

IOWA HAWKEYES



University of Iowa Athletic Communications

WOMEN'S ROWING WEEKLY RELEASE

May 29, 2019

2019 SCHEDULE

All times are Central and subject to change

2/14	ODU & SMU Scrimmage	All Day
2/15	ODU & SMU Scrimmage	All Day
3/30	PAC 12 Invitational	All Day
3/31	PAC 12 Invitational	All Day
4/13	Minnesota / Wisconsin	All Day
4/19	Harvard / Brown	All Day
4/21	Harvard / Brown	All Day
4/27	Longhorn Invitational	All Day
5/19	Big Ten Championship*	All Day
5/31-6/2	NCAA Championships ^	All Day

*Devils Lake, Wisc.

^Indianapolis, Ind.

CRCA/US ROWING COACHES RANKINGS

Rank	Team (First Place Votes)	Points
1	University of Washington (10)	473
2	Stanford University (12)	467
3	University of California, Berkeley (2)	452
4	University of Texas	402
5	University of Michigan	395
6	Princeton University	381
7	Ohio State University	352
8	Brown University	325
9	Yale University	280
10	University of Virginia	264
11	University of Wisconsin	187
12	Duke University	173
13	Rutgers University	159
14	University of Iowa	158
15	Indiana University	147
16	Harvard University	143
17	University of Southern California	103
18	UCLA	80
19	Michigan State University	68
20	Syracuse University	63

*Updated May 28, 2019

Other receiving votes: Oregon State (50), University of Alabama (22), University of Oklahoma (16), Washington State University (16), Minnesota (14), Clemson (14), U.S. Naval Academy (13), Kansas

THIS WEEK

The 14th-ranked University of Iowa women's rowing team travels Indianapolis to compete at the NCAA Rowing Championships this Friday through Sunday at Eagle Creek Park. The Hawkeyes begin competition Friday at 8:12 a.m. (CT).

NCAA HISTORY

The Hawkeyes are making their third straight NCAA appearance and fourth overall. Iowa first advanced to nationals in 2001, placing ninth overall. In 2017, Iowa ended a 16-year postseason drought, earning an at-large bid to the championships, and placing 15th overall. In 2018, Iowa finished 11th with a school-record setting 69 team points.

RACE STRUCTURE

Friday's opening round consists of the I Eight, II Eight, and I Four heats and the I Eight, II Eight, and I Four Repechages. Iowa is seeded 10th in the I Eight, 19th in the II Eight, and 16th in the I Four.

Following the conclusion of those races, the Hawkeyes will either move on to either repechage races later Friday and/or semifinal races on Saturday.

Iowa's I Eight crew will open the competition on Friday, racing at 8:12 a.m. (CT) in the second heat against UCF, Princeton, Brown, and Navy.

The II Eight races in the third heat at 9:12 a.m. against Duke, Stanford, Texas, Wisconsin, and Marist.

The I Four will take on Harvard, California, Washington, and Brown in the first heat at 9:36 a.m.

HOW TO ADVANCE

Format	Four heats, two repechages, two semifinal A-B and two semifinals C-D.
Heats	Top two crews advance to A-B semifinals, the remainder advance to the repechages.
Repechages	Two seven-boat repechages. Top two crews advance to A-B semifinals, remainder to C-D semifinals.
Advancement	Top three crews from semifinals A-B advance to Grand Final, remainder to Petite Final. Top three crews from semifinals C-D advance to C Final, remainder advance to D Final.

FOLLOW ALONG

A live stream of the competition is available on NCAA.com. Live results and live stream links will be available on the team's schedule page at hawkeyesports.com

Live results will also be posted on Twitter @lowarowing following the conclusion of each event.

NCAA RETURNERS

Iowa returns 11 rowers from last year's NCAA Championships appearance. The I Eight leads with six returners, including Katie Pearson, Hannah Greenlee, Logan Jones, Hunter Koenigsfeld, Eve Stewart, and Contessa Harold. The II Eight returns Claire Rutherford, Paige Schlafkohl, Rachel Canon, and Faith Wieland, while the I Four returns Kayla Jensen.

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HEAD COACH ANDREW CARTER



Andrew Carter was named the third head coach in program history for the University of Iowa rowing program in July 2013.

Carter has led Iowa to the NCAA Championships in each of the last three seasons, the second, third, and fourth appearances in program history.

The 2018 crew finished the NCAA Championships with school-record 69 points, and a school-record 111 points at the Big Ten Championships.

In 2018, then sophomore Contessa Harold was named Big Ten Conference Co-Athlete of the Year. Harold is the first Hawkeye in program history to earn the conference honor. Harold was named to the All-Big Ten first team, and senior Kaelynn Heiberg and sophomore Hunter Koenigsfeld were named to the second team.

In 2017, Carter ended Iowa's 16-year postseason drought by leading the Hawkeyes to the NCAA Championships for the first time since 2001. The Hawkeyes tied for fourth at the Big Ten Championship and scored 106 points at the conference meet, a then-program record. Cristy Hartman earned first team All-Big Ten honors and Ashley Duda earned second team All-Big Ten honors. Morgan Grastorf and Cristy Hartman were named All-Region athletes and Victoria Bricker, Kaelynn Heiberg, Gemma Kerr, and Rachel Canon were selected as CRCA Scholar Athletes. Carter led the Hawkeyes to their highest national ranking in program history, coming in at No. 7 in the April 18, 2018, CRCA/USRowing poll.

During his coaching career, Carter has earned more than 50 championship medals, and over the last 15 years, he has coached nine All-Americans and 41 National Scholar-Athletes. Before becoming a Hawkeye, he turned Miami into a nationally-ranked program, and led Clemson to its first-ever Atlantic Coast Conference title and NCAA Championship appearance.

Carter is a U.S. Rowing Level III Coach and a Rowing Canada Aviron Level IV Coach, as well as a National Coaching Certification Program (NCCP) Master Instructor and Master Coach Evaluator. He is affiliated with the Collegiate Rowing Coaches Association and U.S. Rowing.

Carter earned his bachelor's degree in kinesiology-biomechanics from Dalhousie University in Halifax, Nova Scotia, and a master's degree in kinesiology-biomechanics from the University of Western Ontario. Highly regarded in both the academic and coaching fields, Carter is a regular speaker at national and international coaching conferences on topics in biomechanics, technique, equipment, and training.

NCAA CHAMPIONSHIP SCORING

Crews are awarded points for their final finish in each of the three boats (I Eights, II Eights and Fours). In the Fours, the first-place finisher (in the Grand Final) receives 22 points, with each place below that receiving one fewer point (21 points for second, 20 for third on down to 1 point for 22nd place). In the II Eights, the points are doubled (44 points for first place, 42 for second, down to 2 points for 22nd place). In the I Eights, the points are tripled (66 points for first, 63 for second on down to 3 for 22nd place).

The team with the most points is named NCAA Champion. If there is a tie, the tied teams' result in the I Eights serves as the tiebreaker.

BIG TEN CHAMPIONSHIPS

The 2019 Big Ten Championships took place on May 19 in Devil's Lake, Wisconsin. Iowa was highlighted by the I Eight's third-place finish in 6:26.61. It is the boat's second straight bronze medal after placing third in 2018.

ALL-BIG TEN HONOREES

Following the conclusion of the Big Ten Rowing Championships on May 19, Iowa had three athletes named All-Big Ten. Contessa Harold was named first-team All-Big Ten, while Hunter Koenigsfeld, and Hannah Greenlee were both named to the second team.

Harold's honor is her second consecutive first-team accolade. Harold was named the Big Ten Co-Athlete of the Year in 2018. Koenigsfeld earned her second straight second-team honor and Greenlee's all-conference honor is the first of her career.

HITTING THE WATER

The NCAA Rowing Championships returns to Indiana for the first time since 2014, while the competition will be held at Eagle Creek for the first time since 2003.

RANKINGS

The Hawkeyes have been ranked for 27 consecutive weeks—the program's longest streak in school history. The streak peaked last season at No. 7 on April 18, 2018. This season, Iowa has been ranked at No. 12, 13, and 14.

B1G BOAT OF THE WEEK

The University of Iowa women's rowing team earned Boat of the Week honors for the first varsity eight (1V8) performance at the Big Ten Double Dual on Saturday, April 13. The dual marked the first time the Hawkeyes had competed at home since the 2016 season.

Iowa's 1V8 boat includes two 2018 CRCA All-Americans (Contessa Harold and Hunter Koenigsfeld) and three U23 National Team camp selections (Hannah Greenlee, Harold, and Koenigsfeld). Other members of the boat include Eve Stewart (U23 Dutch National Team), Naomi Visser, Katie Pearson, Elena Waiglein, Paige Schlapkohl, and coxswain Logan Jones.

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