LARRY WIECZOREK INVITATIONAL

JANUARY 22 - 23, 2021 · IOWA CITY, IOWA

TENTATIVE - LAST UPDATE 1/20/21 - 12:30 PM

| <u>FRIDAY EVENTS</u> | | | | | |
|----------------------|--|-------------------|--------|--|--|
| TIME | EVENT | FLIGHTS/ HEATS | GENDER | | |
| 1:00 PM | M Coaches' Meeting | | | | |
| 1:00 PM | Weight Throw (all throws in HTRC Indoor Turf) | 2 | Men | | |
| To Follow | Weight Throw (immediately follows men's WT) | 2 | Women | | |
| To Follow | Shot Put (immediately follows women's WT) | 1 | Men | | |
| To Follow | Shot Put (immediately follows men's SP) | 2 | Women | | |
| 2:30 PM | High Jump | | Men | | |
| 2:30 PM | High Jump | | Women | | |
| 4:00 PM | Track Closed // Turf Open for Warm-ups | | | | |
| 4:30 PM | Long Jump (inside runway) | 2 | Men | | |
| 4:30 PM | Long Jump (outside runway) | 2 | Women | | |
| 4:40 PM | Infield open for 600m & 200m warm-ups | | | | |
| 5:15 PM | National Anthem | | | | |
| 5:20 PM | 600m | 2 | Women | | |
| 5:28 PM | 600m | 2 | Men | | |
| 5:30 PM | Infield open for 600m & 200m Premiers warm-ups | | | | |
| 5:35 PM | 200m | 4 | Women | | |
| 5:50 PM | 200m | 3 | Men | | |
| 6:05 PM | 600m Premier | 3 | Women | | |
| 6:15 PM | 600m Premier | 3 | Men | | |
| 6:25 PM | 200m Premier | 4 | Women | | |
| 6:40 PM | 200m Premier | 4 | Men | | |

| TIME | <u>Saturday events</u> | | | | | |
|---|------------------------|---|---|--------|--|--|
| 12:00 PM | TIME | EVENT | | GENDER | | |
| 12:00 PM | 10:00 AM | 10:00 AM Track Closed // Turf Open for Warm-ups | | | | |
| 12:45 PM | 12:00 PM | Infield open for 400m warm-ups | | | | |
| 1:00 PM | 12:00 PM | Pole Vault | | Women | | |
| 1:00 PM | 12:45 PM | Infield open for 60m Hurdles warm-ups | | | | |
| 1:00 PM 400m 2 Women 1:10 PM 400m 3 Men 1:20 PM Backstretch open for 800m warm-ups 1:30 PM 60m Hurdles Prelims 3 Women 1:35 PM Infield open for 60m warm-ups 2:00 PM 800m 1 Women 2:05 PM 800m 1 Men 2:05 PM 800m 3 Women 2:10 PM 60m Prelims 3 Women 2:10 PM 60m Prelims 3 Men 2:20 PM 60m Prelims 3 Men 2:20 PM 60m Prelims 3 Men 2:20 PM Backstretch open for 800m Premier warm-ups 3 Men 2:20 PM Backstretch open for 800m Premier warm-ups 3 Women 2:30 PM Infield open for 60m Hurdles warm-ups 3 Women 2:30 PM Jimmy Grant 400m Premier 3 Women 2:30 PM John Raffensperger 400m Premier 3 Men 2:50 PM 800m P | 1:00 PM | Triple Jump (outside runway) | 1 | Women | | |
| 1:10 PM 400m 3 Men 1:20 PM Backstretch open for 800m warm-ups 1:30 PM 60m Hurdles Prelims 3 Women 1:45 PM 60m Hurdles Prelims 3 Men 1:55 PM Infield open for 60m warm-ups 2:00 PM 800m 1 Women 2:05 PM 800m 1 Men 2:10 PM 60m Prelims 3 Women 2:10 PM 60m Prelims 3 Women 2:20 PM 60m Prelims 3 Men 2:25 PM Backstretch open for 800m Premier warm-ups 2:30 PM Infield open for 60m Hurdles warm-ups 2:30 PM Infield open for 60m Hurdles warm-ups 2:30 PM Infield open for 60m Hurdles warm-ups 2:30 PM Jimmy Grant 400m Premier 3 Women 2:40 PM John Raffensperger 400m Premier 3 Men 3:00 PM 800m Premier 2 Women 3:00 PM 800m Premier 2 Men 3:15 PM 60m Hurdles Finals 1 Men 3:20 PM Infield open f | 1:00 PM | Triple Jump (inside runway) | 1 | Men | | |
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