

Black and Gold Premier - 1/31/2020 to 2/1/2020**Iowa Recreation Building****Results****Women 60 Meter Dash Premier****8 Advance: Top 1 Each Heat plus Next 3 Best Times**

Facility: F 7.14 1/20/2018 Aleia Hobbs, LSU
 Meet: M 7.37 1/27/2018 Lake Kwaza, Unattached
 Track: T 7.14 1/20/2018 Aleia Hobbs, LSU

Name	Year	School	Seed	Prelims	H#
Preliminaries					
1 Makayla Jackson	FR	Minnesota State	7.50	7.50Q	4
2 T'Nia Riley	SO	Barton County CC	7.38	7.51Q	5
3 Hannah Connell	FR	Iowa Central CC	7.55	7.56Q	2
4 Lasarah Hargrove	FR	Iowa	7.56	7.57Q	1
5 Sharikae Campbell	SO	Barton County CC	7.62	7.67Q	3
6 Amya Clarke	SO	Iowa Western CC	7.62	7.62q	2
7 Grace Hartman	JR	Minnesota State	7.60	7.63q	1
8 Yoveinny Mota	SO	Barton County CC	7.74	7.64q	2
9 Ja'Cey Simmons	FR	Minnesota State	7.50	7.70	3
10 Rose Gaye	SO	Minnesota State	7.76	7.74	1
11 Taylor Raines	SR	Northern Iowa	7.69	7.77	5
12 Odell Frye	FR	Iowa Central CC	7.66	7.79	4
13 Rylan Santi	SO	Northern Iowa	7.68	7.80	5
14 Patricia Johnson	SO	Iowa Western CC	7.79	7.81	4
15 Madison Marko	SR	Marquette	7.88	7.83	3
16 Caitlyn Jones	FR	Minnesota State	7.77	7.86	3 7.852
17 Denee' Lawrence	SR	Loyola (Ill.)	7.74	7.86	3 7.858
18 Rose Cramer	FR	Minnesota State	7.88	7.87	2
19 Cara Johnson	SO	Tulsa	7.73	7.88	4
20 Lauren Kroll	JR	Loyola (Ill.)	7.96	7.92	1
21 MaeLea Harmon	FR	Minnesota State	8.06	7.96	5
22 Autumn Santos	SR	Minnesota State	7.80	7.97	5 7.961
23 Isheena Belnavis	SO	Barton County CC	7.85	7.97	5 7.964
24 Alaina Holt	FR	Minnesota State	7.98	8.03	2
25 Olivia Hubler	SO	Northern Iowa	8.05	8.10	4 8.097
26 Abbie Ranschau	SR	Northern Iowa	8.00	8.10	3 8.100
27 Jyana Anderson	FR	Eastern Illinois	7.88	8.11	4
28 Kylie Welch	JR	Iowa	7.95	8.12	1
29 Payton Hanselman	FR	Marquette	8.08	8.17	5
30 Kary Petricka	FR	Minnesota State	7.77	8.19	2
31 Soren Umali	JR	Bradley	8.33	8.45	1
-- Hannah Schau	JR	Northern Iowa	8.17	DNS	2
-- Isabel Velasco	FR	Loyola (Ill.)	8.15	DNS	3
-- Kalli Anderson	FR	Barton County CC	7.75	DNS	1
-- Sydney Winger	SO	Iowa	8.10	DNS	4

Women 60 Meter Dash Premier

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 Meet: M 7.37 1/27/2018 Lake Kwaza, Unattached
 Track: T 7.14 1/20/2018 Aleia Hobbs, LSU

Name	Year	School	Prelims	Finals
Finals				
1 T'Nia Riley	SO	Barton County CC	7.51	7.44
2 Makayla Jackson	FR	Minnesota State	7.50	7.47
3 Lasarah Hargrove	FR	Iowa	7.57	7.51
4 Hannah Connell	FR	Iowa Central CC	7.56	7.53

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5	Amya Clarke	SO Iowa Western CC	7.62	7.54
6	Yoveinny Mota	SO Barton County CC	7.64	7.62
7	Sharikae Campbell	SO Barton County CC	7.67	7.72
--	Grace Hartman	JR Minnesota State	7.63	DNS

Women 200 Meter Dash Premier

Name	Year	School	Seed	Finals	H#
Facility: F	23.44	2004	Consuella Moore, Penn State		
Meet: M	23.75	1/27/2017	Brittany Brown, Iowa		
Track: T	23.54	1/19/2018	Brittany Brown, Iowa		
1	Hannah Connell	FR Iowa Central CC	24.84	24.68	2
2	Ja'Cey Simmons	FR Minnesota State	24.34	24.88	1
3	Tatyana McKenzie	SO Iowa Central CC	24.01	25.00	1
4	Mikeisha Covington	FR Iowa Central CC	26.00	25.14	6
5	Yoveinny Mota	SO Barton County CC	25.44	25.23	3
6	Rose Gaye	SO Minnesota State	24.98	25.39	2
7	Odell Frye	FR Iowa Central CC	25.42	25.57	3
8	Denee' Lawrence	SR Loyola (Ill.)	25.40	25.58	2
9	Akiya Kollore	FR Eastern Illinois	25.80	25.65	4
10	Zakiya Johnson	FR Eastern Illinois	25.50	25.69	3
11	Amya Clarke	SO Iowa Western CC	23.98	25.70	1
12	Jill Bennett	FR Northern Iowa	26.13	26.04	6
13	Jyana Anderson	FR Eastern Illinois	25.90	26.15	5
14	Autumn Santos	SR Minnesota State	25.53	26.17	4
15	Peyton Steva	Unattached	25.50	26.21	3
16	MaeLea Harmon	FR Minnesota State	26.28	26.28	6
17	Tyarra English-Paulson	JR Minnesota State	25.98	26.38	5
18	Olivia Hubler	SO Northern Iowa	26.30	26.60	7
19	Aquila St. Louis	SO Barton County CC	25.81	26.65	5
20	Megan Hudson	JR Northern Iowa	26.50	26.67	7
21	Payton Hanselman	FR Marquette	26.61	27.05	7
22	Alaina Holt	FR Minnesota State	26.99	27.12	8
23	Rosalie Xavier	FR Marquette	27.05	27.16	8
24	Laura Stuart	SO Bradley	26.85	27.22	8
25	Keina Suggs	SR Bradley	26.96	27.71	8
--	Kylie Welch	JR Iowa	25.16	DNS	5
--	Allison Hilleman	SO Northern Iowa	26.40	DNS	7
--	Rose Cramer	FR Minnesota State	25.54	DNS	4
--	Lauren Kroll	JR Loyola (Ill.)	25.58	DNS	4
--	Tyler Gray	FR Northern Iowa	25.36	SCR	
--	Isheena Belnavis	SO Barton County CC	24.43	SCR	
--	MiSaia Bergman	Unattached	26.00	SCR	
--	Cara Johnson	SO Tulsa	25.34	SCR	
--	Jada Laye	SO Iowa	24.30	SCR	
--	Grace Hartman	JR Minnesota State	24.52	SCR	
--	Patrice Watson	SO Northern Iowa	25.90	SCR	
--	Lasarah Hargrove	FR Iowa	24.00	SCR	

Black and Gold Premier - 1/31/2020 to 2/1/2020**Iowa Recreation Building****Results****Women 400 Meter Dash Premier**

Facility: F 52.35 1/20/2018 Georgeanne Moline, Nike					
Meet: M 54.93 1/28/2017 Alexis Hernandez, Iowa					
Track: T 52.35 1/20/2018 Georgeanne Moline, Nike					
Name	Year	School	Seed	Finals	H#
1 Arianna Mansavage	SO	Marquette	55.57	56.11	1
26.273 (26.273)		56.105 (29.832)			
2 Mikeisha Covington	FR	Iowa Central CC	58.00	57.06	5
26.745 (26.745)		57.057 (30.312)			
3 Jaidyn McCallon	SO	Tulsa	56.00	57.69	2
26.794 (26.794)		57.684 (30.891)			
4 Hannah Ivy	SO	Bradley	56.60	57.72	2
27.602 (27.602)		57.718 (30.117)			
5 Auriona Kimbrough	FR	Northern Iowa	56.91	58.02	3
27.726 (27.726)		58.020 (30.294)			
6 Makeda Newman	SO	Iowa Western CC	56.92	58.24	3
28.547 (28.547)		58.231 (29.684)			
7 Crystal Malone	SR	Minnesota State	55.82	58.25	1
26.538 (26.538)		58.241 (31.703)			
8 Erin Kerkhoff	FR	Northern Iowa	1:00.07	58.59	8
27.537 (27.537)		58.585 (31.048)			
9 Taylor Wright	FR	Eastern Illinois	57.91	58.62	5
27.912 (27.912)		58.617 (30.705)			
10 Tatyana McKenzie	SO	Iowa Central CC	57.64	58.71	4
26.526 (26.526)		58.710 (32.184)			
11 Jordyn Blake	SO	Loyola (Ill.)	57.63	59.00	4
27.262 (27.262)		58.994 (31.732)			
12 Zakiya Johnson	FR	Eastern Illinois	57.90	59.03	5
28.243 (28.243)		59.026 (30.784)			
13 Aliyah George	SO	Iowa Western CC	57.78	59.20	4
27.365 (27.365)		59.191 (31.826)			
14 Tyarra English-Paulson	JR	Minnesota State	59.08	59.29	7
27.263 (27.263)		59.285 (32.022)			
15 Carly Donahue	SR	Iowa	58.50	59.64	6
27.990 (27.990)		59.638 (31.648)			
16 Shemia Odaine	FR	Barton County CC	1:00.22	59.81	8
26.903 (26.903)		59.804 (32.901)			
17 Danielle Frank	FR	Eastern Illinois	57.00	59.84	3
28.089 (28.089)		59.833 (31.744)			
18 Christine Irving	SO	Iowa Western CC	55.90	59.90	1
26.426 (26.426)		59.896 (33.470)			
19 Adelaide Havens	SO	Marquette	1:02.06	1:00.03	8
28.881 (28.881)		1:00.025 (31.144)			
20 Accacia Hinds	SO	Iowa Western CC	1:00.08	1:00.14	8
27.698 (27.698)		1:00.139 (32.441)			
21 Lindsay Walters	SR	Loyola (Ill.)	59.21	1:00.25	7
28.447 (28.447)		1:00.244 (31.798)			
22 Sasha Brown	FR	Barton County CC	58.48	1:01.50	6
28.816 (28.816)		1:01.498 (32.683)			
23 Carley Hintz	SO	Marquette	59.94	1:01.87	7
28.605 (28.605)		1:01.869 (33.265)			
24 Sidney Howland	JR	Loyola (Ill.)	59.95	1:02.04	8
28.862 (28.862)		1:02.037 (33.176)			
25 Ca'Purnika Galbert	JR	Tulsa	58.00	1:02.41	5
28.367 (28.367)		1:02.409 (34.042)			

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-- Jhordin Galmore	FR Tulsa	59.00	DNS	6
-- Kaitlyn Johnson	FR Tulsa	58.50	DNS	6
-- Mackenzie Woodard	JR Minnesota State	56.74	DNS	2
-- Sophia Keith	SR Eastern Illinois	59.25	DNS	7

Women 600 Meter Run Premier

Facility: F 1:27.45 2008 Kineke Alexander, Iowa
 Meet: M 1:31.12 1/27/2017 Brenna Detra, Wisconsin
 Track: T 1:27.59 1/18/2019 Georganne Moline, Unattached

Name	Year	School	Seed	Finals
1 Brette Correy-Jensen		Unattached	1:30.00	1:33.18
29.253 (29.253)		59.794 (30.541)	1:33.174 (33.380)	
2 Molly Reighard		JR Loyola (Ill.)	1:37.24	1:36.68
30.049 (30.049)		1:02.691 (32.642)	1:36.672 (33.981)	
3 Emma Moravec		JR Marquette	1:34.85	1:36.87
31.286 (31.286)		1:03.872 (32.586)	1:36.863 (32.991)	
4 Autumn Anderson		SO Minnesota State	1:36.14	1:38.01
29.746 (29.746)		1:02.160 (32.414)	1:38.005 (35.845)	
5 Stephanie Mauzer		FR Marquette		1:45.93
31.772 (31.772)		1:06.652 (34.880)	1:45.930 (39.278)	
-- Brooke Lorenz		SR Northern Iowa	1:45.00	DNS

Women 800 Meter Run Premier

Facility: F 2:03.48 1/20/2018 Carly Muscaro, Unattached
 Meet: M 2:07.99 1/28/2017 Jessica Harris, Notre Dame
 Track: T 2:03.48 1/20/2018 Carly Muscaro, Unattached

Name	Year	School	Seed	Finals	H#
1 Tiana LoStracco		Unattached	2:06.22	2:11.59	1
30.490 (30.490)		1:03.649 (33.159)	1:38.197 (34.548)	2:11.581 (33.385)	
2 Allison Bailey		SR Tulsa	2:11.00	2:12.45	1
30.621 (30.621)		1:03.743 (33.122)	1:38.299 (34.556)	2:12.449 (34.151)	
3 Kinga Parrish		FR Tulsa	2:14.00	2:15.10	2
31.092 (31.092)		1:04.517 (33.425)	1:40.710 (36.193)	2:15.093 (34.383)	
4 Mary Rose Flood		SO Marquette	2:18.64	2:15.87	2
31.260 (31.260)		1:04.506 (33.246)	1:39.806 (35.300)	2:15.866 (36.060)	
5 Dianna Slight		SO Northern Iowa	2:16.00	2:15.91	2
31.159 (31.159)		1:04.293 (33.134)	1:40.046 (35.753)	2:15.908 (35.862)	
6 Jaidah McCallon		SO Tulsa	2:11.00	2:16.09	1
30.881 (30.881)		1:04.053 (33.172)	1:39.106 (35.053)	2:16.085 (36.979)	
7 Brianna Hays		FR Tulsa	2:14.00	2:16.43	2
30.928 (30.928)		1:04.062 (33.135)	1:40.774 (36.712)	2:16.424 (35.650)	
8 Emily Foley		JR Marquette	2:21.59	2:17.12	3
31.059 (31.059)		1:05.069 (34.010)	1:40.519 (35.450)	2:17.114 (36.595)	
9 Chloe Irish		SO Eastern Illinois	2:24.21	2:19.44	4
33.201 (33.201)		1:07.326 (34.125)	1:43.294 (35.969)	2:19.431 (36.137)	
10 Jocelyne Mendoza		SR Eastern Illinois	2:22.71	2:19.45	3
32.599 (32.599)		1:07.817 (35.219)	1:44.093 (36.276)	2:19.447 (35.354)	
11 Brett Schneider		SO Northern Iowa	2:19.52	2:19.87	3
31.369 (31.369)		1:05.600 (34.232)	1:42.679 (37.079)	2:19.865 (37.187)	
12 Noel James		FR Northern Iowa	2:18.00	2:20.37	2
31.691 (31.691)		1:05.610 (33.920)	1:42.713 (37.103)	2:20.361 (37.648)	

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13	Katie Nimrod	SO Northern Iowa	2:12.50	2:21.35	1
	30.822 (30.822)	1:04.871 (34.049)	1:42.465 (37.595)	2:21.342 (38.877)	
14	Jenna Lederman	SR Northern Iowa	2:20.02	2:23.47	3
	32.802 (32.802)	1:08.336 (35.534)	1:46.041 (37.706)	2:23.462 (37.421)	
15	Breanna Sheldon	FR Eastern Illinois	2:28.55	2:23.77	4
	34.022 (34.022)	1:09.665 (35.643)	1:47.241 (37.576)	2:23.770 (36.530)	
16	Amani Jackson-Gladney	SO Eastern Illinois	2:24.87	2:25.22	4
	33.111 (33.111)	1:07.652 (34.541)	1:45.663 (38.011)	2:25.214 (39.552)	
17	Grace Dargiewicz	SO Marquette	2:17.57	2:31.15	2
	33.779 (33.779)	1:10.410 (36.631)	1:49.889 (39.479)	2:31.143 (41.255)	
18	Abby Riley	FR Northern Iowa		2:31.28	3
	34.761 (34.761)	1:11.705 (36.945)	1:51.217 (39.512)	2:31.275 (40.058)	
19	Alex Johnston	JR Loyola (Ill.)	2:36.31	2:31.29	4
	34.559 (34.559)	1:12.642 (38.083)	1:52.966 (40.324)	2:31.290 (38.325)	
20	Emma Planck	SO Bradley	2:25.00	2:34.27	4
	34.373 (34.373)	1:12.890 (38.517)	1:54.314 (41.425)	2:34.268 (39.954)	
--	Marissa Valentini	FR Marquette	2:21.98	DNS	3
--	Grace McCabe	SO Iowa	2:12.61	DNS	1
--	Mary Hanson	SR Marquette	2:13.21	DNS	1
--	Anna Penzkover	FR Marquette	2:22.48	DNS	3
--	Rachel Hamel	FR Tulsa	2:30.00	DNS	4

Women 1 Mile Run Premier

Facility: F 4:39.74 1/20/2018 Claire Green, Arizona
 Meet: M 4:58.36 1/26/2019 Mary Hanson, Marquette
 Track: T 4:39.74 1/20/2018 Claire Green, Arizona

Name	Year	School	Seed	Finals	H#
1	Grace Rowan	SR Eastern Illinois	4:58.28	4:56.26M	1
	36.551 (36.551)	1:13.128 (36.577)	1:51.092 (37.964)	2:29.644 (38.553)	
	3:08.228 (38.584)	3:45.718 (37.490)	4:22.767 (37.049)	4:56.254 (33.488)	
2	Keely Jones	FR Tulsa	4:54.00	4:58.04M	1
	36.504 (36.504)	1:13.299 (36.795)	1:51.354 (38.055)	2:29.871 (38.517)	
	3:08.263 (38.392)	3:45.671 (37.408)	4:22.829 (37.158)	4:58.033 (35.205)	
3	Adrena Mazzei	SR Tulsa	4:55.00	4:58.07M	1
	37.309 (37.309)	1:14.312 (37.003)	1:51.878 (37.566)	2:29.868 (37.990)	
	3:08.024 (38.156)	3:45.476 (37.452)	4:22.696 (37.220)	4:58.067 (35.372)	
4	Caroline Miller	SO Tulsa	4:56.00	4:58.51	1
	36.725 (36.725)	1:13.716 (36.991)	1:51.714 (37.998)	2:30.445 (38.731)	
	3:08.650 (38.205)	3:46.722 (38.073)	4:24.322 (37.600)	4:58.504 (34.182)	
5	Katharina Pesendorfer	SO Tulsa	4:54.00	4:59.04	1
	36.388 (36.388)	1:13.026 (36.638)	1:51.057 (38.031)	2:29.957 (38.901)	
	3:08.295 (38.338)	3:46.135 (37.840)	4:23.585 (37.451)	4:59.036 (35.451)	
6	Elyse Prescott	JR Iowa	5:00.40	5:01.03	1
	36.994 (36.994)	1:13.994 (37.000)	1:51.513 (37.519)	2:30.168 (38.655)	
	3:08.020 (37.852)	3:45.394 (37.374)	4:23.117 (37.723)	5:01.021 (37.904)	
7	McKenzie Altmayer	SR Bradley	4:53.06	5:02.35	1
	36.149 (36.149)	1:12.865 (36.716)	1:50.862 (37.997)	2:29.652 (38.791)	
	3:08.448 (38.796)	3:45.956 (37.508)	4:23.588 (37.633)	5:02.344 (38.756)	
8	Caitlin McGauley	SR Marquette	5:05.00	5:02.71	1
	37.262 (37.262)	1:14.547 (37.285)	1:52.823 (38.276)	2:31.291 (38.469)	
	3:09.630 (38.339)	3:47.521 (37.891)	4:25.821 (38.300)	5:02.704 (36.883)	

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9	Gabby Skopec	JR Iowa	5:13.90	5:03.38	2
	38.905 (38.905)	1:16.148 (37.243)	1:54.728 (38.580)	2:33.330 (38.603)	
	3:10.975 (37.645)	3:48.582 (37.608)	4:26.611 (38.029)	5:03.380 (36.769)	
10	Emma Gordon	SO Iowa	5:18.69	5:04.04	2
	39.400 (39.400)	1:17.183 (37.783)	1:55.760 (38.577)	2:34.897 (39.137)	
	3:13.738 (38.841)	3:51.113 (37.375)	4:27.211 (36.098)	5:04.035 (36.824)	
11	Emily Noone	SO Marquette	5:13.70	5:06.81	2
	39.390 (39.390)	1:16.854 (37.464)	1:55.279 (38.425)	2:34.127 (38.849)	
	3:13.298 (39.171)	3:51.854 (38.557)	4:30.038 (38.184)	5:06.808 (36.770)	
12	Kendall Pfrimmer	SO Marquette	5:15.38	5:09.46	2
	39.862 (39.862)	1:17.474 (37.612)	1:56.001 (38.527)	2:35.112 (39.111)	
	3:14.587 (39.476)	3:53.604 (39.017)	4:33.373 (39.769)	5:09.457 (36.085)	
13	Lauren Neiheisel	SO Marquette	5:07.35	5:09.67	2
	38.538 (38.538)	1:15.730 (37.192)	1:54.284 (38.554)	2:33.835 (39.551)	
	3:13.050 (39.215)	3:53.014 (39.964)	4:31.987 (38.974)	5:09.668 (37.681)	
14	Paige Holub	SO Northern Iowa	5:09.86	5:09.95	2
	39.581 (39.581)	1:17.243 (37.662)	1:55.576 (38.333)	2:34.368 (38.792)	
	3:13.695 (39.327)	3:52.709 (39.015)	4:32.818 (40.109)	5:09.946 (37.129)	
15	Chloe Hershenow	FR Tulsa	5:03.00	5:10.21	1
	37.125 (37.125)	1:13.753 (36.628)	1:51.758 (38.005)	2:30.691 (38.933)	
	3:09.267 (38.576)	3:48.622 (39.356)	4:29.269 (40.647)	5:10.202 (40.933)	
16	Laurel Moneysmith	FR Marquette	5:11.34	5:11.39	2
	39.691 (39.691)	1:17.670 (37.979)	1:55.851 (38.181)	2:34.643 (38.792)	
	3:14.016 (39.373)	3:53.406 (39.390)	4:33.141 (39.736)	5:11.382 (38.241)	
17	Macie Weber	SR Iowa	5:03.00	5:12.57	1
	37.138 (37.138)	1:14.354 (37.216)	1:52.867 (38.513)	2:32.151 (39.284)	
	3:12.554 (40.403)	3:54.196 (41.642)	4:35.099 (40.903)	5:12.566 (37.467)	
18	Amelia Leshner	SO Bradley	5:03.39	5:14.56	1
	36.756 (36.756)	1:13.505 (36.749)	1:51.865 (38.360)	2:31.014 (39.149)	
	3:10.341 (39.327)	3:50.826 (40.485)	4:32.148 (41.322)	5:14.551 (42.403)	
19	Sarah Carr	FR Eastern Illinois	5:16.77	5:14.94	3
	40.569 (40.569)	1:19.371 (38.802)	1:59.128 (39.757)	2:39.722 (40.594)	
	3:19.842 (40.121)	4:00.167 (40.325)	4:38.741 (38.574)	5:14.937 (36.196)	
20	Maggie Gutwein	FR Iowa	5:20.00	5:16.65	3
	40.374 (40.374)	1:19.629 (39.255)	1:59.093 (39.464)	2:39.596 (40.503)	
	3:19.748 (40.153)	4:00.348 (40.600)	4:40.109 (39.761)	5:16.642 (36.533)	
21	Wren Renquist	JR Iowa	5:15.00	5:16.94	2
	39.553 (39.553)	1:18.189 (38.636)	1:57.655 (39.467)	2:38.360 (40.705)	
	3:19.165 (40.806)	3:59.269 (40.104)	4:39.795 (40.526)	5:16.932 (37.137)	
22	Ashley Bryja	JR Iowa	5:10.42	5:17.10	2
	39.144 (39.144)	1:16.581 (37.437)	1:55.480 (38.900)	2:34.692 (39.212)	
	3:14.083 (39.391)	3:54.389 (40.307)	4:35.911 (41.522)	5:17.097 (41.186)	
23	Megan Adams	SO Eastern Illinois	5:16.04	5:18.56	3
	40.441 (40.441)	1:19.738 (39.297)	1:59.459 (39.721)	2:39.957 (40.498)	
	3:20.676 (40.719)	4:01.670 (40.995)	4:42.235 (40.565)	5:18.558 (36.323)	
24	Tess Roorda	SO Northern Iowa	5:20.22	5:18.74	3
	40.521 (40.521)	1:19.606 (39.085)	1:59.594 (39.988)	2:39.799 (40.205)	
	3:20.041 (40.243)	4:00.948 (40.907)	4:41.564 (40.616)	5:18.735 (37.171)	
25	Alyssa Solberg	JR Tulsa	5:04.00	5:18.86	1
	36.919 (36.919)	1:13.543 (36.624)	1:51.613 (38.070)	2:30.355 (38.742)	
	3:10.497 (40.142)	3:52.888 (42.391)	4:36.375 (43.487)	5:18.855 (42.481)	
26	Katie Springer	FR Eastern Illinois	5:21.00	5:19.77	3
	40.880 (40.880)	1:19.867 (38.987)	1:59.372 (39.505)	2:40.084 (40.712)	
	3:20.428 (40.344)	4:01.199 (40.772)	4:41.843 (40.644)	5:19.769 (37.926)	

Black and Gold Premier - 1/31/2020 to 2/1/2020
Iowa Recreation Building
Results

....Women 1 Mile Run Premier

27 Mary Arch	JR Iowa	5:18.06	5:20.31	3
40.246 (40.246)	1:19.427 (39.181)	1:58.843 (39.416)	2:39.485 (40.642)	
3:19.635 (40.151)	4:00.418 (40.783)	4:41.004 (40.586)	5:20.302 (39.298)	
28 Anna Penzkover	FR Marquette	5:22.04	5:20.92	3
39.966 (39.966)	1:19.143 (39.177)	1:58.936 (39.793)	2:40.360 (41.424)	
3:21.001 (40.641)	4:02.127 (41.126)	4:42.537 (40.410)	5:20.916 (38.380)	
29 Anna Buckstaff	JR Marquette	5:11.79	5:23.15	2
40.206 (40.206)	1:19.014 (38.808)	1:59.143 (40.129)	2:40.405 (41.262)	
3:22.143 (41.739)	4:04.197 (42.054)	4:45.996 (41.799)	5:23.148 (37.152)	
30 Haylee Luna	JR Northern Iowa	5:31.77	5:24.09	3
37.949 (37.949)	1:16.497 (38.548)	1:56.787 (40.291)	2:38.469 (41.682)	
3:20.701 (42.232)	4:03.213 (42.512)	4:45.152 (41.940)	5:24.082 (38.930)	
31 Olivia Harp	FR Bradley	5:07.40	5:31.04	2
38.761 (38.761)	1:15.969 (37.208)	1:54.513 (38.544)	2:34.383 (39.870)	
3:15.886 (41.504)	3:59.572 (43.686)	4:45.255 (45.683)	5:31.032 (45.778)	
32 Ashley Gilmore	JR Eastern Illinois	5:34.98	5:35.22	3
37.883 (37.883)	1:17.148 (39.265)	1:58.268 (41.120)	2:40.250 (41.982)	
3:23.625 (43.375)	4:08.865 (45.241)	4:53.205 (44.340)	5:35.213 (42.008)	
-- Faith Chepengat	FR Iowa Western CC	4:58.90	DNS	1
-- Maeghan Easler	Runblaze Iowa	5:16.00	DNS	3
-- Aisling Joyce	JR Bradley	5:15.33	DNS	2
-- Layla Roebke	FR Tulsa	5:04.00	DNS	2
-- Sophie Bolich	SR Marquette	5:23.85	SCR	
-- Lauren Pappas	FR Marquette	5:24.27	SCR	
-- Mallory Lafever	FR Marquette	5:32.45	SCR	

Women 3000 Meter Run Premier

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 Facility: F 9:25.22 1/20/2018 Militsa Mircheva, Florida State
 Meet: M 9:35.65 1/27/2018 Breanna Sieracki, Team USA MN
 Track: T 9:25.22 1/20/2018 Militsa Mircheva, Florida State
 Name Year School Seed Finals
 =====

1 Faith Chepengat	FR Iowa Western CC	9:43.70	9:46.57
38.787 (38.787)	1:18.446 (39.660)	1:57.185 (38.739)	2:35.651 (38.466)
3:14.481 (38.831)	3:54.099 (39.618)	4:33.131 (39.032)	5:12.812 (39.682)
5:52.335 (39.523)	6:31.038 (38.703)	7:10.347 (39.309)	7:49.398 (39.051)
8:29.078 (39.680)	9:09.091 (40.013)	9:46.566 (37.476)	
2 Caitlin Klopfer	SR Tulsa	9:39.53	9:51.15
38.698 (38.698)	1:18.205 (39.508)	1:57.040 (38.835)	2:35.486 (38.446)
3:14.310 (38.825)	3:53.898 (39.588)	4:32.957 (39.059)	5:12.746 (39.790)
5:52.083 (39.337)	6:30.795 (38.712)	7:10.091 (39.297)	7:49.789 (39.698)
8:29.833 (40.044)	9:10.391 (40.558)	9:51.147 (40.757)	
3 Ashley Barnes	JR Tulsa	9:50.00	9:58.48
38.834 (38.834)	1:18.333 (39.500)	1:57.157 (38.824)	2:35.676 (38.519)
3:14.509 (38.834)	3:54.239 (39.730)	4:33.522 (39.283)	5:13.781 (40.259)
5:54.706 (40.926)	6:36.211 (41.505)	7:17.821 (41.611)	7:59.369 (41.548)
8:41.169 (41.800)	9:21.983 (40.814)	9:58.479 (36.497)	
4 Jenny O'Bryan	JR Tulsa	9:55.00	10:02.72
40.095 (40.095)	1:20.494 (40.399)	2:01.340 (40.846)	2:40.494 (39.155)
3:20.266 (39.772)	4:00.265 (39.999)	4:39.912 (39.647)	5:20.202 (40.291)
5:59.797 (39.595)	6:39.467 (39.671)	7:20.190 (40.723)	8:00.805 (40.615)
8:41.441 (40.637)	9:22.364 (40.923)	10:02.716 (40.353)	

Black and Gold Premier - 1/31/2020 to 2/1/2020**Iowa Recreation Building****Results****....Women 3000 Meter Run Premier**

5	Alice Newcombe	SO Tulsa	10:10.00	10:07.63
	38.715 (38.715)	1:18.877 (40.162)	1:58.290 (39.414)	2:38.105 (39.815)
	3:18.404 (40.299)	3:58.308 (39.904)	4:37.824 (39.516)	5:17.734 (39.910)
	5:58.331 (40.598)	6:39.753 (41.422)	7:20.933 (41.180)	8:03.774 (42.842)
	8:46.580 (42.806)	9:28.186 (41.606)	10:07.625 (39.440)	
6	Layla Roebke	FR Tulsa	9:55.00	10:08.36
	40.294 (40.294)	1:20.697 (40.403)	2:01.487 (40.790)	2:40.796 (39.310)
	3:20.419 (39.623)	4:00.488 (40.069)	4:40.110 (39.622)	5:20.362 (40.253)
	6:00.544 (40.182)	6:41.895 (41.351)	7:24.238 (42.344)	8:06.925 (42.687)
	8:49.749 (42.824)	9:31.684 (41.935)	10:08.355 (36.671)	
7	Mckayla Cole	JR Northern Iowa	9:59.78	10:09.59
	38.969 (38.969)	1:18.610 (39.642)	1:57.419 (38.809)	2:35.993 (38.574)
	3:15.575 (39.583)	3:55.819 (40.244)	4:36.662 (40.843)	5:17.924 (41.262)
	5:58.946 (41.023)	6:40.011 (41.065)	7:21.273 (41.262)	8:02.907 (41.634)
	8:45.573 (42.666)	9:28.417 (42.845)	10:09.581 (41.164)	
8	Gabby Juarez	SR Bradley	9:53.16	10:15.03
	39.193 (39.193)	1:18.927 (39.734)	1:58.090 (39.164)	2:37.820 (39.730)
	3:18.095 (40.276)	3:58.906 (40.811)	4:39.989 (41.083)	5:21.478 (41.489)
	6:03.121 (41.643)	6:45.234 (42.114)	7:28.020 (42.786)	8:10.506 (42.487)
	8:53.245 (42.739)	9:35.788 (42.544)	10:15.030 (39.242)	
9	Abby Jockisch	SR Bradley	10:10.62	10:17.61
	38.935 (38.935)	1:19.146 (40.211)	1:58.625 (39.479)	2:38.511 (39.887)
	3:19.358 (40.847)	4:00.759 (41.402)	4:42.452 (41.693)	5:24.309 (41.858)
	6:06.443 (42.134)	6:49.070 (42.628)	7:32.690 (43.620)	8:16.198 (43.508)
	8:58.693 (42.495)	9:41.020 (42.328)	10:17.601 (36.581)	
10	Reagan Hausmann	SR Tulsa	9:53.14	10:18.32
	39.849 (39.849)	1:20.257 (40.408)	2:01.161 (40.904)	2:40.725 (39.565)
	3:20.772 (40.047)	4:01.051 (40.279)	4:42.312 (41.261)	5:24.021 (41.710)
	6:05.928 (41.907)	6:47.891 (41.963)	7:30.238 (42.347)	8:12.882 (42.644)
	8:56.200 (43.319)	9:38.045 (41.845)	10:18.315 (40.270)	
11	Emily Foley	JR Marquette	10:12.94	10:23.10
	39.379 (39.379)	1:19.384 (40.005)	1:58.866 (39.483)	2:38.799 (39.933)
	3:19.641 (40.843)	4:00.437 (40.796)	4:42.162 (41.725)	5:23.227 (41.066)
	6:05.586 (42.359)	6:49.284 (43.699)	7:32.934 (43.650)	8:16.389 (43.455)
	8:59.683 (43.294)	9:42.285 (42.602)	10:23.096 (40.812)	
--	Katharina Pesendorfer	SO Tulsa		DNF
--	Chloe Hershenow	FR Tulsa	10:00.00	DNS
--	Mary Hanson	SR Marquette	9:50.56	SCR

Women 3000 Meter Run Unseeded

Name	Year School	Seed	Finals
1 Lily Strauss	FR Bradley	10:17.20	10:20.81
	38.439 (38.439)	1:19.839 (41.400)	2:00.625 (40.786)
	3:23.220 (41.460)	4:04.606 (41.386)	4:46.759 (42.153)
	6:11.296 (42.535)	6:53.596 (42.300)	7:35.944 (42.348)
	9:01.799 (42.884)	9:43.021 (41.222)	10:20.807 (37.786)
2 Sophie Bolich	SR Marquette	10:53.30	10:40.71
	40.476 (40.476)	1:25.034 (44.558)	2:08.874 (43.840)
	3:33.792 (41.285)	4:15.932 (42.140)	4:59.452 (43.520)
	6:28.048 (44.572)	7:10.076 (42.028)	7:53.132 (43.056)
	9:21.548 (44.118)	10:03.479 (41.931)	10:40.703 (37.224)

Black and Gold Premier - 1/31/2020 to 2/1/2020**Iowa Recreation Building****Results****....Women 3000 Meter Run Unseeded**

3	Sam Lechowicz	JR Bradley	10:40.00	10:42.06		
	39.736 (39.736)	1:24.192 (44.456)	2:08.080 (43.888)	2:51.646 (43.566)		
	3:33.540 (41.894)	4:16.175 (42.635)	4:59.614 (43.439)	5:43.562 (43.948)		
	6:28.122 (44.560)	7:11.734 (43.612)	7:54.822 (43.088)	8:38.047 (43.225)		
	9:21.268 (43.221)	10:03.220 (41.952)	10:42.054 (38.834)			
4	Lauren Pappas	FR Marquette	10:43.47			
	40.765 (40.765)	1:24.894 (44.129)	2:08.332 (43.438)	2:51.298 (42.966)		
	3:33.218 (41.920)	4:16.255 (43.037)	4:59.834 (43.579)	5:43.840 (44.006)		
	6:28.344 (44.504)	7:11.288 (42.944)	7:54.516 (43.228)	8:38.509 (43.993)		
	9:22.168 (43.659)	10:05.030 (42.862)	10:43.464 (38.434)			
5	Grace Breitbach	FR Bradley	10:22.50	10:43.78		
	39.928 (39.928)	1:24.480 (44.552)	2:08.092 (43.612)	2:51.444 (43.352)		
	3:33.286 (41.842)	4:15.714 (42.428)	4:59.195 (43.481)	5:43.288 (44.093)		
	6:27.868 (44.580)	7:11.904 (44.036)	7:55.088 (43.184)	8:38.357 (43.269)		
	9:21.494 (43.137)	10:03.771 (42.277)	10:43.779 (40.008)			
6	Maddie Block	SO Northern Iowa	10:40.00	10:47.65		
	40.094 (40.094)	1:24.774 (44.680)	2:08.774 (44.000)	2:51.890 (43.116)		
	3:33.152 (41.262)	4:15.670 (42.518)	4:59.147 (43.477)	5:43.228 (44.081)		
	6:27.800 (44.572)	7:12.076 (44.276)	7:55.387 (43.311)	8:38.950 (43.563)		
	9:23.202 (44.252)	10:07.278 (44.076)	10:47.648 (40.370)			
7	Mallory Lafever	FR Marquette	10:55.00	10:55.90		
	40.276 (40.276)	1:25.004 (44.728)	2:08.980 (43.976)	2:52.607 (43.627)		
	3:33.750 (41.143)	4:16.646 (42.896)	5:00.140 (43.494)	5:44.318 (44.178)		
	6:28.622 (44.304)	7:13.514 (44.892)	7:58.542 (45.028)	8:45.103 (46.561)		
	9:31.811 (46.708)	10:16.300 (44.489)	10:55.899 (39.599)			
8	Hannah Ray	FR Marquette	11:11.38	10:57.25		
	40.388 (40.388)	1:24.826 (44.438)	2:08.300 (43.474)	2:51.138 (42.838)		
	3:32.824 (41.686)	4:15.456 (42.632)	4:58.897 (43.441)	5:42.934 (44.037)		
	6:27.520 (44.586)	7:12.413 (44.893)	7:57.320 (44.907)	8:43.047 (45.727)		
	9:28.721 (45.674)	10:13.867 (45.146)	10:57.248 (43.381)			
9	Josie Kriener	JR Northern Iowa	10:28.91	11:03.98		
	40.126 (40.126)	1:24.714 (44.588)	2:08.546 (43.832)	2:51.728 (43.182)		
	3:32.978 (41.250)	4:15.504 (42.526)	4:58.951 (43.447)	5:43.044 (44.093)		
	6:27.638 (44.594)	7:12.325 (44.687)	7:55.854 (43.529)	8:41.278 (45.424)		
	9:28.269 (46.991)	10:15.982 (47.713)	11:03.975 (47.993)			
10	Ally Lampert	JR Bradley	10:54.48	11:19.56		
	39.736 (39.736)	1:24.310 (44.574)	2:08.596 (44.286)	2:52.281 (43.685)		
	3:35.106 (42.825)	4:19.647 (44.541)	5:05.364 (45.717)	5:51.650 (46.286)		
	6:38.066 (46.416)	7:24.951 (46.885)	8:12.254 (47.303)	8:59.861 (47.607)		
	9:46.519 (46.658)	10:33.019 (46.500)	11:19.559 (46.540)			
11	Arsinoe Del Real	JR Bradley	10:49.92	11:31.51		
	39.954 (39.954)	1:24.508 (44.554)	2:08.700 (44.192)	2:52.353 (43.653)		
	3:36.480 (44.127)	4:22.808 (46.328)	5:10.268 (47.460)	5:58.335 (48.067)		
	6:46.497 (48.162)	7:34.799 (48.302)	8:22.379 (47.580)	9:10.777 (48.398)		
	9:59.523 (48.746)	10:46.636 (47.113)	11:31.504 (44.868)			
--	Maeghan Easler	Runblaze Iowa	10:36.00		DNS	

Black and Gold Premier - 1/31/2020 to 2/1/2020**Iowa Recreation Building****Results****Women 60 Meter Hurdles****8 Advance: Top 1 Each Heat plus Next 4 Best Times**

Facility: F 8.01 1/20/2018 Jasmin Stowers, NIke
 Facility: F 8.01 1/18/2020 Janeek Brown, Puma
 Meet: M 8.42 1/28/2017 Jahisha Thomas, Iowa
 Track: T 8.01 1/20/2018 Jasmin Stowers, Nike

Name	Year	School	Seed	Prelims	H#
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Preliminaries

1	Sydney Winger	SO Iowa	8.68	8.86Q	4	8.852
2	Aquila St. Louis	SO Barton County CC	8.65	8.95Q	3	
3	Sierra Coward	SO Iowa Western CC	8.90	8.99Q	2	
4	Shanisa Stinson	FR Eastern Illinois	8.91	9.02Q	1	9.011
5	Peyton Steva	Unattached	8.68	8.86q	4	8.853
6	Megan Hudson	JR Northern Iowa	9.06	9.02q	3	9.016
7	Arianna Hayde	SO Barton County CC	9.29	9.05q	4	
8	Hannah Schau	JR Northern Iowa	8.94	9.07q	1	
9	Brooke Lorenz	SR Northern Iowa	8.97	9.11	2	
10	Samiya Abu-Youm	JR Minnesota State	9.18	9.17	2	
11	Akiya Kollore	FR Eastern Illinois	9.05	9.29	4	
12	Samantha Amador	FR Barton County CC	9.15	9.34	1	
13	Adelaide Havens	SO Marquette	9.60	9.42	1	
14	Soren Umali	JR Bradley	9.31	9.43	3	
15	Kelsey Hunn	SR Marquette	9.12	9.46	2	
16	Dallyssa Huggins	JR Iowa	9.63	9.48	1	
17	Erica Loussaert	JR Northern Iowa	9.23	9.60	3	
18	Nyadholi Tarjiath	Unattached		9.87	3	
19	Morgan Johnk	FR Northern Iowa	9.69	9.92	2	
20	Heather Ryan	FR Marquette	9.23	10.58	4	
--	Tionna Tobias	FR Iowa	8.71	DNS	3	
--	Rachel Hamel	FR Tulsa	9.04	DNS	3	
--	MiSaia Bergman	Unattached	9.15	DNS	1	
--	Aleenah Marcucci	Unattached	8.36	DNS	1	
--	Maria Gonzalez	SR Northern Iowa	9.45	DNS	2	
--	Patrice Watson	SO Northern Iowa	8.58	DNS	2	
--	Juru Okwaramoi	FR Marquette	9.05	DNS	4	

Women 60 Meter Hurdles

Facility: F 8.01 1/20/2018 Jasmin Stowers, NIke
 Facility: F 8.01 1/18/2020 Janeek Brown, Puma
 Meet: M 8.42 1/28/2017 Jahisha Thomas, Iowa
 Track: T 8.01 1/20/2018 Jasmin Stowers, Nike

Name	Year	School	Prelims	Finals
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Finals

1	Peyton Steva	Unattached	8.86	8.66	
2	Sydney Winger	SO Iowa	8.86	8.82	8.814
2	Aquila St. Louis	SO Barton County CC	8.95	8.82	8.814
4	Sierra Coward	SO Iowa Western CC	8.99	8.85	
5	Shanisa Stinson	FR Eastern Illinois	9.02	8.86	
6	Megan Hudson	JR Northern Iowa	9.02	9.02	
7	Arianna Hayde	SO Barton County CC	9.05	9.12	
8	Hannah Schau	JR Northern Iowa	9.07	9.26	

Black and Gold Premier - 1/31/2020 to 2/1/2020**Iowa Recreation Building****Results****Women 4x400 Meter Relay Premier**

School	Seed	Finals	H#
Facility: F 3:33.80 1/19/2019 Unattached, Unattached B Thomas, G Moline, C Hill, M Barrie			
Meet: M 3:41.89 1/28/2017 Iowa, Iowa B Brown, B Guillory, A Hernandez, T Buss			
Track: T 3:33.80 1/19/2019 Unattached, Unattached B Thomas, G Moline, C Hill, M Barrie			
1 Barton County CC 'A'	3:43.73	3:46.93	1
1) Christal Mosley SO	2) Shemia Odaine FR		
3) T'Nia Riley SO	4) Cameron Hinton SO		
54.815 (54.815)	1:52.868 (58.053)	2:50.502 (57.635)	3:46.926 (56.424)
2 Tulsa 'A'	3:51.00	3:52.55	2
1) Jaidah McCallon SO	2) Allison Bailey SR		
3) Jaidyn McCallon SO	4) Carsyn Spurgeon JR		
58.288 (58.288)	1:57.480 (59.193)	2:55.516 (58.036)	3:52.547 (57.031)
3 Minnesota State 'A'	3:50.88	3:52.62	1
1) Rose Gaye SO	2) Crystal Malone SR		
3) Autumn Santos SR	4) Ja'Cey Simmons FR		
58.927 (58.927)	1:58.866 (59.940)	2:56.064 (57.198)	3:52.615 (56.552)
4 Northern Iowa 'A'	3:50.00	3:53.16	1
1) Erin Kerkhoff FR	2) Auriona Kimbrough FR		
3) Taylor Raines SR	4) Dianna Slight SO		
59.202 (59.202)	1:56.856 (57.655)	2:54.931 (58.075)	3:53.152 (58.221)
5 Iowa Western CC 'A'	3:52.62	3:54.49	2
1) Accacia Hinds SO	2) Aliyah George SO		
3) Makeda Newman SO	4) Christine Irving SO		
1:00.364 (1:00.364)	1:59.597 (59.233)	2:58.079 (58.483)	3:54.489 (56.410)
6 Eastern Illinois 'A'	3:52.22	3:55.32	2
1) Akiya Kollore FR	2) Katie Springer FR		
3) Chloe Irish SO	4) Amani Jackson-Gladney SO		
59.970 (59.970)	1:57.793 (57.823)	2:56.672 (58.879)	3:55.313 (58.642)
7 Marquette 'A'	3:51.45	3:55.74	2
1) Adelaide Havens SO	2) Arianna Mansavage SO		
3) Madison Marko SR	4) Breanne Marchan SR		
1:01.163 (1:01.163)	1:58.467 (57.304)	2:57.098 (58.632)	3:55.739 (58.641)
8 Loyola (Ill.) 'A'	3:53.08	3:59.69	1
1) Molly Reighard JR	2) Lindsay Walters SR		
3) Sidney Howland JR	4) Jordyn Blake SO		
1:00.373 (1:00.373)	1:58.775 (58.402)	3:00.661 (1:01.886)	3:59.682 (59.022)
9 Northern Iowa 'B'	4:00.00	4:00.86	3
1) Katie Nimrod SO	2) Noel James FR		
3) Brooke Lorenz SR	4) Jill Bennett FR		
59.566 (59.566)	1:58.748 (59.183)	2:59.678 (1:00.930)	4:00.854 (1:01.176)
10 Tulsa 'B'	3:56.00	4:05.08	2
1) Ca'Purnika Galbert JR	2) Brianna Hays FR		
3) Kinga Parrish FR	4) Alyssa Solberg JR		
1:01.646 (1:01.646)	2:01.184 (59.539)	3:02.717 (1:01.533)	4:05.071 (1:02.354)
11 Eastern Illinois 'B'	4:05.00	4:07.50	3
3)	4) Sophia Keith SR		
1:01.675 (1:01.675)	2:02.832 (1:01.158)	3:04.642 (1:01.810)	4:07.496 (1:02.854)
12 Marquette 'B'	3:58.00	4:08.75	2
1) Carley Hintz SO	2) Payton Hanselman FR		
3) Rosalie Xavier FR	4) Emma Moravec JR		
1:02.218 (1:02.218)	2:04.607 (1:02.389)	3:09.567 (1:04.960)	4:08.746 (59.180)

Black and Gold Premier - 1/31/2020 to 2/1/2020**Iowa Recreation Building****Results****....Women 4x400 Meter Relay Premier**

13	Tulsa 'C'			4:03.00	4:11.24	3
	1) Keely Jones FR		2) Adrena Mazzei SR			
	3) Katharina Pesendorfer SO		4) Chloe Hershenow FR			
	1:00.844 (1:00.844)	2:03.468 (1:02.624)	3:07.413 (1:03.945)	4:11.234 (1:03.821)		
14	Barton County CC 'B'			4:14.00	4:15.24	3
	1) Samantha Amador FR		2) Sasha Brown FR			
	3) Sharikae Campbell SO		4) Arianna Hayde SO			
	1:02.014 (1:02.014)	2:01.593 (59.579)	3:12.218 (1:10.625)	4:15.234 (1:03.016)		
15	Northern Iowa 'C'			4:05.00	4:16.67	3
	1) Allison Hilleman SO		2) Brett Schneider SO			
	3) Paige Holub SO		4) Erica Loussaert JR			
	1:04.159 (1:04.159)	2:07.157 (1:02.998)	3:11.913 (1:04.756)	4:16.665 (1:04.753)		
--	Iowa 'A'			3:42.00	DNS	1
	1) Carly Donahue SR		2) Mariel Bruxvoort FR			
	3) Kylie Welch JR		4) Jada Laye SO			
--	Bradley 'A'			3:54.26	SCR	
	1) Hannah Ivy SO		2) Amelia Leshar SO			
	3) Laura Stuart SO		4) Keina Suggs SR			

Women High Jump

Facility: F 1.83m 2002 Carri Long, Unattached
 Facility: F 1.83m 2007 Peaches Roach, Iowa
 Meet: M 1.76m 1/27/2017 Emma Haugen, Wisconsin
 Track: T 1.80m 1/20/2017 Eleonora Omoregie, Florida Stat

Name	Year	School	Seed	Finals
1 Annia Ashley	FR	Barton County CC	1.79m	1.70m 5-07.00
1.50 1.55 1.60 1.65 1.70 1.75				
O O O O O XXX				
2 Lindsey Mirkes	JR	Marquette	1.76m	1.65m 5-05.00
1.60 1.65 1.70				
O O XXX				
3 Marin McClowry	JR	Marquette	1.73m	1.65m 5-05.00
1.55 1.60 1.65 1.70				
O XO O XXX				
4 Jana Rokitta	SO	Loyola (Ill.)	1.65m	1.65m 5-05.00
1.50 1.55 1.60 1.65 1.70				
O O O XO XXX				
5 Emma Ludwig	FR	Marquette	1.67m	1.60m 5-03.00
1.55 1.60 1.65				
O XO XXX				
6 Breanne Marchan	SR	Marquette	1.71m	1.55m 5-01.00
1.55 1.60				
O XXX				
6 Brooke Lorenz	SR	Northern Iowa	1.63m	1.55m 5-01.00
1.45 1.50 1.55 1.60				
O O O XXX				
8 Alyssa Dotson	SO	Barton County CC	1.55m	1.55m 5-01.00
1.45 1.50 1.55 1.60				
XXO O O XXX				
9 Morgan Johnk	FR	Northern Iowa	1.60m	1.55m 5-01.00
1.45 1.50 1.55 1.60				
O XXO XO XXX				

Black and Gold Premier - 1/31/2020 to 2/1/2020
Iowa Recreation Building
Results

....Women High Jump

10	Aquila St. Louis	SO Barton County CC	1.58m	1.55m	5-01.00
	1.45 1.50 1.55 1.60				
	XO XO XXO XXX				
11	Arianna Hayde	SO Barton County CC	1.61m	1.50m	4-11.00
	1.45 1.50 1.55				
	O XXO XXX				
12	Erica Loussaert	JR Northern Iowa	1.61m	1.45m	4-09.00
	1.45 1.50				
	O XXX				
--	Aleenah Marcucci	Unattached	1.50m	DNS	
--	Rachel Hamel	FR Tulsa	1.52m	DNS	
--	Sydney Durbin	FR Northern Iowa	1.60m	DNS	
--	Maria Gonzalez	SR Northern Iowa	1.66m	DNS	
--	Zoe Stone	SO Minnesota State	1.61m	SCR	

Women Pole Vault

Facility: F 4.40m 1/14/2017 Emily Grove, Unattached
 Meet: M 4.05m 1/28/2017 Taylor Amann, Wisconsin
 Track: T 4.40m 1/14/2017 Emily Grove, Unattached

Name	Year	School	Seed	Finals	
1 Brielle Buechler		JR Marquette	3.71m	3.50m	11-05.75
	3.35 3.50 3.65				
	O O XXX				
2 Cierra Laux		SO Northern Iowa	3.68m	3.50m	11-05.75
	3.35 3.50 3.65				
	XO O XXX				
2 Isabelle Holtzen		SO Northern Iowa	3.68m	3.50m	11-05.75
	3.35 3.50 3.65				
	XO O XXX				
-- Julie Clayton		SR Marquette	3.93m	NH	
	3.65				
	XXX				

Women Long Jump

Facility: F 6.50m 1/18/2019 Jahisha Thomas, Great Britain
 Meet: M 6.16m 1/26/2019 Amanda Carty, Iowa
 Track: T 6.50m 1/18/2019 Jahisha Thomas, Great Britain

Name	Year	School	Seed	Finals	H#
1 Jahisha Thomas		British Athletics	6.69m	6.24mM	20-05.75 2
	FOUL FOUL 6.24m 5.86m	FOUL FOUL			
2 Carsyn Spurgeon		JR Tulsa	6.43m	5.98m	19-07.50 2
	FOUL 5.98m 5.70m	FOUL FOUL 5.89m			
3 Makayla Jackson		FR Minnesota State	5.78m	5.80m	19-00.50 2
	5.69m PASS PASS 5.80m	5.23m 5.79m			
4 Mackenzie Arnold		SR Loyola (Ill.)	6.17m	5.73m	18-09.75 2
	FOUL 5.54m 5.73m	FOUL 5.53m FOUL			
5 Shemia Odaine		FR Barton County CC	6.00m	5.70m	18-08.50 2
	4.98m 5.47m 4.90m	5.70m 5.46m 5.33m			
6 Patricia Johnson		SO Iowa Western CC	6.17m	5.70m	18-08.50 2
	FOUL 5.43m 5.70m	PASS PASS PASS			

Black and Gold Premier - 1/31/2020 to 2/1/2020**Iowa Recreation Building****Results****....Women Long Jump**

7	Annia Ashley	FR Barton County CC	5.46m	5.58m	18-03.75	1
	FOUL FOUL 5.57m 5.55m 5.58m 5.50m					
8	Madison Marko	SR Marquette	5.56m	5.58m	18-03.75	1
	5.58m 5.51m 5.53m PASS PASS PASS					
9	Kiana Estima	FR Iowa Western CC	5.58m	5.57m	18-03.25	2
	5.29m 5.26m 5.57m 5.29m 5.21m 5.24m					
10	Arianna Hayde	SO Barton County CC	5.91m	5.49m	18-00.25	2
	5.49m FOUL 5.28m 5.36m 5.26m 5.33m					
11	Mila Puseljic	FR Marquette	5.48m	5.44m	17-10.25	1
	5.44m FOUL FOUL					
12	Jennifer Valley	FR Minnesota State	5.44m	5.40m	17-08.75	1
	FOUL FOUL 5.40m					
13	Aquila St. Louis	SO Barton County CC	5.76m	5.26m	17-03.25	2
	5.21m 5.26m 5.22m					
14	Caitlyn Jones	FR Minnesota State	5.52m	5.10m	16-08.75	1
	3.99m 4.21m 5.10m					
15	Shanisa Stinson	FR Eastern Illinois	5.34m	5.09m	16-08.50	1
	5.09m 4.99m 4.98m					
16	Taylor Wright	FR Eastern Illinois	5.50m	5.08m	16-08.00	1
	FOUL FOUL 5.08m					
16	Kary Petricka	FR Minnesota State	5.51m	5.08m	16-08.00	1
	FOUL FOUL 5.08m					
18	Sierra Coward	SO Iowa Western CC	5.55m	4.84m	15-10.50	1
	FOUL FOUL 4.84m					
19	Laura Stuart	SO Bradley	5.03m	4.76m	15-07.50	1
	4.76m FOUL 4.65m					
--	Dallyssa Huggins	JR Iowa	5.30m	FOUL		1
	FOUL FOUL FOUL					
--	Rachel Hamel	FR Tulsa	5.35m	DNS		1
--	Mara Quam	FR Minnesota State	5.59m	DNS		2
--	Tionna Tobias	FR Iowa	5.83m	DNS		2

Women Triple Jump

Facility: F 13.57m 1/28/2017 Jhoanmy Luque, Iowa State

Meet: M 13.57m 1/28/2017 Jhoanmy Luque, Iowa State

Track: T 13.57m 1/28/2017 Jhoanmy Luque, Iowa State

Name Year School Seed Finals

1	Sarah Olojo	SO Loyola (Ill.)	12.32m	12.14m	39-10.00
	FOUL 11.58m FOUL 11.97m 12.04m 12.14m				
2	Samiya Abu-Youm	JR Minnesota State	11.77m	12.03m	39-05.75
	11.60m FOUL 11.51m 12.03m 11.89m 12.00m				
3	Hannah Schilb	SR Iowa	12.37m	11.78m	38-07.75
	FOUL 11.74m FOUL 11.78m FOUL FOUL				
4	Reygan Brown	SO Barton County CC	11.26m	11.23m	36-10.25
	11.22m FOUL FOUL 11.23m FOUL FOUL				
--	Oyinlola Akinlosotu	JR Loyola (Ill.)	12.40m	FOUL	
	FOUL FOUL PASS PASS PASS PASS				
--	Elizabeth Brunner	SR Minnesota State	12.33m	DNS	
--	Jana Rokitta	SO Loyola (Ill.)	12.02m	DNS	

Black and Gold Premier - 1/31/2020 to 2/1/2020**Iowa Recreation Building****Results****Women Shot Put**

Facility: F 18.44m 1/17/2020 Rachel Fatherly, VelaasaTC/Garage Strengt				
Meet: M 16.12m 1/26/2019 Nia Britt, Iowa				
Track: T 18.44m 1/17/2020 Rachel Fatherly, VelaasaTC/Garage				
Name	Year School	Seed	Finals	H#
1 Laulauga Tausaga	SR Iowa	18.02m	16.54mM 54-03.25	2
15.90m 16.44m 15.92m	FOUL FOUL	16.54m		
2 Ana Da Silva	FR Barton County CC	12.80m	13.94m 45-09.00	1
13.20m 13.94m	FOUL FOUL	13.14m	FOUL	
3 Ianna Roach	FR Iowa	13.39m	13.66m 44-09.75	1
13.66m	FOUL	13.02m	12.76m	FOUL FOUL
4 Jamie Kofron	FR Iowa	13.84m	13.56m 44-06.00	2
12.74m 13.54m 13.37m		13.12m	13.56m	FOUL
5 Dallyssa Huggins	JR Iowa	11.40m	13.44m 44-01.25	1
12.82m 12.88m 13.44m	PASS PASS PASS			
6 Kat Moody	FR Iowa	13.91m	13.32m 43-08.50	2
13.32m	FOUL	13.19m	12.72m	FOUL FOUL
7 Morgan Nealey	SO Northern Iowa	13.89m	13.27m 43-06.50	2
FOUL 12.51m 13.26m		13.27m	FOUL	12.57m
8 Allie Flando	JR Marquette	14.03m	13.19m 43-03.25	2
13.02m 12.54m 13.19m		12.77m	12.82m	12.62m
9 Makenna Wilson	JR Eastern Illinois	14.05m	13.09m 42-11.50	2
13.09m	FOUL FOUL			
10 Lizzy Cagle	SO Marquette	13.26m	12.64m 41-05.75	1
12.64m 12.50m 12.10m		FOUL	12.20m	12.42m
11 Shania Parkinson	FR Iowa Western CC	12.47m	12.36m 40-06.75	1
10.73m	FOUL	12.36m		
12 Abigail Nicholson	SR Eastern Illinois	13.00m	12.25m 40-02.25	1
FOUL FOUL		12.25m		
13 Anna Hoyman	JR Northern Iowa	13.68m	12.04m 39-06.00	2
FOUL FOUL		12.04m		
14 Fiona Richards	SO Barton County CC	14.70m	11.96m 39-03.00	2
FOUL FOUL		11.96m		
15 Marie Koch	JR Eastern Illinois	12.14m	11.84m 38-10.25	1
10.00m 11.84m 11.01m				
-- Marin Ehler	FR Northern Iowa	15.15m	FOUL	2
FOUL FOUL FOUL				
-- Rachel Hamel	FR Tulsa	9.00m	DNS	1
-- Katie Fare	FR Northern Iowa	13.66m	DNS	1
-- Tionna Tobias	FR Iowa	11.00m	DNS	1
-- Allison Griffin	SR Northern Iowa	15.01m	DNS	2

Women Weight Throw

Facility: F 23.33m 1/18/2019 Kaitlyn Long, Unat-Minnesota				
Meet: M 20.26m 1/25/2019 Laulauga Tausaga, Iowa				
Track: T 23.33m 1/18/2019 Kaitlyn Long, UNAT-Minnesota				
Name	Year School	Seed	Finals	
1 Laulauga Tausaga	SR Iowa	23.26m	21.33mM 69-11.75	
21.32m	FOUL	21.33m	21.05m	FOUL FOUL
2 Lizzie Virgl	Unattached	19.15m	19.64m 64-05.25	
18.55m 19.03m	FOUL FOUL	19.64m	FOUL	
3 Alanna Nietert	SR Northern Iowa	18.92m	19.10m 62-08.00	
17.76m 19.10m 18.42m		18.23m	FOUL	18.89m

Black and Gold Premier - 1/31/2020 to 2/1/2020
Iowa Recreation Building
Results

....Women Weight Throw

4	Allison Wahrman	SR Iowa	17.30m	17.52m	57-05.75
	17.11m 16.79m 17.52m	FOUL FOUL 16.80m			
5	Ana Da Silva	FR Barton County CC	15.01m	17.43m	57-02.25
	FOUL 15.93m 17.07m 17.43m	16.77m 17.22m			
6	Allie Flando	JR Marquette	17.81m	17.15m	56-03.25
	17.15m 17.07m 17.05m	FOUL FOUL FOUL			
7	Makenna Wilson	JR Eastern Illinois	17.50m	16.33m	53-07.00
	15.58m 15.94m 16.33m	FOUL FOUL 16.14m			
8	Lizzy Cagle	SO Marquette	16.99m	16.29m	53-05.50
	15.34m FOUL 16.29m	FOUL 15.70m 15.74m			
9	Jamie Kofron	FR Iowa	16.74m	16.05m	52-08.00
	FOUL 16.05m 15.45m 15.03m	15.99m 15.44m			
10	Morgan Nealey	SO Northern Iowa	15.12m	15.04m	49-04.25
	14.65m 15.04m 14.11m	14.75m FOUL FOUL			
11	Ashley Gaffey	SR Marquette	16.26m	14.85m	48-08.75
	FOUL 14.85m FOUL				
--	Marin Ehler	FR Northern Iowa	12.83m	FOUL	
	FOUL FOUL FOUL				
--	Katie Fare	FR Northern Iowa	15.00m	DNS	
--	Allison Griffin	SR Northern Iowa	18.89m	DNS	

Men 60 Meter Dash Premier**8 Advance: Top 1 Each Heat plus Next 2 Best Times**

Facility: F 6.52 1/20/2018 Andre Ewers, Florida State
 Meet: M 6.69 1/26/2019 Courtney Lindsey, Iowa Central CC
 Track: T 6.52 1/20/2018 Andre Ewers, Florida State

Name	Year	School	Seed	Prelims	H#
=====					
Preliminaries					
1	Shandall Thomas	SR Eastern Illinois	6.91	6.76Q	3
2	Courtney Lindsey	SO Iowa Central CC	6.64	6.78Q	6
3	Elijha Johnson	FR Iowa Central CC	6.78	6.79Q	4
4	Kris Brown	SO Iowa Central CC	6.78	6.85Q	2
5	Bryant Brown	SR Minnesota State	6.80	6.87Q	1
6	Caleb Boger	FR Barton County CC	6.77	6.89Q	5
7	Jhonny Renteria	FR Barton County CC	6.85	6.84q	3
8	Aarron Westmoreland	SO Iowa Western CC	6.93	6.90q	2
9	Nastario Williams	FR Iowa Western CC	6.89	6.92	5 6.916
10	Tanner Iske	FR Iowa	6.93	6.92	1 6.920
11	Samuel Johnson	JR Marquette	6.80	6.94	1 6.939
11	Joshua Sutton	FR Tulsa	6.95	6.94	5 6.939
13	David Dunlap	SO Iowa Central CC	6.90	6.95	5
14	Adam Clayton	SO Loyola (Ill.)	6.96	6.98	6
15	Shaheed Hickman	JR Minnesota State	6.78	6.99	3 6.984
16	Denzel Feagin	FR Barton County CC	7.14	6.99	2 6.988
17	Malachi Carroll	FR Iowa Western CC	6.94	6.99	3 6.990
18	Zachary Adee	JR Tulsa	6.95	7.00	6 6.993
19	Julian Wright	FR Marquette	6.82	7.00	2 6.998
20	Mike Garza	Unattached	7.02	7.03	4 7.021
21	Tyreke Wilson	SO Barton County CC	6.93	7.03	1 7.030
22	Caden Hofacker	FR Minnesota State	6.98	7.04	4
23	Justin Taormina	SR Minnesota State	6.92	7.05	2
24	Nicholas Sharma	FR Minnesota State	7.09	7.08	3 7.073
25	Grant Conway	Unattached	7.05	7.08	6 7.076

Black and Gold Premier - 1/31/2020 to 2/1/2020**Iowa Recreation Building****Results****....Men 60 Meter Dash Premier**

26	Ryan VanBaale	SO Northern Iowa	6.89	7.09	6	7.085
27	Cornelius Bright	SO Minnesota State	6.88	7.09	4	7.088
28	Chase Van Sant	SR Northern Iowa	7.04	7.10	5	
29	Ethan Buckles	JR Minnesota State	6.97	7.13	5	
30	Anthony Bello	SR Eastern Illinois	6.99	7.14	1	
31	Parker Gloudemans	SR Minnesota State	7.06	7.15	5	
32	Ethan Peal	Unattached	6.98	7.19	3	
33	Josh Braverman	JR Iowa	7.05	7.22	6	
34	Josue Bokoyo	SO Minnesota State	7.02	7.23	4	
35	Emmanuel Niang	Unattached	7.00	7.42	2	
--	Maurice Thompson	FR Iowa Western CC	6.91	DQ	4	False Start
--	Julian Harvey	Unattached	7.00	DNS	1	
--	Imar Tomlinson	Unattached	6.98	DNS	2	
--	Melvin Ivy	Unattached	6.90	DNS	6	
--	Deandre Stapleton Jr.	FR Iowa		DNS	3	
--	Tyler Elmore	JR Loyola (Ill.)	6.95	DNS	4	
--	Miguel Agyei	SO Bradley	7.28	DNS	2	
--	Gratt Reed	FR Iowa	7.07	DNS	4	
--	Joseph Keys	JR Marquette	7.24	DNS	1	
--	Eli Hicks	SR Northern Iowa	7.00	DNS	3	
--	Joe Reich	JR Loyola (Ill.)	7.20	DNS	1	

Men 60 Meter Dash Premier

=====
 Facility: F 6.52 1/20/2018 Andre Ewers, Florida State
 Meet: M 6.69 1/26/2019 Courtney Lindsey, Iowa Central CC
 Track: T 6.52 1/20/2018 Andre Ewers, Florida State
 =====

Name	Year	School	Prelims	Finals
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Finals

1	Courtney Lindsey	SO Iowa Central CC	6.78	6.65M
2	Elijha Johnson	FR Iowa Central CC	6.79	6.73
3	Bryant Brown	SR Minnesota State	6.87	6.78
4	Kris Brown	SO Iowa Central CC	6.85	6.80
5	Jhonny Renteria	FR Barton County CC	6.84	6.81
6	Caleb Boger	FR Barton County CC	6.89	6.84
7	Aarron Westmoreland	SO Iowa Western CC	6.90	6.86
8	Shandall Thomas	SR Eastern Illinois	6.76	6.87

Men 200 Meter Dash Premier

=====
 Facility: F 20.60 1/12/2019 Kenny Bednarek, India Hills CC
 Meet: M 21.20 1/27/2018 Antonio Woodard, Iowa
 Track: T 20.60 1/12/2019 Kenny Bednarek, Indian Hills CC
 =====

Name	Year	School	Seed	Finals	H#
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1	Courtney Lindsey	SO Iowa Central CC	20.28	21.10M	1
2	Isaiah Trousil	JR Northern Iowa	21.40	21.35	3
3	Elijha Johnson	FR Iowa Central CC	21.61	21.39	3
4	Denzel Feagin	FR Barton County CC	21.89	21.67	3
5	David Dunlap	SO Iowa Central CC	20.63	21.77	1
6	Kris Brown	SO Iowa Central CC	21.32	21.93	2
7	Sven Van Den Bergh	JR Northern Iowa	21.40	22.12	2
8	Julian Wright	FR Marquette	22.22	22.13	8
9	Aarron Westmoreland	SO Iowa Western CC	21.91	22.17	4

Black and Gold Premier - 1/31/2020 to 2/1/2020**Iowa Recreation Building****Results****....Men 200 Meter Dash Premier**

10	Adam Clayton	SO Loyola (Ill.)	22.00	22.23	5	
11	Michael Edwards	SR Loyola (Ill.)	22.19	22.29	6	22.281
12	Caden Hofacker	FR Minnesota State	22.20	22.29	7	22.282
13	Joshua Sutton	FR Tulsa	22.16	22.32	6	
14	Vince DiVenere	JR Loyola (Ill.)	22.20	22.33	7	
15	Nastario Williams	FR Iowa Western CC	22.31	22.40	8	
16	Riley Little	Unattached	21.98	22.43	4	
17	Malachi Carroll	FR Iowa Western CC	22.16	22.44	6	
18	Cameron Conyers	SO Tulsa	22.11	22.50	5	
19	Jhonny Renteria	FR Barton County CC	20.91	22.57	1	
20	Ryan VanBaale	SO Northern Iowa	22.60	22.59	9	22.583
21	Ryan Neville	JR Marquette	22.28	22.59	8	22.584
22	Parker Gloudemans	SR Minnesota State	22.53	22.59	9	22.588
22	Cornelius Bright	SO Minnesota State	22.21	22.59	7	22.588
24	Deandre Stapleton Jr.	FR Iowa		22.60	5	
25	Ethan Buckles	JR Minnesota State	22.58	22.66	9	
26	Nicholas Sharma	FR Minnesota State	22.50	22.79	8	
27	Anthony Bello	SR Eastern Illinois	21.90	22.80	4	
28	Drew Lewison	SO Minnesota State	22.64	22.81	10	
29	Tyreke Wilson	SO Barton County CC	21.13	22.83	2	
30	Kaleb Ambrose	SO Barton County CC	22.99	22.87	11	
31	Mike Garza	Unattached	22.90	22.88	11	
32	Cooper Koenig	JR Iowa		23.09	10	
33	Carter Nesvold	FR Minnesota State	22.86	23.17	11	
34	Josue Bokoyo	SO Minnesota State	22.66	23.31	10	
35	Emmanuel Okwuone	SO Tulsa	22.89	23.32	11	
--	Bryant Brown	SR Minnesota State	22.13	DNS	5	
--	Imar Tomlinson	Unattached	22.80	DNS	10	
--	Tyler Elmore	JR Loyola (Ill.)	22.20	DNS	7	
--	Melvin Ivy	Unattached	22.10	SCR		
--	Jack Summers	FR Northern Iowa	22.63	SCR		
--	Joe Reich	JR Loyola (Ill.)	22.80	SCR		
--	Zachary Adee	JR Tulsa	22.18	SCR		
--	Michael Santi	SO Northern Iowa	22.87	SCR		

Men 400 Meter Dash Premier

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 Facility: F 46.25 1/20/2018 Fred Kerley, Nike
 Meet: M 46.65 1/27/2018 Karayme Bartley, Unattached
 Track: T 46.25 1/20/2018 Fred Kerley, Nike

Name	Year	School	Seed	Finals	H#
1	Eric Fogltanz	Unattached	46.71	47.49	1
	22.413 (22.413)	47.488 (25.075)			
2	Chris Douglas	Unattached	48.75	47.92	3
	22.749 (22.749)	47.918 (25.169)			
3	Lee Eppie	FR Iowa Central CC	49.72	48.07	6
	22.506 (22.506)	48.065 (25.559)			
4	Eran Siboni	SO Loyola (Ill.)	47.98	48.64	1
	22.849 (22.849)	48.639 (25.790)			
5	Michael Edwards	SR Loyola (Ill.)	48.51	48.99	3
	23.333 (23.333)	48.989 (25.656)			
6	Tadiwanashe Mhonde	JR Eastern Illinois	48.88	49.18	3
	23.549 (23.549)	49.175 (25.626)			

Black and Gold Premier - 1/31/2020 to 2/1/2020**Iowa Recreation Building****Results****....Men 400 Meter Dash Premier**

7	Zachariah Murray	FR Marquette	49.00	49.19	4
	23.014 (23.014)	49.181 (26.168)			
8	Max DePrenger	FR Minnesota State	49.28	49.53	5
	23.354 (23.354)	49.527 (26.173)			
9	Aaron Camille	SO Barton County CC	50.45	49.72	9
	23.432 (23.432)	49.720 (26.289)			
10	Vince DiVenere	JR Loyola (Ill.)	48.22	49.78	2
	24.031 (24.031)	49.778 (25.748)			
11	Erik Sluga	FR Loyola (Ill.)	48.40	49.87	2
	23.533 (23.533)	49.864 (26.331)			
12	Kyle Mason	JR Minnesota State	48.20	49.91	1
	22.969 (22.969)	49.904 (26.935)			
13	Riley Baker	SO Eastern Illinois	49.00	50.15	4
	23.506 (23.506)	50.144 (26.638)			
14	Leroy Kwateh	JR Minnesota State		50.24	11
	23.712 (23.712)	50.238 (26.526)			
15	Justen O'Brien	FR Iowa Western CC	51.07	50.33	11
	23.864 (23.864)	50.330 (26.467)			
16	Damian Clay	FR Eastern Illinois	48.90	50.34	4
	23.186 (23.186)	50.334 (27.149)			
17	Ricky Johnson	FR Eastern Illinois	48.50	50.37	2
	23.848 (23.848)	50.364 (26.516)			
18	Payton Powell	SO Eastern Illinois	49.50	50.72	6
	23.347 (23.347)	50.712 (27.365)			
19	Jordan Graham	FR Barton County CC	50.51	50.79	10
	24.078 (24.078)	50.788 (26.711)			
20	Zack Butcher	FR Northern Iowa	49.50	50.80	6 50.795
	23.484 (23.484)	50.795 (27.311)			
21	Deshaun Jones	SO Barton County CC	50.50	50.80	9 50.797
	23.929 (23.929)	50.797 (26.868)			
22	Ajani Murdaugh	FR Barton County CC	49.76	50.91	7
	23.910 (23.910)	50.910 (27.001)			
23	Kevin Sherwood	JR Marquette	50.56	51.12	10
	24.579 (24.579)	51.113 (26.534)			
24	Kyran Lacy	FR Tulsa	50.00	51.28	7
	23.668 (23.668)	51.279 (27.611)			
25	Kevin Andres	FR Minnesota State	50.84	51.44	10
	23.608 (23.608)	51.440 (27.832)			
26	Tim Harris	FR Loyola (Ill.)	50.90	51.45	10
	23.717 (23.717)	51.447 (27.730)			
27	Ayoub El-Ashmawi	FR Loyola (Ill.)		51.54	9
	23.831 (23.831)	51.537 (27.706)			
28	Brady Heller	SO Marquette	50.23	51.67	8
	24.447 (24.447)	51.663 (27.216)			
29	Michael Oechsner	JR Marquette	50.24	51.80	8
	24.675 (24.675)	51.791 (27.116)			
30	Sam Sagan	SR Marquette	49.42	51.87	5
	24.464 (24.464)	51.870 (27.406)			
31	Keshaun Baker	SO Minnesota State	51.32	53.64	11
	25.034 (25.034)	53.633 (28.599)			
--	Marquan Wiesen	SO Minnesota State	49.13	DQ	5 Cut Early
	23.993 (23.993)	49.207 (25.215)			
--	Cole Willert	SO Northern Iowa	51.59	DNS	11
--	Tyrese Reid	FR Barton County CC	49.99	DNS	7
--	Dan Blocker	JR Northern Iowa	50.39	DNS	8

Black and Gold Premier - 1/31/2020 to 2/1/2020**Iowa Recreation Building****Results****Men 600 Meter Run Premier**

Facility: F 1:16.40 1/19/2018 Erik Sowinski, Nike
 Meet: M 1:19.67 1/27/2017 Jake Mazanke, Unattached
 Track: T 1:16.40 1/19/2018 Erik Sowinski, Nike

Name	Year	School	Seed	Finals	H#
1 Josh Andrews	SO	Iowa	1:20.10	1:19.91	1
24.674 (24.674)	51.742 (27.068)		1:19.909 (28.167)		
2 Armando Bryson		Unattached	1:20.00	1:20.00	1
24.467 (24.467)	51.212 (26.745)		1:19.995 (28.783)		
3 Shamar Deacon	SO	Iowa Western CC	1:21.50	1:20.71	1
24.955 (24.955)	51.947 (26.993)		1:20.703 (28.756)		
4 LeeAaron Berks	FR	Iowa Western CC	1:23.58	1:21.88	3
25.161 (25.161)	53.474 (28.313)		1:21.878 (28.405)		
5 Drew Lewison	SO	Minnesota State	1:22.27	1:23.60	2
25.657 (25.657)	54.411 (28.754)		1:23.596 (29.186)		
6 Bryan Holland	FR	Marquette	1:22.00	1:23.67	2
26.159 (26.159)	54.907 (28.749)		1:23.664 (28.757)		
7 Greg Van Hollen	FR	Marquette	1:23.50	1:23.87	2
26.067 (26.067)	54.363 (28.296)		1:23.868 (29.506)		
8 Jeff Garbutt	SO	Marquette	1:22.93	1:24.03	2
25.901 (25.901)	54.652 (28.751)		1:24.027 (29.376)		
9 Zachary Henke	FR	Minnesota State	1:24.58	1:25.69	3
25.351 (25.351)	54.101 (28.751)		1:25.684 (31.583)		
10 Matt Bohlman	FR	Minnesota State	1:24.44	1:25.88	3
25.091 (25.091)	53.716 (28.626)		1:25.879 (32.163)		
11 Kayleb Twomey	FR	Minnesota State	1:24.12	1:26.15	3
25.125 (25.125)	53.821 (28.697)		1:26.141 (32.320)		
12 Cowayne Jefferson		Unattached	1:21.56	1:29.30	1
25.181 (25.181)	53.871 (28.690)		1:29.294 (35.424)		
-- Armando Bryson	FR	Iowa	1:20.00	SCR	
-- Ayoub El-Ashmawi	FR	Loyola (Ill.)	1:24.37	SCR	

Men 800 Meter Run Premier

Facility: F 1:50.00 1/18/2020 Dawson LaRance, Minnesota
 Meet: M 1:52.58 1/26/2019 Alec Miller, Marquette
 Track: T 1:50.00 1/18/2020 Dawson LaRance, Minnesota

Name	Year	School	Seed	Finals	H#
1 Kevin White	SR	Loyola (Ill.)	1:48.53	1:53.17	1
27.720 (27.720)	56.402 (28.682)		1:25.043 (28.641)	1:53.161 (28.118)	
2 Derek Gross	SR	Marquette	1:51.41	1:53.67	1
27.548 (27.548)	56.317 (28.769)		1:25.359 (29.042)	1:53.666 (28.307)	
3 Jim Warren		Unattached		1:54.23	1
27.314 (27.314)	55.872 (28.558)		1:25.760 (29.888)	1:54.224 (28.464)	
4 Adam Swanson	FR	Eastern Illinois	1:55.97	1:54.42	3
27.537 (27.537)	56.611 (29.074)		1:26.249 (29.638)	1:54.412 (28.164)	
5 Tyler Olson		Unattached	1:53.50	1:54.84	1
27.548 (27.548)	56.123 (28.575)		1:25.593 (29.470)	1:54.835 (29.242)	
6 Jeff Roberts	SO	Iowa	1:53.00	1:54.89	1
27.753 (27.753)	56.448 (28.695)		1:25.582 (29.134)	1:54.890 (29.308)	
7 Joey Simon	SO	Bradley	1:52.99	1:55.04	1
27.959 (27.959)	56.923 (28.964)		1:26.107 (29.184)	1:55.038 (28.931)	
8 Tanner Maier	FR	Minnesota State	1:54.21	1:56.24	2
27.787 (27.787)	57.658 (29.871)		1:27.880 (30.223)	1:56.238 (28.358)	

Black and Gold Premier - 1/31/2020 to 2/1/2020**Iowa Recreation Building****Results****....Men 800 Meter Run Premier**

9	Ethan Brenneman	FR Iowa Western CC	1:57.72	1:56.42	3
	27.085 (27.085)	55.636 (28.552)	1:25.639 (30.003)	1:56.418 (30.779)	
10	Mason Walters	FR Tulsa	1:55.00	1:57.04	2
	27.603 (27.603)	57.921 (30.318)	1:28.383 (30.463)	1:57.034 (28.651)	
11	James Allen	SO Eastern Illinois	1:55.00	1:57.36	2
	27.388 (27.388)	57.500 (30.112)	1:27.788 (30.289)	1:57.354 (29.566)	
12	Zach Krogmann	SO Northern Iowa	1:54.70	1:57.49	2
	27.925 (27.925)	58.027 (30.102)	1:28.038 (30.012)	1:57.489 (29.451)	
13	Jadon Conroy	FR Marquette	1:57.60	1:57.90	3
	27.696 (27.696)	57.092 (29.397)	1:27.240 (30.148)	1:57.900 (30.661)	
14	Nick Porter	SR Bradley	1:54.08	1:57.93	1
	27.739 (27.739)	56.503 (28.764)	1:26.234 (29.731)	1:57.929 (31.696)	
15	Alex Klinkner	SO Bradley	1:57.96	1:58.10	3
	27.370 (27.370)	56.098 (28.729)	1:26.775 (30.677)	1:58.094 (31.320)	
16	Ben Schmied	SO Minnesota State	1:54.39	1:58.36	2
	27.953 (27.953)	57.892 (29.939)	1:27.930 (30.039)	1:58.355 (30.425)	
17	Emmanuel Nelson	SO Eastern Illinois	2:00.14	1:59.19	4
	28.200 (28.200)	57.932 (29.732)	1:28.452 (30.521)	1:59.186 (30.734)	
18	Samuel Hydro	FR Iowa Western CC	1:57.80	1:59.96	3
	27.848 (27.848)	56.915 (29.068)	1:27.359 (30.444)	1:59.954 (32.596)	
19	Jalen Elwell	FR Iowa Western CC	1:57.54	2:00.45	3
	28.519 (28.519)	57.989 (29.470)	1:29.256 (31.267)	2:00.441 (31.186)	
20	Hunter Lavallee	JR Northern Iowa		2:00.91	2
	28.437 (28.437)	58.246 (29.809)	1:28.732 (30.487)	2:00.904 (32.172)	
21	Collin Cook	FR Northern Iowa	2:00.00	2:03.55	4
	27.617 (27.617)	57.530 (29.913)	1:29.587 (32.057)	2:03.548 (33.961)	
22	Luke Benson	FR Iowa Western CC	1:59.32	2:05.29	4
	27.152 (27.152)	57.302 (30.150)	1:30.341 (33.039)	2:05.288 (34.948)	
--	Addie Kalb	FR Northern Iowa		DNS	4
--	Greg Van Hollen	FR Marquette	1:58.61	DNS	4
--	Armando Bryson	Unattached	1:53.50	SCR	
--	Nolan Teubel	SR Iowa	1:53.50	SCR	
--	Ben Daumueller	SO Northern Iowa	1:54.69	SCR	
--	Matthew Cavanaugh	SR Marquette	1:59.30	SCR	

Men 1 Mile Run Premier

Facility: F 3:58.06 1/19/2019 Jonathan Davis, Illinois

Meet: M 4:05.36 1/28/2017 Marc Scott, Tulsa

Track: T 3:58.06 1/19/2019 Jonathan Davis, Illinois

Name Year School Seed Finals H#

1	Christian Baker	FR Tulsa	4:08.00	4:09.91	1
	32.801 (32.801)	1:04.760 (31.959)	1:36.854 (32.094)	2:08.509 (31.656)	
	2:39.967 (31.458)	3:11.567 (31.600)	3:41.390 (29.823)	4:09.904 (28.514)	
2	John Vodacek	Unattached	4:14.00	4:10.91	2
	33.130 (33.130)	1:04.763 (31.634)	1:35.665 (30.902)	2:07.863 (32.198)	
	2:38.925 (31.062)	3:09.277 (30.352)	3:39.763 (30.486)	4:10.904 (31.141)	
3	CJ May	JR Northern Iowa	4:08.00	4:12.34	1
	32.288 (32.288)	1:04.141 (31.854)	1:36.213 (32.072)	2:07.875 (31.662)	
	2:39.170 (31.295)	3:10.874 (31.705)	3:42.010 (31.136)	4:12.334 (30.324)	
4	Noah Healy	SO Iowa	4:12.25	4:12.48	1
	32.621 (32.621)	1:04.567 (31.946)	1:36.650 (32.084)	2:08.296 (31.646)	
	2:39.577 (31.282)	3:10.934 (31.357)	3:41.453 (30.519)	4:12.474 (31.022)	

Black and Gold Premier - 1/31/2020 to 2/1/2020**Iowa Recreation Building****Results****....Men 1 Mile Run Premier**

5	Daniel Pederson	SR Marquette	4:13.42	4:12.90	1
	33.091 (33.091)	1:05.215 (32.124)	1:37.015 (31.800)	2:08.915 (31.901)	
	2:40.555 (31.640)	3:11.694 (31.139)	3:42.466 (30.772)	4:12.896 (30.431)	
6	Adam Breaux	SR Tulsa	4:12.00	4:13.39	1
	32.552 (32.552)	1:04.543 (31.991)	1:36.434 (31.892)	2:08.119 (31.685)	
	2:39.693 (31.575)	3:11.308 (31.615)	3:42.394 (31.086)	4:13.388 (30.995)	
7	Seb Gearhart	JR Northern Iowa	4:13.21	4:15.27	2
	32.651 (32.651)	1:04.224 (31.573)	1:35.422 (31.199)	2:07.577 (32.155)	
	2:39.099 (31.522)	3:10.047 (30.949)	3:43.174 (33.127)	4:15.266 (32.092)	
8	Pete Johnson	FR Tulsa	4:13.00	4:15.53	1
	32.897 (32.897)	1:04.949 (32.052)	1:36.924 (31.975)	2:08.703 (31.780)	
	2:40.290 (31.587)	3:11.968 (31.678)	3:43.532 (31.564)	4:15.529 (31.997)	
9	Ryan Burd	SR Marquette	4:21.14	4:15.72	3
	32.765 (32.765)	1:03.542 (30.778)	1:35.283 (31.741)	2:07.606 (32.323)	
	2:40.213 (32.607)	3:12.770 (32.557)	3:45.018 (32.248)	4:15.716 (30.699)	
10	Carter Lilly	Phillipines	4:10.00	4:15.87	1
	31.952 (31.952)	1:03.952 (32.001)	1:35.903 (31.951)	2:07.670 (31.767)	
	2:39.557 (31.888)	3:11.821 (32.264)	3:43.374 (31.553)	4:15.866 (32.492)	
11	Spencer Smith	Unattached	4:20.00	4:16.21	2
	33.627 (33.627)	1:05.563 (31.936)	1:36.823 (31.260)	2:08.682 (31.859)	
	2:40.668 (31.987)	3:12.063 (31.395)	3:44.525 (32.462)	4:16.208 (31.684)	
12	Andrew Kephart	FR Northern Iowa	4:17.00	4:16.81	2
	32.895 (32.895)	1:04.561 (31.667)	1:36.217 (31.656)	2:08.813 (32.596)	
	2:41.429 (32.617)	3:13.894 (32.465)	3:46.233 (32.339)	4:16.805 (30.573)	
13	Alec Hartman	Unattached	4:08.50	4:16.91	1
	32.196 (32.196)	1:04.330 (32.135)	1:35.635 (31.305)	2:07.307 (31.672)	
	2:38.829 (31.523)	3:11.240 (32.411)	3:43.658 (32.418)	4:16.902 (33.244)	
14	Chris Robertsson	Unattached	4:16.00	4:17.63	2
	33.585 (33.585)	1:05.270 (31.685)	1:36.806 (31.536)	2:08.989 (32.183)	
	2:41.211 (32.223)	3:13.518 (32.307)	3:45.182 (31.664)	4:17.630 (32.448)	
15	Danny Peterson	JR Marquette	4:18.08	4:17.91	2
	33.412 (33.412)	1:05.049 (31.638)	1:36.247 (31.198)	2:08.306 (32.060)	
	2:40.606 (32.300)	3:12.924 (32.318)	3:45.660 (32.736)	4:17.905 (32.245)	
16	Jeremy Bekkouche	JR Eastern Illinois	4:20.66	4:18.25	3
	33.225 (33.225)	1:04.123 (30.898)	1:35.576 (31.453)	2:07.929 (32.354)	
	2:40.408 (32.479)	3:13.034 (32.626)	3:45.270 (32.236)	4:18.242 (32.973)	
17	Maximilian O'Meara	SR Loyola (Ill.)	4:18.20	4:18.52	2
	33.766 (33.766)	1:05.800 (32.034)	1:36.844 (31.044)	2:08.871 (32.027)	
	2:40.918 (32.048)	3:12.475 (31.557)	3:45.358 (32.883)	4:18.511 (33.153)	
18	Miles Kanipe	JR Loyola (Ill.)	4:21.90	4:21.03	3
	33.821 (33.821)	1:05.243 (31.422)	1:37.106 (31.863)	2:09.927 (32.821)	
	2:43.536 (33.610)	3:17.621 (34.085)	3:51.050 (33.429)	4:21.026 (29.976)	
19	Cameron Arkesteyn	FR Loyola (Ill.)	4:20.12	4:21.79	3
	33.102 (33.102)	1:03.929 (30.827)	1:35.914 (31.985)	2:08.947 (33.034)	
	2:42.726 (33.779)	3:17.332 (34.607)	3:50.861 (33.529)	4:21.787 (30.926)	
20	Cade Ferron	FR Marquette	4:22.73	4:21.93	3
	33.649 (33.649)	1:04.810 (31.161)	1:36.496 (31.686)	2:09.458 (32.962)	
	2:43.183 (33.726)	3:17.694 (34.511)	3:51.285 (33.591)	4:21.923 (30.638)	
21	Josh Urban	JR Marquette	4:21.70	4:22.20	3
	33.494 (33.494)	1:04.352 (30.858)	1:36.332 (31.980)	2:09.249 (32.917)	
	2:42.964 (33.716)	3:17.533 (34.569)	3:51.429 (33.896)	4:22.191 (30.762)	
22	Ian Cummings	SO Loyola (Ill.)	4:25.63	4:23.94	4
	34.615 (34.615)	1:07.782 (33.167)	1:41.007 (33.225)	2:14.028 (33.021)	
	2:47.129 (33.102)	3:20.755 (33.626)	3:53.428 (32.673)	4:23.937 (30.510)	

Black and Gold Premier - 1/31/2020 to 2/1/2020**Iowa Recreation Building****Results****....Men 1 Mile Run Premier**

23	Kerry Gschwendtner	SR Bradley	4:23.37	4:23.96	3
	33.350 (33.350)	1:04.566 (31.216)	1:36.567 (32.001)	2:09.588 (33.021)	
	2:43.279 (33.692)	3:17.710 (34.431)	3:51.729 (34.019)	4:23.960 (32.231)	
24	Stephen Pipilas	SO Loyola (Ill.)	4:27.63	4:24.27	4
	34.451 (34.451)	1:07.675 (33.224)	1:41.547 (33.872)	2:15.670 (34.123)	
	2:49.144 (33.475)	3:22.785 (33.641)	3:54.908 (32.123)	4:24.270 (29.362)	
25	Matt Moravec	FR Marquette	4:27.00	4:24.49	4
	33.723 (33.723)	1:06.674 (32.952)	1:40.201 (33.527)	2:13.656 (33.455)	
	2:46.633 (32.977)	3:19.851 (33.218)	3:53.551 (33.700)	4:24.490 (30.939)	
26	Paolo Tiongson	JR Marquette	4:24.58	4:24.74	3
	33.918 (33.918)	1:05.553 (31.635)	1:38.373 (32.820)	2:11.931 (33.558)	
	2:46.000 (34.070)	3:20.424 (34.424)	3:54.110 (33.686)	4:24.734 (30.625)	
27	Jerik Embleton	SO Tulsa	4:13.00	4:24.87	1
	32.780 (32.780)	1:05.044 (32.264)	1:37.293 (32.249)	2:09.403 (32.111)	
	2:41.776 (32.373)	3:15.680 (33.905)	3:50.291 (34.611)	4:24.866 (34.575)	
28	Trevor Murphy	FR Eastern Illinois	4:25.00	4:25.22	3
	33.752 (33.752)	1:05.050 (31.298)	1:36.852 (31.802)	2:09.732 (32.880)	
	2:43.417 (33.686)	3:17.798 (34.381)	3:51.878 (34.080)	4:25.214 (33.336)	
29	Patrick Burns	SO Marquette	4:34.03	4:25.46	4
	33.951 (33.951)	1:06.946 (32.995)	1:40.250 (33.305)	2:13.361 (33.111)	
	2:46.401 (33.041)	3:20.197 (33.796)	3:53.823 (33.627)	4:25.454 (31.631)	
30	Jordan Janusiak	SO Marquette	4:31.41	4:26.00	4
	34.154 (34.154)	1:07.211 (33.057)	1:40.539 (33.329)	2:13.715 (33.176)	
	2:47.031 (33.316)	3:20.508 (33.477)	3:53.832 (33.325)	4:25.998 (32.166)	
31	Nick Chudzik	SO Loyola (Ill.)	4:27.54	4:26.34	4
	34.383 (34.383)	1:07.773 (33.390)	1:41.243 (33.470)	2:14.422 (33.180)	
	2:47.390 (32.968)	3:20.990 (33.600)	3:54.236 (33.246)	4:26.337 (32.101)	
32	Nick Trattner	Unattached	4:20.00	4:28.38	2
	33.815 (33.815)	1:06.015 (32.200)	1:37.211 (31.196)	2:09.627 (32.417)	
	2:43.141 (33.514)	3:17.934 (34.794)	3:53.199 (35.265)	4:28.377 (35.179)	
33	Scott Seymour	SR Bradley	4:17.40	4:28.48	2
	33.250 (33.250)	1:04.851 (31.602)	1:36.370 (31.519)	2:08.560 (32.190)	
	2:41.107 (32.548)	3:13.963 (32.856)	3:49.259 (35.296)	4:28.478 (39.220)	
34	Garret Hinson	Unattached	4:36.68	4:36.99	4
	34.247 (34.247)	1:07.446 (33.199)	1:40.836 (33.390)	2:14.622 (33.786)	
	2:49.295 (34.673)	3:24.141 (34.846)	3:59.957 (35.817)	4:36.988 (37.031)	
35	Chantz Visse	SO Loyola (Ill.)		4:37.77	4
	34.578 (34.578)	1:07.512 (32.934)	1:41.147 (33.635)	2:15.559 (34.412)	
	2:50.159 (34.601)	3:25.856 (35.697)	4:02.095 (36.239)	4:37.764 (35.670)	
--	Ben Potrykus	SR Bradley	4:13.16	DNF	1
	32.347 (32.347)	1:04.348 (32.002)	1:36.489 (32.141)	2:08.251 (31.762)	
	2:40.325 (32.074)				
--	Jon May	JR Bradley	4:29.40	DNS	4
--	Wes Heal	SR Loyola (Ill.)		DNS	4
--	Logan Murray	SO Northern Iowa	4:21.67	DNS	3
--	Alex Gill	SO Marquette	4:14.38	DNS	2
--	Wal Khat	SR Northern Iowa	4:10.62	DNS	1
--	Daniel Murphy	SR Iowa	4:10.36	DNS	1
--	Matthew Cavanaugh	SR Marquette	4:28.83	SCR	
--	Nolan Teubel	SR Iowa	4:00.00	SCR	
--	Shawn Kiptoo	FR Iowa Western CC	4:31.48	SCR	
--	Tyson Wieland	Runblaze Iowa	4:14.80	SCR	

Black and Gold Premier - 1/31/2020 to 2/1/2020**Iowa Recreation Building****Results****Men 3000 Meter Run Unseeded**

Meet: M 8:38.87 1/26/2019 Alex Jackson, Northern Iowa								
Name	Year	School	Seed	Finals	H#			
1 Malte Propp	FR	Tulsa	8:30.00	8:35.52M	2			
34.487 (34.487)	1:09.843 (35.356)	1:44.944 (35.101)	2:19.520 (34.576)					
2:54.837 (35.317)	3:30.739 (35.902)	4:07.085 (36.346)	4:42.978 (35.893)					
5:16.351 (33.373)	5:50.694 (34.343)	6:25.788 (35.094)	7:00.098 (34.310)					
7:35.109 (35.011)	8:06.479 (31.370)	8:35.519 (29.040)						
2 Demetri Panici	SR	Loyola (Ill.)	8:48.22	8:39.37	1			
33.826 (33.826)	1:11.787 (37.961)	1:47.180 (35.393)	2:21.966 (34.786)					
2:56.710 (34.744)	3:32.107 (35.397)	4:06.923 (34.816)	4:40.988 (34.065)					
5:15.547 (34.559)	5:49.971 (34.424)	6:25.962 (35.991)	7:01.433 (35.471)					
7:36.264 (34.831)	8:08.580 (32.316)	8:39.366 (30.786)						
3 Charlie Parrish	SO	Bradley	8:35.25	8:40.30	2			
34.393 (34.393)	1:09.677 (35.284)	1:44.424 (34.747)	2:19.176 (34.752)					
2:54.685 (35.509)	3:30.523 (35.838)	4:06.869 (36.346)	4:42.416 (35.547)					
5:16.531 (34.115)	5:51.086 (34.555)	6:26.261 (35.175)	7:01.157 (34.896)					
7:35.543 (34.386)	8:09.665 (34.122)	8:40.291 (30.626)						
4 Nathan Kolbus		Unattached	8:45.00	8:40.99	2			
35.403 (35.403)	1:10.737 (35.334)	1:45.556 (34.819)	2:19.962 (34.406)					
2:55.053 (35.091)	3:30.885 (35.832)	4:06.915 (36.030)	4:43.200 (36.285)					
5:16.923 (33.723)	5:51.308 (34.385)	6:26.227 (34.919)	7:00.893 (34.666)					
7:34.943 (34.050)	8:08.415 (33.472)	8:40.983 (32.568)						
5 Shawn Kiptoo	FR	Iowa Western CC	9:00.64	8:41.01	1			
33.890 (33.890)	1:12.081 (38.191)	1:47.028 (34.947)	2:21.660 (34.632)					
2:56.420 (34.760)	3:31.452 (35.032)	4:06.507 (35.055)	4:40.720 (34.213)					
5:14.898 (34.178)	5:49.815 (34.917)	6:25.396 (35.581)	7:00.713 (35.317)					
7:35.156 (34.443)	8:08.830 (33.674)	8:41.005 (32.175)						
6 Jack Franklin	SO	Bradley	8:33.00	8:42.06	2			
34.855 (34.855)	1:10.367 (35.512)	1:44.722 (34.355)	2:19.372 (34.650)					
2:54.961 (35.589)	3:30.685 (35.724)	4:07.051 (36.366)	4:42.726 (35.675)					
5:16.663 (33.937)	5:50.930 (34.267)	6:26.047 (35.117)	6:59.872 (33.825)					
7:34.821 (34.949)	8:08.969 (34.148)	8:42.057 (33.088)						
7 Kenny Wallace		Unattached	8:40.00	8:42.26	2			
34.675 (34.675)	1:10.051 (35.376)	1:45.176 (35.125)	2:19.594 (34.418)					
2:55.137 (35.543)	3:30.963 (35.826)	4:07.197 (36.234)	4:43.158 (35.961)					
5:17.699 (34.541)	5:52.285 (34.586)	6:26.656 (34.371)	7:01.403 (34.747)					
7:36.134 (34.731)	8:10.274 (34.140)	8:42.255 (31.981)						
8 Brett Davis	SO	Tulsa	8:43.93	8:42.47	2			
34.955 (34.955)	1:10.973 (36.018)	1:46.090 (35.117)	2:20.730 (34.640)					
2:56.064 (35.334)	3:31.785 (35.721)	4:07.917 (36.132)	4:44.166 (36.249)					
5:18.835 (34.669)	5:53.232 (34.397)	6:27.330 (34.098)	7:01.327 (33.997)					
7:35.703 (34.376)	8:09.159 (33.456)	8:42.465 (33.306)						
9 Stephen Pipilas	SO	Loyola (Ill.)	8:35.22	8:44.80	2			
34.795 (34.795)	1:10.187 (35.392)	1:45.266 (35.079)	2:19.824 (34.558)					
2:55.365 (35.541)	3:31.143 (35.778)	4:07.185 (36.042)	4:43.322 (36.137)					
5:17.965 (34.643)	5:52.569 (34.604)	6:28.118 (35.549)	7:04.352 (36.234)					
7:39.885 (35.533)	8:13.516 (33.631)	8:44.793 (31.277)						
10 Francesco Romano	SO	Eastern Illinois	8:30.00	8:46.49	2			
34.085 (34.085)	1:09.541 (35.456)	1:44.324 (34.783)	2:19.022 (34.698)					
2:54.601 (35.579)	3:30.335 (35.734)	4:06.649 (36.314)	4:42.456 (35.807)					
5:15.896 (33.440)	5:50.458 (34.562)	6:25.554 (35.096)	7:00.675 (35.121)					
7:36.002 (35.327)	8:12.132 (36.130)	8:46.485 (34.353)						

Black and Gold Premier - 1/31/2020 to 2/1/2020**Iowa Recreation Building****Results****...Men 3000 Meter Run Unseeded**

11 Tyler Lay	JR Eastern Illinois	8:50.00	8:46.82	1
34.122 (34.122)	1:11.607 (37.485)	1:46.588 (34.981)	2:21.241 (34.653)	
2:56.016 (34.775)	3:31.106 (35.090)	4:06.243 (35.137)	4:40.598 (34.355)	
5:15.291 (34.693)	5:50.297 (35.006)	6:26.482 (36.185)	7:02.715 (36.233)	
7:39.330 (36.615)	8:14.799 (35.469)	8:46.817 (32.018)		
12 Ian Cummings	SO Loyola (Ill.)	8:52.34	8:48.49	1
34.906 (34.906)	1:11.641 (36.735)	1:46.872 (35.231)	2:21.668 (34.796)	
2:56.296 (34.628)	3:31.396 (35.100)	4:06.491 (35.095)	4:40.446 (33.955)	
5:14.690 (34.244)	5:49.681 (34.991)	6:25.714 (36.033)	7:01.740 (36.026)	
7:38.240 (36.500)	8:15.120 (36.880)	8:48.483 (33.363)		
13 Tyson Wieland	Runblaze Iowa	8:33.57	8:49.90	2
35.063 (35.063)	1:10.639 (35.576)	1:45.736 (35.097)	2:20.362 (34.626)	
2:55.809 (35.447)	3:31.599 (35.790)	4:07.667 (36.068)	4:43.990 (36.323)	
5:18.597 (34.607)	5:52.851 (34.254)	6:27.611 (34.760)	7:02.812 (35.201)	
7:39.443 (36.631)	8:15.368 (35.925)	8:49.897 (34.529)		
14 Chantz Visse	SO Loyola (Ill.)	8:44.98	8:49.98	2
35.051 (35.051)	1:10.497 (35.446)	1:45.484 (34.987)	2:20.148 (34.664)	
2:55.615 (35.467)	3:31.393 (35.778)	4:07.473 (36.080)	4:43.736 (36.263)	
5:18.751 (35.015)	5:53.374 (34.623)	6:28.784 (35.410)	7:04.902 (36.118)	
7:40.956 (36.054)	8:16.762 (35.806)	8:49.971 (33.209)		
15 Nick Chudzik	SO Loyola (Ill.)	8:39.17	8:51.82	2
34.629 (34.629)	1:10.025 (35.396)	1:45.036 (35.011)	2:19.756 (34.720)	
2:55.185 (35.429)	3:31.055 (35.870)	4:07.337 (36.282)	4:43.460 (36.123)	
5:18.475 (35.015)	5:53.732 (35.257)	6:29.293 (35.561)	7:05.194 (35.901)	
7:41.166 (35.972)	8:17.100 (35.934)	8:51.813 (34.713)		
16 Matthew Cavanaugh	SR Marquette	8:48.00	8:53.30	1
34.390 (34.390)	1:11.819 (37.429)	1:47.314 (35.495)	2:22.262 (34.948)	
2:56.966 (34.704)	3:32.435 (35.469)	4:07.968 (35.533)	4:43.271 (35.303)	
5:19.793 (36.522)	5:56.161 (36.368)	6:32.643 (36.482)	7:08.947 (36.304)	
7:45.103 (36.156)	8:20.446 (35.343)	8:53.291 (32.845)		
17 Evan Mitchell	SO Bradley	8:35.50	8:53.42	2
34.233 (34.233)	1:09.465 (35.232)	1:44.204 (34.739)	2:18.912 (34.708)	
2:54.459 (35.547)	3:30.311 (35.852)	4:06.661 (36.350)	4:42.924 (36.263)	
5:18.187 (35.263)	5:53.776 (35.589)	6:30.536 (36.760)	7:07.428 (36.892)	
7:44.744 (37.316)	8:21.638 (36.894)	8:53.411 (31.773)		
18 Kolby Greiner	FR Bradley	8:45.50	8:53.51	2
35.437 (35.437)	1:10.933 (35.496)	1:45.824 (34.891)	2:20.562 (34.738)	
2:55.477 (34.915)	3:31.325 (35.848)	4:07.385 (36.060)	4:43.616 (36.231)	
5:18.369 (34.753)	5:53.498 (35.129)	6:29.325 (35.827)	7:05.820 (36.495)	
7:42.994 (37.174)	8:19.602 (36.608)	8:53.503 (33.901)		
19 Patrick Hetlage	FR Marquette	9:02.74	8:58.97	1
34.196 (34.196)	1:11.913 (37.717)	1:46.764 (34.851)	2:21.447 (34.683)	
2:56.206 (34.759)	3:31.234 (35.028)	4:06.185 (34.951)	4:40.220 (34.035)	
5:14.380 (34.160)	5:49.287 (34.907)	6:25.076 (35.789)	7:01.004 (35.928)	
7:38.777 (37.773)	8:19.138 (40.361)	8:58.970 (39.832)		
20 Drake Henrichs	SO Northern Iowa	8:49.69	9:00.22	1
34.610 (34.610)	1:12.708 (38.098)	1:48.322 (35.614)	2:22.989 (34.667)	
2:57.366 (34.377)	3:32.319 (34.953)	4:07.581 (35.262)	4:41.635 (34.054)	
5:16.513 (34.878)	5:52.795 (36.282)	6:30.674 (37.879)	7:09.015 (38.341)	
7:47.107 (38.092)	8:24.899 (37.792)	9:00.218 (35.319)		
21 Daniel Paper	Unattached	9:07.46	9:06.01	1
35.405 (35.405)	1:13.200 (37.795)	1:48.574 (35.374)	2:23.863 (35.289)	
2:59.152 (35.289)	3:34.992 (35.840)	4:11.266 (36.274)	4:48.219 (36.953)	
5:25.381 (37.162)	6:02.371 (36.990)	6:39.298 (36.927)	7:16.232 (36.934)	
7:53.300 (37.068)	8:30.007 (36.707)	9:06.010 (36.003)		

Black and Gold Premier - 1/31/2020 to 2/1/2020**Iowa Recreation Building****Results****....Men 3000 Meter Run Unseeded**

22	Patrick Leonard	FR Loyola (Ill.)	9:08.58	1
	34.734 (34.734)	1:12.808 (38.074)	1:48.066 (35.258)	2:23.369 (35.303)
	2:58.834 (35.465)	3:34.179 (35.345)	4:10.792 (36.613)	4:48.385 (37.593)
	5:26.268 (37.883)	6:03.034 (36.766)	6:40.677 (37.643)	7:18.864 (38.187)
	7:57.818 (38.954)	8:34.774 (36.956)	9:08.574 (33.800)	
23	Gavin Klein	SO Iowa Western CC	9:00.17	9:10.79 1
	35.044 (35.044)	1:13.074 (38.030)	1:47.918 (34.844)	2:22.150 (34.232)
	2:56.602 (34.452)	3:31.842 (35.240)	4:07.880 (36.038)	4:44.609 (36.729)
	5:23.325 (38.716)	6:02.118 (38.793)	6:40.000 (37.882)	7:17.770 (37.770)
	7:55.830 (38.060)	8:34.033 (38.203)	9:10.781 (36.748)	
24	Wes Heal	SR Loyola (Ill.)	9:13.46	9:18.93 1
	34.518 (34.518)	1:12.445 (37.927)	1:47.623 (35.178)	2:22.701 (35.078)
	2:57.650 (34.949)	3:33.056 (35.406)	4:09.757 (36.701)	4:47.966 (38.209)
	5:25.738 (37.772)	6:03.494 (37.756)	6:42.166 (38.672)	7:21.691 (39.525)
	8:01.556 (39.865)	8:40.703 (39.147)	9:18.928 (38.225)	
--	Sam McCool	SO Northern Iowa	8:50.00	DNS 1
--	Joe Carter	SR Eastern Illinois	8:44.95	DNS 2
--	David Holesinger	FR Northern Iowa	8:40.00	DNS 2
--	Blake Whalen	Runblaze Iowa	8:35.00	SCR

Men 3000 Meter Run Premier

Facility: F 7:54.13 2006 Chris Solinsky, Wisconsin
 Meet: M 8:08.04 1/28/2017 Jesse Reiser, Illinois
 Track: T 8:04.03 1/19/2019 Kieran Wood, Missouri

Name Year School Seed Finals

1	Emmanuel Champagne	JR Loyola (Ill.)	8:26.80	8:22.90
	33.230 (33.230)	1:07.014 (33.784)	1:40.626 (33.612)	2:14.296 (33.671)
	2:48.017 (33.721)	3:21.743 (33.726)	3:55.481 (33.738)	4:29.022 (33.541)
	5:03.196 (34.175)	5:37.147 (33.951)	6:11.865 (34.718)	6:46.120 (34.255)
	7:19.883 (33.763)	7:51.953 (32.070)	8:22.899 (30.946)	
2	Riley DeMeulenaere	SR Loyola (Ill.)	8:24.56	8:23.28
	32.945 (32.945)	1:06.514 (33.569)	1:40.051 (33.537)	2:13.643 (33.593)
	2:47.391 (33.748)	3:20.972 (33.581)	3:54.440 (33.468)	4:27.900 (33.460)
	5:01.241 (33.342)	5:35.003 (33.762)	6:09.366 (34.363)	6:44.300 (34.934)
	7:19.171 (34.872)	7:52.125 (32.954)	8:23.272 (31.147)	
3	Jay Welp	Unattached	8:27.12	8:23.76
	33.396 (33.396)	1:06.863 (33.467)	1:40.516 (33.653)	2:14.186 (33.671)
	2:47.767 (33.581)	3:21.534 (33.767)	3:55.244 (33.710)	4:28.818 (33.574)
	5:03.014 (34.197)	5:36.932 (33.918)	6:11.653 (34.721)	6:46.320 (34.667)
	7:20.081 (33.761)	7:52.758 (32.677)	8:23.751 (30.994)	
4	Jackson Schwartz	SO Tulsa	8:18.00	8:26.83
	32.822 (32.822)	1:06.409 (33.587)	1:39.838 (33.429)	2:13.421 (33.584)
	2:47.150 (33.729)	3:20.764 (33.614)	3:54.186 (33.423)	4:27.635 (33.449)
	5:01.009 (33.375)	5:34.784 (33.775)	6:09.130 (34.346)	6:44.236 (35.106)
	7:19.031 (34.796)	7:53.090 (34.059)	8:26.830 (33.740)	
5	Luke Hoffert	SR Bradley	8:29.13	8:31.27
	32.842 (32.842)	1:06.598 (33.756)	1:40.222 (33.624)	2:13.821 (33.600)
	2:47.602 (33.781)	3:21.168 (33.566)	3:54.758 (33.590)	4:28.321 (33.564)
	5:02.401 (34.080)	5:36.722 (34.321)	6:11.564 (34.842)	6:46.693 (35.129)
	7:21.710 (35.017)	7:56.428 (34.719)	8:31.270 (34.842)	

Black and Gold Premier - 1/31/2020 to 2/1/2020**Iowa Recreation Building****Results****....Men 3000 Meter Run Premier**

6	Blake Buysse	SO Loyola (Ill.)	8:29.90	8:36.66		
	33.668 (33.668)	1:07.671 (34.003)	1:41.320 (33.649)	2:15.250 (33.931)		
	2:48.964 (33.714)	3:22.509 (33.545)	3:56.175 (33.667)	4:29.977 (33.802)		
	5:04.511 (34.535)	5:39.454 (34.943)	6:15.157 (35.703)	6:50.823 (35.666)		
	7:25.882 (35.059)	8:02.031 (36.149)	8:36.657 (34.626)			
7	Matt Richtman	FR Bradley	8:29.60	8:39.22		
	33.122 (33.122)	1:07.109 (33.987)	1:40.784 (33.675)	2:14.696 (33.913)		
	2:48.585 (33.889)	3:22.576 (33.991)	3:56.380 (33.805)	4:29.550 (33.170)		
	5:03.477 (33.927)	5:37.972 (34.495)	6:13.230 (35.258)	6:49.618 (36.389)		
	7:26.708 (37.090)	8:04.068 (37.361)	8:39.215 (35.147)			
8	Alec Danner	SO Bradley	8:27.50	8:41.34		
	32.995 (32.995)	1:06.744 (33.749)	1:40.360 (33.616)	2:13.985 (33.626)		
	2:47.789 (33.804)	3:21.332 (33.543)	3:54.982 (33.650)	4:28.570 (33.588)		
	5:02.787 (34.218)	5:37.661 (34.874)	6:13.553 (35.892)	6:50.669 (37.116)		
	7:28.939 (38.271)	8:07.508 (38.569)	8:41.333 (33.825)			
9	Reed Sahadevan	JR Tulsa	8:25.00	8:43.06		
	33.416 (33.416)	1:07.400 (33.984)	1:40.707 (33.307)	2:14.520 (33.814)		
	2:48.366 (33.846)	3:22.183 (33.817)	3:56.423 (34.241)	4:31.250 (34.827)		
	5:06.956 (35.706)	5:43.453 (36.498)	6:19.955 (36.502)	6:56.694 (36.739)		
	7:33.276 (36.582)	8:09.386 (36.111)	8:43.052 (33.666)			
10	Derek Rink	SR Loyola (Ill.)	8:28.20	8:44.65		
	33.319 (33.319)	1:07.487 (34.168)	1:41.101 (33.614)	2:15.012 (33.911)		
	2:48.735 (33.724)	3:22.335 (33.600)	3:56.652 (34.318)	4:31.321 (34.669)		
	5:06.919 (35.598)	5:42.856 (35.938)	6:18.953 (36.097)	6:55.284 (36.332)		
	7:32.794 (37.510)	8:09.282 (36.489)	8:44.644 (35.362)			
11	Ben Wagoner	SO Bradley	8:27.18	8:54.89		
	33.205 (33.205)	1:07.237 (34.032)	1:40.927 (33.690)	2:14.802 (33.876)		
	2:48.510 (33.708)	3:21.993 (33.483)	3:56.282 (34.290)	4:31.130 (34.848)		
	5:07.116 (35.986)	5:43.943 (36.828)	6:20.994 (37.051)	6:58.484 (37.491)		
	7:37.458 (38.974)	8:16.699 (39.242)	8:54.881 (38.182)			
12	Karson Sommer	JR Iowa	8:20.17	9:00.42		
	32.770 (32.770)	1:04.247 (31.477)	1:37.152 (32.906)	2:10.256 (33.104)		
	2:43.937 (33.681)	3:18.322 (34.386)	3:53.327 (35.005)	4:28.125 (34.798)		
	5:03.987 (35.862)	5:41.427 (37.441)	6:20.451 (39.024)	7:00.957 (40.507)		
	7:42.018 (41.061)	8:21.913 (39.895)	9:00.412 (38.499)			
13	Dan Lathrop	Unattached	8:20.00	9:08.23		
	33.510 (33.510)	1:07.754 (34.244)	1:41.534 (33.780)	2:15.859 (34.326)		
	2:50.327 (34.468)	3:26.543 (36.216)	4:03.500 (36.957)	4:41.004 (37.504)		
	5:20.084 (39.080)	5:58.979 (38.895)	6:37.939 (38.960)	7:16.586 (38.647)		
	7:53.653 (37.068)	8:31.750 (38.097)	9:08.225 (36.475)			
--	Christian Baker	FR Tulsa	8:20.00	DNF		
	32.657 (32.657)	1:06.249 (33.592)	1:39.649 (33.400)	2:13.253 (33.605)		
	2:46.948 (33.695)	3:20.539 (33.592)	3:53.934 (33.395)	4:27.473 (33.539)		

Men 60 Meter Hurdles**8 Advance: Top 1 Each Heat plus Next 5 Best Times**

Facility: F 7.54 1/20/2018 Aries Merritt, Nike
 Meet: M 7.75 1/28/2017 Aaron Mallett, Iowa
 Track: T 7.54 1/20/2018 Aries Merritt, Nike

Name	Year	School	Seed	Prelims	H#
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Preliminaries

1	Jaheem Hayles	FR Iowa Central CC	7.91	7.94Q	2
2	Gratt Reed	FR Iowa	7.97	7.97Q	3

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....Men 60 Meter Hurdles

3	Anthony Williams	JR Iowa	7.88	8.11Q	1
4	Grant Conway	Unattached	7.98	8.02q	2
5	Logan Bristol	SR Minnesota State	8.09	8.13q	1 8.123
6	Josh Braverman	JR Iowa	7.97	8.13q	3 8.126
7	Emmanuel Niang	Unattached	8.19	8.15q	3
8	Riley Little	Unattached	8.28	8.18q	1
9	Peyton Haack	SO Iowa	8.11	8.20	2 8.191
10	Jack Summers	FR Northern Iowa	8.14	8.20	3 8.194
11	Jekeel Suber	SO Eastern Illinois	8.00	8.21	1
12	Will Daniels	SR Iowa	8.31	8.24	2
13	Joseph Keys	JR Marquette	8.25	8.29	2
14	Henry Visser	JR Tulsa	8.28	8.37	1
15	D'Monte Blanks	FR Minnesota State	8.51	8.55	3
16	Daniel Gaynes	Unattached		8.60	3
17	Kaleb Ambrose	SO Barton County CC	8.69	8.62	1
18	Mitchell Van Vooren	FR Marquette	8.61	8.65	1
19	Miguel Agyei	SO Bradley	8.73	8.69	2
20	Stenoree Allen	FR Eastern Illinois	8.59	8.75	2
21	Thai Thompson	FR Northern Iowa	8.89	8.98	3
22	Zack Butcher	FR Northern Iowa	9.15	9.07	3

Men 60 Meter Hurdles

Facility: F 7.54 1/20/2018 Aries Merritt, Nike
 Meet: M 7.75 1/28/2017 Aaron Mallett, Iowa
 Track: T 7.54 1/20/2018 Aries Merritt, Nike

Name	Year	School	Prelims	Finals
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Finals

1	Grant Conway	Unattached	8.02	7.89
2	Jaheem Hayles	FR Iowa Central CC	7.94	7.95
3	Gratt Reed	FR Iowa	7.97	7.98
4	Emmanuel Niang	Unattached	8.15	8.17 8.164
5	Logan Bristol	SR Minnesota State	8.13	8.17 8.166
6	Josh Braverman	JR Iowa	8.13	8.17 8.168
7	Riley Little	Unattached	8.18	8.34
--	Anthony Williams	JR Iowa	8.11	DNF

Men 4x400 Meter Relay Premier

Facility: F 3:07.54 1/20/2018 Iowa, Iowa
 C Hofacker, D Frye, B Garron, M Harris
 Meet: M 3:10.83 1/28/2017 Iowa, Iowa
 E Ogwo, C Hofacker, D Frye, M Harris
 Track: T 3:07.54 1/20/2018 Iowa, Iowa
 C Hofacker, D Frye, B Garron, M Harris

School	Seed	Finals	H#
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1	Barton County CC 'A'	3:08.20	3:13.32	1
	1) Caleb Boger FR			
	2) Davonte Burnett SO			
	3) Denzel Feagin FR			
	4) Jevon O'Bryant FR			
	47.834 (47.834)	1:36.019 (48.185)	2:24.766 (48.747)	3:13.316 (48.550)
2	Northern Iowa 'A'	3:12.00	3:13.98	1
	1) Tayshaun Cooper JR			
	2) Sven Van Den Bergh JR			

Black and Gold Premier - 1/31/2020 to 2/1/2020**Iowa Recreation Building****Results****....Men 4x400 Meter Relay Premier**

3) Isaiah Trousil JR	49.308 (49.308)	1:36.687 (47.380)	4) Dan Blocker JR	2:24.833 (48.146)	3:13.978 (49.145)
3 Iowa Western CC 'A'				3:13.85	3:15.94 1
1) Maurice Thompson FR			2) LeeAaron Berks FR		
3) Justen O'Brien FR	50.055 (50.055)	1:39.335 (49.280)	4) Shamar Deacon SO	2:27.819 (48.485)	3:15.937 (48.118)
4 Eastern Illinois 'A'				3:15.00	3:16.54 1
1) Damian Clay FR			2) Payton Powell SO		
3) Riley Baker SO	49.534 (49.534)	1:38.931 (49.397)	4) Ricky Johnson FR	2:27.544 (48.613)	3:16.536 (48.992)
5 Eastern Illinois 'B'				3:18.00	3:22.10 2
1) Tadiwanashe Mhonde JR			2) Anthony Bello SR		
3) James Allen SO	50.360 (50.360)	1:41.575 (51.215)	4) Adam Swanson FR	2:32.000 (50.425)	3:22.095 (50.095)
6 Northern Iowa 'B'				3:18.00	3:22.21 2
1) Thai Thompson FR			2) Zack Butcher FR		
3) Zach Krogmann SO	50.611 (50.611)	1:41.523 (50.912)	4) Hunter Lavallee JR	2:32.494 (50.971)	3:22.210 (49.717)
7 Minnesota State 'B'				3:19.00	3:23.28 2
1) Drew Lewison SO			2) Cornelius Bright SO		
3) Caden Hofacker FR	52.806 (52.806)	1:43.196 (50.390)	4) Kevin Andres FR	2:33.073 (49.877)	3:23.272 (50.199)
8 Loyola (Ill.) 'C'				3:26.00	3:23.59 3
1) Gift Chinda JR			2) Tyler Elmore JR		
3) Joe Reich JR	51.018 (51.018)	1:41.854 (50.836)	4) Adam Clayton SO	2:33.245 (51.391)	3:23.589 (50.344)
9 Barton County CC 'B'				3:20.50	3:25.70 3
1) Ajani Murdaugh FR			2) Deshaun Jones SO		
3) Aaron Camille SO	50.052 (50.052)	1:39.461 (49.409)	4) Jordan Graham FR	2:29.398 (49.937)	3:25.696 (56.299)
10 Marquette 'B'				3:22.00	3:25.86 3
1) Mitchell Van Vooren FR			2) Jeff Garbutt SO		
3) Ryan Neville JR	51.465 (51.465)	1:43.306 (51.841)	4) Derek Gross SR	2:34.748 (51.442)	3:25.852 (51.105)
11 Marquette 'A'				3:16.31	3:27.02 1
1) Kevin Sherwood JR			2) Zachariah Murray FR		
3) Brady Heller SO	51.868 (51.868)	1:43.422 (51.555)	4) Michael Oechsner JR	2:35.593 (52.171)	3:27.013 (51.420)
-- Tulsa 'B'				3:20.00	DNF 3
1) Mason Walters FR			2) Christian Baker FR		
3) Adam Breaux SR	51.589 (51.589)	1:40.691 (49.102)	4) Jerik Embleton SO	2:32.937 (52.246)	
-- Minnesota State 'A'				3:13.10	DNF 1
1) Marquan Wiesen SO			2) Leroy Kwateh JR		
3) Kyle Mason JR	50.513 (50.513)		4) Max DePrenger FR		
-- Loyola (Ill.) 'B'				3:22.40	DNS 3
-- Bradley 'A'				3:16.49	DNS 2
1) Scott Seymour SR			2) Joey Simon SO		
3) Alex Klinkner SO			4) Nick Porter SR		
-- Loyola (Ill.) 'A'				3:11.72	SCR
1) Tim Harris FR			2) Kevin White SR		
3) Patrick Leonard FR			4) Ayoub El-Ashmawi FR		
-- Tulsa 'A'				3:16.00	SCR
1) Kyran Lacy FR			2) Henry Visser JR		
3) Cameron Conyers SO			4) Mason Walters FR		

Black and Gold Premier - 1/31/2020 to 2/1/2020**Iowa Recreation Building****Results****Men High Jump**

Facility: F 2.25m 1997 Staffan Strand, Minnesota
 Meet: M 2.15m 1/26/2019 Daniel Armstrong, Marquette
 Track: T 2.22m 1/12/2019 Zack Anderson, South Dakota

Name	Year	School	Seed	Finals
1 Zack Pluff		Unattached	2.00m	2.05m 6-08.75
1.90 1.95 2.00 2.05 2.10				
O O O O XXX				
2 Cole Moeller		Unattached	2.00m	2.05m 6-08.75
1.85 1.90 1.95 2.00 2.05 2.10				
O O O O XXO XXX				
3 Cameron Cantrall		JR Northern Iowa	2.08m	2.00m 6-06.75
1.90 1.95 2.00 2.05				
O O XO XX				
4 Keith Keahna		Unattached	2.00m	1.95m 6-04.75
1.85 1.90 1.95 2.00				
O O O XXX				
4 Dino Beniariis		SR Loyola (Ill.)	2.00m	1.95m 6-04.75
1.85 1.90 1.95 2.00				
O O O XXX				
6 Owen Minshall		SO Northern Iowa	2.09m	1.95m 6-04.75
1.85 1.90 1.95 2.00				
O XXO XO XXX				
7 Harry Baker		SO Marquette	1.91m	1.95m 6-04.75
1.85 1.90 1.95 2.00				
O O XXO XXX				
8 Peyton Haack		SO Iowa	1.88m	1.95m 6-04.75
1.85 1.90 1.95 2.00				
XXO O XXO XXX				
9 Joseph Keys		JR Marquette	1.96m	1.90m 6-02.75
1.80 1.85 1.90 1.95				
XXO O XXO XXX				
10 Grant Kelchen		FR Northern Iowa	1.95m	1.90m 6-02.75
1.75 1.80 1.85 1.90 1.95				
O XO XXO XXO XXX				
11 Kaleb Ambrose		SO Barton County CC	1.75m	1.75m 5-08.75
1.75 1.80				
XO XXX				
-- Austin West		FR Iowa	1.95m	DNS
-- Daniel Armstrong		SR Marquette	2.21m	DNS
-- Jay Hunt		JR Iowa	2.16m	SCR
-- Deveyonn Brown		JR Minnesota State	2.15m	SCR
-- Logan Bristol		SR Minnesota State	1.95m	SCR

Men Pole Vault

Facility: F 5.70m 1/18/2020 KC Lightfoot, Baylor
 Meet: M 5.30m 1/26/2019 David Bell, South Florida
 Track: T 5.70m 1/18/2020 KC Lightfoot, Baylor

Name	Year	School	Seed	Finals
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Black and Gold Premier - 1/31/2020 to 2/1/2020**Iowa Recreation Building****Results****....Men Long Jump**

14	Robert Davis	Unattached	7.02m	6.77m	22-02.50	1
	6.77m FOUL FOUL					
15	Samuel Johnson	JR Marquette	7.20m	6.70m	21-11.75	2
	6.57m 6.52m 6.70m					
16	Joe Smith	SR Eastern Illinois	7.05m	6.41m	21-00.50	1
	FOUL FOUL 6.41m					
17	William Forbes	FR Minnesota State	6.89m	6.18m	20-03.50	1
	6.18m FOUL 6.08m					
--	Cooper Koenig	JR Iowa	7.25m	FOUL		2
	FOUL FOUL FOUL					

Men Triple Jump

Facility: F 16.35m 1/20/2018 Troy Doris, Guyana
 Meet: M 15.14m 1/26/2019 Joe Smith, Eastern Illinois
 Track: T 16.35m 1/20/2018 Troy Doris, Guyana

Name	Year	School	Seed	Finals	H#
1 James Carter	SO	Iowa	15.33m	14.86m	48-09.00
		FOUL 14.21m 14.86m 14.34m 14.71m 14.75m			
2 Joe Smith	SR	Eastern Illinois	15.43m	14.80m	48-06.75
		FOUL 14.79m 14.62m FOUL 14.76m 14.80m			
3 Gift Chinda	JR	Loyola (Ill.)	14.98m	14.78m	48-06.00
		14.78m 13.75m FOUL 14.38m FOUL FOUL			
4 Tyrone Treadwell	SO	Barton County CC	14.69m	14.11m	46-03.50
		14.03m 14.11m FOUL FOUL FOUL FOUL			
5 Colin James	FR	Barton County CC	14.22m	14.09m	46-02.75
		FOUL 13.97m FOUL FOUL FOUL 14.09m			
6 Cam Bauer	SO	Northern Iowa	14.02m	13.87m	45-06.25
		13.55m FOUL FOUL 13.24m 12.94m 13.87m			
7 Tobi Alabi	JR	Loyola (Ill.)	14.57m	13.87m	45-06.25
		FOUL FOUL 13.51m 13.87m FOUL 13.45m			
8 Chase Van Sant	SR	Northern Iowa	13.84m	13.44m	44-01.25
		13.44m FOUL FOUL 12.99m 13.05m FOUL			
9 Jefferson Osunkwo	SO	Marquette	13.90m	13.36m	43-10.00
		13.11m 13.36m FOUL 12.46m 12.70m FOUL			
10 Diego Villalobos	FR	Loyola (Ill.)	14.01m	13.30m	43-07.75
		13.30m FOUL FOUL			
11 Kevin Szczepaniec	FR	Loyola (Ill.)	14.02m	13.29m	43-07.25
		FOUL FOUL 13.29m			
12 Owen Minshall	SO	Northern Iowa	13.74m	13.26m	43-06.00
		FOUL 13.26m 12.78m			
--	Robert Davis	Unattached	13.91m	DNS	

Men Shot Put

Facility: F 20.72m 1/17/2020 Nicholas Ponzio, VelassaTC/Garage Strengt
 Meet: M 18.52m 1/28/2017 Avery Meyers, Iowa
 Track: T 20.72m 1/17/2020 Nicholas Ponzio, VelaasaTC/Garage

Name	Year	School	Seed	Finals	H#
1 Darius King	JR	Northern Iowa	19.58m	18.37m	60-03.25 2
		FOUL FOUL 17.84m FOUL 18.37m FOUL			
2 Keegan Tritle	SR	Northern Iowa	19.02m	17.98m	59-00.00 2
		16.96m 17.98m FOUL FOUL 17.58m FOUL			

Black and Gold Premier - 1/31/2020 to 2/1/2020**Iowa Recreation Building****Results****....Men Shot Put**

3	Tom Yezek		JR Northern Iowa	17.35m	17.22m	56-06.00	2
	16.88m	FOUL	17.22m	FOUL	FOUL	FOUL	
4	Kyler Yodts		SR Northern Iowa	18.50m	17.02m	55-10.25	2
	16.63m	FOUL	16.72m	16.68m	FOUL	17.02m	
5	William Blaser		SO Northern Iowa	17.23m	16.52m	54-02.50	2
	FOUL	14.72m	16.52m	FOUL	16.19m	16.12m	
6	Dawson Ellingson		Unattached	16.00m	16.15m	53-00.00	2
	15.90m	15.99m	15.94m	16.15m	15.58m	15.77m	
7	Jordan Johnson		FR Iowa	15.54m	16.14m	52-11.50	2
	16.14m	16.07m	15.73m	FOUL	FOUL	FOUL	
8	Logan Carroll		SO Barton County CC	15.33m	15.45m	50-08.25	1
	14.47m	15.31m	FOUL	15.22m	15.45m	14.92m	
9	Johnie Jean-Jacques		SO Iowa Western CC	15.99m	15.42m	50-07.25	2
	15.03m	14.89m	14.55m	FOUL	15.20m	15.42m	
10	Cam Jones		Unattached	15.15m	14.40m	47-03.00	1
	FOUL	14.14m	14.40m				
11	Bradley Olysav		FR Eastern Illinois	14.80m	13.57m	44-06.25	1
	FOUL	13.57m	FOUL				
12	Fred Moudani		FR Barton County CC	15.51m	13.02m	42-08.75	1
	FOUL	13.02m	FOUL				
13	Austin West		FR Iowa	11.34m	12.81m	42-00.50	1
	11.95m	11.53m	12.81m				
14	Will Daniels		SR Iowa	14.00m	12.58m	41-03.25	1
	12.32m	12.17m	12.58m				
--	Nicholas Phillips		SR Eastern Illinois	14.93m	FOUL		1
	FOUL	FOUL	FOUL				
--	Alan De Falchi		FR Barton County CC	14.79m	DNS		1

Men Weight Throw

Facility: F 21.66m 1/18/2019 Vlad Pavlenko, Iowa State

Meet: M 21.41m 1/27/2017 Riley Budde, Wisconsin

Track: T 21.66m 1/18/2019 Vlad Pavlenko, Iowa State

Name Year School Seed Finals

1	Phillipe Barnett		SO Barton County CC	19.38m	19.84m	65-01.25
	FOUL	17.86m	19.30m	FOUL	19.84m	FOUL
2	Kyler Yodts		SR Northern Iowa	19.16m	18.70m	61-04.25
	18.60m	18.70m	FOUL	18.26m	18.68m	FOUL
3	Darius King		JR Northern Iowa	18.52m	18.32m	60-01.25
	18.32m	18.32m	FOUL	FOUL	FOUL	18.13m
4	Nicholas Phillips		SR Eastern Illinois	18.46m	17.80m	58-04.75
	FOUL	FOUL	17.80m	FOUL	FOUL	FOUL
5	Jordan Hawkins		FR Iowa	17.28m	17.53m	57-06.25
	16.38m	17.30m	17.53m	FOUL	FOUL	17.40m
6	Fabio Hessling		FR Barton County CC	17.50m	17.11m	56-01.75
	FOUL	16.19m	FOUL	17.11m	16.28m	FOUL
7	Jordan Johnson		FR Iowa	16.74m	16.71m	54-10.00
	16.43m	16.71m	FOUL	FOUL	FOUL	16.38m
8	Vinnie Voudrie		SO Marquette	16.71m	16.40m	53-09.75
	15.91m	16.40m	FOUL	FOUL	16.24m	FOUL
9	Cam Jones		Unattached	16.25m	16.36m	53-08.25
	15.81m	15.85m	FOUL	16.36m	FOUL	FOUL