



# IOWA FIELD HOCKEY

WEEK 5: VS. MICHIGAN STATE (MARCH 26 & 28)

## 2021 SPRING SCHEDULE 7-1 (4-1)

2/27	.....vs. Indiana*	.....W, 1-0
2/28	.....vs. Penn State*	.....W, 1-0
3/5	.....vs. Rutgers*	.....W, 1-0
3/7	.....vs. Penn State*	.....W, 1-0
3/12	.....vs. Michigan	.....L, 0-1
3/14	.....vs. Michigan	.....W, 2-1
3/19	.....at Ohio State	.....W, 2-1
3/21	.....at Ohio State	.....W, 2-1
3/26	.....vs. Michigan State	.....NOON
3/28	.....vs. Michigan State	.....2 PM
4/2	.....vs. Maryland	.....NOON
4/4	.....vs. Maryland	.....3 PM
4/15	.....at Northwestern	.....11 AM
4/17	.....at Northwestern	.....2 PM
<b>Big Ten Tournament (Iowa City, Iowa)</b>		
4/20	.....Quarterfinals	.....TBA
4/21	.....Quarterfinals	.....TBA
4/22	.....Semifinals	.....TBA
4/23	.....Semifinals	.....TBA
4/24	.....Championship	.....TBA

All game times listed are Central Time  
 Home games are in **bold**  
 \* Neutral-site games played in Virginia Beach, Virginia

## 2021 PENN MONTO/NFHCA RANKINGS

1.	North Carolina	.....12-1
2.	<b>IOWA</b>	..... <b>7-1</b>
	Louisville	.....11-3
4.	Northwestern	.....6-2
5.	Liberty	.....9-1
6.	Michigan	.....3-2
7.	Penn State	.....4-3
8.	UConn	.....5-1
9.	Syracuse	.....7-4
10.	Rutgers	.....5-1
11.	Wake Forest	.....5-9
12.	Maryland	.....5-3
13.	Virginia	.....5-9
14.	Duke	.....3-9
15.	Saint Joseph's	.....2-1
16.	Boston College	.....5-4
17.	Old Dominion	.....4-3
18.	Miami	.....7-1
19.	Delaware	.....2-1
20.	UMass Amherst	.....4-1

### THIS WEEK

The No. 2 University of Iowa field hockey team (7-1, 4-1) will face Michigan State (1-6, 1-4) this weekend at Grant Field. The Hawkeyes take on the Spartans on Friday, March 26 at 4 p.m. (CT), followed by a match on Sunday, March 28 at noon (CT).

### FOLLOW THE HAWKEYES

- Iowa field hockey fans can follow all contest via live stats on hawkeyesports.com. Click on the "Live Stats" link found on the field hockey schedule page to access the feed. Fans can also follow @IowaFieldHockey on Twitter for live in-game updates.
- A live is available via BTN+, which requires a paid subscription. Monthly subscriptions are available for \$9.95 for a school pass and gives you access to all Hawkeye events that are streamed on BTN+ or aired live on Big Ten Network.

### ROSTER AT A GLANCE

- The Hawkeyes return 14 letterwinners from last season.
- Eight of Iowa's 14 letterwinners saw action in all 22 contests during the 2019 season.
- Iowa welcomes seven freshman, including, Alex Wesneski, Sophia Mackrella, Sammy Freeman, Kelly Rose, Mary Jane McNary, Harper Dunne, and Amelia Williams.

### (HAWK)EYES ON THE SEASON

- Iowa is 7-1 overall and 4-1 in Big Ten play with wins over Indiana, Rutgers, Michigan and Penn State and Ohio State, twice.
- Iowa swept Ohio State in Columbus, defeating the Buckeyes 2-1 in both matchups.
- Iowa split the two-game series against Michigan. The Wolverines took the first game with a 1-0 victory, but the Hawkeyes came out on top in the second game, 2-1, recording the program's first shootout in 26 years.
- The Hawkeyes defeated Indiana, 1-0, on Feb. 27 and holding the Hoosiers to a shotless game. Senior Maddy Murphy scored the lone goal with an assist from junior Lokke Stribos.
- Against the Nittany Lions, senior Ellie Holley dribbled through defenders to score the Hawkeyes' only goal, coming out victorious, 1-0.

### SCOUTING MICHIGAN STATE

- Michigan State is 1-6 overall and 1-4 in the conference; with its lone win of the season over Indiana (Mar. 7).
- Michigan State is led by seniors Lia Sinisi and Meredith Ross.
- The Spartans return 15 athletes from the 2019 season.
- Ross earned 2019 All-Big Ten Preseason Watch List honors.
- Sinisi led the Spartans last season with seven goals and .304 shooting percentage.
- Head coach Helen Knull, enters her tenth season with Michigan State. Prior to taking the helm of the program in 2011, Knull served as an assistant and associate head coach for five years. She helped them achieve a Big Ten Championship and an Elite Eight appearance in 2013.

### VS. MICHIGAN STATE -- THE SERIES

- Iowa leads the all-time series, 53-14-1, including five consecutive wins over the Spartans.
- Iowa beat Michigan State in 2019, 5-0. They defeated the Spartans with three goals by senior Ellie Holley and one goal a piece by seniors Lokke Stribos and Maddy Murphy.

### RANKED AMONG US

- The Big Ten is represented by six teams in the National Field Hockey Coaches Association (NFHCA) 2021 Poll, including No. 2 Iowa, No. 4 Northwestern, No. 6 Michigan, No. 7 Penn State, No. 10 Rutgers, and No. 12 Maryland.
- Seven Big Ten teams finished the 2019 season ranked in the top-25 of the Penn Monto/NFHCA Rankings, including No. 3 Maryland, No. 6 Iowa, No. 11 Michigan, No. 11 Northwestern, No. 18 Rutgers No. 22 Penn State, and No. 24 Ohio State.

## 2021 BIG TEN STANDINGS

	Conf.	Over.
Iowa	4-1	7-1
Northwestern	3-2	6-2
Rutgers	3-1	5-1
Maryland	3-2	5-3
Penn State	3-1	4-3
Michigan	3-0	3-2
Michigan State	1-4	1-6
Ohio State	0-3	0-5
Indiana	0-6	0-8

## 2021 ROSTER

2	Emily Deuell	Sr.	D
4	Alex Wesneski	Fr.	F
5	Meghan Conroy	Jr.	MF/F
6	Anthe Nijziel	Jr.	D
7	Ellie Holley	Sr.	MF
8	Nikki Freeman	Sr.	MF
9	Sofie Stribos	So.	MF/F
10	Sophia Mackrella	Fr.	MF/D
11	Sammy Freeman	Fr.	MF/D
12	Kelly Rose	Fr.	MF
13	Leah Zellner	Jr.	F
14	Lokke Stribos	Jr.	D/MF
15	Esme Gibson	So.	MF/D
16	Mary Jane McNary	Fr.	D
17	Ciara Smith	Jr.	F
21	Makenna Maguire	Jr.	F/MF
22	Ellie Flynn	So.	D
23	Harper Dunne	Fr.	MF
26	Maddy Murphy	Sr.	F
62	Grace McGuire	So.	GK
52	Amelia Williams	Sr.	GK

## ATHLETIC COMMUNICATIONS

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## MEDIA INFORMATION

Members of the University of Iowa field hockey team and coaching staff will be available for interviews each Tuesday before practice during the regular season.

To attend, please contact UI field hockey communications contact Maddie McCarron by phone (563-451-5767) or email (maddie-mccarron@uiowa.edu). Be sure to include which coaches and student-athletes you would like to speak with.

## SHE'S KIND OF A B1G DEAL

- Junior Anthe Nijziel was named Big Ten Defensive Player of the Week, the conference announced March 8.
- The defensive honor is the first of Nijziel's career and the first Big Ten Defensive Player of the Week for a Hawkeye since Katie Birch earned the award on Sept. 18, 2018.
- In matchups against Rutgers (March 5) and Penn State (March 7), Nijziel played the full 120 minutes, keeping the Scarlet Knights shotless and only allowing one shot on goal from the Nittany Lions. The Hawkeyes are undefeated this season, recording four 1-0 shutouts over Indiana, Rutgers and Penn State, twice.
- The Eindhoven, Netherlands, native scored the Hawkeyes' lone goal in the win over Penn State off a penalty corner and assist from junior Leah Zellner.

## IOWA IN THE NCAA TOURNAMENT

- The Hawkeyes have been selected to the NCAA Tournament 24 times in program history -- the most of any school as a member of the Big Ten Conference.
- The Hawkeyes are 26-24 all-time in tournament play, including 9-6 in first round match-ups and 11-6 in second round contests.
- Iowa has advanced to 11 NCAA Final Fours, winning the 1986 national championship.
- The Hawkeyes' 26 NCAA tournament victories and 11 NCAA Final Fours are the most of any school as a member of the Big Ten Conference.
- In 2019, Iowa faced UNC in the second round of the NCAA tournament, falling 1-2. North Carolina would go on to beat Princeton and win the championship.

## B1G PRESEASON HONORS

- Maddy Murphy, Anthe Nijziel and Lokke Stribos earned preseason All-Big Ten recognition, announced by the conference on Feb. 24.
- Murphy, a senior forward from Riana, Tasmania, earned NFHCA second team All-American recognition after starting all 22 games and recording team highs in goals (12) -- tied for third most in the Big Ten, assists (10) -- the fourth most in the Big Ten, and (37) points -- tied for second most in the Big Ten. She recorded 55 shots to tally 37 points. This is the fourth straight year Birch has earned preseason honors by the Big Ten Conference.
- Nijziel, a senior defender, started all 22 games last year and recorded six goals and 13 points on 38 shots. The Eindhoven, Netherlands, native earned NFHCA first team All-West Region honors and second team All-Big Ten honors last season.
- Stribos, a senior midfielder, started in all 22 games last season and earned NFHCA second team All-West Region honors. She is ranked second on the team and fifth in the conference in goals (10). She is also ranked fifth in the Big Ten in points per game (1.14). The Brussels, Belgium, native, recorded five assists and 25 points in Iowa's 2019 season.

## STATISTICALLY SPEAKING -- 2019 TEAM STATS

- Iowa scored 65 goals last season, while scoring four or more goals in seven games.
- Iowa's 65 goals and 2.95 goals per game beat the averages in the 2018 season of 51 goals and 2.43 goals per game.
- The Hawkeyes had 41 assists and averaged 1.95 per game, which was the second most in the Big Ten.
- Iowa held its opponents to 27 goals on the season and allowed only 86 shots on goal..

## STATISTICALLY SPEAKING -- 2019 INDIVIDUAL STATS

- Second Team NFHCA All-American Maddy Murphy led the team in goals (12), assists (13), and points (37). Murphy's 13 goals tied for third most in the Big Ten and 37 points tied for second most in the Big Ten. She also scored the 2019 Big Ten Tournament Championship game winning goal in overtime to claim the title for the Hawkeyes.
- Senior Maddy Murphy led the team in goals (11) on 34 shots and had a team high 37 points. The NFHCA First Team All-West Regional selection had a team-leading three game-winning goals.

## HOSTING THE BIG TEN

- This spring the Hawkeyes will host the Big Ten Tournament in Iowa City, Iowa, April 20-24, 2021.
- The Hawkeyes will play an eight week, 14 game conference-only season leading into the Big Ten Tournament. Last year, Iowa went 7-1 in the conference and defeated Penn State 1-0 winning the Big Ten Championship and tied for the Big Ten Regular Season Championship title.

## NFHCA REGIONAL STAFF OF THE YEAR

- Lisa Cellucci, Michael Boal, and Roz Ellis were named NFHCA West Region Coaching Staff of the Year for the second consecutive season, the National Field Hockey Coaches Association announced Dec. 9, 2019.
- Led by sixth-year head coach Lisa Cellucci, the Hawkeyes went 17-5 (7-1) and qualified for the NCAA Tournament, reaching the Elite Eight.
- Cellucci was also named Big Ten Coach of the Year.
- Boal completed his sixth season along with former Hawkeye and two-time first team All-Big Ten selection Ellis who completed her second season as an assistant coach.
- The 2019 Hawkeyes are the first Iowa field hockey team to win the Big Ten regular season and tournament titles in the same season. The Hawkeyes were the fifth team in the conference to accomplish the feat.
- The Hawkeye coaching staff mentored three All-Big Ten, five All-West, and the NFHCA West Region Player of the Year.

## LOOKING AHEAD

The Hawkeyes will take on Maryland on Friday, April 2 at 4 p.m. (CT) and Sunday, April 4 at 11:30 a.m. (CT) at Grant Field.