

# LARRY WIECZOREK INVITATIONAL

JANUARY 22 - 23, 2021 • IOWA CITY, IOWA

*TENTATIVE - LAST UPDATE 1/20/21 - 12:30 PM*

## FRIDAY EVENTS

TIME	EVENT	FLIGHTS/ HEATS	GENDER
<b>1:00 PM</b>	<b>Coaches' Meeting</b>		
1:00 PM	Weight Throw <i>(all throws in HTRC Indoor Turf)</i>	2	Men
To Follow	Weight Throw <i>(immediately follows men's WT)</i>	2	Women
To Follow	Shot Put <i>(immediately follows women's WT)</i>	1	Men
To Follow	Shot Put <i>(immediately follows men's SP)</i>	2	Women
2:30 PM	High Jump		Men
2:30 PM	High Jump		Women
<b>4:00 PM</b>	<b>Track Closed // Turf Open for Warm-ups</b>		
4:30 PM	Long Jump <i>(inside runway)</i>	2	Men
4:30 PM	Long Jump <i>(outside runway)</i>	2	Women
4:40 PM	<i>Infield open for 600m &amp; 200m warm-ups</i>		
<b>5:15 PM</b>	<b>National Anthem</b>		
5:20 PM	600m	2	Women
5:28 PM	600m	2	Men
5:30 PM	<i>Infield open for 600m &amp; 200m Premiers warm-ups</i>		
5:35 PM	200m	4	Women
5:50 PM	200m	3	Men
<b>6:05 PM</b>	<b>600m Premier</b>	<b>3</b>	<b>Women</b>
<b>6:15 PM</b>	<b>600m Premier</b>	<b>3</b>	<b>Men</b>
<b>6:25 PM</b>	<b>200m Premier</b>	<b>4</b>	<b>Women</b>
<b>6:40 PM</b>	<b>200m Premier</b>	<b>4</b>	<b>Men</b>

## SATURDAY EVENTS

TIME	EVENT	FLIGHTS/ HEATS	GENDER
<b>10:00 AM</b>	<b>Track Closed // Turf Open for Warm-ups</b>		
12:00 PM	<i>Infield open for 400m warm-ups</i>		
12:00 PM	Pole Vault		Women
12:45 PM	<i>Infield open for 60m Hurdles warm-ups</i>		
1:00 PM	Triple Jump <i>(outside runway)</i>	1	Women
1:00 PM	Triple Jump <i>(inside runway)</i>	1	Men
1:00 PM	400m	2	Women
1:10 PM	400m	3	Men
1:20 PM	<i>Backstretch open for 800m warm-ups</i>		
1:30 PM	60m Hurdles Prelims	3	Women
1:45 PM	60m Hurdles Prelims	3	Men
1:55 PM	<i>Infield open for 60m warm-ups</i>		
2:00 PM	800m	1	Women
2:05 PM	800m	1	Men
2:10 PM	<i>Backstretch open for 400m Premier warm-ups</i>		
2:10 PM	60m Prelims	3	Women
2:20 PM	60m Prelims	3	Men
2:25 PM	<i>Backstretch open for 800m Premier warm-ups</i>		
<b>2:30 PM</b>	<b>National Anthem</b>		
2:30 PM	<i>Infield open for 60m Hurdles warm-ups</i>		
2:30 PM	<b>Jimmy Grant 400m Premier</b>	<b>3</b>	<b>Women</b>
2:40 PM	<b>John Raffensperger 400m Premier</b>	<b>3</b>	<b>Men</b>
2:50 PM	<b>800m Premier</b>	<b>2</b>	<b>Women</b>
3:00 PM	<b>800m Premier</b>	<b>2</b>	<b>Men</b>
3:00 PM	Pole Vault		Men
3:10 PM	<b>60m Hurdles Finals</b>	<b>1</b>	<b>Women</b>
3:15 PM	<b>60m Hurdles Finals</b>	<b>1</b>	<b>Men</b>
3:20 PM	<i>Infield open for 60m warm-ups</i>		
3:20 PM	<b>Jerry Hassard Mile</b>	<b>2</b>	<b>Women</b>
3:32 PM	<b>Larry Wiecek Mile</b>	<b>1</b>	<b>Men</b>
3:38 PM	<b>60m Finals</b>	<b>1</b>	<b>Women</b>
3:43 PM	<b>60m Finals</b>	<b>1</b>	<b>Men</b>
3:45 PM	<i>Infield open for 4x400m Relay warm-ups</i>		
3:46 PM	<b>3,000m Premier</b>	<b>1</b>	<b>Men</b>
4:05 PM	4x400m Relay Section 1	1	Women
4:10 PM	4x400m Relay Section 1	1	Men
4:15 PM	<b>4x400m Relay Premier Section 2</b>	<b>1</b>	<b>Women</b>
4:20 PM	<b>4x400m Relay Premier Section 2</b>	<b>1</b>	<b>Men</b>
4:25 PM	<b>4x400m Relay Premier Section 3</b>	<b>1</b>	<b>Women</b>
4:30 PM	<b>4x400m Relay Premier Section 3</b>	<b>1</b>	<b>Men</b>



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