Sarah Arens	10:41	2003 Hawkeye Invite
8. Jolly Burke	10:43	2006 Hawkeye Open
9. Jessica Schmidt	10:46	2006 Hawkeye Open
10. Chrissy Schaefer	10:52	2006 Hawkeye Open

4,000 Meters

1. Diane Nukuri	13:14	2007 Hawkeye Open
2. Meghan Armstrong	13:47	2007 Hawkeye Open
3. Jolly Burke	14:03	2007 Hawkeye Open
4. Nikki Chapple	14:09	2004 Hawkeye Triangular
5. Krista Anderson	14:14	2007 Hawkeye Open
6. Jessica Schmidt	14:21	2007 Hawkeye Open
7. Lauren Hardesty	14:28	2007 Hawkeye Open
8. Shannon Stanley	14:32	2004 Hawkeye Triangular
9. Katie Donlon	14:34	at 2001 Stanford Invite
10. Georgia Millward	14:36	at 2001 Stanford Invite

5,000 Meters

1. Diane Nukuri	15:55	at 2007 Auburn Invite
2. Meghan Armstrong	16:25	at 2007 Auburn Invite
3. Nan Doak	16:31	at 1983 Big Ten Champ's
4. Jolly Burke	16:33	at 2007 Auburn Invite
5. Jenny Spangler	16:34	at 1983 Big Ten Champ's
6. Renee Doyle	16:41	at 1986 Purdue Invite
7. Tracy Dahl	16:42	at 1991 Illinois St. Invite
8. Shannon Stanley	16:56	at 2006 Auburn Invite
9. Racheal Marchand	17:02	at 2006 Auburn Invite
10. Krista Anderson	17:26	at 2006 Auburn Invite

6,000 Meters

1. Diane Nukuri	19:37	at 2007 NCAA Midwest Regional at 2007 Big Ten Championships
2. Meghan Armstrong	20:07	at 2007 NCAA Midwest Regional
3. Jolly Burke	20:20	at 2007 Big Ten Championships
4. Racheal Marchand	20:53	at 2006 NCAA Pre-Nationals
5. Nikki Chapple	21:04	at 2004 NCAA Regional
6. Jessica Schmidt	21:20	at 2007 Big Ten Championships
7. Lauren Hardesty	21:38	at 2007 NCAA Midwest Regional
8. Krista Anderson	21:46	at 2007 NCAA Pre-Nationals
9. Shannon Stanley	21:49	at 2006 NCAA Pre-Nationals
10. Amanda Hardesty	21:53	at 2007 Big Ten Championships

Ashton Cross Country Course Records

3,000 Meters

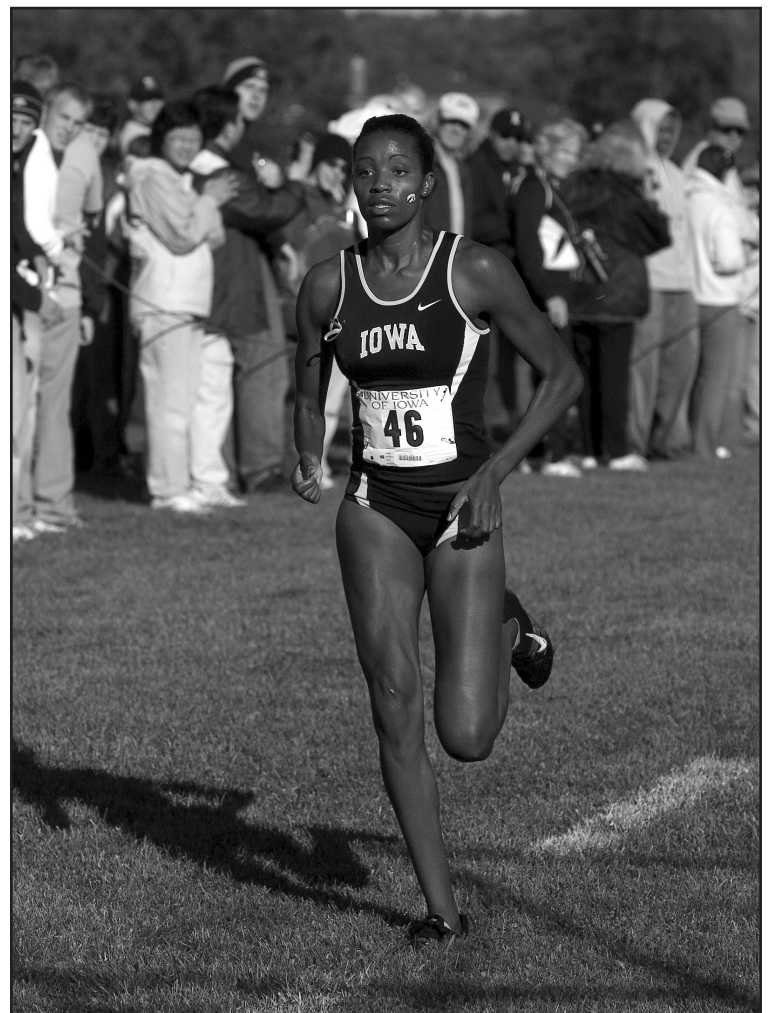
Diane Nukuri, Iowa	9:47
<i>2006 Hawkeye Open - September 9, 2006</i>	

4,000 Meters

Diane Nukuri, Iowa	13:14
<i>2007 Hawkeye Open - September 15, 2007</i>	

6,000 Meters

Danette Doetzel, Michigan State	20:33
<i>2004 Big Ten Championships - October 31, 2004</i>	



Diane Nukuri (2006-07) set school records in the 3,000, 4,000, 5,000 and 6,000 meters, and Ashton Course marks in the 3,000 and 4,000 meters. The two-time all-American is Iowa's only two-time regional champion and was named Midwest Region Women's Cross Country Athlete of the Year twice. She won the 2007 Big Ten title, earning Big Ten Women's Cross Country Athlete of the Year honors.



All-Americans

Meghan Armstrong	2007
Jennifer Brower	1991
Tracy Dahl	1991-92
Nan Doak	1980, 1982-83
Renee Doyle	1986
Jeanne Kruckeberg	1990
Racheal Marchand	2006
Diane Nukuri	2006-07
Jenny Spangler	1983

Honda Sports Awards Nominee

Nan Doak	1983
Diane Nukuri	2007

Regional Champion

Diane Nukuri	2006-07
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Regional Athlete of the Year

Diane Nukuri	2006-07
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All-Region

Sarah Arens	2003
Meghan Armstrong	2005-07

Jolly Burke

Nikki Chapple	2004
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Racheal Marchand

Diane Nukuri	2006-07
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Big Ten Champion

Tracy Dahl	1992
Diane Nukuri	2007

Big Ten Athlete of the Year

Tracy Dahl	1992
Diane Nukuri	2007

Big Ten Coach of the Year

Jerry Hassard	1989
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All-Big Ten

Meghan Armstrong	2006-07
Erin Boland	1994

Jolly Burke

Tracy Dahl	1991-92
Renee Doyle	1986-88

Tami Hoskins

Jennifer Johnson	1991
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Jeanne Kruckeberg

Racheal Marchand	2006
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Diane Nukuri

Diane Nukuri	2007
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USCCA All-Academic Team

Meghan Armstrong	2004-05
Sarah Arens	2004

USTFCCA Academic Team

2003, 2004, 2005, 2006, 2007

Academic All-Big Ten

Krista Anderson

Krista Anderson	2006-07
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Sarah Arens

Sarah Arens	2000, 2002-03
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Meghan Armstrong

Meghan Armstrong	2005-07
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Atalie Barber

Atalie Barber	2001, 2003
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Holly Barnes

Holly Barnes	1992
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Briana Benning

Briana Benning	1994-97
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Allison Billhardt

Allison Billhardt	2005
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Kerri Blackstone

Kerri Blackstone	1996
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Jennifer Brower

Jennifer Brower	1989-91
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Jolly Burke

Jolly Burke	2007
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Katie Butler

Katie Butler	2000
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Jenni Capista

Jenni Capista	2003-04
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Megan Daniel

Megan Daniel	1994
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Jennie Docherty

Jennie Docherty	2006
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Katie Donlon

Katie Donlon	2005
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Katie Ellis

Katie Ellis	2007
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Molly Esche

Molly Esche	2005-07
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Shawn Fleck

Shawn Fleck	1995
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Alienor Gilchrist

Alienor Gilchrist	1997
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Kristin Haefke

Kristin Haefke	1998
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Rachel Hawks

Rachel Hawks	2006-07
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Jennifer Johnson

Jennifer Johnson	1991-93
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Patricia Jones

Patricia Jones	1991
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Jennifer Kiciak

Jennifer Kiciak	1996-97
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Tricia Kiraly

Tricia Kiraly	1988
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Natalie Kleinfelter

Natalie Kleinfelter	1993-94
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Christine Kotarba

Christine Kotarba	2004, 2007
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Jeanne Kruckeberg

Jeanne Kruckeberg	1987-89
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Kimberly Kruk

Kimberly Kruk	1994
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Michelle Lahann

Michelle Lahann	2000-02
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Jennifer Lisy

Jennifer Lisy	1992
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Amy McRell

Amy McRell	1991-92
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Georgia Millward

Georgia Millward	2001-03
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Jennifer Moore

Jennifer Moore	1987-89
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Amy Murphy

Amy Murphy	1999
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Sarah Murray

Sarah Murray	1993
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Haley Newbrough

Haley Newbrough	1997
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Val Oltman

Val Oltman	1999
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Kiersten Pauling

Kiersten Pauling	1994-96
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Ericka Roberts

Ericka Roberts	2000-02
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Janeth Salazar

Janeth Salazar	1987
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Christine Salsberry

Christine Salsberry	1990-93
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Jill Scheibel

Jill Scheibel	1996
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Jessica Schmidt

Jessica Schmidt	2007
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Kristi Schmidt

Kristi Schmidt	1999
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Kim Schneckloth

Kim Schneckloth	1986-89
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Academic All-Big Ten (Continued)

Jennifer Schoonover	1994
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Anna Shearer	1999-2000
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Michelle Sokol	2002, 2004
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Jenny Spangler	1985
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Laura Spencer	2004
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Shannon Stanley	2004
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Tina Stec	1991-93
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Sherri Suppelsa	1986
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Jamie Voss	1992
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Meghan Armstrong (2004-07) was a two-time all-Big Ten, three-time all-region and three-time academic all-Big Ten honoree in cross country. The all-American and two-time academic all-American holds Iowa's second-fastest times in the 3,000, 4,000, 5,000, and 6,000 meters.

Names in bold are current team members.



IOWA WOMEN'S CROSS COUNTRY

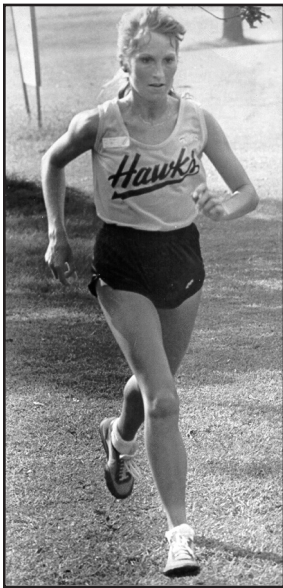
All-Time Letterwinners

Anderson, Krista.....2006-07
 Andrews, Karen 1978-80
 Arens, Sarah...1999-2000, 2002-03
 Armstrong, Meghan.....2004-07
 Ballweg, Rachel..... 1997
 Barber, Atalie2000-03
 Benning, Briana 1993-96
 Billhart, Allison2005
 Blossfeld, Suzanne..... 1978-79
 Boddicker, Bev..... 1977
 Boland, Erin 1991-94
 Brower, Jennifer..... 1988-91
 Brown, Nicole 1994-96
Burke, Jolly2006-07
 Butler, Katie 1999-00
 Capista, Jenni.....2001, 2003-04
 Chapple, Nikki2003-05
 Chow, Sophia2000
 Coleman, Becky 1993-96
 Connelly, Michelle..... 1977
 Dahl, Tracy 1989-92
 Daniel, Megan 1993
 Davis, Eileen..... 1978-79
 Deluca, Sarah C. Abel 1979-81

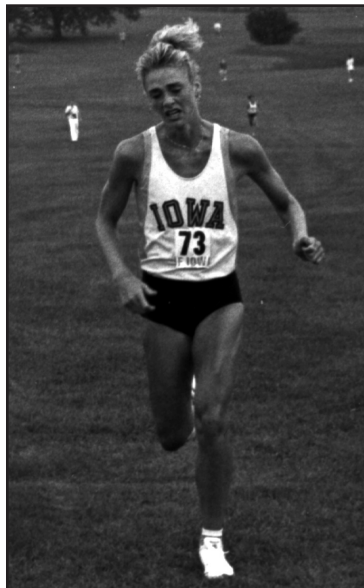
Dixon, Pamela 1978
 Doak (Davis), Nan 1980-84
 Dobrowolski, Anne..... 1981-85
 Docherty, Beverly 1977-80
Docherty, Jennie.....2006
 Donlon, Katie2001-03
 Doyle, Renee..... 1985-88
 Drapcho, Rosemary..... 1978-81
 Dresselhaus, Ann 1978-80
 Drulis, Julie 1997-98
 Dunlop, Amy 1977-79
Ellis, Katie2006-07
 Esche, Molly2004-07
 Feltes, Teresa 1977-78
 Fleck, Shawn 1993-95
 Flynn, Erin 1978-82
 Freund, Kay 1978-81
 Gilchrist, Alienor..... 1996-97
 Griffin, Maggie 1996-99
 Gripp, Sue 1977
 Haefke, Kristen 1997-98
 Hamilton, Jana..... 1979-80
Hardesty, Amanda2007
Hardesty, Lauren2007

Hawks, Rachel2006
 Hedlund, Laurie 1977-78
 Hentges, Leah 1999
 Hoehle, Zanetta 1978-81
 Hoeman, Carissa..... 1998
 Hoskins, Tami 1987-91
 Johnson, Jennifer 1990-93
 Kiciak, Jennifer 1995-96
 Kintzel, Denise..... 1977-78
 Kleinfelter, Natalie..... 1993-95
 Kotarba, Christine..... 2004, 2007
 Krekeler, Rebecca Ann..... 1978-79
 Kruckeberg, Jeanne 1987-89
 Kruck, Kim 1994
 Kubitz, Christine 1995-96, 1998
 Lahann, Michelle 1999-2002
 Lambrecht, Carol 1977-78
 Lund, Yvonne Irene 1979-80
 Lynberg, Michele M. Dr..... 1977-78
Marchand, Racheal.....2004-06
 Marshall, Sue..... 1977
 McDowell, Tina 1991-94
 Millward, Georgia..... 2000-03
 Mims, Susan 1977-80

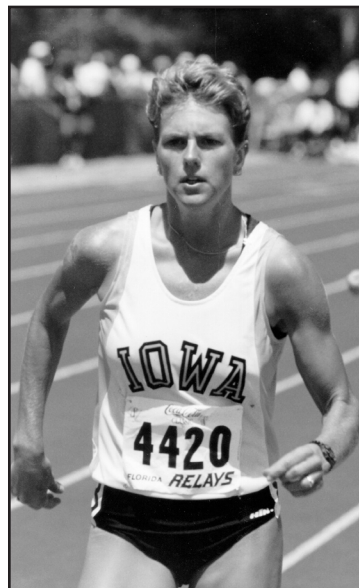
Mitchell, Elizabeth..... 1978-79
 Murphy, Amy 1998-99
 Murray, Megan..... 1998
 Nelson, Major Sue 1977-78
 Newbrough, Haley 1996-97
 Nukuri, Diane2006-07
 Oltman, Valerie 1998
 Pare, Anne..... 1996
 Pauling, Kiersten 1993-96
 Pearson, Laura2004
 Quigley, Kristina..... 1999
 Roberts, Ericka 1999-2002
 Roehl, Becky 1994-97
 Ruffcorn, Ann 1999
 Salazar, Nina 1998
 Salsberry, Christine 1991-93
 Schaefer, Chrissy2006
 Scheibel, Jill..... 1995-98
 Schmidt, Jessica..... 2004-07
 Schmidt, Kristi..... 1998-99
 Schoonover, Jennifer..... 1993
 Shearer, Anna..... 1998
 Sims, Sharon 1977-78
 Sokol, Michelle2001-02, 2004
 Spangler, Jenny 1981-83
 Sparks, Staci 1993
 Spencer, Laura2004
 Stanley, Shannon2003-06
 Stec, Tina 1990-93
 Swartzrock, Diane 1978-80
 Thompson, Becca.... 1999-00, 2002
 Todd, Stephanie..... 1977-80
 Vandervoort, Martha 1991-94
 Vitense, Mandi..... 1996-98
 Von Muenster, Shannon2001
 Williams, Julie..... 1979-81



Nan Doak was Iowa's first cross country all-American, earning a total of three honors (1980, 1982-82).



Jennifer Brower was an all-American for the Hawkeyes in 1991. She also ran on the 1991 Iowa squad that posted a second-place finish at the NCAA district meet - its highest finish there in school history.



Tracy Dahl was Iowa's first Big Ten Cross Country Champion. The two-time all-American (1991-92) won the title and was named Big Ten Female Cross Country Athlete of the Year in 1992.

Names in bold are current team members.