

# IOWA TRACK & FIELD 2018

**25 Olympians**  
**13 NCAA Champions**  
**286 All-America Honors**  
**287 Big Ten Champions**  
**480 Academic All-Big Ten Honors**



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## 2018 IOWA TRACK & FIELD INDOOR SCHEDULE

Date	Meet
Jan. 13	Hawkeye Invitational (Iowa City, Iowa)
Jan. 19-20	Larry Wieczorek Invitational (Iowa City, Iowa)
Jan. 27	Black & Gold Premier (Iowa City, Iowa)
Feb. 2-3	Meyo Invitational (South Bend, Ind.)
Feb. 2-3	Frank Sevigne Husker Invite (Lincoln, Nebraska)
Feb. 9-10	Iowa State Classic (Ames, Iowa)
Feb. 9-10	Tyson Invitational (Fayetteville, Ark.)
Feb. 17	Alex Wilson Invitational (South Bend, Ind.)
Feb. 23-24	Big Ten Championships (Geneva, Ohio)
Mar. 9-10	NCAA Championships (College Station, Texas)

## IOWA COACHING STAFF

Joey Woody	Director of Track & Field
Randy Hasenbank	Associate Head Cross Country Assistant Track & Field Coach
Clive Roberts	Associate Head Coach
Jason Wakenight	Assistant Coach Director of Recruiting
Eric Werskey	Assistant Coach (Throws)
Paige Knodle	Assistant Coach
Kate See	Director of Operations

## THIS WEEK

The University of Iowa track and field team hits the road for the first time in 2018. The team travels to South Bend, Indiana, for the Meyo Invitational Feb. 2-3 inside the Loftus Sports Center, while another group will head to Nebraska for the Frank Sevigne Husker Invitational. The full schedule of events are located on the team's schedule page.

## FOLLOW ALONG

Fans can follow the meet on the live results page at [hawkeyesports.com/tracklive](http://hawkeyesports.com/tracklive). Results will also be posted on the team's official twitter account @iowaxc\_tf. A portion of the Meyo Invitational on Saturday will be aired on the ACC Network Extra via [watchespn.com](http://watchespn.com) from 1-3 p.m. (CT).

## HAWKEYES ARE NATIONALLY RANKED

The University of Iowa men's and women's track and field teams are ranked in the latest United States Track and Field and Cross Country Coaches Association (USTFCCCA) National Rankings, released Jan. 29. The men are ranked 27th in the nation, while the women are ranked 31st.

Regionally, men are ranked fourth in the midwest region while the women are seventh.

## HAWKEYES SPLIT SQUADS

The Hawkeyes will split up the team this weekend for the first time this season. A portion of the team will go to Nebraska for the Frank Sevigne Husker Invitational, while another group will head to Notre Dame for the Meyo Invitational. The team will split up in order to cater to specific event groups. The Husker Invitational benefits sprinters due to its 200 meter banked track, while the Meyo Invitational will aid middle to long distance runners because of its oversized 320 meter track.

## BIG TEN LEADERS

The Hawkeyes lead the Big Ten in five events in 2018.

- Senior Brittany Brown: 200 Meters (23.54)
- Junior Briana Guillory: 400 Meters (52.95)
- Junior Chris Douglas: 60 Meter Hurdles (7.76)
- Men's 4x400 meter relay: 3:07.54
- Senior Jahisha Thomas: Triple Jump (13.11m; 43 feet, 1/4 inches)

## NCAA LEADERS

Iowa has seven athletes represented in four events in the NCAA top 10, according to TFRS.com.

- Junior Briana Guillory: 400 meters (5th)
- Men's 4x400 meter Relay (8th)
- Junior Chris Douglas: 60 meter hurdles (9th)
- Senior Will Dougherty: Heptathlon (5,572 points)



### THOMAS OPENS SEASON WITH SCHOOL RECORD

Senior Jahisha Thomas competed in her first meet of 2018 and opened with an all-time mark. Thomas participated in the triple jump at the Black & Gold Premier where she set a personal best and reset her own school record, jumping 13.11 meters (43 feet 1/4 inches) for a runner-up finish.

Thomas now ranks 11th in the country and first in the Big Ten after her performance.

### LILLY'S RETURN TO NOTRE DAME

During the 2017 Meyo Invitational, senior Carter Lilly set the school record in the 800 meters. Lilly ran 1:47.33 to break the record previously held by former Hawkeye and Nike runner Erik Sowinski since 2012. Lilly's time qualified him for the NCAA Championships in the event.

### TAUSAGA TAKES ANOTHER SCHOOL RECORD

Sophomore Laulauga Tausaga broke the women's shot put record for the second straight weekend at the Black & Gold Premier. Tausaga bested her previous mark with a throw of 16.01 meters (52 feet, 6.5 inches). Tausaga has now recorded a personal best in three straight meets and owns two throwing records.

Tausaga now ranks 27th in the nation in the shot put and seventh in the Big Ten. Tausaga is also 10th in the conference in the weight throw, an event she holds the second best mark in school history (19.15 meters; 62-feet 10-inches).

### MAKE ROOM FOR THE MULTI EVENTS

The Hawkeyes had three athletes set personal bests in the heptathlon and pentathlon at the Larry Wiececorek Invitational, including a school record by senior Will Dougherty in the heptathlon.

Dougherty reset his own school record in the event by 70 points, scoring 5,572 points. He ranks ninth in the NCAA in the heptathlon and second in the Big Ten. In addition, Dougherty finished first, defeating 2016 Olympian Zach Ziemek.

Sophomore Jenny Kimbro and junior Tria Simmons both moved up in the all-time Iowa pentathlon rankings. Kimbro won the pentathlon with a personal best 3,900 points, second in school history, while Simmons finished second with 3,859 points, third in school history. The duo also ranks second and third in the Big Ten and 13th and 17th in the country.

### POLE VAULT POWER

Junior Andy Jatis continues to push his limits in the pole vault. Jatis cleared 5.05 meters (16 feet, 6.75 inches) at the Larry Wiececorek Invitational on Jan. 20 to finish second overall. It is only the third time Jatis has cleared over 5 meters. He is nearing his personal best of 5.07 meters (16 feet, 7.5 inches) set at last years Big Ten Outdoor Championships. Jatis ranks seventh in the conference in the event.

## 2018 INDOOR SEASON LEADERS

### MEN

60 Meters .....	Christian Brissett.....	6.79
60-Meter Hurdles ....	Chris Douglas .....	7.76
200 Meters .....	Antonio Woodard .....	21.20
400 Meters .....	Mar'yea Harris .....	46.50
600 Meters .....	Carter Lilly.....	1:17.79
800 Meters .....	Tysen VanDraska .....	1:52.40
1,000 Meters .....	Kevin Docherty .....	2:27.90
Mile .....	Nathan Mylenek .....	4:09.73
3,000 Meters .....	Michael Melchert .....	8:22.62
1,600-Meter Relay...	Hofacker, Frye, Garron, Harris ...	3:07.54
High Jump.....	Jay Hunt .....	6-8 3/4 (2.05m)
Pole Vault .....	Andy Jatis.....	16-6 3/4 (5.05m)
Long Jump .....	O'Shea Wilson .....	23-11 3/4 (7.31m)
Triple Jump .....	Akinshe Hill .....	48-4 1/4 (14.74m)
Shot Put.....	Reno Tuufuli.....	60-10 3/4 (18.56m)
Heptathlon .....	Will Dougherty.....	5,572 points *

### WOMEN

60 Meters .....	Kyara Avant .....	7.51
60-Meter Hurdles ....	Jenny Kimbro .....	8.42
200 Meters .....	Brittany Brown .....	23.54
400 Meters .....	Briana Guillory .....	52.95
600 Meters .....	Mallory King.....	1:33.11
800 Meters .....	Tia Saunders .....	2:15.25
1,000 Meters .....	Julie Hollensbe.....	3:00.98
Mile .....	Andrea Shine .....	4:55.55
3,000 Meters .....	Andrea Shine .....	9:39.02
1,600-Meter Relay...	Champe, Brown, Guillory, Weum.....	3:37.37
High Jump.....	Aubrianna Lantrip .....	5-7 (1.70m)
Pole Vault .....	Amy Smith .....	11-9 3/4 (3.60m)
Long Jump .....	Tria Simmons .....	19-2 (5.84m)
Triple Jump .....	Jahisha Thomas.....	43-0 1/4(13.11m) *
Shot Put.....	Laulauga Tausaga ...	52-6 1/2 (16.01m) *
Weight Throw.....	Laulauga Tausaga .....	62-10 (19.15m)
Pentathlon.....	Jenny Kimbro .....	3,900 points

\* -- school record



## ROSTER BREAKDOWN

Iowa has 110 athletes on its roster in 2018. There are 40 freshmen, 32 sophomores, 21 juniors, and 17 seniors. Of the 110 student-athletes, 42 are from Iowa followed by 20 from Illinois. The team also has seven international athletes.

## COUNTING CURRENT ALL-TIME HAWKEYES

The men have 38 current athletes in Iowa's indoor all-time top 10, led by school-record holders Mar'yea Harris, (400-meters, 1,600-meter relay), Carter Lilly (800-meters, Distance medley relay), Will Dougherty (heptathlon), DeJuan Frye (1,600-meter relay, Distance medley relay), Collin Hofacker (1,600-meter relay) and Matt Manternach (Distance medley relay).

The women have 34 athletes in the top-10 and five school record holders on the roster including Brittany Brown (200 meters), Jahisha Thomas (long jump, triple jump), Briana Guillory (1,600-meter relay), and Lauluga Tausaga (shot put).

## BROWN, HARRIS NAMED PRESEASON ALL-AMERICANS

Senior Brittany Brown (200 meters) and junior Mar'yea Harris (400 meters) were named 2018 Preseason All-Americans by FloTrack.

Brown, a native of Upland, California, owns the 200-meter school record indoor and outdoor and is tied for the 100-meter record. Brown won Big Ten titles in the 200 meters during the indoor and outdoor seasons and went on to finish fifth at the NCAA Indoor championships with a time of 22.92.

Harris, a native of Auburn, Washington, holds the indoor 400-meter school record and placed runner-up in the 400-meters at the Big Ten Indoor Championships. Harris was part of the 1,600-meter relay that broke the indoor and outdoor school records and placed fifth and third at the NCAA Indoor and Outdoor Championships, respectively.

Brown and Harris join Ohio State's Nick Gray as the only male or female representatives of the Big Ten in the 200 or 400 meters.

## NEXT ON THE BLOCK

The Hawkeyes split up again next week for the Iowa State Classic in Ames, Iowa, and Tyson Invitational in Fayetteville, Arkansas, Feb 9-10.

## Pronunciation Guide

Alex Balke .....	ball-KEY
Marta Bote Gonzalez .....	BOAT
Sheridan Champe .....	CHAMP-ee
Kevin Docherty .....	DOC-er-tee
Tashee Hargrave.....	Ta-Shay
Mar'yea Harris.....	Mar-ee-ay
Matt Manternach.....	MON-ter-knock
Nathan Mylenek .....	MY-len-ek
Kara Neustrom .....	NEW-strum
Elizabeth Niedert .....	KNEE-dirt
Laluga Tausaga.....	La-Long-a Ta-(short a)-saga
Nolan Teubel .....	TOO-bull
Reno Tuufuli .....	TOO-foo-lee

## Loftus Sports Center

The Loftus Sports Center opened in 1988 and is entering its 28th season of service at the University of Notre Dame.

The Loftus Sports Center is an indoor practice facility for football, track and field, rowing, women's soccer, men's soccer, women's lacrosse, men's lacross, baseball, and softball.



## Bob Devaney Sports Center

Nebraska's Bob Devaney Sports Center holds a 200-meter hydraulic-banked track-- one of nine in the nation.

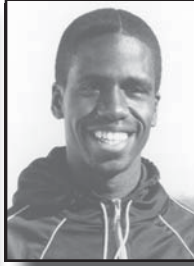
The track hosted the Big 12 Championships nine times and the Big Ten Indoor Championships in 2012.



# INDOOR ALL-TIME TOP TEN PERFORMERS



**Justin Austin**



**Rodney Chambers**



**Jim Costello**



**Troy Doris**



**William Dougherty**



**Bill Hansen**



**John Hickey**

## 60 Meters

- Justin Austin, 2011 ..... 6.69
- Vinnie Saucer, Jr., 2016..... 6.70
- Kurt Felix, 1999..... 6.73  
Tevin-Cee Mincy, 2014 ..... 6.73
- Josh Larney, 2013 ..... 6.74  
**Christian Brissett, 2017 .....6.74**
- Troy Doris, 2012 ..... 6.75
- O'Shea Wilson, 2017.....6.75**
- Jacob Gourley, 2017 ..... 6.77
- Tony Branch, 1999 ..... 6.78

## 60-Meter Hurdles

- Aaron Mallett, 2017 ..... 7.64
- Jordan Mullen, 2013..... 7.70
- Chris Douglas, 2018 .....7.76**
- Ethan Holmes, 2013 ..... 7.82
- Dion Trowers, 1997 ..... 7.87
- Russell Peterson, 2004 ..... 7.97
- Dan Davis, 2012..... 8.02
- DeRocco Reed, 2000..... 8.03  
Keith Brown, 2015 ..... 8.03
- Torrey Campbell, 2012 ..... 8.09

## 200 Meters

- Justin Austin, 2011 ..... 20.80
- Anthuan Maybank, 1993 ..... 21.11
- Bashir Yamini, 1999 ..... 21.19
- Antonio Woodard, 2018.....21.20**
- James Harrington, 2014 ..... 21.21
- Ethan Holmes, 2013 ..... 21.23
- Tim Dodge, 2000 ..... 21.26
- Christian Brissett, 2017 .....21.27**
- Emmanuel Ogwo, 2017 ..... 21.32
- Paul Chaney, Jr., 2009 ..... 21.34

## 400 Meters

- Mar'yea Harris, 2017 .....45.75**
- Emmanuel Ogwo, 2017 ..... 46.45
- Steven Willey, 2010 ..... 46.75
- Terrence Duckett, 1984 ..... 46.81
- Collin Hofacker, 2017 .....46.82**
- Andre Morris, 1995 ..... 47.15
- Monte Raymond, 1998..... 47.18
- Anthuan Maybank, 1990 ..... 47.25
- Patrick Richards, 2011 ..... 47.35
- DeJuan Frye, 2017 .....47.39**

## 600 Meters

- Erik Sowinski, 2012..... 1:16.91
- Carter Lilly, 2017 ..... 1:17.20**
- Austin Lietz, 2017 ..... 1:17.40**
- Will Teubel, 2016..... 1:17.55
- Steven Willey, 2011 ..... 1:17.94
- Keaton Rickels, 2012 ..... 1:18.19
- Pat McGhee, 1988..... 1:18.30
- Noah Larrison, 2017..... 1:18.41**
- Ryan Dorman, 2017 ..... 1:18.44**
- Ryan Weir, 2013 ..... 1:18.62

## 800 Meters

- Carter Lilly, 2017 ..... 1:47.33**
- Erik Sowinski, 2012..... 1:47.62
- Will Teubel, 2016..... 1:47.74
- Pavlo Hutsalyuk, 2016 ..... 1:48.97
- Ryan Weir, 2013 ..... 1:49.11
- Adam Hairston, 2010..... 1:49.26
- Nathan Prom, 2013 ..... 1:49.29
- Nick Kuczvara, 2010 ..... 1:49.59
- Anthony Chaidez, 2017 ..... 1:50.75**
- Nolan Teubel, 2017 ..... 1:51.23**

## Mile

- Jeff Thode, 2011 ..... 3:58.72
- Ed DeLashmutt, 1981 ..... 4:04.01
- Adam Jones, 2017 ..... 4:04.28
- Larry Wieczorek, 1968..... 4:04.40
- Michael Melchert, 2016.....4:05.37**
- John Clark, 1972 ..... 4:05.94
- Ben Witt, 2014 ..... 4:07.08
- Adam Thomas, 2002 ..... 4:07.13
- Kevin Herd, 1992 ..... 4:07.26
- Jesse Luciano, 2009 ..... 4:07.29

## 3,000 Meters

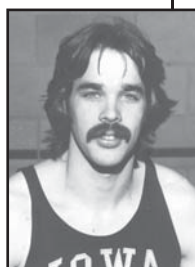
- Kevin Lewis, 2015 ..... 7:57.06
- Jeff Thode, 2011 ..... 8:00.38
- Micah VanDenend, 2006 ..... 8:00.81
- Michael Melchert, 2016 ..... 8:08.57**
- Eric MacTaggart, 2006 ..... 8:08.79
- Stetson Steele, 2000..... 8:09.54
- Ben Witt, 2015 ..... 8:10.97
- Dan Haut, 2005 ..... 8:11.36
- Kevin Herd, 1994 ..... 8:11.51
- Nick Holmes, 2010 ..... 8:15.48

## 5,000 Meters

- Kevin Lewis, 2015 ..... 13:43.70
- Micah VanDenend, 2007 ..... 13:56.46
- Stetson Steele, 2000..... 14:00.52
- Dan Haut, 2006 ..... 14:06.16
- Eric MacTaggart, 2006 ..... 14:13.41
- Jeff Thode, 2011 ..... 14:16.00
- Matt Esche, 2004..... 14:18.43
- Jeff Kent, 2007 ..... 14:18.86
- Jesse Luciano, 2009 ..... 14:20.99
- Nick Nordheim, 2002 ..... 14:22.99



**Ethan Holmes**



**Bill Knoedel**



**Anthuan Maybank**



**Aaron Mallett**



**Nathan Prom**

# INDOOR ALL-TIME TOP TEN PERFORMERS



**Patrick Richards**

**Keaton Rickels**

**Erik Sowinski**

**Jeff Thode**

**Micah VanDenend**

**Todd Wigginton**

**Steven Willey**

## Heptathlon

1. **William Dougherty, 2018 5,572 points**
2. Kyle Reid, 2013 ..... 5,354 points
3. Dan Rolling, 2010 ..... 5,205 points
4. Jack Eckert, 2015 ..... 5,188 points
5. Ryan Niver, 2008..... 5,149 points
6. Frank Prill, 2010..... 5,015 points
7. **Daniel Gaynes, 2018 ..... 4,895 points**
8. Scott Faber, 2000..... 4,784 points
9. Cam Appleman, 1997 ..... 4,685 points
10. Bobby Windauer, 2007 ..... 4,644 points

## High Jump

1. Bill Knoedel, 1976..... 7-3 (2.21)  
Bill Hansen, 1978..... 7-3 (2.21)
3. Scott Hudek, 1993 ..... 7-0 1/2 (2.15)  
Kevin Spejcher, 2015 ..... 7-0 1/2 (2.15)
5. Pat Meade, 1987 ..... 7-0 1/4 (2.14)
6. Mike Lacy, 1984..... 7-0 (2.13)
7. M. Cunningham, 1984.. 6-11 1/4 (2.11)
8. Jeffery Herron, 2010..... 6-11 (2.11)  
Peter Hlavin, 1980 ..... 6-11 (2.11)  
Brandon Oest, 2010 ..... 6-11 (2.11)  
Dan Rolling, 2008 ..... 6-11 (2.11)  
Graham Valdes, 2010 ..... 6-11 (2.11)  
Peter Andreano, 2016 ..... 6-11 (2.11)

## Pole Vault

1. Todd Wigginton, 1984 ..... 17-1 (5.21)
2. Dave Nielsen, 1975..... 16-10 (5.13)
3. Kyle Reid, 2013 ..... 16-6 3/4 (5.05)  
**Andy Jatis, 2018..... 16-6 3/4 (5.05)**
5. Curt Brock, 1979..... 16-6 (5.03)
6. Alex Zona, 2010..... 16-4 3/4 (5.00)
7. Phil Wertman, 1971 ..... 16-4 (4.98)
8. Jeff Raymond, 2008..... 16-2 (4.93)
9. John Teffer, 1972 ..... 16-1 (4.90)
10. Josh Pelock, 2017 ..... 16-0 3/4 (4.90)

## Long Jump

1. Anthuan Maybank, 1992..26-5 1/2 (8.06)
2. Bashir Yamini, 1998 ..... 26-0 1/4 (7.93)
3. **O'Shea Wilson, 2017 .... 25-9 1/2 (7.86)**
4. Darren Smith, 1991 ..... 25-2 (7.67)
5. Paul Jones, 1990..... 24-11 1/4 (7.60)
6. Josh Larney, 2013 ..... 24-10 (7.57)
7. Ronnie McCoy, 1984..... 24-9 (7.54)
8. Matty Gorman, 2006 ..... 24-8 1/2 (7.53)
9. Charles Jones, 1980..... 24-8 1/4 (7.52)
10. Quinn Early, 1986 ..... 24-7 1/4 (7.50)

## Triple Jump

1. Troy Doris, 2011 ..... 54-0 (16.46)
2. Babatunde Amosu, 2015..52-8 3/4 (16.07)
3. Paul Jones, 1990..... 52-1 1/4 (15.88)  
Klyvens Delaunay, 2014.. 52-1 1/4 (15.88)
5. Mike Lacy, 1983 ..... 49-0 (14.93)
6. Owen Gill, 1982 ..... 48-10 3/4 (14.90)
7. Josh Bean, 2009 ..... 48-10 (14.88)
8. David Nsabua, 2013 ..... 48-9 (14.86)
9. Kerry Dean, Jr., 2016... 48-8 1/4 (14.84)
10. **Akinshe Hill, 2018 .... 48-4 1/2 (14.74)**

## Shot Put

1. John Hickey, 2009..... 63-0 (19.20)
2. Jeremy Allen, 2001 ... 62-10 1/2 (19.16)
3. **Reno Tuufuli, 2017 .... 61-7 1/2 (18.78)**
4. Avery Meyers, 2017.... 61-4 1/4 (18.70)
5. Shane Maier, 2006..... 61-2 (18.64)
6. Gary Kostrubala, 1986..60-10 3/4 (18.55)
7. Andy Banse, 2005..... 60-9 1/4 (18.52)
8. Ken Kemeny, 2004..... 60-0 1/2 (18.30)
9. Gabe Hull, 2014..... 59-3 (18.06)
10. Chris Gambol, 1987 ..... 59-0 (17.98)

## Weight Throw

1. Jim Costello, 2002 ..... 69-4 3/4 (21.15)
2. Matt Banse, 2012 ..... 67-8 (20.62)
3. Arno van der Westhuizen,  
2001 ..... 67-7 1/2 (20.61)
4. Adam Hamilton, 2007 66-9 1/4 (20.35)
5. Jeremy Allen, 2001 ... 65-10 1/4 (20.07)
6. Chris Voller, 2005..... 63-4 (19.30)
7. Ryan Lamparek, 2012..... 61-2(18.62)
8. Brad Daufeldt, 2004 ... 60-4 1/2 (18.40)
9. Gabe Hull, 2014..... 59-7 (18.16)
10. Ryan Jordan, 2008..... 59-0 (17.98)

## 1,600-Meter Relay

1. Ogwo, **Hofacker, Frye, Harris**, 2017 .....3:04.94
2. Richards, E. Holmes, Sowinski, Willey, 2011 ....3:06.66
3. Rozell, Davis, Raymond, Yamini, 1998 .....3:06.80
4. Ogwo, Mallett, **Frye, Harris**, 2017 .....3:07.08
5. Wolff, Ganschow, **Lilly, Harris**, 2016 .....3:07.24
6. Coleman, Faber, Strang, Peterson, 2002 ..3:07.44
7. **Hofacker, Frye, Garron, Harris, 2018 .....3:07.54**
8. Wolff, B. Thompson, Ganschow, **Harris**, 2016 ...3:07.58
9. Richards, Sowinski, E. Holmes, Willey, 2011 ....3:07.84
10. Greer, Williams, Smith, Duckett, 1984.....3:08.14

## 3,200-Meter Relay

1. Cooke, Nie, Monsey, Chambers, 1990.....7:13.02
2. Corrigan, Blackman, Strozier, Chambers,  
1989 .....7:29.00
3. English, Blackman, Strozier, Chambers,  
1989 .....7:36.20
4. 1977 .....7:39.40
5. 1986 .....7:40.90
6. Bouske, Herd, Chambers, Koon, 1992 .....7:43.94
7. Bouska, Cook, White, Herd, 1992.....7:48.63
8. 1992 .....7:49.86
9. 1986 .....7:50.10
10. Roseman, Rerko, Novotny, Branigan,  
1993 .....7:51.36

## Distance Medley Relay

1. **Lilly, Frye, Manternach**, Jones, 2017 .....9:44.07
2. Prom, Rickels, Sowinski, Thode, 2012 .....9:45.41
3. 1999 .....9:46.83
4. 1977 .....9:48.80
5. 1978 .....9:49.70
6. Kuczvara, Barton, Kuhlman, N. Holmes,  
2010 .....9:51.05
7. Marchese, Varner, Hairston, Luciano,  
2009 .....9:52.52
8. Paul, Varner, Hairston, Thode, 2010.....9:52.71
9. Gardarsson, Ganschow, Hutsalyuk,  
**Melchert**, 2016 .....9:52.97
10. Prom, Richardson, Sowinski, Thode,  
2011 .....9:57.44

# INDOOR ALL-TIME TOP TEN PERFORMERS



**Kineke Alexander** **Meghan Armstrong** **Brittany Brown** **Tracy Dahl** **Nicole Erickson** **Karessa Farley** **Ashlyn Gulvas**

## 60 Meters

1. Lake Kwaza, 2016 .....7.33
2. **Brittany Brown, 2017** ..... **7.39**
3. Elaine Jones, 1983 .....7.43
4. Peaches Roach, 2005.....7.45
5. Shellene Williams, 2004 .....7.50
6. **Briana Guillory, 2017** ..... **7.51**
- Kyara Avant, 2018** ..... **7.51**
8. Jiselle Providence, 2002 .....7.52
9. Rhonda-Kaye Trusty, 2010 .....7.55
- Erin Jones, 2011 .....7.55
- Raven Moore, 2013 .....7.55

## 60-Meter Hurdles

1. Karessa Farley, 2009 .....8.21
2. Tiffany Johnson, 2006.....8.33
3. **Jahisha Thomas, 2017** ..... **8.35**
4. Paula Ruen, 1998.....8.39
5. **Jenny Kimbro, 2018** ..... **8.42**
6. Heaven Chandler, 2017 .....8.44
7. Sarah Steffen, 2002 .....8.45
- Renee White, 2008.....8.45
9. Colleen Prendergast, 2000 .....8.57
- 10.Tammilee Kerr, 2008.....8.60

## 200 Meters

1. **Brittany Brown, 2017** ..... **22.79**
2. Kineke Alexander, 2006 .....23.49
3. Lake Kwaza, 2016 .....23.54
4. **Briana Guillory, 2018** ..... **23.58**
5. Shellene Williams, 2004 .....23.62
6. Marlene Poole, 1994 .....23.66
- Yolanda Hobbs, 1995.....23.66
8. Erica Broomfield, 1998 .....23.81
9. Raven Moore, 2013 .....24.00
- 10.Erin Jones, 2011 .....24.01

## 400 Meters

1. Kineke Alexander, 2007 .....51.48
2. Elexis Guster, 2016 .....52.36
3. Ellen Grant, 1996.....52.65
4. Shellene Williams, 2004 .....52.83
5. **Briana Guillory, 2018** ..... **52.95**
6. Alexis Hernandez, 2017 .....53.42
7. Ashley Liverpool, 2011 .....54.09
8. MonTayla Holder, 2015 .....54.32
9. Tiffany Hendricks, 2011 .....55.06
- 10.Marlene Poole, 1993 .....55.20

## 600 Yards

1. Senta Hawkins, 1987 ..... 1:21.06
2. Aisha Hume, 2004 ..... 1:21.74
3. Kay Stormo, 1982 ..... 1:22.49
4. Nicole Erickson, 2012 ..... 1:22.61
5. Mahnee Watts, 2016 ..... 1:22.72
6. Bethany Praska, 2009 ..... 1:23.12
7. Hannah Simonson, 2012 ..... 1:23.18
8. Chris Davenport, 1982..... 1:24.14
9. Kaitlyn Nelson, 2015..... 1:24.52
- 10.Sophia Poncè, 2007 ..... 1:24.55

## 600 Meters

1. Kineke Alexander, 2008 ..... 1:27.45
2. Bethany Praska, 2011 ..... 1:28.14
3. MonTayla Holder, 2016 ..... 1:29.35
4. Mahnee Watts, 2016 ..... 1:30.41
5. Senta Hawkins, 1987 ..... 1:30.77
6. Kaitlyn Nelson, 2013..... 1:31.44
7. Karen Layne, 1990 ..... 1:31.45
8. Nicole Erickson, 2012 ..... 1:31.71
9. Elexis Guster, 2016..... 1:32.04
- 10.Kay Stormo, 1982 ..... 1:32.30

## 800 Meters

1. Bethany Praska, 2011 ..... 2:05.01
2. Jeanne Kruckeberg, 1989 ..... 2:06.38
3. Michelle Lahann, 2004 ..... 2:06.83
4. Katharina Trost, 2014 ..... 2:07.38
5. Mahnee Watts, 2014 ..... 2:08.79
6. Adrienne Alexia, 2013 ..... 2:08.95
7. Briana Benning, 1996 ..... 2:09.22
8. Kaitlyn Nelson, 2013..... 2:09.58
9. MonTayla Holder, 2015 ..... 2:10.34
- 10.Kay Stormo, 1981 ..... 2:11.04

## Mile

1. McKenzie Melander, 2011..... 4:39.78
2. Jeanne Kruckeberg, 1989 ..... 4:40.19
3. Meghan Armstrong, 2006 ..... 4:40.59
4. Lauren Hardesty, 2011..... 4:41.01
5. Tina Stec, 1994 ..... 4:42.63
6. Betsy Flood, 2010 ..... 4:42.70
7. Penny O'Brien, 1981..... 4:43.72
8. Diane Nukuri, 2007..... 4:46.25
9. Michelle Lahann, 2004 ..... 4:47.23
- 10.Amanda Hardesty, 2010 ..... 4:48.69

## 3,000 Meters

1. Tracy Dahl, 1993 ..... 9:15.57
2. Meghan Armstrong, 2008 ..... 9:17.50
3. Diane Nukuri, 2008..... 9:20.07
4. Betsy Flood, 2011 ..... 9:20.09
5. Nan Doak, 1982..... 9:21.60
6. Jenny Spangler, 1986..... 9:22.41
7. Mareike Schrulle, 2012..... 9:23.97
8. Brooke Eilers, 2012..... 9:27.92
9. McKenzie Melander, 2012..... 9:29.71
- 10.Krista Anderson, 2006 ..... 9:29.75



**Lauren Hardesty** **Senta Hawkins** **Tiffany Hendricks** **Tammilee Kerr** **Lake Kwaza** **Ashley Liverpool** **McKenzie Melander**

# INDOOR ALL-TIME TOP TEN PERFORMERS



**Zinnia Miller**

**Diane Nukuri**

**Bethany Praska**

**Peaches Roach**

**Jessie Strand**

**Laulauga Tausaga**

**Renee White**

## 5,000 Meters

1. Tracy Dahl, 1993 ..... 15:49.52
2. Nan Doak, 1985 ..... 15:55.45
3. Racheal Marchand, 2009 ..... 15:55.70
4. Diane Nukuri, 2008 ..... 16:01.36
5. Jenny Spangler, 1982 ..... 16:08.74
6. Judy Parker, 1981 ..... 16:16.63
7. Betsy Flood, 2011 ..... 16:20.67
8. Jennifer Brower, 1992 ..... 16:22.19
9. Nikki Chapple, 2004 ..... 16:27.04
10. Mareike Schrulle, 2012 ..... 16:29.41

## High Jump

1. Peaches Roach, 2005 ..... 6-0 3/4 (1.85)
2. Mary Mol, 1983 ..... 6-0 (1.83)
3. Khanishah Williams, 2013 ..... 5-11 1/4 (1.81)
4. Becky Kaza, 1995 ..... 5-9 3/4 (1.77)
5. Caleigh Bacchus, 2010 ..... 5-9 1/4 (1.76)
6. Kristi Dinkla, 1985 ..... 5-8 1/2 (1.74)
7. Kacey Childs, 2001 ..... 5-8 1/2 (1.74)
8. Traci Claussen, 1987 ..... 5-8 (1.73)
9. Kathy Gillespie, 1983 ..... 5-7 3/4 (1.72)
10. Lynn McMillan, 1988 ..... 5-7 1/4 (1.71)
11. Tammilee Kerr, 2008 ..... 5-7 1/4 (1.71)
12. **Aubrianna Lantrip, 2017 .... 5-7 1/4 (1.71)**

## Pole Vault

1. Jessie Strand, 2004 ..... 12-5 1/2 (3.80)
2. **Amy Smith, 2017 ..... 11-11 3/4 (3.65)**
3. Sarah Burgett, 2007 ..... 11-10 (3.61)
4. Kirsten Weismantle, 2011 ..... 11-5 3/4 (3.50)
5. Brittany Holst, 2013 ..... 11-3 3/4 (3.45)
6. Katie Truedson, 2010 ..... 10-11 3/4 (3.35)
7. Gina Shannon, 2001 ..... 10-6 (3.20)
8. Kacey Childs, 2001 ..... 9-0 (2.75)
9. Amy Kasparbauer, 2000 ..... 8-0 (2.44)

## 1,600-Meter Relay

1. Holder, **Guillory**, Hernandez, Guster, 2016 ..... 3:32.93
2. Holder, Guster, Hernandez, **Guillory**, 2016 ..... 3:36.47
3. Liverpool, Hendricks, Praska, Erickson, 2011 ..... 3:36.97
4. Holder, Hernandez, Guster, **Guillory**, 2016 ..... 3:36.99
5. Hernandez, Holder, Guster, Watts, 2014 ..... 3:37.16
6. **Champe, Brown, Guillory, Plock, 2018 ..... 3:37.37**
7. Liverpool, Hendricks, Erickson, Praska, 2011 ..... 3:37.58
8. Kwaza, Guster, Holder, Watts, 2015 ..... 3:37.84
9. Kwaza, Holder, Watts, Guster, 2015 ..... 3:38.56
10. **Buss, Guillory, Champe, Hernandez, 2017 ..... 3:38.56**

## Long Jump

1. **Jahisha Thomas, 2017 .... 20-11 3/4 (6.39)**
2. Zinnia Miller, 2014 ..... 20-4 1/4 (6.20)
3. Carisa Leacock, 2014 ..... 19-9 1/2 (6.03)
4. Lisa Moats, 1986 ..... 19-6 (5.95)
5. Cassidy Ellis, 2015 ..... 19-5 1/2 (5.93)
6. **Jenny Kimbro, 2017 ..... 19-3 1/2 (5.88)**
7. **Tria Simmons, 2018 ..... 19-2 (5.84)**
8. Renee White, 2006 ..... 19-3 1/4 (5.87)
9. Tiffany Johnson, 2007 ..... 19-2 1/2 (5.85)
10. Davera Taylor, 1984 ..... 19-1 1/2 (5.83)

## Triple Jump

1. **Jahisha Thomas, 2018 ..... 43-0 (13.11)**
2. Renee White, 2008 ..... 42-4 (12.90)
3. **Tria Simmons, 2017 ..... 42-1 1/4 (12.83)**
4. Tiffany Johnson, 2007 ..... 41-3 3/4 (12.59)
5. Zinnia Miller, 2014 ..... 41-2 1/2 (12.56)
6. Carisa Leacock, 2012 ..... 40-5 1/2 (12.33)
7. **Allison Wahrman, 2017 ..... 39-10 (12.14)**
8. Becki Borg, 1987 ..... 39-6 (12.04)
9. **Hannah Schlib, 2017 ..... 39-5 3/4 (12.03)**
10. Lynn McMillan, 1988 ..... 38-2 (11.63)

## Shot Put

1. **Laulauga Tausaga, 2018 .. 52-6 1/2 (16.01)**
2. Gail Smith, 1985 ..... 51-0 (15.54)
3. Lisa Van Steenwyk, 1993 ..... 50-5 1/4 (15.37)
4. Kamesha Marshall, 2005 ..... 49-2 1/4 (14.99)
5. Denise Taylor, 1992 ..... 48-9 (14.86)
7. **Erika Hammond, 2017 .... 48-8 1/4 (14.84)**
8. Rachel Curry, 2013 ..... 48-2 1/2 (14.69)
9. Megan Maurer, 1995 ..... 47-5 3/4 (14.47)
10. Laura Kriener, 1990 ..... 47-5 (14.45)
11. Courtney Fritz, 2014 ..... 47-5 (14.45)
12. **Nia Britt, 2018 ..... 47-5 (14.45)**

## Weight Throw

1. Ashlyn Gulvas, 2013 ..... 63-6 (19.35)
2. **Laulauga Tausaga, 2018 ..... 62-10 (19.15)**
3. Jasmine Simpson, 2013 ..... 62-6 1/2 (19.06)
4. Annemie Smith, 2014 ..... 61-4 (18.69)
5. Kelsey Taylor, 2011 ..... 60-4 1/2 (18.40)
6. Majesty Tutson, 2011 ..... 58-4 (17.78)
7. Becca Franklin, 2007 ..... 58-3 1/4 (17.76)
8. Chelsea Colpitts, 2013 ..... 56-4 (17.17)
9. Erin O'Hern, 2008 ..... 56-3 (17.14)
10. **Nia Britt, 2018 ..... 55-7 1/2 (16.95)**

## Pentathlon

1. Tammilee Kerr, 2008 ..... 3,974 points
2. **Jenny Kimbro, 2018 ..... 3,900 points**
3. **Tria Simmons, 2018 ..... 3,859 points**
4. Chris Davenport, 1983 ..... 3,798 points
5. Kamesha Marshall, 2005 ..... 3,701 points
6. Tiff Pedersen, 2004 ..... 3,511 points
7. Sarah Ryan, 2013 ..... 3,472 points
8. Maureen Abel, 1979 ..... 3,427 points
9. **Allison Wahrman, 2017 ..... 3,421 points**
10. Zinnia Miller, 2012 ..... 3,416 points

## Distance Medley Relay

1. Armstrong, Alexander, L. Hardesty, Nukuri, 2008 ..... 11:20.11
2. Melander, Hendricks, L. Hardesty, Eilers, 2011 ..... 11:22.44
3. Stormo, Davenport, Williams, O'Brien, 1981 ..... 11:23.02
4. Melander, Praska, Hendricks, Flood, 2011 ..... 11:24.47
5. Flood, Hendricks, L. Hardesty, Melander, 2010 ..... 11:25.01
6. Melander, Hendricks, Flood, Marchand, 2009 ..... 11:27.34
7. Benning, Poole, Salsberry, Stec, 1994 ..... 11:28.03
8. Stormo, Davenport, Hayden, Doak, 1982 ..... 11:29.54
9. Armstrong, Granger, Stanley, K. Anderson, 2006 ..... 11:29.54
10. Lahann, Williams, Stanley, Arens, 2004 ..... 11:30.36

# SEASON BESTS - WOMEN

## 60 METERS (School Record - 7.33)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Kyara Avant	7.51	Hawkeye Invite - 1/13/18	7.51	Hawkeye Invite - 1/13/18
Brittany Brown	7.57	Wieczorek Invite - 1/20/18	7.39	2x, last at B1G Champ's - 2/25/17
Taylor Chapman	7.79	Hawkeye Invite - 1/13/18	7.58	Larry Wieczorek Invite - 1/21/17
Jalynn Roberts-Lewis	7.89	Wieczorek Invite - 1/20/18	7.66	Iowa Open - 2/18/17

## 60-METER HURDLES (School Record - 8.21)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Jenny Kimbro	8.42 ^	Wieczorek Invite - 1/19/18	8.42 ^	Wieczorek Invite - 1/19/18
Tria Seawater-Simmons	8.77	Hawkeye Invite - 1/13/18	8.77	Hawkeye Invite - 1/13/18

## 200 METERS (School Record - 22.79)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Brittany Brown	23.54	Wieczorek Invite - 1/19/18	22.30	at B1G Championships - 5/14/17
Briana Guillory	23.58	Wieczorek Invite - 1/19/18	22.95	at B1G Championships - 5/15/16
Kyara Avant	24.50	Wieczorek Invite - 1/19/18	24.50	Wieczorek Invite - 1/19/18
Sheridan Champe	24.70	Hawkeye Invite - 1/13/18	24.70	Hawkeye Invite - 1/13/18
Sarah Plock	25.26	Black & Gold Premier - 1/27/18	25.26	Black & Gold Premier - 1/27/18
Talia Buss	25.32	Black & Gold Premier - 1/27/18	25.32	Black & Gold Premier - 1/27/18
Taylor Chapman	25.74	Hawkeye Invite - 1/13/18	24.13	at Jim Click Shootout - 4/8/17
Mika Cox	25.91	Hawkeye Invite - 1/13/18	25.91	Hawkeye Invite - 1/13/18
Jalynn Roberts-Lewis	26.12	Hawkeye Invite - 1/13/18	24.60	at Baldy Castillo Invite - 3/19/16
Hannah Schlib	27.25	Hawkeye Invite - 1/13/18	27.25	Hawkeye Invite - 1/13/18

## 400 METERS (School Record - 51.48)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Briana Guillory	52.95	Wieczorek Invite - 1/20/18	52.89	at Mt. SAC Relays - 4/14/17
Sommer Sharpe	55.90	Black & Gold Premier - 1/27/18	55.90	Black & Gold Premier - 1/27/18
Sheridan Champe	55.93	Wieczorek Invite - 1/20/18	55.93	Wieczorek Invite - 1/20/18
Sarah Plock	56.16	Black & Gold Premier - 1/27/18	56.16	Black & Gold Premier - 1/27/18
Tashee Hargrave	56.21	Black & Gold Premier - 1/27/18	55.68	at B1G Championships - 5/13/17
Talia Buss	57.23	Wieczorek Invite - 1/20/18	57.22	at B1G Championships - 2/24/17
Kylie Welch	57.23	Black & Gold Premier - 1/27/18	57.23	Black & Gold Premier - 1/27/18
Kylie Morken	57.25	Black & Gold Premier - 1/27/18	57.25	Black & Gold Premier - 1/27/18
Aly Weum	57.33	Hawkeye Invite - 1/13/18	57.33	Hawkeye Invite - 1/13/18
Addie Swanson	57.60	Wieczorek Invite - 1/20/18	57.60	Wieczorek Invite - 1/20/18
Mallory King	57.72	Hawkeye Invite - 1/13/18	57.37	at Florida Relays - 3/30/17
Mika Cox	58.59	Wieczorek Invite - 1/20/18	58.59	Wieczorek Invite - 1/20/18
Alexis Gay	58.67	Wieczorek Invite - 1/20/18	56.99	at Jim Click Shootout - 4/8/17
Taylor Arco	58.77	Wieczorek Invite - 1/20/18	58.46	at Florida Relays - 3/30/17
Shelby West	59.20	Black & Gold Premier - 1/27/18	59.20	Black & Gold Premier - 1/27/18
Antonise Christian	1:07.36	Wieczorek Invite - 1/20/18	1:07.36	Wieczorek Invite - 1/20/18

## 600 METERS (School Record - 1:27.45)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Mallory King	1:33.11	Wieczorek Invite - 1/19/18	1:33.11	Wieczorek Invite - 1/19/18
Taylor Arco	1:35.11	Wieczorek Invite - 1/19/18	1:35.11	Wieczorek Invite - 1/19/18
Sommer Sharpe	1:35.27	Wieczorek Invite - 1/19/18	1:35.27	Wieczorek Invite - 1/19/18
Kylie Welch	1:35.44	Wieczorek Invite - 1/19/18	1:35.44	Wieczorek Invite - 1/19/18
Tashee Hargrave	1:35.50	Hawkeye Invite - 1/13/18	1:35.50	Hawkeye Invite - 1/13/18
Tia Saunders	1:35.58	Hawkeye Invite - 1/13/18	1:35.17	Black & Gold Premier - 1/27/17
Aly Weum	1:35.64	Hawkeye Invite - 1/13/18	1:35.64	Hawkeye Invite - 1/13/18
Addie Swanson	1:35.95	Hawkeye Invite - 1/13/18	1:35.95	Hawkeye Invite - 1/13/18
Amber Decker	1:36.37	Wieczorek Invite - 1/19/18	1:36.32	Hawkeye Invite - 1/14/17
Talia Buss	1:37.22	Wieczorek Invite - 1/19/18	1:37.22	Wieczorek Invite - 1/19/18
Alexis Gay	1:38.91	Wieczorek Invite - 1/19/18	1:38.91	Wieczorek Invite - 1/19/18
Shelby West	1:39.03	Wieczorek Invite - 1/19/18	1:39.03	Wieczorek Invite - 1/19/18
Carly Donahue	1:39.95	Black & Gold Premier - 1/27/18	1:39.95	Black & Gold Premier - 1/27/18
Macie Weber	1:40.47	Wieczorek Invite - 1/19/18	1:40.47	Wieczorek Invite - 1/19/18



# SEASON BESTS - WOMEN (CONT.)

Lindsay Welker	1:41.48	Wieczorek Invite - 1/19/18	1:41.48	Wieczorek Invite - 1/19/18
Maddie Carver	1:47.27	Hawkeye Invite - 1/13/18	1:47.27	Hawkeye Invite - 1/13/18

## 800 METERS (School Record - 2:05.01)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Tia Saunders	2:15.25	Wieczorek Invite - 1/20/18	2:11.17	at B1G Championships - 5/13/17
Macie Weber	2:18.09	Black & Gold Premier - 1/27/18	2:18.09	Black & Gold Premier - 1/27/18
Amber Decker	2:19.14	Wieczorek Invite - 1/20/18	2:13.29	at Iowa State Classic - 2/11/17
Jenny Kimbro	2:23.69 ^	Wieczorek Invite - 1/19/18	2:23.69 ^	Wieczorek Invite - 1/19/18
Tria Seawater-Simmons	2:24.03 ^	Wieczorek Invite - 1/19/18	2:24.03 ^	Wieczorek Invite - 1/19/18
Maddie Carver	2:34.23	Wieczorek Invite - 1/20/18	2:34.23	Wieczorek Invite - 1/20/18

## 1,000 METERS

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Julie Hollensbe	3:00.98	Hawkeye Invite - 1/13/18	2:54.42	Hawkeye Invite - 1/14/17
Macie Weber	3:06.77	Hawkeye Invite - 1/13/18	3:06.77	Hawkeye Invite - 1/13/18

## MILE (School Record - 4:39.78)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Andrea Shine	4:55.55	Hawkeye Invite - 1/13/18	4:55.55	Hawkeye Invite - 1/13/18
Madison Waymire	5:00.04	Hawkeye Invite - 1/13/18	4:58.60	at Big 4 Duals - 1/23/16
Marta Bote Gonzalez	5:02.05	Hawkeye Invite - 1/13/18	4:56.82	at Big 4 Duals - 1/24/15
Ashley Espinosa	5:12.42	Black & Gold Premier - 1/27/18	5:12.42	Black & Gold Premier - 1/27/18
Juliann Hollensbe	5:16.31	Wieczorek Invite - 1/20/18	4:58.15	at B1G Championships - 2/24/17
Kara Neustrom	5:19.02	Wieczorek Invite - 1/20/18	5:19.02	Wieczorek Invite - 1/20/18
Mary Arch	5:23.18	Black & Gold Premier - 1/27/18	5:32.18	Black & Gold Premier - 1/27/18
Elizabeth Niedert	5:27.54	Black & Gold Premier - 1/27/18	5:27.54	Black & Gold Premier - 1/27/18

## 3,000 METERS (School Record - 9:15.57)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Andrea Shine	9:39.02	Wieczorek Invite - 1/20/18	9:39.02	Wieczorek Invite - 1/20/18
Madison Waymire	9:55.07	Wieczorek Invite - 1/20/18	9:51.12	at Meyo Invite - 2/6/16
Marta Bote Gonzalez	9:58.85	Wieczorek Invite - 1/20/18	9:36.69	at Big Ten Championships - 2/27/16
Ashley Espinosa	10:26.25	Wieczorek Invite - 1/19/18	10:26.25	Wieczorek Invite - 1/19/18
Julie Hollensbe	10:37.53	Black & Gold Premier - 1/27/18	10:37.53	Black & Gold Premier - 1/27/18
Mary Arch	10:50.81	Hawkeye Invite - 1/13/18	10:50.81	Hawkeye Invite - 1/13/18
Elizabeth Niedert	11:15.00	Wieczorek Invite - 1/19/18	11:15.00	Wieczorek Invite - 1/19/18

## 1,600-METER RELAY (School Record - 3:32.93)

Names	Season Best	Meet - Date
Champe, Brown, Guillory, Plock	3:37.37	Wieczorek Invite - 1/20/18
Guillory, Plock, Weum, Hargrave	3:41.34 \$!	Hawkeye Invite - 1/13/18
Morken, Sharpe, Hargrave, Welch	3:45.13	Black & Gold Premier - 1/27/18
Hargrave, Buss, Weum, King	3:47.69	Wieczorek Invite - 1/20/18
Shape, Swanson, Morken, Saunders	3:47.72	Wieczorek Invite - 1/20/18
Sharpe, Welch, King, Buss	3:48.70	Hawkeye Invite - 1/13/18
Morken, Swanson, Saunders, Avant	3:53.43	Hawkeye Invite - 1/13/18
West, Buss, Simmons, Gay	3:53.74	Black & Gold Premier - 1/27/18
Gay, Welch, Decker, Welker	3:57.94	Wieczorek Invite - 1/20/18
Cox, Arco, Decker, Hollensbe	4:00.90	Hawkeye Invite - 1/13/18

## HIGH JUMP (School Record - 1.85 meters)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Aubrianna Lantrip	5-7 (1.70m)	Hawkeye Invite - 1/13/18	5-7 1/4 (1.71m)	Border Battle - 1/7/17
Gillian Urycki	5-7 (1.70m)	Wieczorek Invite - 1/19/18	5-7 1/4 (1.71m)	at B1G Championships - 2/25/17
Jenny Kimbro	5-5 1/4 (1.66m) ^	Wieczorek Invite - 1/19/18	5-5 1/4 (1.66m) ^	Wieczorek Invite - 1/19/18
Tria Seawater-Simmons	5-5 1/4 (1.66m) ^	Wieczorek Invite - 1/19/18	5-8 (1.73m) ^	at B1G Championships - 5/12/17
Kelli DeGeorge	5-5 (1.65m)	Hawkeye Invite - 1/13/18	5-7 (1.70m)	at Baldy Castillo Invite - 3/18/17
Sydney Collins	5-2 1/4 (1.58m)	Black & Gold Premier - 1/27/18	5-7 (1.70m)	at Jim Click Shootout - 4/8/17
Christina MacNab	5-2 1/4 (1.58m)	Black & Gold Premier - 1/27/18	5-1 (1.55m)	Black & Gold Premier - 1/27/18

# SEASON BESTS - WOMEN (CONT.)

## POLE VAULT (School Record – 3.80 meters)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Amy Smith	11-9 3/4 (3.60m)	Hawkeye Invite - 1/13/18	11-11 3/4 (3.65m)	2x, last at Musco Twilight - 4/22/17

## LONG JUMP (School Record – 6.39 meters)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Tria Seawater-Simmons	19-2 (5.84m) ^	Wieczorek Invite - 1/19/18	19-2 (5.84m) ^	Wieczorek Invite - 1/19/18
Jalynn Roberts-Lewis	18-7 1/4 (5.67m)	Wieczorek Invite - 1/19/18	18-7 1/4 (5.67m)	Wieczorek Invite - 1/19/18
Jenny Kimbro	18-7 (5.66m) ^	Wieczorek Invite - 1/19/18	19-3 1/2 (5.88m) ^	Black & Gold Premier - 1/27/17
Gillian Urycki	18-5 (5.61m)	Black & Gold Premier - 1/27/18	18-5 (5.61m)	Black & Gold Premier - 1/27/18
Hannah Schilb	17-9 3/4 (5.43m)	Hawkeye Invite - 1/13/18	17-9 3/4 (5.43m)	Hawkeye Invite - 1/13/18

## TRIPLE JUMP (School Record – 13.00 meters)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Jahisha Thomas	43-0 1/4 (13.11m)	Black & Gold Premier - 1/27/18	43-0 1/4 (13.11m)*	Black & Gold Premier - 1/27/18
Tria Seawater-Simmons	38-1 (11.91m)	Black & Gold Premier - 1/27/18	42-1 1/4 (12.83m) !	Border Battle - 1/7/17
Hannah Schilb	38-8 3/4 (11.80m)	Black & Gold Premier - 1/27/18	40-6 (12.34m)	at B1G Championships - 5/14/17
Allison Wahrman	38-7 3/4 (11.78m)	Hawkeye Invite - 1/13/18	39-10 (12.14m)	Larry Wieczorek Invite - 1/21/17
Hannah Schilb	37-5 1/4 (11.41m)	Wieczorek Invite - 1/20/18	40-6 (12.34m)	at B1G Championships - 5/14/17

## SHOT PUT (School Record - 15.87 meters)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Laulauga Tausaga	52-6 1/2 (16.01m) *	Black & Gold Premier - 1/27/18	52-6 1/2 (16.01m) *	Black & Gold Premier - 1/27/18
Nia Britt	47-5 1/4 (14.94m)	Black & Gold Premier - 1/27/18	49-0 1/4 (14.94m)	at Drake Relays - 4/29/17
Konstadina Spanoudakis	44-6 3/4 (13.58m)	Wieczorek Invite - 1/20/18	44-6 3/4 (13.58m)	Wieczorek Invite - 1/20/18
Jenny Kimbro	33-5 1/4 (10.19m) ^	Wieczorek Invite - 1/19/18	34-9 3/4 (10.61m)	at B1G Championships - 5/12/17
Tria Seawater-Simmons	33-0 1/4 (10.06m)	Hawkeye Invite - 1/13/18	34-0 1/4 (10.37m)	at B1G Championships - 5/12/17

## WEIGHT THROW (School Record – 19.35 meters)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Laulauga Tausaga	62-10 (19.15m)	2x, last at B&G Premier - 1/27/18	62-10 (19.15m)	2x, last at B&G Premier - 1/27/18
Nia Britt	55-7 1/2 (16.95m)	Wieczorek Invite - 1/19/18	55-7 1/2 (16.95m)	Wieczorek Invite - 1/19/18
Leah Colbert	52-11 (16.13m)	Hawkeye Invite - 1/13/18	55-3 1/2 (16.85m)	Larry Wieczorek Invite - 1/20/17
Konstadina Spanoudakis	48-3 1/4 (14.71m)	Wieczorek Invite - 1/19/18	48-3 1/4 (14.71m)	Wieczorek Invite - 1/19/18
Erika Hammond	48-2 (14.68m)	Black & Gold Premier - 1/27/18	48-2 14.68m)	Black & Gold Premier - 1/27/18

## PENTATHLON (School Record - 3,974 points)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Jenny Kimbro	3,900 points	Wieczorek Invite - 1/19/18	3,900 points	Wieczorek Invite - 1/19/18
Tria Seawater-Simmons	3,859 points	Wieczorek Invite - 1/19/18	3,859 points	Wieczorek Invite - 1/19/18

\* - School Record, ! - meet record, \$ - facility record, ^ part of pentathlon

# SEASON BESTS - MEN

## 60 METERS (School Record - 6.69)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Christian Brissett	6.79	Hawkeye Invite - 1/13/18	6.74	Larry Wieczorek Invite - 1/21/17
O'Shea Wilson	6.80	Black & Gold Premier - 1/27/18	6.75	2x, last at BIG Champs - 2/24/17
Antonio Woodard	6.85	Hawkeye Invite - 1/13/18	6.85	Hawkeye Invite - 1/13/18
Tyree Sorrells	6.94	Wieczorek Invite - 1/20/18	6.94	Wieczorek Invite - 1/20/18
Gavin Hoch	7.07	Black & Gold Premier - 1/27/18	7.07	Black & Gold Premier - 1/27/18
Anthony Williams	7.08	Black & Gold Premier - 1/27/18	7.08	Black & Gold Premier - 1/27/18
Chris Douglas	7.16	Black & Gold Premier - 1/27/18	7.16	Black & Gold Premier - 1/27/18
William Dougherty	7.18 ^	Wieczorek Invite - 1/19/18	7.12 ^	at BIG Championships - 2/24/17
Josh Braverman	7.18	Black & Gold Premier - 1/27/18	7.18	Black & Gold Premier - 1/27/18
Daniel Gaynes	7.19 ^	Wieczorek Invite - 1/19/18	7.19 ^	Wieczorek Invite - 1/19/18

## 60-METER HURDLES (School Record - 7.63)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Chris Douglas	7.76	Black & Gold Premier - 1/27/18	7.76	Black & Gold Premier - 1/27/18
Anthony Williams	8.00	Black & Gold Premier - 1/27/18	8.00	Black & Gold Premier - 1/27/18
Josh Braverman	8.25	Hawkeye Invite - 1/13/18	8.25	Hawkeye Invite - 1/13/18
William Dougherty	8.25 ^	Wieczorek Invite - 1/20/18	8.25 ^	Wieczorek Invite - 1/20/18
Daniel Gaynes	8.53	Hawkeye Invite - 1/13/18	8.53	Hawkeye Invite - 1/13/18

## 200 METERS (School Record - 20.80)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Antonio Woodard	21.20	Black & Gold Premier - 1/27/18	21.20	Black & Gold Premier - 1/27/18
Collin Hofacker	21.69	Black & Gold Premier - 1/27/18	20.71	at BIG Championships - 5/14/17
Bradford Garron	21.74	Hawkeye Invite - 1/13/18	21.74	Hawkeye Invite - 1/13/18
DeJuan Frye	21.77	Wieczorek Invite - 1/19/18	21.77	Wieczorek Invite - 1/19/18
Christian Brissett	22.12	Wieczorek Invite - 1/19/18	20.75	at Jim Click Shootout - 4/8/17
Chris Thompson	22.34	Hawkeye Invite - 1/13/18	22.26	at Baldy Castillo Invite - 3/17/17
Gage Eller	22.40	Hawkeye Invite - 1/13/18	22.40	Hawkeye Invite - 1/13/18
Akinshe Calica-Hill	22.60	Hawkeye Invite - 1/13/18	22.51	Hawkeye Invite - 1/14/17
Tyree Sorrells	22.83	Hawkeye Invite - 1/13/18	22.83	Hawkeye Invite - 1/13/18
Cole Moeller	24.10	Black & Gold Premier - 1/27/18	24.10	Black & Gold Premier - 1/27/18

## 400 METERS (School Record - 45.75)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Mar'yea Harris	46.50	Wieczorek Invite - 1/20/18	45.45	at NCAA West Preliminary - 5/26/17
DeJuan Frye	47.74	Wieczorek Invite - 1/20/18	46.22	at BIG Championships - 5/14/17
Collin Hofacker	47.94	Black & Gold Premier - 1/27/18	46.50	at BIG Championships - 5/14/17
Bradford Garron	48.16	Wieczorek Invite - 1/20/18	48.16	Wieczorek Invite - 1/20/18
Carter Lilly	48.66	Hawkeye Invite - 1/13/18	48.66	Hawkeye Invite - 1/13/18
Chris Thompson	48.85	Wieczorek Invite - 1/20/18	48.78	at Florida Relays - 3/30/17
Raymonte Dow	48.96	Hawkeye Invite - 1/13/18	48.96	Hawkeye Invite - 1/13/18
Austin Lietz	49.63	Wieczorek Invite - 1/20/18	48.11	at Alex Wilson Invite - 2/18/17
Noah Larrison	50.03	Hawkeye Invite - 1/13/18	48.55	at Alex Wilson Invite - 2/18/17

## 600 METERS (School Record - 1:16.91)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Carter Lilly	1:17.79	Wieczorek Invite - 1/19/18	1:15.64	Musco Twilight - 4/23/16
Raymonte Dow	1:19.38	Wieczorek Invite - 1/19/18	1:19.38	Wieczorek Invite - 1/19/18
Nolan Teubel	1:20.84	Wieczorek Invite - 1/19/18	1:20.84	Wieczorek Invite - 1/19/18
Austin Lietz	1:21.31	Wieczorek Invite - 1/19/18	1:17.40	at BIG Championships - 2/24/17
Noah Larrison	1:21.40	Wieczorek Invite - 1/19/18	1:18.41	at BIG Championships - 2/24/17
Tysen VanDraska	1:21.85	Hawkeye Invite - 1/13/18	1:20.82	Hawkeye Invite - 1/14/17

## 800 METERS (School Record - 1:47.33)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Tysen VanDraska	1:52:40	Wieczorek Invite - 1/20/18	1:50.72	at BIG Championships - 5/13/17
Matt Manternach	1:53.64	Wieczorek Invite - 1/20/18	1:51.86	at Alex Wilson Invite - 2/18/17

## 1,000 METERS

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Kevin Docherty	2:27.90	Hawkeye Invite - 1/13/18	2:27.90	Hawkeye Invite - 1/13/18
William Dougherty	2:47.98 ^	Wieczorek Invite - 1/20/18	2:39.97 ^	at BIG Championships - 2/27/16
Daniel Gaynes	2:50.09 ^	Wieczorek Invite - 1/20/18	2:50.09 ^	Wieczorek Invite - 1/20/18

# SEASON BESTS - MEN (CONT.)

## MILE (School Record - 3:58.72)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Nathan Mylenek	4:09.73	Wieczorek Invite - 1/20/18	4:09.73	Wieczorek Invite - 1/20/18
Michael Melchert	4:11.54	Hawkeye Invite - 1/13/18	4:05.37	at Big 4 Duals - 1/23/16
Kevin Docherty	4:11.72	Wieczorek Invite - 1/20/18	4:07.82	at B1G Championships - 2/28/14
Karson Sommer	4:12.89	Wieczorek Invite - 1/20/18	4:12.89	Wieczorek Invite - 1/20/18
Ian Eklin	4:14.04	Hawkeye Invite - 1/13/18	4:14.04	Hawkeye Invite - 1/13/18
Luke Sampson	4:15.80	Wieczorek Invite - 1/20/18	4:15.80	Wieczorek Invite - 1/20/18
Daniel Soto	4:17.75	Hawkeye Invite - 1/13/18	4:17.75	Hawkeye Invite - 1/13/18
Brandon Cooley	4:21.25	Black & Gold Premier - 1/27/18	4:20.02	Black & Gold Premier - 1/28/17
Bailey Hesse-Withbroe	4:27.19	Hawkeye Invite - 1/13/18	4:27.19	Hawkeye Invite - 1/13/18

## 3,000 METERS (School Record - 7:57.06)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Michael Melchert	8:22.62	Wieczorek Invite - 1/20/18	8:08.57	at Meyo Invite - 2/6/16
Ian Eklin	8:25.68	Wieczorek Invite - 1/20/18	8:23.41	Musco Twilight - 4/22/17
Luke Sampson	8:27.88	Hawkeye Invite - 1/13/18	8:27.88	Hawkeye Invite - 1/13/18
Daniel Soto	8:30.06	Wieczorek Invite - 1/19/18	8:30.06	Wieczorek Invite - 1/19/18
Bailey Hesse-Withbroe	8:45.09	Wieczorek Invite - 1/19/18	8:21.33	Iowa Open - 2/18/17

## 1,600-METER RELAY (School Record - 3:05.62)

Names	Season Best	Meet - Date
Hofacker, Frye, Garron, Harris	3:07.54	Wieczorek Invite - 1/20/18
Larrison, Woodard, Brissett, Garron	3:12.06	Hawkeye Invite - 1/13/18
Harris, Lietz, Dow, Frye	3:12.82	Hawkeye Invite - 1/13/18
Eller, Thompson, Lilly, Hofacker	3:13.06	Hawkeye Invite - 1/13/18
Thompson, Woodard, Dow, Lilly	3:14.54	Wieczorek Invite - 1/20/18
Eller, Lietz, Manternach, Larrison	3:17.03	Wieczorek Invite - 1/20/18
Douglas, Mylenek, Melchert, Sommer	3:27.13	Hawkeye Invite - 1/13/18

## HIGH JUMP (School Record - 2.21 meters)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Jay Hunt	6-8 3/4 (2.05m)	Wieczorek Invite - 1/19/18	6-8 3/4 (2.05m)	Wieczorek Invite - 1/19/18
Cole Moeller	6-6 3/4 (2.00m)	2x, last at Wiecezorek Invite - 1/19/18	6-6 3/4 (2.00m)	2x, last at Wiecezorek Invite - 1/19/18
William Dougherty	6-2 3/4 (1.90m) ^	2x, last at Wiecezorek Invite - 1/19/18	6-5 (1.96m)	at Mt. SAC Relays - 4/12/17
Daniel Gaynes	6-2 3/4 (1.90m) ^	Wiecezorek Invite - 1/19/18	6-2 3/4 (1.90m) ^	Wiecezorek Invite - 1/19/18

## POLE VAULT (School Record - 5.21 meters)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Andy Jatis	16-6 3/4 (5.05m)	Wiecezorek Invite - 1/19/18	16-7 1/2 (5.07m)	at B1G Championships - 5/14/17
William Dougherty	15-5 (4.70m) ^	2x, last at Wiecezorek Invite - 1/20/18	15-5 (4.70m) ^	2x, last at Wiecezorek Invite - 1/20/18
Daniel Gaynes	11-5 3/4 (3.50m) ^	at Wiecezorek Invite - 1/20/18	11-5 3/4 (3.50m) ^	at Wiecezorek Invite - 1/20/18

## LONG JUMP (School Record - 8.06 meters)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
O'Shea Wilson	23-11 3/4 (7.31m)	Black & Gold Premier - 1/27/18	25-9 1/2 (7.86m)	Hawkeye Invite - 1/14/17
Akinshe Calica-Hill	22-11 3/4 (6.85m)	Black & Gold Premier - 1/27/18	23-2 1/2 (7.07m)	at Jim Click Shootout - 4/8/17
Cooper Koenig	22-10 1/2 (6.97m)	Hawkeye Invite - 1/13/18	22-10 1/2 (6.97m)	Hawkeye Invite - 1/13/18
William Dougherty	22-9 3/4 (6.93m) ^	2x, last at Wiecezorek Invite - 1/19/18	22-9 3/4 (6.93m) ^	2x, last at Wiecezorek Invite - 1/19/18
Daniel Gaynes	22-7 1/4 (6.89m) ^	Wiecezorek Invite - 1/19/18	22-7 1/4 (6.89m) ^	Wiecezorek Invite - 1/19/18
Tyree Sorrells	22-7 (6.88m)	Black & Gold Premier - 1/27/18	22-7 (6.88m)	Black & Gold Premier - 1/27/18

## TRIPLE JUMP (School Record - 16.46 meters)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Akinshe Calica-Hill	48-4 1/2 (14.74m)	Wiecezorek Invite - 1/20/18	48-4 1/2 (14.74m)	Wiecezorek Invite - 1/20/18

## SHOT PUT (School Record - 19.20 meters)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Reno Tuufuli	60-10 3/4 (18.56m)	Hawkeye Invite - 1/13/18	61-9 3/4 (18.84m)	at B1G Championships - 5/14/14
William Dougherty	45-5 3/4 (13.86m)	Hawkeye Invite - 1/13/18	47-1 (14.35m)	at Mt. SAC Relays - 4/12/17
Daniel Gaynes	35-8 (10.87m)	Hawkeye Invite - 1/13/18	35-8 (10.87m)	Hawkeye Invite - 1/13/18

## HEPTATHLON (School Record - 5,572 points)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
William Dougherty	5,572 points *	Wiecezorek Invite - 1/19-20/18	5,572 points *	Wiecezorek Invite - 1/19-20/18
Daniel Gaynes	4,895 points	Wiecezorek Invite - 1/19-20/18	4,895 points	Wiecezorek Invite - 1/19-20/18