

**Black & Gold Intrasquad - 12/9/2016****University of Iowa Rec Building****Results - All****Women 300 Meter Dash**

=====					
Facility: F 38.65		12/5/2015	Briana Guillory, Black		
Meet Record: M 38.65		12/5/2015	Briana Guillory, Black		
Name	Year	School	Finals	H#	Points
=====					
Finals					
1 Alexis Hernandez	JR	Gold	38.48F	2	5
2 Tashee Hargrave	FR	Black	40.04	1	3
3 Talia Buss	FR	Black	40.27	1	2
4 Sarah Plock	FR	Black	40.37	2	
5 Alexis Gay	SO	Gold	40.73	2	1
6 Laura Sherman	FR	Gold	41.48	1	
7 Taylor Chapman	SO	Black	41.79	2	
8 Emily Paul	FR	Black	43.89	1	
-- Sheridan Champe	JR	Gold	SCR		

**Women 600 Meter Run**

=====					
Facility: F 1:27.45		2008	Kineke Alexander, Iowa		
Meet Record: M 1:31.66		12/4/2010	Bethany Praska, Gold		
Name	Year	School	Finals	Points	
=====					
1 Mallory King	FR	Gold	1:35.48	5	
28.095 (28.095)	1:00.491 (32.396)		1:35.473 (34.983)		
2 Tia Saunders	FR	Black	1:37.05	3	
28.242 (28.242)	1:00.686 (32.444)		1:37.045 (36.359)		
3 Haley Schroeder	FR	Black	1:38.82	2	
28.476 (28.476)	1:01.883 (33.408)		1:38.816 (36.933)		
-- Taylor Arco	FR	Gold	DNS		

**Women 1000 Meter Run**

=====					
Facility: F 2:45.65		2013	Bethany Praska, Unattached		
Meet Record: M 2:45.65		12/7/2013	Bethany Praska, Unattached		
Name	Year	School	Finals	Points	
=====					
1 Amber Decker	FR	Gold	2:58.68	5	
33.202 (33.202)	1:08.102 (34.901)		1:44.616 (36.514)	2:21.499 (36.883)	
2:58.680 (37.181)					
2 Juliann Hollensbe	FR	Gold	2:59.27	3	
33.494 (33.494)	1:08.485 (34.991)		1:45.331 (36.846)	2:22.291 (36.960)	
2:59.267 (36.977)					
3 Jordyn Sindt	SR	Black	2:59.90	2	
33.433 (33.433)	1:08.325 (34.892)		1:44.890 (36.565)	2:22.137 (37.247)	
2:59.893 (37.757)					
4 Claire Dupuis	FR	Black	3:08.29	1	
33.183 (33.183)	1:07.909 (34.727)		1:45.588 (37.679)	2:25.844 (40.257)	
3:08.284 (42.440)					
5 Macie Weber	FR	Black	3:16.36		
33.806 (33.806)	1:10.987 (37.181)		1:51.392 (40.406)	2:33.501 (42.109)	
3:16.358 (42.857)					
6 Abby Sears	SO	Gold	3:23.55		
34.009 (34.009)	1:11.518 (37.509)		1:52.600 (41.083)	2:38.374 (45.775)	
3:23.544 (45.170)					

**Black & Gold Intrasquad - 12/9/2016****University of Iowa Rec Building****Results - All****Women 3000 Meter Run**

=====				
Facility: F 9:37.80 2004		Hilary Edmondson, Wisconsin		
Name	Year	School	Finals	Points
=====				
1 Madison Waymire	JR	Black	10:42.80	5
43.351 (43.351)	1:26.235 (42.885)	2:09.897 (43.662)	2:53.608 (43.711)	
3:37.075 (43.468)	4:20.120 (43.045)	5:03.122 (43.002)	5:46.255 (43.134)	
6:29.658 (43.403)	7:12.760 (43.102)	7:56.225 (43.466)	8:40.504 (44.279)	
9:22.663 (42.159)	10:03.866 (41.204)	10:42.792 (38.927)		
2 Tess Wilberding	SR	Gold	10:42.81	3
43.128 (43.128)	1:26.066 (42.939)	2:09.635 (43.569)	2:53.524 (43.889)	
3:37.006 (43.483)	4:20.192 (43.186)	5:03.198 (43.006)	5:46.354 (43.157)	
6:29.635 (43.281)	7:12.648 (43.013)	7:56.128 (43.481)	8:40.418 (44.290)	
9:22.522 (42.104)	10:03.824 (41.302)	10:42.804 (38.981)		
3 Andrea Shine	SO	Black	10:42.83	2
43.592 (43.592)	1:26.479 (42.888)	2:10.265 (43.786)	2:53.960 (43.695)	
3:37.448 (43.489)	4:20.626 (43.178)	5:03.595 (42.969)	5:46.734 (43.140)	
6:29.825 (43.091)	7:12.898 (43.073)	7:56.400 (43.503)	8:40.140 (43.740)	
9:22.363 (42.223)	10:03.711 (41.349)	10:42.822 (39.112)		
4 Kelly Breen	SR	Black	10:43.18	
43.434 (43.434)	1:26.323 (42.890)	2:10.144 (43.821)	2:53.831 (43.687)	
3:37.329 (43.499)	4:20.481 (43.152)	5:03.481 (43.000)	5:46.626 (43.146)	
6:29.476 (42.850)	7:12.472 (42.996)	7:55.950 (43.479)	8:40.372 (44.422)	
9:22.971 (42.599)	10:04.295 (41.325)	10:43.175 (38.881)		
5 Marta Bote Gonzalez	JR	Gold	10:43.44	1
43.060 (43.060)	1:25.979 (42.920)	2:09.914 (43.935)	2:53.785 (43.871)	
3:37.258 (43.474)	4:20.451 (43.193)	5:03.388 (42.937)	5:46.508 (43.121)	
6:29.924 (43.416)	7:13.002 (43.078)	7:56.449 (43.448)	8:40.650 (44.201)	
9:23.024 (42.374)	10:04.268 (41.245)	10:43.434 (39.167)		
6 Ashley Espinosa	SO	Gold	10:57.10	
43.603 (43.603)	1:26.544 (42.942)	2:10.360 (43.816)	2:53.997 (43.637)	
3:37.485 (43.489)	4:20.649 (43.164)	5:03.767 (43.118)	5:47.129 (43.363)	
6:30.827 (43.698)	7:14.962 (44.136)	7:59.773 (44.811)	8:44.956 (45.184)	
9:30.561 (45.606)	10:15.249 (44.688)	10:57.099 (41.850)		
7 Lauren Gibbs	FR	Black	11:24.20	
43.913 (43.913)	1:26.885 (42.973)	2:10.711 (43.826)	2:54.418 (43.708)	
3:38.891 (44.473)	4:23.798 (44.908)	5:09.399 (45.602)	5:55.881 (46.482)	
6:43.001 (47.121)	7:30.868 (47.867)	8:18.856 (47.988)	9:07.271 (48.415)	
9:55.740 (48.470)	10:43.555 (47.815)	11:24.197 (40.643)		
8 Maria Eastman	FR	Black	11:32.26	
43.923 (43.923)	1:26.946 (43.024)	2:10.776 (43.830)	2:54.428 (43.653)	
3:38.907 (44.479)	4:23.792 (44.886)	5:09.395 (45.604)	5:55.950 (46.555)	
6:43.235 (47.286)	7:31.278 (48.043)	8:19.702 (48.424)	9:09.208 (49.507)	
9:58.929 (49.721)	10:47.774 (48.846)	11:32.260 (44.486)		
9 Elizabeth Niedert	SO	Gold	11:49.10	
44.224 (44.224)	1:27.214 (42.991)	2:11.147 (43.933)	2:54.958 (43.812)	
3:40.298 (45.340)	4:27.065 (46.767)	5:14.732 (47.668)	6:03.640 (48.908)	
6:53.368 (49.729)	7:43.103 (49.735)	8:33.268 (50.166)	9:23.284 (50.016)	
10:13.374 (50.091)	11:02.576 (49.203)	11:49.098 (46.522)		

**Black & Gold Intrasquad - 12/9/2016****University of Iowa Rec Building****Results - All****Women 60 Meter Hurdles  
Top 8 Advance by Time**

Facility: F 8.32 2004 Yvonne Mensah, Illinois  
 Meet Record: M 8.62 12/5/2015 Jahisha Thomas, Gold

Name	Year	School	Prelims
Preliminaries			
1 Jahisha Thomas	JR	Black	M 8.38q
2 Heaven Chandler	JR	Gold	8.67q
3 Jenny Kimbro	FR	Gold	8.73q
4 Allison Wahrman	FR	Black	9.01q
5 Kylie Morken	FR	Black	9.08q
6 Aubrianna Lantrip	FR	Gold	9.24q

**Women 60 Meter Hurdles**

Facility: F 8.32 2004 Yvonne Mensah, Illinois  
 Meet Record: M 8.62 12/5/2015 Jahisha Thomas, Gold

Name	Year	School	Finals	Points
Finals				
1 Jahisha Thomas	JR	Black	8.40M	5
2 Heaven Chandler	JR	Gold	8.55M	3
3 Jenny Kimbro	FR	Gold	8.71	2
4 Allison Wahrman	FR	Black	8.97	1
5 Kylie Morken	FR	Black	9.14	
6 Aubrianna Lantrip	FR	Gold	9.20	

**Women 4x400 Meter Relay**

Facility: F 3:41.80 2004 Indiana, Indiana  
 Huber, Ray, Clausing, Maddox

Meet Record: M 3:51.77 12/3/2011 Black, Gold  
 School

	Finals	Points
1 Gold 'A'	3:53.13	5
1) Alexis Gay SO	2) Mallory King FR	
3) Jenny Kimbro FR	4) Alexis Hernandez JR	
1:01.946 (1:01.946)	2:01.683 (59.738)	2:59.178 (57.495)
		3:53.121 (53.943)
2 Black 'A'	3:55.16	3
1) Tashee Hargrave FR	2) Sarah Plock FR	
3) Talia Buss FR	4) Tia Saunders FR	
59.746 (59.746)	1:57.886 (58.140)	2:56.541 (58.656)
		3:55.159 (58.618)
3 Black 'B'	4:03.30	
1) Taylor Chapman SO	2) Kylie Morken FR	
3) Jordyn Sindt SR	4) Haley Schroeder FR	
1:02.717 (1:02.717)	2:03.555 (1:00.838)	3:02.963 (59.409)
		4:03.295 (1:00.332)
4 Gold 'B'	4:12.73	
1) Heaven Chandler JR	2) Aubrianna Lantrip FR	
3) Tess Wilberding SR	4) Amber Decker FR	
1:02.415 (1:02.415)	2:04.609 (1:02.194)	3:06.561 (1:01.952)
		4:12.722 (1:06.162)
5 Gold 'C'	4:24.21	
1:08.555 (1:08.555)	2:12.029 (1:03.474)	3:17.849 (1:05.821)
		4:24.209 (1:06.360)

**Black & Gold Intrasquad - 12/9/2016****University of Iowa Rec Building****Results - All****Women High Jump**

=====					
Facility: F 1.83m		2002	Carri Long, Unattached		
Facility: F 1.83m		2007	Peaches Roach, Iowa		
Meet Record: M 1.80m		12/1/2012	Khanishah Williams, Black		
Name	Year	School	Finals	Points	
=====					
1 Tria Seawater-Simmons	SO	Black	1.68m	5-06.00	5
1.58 1.63 1.68 1.73					
O O XXO XXX					
2 Gillian Urycki	FR	Black	1.68m	5-06.00	3
1.63 1.68 1.73					
XXO XXO XXX					
3 Kelli DeGeorge	FR	Gold	1.63m	5-04.25	2
1.58 1.63 1.68					
O XO XXX					
4 Jenny Kimbro	FR	Gold	1.58m	5-02.25	1
1.58 1.63					
O XXX					
5 Megan Tamasovich	FR	Black	1.58m	5-02.25	
1.58 1.63					
XXO XXX					
6 Kylie Morken	FR	Black	1.50m	4-11.00	
1.50 1.58					
XXO XPP					
-- Aubrianna Lantrip	FR	Gold	NH		
1.63					
XXX					
-- Christina MacNab	FR	Gold	NH		
1.63					
XXX					

**Women Pole Vault**

=====					
Facility: F 3.96m		2002	Elizabeth metzinger, Purdue		
Meet Record: M 3.60m		12/3/2011	Kirsten Weismantle, Gold		
Name	Year	School	Finals	Points	
=====					
1 Amy Smith	SO	Gold	3.35m	10-11.75	5
3.20 3.35 3.50					
O O XXX					

**Women Long Jump**

=====					
Facility: F 6.32m		2004	Rosalind Goodwin, Ohio State		
Meet Record: M 5.88m		12/5/2015	Jahisha Thomas, Gold		
Name	Year	School	Finals	Points	
=====					
1 Jahisha Thomas	JR	Black	5.92mM	19-05.25	5
2 Heaven Chandler	JR	Gold	5.44m	17-10.25	3
3 Allison Wahrman	FR	Black	5.40m	17-08.75	2
4 Hannah Schilb	FR	Black	5.22m	17-01.50	

**Black & Gold Intrasquad - 12/9/2016****University of Iowa Rec Building****Results - All****Women Shot Put**

=====					
Facility: F 16.81m		2004	Ja'Nai O'Conner, Penn State		
Meet Record: M 14.94m		12/3/2011	Rachel Curry, Gold		
Name	Year	School	Finals		Points
=====					
1	Laulauga Tausaga	FR Black	12.07m	39-07.25	5
2	Erika Hammond	FR Gold	11.99m	39-04.00	3
3	Allison Wahrman	FR Black	10.07m	33-00.50	2
4	Jenny Kimbro	FR Gold	9.13m	29-11.50	1
5	Heaven Chandler	JR Gold	8.92m	29-03.25	
6	Kylie Morken	FR Black	8.71m	28-07.00	
7	Aubrianna Lantrip	FR Gold	8.39m	27-06.50	

**Men 60 Meter Dash****Top 8 Advance by Time**

=====					
Facility: F 6.70		2006	Demi Omole, Wisconsin		
Meet Record: M 6.74		12/5/2015	James Harrington, Black		
Name	Year	School	Prelims	H#	
=====					
Preliminaries					
1	Vinnie Saucer	SR Black	6.79q	2	
2	Christian Brissett	SO Black	6.80q	1	
3	Jacob Gourley	SO Gold	6.88q	2	
4	O'Shea Wilson	SO Gold	6.90q	1	
5	Brendan Thompson	SR Gold	6.93q	2	
6	Antwon James	SR Gold	6.96q	1	
7	Akinshe Calica-Hill	FR Gold	7.02q	2	
8	DeJuan Frye	SO Black	7.05q	1	
9	Cooper Koenig	FR Black	7.35	1	
--	Corderol Campbell	FR Black	DNS	2	

**Men 60 Meter Dash**

=====					
Facility: F 6.70		2006	Demi Omole, Wisconsin		
Meet Record: M 6.74		12/5/2015	James Harrington, Black		
Name	Year	School	Finals	Points	
=====					
Finals					
1	Christian Brissett	SO Black	6.79	5	
2	Vinnie Saucer	SR Black	6.91	3	
3	Jacob Gourley	SO Gold	6.95	2	
4	Brendan Thompson	SR Gold	7.00	1	6.997
5	Antwon James	SR Gold	7.00	6.999	
6	O'Shea Wilson	SO Gold	7.03		
7	Akinshe Calica-Hill	FR Gold	7.04		
--	DeJuan Frye	SO Black	DNS		

**Men 200 Meter Dash**

=====					
Name	Year	School	Finals	H#	Points
=====					
1	Christian Brissett	SO Black	21.66	2	5
2	Brendan Thompson	SR Gold	22.09	2	3
3	Jacob Gourley	SO Gold	22.26	1	2
4	Tyler Kirkwood	FR Black	23.89	1	1

**Black & Gold Intrasquad - 12/9/2016****University of Iowa Rec Building****Results - All****....Men 200 Meter Dash**

-- Anthony Williams	FR Gold	DNS	2
-- Vinnie Saucer	SR Black	DNS	1

**Men 300 Meter Dash**

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Facility: F 34.23 12/5/2015 James Harrington, Black
Meet Record: M 34.23 12/5/2015 James Harrington, Black
Name Year School Finals H# Points
=====
1 Emmanuel Ogwo FR Gold 33.69F 4 5
2 DeJuan Frye SO Black 34.02F 4 3
3 Jared Ganschow SR Black 34.18F 3 2
4 Antonio Woodard FR Gold 34.35 4 1
5 Collin Hofacker SO Black 34.36 3
6 Nick Jensen SR Black 35.02 2
7 Chris Thompson FR Gold 35.15 2
8 Gage Eller FR Gold 35.70 1
9 Chris Douglas SO Gold 36.07 3
10 Gavin Hoch FR Black 36.70 1
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**Men 600 Meter Run**

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Facility: F 1:17.22 2006 Trammel Smith, Illinois
Meet Record: M 1:18.39 12/6/2014 Will Teubel, Black
Name Year School Finals H# Points
=====
1 Anthony Chaidez FR Gold 1:19.90 2 5 1:19.892
  24.221 (24.221) 51.187 (26.966) 1:19.892 (28.706)
2 Austin Lietz FR Gold 1:19.90 2 3 1:19.896
  23.861 (23.861) 50.500 (26.639) 1:19.896 (29.397)
3 Mar'yea Harris SO Black 1:20.23 1 2
  23.887 (23.887) 50.745 (26.858) 1:20.222 (29.478)
4 Charles Guier FR Black 1:20.97 2 1 1:20.964
  24.420 (24.420) 51.364 (26.944) 1:20.964 (29.601)
5 Noah Larrison SO Gold 1:20.97 1 1:20.968
  24.004 (24.004) 51.112 (27.109) 1:20.968 (29.856)
6 Ryan Dorman JR Black 1:21.33 1
  24.469 (24.469) 51.676 (27.208) 1:21.323 (29.647)
7 Mitch Wolff SR Gold 1:22.90 1
  24.045 (24.045) 51.457 (27.413) 1:22.900 (31.443)
-- Nolan Teubel FR Black SCR
-- Will Teubel SR Black SCR
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**Men 1000 Meter Run**

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Facility: F 2:24.50 12/3/2011 Nathan Prom, Iowa
Meet Record: M 2:24.50 12/3/2011 Nathan Prom, Gold
Name Year School Finals Points
=====
1 Carter Lilly JR Gold 2:26.73 5
  27.275 (27.275) 56.415 (29.141) 1:26.549 (30.134) 1:57.271 (30.723)
  2:26.723 (29.453)
2 Tysen VanDraska FR Black 2:32.48 3
  28.240 (28.240) 59.446 (31.206) 1:31.032 (31.586) 2:03.741 (32.710)
  2:32.479 (28.738)
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**Black & Gold Intrasquad - 12/9/2016****University of Iowa Rec Building****Results - All****....Men 1000 Meter Run**

3	Matt Manternach	FR Black	2:32.62	2		
	28.329 (28.329)	59.606 (31.277)	1:31.527 (31.921)		2:04.063 (32.537)	
	2:32.614 (28.551)					
4	Karson Sommer	FR Gold	2:35.50	1		
	28.420 (28.420)	59.210 (30.791)	1:31.356 (32.146)		2:04.642 (33.287)	
	2:35.497 (30.856)					
5	Patrick Karanja	FR Gold	2:36.01			
	29.289 (29.289)	59.966 (30.678)	1:31.889 (31.923)		2:04.470 (32.582)	
	2:36.009 (31.539)					

**Men 3000 Meter Run**

=====						
Facility: F 7:54.13		2006	Chris Solinsky, Wisconsin			
Meet Record: M 8:44.15		12/7/2008	Sam Bailin, Black			
Name	Year	School	Finals	Points		
=====						
1	Adam Jones	SR Black	8:25.68M	5		
	33.723 (33.723)	1:06.614 (32.891)	1:39.582 (32.969)		2:13.386 (33.804)	
	2:47.088 (33.703)	3:21.376 (34.288)	3:55.759 (34.384)		4:30.111 (34.353)	
	5:02.882 (32.771)	5:36.314 (33.432)	6:10.050 (33.737)		6:43.643 (33.593)	
	7:17.786 (34.144)	7:52.213 (34.428)	8:25.674 (33.461)			
2	Nathan Mylenek	FR Gold	8:37.34M	3		
	35.456 (35.456)	1:09.566 (34.111)	1:43.713 (34.148)		2:17.933 (34.220)	
	2:53.342 (35.410)	3:28.944 (35.603)	4:04.712 (35.769)		4:40.173 (35.462)	
	5:15.013 (34.840)	5:49.668 (34.656)	6:23.487 (33.819)		6:56.552 (33.066)	
	7:29.904 (33.352)	8:03.768 (33.865)	8:37.337 (33.569)			
3	Daniel Gardarsson	JR Black	8:48.68	2		
	35.944 (35.944)	1:10.097 (34.153)	1:44.264 (34.168)		2:18.766 (34.502)	
	2:54.199 (35.434)	3:29.995 (35.797)	4:05.218 (35.224)		4:40.769 (35.552)	
	5:16.255 (35.486)	5:52.448 (36.193)	6:28.329 (35.882)		7:04.424 (36.096)	
	7:41.039 (36.615)	8:16.903 (35.865)	8:48.673 (31.770)			
4	Brandon Cooley	FR Gold	8:48.70	1		
	35.809 (35.809)	1:09.791 (33.983)	1:43.657 (33.867)		2:18.389 (34.732)	
	2:53.663 (35.275)	3:29.172 (35.510)	4:04.901 (35.730)		4:40.568 (35.668)	
	5:15.969 (35.401)	5:51.832 (35.864)	6:27.796 (35.965)		7:03.825 (36.030)	
	7:40.235 (36.410)	8:16.632 (36.397)	8:48.697 (32.065)			
5	Ben Anderson	SR Gold	8:52.33			
	35.651 (35.651)	1:09.756 (34.106)	1:43.858 (34.103)		2:18.436 (34.578)	
	2:53.858 (35.423)	3:29.441 (35.584)	4:04.919 (35.479)		4:40.443 (35.525)	
	5:15.822 (35.379)	5:51.460 (35.639)	6:27.382 (35.923)		7:03.480 (36.098)	
	7:39.912 (36.432)	8:16.446 (36.534)	8:52.330 (35.885)			
6	Daniel Murphy	SO Black	8:53.98			
	35.221 (35.221)	1:09.289 (34.069)	1:43.495 (34.207)		2:17.795 (34.300)	
	2:53.270 (35.476)	3:28.907 (35.638)	4:04.657 (35.751)		4:40.273 (35.617)	
	5:15.726 (35.453)	5:52.147 (36.421)	6:28.970 (36.823)		7:05.717 (36.748)	
	7:42.787 (37.070)	8:20.140 (37.353)	8:53.979 (33.839)			
7	Kallin Khan	SO Gold	8:54.22			
	36.112 (36.112)	1:10.340 (34.228)	1:44.221 (33.882)		2:19.048 (34.827)	
	2:54.406 (35.359)	3:30.102 (35.697)	4:05.938 (35.837)		4:41.605 (35.668)	
	5:17.077 (35.473)	5:52.908 (35.832)	6:29.320 (36.412)		7:06.394 (37.074)	
	7:43.462 (37.068)	8:20.434 (36.972)	8:54.212 (33.778)			

**Black & Gold Intrasquad - 12/9/2016****University of Iowa Rec Building****Results - All****....Men 3000 Meter Run**

8 Bailey Hesse-Withbroe	SO Black	9:05.02	
35.191 (35.191)	1:09.317 (34.127)	1:43.516 (34.200)	2:18.270 (34.754)
2:53.628 (35.359)	3:29.446 (35.819)	4:05.458 (36.013)	4:41.782 (36.324)
5:18.078 (36.296)	5:55.261 (37.183)	6:33.866 (38.605)	7:10.893 (37.028)
7:48.887 (37.994)	8:26.721 (37.834)	9:05.015 (38.295)	
9 Michael Westphal	FR Black	9:05.66	
36.452 (36.452)	1:10.614 (34.162)	1:44.517 (33.904)	2:19.280 (34.763)
2:54.467 (35.188)	3:30.293 (35.827)	4:05.669 (35.377)	4:41.121 (35.453)
5:17.086 (35.966)	5:54.590 (37.504)	6:32.847 (38.257)	7:11.406 (38.560)
7:50.205 (38.799)	8:28.975 (38.771)	9:05.659 (36.684)	
10 Cole Mullins	SO Black	9:21.48	
35.508 (35.508)	1:09.543 (34.036)	1:43.822 (34.280)	2:18.566 (34.744)
2:53.890 (35.325)	3:29.681 (35.792)	4:05.770 (36.090)	4:42.955 (37.185)
5:22.771 (39.817)	6:03.619 (40.849)	6:42.922 (39.303)	7:23.271 (40.350)
8:03.917 (40.647)	8:43.998 (40.081)	9:21.480 (37.483)	
-- Luke Sampson	FR Gold	DNF	
35.855 (35.855)	1:10.059 (34.204)	1:44.030 (33.972)	2:18.770 (34.740)
2:54.089 (35.320)	3:29.899 (35.811)	4:04.858 (34.960)	4:39.557 (34.699)
5:14.696 (35.140)	5:49.334 (34.639)		
-- Kevin Docherty	SR Black	DNF	
33.495 (33.495)	1:06.396 (32.901)	1:39.357 (32.962)	2:13.169 (33.812)
2:46.853 (33.685)	3:21.158 (34.305)	3:55.534 (34.377)	4:30.155 (34.622)
-- Ian Eklin	SO Gold	DNS	

**Men 60 Meter Hurdles****Top 8 Advance by Time**

=====  
 Facility: F 7.82 1/16/2016 Aaron Mallett, Iowa  
 Meet Record: M 7.86 12/5/2015 Aaron Mallett, Black  
 Name Year School Prelims  
 =====

**Preliminaries**

1 Anthony Williams	FR Gold	8.20q
2 Chris Douglas	SO Gold	8.36q
3 Tyler Kirkwood	FR Black	8.37q
4 William Dougherty	JR Black	8.53q
5 Daniel Gaynes	FR Gold	8.54q
-- Aaron Mallett	SR Black	DNS

**Men 60 Meter Hurdles**

=====  
 Facility: F 7.82 1/16/2016 Aaron Mallett, Iowa  
 Meet Record: M 7.86 12/5/2015 Aaron Mallett, Black  
 Name Year School Finals Points  
 =====

**Finals**

1 Chris Douglas	SO Gold	8.18	5
2 Tyler Kirkwood	FR Black	8.23	3
3 William Dougherty	JR Black	8.53	2
4 Daniel Gaynes	FR Gold	8.58	1
-- Anthony Williams	FR Gold	DNS	



**Black & Gold Intrasquad - 12/9/2016****University of Iowa Rec Building****Results - All****Men 4x400 Meter Relay**

Facility: F 3:11.83 1984		Iowa, Iowa			
Meet Record: M 3:16.21 12/3/2011		Black, Black			
School		Finals	Points		
1 Black 'A'		3:14.47M	5		
1) Collin Hofacker SO		2) Jared Ganschow SR			
3) DeJuan Frye SO		4) Mar'yea Harris SO			
49.572 (49.572)	1:37.487 (47.916)	2:25.917 (48.430)	3:14.462 (48.545)		
2 Gold 'A'		3:15.05M	3		
1) Emmanuel Ogwo FR		2) Antonio Woodard FR			
3) Carter Lilly JR		4) Austin Lietz FR			
48.749 (48.749)	1:37.460 (48.712)	2:25.871 (48.411)	3:15.043 (49.172)		
3 Gold 'B'		3:20.25			
1) Noah Larrison SO		2) Chris Thompson FR			
3) Anthony Chaidez FR		4) Daniel Gaynes FR			
50.175 (50.175)	1:39.574 (49.400)	2:29.885 (50.312)	3:20.243 (50.358)		
4 Black 'B'		3:24.74			
1) Nick Jensen SR		2) Ryan Dorman JR			
3) William Dougherty JR		4) Tysen VanDraska FR			
50.051 (50.051)	1:40.264 (50.214)	2:32.494 (52.230)	3:24.738 (52.244)		

**Men High Jump**

Facility: F 2.25m 1997		Staffan Strand, Minnesota			
Meet Record: M 2.10m 12/3/2011		Jeffery Herron, Gold			
Name	Year School	Finals	Points		
1 Brelyn Barclay	SO Gold	1.98m	6-06.00	4	
1 Peter Andreano	SO Black	1.98m	6-06.00	4	
-- Erik Miller	SO Gold	NH			

**Men Pole Vault**

Facility: F 5.52m 1997		Tye Harvey, Minnesota			
Meet Record: M 4.87m 12/7/2013		Kyle Reid, Black			
Name	Year School	Finals	Points		
1 Andy Jatis	SO Gold	4.85m	15-11.00	5	
4.55 4.70 4.85 5.00					
0 0 0 XXX					
2 William Dougherty	JR Black	4.55m	14-11.00	3	
4.25 4.40 4.55 4.70					
0 0 0 XXX					
3 Josh Pelock	FR Black	4.40m	14-05.25	2	
4.40 4.55					
0 XXX					
4 Daniel Gardarsson	JR Black	3.35m	10-11.75		
3.05 3.20 3.35 3.50					
0 0 0 XXX					

**Black & Gold Intrasquad - 12/9/2016****University of Iowa Rec Building****Results - All****Men Long Jump**

=====					
Facility: F 7.97m 1992		Anthuan Maybank, Iowa			
Meet Record: M 7.26m 12/6/2009		Josh Bean			
Name	Year	School	Finals		Points
=====					
1 Antwon James	SR	Gold	7.08m	23-02.75	5
2 Corderol Campbell	FR	Black	6.35m	20-10.00	3
3 Cooper Koenig	FR	Black	5.83m	19-01.50	2
-- Akinshe Calica-Hill	FR	Gold	FOUL		

**Men Shot Put**

=====					
Facility: F 19.40m 2006		Karl Erickson, Minnesota			
Meet Record: M 17.11m 12/4/2010		Ryan Lamparek, Black			
Name	Year	School	Finals		Points
=====					
1 Avery Meyers	SR	Black	16.75m	54-11.50	5
2 Reno Tuufuli	SO	Gold	16.24m	53-03.50	3
3 William Dougherty	JR	Black	14.14m	46-04.75	2
4 Daniel Gaynes	FR	Gold	8.61m	28-03.00	1

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Women - Team Rankings - 10 Events Scored

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1) Black	51	2) Gold	48
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Men - Team Rankings - 12 Events Scored

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1) Black	65	2) Gold	59
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