

IOWA TRACK & FIELD 2018

25 Olympians
13 NCAA Champions
300 All-America Honors
297 Big Ten Champions
480 Academic All-Big Ten Honors



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2018 IOWA TRACK & FIELD OUTDOOR SCHEDULE

Date	Meet
March 16-17	Willie Williams Classic (Tucson, Arizona)
March 28-29	Texas Relays (Austin, Texas)
March 29-31	Florida Relays (Gainesville, Florida)
March 30-31	Stanford Invitational (Palo Alto, California)
April 7	Battle on the Bayou (Baton Rouge, Louisiana)
April 12	Musco Twilight XIX (Iowa City, Iowa)
April 18-19	Bryan Clay Invitational (Azusa, California)
April 20-21	Long Beach Invitational (Long Beach, California)
April 19-21	Mt. SAC Relays (Torrence, California)
April 27	Kip Janvrin Open (Indianola, Iowa)
April 25-28	Drake Relays (Des Moines, Iowa)
May 11-13	B1G Championships (Bloomington, Indiana)
Mar 24-26	NCAA West Preliminary (Sacramento, California)
June 6-9	NCAA Championships (Eugene, Oregon)

IOWA COACHING STAFF

Joey Woody	Director of Track & Field
Randy Hasenbank .	Assoc. Head Cross Country Assistant Track & Field Coach
Clive Roberts	Associate Head Coach
Jason Wakenight	Assistant Coach Director of Recruiting
Eric Werskey	Assistant Coach (Throws)
Paige Knodle	Assistant Coach
Kate See	Director of Operations

THIS WEEK

The University of Iowa track and field team is sending 30 individuals and four relays to compete at the 2018 NCAA Track and Field West Regional this weekend in Sacramento, California. The event is hosted by Sacramento State University.

FOLLOW ALONG

Fans can follow results at hawkeyesports.com/tracklive. Notable results from each meet will be posted on the team's official twitter account @iowaxc_tf. All live results links will be posted on the team's schedule page at hawkeyesports.com.

BROADCAST INFO

FloTrack will provide a live stream of the NCAA West Regional (subscription required).

HAWKEYES SEND 30 ATHLETES TO REGIONALS

The Hawkeyes qualified 30 individuals and four relays to the NCAA first round. The athletes selected finished the regular season among the top 48 competitors in an individual event or one of the top 24 relays.

The qualifiers include 13 returnees, 17 first-timers, and the men's and women's 1,600 and 400-meter relay.

THE BEST IN THE WEST

Iowa has five athletes ranked inside the top-10 in the West Region. The athletes include Jahisha Thomas (long jump, second; triple jump, ninth), Mar'yea Harris (400 meters, second), Lauluga Tausaga (discus, seventh), Brittany Brown (200 meters, sixth), Reno Tuufuli (discus, second).

HAWKEYE WOMEN PLACE 3RD AT BIG TEN CHAMPIONSHIPS

The University of Iowa women's track and field team recorded its highest finish and point total in program history at the 2018 Big Ten Outdoor Track and Field Championships in Bloomington, Indiana on May 13.

Iowa crowned five Big Ten Champions- the most in program history at a single meet (discus, shot put, long jump, triple jump, 200 meters)- to score 98 points and place third overall. In addition, Iowa is the first school in Big Ten history to sweep the long jump, triple jump, shot put, and discus at a single meet.



THOMAS NAMED B1G FIELD ATHLETE OF THE CHAMPIONSHIPS

Senior Jahisha Thomas was named the Big Ten Field Athlete of the Championships after winning two gold medals at the 2018 Big Ten Outdoor Track and Field Championships.

Thomas became the fourth person in Big Ten history to sweep the long jump and triple jump at a single Big Ten meet. Thomas won Iowa's second long jump title in program history and the school's first triple jump title.

Thomas is Iowa's first Field Athlete of the Championships. Kineke Alexander was named the Track Athlete of the Championships following the 2007 Big Ten Indoor Championships.

TAUSAGA TAKES TWO

Sophomore Laulauga Tausaga became the sixth person in league history to sweep the shot put and discus at a Big Ten Outdoor Championships. Tausaga is also the first to win back-to-back discus titles since 2009-10. In addition, Tausaga is the seventh person in Big Ten history to win both events.

Tausaga reset her own school record in the shot put, recording a mark of 16.80 meters to win Iowa's second shot put title in school history.

HARRIS IS A RUNNER-UP NO MORE

Junior Mar'yea Harris won his first career Big Ten 400-meter title, setting a school record in 44.98. Harris broke a 25-year old record held by former NCAA champion Anthuan Maybank. Harris is Iowa's sixth champion in the event in program history and first since 2010.

Harris capped off the Big Ten Championships with his second gold medal of the weekend in the 1,600-meter relay. Harris was joined by DeJuan Frye, Antonio Woodard, and Collin Hofacker to run 3:06.32 and win the program's first 1,600-meter title since 1999.

HAWKEYES THREE-PEAT 200 METERS

Senior Brittany Brown's victory in the 200 meters capped off an Iowa three-peat in the event. Brown narrowly won the 200 meters for her second-straight Big Ten Outdoor title in the event. She ran the race in 22.93. Briana Guillory won the Big Ten 200-meter title in 2016.

Iowa is the third school in Big Ten history to win three straight 200 meter titles, joining Penn State (2008-10) and Michigan State (1984-87).

2018 OUTDOOR SEASON LEADERS

MEN

100 Meters	Antonio Woodard	10.34
110-Meter Hurdles	Chris Douglas	13.89
200 Meters	Antonio Woodard	20.61
400 Meters	Mar'yea Harris	* 44.98
400-Meter Hurdles	Chris Douglas	50.44
800 Meters	Tysen VanDraska	1:49.65
1,500 Meters	Nathan Mylenek	3:47.87
3,000 Meters	Luke Sampson	8:28.37
3,000 Steeplechase	Nathan Mylenek	8:48.66
5,000 Meters	Nathan Mylenek	14:09.43
10,000 Meters	Daniel Soto	29:39.35
400-Meter Relay	Woodard, Wilson, Hofacker, Harris	39.51
800-Meter Relay	Wilson, Sorrells, Douglas, Williams	1:25.87
1,600-Meter Relay	Hofacker, Woodard, Frye, Harris	3:04.38
Sprint Med. Relay	Hofacker, Woodard, Harris, VanDraska	3:18.11
3,200-Meter Relay	Melchert, Manternach, Teubel, Lilly	7:28.37
Dist. Medley Relay	Mylenek, Thompson, Manternach, Melchert	9:50.70
High Jump	Jay Hunt	6-8 3/4 (2.05m)
Pole Vault	Andy Jatis	16-7 1/2 (5.07m)
Long Jump	O'Shea Wilson	25-0 1/2 (7.63m)
Triple Jump	Akinske Calica-Hill	48-10 3/4 (14.90m)
Shot Put	Reno Tuufuli	61-11 1/2 (18.88m)
Discus	Reno Tuufuli	199-8 (60.87m)
Javelin	Alex Balke	196-6 (59.90m)
Decathlon	William Dougherty	* 7,673 points

WOMEN

100 Meters	Brittany Brown	* 11.28
100-Meter Hurdles	Jenny Kimbro	13.56
200 Meters	Brittany Brown	22.76
400 Meters	Briana Guillory	51.95
400-Meter Hurdles	Sommer Sharpe	59.20
800 Meters	Mallory King	2:08.45
1,500 Meters	Madison Waymire	4:31.86
3,000 Meters	Mary Arch	11:02.21
3,000 Steeplechase	Marta Bote Gonzalez	10:53.67
5,000 Meters	Andrea Shine	16:29.65
10,000 Meters	Andrea Shine	33:50.25
400-Meter Relay	Thomas, Avant, Guillory, Brown	44.44
800-Meter Relay	Brown, Champe, Avant, Plock	* 1:35.11
1,600-Meter Relay	Champe, Guillory, Plock, Sharpe	3:35.94
Sprint Med. Relay	Buss, Avant, Sharpe, Saunders	4:00.57
3,200-Meter Relay	Weum, Swanson, Arco, Waymire	9:15.26
Dist. Medley Relay	Saunders, Morken, Arco, Waymire	12:03.04
High Jump	A. Lantrip/G. Urycki	5-9 1/4 (1.76m)
Pole Vault	Amy Smith	11-11 3/4 (3.65m)
Long Jump	Jahisha Thomas	21-6 (6.55m)
Triple Jump	Jahisha Thomas	43-8 1/2 (13.32m)
Shot Put	Laulauga Tausaga	* 55-1 1/2 (16.80m)
Discus	Laulauga Tausaga	* 196-4 (59.86m)
Javelin	Marissa Mueller	151-0 (46.02m)
Hammer	Leah Colbert	189-3 (57.69m)
Heptathlon	Jenny Kimbro	5,523 points

* -- school record



HAWKEYES WIN BACK-TO-BACK HY-VEE CUPS

The University of Iowa men’s track and field team captured its second consecutive Hy-Vee Cup at the 109th Drake Relays on April 28. Iowa tallied 32 total points, including a win in the 1,600-meter relay.

The Hy-Vee Cup is a competition over five relays-- the 3,200-meter relay, sprint medley relay, distance medley relay, 400-meter relay, and 1,600-meter relay.

Iowa set the fourth-fastest time in program history in the 3,200-meter relay (7:28.33, 2nd place), the fifth-fastest time in the sprint medley relay (3:18.11, 2nd place), and the fifth-fastest time in the distance medley relay (9:50.70, 3rd place).

WHITE FLAGS WAVING

Iowa left the Drake Relays with Championship flags in four events - the men’s shot put, women’s shot put, women’s 400-meter hurdles, and 1,600-meter relay

Junior Reno Tuufuli captured his second Drake Relays championship after winning the discus in 2017. Tuufuli threw a season best mark of 60-feet, 8.5-inches (18.50 meters). Tuufuli is the third Hawkeye to win a Drake Relays shot put title in school history (Kemeny, 2004, Gambol, 1987).

Sophomore Laulauga Tausaga broke her own school record in the women’s shot put with a 64-foot, 11.25-inch throw in her final attempt. Tausaga grabs Iowa’s first white flag in the women’s shot put in Drake Relays history.

Senior Sommer Sharpe won her first Drake Relays title in the 400-meter hurdles. Sharpe ran 59.73 for the team’s third event title.

The men’s 1,600-meter relay of DeJuan Frye, Collin Hofacker, Chris Thompson, and Mar’yea Harris won Iowa’s second-straight 4x400 title. The Hawkeyes’ title in the 1,600-meter relay was their 11th win in Drake Relays history and their 3:05.05 is the fastest time recorded in Des Moines.

NEXT ON THE BLOCK

Qualified athletes will move on to the NCAA Championships in Eugene, Oregon, June 6-9, inside Hayward Field. Tickets for the event are available on NCAA.com.

Pronunciation Guide

Alex Balke	ball-KEY
Marta Bote Gonzalez	BOAT
Sheridan Champe.....	CHAMP-ee
Kevin Docherty.....	DOC-er-tee
Tashee Hargrave.....	Ta-Shay
Mar’yea Harris	Mar-ee-ay
Matt Manternach.....	MON-ter-knock
Nathan Mylenek	MY-len-ek
Kara Neustrom	NEW-strum
Elizabeth Niedert	KNEE-dirt
Laulauga Tausaga	La-Long-a Ta-(short a)-saga
Nolan Teubel	TOO-bull
Reno Tuufuli	TOO-foo-lee

HORNET STADIUM

Hornet Stadium was built in 1969 and is in its 49th season. The stadium plays host to the Sacramento State track and field and football teams.

The track hosted the 2014 and 2017 USATF Championships. In addition, the track hosted the 2000 and 2004 US Olympic Trials.



NCAA WEST REGIONAL QUALIFIERS

2018 REGIONAL RANKINGS

INDIVIDUALS

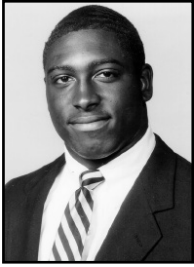
Women	Event	Time/Distance	Regional Ranking
**Brittany Brown, SR	200m	22.76	6
**Brittany Brown, SR	100m	11.28	19
**Briana Guillory, JR	400m	51.95	10
Mallory King, SO	800m	2:08.45	43
*Andrea Shine, JR	10,000m	33:50.25	18
Jenny Kimbro, SO	100mH	13.56m	37
*Sommer Sharpe, SR	400mH	59.20	38
Sarah Plock, JR	400mH	59.49	46
*Laulauga Tausaga, SO	discus	59.86m	7
Konstadina Spanoudakis, FR	discus	52.51m	31
*Laulauga Tausaga, SO	shot put	16.80m	13
Nia Britt, SO	shot put	16.52m	22
***Jahisha Thomas, SR	long jump	6.55m	2
***Jahisha Thomas, SR	triple jump	13.32m	9
Aubrianna Lantrip, SO	high jump	1.76m	38
Gillian Urycki, SO	high jump	1.76m	40
Tria Simmons, JR	high jump	1.75m	48
Marissa Mueller, FR	Javelin	46.02m	43

Men	Event	Time/Distance	Regional Ranking
**O'Shea Wilson, SR	100m	10.39	30
Antonio Woodard, SO	200m	20.61	15
***Mar'yea Harris, JR	400m	44.98	2
**DeJuan Frye, JR	400m	46.17	16
*Collin Hofacker, SO	400m	46.64	35
Tysen VanDraska, SO	800m	1:49.65	29
Matt Manternach, SO	800m	1:49.80	34
Michael Melchert, SR	1,500m	3:44.59	25
*Nathan Mylenek, SO	3,000m Steeplechase	8:48.66	13
*Chris Douglas, JR	110mH	13.89	15
Anthony Williams, SO	110mH	14.22	44
*Chris Douglas, JR	400mH	50.44	13
*Noah Larrison, JR	400mH	51.86	43
Raymund Clarke, JR	400mH	51.92	47
**O'Shea Wilson, SR	long jump	7.63m	29
**Reno Tuufuli, JR	discus	60.87m	2
**Reno Tuufuli, JR	shot put	18.88m	11

RELAYS

Relay	Time	Regional Ranking
4X100 (Women)	44.44	21
4X400 (Women)	3:35.94	21
4X100 (Men)	39.51	16
4X400 (Men)	3:04.38	11

OUTDOOR ALL-TIME TOP TEN PERFORMERS



Jeremy Allen



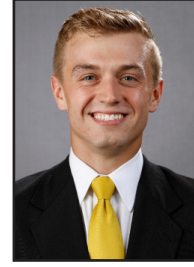
Justin Austin



Matt Byers



Troy Doris



William Dougherty



Mar'Yea Harris



Jeffery Herron

100 Meters

- Justin Austin, 2011 10.21
- O'Shea Wilson, 2017..... 10.22**
- George Page, 1996 10.25
- James Harrington, 2015 10.26
- Anthuan Maybank, 1994 10.31
- Tim Dwight, 1997 10.31
- Josh Larney, 2013 10.31
- Vinnie Saucer, Jr., 2015 10.31
- Antonio Woodard, 2018..... 10.34**
- Bob Lawson, 1976 10.36

110-Meter High Hurdles

- Aaron Mallett, 2017 13.24
- Pat McGhee, 1989 13.50
- Dion Trowers, 1996 13.62
- Ronnie McCoy, 1985 13.66
- Ethan Holmes, 2011 13.73
- Jordan Mullen, 2013 13.76
- James Armstrong, 1991 13.89
- Chris Douglas, 2018 13.89**
- Dan Davis, 2012 14.01
- Doug Jones, 1986 14.06

200 Meters

- Justin Austin, 2011 20.31
- Jeff Patrick, 1983 20.47
- James Harrington, 2015 20.50
- Anthuan Maybank, 1994 20.55
- Victor Green, 1984 20.60
- Antonio Woodard, 2018..... 20.61**
- Andre Morris, 1995 20.64
- George Page, 1996 20.67
- Collin Hofacker, 2017 20.71**
- Terrence Duckett, 1982 20.74

400 Meters

- Mar'yea Harris, 2018 44.98**
- Anthuan Maybank, 1993 44.99
- Andre Morris, 1995 45.15
- Mike Mondane, 1967 45.20
- Steven Willey, 2010 45.78
- DeJuan Frye, 2018 46.17**
- Gary Hollingsworth, 1963 46.30
- Harold Leonard, 1986 46.45
- Emmanuel Ogwo, 2017 46.46
- Collin Hofacker, 2017 46.57**

400-Meter Hurdles

- Pat McGhee, 1988 48.83
- Monte Raymond, 1998 50.09
- Ray Varner, 2010 50.24
- Chris Douglas, 2018 50.44**
- Paul Steele, 1989 50.45
- Russell Peterson, 2001 50.50
- Ethan Holmes, 2013 50.51
- Adam Kunkel, 2001 50.73
- Jon Reimer, 1967 50.94
- Noah Larrison, 2016..... 50.94**

800 Meters

- Erik Sowinski, 2012 1:45.90
- Carter Lilly, 2016 1:47.32**
- Bill Frazier, 1962 1:47.64
- D'Juan Strozier, 1990 1:47.82
- Adam Hairston, 2011 1:48.10
- Will Teubel, 2015 1:48.60
- Michael Layne, 1999 1:49.61
- Tysen VanDraska, 2018 1:49.65**
- Bill Thiesen, 1985 1:49.74
- Matt Manter, 2019 1:49.80**

1,500 Meters

- Jeff Thode, 2010 3:43.02
- Joel Moeller, 1978 3:44.01
- Jim Docherty, 1978 3:44.30
- Sam Fourman, 2015 3:44.50
- Michael Melchert, 2018..... 3:44.59**
- Adam Jones, 2017 3:45.48
- Dan Waters, 1986 3:46.35
- Kevin Herd, 1994 3:46.64
- John Clark, 1977 3:46.84
- Nathan Mylenek, 2018..... 3:47.18**

3,000-Meter Steeplechase

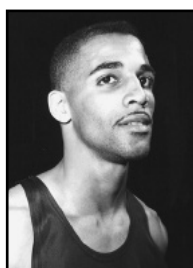
- Deacon Jones, 1956 8:47.40
- Nathan Mylenek, 2018 8:48.66**
- Steve Pershing, 1978 8:54.59
- Andy Morris, 2000 8:56.21
- Matt Gerard, 1994 8:57.01
- Andy Napier, 2008 8:57.54
- Rollie Kitt, 1967 9:02.90
- Al Greene, 1985 9:02.96
- Tony Rakaric, 2005 9:03.29
- Mark Battista, 2010 9:04.60

5,000 Meters

- Micah VanDenend, 2007 13:49.31
- Larry Wieczorek, 1968 13:56.00
- Kevin Herd, 1993 13:59.00
- Stetson Steele, 2000 14:02.76
- Kevin Lewis, 2014 14:02.78
- Eric MacTaggart, 2005 14:04.79
- Dan Haut, 2006 14:07.30
- Jesse Luciano, 2010 14:08.71
- Nathan Mylenek, 2018 14:09.43**
- Adam Jones, 2017 14:11.52



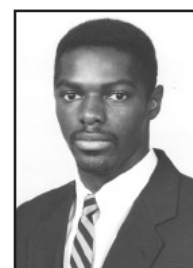
Gabe Hull



Deacon Jones

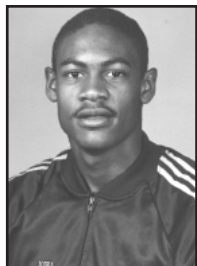


Aaron Mallett

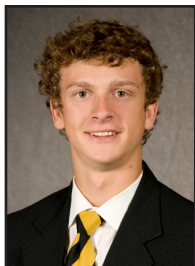


Anthuan Maybank

OUTDOOR ALL-TIME TOP TEN PERFORMERS



Pat McGhee



Erik Sowinski



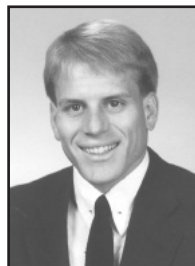
Stetson Steele



Jeff Thode



Micah VanDenend



Todd Wigginton



Arno
van der Westhuizen

10,000 Meters

1. Stetson Steele, 2000..... 28:44.47
2. Eric MacTaggart, 2006..... 28:50.23
3. Kevin Lewis, 2015..... 28:59.62
4. **Daniel Soto, 201829:39.35**
5. Nick Nordheim, 2002 29:44.71
6. Trent Corey, 2002 29:45.25
7. **Ian Eklin, 201729:47.06**
8. Chad Schwitters, 1999..... 29:56.00
9. **Luke Sampson, 201829:58.47**
10. Nick Holmes, 2010 30:02.31

Decathlon

1. **William Dougherty, 2018 7,673 pts**
2. Kyle Reid, 2013..... 7,203 pts
3. Jack Eckert, 2015..... 7,087 pts
4. Dan Rolling, 2010 6,957 pts
5. Scott Faber, 2000..... 6,839 pts
6. Ryan Niver, 2008..... 6,837 pts
7. Chad Ohly, 1994 6,641 pts
8. Gary Kostrubala, 1984..... 6,498 pts
9. Frank Prill, 2008..... 6,381 pts
10. Jacob Drewry, 1994 5,820 pts

High Jump

1. Jeffery Herron, 2012..... 7-4 1/4 (2.24)
2. Bill Hansen, 1978..... 7-4 (2.23)
Bill Knoedel, 1975..... 7-4 (2.23)
4. Kevin Spejcher, 2014 7-2 1/2 (2.20)
5. M. Cunningham, 1986..... 7-1 (2.16)
Kenneth Lansing, 1988 7-1 (2.16)
7. Pat Meade, 1987 7-0 1/4 (2.14)
8. Graham Valdes, 2012 6-11 3/4 (2.12)
9. Peter Hlavin, 1979 6-11 (2.11)
Scott Hudek, 1993 6-11 (2.11)
Jeremy Petsche, 2008..... 6-11 (2.11)
Brandon Oest, 2012 6-11 (2.11)

Pole Vault

1. Todd Wigginton, 1984 17-0 (5.18)
2. Chad Ohly, 1994 16-8 3/4 (5.10)
Kyle Reid, 2013 16-8 3/4 (5.10)
4. Curt Broek, 1978 16-8 (5.08)
5. **Andy Jatis, 2018..... 16-7 1/2 (5.07)**
6. Phil Wertman, 1971 16-7 (5.05)
Kelly Scott, 1988..... 16-7 (5.05)
8. John Teffer, 1972 16-2 (4.93)
9. Alex Zona, 2009..... 16-0 3/4 (4.90)
10. Steve Brewer, 1983..... 16-0 (4.88)
Doug Pennino, 1985 16-0 (4.88)

Long Jump

1. Anthuan Maybank, 1993..... 27-1 (8.25)
2. Bashir Yamini, 1997 26-8 1/4 (8.13)
3. Paul Jones, 1989..... 25-10 1/4 (7.88)
4. Darren Smith, 1991 25-9 3/4 (7.86)
5. Quinn Early, 1986 25-7 1/4 (7.80)
6. **O'Shea Wilson, 2017..... 25-5 1/4 (7.75)**
7. Ed Gordon, 1931 25-4 3/8 (7.68)
8. Matty Gorman, 2006..... 25-1 1/4 (7.65)
9. Ronnie McCoy, 1985..... 25-0 (7.62)
10. Antwon James, 2017 24-11 (7.59)

Triple Jump

1. Troy Doris, 2012 54-8 (16.66)
2. Babatunde Amosu, 2015..... 53-10 (16.15)
3. Paul Jones, 1990..... 53-9 (16.38)
4. Antwon James, 2017 52-4 1/2 (15.96)
5. Klyvens Delaunay, 2013... 52-2 1/2 (15.91)
6. Gordon Finch, 1988 50-9 1/4 (15.47)
7. Mike Lacy, 1984..... 50-5 (15.36)
8. Pat Miller, 1985 49-8 1/2 (15.25)
9. Matty Gorman, 2008..... 49-2 1/2 (15.00)
10. Owen Gill, 1982 49-1 (14.96)

Shot Put

1. Jeremy Allen, 2001 63-2 3/4 (19.27)
2. Ken Kemeny, 2005..... 62-3 (18.97)
3. Shane Maier, 2006..... 62-2 1/4 (18.95)
4. Andy Banse, 2005..... 61-11 1/2 (18.88)
Reno Tuufuli, 2018..... 61-11 1/2 (18.88)
6. John Hickey, 2008..... 61-9 1/2 (18.83)
7. Avery Meyers, 2017..... 60-4 (18.39)
8. Chris Gambol, 1987 60-0 1/2 (18.30)
9. A.J. Curtis, 2008..... 59-8 1/4 (18.19)
10. Gabe Hull, 2014..... 59-4 1/4 (18.09)

Discus

1. Gabe Hull, 2014..... 207-1 (63.11)
2. **Reno Tuufuli, 2017.....203-7 (62.06)**
3. A.J. Curtis, 2007..... 202-11 (61.84)
4. Gary Kostrubala, 1986..... 202-4 (61.68)
5. Jeremy Allen, 2001..... 195-4 (59.54)
6. Tim Brodersen, 2005 193-6 (58.98)
7. Avery Meyers, 2017..... 185-8 (56.61m)
8. Brad Daufeldt, 2004 185-0 (56.40)
9. Nick Brayton, 2009 180-11 (55.15)
10. Andy Banse, 2005..... 180-0 (54.86)

Hammer

1. A. van der Westhuizen, 2001 222-11 (67.94)
2. Adam Hamilton, 2007 222-2 (67.73)
3. Jim Costello, 2002 217-7 (66.32)
4. Brad Daufeldt, 2004 207-10 (63.34)
5. Chris Voller, 2005..... 206-0 (62.80)
6. Matt Banse, 2012 201-11 (61.55)
7. Jeremy Allen, 2001..... 199-0 (60.66)
8. Ben Stancombe, 2011 197-6 (60.20)
9. Ryan Jordan, 2007 184-6 (56.23)
Mark Shapveld, 2009.....184-6 (56.23)

Javelin

1. Matt Byers, 2011 245-8 (74.89)
2. Bill Neumann, 2002 244-8 (74.58)
3. Dan Ralph, 2000 227-10 (69.44)
4. Sam Joens, 2015..... 211-5 3/4 (64.45)
5. Zach Schimp, 2010 211-0 (64.32)
6. **Alex Balke, 2016205-11 (62.77)**
7. Kale Katt, 2007 204-0 (62.17)
8. Joel Storm, 2004..... 203-5 (62.01)
9. Matt Stank, 2001..... 199-0 (60.66)
10. Jack Eckert, 2015 188-9 (57.53)

MEN'S ALL-TIME RELAYS

400-Meter Relay

1. Brissett, **Wilson**, Thompson, Mallett, 2017 39.12
2. Mincy, **Wilson**, Harrington, Brown, 2014 39.19
3. Mincy, Austin, E. Holmes, Larney, 2013 39.31
4. Saucer, Jr., Brissett, Harrington, Mallett, 2016 39.44
5. Brissett, **Wilson**, **Woodard**, Mallett, 2017 39.46
6. Beecham, Duckett, Greer, R. Smith, 1984 39.48
7. Mallett, **Wilson**, Ogwo, **Harris**, 2017 39.49
8. **Woodard**, **Wilson**, **Hofacker**, **Harris**, 2018 **39.51**
9. Brissett, **Harris**, Harrington, Mallett, 2016 39.53
10. Brissett, **Wilson**, Ogwo, **Harris**, 2017 39.59

Shuttle Hurdle Relay

1. McGhee, Armstrong, Falls, Stelle, 1989 57.80
2. Wigginton, Jones, Lacey, McCoy, 1985 59.77
3. 1975 1:05.20

800-Meter Relay

1. James, Mallett, **Harris**, B. Thompson, 2017 1:23.02
2. B. Thompson, Brissett, Harrington, Ganschow, 2016 1:23.36
3. B. Thompson, Ganschow, **Frye**, **Hofacker**, 2017 1:23.73
4. Richardson, Sayon, Richards, Chaney, Jr., 2009 1:24.85
5. Harrington, VanCleave, Wilson, Mallett, 2014 1:24.86
6. Austin, Brown, Larney, VanCleave, 2013 1:25.60
7. **Wilson**, **Sorrells**, **Douglas**, **Williams**, 2018 **1:25.87**
8. Barclay, McCalister, Jensen, Elliott, 1979 1:26.39
9. Thomas, Balkrishnan, Patterson, Freidrich 1991 1:28.38
10. Balkrishnan, Patterson, Thomas, Freidrich, 1991 1:29.04

1,600-Meter Relay

1. **Frye**, **Harris**, **Hofacker**, Ogwo, 2017 3:01.91
2. **Frye**, Ogwo, **Hofacker**, **Harris**, 2017 3:02.57
3. Morris, Davis, Page, Rozell, 1995 3:03.11
4. Branch, Dwight, Dodge, Yamini, 1999 3:03.29
5. Ogwo, **Harris**, **Hofacker**, **Lilly**, 2017 3:03.78
6. Ferree, Frazier, Mondane, Reimer, 1967 3:04.10
7. **Hofacker**, **Woodard**, **Frye**, **Harris**, 2018 **3:04.38**
8. Rozell, Morris, Davis, Yamini, 1996 3:04.71
9. **Frye**, **Hofacker**, **Thompson**, **Harris**, 2018 **3:05.05**
10. Willey, Barton, Richards, Sowinski, 2010 3:05.61

Sprint Medley Relay

1. McCorkle, Jones, Chung, Strozier, 1990 3:15.64
2. Sayon, Austin, Willey, Sowinski, 2011 3:16.18
3. Richards, Larney, Davey, Sowinski, 2012 3:17.25
4. Richardson, Richards, Willey, Sowinski, 2010 3:17.74
5. **Hofacker**, **Woodard**, **Harris**, **VanDraska**, 2018 **3:18.11**
6. Saucer, Jr., Brissett, **Harris**, **Lilly**, 2016 3:18.53
7. **Hofacker**, **Woodard**, **Harris**, **Lilly**, 2017 3:18.73
8. Armstrong, Thomas, Maybank, Strozier, 1991 3:18.93
9. Yamini, Davis, Dodge, Donovan, 1999 3:19.87
10. Richards, Chaney, Jr., Barton, Hairston, 2009 3:20.05

3,200-Meter Relay

1. Schum, Christensen, Steffen, Criswell, 1971 7:18.60
2. Hairston, Prom, Thode, Sowinski, 2011 7:23.77
3. **Manternach**, **VanDraska**, W. Teubel, **Lilly**, 2017 7:24.77
4. **Melchert**, **Manternach**, N. Teubel, **Lilly**, 2018 **7:28.37**
5. Corrigan, Blackman, Strozier, Chambers, 1989 7:29.00
6. **Melchert**, Dorman, **Lilly**, **Larrison**, 2016 7:30.32
7. N. Teubel, **Manternach**, Chaidez, W. Teubel, 2017 7:30.74
8. **Lilly**, Dorman, W. Teubel, Davey, 2015 7:31.48
9. Willey, Braff, Sowinski, Hairston, 2009 7:33.08
10. Tweedy, Gajewski, Linden, O'Hollearn, 2005 7:33.12

Distance Medley Relay

1. Pershing, Moeller, Slack, Docherty, 1978 9:39.94
2. Kuczvara, Barton, Hairston, Thode, 2011 9:41.37
3. N. Holmes, VanCleave, Sowinski, Thode, 2012 9:41.59
4. Young, Barton, Kuczvara, Luciano, 2010 9:42.97
5. **Mylenek**, **Thompson**, **Manternach**, **Melchert**, 2018 **9:50.70**
6. Prom, Davey, Weir, Witt, 2013 9:53.83
7. Theisen, Williams, Wiesa, Waters, 1985 9:54.04
8. Wilfong, Slaymaker, W. Teubel, Witt, 2013 9:54.05
9. Luciano, Pierre, Hairston, VanDenend, 2007 9:54.07
10. VanDenend, Riley, O'Hollearn, Rakaric, 2006 9:54.97

6,400-Meter Relay

1. Pershing, Fuller, Moeller, Docherty, 1978 16:27.70
2. Rakaric, Webster, MacTaggart, VanDenend, 2006 16:55.43
3. Lewis, Witt, Hart, Fourman, 2015 16:58.44
4. Price, **Eklin**, Gardarsson, **Docherty**, 2016 17:00.30
5. Paul, Kadlec, Thode, Luciano, 2010 17:01.46
6. Witt, Lewis, Hart, Butler, 2014 17:01.65
7. N. Holmes, Witt, Thode, Lewis, 2012 17:02.26
8. Thomas, Allen, Rakaric, Lloyd, 2003 17:06.27
9. Pittman, Novotny, Feeldy, Marquardt, 1995 17:12.49
10. Bakker, Feeldy, Peters, Pittman, 1996 17:13.10

OUTDOOR ALL-TIME TOP TEN PERFORMERS



Kineke Alexander



Meghan Armstrong



Marta Bote
Gonzalez



Brittany Brown



Nan Doak



Aisha James



Tiffany Johnson

100 Meters

1. **Brittany Brown, 2018** 11.28
2. **Briana Guillory, 2016** 11.35
3. Lake Kwaza, 2015 11.40
4. Vivien McKenzie, 1985 11.45
5. Davera Taylor, 1984 11.51
6. Erica Broomfield, 1998 11.53
7. Jiselle Providence, 2001 11.57
8. Tanja Reid, 1994 11.60
- Peaches Roach, 2005 11.60
10. Yolanda Hobbs, 1995 11.62

100-Meter Hurdles

1. Tiffany Johnson, 2007 13.20
2. **Jahisha Thomas, 2017** 13.46
3. Karessa Farley, 2009 13.53
4. **Jenny Kimbro, 2018** 13.56
5. C. Prendergast, 1999 13.60
- Paula Ruen, 2000 13.60
7. Sarah Steffen, 2002 13.65
8. Ruqayya Raheem, 1998 13.90
9. Heaven Chandler, 2016 13.91
10. Brenda Calhoun, 1984 13.94

200 Meters

1. **Brittany Brown, 2017** 22.30
2. **Briana Guillory, 2016** 22.89
3. Elexis Guster, 2016 23.03
4. Lake Kwaza, 2016 23.17
5. Shellene Williams, 2004 23.50
6. Kineke Alexander, 2006 23.58
7. Davera Taylor, 1984 23.59
8. Vivien McKenzie, 1985 23.61
9. Yolanda Hobbs, 1995 23.65
10. Alexis Hernandez, 2017 23.69



Diane Nukuri



Tammilee Kerr

400 Meters

1. Kineke Alexander, 2006 51.35
2. Elexis Guster, 2016 51.85
3. Shellene Williams, 2004 51.94
4. **Briana Guillory, 2018** 51.95
5. Ashley Liverpool, 2012 52.47
6. Ellen Grant, 1996 52.65
7. Alexis Hernandez, 2017 53.27
8. Senta Hawkins, 1988 54.01
- Bethany Praska, 2011 54.01
10. Marlene Poole, 1994 54.03

400-Meter Hurdles

1. Mary Knoblauch, 1981 56.16
2. Wynsome Cole, 1998 56.67
3. MonTayla Holder, 2014 56.70
4. Chris Davenport, 1981 59.18
5. **Sommer Sharpe, 2018** 59.20
6. **Sarah Plock, 2018** 59.49
7. Hannah Simonson, 2012 59.54
8. Sarah Steffen, 2002 59.59
9. Tiffany Hendricks, 2011 59.63
10. Nicole Erickson, 2012 59.77

800 Meters

1. Bethany Praska, 2011 2:03.78
2. Kay Stormo, 1982 2:05.67
3. Michelle Lahann, 2004 2:06.79
4. Katharina Trost, 2015 2:07.09
5. Mahnee Watts, 2016 2:07.41
6. **Mallory King, 2018** 2:08.45
7. Aisha Hume, 2005 2:08.50
8. Adrienne Alexia, 2013 2:08.61
9. Jeanne Kruckeberg, 1987 2:08.75
10. Kaitlyn Nelson, 2013 2:08.83

1,500 Meters

1. Meghan Armstrong, 2006 4:17.41
2. Betsy Flood, 2010 4:17.75
3. Jeanne Kruckeberg 1989 4:19.71
4. McKenzie Melander, 2012 4:20.22
5. Lauren Hardesty, 2009 4:20.40
6. Diane Nukuri, 2007 4:20.95
7. Penny O'Brien, 1985 4:21.43
8. Kay Stormo, 1982 4:22.24
9. Michelle Lahann, 2004 4:24.00
10. Shannon Stanley, 2006 4:25.08

3,000 Meters

1. Diane Nukuri, 2008 9:18.82
2. Penny O'Brien, 1985 9:20.61
3. McKenzie Melander, 2012 9:21.59
4. Betsy Flood, 2010 9:22.63
5. Nan Doak, 1985 9:23.04
6. Tracy Dahl, 1992 9:23.53
7. Meghan Armstrong, 2006 9:28.03
8. Brooke Eilers, 2011 9:30.08
9. Jeanne Kruckeberg, 1989 9:30.69
10. Jennifer Brower, 1992 9:34.59

3,000-Meter Steeplechase

1. **Marta Bote Gonzalez, 2015** 10:23.15
2. Danielle Berndt, 2011 10:26.54
3. Jessica Schmidt, 2008 10:27.18
4. Sarah Arens, 2004 10:34.50
5. Hannah Roeder, 2011 10:35.22
6. **Madison Waymire, 2017** 10:41.91
7. Kelsey Hart, 2011 10:47.56
8. Kelly Breen, 2017 10:59.99
9. Katie Ellis, 2010 11:02.62
10. Michelle Lahann, 2003 11:16.21

5,000 Meters

1. Nan Doak, 1985 15:45.84
2. McKenzie Melander, 2012 15:57.13
3. Diane Nukuri, 2008 15:59.39
4. Betsy Flood, 2011 16:04.46
5. Meghan Armstrong, 2008 16:08.83
6. Brooke Eilers, 2011 16:11.86
7. Mareike Schrulle, 2013 16:12.66
8. Jenny Spangler, 1983 16:17.21
9. Tracy Dahl, 1992 16:18.77
10. Racheal Marchand, 2008 16:27.02

OUTDOOR ALL-TIME TOP TEN PERFORMERS



Bethany Praska



Alana Redfern



Peaches Roach



Annemie Smith



Jessie Strand



Laulauga Tausaga



Renee White

10,000 Meters

1. Diane Nukuri, 2008 33:17.01
2. Jennifer Brower, 1991 33:23.38
3. Meghan Armstrong, 2008 33:28.00
4. Nan Doak, 1985 33:33.03
5. Jenny Spangler, 1983 33:39.24
6. **Andrea Shine, 2018.....33:50.25**
7. Racheal Marchand, 2008..... 34:05.87
8. McKenzie Melander, 2012 34:29.83
9. Tracy Dahl, 1992..... 34:30.09
10. Betsy Flood, 2011..... 35:05.10

Heptathlon

1. Tammilee Kerr, 2008..... 5,633 pts
2. **Jenny Kimbro, 20185,523 pts**
3. **Tria Simmons, 20175,398 pts**
4. Kathy Gillespie, 1983..... 5,262 pts
5. Tiff Pedersen, 2004 4,976 pts
6. Janet Adams, 1981 4,855 pts
7. Sarah Ryan, 2012..... 4,819 pts
8. Ruqayya Raheem, 1997..... 4,665 pts
9. Angela Chadwick, 1993 4,493 pts
10. **Allison Wahrman, 2017 Allison Wahrman, 2018.. 39-6 1/2 (12.05)**

High Jump

1. Peaches Roach, 2006 6-1 1/4 (1.86)
2. Mary Mol, 1983..... 6-0 (1.83)
3. Khanishah Williams, 2013 . 5-11 1/4 (1.81)
4. Caleigh Bacchus, 2010..... 5-10 (1.78)
5. Lynn McMillan, 1988..... 5-9 1/4 (1.76)
6. **Aubrianna Lantrip, 2018 5-9 1/4 (1.76)**
7. **Gillian Urycki, 2018..... 5-9 1/4 (1.76)**
8. Madison Rouw, 2016..... 5-8 3/4 (1.75)
9. **Tria Simmons, 2018 5-8 3/4 (1.75)**
10. Kacey Childs, 2001..... 5-8 1/2 (1.74)

Pole Vault

1. Jessie Strand, 2003..... 12-10 1/4 (3.92)
2. Sarah Burgett, 2006..... 12-1 3/4 (3.70)
3. Kirsten Weismantle, 2011..... 12-0 (3.66)
4. **Amy Smith, 2018 11-11 3/4 (3.65)**
5. Katie Truedson, 2010 11-5 1/4 (3.49)
6. Gina Shannon, 2001 11-2 1/4 (3.41)
7. Brittany Holst, 2013..... 11-1 (3.38)
8. Elyssa Tracy, 2015..... 10-6 (3.20)
9. Kacey Childs, 2000..... 8-0 1/2 (2.45)

Long Jump

1. Aisha James, 2003 22-3 (6.78)
2. **Jahisha Thomas, 2018..... 21-6 (6.55)**
3. Zinnia Miller, 2014 20-6 1/2 (6.26)
4. Renee White, 2008..... 20-3 3/4 (6.19)
5. Carisa Leacock, 2014 19-11 3/4 (6.09)
6. Becki Borg, 1988..... 19-7 1/4 (5.97)
7. **Jenny Kimbro, 2018 19-7 (5.97)**
8. Cassidy Ellis, 2015..... 19-6 1/4 (5.95)
9. Lisa Moats, 1986 19-6 (5.95)
10. Tammilee Kerr, 2008..... 19-4 1/4 (5.90)

Triple Jump

1. Renee White, 2008..... 43-10 3/4 (13.36)
2. **Jahisha Thomas, 2018.... 43-8 1/2 (13.32)**
3. Zinnia Miller, 2014 42-0 1/2(12.81)
4. Tiffany Johnson, 2007 41-8 3/4 (12.72)
5. **T. Simmons, 2018 40-11 3/4 (13.49)**
6. Carisa Leacock, 2012 40-10 1/2 (12.46)
7. Becki Borg, 1988..... 40-7 1/2 (12.38)
8. **Hannah Schlib, 2017 40-6 (12.34)**
9. Lynn McMillan, 1988..... 39-6 1/2 (12.05)
10. **Allison Wahrman, 2017 Allison Wahrman, 2018.. 39-6 1/2 (12.05)**

Shot Put

1. **Laulauga Tausaga, 2018... 55-1 1/2 (16.80)**
2. **Nia Britt, 2018 54-2 1/2 (16.52)**
3. Lisa Van Steenwyk, 1992..... 50-8 (15.44)
4. Gail Smith, 1984 50-3 1/4 (15.32)
5. Denise Taylor, 1992..... 50-1 3/4 (15.28)
6. **Erika Hammond, 2018 ... 49-7 1/4 (15.12)**
7. Kamesha Marshall, 2005. 48-6 3/4 (14.80)
8. Laura Kriener, 1990..... 48-2 1/2 (14.69)
9. Jennifer Gilson, 2002..... 47-10 (14.58)
10. Rachel Curry, 2013 47-9 1/4 (14.56)

Discus

1. **Laulauga Tausaga, 2018196-4 (59.86)**
2. Majesty Tutson, 2013..... 181-1 (55.19)
3. **K. Spanoudakis, 2018.....172-3 (52.51)**
4. Dakotah Goodell, 2014..... 169-4 (51.62)
5. **Kara Misel, 2018162-1 (49.40)**
6. Tiffany Medenwaldt, 2010 .. 161-3 (49.16)
7. Denise Taylor, 1992..... 160-5 (48.90)
8. Amanda Stahle, 2014 159-3 (48.54)
9. Lisa Van Steenwyk, 1991..... 159-1 (48.50)
10. Gail Smith, 1983 158-2 (48.22)

Javelin

1. Alana Redfern, 2003..... 181-5 (55.30)
2. Tammilee Kerr, 2008..... 163-5 (49.81)
3. Mandy Beck, 1999..... 153-4 (46.74)
4. Dakotah Goodell, 2015.. 153-3 1/4 (46.71)
5. Terri Soldan, 1983 152-6 1/4 (46.48)
6. Shani Renning, 1990..... 152-3 (46.40)
7. Kayla Hochhalter, 2015..... 152-6 (46.48)
8. **Marissa Mueller, 2018151-0 (46.02)**
9. Clara Simon, 1981 149-9 (45.64)
10. Janet Adams, 1984 148-7 (45.28)

Hammer Throw

1. Annemie Smith, 2015.... 200-1 1/2 (60.99)
2. Jasmine Simpson, 2013 197-7 (60.23)
3. Becca Franklin, 2007 195-0 (59.45)
4. Ashlyn Gulvas, 2014 192-9 (58.75)
5. **Leah Colbert, 2018.....189-3 (57.69)**
6. **Laulauga Tausaga, 2018178-7 (54.43)**
7. **Nia Britt, 2018178-4 (54.37)**
8. Kelsey Taylor, 2011 177-0 (53.95)
9. Tiffany Medenwaldt, 2010 171-11 (52.40)
10. Erin O'Hern, 2008..... 168-9 (51.45)

WOMEN'S ALL-TIME RELAYS

400-Meter Relay

1. Kwaza, Guster, **Guillory**, Hernandez, 2016 44.04
2. Chapman, **Guillory**, Hernandez, **Brown**, 2017 44.34
3. Kwaza, Guster, Chapman, **Guillory**, 2016 44.41
4. **Thomas, Avant, Guillory, Brown, 2018** **44.44**
5. Kwaza, Guster, Hernandez, **Brown**, 2014 44.51
6. **Thomas, Avant, Champe, Brown, 2018**..... **44.52**
7. **Thomas, Guillory**, Hernandez, **Brown**, 2017 44.53
8. Kwaza, Guster, Holder, **Brown**, 2014 44.62
9. Poole, Reid, Floyd, Hobbs, 1994 44.63
- Chapman, **Guillory**, Hernandez, **Brown**, 2017 44.63

Shuttle Hurdle Relay

1. Prendergast, Cole, Raheem, Ruen, 1998 56.44
2. Cole, Prendergast, Raheen, Ruen, 1998 56.54
3. Raheen, Prendergast, Cole, Ruen, 1998 57.53

800-Meter Relay

1. **Brown, Champe, Avant, Plock, 2018**..... **1:35.11**
2. Chapman, **Guillory**, Hernandez, **Brown**, 2017 1:35.36
3. Hobbs, Reid, Floyd, Poole, 1994 1:35.69
4. Roach, McCalla, Alexander, Johnson, 2006 1:36.19
5. Chapman, **Roberts-Lewis, Champe, Brown**, 2016 1:36.98
6. Williams, Charles, Fouchè, Providence, 2003 1:37.49
7. Herrmann, McCalla, Raymond, Roach, 2004 1:37.66
8. Charles, Dixon, Knight, Prendergast, 2002 1:38.15
9. Prendergast, Dixon, Knight, Providence, 2001 1:38.73
10. Trusty, Hendricks, Graham, Erickson, 2009 1:38.79

1,600-Meter Relay

1. Hernandez, **Guillory**, Holder, Guster, 2016 3:30.97
2. **Guillory, Brown**, Hernandez, **Champe**, 2017 3:32.37
3. Guster, **Guillory**, Holder, Hernandez, 2016 3:32.63
4. Holder, **Guillory**, Hernandez, Guster, 2016 3:33.25
5. Guster, Hernandez, Holder, Kwaza, 2014 3:34.83
6. Praska, Hendricks, Liverpool, Erickson, 2011 3:35.93
7. **Guillory, Brown**, Hernandez, **Champe**, 2017 3:35.94
- Champe, Guillory, Plock, Sharpe, 2018** **3:35.94**
9. Guster, Watts, Hernandez, Kwaza, 2014 3:36.09
10. Hume, Charles, Steffen, Williams, 2003 3:36.26

Sprint Medley Relay

1. Jones, Hendricks, Liverpool, Praska, 2011 3:48.63
2. **Brown**, Kwaza, Guster, Watts, 2014 3:51.18
3. Kwaza, Guster, Holder, Watts, 2016 3:52.62
4. Kwaza, **Brown**, Guster, Trost, 2015 3:53.29
5. Kwaza, R. Moore, Holder, Alexia, 2013 3:54.51
6. Trusty, R. Moore, Hendricks, Praska, 2010 3:56.53
7. Reid, Philip, Hobbs, Benning, 1995 3:56.54
8. Roach, Alexander, McCalla, Stanley, 2005 3:56.99
9. Kwaza, R. Moore, Alexia, Nelson, 2013 3:58.72
10. Clarke, Graham, Jones, Poncé, 2007 3:59.34

3,200-Meter Relay

1. Suppelsa, Wodek, Kruckeberg, Schneckloth, 1987 8:46.45
2. Lahann, Stanley, Hume, Barber, 2004 8:48.87
3. Schneckloth, Roberts, Hawkins, Kruckeberg, 1989 8:49.38
4. Trost, Maser, Alexia, Nelson, 2014 8:49.95
5. Nelson, Watts, Wilberding, Sindt, 2016 8:51.90
6. Flood, Dlhy, L. Hardesty, Docherty, 2009 8:53.91
7. Armstrong, Stanley, Laney, Hume, 2005 8:54.27
8. O'Brien, Camarigg, Williams, Stormo, 1981 8:54.36
9. Flood, Melander, Praska, Hardesty, 2010 8:54.45
10. Drapcho, Schlader, Williams, Stormo, 1980 8:56.14

Distance Medley Relay

1. Hoskins, Powell, Schneckloth, Kruckeberg, 1989 11:22.18
2. Armstrong, Alexander, Poncé, Stanley, 2007 11:25.05
3. Stanley, McCalla, Hume, Armstrong, 2005 11:34.04
4. Barber, Williams, Hume, Arens, 2004 11:34.56
5. Thompson, Williams, Hume, Arens, 2003 11:39.02
6. 2000 11:39.83
7. Schrulle, Erickson, Placzek, Eilers, 2012 11:40.57
8. Davenport, xx, xx, xx, 1981 11:41.44
9. Pare, Grant, Benning, Gilchrist, 1997 11:41.92
10. Dlhy, Erickson, Docherty, Anderson, 2010 11:43.06

6,400-Meter Relay

1. Flood, Melander, A. Hardesty, L. Hardesty, 2010 19:05.63
2. Nukuri, Marchand, Henize, Armstrong, 2008 19:15.42
3. Flood, Laesch, Ranegar, Melander, 2012 19:16.73
4. Flood, Eilers, Melander, L. Hardesty, 2011 19:17.52
5. Flood, Melander, A. Hardesty, Eilers, 2009 19:36.43
6. Scott, Gordon, Schrulle, Gambrell, 2013 19:41.15
7. Jones, **Bote Gonzalez**, Wilberding, Reischmann, 2015 19:59.72
8. Maser, Price, Wilberding, Montuclard, 2014 20:23.27
9. Chapple, Laney, Donlon, Sokol, 2005 20:39.12
10. Arens, Barber, Butler, Roberts, 2001 20:40.89

SEASON BESTS - WOMEN

100 METERS (School Record - 11.28)

Name	Season Best Meet - Date	Collegiate Best	Meet - Date
Brittany Brown	11.28 * 2x, last at B1G Champ's - 5/13/18	11.28 *	2x, last at B1G Champ's - 5/13/18
Kyara Avant	11.68 at Drake Relays - 4/27/18	11.68	at Drake Relays - 4/27/18
Antonise Christian	12.07 at Battle on the Bayou - 4/7/18	12.07	at Battle on the Bayou - 4/7/18
Aubrianna Lantrip	12.69 Musco Twilight - 4/12/18	12.69	Musco Twilight - 4/12/18

100-METER HURDLES (School Record - 13.20)

Name	Season Best Meet - Date	Collegiate Best	Meet - Date
Jenny Kimbro	13.56 at B1G Championships - 5/12/18	13.56	at B1G Championships - 5/12/18
Tria Seawater-Simmons	14.13 % at B1G Championships - 5/11/18	14.13%	at B1G Championships - 5/11/18
Gillian Urycki	19.34 % at Bryan Clay Invite - 4/18/18	19.34 %	at Bryan Clay Invite - 4/18/18

200 METERS (School Record - 22.30)

Name	Season Best Meet - Date	Collegiate Best	Meet - Date
Brittany Brown	22.76 at Battle on the Bayou - 4/7/18	22.30 *	at B1G Championships - 5/14/17
Kyara Avant	24.02 2x, last at Drake Relays - 4/27/18	24.02	2x, last at Drake Relays - 4/27/18
Sheridan Champe	24.26 at Florida Relays - 3/29/18	24.26	at Florida Relays - 3/30/18
Talia Buss	24.36 at Drake Relays - 4/27/18	24.36	at Drake Relays - 4/27/18
Jenny Kimbro	24.49 % at B1G Championships - 5/11/18	24.49 %	at B1G Championships - 5/11/18
Sarah Plock	24.62 at Willie Williams Classic - 3/16/18	24.62	at Willie Williams Classic - 3/16/18
Tria Seawater-Simmons	24.87 % at B1G Championships - 5/10/18	24.87 %	at B1G Championships - 5/10/18
Antonise Christian	25.03 at Battle on the Bayou - 4/7/18	24.98	at Tyson Invite - 2/10/18
Kylie Welch	25.29 at Willie Williams Classic - 3/16/18	25.15	at Tyson Invite - 2/10/18
Aly Weum	25.56 at Willie Williams Classic - 3/16/18	25.56	at Willie Williams Classic - 3/16/18
Mallory King	25.70 at Willie Williams Classic - 3/16/18	25.70	at Willie Williams Classic - 3/16/18
Gillian Urycki	26.55 at Willie Williams Classic - 3/16/18	26.55	at Willie Williams Classic - 3/16/18

400 METERS (School Record - 51.35)

Name	Season Best Meet - Date	Collegiate Best	Meet - Date
Briana Guillory	51.95 at B1G Championships - 5/13/18	51.68	at NCAA Championships - 3/10/18
Sheridan Champe	54.65 at Florida Relays - 3/30/18	54.65	at Florida Relays - 3/30/18
Tashee Hargrave	55.46 at Willie Williams Classic - 3/17/18	55.46	at Willie Williams Classic - 3/17/18
Kylie Welch	55.53 at Willie Williams Classic - 3/17/18	55.53	at Willie Williams Classic - 3/17/18
Talia Buss	55.81 at Willie Williams Classic - 3/17/18	55.81	at Willie Williams Classic - 3/17/18
Mallory King	56.28 at Willie Williams Classic - 3/17/18	56.01	at Alex Wilson Invite - 2/17/18
Sommer Sharpe	56.65 at Willie Williams Classic - 3/17/18	55.69	at Meyo Invite - 2/3/18
Aly Weum	56.69 at Florida Relays - 3/30/18	56.24	at Tyson Invite - 2/9/18
Alexis Gay	56.99 Musco Twilight - 4/12/18	56.99	2x, last at Musco Twilight - 4/12/18
Kylie Morken	57.86 at Willie Williams Classic - 3/17/18	56.50	Hawkeye Invite - 1/13/18
Tia Saunders	57.93 at Willie Williams Classic - 3/17/18	57.93	at Willie Williams Classic - 3/17/18
Antonise Christian	58.70 at Long Beach Incite - 4/20/18	58.70	at Long Beach Incite - 4/20/18
Addie Swanson	59.22 at Willie Williams Classic - 3/17/18	56.97	at Alex Wilson Invite - 2/17/18

400-METER HURDLES (School Record - 56.16)

Name	Season Best Meet - Date	Collegiate Best	Meet - Date
Sommer Sharpe	59.20 Musco Twilight - 4/12/18	59.20	Musco Twilight - 4/12/18
Sarah Plock	59.49 Musco Twilight - 4/12/18	59.49	Musco Twilight - 4/12/18
Addie Swanson	1:01.22 at Drake Relays - 4/28/18	1:01.22	at Drake Relays - 4/28/18
Shelby West	1:01.85 at B1G Championships - 5/11/18	1:01.85	at B1G Championships - 5/11/18
Kylie Morken	1:02.12 at Drake Relays - 4/28/18	1:02.12	at Drake Relays - 4/28/18
Carly Donahue	1:02.84 at Long Beach Invite - 4/20/18	1:02.84	at Long Beach Invite - 4/20/18

SEASON BESTS - WOMEN

800 METERS (School Record - 2:03.78)

Name	Season Best Meet - Date	Collegiate Best	Meet - Date
Mallory King	2:08.45 at B1G Championships - 5/12/18	2:08.45	at B1G Championships - 5/12/18
Tia Saunders	2:09.51 at Florida Relays - 3/30/18	2:09.51	at Florida Relays - 3/30/18
Aly Weum	2:14.43 at Battle on the Bayou - 4/7/18	2:14.43	at Battle on the Bayou - 4/7/18
Taylor Arco	2:16.62 at Battle on the Bayou - 4/7/18	2:16.62	at Battle on the Bayou - 4/7/18
Lindsay Welker	2:17.38 at Long Beach Invite - 4/20/18	2:17.38	at Long Beach Invite - 4/20/18
Tria Seawater-Simmons	2:17.87 % at Bryan Clay Invite - 4/19/18	2:17.71	at B1G Championships - 2/23/18
Jenny Kimbro	2:19.44 % at Bryan Clay Invite - 4/19/18	2:19.44 %	at Bryan Clay Invite - 4/19/18
Julie Hollensbe	2:24.76 at Willie Williams Classic - 3/17/18	2:18.02	at Baldy Castillo Invite - 3/18/17
Macie Weber	2:26.43 at Willie Williams Classic - 3/17/18	2:16.64	at Alex Wilson Invite - 2/17/18
Maddie Carver	2:34.19 Musco Twilight - 4/12/18	2:34.19	Musco Twilight - 4/12/18

1,500 METERS (School Record - 4:17.41)

Name	Season Best Meet - Date	Collegiate Best	Meet - Date
Madison Waymire	4:31.86 Musco Twilight - 4/12/18	4:31.86	Musco Twilight - 4/12/18
Marta Bote Gonzalez	4:37.42 at Willie Williams Classic - 3/16/18	4:31.77	Musco Twilight - 4/22/17
Andrea Shine	4:37.44 Musco Twilight - 4/12/18	4:37.44	Musco Twilight - 4/12/18
Macie Weber	4:51.54 at Willie Williams Classic - 3/16/18	4:51.54	at Willie Williams Classic - 3/16/18
Juliann Hollensbe	5:01.31 at Willie Williams Classic - 3/16/18	4:37.98	Musco Twilight - 4/22/17
Kara Neustrom	5:15.78 Musco Twilight - 4/12/18	5:15.78	Musco Twilight - 4/12/18

3,000 METERS (School Record - 9:18.82)

Name	Season Best Meet - Date	Collegiate Best	Meet - Date
Mary Arch	11:02.21 Musco Twilight - 4/12/18	11:02.21	Musco Twilight - 4/12/18
Wren Renquist	11:04.52 Musco Twilight - 4/12/18	11:04.52	Musco Twilight - 4/12/18
Elizabeth Niedert	11:51.46 Musco Twilight - 4/12/18	11:15.00	Wieczorek Invite - 1/19/18

3,000-METER STEEPLECHASE (School Record - 10:23.15)

Name	Season Best Meet - Date	Collegiate Best	Meet - Date
Marta Bote Gonzalez	10:53.67 Musco Twilight - 4/12/18	10:23.15 *	at Stanford Invite - 4/3/14

5,000 METERS (School Record - 15:45.84)

Name	Season Best Meet - Date	Collegiate Best	Meet - Date
Andrea Shine	16:29.65 at Mt. SAC Relays - 4/20/18	6:29.65	1at Mt. SAC Relays - 4/20/18
Madison Waymire	17:05.59 at Drake Relays - 4/26/18	16:50.11	at Mt. SAC Relays - 4/14/17

10,000 METERS (School Record - 33:17.01)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Andrea Shine	33:50.25	at Stanford Invite - 3/30/18	33:50.25	at Stanford Invite - 3/30/18

400-METER RELAY (School Record - 39.96)

Names	Season Best	Meet - Date
Thomas, Avant, Guillory, Brown	44.44	at Florida Relays - 3/31/18
Thomas, Avant, Champe, Brown	44.52	at B1G Championships - 5/13/18
Thomas, Champe, Avant, Brown	45.80	at Battle on the Bayou - 4/7/18
Christian, Champe, Buss, Plock	45.99	at Willie Williams Classic - 3/17/18
Chrisitan, Buss, Plock, Champe	46.36	at Florida Relays - 3/31/18
Chrisitan, Buss, Plock, Welch	47.14	at Battle on the Bayou - 4/7/18
Welch, King, Swanson, Weum	47.69	at Willie Williams Classic - 3/17/18
Saunders, King, Swanson, Weum	48.37	at Battle on the Bayou - 4/7/18
Saunders, Sharpe, Morken, Hargrave	48.54	at Willie Williams Classic - 3/17/18

SEASON BESTS - WOMEN

800-METER RELAY (School Record - 1:35.11)

Names	Season Best	Meet – Date
Brown, Champe, Avant, Plock	1:35.11 *	at Florida Relays - 3/31/18
Christian, Buss, Morken, Welch	1:39.94	at Florida Relays - 3/31/18

1,600-METER RELAY (School Record - 3:30.97)

Names	Season Best	Meet - Date
Champe, Guillory, Plock, Sharpe	3:35.94	at B1G Championships - 5/13/18
Buss, Plock, King, Sharpe	3:39.74	at Drake Relays - 4/28/18
Buss, Sharpe, Avant, Welch	3:39.87	at Florida Relays - 3/30/18
Sharpe, Champe, Hargrave, King	3:41.25	at Mt. SAC Relays - 4/21/18
Buss, Sharpe, Welch, Morken	3:43.67	Musco Twilight - 4/12/18
Hargrave, Brown, Plock, King	3:44.28	at Drake Relays - 4/27/18
Hargrave, Plock, Sharpe, King	3:44.33	at Battle on the Bayou - 4/7/18
Buss, Weum, Saunders, Swanson	3:46.77	at Mt. SAC Relays - 4/20/18
Kimbrow, Weum, Saunders, Seawater-Simmons	3:46.01	at Willie Williams Classic - 3/17/18
King, Welch, Hargrave, Buss	3:47.09	at Willie Williams Classic - 3/17/18
West, Christian, Avant, Swanson	3:48.68	Musco Twilight - 4/12/18
Buss, Weum, Saunders, Welch	3:51.05	at Battle on the Bayou - 4/7/18
Christian, Buss, Welch, Hargrave	3:51.59	at Long Beach Invite - 4/20/18
Swanson, Weum, Saunders, Arco	3:53.85	at Long Beach Invite - 4/20/18
Donahue, Gay, Arco, Welker	3:58.45	Musco Twilight - 4/12/18
Morken, West, Swanson, Arco	3:58.46	at Battle on the Bayou - 4/7/18
West, Gay, Welker, Weber	4:02.50	at Willie Williams Classic - 3/17/18

SPRINT MEDLEY RELAY (School Record - 3:48.63)

Names	Season Best	Meet – Date
Buss, Avant, Sharpe, Saunders	4:00.57	at Florida Relays - 3/31/18

3,200-METER RELAY (School Record – 8:46.45)

Names	Season Best	Meet – Date
Weum, Swanson, Arco, Waymire	9:15.26	at Florida Relays - 3/31/18

DISTANCE MEDLEY RELAY (School Record - 11:22.18)

Names	Season Best	Meet - Date
Saunders, Morken, Arco, Waymire	12:03.04	at Florida Relays - 3/31/18

HIGH JUMP (School Record - 1.86 meters)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Gillian Urycki	5-9 1/4 (1.76m)	at B1G Championships - 5/12/18	5-9 1/4 (1.76m)	at B1G Championships - 5/12/18
Aubrianna Lantrip	5-9 1/4 (1.76m)	at B1G Championships - 5/12/18	5-9 1/4 (1.76m)	at B1G Championships - 5/12/18
T. Seawater-Simmons	5-8 3/4 (1.75m) %	at Bryan Clay Invite - 4/18/18	5-8 3/4 (1.75m) %	at Bryan Clay Invite - 4/18/18
Jenny Kimbro	5-7 3/4 (1.72m) %	2x, last at B1G Champ's - 5/11/18	5-7 3/4 (1.72m) %	2x, last at B1G Champ's - 5/11/18
Sydney Collins	5-5 (1.65m)	at Battle on the Bayou - 4/7/18	5-7 (1.70m)	at Jim Click Shootout - 4/8/17
Kelli DeGeorge	5-5 (1.65m)	at Drake Relays - 4/28/18	5-7 (1.70m)	at Baldy Castillo Invite - 3/18/17
Christina MacNab	5-1 (1.55m)	Musco Twilight - 4/12/18	5-2 1/4 (1.58m)	Black & Gold Premier - 1/27/18

POLE VAULT (School Record - 3.92 meters)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Amy Smith	11-11 3/4 (3.65m)	at Battle on the Bayou - 4/7/18	11/11 3/4 (3.65m)	3x, last at Battle on the Bayou - 4/7/18

SEASON BESTS - WOMEN

LONG JUMP (School Record - 6.78 meters)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Jahisha Thomas	21-6 (6.55m)	at B1G Championships - 5/12/18	21-6 (6.55m)	at B1G Championships - 5/12/18
Jenny Kimbro	19-7 (5.97m) %	at Bryan Clay Invite - 4/19/18	19-7 (5.97m) %	at Bryan Clay Invite - 4/19/18
T. Seawater-Simmons	19-3 1/4 (5.87m)	at Willie Williams Classic - 3/16/18	19-3 1/4 (5.87m)	at Willie Williams Classic - 3/16/18
Jalynn Roberts-Lewis	18-7 1/4 (5.67m)	Musco Twilight - 4/12/18	18-7 1/4 (5.67m)	Musco Twilight - 4/12/18
Gillian Urycki	17-8 3/4 (5.40m)	at Willie Williams Classic - 3/16/18	18-5 (5.61m)	Black & Gold Premier - 1/27/18

TRIPLE JUMP (School Record - 13.36 meters)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Jahisha Thomas	43-8 1/2 (13.32m)	at Drake Relays - 4/28/18	43-8 1/2 (13.32m)	at Drake Relays - 4/28/18
T. Seawater-Simmons	40-11 3/4 (12.49m)	at B1G Championships - 5/13/18	42-1 1/4 (12.83m)	Border Battle - 1/7/17
Allison Wahrman	39-6 1/2 (12.05m)	at B1G Championships - 5/13/18	39-6 1/2 (12.05m)	at B1G Championships - 5/13/18
Hannah Schlib	39-1 3/4 (11.93m)	at B1G Championships - 5/13/18	40-6 (12.34m)	at B1G Championships - 5/14/17

SHOT PUT (School Record - 16.31 meters)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Laulauga Tausaga	55-1 1/2 (16.80m) *	at B1G Championships - 5/12/18	55-1 1/2 (16.80m) *	at B1G Championships - 5/12/18
Nia Britt	54-2 1/2 (16.52m)	at B1G Championships - 5/12/18	54-2 1/2 (16.52m)	at B1G Championships - 5/12/18
Erika Hammond	49-7 1/4 (15.12m)	at B1G Championships - 5/12/18	49-7 1/4 (15.12m)	at B1G Championships - 5/12/18
K. Spanoudakis	43-7 1/4 (13.29m)	at Battle on the Bayou - 4/7/18	44-6 3/4 (13.58m)	Wieczorek Invite - 1/20/18
T. Seawater-Simmons	36-11 1/2 (11.26m) %	at Bryan Clay Invite - 4/18/18	36-11 1/2 (11.26m) %	at Bryan Clay Invite - 4/18/18
Jenny Kimbro	34-9 3/4 (10.61m) %	at B1G Champ's - 5/11/18	34-9 3/4 (10.61m) %	2x, last at B1G Champ's - 5/11/18
Gillian Urycki	31-7 1/2 (9.64m) %	at Bryan Clay Invite - 4/18/18	31-7 1/2 (9.64m) %	at Bryan Clay Invite - 4/18/18

DISCUS THROW (School Record - 59.96 meters)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Laulauga Tausaga	196-4 (59.86m) *	at Battle on the Bayou - 4/7/18	196-4 (59.86m) *	at Battle on the Bayou - 4/7/18
K. Spanoudakis	172-3 (52.51m)	at B1G Championships - 5/13/18	172-3 (52.51m)	at B1G Championships - 5/13/18
Kara Misel	162-1 (49.40m)	at B1G Championships - 5/13/18	162-1 (49.40m)	at B1G Championships - 5/13/18
Erika Hammond	150-4 (45.82m)	at Long Beach Invite - 4/20/18	150-7 (45.91m)	at Jim Click Shootout - 4/8/17

JAVELIN THROW (School Record - 55.31 meters)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Marissa Mueller	151-0 (46.02m)	Musco Twilight - 4/12/18	151-0 (46.02m)	Musco Twilight - 4/12/18
Jenny Kimbro	102-7 (31.27m) %	at Bryan Clay Invite - 4/19/18	104-11 1/2 (31.74m)	at Baldy Castillo Invite - 3/17/17
Gillian Urycki	96-0 (29.27m) %	at Bryan Clay Invite - 4/19/18	96-0 (29.27m) %	at Bryan Clay Invite - 4/19/18
T. Seawater-Simmons	90-2 (27.50m)	at Willie Williams Classic - 3/16/18	90-2 (27.50m)	at Willie Williams Classic - 3/16/18
Kara Misel	87-3 (26.61m)	at Willie Williams Classic - 3/16/18	87-3 (26.61m)	at Willie Williams Classic - 3/16/18

HAMMER THROW (School Record - 60.99 meters)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Leah Colbert	189-3 (57.69m)	Musco Twilight - 4/12/18	189-3 (57.69m)	Musco Twilight - 4/12/18
Laulauga Tausaga	178-7 (54.43m)	at Willie Williams Classic - 3/16/18	178-7 (54.43m)	at Willie Williams Classic - 3/16/18
Nia Britt	178-4 (54.37m)	Musco Twilight - 4/12/18	178-4 (54.37m)	Musco Twilight - 4/12/18
Erika Hammond	156-6 (47.70m)	Musco Twilight - 4/12/18	156-6 (47.70m)	Musco Twilight - 4/12/18

HEPTATHLON (School Record - 5,633 points)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Jenny Kimbro	5,523 points	at Bryan Clay Invite - 4/18-19/18	5,523 points	at Bryan Clay Invite - 4/18-19/18
T. Seawater-Simmons	5,398 points	at Bryan Clay Invite - 4/18-19/18	5,398 points	at Bryan Clay Invite - 4/18-19/18

* - school record, ^ - part of heptathlon

SEASON BESTS - MEN

100 METERS (School Record - 10.21)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Antonio Woodard	10.34	at Drake Relays - 4/27/18	10.34	at Drake Relays - 4/27/18
O'Shea Wilson	10.39	at Drake Relays - 4/27/18	10.22	at NCAA West Prelim - 4/26/17
Colin Hofacker	10.71	Musco Twilight - 4/12/18	10.71	Musco Twilight - 4/12/18
Anthony Williams	10.87	at Willie Williams Classic - 3/17/18	10.87	at Willie Williams Classic - 3/17/18
Tyree Sorrells	10.92	at Willie Williams Classic - 3/17/18	10.92	at Willie Williams Classic - 3/17/18
William Dougherty	11.02 ^	at Bryan Clay Invite - 4/18/18	11.02 ^	at Bryan Clay Invite - 4/18/18
Daniel Gaynes	11.03 ^	at Bryan Clay Invite - 4/18/18	11.03 ^	at Bryan Clay Invite - 4/18/18
Jay Hunt	11.25	Musco Twilight - 4/12/18	11.25	Musco Twilight - 4/12/18
Josh Braverman	11.27	at Willie Williams Classic - 3/17/18	11.27	at Willie Williams Classic - 3/17/18

110-METER HURDLES (School Record - 13.24)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Chris Douglas	13.89	at B1G Championships - 5/12/18	13.89	at B1G Championships - 5/12/18
Anthony Williams	14.22	at Battle on the Bayou - 4/7/18	14.22	at Battle on the Bayou - 4/7/18
William Dougherty	15.06 ^	at Texas Relays - 3/29/18	14.99 ^	at Mt. SAC Relays - 4/13/17
Josh Braverman	15.24	Musco Twilight - 4/12/18	15.24	Musco Twilight - 4/12/18
Daniel Gaynes	15.46	at Battle on the Bayou - 4/7/18	15.46	at Battle on the Bayou - 4/7/18

200 METERS (School Record - 20.31)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Antonio Woodard	20.61	at Willie Williams Classic - 3/16/18	20.61	at Willie Williams Classic - 3/16/18
Collin Hofacker	21.01	Musco Twilight - 4/12/18	21.01	Musco Twilight - 4/12/18
Mar'yea Harris	21.03	at Willie Williams Classic - 3/16/18	20.89	at Jim Click Shootout - 4/8/17
O'Shea Wilson	21.18	at Battle on the Bayou - 4/7/18	20.81	at Jim Click Shootout - 4/8/17
DeJuan Frye	21.23	at Willie Williams Classic - 3/16/18	21.11	at Jim Click Shootout - 4/8/17
Chris Thompson	21.52	at Willie Williams Classic - 3/16/18	21.52	at Willie Williams Classic - 3/16/18
Chris Douglas	21.79	Musco Twilight - 4/12/18	21.79	Musco Twilight - 4/12/18
Anthony Williams	22.03	at Battle on the Bayou - 4/7/18	22.03	at Battle on the Bayou - 4/7/18
Cooper Koenig	22.14	at Battle on the Bayou - 4/7/18	22.14	at Battle on the Bayou - 4/7/18
Tyree Sorrells	22.16	at Willie Williams Classic - 3/16/18	22.16	at Willie Williams Classic - 3/16/18
Josh Braverman	22.26	Musco Twilight - 4/12/18	22.26	Musco Twilight - 4/12/18
Cole Moeller	23.31	Musco Twilight - 4/12/18	23.31	Musco Twilight - 4/12/18

400 METERS (School Record - 44.98)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Mar'yea Harris	44.98 *	at B1G Championships - 5/13/18	44.98 *	at B1G Championships - 5/13/18
Collin Hofacker	46.64	at B1G Championships - 5/12/18	46.50	at B1G Championships - 5/14/17
DeJuan Frye	46.17	at B1G Championships - 5/13/18	46.17	at B1G Championships - 5/13/18
Chris Thompson	47.36	at B1G Championships - 5/12/18	47.32	at Meyo Invite - 2/3/18
Raymonte Dow	48.17	at Willie Williams Classic - 3/17/18	48.17	at Willie Williams Classic - 3/17/18
Austin Lietz	48.24	at Willie Williams Classic - 3/17/18	48.11	at Alex Wilson Invite - 2/18/17
Raymund Clarke	48.83	at Willie Williams Classic - 3/17/18	47.11	at Victor Lopez Classic - 3/25/17
Daniel Gaynes	48.89 ^	at Bryan Clay Invite - 4/18/18	48.89 ^	at Bryan Clay Invite - 4/18/18
Noah Larrison	49.07	at Willie Williams Classic - 3/17/18	48.55	at Alex Wilson Invite - 2/18/17
William Dougherty	49.28 ^	at B1G Championships - 5/11/18	49.28 ^	at B1G Championships - 5/11/18

SEASON BESTS - MEN

400-METER HURDLES (School Record - 48.83)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Chris Douglas	50.44	at B1G Championships - 5/11/18	50.44	at B1G Championships - 5/11/18
Raymonte Dow	51.84	at Willie Williams Classic - 3/16/18	51.84	at Willie Williams Classic - 3/16/18
Noah Larrison	51.86	at Battle on the Bayou - 4/7/18	50.94	at Big Ten Champ's - 5/14/16
Raymund Clarke	51.92	at B1G Championships - 5/13/18	51.92	at B1G Championships - 5/13/18
Austin Lietz	52.26	at B1G Championships - 5/11/18	52.26	at B1G Championships - 5/11/18
Gage Eller	53.55	Musco Twilight - 4/12/18	53.40	at Drake Relays - 4/29/17

800 METERS (School Record - 1:45.90)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Tysen VanDraska	1:49.65	at Florida Relays - 3/30/18	1:49.65	at Florida Relays - 3/30/18
Matt Manternach	1:49.80	at Florida Relays - 3/30/18	1:49.80	at Florida Relays - 3/30/18
Nolan Teubel	1:51.51	at Florida Relays - 3/30/18	1:50.93	at ISU Classic - 2/10/18
Kevin Docherty	1:55.22	at Willie Williams Classic - 3/17/18	1:53.31	at Alex Wilson Invite - 2/17/18

1,500 METERS (School Record - 3:43.02)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Nathan Mylenek	3:47.87	at Drake Relays - 4/27/18	3:47.87	at Drake Relays - 4/27/18
Kevin Docherty	3:47.98	at Florida Relays - 3/30/18	3:47.98	at Florida Relays - 3/30/18
Karson Sommer	3:50.16	at Florida Relays - 3/30/18	3:50.16	at Florida Relays - 3/30/18
Michael Melchert	3:51.33	at B1G Championships - 5/11/18	3:48.35	Musco Twilight 4/23/16
Luke Sampson	3:54.77	at Drake Relays - 4/27/18	3:54.77	at Drake Relays - 4/27/18
Daniel Soto	4:02.03	Musco Twilight - 4/12/18	4:02.03	Musco Twilight - 4/12/18
William Dougherty	4:37.55 ^	at Bryan Clay Invite - 4/19/18	4:34.94	at B1G Championships - 5/14/16
Daniel Gaynes	5:03.03 ^	at B1G Championships - 5/12/18	5:03.03 ^	at B1G Championships - 5/12/18

3,000 METERS

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Luke Sampson	8:28.37	Musco Twilight - 4/12/18	8:25.61	at Meyo Invite - 2/3/18
Brandon Cooley	8:31.55	Musco Twilight - 4/12/18	8:31.55	Musco Twilight - 4/12/18
Ian Eklin	8:35.36	Musco Twilight - 4/12/18	8:16.75	at ISU Classic - 2/9/18
Daniel Murphy	8:38.37	Musco Twilight - 4/12/18	8:34.26	Border Battle - 1/7/17

3,000-METER STEEPLECHASE (School Record - 8:47.40)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Nathan Mylenek	8:48.66	at Stanford Invite - 3/30/18	8:48.66	at Stanford Invite - 3/30/18

5,000 METERS (School Record - 13:49.31)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Nathan Mylenek	14:09.43	at Mt. SAC Relays - 4/20/18	14:09.43	at Mt. SAC Relays - 4/20/19
Michael Melchert	14:14.41	at Stanford Invite - 3/30/18	14:14.41	at Stanford Invite - 3/30/18
Daniel Soto	14:20.18	at Stanford Invite - 3/30/18	14:20.18	at Stanford Invite - 3/30/18
Daniel Murphy	14:39.54	at Mt. SAC Relays - 4/20/18	14:39.54	at Mt. SAC Relays - 4/20/18
Bailey Hesse-Withbroe	14:56.19	at Drake Relays - 4/26/18	14:48.04	at Meyo Invite - 2/3/17
Ian Eklin	15:15.28	at Drake Relays - 4/26/18	14:33.82	at B1G Championships - 2/24/18
Karson Sommer	15:26.15	at B1G Championships - 5/13/18	15:26.15	at B1G Championships - 5/13/18

10,000 METERS (School Record - 28:44.47)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Daniel Soto	29:39.35	at Mt. SAC Relays - 4/19/18	29:39.35	at Mt. SAC Relays - 4/19/18
Luke Sampson	29:58.47	at Mt. SAC Relays - 4/19/18	29:58.47	at Mt. SAC Relays - 4/19/18
Brandon Cooley	30:36.12	at Mt. SAC Relays - 4/19/18	30:36.12	at Mt. SAC Relays - 4/19/18
Bailey Hesse-Withbroe	30:45.92	at Mt. SAC Relays - 4/19/18	30:45.92	at Mt. SAC Relays - 4/19/18
Ian Eklin	30:48.80	at Mt. SAC Relays - 4/19/18	29:47.06	at Drake Relays - 4/27/17
Daniel Murphy	31:56.99	at Drake Relays - 4/26/18	31:56.99	at Drake Relays - 4/26/18

SEASON BESTS - MEN

400-METER RELAY (School Record - 39.12)

Names	Season Best
Woodard, Wilson, Hofacker, Harris	39.51
Sorrells, Wilson, Woodard, Harris	39.69
Williams, Wilson, Woodard, Harris	40.00
Woodard, Wilson, Hofacker, Harris	40.17
Calica-Hill, Frye, Koenig, Hofacker	40.63
Sorrells, Frye, Braverman, Hofacker	40.94
Hofacker, Frye, Braverman, Koenig	41.41
Sorrells, Thompson, Calica-Hill, Lietz	41.76

Meet - Date

at B1G Championships - 5/13/18
at Willie Williams Classic - 3/17/18
at Mt. SAC Relays - 4/21/18
at Drake Relays - 4/27/18
at Willie Williams Classic - 3/17/18
at Mt. SAC Relays - 4/20/18
at Battle on the Bayou - 4/7/18
at Battle on the Bayou - 4/7/18

800-METER RELAY (School Record - 1:23.02)

Names	Season Best
Wilson, Sorrells, Douglas, Williams	1:25.87

Meet - Date

at Florida Relays - 3/31/18

1,600-METER RELAY (School Record - 3:01.91)

Names	Season Best
Hofacker, Woodard, Frye, Harris	3:04.38
Frye, Hofacker, Thompson, Harris	3:05.05
Frye, Woodard, Hofacker, Harris	3:06.32
Hofacker, Harris, Woodard, Clarke	3:07.45
Frye, Lietz, Thompson, Hofacker	3:08.67
Thompson, Clarke, Lietz, Harris	3:09.71
Larrison, Clarke, Thompson, Lietz	3:13.82
Larrison, Thompson, Clarke, Lietz	3:15.04
Gaynes, Clarke, Douglas, Docherty	3:15.35
Lietz, Larrison, Eller, Mylenek	3:17.56
Gaynes, Douglas, Manternach, Teubel	3:21.02

Season Best Meet - Date

at Florida Relays - 3/31/18
at Drake Relays - 4/28/18
at B1G Championships - 5/13/18
at Mt. SAC Relays - 4/21/18
at Drake Relays - 4/27/18
at Florida Relays - 3/30/18
at Long Beach Invite - 4/20/18
at Battle on the Bayou - 4/7/18
at Willie Williams Classic - 3/17/18
Musco Twilight - 4/12/18
at Battle on the Bayou - 4/7/18

SPRINT MEDLEY RELAY (School Record - 3:15.64)

Names	Season Best
Hofacker, Woodard, Harris, VanDraska	3:18.11
Braverman, Thompson, Lietz, Manternach	3:26.84

Season Best Meet - Date

at Drake Relays - 4/28/18
at Florida Relays - 3/31/18

3,200-METER RELAY (School Record - 7:18.60)

Names	Season Best
Melchert, Manternach, Teubel, Lilly	7:28.37
Teubel, VanDraska, Docherty, Sommer	7:45.02

Meet - Date

at Drake Relays - 4/27/18
at Florida Relays - 3/31/18

DISTANCE MEDLEY RELAY (School Record - 9:39.94)

Names	Season Best
Mylenek, Thompson, Manternach, Melchert	9:50.70
VanDraska, Clarke, Sommer, Docherty	10:12.53

Season Best Meet - Date

at Drake Relays - 4/28/18
at Florida Relays - 3/31/18

HIGH JUMP (School Record - 2.24 meters)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Jay Hunt	6-8 3/4 (2.05m)	at Long Beach Invite - 4/20/18	6-8 3/4 (2.05m)	2x, last at Long Beach Invite - 4/20/18
William Dougherty	6-7 (2.01m) ^	at Bryan Clay Invite - 4/18/18	6-7 (2.01m) ^	at Bryan Clay Invite - 4/18/18
Cole Moeller	6-6 3/4 (2.00m)	2x, last at Long Beach Invite - 4/20/18	6-7 (2.01m)	at ISU Classic - 2/10/18
Daniel Gaynes	6-2 (1.88m) ^	at B1G Championships - 5/11/18	6-4 1/4 (1.94m)	at B1G Championships - 2/23/18

SEASON BESTS - MEN

POLE VAULT (School Record - 5.18 meters)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Andy Jastis	16-7 1/2 (5.07m)	at B1G Champ's - 5/13/18	16-7 1/2 (5.07m)	2x, last at B1G Champ's - 5/13/18
William Dougherty	15-9 (4.80m) ^	last at Bryan Clay Invite - 4/19/18	15-9 (4.80m) ^	last at Bryan Clay Invite - 4/19/18
Daniel Gaynes	12-5 1/2 (3.80m) ^	at B1G Champ's - 5/12/18	12-5 1/2 (3.80m) ^	at B1G Champ's - 5/12/18

LONG JUMP (School Record - 8.25 meters)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
O'Shea Wilson	25-0 1/2 (7.63m)	at Mt. SAC Relays - 4/20/18	25-9 1/2 (7.86m)	Hawkeye Invitational - 1/14/17
Cooper Koenig	23-5 1/2 (7.15m)	2x, last at Drake Relays - 4/28/18	23-5 1/2 (7.15m)	2x, last at Drake Relays - 4/28/18
William Dougherty	23-2 (7.06m) ^	at Bryan Clay Invite - 4/18/18	23-2 (7.06m) ^	at Bryan Clay Invite - 4/18/18
Tyree Sorrells	23-2 (7.06m)	at Long Beach Invite - 4/20/18	23-2 (7.06m)	at Long Beach Invite - 4/20/18
Akinshe Calica-Hill	22-6 1/2 (6.87m)	at Willie Williams Classic - 3/16/18	23-2 1/2 (7.07m)	at Jim Click Shootout - 4/8/17
Daniel Gaynes	22-5 (6.83m) ^	at B1G Championships - 5/11/18	22-7 1/4 (6.89m)	Wieczorek Invite - 1/19/18

TRIPLE JUMP (School Record - 16.66 meters)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Akinshe Calica-Hill	48-10 3/4 (14.90m)	at B1G Champ's - 5/13/18	48-10 3/4 (14.90m)	at B1G Champ's - 5/13/18

SHOT PUT (School Record - 19.27 meters)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Reno Tuufuli	61-11 1/2 (18.88m)	at B1G Champ's - 5/12/18	63-3 1/4 (19.28m) *	at B1G Champ's - 2/23/18
William Dougherty	49-6 1/2 (15.10m) ^	at B1G Champ's - 5/11/18	49-6 1/2 (15.10m) ^	at B1G Champ's - 5/11/18
Daniel Gaynes	34-7 (10.54m) ^	at Bryan Clay Invite - 4/18/18	35-8 (10.87m)	Hawkeye Invite - 1/13/18

DISCUS (School Record - 63.11 meters)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Reno Tuufuli	199-8 (60.87m)	at B1G Champ's - 5/13/18	203-7 (62.06m)	at NCAA West Prelim - 5/27/17
William Dougherty	141-4 (43.07m) ^	at B1G Champ's - 5/12/18	141-4 (43.07m) ^	at B1G Champ's - 5/12/18
Daniel Gaynes	108-3 (33.00m)	at Willie Williams Classic - 3/16/18	108-3 (33.00m)	at Willie Williams Classic - 3/16/18

JAVELIN (School Record - 74.89 meters)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Alex Balke	196-6 (59.90m)	Musco Twilight - 4/12/18	205-11(62.77m)	at Pepsi Florida Relays - 3/31/16
William Dougherty	189-2 (57.65m) ^	at B1G Championships - 5/12/18	189-2 (57.65m) ^	at B1G Championships - 5/12/18
Daniel Gaynes	134-8 (41.06m) ^	at B1G Championships - 5/12/18	134-8 (41.06m) ^	at B1G Championships - 5/12/18

DECATHLON (School Record - 7,673 points)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
William Dougherty	7,673 points *	at Bryan Clay Invite - 4/18-19/18	7,673 points *	at Bryan Clay Invite - 4/18-19/18
Daniel Gaynes	5,773 points	at Bryan Clay Invite - 4/18-19/18	5,773 points	at Bryan Clay Invite - 4/18-19/18

* - school record, ^ - part of heptathlon