

LARRY WIECZOREK INVITATIONAL

JANUARY 22 - 23, 2021 • IOWA CITY, IOWA

| <i>FRIDAY EVENTS</i> | | | | <i>SATURDAY EVENTS</i> | | | |
|----------------------|-----------------------------------------------------------|-------------------|--------------|------------------------|---------------------------------------------------|-------------------|--------------|
| TIME | EVENT | FLIGHTS/ HEATS | GENDER | TIME | EVENT | FLIGHTS/ HEATS | GENDER |
| 1:00 PM | Coaches' Meeting | | | 10:00 AM | Track Closed // Turf Open for Warm-ups | | |
| 1:00 PM | Weight Throw (<i>all throws in HTRC Indoor Turf</i>) | 2 | Men | 12:00 PM | <i>Infield open for 400m warm-ups</i> | | |
| To Follow | Weight Throw (<i>immediately follows men's WT</i>) | 2 | Women | 12:00 PM | Pole Vault | 1 | Women |
| To Follow | Shot Put (<i>immediately follows women's WT</i>) | 1 | Men | 12:45 PM | <i>Infield open for 60m Hurdles warm-ups</i> | | |
| To Follow | Shot Put (<i>immediately follows men's SP</i>) | 2 | Women | 1:00 PM | Triple Jump (<i>outside runway</i>) | 1 | Women |
| 2:30 PM | High Jump | 1 | Men | 1:00 PM | Triple Jump (<i>inside runway</i>) | 1 | Men |
| 2:30 PM | High Jump | 1 | Women | 1:00 PM | 400m | 1 | Women |
| 4:00 PM | Track Closed // Turf Open for Warm-ups | | | 1:10 PM | 400m | 2 | Men |
| 4:30 PM | Long Jump (<i>inside runway</i>) | 2 | Men | 1:30 PM | 60m Hurdles Prelims | 3 | Women |
| 4:30 PM | Long Jump (<i>outside runway</i>) | 2 | Women | 1:45 PM | 60m Hurdles Prelims | 3 | Men |
| 4:40 PM | <i>Infield open for 600m & 200m warm-ups</i> | | | 1:55 PM | <i>Infield open for 60m warm-ups</i> | | |
| 5:15 PM | National Anthem | | | 2:10 PM | <i>Backstretch open for 400m Premier warm-ups</i> | | |
| 5:20 PM | 600m | 2 | Women | 2:10 PM | 60m Prelims | 3 | Women |
| 5:28 PM | 600m | 2 | Men | 2:20 PM | 60m Prelims | 2 | Men |
| 5:30 PM | <i>Infield open for 600m & 200m Premiers warm-ups</i> | | | 2:25 PM | <i>Backstretch open for 800m Premier warm-ups</i> | | |
| 5:35 PM | 200m | 3 | Women | 2:30 PM | National Anthem | | |
| 5:50 PM | 200m | 3 | Men | 2:30 PM | <i>Infield open for 60m Hurdles warm-ups</i> | | |
| 6:05 PM | 600m Premier | 3 | Women | 2:30 PM | Jimmy Grant 400m Premier | 4 | Women |
| 6:15 PM | 600m Premier | 3 | Men | 2:40 PM | John Raffensperger 400m Premier | 4 | Men |
| 6:25 PM | 200m Premier | 4 | Women | 2:50 PM | 800m Premier | 2 | Women |
| 6:40 PM | 200m Premier | 4 | Men | 3:00 PM | 800m Premier | 2 | Men |
| | | | | 3:00 PM | Pole Vault | 1 | Men |
| | | | | 3:10 PM | 60m Hurdles Finals | 1 | Women |
| | | | | 3:15 PM | 60m Hurdles Finals | 1 | Men |
| | | | | 3:20 PM | <i>Infield open for 60m warm-ups</i> | | |
| | | | | 3:20 PM | Jerry Hassard Mile | 2 | Women |
| | | | | 3:32 PM | Larry Wieczorek Mile | 1 | Men |
| | | | | 3:38 PM | 60m Finals | 1 | Women |
| | | | | 3:43 PM | 60m Finals | 1 | Men |
| | | | | 3:45 PM | <i>Infield open for 4x400m Relay warm-ups</i> | | |
| | | | | 3:46 PM | 3,000m Premier | 1 | Men |
| | | | | 4:05 PM | 4x400m Relay Section 1 | 1 | Men |
| | | | | 4:10 PM | 4x400m Relay Premier Section 1 | 1 | Women |
| | | | | 4:15 PM | 4x400m Relay Premier Section 2 | 1 | Men |
| | | | | 4:20 PM | 4x400m Relay Premier Section 2 | 1 | Women |
| | | | | 4:25 PM | 4x400m Relay Premier Section 3 | 1 | Men |



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