



IOWA FIELD HOCKEY

WEEK 8: VS. MICHIGAN STATE (OCT. 21)

2016 SCHEDULE (10-6, 2-4)

8/27 at #7 Wake Forest	W, 2-1
8/28 vs. #1 North Carolina	L, 1-4
9/2 vs. Fairfield.....	W, 4-1
9/4 vs. Saint Louis.....	W, 11-0
9/10 vs. Monmouth.....	W, 4-0
9/11 at Kent State.....	W, 2-0
9/16 vs. #4 Penn State *	L, 3-4
9/18 vs. Ball State #	W, 4-1
9/23 vs. #6 Maryland *#	L, 2-4
9/25 vs. Rutgers *#	L, 1-2
9/30 at Indiana *#	W, 2-1 (OT)
10/2 at #7 Louisville	L, 0-2
10/7 vs. Central Michigan #	W, 11-0
10/9 vs. UC Davis	W, 5-0
10/14 at #9 Northwestern *	W, 2-1.
10/16 at #12 Michigan *	L, 1-2
10/21	.. vs. Michigan State *#	3 p.m.
10/27 at Ohio State *!	2:30 p.m.

Big Ten Tournament (College Park, Md.)

11/3 Quarterfinals.....	TBA
11/4 Semifinals!	TBA
11/6 Final!	TBA

NCAA Tournament (Ann Arbor, Mich.)

11/12	... Round one.....	TBA
11/13	... Quarterfinals.....	TBA
11/18	... Semifinals	TBA
11/20	... Championship.....	TBA

All game times listed are Central
* Big Ten Conference Games
! Televised by Big Ten Network
Streamed live on BTN2GO

RANKINGS

No.	Team	Points
1.	Connecticut (32)	892
2.	Duke (8)	836
3.	Syracuse (3)	833
4.	North Carolina (3)	791
5.	Maryland	733
6.	Penn State	663
7.	Louisville	638
8.	Delaware	567
9.	Virginia	555
10.	Northwestern	463
11.	Princeton	427
12.	Michigan	370
13.	Boston University	335
14.	Boston College	322
15.	IOWA	254
16.	Wake Forest	217
17.	James Madison	147
18.	Stanford	145
19.	American	129
20.	Harvard	88

BOLD = 2016 Opponent

THIS WEEK

The 16th-ranked University of Iowa field hockey team (10-6, 2-4) is back in action this weekend, hosting their final home game of the regular season. The Hawkeyes host Michigan State on Friday at 3 p.m. (CT) at Grant Field. Admission is free to the public. Friday's game will be streamed live on BTN2GO.com.

THIS WEEK'S PROMOTIONS

Friday, Oct. 21 vs. Michigan State – 3 p.m.

- Friday's game is Senior Day. The Iowa field hockey program will honor this year's senior class before the game.
- The first 100 fans will receive a free fleece blanket.

SCOUTING MICHIGAN STATE

Michigan State enters the weekend with a 7-8 overall record and a 3-3 conference mark. The Spartans sit one spot ahead of the Hawkeyes in the Big Ten in sixth. Michigan State has Big Ten wins over Ohio State (4-2), Rutgers (4-3), and Indiana (1-0) this season. Redshirt junior Kendal Anderson leads the Spartans and is tied for fourth in the Big Ten in goals (12), goals per game (0.80), assists (8), and points (32). Redshirt senior goalkeeper Sierra Patton has the fourth-best goals against average (2.03) and fifth-best save percentage (.720).

IOWA VS. MICHIGAN STATE -- THE SERIES

- The Hawkeyes lead the series, 49-14-1.
- Iowa is 19-7 when facing Michigan State at Grant Field.
- The teams last met on Oct. 16, 2014. The Hawkeyes defeated the Spartans, 3-1 at Grant Field.

LAST TIME OUT

The 16th-ranked University of Iowa field hockey team fell to No. 12 Michigan, 2-1, in overtime Sunday. The Hawkeyes are now 10-6 overall and 2-4 in the Big Ten.

"This was a heartbreaking loss," said UI head coach Lisa Cellucci. "We played a great game and unfortunately couldn't capitalize in overtime. I was very proud of the effort and intensity we played with."

The Hawkeyes struck first, scoring in the 26th minute. Redshirt senior Natalie Cafone scored her team-leading 16th goal of the season off of a shot from the center of the circle to give Iowa a 1-0 lead.

Cafone now has 64 career goals and is tied with former Hawkeye Kerry Lassard for seventh all-time.

Michigan (9-6, 4-3) tied the game early in the second half. Carly Bennett evened the score in the 36th minute when she tipped a shot into the cage.

Despite nine shots from the Hawkeyes and five from Michigan in the second half, the score remained tied at the end of regulation.

Michigan scored the game-winning goal in the 82nd minute. Meg Dowthwaite scored on a reserve shot that beat Alexandra Pecora.

The Hawkeyes out-shot the Wolverines 18-16. Cafone lead Iowa with nine shots. Freshman Katie Birch had four shots and a defensive save. Pecora made six saves in the loss.

HAWKEYES WIN IN OVERTIME

The 16th-ranked University of Iowa field hockey team upset No. 9 Northwestern, 2-1, in overtime Friday. Freshman Sophie Sunderland scored the game-winning goal in the victory.

The Wildcats got on the board first, scoring in the 19th minute to give Northwestern a 1-0 lead. Iowa was unable to score in the first half despite registering four shots.

It didn't take the Hawkeyes long to get on track in the second half. Freshman Katie Birch scored off a corner in the 38th minute to tie the game. Junior Melissa Progar was credited with an assist on the play.

Both teams registered five shots in the second half, but solid defense and goalkeeping kept the game tied at the end of regulation. Despite starting the overtime period short one player due to a green card in the 68th minute, the Hawkeyes found a way to score.

BIG TEN STANDINGS

	Conf.	Over.
#5 Maryland	6-1	12-3
#6 Penn State	4-2	12-2
#10 Northwestern	4-2	10-5
#12 Michigan	4-3	9-6
Indiana	3-3	8-8
Michigan State	3-3	7-8
#15 IOWA	2-4	10-6
Rutgers	2-4	8-6
Ohio State	0-6	5-10

(Results as of Oct. 10)

2016 ROSTER

00	Katie Jones	Jr.
1	Chandler Ackers	Sr.
4	Makenna Grewe	So.
5	JoElla Guagliardo	Jr.
6	Mallory Lefkowitz	Jr.
7	Sophie Plasteras	Sr.
9	Natalie Cafone	Sr.
10	Isabella Brown	So.
11	Katie Birch	Fr.
12	Taylor Omweg	Jr.
15	Riley Knipdash	Fr.
16	Isabella Solaroli	Fr.
19	Ryley Miller	Fr.
20	Sophie Sunderland	Fr.
22	Lara Bampffield	Fr.
24	Melissa Progar	So.
25	Avery Semler	Fr.
44	Alexandra Pecora	Jr.
96	Leslie Speight	Fr.

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MEDIA INFORMATION

INTERVIEW OPPORTUNITY

Members of the University of Iowa field hockey team and coaching staff will be available for interviews each Tuesday before practice during the regular season.

To attend, please contact UI field hockey communications contact Kevin Quinn by phone (708-336-1294) or email (kevin-quinn@uiowa.edu). Be sure to include which coaches and student-athletes you would like to speak with to ensure availability.

Sunderland scored the game-winning goal in the 71st minute when she deflected Birch's shot off of a corner to secure the 2-1 victory for the Hawkeyes.

STATISTICALLY SPEAKING

Iowa has now beaten two opponents (Saint Louis and Central Michigan), 11-0 this season.

Iowa's 11 goals and 39 shots against Saint Louis are the second and third most, respectively, by a Big Ten team in a match this season.

Individually, Alexandra Pecora posted back-to-back shutouts against Monmouth and Kent State, and combined with Katie Jones to blank Saint Louis and Central Michigan. Pecora recorded her third shutout of the season in Iowa's victory over UC Davis. The senior is tied for first in the Big Ten with three shutouts.

Natalie Cafone ranks in the top-10 in a number of statistical categories in the Big Ten. The Hawkeye senior leads the Big Ten with 40 points and is tied for first in shots per match (4.81), tied for first in goals per match (1.00), tied for first in goals (16), and second in points per match (2.50).

Freshman Katie Birch is also in the top-10 in a handful of statistical categories in the Big Ten. The freshman ranks first in shots (77), is tied for first in shots per game (4.81) tied for first in game winning goals (3), and tied for eighth in points (26).

Junior Melissa Progar tallied an assist in Iowa's, 2-1, overtime victory over No. 9 Northwestern on Friday giving her 11 for the season. The junior recorded four against Central Michigan (Oct. 7) and two against UC Davis (Oct.9). Progar is tied for second in assists (11) and assists per game (0.69) in the Big Ten.

Iowa is the only Big Ten team to have three players record hat tricks this season. The Hawkeyes are the only team to have two players (Katie Birch and JoElla Guagliardo) record hat tricks in the same game (Saint Louis).

CAFONE MOVES UP IN RANKS

Natalie Cafone scored a goal against Michigan on Sunday giving her 64 career goals. The redshirt senior is now tied for seventh all-time with former Hawkeye Kerry Lassard. Cafone is four goals behind former Hawkeye Ellen Egan (68) for sixth.

SUNDERLAND NAMED BIG TEN CO-FRESHMAN OF THE WEEK (OCT. 18)

University of Iowa field hockey freshman Sophie Sunderland has been named Big Ten Co-Freshman of the Week, the league office announced Tuesday. It marks the first weekly honor of Sunderland's career and the fifth weekly award for the Hawkeyes this season.

Sunderland scored the game-winning goal in Iowa's 2-1 overtime victory against No. 9 Northwestern on Oct. 14. She played in all 71 minutes of the overtime contest, helping the Hawkeyes to their second win over a top-10 opponent this season.

The Ipswich, England, native now has three goals and four assists on the season. Her 10 total points is the second most by an Iowa freshman this season (Katie Birch, 26).

Iowa has won a weekly conference award five times this season. Senior goalkeeper Alexandra Pecora was named Big Ten Defensive Player of the Week on Sept. 13, Birch garnered back-to-back Freshman of the Week accolades on Aug. 30 and Sept. 6, and redshirt senior Natalie Cafone earned Offensive Player of the Week honors on Oct. 11.

PECORA NAMED NFHCA DEFENSIVE PLAYER OF THE WEEK (SEPT. 14)

Senior Alexandra Pecora was named Longstreth/NFHCA Division I Player of the Week, the NFHCA office announced on Sept. 14. It marked the first national weekly honor of Pecora's career.

Pecora, who earned her second career Big Ten Defensive Player of the Week award on Sept. 13 helped the Hawkeyes post wins over Monmouth (4-0) on Sept. 10 and Kent State (2-0) on Sept.11. The goalkeeper registered back-to-back shutouts, recording one save against Monmouth and six against Kent State.

In her four years at Iowa, the Marlton, New Jersey, native has played in a total of 52 games and accumulated 207 saves. Pecora has six shutouts in her career.

NEWCOMERS

The Hawkeyes welcomed back 14 players, including seniors Chandler Ackers, Natalie Cafone, Sophie Plasteras, and Alexandra Pecora. In addition to the returnees, Iowa welcomed five newcomers to 2016 roster, including Katie Birch (MF/D), Ryley Miller (MF), Isabella Solaroli (MF), Leslie Speight (GK), and Sophie Sunderland (MF).

HAWKEYES IN THE NCAA TOURNAMENT

The Hawkeyes have been selected to the NCAA Tournament 22 times in program history -- the most of any school as a member of the Big Ten Conference. The Hawkeyes are 26-23 all-time in tournament play, including 9-5 in first round match-ups and 11-6 in second round contests. Iowa has advanced to 11 NCAA Final Fours, winning the 1986 national championship. The Hawkeyes' 26 tournament victories and 11 NCAA Final Fours are the most of any school as a member of the Big Ten Conference.

LOOKING AHEAD

The Hawkeyes conclude the regular season on Thursday when they face Ohio State at 2:30 p.m. (CT) in Columbus, Ohio.

LINK UP WITH THE HAWKEYES

For an inside look at the Iowa field hockey program and to access exclusive coverage, "like" The University of Iowa Field Hockey Team on Facebook and follow @IowaFieldHockey on Twitter and Instagram.



IOWA FIELD HOCKEY

SEASON STATS

2016 Iowa Field Hockey Iowa Combined Team Statistics (as of Oct 17, 2016) All games

RECORD:	OVERALL	HOME	AWAY	NEUTRAL
ALL GAMES	10-6	5-3	4-2	1-1
CONFERENCE	2-4	0-3	2-1	0-0
NON-CONFERENCE	8-2	5-0	2-1	1-1

Date	Opponent	Score	Att.	#	Player	gp	g	a	pts	sh	sh%	sog	sog%	gw	ps-att	dsv	
Aug 27	at #7 Wake Forest	w	2-1	446	9	CAFONE, NATALIE	16	16	8	40	77	.208	44	.571	2	0-0	0
Aug 28	vs #1 North Carolina	L	1-4	146	11	BIRCH, KATIE	16	11	4	26	77	.143	37	.481	3	0-0	2
Sep 02	FAIRFIELD	w	4-1	143	1	ACKERS, CHANDLER	16	7	6	20	25	.280	14	.560	0	1-2	1
Sep 04	SAINT LOUIS	w	11-0	170	7	PLASTERAS, SOPHIE	16	7	2	16	19	.368	15	.789	1	0-0	0
Sep 10	vs Monmouth	w	4-0	0	20	SUNDERLAND, SOPHI	16	3	4	10	16	.188	8	.500	1	0-0	0
Sep 11	at Kent State	w	2-0	112	5	GUAGLIARDO, JOELLA	16	4	1	9	12	.333	8	.667	1	0-0	0
* Sep 16	#4 PENN STATE	L	3-4	195	6	LEFKOWITZ, MALLORY	16	1	3	5	10	.100	6	.600	0	0-0	0
Sep 18	BALL STATE	w	4-1	213	16	SOLAROLI, ISABELLA	16	2	0	4	7	.286	5	.714	0	0-0	0
* Sep 23	#6 MARYLAND	L	2-4	150	24	PROGAR, MELISSA	16	1	11	13	5	.200	4	.800	1	0-0	0
* Sep 25	RUTGERS	L	1-2	150	4	GREWE, MAKENNA	8	2	3	7	5	.400	3	.600	1	0-0	0
* Sep 30	at Indiana	Wot	2-1	203	12	OMWEG, TAYLOR	16	0	5	5	5	.000	1	2.000	0	0-0	0
Oct 02	at #7 Louisville	L	0-2	246	22	BAMPFIELD,LARA	6	1	0	2	2	.500	2	1.000	0	0-0	0
Oct 07	CENTRAL MICHIGAN	w	11-0	101	10	BROWN, ISABELLA	16	0	0	0	0	.000	0	.000	0	0-0	0
Oct 09	UC DAVIS	w	5-0	177	19	MILLER, RYLEY	2	0	0	0	0	.000	0	.000	0	0-0	0
* Oct 14	at #9 Northwestern	Wot	2-1	170	25	SEMLER, AVERY	2	0	0	0	0	.000	0	.000	0	0-0	0
* Oct 16	at #12 Michigan	Lot	1-2	265	15	KNIPTASH,RILEY	12	0	0	0	0	.000	0	.000	0	0-0	0

Total	16	55	47	157	260	.212	147	.565	10	1-2	3
Opponents	16	23	18	64	142	.162	76	.535	6	0-0	2

TEAM STATISTICS

	IOWA	OPP
SHOT STATISTICS		
Goals-Shot attempts	55-260	23-142
Goals scored per game	3.44	1.44
Shot pct.	.212	.162
Shots on goal-Attempts	147-260	76-142
SOG pct.	.565	.535
Shots/Game	16.2	8.9
PENALTY CORNERS	108	66
PENALTY STROKES	1-2	0-0
PENALTIES		
Green cards	12	13
Yellow cards	6	5
Red cards	0	0
ATTENDANCE		
Total	1299	1442
Dates/Avg Per Date	8/162	6/240
Neutral Site #/Avg	2/72	

#	Goalie	GP	Min.	GA	GAAvg	Saves	Pct	W-L-T	Sho
00	JONES, KATIE	2	70:00	0	0.00	0	.000	0-0-0	0/2
44	PECORA, ALEXANDR	16	1065:46	23	1.94	50	.685	10-6-0	3/2
Total		16	1135:46	23	1.82	53	.697	10-6-0	5
Opponents		16	1135:46	55	4.36	92	.626	6-10-0	1

Goals by Period

	1st	2nd	OT	Total
Iowa	25	28	2	55
Opponents	10	12	1	23

Shots by Period

	1st	2nd	OT	Total
Iowa	129	129	2	260
Opponents	57	82	3	142

Saves by Period

	1st	2nd	OT	Total
Iowa	19	32	2	53
Opponents	52	40	0	92

Corners by Period

	1st	2nd	OT	Total
Iowa	59	48	1	108
Opponents	27	39	0	66

