

IOWA HAWKEYES

University of Iowa Athletic Communications



WOMEN'S ROWING WEEKLY RELEASE

May 22, 2018

2018 SCHEDULE

All times are Central and subject to change

3/31	Pac-12 Invitational	11 a.m. (CT)
4/1	Pac-12 Invitational	11 a.m. (CT)
4/7	Michigan State, Michigan	8 a.m. (CT)
4/14	Princeton, Yale	8 a.m. (CT)
4/28	Longhorn Invite	8 a.m. (CT)
5/13	Big Ten Championships*	8 a.m. (CT)
5/25	NCAA Championship^	All Day
5/26	NCAA Championship^	All Day
5/27	NCAA Championship^	All Day

*Bloomington, Indiana
^Sarasota, Florida

CRCA/US ROWING COACHES RANKINGS

Rank	Team (First Place Votes)	Points
1	University of Washington (1)	488
2	University of California at Berkeley (24)	487
3	University of Texas	399
4	The Ohio State University	393
5	Stanford University	374
6	University of Michigan	336
7	University of Virginia	335
8	University of Iowa	317
9	Yale University	307
10	Brown University	305
11	Princeton University	288
12	University of Southern California	235
13	University of Wisconsin	219
14	Indiana University	185
15	Washington State University	141
16	Harvard University	114
17	University of Notre Dame	69
18	Duke University	57
19	University of Pennsylvania	44
20	Michigan State University	40

Others Receiving Votes: Syracuse University (28), University of Oklahoma (28), University of Louisville (23), University of California at Los Angeles (15), Oregon State University (12), Dartmouth College (3), Gonzaga University (3), University of Alabama (3), University of Minnesota (2).

THIS WEEK

The No. 8 University of Iowa women's rowing team competes at the 2018 NCAA Rowing Championships this weekend at Nathan Benderson Park in Sarasota, Florida. The three-day competition begins Friday at 8 a.m. (CT). The semifinals are Saturday at 7:12 a.m. and the finals begin Sunday at 7:12 a.m. The Division I NCAA awards ceremony begins Sunday at 11 a.m.

NCAA HISTORY

The Hawkeyes are making their third NCAA appearance in school history. Iowa first advanced to nationals in 2001, placing ninth overall. In 2017, the Hawkeyes ended a 16-year postseason drought, earning an at-large berth to the NCAA Championships and placing 15th overall.

RACE STRUCTURE

Friday's opening round consists of the I Eight, II Eight, and I Four heats, and the I Eight, II Eight, and I Four repechages. Iowa is seeded No. 7 in the I Eight, No. 8 in the II Eight, and No. 14 in the I Four.

Depending on their results in those races, the Hawkeyes will move on to either repechage races later Friday and/or semifinal races on Saturday, May 27. Finals are Sunday, May 28.

Iowa's I Eight crew opens in Heat 2 (lane 4) against Navy, USC, Stanford, and Washington State at 8:12 a.m. (CT).

The II Eight is in Heat 1 (lane 4) against Northeastern, USC, Washington, and Syracuse at 8:48 a.m.

The I Four crew faces Navy, Indiana, Ohio State, Yale, and Jacksonville in Heat 3 (lane 5) beginning at 10 a.m.

The semifinals for all boat classes are Saturday. The Grand final, Petite final, C final, and D final Sunday. An explanation of race progressions can be found below.

RACE PROGRESSIONS

Format	Four heats, two repechages, two semifinal A-B and two semifinals C-D.
Heats	Top two crews advance to A-B semifinals, the remainder advance to the repechages.
Repechages	Two seven-boat repechages. Top two crews advance to A-B semifinals, remainder to C-D semifinals.
Advancement	Top three crews from semifinals A-B advance to Grand Final, remainder to Petite Final. Top three crews from semifinals C-D advance to C Final, remainder advance to D Final.

FOLLOW ALONG

The NCAA Championships are streamed live at ncaa.com/liveschedule. Links to live streaming and live results will be posted on the rowing schedule page at hawkeyesports.com. A member of the Iowa rowing staff will offer interactive Twitter content live at the NCAA Championships via @iowarowing. This feature gives Hawkeye fans the opportunity to stay up to date on the latest news and scores during the regattas.

IV8 NCAA HISTORY

Ashley Duda, Izzy Dolba, Kaelynn Heiberg, and Eve Stewart return from last year's 2017 NCAA I Varsity Eight boat.

Hannah Greenlee and Contessa Harold raced in Iowa's II Varsity Eight last season, and Katie Person and Logan Jones (coxswain) raced in the I Varsity Four. Eve Stewart is making her NCAA Championships debut.

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WOMEN'S ROWING WEEKLY RELEASE

May 21, 2018

HEAD COACH ANDREW CARTER



Andrew Carter was named the third head coach in program history for the University of Iowa rowing program in July 2013.

Carter has led Iowa to the NCAA Championships in each of the last two seasons, securing just the second and third championship appearances in school history.

The Hawkeyes have improved one spot in the conference standings in each of Carter's five years at the Big Ten Championships. The 2018 crews finished fourth with a school-record 111 points. The fourth-place finish matches the best finish in program history.

In 2018, sophomore Contessa Harold was named Big Ten Conference Co-Athlete of the Year. Harold is the first Hawkeye in program history to earn the conference honor. Harold was named to the All-Big Ten first team, and senior Kaelynn Heiberg and sophomore Hunter Koenigsfeld were named to the second team.

In 2017, Carter ended Iowa's 16-year postseason drought by leading the Hawkeyes to the NCAA Championships for the first time since 2001. The Hawkeyes tied for fourth at the Big Ten Championship and scored 106 points at the conference meet, a then-program record. Cristy Hartman earned first team All-Big Ten honors and Ashley Duda earned second team All-Big Ten honors. Morgan Grastorf and Cristy Hartman were named All-Region athletes and Victoria Bricker, Kaelynn Heiberg, Gemma Kerr, and Rachel Canon were selected as CRCA Scholar Athletes. Carter led the Hawkeyes to their highest national ranking in program history, coming in at No. 7 in the April 18, 2018, CRCA/USRowing poll.

During his coaching career, Carter has earned more than 50 championship medals, and over the last 15 years, he has coached nine All-Americans and 41 National Scholar-Athletes. Before becoming a Hawkeye, he turned Miami into a nationally-ranked program, and led Clemson to its first-ever Atlantic Coast Conference title and NCAA Championship appearance.

NCAA CHAMPIONSHIP SCORING

Crews are awarded points for their final finish in each of the three boats (I Eights, II Eights and Fours). In the Fours, the first-place finisher (in the Grand Final) receives 22 points, with each place below that receiving one fewer point (21 points for second, 20 for third on down to 1 point for 22nd place). In the II Eights, the points are doubled (44 points for first place, 42 for second, down to 2 points for 22nd place). In the I Eights, the points are tripled (66 points for first, 63 for second on down to 3 for 22nd place).

The team with the most points is named NCAA Champion. If there is a tie, the tied teams' result in the I Eights serves as the tiebreaker.

IN THE RANKINGS

The University of Iowa women's rowing team is ranked No. 8 in the May 9 USRowing/CRCA Coaches' Poll. The Hawkeyes debuted at No. 17 in the USRowing/CRCA Coaches' Poll on March 28 and steadily climbed to No. 11 in the April 4 and April 11 polls, which matched the highest ranking in program history. That record was broken April 18, when Iowa climbed to No. 7 following five straight wins by the I Varsity Eight over No. 12 USC (April 1), No. 18 Michigan State and No. 6 Michigan (April 7), and No. 4 Princeton, and No. 6 Yale (April 14).

ONE STEP AT A TIME

Iowa set a school record with 111 points and matched its best finish in program history with a fourth-place finish at the 2018 Big Ten Championships on May 13.

The Hawkeyes have improved one spot in the conference standings in each of Andrew Carter's five years at the Big Ten Championships. In his first season as Iowa's head coach, Carter and the Hawkeyes placed seventh with 39 points. In 2015, Iowa moved up one spot to sixth with 79 points. In 2016, the Hawkeyes placed fifth with 95 points, and in 2017, the team set a then-school record with 106 points, tying for fourth place.

The Hawkeyes' 2017 Big Ten Conference Championships performance led to the second NCAA Championships berth in school history. Iowa's only other NCAA Rowing appearance was in 2001.

HAROLD NAMED BIG TEN CO-ATHLETE OF THE YEAR

Sophomore Contessa Harold was named Big Ten Conference Co-Athlete of the Year, the conference office announced May 17.

Harold is the first Hawkeye in program history to earn the conference honor. She shares the award with Michigan's Kendall Brewer. Harold earned first team All-Big Ten honors following Iowa's record-breaking performance at the 2018 Big Ten Championships, and she is leading the Hawkeyes to the NCAA Championships for the second straight year.

RECORD BREAKING PERFORMANCE

The Hawkeyes scored a school-record 111 points to place fourth at the 2018 Big Ten Championships in Indianapolis on May 13. The fourth-place finish matched the program's best finish in school history.

Sophomore Contessa Harold was named to the All-Big Ten first team, and senior Kaelynn Heiberg and sophomore Hunter Koenigsfeld were named to the second team. Baillie McCunn was Iowa's sportsmanship award winner.

BIG BOAT OF THE WEEK

The I Varsity Eight boat earned consecutive Big Ten Boat of the Week honors following four straight wins against Michigan, Michigan State, Princeton, and Yale. Iowa swept No. 18 Michigan State and No. 6 Michigan on April 7, and swept No. 4 Princeton and No. 6 Yale on April 14. All four boats were nationally ranked.

It marked the first time in program history that Iowa has earned back-to-back conference honors, and is the 10th and 11th honor overall honor.

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2018 DI, II AND III WOMEN'S ROWING COMPETITION DAY SCHEDULE

FINAL – 4/20/18

Friday, May 25

Time	Division	Event
6 a.m.	All Divisions	Park opens for teams
6:12-11 a.m.		Coxswain weigh-in available
6:30-7:30 a.m.	All Divisions	Course open for practice
*7 a.m.	All Divisions	Latest teams can launch for practice
7:12 a.m.	All Divisions	Course open for race warm-up
8:12 a.m.	Division III	II Eights Heat 1
8:24 a.m.	Division III	II Eights Heat 2
8:36 a.m.	Division III	I Eights Heat 1
8:48 a.m.	Division III	I Eights Heat 2
9 a.m.	Division I	I Eights Heat 1
9:12 a.m.	Division I	I Eights Heat 2
9:24 a.m.	Division I	I Eights Heat 3
9:36 a.m.	Division I	I Eights Heat 4
9:48 a.m.	Division I	II Eights Heat 1
10 a.m.	Division I	II Eights Heat 2
10:12 a.m.	Division I	II Eights Heat 3
10:24 a.m.	Division I	II Eights Heat 4
10:36 a.m.	Division I	Fours Heat 1
10:48 a.m.	Division I	Fours Heat 2
11 a.m.	Division I	Fours Heat 3
11:12 a.m.	Division I	Fours Heat 4
11:24 a.m.	Division II	Eights Heat 1
11:36 a.m.	Division II	Eights Heat 2
11:48 a.m.	Division II	Fours Heat 1
Noon	Division II	Fours Heat 2
12:30 p.m.	All Divisions	Committee Meeting (each division will meet separately)
12:45 p.m.	All Divisions	Regatta Director/Committee Chairs' Meeting
2:48 p.m.	All Divisions	Course open for race warm-up
3:48 p.m.	Division III	II Eights Repechage
4 p.m.	Division III	I Eights Repechage
4:12 p.m.	Division I	I Eights Repechage 1
4:24 p.m.	Division I	I Eights Repechage 2
4:36 p.m.	Division I	II Eights Repechage 1
4:48 p.m.	Division I	II Eights Repechage 2
5 p.m.	Division I	Fours Repechage 1
5:12 p.m.	Division I	Fours Repechage 2
5:30 – 7 p.m.	All Divisions	Course open for practice (or immediately following the final race)
5:30 p.m.	All Divisions	Committee Meeting (each division meets separately)
6 p.m.	All Divisions	Regatta Director/ Committee Chairs' Meeting
*6:30 p.m.	All Divisions	Latest teams can launch for practice

Saturday, May 26

Time	Division	Event
6 a.m.	All Divisions	Park open for teams
6:12-10:36 a.m.		Coxswain weigh-in available
6:30-7:30 a.m.	All Divisions	Course open for practice
*7 a.m.	All Divisions	Latest teams can launch for practice
7:12 a.m.	All Divisions	Course open for race warm-up
8:12 a.m.	Division I	I Eights C/D Semifinals
8:24 a.m.	Division I	I Eights C/D Semifinals
8:36 a.m.	Division I	I Eights A/B Semifinals
8:48 a.m.	Division I	I Eights A/B Semifinals
9 a.m.	Division I	II Eights C/D Semifinals
9:12 a.m.	Division I	II Eights C/D Semifinals
9:24 a.m.	Division I	II Eights A/B Semifinals
9:36 a.m.	Division I	II Eights A/B Semifinals
9:48 a.m.	Division I	Fours C/D Semifinals
10 a.m.	Division I	Fours C/D Semifinals
10:12 a.m.	Division I	Fours A/B Semifinals
10:24 a.m.	Division I	Fours A/B Semifinals
10:36 a.m.	Division II	Eights Repechage
10:48 a.m.	Division II	Fours Repechage
11 a.m.	Division III	II Eights Petite Final (places 5-6)
11:12 a.m.	Division III	II Eights Grand Final (places 1-4)
11:24 a.m.	Division III	I Eights Petite Final (places 7-8)
11:36 a.m.	Division III	I Eights Grand Final (places 1-6)
11:50 a.m.	Division I/II	Committee Meeting
Noon	Divisions I/II	Regatta Director/ Committee Chairs' Meeting
12:30 p.m.	Division III	**Awards Ceremony
3-5 p.m.	Divisions I/II	Course open for practice
*4:30 p.m.	All Divisions	Latest teams can launch for practice

**Division III Awards will start approximately 40 minutes following the last race of the day.

Sunday, May 27

Time	Division	Event
6 a.m.	All Divisions	Park open for teams
6:12-10 a.m.		Coxswain weigh-in available
6:30-7:30 a.m.	All Divisions	Course open for practice
*7 a.m.	All Divisions	Latest teams can launch for practice
7:12 a.m.	All Divisions	Course open for race warm-up
8:12 a.m.	Division I	Fours D Final (places 19-22)
8:24 a.m.	Division I	Fours C Final (places 13-18)
8:36 a.m.	Division I	II Eights D Final (places 19-22)
8:48 a.m.	Division I	II Eights C Final (places 13-18)
9 a.m.	Division I	I Eights D Final (places 19-22)
9:12 a.m.	Division I	I Eights C Final (places 13-18)
9:24 a.m.	Division II	Fours Grand Final (places 1-3)
9:36 a.m.	Division II	Eights Petite Final (places 5-6)
9:48 a.m.	Division II	Eights Grand Final (places 1-4)
10 a.m.	Division I	Fours Petite Final (places 7-12)
10:12 a.m.	Division I	Fours Grand Final (places 1-6)
10:24 a.m.	Division I	II Eights Petite Final (places 7-12)
10:36 a.m.	Division I	II Eights Grand Final (places 1-6)
10:48 a.m.	Division I	I Eights Petite Final (places 7-12)
11 a.m.	Division I	I Eights Grand Final (places 1-6)
11:30 a.m.	Division II	Awards Ceremony
Noon	Division I	Awards Ceremony