



IOWA FIELD HOCKEY

WEEK 2: CENTRAL MICHIGAN (SEPT. 6) AND COLUMBIA (SEPT. 8)

2019 SCHEDULE 1-1 (0-0)

8/30vs. No. 10 Wake ForestW, 2-1
9/1vs. No. 1 North CarolinaL, 1-2
9/6vs. Central Michigan3 PM
9/8vs. Columbia1 PM
9/13vs. California3 PM
9/9vs. No. 3 Duke1 PM
9/21at Kent State12 PM
9/27vs. No. 14 Ohio State*3 PM
9/29vs. Michigan State*12 PM
10/4vs. No. 19 Rutgers*2 PM
10/6vs. UC Davis12 PM
10/11at No. 2 Maryland*3 PM
10/13at No. 9 Penn State*11 AM
10/18at Indiana*2 PM
10/20at No. 12 Louisville12 PM
10/26vs. No. 15 Northwestern*12 PM
11/3at No. 7 Michigan*10 AM

Big Ten Tournament

11/7QuarterfinalsTBA
11/8SemifinalsTBA
11/20ChampionshipTBA

All game times listed are Central
Home games are bolded
* Big Ten Conference Games
! Televised by Big Ten Network
Streamed live on BTN2GO

PENN MONTO/NFHA RANKINGS

No.	Team	Points
1	North Carolina	821 (31)
2	Maryland	746
3	Duke	687 (2)
4	Connecticut	665
5	Princeton	664
6	Harvard	587
7	Michigan	518
8	Iowa	511
9	Penn State	491
10	Wake Forest	480
11	Virginia	425
12	Louisville	413
13	Boston College	313
14	Ohio State	310
15	Northwestern	298
16	Delaware	296
17	Saint Joseph's	292
18	Syracuse	283
19	Rutgers	260
20	Liberty	246
21	Stanford	224
22	Albany	178
23	Boston	127
24	Maine	109
25	William & Mary	84

*Released 8/27/2019

THIS WEEK

The eighth-ranked University of Iowa field hockey team opens the 2019 home slate this weekend. The Hawkeyes host Central Michigan this Friday at 3 p.m. (CT) at Grant Field, followed by Columbia on Sunday at 1 p.m. (CT). Admission is free.

WEEKEND PROMOTIONS

- Back to School Night [Friday]: Fans are encouraged to bring new or lightly used school supplies that will be donated to the Iowa City school district. Phone slip grips will be available for those who donate, along with magnets, posters, and more.
- Sundae Sunday: Free ice cream cones while supplies last.

FOLLOW ON THE WEB

Iowa field hockey fans can follow all contest via live stats on hawkeyesports.com. Click on the "Live Stats" link found on the field hockey schedule page to access the live stats feed. Fans can also follow @IowaFieldHockey on Twitter for live in-game updates.

- Both games will be streamed live on BTN+, which requires a paid subscription or use BTN ToGo for free access on campus.

WEEK ONE RECAP

No. 8 Iowa faced two top-10 opponents last week at the Big Ten/ACC Challenge in Ann Arbor, Michigan. In Friday's game versus No. 10 Wake Forest, the Hawkeyes rallied in the 52nd minute to tie the game with a goal from freshman Sofie Stribos, forcing overtime. Senior Sophie Sunderland scored a sudden victory goal, resulting in Iowa's first win of the season.

In Sunday's matchup versus top-ranked and defending national champion North Carolina, Iowa took the lead in the third period with a goal from freshman Sofie Stribos. The Hawkeyes held the Tar Heels scoreless until the final minutes of the fourth period, where UNC scored two back-to-back goals in quick succession to win.

SCOUTING CENTRAL MICHIGAN (2-0)

- Central Michigan was 2-16 last season, with wins over Ball State and Saint Louis. This past weekend, CMU defeated Colgate 4-1 and Saint Louis 3-0.
- Head Coach Catherine Ostoich came to CMU from Indiana, where she served as an assistant coach for the 2017 season. She was the head coach at Missouri State in 2016, and an assistant coach at Davidson College in North Carolina from 2014-15.
- The Chippewas are led by seniors Georgina Minta, Sarah Mesko, and Abigail Ebersole for the 2019 season.

SCOUTING COLUMBIA (0-0)

- Columbia was 8-9 last season. The Lions were 2-5 in Ivy League play with wins over Brown and Cornell.
- Head coach Caroline Nelson-Nichols is a former U.S. National Team member and two-time Olympian. Nelson-Nichols completed her fourth season as Columbia's head coach and sixth with the university in 2018. She was named head coach in 2015 after spending three years on the sidelines as an assistant coach. She became the fourth coach in program history.
- The Lions are led by seniors Emma Wiklund, Maaike Blindenbach, Kelly McCarthy, and Jennifer Trieschman for the 2019 season.

IOWA VS CENTRAL MICHIGAN -- THE SERIES

- The Hawkeyes lead the series 11-0 against the Chippewas since their first meeting in 1982. Iowa is 4-0 at home in the series. In the team's last meeting, Iowa defeated CMU 11-0.

IOWA VS COLUMBIA -- THE SERIES

- Sunday's meeting against Columbia will be the first time in program history the two teams have met.

2019 BIG TEN STANDINGS

	Conf.	Over.
#2 Maryland	0-0	2-0
#7 Michigan	0-0	1-1
#8 Iowa	0-0	1-1
#9 Penn State	0-0	0-2
#14 Ohio State	0-0	1-0
#15 Northwestern	0-0	2-1
#19 Rutgers	0-0	2-0
Indiana	0-0	1-1
Michigan State	0-0	2-0

2019 ROSTER

1 Amy Gaiero	Fr.	MF/D
2 Emily Deuell	Jr.	D
5 Meghan Conroy	So.	MF/F
6 Anthe Nijziel	So.	D
7 Ellie Holley	Jr.	MF
8 Nikki Freeman	Jr.	MF
9 Sofie Stribos	Fr.	MF/F
11 Katie Birch	Jr.	MF/D
13 Leah Zellner	So.	F
14 Lokke Stribos	So.	D/MF
15 Esme Gibson	Fr.	MF/D
16 Isabella Solaroli	Sr.	MF/F
17 Ciara Smith	So.	F
18 Mya Christopher	Jr.	MF/F
19 Ryley Miller	Sr.	MF
20 Sophie Sunderland	Sr.	MF
21 Makenna Maguire	So.	F/MF
22 Ellie Flynn	Fr.	D
24 Cat Nicholson	So.	D
26 Maddy Murphy	Jr.	F
62 Grace McGuire	So.	GK
96 Leslie Speight	Jr.	GK

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MEDIA INFORMATION

Members of the University of Iowa field hockey team and coaching staff will be available for interviews each Tuesday before practice during the regular season.

To attend, please contact UI field hockey communications contact Andrew Breitfelder by phone (563-552-6521) or email (andrew-breitfelder@uiowa.edu). Be sure to include which coaches and student-athletes you would like to speak with.

ROSTER AT A GLANCE

- The Hawkeyes return 18 letterwinners from last season.
- 10 of Iowa's 18 letterwinners saw action in all 21 contests during the 2018 season.
- Iowa welcomes four freshman, including Amy Gaiero, Sofie Stribos, Esme Gibson, and Ellie Flynn.

STATISTICALLY SPEAKING -- TEAM STATS

- All of Iowa's goals have come in the third period or later, averaging 1.50 goals per game in its first two showings.
- All of Iowa's seven saves have come in the first three periods, four of which occurred in the third period.
- The Hawkeyes have registered 18 total shots while holding their opponents to a near identical 17 shots.
- The Hawkeyes have made aggressive pushes in the final periods on corners with 6-of-7 occurring in the final two periods.

STATISTICALLY SPEAKING -- INDIVIDUAL STATS

- Freshman Sofie Stribos leads the team in goals (2), followed by senior Sophie Sunderland (1) who recorded the overtime, game winning goal against No. 10 Wake Forest.
- Lokke Stribos and Meghan Conroy are tied for the team lead in assists (1).
- Senior goalkeeper Leslie Speight recorded six saves in her first two outings, four of which came against No. 1 North Carolina.

BIG PRESEASON HONORS

- Katie Birch, Maddy Murphy, and Sophie Sunderland earned preseason All-Big Ten recognition, announced by the conference on Aug. 27.
- Birch, a senior midfielder from York, England, earned NFHCA second team All-American recognition after starting all 18 games and recording team highs in assists (10) – the fourth most in the Big Ten a season ago. She recorded 56 shots to tally 26 points. This is the third straight year Birch has earned preseason honors by the Big Ten Conference.
- Murphy, a junior forward, started all 18 games last year and recorded 13 goals and 33 points. The Riana, Tasmania, native was named to the NFHCA Division I National Academic Squad and earned NFHCA first team All-West Region honors and first team All-Big Ten honors last season. Murphy led the team with four game-winning goals.

- Sunderland, a senior midfielder, earned second team All-Big Ten honors by posting career highs in goals (7), assists (5), and points (19) during her junior year last season. The Ipswich, England, native, recorded her first career hat trick in Iowa's 7-1 win over Ball State. Last season's selection to the All-West regional roster was the first of her career.

RANKED AMONG US

Ten of Iowa's 2019 opponents are ranked in the top-25 of the Penn Monto/NFHCA Preseason Rankings (8/27). They include: No. 1 North Carolina, No. 2 Maryland, No. 3 Duke, No. 7 Michigan, No. 9 Penn State, No. 10 Wake Forest, No. 12 Louisville, No. 14 Ohio State, No. 15 Northwestern, and No. 19 Rutgers.

3 HAWKEYES SELECTED FOR YOUNG WOMENS NATIONAL CHAMPIONSHIP

- Junior Nikki Freeman and sophomores Leah Zellner and Meghan Conroy were selected to participate at the U-21 Junior National Championship. The event took place at Spooky Nook Sports in Lancaster, Pennsylvania, from June 14-18.
- This appearance was Freeman's second at the Young Women's National Championship, and first for Conroy and Zellner.
- The Young Women's National Championship is a high-level, international structured competition that serves as the selection avenue to the Junior National Camps, U.S. U-21 Women's National Team and the U.S. Women's National Development Squad Camp.

BIRCH COMPETES INTERNATIONALLY

Senior Katie Birch, a York, England, native, competed for the England National Team during the Junior European Championships series matches against Germany, Belgium, Belarus, and Russia. Birch was selected to the national team after participating in a development training camp. The series of matches were played in Valencia, Spain.

- England finished 6th in the final standings.

IOWA IN THE NCAA TOURNAMENT

The Hawkeyes have been selected to the NCAA Tournament 23 times in program history – the most of any school as a member of the Big Ten Conference. The Hawkeyes are 26-24 all-time in tournament play, including 9-6 in first round match-ups and 11-6 in second round contests. Iowa has advanced to 11 NCAA Final Fours, winning the 1986 national championship. The Hawkeyes' 26 tournament victories and 11 NCAA Final Fours are the most of any school as a member of the Big Ten Conference.

- In 2018, Iowa faced Wake Forest, falling 2-1. Wake Forest would go on to earn a Final Four appearance and lose to eventual champion North Carolina.

LOOKING AHEAD

The Hawkeyes host another set of weekend home games against California on Friday (Sept. 13) at 3 p.m. (CT) and No. 3 Duke on Sunday (Sept. 15) at 1 p.m. (CT). Admission is free.

Iowa Field Hockey
Iowa Combined Team Statistics (as of Sep 01, 2019)

RECORD:	OVERALL	HOME	AWAY	NEUTRAL
ALL GAMES	1-1	0-0	0-0	1-1
CONFERENCE	0-0	0-0	0-0	0-0
NON-CONFERENCE	1-1	0-0	0-0	1-1

Date	Opponent	Score	Att.
Aug 30	vs #10 Wake Forest	Wot 2-1	96
Sep 01	vs #1 North Carolina	L 1-2	87

TEAM STATISTICS	IOWA	OPP
SHOT STATISTICS		
Goals-Shot attempts	3-18	3-17
Goals scored per game	1.50	1.50
Shot pct.	.167	.176
Shots on goal-Attempts	7-18	10-17
SOG pct.	.389	.588
Shots/Game	9.0	8.5
PENALTY CORNERS	7	6
PENALTY STROKES	0-0	0-0
PENALTIES		
Green cards	2	1
Yellow cards	1	0
Red cards	0	0
ATTENDANCE		
Total	0	0
Dates/Avg Per Date	0/0	0/0
Neutral Site #/Avg	2/92	

#	Player	gp	g	a	pts	sh	sh%	sog	sog%	gw	ps-att	dsv
9	Sofie Stribos	2	2	0	4	4	.500	4	1.000	0	0-0	0
26	Maddy Murphy	2	0	0	0	4	.000	2	.500	0	0-0	0
14	Lokke Stribos	2	0	1	1	3	.000	0	.000	0	0-0	1
6	Anthe Nijziel	2	0	0	0	2	.000	0	.000	0	0-0	0
11	Katie Birch	2	0	0	0	2	.000	0	.000	0	0-0	0
20	Sophie Sunderland	2	1	0	2	1	1.000	1	1.000	1	0-0	0
21	Makenna Maguire	2	0	0	0	1	.000	0	.000	0	0-0	0
17	Ciara Smith	2	0	0	0	1	.000	0	.000	0	0-0	0
19	Ryley Miller	2	0	0	0	0	.000	0	.000	0	0-0	0
15	Esme Gibson	2	0	0	0	0	.000	0	.000	0	0-0	0
16	Isabella Solaroli	2	0	0	0	0	.000	0	.000	0	0-0	0
2	Emily Deuell	2	0	0	0	0	.000	0	.000	0	0-0	0
7	Ellie Holley	2	0	0	0	0	.000	0	.000	0	0-0	0
8	Nikki Freeman	2	0	0	0	0	.000	0	.000	0	0-0	0
5	Meghan Conroy	2	0	1	1	0	.000	0	.000	0	0-0	0
Total		2	3	2	8	18	.167	7	.389	1	0-0	1
Opponents		2	3	3	9	17	.176	10	.588	1	0-0	0

#	Goalie	GP	Min.	GA	GAAvg	Saves	Pct	W-L-T	Sho
96	Leslie Speight	2	126:50	3	2.13	6	.667	1-1-0	0/0
Total		2	126:50	3	2.13	7	.700	1-1-0	0
Opponents		2	126:50	3	2.13	4	.571	1-1-0	0

Goals by Period	1st	2nd	OT	OT2	OT3	Total
Iowa	0	0	1	1	1	3
Opponents	0	1	0	2	0	3

Shots by Period	1st	2nd	OT	OT2	OT3	Total
Iowa	3	3	4	5	3	18
Opponents	4	3	6	2	2	17

Saves by Period	1st	2nd	OT	OT2	OT3	Total
Iowa	2	1	4	0	0	7
Opponents	0	1	1	1	1	4

Corners by Period	1st	2nd	OT	OT2	OT3	Total
Iowa	1	0	2	4	0	7
Opponents	1	0	2	2	1	6