



# IOWA HAWKEYES

## WOMEN'S GYMNASTICS

### 2020 SCHEDULE

All times are Central standard and subject to change

1.3		Georgia, Oregon St., Bridgeport Orlando, Florida	3/4 192.700
1.11		Air Force, Ball St. Iowa City, Iowa	4 p.m.
1.19		at Maryland College Park, Md.	11 a.m.
1.25		at Penn State State College, Pa.	3 p.m.
2.1		vs. Michigan St. Iowa City, Iowa	7 p.m.
2.8		at Minnesota Minneapolis, Minn.	6 p.m.
2.14		vs. Michigan Iowa City, Iowa	6 p.m.
2.21		at Big Five Meet Toledo, Ohio	6 p.m.
3.6		at Iowa State Ames, Iowa	6:30 p.m.
3.8		West Virginia Iowa City, Iowa	1 p.m.
3.13		vs. Western Mich. Iowa City, Iowa	6 p.m.
3.15		at California Berkeley, Calif.	3 p.m.
3.21		B1G Championships Columbus, Ohio	TBA
4.2		NCAA Regionals TBA	TBA
4.17		NCAA Championships St. Louis, Mo.	TBA

### FOLLOW THE HAWKEYES



@IowaGymnastics



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@IowaGymnastics

### WEEK 2



Opponent ..... Air Force Amademy,  
Ball State University  
Date ..... January 11, 2020  
Time ..... 4:00 p.m. (CT)  
Live Stats ..... hawkeyesports.com/wgymlive  
Live Streaming ..... BTN+  
Location ..... Iowa City, Iowa



### THIS WEEK

The University of Iowa women's gymnastics team makes its 2020 debut against Air Force and Ball State on Jan. 11 at 4 p.m. (CT) inside Carver-Hawkeye Arena. The competition is dedicated as a Pink Meet (Breast Cancer Awareness). Fans are encouraged to wear pink.

### WATCH/FOLLOW LIVE

- Live stats throughout the season can be found on the women's gymnastics schedule page on hawkeyesports.com
- Follow along with updates from @Iowagymnastics on Twitter.

### SEASON TICKETS

- Season tickets are available at hawkeyesports.com/tickets, by calling 1-800-IA-HAWKS, or at the UI Athletics Ticket Office at the north entrance of Carver-Hawkeye Arena.
- Season tickets are \$30 and all seating is general admission. Youth ages 18 and under and UI students receive free admission to all regular season home meets.

### SCOUTING AIR FORCE

- The Falcons finished the 2019 season ranked No. 53 in the country.
- Last season, the Falcons recorded a team score, 195.725, to win first-ever MPSF Championship title.
- Air Force set season-high scores on the bars and floor exercise, posting 49.000 in each event.
- Nationally, Air Force is ranked No. 47 for vault, No. 45 on beam, and No. 53 on bars.
- The Falcons are led by head coach Andi Dolinsky-Webb, her first season as head coach for the Falcons

### SCOUTING BALL STATE

- The Cardinals finished the 2019 season ranked No. 45, according to Road to Nationals.
- The Cardinals tallied ten wins and three gymnasts competed at an NCAA Regional in 2019.
- Ball State captured three wins over North Carolina, Michigan State, and Rutgers with a young team (six freshmen and sophomores) competing regularly.
- The Cardinals are led by head coach Joanna Saleem, entering her seventh season at Ball State.

## Big Ten Conference Rankings

Team	Overall		Big Ten	
	W-L-T	Pct.	W-L-T	Pct.
1. Illinois	0-0-0	.000	2-0-0	1.000
2. Iowa	0-0-0	.000	1-2-0	.333
3. Maryland	0-0-0	.000	0-0-0	.000
Michigan	0-0-0	.000	0-0-0	.000
Minnesota	0-0-0	.000	0-0-0	.000
Ohio State	0-0-0	.000	0-0-0	.000
Rutgers	0-0-0	.000	0-0-0	.000
Michigan St.	0-0-0	.000	0-1-0	.000
Nebraska	0-0-0	.000	0-1-0	.000
Penn State	0-0-0	.000	0-3-0	.000

### 2020 BIG TEN GYMNASTS TO WATCH LIST

Illinois	Karen Howell, Sr. Mia Takekawa, Fr.
<b>Iowa</b>	<b>JerQuavia Henderson, Fr.</b> <b>Clair Kaji, Sr.</b>
Maryland	Audrey Barber, Jr. Collea Burgess, Jr.
Michigan	Sierra Brooks, Fr. Gabby Wilson, Fr.
Michigan State	Lea Mitchell, Jr. Nyah Smith, Fr.
Minnesota	Ona Loper, Jr. Lexy Ramler, Jr.
Nebraska	Adnerys De Jesus, So. Taylor Houchin, Sr.
Ohio State	Colby Miller, So. Jenna Swartzentruber, Jr.
Penn State	Lauren Bridgens, Jr. Cassidy Rushlow, Fr.
Rutgers	Belle Huang, Jr. Hannah Joyner, Fr.

### 2020 BIG TEN GYMNASTS OF THE WEEK

#### Week 1 Gymnast of the Week:

Illinois	Mia Takekawa, Fr.
Penn State	Alissa Bonsall, Jr.

### 2020 NATIONAL RANKINGS (as of Jan. 6)

Rank	Team	High
1.	Oklahoma	197.350
2.	Denver	196.700
3.	UCLA	196.575
4.	Utah	196.425
5.	California	196.200
6.	Illinois	195.850
7.	LSU	195.725
8.	Missouri	195.600
9.	Stanford	195.475
10.	Kentucky	195.350
11.	Western Michigan	195.275
12.	Georgia	195.100
13.	Arizona	195.025
14.	Arizona St.	194.675
15.	Oregon St.	194.450
16.	Auburn	194.375
17.	Penn State	193.500
18.	New Hampshire	193.400
<b>19.</b>	<b>Iowa</b>	<b>192.700</b>
20.	Michigan St.	191.850
21.	UC Davis	191.825
22.	S.E. Missouri	191.275
23.	Sacramento St.	191.275
24.	Bridgeport	189.300
25.	Illinois State	189.050

## GYMHAWK 2019 HIGHLIGHTS

- Larissa Libby concluded her 15th season as head coach at Iowa and her 19th year overall.
- Iowa returns first team All-Big Ten honoree, Clair Kaji for her senior season, along with second team All-Big Ten honoree, sophomore Lauren Guerin.
- The Hawkeyes wrapped up their 2019 season at the NCAA Corvallis Regional with a score of 194.775, placing fourth in session two, but did not advance to the Regional final.
- Iowa scored a season high 196.450 at Elevate the Stage/Big Five Meet on Feb. 22, 2019.
- The GymHawks scored 195.400 versus Illinois on Feb. 16, scoring a 49.200 on bars and a season high of 49.400 on floor.
- At the Big Ten Championships, the GymHawks finished sixth with a team score of 196.075.
- Iowa finished the season ranked No. 31 overall in the final Road to Nationals Poll.

## FRESH SIX

- The GymHawks add six freshmen to the 2020 season: Ariana Agrapides, Dani Castillo, JerQuavia Henderson, Ellie Rogers, Madelyn Solomon, and Allyson Steffensmeier.
- Agrapides is from Bayville, NJ and trained at Premier Gymnastics. She finished her high school career as 2019 State vault, floor, and all-around champion.
- Castillo is a Miami, Florida, native who competed at American Twister's under coaches Gary Anderson and Christy Ramirez. She won the Region 8 all-around Championships (38.375) and was the state runner up during the 2019 season.
- Henderson comes from Peoria, Illinois, and trained at Gym Corner. In 2019, Henderson placed third in all-around at level 6/9/10 State Championship and was named Peoria Journal Star's 2018 Central Illinois Best of Preps: Gymnast of the Year.
- Rogers -- a native of Spotsylvania, Virginia -- trained at Paragon Gymnastics. She was a regionals qualifier sophomore-senior year.
- Solomon comes from Waterloo, Iowa where she was trained by Kevin Crowley. Solomon was awarded United States Marines Distinguished Female Athletic Excellence Award in 2019.
- Steffensmeier -- a native of Cedar Rapids, Iowa -- rounds out the newcomers. She qualified for Junior Nationals three out of four years. In 2019, Steffensmeier claimed first place at Regionals in all-around with a score of 37.259.

## UP NEXT

- The GymHawks travel to College Park, Maryland to take on the Terrapins on January 19, 2020 at 11 a.m. (CT)
- Live results will be available at [hawkeyesports.com/wgymlive](http://hawkeyesports.com/wgymlive).



## 2019 National Rankings

Rank	Team	NQS	High
1.	Oklahoma	396.590	198.325
2.	LSU	395.310	198.175
3.	UCLA	396.085	198.400
4.	Denver	394.920	197.775
5.	Michigan	394.595	197.750
6.	Oregon State	393.525	197.450
7.	Utah	394.785	198.025
8.	Georgia	395.365	197.525
9.	Kentucky	394.685	197.525
10.	Florida	394.460	198.025
11.	California	394.300	197.575
12.	Alabama	394.215	197.350
13.	Minnesota	393.785	197.500
14.	Nebraska	393.300	197.675
15.	Boise State	392.800	197.175
16.	Aburn	392.420	197.100
17.	Missouri	393.010	196.800
18.	Arkansas	392.555	197.000
19.	Washington	392.405	196.975
20.	Iowa State	392.330	196.700
21.	BYU	392.120	197.000
22.	Stanford	392.070	196.525
23.	Illinois	391.980	196.650
24.	Penn State	391.820	196.775
25.	Arizona State	391.745	196.625
26.	Southern Utah	391.395	196.575
27.	West Virginia	391.270	196.425
28.	North Carolina St.	391.115	196.400
29.	Ohio State	390.715	196.850

## PROJECTED LINEUP

### VAULT

- Alex Greenwald
  - Madelyn Solomon
  - Ariana Agrapides
  - Bridget Killian
  - Allyson Steffensmeier
  - Lauren Guerin
- Ex: Erin Castle

### BALANCE BEAM

- Allie Gilchrist
  - Dani Castillo
  - Bridget Killian
  - Mackenzie Vance
  - Clair Kaji
  - Lauren Guerin
- Ex: Allyson Steffensmeier

### UNEVEN BARS

- Carina Tolan
  - Ellie Rogers
  - Alex Greenwald
  - Mackenzie Vance
  - Clair Kaji
  - Allyson Steffensmeier
- Ex: Erin Castle/Bridget Killian

### FLOOR EXERCISE

- Alex Greenwald
  - Allie Gilchrist
  - Ariana Agrapides
  - Bridget Killian
  - Erin Castle
  - Lauren Guerin
- Ex: Madelyn Solomon

## 2020 ROSTER

Name	Events	Yr.	Hometown
Ariana Agrapides	All-Around	Fr.	Bayville, NJ.
Dani Castillo	All-Around	Fr.	Miami, Fla.
Erin Castle	All-Around	Jr.	Boone, Iowa
Allie Gilchrist	V, BB, FX	So.	Norwalk, Iowa
Alex Greenwald	All-Around	So.	Coral Springs, Fla.
Lauren Guerin	V, BB, FX	So.	Austin, Texas
JerQuavia Henderson	All-Around	Fr.	Peoria, Illinois
Clair Kaji	UB, BB, FX	Sr.	Vancouver, Canada
Maddie Kampschroeder	UB, BB, FX	Jr.	Overland Park, Kan.
Bridget Killian	All-Around	So.	Wheaton, Ill.
Gina Leal	All-Around	Sr.	Glastonbury, Conn.
Ellie Rogers	All-Around	Fr.	Spotsylvania, Va.
Ashley Smith	All-Around	Jr.	Jacksonville, Fla.
Madelyn Solomon	V, BB, FX	Fr.	Waterloo, Iowa
Allyson Steffensmeier	All-Around	Fr.	Cedar Rapids, Iowa
Carina Tolan	All-Around	So.	Tinley Park, Ill.
Mackenzie Vance	All-Around	So.	Buda, Texas

Head Coach: Larissa Libby (16th Season)  
 Assistant Coach: Vince Smurro (Fourth Season)  
 Graduate Assistant: Ryan Ruckdaschel  
 Student Coach: Charlotte Sullivan

Assistant Coach: Jennifer Green (Sixth Season)  
 Athletic Trainer: Emily Link  
 Student Manager: Carter Dochterman, Rachel David



# TEAM SCHOOL RECORDS

## VAULT

1.	49.525	..... at Utah	2004
2.	49.450	..... at Maryland	2004
3.	49.400	..... at Illinois	2003
4.	49.375	..... vs. Iowa State	2013
	49.375	..... vs. NC State	2004

## UNEVEN BARS

1.	49.425	..... NCAA Regionals	2016
	49.425	..... vs. Illinois State	2001
3.	49.3750	..... at Big Five Meet	2019
4.	49.350	..... vs. Iowa State	2003
	49.350	..... at Minnesota	2003

## BALANCE BEAM

1.	49.600	..... NCAA Regionals	2017
2.	49.425	..... at Illinois State	2004
3.	49.400	..... B1G Championships	2017
4.	39.375	..... at Ohio State	2017
5.	49.350	..... at Southern Utah	2003
	49.350	..... at Illinois	2001

## FLOOR EXERCISE

1.	49.550	..... vs. Iowa State	2004
2.	49.525	..... vs. Iowa State	2017
3.	49.475	..... at Maryland	2004
	49.475	..... vs. Michigan	2004
5.	49.450	..... vs. Minnesota	2004
	49.450	..... at Washington	2004

## TEAM SCORES

1.	197.150	..... at Maryland	2004
2.	196.900	..... at Washington	2004
3.	196.850	..... at B1G Champs	2003
4.	196.800	..... at Illinois	2003
5.	196.775	..... vs. NC State	2004

# INDIVIDUAL SCHOOL RECORDS

## VAULT

1.	Stephanie Gran	10.0 (3x)	2001-03
	Kim Baker	10.0 (2x)	1996
3.	Alexis Maday	9.975 (2x)	2004
	Stephanie Gran	9.975	2004
5.	Mollie Drenth	9.950	2016
	Stephanie Gran	9.950 (4x)	2001-04
	Alexis Maday	9.950 (4x)	2002-04
	Kortny Williamson	9.950 (2x)	2004
9.	<b>Lauren Guerin</b>	<b>9.925</b>	<b>2020</b>
	Mollie Drenth	9.925 (2x)	2016
	Houry Gebeshian	9.925	2011
	Stephanie Gran	9.925 (3x)	2004
	Kortny Williamson	9.925	2004
	Alexis Maday	9.925	2001
	Kim Baker	9.925	1995

## UNEVEN BARS

1.	Alexis Maday	9.975 (3x)	2004
2.	Angel Metcalf	9.950	2017
	Alexis Maday	9.950 (9x)	2002-04
	Annie Rue	9.950	2003
	Giselle Boniforti	9.950 (3x)	1998, 2000
6.	Angel Metcalf	9.925	2017
	Melissa Zurawski	9.925	2017
	Charlotte Sullivan	9.925	2017
	Mollie Drenth	9.925	2015
	Sydney Hoerr	9.925 (2X)	2013, 2015
	Alexis Maday	9.925 (6x)	2001-04
	Annie Rue	9.925	2002
	Giselle Boniforti	9.925 (4x)	1998-01

## BALANCE BEAM

1.	Janna Alexandrova	9.975 (2x)	2001-02
2.	Mollie Drenth	9.950	2017
	Angel Metcalf	9.950	2017
	Clair Kaji	9.950	2017
	Houry Gebeshian	9.950	2010
	Alexis Maday	9.950	2004
7.	Mollie Drenth	9.925 (3x)	2016-17
	Angel Metcalf	9.925	2017
	Nikki Youd	9.925 (2x)	2017

## BALANCE BEAM (CONT.)

7.	Angel Metcalf	9.925	2017
	Nikki Youd	9.925 (2x)	2017
	Rebecca Simbhudas	9.925	2009
	Rebecca Simbhudas	9.925	2009
	Stephanie Gran	9.925 (2x)	2004
	Janna Alexandrova	9.925 (3x)	2001-03
	Janna Alexandrova	9.925 (3x)	2001-03
	Kelley Kello	9.925 (2x)	2002

## FLOOR EXERCISE

1.	Alexis Maday	9.975 (2x)	2001, 04
	Stephanie Gran	9.975	2004
3.	Lanie Snyder	9.950	2017
	Kim Baker	9.950	1996
	Jessa Hansen	9.950	2011
	Jenifer Simbhudas	9.950	2008
	Alexis Maday	9.950 (6x)	2001-04
	Stephanie Gran	9.950 (6x)	2003-04
	Liz Grajewski	9.950	2004
10.	Clair Kaji	9.925	2017
	Lanie Snyder	9.925	2017
	Alie Glover	9.925	2016
	Sydney Hoerr	9.925 (2x)	2015
	Jessa Hansen	9.925	2011
	Jenifer Simbhudas	9.925 (2x)	2009
	Alexis Maday	9.925 (9x)	2001-04
	Stephanie Gran	9.925 (9x)	2001-04
	Kortny Williamson	9.925	2004

## ALL-AROUND

1.	Alexis Maday	39.750	2004
2.	Alexis Maday	39.675	2004
3.	Alexis Maday	39.650 (5x)	2001-04
	Stephanie Gran	39.650	2004
5.	Alexis Maday	39.625	2002
6.	Alexis Maday	39.600	2001
	Stephanie Gran	39.600	2004
8.	Stephanie Gran	39.575	2004
9.	Alexis Maday	39.550 (2x)	2003-04
	Stephanie Gran	39.550	2004



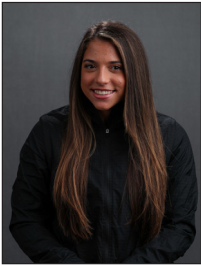




# IOWA HAWKEYES

## WOMEN'S GYMNASTICS

### 2020 ROSTER



Ariana Agrapides  
Fr.  
Bayville, NJ



Dani Castillo  
Fr.  
Miami, Fla.



Erin Castle  
Jr.  
Boone, Iowa



Allie Gilchrist  
So.  
Norwalk, Iowa



Alex Greenwald  
So.  
Coral Spring, Fla.



Lauren Guerin  
So.  
Austin, Texas



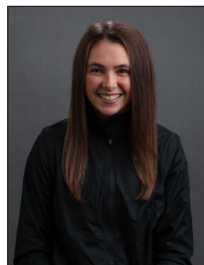
Jerquavia Henderson  
Fr.  
Peoria, Illinois



Clair Kaji  
Sr.  
Vancouver,



Maddie Kampschroeder  
Jr.  
Overland Park, Kan.



Bridget Killian  
So.  
Wheaton, Ill.



Gina Leal  
Sr.  
Glastonbury, Conn.



Ellie Rogers  
Fr.  
Spotsylvania, VA



Ashley Smith  
Jr.  
Jacksonville, Fla.



Madelyn Solomon  
Fr.  
Waterloo, Iowa



Allyson Steffensmeier  
Fr.  
Cedar Rapids, Iowa



Carina Tolan  
So.  
Tinley Park, Ill.



Mackenzie Vance  
So.  
Buda, Texas.



Larissa Libby  
Head Coach  
16th Season



Jennifer Green  
Assistant Coach  
6th Season



Vince Smurro  
Assistant Coach  
4th Season



Ryan Ruckdaschel  
Graduate  
Assistant



Carter Dochterman  
Manager



Rachel David  
Manager



Charlotte Sullivan  
Student Coach