



IOWA SWIMMING & DIVING

Women's All-Time Top Performers



50 FREESTYLE

1. Hannah Burvill, 2019	22.54
2. Emma Sougstad, 2015	22.63
3. Olivia Kabacinski, 2014	22.70
4. Mekenna Scheitlin, 2018.....	22.77
5. Elise Borja, 2014.....	22.96
6. Sarah Schemmel, 2018/2020 ...	23.06
7. Stacey Wertz, 2000.....	23.08
8. Meghan Lavelle, 2018.....	23.10
9. Kennedy Gilbertson, 2020	23.16
9. Danielle Carty, 2011	23.17

100 FREESTYLE

1. Hannah Burvill, 2019	48.65
2. Olivia Kabacinski, 2014	49.61
3. Allyssa Fluit, 2019	49.86
4. Sarah Schemmel, 2018	50.15
5. Christine Kuczek, 2008	50.21
6. Danielle Carty, 2012	50.26
7. Macy Rink, 2020	50.33
8. Elise Borja, 2014.....	50.45
9. Emma Sougstad, 2016	50.47
10. Carly O'Brien, 2018.....	50.48

200 FREESTYLE

1. Hannah Burvill, 2018	1:44.42
2. Becky Stoughton, 2015	1:45.47
3. Allyssa Fluit, 2020	1:45.82
4. Olivia Kabacinski, 2014	1:46.68
5. Macy Rink, 2020	1:47.89
6. Lauren McDougall, 2020	1:48.21
7. Carly O'Brien, 2018.....	1:48.89
8. Verity Hicks, 2010.....	1:48.93
9. Emily Hovren, 2014.....	1:48.93
10. Jennifer Skolaski, 2004.....	1:49.07

500 FREESTYLE

1. Becky Stoughton, 2015	4:39.76
2. Allyssa Fluit, 2020	4:43.52
3. Hannah Burvill, 2018	4:44.24
4. Lindsay Seemann, 2013	4:45.86
5. Melissa Loehndorf, 2000	4:47.21
6. Jennifer Skolaski, 2003.....	4:48.20
7. Millie Sansome, 2019	4:49.40
8. Jane Keating, 1987	4:50.45
9. Macy Rink, 2020	4:50.74
10. Ileana Buciu, 1998	4:51.78

1,000 FREESTYLE

1. Becky Stoughton, 2011	9:39.44
2. Melissa Loehndorf, 2001	9:55.59
3. Abbey Schneider, 2018.....	9:58.39
4. Jennifer Skolaski, 2002.....	9:58.53
5. Jane Keating, 1984.....	9:58.63
6. Millie Sansome, 2019	10:03.34
7. Angie Todt, 1990	10:04.30
8. Ileana Buciu, 1998	10:06.38
9. Lauren Eytalis, 2010	10:08.54
10. Christie Hooper, 2002	10:09.39

1,650 FREESTYLE

1. Becky Stoughton, 2015	15:57.43
2. Melissa Loehndorf, 2001	16:27.91
3. Jennifer Skolaski, 2002.....	16:32.30
4. Jane Keating, 1986.....	16:35.02
5. Angie Todt, 1991	16:37.96
6. Millie Sansome, 2019	16:41.89
7. Ashley Dell, 2008	16:45.29
8. Ileana Buciu, 1997	16:46.25
9. Abbey Schneider, 2015.....	16:48.14
10. Hillary Weigand, 2015.....	16:49.18

100 BACKSTROKE

1. Millie Sansome, 2020	53.21
2. Hannah Burvill, 2019	53.27
3. Meghan Lavelle, 2018.....	53.36
4. Daniela Cubelic, 2012	53.63
5. Lindsay Seemann, 2014	54.05
6. Danielle Carty, 2012	54.25
7. Jennifer Skolaski, 2003.....	54.34
8. Jo Jekel, 2017	54.41
9. Allie Orvis, 2015	54.43
10. Heather Arseth, 2013	54.55

200 BACKSTROKE

1. Millie Sansome, 2020	1:54.86
2. Lindsay Seemann, 2013	1:56.49
3. Hannah Burvill, 2018	1:56.56
4. Meghan Lavelle, 2018.....	1:57.22
5. Julia Koluch, 2020	1:57.46
6. Jennifer Skolaski, 2004.....	1:57.51
7. Kennedy Gilbertson, 2020	1:57.58
8. Becky Stoughton, 2012	1:58.38
9. Allie Orvis, 2015	1:58.50
10. Daniela Cubelic, 2010.....	1:58.87

100 BREASTSTROKE

1. Emma Sougstad, 2017	58.76
2. Olivia Kabacinski, 2014	1:01.36
3. Shea Hoyt, 2018	1:01.37
4. Katarina Tour, 2009	1:01.45
5. Karolina Wartalowicz, 2014	1:02.06
6. Aleksandra Olesiak, 2019	1:02.39
7. Allison Lyle, 2002	1:02.43
8. Colleen Champa, 2014	1:02.48
9. Andrea Pennington, 2000	1:03.46
10. Lexi Horner, 2019	1:03.56

200 BREASTSTROKE

1. Emma Sougstad, 2017	2:10.47
2. Allison Lyle, 2002	2:11.92
3. Colleen Champa, 2014	2:12.71
4. Karolina Wartalowicz, 2014	2:13.33
5. Shea Hoyt, 2017	2:13.55
6. Aleksandra Olesiak, 2020	2:13.92
7. Devin Jacobs, 2019	2:17.80
8. Alisha Stitts, 1999	2:18.19
9. Lexi Horner, 2017	2:18.23
10. Hannah Maher, 2015	2:18.32

100 BUTTERFLY

1. Kelsey Drake, 2018	53.12
2. Emma Sougstad, 2016	53.30
3. Kelly McNamara, 2019	53.62
4. Mekenna Scheitlin, 2016.....	53.95
5. Tereysa Lehnertz, 2016	54.13
6. Sarah Schemmel, 2018	54.27
7. Carly O'Brien, 2015.....	54.54
8. Haley Gordon, 2014	54.58
9. Katarina Tour, 2009	54.61
10. Abbey Tuchscherer, 2012.....	54.67

200 BUTTERFLY

1. Kelsey Drake, 2020	1:55.89
2. Becky Stoughton, 2015	1:58.28
3. Tereysa Lehnertz, 2016	1:59.04
4. Melissa Loehndorf, 2001	2:00.14
5. Kelly McNamara, 2018	2:00.45
6. Abbey Tuchscherer, 2011	2:01.17
7. Loredana Zisu, 1998	2:01.71
8. Margie Chamberlin, 2007.....	2:02.24
9. Amy Lenderink, 2017	2:02.51
10. Haley Gordon, 2012	2:02.67

200 INDIVIDUAL MEDLEY

1. Emma Sougstad, 2016	1:57.55
2. Kelsey Drake, 2020	1:59.41
3. Emily Hovren, 2013	2:00.42
4. Katarina Tour, 2009	2:01.33
5. Allie Orvis, 2014	2:01.76
6. Colleen Champa, 2014	2:02.19
7. Jennifer Skolaski, 2005.....	2:02.93
8. Haley Gordon, 2010	2:03.05
9. Karolina Wartalowicz, 2014	2:03.19
10. Allison Lyle, 2002	2:03.48

400 INDIVIDUAL MEDLEY

1. Becky Stoughton, 2012	4:12.34
2. Lindsay Seemann, 2013	4:15.00
3. Millie Sansome, 2019	4:17.68
4. Devin Jacobs, 2019.....	4:20.09
5. Jennifer Skolaski, 2003.....	4:20.14
6. Grace Reeder, 2020	4:20.35
7. Melissa Loehndorf, 1999.....	4:20.65
8. Colleen Champa, 2014	4:21.20
9. Pamela Breitrack, 2014	4:21.51
10. Haley Gordon, 2010	4:22.04

1-METER DIVING (6)

1. Deidre Freeman, 2011.....	338.55
2. Jayah Mathews, 2019	330.05
3. Lisette Planken, 2005.....	326.55
4. Veronica Rydze, 2012	325.28
5. Nancilea Underwood, 2006.....	322.75
6. Joelle Christy, 2013	319.45
7. Terri Millmier, 1988	315.60
8. Jacintha Thomas, 2017	307.60
9. Abby Grilli, 2014	306.70
10. Lauren Kelba, 2013	299.85

1-METER DIVING (10)

1. Katy Ketoff, 1992.....	407.20
2. Kim Yager, 1991	433.55

1-METER DIVING (11)

1. Lisette Planken, 2003.....	583.55
2. Nancilea Underwood, 2003.....	541.55
3. Teresa Millmier, 1989	476.90
4. Kelly Johnson, 1986	466.62
5. Diane Goldsworthy, 1984.....	439.55
6. Kelly Johnson, 1983	431.10
7. Kelly McCready, 1996	413.75
8. Jessica Riccobono, 1994	413.45
9. Anne Bowers, 1982	399.10
10. Kelly McCready, 1994	394.70

1-METER DIVING (12)

1. Nancilea Underwood, 2006.....	626.95
2. Kim Yager, 1991	433.55

3-METER DIVING (6)

1. Deidre Freeman, 2011	407.40
2. Nancilea Underwood, 2006	400.05
3. Jayah Mathews, 2019	380.20
4. Veronica Rydze, 2011	358.45
5. Sam Tamborski, 2019	355.05
6. Abby Grilli, 2013	354.10
7. Lauren Kelba, 2015	332.17
8. Lisette Planken, 2005	332.03
9. Joelle Christy, 2013	327.08
10. Morgan Rafferty, 2017	322.50

3-METER DIVING (11)

1. Nancilea Underwood, 2003.....	564.60
2. Lisette Planken, 2003.....	561.25
3. Kelly Johnson, 1986	494.65
4. Katy Ketoff, 1992.....	489.90
5. Sara Wolchko, 2001	480.50
6. Diane Goldworthy, 1985	478.44
7. Kelly McCready, 1994	477.35
8. Terri Millmier, 1988	476.90
9. Jessica Riccobono, 1995	472.69
10. Ann Bowers, 1982	463.80

3-METER DIVING (12)

1. Nancilea Underwood, 2006.....	658.30
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PLATFORM DIVING (5)

1. Lydia Lehnert, 2015	312.20
Calli Head, 2016	312.20
3. Thelma Strandberg, 2018	254.70
4. Joelle Christy, 2013	234.75
5. Lauren Kelba, 2015	230.20
6. Sam Tamborski, 2019	215.80
7. Claire Park, 2020	98.05

PLATFORM DIVING (11)

1. Laura Maldonado, 1999	497.89
2. Katy Ketoff, 1991.....	445.67
3. Kelly McCready, 1996	437.95



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200 FREESTYLE RELAY

1. Kabacinski, Sougstad, Lavelle, Scheitlin, 2015..... 1:30.96
2. **Burvill, Gilbertson, Schemmel, Fluit, 2020** **1:31.09**
3. **Burvill, Scheitlin, Lavelle, Schemmel, 2018** **1:31.18**
4. **Burvill, Schemmel, Sauer, McNamara, 2018** **1:31.36**
5. Sougstad, Kabacinski, Scheitlin, McNamara, 2015..... 1:31.52
6. Carty, Arseth, Cubelic, Hovren, 2012 1:31.68
7. Sougstad, **Burvill, Scheitlin, Fluit, 2016** **1:31.73**
Kabacinski, Arseth, Tuchscherer, Orvis, 2013 1:31.73
8. Sougstad, Scheitlin, Lavelle, O'Brien, 2017 1:31.79
9. Sougstad, Kabacinski, Scheitlin, O'Brien, 2016 1:31.84
10. Kabacinski, Borja, Sougstad, Orvis, 2014 1:31.93

400 FREESTYLE RELAY

1. **Burvill, Sougstad, Fluit, Wanasek, 2017** **3:18.83**
2. **Fluit, Burvill, Schemmel, Rink, 2019** **3:19.41**
3. **Fluit, Burvill, Gilbertson, Rink, 2020** **3:19.42**
4. **Burvill, Fluit, McNamara, McDougall, 2019** **3:19.72**
5. **Burvill, Fluit, McNamara, Schemmel, 2018** **3:20.16**
6. **Rink, Burvill, Fluit, Gilbertson, 2020** **3:20.35**
7. Kabacinski, Sougstad, Lagodzinska, O'Brien, 2015 3:20.58
8. **Fluit, O'Brien, Burvill, Scheitlin, 2017** **3:20.31**
9. **Schemmel, Burvill, Fluit, O'Brien, 2018** **3:20.77**
10. Kabacinski, Borja, Hovren, Seemann, 2014 3:21.07

800 FREESTYLE RELAY

1. **Burvill, Fluit, Sansome, Rink, 2020** **7:04.70**
2. **Burvill, Fluit, Lavelle, O'Brien, 2018** **7:08.06**
3. **Burvill, Fluit, McDougall, Drake, 2019** **7:10.10**
4. **Burvill, Sansome, Fluit, McDougall, 2019** **7:11.57**
Kabacinski, Hovren, Stoughton, Seemann, 2014..... 7:12.49
6. Stoughton, Kabacinski, Wanasek, Lagodzinska, 2015..... 7:12.86
7. **Burvill, Fluit, Wanasek, O'Brien, 2017** **7:14.79**
8. Hovren, Stoughton, Seemann, Kabacinski, 2013 7:14.99
9. **McDougall, Burvill, Fluit, Drake, 2019** **7:18.54**
10. **Fluit, Burvill, Drake, Schneider, 2018** **7:18.87**

200 MEDLEY RELAY

1. Lavelle, Sougstad, Scheitlin, **Burvill, 2017** **1:38.99**
2. Orvis, Sougstad, O'Brien, Kabacinski, 2015 1:39.18
3. Jekel, Hoyt, **Hackett, Scheitlin, 2018** **1:39.26**
4. Orvis, Sougstad, McNamara, Kabacinski, 2016..... 1:39.27
5. **Sansome, Ohlensehlen, Drake, Gilbertson, 2020** **1:39.94**
5. Seemann, Sougstad, Tuchscherer, Borja, 2014 1:40.12
6. Hauber, Sougstad, O'Brien, Kabacinski, 2015 1:40.60
7. **Burvill, Ohlensehlen, Drake, Schemmel, 2018** **1:40.63**
8. **Sansome, Ohlensehlen, Drake, Burvill, 2019** **1:40.81**
9. Arseth, Wartalowicz, Tuchscherer, Kabacinski, 2013..... 1:40.97
10. Lavelle, Sougstad, Campbell, Kabacinski, 2014 1:40.99

400 MEDLEY RELAY

1. **Sansome, Olesiak, Drake, Burvill, 2020** **3:36.18**
2. Lavelle, Sougstad, Scheitlin, **Burvill, 2017** **3:36.71**
3. Lavelle, Sougstad, McNamara, Kabacinski, 2016..... 3:36.72
4. Lavelle, Hoyt, McNamara, **Burvill, 2018** **3:37.71**
5. Lavelle, Sougstad, Lehnertz, **Burvill, 2016** **3:37.91**
6. Lavelle, Sougstad, Lehnertz, Stoughton, 2015..... 3:38.68
7. **Sansome, Olesiak, Drake, Burvill, 2019** **3:38.92**
8. **Burvill, Ohlensehlen, Drake, Schemmel, 2019** **3:39.21**
9. Seemann, Sougstad, Gordon, Kabacinski, 2014 3:39.54
10. Cubelic, Wartalowicz, Tushcherer, Carty, 2012 3:40.33