

# IOWA TRACK & FIELD 2017

**22 Olympians**  
**13 NCAA Champions**  
**254 All-American Honors**  
**285 Big Ten Champions**  
**439 Academic All-Big Ten Honors**



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## 2017 IOWA TRACK & FIELD OUTDOOR SCHEDULE

Date	Meet
Mar. 17-18	Baldy Castillo Invitational (Tempe, Ariz.)
Mar. 30-1	Florida Relays (Gainesville, Fla.)
Mar. 31	Stanford Invitational (Palo Alto, Calif.)
Mar. 31	San Francisco Distance Carnival (San Francisco, Calif.)
Apr. 6-8	Jim Click Shootout (Tucson, Ariz.)
Apr. 12-15	Mt. Sac Relays (Torrance, Calif.)
Apr. 22	Musco Twilight (Iowa City, Iowa)
<b>Apr. 27-29</b>	<b>Drake Relays (Des Moines, Iowa)</b>
May 12-14	Big Ten Championships (State College, Penn.)
May 25-27	NCAA West Preliminary (Austin, Texas)

## IOWA COACHING STAFF

<b>Joey Woody</b> .....	Director of Track & Field
<b>Randy Hasenbank</b> .....	Associate Head Cross Country
.....	Assistant Track & Field Coach
<b>Clive Roberts</b> .....	Associate Head Coach
<b>Jason Wakenight</b> .....	Assistant Coach
.....	Director of Recruiting
<b>Andrew Dubs</b> .....	Assistant Coach
<b>Paige Knodle</b> .....	interim Assistant Coach
<b>Kate See</b> .....	Director of Operations

## THIS WEEK

The University of Iowa track and field team travels to Des Moines, Iowa, for the 108th Drake Relays for its final meet before the postseason. The Hawkeyes begin competition inside Drake Stadium on Thursday and finish the meet Saturday.

## FOLLOW ALONG

Live results will be available through the team's schedule page on [hawkeyesports.com](http://hawkeyesports.com) and at [hawkeyesports.com/tracklive](http://hawkeyesports.com/tracklive). Follow the team's twitter account [@iowaxc\\_tf](https://twitter.com/iowaxc_tf) for live updates of the meets. The Drake Relays will be live streamed on USATF.tv (subscription required).

## DRAKE RELAYS CHAMPIONS

The Hawkeyes have been traveling to the Drake Relays since in the 1920's while amassing 75 victories during that period (54 for the men and 21 for the women). Iowa's first victory at the Relays came in 1923 when the Hawkeyes won the men's 1,600-meter relay. The most recent victory came last season when Lake Kwaza, Elexis Guster, Mon Tayla Holder, and Mahnee Watts won the women's sprint medley relay with a time of 3:52.62, which ranks third in program history. The Iowa men have the most victories in the 1,600-meter relay with nine and the women have found the most success in the 100-meter hurdles and sprint medley relay (3).

## MEN ENTER NATION'S TOP 25

The University of Iowa men's track and field team is ranked No.23 in the United States Track & Field and Cross Country Coaches Association (USTFCCCA) National Team Computer Rankings released Monday. The Hawkeyes debuted in the rankings with 93.33 points following their performance at the Musco Twilight meet on April 22. Iowa was ranked 29th in the preseason poll released in March and have climbed six spots since. Iowa's highest national ranking under UI director of track and field Joey Woody is 22nd (April 25, 2013).

## AARON MALLETT RETURNS TO FORM

Senior Aaron Mallett returned to the top of the NCAA leaderboard in the 110-meter hurdles at the 18th Musco Twilight meet on Saturday. Mallett ran a 13.56 at the meet to win his fourth Musco Twilight hurdle title. He now ranks first in the Big Ten and ties for fifth in the nation. Mallett was held out of competition the first three weeks of the outdoor season with a stress reaction in his foot.

## ADAM JONES WINS FIRST TITLE AS A HAWKEYE

Senior Adam Jones won his first outdoor competition as a member of the Hawkeyes. Jones, a transfer from Samford college, won the men's 1,500 meters at the Musco Twilight. Jones posted a time of 3:45.48 to cruise to his first victory. He now ranks fifth in program history in the event and 11th in the Big Ten.



## KELLY BREEN SHINES IN 2ND STEEPLECHASE

Senior Kelly Breen competed in her second career 3,000 meter steeplechase at the Musco Twilight meet last weekend. The Palatine, Illinois, native finished runner-up with a time of 10:59.99. Breen now ranks seventh in Iowa history. Last week, running unattached at the Jim Duncan Invitational, Breen finished second in her first 3,000 meter steeplechase in 11:10.84.

## MUSCO TWILIGHT RECORDS

Iowa set three meet records at the Musco Twilight meet on Saturday. Junior Jahisha Thomas broke the women's triple jump meet record with a mark of 12.86m. Senior Aaron Mallett broke his own meet record set in 2015 in the 110-meter hurdles with a time of 13.56 seconds and sophomore Ian Eklin broke the meet and facility record in the 3,000 meters with a time of 8:23.41.

## RELAY WARRIORS

The Hawkeye relay teams have been some of the best and most consistent groups on the track and field team. The men's 4x400 meter relay group set the school record twice in the indoor season and has set two top 10 times this outdoor season. The men have set eight top times in various relays in 2017. They rank second in the Big Ten in the 4x100 meter relay (39.46) and first in the Big Ten in the 4x400 meter relay (3:03.78) and sixth in the NCAA.

The women have put four relays in Iowa's all-time top 10 in 2017 and have set the school record in the 4x200 meters with a time of 1:35.36. The women rank first in the Big Ten in the 4x100 meter relay (44.34) and second in the 4x400 meters (3:32.37).

## IOWA NATIVES AT DRAKE

The Hawkeyes have 17 Iowa natives on their roster (7 women and 10 men) competing at the Drake Relays that have competed at the meet in high school -- Alex Balke, Heaven Chandler, Kelli DeGeorge, Ryan Dorman, Gage Eller, Erika Hammond, Noah Larrison, Jalynn Roberts-Lewis, Tia Saunders, Jordyn Sindt, Madison Waymire.

## OGWO'S FAST START

Freshman Emmanuel Ogwo is excelling in his first season on the UI track and field team. A former Hawkeye football player, Ogwo switched to track and has been one of Iowa's best additions. Ogwo has competed in the 200 meters, 400 meters, 4x100 meter relay, and 4x400 meter relay. At the Mt. SAC Relays, Ogwo ran the anchor for Iowa and finished with a team-best 45.10 split. He also set an outdoor personal best in the 400 meters with a time of 46.46 to win his heat and finish sixth overall.

## JAMES WINS LONG JUMP TITLE

Senior Antwon James won his first event title as a member of the Hawkeyes at the Mt. SAC Relays last weekend. James, a transfer from Loyola, set a mark of 15.60 meters (51 feet, 2 1/4 inches). He ranks fourth in the Big Ten.

## 2017 OUTDOOR SEASON LEADERS

### MEN

100 Meters.....	O'Shea Wilson.....	10.35
110-Meter Hurdles.....	Aaron Mallett.....	13.56
200 Meters.....	Christian Brissett.....	20.75
400 Meters.....	Mar'yea Harris.....	45.73
400-Meter Hurdles.....	Noah Larrison .....	51.02
800 Meters.....	Carter Lilly.....	1:47.51
1,500 Meters.....	Adam Jones.....	3:45.58
3,000 Steeplechase.....	Nathan Mylenek .....	8:56.93
5,000 Meters.....	Adam Jones.....	14:11.52
10,000 Meters.....	Ian Eklin .....	31:03.11
400-Meter Relay.....	Brissett, Wilson, Woodard, Mallett.....	39.46
800-Meter Relay.....	James, Mallett, Harris.,B. Thompson ..	1:23.02
1,600-Meter Relay.....	Ogwo, Harris, Hofacker, Lilly .....	3:03.78
3,200-Meter Relay.....	N. Teubel, Manternach, Chaidez, W. Teubel .....	7:30.74
Dist. Medley Relay.....	N. Teubel, Dorman, W. Teubel, VanDraska .....	10:17.39
High Jump .....	Peter Andreano.....	6-6 3/4 (2.00m)
Pole Vault .....	Andy Jatis.....	16-1 1/4 (4.91m)
Long Jump .....	Antwon James.....	2-44 (7.59m)
Triple Jump.....	Antwon James.....	51-2 1/4 (15.60m)
Shot Put.....	Reno Tuufuli.....	61-4 3/4 (18.71m)
Discus .....	Reno Tuufuli.....	197-7 (60.23m)
Javelin.....	Alex Balke.....	201-6 (61.42m)
Decathlon.....	William Dougherty.....	* 7,471 points

### WOMEN

100 Meters.....	Brittany Brown.....	11.43
100-Meter Hurdles.....	Jahisha Thomas.....	13.46
200 Meters.....	Brittany Brown.....	* 22.69
400 Meters.....	Briana Guillory .....	52.89
400-Meter Hurdles.....	Sheridan Champe.....	1:01.37
800 Meters.....	Tia Saunders.....	2:12.11
1,500 Meters.....	Tess Wilberding .....	4:28.62
3,000 Meters.....	Ashley Espinosa .....	10:23.06
3,000 Steeplechase.....	Marta Bote Gonzalez .....	10:34.93
5,000 Meters.....	Andrea Shine.....	16:43.48
10,000 Meters.....	Andrea Shine.....	34:49.55
400-Meter Relay.....	Chapman, Guillory, Hernandez, Brown..	44.34
800-Meter Relay.....	Chapman, Guillory, Hernandez, Brown .....	* 1:35.36
1,600-Meter Relay.....	Guillory, Brown, Hernandez, Champe ..	3:32.67
Sprint Medley Relay .....		4:00.39
3,200-Meter Relay .....	Saunders, Decker, King, Arco .....	8:56.21
Dist. Medley Relay .....	Saunders, Arco, Decker, Sindt .....	12:14.89
High Jump .....	Gillian Urycki/Sydney Collins .....	5-7 (1.70m)
Pole Vault .....	Amy Smith.....	11-11 3/4 (3.65m)
Long Jump .....	Jenny Kimbro .....	19-0 (5.79m)
Triple Jump.....	Jahisha Thomas.....	42-2 1/4 (12.86m)
Shot Put.....	Laulauga Tausaga .....	49-6 1/4 (15.09m)
Discus .....	Laulauga Tausaga .....	* 184-1 (56.10m)
Javelin.....	Jenny Kimbro .....	104-11 1/2 (31.74m)
Hammer .....	Leah Colbert.....	176-6 (53.80m)
Heptathlon .....	Jenny Kimbro .....	5,121 points

\* -- school record



## TAUSAGA'S MONUMENTAL SEASON

Freshman Laulauga Tausaga continues to boast one of the best discus throws in the country. Tausaga is eighth in the NCAA after her record-breaking performance at the Florida Relays, throwing 56.10 meters (184 - 1). Tausaga is second in the Big Ten and the only freshman ranked in the top 15 in the NCAA.

## MYLENEK ATOP STEEPLECHASE LEADERBOARD

Freshman Nathan Mylenek boasts one of the best times in the country in the men's 3,000 meter steeplechase. Mylenek ran a career-best 9:56.93 at the San Francisco State Distance Carnival on March 31. He now ranks fourth in school history, 37th in the nation, and fourth in the Big Ten. He is one of seven freshmen ranked in the top 50 in the NCAA.

## COUNTING CURRENT ALL-TIME HAWKEYES

The men have 23 current athletes in Iowa's all-time top 10, led by Aaron Mallett (110-meter hurdles) and William Dougherty (Decathlon) who hold school records in their respective events. The women have 26 athletes in the top-10 and four school record holders on the roster in Briana Guillory (100 meters), Brittany Brown (200 meters), Marta Bote Gonzalez (3,000m Steeplechase), and Laulauga Tausaga (Discus).

## BIG TEN LEADERS

Through seven meets, the Hawkeyes have four Big Ten leaders.

- Junior Brittany Brown leads in the 200 meters (22.69).
- The men's 4x400 meter relay: freshman Emmanuel Ogwo, Harris, freshman Collin Hofacker, and junior Carter Lilly (3:03.78).
- The women's 4x100 meter relay: sophomore Taylor Chapman, sophomore Briana Guillory, senior Alexis Hernandez and junior Brittay Brown (44.34).
- Senior Aaron Mallett is first in the 110-meter hurdles (13.56).

## NCAA LEADERS

Iowa has four events and a relay ranked in the top 10 in the NCAA. Senior Aaron Mallett is fifth in the 110-meter hurdles with a time of 13.56, the men's 4x400 meter relay ranks sixth (3:03.78), sophomore Reno Tuufuli is eighth in the country (60.23m), junior Brittany Brown is ninth in the 200 meters (22.69), freshman Laulauga Tausaga is 10th in the discus throw (56.10m).

## NEXT ON THE BLOCK

The Hawkeyes have an off-week before beginning their postseason run. The Big Ten Championships run May 12-14 in State College, Pennsylvania, followed by the NCAA West Preliminary in Austin, Texas, May 25-27.

## Pronunciation Guide

Alex Balke .....	ball-KEY
Marta Bote Gonzalez .....	BOAT
Sheridan Champe .....	CHAMP-ee
Kevin Docherty .....	DOC-er-tee
Nate Ferree .....	fuh-REE
Jared Ganschow .....	GAN-chow
Daniel Gardarsson .....	GAR-duh-sun
Tashee Hargrave.....	Ta-Shay
Mar'yea Harris.....	Mar-ee-ay
Matt Manternach.....	MON-ter-knock
Nathan Mylenek .....	MY-len-ek
Kara Neustrom .....	NEW-strum
Elizabeth Niedert .....	KNEE-dirt
Lalauga Tausaga.....	La-Long-a Ta-(short a)-saga
Will Teubel .....	TOO-bull
Reno Tuufuli .....	TOO-foo-lee

## Drake Stadium

Drake Stadium was built in 1925 and hosts the 108th Drake Relays this weekend. In 2005, the stadium underwent a renovation making it one of the premier places to run track in the country.

Drake Stadium has hosted the NCAA Champions in 1970, 2008, 2011, and 2012. The venue has also played host for the USA Outdoor Championships twice-- 2010 and 2013.



# OUTDOOR ALL-TIME TOP TEN PERFORMERS



Jeremy Allen



Justin Austin



Matt Byers



Troy Doris



William Dougherty



Jeffery Herron



Gabe Hull

## 100 Meters

1.	Justin Austin, 2011 .....	10.21
2.	George Page, 1996 .....	10.25
3.	James Harrington, 2015 .....	10.26
4.	Anthuan Maybank, 1994 .....	10.31
	Tim Dwight, 1997 .....	10.31
	Josh Larney, 2013 .....	10.31
	Vinnie Saucer, Jr., 2015 .....	10.31
<b>8.</b>	<b>O'Shea Wilson, 2017.....</b>	<b>10.35</b>
9.	Bob Lawson, 1976 .....	10.36
10.	Robert Smith, 1984 .....	10.39

## 400 Meters

1.	Anthuan Maybank, 1993 .....	44.99
2.	Andre Morris, 1995 .....	45.15
3.	Mike Mondane, 1967 .....	45.20
<b>4.</b>	<b>Mar'yea Harris, 2017 .....</b>	<b>45.73</b>
5.	Steven Willey, 2010 .....	45.78
6.	Gary Hollingsworth, 1963.....	46.30
<b>7.</b>	<b>Dejuan Frye, 2016.....</b>	<b>46.41</b>
8.	Harold Leonard, 1986.....	46.45
<b>9.</b>	<b>Emmanuel Ogwo, 2017.....</b>	<b>46.46</b>
10.	Tony Branch, 1999 .....	46.60

## 1,500 Meters

1.	Jeff Thode, 2010 .....	3:43.02
2.	Joel Moeller, 1978 .....	3:44.01
3.	Jim Docherty, 1978.....	3:44.30
4.	Sam Fourman, 2015 .....	3:44.50
<b>5.</b>	<b>Adam Jones, 2017.....</b>	<b>3:45.48</b>
6.	Dan Waters, 1986.....	3:46.35
7.	Kevin Herd, 1994 .....	3:46.64
8.	John Clark, 1977 .....	3:46.84
9.	Michael Melchert, 2017 .....	3:47.04
10.	Ted Wheeler, 1956 .....	3:48.24

## 110-Meter High Hurdles

<b>1.</b>	<b>Aaron Mallett, 2015.....</b>	<b>13.40</b>
2.	Pat McGhee, 1989 .....	13.50
3.	Dion Trowers, 1996 .....	13.62
4.	Ronnie McCoy, 1985.....	13.66
5.	Ethan Holmes, 2011 .....	13.73
6.	Jordan Mullen, 2013.....	13.76
7.	James Armstrong, 1991.....	13.89
8.	Dan Davis, 2012.....	14.01
9.	Doug Jones, 1986 .....	14.06
10.	Chris Williams, 1983.....	14.24

## 400-Meter Hurdles

1.	Pat McGhee, 1988.....	48.83
2.	Monte Raymond, 1998.....	50.09
3.	Ray Varner, 2010 .....	50.24
4.	Paul Steele, 1989.....	50.45
5.	Russell Peterson, 2001 .....	50.50
6.	Ethan Holmes, 2013 .....	50.51
7.	Adam Kunkel, 2001 .....	50.73
8.	Jon Reimer, 1967 .....	50.94
	<b>Noah Larrison, 2016.....</b>	<b>50.94</b>
<b>10.</b>	<b>Mitch Wolff, 2016 .....</b>	<b>50.96</b>

## 3,000-Meter Steeplechase

1.	Deacon Jones, 1956.....	8:47.40
2.	Steve Pershing, 1978 .....	8:54.59
3.	Andy Morris, 2000.....	8:56.21
<b>4.</b>	<b>Nathan Mylenek, 2017 .....</b>	<b>8:56.83</b>
5.	Matt Gerard, 1994 .....	8:57.01
6.	Andy Napier, 2008 .....	8:57.54
7.	Rollie Kitt, 1967 .....	9:02.90
8.	Al Greene, 1985.....	9:02.96
9.	Tony Rakaric, 2005 .....	9:03.29
10.	Mark Battista, 2010 .....	9:04.60

## 200 Meters

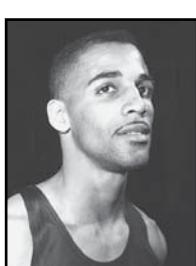
1.	Justin Austin, 2011 .....	20.31
2.	Jeff Patrick, 1983 .....	20.47
3.	James Harrington, 2015 .....	20.50
4.	Anthuan Maybank, 1994 .....	20.55
5.	Victor Green, 1984 .....	20.60
6.	Andre Morris, 1995 .....	20.64
7.	George Page, 1996 .....	20.67
8.	Terrence Duckett, 1982 .....	20.74
<b>9.</b>	<b>Christian Brissett, 2017 .....</b>	<b>20.75</b>
10.	Tim Dodge, 2002 .....	20.78

## 800 Meters

1.	Erik Sowinski, 2012.....	1:45.90
<b>2.</b>	<b>Carter Lilly, 2016 .....</b>	<b>1:47.32</b>
3.	Bill Frazier, 1962 .....	1:47.64
4.	D'Juan Strozier, 1990 .....	1:47.82
5.	Adam Hairston, 2011 .....	1:48.10
<b>6.</b>	<b>Will Teubel, 2015 .....</b>	<b>1:48.60</b>
7.	Michael Layne, 1999 .....	1:49.61
8.	Bill Thiesen, 1985 .....	1:49.74
9.	Pavlo Hutsalyuk .....	1:49.94
10.	Ryan Weir, 2013 .....	1:50.01

## 5,000 Meters

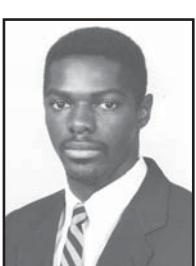
1.	Micah VanDenend, 2007 .....	13:49.31
2.	Larry Wieczorek, 1968.....	13:56.00
3.	Kevin Herd, 1993 .....	13:59.00
4.	Stetson Steele, 2000 .....	14:02.76
5.	Kevin Lewis, 2014 .....	14:02.78
6.	Eric MacTaggart, 2005 .....	14:04.79
7.	Dan Haut, 2006 .....	14:07.30
8.	Jesse Luciano, 2010 .....	14:08.71
<b>9.</b>	<b>Adam Jones, 2017 .....</b>	<b>14:11.52</b>
10.	Matt Esche, 2006 .....	14:12.07



Deacon Jones



Aaron Mallett



Anthuan Maybank

# OUTDOOR ALL-TIME TOP TEN PERFORMERS



Pat McGhee



Erik Sowinski



Stetson Steele



Jeff Thode



Micah VanDenend



Todd Wigginton



Arno  
van der Westhuizen

## 10,000 Meters

1.	Stetson Steele, 2000.....	28:44.47
2.	Eric MacTaggart, 2006.....	28:50.23
3.	Kevin Lewis, 2015.....	28:59.62
4.	Nick Nordheim, 2002 .....	29:44.71
5.	Trent Corey, 2002 .....	29:45.25
6.	Chad Schwitters, 1999.....	29:56.00
7.	Nick Holmes, 2010 .....	30:02.31
8.	Dan Haut, 2006 .....	30:03.08
9.	Kevin Herd, 1994.....	30:05.21
10.	Paul Sarris, 2001.....	30:08.40

## Decathlon

1.	William Dougherty, 2017 .....	<b>7,471 pts</b>
2.	Kyle Reid, 2013 .....	7,203 pts
3.	Jack Eckert, 2015 .....	7,087 pts
4.	Dan Rolling, 2010 .....	6,957 pts
5.	Scott Faber, 2000.....	6,839 pts
6.	Ryan Niver, 2008.....	6,837 pts
7.	Chad Ohly, 1994 .....	6,641 pts
8.	Gary Kostrubala, 1984.....	6,498 pts
9.	Frank Prill, 2008.....	6,381 pts
10.	Jacob Drewry, 1994 .....	5,820 pts

## High Jump

1.	Jeffery Herron, 2012.....	7-4 1/4 (2.24)
2.	Bill Hansen, 1978.....	7-4 (2.23)
	Bill Knoedel, 1975.....	7-4 (2.23)
4.	Kevin Spejcher, 2014 .....	7-2 1/2 (2.20)
5.	M. Cunningham, 1986.....	7-1 (2.16)
	Kenneth Lansing, 1988 .....	7-1 (2.16)
7.	Pat Meade, 1987 .....	7-0 1/4 (2.14)
8.	Graham Valdes, 2012 .....	6-11 3/4 (2.12)
9.	Peter Hlavin, 1979 .....	6-11 (2.11)
	Scott Hudek, 1993 .....	6-11 (2.11)
	Jeremy Petsche, 2008.....	6-11 (2.11)
	Brandon Oest, 2012 .....	6-11 (2.11)

## Pole Vault

1.	Todd Wigginton, 1984 .....	17-0 (5.18)
2.	Chad Ohly, 1994 .....	16-8 3/4 (5.10)
	Kyle Reid, 2013 .....	16-8 3/4 (5.10)
4.	Curt Broek, 1978 .....	16-8 (5.08)
5.	Phil Wertman, 1971 .....	16-7 (5.05)
	Kelly Scott, 1988.....	16-7 (5.05)
7.	John Teffer, 1972 .....	16-2 (4.93)
8.	<b>Andy Jastis, 2017 .....</b>	<b>16-1 1/4 (4.91)</b>
9.	Alex Zona, 2009.....	16-0 3/4 (4.90)
10.	Steve Brewer, 1983.....	16-0 (4.88)
	Doug Pennino, 1985 .....	16-0 (4.88)

## Discus

1.	Gabe Hull, 2014.....	207-1 (63.11)
2.	A.J. Curtis, 2007.....	202-11 (61.84)
3.	Gary Kostrubala, 1986.....	202-4 (61.68)
4.	<b>Reno Tuufuli, 2016.....</b>	<b>199-2 (60.71)</b>
5.	Jeremy Allen, 2001.....	195-4 (59.54)
6.	Tim Brodersen, 2005 .....	193-6 (58.98)
7.	Brad Daufeldt, 2004 .....	185-0 (56.40)
8.	<b>Avery Meyers, 2017 .....</b>	<b>182-7 (55.65m)</b>
9.	Nick Brayton, 2009 .....	180-11 (55.15)
10.	Andy Banse, 2005 .....	180-0 (54.86)

## Hammer

1.	A. van der Westhuizen, 2001 .....	222-11 (67.94)
2.	Adam Hamilton, 2007 .....	222-2 (67.73)
3.	Jim Costello, 2002 .....	217-7 (66.32)
4.	Brad Daufeldt, 2004 .....	207-10 (63.34)
5.	Chris Voller, 2005.....	206-0 (62.80)
6.	Matt Banse, 2012 .....	201-11 (61.55)
7.	Jeremy Allen, 2001 .....	199-0 (60.66)
8.	Ben Stancombe, 2011 .....	197-6 (60.20)
9.	Ryan Jordan, 2007 .....	184-6 (56.23)
	Mark Shapveld, 2009 .....	184-6 (56.23)

## Javelin

1.	Matt Byers, 2011 .....	245-8 (74.89)
2.	Bill Neumann, 2002 .....	244-8 (74.58)
3.	Dan Ralph, 2000 .....	227-10 (69.44)
4.	Sam Joens, 2015 .....	211-5 3/4 (64.45)
5.	Zach Schimp, 2010 .....	211-0 (64.32)
6.	<b>Alex Balke, 2016 .....</b>	<b>205-11 (62.77)</b>
7.	Kale Katt, 2007 .....	204-0 (62.17)
8.	Joel Storm, 2004 .....	203-5 (62.01)
9.	Matt Stank, 2001 .....	199-0 (60.66)
10.	Jack Eckert, 2015 .....	188-9 (57.53)

## Triple Jump

1.	Troy Doris, 2012 .....	54-8 (16.66)
2.	Babatunde Amosu, 2015 .....	53-10 (16.15)
3.	Paul Jones, 1990 .....	53-9 (16.38)
4.	Klyvens Delaunay, 2013 .....	52-2 1/2 (15.91)
5.	<b>Antwon James, 2017 .....</b>	<b>51-2 1/4 (15.60m)</b>
6.	Gordon Finch, 1988 .....	50-9 1/4 (15.47)
7.	Mike Lacy, 1984 .....	50-5 (15.36)
8.	Pat Miller, 1985 .....	49-8 1/2 (15.25)
9.	Matty Gorman, 2008 .....	49-2 1/2 (15.00)
10.	Owen Gill, 1982 .....	49-1 (14.96)

## Shot Put

1.	Jeremy Allen, 2001 .....	63-2 3/4 (19.27)
2.	Ken Kemeny, 2005 .....	62-3 (18.97)
3.	Shane Maier, 2006 .....	62-2 1/4 (18.95)
4.	Andy Banse, 2005 .....	61-11 1/2 (18.88)
5.	John Hickey, 2008 .....	61-9 1/2 (18.83)
6.	<b>Reno Tuufuli, 2017 .....</b>	<b>61-4 3/4 (18.71)</b>
7.	<b>Avery Meyers, 2017 .....</b>	<b>60-3 3/4 (18.38)</b>
8.	Chris Gambol, 1987 .....	60-0 1/2 (18.30)
9.	A.J. Curtis, 2008 .....	59-8 1/4 (18.19)
10.	Gabe Hull, 2014 .....	59-4 1/4 (18.09)

# OUTDOOR ALL-TIME TOP TEN PERFORMERS



Kineke Alexander



Meghan Armstrong



Marta Bote  
Gonzalez



Brittany Brown



Nan Doak



Briana Guillory



Aisha James

## 100 Meters

1.	Briana Guillory, 2016 .....	<b>11.35</b>
2.	Lake Kwaza, 2015 .....	11.40
3.	Brittany Brown, 2015.....	<b>11.42</b>
4.	Vivien McKenzie, 1985 .....	11.45
5.	Davera Taylor, 1984 .....	11.51
6.	Erica Broomfield, 1998.....	11.53
7.	Jiselle Providence, 2001 .....	11.57
8.	Tanja Reid, 1994.....	11.60
	Peaches Roach, 2005 .....	11.60
10.	Yolanda Hobbs, 1995 .....	11.62

## 100-Meter Hurdles

1.	Tiffany Johnson, 2007 .....	13.20
2.	Jahisha Thomas, 2017.....	<b>13.46</b>
3.	Karessa Farley, 2009.....	13.53
4.	C. Prendergast, 1999.....	13.60
	Paula Ruen, 2000.....	13.60
6.	Sarah Steffen, 2002 .....	13.65
7.	Jenny Kimbro, 2017 .....	<b>13.81</b>
8.	Ruqayya Raheem, 1998.....	13.90
9.	Heaven Chandler, 2016 .....	<b>13.91</b>
10.	Brenda Calhoun, 1984.....	13.94

## 200 Meters

1.	Brittany Brown, 2017.....	<b>22.69</b>
2.	Briana Guillory, 2016 .....	<b>22.89</b>
3.	Elexis Guster, 2016 .....	23.03
4.	Lake Kwaza, 2016 .....	23.17
5.	Shellene Williams, 2004 .....	23.50
6.	Kineke Alexander, 2006 .....	23.58
7.	Davera Taylor, 1984 .....	23.59
8.	Vivien McKenzie, 1985 .....	23.61
9.	Yolanda Hobbs, 1995 .....	23.65
10.	Alexis Hernandez, 2017.....	<b>23.69</b>

## 400 Meters

1.	Kineke Alexander, 2006 .....	51.35
2.	Elexis Guster, 2016 .....	51.85
3.	Shellene Williams, 2004 .....	51.94
4.	Ashley Liverpool, 2012 .....	52.47
5.	Ellen Grant, 1996.....	52.65
6.	Briana Guillory, 2017 .....	<b>52.89</b>
7.	Alexis Hernandez, 2017 .....	<b>53.27</b>
8.	Senta Hawkins, 1988.....	54.01
	Bethany Praska, 2011.....	54.01
10.	Marlene Poole, 1994 .....	54.03

## 400-Meter Hurdles

1.	Mary Knoblauch, 1981 .....	56.16
2.	Wynsome Cole, 1998 .....	56.67
3.	MonTayla Holder, 2014.....	56.70
4.	Chris Davenport, 1981 .....	59.18
5.	Hannah Simonson, 2012 .....	59.54
6.	Sarah Steffen, 2002 .....	59.59
7.	Tiffany Hendricks, 2011.....	59.63
8.	Nicole Erickson, 2012 .....	59.77
9.	Beverly Powell, 1991 .....	59.96
10.	Kelsey Quinn, 2012.....	59.99

## 800 Meters

1.	Bethany Praska, 2011.....	2:03.78
2.	Kay Stormo, 1982 .....	2:05.67
3.	Michelle Lahann, 2004 .....	2:06.79
4.	Katharina Trost, 2015 .....	2:07.09
5.	Mahnee Watts, 2016 .....	<b>2:07.41</b>
6.	Aisha Hume, 2005 .....	2:08.50
7.	Adrianne Alexia, 2013 .....	2:08.61
8.	Jeanne Kruckeberg, 1987 .....	2:08.75
9.	Kaitlyn Nelson, 2013 .....	2:08.83
10.	Ann Pare, 1997 .....	2:09.25

## 1,500 Meters

1.	Meghan Armstrong, 2006 .....	4:17.41
2.	Betsy Flood, 2010.....	4:17.75
3.	Jeanne Kruckeberg 1989 .....	4:19.71
4.	McKenzie Melander, 2012 .....	4:20.22
5.	Lauren Hardesty, 2009 .....	4:20.40
6.	Diane Nukuri, 2007 .....	4:20.95
7.	Penny O'Brien, 1985 .....	4:21.43
8.	Kay Stormo, 1982 .....	4:22.24
9.	Michelle Lahann, 2004 .....	4:24.00
10.	Shannon Stanley, 2006 .....	4:25.08

## 3,000 Meters

1.	Diane Nukuri, 2008 .....	9:18.82
2.	Penny O'Brien, 1985 .....	9:20.61
3.	McKenzie Melander, 2012 .....	9:21.59
4.	Betsy Flood, 2010.....	9:22.63
5.	Nan Doak, 1985 .....	9:23.04
6.	Tracy Dahl, 1992.....	9:23.53
7.	Meghan Armstrong, 2006 .....	9:28.03
8.	Brooke Eilers, 2011 .....	9:30.08
9.	Jeanne Kruckeberg, 1989 .....	9:30.69
10.	Jennifer Brower, 1992 .....	9:34.59

## 3,000-Meter Steeplechase

1.	Marta Bote Gonzalez, 2015.....	<b>10:23.15</b>
2.	Danielle Berndt, 2011 .....	10:26.54
3.	Jessica Schmidt, 2008.....	10:27.18
4.	Sarah Arens, 2004 .....	10:34.50
5.	Hannah Roeder, 2011 .....	10:35.22
6.	Madison Waymire, 2017 .....	<b>10:41.91</b>
7.	Kelsey Hart, 2011 .....	10:47.56
8.	Kelly Breen, 2017 .....	<b>10:59.99</b>
9.	Katie Ellis, 2010 .....	11:02.62
10.	Michelle Lahann, 2003 .....	11:16.21

## 5,000 Meters

1.	Nan Doak, 1985 .....	15:45.84
2.	McKenzie Melander, 2012 .....	15:57.13
3.	Diane Nukuri, 2008 .....	15:59.39
4.	Betsy Flood, 2011 .....	16:04.46
5.	Meghan Armstrong, 2008 .....	16:08.83
6.	Brooke Eilers, 2011 .....	16:11.86
7.	Mareike Schrulle, 2013 .....	16:12.66
8.	Jenny Spangler, 1983 .....	16:17.21
9.	Tracy Dahl, 1992 .....	16:18.77
10.	Racheal Marchand, 2008 .....	16:27.02



Tiffany Johnson



Diane Nukuri



Tammilee Kerr



Bethany Praska

# OUTDOOR ALL-TIME TOP TEN PERFORMERS



Alana Redfern



Peaches Roach



Anemie Smith



Jessie Strand



Laulauga Tausaga



Lisa Van Steenwyk



Renee White

## 10,000 Meters

1. Diane Nukuri, 2008 ..... 33:17.01
2. Jennifer Brower, 1991..... 33:23.38
3. Meghan Armstrong, 2008 ..... 33:28.00
4. Nan Doak, 1985..... 33:33.03
5. Jenny Spangler, 1983 ..... 33:39.24
6. Racheal Marchand, 2008..... 34:05.87
7. McKenzie Melander, 2012 ..... 34:29.83
8. Tracy Dahl, 1992..... 34:30.09
9. **Andrea Shine, 2017..... 34:49.55**
- 10.Betsy Flood, 2011..... 35:05.10

## Heptathlon

1. Tammilee Kerr, 2008..... 5,633 pts
2. Kathy Gillespie, 1983..... 5,262 pts
3. **Jenny Kimbro, 2017 ..... 5,121 pts**
4. Tiff Pedersen, 2004 ..... 4,976 pts
5. **Tria Seawater-Simmons, 2017...4,928 pts**
6. Janet Adams, 1981 ..... 4,855 pts
7. Sarah Ryan, 2012..... 4,819 pts
8. Ruqayya Raheem, 1997..... 4,665 pts
9. Angela Chadwick, 1993 ..... 4,493 pts
- 10.**Allison Wahrman, 2017..... 4,315 pts**

## High Jump

1. Peaches Roach, 2006 ..... 6-1 1/4 (1.86)
2. Mary Mol, 1983..... 6-0 (1.83)
3. Khanishah Williams, 2013 .5-11 1/4 (1.81)
4. Caleigh Bacchus, 2010..... 5-10 (1.78)
5. Lynn McMillan, 1988..... 5-9 1/4 (1.76)
6. Madison Rouw, 2016..... 5-8 3/4 (1.75)
7. Kacey Childs, 2001..... 5-8 1/2 (1.74)
8. Kristi Dinkla, 1985 ..... 5-8 (1.73)
- Becky Kaza, 1995..... 5-8 (1.73)
- Eve Cullinan, 2003 ..... 5-8 (1.73)

## Pole Vault

1. Jessie Strand, 2003..... 12-10 1/4 (3.92)
2. Sarah Burgett, 2006..... 12-1 3/4 (3.70)
3. Kirsten Weismantle, 2011 ..... 12-0 (3.66)
4. **Amy Smith, 2017 ..... 11-11 3/4 (3.65)**
5. Katie Truedson, 2010 ..... 11-5 1/4 (3.49)
6. Gina Shannon, 2001 ..... 11-2 1/4 (3.41)
7. Brittany Holst, 2013..... 11-1 (3.38)
8. Elyssa Tracy, 2015 ..... 10-6 (3.20)
9. Kacey Childs, 2000..... 8-0 1/2 (2.45)

## Long Jump

1. Aisha James, 2003 ..... 22-3 (6.78)
2. Zinnia Miller, 2014 ..... 20-6 1/2 (6.26)
3. Renee White, 2008..... 20-3 3/4 (6.19)
4. **Jahisha Thomas, 2016..... 20-3 (6.17)**
5. Carisa Leacock, 2014 ..... 19-11 3/4 (6.09)
6. Becki Borg, 1988..... 19-7 1/4 (5.97)
7. Cassidy Ellis, 2015..... 19-6 1/4 (5.95)
8. Lisa Moats, 1986 ..... 19-6 (5.95)
9. Tammilee Kerr, 2008..... 19-4 1/4 (5.90)
- 10.Yolanda Hobbs, 1993 ..... 19-2 1/2 (5.85)

## Triple Jump

1. Renee White, 2008..... 43-10 3/4 (13.36)
2. **Jahisha Thomas, 2016.... 42-3 1/2 (12.89)**
3. Zinnia Miller, 2014 ..... 42-0 1/2(12.81)
4. Tiffany Johnson, 2007 .... 41-8 3/4 (12.72)
5. Carisa Leacock, 2012 .... 40-10 1/2 (12.46)
6. Becki Borg, 1988..... 40-7 1/2 (12.38)
7. **T. Seawater-Simmons,2016 . 40-7 1/2(12.38)**
8. Lynn McMillan, 1988 ..... 39-6 1/2 (12.05)
9. Lynn, 1998..... 39-0 (11.88)
- 10.**Allison Wahrman, 2017..... 38-2 (11.63)**

## Shot Put

1. Lisa Van Steenwyk, 1992..... 50-8 (15.44)
2. Gail Smith, 1984 ..... 50-3 1/4 (15.32)
3. Denise Taylor, 1992..... 50-1 3/4 (15.28)
4. **Laulauga Tausaga, 2017 . 49-6 1/4 (15.09)**
5. Kamesha Marshall, 2005 .48-6 3/4 (14.80)
6. Laura Kriener, 1990 ..... 48-2 1/2 (14.69)
7. Jennifer Gilson, 2002..... 47-10 (14.58)
8. Rachel Curry, 2013 ..... 47-9 1/4 (14.56)
9. **Nia Britt, 2017 ..... 47-8 1/2 (14.54)**
- 10.Jennifer Moon, 2000 ..... 47-5 1/4 (14.46)

## Discus

1. **Laulauga Tausaga, 2017 .....184-1 (56.10)**
2. Majesty Tutson, 2013..... 181-1 (55.19)
3. Dakotah Goodell, 2014..... 169-4 (51.62)
4. Tiffany Medenwaldt, 2010 .. 161-3 (49.16)
5. Denise Taylor, 1992..... 160-5 (48.90)
6. Amanda Stahle, 2014 ..... 159-3 (48.54)
7. Lisa Van Steenwyk, 1991.... 159-1 (48.50)
8. Gail Smith, 1983 ..... 158-2 (48.22)
9. Ashlyn Gulvas, 2011 ..... 154-11 (47.23)
- 10.Courtney Fritz, 2012..... 154-1 (46.96)

## Javelin

1. Alana Redfern, 2003..... 181-5 (55.30)
2. Tammilee Kerr, 2008..... 163-5 (49.81)
3. Mandy Beck, 1999..... 153-4 (46.74)
4. Dakotah Goodell, 2015.. 153-3 1/4 (46.71)
5. Terri Soldan, 1983 ..... 152-6 1/4 (46.48)
6. Shani Renning, 1990..... 152-3 (46.40)
7. Kayla Hochhalter, 2015..... 152-6 (46.48)
8. Clara Simon, 1981 ..... 149-9 (45.64)
9. Janet Adams, 1984 ..... 148-7 (45.28)
- 10.Amanda Stahle, 2014 ..... 148-0 (45.11)

## Hammer Throw

1. Annemie Smith, 2015 .... 200-1 1/2 (60.99)
2. Jasmine Simpson, 2013 ..... 197-7 (60.23)
3. Becca Franklin, 2007 ..... 195-0 (59.45)
4. Ashlyn Gulvas, 2014 ..... 192-9 (58.75)
5. **Leah Colbert, 2015.....178-9 (54.49)**
6. Kelsey Taylor, 2011 ..... 177-0 (53.95)
7. Tiffany Medenwaldt, 2010 171-11 (52.40)
8. Erin O'Hern, 2008..... 168-9 (51.45)
9. Chelsea Colpitts, 2013 ..... 162-5 (49.51)
- 10.Kerri Blackstone, 1999 ..... 161-10 (49.32)

# MEN'S ALL-TIME RELAYS

## 400-Meter Relay

1. Mincy, **Wilson**, Harrington, Brown, 2014 ..... 39.19
2. Mincy, Austin, E. Holmes, Larney, 2013 ..... 39.31
3. Saucer, Jr., **Brissett**, Harrington, **Mallett**, 2016..... 39.44
- 4. Brissett, Wilson, Woodard, Mallett, 2017** ..... **39.46**
5. Beecham, Duckett, Greer, R. Smith, 1984 ..... 39.48
- 6. Mallett, Wilson, Ogwo, Harris, 2017**..... **39.49**
7. **Brissett, Harris, Harrington, Mallett**, 2016 ..... 39.53
- 8. Brissett, Wilson, Ogwo, Harris, 2017** ..... **39.59**
9. Mullen, Austin, E. Holmes, Larney, 2013..... 39.66
- Saucer, Jr., **Thompson**, Harrington, **Mallett**, 2015..... 39.66

## Shuttle Hurdle Relay

1. McGhee, Armstrong, Falls, Stelle, 1989 ..... 57.80
2. Wigginton, Jones, Lacey, McCoy, 1985 ..... 59.77
3. 1975 ..... 1:05.20

## 800-Meter Relay

- 1. James, Mallett, Harris, B. Thompson, 2017**..... **1:23.02**
2. **Thompson, Brissett, Harrington, Ganschow**, 2016..... 1:23.36
3. Richardson, Sayon, Richards, Chaney, Jr., 2009 ..... 1:24.85
4. Harrington, VanCleave, Wilson, Mallett, 2014 ..... 1:24.86
5. Austin, Brown, Larney, VanCleave, 2013 ..... 1:25.60
6. Barclay, McCalister, Jensen, Elliott, 1979..... 1:26.39
7. Thomas, Balkrishnan, Patterson, Freidrich 1991 ..... 1:28.38
8. Balkrishnan, Patterson, Thomas, Freidrich, 1991 ..... 1:29.04

## 1,600-Meter Relay

1. Morris, Davis, Page, Rozell, 1995..... 3:03.11
2. Branch, Dwight, Dodge, Yamini, 1999 ..... 3:03.29
- 3. Ogwo, Harris, Hofacker, Lilly, 2017** ..... **3:03.78**
4. Ferree, Frazier, Mondane, Reimer, 1967 ..... 3:04.10
5. Rozell, Morris, Davis, Yamini, 1996..... 3:04.71
6. Willey, Barton, Richards, Sowinski, 2010..... 3:05.61
7. **Wolff, Harris, Lilly, Frye**, 2016 ..... 3:05.72
8. Richards, Davey, E. Holmes, Sowinski, 2012 ..... 3:05.77
- 9. Hofacker, Harris, Ogwo, Frye, 2017** ..... **3:05.81**
10. Cameron, Williams, McGhee, McCoy, 1985 ..... 3:06.00

## Sprint Medley Relay

1. McCorkle, Jones, Chung, Strozier, 1990 ..... 3:15.64
2. Sayon, Austin, Willey, Sowinski, 2011 ..... 3:16.18
3. Richards, Larney, Davey, Sowinski, 2012 ..... 3:17.25
4. Richardson, Richards, Willey, Sowinski, 2010..... 3:17.74
5. Saucer, Jr., **Brissett, Harris, Lilly**, 2016..... 3:18.53
- 6. Hofacker, Woodard, Harris, Lilly, 2017** ..... **3:18.73**
7. Armstrong, Thomas, Maybank, Strozier, 1991 ..... 3:18.93
8. Yamini, Davis, Dodge, Donovan, 1999 ..... 3:19.87
9. Richards, Chaney, Jr., Barton, Hairston, 2009 ..... 3:20.05
10. Harrington, **Mallett**, Davey, **W. Teubel**, 2014 ..... 3:20.08

## 3,200-Meter Relay

1. Schum, Christensen, Steffen, Criswell, 1971 ..... 7:18.60
2. Hairston, Prom, Thode, Sowinski, 2011..... 7:23.77
3. Corrigan, Blackman, Strozier, Chambers, 1989 ..... 7:29.00
4. Melchert, Dorman, Lilly, Larrison, 2016 ..... 7:30.32
- 5. N. Teubel, Manternach, Chaidez, W. Teubel, 2017** ..... **7:30.74**
6. **Lilly, Dorman, W. Teubel**, Davey, 2015..... 7:31.48
7. Willey, Braff, Sowinski, Hairston, 2009 ..... 7:33.08
8. Tweedy, Gajewski, Linden, O'Hollearn, 2005 ..... 7:33.12
9. Cunningham, Tweedy, S. Allen, Thomas, 2001..... 7:34.12
10. Long, Tweedy, Dziubski, O'Hollearn, 2004 ..... 7:35.10

## Distance Medley Relay

1. Pershing, Moeller, Slack, Docherty, 1978 ..... 9:39.94
2. Kuczwar, Barton, Hairston, Thode, 2011 ..... 9:41.37
3. N. Holmes, VanCleave, Sowinski, Thode, 2012..... 9:41.59
4. Young, Barton, Kuczwar, Luciano, 2010..... 9:42.97
5. Prom, Davey, Weir, Witt, 2013..... 9:53.83
6. Theisen, Williams, Wiesa, Waters, 1985 ..... 9:54.04
7. Wilfong, Slaymaker, **W. Teubel**, Witt, 2013 ..... 9:54.05
8. Luciano, Pierre, Hairston, VanDenend, 2007..... 9:54.07
9. VanDenend, Riley, O'Hollearn, Rakaric, 2006..... 9:54.97
10. Feeldy, Eischeid, Novotny, Peters, 1996 ..... 9:55.71

## 6,400-Meter Relay

1. Pershing, Fuller, Moeller, Docherty, 1978..... 16:27.70
2. Rakaric, Webster, MacTaggart, VanDenend, 2006..... 16:55.43
3. Lewis, Witt, Hart, Fourman, 2015..... 16:58.44
4. Price, **Eklin, Gardarsson, Docherty**, 2016 ..... 17:00.30
5. Paul, Kadlec, Thode, Luciano, 2010..... 17:01.46
6. Witt, Lewis, Hart, Butler, 2014..... 17:01.65
7. N. Holmes, Witt, Thode, Lewis, 2012 ..... 17:02.26
8. Thomas, Allen, Rakaric, Lloyd, 2003 ..... 17:06.27
9. Pittman, Novotny, Feeldy, Marquardt, 1995 ..... 17:12.49
10. Bakker, Feeldy, Peters, Pittman, 1996 ..... 17:13.10

# WOMEN'S ALL-TIME RELAYS

## 400-Meter Relay

1.	Kwaza, Guster, <b>Guillory, Hernandez</b> , 2016 .....	44.04
2.	<b>Chapman, Guillory, Hernandez, Brown, 2017</b> .....	<b>44.34</b>
3.	Kwaza, Guster, <b>Chapman, Guillory</b> , 2016 .....	44.41
4.	Kwaza, Guster, <b>Hernandez, Brown</b> , 2014 .....	44.51
5.	<b>Thomas, Guillory, Hernandez, Brown, 2017</b> .....	<b>44.53</b>
6.	Kwaza, Guster, Holder, <b>Brown</b> , 2014 .....	44.62
7.	Poole, Reid, Floyd, Hobbs, 1994 .....	44.63
8.	Charles, Williams, Providence, James, 2003 .....	44.71
	<b>Brown</b> , Kwaza, Ellis, Holder, 2015 .....	44.71
10.	Floyd, Hobbs, Poole, Reid, 1994 .....	44.80

## Shuttle Hurdle Relay

1.	Prendergast, Cole, Raheem, Ruen, 1998 .....	56.44
2.	Cole, Prendergast, Raheen, Ruen, 1998 .....	56.54
3.	Raheen, Prendergast, Cole, Ruen, 1998 .....	57.53

## 800-Meter Relay

1.	<b>Chapman, Guillory, Hernandez, Brown, 2017</b> .....	<b>1:35.36</b>
2.	Hobbs, Reid, Floyd, Poole, 1994 .....	1:35.69
3.	Roach, McCalla, Alexander, Johnson, 2006 .....	1:36.19
4.	<b>Chapman, Roberts-Lewis, Champe, Brown, 2016</b> .....	1:36.98
5.	Williams, Charles, Fouchè, Providence, 2003 .....	1:37.49
6.	Herrmann, McCalla, Raymond, Roach, 2004 .....	1:37.66
7.	Charles, Dixon, Knight, Prendergast, 2002 .....	1:38.15
8.	Prendergast, Dixon, Knight, Providence, 2001 .....	1:38.73
9.	Trusty, Hendricks, Graham, Erickson, 2009 .....	1:38.79
10.	Dixon, Knight, Prendergast, Providence, 2001 .....	1:38.93

## 1,600-Meter Relay

1.	<b>Hernandez, Guillory, Holder, Guster, 2016</b> .....	3:30.97
2.	<b>Guillory, Brown, Hernandez, Champe, 2017</b> .....	<b>3:32.37</b>
3.	Guster, <b>Guillory, Holder, Hernandez</b> , 2016 .....	3:32.63
4.	Holder, <b>Guillory, Hernandez</b> , Guster, 2016 .....	3:33.25
5.	Guster, <b>Hernandez</b> , Holder, Kwaza, 2014 .....	3:34.83
6.	Praska, Hendricks, Liverpool, Erickson, 2011 .....	3:35.93
7.	Guster, <b>Watts, Hernandez</b> , Kwaza, 2014 .....	3:36.09
8.	Hume, Charles, Steffen, Williams, 2003 .....	3:36.26
9.	Kwaza, Guster, <b>Hernandez</b> , Holder, 2014 .....	3:36.40
10.	Simsonson, Liverpool, Erickson, Sack, 2012 .....	3:37.57

## Sprint Medley Relay

1.	Jones, Hendricks, Liverpool, Praska, 2011 .....	3:48.63
2.	<b>Brown</b> , Kwaza, Guster, <b>Watts</b> , 2014 .....	3:51.18
3.	Kwaza, Guster, Holder, <b>Watts</b> , 2016 .....	3:52.62
4.	Kwaza, <b>Brown</b> , Guster, Trost, 2015 .....	3:53.29
5.	Kwaza, R. Moore, Holder, Alexia, 2013 .....	3:54.51
6.	Trusty, R. Moore, Hendricks, Praska, 2010 .....	3:56.53
7.	Reid, Philip, Hobbs, Benning, 1995 .....	3:56.54
8.	Roach, Alexander, McCalla, Stanley, 2005 .....	3:56.99
9.	Kwaza, R. Moore, Alexia, Nelson, 2013 .....	3:58.72
10.	Clarke, Graham, Jones, Poncé, 2007 .....	3:59.34

## 3,200-Meter Relay

1.	Suppelsa, Wodek, Kruckeberg, Schneckloth, 1987 .....	8:46.45
2.	Lahann, Stanley, Hume, Barber, 2004 .....	8:48.87
3.	Schneckloth, Roberts, Hawkins, Kruckeberg, 1989 .....	8:49.38
4.	Trost, Maser, Alexia, Nelson, 2014 .....	8:49.95
5.	Nelson, <b>Watts, Wilberding, Sindt</b> , 2016 .....	8:51.90
6.	Flood, Dlhy, L. Hardesty, Docherty, 2009 .....	8:53.91
7.	Armstrong, Stanley, Laney, Hume, 2005 .....	8:54.27
8.	O'Brien, Camarigg, Williams, Stormo, 1981 .....	8:54.36
9.	Flood, Melander, Praska, Hardesty, 2010 .....	8:54.45
10.	Drapcho, Schlader, Williams, Stormo, 1980 .....	8:56.14

## Distance Medley Relay

1.	Hoskins, Powell, Schneckloth, Kruckeberg, 1989 .....	11:22.18
2.	Armstrong, Alexander, Poncé, Stanley, 2007 .....	11:25.05
3.	Stanley, McCalla, Hume, Armstrong, 2005 .....	11:34.04
4.	Barber, Williams, Hume, Arens, 2004 .....	11:34.56
5.	Thompson, Williams, Hume, Arens, 2003 .....	11:39.02
6.	2000 .....	11:39.83
7.	Schrulle, Erickson, Placzek, Eilers, 2012 .....	11:40.57
8.	Davenport, xx, xx, xx, 1981 .....	11:41.44
9.	Pare, Grant, Benning, Gilchrist, 1997 .....	11:41.92
10.	Dlhy, Erickson, Docherty, Anderson, 2010 .....	11:43.06

## 6,400-Meter Relay

1.	Flood, Melander, A. Hardesty, L. Hardesty, 2010 .....	19:05.63
2.	Nukuri, Marchand, Henize, Armstrong, 2008 .....	19:15.42
3.	Flood, Laesch, Ranegar, Melander, 2012 .....	19:16.73
4.	Flood, Eilers, Melander, L. Hardesty, 2011 .....	19:17.52
5.	Flood, Melander, A. Hardesty, Eilers, 2009 .....	19:36.43
6.	Scott, Gordon, Schrulle, Gambrall, 2013 .....	19:41.15
7.	<b>Jones, Bote Gonzalez, Wilberding</b> , Reischmann, 2015 .....	19:59.72
8.	Maser, Price, <b>Wilberding</b> , Montuclard, 2014 .....	20:23.27
9.	Chapple, Laney, Donlon, Sokol, 2005 .....	20:39.12
10.	Arens, Barber, Butler, Roberts, 2001 .....	20:40.89

# DRAKE RELAYS CHAMPIONS

## **Men's Champions**

<b>Event</b>	<b>Athlete, Year - Performance</b>
100 Meters .....	Leicester Farmer, 1942 - 10.1
100 Meters .....	George Page, 1996 - 10.42
200 Meters (SI).....	Jeff Patrick, 1983 - 20.47
200 Meters (SI).....	Anthuan Maybank, 1994 - 20.82
400 Meters (SI).....	Anthuan Maybank, 1993 - 44.99
Mile .....	Deacon Jones, 1957 - 4:10.7
Two Miles .....	Deacon Jones, 1957 - N/A
5,000 Meters .....	Stetson Steele, 2000 - 14:02.76
110-Meter Hurdles....	Pat McGhee, 1988 - 14.15
400-Meter Relay.....	1927 - 41.8; 1928 - 42.2; 1935 - 41.7; 1952 - 41.5
400-Meter Relay.....	Trowers, Branch, Davis, Yamini, 1998 - 40.24
400-Meter Relay.....	Richardson, Sayon, Richards, Chaney, Jr., 2009 - 40.71
800-Meter Relay.....	1929 - 1:28.23
1,600-Meter Relay.....	1923 - 3:16.9; 1924 - 3:21.5; 1926 - 3:27.1; 1927 - 3:20.5; 1928 - 3:22.2; 1929 - 3:25.4; 1938 - 3:15.4; 1963 - 3:13.5; 1967 - 3:07.4
3,200-Meter Relay.....	1929 - 7:57.3
Dist. Medley Relay.....	1956 - 10:14.3
Shuttle Hurdle Relay...	1932 - 1:01.6; 1955 - 59.3; 1984 - 58.77
Sprint Medley Relay ...	1952 - 3:23.5; 1956 - 3:23.4; 1992 - 3:21.02; Sayon, Austin, Willey, Sowinski, 2011 - ..... 3:16.18; Saucer, Jr., Brissett, Harris, Lilly, 2016 - 3:18.53
High Jump.....	Milton Kuhl (5-way tie), 1942 - 6-4 (1.93m)
High Jump.....	Bill Knoedel, 1976 - 7-1 3/4 (2.18m)
High Jump.....	Bill Hansen, 1978 - 7-1 3/4 (2.18m)
Long Jump .....	Ed Gordon, 1929 - 24-0 3/4 (7.33m)
Long Jump .....	Ed Gordon, 1930 - 24-0 (7.31m)
Long Jump .....	Ed Gordon, 1931 - 23-10 1/2 (7.28m)
Long Jump .....	Anthuan Maybank, 1993 (w) - 27-6 3/4 (8.40m)
Long Jump .....	Bashir Yamini, 1996 - 25-1 1/4 (7.65m)
Triple Jump .....	Troy Doris, 2012 - 53-10 1/4 (16.41m)
Pole Vault .....	Xavier Boyles, 1927 - 12-9 (3.89m)
Shot Put.....	Chris Gambol, 1987 - 59-3 (18.06m)
Shot Put.....	Ken Kemeny, 2004 - 59-11 1/4 (18.27m)
Discus .....	Robert Mitchell, 1928 - 141-9 (43.22m)
Discus .....	Gabe Hull, 2014 - 197-00 (60.05m)
Javelin.....	L.D. Weldon, 1930 - 202-5 (61.70m)
Javelin.....	Mark Panther, 1935 - 210-7 (64.18m)
Javelin.....	Paul Fagerlind, 1945 - 205-2 (62.54m)
Javelin.....	Bill Neumann, 2003 - 238-11 (72.83m)

## **Women's Champions**

<b>Event</b>	<b>Athlete, Year - Performance</b>
100-Meter Hurdles.....	Paula Ruen, 1998 - 13.96
100-Meter Hurdles.....	Tiffany Johnson, 2006 - 13.58
100-Meter Hurdles.....	Tiffany Johnson, 2007 - 13.27
400 Meters (SI).....	Kineke Alexander, 2006 - 52.05
400-Meter Hurdles.....	Wynsome Cole, 1998 - 57.44
800 Meters .....	Mahnee Watts, 2016 - 2:07.93
1,500-Meters.....	Jeanne Kruckeberg, 1989 - N/A
5,000 Meters .....	Diane Nukuri, 2007 - 16:15.28
10,000 Meters .....	Jennifer Brower, 1992 - 34:11.58
Shuttle Hurdle Relay...	Cole, Prendergast, Raheem, Ruen, 1998 - 56.54
400-Meter Relay.....	Kwaza, Guster, Hernandez, Brown, 2014 - 44.51
3,200-Meter Relay.....	1990 - 8:54.49
Sprint Medley Relay ...	Jones, Hendricks, Liverpool, Praska, 2011 - 3:48.63; Kwaza, Guster, Holder, Watts, 2016 - 3:52.62
Dist. Medley Relay.....	1989 - 11:22.18; 1990 - 11:24.12
6,400-Meter Relay.....	Flood, Laesch, Ranegar, Melander, 2012 - 19:16.73
Javelin.....	Alana Redfern, 2003 - 157-9
Long Jump .....	Aisha James, 2003 - 22-3
Discus .....	Majesty Tutson, 2013 - 181-1 (55.19m)

*SI -- Special Invitation Race, w -- wind-aided*