



## ***TRACK & FIELD INTRASQUAD FRIDAY, DECEMBER 11, 2020***

### ***FIELD EVENTS:***

4:00 PM      Shot Put  
                 High Jump

7:15 PM      Long Jump

### ***RUNNING EVENTS:***

5:30 PM      60m Hurdles (*men*)

5:35 PM      60m Hurdles (*women*)

5:45 PM      60m (*men*)

5:50 PM      60m (*women*)

6:00 PM      600m (*men*)

6:20 PM      600m (*women*)

6:30 PM      1,000m (*men*)

6:40 PM      60m Hurdles Final (*women*)

6:45 PM      60m Hurdles Final (*men*)

6:50 PM      60m Final (*women*)

6:55 PM      300m (*men*)

7:10 PM      300m (*women*)

7:25 PM      Mile (*men*)

7:35 PM      Mile (*women*)

7:50 PM      3,000m (*men*)

8:05 PM      3,000m (*women*)

8:25 PM      4x400m Relay (*men*)

8:35 PM      4x400m Relay (*women*)