

IOWA HAWKEYES SWIMMING & DIVING

Iowa at Northwestern | Jan .18 Norris Aquatics Center | Evanston, III.





THIS WEEK

The University of Iowa swimming and diving team travels to the Land of Lincoln to face Northwestern in a Big Ten Conference dual Saturday at the Norris Aquatics Center. Competition begins at 11 a.m. (CT).

The lowa men are ranked 18th and it will face a Wildcat team ranking just outside the top 25. Northwestern's women's team comes in at No. 25 in the poll.

FOLLOW LIVE

- Live results will be on Meet Mobile and hawkeyesports.com.
- For an inside look at the lowa swimming and diving program and access to exclusive coverage, "like" lowa swimming and diving on Facebook and follow @lowaSwimDive on Twitter and @hawkeyeswimdive on Instagram.

NEW IMPACTS

Two freshmen newcomers made their Hawkeye debuts in the Jan. 11 dual against Notre Dame and Illinois. Sergey Kutnetsov and Kennedy Gilbertson, two mid-year additions, both n debuts last weekend and posted individual highlights in their respective events.

- Kutnetsov, an Espoo, Finland, native, tabbed his first individual victory in the 100 fly with a time of 47.97. Gilbertson, a Plover, Wisconsin, native, notched second place finishes in both the 100 and 200 back.
- Both Kuznetsov and Gilbertson quickly accended the ranks on lowa's relays, both making appearances on the 'A' 200-medley relays, helping the Hawkeyes win both the men's and women's events. Kuznetsov also saw action on the winning 400-free relay.

LAST TIME OUT

- The Hawkeye men captured another ranked win, downing No. 17 Notre Dame, 159.50-140.50, on Jan. 11 at the CRWC. lowa swept a number of sprint events and garnered wins in both the 200-medley and 400-free relays.
- The Hawkeye women tabbed a Big Ten win over Illinois, 223-86, for its largest margin of victory this season. Iowa fell short of Notre Dame, 209.50-99.50.

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DATE	MEET	LOCATION	TIME
0ct. 3	Michigan State/UNI (M/W)	lowa City, Iowa	11 a.m.
Oct. 11-12	at SMU Classic (W)	Dallas, Texas	All Day
0ct. 26	Minnesota (M/W)	Iowa City, Iowa	11 a.m.
Nov. 1	Michigan (W)	Iowa City, Iowa	2 p.m.
Nov. 2	at Indiana/vs. Michigan (M)	Bloomington, Ind.	10 a.m.
Nov. 8	Rutgers (W)	Iowa City, Iowa	2 p.m.
Dec. 4-7	at Minnesota Invitational (M/W)	Minneapolis	All Day
Dec. 8	at Minnesota LCM Invite (M/W)	Minneapolis	All Day
Dec. 13	% at Iowa State (W)	Ames, Iowa	6 p.m.
Dec. 15-22	USA Diving Senior Nationals	Minneapolis	All Day
Jan. 11	Illinois (W)/Notre Dame (M/W)	lowa City, Iowa	11 a.m.
Jan. 18	Northwestern (M/W)	Evanston, III.	11 a.m.
Jan. 24-25	Shamrock Invitational (M/W)	South Bend, Ind.	9 a.m./4 p.m./9 p.m
Feb. 7	Western Illinois (M/W)	lowa City, Iowa	6 p.m.
Feb. 19-22	B1G Championships (W)	lowa City, Iowa	11 a.m./6:30 p.m
Feb. 23	LCM Time Trial (W)	lowa City, Iowa	All Day
Feb. 26-29	B1G Championships (M)	Bloomington, Ind.	9 a.m./5:30 p.m
March 9-11	NCAA Zone D Diving Champ.	Dallas, Texas	All Day
March 12-14	at CSCAA National Invite Championships	TBA	All Day
March 18-21	at NCAA Championships (W)	Athens, Ga.	All Day
March 25-28	at NCAA Championships (M)	Indianapolis	All Day
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(M) - Men's only competition (W) - Women's only competition % - Iowa Corn Cy-Hawk Series

All times Central and subject to change

FOLLOW THE HAWKEYES







@lowaHawkeyeSwim /lowaSwimmingandDiving @HawkeyeSwimDive

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HEAD COACH MARC LONG



Marc Long is entering his 16th season as head coach for the University of Iowa swimming and diving team and 15th leading both the men's and women's programs.

During his tenure as head coach of both teams, 149 school records have fallen and 360 Hawkeyes have automatically or provisionally qualified for the NCAA Championships. Long has coached 44 All-Americans in his Hawkeye tenure and lowa has posted 13 top 40 NCAA finishes (six men, seven women) since 2004.

Academically, the Hawkeyes have had prolonged academic success under Long's tutelage. Iowa has crowned 24 academic All-Americans, 340 Academic All-Big Ten selections, and the team has consistently earned CSCAA Scholar All-America honors.

The women's team has been recognized with NCAA Public Recognition in 2015 and 2017 for a perfect Academic Progress Report (APR) as a team -- a highly selective award given to the top 10 percent of teams across the country.

On campus, Long was one of the founders of the Hawkeye Health C.A.R.E. program -- a unique shadowing and mentoring program for UI student-athletes. He also started the Hawkeye Business Social, a professional development and networking event for Hawkeye swimming and diving student-athletes.



AMONG THE B1G: MEN

The lowa men are littered throughout the top-10 across the Big Ten Conference.

- Sophomore Aleksey Tarasenko (5th), seniors Steve Fiolic (6th) and Joe Myhre (8th) all rank in the top 10 of the 50 free, with Tarasenko also holding a top spot in the 100 free (4th) and 200 free (5th).
- Sophomore Mateusz Arndt holds prestige in the 500 free (4:19.89), placing sixth overall.
- lowa boasts two top-10 times in the 200 back from sophomore Anze Fers Erzen (5th, 1:42.64) and freshman Ryan Purdy (10th, 1:44.64).
- Freshman Will Myhre ranks 10th in the 100 breast (53.32), followed directly by junior Daniel Swanepoel at 53.35 (11th). Swanepoel also sits at seventh in the 200 breast (1:55.46).
- Senior Michael Tenney sits seventh in the B1G field in the 200 fly (1:45.76). Fers Erzen rounds out lowa's individual placings at fifth in the 400 IM (3:47.51).

AMONG THE B1G: WOMEN

- Senior Hannah Burvill currently is the top 200-yard freestyle sprinter in the Big Ten Conference. She is the only Big Ten swimmer to break the 1:45:00 barrier this season, swimming a 1:44.92 at the Minnesota Invitational. Burvill is also fourth in the 100 free and eighth in the 50 free this season.
- Junior Kelsey Drake stands at fifth in the 200 fly (1:57.87) and 10th in the 100 fly (53.28).
- Freshman Millie Sansome ranks 10th in the 200 back (1:56.31).

HAWKEYES SWEEP DEC. 18 B1G WEEKLY AWARDS

The Hawkeyes swept the Big Ten Conference weekly honors Dec. 18 with Kelsey Drake being named the Swimmer of the Week, Jayah Mathews the Diver of the Week, and Millie Sansome the Freshman of the Week.

Drake earned her second career Big Ten Swimmer of the Week honor (third Big Ten honor of her career) after setting a school and Beyer Pool record in the 200 fly. She won the event by more than five seconds over the field in an NCAA "B" qualifying time of 1:57.87. Drake completed her sweep of the butterfly events with a time of 54.06 in the 100 fly and she captured her third individual title in the 200 IM in 2:02.78.

Mathews, earned her third Big Ten Diver of the Week honor this season after sweeping the springboard events in the dual. She posted a pool record off the 3-meter with a 348.40 before posting her second win off the 1-meter with a score of 318.40. She posted NCAA Zone Diving standards in both events. It is the eighth career honor for Mathews (seven Diver of the Week, one Freshman of the Week).

Sansome garnered her second Big Ten Freshman of the Week honor this season after posting two first-place in the 1,000 freestyle (10:03.34) and 200 back (1:58.08). She placed second in the 200 IM (behind Drake) in 2:04.92 and was a member of the second-place 200-medley relay (1:41.81).

During the 2019-20 season, lowa has garnered 10 Big Ten Conference weekly honors this season -- seven women's and three men's honors.

DRAKE EARNS DECEMBER ATHLETE OF THE MONTH HONORS

The University of Iowa Student-Athletes Academic Services (SAAS) announced that Kelsey Drake had been named the Athletic Department's December Female Student-Athlete of the Month.

Drake set a school record in the 200 butterfly (1:58.18) at the Minnesota Invitational on Dec. 8. The following week, she broke the school record for a second time and swam to a Beyer Pool record in the dual win at lowa State. Out of the pool, Drake has completed about 150 volunteer hours thus far with multiple agencies including Habitat for Humanity, Stead Family Children's Hospital, Ronald McDonald House, Day of Caring, River Run, Dance Marathon, and more.

THREE HAWKEYES SET SCHOOL RECORDS AT MINNESOTA INVITATIONAL

At the Minnesota Invitational in December, the Hawkeyes took down four school records.

- Senior Hannah Burvill cruised to two school records in the 50 and 100 free events, besting her own records with times of 22.54 and 48.65.
- Freshman Millie Sansome posted her first school record in the 200 back with a time of 1:56.31.
- Junior Kelsey Drake crushed her own school record in the 200 fly with a time of 1:58.18 in prelims, earning



an NCAA 'B' cut in finals with a time of 1:58.50.

COLIN EARNS OLYMPIC TRIALS QUALIFYING STANDARD

Senior backstroker John Colin notched an Olympic Trials time standard of 56.47 in the 100 back on Dec. 8 in Minneapolis. Iowa's leading backstroker in the 100, Colin got the cut the second time around after narrowly missing it in the morning session.

AMONG THE RANKINGS

- The lowa men remained steady at their position in the Collegeswimming.com rankings at No.18. with 792.25 points. The Hawkeyes are 3-2 in dual meets on the season. The lowa women rank outside the top-25 with 760.40 points.
- The lowa men are also 18th in the TYR/CSCAA Top 25 with 84 points as of Dec. 11.

MEET-BY-MEET

- The Hawkeyes opened the season with three wins over Michigan State and Northern lowa on Oct. 3. The men defeated the Spartans, 182-112, while the women pulled out the double victory over Michigan State and UNI in identical fashion, 183-113.
- At the season's first invitational, nine Hawkeyes took to the water at the SMU Classic and finished fourth out of six total teams with 242 points.
- The Hawkeye men captured a win against Minnesota, 156-144, at the CRWC, hoisting the team's second Big Ten win of the season. The Hawkeye women put up strong times against a ranked Minnesota team, narrowly falling 157-143. The lowa men got its first win against Minnesota since 2017.
- The lowa women swam well against the third-ranked Michigan, posting seven individual wins. Despite a strong showing, lowa fell 173-127. The 19th-ranked lowa men's team dropped its contests against No. 1 Michigan (218-82) and fell to No. 6 Indiana (245-55) in Bloomington, Ind.
- The lowa women swam well against third-ranked Michigan, posting wins in seven events, but ultimately lost 127-173.
- The 19th-ranked lowa men's team dropped its Big Ten duals against No. 1 Michigan (218-82) and No. 6 Indiana (245-55) in Bloomington, Ind.
- The lowa women dominated Big Ten opponent Rutgers, 199–100, in lowa City on Nov. 8, the team's final dual before its midseason invitational.
- The Hawkeyes went north to compete in the Minnesota Invitational for a midseason showdown and they posted several school records from Hannah Burvill, Millie Sansome, and Kelsey Drake. The Hawkeye men placed fifth among the field, while the women were seventh.
- The lowa women posted a dominating victory over lowa State for the 10th year in a row, 179-121, in Ames on Dec. 13. The team's victory clinched the overall win in the 2019 lowa Corn CyHawk Series between both schools.
- The Hawkeye men captured another ranked win, downing No. 17 Notre Dame, 159.50-140.50, this past weekend. The Hawkeye women tabbed a B1G win over Illinois, 223-86, for its largest margin of victory this season. lowa fell short of Notre Dame, 209.50-99.50.

FRESHMEN IMPACT

Five freshman lead pace the Hawkeyes in 10 events across both the men's and women's teams this season. The freshmen who lead the team are:

Evan Holt: 1,650 free

Will Myhre: 100 breast, 100 fly Mohamed Neuman: 1-meter Millie Sansome: 1,000 free, 1,650 free, 200 back, 400 IM

Alexandra Olesiak: 100 breast, 200 breast

B1G HONOREES

The Hawkeyes have earned 10 Big Ten Conference weekly honors during the 2019-20 season.

- Big Ten Men's Swimmer of Week: Anze Fers Erzen (Oct. 9)
- Big Ten Men's Diver of the Week: Anton Hoherz (Oct. 9)
- Big Ten Men's Freshman of the Week: Michael Huebner (Oct. 9)
- Big Ten Women's Diver of the Week: Sam Tamborski (Oct. 9, Oct. 16)
- Big Ten Women's Freshman of the Week: Millie Sansome (Oct. 9)
- Big Ten Women's Diver of the Week: Jayah Mathews (Nov. 6)
- Big Ten Women's Diver of the Week: Jayah Mathews (Nov. 13)
- Big Ten Women's Diver of the Week: Jayah Mathews (Dec. 18)
- Big Ten Women's Freshman of the Week: Millie Sansome (Dec. 18)
- Big Ten Women's Swimmer of the Week: Kelsey Drake (Dec. 18)

MAKING THE CUT

The men's team has nine swimmers that have posted NCAA "B" qualifying standards in nine events during the 2019-20 season, while the women's team has three swimmers notch "B" times in seven events.

Three men's swimmers have standards in multiple events; they include sophomore Aleksey Tarasenko (50 free, 100 free, 200 free), senior Steve Fiolic (50 free, 100 free), and sophomore Anze Fers Erzen (200 back, 400 IM). Senior Joe Myhre (50 free), sophomore Mateusz Arndt (500 free), freshman Ryan Purdy (200 back), freshman Will Myhre (100 breast), junior Daniel Swanepoel (200 breast), and senior Michael Tenney (200 fly) have standards in a single event.

On the women's side, senior Hannah Burvill has four NCAA "B" cuts in the 50 free, 100 free, 200 free, and 100 back, while junior Kelsey Drake has two standards in the 100 and 200 fly. Freshman Millie Sansome also has a "B" cut in the 200 back.

NCAA ZONE DIVING QUALIFIERS

Five Hawkeyes have posted NCAA Zone Diving standards this season.

- 1-Meter Women: Jayah Mathews (324.85), Sam Tamborski (294.30), Thelma Strandberg (272.25)
- 3-Meter Women: Jayah Mathews (362.25), Sam Tamborski (341.55)
- 1-Meter Men: Mohamed Neuman (334.00), Anton Hoherz (320.10)
- 3-Meter Men: Anton Hoherz (347.10), Mohamed Neuman (347.05)

HOSTING B1Gs

After hosting the Big Ten Men's Swimming & Diving Championships in 2019, the women are coming to lowa City in 2020. The Hawkeyes will host the 2020 Big Ten Championships at the Campus Recreation and Wellness Center from Feb. 19-22. It is the first time the women's championship has been in lowa City since 2012.

ON DECK

The Hawkeyes return to action Jan. 24-25, traveling to South Bend, Indiana, to participate in the Shamrock Invitational. Three sessions each day -- at 9 a.m./4 p.m./9 p.m. -- will comprise the invitational.



50 Free	Aleksey Tarasenko	19.68 (B)
100 Free	Aleksey Tarasenko	42.85 (B)
200 Free		
500 Free		
1,000 Free		
1,650 Free	Evan Holt	15:27.23
100 Back	Anze Fers Erzen	
200 Back		1:42.64 (B)
100 Breast	Will Myhre	53.32 (B)
200 Breast		
100 Fly	Wil Myhre	48.65
200 Fly	Michael Tenney	1:45.76 (B)
200 IM	Anze Fers Erzen	1:46.91
400 IM	Azne Fers Erzen	3:47.51 (B)
200-Free Relay		1:18.31
400-Free Relay	Tarasenko, J. Myhre, Fiolic, Scott	2:53.74
800-Free Relay		6:27.21
200-Medley Relay	Colin, W. Myhre, Tenney, J. Myhre	1:28.44
400-Medley Relay	Colin, W. Myhre, Tenney, Tarasenko	3:12.17
1-Meter Diving	Mohamed Neuman	334.00 (ZS)
3-Meter Diving	Anton Hoherz	3:47.10 (ZS)
Platform Diving		

2019-20 WOMEN'S SEASON-BEST TIMES		
50 Free	Hannah Burvill	22.54(SR) (B)
100 Free		48.65(SR) (B)
200 Free		1:44.92 (B)
500 Free	Allyssa Fluit	4:48.02
1,000 Free	Millie Sansome	10:03.34
1,650 Free	Millie Sansome	
100 Back		
200 Back		
100 Breast		
200 Breast		
100 Fly	Kelsey Drake	53.28 (B)
200 Fly		1:57.87(SR) (B)
200 IM	Kelsey Drake	2:01.22
400 IM	Millie Sansome	
200-Free Relay	Burvill, Schemmel, Ziegert, Fluit	1:32.46
400-Free Relay		
800-Free Relay	Burvill, Sansome, Fluit, McDougall	7:11.57
200-Medley Relay	Sansome, Ohlensehlen, Drake, Burvill	1:40.81
400-Medley Relay	Sansome, Olesiak, Drake, Burvill	3:38.92
1-Meter Diving		324.85 (ZS)
3-Meter Diving	Jayah Mathews	362.25 (ZS)
Platform Diving		
(A) - NCAA A Cut (B) - NCAA B Cut (SR) scho	ool record ** Pool Record (ZS) - NCAA Diving Zone Standard	



JAN. 11 | IOWA CITY 6

2019-20	INDIVIDUAL	WINS (MEN.
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Athletes	Event	Time	Meet
Mateusz Arndt	1000 Free	9:25.52	MSU
Mateusz Arndt	500 Free	4:29.99	MSU
Anze Fers Erzen	100 Back	50.36	MSU
Anze Fers Erzen	200 Back	1:47.57	MSU
Anze Fers Erzen	200 IM	1:51.61	MSU
Michael Huebner	1-meter	293.70	MSU
Anton Hoherz	3-meter	341.60	MSU
Anton Hoherz	1-meter	320.10	NOTRE D
Sergey Kuznetsov	100 Fly	47.97	NOTRE D
Joe Myhre	50 Free	20.16	MINN
Joe Myhre	50 Free	20.18	NOTRE D
Will Myhre	100 Breast	55.25	MSU
Will Myhre	100 Breast	54.96	NOTRE D
Mohamed Neuman	1-meter	334.00	MINN
Will Scott	50 Free	20.46	MSU
Aleksey Tarasenko	100 Free	44.85	MSU
Aleksey Tarasenko	200 Free	1:37.35	MINN
Aleksey Tarasenko	100 Free	44.21	MINN
Aleksey Tarasenko	100 Free	44.84	
Aleksey Tarasenko	200 Free	1:37.35	NOTRE D
Michael Tenney	200 Fly	1:50.72	
Michael Tenney	200 Fly	1:48.45	
Michael Tenney	200 IM	1:50.42	MINN
Michael Tenney	200 Fly	1:47.57	NOTRE D

2019-20 RELAY WINS (MEN)

Athletes	Event	Time	Meet
Colin, W. Myhre, Tenney, J. Myhre	200 Medley	1:30.52	MSU
Tarasenko, Fiolic, Scott, J. Myhre	400 Free	3:01.45	MSU
J. Myhre, Scott, Tarasenko, Fiolic	200 Free	1:21.24	MSU
J. Myhre, Scott, Tarasenko, Fiolic	400 Free	2:58.11	MINN
J. Myhre, Kuznetsov, Scott, Tarasenko	400 Free	2:57.84	NOTRE D
Colin, W. Myhre, Kuznetsov, J. Myhre	200 Medlev	1:28.86	NOTRE D

2019-20 INDIVIDUAL WINS (WOMEN)

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Athletes	Event	Time	Meet
Hannah Burvill	200 Free	1:48.36	MINN
Hannah Burvill	200 Free	1:49.53	MICH
Hannah Burvill	200 Free	1:49.31	RUTGERS
Hannah Burvill	100 Free	50.62	RUTGERS
Hannah Burvill	100 Back	54.26	IOWA ST
Hannah Burvill	50 Free	23.50	IOWA ST
Hannah Burvill	100 Free	50.47	IOWA ST
Kelsey Drake	200 Fly	2:02.76	MSU/UNI
Kelsey Drake	100 Fly	55.45	MSU/UNI
Kelsey Drake	200 Fly	2:00.41	MINN
Kelsey Drake	100 Fly	54.35	MINN
Kelsey Drake	200 Flý	1:59.45	MICH
Kelseý Drake	200 IM	2:03.59	MICH
Kelsey Drake	200 Fly	2:00.59	RUTGERS
Kelsey Drake	100 Fly	54.75	RUTGERS
Kelsey Drake	200 IM	2:05.17	RUTGERS
Kelsey Drake	200 Fly	1:57.87	IOWA ST
Kelsey Drake	100 Fly	54.06	IOWA ST
Kelsey Drake	200 IM	2:02.78	IOWA ST
	500 Free		RUTGERS
Allyssa Fluit		4:53.91	
Allyssa Fluit	200 Free	1:48.90	IOWA ST
Allyssa Fluit	500 free	4:51.66	IOWA ST
Jayah Mathews	1-meter	296.25	MSU/UNI
Jayah Mathews	1-meter	309.65	MINN
Jayah Mathews	1-meter	322.20	MICH
Jayah Mathews	1-meter	324.85	RUTGERS
Jayah Mathews	3-meter	362.25	RUTGERS
Jayah Mathews	3-meter	348.40	IOWA ST
Jayah Mathews	1-meter	318.40	IOWA ST
Jayah Mathews	1-meter	321.10	NOTRE D/ILL
Lauren McDougall	200 Free	1:50.37	MSU/UNI
Lauren McDougall	100 Free	51.50	MSU/UNI
Alexandra Olesiak	100 Breast	1:03.69	RUTGERS
Alexandra Olesiak	200 Breast	2:18.85	RUTGERS
Millie Sansome	1000 Free	10:10.41	MSU/UNI
Millie Sansome	500 Free	4:59.67	MSU/UNI
Millie Sansome	1000 Free	10:03.70	MINN
Millie Sansome	200 Back	2:01.17	MINN
Millie Sansome	100 Back	55.57	MICH
Millie Sansome	200 Back	2:00.03	MICH
Millie Sansome	1000 Free	10:07.55	RUTGERS
Millie Sansome	200 Back	1:59.78	RUTGERS
Millie Sansome	1000 free	10:03.34	IOWA ST
Millie Sansome	200 back	1:58.08	IOWA ST
Sam Tamborski	3-meter	316.45	MSU/UNI
Sam Tamborski	3-meter		SMU CLASSIC
		302.00	
Sam Tamborski Maddio Ziogart	3-meter	341.55	MICH
Maddie Ziegert	50 Free	23.95	MSU/UNI
Maddie Ziegert	50 Free	23.39	MINN

2019-20 RELAY WINS (WOMEN)

Athletes	Event	Time	Meet
Sansome, Ohlensehlen, Drake, Burvill 2	200 Medley	1:42.94	MSU/UNI
Sansome, Burvill, Ziegert, McDougall	400 Free	3:28.81	MSU/UNI
McDougall, Sansome, Schemmel, Ziege	rt200 Free	1:35.15	MSU/UNI
Schemmel, Burvill, McDougall, Ziegert	400 Free	3:24.84	MINN
McDougall, Sauer, Wooden, Burvill	400 Free	3:25.37	RUTGERS
Schemmel, Rink, Fluit, Burvill	400 Free	3:22.66	IOWA ST
Fluit, Burvill, Ziegert, McDougall	400 Free	3:27.27	NOTRF D/II I

