



















IOWA HAWKEYES

WOMEN'S GYMNASTICS

2019 SCHEDULE

All times are Central standard and subject to change

JAN. 4		at Auburn Auburn, Ala.	7 PM
JAN. 11		vs. SEMO Iowa City, Iowa	6:30 PM
JAN. 13		at UNH Durham, NC	12 PM
JAN. 19		vs. Minnesota Iowa City, Iowa	4 PM
JAN. 26		vs. Rutgers Iowa City, Iowa	4 PM
FEB. 2		at Ohio State Columbus, Ohio	11 AM
FEB. 10		at Michigan Ann Arbor, Mich.	1 PM
FEB. 16		vs. Illinois Iowa City, Iowa	6 PM
FEB. 22		at Big Five Meet Toledo, Ohio	6 PM
MARCH 1		vs. Iowa State Iowa City, Iowa	6:30 PM
MARCH 8		at Washington with CSUS Seattle, Wash.	9 PM
MARCH 15		at Oregon State with UNC and SPU Corvallis, Ore.	9 PM
MARCH 22-24		Big Ten Championships University Park, Penn.	TBA
APRIL 4-6		NCAA Regionals TBA	TBA
APRIL 19		NCAA Championships St. Louis, Mo.	TBA
APRIL 20		NCAA Championships St. Louis, Mo.	TBA

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@IowaGymnastics

Week 1

The Competition.....Auburn
Date Jan. 4
Time..... 7 P.M. (CT)
LocationAuburn, Ala.
StadiumAuburn Arena

Iowa's Record 0-0, 0-0
Auburn's Record 0-0, 0-0

Live Stats..... hawkeyesports.com



THIS WEEK

The University of Iowa women's gymnastics team travels to Auburn, Alabama, to take on the Tigers as they open their season on Jan. 4 at 7 p.m. (CT) in Auburn Arena.

WATCH/FOLLOW LIVE

- Watch live on SEC Network+ (subscription required).
- Live stats links throughout the season can be found on the women's gymnastics schedule page on hawkeyesports.com and auburntigers.com.

SCOUTING AUBURN

- The Tigers are ranked 14 in the Road to Nationals pre-season poll.
- Auburn placed 14 at the NCAA Championships in 2018.
- Sophomore Drew Watson, is returning for the Tigers this season.
- Watson is a 2018 All-SEC, 2018 All-freshman team, and 2018 First Year All-Academic Team honoree.
- Watson competed in the all-around at the NCAA Championships.
- The Tigers are led by Jeff Graba, who is in his ninth season. He is a three-time SEC Coach of the year.

CHOW, SULLIVAN NAMED TO BIG WATCH LIST

- Senior Nicole Chow and junior Charlotte Sullivan were named to the 2019 Big Ten Women's Gymnasts to Watch List.
- Chow enters her senior season after being named second team All-Big Ten in the 2018 season. She earned four beam titles and one all-around title. Chow competed in every meet last season and saw all-around action in nine of Iowa's 12 meets. At the Big Ten Championships, Chow set career-highs on vault (9.850) and all around (39.325), placing fourth and sixth, respectively.
- Sullivan, a returning junior, competed in the all-around in every meet during the 2018 season. She was named to the All-Championship team at the Big Ten Championships. She placed third on vault with a career-high (9.875) and placed eighth in the all-around (39.275).

HEAD GYMHAWK

- Head Coach Larissa Libby is entering her 15th season as head coach and 19th year overall.
- In 2018, Libby led the GymHawks to their 18th NCAA appearance with a No.33 national ranking and a 13-win season.
- Libby coached Charlotte Sullivan to being named on the All-Championship team.
- During the regular season Libby coached three GymHawks--Lanie Snyder, Nikki Youd, and Nicole Chow-- to second team All-Big Ten honors.
- Libby takes pride in her GymHawks outside the gym as well. In 2018, a record 11 gymnasts received Academic All-Big Ten honors.

Big Ten Conference Rankings

Team	Overall W-L-T	Pct.	Big Ten W-L-T	Pct.
Illinois	0-0-0	.000	0-0-0	.000
Minnesota	0-0-0	.000	0-0-0	.000
Michigan	0-0-0	.000	0-0-0	.000
Nebraska	0-0-0	.000	0-0-0	.000
Iowa	0-0-0	.000	0-0-0	.000
Penn State	0-0-0	.000	0-0-0	.000
Maryland	0-0-0	.000	0-0-0	.000
Rutgers	0-0-0	.000	0-0-0	.000
Michigan State	0-0-0	.000	0-0-0	.000
Ohio State	0-0-0	.000	0-0-0	.000

2019 BIG TEN GYMNASTS TO WATCH

Illinois	Rae Balthazor, Jr. Karen Howell, Sr.
Iowa	Nicole Chow, Sr. Charlotte Sullivan, Jr.
Maryland	Kirsten Peterman, Jr. Audrey Barber, So.
Michigan	Natalie Wojcik, Fr. Abby Brenner, Fr.
Michigan State	Ella Douglas, Jr. Lea Mitchell, So.
Minnesota	Ona Loper, So. Lexy Ramler, So.
Nebraska	Taylor Houchin, Jr. Sienna Crouse, Sr.
Ohio State	Olivia Aepli, Jr. Jamie Stone, Sr.
Penn State	Sabrina Garcia, Sr. Lauren Bridgens, So.
Rutgers	Michelle Aoresana, Sr. Belle Huang, So.

HAWKEYE NEWCOMERS

- The GymHawks return 12 letterwinners and welcome seven new additions -- Allie Gilchrist, Alexandra Greenwald, Lauren Guerin, Bridget Killian, Jax Kranitz, Carina Tolan, and Mackenzie Vance -- to the 2019 squad.
- Gilchrist is from Norwalk, Iowa, and trained at Chow's Gymnastics. Gilchrist won the 2017 Region 4 Championships beam title and was runner-up in the all-around.
- Greenwald, a native of Coral Springs, Fla., is a four-time qualifier for both level 10 state and region 10 championships. She is also a two-time qualifier for Junior Olympic National Invitational Tournament.
- Guerin from Austin, Texas, placed seventh at Nationals on floor in 2017 and placed first on floor (9.700) at Regionals in 2016.
- Killian a native of Wheaton, Ill., is a two-time qualifier for Junior Olympic Nationals Level 10. She finished as the regional champion in all-around and on floor, and runner-up on vault and beam in the 2016 Region 5 Levels 9-10 Championships.
- Kranitz from Denver, Colo., won bars at both the 2017 Colorado Level 6, 9 and 10 State Championships and the 2017 Denver Winterfest Classic.
- Tolan, a native of Tinley Park, Ill., placed fifth on bars (9.250) and beam (9.325) at the 2017 Illinois State Regional competition.
- Vance from Buda, Texas, recorded a seventh place finish on floor at state in 2015 and placed 12th on bars at state in 2015.

SEASON TICKETS

- Season tickets are available at hawkeyesports.com/tickets, by calling 1-800-IA-HAWKS, or at the UI Athletics Ticket Office at the north entrance of Carver-Hawkeye Arena.
- Season tickets are \$40 and all seating is general admission. Youth ages 18 and under and UI students receive free admission to all regular season home meets.
- Season ticket holders gain admission to five home meets at Carver-Hawkeye Arena against Southeast Missouri State, Minnesota, Rutgers, Illinois, and Iowa State.
- Season ticket holders receive early entrance (1.5 hours prior to the start of competition at the west entrance) to all home meets, ensuring access to the Kids Zone, limited edition posters, and other promotions.

PROMOTIONS

- The GymHawks season opener vs. Southeast Missouri State is Social Media and Pajama Party Night.
- The Kids Zone will be available for young Hawkeye fans prior to both meets and will include a poster making station, arts and crafts, the balance beam, and a special guest each week.
- A few lucky fans will be selected for the "Best Seat in the House" with floor seats.

FOLLOW THE HAWKEYES

For an inside look at the Iowa gymnastics program and access to exclusive coverage, "like" Iowa Women's Gymnastics on Facebook and follow @IowaGymnastics on Twitter, and Instagram.

POSTERS

The GymHawks will have posters, magnets, and schedule cards available for free at all meets throughout the season.

PARKING

Parking is FREE for the home meets. Fans are encouraged to park in Lot 46, the parking lot connected to Carver-Hawkeye Arena.

UP NEXT

- The GymHawks come back to Iowa City on Jan. 11 for their home opener vs. Southeast Missouri State at 6:30 p.m. (CT) inside Carver-Hawkeye Arena.



National Rankings

Rank	Team	Average	High
1.	UCLA	-----	-----
2.	Oklahoma	-----	-----
3.	Florida	-----	-----
4.	LSU	-----	-----
5.	Utah	-----	-----
6.	Alabama	-----	-----
7.	Georgia	-----	-----
8.	California	-----	-----
9.	<i>Michigan</i>	-----	-----
10.	Kentucky	-----	-----
11.	<i>Nebraska</i>	-----	-----
12.	Arkansas	-----	-----
13.	Denver	-----	-----
14.	<i>Auburn</i>	-----	-----
15.	<i>Washington</i>	-----	-----
16.	Boise State	-----	-----
17.	<i>Oregon State</i>	-----	-----
18.	<i>Ohio State</i>	-----	-----
19.	Missouri	-----	-----
20.	Arizona State	-----	-----
21.	Stanford	-----	-----
22.	<i>Illinois</i>	-----	-----
23.	<i>Minnesota</i>	-----	-----
24.	BYU	-----	-----
25.	North Carolina State	-----	-----

2019 Opponents in Italics**IOWA WEEK-BY-WEEK RANKING**

Preseason 29

Date Ranked by

Jan. 8 - Feb. 12 Total Season Average
 Feb. 18 - April 2 Regional Qualifying Score

PROJECTED LINEUP**VAULT**

1. Alex Greenwald
 2. Erin Castle
 3. Nicole Chow
 4. Bridget Killian
 5. Lauren Guerin
 6. Misty-Jade Carlson
 Ex: Mackenzie Vance

BALANCE BEAM

1. Misty-Jade Carlson
 2. Allie Gilchrist
 3. Bridget Killian
 4. Clair Kaji
 5. Mackenzie Vance
 6. Maddie Kampschroeder
 Ex: Jax Kranitz/Nicole Chow

UNEVEN BARS

1. Clair Kaji
 2. Emma Hartzler
 3. Jax Kranitz
 4. Charlotte Sullivan
 5. Maddie Kampschroeder
 6. Nicole Chow
 Ex: Erin Castle/Ashley Smith

FLOOR EXERCISE

1. Erin Castle
 2. Alex Greenwald
 3. Mackenzie Vance
 4. Allie Gilchrist
 5. Lauren Guerin
 6. Bridget Killian
 Ex: Clair Kaji/ Charlotte Sullivan

2018 ROSTER

Name	Events	Yr.	Hometown
Misty-Jade Carlson	All-Around	Sr.	Portland, Ore.
Erin Castle	All-Around	So.	Boone, Iowa
Nicole Chow	All-Around	Sr.	Port Coquitlam, B.C..
Allie Gilchrist	All-Around	Fr.	Norwalk, Iowa
Alexandra Greenwald	All-Around	Fr.	Coral Springs, Fla.
Lauren Guerin	All-Around	Fr.	Austin, Texas
Emma Hartzler	All-Around	So.	Marion, Iowa
Sydney Hogan	All-Around	Sr.	Waterloo, Iowa
Clair Kaji	All-Around	Jr.	Vancouver, Canada
Maddie Kampschroeder	All-Around	So.	Overland Park, Kan.
Bridget Killian	All-Around	Fr.	Wheaton, Ill.
Jax Kranitz	All-Around	Fr.	Denver, Colo.
Gina Leal	All-Around	Jr.	Glastonbury, Conn.
Maria Ortiz	All-Around	Sr.	Fort Myers, Fla.
Rose Piorkowski	All-Around	Sr.	Panama City, Fla.
Ashley Smith	All-Around	So.	Jacksonville, Fla.
Charlotte Sullivan	All-Around	Jr.	Christchurch, New Zealand
Carina Tolan	All-Around	Fr.	Tinley Park, Ill.
Mackenzie Vance	All-Around	Fr.	Buda, Texas

Head Coach: Larissa Libby (15th Season)**Assistant Coach:** Vince Smurro (Third Season)**Student Manager:** Ryan Ruckdaschel**Assistant Coach:** Jennifer Green (Fifth Season)**Athletic Trainer:** Emily Link**Student Manager:** Carter Dochterman

TEAM SCHOOL RECORDS

VAULT

1.	49.525at Utah.....	2004
2.	49.450at Maryland.....	2004
3.	49.400at Illinois.....	2003
4.	49.375vs. NC State.....	2004
	49.375vs. Iowa State.....	2013

UNEVEN BARS

1.	49.425vs. Illinois State.....	2001
	49.425NCAA Regionals.....	2016
3.	49.350vs. Iowa State.....	2003
	49.350at Minnesota.....	2003
5.	49.325vs. Maryland.....	2017
	49.325at Big Five Meet.....	2017
	49.325at Southern Utah.....	2013
	49.325at Big Five Meet.....	2015

BALANCE BEAM

1.	49.600NCAA Regionals.....	2017
2.	49.425at Illinois State.....	2004

3.	49.400B1G Championships.....	2017
4.	39.375at Ohio State.....	2017
5.	49.350at Southern Utah.....	2003
	49.350at Illinois.....	2001

FLOOR EXERCISE

1.	49.550vs. Iowa State.....	2004
2.	49.525vs. Iowa State.....	2017
3.	49.475at Maryland.....	2004
	49.475vs. Michigan.....	2004
5.	49.450vs. Minnesota.....	2004
	49.450at Washington.....	2004

TEAM SCORES

1.	197.150at Maryland.....	2004
2.	196.900at Washington.....	2004
3.	196.850at B1G Champs.....	2003
4.	196.800at Illinois.....	2003
5.	196.775vs. NC State.....	2004

INDIVIDUAL SCHOOL RECORDS

VAULT

1.	Kim Baker	10.0 (2x)	1996
	Stephanie Gran	10.0 (3x)	2001-03
3.	Alexis Maday	9.975 (2x)	2004
	Stephanie Gran	9.975	2004
5.	Mollie Drenth	9.950	2016
	Stephanie Gran	9.950 (4x)	2001-04
	Alexis Maday	9.950 (4x)	2002-04
	Kortny Williamson	9.950 (2x)	2004
9.	Mollie Drenth	9.925 (2x)	2016
	Kim Baker	9.925	1995
	Alexis Maday	9.925	2001
	Stephanie Gran	9.925 (3x)	2004
	Kortny Williamson	9.925	2004
	Houry Gebeshian	9.925	2011

UNEVEN BARS

1.	Alexis Maday	9.975 (3x)	2004
2.	Angel Metcalf	9.950	2017
	Giselle Boniforti	9.950 (3x)	1998, 2000
	Annie Rue	9.950	2003
	Alexis Maday	9.950 (9x)	2002-04
6.	Angel Metcalf	9.925	2017
	Melissa Zurawski	9.925	2017
	Charlotte Sullivan	9.925	2017
	Giselle Boniforti	9.925 (4x)	1998-01
	Mollie Drenth	9.925	2015
	Sydney Hoerr	9.925 (2X)	2013, 2015
	Alexis Maday	9.925 (6x)	2001-04
	Annie Rue	9.925	2002

BALANCE BEAM

1.	Janna Alexandrova	9.975 (2x)	2001-02
2.	Mollie Drenth	9.950	2017
	Angel Metcalf	9.950	2017
	Clair Kaji	9.950	2017
	Alexis Maday	9.950	2004
	Houry Gebeshian	9.950	2010
	Angel Metcalf	9.925	2017
	Nikki Youd	9.925 (2x)	2017
	Janna Alexandrova	9.925 (3x)	2001-03
	Kelley Kello	9.925	2002
	Stephanie Gran	9.925	2004

	Rebecca Simbhudas	9.925	2009
7.	Mollie Drenth	9.925 (3x)	2016-17
	Angel Metcalf	9.925	2017
	Nikki Youd	9.925 (2x)	2017
	Janna Alexandrova	9.925 (3x)	2001-03
	Kelley Kello	9.925	2002
	Stephanie Gran	9.925	2004
	Rebecca Simbhudas	9.925	2009

FLOOR EXERCISE

1.	Alexis Maday	9.975 (2x)	2001, 04
	Stephanie Gran	9.975	2004
3.	Lanie Snyder	9.950	2017
	Kim Baker	9.950	1996
	Jessa Hansen	9.950	2011
	Alexis Maday	9.950 (6x)	2001-04
	Stephanie Gran	9.950 (6x)	2003-04
	Liz Grajewski	9.950	2004
	Jenifer Simbhudas	9.950	2008
10.	Clair Kaji	9.925	2017
	Lanie Snyder	9.925	2017
	Alie Glover	9.925	2016
	Alexis Maday	9.925 (9x)	2001-04
	Stephanie Gran	9.925 (9x)	2001-04
	Sydney Hoerr	9.925 (2x)	2015
	Kortny Williamson	9.925	2004
	Jenifer Simbhudas	9.925 (2x)	2009
	Jessa Hansen	9.925	2011

ALL-AROUND

1.	Alexis Maday	39.750	2004
2.	Alexis Maday	39.675	2004
3.	Alexis Maday	39.650 (5x)	2001-04
	Stephanie Gran	39.650	2004
5.	Alexis Maday	39.625	2002
6.	Alexis Maday	39.600	2001
	Stephanie Gran	39.600	2004
8.	Stephanie Gran	39.575	2004
9.	Alexis Maday	39.550 (2x)	2003-04
	Stephanie Gran	39.550	2004





IOWA HAWKEYES

WOMEN'S GYMNASTICS

2019 ROSTER



Misty-Jade Carlson
Sr.
Portland, Ore.



Erin Castle
So.
Boone, Iowa



Nicole Chow
Sr.
Port Coquitlam, B.C.



Allie Gilchrist
Fr.
Norwalk, Iowa



Alexandra Greenwald
Fr.
Coral Spring, Fla.



Lauren Guerin
Fr.
Austin, Texas



Emma Hartzler
So.
Marion, Iowa



Sydney Hogan
Sr.
Waterloo, Iowa



Clair Kaji
Jr.
Vancouver, Can.



Maddie Kampschroeder
So.
Overland Park, Kan.



Bridget Killian
Fr.
Wheaton, Ill.



Jax Kranitz
Fr.
Denver, Colo.



Gina Leal
Jr.
Glastonbury, Conn.



Maria Ortiz
Sr.
Fort. Myers, Fla.



Rose Piorkowski
Sr.
Panama City, Fla.



Ashley Smith
So.
Jacksonville, Fla.



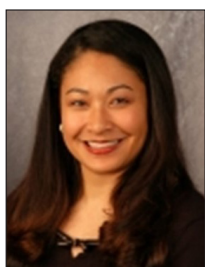
Charlotte Sullivan
Jr.
Christchurch, N.Z.



Carina Tolan
Fr.
Tinley Park, Ill.



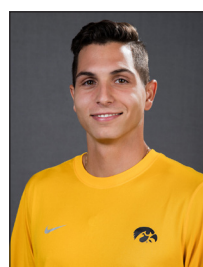
Mackenzie Vance
Fr.
Buda, Texas.



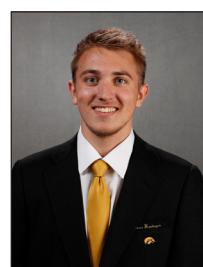
Larissa Libby
Head Coach
15th Season



Jennifer Green
Assistant Coach
5th Season



Vince Smurro
Assistant Coach
3rd Season



Ryan Ruckdaschel
Manager



Carter Dochterman
Manager