



April 25-27, 2019

IOWA Track & Field

2019 Notes



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2019 IOWA TRACK & FIELD OUTDOOR SCHEDULE

Date	Meet
Mar. 15-16	at Baldy Castillo Invitational <i>(Tempe, Arizona)</i>
Mar. 29-30	at Florida Relays <i>(Gainesville, Florida)</i> at Stanford Invitational <i>(Stanford, California)</i>
Apr. 5-6	at Sun Angel Classic <i>(Tempe, Arizona)</i>
Apr. 13	Musco Twilight <i>(Iowa City, Iowa)</i>
Apr. 17-19	at Bryan Clay Invite <i>(Azusa, California)</i>
Apr. 18-20	at Mt. SAC Relays <i>(Torrance, California)</i>
Apr. 19-20	at Beach Invite <i>(Long Beach, California)</i>
Apr. 25-27	at Drake Relays <i>(Des Moines, Iowa)</i>
May 10-12	B1G Outdoor Championships <i>(Iowa City, Iowa)</i>
May 23-25	at NCAA First Round <i>(Sacramento, California)</i>
June 5-8	at NCAA Championships <i>(Austin, Texas)</i>

IOWA COACHING STAFF

Joey Woody	Director of Track & Field/Cross Country
Randy Hasenbank	Associate Head Cross Country Coach Assistant Track & Field Coach
Clive Roberts	Associate Head Coach
Jason Wakenight	Assistant Coach, Director of Recruiting
Eric Werskey	Assistant Coach/Throws
Paige Knolle	Assistant Coach
Kate Wakenight	Director of Operations



THIS WEEK

The University of Iowa track and field team travels to Des Moines, Iowa, to compete at the 110th Drake Relays at Drake Stadium, Thursday-Saturday. A full schedule of events is located at hawkeyesports.com on the track and field schedule page.

FOLLOW THE HAWKEYES

Fans can follow the Drake Relays live results on hawkeyesports.com/tracklive. Live stats and a live stream for the meet are also linked on the Iowa track and field schedule page, hawkeyesports.com/trackschedule, and is posted on the team's official twitter account @iowaxc_tf.

2018 RELAYS

The Hawkeyes won four events at the 2018 Drake Relays, including:
Lauluga Tausaga - shot put (16.74 meters)
DeJuan Frye, Austin Lietz, Chris Thompson, Collin Hofacker - 1,600-meter relay (3:08.67)
Reno Tuufuli - shot put (18.50 meters)
Sommer Sharpe - 400-meter hurdles (59.73)

The men also brought home their second consecutive Hy-Vee Cup, an award that goes to the men's and women's team with the highest point total in five relays -- 3,200-meter relay, distance medley relay, sprint medley relay, 400-meter relay, and 1,600-meter relay.

DRAKE RELAYS RECORDS

Iowa holds two Drake Relays meet records, both are in the long jump. Former Hawkeye All-American and Olympic Gold Medalist, Anthuan Maybank, holds the men's long jump record from 1993 with a jump of 27-feet 1-inch (8.26m). Maybank holds the indoor and outdoor long jump school records.

Former Hawkeye Big Ten Champion Aisha James holds the women's long jump meet record with a 22-foot 3-inch (6.78m) jump from 2003. James' mark set the school record that she still holds today.

DRAKE RELAYS HALL OF FAMERS

Iowa has six former athletes in the Drake Relays Athletes Hall of Fame, including Charles Jones (two-mile), George Saling (120-yard hurdles), Ed Gordon (broad jump), Frank Cuhel (hurdles), and Ted Wheeler (mile), Anthuan Maybank (sprints/long jump), and Larry Wieczorek (distance/Director of Track and Field).

Wieczorek was inducted in 2013. Former UI head coach Francis X. Cretzmeyer was inducted in 1986.

UI Director of Track & Field Joey Woody was inducted into the Hall of Fame in 2002 as an athlete for Northern Iowa. He is the only athlete in Drake Relays history to win the Athlete of the Meet award in high school (1992) and college (1994). Woody's son is named Drake.

HAWKEYES IN THE RANKINGS

The University of Iowa men's and women's track and field teams are both ranked in the top 15 in the United States Track & Field and Cross Country Coaches Association Week 4 poll.

The USTFCCCA ranks the men at No. 10 and No. 13, the teams highest ranking since the rankings started being tracked in 2008.

NATIONALLY RANKED HAWKS

The Hawkeyes have 13 individual marks in the NCAA's top 16, including the NCAA women's shot put leader, junior Laulauga Tausaga, the second fastest men's 1,600-meter relay from freshman Wayne Lawrence Jr., junior Antonio Woodard, junior Collin Hofacker, and senior Mar'yea Harris, the second best discus throw from Tausaga, the third farthest discus throw from senior Reno Tuufuli, and the third fastest 3,000-meter steeplechase from Nathan Mylenek. Iowa is the only team in the NCAA with multiple 400-meter runners under 46 seconds this season.



Top 16 in the NCAA:

1. Laulauga Tausaga - shot put (18.02 meters, 59-1 1/2)
2. Laulauga Tausaga - discus (62.28 meters, 204-4)
2. Lawrence, Woodard, Hofacker, Harris - 1,600-meter relay (3:03.10)
3. Nathan Mylenek - 3,000-meter steeplechase (8:38.53)
3. Reno Tuufuli - discus (62.54, 205-2)
4. Matt Manternach - 800 meters (1:46.93)
5. Konstadina Spanoudakis - discus (57.95 meters, 190-1)
6. Briana Guillory - 400 meters (51.92)
7. Jenny Kimbro - heptathlon (5,679 points)
8. Karayme Bartley - 400 meters (45.83)
11. Mar'yea Harris - 400 meters (45.88)
11. Carter Lilly - 800 meters (1:47.52)
16. Jaylan McConico - 110 hurdles (13.82)
16. Tria Simmons - heptathlon (5,577 points)

B1G LEADERS

The Hawkeyes are ranked in the top eight 43 times in the conference with potential to score points at the Big Ten Championships, 18 of which are ranked in the top three. The Hawkeyes are leading the Big Ten Conference in 10 events, including the men's 1,600-meter relay squad and nine individual events. Six additional marks are ranked second, and another is ranked third in the Big Ten.

Top Eight in the Big Ten:

1. Karayme Bartley - 400 meters (45.83)
1. Briana Guillory - 400 meters (51.92)
1. Matt Manternach - 800 meters (1:46.93)
1. Jaylan McConico - 110 hurdles (13.82)
1. Chris Douglas - 400 hurdles (51.00)
1. Laulauga Tausaga - shot put (18.02 meters, 59-1 1/2)
1. Reno Tuufuli - discus (62.54 meters, 205-2)
1. Lualauga Tausaga - discus (62.28 meters, 204-4)
1. Jenny Kimbro - heptathlon (5,679 points)
1. Lawrence, Woodard, Hofacker, Harris - 1,600-meter relay (3:03.10)
2. Mar'yea Harris - 400 meters (45.88)
2. Carter Lilly - 800 meters (1:47.52)
2. Jenny Kimbro - 100 hurdles (13.30)
2. Anthony Williams - 110 hurdles (13.86)
2. Nathan Mylenek - 3,000-meter steeplechase (8:38.53)
2. Konstadina Spanoudakis - discus (57.95 meters, 190-1)
2. Tria Simmons - heptathlon (5,577)
3. Taylor Arco - 800 meters (2:06.06)
4. Wayne Lawrence Jr. - 400 meters (45.96)
4. Noah Larrison - 400 hurdles (51.49)
4. Jenny Kimbro - 400 hurdles (58.27)
4. Tria Simmons - high jump (1.76 meters, 5-9 1/4)
4. Kimbro, Weum, Simmons, Wensel - 1,600-meter relay (3:36.32)
5. Briana Guillory - 200 meters (23.67)
5. Chris Douglas - 110 hurdles (13.98)
5. Raymonte Dow - 400 hurdles (51.79)
5. Amanda Carty - triple jump (12.47 meters, 40-11)
5. Williams, Woodard, Hofacker, Harris - 400-meter relay (40.16)
5. Reno Tuufuli - shot put (18.96 meters, 62-2 1/2)
5. Laulauga Tausaga - hammer (61.34 meters, 201-3)
6. Antonio Woodard - 200 meters (20.69)
6. Tysen VanDraska - 800 meters (1:48.52)
6. Daniel Soto - 10,000 meters (29:31.88)
6. Jay Hunt - high jump (2.11 meters, 6-11)
6. Nia Britt - shot put (16.50 meters, 54-1 3/4)
6. Kimbro, Laye, Guillory, Chistian - 400-meter relay (45.60)
7. Nolan Teubel - 800 meters (1:48.75)
7. Aubrianna Lantrip - high jump (1.75 meters, 5-8 3/4)
7. Peyton Haack - decathlon (7,129 points)
8. Antonio Woodard - 100 meters (10.49)
8. Andrea Shine - 10,000 meters (34:10.24)
8. Mallory King - 800 meters (2:07.08)
8. Josh Braverman - 110 hurdles (14.10)

COUNTING ALL-TIME TRACKHAWKS

The men have 28 current athletes on Iowa's outdoor all-time top 10, led by school-record holders Mar'yea Harris, (400-meters, 800-meter

2019 OUTDOOR SEASON LEADERS

MEN

100 Meters	Antonio Woodard	10.49
110-Meter Hurdles	Jaylan McConico	13.82
200 Meters	Antonio Woodard	20.69
400 Meters	Karayme Bartley.....	45.83
400-Meter Hurdles	Chris Douglas	51.00
800 Meters	Matt Manternach.....	1:46.93
1,500 Meters	Karson Sommer.....	3:49.52
3,000 Meters	Karson Sommer.....	8:37.83
3,000 Steeplechase....	Nathan Mylenek	* 8:38.53
5,000 Meters	Noah Healy	14:43.23
10,000 Meters	Daniel Soto.....	29:31.88
400-Meter Relay	Williams, Woodard, Hofacker, Harris ...	40.16
Shuttle Hurdle Relay ...	Williams, Haack, Braverman, McConico	1:01.14
800-Meter Relay	Sorrells, Braverman, Douglas, Haack	1:28.29
1,600-Meter Relay	Lawrence Jr., Woodard, Hofacker, Harris	3:03.10
3,200-Meter Relay	Teubel, Still, Olson, Andrews.....	7:36.62
Distance Medley Relay .	Teubel, Andrews, Olson, VanDraska .	10:10.17
High Jump	Jay Hunt	6-11 (2.11m)
Pole Vault.....	Peyton Haack	16-4 3/4 (5.00m)
Long Jump.....	Cooper Koenig	23-9 1/2 (7.25m)
Triple Jump	James Carter	49-5 (15.06m)
Shot Put	Reno Tuufuli.....	62-2 1/2 (18.96m)
Discus.....	Reno Tuufuli.....	205-2 (62.54m)
Javelin	Peyton Haack	155-11 (47.53m)

WOMEN

100 Meters	Antonise Christian.....	11.97
100-Meter Hurdles	Jenny Kimbro	13.53
200 Meters	Talia Buss	24.32
400 Meters	Briana Guillory	51.92
400-Meter Hurdles	Jenny Kimbro	58.27
800 Meters	Mallory King.....	2:07.08
1,500 Meters	Grace McCabe.....	4:32.94
3,000 Meters	Kylie Latham.....	10:19.44
3,000 Steeplechase....	Anna Hostetler	11:02.81
5,000 Meters	Megan Schott	16:28.97
10,000 Meters	Andrea Shine.....	34:10.24
400-Meter Relay	Kimbro, Laye, Guillory, Christian	45.60
800-Meter Relay	Christian, Buss, Swanson, Morken....	1:38.52
1,600-Meter Relay	Kimbro, Weum, Simmons, Wensel ...	3:36.32
Sprint Medley Relay....	Swanson, Morken, King, Arco	3:52.85
3,200-Meter Relay	Welker, Saunders, McCabe, Weber...	9:04.18
High Jump	Tria Simmons	5-9 1/4 (1.76m)
Long Jump.....	Amanda Carty	19-8 (5.99m)
Triple Jump	Amanda Carty	40-2 1/4 (12.25m)
Shot Put	Laulauga Tausaga	52-4 (15.95m)
Discus.....	Laulauga Tausaga	* 202-7 (61.74m)
Javelin	Marissa Mueller	132-2 (40.28m)
Hammer Throw.....	Laulauga Tausaga	197-11 (60.32m)

* -- school record



relay, 1,600-meter relay), DeJuan Frye (1,600-meter relay), Collin Hofacker (1,600-meter relay), and Nathan Mylenek (3,000-meter steeplechase).

The women have 22 athletes in the top 10. Junior Laulauga Tausaga holds the school records in the shot put (18.02 meters, 59-1 1/2), discus (62.28 meters, 204-4) and hammer (61.34 meters, 201-3), junior Jenny Kimbro recorded Iowa's best heptathlon performance with 5,679 points, and senior Briana Guillory ran on the school-record 1,600-meter relay (3:30.97, 2016).

TAUSAGA ON TOP

Tausaga was named United States Track & Field and Cross Country Coaches Association National Athlete of the Week for the second time in her career on April 23.

The April 19-20 weekend in California was packed full of school records for Tausaga. She started on Thursday, throwing the hammer throw record (61.34 meters, 201-3), and continued throughout the weekend. She threw 62.28 meters (204-4) in discus to lead the Big Ten and tie the NCAA leading mark, but the real feat of the weekend was the shot put competition. After a rough start to the season, she hit a huge mark of 18.02 meters (59-1 1/2) to break her third school record of the week. Her mark ranks first in the Big Ten and second in the NCAA.

Tausaga is the first Hawkeye to earn the outdoor honor. She won during the indoor season after throwing the weight throw school record (23.26 meters, 76-3 3/4).

B1G ATHLETES OF THE WEEK

Tausaga picked up her third consecutive Big Ten Field Athlete of the Week honor, the conference announced on April 24. The honor comes after the Iowa junior broke three school records to rank first in shot put and discus, and fifth in the hammer throw in the conference.

The week prior, the Hawkeyes swept the Big Ten Field Athlete of the Week awards for the second time during the outdoor season. Tausaga and Senior Reno Tuufuli earned the honors during week three, and sophomore Konstadina Spanoudakis earned the women's honor and sophomore Jay Hunt earned the men's during week one.

Tausaga earned her third honor of the outdoor season on April 10, sharing the award with Sophia Franklin from Michigan State.

During the indoor season, three Hawkeyes were named Big Ten Athletes of the Week, including Tausaga (Feb. 6), Mar'yea Harris (Feb. 6), and Jenny Kimbro (Dec. 12).

NEXT ON THE BLOCK

The Hawkeyes host the 2019 Big Ten Outdoor Championships in Iowa City, Iowa, on May 10-12. Ticket information is linked on hawkeyesports.com/trackschedule.

NCAA QUALIFICATIONS

First Round - Sacramento, Calif. (May 23-25)

For each individual event contested at each of the two Preliminary Round sites, the top 48 declared student-athletes will be accepted into the competition. For each relay event, the top 24 declared relay teams will be accepted into the competition. Combined events (Heptathlon and Decathlon), are not contested at the Preliminary Round sites. For combined events (Heptathlon and Decathlon), the top 24 declared student-athletes in each event based on their position on the national descending-order list will be accepted directly into the Championships.

The individual event student-athletes and relay teams accepted into Preliminary Round competition will be announced and posted on NCAA.com the week prior to Preliminary Round competition.

Championship Round - Austin, Texas (June 5-8)

Qualifying to the Championships site is accomplished through performance in the Preliminary Round competition. Twelve competitors from each individual event and twelve teams from each relay event advance from each Preliminary Round site. The individual event student-athletes and relay teams accepted into Championships competition based on their performance at Preliminary Round competition will be announced and posted on NCAA.com the week prior to Championships competition.

PRONUNCIATION GUIDE

Karayme Bartley	Kuh-raym
Ashley Bryja	Bree-UH
Mika Cox	MY-cuh
Briana Guillory	Gill-ree
Mar'yea Harris	Mar-ee-ay
Tanner Iske	Iss-kee
Any Jatis	JAY-tiss
Kylie Latham	Lay-thum
Matt Manternach	MON-ter-knock
Cole Moeller	MOLE-er
Nathan Mylenek	MY-len-ek
Nolan Roethler	RAY-th-ler
Konstadina Spanoudakis	SPAWN-uh-dock-iss
Tyree Sorells	Ser-ELs
Lalauga Tausaga	LAU-long-a Tuh-saga
Reno Tuufuli	TOO-foo-lee
Gillian Urycki	YER-ick-ee
Elzerie van Dyk	EL-zur-ee VAN-dike
Jordan Winke	Wink-ee

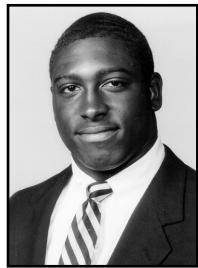
Francis X. Cretzmeyer Track

The University of Iowa track and field team practices and competes at the Francis X. Cretzmeyer Track during the outdoor season. Located within walking distance of Carver-Hawkeye Arena and Pearl Field, the track was completed in 1986. The facility was named after the late Francis X. Cretzmeyer, who coached the men's cross country and track teams from 1948-78 and led the Hawkeyes to five Big Ten team titles.

Iowa hosted the 1987, 2000, and 2011 Big Ten Championships at Cretzmeyer, and will host the 2019 Big Ten Outdoor Championships May 10-12.



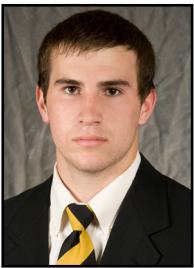
OUTDOOR ALL-TIME TOP TEN PERFORMERS



Jeremy Allen



Justin Austin



Matt Byers



Troy Doris



William Dougherty



Mar'Yea Harris



Jeffery Herron

100 Meters

1.	Justin Austin, 2011	10.21
2.	O'Shea Wilson, 2017	10.22
3.	George Page, 1996	10.25
4.	James Harrington, 2015.....	10.26
5.	Anthuan Maybank, 1994	10.31
	Tim Dwight, 1997	10.31
	Josh Larney, 2013	10.31
	Vinnie Saucer, Jr., 2015.....	10.31
9.	Antonio Woodard, 2018.....	10.34
10.	Bob Lawson, 1976	10.36

110-Meter High Hurdles

1.	Aaron Mallett, 2017.....	13.24
2.	Pat McGhee, 1989	13.50
3.	Dion Trowers, 1996.....	13.62
4.	Ronnie McCoy, 1985.....	13.66
5.	Ethan Holmes, 2011	13.73
6.	Jordan Mullen, 2013.....	13.76
	Chris Douglas, 2018.....	13.76
8.	Jaylan McConico, 2019.....	13.82
9.	Anthony Williams, 2019.....	13.86
10.	James Armstrong, 1991.....	13.89

200 Meters

1.	Justin Austin, 2011	20.31
2.	Jeff Patrick, 1983	20.47
3.	James Harrington, 2015.....	20.50
4.	Anthuan Maybank, 1994	20.55
5.	Victor Green, 1984	20.60
6.	Antonio Woodard, 2018.....	20.61
7.	Andre Morris, 1995	20.64
8.	George Page, 1996	20.67
9.	Collin Hofacker, 2017	20.71
10.	Terrence Duckett, 1982.....	20.74

400 Meters

1.	Mar'yea Harris, 2018	44.94
2.	Anthuan Maybank, 1993	44.99
3.	Andre Morris, 1995	45.15
4.	Mike Mondane, 1967	45.20
5.	Steven Willey, 2010	45.78
6.	Karayne Bartley, 2019	45.83
7.	Wayne Lawrence, Jr., 2019	45.96
8.	DeJuan Frye, 2018.....	46.17
9.	Gary Hollingsworth, 1963.....	46.30
	Harold Leonard, 1986.....	46.45

400-Meter Hurdles

1.	Pat McGhee, 1988	48.83
2.	Monte Raymond, 1998.....	50.09
3.	Ray Varner, 2010.....	50.24
4.	Chris Douglas, 2018.....	50.44
5.	Paul Steele, 1989	50.45
6.	Russell Peterson, 2001	50.50
7.	Ethan Holmes, 2013	50.51
8.	Adam Kunkel, 2001.....	50.73
9.	Jon Reimer, 1967	50.94
	Noah Larrison, 2016.....	50.94

800 Meters

1.	Erik Sowinski, 2012.....	1:45.90
2.	Matt Manternach, 2019	1:46.93
3.	Carter Lilly, 2016	1:47.32
4.	Bill Frazier, 1962	1:47.64
5.	D'Juan Strozier, 1990	1:47.82
6.	Adam Hairston, 2011.....	1:48.10
7.	Tysen VanDraska, 2019	1:48.52
8.	Will Teubel, 2015	1:48.60
9.	Nolan Teubel, 2019	1:48.75
10.	Michael Layne, 1999.....	1:49.61

1,500 Meters

1.	Jeff Thode, 2010	3:43.02
2.	Joel Moeller, 1978	3:44.01
3.	Jim Docherty, 1978.....	3:44.30
4.	Sam Fourman, 2015	3:44.50
5.	Adam Jones, 2017	3:45.48
6.	Dan Waters, 1986	3:46.35
7.	Michael Melchert, 2018	3:46.56
8.	Kevin Herd, 1994	3:46.64
9.	John Clark, 1977	3:46.84
10.	Nathan Mylenek, 2018.....	3:47.87

3,000-Meter Steeplechase

1.	Nathan Mylenek, 2019.....	8:38.53
2.	Deacon Jones, 1956.....	8:47.40
3.	Steve Pershing, 1978	8:54.59
4.	Andy Morris, 2000.....	8:56.21
5.	Matt Gerard, 1994	8:57.01
6.	Andy Napier, 2008	8:57.54
7.	Rollie Kitt, 1967	9:02.90
8.	Al Greene, 1985.....	9:02.96
9.	Tony Rakaric, 2005.....	9:03.29
10.	Mark Battista, 2010	9:04.60

5,000 Meters

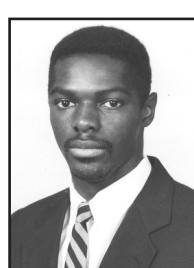
1.	Micah VanDenend, 2007	13:49.31
2.	Larry Wieczorek, 1968	13:56.00
3.	Kevin Herd, 1993	13:59.00
4.	Stetson Steele, 2000.....	14:02.76
5.	Kevin Lewis, 2014	14:02.78
6.	Eric MacTaggart, 2005	14:04.79
7.	Dan Haut, 2006.....	14:07.30
8.	Jesse Luciano, 2010	14:08.71
9.	Nathan Mylenek, 2018.....	14:09.43
10.	Adam Jones, 2017	14:11.52



Gabe Hull



Aaron Mallett



Anthuan Maybank



Pat McGhee

OUTDOOR ALL-TIME TOP TEN PERFORMERS



Nathan Mylenek



Erik Sowinski



Stetson Steele



Jeff Thode



Micah VanDenend



Todd Wigginton



Arno
van der Westhuizen

10,000 Meters

1.	Stetson Steele, 2000.....	28:44.47
2.	Eric MacTaggart, 2006.....	28:50.23
3.	Kevin Lewis, 2015.....	28:59.62
4. Daniel Soto, 2019	29:31.88	
5.	Nick Nordheim, 2002	29:44.71
6.	Trent Corey, 2002	29:45.25
7. Ian Eklin, 2017	29:47.06	
8.	Chad Schwitters, 1999.....	29:56.00
9. Luke Sampson, 2018	29:58.47	
10.	Nick Holmes, 2010	30:02.31

Decathlon

1.	William Dougherty, 2018.....	7,673 pts
2.	Kyle Reid, 2013	7,203 pts
3. Peyton Haack, 2019	7,129 pts	
4.	Jack Eckert, 2015	7,087 pts
5.	Dan Rolling, 2010	6,957 pts
6.	Scott Faber, 2000.....	6,839 pts
7.	Ryan Niver, 2008.....	6,837 pts
8.	Chad Ohly, 1994	6,641 pts
9.	Gary Kostrubala, 1984.....	6,498 pts
10.	Frank Prill, 2008.....	6,381 pts

High Jump

1.	Jeffery Herron, 2012.....	7-4 1/4 (2.24)
2.	Bill Hansen, 1978.....	7-4 (2.23)
	Bill Knoedel, 1975.....	7-4 (2.23)
4.	Kevin Spejcher, 2014	7-2 1/2 (2.20)
5.	M. Cunningham, 1986.....	7-1 (2.16)
	Kenneth Lansing, 1988.....	7-1 (2.16)
7.	Pat Meade, 1987	7-0 1/4 (2.14)
8.	Graham Valdes, 2012	6-11 3/4 (2.12)
9.	Peter Hlavin, 1979	6-11 (2.11)
	Scott Hudek, 1993	6-11 (2.11)
	Jeremy Petsche, 2008.....	6-11 (2.11)
	Brandon Oest, 2012	6-11 (2.11)
	Jay Hunt, 2019	6-11 (2.11)

Pole Vault

1.	Todd Wigginton, 1984	17-0 (5.18)
2.	Chad Ohly, 1994	16-8 3/4 (5.10)
	Kyle Reid, 2013	16-8 3/4 (5.10)
4.	Curt Broek, 1978	16-8 (5.08)
5. Andy Jatis, 2018.....	16-7 1/2 (5.07)	
6.	Phil Wertman, 1971	16-7 (5.05)
	Kelly Scott, 1988.....	16-7 (5.05)
8. Peyton Haack, 2019	16-4 3/4 (5.00)	
9.	John Teffer, 1972	16-2 (4.93)
	Alex Zona, 2009	16-0 3/4 (4.90)

Long Jump

1.	Anthuan Maybank, 1993	27-1 (8.25)
2.	Bashir Yamini, 1997	26-8 1/4 (8.13)
3.	Paul Jones, 1989	25-10 1/4 (7.88)
4.	Darren Smith, 1991	25-9 3/4 (7.86)
5.	Quinn Early, 1986	25-7 1/4 (7.80)
6.	O'Shea Wilson, 2017	25-5 1/4 (7.75)
7.	Ed Gordon, 1931	25-4 3/8 (7.68)
8.	Matty Gorman, 2006	25-1 1/4 (7.65)
9.	Ronnie McCoy, 1985.....	25-0 (7.62)
10.	Antwon James, 2017	24-11 (7.59)

Triple Jump

1.	Troy Doris, 2012	54-8 (16.66)
2.	Babatunde Amosu, 2015....	53-10 (16.15)
3.	Paul Jones, 1990.....	53-9 (16.38)
4.	Antwon James, 2017	52-4 1/2 (15.96)
5.	Klyvens Delaunay, 2013....	52-2 1/2 (15.91)
6.	Gordon Finch, 1988	50-9 1/4 (15.47)
7.	Mike Lacy, 1984	50-5 (15.36)
8.	Pat Miller, 1985	49-8 1/2 (15.25)
9. James Carter, 2019.....	49-5 (15.06)	
10.	Matty Gorman, 2008	49-2 1/2 (15.00)

Shot Put

1.	Jeremy Allen, 2001	63-2 3/4 (19.27)
2. Reno Tuufuli, 2018.....	62-10 3/4 (19.17)	
3.	Ken Kemeny, 2005	62-3 (18.97)
4.	Shane Maier, 2006.....	62-2 1/4 (18.95)
5.	Andy Banse, 2005.....	61-11 1/2 (18.88)
6.	John Hickey, 2008.....	61-9 1/2 (18.83)
7.	Avery Meyers, 2017.....	60-4 (18.39)
8.	Chris Gambol, 1987	60-0 1/2 (18.30)
9.	A.J. Curtis, 2008	59-8 1/4 (18.19)
10.	Gabe Hull, 2014	59-4 1/4 (18.09)

Discus

1.	Gabe Hull, 2014	207-1 (63.11)
2. Reno Tuufuli, 2019.....	205-2 (62.54)	
3.	A.J. Curtis, 2007.....	202-11 (61.84)
4.	Gary Kostrubala, 1986.....	202-4 (61.68)
5.	Jeremy Allen, 2001	195-4 (59.54)
6.	Tim Brodersen, 2005	193-6 (58.98)
7.	Avery Meyers, 2017.....	185-8 (56.61m)
8.	Brad Daufeldt, 2004	185-0 (56.40)
9.	Nick Brayton, 2009	180-11 (55.15)
10.	Andy Banse, 2005	180-0 (54.86)

Hammer

1.	A. van der Westhuizen, 2001	222-11 (67.94)
2.	Adam Hamilton, 2007	222-2 (67.73)
3.	Jim Costello, 2002	217-7 (66.32)
4.	Brad Daufeldt, 2004	207-10 (63.34)
5.	Chris Voller, 2005.....	206-0 (62.80)
6.	Matt Banse, 2012	201-11 (61.55)
7.	Jeremy Allen, 2001	199-0 (60.66)
8.	Ben Stancombe, 2011	197-6 (60.20)
9.	Ryan Jordan, 2007	184-6 (56.23)
	Mark Shapveld, 2009.....	184-6 (56.23)

Javelin

1.	Matt Byers, 2011	245-8 (74.89)
2.	Bill Neumann, 2002	244-8 (74.58)
3.	Dan Ralph, 2000	227-10 (69.44)
4.	Sam Joens, 2015.....	211-5 3/4 (64.45)
5.	Zach Schimp, 2010	211-0 (64.32)
6.	Alex Balke, 2016	205-11 (62.77)
7.	Kale Katt, 2007	204-0 (62.17)
8.	Joel Storm, 2004.....	203-5 (62.01)
9.	Matt Stank, 2001	199-0 (60.66)
10.	Jack Eckert, 2015	188-9 (57.53)

MEN'S ALL-TIME RELAYS

400-Meter Relay

1. Brissett, Wilson, Thompson, Mallett, 2017 39.12
2. Mincy, Wilson, Harrington, Brown, 2014 39.19
3. Mincy, Austin, E. Holmes, Larney, 2013 39.31
4. Saucer, Jr., Brissett, Harrington, Mallett, 2016 39.44
5. Brissett, Wilson, **Woodard**, Mallett, 2017 39.46
6. Beecham, Duckett, Greer, R. Smith, 1984 39.48
7. Mallett, Wilson, Ogwo, **Harris**, 2017 39.49
8. **Woodard**, Wilson, **Hofacker**, **Harris**, 2018 39.51
9. Brissett, **Harris**, Harrington, Mallett, 2016 39.53
10. Brissett, Wilson, Ogwo, **Harris**, 2017 39.59

Shuttle Hurdle Relay

1. McGhee, Armstrong, Falls, Stelle, 1989 57.80
2. Wigginton, Jones, Lacey, McCoy, 1985 59.77
3. **Williams, Haack, Braverman, McConico, 2019** **1:01.14**
4. 1975 1:05.20

800-Meter Relay

1. James, Mallett, **Harris**, B. Thompson, 2017 1:23.02
2. B. Thompson, Brissett, Harrington, Ganschow, 2016 1:23.36
3. B. Thompson, Ganschow, **Frye, Hofacker**, 2017 1:23.73
4. Richardson, Sayon, Richards, Chaney, Jr., 2009 1:24.85
5. Harrington, VanCleave, Wilson, Mallett, 2014 1:24.86
6. Austin, Brown, Larney, VanCleave, 2013 1:25.60
7. Wilson, **Sorrells, Douglas, Williams**, 2018 1:25.87
8. Barclay, McCalister, Jensen, Elliott, 1979 1:26.39
9. **Sorrells, Braverman, Douglas, Haack, 2019** **1:28.29**
10. Thomas, Balkrishnan, Patterson, Freidrich 1991 1:28.38

1,600-Meter Relay

1. **Frye, Harris, Hofacker, Ogwo**, 2017 3:01.91
2. **Frye, Ogwo, Hofacker, Harris**, 2017 3:02.57
3. **Lawrence Jr., Woodard, Hofacker, Harris, 2019** **3:03.10**
4. Morris, Davis, Page, Rozell, 1995 3:03.11
5. Branch, Dwight, Dodge, Yamini, 1999 3:03.29
6. **Frye, Woodard, Hofacker, Harris**, 2018 3:03.69
7. Ogwo, **Harris, Hofacker, Lilly**, 2017 3:03.78
8. Ferree, Frazier, Mondane, Reimer, 1967 3:04.10
9. **Hofacker, Woodard, Frye, Harris**, 2018 3:04.38
10. Rozell, Morris, Davis, Yamini, 1996 3:04.71

Sprint Medley Relay

1. McCorkle, Jones, Chung, Strozier, 1990 3:15.64
2. Sayon, Austin, Willey, Sowinski, 2011 3:16.18
3. Richards, Larney, Davey, Sowinski, 2012 3:17.25
4. Richardson, Richards, Willey, Sowinski, 2010 3:17.74
5. **Hofacker, Woodard, Harris, VanDraska**, 2018 3:18.11
6. Saucer, Jr., Brissett, **Harris, Lilly**, 2016 3:18.53
7. **Hofacker, Woodard, Harris, Lilly**, 2017 3:18.73
8. Armstrong, Thomas, Maybank, Strozier, 1991 3:18.93
9. Yamini, Davis, Dodge, Donovan, 1999 3:19.87
10. Richards, Chaney, Jr., Barton, Hairston, 2009 3:20.05

3,200-Meter Relay

1. Schum, Christensen, Steffen, Criswell, 1971 7:18.60
2. Hairston, Prom, Thode, Sowinski, 2011 7:23.77
3. **Manternach, VanDraska, W. Teubel, Lilly**, 2017 7:24.77
4. **Melchert, Manternach, N. Teubel, Lilly**, 2018 7:28.37
5. Corrigan, Blackman, Strozier, Chambers, 1989 7:29.00
6. **Melchert, Dorman, Lilly, Larrison**, 2016 7:30.32
7. **N. Teubel, Manternach, Chaidez, W. Teubel**, 2017 7:30.74
8. **Lilly, Dorman, W. Teubel, Davey**, 2015 7:31.48
9. Willey, Braff, Sowinski, Hairston, 2009 7:33.08
10. Tweedy, Gajewski, Linden, O'Hollearn, 2005 7:33.12

Distance Medley Relay

1. Pershing, Moeller, Slack, Docherty, 1978 9:39.94
2. Kuczwar, Barton, Hairston, Thode, 2011 9:41.37
3. N. Holmes, VanCleave, Sowinski, Thode, 2012 9:41.59
4. Young, Barton, Kuczwar, Luciano, 2010 9:42.97
5. **Mylenek, Thompson, Manternach, Melchert**, 2018 9:50.70
6. Prom, Davey, Weir, Witt, 2013 9:53.83
7. Theisen, Williams, Wiesa, Waters, 1985 9:54.04
8. Wilfong, Slaymaker, W. Teubel, Witt, 2013 9:54.05
9. Luciano, Pierre, Hairston, VanDenend, 2007 9:54.07
10. VanDenend, Riley, O'Hollearn, Rakaric, 2006 9:54.97

6,400-Meter Relay

1. Pershing, Fuller, Moeller, Docherty, 1978 16:27.70
2. Rakaric, Webster, MacTaggart, VanDenend, 2006 16:55.43
3. Lewis, Witt, Hart, Fourman, 2015 16:58.44
4. Price, **Eklin**, Gardarsson, Docherty, 2016 17:00.30
5. Paul, Kadlec, Thode, Luciano, 2010 17:01.46
6. Witt, Lewis, Hart, Butler, 2014 17:01.65
7. N. Holmes, Witt, Thode, Lewis, 2012 17:02.26
8. Thomas, Allen, Rakaric, Lloyd, 2003 17:06.27
9. Pittman, Novotny, Feeldy, Marquardt, 1995 17:12.49
10. Bakker, Feeldy, Peters, Pittman, 1996 17:13.10

OUTDOOR ALL-TIME TOP TEN PERFORMERS



Kineke Alexander



Meghan Armstrong



Marta Bote
Gonzalez



Brittany Brown



Nan Doak



Aisha James



Tiffany Johnson

100 Meters

1.	Brittany Brown, 2018.....	11.28
2.	Briana Guillory, 2016	11.35
3.	Lake Kwaza, 2015	11.40
4.	Vivien McKenzie, 1985.....	11.45
5.	Davera Taylor, 1984	11.51
6.	Erica Broomfield, 1998.....	11.53
7.	Jiselle Providence, 2001	11.57
8.	Tanja Reid, 1994.....	11.60
	Peaches Roach, 2005	11.60
10.	Yolanda Hobbs, 1995	11.62

400 Meters

1.	Kineke Alexander, 2006	51.35
2.	Elexis Guster, 2016	51.85
	Briana Guillory, 2018	51.85
4.	Shellene Williams, 2004	51.94
5.	Ashley Liverpool, 2012	52.47
6.	Ellen Grant, 1996.....	52.65
7.	Alexis Hernandez, 2017	53.27
8.	Senta Hawkins, 1988.....	54.01
	Bethany Praska, 2011.....	54.01
	Marlene Poole, 1994.....	54.03

1,500 Meters

1.	Meghan Armstrong, 2006.....	4:17.41
2.	Betsy Flood, 2010	4:17.75
3.	Jeanne Kruckeberg 1989	4:19.71
4.	McKenzie Melander, 2012.....	4:20.22
5.	Lauren Hardesty, 2009	4:20.40
6.	Diane Nukuri, 2007.....	4:20.95
7.	Penny O'Brien, 1985	4:21.43
8.	Kay Stormo, 1982	4:22.24
9.	Michelle Lahann, 2004	4:24.00
10.	Shannon Stanley, 2006	4:25.08

100-Meter Hurdles

1.	Tiffany Johnson, 2007	13.20
2.	Jenny Kimbro, 2018	13.38
3.	Jahisha Thomas, 2017	13.46
4.	Karessa Farley, 2009.....	13.53
5.	C. Prendergast, 1999	13.60
	Paula Ruen, 2000.....	13.60
7.	Sarah Steffen, 2002	13.65
8.	Ruqayya Raheem, 1998.....	13.90
9.	Heaven Chandler, 2016	13.91
10.	Brenda Calhoun, 1984.....	13.94

400-Meter Hurdles

1.	Mary Knoblauch, 1981	56.16
2.	Wynsome Cole, 1998	56.67
3.	MonTayla Holder, 2014.....	56.70
4.	Jenny Kimbro, 2019	58.27
5.	Chris Davenport, 1981	59.18
6.	Sommer Sharpe, 2018.....	59.20
7.	Sarah Plock, 2018	59.49
8.	Hannah Simonson, 2012	59.54
9.	Sarah Steffen, 2002	59.59
10.	Tiffany Hendricks, 2011.....	59.63

3,000 Meters

1.	Diane Nukuri, 2008.....	9:18.82
2.	Penny O'Brien, 1985	9:20.61
3.	McKenzie Melander, 2012.....	9:21.59
4.	Betsy Flood, 2010	9:22.63
5.	Nan Doak, 1985	9:23.04
6.	Tracy Dahl, 1992	9:23.53
7.	Meghan Armstrong, 2006.....	9:28.03
8.	Brooke Eilers, 2011.....	9:30.08
9.	Jeanne Kruckeberg, 1989	9:30.69
10.	Jennifer Brower, 1992	9:34.59

200 Meters

1.	Brittany Brown, 2017	22.30
2.	Briana Guillory, 2016	22.89
3.	Elexis Guster, 2016	23.03
4.	Lake Kwaza, 2016	23.17
5.	Shellene Williams, 2004	23.50
6.	Kineke Alexander, 2006	23.58
7.	Davera Taylor, 1984	23.59
8.	Vivien McKenzie, 1985	23.61
9.	Yolanda Hobbs, 1995	23.65
10.	Alexis Hernandez, 2017	23.69

800 Meters

1.	Bethany Praska, 2011.....	2:03.78
2.	Kay Stormo, 1982	2:05.67
3.	Taylor Arco, 2019	2:06.06
4.	Michelle Lahann, 2004	2:06.79
5.	Mallory King, 2019.....	2:07.08
6.	Katharina Trost, 2015	2:07.09
7.	Mahnee Watts, 2016.....	2:07.41
8.	Aisha Hume, 2005	2:08.50
9.	Adrianne Alexia, 2013	2:08.61
10.	Jeanne Kruckeberg, 1987	2:08.75

3,000-Meter Steeplechase

1.	Marta Bote Gonzalez, 2015	10:23.15
2.	Danielle Berndt, 2011	10:26.54
3.	Jessica Schmidt, 2008	10:27.18
4.	Sarah Arens, 2004.....	10:34.50
5.	Hannah Roeder, 2011	10:35.22
6.	Madison Wayire, 2017	10:41.91
7.	Kelsey Hart, 2011.....	10:47.56
8.	Kelly Breen, 2017	10:59.99
9.	Katie Ellis, 2010	11:02.62
10.	Anna Hostetler, 2019.....	11:02.81

5,000 Meters

1.	Nan Doak, 1985	15:45.84
2.	McKenzie Melander, 2012.....	15:57.13
3.	Diane Nukuri, 2008	15:59.39
4.	Betsy Flood, 2011	16:04.46
5.	Meghan Armstrong, 2008	16:08.83
6.	Brooke Eilers, 2011	16:11.86
7.	Mareike Schrulle, 2013	16:12.66
8.	Jenny Spangler, 1983	16:17.21
9.	Tracy Dahl, 1992	16:18.77
10.	Racheal Marchand, 2008	16:27.02



Jenny Kimbro

OUTDOOR ALL-TIME TOP TEN PERFORMERS



Diane Nukuri



Bethany Praska



Alana Redfern



Peaches Roach



Jessie Strand



Laulauga Tausaga



Jahisha Thomas

10,000 Meters

1. Diane Nukuri, 2008 33:17.01
2. Jennifer Brower, 1991..... 33:23.38
3. Meghan Armstrong, 2008..... 33:28.00
4. Nan Doak, 1985 33:33.03
5. Jenny Spangler, 1983 33:39.24
6. **Andrea Shine, 2018** **33:50.25**
7. Racheal Marchand, 2008 34:05.87
8. McKenzie Melander, 2012..... 34:29.83
9. Tracy Dahl, 1992 34:30.09
10. Betsy Flood, 2011 35:05.10

Heptathlon

1. **Jenny Kimbro, 2019** **5,679 pts**
2. Tammilee Kerr, 2008 5,633 pts
3. **Tria Simmons, 2017** **5,557 pts**
4. Kathy Gillespie, 1983 5,262 pts
5. Tiff Pedersen, 2004 4,976 pts
6. Janet Adams, 1981..... 4,855 pts
7. Sarah Ryan, 2012 4,819 pts
8. Ruqayya Raheem, 1997 4,665 pts
9. Angela Chadwick, 1993..... 4,493 pts
10. **Allison Wahrman, 2017** **4,315 pts**

High Jump

1. Peaches Roach, 2006 6-1 1/4 (1.86)
2. **Jenny Kimbro, 2019** **6-0 3/4 (1.85)**
3. Mary Mol, 1983 6-0 (1.83)
4. Khanishah Williams, 2013.5-11 1/4 (1.81)
5. Caleigh Bacchus, 2010 5-10 (1.78)
6. Lynn McMillan, 1988 5-9 1/4 (1.76)
- Aubrianna Lantrip, 2018.... 5-9 1/4 (1.76)
- Gillian Urycki, 2018 5-9 1/4 (1.76)
- Tria Simmons, 2019 5-9 1/4 (1.76)
10. Madison Rouw, 2016 5-8 3/4 (1.75)

Pole Vault

1. Jessie Strand, 2003 12-10 1/4 (3.92)
2. Sarah Burgett, 2006 12-1 3/4 (3.70)
3. Kirsten Weismantle, 2011..... 12-0 (3.66)
4. Amy Smith, 2018..... 11-11 3/4 (3.65)
5. Katie Truedson, 2010..... 11-5 1/4 (3.49)
6. Gina Shannon, 2001..... 11-2 1/4 (3.41)
7. Brittany Holst, 2013 11-1 (3.38)
8. Elyssa Tracy, 2015..... 10-6 (3.20)
9. Kacey Childs, 2000 8-0 1/2 (2.45)

Long Jump

1. Aisha James, 2003..... 22-3 (6.78)
2. Jahisha Thomas, 2018 21-6 (6.55)
3. Zinnia Miller, 2014..... 20-6 1/2 (6.26)
4. Renee White, 2008 20-3 3/4 (6.19)
5. Carisa Leacock, 2014..... 19-11 3/4 (6.09)
6. **Amanda Carty, 2019** **19-11 1/2 (6.08)**
7. Becki Borg, 1988 19-7 1/4 (5.97)
8. **Jenny Kimbro, 2018** **19-7 (5.97)**
9. Cassidy Ellis, 2015 19-6 1/4 (5.95)
10. Lisa Moats, 1986 19-6 (5.95)

Triple Jump

1. Jahisha Thomas, 2018 44-2 (13.46)
 2. Renee White, 2008 43-10 3/4 (13.36)
 3. Zinnia Miller, 2014..... 42-0 1/2(12.81)
 4. Tiffany Johnson, 2007 41-8 3/4 (12.72)
 5. **Tria Simmons, 2018** **40-11 3/4 (13.49)**
 6. **Amanda Carty, 2019** **40-11 (12.47)**
 7. Carisa Leacock, 2012.... 40-10 1/2 (12.46)
 8. Becki Borg, 1988 40-7 1/2 (12.38)
 9. **Hannah Schlib, 2017** **40-6 (12.34)**
 10. Lynn McMillan, 1988 39-6 1/2 (12.05)
- Allison Wahrman, 2018 . 39-6 1/2 (12.05)

Shot Put

1. **Laulauga Tausaga, 2019** .. **59-1 1/2 (18.02)**
2. **Nia Britt, 2018** **54-2 1/2 (16.52)**
3. Lisa Van Steenwyk, 1992 50-8 (15.44)
4. Gail Smith, 1984..... 50-3 1/4 (15.32)
5. Denise Taylor, 1992 50-1 3/4 (15.28)
6. **Erika Hammond, 2019** ... **49-9 1/4 (15.17)**
7. Kamesha Marshall, 2005.48-6 3/4 (14.80)
8. Laura Kriener, 1990..... 48-2 1/2 (14.69)
9. Jennifer Gilson, 2002 47-10 (14.58)
10. Rachel Curry, 2013..... 47-9 1/4 (14.56)

Discus

1. **Laulauga Tausaga, 2019** **204-4 (62.28)**
2. **K. Spanoudakis, 2019** **190-1 (57.95)**
3. Majesty Tutson, 2013 181-1 (55.19)
4. Dakotah Goodell, 2014 169-4 (51.62)
5. Kara Misel, 2018 162-1 (49.40)
6. Tiffany Medenwaldt, 2010.. 161-3 (49.16)
7. Denise Taylor, 1992 160-5 (48.90)
8. Amanda Stahle, 2014..... 159-3 (48.54)
9. Lisa Van Steenwyk, 1991 159-1 (48.50)
10. Gail Smith, 1983..... 158-2 (48.22)

WOMEN'S ALL-TIME RELAYS

400-Meter Relay

1. Kwaza, Guster, **Guillory**, Hernandez, 2016 44.04
2. Chapman, **Guillory**, Hernandez, Brown, 2017 44.34
3. Kwaza, Guster, Chapman, **Guillory**, 2016 44.41
4. Thomas, Avant, **Guillory**, Brown, 2018 44.44
5. Kwaza, Guster, Hernandez, Brown, 2014 44.51
6. Thomas, Avant, Champe, Brown, 2018 44.52
7. Thomas, **Guillory**, Hernandez, Brown, 2017 44.53
8. Kwaza, Guster, Holder, Brown, 2014 44.62
9. Poole, Reid, Floyd, Hobbs, 1994 44.63
- Chapman, **Guillory**, Hernandez, Brown, 2017 44.63

Shuttle Hurdle Relay

1. Prendergast, Cole, Raheem, Ruen, 1998 56.44
2. Cole, Prendergast, Raheem, Ruen, 1998 56.54
3. Raheem, Prendergast, Cole, Ruen, 1998 57.53

800-Meter Relay

1. **Brown**, Champe, Avant, Plock, 2018 1:35.11
2. Chapman, **Guillory**, Hernandez, Brown, 2017 1:35.36
3. Hobbs, Reid, Floyd, Poole, 1994 1:35.69
4. Roach, McCalla, Alexander, Johnson, 2006 1:36.19
5. Chapman, Roberts-Lewis, Champe, Brown, 2016 1:36.98
6. Williams, Charles, Fouchè, Providence, 2003 1:37.49
7. Herrmann, McCalla, Raymond, Roach, 2004 1:37.66
8. Charles, Dixon, Knight, Prendergast, 2002 1:38.15
9. **Christian, Buss, Swanson, Morken, 2019** **1:38.52**
10. Prendergast, Dixon, Knight, Providence, 2001 1:38.73

1,600-Meter Relay

1. Hernandez, **Guillory**, Holder, Guster, 2016 3:30.97
2. **Guillory**, Brown, Hernandez, Champe, 2017 3:32.37
3. Guster, **Guillory**, Holder, Hernandez, 2016 3:32.63
4. Holder, **Guillory**, Hernandez, Guster, 2016 3:33.25
5. Guster, Hernandez, Holder, Kwaza, 2014 3:34.83
6. Praska, Hendricks, Liverpool, Erickson, 2011 3:35.93
7. **Guillory**, Brown, Hernandez, Champe, 2017 3:35.94
- Champe, **Guillory**, Plock, Sharpe, 2018 3:35.94
9. Guster, Watts, Hernandez, Kwaza, 2014 3:36.09
10. Hume, Charles, Steffen, Williams, 2003 3:36.26

Sprint Medley Relay

1. Jones, Hendricks, Liverpool, Praska, 2011 3:48.63
2. Brown, Kwaza, Guster, Watts, 2014 3:51.18
3. Kwaza, Guster, Holder, Watts, 2016 3:52.62
4. **Swanson, Morken, King, Arco, 2019** **3:52.85**
5. Kwaza, Brown, Guster, Trost, 2015 3:53.29
6. Kwaza, R. Moore, Holder, Alexia, 2013 3:54.51
7. Trusty, R. Moore, Hendricks, Praska, 2010 3:56.53
8. Reid, Philip, Hobbs, Benning, 1995 3:56.54
9. Roach, Alexander, McCalla, Stanley, 2005 3:56.99
10. Kwaza, R. Moore, Alexia, Nelson, 2013 3:58.72

3,200-Meter Relay

1. Suppelsa, Wodek, Kruckeberg, Schneckloth, 1987 8:46.45
2. Lahann, Stanley, Hume, Barber, 2004 8:48.87
3. Schneckloth, Roberts, Hawkins, Kruckeberg, 1989 8:49.38
4. Trost, Maser, Alexia, Nelson, 2014 8:49.95
5. Nelson, Watts, Wilberding, Sindt, 2016 8:51.90
6. Flood, Dlhy, L. Hardesty, Docherty, 2009 8:53.91
7. Armstrong, Stanley, Laney, Hume, 2005 8:54.27
8. O'Brien, Camarigg, Williams, Stormo, 1981 8:54.36
9. Flood, Melander, Praska, Hardesty, 2010 8:54.45
10. Drapcho, Schlader, Williams, Stormo, 1980 8:56.14

Distance Medley Relay

1. Hoskins, Powell, Schneckloth, Kruckeberg, 1989 11:22.18
2. Armstrong, Alexander, Poncé, Stanley, 2007 11:25.05
3. Stanley, McCalla, Hume, Armstrong, 2005 11:34.04
4. Barber, Williams, Hume, Arens, 2004 11:34.56
5. Thompson, Williams, Hume, Arens, 2003 11:39.02
6. 2000 11:39.83
7. Schrulle, Erickson, Placzek, Eilers, 2012 11:40.57
8. Davenport, xx, xx, xx, 1981 11:41.44
9. Pare, Grant, Benning, Gilchrist, 1997 11:41.92
10. Dlhy, Erickson, Docherty, Anderson, 2010 11:43.06

6,400-Meter Relay

1. Flood, Melander, A. Hardesty, L. Hardesty, 2010 19:05.63
2. Nukuri, Marchand, Henize, Armstrong, 2008 19:15.42
3. Flood, Laesch, Ranegar, Melander, 2012 19:16.73
4. Flood, Eilers, Melander, L. Hardesty, 2011 19:17.52
5. Flood, Melander, A. Hardesty, Eilers, 2009 19:36.43
6. Scott, Gordon, Schrulle, Gambrall, 2013 19:41.15
7. Jones, Bote Gonzalez, Wilberding, Reischmann, 2015 19:59.72
8. Maser, Price, Wilberding, Montuclard, 2014 20:23.27
9. Chapple, Laney, Donlon, Sokol, 2005 20:39.12
10. Arens, Barber, Butler, Roberts, 2001 20:40.89