

INDOOR ALL-TIME TOP 10 PERFORMERS



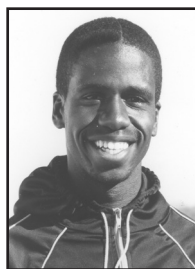
Justin Austin



Karayme Bartley



Jamal Britt



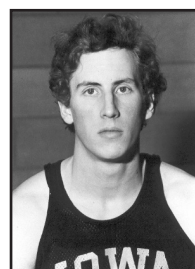
Rodney Chambers



Troy Doris



Peyton Haack



Bill Hansen

60 Meters

1. Justin Austin, 2011	6.69
2. Vinnie Saucer, Jr., 2016.....	6.70
3. Austin Kresley, 2021.....	6.72
4. Kurt Felix, 1999.....	6.73
Tevin-Cee Mincy, 2014	6.73
6. Josh Larney, 2013	6.74
Christian Brissett, 2017	6.74
8. Troy Doris, 2012	6.75
9. O'Shea Wilson, 2017	6.75
10. Jacob Gourley, 2017	6.77

60-Meter Hurdles

1. Jamal Britt, 2021.....	7.52
2. Jaylan McConico, 2020.....	7.60
3. Aaron Mallett, 2017	7.64
4. Jordan Mullen, 2013.....	7.70
5. Chris Douglas, 2019.....	7.75
6. Gratt Reed, 2021.....	7.81
7. Ethan Holmes, 2013	7.82
Josh Braverman, 2020.....	7.82
9. Grant Conway, 2020.....	7.86
10. Dion Trowers, 1997	7.87

200 Meters

1. Karayme Bartley, 2019.....	20.67
2. Justin Austin, 2011	20.80
3. Wayne Lawrence, Jr., 2020	20.85
4. Antonio Woodard, 2019.....	20.89
5. Anthuan Maybank, 1993.....	21.11
6. Austin Kresley, 2021.....	21.12
7. Bashir Yamini, 1999	21.19
8. James Harrington, 2014	21.21
9. Ethan Holmes, 2013	21.23
10. Tim Dodge, 2000	21.26

400 Meters

1. Wayne Lawrence Jr., 2021	45.40
2. Mar'yea Harris, 2017.....	45.75
3. Karayme Bartley, 2019.....	46.25
4. Emmanuel Ogwo, 2017	46.45
5. Steven Willey, 2010	46.75
6. Terrence Duckett, 1984	46.81
7. Collin Hofacker, 2017.....	46.82
8. DeJuan Frye, 2020	46.91
9. Jenoa Mckiver, 2021	46.93
10. Andre Morris, 1995	47.15

600 Meters

1. Wayne Lawrence, Jr., 2020	1:16.55
2. Mar'yea Harris, 2019.....	1:16.60
3. Erik Sowinski, 2012.....	1:16.91
4. Austin Lietz, 2020	1:17.03
5. Julien Gillum, 2021	1:17.13
6. Carter Lilly, 2017.....	1:17.20
7. Spencer Gudgel, 2021	1:17.38
8. Matt Manternach, 2020	1:17.43
9. Will Teubel, 2016.....	1:17.55
10. ..Tyler Olson, 2021.....	1:17.83

800 Meters

1. Carter Lilly, 2017.....	1:47.33
2. Erik Sowinski, 2012.....	1:47.62
3. Will Teubel, 2016.....	1:47.74
4. Pavlo Hutsalyuk, 2016	1:48.97
5. Ryan Weir, 2013	1:49.11
6. Adam Hairston, 2010.....	1:49.26
7. Nathan Prom, 2013	1:49.29
8. Matt Manternach, 2020	1:49.35
9. Alex Birkett, 2020	1:49.47
10. Tysen VanDraska, 2020.....	1:49.49

Mile

1. Jeff Thode, 2011	3:58.72
2. Ed DeLashmutt, 1981	4:04.01
3. Kal Lewis, 2021	4:04.21
4. Adam Jones, 2017	4:04.28
5. Michael Melchert, 2018.....	4:04.32
6. Larry Wiczorek, 1968.....	4:04.40
7. Nathan Mylenek, 2019	4:04.88
8. John Clark, 1972	4:05.94
9. Max Murphy, 2021.....	4:06.70
10. Ben Witt, 2014	4:07.08

3,000 Meters

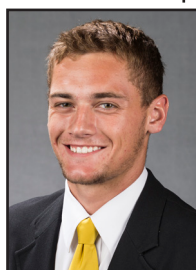
1. Kevin Lewis, 2015	7:57.06
2. Nathan Mylenek, 2020	7:58.37
3. Max Murphy, 2021.....	7:59.30
4. Jeff Thode, 2011	8:00.38
5. Micah VanDenend, 2006	8:00.81
6. Daniel Soto, 2020	8:06.04
7. Michael Melchert, 2018.....	8:08.30
8. Eric MacTaggart, 2006.....	8:08.79
9. Stetson Steele, 2000.....	8:09.54
10. Ben Witt, 2015	8:10.97

5,000 Meters

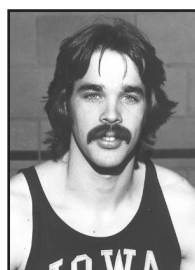
1. Kevin Lewis, 2015	13:43.70
2. Micah VanDenend, 2007	13:56.46
3. Daniel Soto, 2020	13:58.97
4. Stetson Steele, 2000.....	14:00.52
5. Dan Haut, 2006	14:06.16
6. Noah Healy, 2021.....	14:12.47
7. Eric MacTaggart, 2006.....	14:13.41
8. Jeff Thode, 2011	14:16.00
9. Nick Trattner, 2021.....	14:18.11
10. Matt Esche, 2004.....	14:18.43



Mar'yea Harris



Collin Hofacker



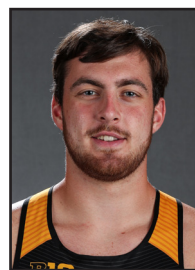
Bill Knoedel



Wayne Lawrence, Jr.



Kevin Lewis



Tyler Lienau

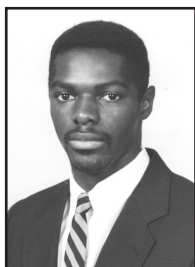
INDOOR ALL-TIME TOP 10 PERFORMERS



Carter Lilly



Jaylan McConico



Anthuan Maybank



Michael Melchert



Nathan Mylenek



Jeff Thode



Reno Tufuuli

Heptathlon

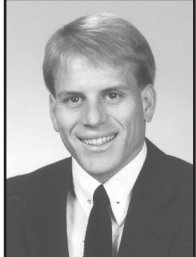
1. **Peyton Haack, 2021** 5,749 points
2. **Will Daniels, 2020**..... 5,689 points
3. William Dougherty, 2018.. 5,606 points
4. **Austin West, 2020**..... 5,581 points
5. Kyle Reid, 2013 5,354 points
6. Dan Rolling, 2010 5,205 points
7. Jack Eckert, 2015 5,188 points
8. **Daniel Gaynes, 2018** 5,162 points
9. Ryan Niver, 2008..... 5,149 points
10. Frank Prill, 2010..... 5,015 points

High Jump

1. Bill Knoedel, 1976..... 7-3 (2.21)
Bill Hansen, 1978..... 7-3 (2.21)
3. Scott Hudek, 1993 7-0 1/2 (2.15)
Kevin Spejcher, 2015 7-0 1/2 (2.15)
5. Pat Meade, 1987 7-0 1/4 (2.14)
6. Mike Lacy, 1984..... 7-0 (2.13)
7. M. Cunningham, 1984.. 6-11 1/4 (2.11)
8. Jeffery Herron, 2010..... 6-11 (2.11)
Peter Hlavin, 1980 6-11 (2.11)
Brandon Oest, 2010 6-11 (2.11)
Dan Rolling, 2008 6-11 (2.11)
Graham Valdes, 2010 6-11 (2.11)
Peter Andreano, 2016 6-11 (2.11)

Pole Vault

1. Todd Wigginton, 1984 17-1 (5.21)
2. Dave Nielsen, 1975..... 16-10 (5.13)
3. Kyle Reid, 2013 16-6 3/4 (5.05)
Andy Jatis, 2018 16-6 3/4 (5.05)
5. Curt Brock, 1979..... 16-6 (5.03)
6. **Peyton Haack, 2019** 16-4 3/4 (5.00)
Alex Zona, 2010..... 16-4 3/4 (5.00)
7. Phil Wertman, 1971 16-4 (4.98)
8. Jeff Raymond, 2008..... 16-2 (4.93)
9. John Teffer, 1972 16-1 (4.90)
10. Josh Pelock, 2017 16-0 3/4 (4.90)



Todd Wigginton



Antonio Woodard

Long Jump

1. Anthuan Maybank, 1992..26-5 1/2 (8.06)
2. Bashir Yamini, 1998 26-0 1/4 (7.93)
3. O'Shea Wilson, 2017 25-9 1/2 (7.86)
4. Darren Smith, 1991 25-2 (7.67)
5. **James Carter, 2021**..... 25-1 1/4 (7.65)
6. Paul Jones, 1990..... 24-11 1/4 (7.60)
Jamal Britt, 2021..... 24-11 1/4 (7.60)
8. Josh Larney, 2013 24-10 (7.57)
9. Ronnie McCoy, 1984..... 24-9 (7.54)
10. Matty Gorman, 2006.... 24-8 1/2 (7.53)

Triple Jump

1. Troy Doris, 2011 54-0 (16.46)
2. Babatunde Amosu, 2015..52-8 3/4 (16.07)
3. Paul Jones, 1990..... 52-1 1/4 (15.88)
Klyvens Delaunay, 2014.. 52-1 1/4 (15.88)
5. **James Carter, 2021**.... 50-6 1/4 (15.40)
6. Mike Lacy, 1983 49-0 (14.93)
7. Owen Gill, 1982 48-10 3/4 (14.90)
8. Josh Bean, 2009 48-10 (14.88)
9. David Nsabua, 2013 48-9 (14.86)
10. Kerry Dean, Jr., 2016... 48-8 1/4 (14.84)

Shot Put

1. Reno Tuufuuli, 2018 63-3 1/4 (19.28)
2. John Hickey, 2009..... 63-0 (19.20)
3. Jeremy Allen, 2001... 62-10 1/2 (19.16)
4. Avery Meyers, 2017.... 61-4 1/4 (18.70)
5. Shane Maier, 2006..... 61-2 (18.64)
6. Gary Kostrubala, 1986..60-10 3/4 (18.55)
7. Andy Banse, 2005..... 60-9 1/4 (18.52)
8. **Elijah Barnes, 2021**60-8 (18.49)
9. Ken Kemeny, 2004..... 60-0 1/2 (18.30)
10. Gabe Hull, 2014..... 59-3 (18.06)

Weight Throw

1. **Tyler Lienau, 2020**..... 70-0 1/2 (21.35)
2. Jim Costello, 2002 69-4 3/4 (21.15)
3. Matt Banse, 2012 67-8 (20.62)
4. Arno van der Westhuizen,
2001 67-7 1/2 (20.61)
5. Adam Hamilton, 2007 66-9 1/4 (20.35)
6. Jeremy Allen, 2001 65-10 (20.07)
7. Chris Voller, 2005..... 63-4 (19.30)
8. **Jordan Hawkins, 2021** 63-0 3/4 (19.22)
9. **Jordan Johnson, 2021**62-5 (19.02)

10. Ryan Lamparek, 2012..... 61-2(18.62)

1,600-Meter Relay

1. Bartley, **Woodard, Lawrence Jr.,** Harris,
20193:04.76
2. **Frye, Clarke, Woodard, Lawrence, Jr.,**
20203:04.91
3. Ogwo, Hofacker, **Frye,** Harris, 20173:04.94
4. Hofacker, **Frye,** Garron, Harris, 20183:05.33
5. Thompson, **Frye,** Garron, Harris, 2018.....3:06.06
6. Richards, E. Holmes, Sowinski,
Willey, 20113:06.66
7. **Frye, Woodard, Lawrence, Jr., Britt,**
20203:06.76
8. Rozell, Davis, Raymond, Yamini, 19983:06.80
9. Ogwo, Mallett, **Frye,** Harris, 20173:07.08
10. Wolff, Ganschow, Lilly, Harris, 20163:07.24

3,200-Meter Relay

1. Cooke, Nie, Monsey, Chambers, 1990.....7:13.02
2. Corrigan, Blackman, Strozier,
Chambers, 19897:29.00
3. English, Blackman, Strozier,
Chambers, 19897:36.20
4. 19777:39.40
5. 19867:40.90
6. Bouske, Herd, Chambers, Koon, 19927:43.94
7. Bouska, Cook, White, Herd, 1992.....7:48.63
8. 19927:49.86
9. 19867:50.10
10. Roseman, Rerko, Novotny,
Branigan, 19937:51.36

Distance Medley Relay

1. **Mylenek,** Hofacker, Lilly, Melchert, 2018..9:33.90
2. **Lewis, Woody, Still, Murphy, 2021**9:42.16
3. Lilly, **Frye,** Manternach, Jones, 20179:44.07
4. **Mylenek,** Thompson, Lilly, Melchert,
20189:45.10
5. Prom, Rickels, Sowinski, Thode, 20129:45.41
6. **Birkett, Clarke, Still, D. Murphy, 2020**.....9:46.39
7. 19999:46.83
8. 19779:48.80
9. 19789:49.70
10. Kuczwarra, Barton, Kuhlman, N. Holmes,
20109:51.05

INDOOR ALL-TIME TOP 10 PERFORMERS



Kineke Alexander



Meghan Armstrong



Brittany Brown



Tracy Dahl



Briana Guillory



Karessa Farley



Elexis Guster

60 Meters

1. Lake Kwaza, 2016 7.33
2. Brittany Brown, 2017..... 7.39
3. Elaine Jones, 1983 7.43
4. Kyara Avant, 2018..... 7.44
5. Peaches Roach, 2005..... 7.45
- Antonise Christian, 20207.45**
7. Shellene Williams, 2004 7.50
8. Briana Guillory, 2017 7.51
- LaSarah Hargrove, 20207.51**
- 10.Jiselle Providence, 2002 7.52

60-Meter Hurdles

1. Karessa Farley, 2009 8.21
- 2. Jenny Kimbro, 20208.22**
- 3. Paige Magee, 20218.26**
4. Tiffany Johnson, 2006..... 8.33
5. Jahisha Thomas, 2017 8.35
6. Paula Ruen, 1998..... 8.39
7. Tria Simmons, 2019..... 8.40
8. Heaven Chandler, 2017 8.44
9. Sarah Steffen, 2002 8.45
- Renee White, 2008..... 8.45
- Tionna Tobias, 20218.45**

200 Meters

1. Brittany Brown, 2017..... 22.79
2. Briana Guillory, 2018..... 23.22
3. Kineke Alexander, 2006 23.49
4. Lake Kwaza, 2016 23.54
5. Shellene Williams, 2004 23.62
6. Marlene Poole, 1994..... 23.66
- Yolanda Hobbs, 1995..... 23.66
8. Erica Broomfield, 1998..... 23.81
- 9. Antonise Christian, 202023.89**
- 10.Raven Moore, 2013..... 24.00

400 Meters

1. Kineke Alexander, 2007 51.48
2. Briana Guillory, 2018 51.68
3. Elexis Guster, 2016 52.36
4. Ellen Grant, 1996..... 52.65
5. Shellene Williams, 2004 52.83
6. Alexis Hernandez, 2017 53.42
7. Ashley Liverpool, 2011 54.09
8. MonTayla Holder, 2015 54.32
- 9. Nylah Perry, 202154.43**
- 10.Sheridan Champe, 2018 54.70

600 Yards

1. Senta Hawkins, 1987 1:21.06
2. Aisha Hume, 2004 1:21.74
3. Kay Stormo, 1982 1:22.49
4. Nicole Erickson, 2012 1:22.61
5. Mahnee Watts, 2016..... 1:22.72
6. Bethany Praska, 2009..... 1:23.12
7. Hannah Simonson, 2012 1:23.18
8. Chris Davenport, 1982..... 1:24.14
9. Kaitlyn Nelson, 2015..... 1:24.52
- 10.Sophia Poncè, 2007 1:24.55

600 Meters

1. Kineke Alexander, 2008 1:27.45
2. Bethany Praska, 2011..... 1:28.14
- 3. Mallory King, 2020.....1:29.10**
4. MonTayla Holder, 2016 1:29.35
- 5. Tia Saunders, 20201:29.83**
- 6. Payton Wensel, 20201:29.87**
- 7. Clare Pitcher, 2021.....1:29.96**
8. Mahnee Watts, 2016..... 1:30.41
9. Senta Hawkins, 1987 1:30.77
- 10. Aly. Weum, 2020. 1:30.86**

800 Meters

1. Bethany Praska, 2011 2:05.01
- 2. Mallory King, 2020.....2:05.12**
3. Jeanne Kruckeberg, 1989 2:06.38
4. Michelle Lahann, 2004 2:06.83
5. Katharina Trost, 2014 2:07.38
6. Mahnee Watts, 2014..... 2:08.79
- 7. Tia Saunders, 20202:08.83**
8. Taylor Arco, 2020..... 2:08.94
9. Adrianne Alexia, 2013 2:08.95
- 10.Briana Benning, 1996 2:09.22

Mile

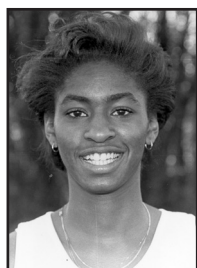
1. McKenzie Melander, 2011..... 4:39.78
2. Jeanne Kruckeberg, 1989 4:40.19
3. Meghan Armstrong, 2006 4:40.59
4. Lauren Hardesty, 2011 4:41.01
5. Tina Stec, 1994 4:42.63
6. Betsy Flood, 2010..... 4:42.70
7. Penny O'Brien, 1981..... 4:43.72
8. Diane Nukuri, 2007..... 4:46.25
9. Michelle Lahann, 2004 4:47.23
- 10.Amanda Hardesty, 2010 4:48.69

3,000 Meters

1. Tracy Dahl, 1993 9:15.57
2. Meghan Armstrong, 2008 9:17.50
3. Diane Nukuri, 2008..... 9:20.07
4. Betsy Flood, 2011..... 9:20.09
5. Nan Doak, 1982..... 9:21.60
6. Jenny Spangler, 1986..... 9:22.41
7. Mareike Schrulle, 2012..... 9:23.97
8. Brooke Eilers, 2012..... 9:27.92
9. McKenzie Melander, 2012..... 9:29.71
- 10.Krista Anderson, 2006 9:29.75



Lauren Hardesty



Senta Hawkins



Alexis Hernandez



MonTayla Holder



Lake Kwaza

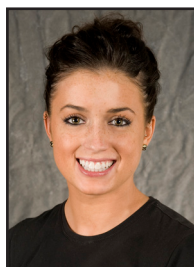


McKenzie Melander

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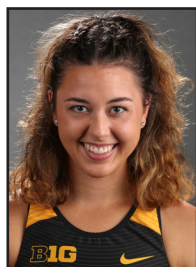
Diane Nukuri



Bethany Praska



Peaches Roach



Jenny Kimbro



Jessie Strand



Laulauga Tausaga



Jahisha Thomas

5,000 Meters

1. Tracy Dahl, 1993 15:49.52
2. Nan Doak, 1985 15:55.45
3. Racheal Marchand, 2009 15:55.70
4. Diane Nukuri, 2008 16:01.36
5. Jenny Spangler, 1982 16:08.74
6. Judy Parker, 1981 16:16.63
7. Betsy Flood, 2011 16:20.67
8. Andrea Shine, 2018 16:21.53
9. Jennifer Brower, 1992 16:22.19
10. Nikki Chapple, 2004 16:27.04

Pentathlon

1. **Jenny Kimbro, 2020 4,269 points**
1. Tria Simmons, 2019 4,200 points
1. Tammilee Kerr, 2008 3,974 points
4. **Dallyssa Huggins, 2021 3,881 points**
5. Chris Davenport, 1983 3,798 points
6. Kamesha Marshall, 2005 3,701 points
7. **Tionna Tobias, 2021 3,625 points**
8. Tiff Pedersen, 2004 3,511 points
9. Sarah Ryan, 2013 3,472 points
10. Maureen Abel, 1979 3,427 points

High Jump

1. Peaches Roach, 2005 6-0 3/4 (1.85)
2. Mary Mol, 1983 6-0 (1.83)
2. Khanishah Williams, 2013 5-11 1/4 (1.81)
4. **Dallyssa Huggins, 2020 5-10 (1.78)**
5. Becky Kaza, 1995 5-9 3/4 (1.77)
6. Caleigh Bacchus, 2010 5-9 1/4 (1.76)
6. Aubrianna Lantrip, 2019 5-9 1/4 (1.76)
8. Gillian Urycki, 2018 5-8 3/4 (1.75)
9. Kristi Dinkla, 1985 5-8 1/2 (1.74)
- Kacey Childs, 2001 5-8 1/2 (1.74)

Pole Vault

1. Jessie Strand, 2004 12-5 1/2 (3.80)
2. Amy Smith, 2017 11-11 3/4 (3.65)
3. Sarah Burgett, 2007 11-10 (3.61)
4. Kirsten Weismantle, 2011 11-5 3/4 (3.50)
5. Brittany Holst, 2013 11-3 3/4 (3.45)
6. Katie Truedson, 2010 10-11 3/4 (3.35)
7. Gina Shannon, 2001 10-6 (3.20)
8. Kacey Childs, 2001 9-0 (2.75)
9. Amy Kasparbauer, 2000 8-0 (2.44)

Long Jump

1. Jahisha Thomas, 2018 21-0 3/4 (6.42)
2. Zinnia Miller, 2014 20-4 1/4 (6.20)
3. Carisa Leacock, 2014 19-9 1/2 (6.03)
4. Lisa Moats, 1986 19-6 (5.95)
5. Kassidy Ellis, 2015 19-5 1/2 (5.93)
6. **Jenny Kimbro, 2020 19-4 (5.89)**
- Tionna Tobias, 2021 19-4 (5.89)**
8. Renee White, 2006 19-3 1/4 (5.87)
9. Tiffany Johnson, 2007 19-2 1/2 (5.85)
10. Tria Simmons, 2018 19-2 (5.84)

Triple Jump

1. Jahisha Thomas, 2018 ... 43-4 1/2 (13.22)
2. Renee White, 2008 42-4 (12.90)
3. Amanda Carty, 2019 42-1 1/2 (5.88)
4. Tria Simmons, 2017 42-1 1/4 (12.83)
5. Tiffany Johnson, 2007 ... 41-3 3/4 (12.59)
6. **Eavion Richardson, 2021 . 41-3 1/4 (12.58)**
7. Zinnia Miller, 2014 41-2 1/2 (12.56)
8. **Kayla Hutchins, 2021 40-8 3/4 (12.41)**
9. Hannah Schlib, 2019 40-7 (12.37)
10. Carisa Leacock, 2012 40-5 1/2 (12.33)

Shot Put

1. **Laulauga Tausaga, 2020 58-11 1/4 (17.96)**
2. **Nia Britt, 2019 54-11 1/2 (16.75)**
3. **Kat Moody, 2021 52-3 1/4 (15.93)**
4. **Erika Hammond, 2019 .. 51-3 1/2 (15.63)**
5. Gail Smith, 1985 51-0 (15.54)
6. Lisa Van Steenwyk, 1993 50-5 1/4 (15.37)
7. **Jamie Kofron, 2021 50-0 3/4 (15.26)**
8. Kamesha Marshall, 2005 49-2 1/4 (14.99)
9. Denise Taylor, 1992 48-9 (14.86)
10. Rachel Curry, 2013 48-2 1/2 (14.69)

Weight Throw

1. **Laulauga Tausaga, 2019 76-3 3/4 (23.26)**
2. Ashlyn Gulvas, 2013 63-6 (19.35)
3. **Amanda Howe, 2021 63-2 (19.25)**
4. Jasmine Simpson, 2013 . 62-6 1/2 (19.06)
5. **Nia Britt, 2021 62-2 1/2 (18.96)**
6. Annemie Smith, 2014 61-4 (18.69)
7. Kelsey Taylor, 2011 60-4 1/2 (18.40)
8. **Jamie Kofron, 2021 59-5 (18.11)**
9. **Allison Wahrman, 2020 59-1 1/2 (18.02)**
10. Majesty Tutson, 2011 58-4 (17.78)

1,600-Meter Relay

1. Holder, Guillory, Hernandez, Guster, 2016 3:32.93
2. Champe, Guillory, Brown, Plock, 2018 3:33.19
3. Sharpe, Guillory, Brown, Champe, 2018 3:34.34
4. Holder, Guster, Hernandez, Guillory, 2016 3:36.47
5. Liverpool, Hendricks, Praska, Erickson, 2011 3:36.97
6. Holder, Hernandez, Guster, Guillory, 2016 3:36.99
7. Hernandez, Holder, Guster, Watts, 2014 3:37.16
8. Liverpool, Hendricks, Erickson, Praska, 2011 3:37.58
- Kimbro, Simmons, Weum, Guillory, 2019 3:37.58**
10. Kwaza, Guster, Holder, Watts, 2015 ... 3:37.84

Distance Medley Relay

1. Armstrong, Alexander, L. Hardesty, Nukuri, 2008 11:20.11
2. Melander, Hendricks, L. Hardesty, Eilers, 2011 11:22.44
3. Stormo, Davenport, Williams, O'Brien, 1981 11:23.02
4. Melander, Praska, Hendricks, Flood, 2011 11:24.47
5. Flood, Hendricks, L. Hardesty, Melander, 2010 11:25.01
6. Melander, Hendricks, Flood, Marchand, 2009 11:27.34
7. Benning, Poole, Salsberry, Stec, 1994 11:28.03
8. Stormo, Davenport, Hayden, Doak, 1982 11:29.54
- Armstrong, Granger, Stanley, K. Anderson, 2006 11:29.54
10. Lahann, Williams, Stanley, Arens, 2004 11:30.36