



IOWA FIELD HOCKEY

WEEK 7: VS CENTRAL MICHIGAN (OCT. 7) & UC DAVIS (OCT. 9)

2016 SCHEDULE

(7-5, 1-3)

8/27 at #7 Wake Forest	W, 2-1
8/28 vs. #1 North Carolina	L, 1-4
9/2 vs. Fairfield	W, 4-1
9/4 vs. Saint Louis	W, 11-0
9/10 vs. Monmouth	W, 4-0
9/11 at Kent State	W, 2-0
9/16 vs. #4 Penn State *	L, 3-4
9/18 vs. Ball State #	W, 4-1
9/23 vs. #6 Maryland *#	L, 2-4
9/25 vs. Rutgers *#	L, 1-2
9/30 at Indiana *#	W, 2-1 (OT)
10/2 at #7 Louisville	L, 0-2
10/7 vs. Central Michigan #	3 p.m.
10/9 vs. UC Davis	1 p.m.
10/14 at #6 Northwestern *	3 p.m.
10/16 at #10 Michigan *	Noon
10/21 vs. Michigan State *#	3 p.m.
10/27 at Ohio State *!	2:30 p.m.

Big Ten Tournament (College Park, Md.)

11/3 Quarterfinals	TBA
11/4 Semifinals!	TBA
11/6 Final!	TBA

NCAA Tournament (Ann Arbor, Mich.)

11/12 Round one	TBA
11/13 Quarterfinals	TBA
11/18 Semifinals	TBA
11/20 Championship	TBA

All game times listed are Central

* Big Ten Conference Games

! Televised by Big Ten Network

Streamed live on BTN2GO

RANKINGS

No.	Team	Points
1.	Connecticut (29)	952
2.	Duke (9)	921
3.	North Carolina (9)	906
4.	Syracuse (3)	871
5.	Penn State	788
6.	Northwestern	732
7.	Maryland	668
8.	Louisville	634
9.	Delaware	566
10.	Michigan	493
	Virginia	493
12.	Princeton	473
13.	Old Dominion	338
14.	Boston College	281
15.	Boston University	280
16.	IOWA	222
17.	Wake Forest	221
18.	Stanford	187
19.	Albany	111
20.	American	93

* - 2016 Opponent

THIS WEEK

The 16th-ranked University of Iowa field hockey team (7-5, 1-3) is back in action this weekend. The Hawkeyes host a pair of nonconference matches as they take on Central Michigan on Friday at 3 p.m. (CT) and UC Davis Sunday at 1 p.m. (CT) at Grant Field. Admission is free. Friday's match against Central Michigan will be streamed live on [BTN2GO](#).

THIS WEEKEND'S PROMOTIONS

Friday vs. Central Michigan

- Starbucks frappe iced coffee for the first 100 fans in recognition of National Frappe Day

Sunday vs. UC Davis

- PINK OUT - all fans are encouraged to wear pink to raise awareness for breast cancer research
- Pink texting gloves for the first 100 fans
- UI Health Care Day - Game promoted via email to UI Health Care employees
- Enter-to-win drawing for a pair of Beats headphones

SCOUTING CENTRAL MICHIGAN

Central Michigan comes into this weekend with a 1-10 record. The Chippewas have lost their last seven straight games. Three of Central Michigan's ten defeats have come against Big Ten teams (Michigan State, Michigan, Indiana). In those three games the Chippewas scored a total of three goals. Junior Emily Barber has a team-high two goals, and she also has one assist for a team-high five points. Junior Alex Gonda has one goal and a team-high two assists for a total of four points.

IOWA VS. CENTRAL MICHIGAN -- THE SERIES

- Iowa is undefeated (10-0) when they face Central Michigan.
- The Hawkeyes are 3-0 when facing the Chippewas at Grant Field.
- The last time the two teams met was last season. The Hawkeyes won the match, 4-1, in Mount Pleasant, Michigan.

SCOUTING UC DAVIS

UC Davis has a 3-8 overall record and a 0-2 conference mark entering this weekend's action. The Aggies have registered wins over Ohio University, Missouri State, and LIU Brooklyn. Redshirt freshman Kathleen Humphries leads the Aggies with five goals. Humphries also has one assist for a team-high 11 points. Senior Lauren Copeland has two goals and a team-high three assists for a total of seven points this season.

IOWA VS. UC DAVIS -- THE SERIES

- The Hawkeyes are undefeated (3-0) against the Aggies.
- The two teams have only played at Grant Field once (2013). The Hawkeyes won that match, 5-1. The other two matches have been played at neutral sites.
- The last time the Hawkeyes and Aggies met was in 2014. The Hawkeyes won that match, 3-1, in Stanford, California.

LAST TIME OUT

The then-18th-ranked University of Iowa field hockey team lost to No. 7 Louisville, 2-0, in a nonconference contest played Sunday afternoon at Trager Stadium.

Louisville (10-2) scored two early goals in the first half, scoring in the seventh and ninth minutes to give the Cardinals a 2-0 lead.

The Hawkeyes were able to keep the Cardinals off the scoreboard in the second half, but were unable to find the back of the cage. Iowa registered five shots in the game, including four in the second half. The Hawkeyes also had three penalty corners in the contest.

Freshman Katie Birch led the Hawkeyes with two shots. Natalie Cafone, Melissa Progar, and Sophie Sunderland each registered one shot. Senior goalkeeper Alexandra Pecora made eight saves in the loss.

BIG TEN STANDINGS

	Conf.	Over.
#6 Northwestern	4-0	10-2
#5 Penn State	3-1	11-1
#7 Maryland	3-1	8-3
#10 Michigan	2-2	7-4
Rutgers	1-2	6-4
Indiana	1-2	6-6
Michigan State	1-2	5-6
#16 IOWA	1-3	7-5
Ohio State	0-3	4-7

(Results as of Sept. 26)

2016 ROSTER

00	Katie Jones	Jr.
1	Chandler Ackers	Sr.
4	Makenna Grewe	So.
5	JoElla Guagliardo	Jr.
6	Mallory Lefkowitz	Jr.
7	Sophie Plasteras	Sr.
9	Natalie Cafone	Sr.
10	Isabella Brown	So.
11	Katie Birch	Fr.
12	Taylor Omweg	Jr.
15	Riley Kniptash	Fr.
16	Isabella Solaroli	Fr.
19	Ryley Miller	Fr.
20	Sophie Sunderland	Fr.
22	Lara Bampffield	Fr.
24	Melissa Progar	So.
25	Avery Semler	Fr.
44	Alexandra Pecora	Jr.
96	Leslie Speight	Fr.

ATHLETIC COMMUNICATIONS

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MEDIA INFORMATION

INTERVIEW OPPORTUNITY

Members of the University of Iowa field hockey team and coaching staff will be available for interviews each Tuesday before practice during the regular season.

To attend, please contact UI field hockey communications contact Kevin Quinn by phone (708-336-1294) or email (kevin-quinn@uiowa.edu). Be sure to include which coaches and student-athletes you would like to speak with to ensure availability.

HAWKEYES LOOK TO EXTEND UNBEATEN STREAK

The University of Iowa field hockey team will look to keep its unbeaten record against Central Michigan and UC Davis intact this weekend. The first time the Hawkeyes played Central Michigan was 1982. The Hawkeyes first played UC Davis in 2012 in Stanford California.

STATISTICALLY SPEAKING

Iowa's 11 goals and 39 shots against Saint Louis are the second and third most, respectively, by a Big Ten team in a match this season.

Individually, Alexandra Pecora posted back-to-back shutouts against Monmouth and Kent State, and combined with Katie Jones to blank Saint Louis. The senior is second in the Big Ten with two shutouts.

Natalie Cafone ranks in the top-10 in a number of statistical categories in the Big Ten. The Hawkeye senior ranks fifth in shots per match (4.33), fourth in points per match (2.42), second in goals per match (0.92), and second in goals (11).

Freshman Katie Birch is also in the top-10 in a hand full of statistical categories in the Big Ten. The freshman ranks first in shots (58) second in shots per game (4.83), and tied for first in game winning goals (3).

Iowa, Northwestern, and Rutgers are the only Big Ten team to have two players record hat tricks this season. The Hawkeyes are the only team to have two players (Katie Birch and JoElla Guagliardo) record hat tricks in the same game (Saint Louis).

BIRCH SCORES IN OVERTIME

Katie Birch produced the late game heroics to lift the Hawkeyes over the Hoosiers last Friday to give Iowa its first conference win of the season. Despite playing overtime one player short due to a yellow card issued to senior Natalie Cafone in the 66th minute followed by a green card to freshman Sophie Sunderland in the 71st minute, Birch scored her team-leading third game winning goal seconds later at 71:50. The freshman was able to locate the ball in a scrap in front of the goal and put it past the goalkeeper.

The goal was Birch's team-leading third game-winning goal of the year.

PECORA NAMED NFHCA DEFENSIVE PLAYER OF THE WEEK (SEPT. 14)

University of Iowa field hockey senior Alexandra Pecora was named Longstreth/NFHCA Division I Player of the Week, the NFHCA office announced on Sept. 14. It marked the first national weekly honor of Pecora's career.

Pecora, who earned her second career Big Ten Defensive Player of the Week award on Sept. 13 helped the Hawkeyes post wins over Monmouth (4-0) on Sept. 10 and Kent State (2-0) on Sept. 11. The goalkeeper registered back-to-back shutouts, recording one save against Monmouth and six against Kent State.

In her four years at Iowa, the Marlton, New Jersey, native has played in a total of 46 games and accumulated 182 saves. Pecora has five shutouts in her career.

CAFONE MOVES UP IN RANKS

Natalie Cafone scored two goals against Maryland (Sept. 23), and a goal against Rutgers (Sept. 25) giving her 59 career goals. Cafone remains ninth all-time in career goals at Iowa. The red-shirt senior is three goals behind former Hawkeye Kelly Flanagan (62) for eighth.

Cafone had her 11-match point streak snapped in Iowa's 2-0 loss at then-No. 7 Louisville. The native of Fairfield, New Jersey had recorded a goal and/or an assist in Iowa's first 11 matches of the year.

HAWKEYES RANK 18TH IN RPI

The University of Iowa is ranked 18th in the latest RPI released this week. The Hawkeyes are one for five Big Ten teams ranked in the Top 20: Penn State (5), Maryland (7), Northwestern (7), and Michigan (19).

NEWCOMERS

The Hawkeyes welcomed back 14 players, including seniors Chandler Ackers, Natalie Cafone, Sophie Plasteras, and Alexandra Pecora. In addition to the returnees, Iowa welcomed five newcomers to 2016 roster, including Katie Birch (MF/D), Ryley Miller (MF), Isabella Solaroli (MF), Leslie Speight (GK), and Sophie Sunderland (MF).

HAWKEYES IN THE NCAA TOURNAMENT

The Hawkeyes have been selected to the NCAA Tournament 22 times in program history – the most of any school as a member of the Big Ten Conference. The Hawkeyes are 26-23 all-time in tournament play, including 9-5 in first round match-ups and 11-6 in second round contests. Iowa has advanced to 11 NCAA Final Fours, winning the 1986 national championship. The Hawkeyes' 26 tournament victories and 11 NCAA Final Fours are the most of any school as a member of the Big Ten Conference.

LOOKING AHEAD

The Hawkeyes are back in action next weekend as they go on the road for a pair of conference matches at No. 6 Northwestern (Oct. 14) in Evanston, Illinois, and No. 9 Michigan (Oct. 16) in Ann Arbor, Michigan.

LINK UP WITH THE HAWKEYES

For an inside look at the Iowa field hockey program and to access exclusive coverage, "like" The University of Iowa Field Hockey Team on Facebook and follow @IowaFieldHockey on Twitter and Instagram.



IOWA FIELD HOCKEY

SEASON STATS

2016 Iowa Field Hockey Iowa Combined Team Statistics (as of Oct 02, 2016) All games

RECORD:	OVERALL	HOME	AWAY	NEUTRAL
ALL GAMES	7-5	3-3	3-1	1-1
CONFERENCE	1-3	0-3	1-0	0-0
NON-CONFERENCE	6-2	3-0	2-1	1-1

Date	Opponent	Score	Att.	#	Player	gp	g	a	pts	sh	sh%	sog	sog%	gw	pk-att
Aug 27	at #7 Wake Forest	w 2-1	446	11	BIRCH, KATIE	12	8	2	18	58	.138	29	.500	3	0-0
Aug 28	vs #1 North Carolina	L 1-4	146	9	CAFONE, NATALIE	12	11	7	29	52	.212	25	.481	1	0-0
Sep 02	FAIRFIELD	w 4-1	143	1	ACKERS, CHANDLER	12	3	5	11	14	.214	6	.429	0	1-1
Sep 04	SAINT LOUIS	w 11-0	170	7	PLASTERAS, SOPHIE	12	5	1	11	11	.455	9	.818	1	0-0
Sep 10	vs Monmouth	w 4-0	0	20	SUNDERLAND, SOPHI	12	0	2	2	10	.000	2	.200	0	0-0
Sep 11	at Kent State	w 2-0	112	5	GUAGLIARDO, JOELLA	12	3	1	7	8	.375	6	.750	0	0-0
* Sep 16	#4 PENN STATE	L 3-4	195	6	LEFKOWITZ, MALLORY	12	1	3	5	7	.143	5	.714	0	0-0
Sep 18	BALL STATE	w 4-1	213	16	SOLAROLI, ISABELLA	12	2	0	4	7	.286	5	.714	0	0-0
* Sep 23	#6 MARYLAND	L 2-4	150	24	PROGAR, MELISSA	12	1	4	6	5	.200	4	.800	1	0-0
* Sep 25	RUTGERS	L 1-2	150	4	GREWE, MAKENNA	8	2	3	7	5	.400	3	.600	1	0-0
* Sep 30	at Indiana	wot 2-1	203	12	OMWEG, TAYLOR	12	0	1	1	5	.000	1	.200	0	0-0
Oct 02	at #7 Louisville	L 0-2	246	19	MILLER, RYLEY	1	0	0	0	0	.000	0	.000	0	0-0
				25	SEMLER, AVERY	1	0	0	0	0	.000	0	.000	0	0-0
				22	BAMPFIELD, LARA	2	0	0	0	0	.000	0	.000	0	0-0
				10	BROWN, ISABELLA	12	0	0	0	0	.000	0	.000	0	0-0
				15	KNIPTASH, RILEY	9	0	0	0	0	.000	0	.000	0	0-0
					Total	12	36	29	101	182	.198	95	.522	7	1-1
					Opponents	12	20	15	55	113	.177	60	.531	5	0-0

TEAM STATISTICS	IOWA	OPP
SHOT STATISTICS		
Goals-Shot attempts	36-182	20-113
Goals scored per game	3.00	1.67
Shot pct.	.198	.177
Shots on goal-Attempts	95-182	60-113
SOG pct.	.522	.531
Shots/Game	15.2	9.4
CORNER KICKS	78	54
PENALTY KICKS	1-1	0-0
PENALTIES		
Yellow cards	4	3
Red cards	0	0
ATTENDANCE		
Total	1021	1007
Dates/Avg Per Date	6/170	4/252
Neutral Site #/Avg	2/73	

#	Goalie	GP	Min.	GA	GAAvg	Saves	Pct	W-L-T	Sho
00	JONES, KATIE	1	35:00	0	0.00	0	.000	0-0-0	0/1
44	PECORA, ALEXANDR	12	806:50	20	2.23	40	.667	7-5-0	2/1
	Total	12	841:50	20	2.14	40	.667	7-5-0	3
	Opponents	12	841:50	36	3.85	59	.621	5-7-0	1

Goals by Period	1st	2nd	OT	Total
Iowa	14	21	1	36
Opponents	9	11	0	20

Shots by Period	1st	2nd	OT	Total
Iowa	90	91	1	182
Opponents	43	70	0	113

Saves by Period	1st	2nd	OT	Total
Iowa	14	26	0	40
Opponents	34	25	0	59

Corners by Period	1st	2nd	OT	Total
Iowa	46	32	0	78
Opponents	22	32	0	54

Fouls by Period	1st	2nd	OT	Total
Iowa	38	30	0	68
Opponents	40	31	0	71

