

IOWA TRACK & FIELD 2017

22 Olympians
13 NCAA Champions
254 All-American Honors
285 Big Ten Champions
439 Academic All-Big Ten Honors



April 20, 2017

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2017 IOWA TRACK & FIELD OUTDOOR SCHEDULE

Date	Meet
Mar. 17-18	Baldy Castillo Invitational (Tempe, Ariz.)
Mar. 30-1	Florida Relays (Gainesville, Fla.)
Mar. 31	Stanford Invitational (Palo Alto, Calif.)
Mar. 31	San Francisco Distance Carnival (San Francisco, Calif.)
Apr. 6-8	Jim Click Shootout (Tucson, Ariz.)
Apr. 12-15	Mt. Sac Relays (Torrance, Calif.)
Apr. 22	Musco Twilight (Iowa City, Iowa)
Apr. 26-29	Drake Relays (Des Moines, Iowa)
May 12-14	Big Ten Championships (State College, Penn.)
May 25-27	NCAA West Preliminary (Austin, Texas)

IOWA COACHING STAFF

Joey Woody.....	Director of Track & Field
Randy Hasenbank.....	Associate Head Cross Country Assistant Track & Field Coach
Clive Roberts.....	Associate Head Coach
Jason Wakenight.....	Assistant Coach Director of Recruiting
Andrew Dubs.....	Assistant Coach
Paige Knodle.....	interim Assistant Coach
Kate See.....	Director of Operations

THIS WEEK

The University of Iowa track and field team hosts the 18th annual Musco Twilight meet on Saturday, April 22. The Hawkeyes are joined by Creighton, Drake, Dubuque, Iowa Central CC, Iowa State, Loyola, University of Northern Iowa, Simpson, Wartburg, and Western Illinois. The one-day meet is scheduled to begin at 12 p.m. (CT) with the men's shot put. The meet will also serve as senior day with opening ceremonies and senior recognition being held at 4 p.m.

FOLLOW ALONG

Live results will be available through the team's schedule page on hawkeyesports.com and at hawkeyesports.com/tracklive. Follow the team's twitter account [@iowaxc_tf](https://twitter.com/iowaxc_tf) for live updates of the meets.

PROMOTIONS

- The first 100 fans can pick up a free Musco Twilight t-shirt at the Marketing table in the grass behind the west grandstands.
- A Kids' Zone with free and fun activities will be available in the grass behind the west grandstands from noon to 3:30 PM; activities include a mini hurdles course, a prize wheel, cornhole, and a rubber band bracelets station.
- Herky the Hawk will be on hand later in the day for the Herky's Kids Race event, in addition to pictures and autographs.

PARKING

- Fans are encouraged to park in the Hawkeye Commuter Lot (Lot 85); fan parking will be available free of charge. Limited parking will be available in the Pearl Softball Field lot off of first Avenue.
- Complimentary shuttle service will run between the Hawkeye Commuter Lot and the Cretzmeyer Track Complex, with the first bus departing at 10 a.m., the second bus departing at noon and then running continuously through the event.

TICKETS

- All fans attending the Musco Twilight meet will require a ticket. Tickets are \$5 for adults, youths ages 18 and under are free. Tickets must be purchased at the Cretzmeyer Track Complex on the day of the event. ONLY CASH will be accepted at this event.

BROWN'S BIG RACE BREAKS 200M RECORD...AGAIN

At the Mt. SAC Relays, junior Brittany Brown broke the Iowa school record in the 200 meters for the second straight weekend. She posted a personal best time of 22.69 seconds in the race to win her heat, defeating two former Olympians. Brown now ranks among the best in the world, placing the best time in the Big Ten, eighth best time in the NCAA, and 10th best time in the world. Brown broke the record for the second straight week after running 22.73 at the Jim Click Shootout.

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DOUGHERTY DOMINATES DECATHLON RECORD

Junior Will Dougherty broke his own school record in the decathlon at the Mt. SAC Relays on April 12-13. Dougherty posted personal bests in seven of the 10 events he competed in, including shot put (14.35 meters), 100 meters (11.04), 400 meters (49.85), high jump (1.96 meters), 110-meter hurdles (14.99), pole vault (4.50 meters), and javelin throw (52.26 meters). During the indoor season, Dougherty set a school record in the heptathlon, scoring 5,504 points at the Big Ten Championships. He has broken a school record in four of the past five multi-event competitions he has competed in dating back to last season.

RELAY WARRIORS

The Hawkeye relay teams have been some of the best and most consistent groups on the track and field team. The men's 4x400 meter relay group set the school record twice in the indoor season and has set two top 10 times this outdoor season. The men have set eight top times in various relays in 2017. They rank first in the Big Ten in both the 4x100 meter relay (39.46) and 4x400 meter relay (3:03.78).

The women have put four relays in Iowa's all-time top 10 in 2017 and have set the school record in the 4x200 meters with a time of 1:35.36. The women rank first in the Big Ten in the 4x100 meter relay (44.34) and second in the 4x400 meters (3:32.37).

OGWO'S FAST START

Freshman Emmanuel Ogwo is excelling in his first season on the UI track and field team. A former Hawkeye football player, Ogwo switched to track and has been one of Iowa's best additions. Ogwo has competed in the 200 meters, 400 meters, 4x100 meter relay, and 4x400 meter relay. At the Mt. SAC Relays last weekend, Ogwo ran the anchor for Iowa and finished with a team-best 45.10 split. He also set an outdoor personal best in the 400 meters with a time of 46.46 to win his heat and finish sixth overall.

JAMES WINS TRIPLE JUMP TITLE

Senior Antwon James won his first event title as a member of the Hawkeyes at the Mt. SAC Relays last weekend. James, a transfer from Loyola, set a mark of 15.60 meters (51 feet, 2 1/4 inches). He ranks fourth in the Big Ten.

COUNTING CURRENT ALL-TIME HAWKEYES

The men have 23 current athletes in Iowa's all-time top 10, led by Aaron Mallett (110-meter hurdles) and William Dougherty (Decathlon) who hold school records in their respective events. The women have 24 athletes in the top-10 and four school record holders on the roster in Briana Guillory (100 meters), Brittany Brown (200 meters), Marta Bote Gonzalez (3,000m Steeplechase), and Laulauga Tausaga (Discus).

2017 OUTDOOR SEASON LEADERS

MEN

100 Meters	O'Shea Wilson	10.35
110-Meter Hurdles	Chris Douglas	14.40
200 Meters	Christian Brissett	20.75
400 Meters	Mar'yea Harris	45.73
400-Meter Hurdles	Noah Larrison	51.02
800 Meters	Carter Lilly	1:47.51
1,500 Meters	Adam Jones	3:47.72
3,000 Steeplechase	Nathan Mylenek	8:56.93
5,000 Meters	Adam Jones	14:11.52
10,000 Meters	Ian Eklin	31:03.11
400-Meter Relay	Brissett, Wilson, Woodard, Mallett	39.46
800-Meter Relay	James, Mallett, Harris, B. Thompson	1:23.02
1,600-Meter Relay	Ogwo, Harris, Hofacker, Lilly	3:03.78
3,200-Meter Relay	N. Teubel, Manternach, Chaidez, W. Teubel	7:30.74
Dist. Medley Relay	N. Teubel, Dorman, W. Teubel, VanDraska	10:17.39
High Jump	Peter Andreano	6-6 3/4 (2.00m)
Pole Vault	Andy Jatis	16-1 1/4 (4.91m)
Long Jump	O'Shea Wilson	23-9 1/2 (7.25m)
Triple Jump	Antwon James	51-2 1/4 (15.60m)
Shot Put	Reno Tuufuli	61-4 3/4 (18.71m)
Discus	Reno Tuufuli	197-7 (60.23m)
Javelin	Alex Balke	201-6 (61.42m)
Decathlon	William Dougherty	* 7,471 points

WOMEN

100 Meters	Brittany Brown	11.43
100-Meter Hurdles	Jahisha Thomas	13.46
200 Meters	Brittany Brown	* 22.69
400 Meters	Briana Guillory	52.89
400-Meter Hurdles	Sheridan Champe	1:01.37
800 Meters	Tia Saunders	2:12.11
1,500 Meters	Tess Wilberding	4:28.62
3,000 Steeplechase	Marta Bote Gonzalez	10:34.93
5,000 Meters	Andrea Shine	16:43.48
10,000 Meters	Andrea Shine	34:49.55
400-Meter Relay	Chapman, Guillory, Hernandez, Brown	44.34
800-Meter Relay	Chapman, Guillory, Hernandez, Brown	* 1:35.36
1,600-Meter Relay	Guillory, Brown, Hernandez, Champe	3:32.67
Sprint Medley Relay		4:00.39
3,200-Meter Relay	Saunders, Decker, King, Arco	8:56.21
Dist. Medley Relay	Saunders, Arco, Decker, Sindt	12:14.89
High Jump	Gillian Urycki/Sydney Collins	5-7 (1.70m)
Pole Vault	Amy Smith	11-6 1/2 (3.52m)
Long Jump	Jenny Kimbro	19-0 (5.79m)
Triple Jump	Jahisha Thomas	41-3 1/4 (12.58m)
Shot Put	Laulauga Tausaga	49-6 1/4 (15.09m)
Discus	Laulauga Tausaga	* 184-1 (56.10m)
Javelin	Jenny Kimbro	104-11 1/2 (31.74m)
Hammer	Leah Colbert	173-3 (52.80m)
Heptathlon	Jenny Kimbro	5,121 points

* -- school record



TAUSAGA’S MONUMENTAL SEASON

Freshman Lauluga Tausaga continues to boast one of the best discus throws in the country. Tausaga is eighth in the NCAA after her record-breaking performance at the Florida Relays, throwing 56.10 meters (184 - 1). Tausaga is second in the Big Ten and is the only freshman ranked in the top 15 in the NCAA.

MYLENEK ATOP STEEPLECHASE LEADERBOARD

Freshman Nathan Mylenek boasts one of the best times in the country in the men’s 3,000 meter steeplechase. Mylenek ran a career-best 9:56.93 at the San Francisco State Distance Carnival on March 31. He now ranks fourth in school history, 37th in the nation, and third in the Big Ten. He is one of six freshmen ranked in the top 40 in the NCAA.

BIG TEN LEADERS

Through two meets, the Hawkeyes have six Big Ten leaders.

- Sophomore Mar’yea Harris leads the 400-meter group with a time of 45.73.
- Junior Brittany Brown leads in two events- the 100 meters (11.43) and the 200 meters (22.69)
- The men’s 4x400 meter relay: freshman Emmanuel Ogwo, Harris, freshman Collin Hofacker, and junior Carter Lilly (3:03.78).
- The men’s 4x100 meter relay team of senior Aaron Mallet, junior O’Shea Wilson, Ogwo, and Harris (39.49).
- The women’s 4x100 meter relay: sophomore Taylor Chapman, sophomore Briana Guillory, senior Alexis Hernandez and junior Brittay Brown (44.34).
- Freshman Jenny Kimbro is first in the conference in the Heptathlon (5,121 points).

MUSCO TWILIGHT LEADERS

Iowa holds 11 meet records at the Musco Twilight meet. The records included are: 3,000 meters (McKenzie Melander, 9:21.59), men’s 4x100 meter relay (Vinnie Saucer, Aaron Mallett, James Harrington, Brendan Thompson, 39.66), women’s 4x100 meter relay (Charles, Williams, Providence, James, 45.27), 110 meter hurdles (Aaron Mallett, 13.69), men’s 1,500 meters (Jeff Thode, 3:44.51), women’s 1,500 meters (Meghan Armstrong, 4:21.86), women’s 400 meters (Shellene Williams, 53.02), women’s 200 meters (Shellene Williams, 23.50), women’s 100 meters (Briana Guillory, 11.35), men’s javelin throw (Bill Neumann, 72.62m) and men’s discus throw (Gabe Hull, 207- 01).

UI director of track and field Joey Woody holds two Musco Twilight meet records in the 400 meter hurdles and the 4x400 meter relay running the anchor leg.

NCAA LEADERS

Iowa has four events and a relay ranked in the top 10 in the NCAA. Sophomore Mar’yea Harris is eighth in the nation in the 400 meters (45.73), junior Brittany Brown is eighth in the 200 meters (22.69), freshman Lauluga Tausaga is eighth in the discus throw (56.10m), sophomore Reno Tuufuli is seventh in the country (60.23m). The men’s 4x400 meter relay ranks sixth.

NEXT ON THE BLOCK

Iowa heads to the Drake Relays next week in Des Moines, Iowa. The annual event will begin on Wednesday with multi-event competition and conclude Saturday.

Pronunciation Guide

Alex Balke	ball-KEY
Marta Bote Gonzalez	BOAT
Sheridan Champe	CHAMP-ee
Kevin Docherty	DOC-er-tee
Nate Ferree	fuh-REE
Jared Ganschow	GAN-chow
Daniel Gardarsson	GAR-duh-sun
Tashee Hargrave.....	Ta-Shay
Mar’yea Harris.....	Mar-ee-ay
Nathan Mylenek	MY-len-ek
Kara Neustrom	NEW-strum
Elizabeth Niedert	KNEE-dirt
Lalauga Tausaga.....	La-Long-a Ta-(short a)-saga
Will Teubel	TUE-bull
Reno Tuufuli	TOO-foo-lee



Larry Wieczorek 1,500

At the 18th annual Musco Twilight meet, the Hawkeyes will run the Larry Wieczorek 1,500, named after former head coach Larry Wieczorek.

Wieczorek retired as head coach of the Hawkeyes after 30 years with the program. During his tenure, Iowa crowned 79 Big Ten champions and 53 All-Americans. As an athlete at Iowa, Wieczorek was a part of the 1967 Big Ten Championship team, a six-time Big Ten Champion, and four-time All-American.

OUTDOOR ALL-TIME TOP TEN PERFORMERS



Jeremy Allen



Justin Austin



Matt Byers



Troy Doris



William Dougherty



Jeffery Herron



Gabe Hull

100 Meters

- Justin Austin, 2011 10.21
- George Page, 1996 10.25
- James Harrington, 2015 10.26
- Anthuan Maybank, 1994 10.31
Tim Dwight, 1997 10.31
Josh Larney, 2013 10.31
Vinnie Saucer, Jr., 2015..... 10.31
- O'Shea Wilson, 2017..... 10.35**
- Bob Lawson, 1976 10.36
- Robert Smith, 1984 10.39

110-Meter High Hurdles

- Aaron Mallett, 2015..... 13.40**
- Pat McGhee, 1989..... 13.50
- Dion Trowers, 1996 13.62
- Ronnie McCoy, 1985..... 13.66
- Ethan Holmes, 2011 13.73
- Jordan Mullen, 2013..... 13.76
- James Armstrong, 1991..... 13.89
- Dan Davis, 2012..... 14.01
- Doug Jones, 1986 14.06
- Chris Williams, 1983..... 14.24

200 Meters

- Justin Austin, 2011 20.31
- Jeff Patrick, 1983 20.47
- James Harrington, 2015 20.50
- Anthuan Maybank, 1994 20.55
- Victor Green, 1984 20.60
- Andre Morris, 1995 20.64
- George Page, 1996 20.67
- Terrence Duckett, 1982 20.74
- Christian Brissett, 2017 20.75**
- Tim Dodge, 2002 20.78

400 Meters

- Anthuan Maybank, 1993 44.99
- Andre Morris, 1995 45.15
- Mike Mondane, 1967 45.20
- Mar'yea Harris, 2017 45.73**
- Steven Willey, 2010 45.78
- Gary Hollingsworth, 1963..... 46.30
- Dejuan Frye, 2016..... 46.41**
- Harold Leonard, 1986..... 46.45
- Emmanuel Ogwo, 2017..... 46.46**
- Tony Branch, 1999 46.60

400-Meter Hurdles

- Pat McGhee, 1988..... 48.83
- Monte Raymond, 1998..... 50.09
- Ray Varner, 2010 50.24
- Paul Steele, 1989..... 50.45
- Russell Peterson, 2001 50.50
- Ethan Holmes, 2013 50.51
- Adam Kunkel, 2001 50.73
- Jon Reimer, 1967 50.94
- Noah Larrison, 2016..... 50.94**
- Mitch Wolff, 2016 50.96**

800 Meters

- Erik Sowinski, 2012..... 1:45.90
- Carter Lilly, 2016 1:47.32**
- Bill Frazier, 1962 1:47.64
- D'Juan Strozier, 1990 1:47.82
- Adam Hairston, 2011..... 1:48.10
- Will Teubel, 2015 1:48.60**
- Michael Layne, 1999 1:49.61
- Bill Thiesen, 1985 1:49.74
- Pavlo Hutsalyuk 1:49.94
- Ryan Weir, 2013 1:50.01

1,500 Meters

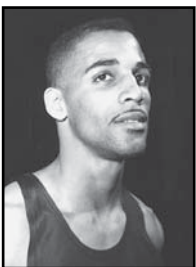
- Jeff Thode, 2010 3:43.02
- Joel Moeller, 1978 3:44.01
- Jim Docherty, 1978..... 3:44.30
- Sam Fourman, 2015 3:44.50
- Dan Waters, 1986..... 3:46.35
- Kevin Herd, 1994 3:46.64
- John Clark, 1977 3:46.84
- Adam Jones, 2017..... 3:47.72**
- Ted Wheeler, 1956 3:48.24
- Michael Melchert, 2016..... 3:48.35**

3,000-Meter Steeplechase

- Deacon Jones, 1956..... 8:47.40
- Steve Pershing, 1978 8:54.59
- Andy Morris, 2000..... 8:56.21
- Nathan Mylenek, 2017 8:56.83**
- Matt Gerard, 1994..... 8:57.01
- Andy Napier, 2008..... 8:57.54
- Rollie Kitt, 1967 9:02.90
- Al Greene, 1985..... 9:02.96
- Tony Rakaric, 2005 9:03.29
- Mark Battista, 2010 9:04.60

5,000 Meters

- Micah VanDenend, 2007 13:49.31
- Larry Wiczorek, 1968..... 13:56.00
- Kevin Herd, 1993 13:59.00
- Stetson Steele, 2000..... 14:02.76
- Kevin Lewis, 2014 14:02.78
- Eric MacTaggart, 2005 14:04.79
- Dan Haut, 2006 14:07.30
- Jesse Luciano, 2010..... 14:08.71
- Adam Jones, 2017..... 14:11.52**
- Matt Esche, 2006..... 14:12.07



Deacon Jones



Aaron Mallett



Anthuan Maybank

OUTDOOR ALL-TIME TOP TEN PERFORMERS



Pat McGhee



Erik Sowinski



Stetson Steele



Jeff Thode



Micah VanDenend



Todd Wigginton



Arno
van der Westhuizen

10,000 Meters

1. Stetson Steele, 2000.....28:44.47
2. Eric MacTaggart, 2006.....28:50.23
3. Kevin Lewis, 2015.....28:59.62
4. Nick Nordheim, 2002.....29:44.71
5. Trent Corey, 2002.....29:45.25
6. Chad Schwitters, 1999.....29:56.00
7. Nick Holmes, 2010.....30:02.31
8. Dan Haut, 2006.....30:03.08
9. Kevin Herd, 1994.....30:05.21
10. Paul Sarris, 2001.....30:08.40

Decathlon

1. **William Dougherty, 20177,471 pts**
2. Kyle Reid, 2013.....7,203 pts
3. Jack Eckert, 2015.....7,087 pts
4. Dan Rolling, 2010.....6,957 pts
5. Scott Faber, 2000.....6,839 pts
6. Ryan Niver, 2008.....6,837 pts
7. Chad Ohly, 1994.....6,641 pts
8. Gary Kostrubala, 1984.....6,498 pts
9. Frank Prill, 2008.....6,381 pts
10. Jacob Drewry, 1994.....5,820 pts

High Jump

1. Jeffery Herron, 2012.....7-4 1/4 (2.24)
2. Bill Hansen, 1978.....7-4 (2.23)
- Bill Knoedel, 1975.....7-4 (2.23)
4. Kevin Spejcher, 2014.....7-2 1/2 (2.20)
5. M. Cunningham, 1986.....7-1 (2.16)
- Kenneth Lansing, 1988.....7-1 (2.16)
7. Pat Meade, 1987.....7-0 1/4 (2.14)
8. Graham Valdes, 2012.....6-11 3/4 (2.12)
9. Peter Hlavin, 1979.....6-11 (2.11)
- Scott Hudek, 1993.....6-11 (2.11)
- Jeremy Petsche, 2008.....6-11 (2.11)
- Brandon Oest, 2012.....6-11 (2.11)

Pole Vault

1. Todd Wigginton, 1984.....17-0 (5.18)
2. Chad Ohly, 1994.....16-8 3/4 (5.10)
- Kyle Reid, 2013.....16-8 3/4 (5.10)
4. Curt Broek, 1978.....16-8 (5.08)
5. Phil Wertman, 1971.....16-7 (5.05)
- Kelly Scott, 1988.....16-7 (5.05)
7. John Teffer, 1972.....16-2 (4.93)
8. **Andy Jastis, 201716-1 1/4 (4.91)**
9. Alex Zona, 2009.....16-0 3/4 (4.90)
10. Steve Brewer, 1983.....16-0 (4.88)
- Doug Pennino, 1985.....16-0 (4.88)

Long Jump

1. Anthuan Maybank, 1993.....27-1 (8.25)
2. Bashir Yamini, 1997.....26-8 1/4 (8.13)
3. Paul Jones, 1989.....25-10 1/4 (7.88)
4. Darren Smith, 1991.....25-9 3/4 (7.86)
5. Quinn Early, 1986.....25-7 1/4 (7.80)
6. Ed Gordon, 1931.....25-4 3/8 (7.68)
7. **O'Shea Wilson, 2014.....25-2 (7.67)**
8. Matty Gorman, 2006.....25-1 1/4 (7.65)
9. Ronnie McCoy, 1985.....25-0 (7.62)
10. Jeffery Herron, 2010.....24-9 (7.54)

Triple Jump

1. Troy Doris, 2012.....54-8 (16.66)
2. Babatunde Amosu, 2015.....53-10 (16.15)
3. Paul Jones, 1990.....53-9 (16.38)
4. Klyvens Delaunay, 2013...52-2 1/2 (15.91)
5. **Antwon James, 2017...51-2 1/4 (15.60m)**
6. Gordon Finch, 1988.....50-9 1/4 (15.47)
7. Mike Lacy, 1984.....50-5 (15.36)
8. Pat Miller, 1985.....49-8 1/2 (15.25)
9. Matty Gorman, 2008.....49-2 1/2 (15.00)
10. Owen Gill, 1982.....49-1 (14.96)

Shot Put

1. Jeremy Allen, 2001.....63-2 3/4 (19.27)
2. Ken Kemeny, 2005.....62-3 (18.97)
3. Shane Maier, 2006.....62-2 1/4 (18.95)
4. Andy Banse, 2005.....61-11 1/2 (18.88)
5. John Hickey, 2008.....61-9 1/2 (18.83)
6. **Reno Tuufuli, 2017.....61-4 3/4 (18.71)**
7. **Avery Meyers, 2017.....60-3 3/4 (18.38)**
8. Chris Gambol, 1987.....60-0 1/2 (18.30)
9. A.J. Curtis, 2008.....59-8 1/4 (18.19)
10. Gabe Hull, 2014.....59-4 1/4 (18.09)

Discus

1. Gabe Hull, 2014.....207-1 (63.11)
2. A.J. Curtis, 2007.....202-11 (61.84)
3. Gary Kostrubala, 1986.....202-4 (61.68)
4. **Reno Tuufuli, 2016.....199-2 (60.71)**
5. Jeremy Allen, 2001.....195-4 (59.54)
6. Tim Brodersen, 2005.....193-6 (58.98)
7. Brad Daufeldt, 2004.....185-0 (56.40)
8. **Avery Meyers, 2017.....182-7 (55.65m)**
9. Nick Brayton, 2009.....180-11 (55.15)
10. Andy Banse, 2005.....180-0 (54.86)

Hammer

1. A. van der Westhuizen, 2001 222-11 (67.94)
2. Adam Hamilton, 2007.....222-2 (67.73)
3. Jim Costello, 2002.....217-7 (66.32)
4. Brad Daufeldt, 2004.....207-10 (63.34)
5. Chris Voller, 2005.....206-0 (62.80)
6. Matt Banse, 2012.....201-11 (61.55)
7. Jeremy Allen, 2001.....199-0 (60.66)
8. Ben Stancombe, 2011.....197-6 (60.20)
9. Ryan Jordan, 2007.....184-6 (56.23)
- Mark Shapveld, 2009.....184-6 (56.23)

Javelin

1. Matt Byers, 2011.....245-8 (74.89)
2. Bill Neumann, 2002.....244-8 (74.58)
3. Dan Ralph, 2000.....227-10 (69.44)
4. Sam Joens, 2015.....211-5 3/4 (64.45)
5. Zach Schimp, 2010.....211-0 (64.32)
6. **Alex Balke, 2016.....205-11 (62.77)**
7. Kale Katt, 2007.....204-0 (62.17)
8. Joel Storm, 2004.....203-5 (62.01)
9. Matt Stank, 2001.....199-0 (60.66)
10. Jack Eckert, 2015.....188-9 (57.53)

OUTDOOR ALL-TIME TOP TEN PERFORMERS



Kineke Alexander



Meghan Armstrong



Marta Bote
Gonzalez



Brittany Brown



Nan Doak



Briana Guillory



Aisha James

100 Meters

1. **Briana Guillory, 2016** 11.35
2. Lake Kwaza, 2015 11.40
3. **Brittany Brown, 2015** 11.42
4. Vivien McKenzie, 1985 11.45
5. Davera Taylor, 1984 11.51
6. Erica Broomfield, 1998 11.53
7. Jiselle Providence, 2001 11.57
8. Tanja Reid, 1994 11.60
9. Peaches Roach, 2005 11.60
10. Yolanda Hobbs, 1995 11.62

100-Meter Hurdles

1. Tiffany Johnson, 2007 13.20
2. **Jahisha Thomas, 2017** 13.46
3. Karessa Farley, 2009 13.53
4. C. Prendergast, 1999 13.60
5. Paula Ruen, 2000 13.60
6. Sarah Steffen, 2002 13.65
7. **Jenny Kimbro, 2017** 13.85
8. Ruqayya Raheem, 1998 13.90
9. **Heaven Chandler, 2016** 13.91
10. Brenda Calhoun, 1984 13.94

200 Meters

1. **Brittany Brown, 2017** 22.69
2. **Briana Guillory, 2016** 22.89
3. Elexis Guster, 2016 23.03
4. Lake Kwaza, 2016 23.17
5. Shellene Williams, 2004 23.50
6. Kineke Alexander, 2006 23.58
7. Davera Taylor, 1984 23.59
8. Vivien McKenzie, 1985 23.61
9. Yolanda Hobbs, 1995 23.65
10. **Alexis Hernandez, 2017** 23.69

400 Meters

1. Kineke Alexander, 2006 51.35
2. Elexis Guster, 2016 51.85
3. Shellene Williams, 2004 51.94
4. Ashley Liverpool, 2012 52.47
5. Ellen Grant, 1996 52.65
6. **Briana Guillory, 2017** 52.89
7. **Alexis Hernandez, 2017** 53.27
8. Senta Hawkins, 1988 54.01
9. Bethany Praska, 2011 54.01
10. Marlene Poole, 1994 54.03

400-Meter Hurdles

1. Mary Knoblauch, 1981 56.16
2. Wynsome Cole, 1998 56.67
3. MonTayla Holder, 2014 56.70
4. Chris Davenport, 1981 59.18
5. Hannah Simonson, 2012 59.54
6. Sarah Steffen, 2002 59.59
7. Tiffany Hendricks, 2011 59.63
8. Nicole Erickson, 2012 59.77
9. Beverly Powell, 1991 59.96
10. Kelsey Quinn, 2012 59.99

800 Meters

1. Bethany Praska, 2011 2:03.78
2. Kay Stormo, 1982 2:05.67
3. Michelle Lahann, 2004 2:06.79
4. Katharina Trost, 2015 2:07.09
5. **Mahnee Watts, 2016** 2:07.41
6. Aisha Hume, 2005 2:08.50
7. Adrienne Alexia, 2013 2:08.61
8. Jeanne Kruckeberg, 1987 2:08.75
9. Kaitlyn Nelson, 2013 2:08.83
10. Ann Pare, 1997 2:09.25

1,500 Meters

1. Meghan Armstrong, 2006 4:17.41
2. Betsy Flood, 2010 4:17.75
3. Jeanne Kruckeberg, 1989 4:19.71
4. McKenzie Melander, 2012 4:20.22
5. Lauren Hardesty, 2009 4:20.40
6. Diane Nukuri, 2007 4:20.95
7. Penny O'Brien, 1985 4:21.43
8. Kay Stormo, 1982 4:22.24
9. Michelle Lahann, 2004 4:24.00
10. Shannon Stanley, 2006 4:25.08

3,000 Meters

1. Diane Nukuri, 2008 9:18.82
2. Penny O'Brien, 1985 9:20.61
3. McKenzie Melander, 2012 9:21.59
4. Betsy Flood, 2010 9:22.63
5. Nan Doak, 1985 9:23.04
6. Tracy Dahl, 1992 9:23.53
7. Meghan Armstrong, 2006 9:28.03
8. Brooke Eilers, 2011 9:30.08
9. Jeanne Kruckeberg, 1989 9:30.69
10. Jennifer Brower, 1992 9:34.59

3,000-Meter Steeplechase

1. **Marta Bote Gonzalez, 2015** 10:23.15
2. Danielle Berndt, 2011 10:26.54
3. Jessica Schmidt, 2008 10:27.18
4. Sarah Arens, 2004 10:34.50
5. Hannah Roeder, 2011 10:35.22
6. Kelsey Hart, 2011 10:47.56
7. Katie Ellis, 2010 11:02.62
8. Michelle Lahann, 2003 11:16.21
9. Becca Thompson, 2003 11:19.50

5,000 Meters

1. Nan Doak, 1985 15:45.84
2. McKenzie Melander, 2012 15:57.13
3. Diane Nukuri, 2008 15:59.39
4. Betsy Flood, 2011 16:04.46
5. Meghan Armstrong, 2008 16:08.83
6. Brooke Eilers, 2011 16:11.86
7. Mareike Schrulle, 2013 16:12.66
8. Jenny Spangler, 1983 16:17.21
9. Tracy Dahl, 1992 16:18.77
10. Racheal Marchand, 2008 16:27.02



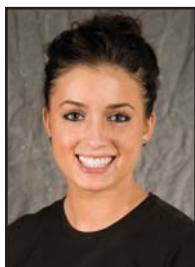
Tiffany Johnson



Diane Nukuri



Tammilee Kerr



Bethany Praska

OUTDOOR ALL-TIME TOP TEN PERFORMERS



Alana Redfern



Peaches Roach



Annemie Smith



Jessie Strand



Laulauga Tausaga



Lisa Van Steenwyk



Renee White

10,000 Meters

1. Diane Nukuri, 2008 33:17.01
2. Jennifer Brower, 1991 33:23.38
3. Meghan Armstrong, 2008 33:28.00
4. Nan Doak, 1985 33:33.03
5. Jenny Spangler, 1983 33:39.24
6. Racheal Marchand, 2008..... 34:05.87
7. McKenzie Melander, 2012 34:29.83
8. Tracy Dahl, 1992..... 34:30.09
9. **Andrea Shine, 2017.....34:49.55**
10. Betsy Flood, 2011 35:05.10

Heptathlon

1. Tammilee Kerr, 2008..... 5,633 pts
2. Kathy Gillespie, 1983..... 5,262 pts
3. **Jenny Kimbro, 20175,121 pts**
4. Tiff Pedersen, 2004 4,976 pts
5. **Tria Seawater-Simmons, 2017...4,928 pts**
6. Janet Adams, 1981 4,855 pts
7. Sarah Ryan, 2012..... 4,819 pts
8. Ruqayya Raheem, 1997..... 4,665 pts
9. Angela Chadwick, 1993 4,493 pts
10. **Allison Wahrman, 2017.....4,315 pts**

High Jump

1. Peaches Roach, 2006 6-1 1/4 (1.86)
2. Mary Mol, 1983..... 6-0 (1.83)
3. Khanishah Williams, 2013 . 5-11 1/4 (1.81)
4. Caleigh Bacchus, 2010..... 5-10 (1.78)
5. Lynn McMillan, 1988..... 5-9 1/4 (1.76)
6. Madison Rouw, 2016..... 5-8 3/4 (1.75)
7. Kacey Childs, 2001..... 5-8 1/2 (1.74)
8. Kristi Dinkla, 1985 5-8 (1.73)
- Becky Kaza, 1995..... 5-8 (1.73)
- Eve Cullinan, 2003 5-8 (1.73)

Pole Vault

1. Jessie Strand, 2003..... 12-10 1/4 (3.92)
2. Sarah Burgett, 2006..... 12-1 3/4 (3.70)
3. Kirsten Weismantle, 2011 12-0 (3.66)
4. **Amy Smith, 2017 11-6 1/2 (3.52)**
5. Katie Truedson, 2010 11-5 1/4 (3.49)
6. Gina Shannon, 2001 11-2 1/4 (3.41)
7. Brittany Holst, 2013..... 11-1 (3.38)
8. Elyssa Tracy, 2015 10-6 (3.20)
9. Kacey Childs, 2000..... 8-0 1/2 (2.45)

Long Jump

1. Aisha James, 2003 22-3 (6.78)
2. Zinnia Miller, 2014 20-6 1/2 (6.26)
3. Renee White, 2008..... 20-3 3/4 (6.19)
4. **Jahisha Thomas, 2016..... 20-3 (6.17)**
5. Carisa Leacock, 2014 19-11 3/4 (6.09)
6. Becki Borg, 1988..... 19-7 1/4 (5.97)
7. Cassidy Ellis, 2015..... 19-6 1/4 (5.95)
8. Lisa Moats, 1986 19-6 (5.95)
9. Tammilee Kerr, 2008..... 19-4 1/4 (5.90)
10. Yolanda Hobbs, 1993 19-2 1/2 (5.85)

Triple Jump

1. Renee White, 2008..... 43-10 3/4 (13.36)
2. **Jahisha Thomas, 2016.... 42-3 1/2 (12.89)**
3. Zinnia Miller, 2014 42-0 1/2(12.81)
4. Tiffany Johnson, 2007 41-8 3/4 (12.72)
5. Carisa Leacock, 2012 40-10 1/2 (12.46)
6. Becki Borg, 1988..... 40-7 1/2 (12.38)
7. **T. Seawater-Simmons, 2016 . 40-7 1/2(12.38)**
8. Lynn McMillan, 1988..... 39-6 1/2 (12.05)
9. Lynn, 1998..... 39-0 (11.88)
10. **Allison Wahrman, 2017..... 38-2 (11.63)**

Shot Put

1. Lisa Van Steenwyk, 1992..... 50-8 (15.44)
2. Gail Smith, 1984 50-3 1/4 (15.32)
3. Denise Taylor, 1992..... 50-1 3/4 (15.28)
4. **Laulauga Tausaga, 2017 . 49-6 1/4 (15.09)**
5. Kamesha Marshall, 2005 . 48-6 3/4 (14.80)
6. Laura Kriener, 1990..... 48-2 1/2 (14.69)
7. Jennifer Gilson, 2002..... 47-10 (14.58)
8. Rachel Curry, 2013 47-9 1/4 (14.56)
9. **Nia Britt, 2017 47-8 1/2 (14.54)**
10. Jennifer Moon, 2000 47-5 1/4 (14.46)

Discus

1. **Laulauga Tausaga, 2017184-1 (56.10)**
2. Majesty Tutson, 2013..... 181-1 (55.19)
3. Dakotah Goodell, 2014..... 169-4 (51.62)
4. Tiffany Medenwaldt, 2010 .. 161-3 (49.16)
5. Denise Taylor, 1992..... 160-5 (48.90)
6. Amanda Stahle, 2014 159-3 (48.54)
7. Lisa Van Steenwyk, 1991..... 159-1 (48.50)
8. Gail Smith, 1983 158-2 (48.22)
9. Ashlyn Gulvas, 2011 154-11 (47.23)
10. Courtney Fritz, 2012..... 154-1 (46.96)

Javelin

1. Alana Redfern, 2003..... 181-5 (55.30)
2. Tammilee Kerr, 2008..... 163-5 (49.81)
3. Mandy Beck, 1999..... 153-4 (46.74)
4. Dakotah Goodell, 2015.. 153-3 1/4 (46.71)
5. Terri Soldan, 1983 152-6 1/4 (46.48)
6. Shani Renning, 1990..... 152-3 (46.40)
7. Kayla Hochhalter, 2015..... 152-6 (46.48)
8. Clara Simon, 1981 149-9 (45.64)
9. Janet Adams, 1984 148-7 (45.28)
10. Amanda Stahle, 2014 148-0 (45.11)

Hammer Throw

1. Annemie Smith, 2015 200-1 1/2 (60.99)
2. Jasmine Simpson, 2013 197-7 (60.23)
3. Becca Franklin, 2007 195-0 (59.45)
4. Ashlyn Gulvas, 2014 192-9 (58.75)
5. **Leah Colbert, 2015.....178-9 (54.49)**
6. Kelsey Taylor, 2011 177-0 (53.95)
7. Tiffany Medenwaldt, 2010 171-11 (52.40)
8. Erin O'Hern, 2008..... 168-9 (51.45)
9. Chelsea Colpitts, 2013..... 162-5 (49.51)
10. Kerri Blackstone, 1999 161-10 (49.32)

MEN'S ALL-TIME RELAYS

400-Meter Relay

1. Mincy, **Wilson**, Harrington, Brown, 2014 39.19
2. Mincy, Austin, E. Holmes, Larney, 2013 39.31
3. Saucer, Jr., **Brissett**, Harrington, **Mallett**, 2016..... 39.44
4. **Brissett, Wilson, Woodard, Mallett, 2017**..... **39.46**
5. Beecham, Duckett, Greer, R. Smith, 1984 39.48
6. **Mallett, Wilson, Ogwo, Harris, 2017**..... **39.49**
7. **Brissett, Harris**, Harrington, **Mallett**, 2016 39.53
8. **Brissett, Wilson, Ogwo, Harris, 2017** **39.59**
9. Mullen, Austin, E. Holmes, Larney, 2013 39.66
10. Saucer, Jr., **Thompson**, Harrington, **Mallett**, 2015..... 39.66

Shuttle Hurdle Relay

1. McGhee, Armstrong, Falls, Stelle, 1989 57.80
2. Wigginton, Jones, Lacey, McCoy, 1985 59.77
3. 1975 1:05.20

800-Meter Relay

1. **James, Mallett, Harris, B. Thompson, 2017**..... **1:23.02**
2. **Thompson, Brissett**, Harrington, **Ganschow**, 2016 1:23.36
3. Richardson, Sayon, Richards, Chaney, Jr., 2009 1:24.85
4. Harrington, VanCleave, Wilson, Mallett, 2014 1:24.86
5. Austin, Brown, Larney, VanCleave, 2013 1:25.60
6. Barclay, McCalister, Jensen, Elliott, 1979 1:26.39
7. Thomas, Balkrishnan, Patterson, Freidrich 1991 1:28.38
8. Balkrishnan, Patterson, Thomas, Freidrich, 1991 1:29.04

1,600-Meter Relay

1. Morris, Davis, Page, Rozell, 1995..... 3:03.11
2. Branch, Dwight, Dodge, Yamini, 1999 3:03.29
3. **Ogwo, Harris, Hofacker, Lilly, 2017** **3:03.78**
4. Ferree, Frazier, Mondane, Reimer, 1967 3:04.10
5. Rozell, Morris, Davis, Yamini, 1996..... 3:04.71
6. Willey, Barton, Richards, Sowinski, 2010..... 3:05.61
7. **Wolff, Harris, Lilly, Frye**, 2016..... 3:05.72
8. Richards, Davey, E. Holmes, Sowsinski, 2012 3:05.77
9. **Hofacker, Harris, Ogwo, Frye, 2017** **3:05.81**
10. Cameron, Williams, McGhee, McCoy, 1985 3:06.00

Sprint Medley Relay

1. McCorkle, Jones, Chung, Strozier, 1990 3:15.64
2. Sayon, Austin, Willey, Sowinski, 2011 3:16.18
3. Richards, Larney, Davey, Sowinski, 2012 3:17.25
4. Richardson, Richards, Willey, Sowinski, 2010..... 3:17.74
5. Saucer, Jr., **Brissett, Harris, Lilly**, 2016..... 3:18.53
6. **Hofacker, Woodard, Harris, Lilly, 2017** **3:18.73**
7. Armstrong, Thomas, Maybank, Strozier, 1991 3:18.93
8. Yamini, Davis, Dodge, Donovan, 1999..... 3:19.87
9. Richards, Chaney, Jr., Barton, Hairston, 2009 3:20.05
10. Harrington, **Mallett**, Davey, **W. Teubel**, 2014 3:20.08

3,200-Meter Relay

1. Schum, Christensen, Steffen, Criswell, 1971 7:18.60
2. Hairston, Prom, Thode, Sowinski, 2011..... 7:23.77
3. Corrigan, Blackman, Strozier, Chambers, 1989 7:29.00
4. **Melchert, Dorman, Lilly, Larrison**, 2016..... 7:30.32
5. **N. Teubel, Manternach, Chaidez, W. Teubel, 2017** **7:30.74**
6. **Lilly, Dorman, W. Teubel**, Davey, 2015..... 7:31.48
7. Willey, Braff, Sowinski, Hairston, 2009 7:33.08
8. Tweedy, Gajewski, Linden, O'Hollearn, 2005 7:33.12
9. Cunningham, Tweedy, S. Allen, Thomas, 2001..... 7:34.12
10. Long, Tweedy, Dziubski, O'Hollearn, 2004 7:35.10

Distance Medley Relay

1. Pershing, Moeller, Slack, Docherty, 1978 9:39.94
2. Kuczvara, Barton, Hairston, Thode, 2011 9:41.37
3. N. Holmes, VanCleave, Sowinski, Thode, 2012..... 9:41.59
4. Young, Barton, Kuczvara, Luciano, 2010..... 9:42.97
5. Prom, Davey, Weir, Witt, 2013..... 9:53.83
6. Theisen, Williams, Wiesa, Waters, 1985 9:54.04
7. Wilfong, Slaymaker, **W. Teubel**, Witt, 2013 9:54.05
8. Luciano, Pierre, Hairston, VanDenend, 2007..... 9:54.07
9. VanDenend, Riley, O'Hollearn, Rakaric, 2006..... 9:54.97
10. Feeldy, Eischeid, Novotny, Peters, 1996 9:55.71

6,400-Meter Relay

1. Pershing, Fuller, Moeller, Docherty, 1978..... 16:27.70
2. Rakaric, Webster, MacTaggart, VanDenend, 2006..... 16:55.43
3. Lewis, Witt, Hart, Fourman, 2015..... 16:58.44
4. Price, **Eklin, Gardarsson, Docherty**, 2016 17:00.30
5. Paul, Kadlec, Thode, Luciano, 2010 17:01.46
6. Witt, Lewis, Hart, Butler, 2014..... 17:01.65
7. N. Holmes, Witt, Thode, Lewis, 2012 17:02.26
8. Thomas, Allen, Rakaric, Lloyd, 2003..... 17:06.27
9. Pittman, Novotny, Feeldy, Marquardt, 1995 17:12.49
10. Bakker, Feeldy, Peters, Pittman, 1996 17:13.10

WOMEN'S ALL-TIME RELAYS

400-Meter Relay

1. Kwaza, Guster, **Guillory, Hernandez**, 2016.....44.04
2. **Chapman, Guillory, Hernandez, Brown, 2017** **44.34**
3. Kwaza, Guster, **Chapman, Guillory**, 2016.....44.41
4. Kwaza, Guster, **Hernandez, Brown**, 2014.....44.51
5. **Thomas, Guillory, Hernandez, Brown, 2017**..... **44.53**
6. Kwaza, Guster, Holder, **Brown**, 2014.....44.62
7. Poole, Reid, Floyd, Hobbs, 1994.....44.63
8. Charles, Williams, Providence, James, 2003.....44.71
Brown, Kwaza, Ellis, Holder, 2015.....44.71
10. Floyd, Hobbs, Poole, Reid, 1994.....44.80

Shuttle Hurdle Relay

1. Prendergast, Cole, Raheem, Ruen, 1998.....56.44
2. Cole, Prendergast, Raheem, Ruen, 1998.....56.54
3. Raheem, Prendergast, Cole, Ruen, 1998.....57.53

800-Meter Relay

1. **Chapman, Guillory, Hernandez, Brown, 2017** **1:35.36**
2. Hobbs, Reid, Floyd, Poole, 1994.....1:35.69
3. Roach, McCalla, Alexander, Johnson, 2006.....1:36.19
4. **Chapman, Roberts-Lewis, Champe, Brown**, 2016.....1:36.98
5. Williams, Charles, Fouchè, Providence, 2003.....1:37.49
6. Herrmann, McCalla, Raymond, Roach, 2004.....1:37.66
7. Charles, Dixon, Knight, Prendergast, 2002.....1:38.15
8. Prendergast, Dixon, Knight, Providence, 2001.....1:38.73
9. Trusty, Hendricks, Graham, Erickson, 2009.....1:38.79
10. Dixon, Knight, Prendergast, Providence, 2001.....1:38.93

1,600-Meter Relay

1. **Hernandez, Guillory**, Holder, Guster, 2016.....3:30.97
2. **Guillory, Brown, Hernandez, Champe, 2017** **3:32.37**
3. Guster, **Guillory**, Holder, **Hernandez**, 2016.....3:32.63
4. Holder, **Guillory, Hernandez**, Guster, 2016.....3:33.25
5. Guster, **Hernandez**, Holder, Kwaza, 2014.....3:34.83
6. Praska, Hendricks, Liverpool, Erickson, 2011.....3:35.93
7. Guster, **Watts, Hernandez**, Kwaza, 2014.....3:36.09
8. Hume, Charles, Steffen, Williams, 2003.....3:36.26
9. Kwaza, Guster, **Hernandez**, Holder, 2014.....3:36.40
10. Simsonson, Liverpool, Erickson, Sack, 2012.....3:37.57

Sprint Medley Relay

1. Jones, Hendricks, Liverpool, Praska, 2011.....3:48.63
2. **Brown**, Kwaza, Guster, **Watts**, 2014.....3:51.18
3. Kwaza, Guster, Holder, **Watts**, 2016.....3:52.62
4. Kwaza, **Brown**, Guster, Trost, 2015.....3:53.29
5. Kwaza, R. Moore, Holder, Alexia, 2013.....3:54.51
6. Trusty, R. Moore, Hendricks, Praska, 2010.....3:56.53
7. Reid, Philip, Hobbs, Benning, 1995.....3:56.54
8. Roach, Alexander, McCalla, Stanley, 2005.....3:56.99
9. Kwaza, R. Moore, Alexia, Nelson, 2013.....3:58.72
10. Clarke, Graham, Jones, Poncé, 2007.....3:59.34

3,200-Meter Relay

1. Suppelsa, Wodek, Kruckeberg, Schneckloth, 1987.....8:46.45
2. Lahann, Stanley, Hume, Barber, 2004.....8:48.87
3. Schneckloth, Roberts, Hawkins, Kruckeberg, 1989.....8:49.38
4. Trost, Maser, Alexia, Nelson, 2014.....8:49.95
5. Nelson, **Watts, Wilberding, Sindt**, 2016.....8:51.90
6. Flood, Dlh, L. Hardesty, Docherty, 2009.....8:53.91
7. Armstrong, Stanley, Laney, Hume, 2005.....8:54.27
8. O'Brien, Camarigg, Williams, Stormo, 1981.....8:54.36
9. Flood, Melander, Praska, Hardesty, 2010.....8:54.45
10. Drapcho, Schlader, Williams, Stormo, 1980.....8:56.14

Distance Medley Relay

1. Hoskins, Powell, Schneckloth, Kruckeberg, 1989.....11:22.18
2. Armstrong, Alexander, Poncé, Stanley, 2007.....11:25.05
3. Stanley, McCalla, Hume, Armstrong, 2005.....11:34.04
4. Barber, Williams, Hume, Arens, 2004.....11:34.56
5. Thompson, Williams, Hume, Arens, 2003.....11:39.02
6. 2000.....11:39.83
7. Schrulle, Erickson, Placzek, Eilers, 2012.....11:40.57
8. Davenport, xx, xx, xx, 1981.....11:41.44
9. Pare, Grant, Benning, Gilchrist, 1997.....11:41.92
10. Dlh, Erickson, Docherty, Anderson, 2010.....11:43.06

6,400-Meter Relay

1. Flood, Melander, A. Hardesty, L. Hardesty, 2010.....19:05.63
2. Nukuri, Marchand, Henize, Armstrong, 2008.....19:15.42
3. Flood, Laesch, Ranegar, Melander, 2012.....19:16.73
4. Flood, Eilers, Melander, L. Hardesty, 2011.....19:17.52
5. Flood, Melander, A. Hardesty, Eilers, 2009.....19:36.43
6. Scott, Gordon, Schrulle, Gambrall, 2013.....19:41.15
7. **Jones, Bote Gonzalez, Wilberding**, Reischmann, 2015....19:59.72
8. Maser, Price, **Wilberding**, Montuclard, 2014.....20:23.27
9. Chapple, Laney, Donlon, Sokol, 2005.....20:39.12
10. Arens, Barber, Butler, Roberts, 2001.....20:40.89