



IOWA SWIMMING & DIVING

Women's All-Time Top Performers



50 FREESTYLE

1. Hannah Burvill, 2019	22.54
2. Emma Sougstad, 2015	22.63
3. Olivia Kabacinski, 2014	22.70
4. Mekenna Scheitlin, 2018	22.77
5. Elise Borja, 2014	22.96
6. Sarah Schemmel, 2021	23.00
7. Stacey Wertz, 2000	23.08
8. Meghan Lavelle, 2018	23.10
9. Kennedy Gilbertson, 2020	23.16
9. Danielle Carty, 2011	23.17

100 FREESTYLE

1. Hannah Burvill, 2019	48.65
2. Olivia Kabacinski, 2014	49.61
3. Allyssa Fluit, 2019	49.86
4. Sarah Schemmel, 2018	50.15
5. Christine Kuczek, 2008	50.21
6. Danielle Carty, 2012	50.26
7. Macy Rink, 2020	50.33
8. Elise Borja, 2014	50.45
9. Emma Sougstad, 2016	50.47
10. Carly O'Brien, 2018	50.48

200 FREESTYLE

1. Hannah Burvill, 2018	1:44.42
2. Becky Stoughton, 2015	1:45.47
3. Allyssa Fluit, 2020	1:45.82
4. Olivia Kabacinski, 2014	1:46.68
5. Macy Rink, 2020	1:47.89
6. Lauren McDougall, 2020	1:48.21
7. Carly O'Brien, 2018	1:48.89
8. Verity Hicks, 2010	1:48.93
9. Emily Hovren, 2014	1:48.93
10. Jennifer Skolaski, 2004	1:49.07

500 FREESTYLE

1. Becky Stoughton, 2015	4:39.76
2. Allyssa Fluit, 2020	4:43.52
3. Hannah Burvill, 2018	4:44.24
4. Lindsay Seemann, 2013	4:45.86
5. Melissa Loehndorf, 2000	4:47.21
6. Alyssa Graves, 2021	4:47.58
7. Jennifer Skolaski, 2003	4:48.20
8. Millie Sansome, 2019	4:49.40
9. Jane Keating, 1987	4:50.45
10. Macy Rink, 2020	4:50.74

1,000 FREESTYLE

1. Becky Stoughton, 2011	9:39.44
2. Alyssa Graves, 2021	9:48.33
3. Melissa Loehndorf, 2001	9:55.59
4. Abbey Schneider, 2018	9:58.39
5. Jennifer Skolaski, 2002	9:58.53
6. Jane Keating, 1984	9:58.63
7. Millie Sansome, 2019	10:03.34
8. Angie Todt, 1990	10:04.30
9. Ileana Buciu, 1998	10:06.38
10. Lauren Eytalis, 2010	10:08.54

1,650 FREESTYLE

1. Becky Stoughton, 2015	15:57.43
2. Alyssa Graves, 2021	16:21.34
3. Melissa Loehndorf, 2001	16:27.91
4. Jennifer Skolaski, 2002	16:32.30
5. Jane Keating, 1986	16:35.02
6. Angie Todt, 1991	16:37.96
7. Millie Sansome, 2019	16:41.89
8. Ashley Dell, 2008	16:45.29
9. Ileana Buciu, 1997	16:46.25
10. Abbey Schneider, 2015	16:48.14

100 BACKSTROKE

1. Millie Sansome, 2020	53.21
2. Hannah Burvill, 2019	53.27
3. Meghan Lavelle, 2018	53.36
4. Daniela Cubelic, 2012	53.63
5. Kennedy Gilbertson, 2021	53.92
6. Lindsay Seemann, 2014	54.05
7. Danielle Carty, 2012	54.25
8. Jennifer Skolaski, 2003	54.34
9. Jo Jekel, 2017	54.41
10. Allie Orvis, 2015	54.43

200 BACKSTROKE

1. Millie Sansome, 2020	1:54.86
2. Lindsay Seemann, 2013	1:56.49
3. Hannah Burvill, 2018	1:56.56
4. Meghan Lavelle, 2018	1:57.22
5. Julia Koluch, 2020	1:57.46
6. Jennifer Skolaski, 2004	1:57.51
7. Kennedy Gilbertson, 2020	1:57.58
8. Anna Brooker, 2021	1:57.70
9. Becky Stoughton, 2012	1:58.38
10. Allie Orvis, 2015	1:58.50

100 BREASTSTROKE

1. Emma Sougstad, 2017	58.76
2. Olivia Kabacinski, 2014	1:01.36
3. Shea Hoyt, 2018	1:01.37
4. Katarina Tour, 2009	1:01.45
5. Mallory Jump, 2021	1:01.49
6. Karolina Wartalowicz, 2014	1:02.06
Aleksandra Olesiak, 2019	1:02.06
8. Allison Lyle, 2002	1:02.43
9. Colleen Champa, 2014	1:02.48
10. Andrea Pennington, 2000	1:03.46

200 BREASTSTROKE

1. Emma Sougstad, 2017	2:10.47
2. Allison Lyle, 2002	2:11.92
3. Colleen Champa, 2014	2:12.71
4. Karolina Wartalowicz, 2014	2:13.33
5. Shea Hoyt, 2017	2:13.55
6. Aleksandra Olesiak, 2020	2:13.92
7. Devin Jacobs, 2019	2:17.80
8. Alisha Stitts, 1999	2:18.19
9. Lexi Horner, 2017	2:18.23
10. Hannah Maher, 2015	2:18.32

100 BUTTERFLY

1. Mallory Jump, 2021	52.30
2. Kelsey Drake, 2018	53.12
3. Emma Sougstad, 2016	53.30
4. Kelly McNamara, 2019	53.62
5. Mekenna Scheitlin, 2016	53.95
6. Tereysa Lehnertz, 2016	54.13
7. Sarah Schemmel, 2018	54.27
8. Carly O'Brien, 2015	54.54
9. Haley Gordon, 2014	54.58
10. Katarina Tour, 2009	54.61

200 BUTTERFLY

1. Kelsey Drake, 2020	1:55.89
2. Alyssa Graves, 2021	1:57.99
3. Becky Stoughton, 2015	1:58.28
4. Mallory Jump, 2021	1:58.67
5. Tereysa Lehnertz, 2016	1:59.04
6. Melissa Loehndorf, 2001	2:00.14
7. Kelly McNamara, 2018	2:00.45
8. Abbey Tuchscherer, 2011	2:01.17
9. Loredana Zisu, 1998	2:01.71
10. Margie Chamberlin, 2007	2:02.24

200 INDIVIDUAL MEDLEY

1. Emma Sougstad, 2016	1:57.55
2. Mallory Jump, 2021	1:58.93
3. Kelsey Drake, 2020	1:59.41
4. Emily Hovren, 2013	2:00.42
5. Katarina Tour, 2009	2:01.33
6. Allie Orvis, 2014	2:01.76
7. Colleen Champa, 2014	2:02.19
8. Jennifer Skolaski, 2005	2:02.93
9. Haley Gordon, 2010	2:03.05
10. Karolina Wartalowicz, 2014	2:03.19

400 INDIVIDUAL MEDLEY

1. Becky Stoughton, 2012	4:12.34
2. Lindsay Seemann, 2013	4:15.00
3. Millie Sansome, 2019	4:17.68
4. Devin Jacobs, 2019	4:20.09
5. Jennifer Skolaski, 2003	4:20.14
6. Grace Reeder, 2020	4:20.35
7. Melissa Loehndorf, 1999	4:20.65
8. Colleen Champa, 2014	4:21.20
9. Pamela Breitrack, 2014	4:21.51
10. Haley Gordon, 2010	4:22.04

1-METER DIVING (6)

1. Deidre Freeman, 2011	338.55
2. Jayah Mathews, 2019	330.05
3. Lisette Planken, 2005	326.55
4. Veronica Rydze, 2012	325.28
5. Nancilea Underwood, 2006	322.75
6. Joelle Christy, 2013	319.45
7. Terri Millmier, 1988	315.60
8. Jacintha Thomas, 2017	307.60
9. Abby Grilli, 2014	306.70
10. Lauren Kelba, 2013	299.85

1-METER DIVING (10)

1. Katy Ketoff, 1992	407.20
2. Kim Yager, 1991	433.55

1-METER DIVING (11)

1. Lisette Planken, 2003	583.55
2. Nancilea Underwood, 2003	541.55
3. Teresa Millmier, 1989	476.90
4. Kelly Johnson, 1986	466.62
5. Diane Goldsworthy, 1984	439.55
6. Kelly Johnson, 1983	431.10
7. Kelly McCready, 1996	413.75
8. Jessica Riccobono, 1994	413.45
9. Anne Bowers, 1982	399.10
10. Kelly McCready, 1994	394.70

1-METER DIVING (12)

1. Nancilea Underwood, 2006	626.95
2. Kim Yager, 1991	433.55

3-METER DIVING (6)

1. Deidre Freeman, 2011	407.40
2. Nancilea Underwood, 2006	400.05
3. Jayah Mathews, 2019	380.20
4. Veronica Rydze, 2011	358.45
5. Sam Tamborski, 2019	355.05
6. Abby Grilli, 2013	354.10
7. Lauren Kelba, 2015	332.17
8. Lisette Planken, 2005	332.03
9. Joelle Christy, 2013	327.08
10. Morgan Rafferty, 2017	322.50

3-METER DIVING (11)

1. Nancilea Underwood, 2003	564.60
2. Lisette Planken, 2003	561.25
3. Kelly Johnson, 1986	494.65
4. Katy Ketoff, 1992	489.90
5. Sara Wolchko, 2001	480.50
6. Diane Goldsworthy, 1985	478.44
7. Kelly McCready, 1994	477.35
8. Terri Millmier, 1988	476.90
9. Jessica Riccobono, 1995	472.69
10. Ann Bowers, 1982	463.80

3-METER DIVING (12)

1. Nancilea Underwood, 2006	658.30
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PLATFORM DIVING (5)

1. Lydia Lehnert, 2015	312.20
Calli Head, 2016	312.20
3. Thelma Strandberg, 2018	254.70
4. Joelle Christy, 2013	234.75
5. Lauren Kelba, 2015	230.20
6. Sam Tamborski, 2019	215.80

PLATFORM DIVING (11)

1. Laura Maldonado, 1999	497.89
2. Katy Ketoff, 1991	445.67
3. Kelly McCready, 1996	437.95



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Women's All-Time Top Performers



200 FREESTYLE RELAY

1. Kabacinski, Sougstad, Lavelle, Scheitlin, 2015 1:30.96
2. Burvill, **Gilbertson, Schemmel**, Fluit, **2020** **1:31.09**
3. **Schemmel, Drake, Gilbertson, Rink, 2021** **1:31.10**
4. Burvill, Scheitlin, Lavelle, **Schemmel, 2018** **1:31.18**
5. Burvill, **Schemmel**, Sauer, McNamara, **2018** **1:31.36**
6. Sougstad, Kabacinski, Scheitlin, McNamara, 2015 1:31.52
7. Carty, Arseth, Cubelic, Hovren, 2012 1:31.68
8. Sougstad, Burvill, Scheitlin, Fluit, 2016 1:31.73
- Kabacinski, Arseth, Tuchscherer, Orvis, 2013 1:31.73
10. Sougstad, Scheitlin, Lavelle, O'Brien, 2017 1:31.79

400 FREESTYLE RELAY

1. Burvill, Sougstad, Fluit, Wanasek, 2017 3:18.83
2. Fluit, Burvill, **Schemmel, Rink, 2019** **3:19.41**
3. Fluit, Burvill, **Gilbertson, Rink, 2020** **3:19.42**
4. Burvill, Fluit, McNamara, **McDougall, 2019** **3:19.72**
5. Burvill, Fluit, McNamara, **Schemmel, 2018** **3:20.16**
6. Fluit, O'Brien, Burvill, Scheitlin, 2017 3:20.31
7. **Rink**, Burvill, Fluit, **Gilbertson, 2020** **3:20.35**
8. Kabacinski, Sougstad, Lagodzinska, O'Brien, 2015 3:20.58
9. **Schemmel, Drake, McDougall, Rink, 2021** **3:20.76**
10. **Schemmel**, Burvill, Fluit, O'Brien, **2018** **3:20.77**

800 FREESTYLE RELAY

1. Burvill, Fluit, Sansome, **Rink, 2020** **7:04.70**
2. Burvill, Fluit, Lavelle, O'Brien, 2018 7:08.06
3. Burvill, Fluit, **McDougall, Drake, 2019** **7:10.10**
4. Burvill, Sansome, Fluit, **McDougall, 2019** **7:11.57**
5. Kabacinski, Hovren, Stoughton, Seemann, 2014 7:12.49
6. Stoughton, Kabacinski, Wanasek, Lagodzinska, 2015 7:12.86
7. Burvill, Fluit, Wanasek, O'Brien, 2017 7:14.79
8. Hovren, Stoughton, Seemann, Kabacinski, 2013 7:14.99
9. **Rink, McDougall, Gilbertson, Graves, 2021** **7:15.89**
10. **McDougall**, Burvill, Fluit, **Drake, 2019** **7:18.54**

200 MEDLEY RELAY

1. Lavelle, Sougstad, Scheitlin, Burvill, 2017 1:38.99
2. Orvis, Sougstad, O'Brien, Kabacinski, 2015 1:39.18
3. Jekel, Hoyt, Hackett, Scheitlin, 2018 1:39.26
4. Orvis, Sougstad, McNamara, Kabacinski, 2016 1:39.27
5. Sansome, **Ohlensehlen, Drake, Gilbertson, 2020** **1:39.94**
6. Seemann, Sougstad, Tuchscherer, Borja, 2014 1:40.12
7. **Koluch, Olesiak, Jump, Black, 2021** **1:40.22**
8. Hauber, Sougstad, O'Brien, Kabacinski, 2015 1:40.60
9. Burvill, **Ohlensehlen, Drake, Schemmel, 2018** **1:40.63**
10. Sansome, **Ohlensehlen, Drake, Burvill, 2019** **1:40.81**

400 MEDLEY RELAY

1. Sansome, **Olesiak, Drake, Burvill, 2020** **3:36.18**
2. Lavelle, Sougstad, Scheitlin, Burvill, 2017 3:36.71
3. Lavelle, Sougstad, McNamara, Kabacinski, 2016 3:36.72
4. Lavelle, Hoyt, McNamara, Burvill, 2018 3:37.71
5. Lavelle, Sougstad, Lehnertz, Burvill, 2016 3:37.91
6. **Koluch, Olesiak, Jump, Drake, 2021** **3:37.98**
7. Lavelle, Sougstad, Lehnertz, Stoughton, 2015 3:38.68
8. Sansome, **Olesiak, Drake, Burvill, 2019** **3:38.92**
9. Burvill, **Ohlensehlen, Drake, Schemmel, 2019** **3:39.21**
10. Seemann, Sougstad, Gordon, Kabacinski, 2014 3:39.54