

IOWA

Track & Field

2021 Notes



May 14-16, 2021



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2021 IOWA TRACK & FIELD OUTDOOR SCHEDULE

Date	Meet
Mar. 26-27	at B1G Invite #1 (Bloomington, Ind.)
Apr. 2-3	at B1G Florida Invite (Jacksonville, Fla.)
Apr. 9	at B1G Invite #2 (Bloomington, Ind.)
Apr. 16-17	at B1G Invite #3 (Bloomington, Ind.) at B1G Texas Invite (Houston, Texas)
Apr. 23-24	at Fighting Illini B1G Relays (Champaign, Ill.)
May 1	at Billy Hayes Invite (Bloomington, Ind.)
May 8	at Wisconsin B1G Invite (Madison, Wis.)
May 14-16	at B1G Championships (Champaign, Ill.)
May 27-29	at NCAA Regional Championships (College Station, Texas)
June 9-12	at NCAA Championships (Eugene, Ore.)

IOWA COACHING STAFF

Joey Woody
Director of Track & Field/Cross Country
Randy Hasenbank
Associate Head Cross Country Coach
Assistant Track & Field Coach
Clive Roberts
Associate Head Coach
Jason Wakenight
Assistant Coach, Director of Recruiting
Eric Werskey
Assistant Coach/Throws
Paige Knodle
Assistant Coach
Kate Wakenight
Director of Operations

THIS WEEK

The University of Iowa track and field team travels to Champaign, Illinois, to compete at the Big Ten Outdoor Championships on Friday through Sunday. Competition begins Friday with the 100 meters of the decathlon at 11 a.m. (CT). Competition begins Saturday with the 110 hurdles of the decathlon at 11:30 a.m. Competition begins Sunday with the women's discus at 11 a.m. (CT). The final events of the championships are Sunday's men's 1,600-meter relay at 3:33 p.m. and the women's 1,600-meter relay at 3:45 p.m. The meet is streamed at BTN Plus. A full schedule of events and links to video and live results are located at hawkeyesports.com/tracklive.

USTFCCA TEAM RANKINGS

The Hawkeye men are ranked No. 21 in the nation and No. 1 in the Midwest. Iowa is the highest ranked men's team in the Big Ten. The Hawkeye women are ranked No. 30 in the May 10 USTFCCA Rating Index. The Hawkeyes are the third highest ranked Big Ten women's team and check in at No. 6 in the Midwest Region.

USTFCCA EVENT SQUAD

The Hawkeyes have nine events ranked in the May 10 USTFCCA Event Squad Ratings. The events include the nation's top-ranked women's discus squad and men's 110-meter hurdles group. The other events include No. 2 women's shot put, No. 2 men's discus, No. 3 men's 400 hurdles, No. 3 women's 400 hurdles, No. 7 men's long jump, and No. 8 women's hammer and No. 8 men's 800.

WHAT 2: WATCH 4: WAYNE LAWRENCE JR.

Wayne Lawrence, Jr. has recorded season bests of 45.80 in the 400 meters and 20.71 in the 200 meters. Lawrence has also ran a leg on Iowa's season's best 4x400 relay that posted a time of 3:05.82 and the season's best 4x100 relay that recorded a time of 39.68. Lawrence ranks second in the 400 meters and fourth in the 200 meters in the Big Ten, and eighth and 20th in the NCAA West Region, respectively. Lawrence holds six Big Ten Championships medals in his career and is coming off a second-place finish in the 200 and 400 meters at the Indoor Big Ten Championships. Lawrence Jr. will be competing in the 200 meters, 400 meters, 4x100 relay, and the 4x400 relay this weekend.

WHAT 2: WATCH 4: JENNY KIMBRO

Jenny Kimbro has recorded season's bests of 13.44 in the 100 hurdles, 58.43 in the 400 hurdles, and 5,543 points in the heptathlon. Kimbro currently ranks first in the Big Ten in all three of these events, and 31st in the 100 hurdles, 16th in the 400 hurdles, and seventh in the heptathlon in the NCAA West Region. Kimbro holds six Big Ten Championship medals in her career and is the reigning silver medalist in the Outdoor Big Ten 100 hurdles and the heptathlon. Kimbro will be competing in the heptathlon, 100 hurdles, 400 hurdles, and the 4x400 relay this weekend.

WHAT 2: WATCH 4: NATHAN MYLENEK

Nathan Mylenek has recorded season's bests of 3:50.41 in the 1500 meters, 8:44.96 in the 3,000-meter steeplechase, and 13:54.15 in the 5,000 meters. Mylenek currently ranks fourth in the 3,000-meter steeplechase and 10th in the 5,000 meters in the Big Ten, and 12th and 62nd in the NCAA West Region, respectively. Mylenek holds three Big Ten Championships medals in his career and is the reigning bronze medalist in the 3,000-meter steeplechase. Mylenek will be competing in the 3,000-meter steeplechase and the 5,000 meters this weekend.

WHAT 2: WATCH 4: LAULAGA TAUSAGA

Laulaga Tausaga has recorded season's bests of 60.81 meters in the discus throw, 17.94 meters in the shot put, and 49.65 meters in the hammer throw. Tausaga is currently ranked first in the discus and third in the shot put in the Big Ten. Tausaga also rank first in the discus and third in the shot put in the NCAA West Region. Tausaga holds eight Big Ten Championship medals in her career and is the reigning Big Ten champion and national champion in the discus throw. Tausaga will be competing in the shot put and the discus throw this weekend.



WHAT 2: WATCH 4: JAYLAN MCCONICO

Jaylan McConico recorded season bests of 13.42 in the 110 hurdles and 21.09 in the 200 meters. McConico currently ranks first in the 110 hurdles and 12th in the 200 meters in the Big Ten. McConico also ranks first in the NCAA West Region in the 110 hurdles. McConico holds three Big Ten Championship medals in his career, and is the reigning silver medalist in the 110 hurdles. McConico will be competing in the 110 hurdles and the 4x100 relay this weekend.

WHAT 2: WATCH 4: MALLORY KING

Mallory King recorded season bests of 2:05.23 in the 800 meters and 4:28.42 in the 1500 meters. King currently ranks fifth in the Big Ten and 12th in the NCAA West Region in the 800 meters. King is a five-time Big Ten Championship point scorer and ran a leg of the silver medal indoor Big Ten Championship 4x400 relay team. King will be competing in the 800 meters and the 4x400 relay this weekend this weekend.

WHAT 2: WATCH 4: JAMES CARTER JR.

James Carter, Jr. recorded season bests of 7.75 meters in the long jump and 16.53 meters in the triple jump. Carter is currently ranked third in the long jump and second in the triple jump in the Big Ten. Carter is also ranked 14th in the long jump and 13th in the triple jump in the NCAA West Region. Carter is a seven-time Big Ten Championship point scorer, and the current Big Ten indoor long jump champion. Carter will be competing in the long jump and the triple jump this weekend.

WHAT 2: WATCH 4: TIONNA TOBIAS

Tionna Tobias recorded season bests of 13.58 in the 100 hurdles, 6.07 meters in the long jump, and 24.70 in the 200 meters. Tobias is currently ranked fifth in the Big Ten in the 100 hurdles. Tobias is ranked seventh all-time in program history with her long jump season best. Tobias scored points finishing sixth in the 60 hurdles and fifth in the heptathlon at the Big Ten Indoor Championships. Tobias will be competing in the 100 hurdles, 4x100 relay, and the heptathlon this weekend.

WHAT 2: WATCH 4: JORDAN JOHNSON

Jordan Johnson recorded season bests of 58.08 meters in the hammer throw and 57.77 meters in the discus throw. Johnson is currently ranked fourth in the discus and 15th in the hammer throw in the Big Ten. Johnson is seventh and 10th all-time in program history in the discus and hammer throw. Johnson's mark in the discus currently sits 11th in the NCAA West Region. Johnson will be competing in the discus and hammer throw this weekend.

WHAT 2: WATCH 4: PAIGE MAGEE

Paige Magee recorded season bests of 13.57 in the 100 hurdles, 25.23 in the 200 meters, and 60.81 in the 400 hurdles. Magee is currently ranked sixth in the 100 hurdles and 13th in the 400 hurdles in the Big Ten. Magee is also ranked 53rd and 59th in the NCAA West Region. Magee is the reigning Big Ten Indoor 60 hurdles champion. Magee will be competing in the 100 hurdles, 400 hurdles, and the 4x100 relay this weekend.

2021 OUTDOOR SEASON LEADERS

MEN

100 Meters	Austin Kresley	10.44
110-Meter Hurdles.....	Jaylan McConico	13.42
200 Meters	Antonio Woodard	20.67
400 Meters	Wayne Lawrence, Jr.	45.80
400-Meter Hurdles.....	Austin Lietz	50.99
800 Meters	Tysen VanDraska	1:48.13
1,500 Meters	Kal Lewis	3:43.32
3,000 Meters	Nick Trattner	8:17.67
3,000 Steeplechase	Nathan Mylenek	8:44.96
5,000 Meters	Nathan Mylenek	13:54.15
10,000 Meters	Daniel Soto.....	28:48.18
400-Meter Relay.....	McConico, Woodard, Kresley, Lawrence, Jr.	39.68
1,600-Meter Relay.....	West, Woodard, Lietz, Lawrence, Jr.	3:05.82
3,200-Meter Relay.....	Hoffman, Olson, Still, VanDraska	7:29.81
High Jump.....	Zack Pluff	6-10 3/4 (2.10m)
Pole Vault	Will Daniels	15-5 (4.70m)
Long Jump	James Carter	25-5 1/4 (7.75m)
Triple Jump	James Carter	54-2 3/4 (16.53m)
Shot Put.....	Elijah Barnes	60-4 1/2 (18.40m)
Discus	Jordan Johnson	189-6 (57.77m)
Hammer Throw	Tyler Lienau.....	199-6 (60.81m)
Javelin.....	Austin West.....	193-0 (58.82m)
Decathlon.....	Will Daniels	7,649 points

WOMEN

100 Meters	Lasarah Hargrove	11.74
100-Meter Hurdles.....	Jenny Kimbro	13.42
200 Meters	Lasarah Hargrove	23.76
400 Meters	Cortney Strohman.....	54.47
400-Meter Hurdles.....	Jenny Kimbro	58.43
800 Meters	Mallory King.....	2:05.23
1,500 Meters	Mallory King.....	4:28.42
3,000 Meters	Kelli Totic.....	9:54.05
5,000 Meters	Emma Gordon.....	17:07.07
10,000 Meters	Kello Totic	36:00.48
400-Meter Relay.....	Hargrove, Robers, Tobias, Saunders.....	45.92
1,600-Meter Relay.....	Saunders, Roberts, King, Strohman	3:37.15
High Jump.....	Dallyssa Huggins	5-7 (1.70m)
Long Jump	Tionna Tobias	19-11 (6.07m)
Triple Jump	Kayla Hutchins	41-10 (12.75m)
Shot Put.....	Laulauga Tausaga	58-10 1/4 (17.94m)
Discus	Laulauga Tausaga	199-6 (60.81m)
Javelin.....	Marissa Mueller	131-9 (40.15m)
Hammer Throw	Amanda Howe	* 205-6 (62.65m)
Heptathlon	Jenny Kimbro	* 5,679 points

* -- school record



BIG TEN HONORS

Senior Laulauga Tausaga has been awarded Big Ten Field Athlete of the Week two times this season. She swept the shot put and discus events at the Big Ten North Florida Invitational on April 2-3. She won the shot put with a throw of 17.94 meters, then the No. 1 mark in the country. She won the discus with a mark of 59.24 meters. She also swept the discus and shot put events at the Big Ten Invite #1 on March 26-27. Her discus mark of 60.81 meters leads the country.

Junior Jamal Britt was named men's track athlete of the week after setting career bests in the 110-meter hurdles and 200 meters at the Big Ten Invite #1. He won the 110-meter hurdles in 13.68, a mark that ranks sixth all-time in program history. He ran the 200 in 21.22.

Senior Jaylan McConico was named men's track athlete of the week following a pair of gold medal performances at the Billy Hayes Invite. He ran the lead leg on the winning 400-meter relay (39.68) and moved to No. 2 on Iowa's all-time top 10 list with a 13.42 PR in the 110-meter hurdles.

Senior Karina Joiner earned women's track athlete of the week honors following a first-place finish in the 100-meter hurdles at the Wisconsin B1G Invite on May 1.

REIGNING BIG TEN OUTDOOR CHAMPIONS

The Iowa men's track and field team won the 2019 Big Ten Outdoor Track & Field Championships on its home track in Iowa City, Iowa. The Hawkeyes claimed their fourth program title, and as defending Big Ten Outdoor champions (2019) and the reigning 2019 indoor champions, are among the favorites to win it again.

BACK-TO-BACK

The last Big Ten men's team to win consecutive outdoor championships was Minnesota in 2009-10. The Hawkeyes last won or shared the indoor and outdoor conference title in 1963, when they shared the indoor Big Ten title and won the outdoor title outright. The last Big Ten school to sweep the indoor and outdoor men's titles was Ohio State in 2018.

CHAMPIONSHIPS HISTORY

The Iowa women are looking for the first Big Ten Championship in school history. The women have placed third at four of the last five conference championships (indoor/outdoor). The men have won outdoor team titles in 1963, 1967, 2011 and 2019. All but the 1963 championship were won in Iowa City. The 1963 team title was won in Minneapolis.

2021 BIG TEN INDOOR CHAMPIONSHIPS WRAP UP

The Hawkeye men won the 2021 Big Ten Indoor Championships with a school record 119 points. It was Iowa's first outright Big Ten Indoor Championship since 1929. The men won two gold medals including James Carter in the long jump and Peyton Haack in the heptathlon. The women placed third with a total of 75 points, matching the highest finish in program history. Paige Magee won gold in the 60-meter hurdles.

PRONUNCIATION GUIDE

Amber Aesoph.....	A-soph
Elijah Barnes.....	ill-LIE-juh
Alivia Bauer	ah-LIV-ee-uh
Alli/Grace Bookin-Nosbisch.....	nos-BISH
Mariel Bruxvoort.....	BROOKS-vort
Dimia Burrell	Dih-ME-uh
Ian Geisler	GUY-slur
Bryce Gidel	gih-DELL
Spencer Gudgel	GUD-gell
Maggie Gutwein.....	GUT-win
Peyton Haack.....	HOCK
Tanner Iske	iss-KEY
Khullen Jefferson	CULLEN
Keith Keahna	kee-AH-nuh
Daniel Klysh	KLISH
Kylie Latham	LAY-thum
Tyler Lienau	LEE-now
Austin Lietz.....	LEETZ
Jenoah Mckiver	jeh-NOAH muh-KEE-ver
Cole Moeller.....	MOLE-er
Nathan Mylenek.....	MY-len-ek
Eavion Richardson	a-VEE-on
Tesa Roberts	TAY-suhs
Nolan Roethler	RAWTH-ler
Lalauga Tausaga.....	LAU-log-uh Tuh-sog-uh
Kelli Tasic.....	tah-SICK
Ellie Twedt	TWEET
Aly Weum.....	WEE-um

FRANCIS X. RETZMEYER TRACK

The University of Iowa track and field team practices and competes at the Francis X. Cretzmeyer Track during the outdoor season. Located within walking distance of Carver-Hawkeye Arena and Pearl Field, the track was completed in 1986. The facility was named after the late Francis X. Cretzmeyer, who coached the men's cross country and track teams from 1948-78 and led the Hawkeyes to five Big Ten team titles. Iowa hosted the 1987, 2000, and 2011 Big Ten Championships at Cretzmeyer, and will host the 2019 Big Ten Outdor Championships May 10-12.



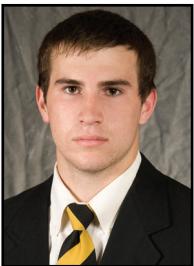
OUTDOOR ALL-TIME TOP 10 PERFORMERS



Jeremy Allen



Justin Austin



Matt Byers



Troy Doris



William Dougherty



Mar'Yea Harris



Jeffery Herron

100 Meters

1.	Justin Austin, 2011	10.21
2.	O'Shea Wilson, 2017	10.22
3.	George Page, 1996	10.25
4.	James Harrington, 2015.....	10.26
5.	Anthuan Maybank, 1994	10.31
	Tim Dwight, 1997	10.31
	Josh Larney, 2013	10.31
	Vinnie Saucer, Jr., 2015.....	10.31
9.	Antonio Woodard, 2018.....	10.34
10.	Bob Lawson, 1976	10.36

110-Meter High Hurdles

1.	Aaron Mallett, 2017.....	13.24
2.	Jaylan McConico, 2021.....	13.42
3.	Jamal Britt, 2021.....	13.45
4.	Pat McGhee, 1989	13.50
5.	Dion Trowers, 1996.....	13.62
6.	Ronnie McCoy, 1985.....	13.66
7.	Ethan Holmes, 2011	13.73
8.	Jordan Mullen, 2013.....	13.76
	Chris Douglas, 2018.....	13.76
10.	Anthony Williams, 2019	13.81

200 Meters

1.	Justin Austin, 2011	20.31
2.	Jeff Patrick, 1983	20.47
3.	James Harrington, 2015.....	20.50
4.	Karayme Bartley, 2019.....	20.51
5.	Anthuan Maybank, 1994	20.55
6.	Victor Green, 1984	20.60
7.	Antonio Woodard, 2018.....	20.61
8.	Andre Morris, 1995	20.64
9.	George Page, 1996	20.67
10.	Collin Hofacker, 2017	20.71

Wayne Lawrence, Jr., 2021 **20.71**

400 Meters

1.	Mar'yea Harris, 2018	44.94
2.	Anthuan Maybank, 1993	44.99
3.	Andre Morris, 1995	45.15
4.	Mike Mondane, 1967	45.20
5.	Wayne Lawrence, Jr., 2019	45.33
6.	Steven Willey, 2010	45.78
7.	Karayme Bartley, 2019.....	45.80
8.	DeJuan Frye, 2018	46.17
9.	Gary Hollingsworth, 1963.....	46.30
	Harold Leonard, 1986.....	46.45

400-Meter Hurdles

1.	Pat McGhee, 1988	48.83
2.	Monte Raymond, 1998.....	50.09
3.	Ray Varner, 2010.....	50.24
4.	Chris Douglas, 2019.....	50.32
5.	Paul Steele, 1989	50.45
6.	Russell Peterson, 2001	50.50
7.	Ethan Holmes, 2013	50.51
8.	Adam Kunkel, 2001.....	50.73
9.	Jon Reimer, 1967	50.94
	Noah Larrison, 2016	50.94

800 Meters

1.	Erik Sowinski, 2012.....	1:45.90
2.	Matt Manternach, 2019	1:46.93
3.	Carter Lilly, 2016.....	1:46.95
4.	Bill Frazier, 1962	1:47.64
5.	D'Juan Strozier, 1990	1:47.82
6.	Adam Hairston, 2011.....	1:48.10
7.	Tysen VanDraska, 2021	1:48.13
8.	Alec Still, 2021	1:48.47
9.	Will Teubel, 2015.....	1:48.60
	Nolan Teubel, 2019	1:48.75

1,500 Meters

1.	Jeff Thode, 2010	3:43.02
2.	Kal Lewis, 2021	3:43.32
3.	Joel Moeller, 1978	3:44.01
4.	Jim Docherty, 1978.....	3:44.30
5.	Nathan Mylenek, 2019.....	3:44.49
6.	Sam Fourman, 2015	3:44.50
7.	Michael Melchert, 2018	3:44.59
8.	Adam Jones, 2017	3:45.48
9.	Dan Waters, 1986	3:46.35
10.	Kevin Herd, 1994	3:46.64

3,000-Meter Steeplechase

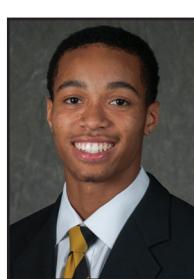
1.	Nathan Mylenek, 2019.....	8:38.53
2.	Deacon Jones, 1956.....	8:47.40
3.	Steve Pershing, 1978	8:54.59
4.	Andy Morris, 2000.....	8:56.21
5.	Matt Gerard, 1994	8:57.01
6.	Andy Napier, 2008	8:57.54
7.	Rollie Kitt, 1967	9:02.90
8.	Al Greene, 1985	9:02.96
9.	Tony Rakaric, 2005.....	9:03.29
10.	Mark Battista, 2010	9:04.60

5,000 Meters

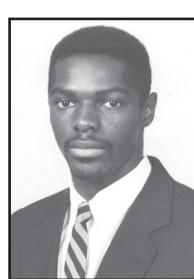
1.	Micah VanDenend, 2007	13:49.31
2.	Nathan Mylenek, 2021.....	13:54.15
3.	Daniel Soto, 2021.....	13:55.71
4.	Larry Wieczorek, 1968	13:56.00
5.	Kevin Herd, 1993	13:59.00
6.	Stetson Steele, 2000	14:02.76
7.	Kevin Lewis, 2014	14:02.78
8.	Eric MacTaggart, 2005	14:04.79
9.	Dan Haut, 2006	14:07.30
10.	Jesse Luciano, 2010	14:08.71



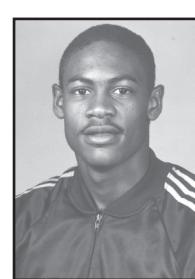
Gabe Hull



Aaron Mallett



Anthuan Maybank



Pat McGhee

OUTDOOR ALL-TIME TOP 10 PERFORMERS



Nathan Mylenek



Erik Sowinski



Stetson Steele



Jeff Thode



Micah VanDenend



Todd Wigginton



Arno
van der Westhuizen

10,000 Meters

1. Stetson Steele, 2000 28:44.47
2. **Daniel Soto, 2021** **28:48.18**
3. Eric MacTaggart, 2006..... 28:50.23
4. Kevin Lewis, 2015..... 28:59.62
5. Nick Nordheim, 2002 29:44.71
6. Trent Corey, 2002 29:45.25
7. Ian Eklin, 2017..... 29:47.06
8. Chad Schwitters, 1999..... 29:56.00
9. **Noah Healy, 2021** **29:56.30**
10. Luke Sampson, 2018 29:58.47

Decathlon

1. William Dougherty, 2018 7,673 pts
2. **Will Daniels, 2021** **7,649 pts**
3. **Peyton Haack, 2021** **7,458 pts**
4. **Austin West, 2021** **7,300 pts**
5. Kyle Reid, 2013..... 7,203 pts
6. Jack Eckert, 2015..... 7,087 pts
7. Dan Rolling, 2010 6,957 pts
8. Scott Faber, 2000..... 6,839 pts
9. Ryan Niver, 2008 6,837 pts
10. Chad Ohly, 1994 6,641 pts

High Jump

1. Jeffery Herron, 2012..... 7-4 1/4 (2.24)
2. Bill Hansen, 1978 7-4 (2.23)
- Bill Knoedel, 1975 7-4 (2.23)
4. Kevin Spejcher, 2014 7-2 1/2 (2.20)
5. M. Cunningham, 1986..... 7-1 (2.16)
- Kenneth Lansing, 1988..... 7-1 (2.16)
- Jay Hunt, 2019..... 7-1 (2.16)
8. Pat Meade, 1987 7-0 1/4 (2.14)
9. Graham Valdes, 2012 6-11 3/4 (2.12)
10. Peter Hlavin, 1979..... 6-11 (2.11)
- Scott Hudek, 1993 6-11 (2.11)
- Jeremy Petsche, 2008 6-11 (2.11)
- Brandon Oest, 2012 6-11 (2.11)

Pole Vault

1. Todd Wigginton, 1984 17-0 (5.18)
2. Chad Ohly, 1994 16-8 3/4 (5.10)
- Kyle Reid, 2013..... 16-8 3/4 (5.10)
4. Curt Broek, 1978 16-8 (5.08)
5. Andy Jatis, 2018 16-7 1/2 (5.07)
6. Phil Wertman, 1971 16-7 (5.05)
- Kelly Scott, 1988..... 16-7 (5.05)
- 8. Peyton Haack, 2019** **16-4 3/4 (5.00)**
9. John Teffer, 1972 16-2 (4.93)
10. Alex Zona, 2009..... 16-0 3/4 (4.90)

Long Jump

1. Anthuan Maybank, 1993..... 27-1 (8.25)
2. Bashir Yamini, 1997..... 26-8 1/4 (8.13)
3. Paul Jones, 1989..... 25-10 1/4 (7.88)
4. Darren Smith, 1991 25-9 3/4 (7.86)
5. Quinn Early, 1986 25-7 1/4 (7.80)
6. O'Shea Wilson, 2017 25-5 1/4 (7.75)
- James Carter, 2021** **25-5 1/4 (7.75)**
8. Ed Gordon, 1931 25-4 3/8 (7.68)
9. Matty Gorman, 2006..... 25-1 1/4 (7.65)
10. Ronnie McCoy, 1985 25-0 (7.62)

Triple Jump

1. Troy Doris, 2012 54-8 (16.66)
- James Carter, 2021** **54-2 3/4 (16.53)**
3. Babatunde Amosu, 2015.... 53-10 (16.15)
4. Paul Jones, 1990..... 53-9 (16.38)
5. Antwon James, 2017..... 52-4 1/2 (15.96)
6. Klyvens Delaunay, 2013.. 52-2 1/2 (15.91)
7. Gordon Finch, 1988..... 50-9 1/4 (15.47)
8. Mike Lacy, 1984..... 50-5 (15.36)
9. Pat Miller, 1985 49-8 1/2 (15.25)
10. Matty Gorman, 2008..... 49-2 1/2 (15.00)

Shot Put

1. Jeremy Allen, 2001..... 63-2 3/4 (19.27)
2. Reno Tuufuli, 2018 62-10 3/4 (19.17)
3. Ken Kemeny, 2005..... 62-3 (18.97)
4. Shane Maier, 2006 62-2 1/4 (18.95)
5. Andy Banse, 2005 61-11 1/2 (18.88)
6. John Hickey, 2008..... 61-9 1/2 (18.83)
- 7. Elijah Barnes, 2021** **60-4 1/2 (18.40)**
8. Avery Meyers, 2017 60-4 (18.39)
9. Chris Gambol, 1987..... 60-0 1/2 (18.30)
10. A.J. Curtis, 2008 59-8 1/4 (18.19)

Discus

1. Gabe Hull, 2014..... 207-1 (63.11)
2. Reno Tuufuli, 2019 205-2 (62.54)
3. A.J. Curtis, 2007 202-11 (61.84)
4. Gary Kostrubala, 1986..... 202-4 (61.68)
5. Jeremy Allen, 2001..... 195-4 (59.54)
6. Tim Brodersen, 2005 193-6 (58.98)
- 7. Jordan Johnson, 2021** **189-6 (57.77)**
8. Avery Meyers, 2017 185-8 (56.61m)
9. Brad Daufeldt, 2004 185-0 (56.40)
10. Nick Brayton, 2009..... 180-11 (55.15)

Hammer

1. A. van der Westhuizen, 2001..... 222-11 (67.94)
2. Adam Hamilton, 2007 222-2 (67.73)
3. Jim Costello, 2002 217-7 (66.32)
4. Brad Daufeldt, 2004 207-10 (63.34)
5. Chris Voller, 2005 206-0 (62.80)
6. Matt Banse, 2012 201-11 (61.55)
- 7. Tyler Lienau, 2021** **199-6 (60.81)**
8. Jeremy Allen, 2001..... 199-0 (60.66)
9. Ben Stancombe, 2011 197-6 (60.20)
- 10. Jordan Johnson, 2021** **190-6 (58.09)**

Javelin

1. Matt Byers, 2011 245-8 (74.89)
2. Bill Neumann, 2002 244-8 (74.58)
3. Dan Ralph, 2000 227-10 (69.44)
4. Sam Joens, 2015..... 211-5 3/4 (64.45)
5. Zach Schimp, 2010 211-0 (64.32)
6. Alex Balke, 2016 205-11 (62.77)
7. Kale Katt, 2007 204-0 (62.17)
8. Joel Storm, 2004 203-5 (62.01)
9. Matt Stank, 2001..... 199-0 (60.66)
- 10. Austin West, 2021** **193-0 (58.82m)**

MEN'S ALL-TIME TOP 10 RELAYS

400-Meter Relay

1.	Brissett, Wilson, Thompson, Mallett, 2017	39.12
2.	Hofacker, Woodard, Lawrence Jr. , Bartley, 2019	39.17
3.	Mincy, Wilson, Harrington, Brown, 2014	39.19
4.	Mincy, Austin, E. Holmes, Larney, 2013	39.31
5.	Saucer, Jr., Brissett, Harrington, Mallett, 2016	39.44
6.	Brissett, Wilson, Woodard , Mallett, 2017	39.46
7.	Beecham, Duckett, Greer, R. Smith, 1984	39.48
8.	Mallett, Wilson, Ogwo, Harris, 2017	39.49
9.	Woodard , Wilson, Hofacker, Harris, 2018	39.51
10.	Brissett, Harris, Harrington, Mallett, 2016	39.53

Shuttle Hurdle Relay

1.	McGhee, Armstrong, Falls, Stelle, 1989	57.80
2.	Wigginton, Jones, Lacey, McCoy, 1985	59.77
3.	Williams, Haack, Braverman, McConico , 2019	1:01.14
4.	1975	1:05.20

800-Meter Relay

1.	James, Mallett, Harris, B. Thompson, 2017	1:23.02
2.	B. Thompson, Brissett, Harrington, Ganschow, 2016	1:23.36
3.	B. Thompson, Ganschow, Frye , Hofacker, 2017	1:23.73
4.	Richardson, Sayon, Richards, Chaney, Jr., 2009	1:24.85
5.	Harrington, VanCleave, Wilson, Mallett, 2014	1:24.86
6.	Austin, Brown, Larney, VanCleave, 2013	1:25.60
7.	Wilson, Sorrells, Douglas, Williams, 2018	1:25.87
8.	Barclay, McCalister, Jensen, Elliott, 1979	1:26.39
9.	Sorrells, Braverman , Douglas, Haack , 2019	1:28.29
10.	Thomas, Balkrishnan, Patterson, Freidrich 1991	1:28.38

1,600-Meter Relay

1.	Lawrence Jr., Woodard , Bartley, Harris, 2019	3:00.14
2.	Frye , Harris, Hofacker, Ogwo, 2017	3:01.91
3.	Frye , Ogwo, Hofacker, Harris, 2017	3:02.57
4.	Lawrence Jr., Woodard , Hofacker, Harris, 2019	3:03.10
5.	Morris, Davis, Page, Rozell, 1995	3:03.11
6.	Branch, Dwight, Dodge, Yamin, 1999	3:03.29
7.	Frye, Woodard , Hofacker, Harris, 2018	3:03.69
8.	Ogwo, Harris, Hofacker, Lilly , 2017	3:03.78
9.	Ferree, Frazier, Mondane, Reimer, 1967	3:04.10
10.	Hofacker, Woodard, Frye , Harris, 2018	3:04.38

Sprint Medley Relay

1.	McCorkle, Jones, Chung, Strozier, 1990	3:15.64
2.	Sayon, Austin, Willey, Sowinski, 2011	3:16.18
3.	Richards, Larney, Davey, Sowinski, 2012	3:17.25
4.	Richardson, Richards, Willey, Sowinski, 2010	3:17.74
5.	Hofacker, Woodard , Harris, VanDraska , 2018	3:18.11
6.	Saucer, Jr., Brissett, Harris, Lilly, 2016	3:18.53
7.	Hofacker, Woodard , Harris, Lilly, 2017	3:18.73
8.	Armstrong, Thomas, Maybank, Strozier, 1991	3:18.93
9.	Yamini, Davis, Dodge, Donovan, 1999	3:19.87
10.	Richards, Chaney, Jr., Barton, Hairston, 2009	3:20.05

3,200-Meter Relay

1.	Schum, Christensen, Steffen, Criswell, 1971	7:18.60
2.	VanDraska, Still , Teubel, Lilly, 2019	7:22.50
3.	Hairston, Prom, Thode, Sowinski, 2011	7:23.77
4.	Manternach, VanDraska , W. Teubel, Lilly, 2017	7:24.77
5.	Melchert, Manternach, N. Teubel, Lilly, 2018	7:28.37
6.	Corrigan, Blackman, Strozier, Chambers, 1989	7:29.00
7.	Hoffman, Olson, Still, VanDraska , 2021	7:29.81
7.	Melchert, Dorman, Lilly, Larrison, 2016	7:30.32
8.	N. Teubel, Manternach, Chaidez, W. Teubel, 2017	7:30.74
9.	Lilly, Dorman, W. Teubel, Davey, 2015	7:31.48
10.	Willey, Braff, Sowinski, Hairston, 2009	7:33.08

Distance Medley Relay

1.	Pershing, Moeller, Slack, Docherty, 1978	9:39.94
2.	Kuczwara, Barton, Hairston, Thode, 2011	9:41.37
3.	N. Holmes, VanCleave, Sowinski, Thode, 2012	9:41.59
4.	Young, Barton, Kuczwara, Luciano, 2010	9:42.97
5.	Mylenek , Thompson, Manternach, Melchert, 2018	9:50.70
6.	VanDraska, Lawrence Jr. , Teubel, Mylenek , 2019	9:53.14
7.	Prom, Davey, Weir, Witt, 2013	9:53.83
8.	Theisen, Williams, Wiesa, Waters, 1985	9:54.04
9.	Wilfong, Slaymaker, W. Teubel, Witt, 2013	9:54.05
10.	Luciano, Pierre, Hairston, VanDenend, 2007	9:54.07

6,400-Meter Relay

1.	Pershing, Fuller, Moeller, Docherty, 1978	16:27.70
2.	Rakaric, Webster, MacTaggart, VanDenend, 2006	16:55.43
3.	Lewis, Witt, Hart, Fourman, 2015	16:58.44
4.	Price, Eklin, Gardarsson, Docherty, 2016	17:00.30
5.	Paul, Kadlec, Thode, Luciano, 2010	17:01.46
6.	Witt, Lewis, Hart, Butler, 2014	17:01.65
7.	N. Holmes, Witt, Thode, Lewis, 2012	17:02.26
8.	Thomas, Allen, Rakaric, Lloyd, 2003	17:06.27
9.	Pittman, Novotny, Feeldy, Marquardt, 1995	17:12.49
10.	Bakker, Feeldy, Peters, Pittman, 1996	17:13.10

OUTDOOR ALL-TIME TOP 10 PERFORMERS



Meghan Armstrong

Marta Bote
Gonzalez

Brittany Brown

Nan Doak

Briana Guillory

Amanda Howe

Aisha James

100 Meters

1.	Brittany Brown, 2018	11.28
2.	Briana Guillory, 2016.....	11.35
3.	Lake Kwaza, 2015	11.40
4.	Vivien McKenzie, 1985.....	11.45
5.	Davera Taylor, 1984.....	11.51
6.	Erica Broomfield, 1998.....	11.53
7.	Jiselle Providence, 2001	11.57
8.	Tanja Reid, 1994.....	11.60
	Peaches Roach, 2005	11.60
10.	Yolanda Hobbs, 1995	11.62

400 Meters

1.	Briana Guillory, 2018.....	51.30
2.	Kineke Alexander, 2006	51.35
3.	Elexis Guster, 2016	51.85
4.	Shellene Williams, 2004	51.94
5.	Ashley Liverpool, 2012	52.47
6.	Ellen Grant, 1996	52.65
7.	Alexis Hernandez, 2017.....	53.27
8.	Senta Hawkins, 1988.....	54.01
	Bethany Praska, 2011.....	54.01
10.	Marlene Poole, 1994.....	54.03

1,500 Meters

1.	Meghan Armstrong, 2006	4:17.41
2.	Betsy Flood, 2010.....	4:17.75
3.	Jeanne Kruckeberg 1989	4:19.71
4.	McKenzie Melander, 2012	4:20.22
5.	Lauren Hardesty, 2009	4:20.40
6.	Diane Nukuri, 2007	4:20.95
7.	Penny O'Brien, 1985	4:21.43
8.	Kay Stormo, 1982	4:22.24
9.	Michelle Lahann, 2004	4:24.00
10.	Shannon Stanley, 2006	4:25.08

100-Meter Hurdles

1.	Tiffany Johnson, 2007	13.20
2.	Jenny Kimbro, 2018	13.22
3.	Jahisha Thomas, 2017	13.46
4.	Tria Simmons, 2019.....	13.49
5.	Karessa Farley, 2009	13.53
6.	Paige Magee, 2021	13.57
7.	Tionna Tobias, 2021.....	13.58
8.	C. Prendergast, 1999.....	13.60
	Paula Ruen, 2000	13.60
10.	Sarah Steffen, 2002	13.65

400-Meter Hurdles

1.	Mary Knoblauch, 1981	56.16
2.	Wynsome Cole, 1998	56.67
3.	MonTayla Holder, 2014.....	56.70
4.	Jenny Kimbro, 2019	58.27
5.	Chris Davenport, 1981	59.18
6.	Sommer Sharpe, 2018.....	59.20
7.	Sarah Plock, 2018.....	59.49
8.	Hannah Simonson, 2012	59.54
9.	Sarah Steffen, 2002	59.59
10.	Mariel Bruxvoort, 2021.....	59.61

3,000 Meters

1.	Diane Nukuri, 2008	9:18.82
2.	Penny O'Brien, 1985	9:20.61
3.	McKenzie Melander, 2012	9:21.59
4.	Betsy Flood, 2010.....	9:22.63
5.	Nan Doak, 1985.....	9:23.04
6.	Tracy Dahl, 1992	9:23.53
7.	Meghan Armstrong, 2006	9:28.03
8.	Brooke Eilers, 2011	9:30.08
9.	Jeanne Kruckeberg, 1989	9:30.69
10.	Jennifer Brower, 1992	9:34.59

200 Meters

1.	Brittany Brown, 2017	22.30
2.	Briana Guillory, 2016.....	22.89
3.	Elexis Guster, 2016	23.03
4.	Lake Kwaza, 2016	23.17
5.	Shellene Williams, 2004	23.50
6.	Kineke Alexander, 2006	23.58
7.	Davera Taylor, 1984	23.59
8.	Vivien McKenzie, 1985	23.61
9.	Yolanda Hobbs, 1995	23.65
10.	Alexis Hernandez, 2017.....	23.69

800 Meters

1.	Bethany Praska, 2011.....	2:03.78
2.	Mallory King, 2021	2:05.23
3.	Kay Stormo, 1982	2:05.67
4.	Taylor Arco, 2019	2:06.06
5.	Michelle Lahann, 2004	2:06.79
6.	Katharina Trost, 2015	2:07.09
7.	Mahnee Watts, 2016	2:07.41
8.	Aisha Hume, 2005	2:08.50
9.	Adrienne Alexia, 2013	2:08.61
10.	Clare Pitcher, 2021.....	2:08.64

3,000-Meter Steeplechase

1.	Marta Bote Gonzalez, 2015.....	10:23.15
2.	Danielle Berndt, 2011	10:26.54
3.	Jessica Schmidt, 2008	10:27.18
4.	Sarah Arens, 2004	10:34.50
5.	Hannah Roeder, 2011	10:35.22
6.	Madison Waymire, 2017	10:41.91
7.	Kelsey Hart, 2011	10:47.56
8.	Anna Hostetler, 2019	10:57.25
9.	Kelly Breen, 2017	10:59.99
10.	Katie Ellis, 2010	11:02.62

5,000 Meters

1.	Nan Doak, 1985	15:45.84
2.	McKenzie Melander, 2012	15:57.13
3.	Diane Nukuri, 2008	15:59.39
4.	Betsy Flood, 2011	16:04.46
5.	Meghan Armstrong, 2008	16:08.83
6.	Brooke Eilers, 2011	16:11.86
7.	Mareike Schrulle, 2013	16:12.66
8.	Jenny Spangler, 1983	16:17.21
9.	Tracy Dahl, 1992	16:18.77
10.	Racheal Marchand, 2008	16:27.02



Tiffany Johnson

Jenny Kimbro

OUTDOOR ALL-TIME TOP10 PERFORMERS



Diane Nukuri



Bethany Praska



Alana Redfern



Peaches Roach



Jessie Strand



Laulauga Tausaga



Jahisha Thomas

10,000 Meters

1. Diane Nukuri, 2008 33:17.01
2. Jennifer Brower, 1991..... 33:23.38
3. Meghan Armstrong, 2008..... 33:28.00
4. Nan Doak, 1985..... 33:33.03
5. Jenny Spangler, 1983 33:39.24
6. Andrea Shine, 2018..... 33:50.25
7. Racheal Marchand, 2008 34:05.87
8. McKenzie Melander, 2012 34:29.83
9. Tracy Dahl, 1992 34:30.09
10. Betsy Flood, 2011..... 35:05.10

Heptathlon

1. **Jenny Kimbro, 2021** **5,679 pts**
2. Tammilee Kerr, 2008..... 5,633 pts
3. Tria Simmons, 2019..... 5,557 pts
4. Kathy Gillespie, 1983..... 5,262 pts
5. **Dallyssa Huggins, 2021** **5,064 pts**
6. Tiff Pedersen, 2004 4,976 pts
7. Janet Adams, 1981..... 4,855 pts
8. Sarah Ryan, 2012 4,819 pts
9. Ruqayya Raheem, 1997 4,665 pts
10. Angela Chadwick, 1993 4,493 pts

High Jump

1. Peaches Roach, 2006 6-1 1/4 (1.86)
2. **Jenny Kimbro, 2019** **6-0 3/4 (1.85)**
3. Mary Mol, 1983..... 6-0 (1.83)
4. Khanishah Williams, 2013 5-11 1/4 (1.81)
5. Caleigh Bacchus, 2010..... 5-10 (1.78)
6. Lynn McMillan, 1988..... 5-9 1/4 (1.76)
- Aubrianna Lantrip, 2018 5-9 1/4 (1.76)
- Tria Simmons, 2019..... 5-9 1/4 (1.76)
9. Madison Rouw, 2016..... 5-8 3/4 (1.75)
- Tria Simmons, 2018..... 5-8 3/4 (1.75)

Pole Vault

1. Jessie Strand, 2003..... 12-10 1/4 (3.92)
2. Sarah Burgett, 2006 12-1 3/4 (3.70)
3. Kirsten Weismantle, 2011..... 12-0 (3.66)
4. Amy Smith, 2018..... 11-11 3/4 (3.65)
5. Katie Truedson, 2010..... 11-5 1/4 (3.49)
6. Gina Shannon, 2001..... 11-2 1/4 (3.41)
7. Brittany Holst, 2013 11-1 (3.38)
8. Elyssa Tracy, 2015..... 10-6 (3.20)
9. Kacey Childs, 2000 8-0 1/2 (2.45)

Long Jump

1. Aisha James, 2003..... 22-3 (6.78)
2. Jahisha Thomas, 2018 21-6 (6.55)
3. Zinnia Miller, 2014 20-6 1/2 (6.26)
4. Renee White, 2008 20-3 3/4 (6.19)
5. Carisa Leacock, 2014 19-11 3/4 (6.09)
6. Amanda Carty, 2019..... 19-11 1/2 (6.08)
7. **Tionna Tobais, 2021..... 19-11 (6.07)**
8. Becki Borg, 1988 19-7 1/4 (5.97)
9. **Jenny Kimbro, 2018** **19-7 (5.97)**
10. Cassidy Ellis, 2015 19-6 1/4 (5.95)

Triple Jump

1. Jahisha Thomas, 2018 44-2 (13.46)
2. Renee White, 2008 43-10 3/4 (13.36)
3. Zinnia Miller, 2014 42-0 1/2(12.81)
4. **Kayla Hutchins, 2021** **41-10 (12.75)**
5. Tiffany Johnson, 2007 41-8 3/4 (12.72)
6. **Eavion Richardson, 2021..... 41-1 (12.52)**
7. Carisa Leacock, 2012.... 40-10 1/2 (12.46)
8. Amanda Carty, 2019 40-11 (12.47)
9. Becki Borg, 1988 40-7 1/2 (12.38)
10. Tria Simmons,2016 40-7 1/2(12.38)

Shot Put

1. **Laulauga Tausaga, 2019 59-1 1/2 (18.02)**
2. **Nia Britt, 2019** **55-7 3/4 (16.96)**
3. **Kat Moody, 2021** **53-5 3/4 (15.99)**
4. Lisa Van Steenwyk, 1992..... 50-8 (15.44)
5. Gail Smith, 1984..... 50-3 1/4 (15.32)
6. Denise Taylor, 1992 50-1 3/4 (15.28)
7. **Erika Hammond, 2019 .. 49-9 1/4 (15.17)**
8. Kamesha Marshall, 2005 48-6 3/4 (14.80)
9. Laura Kriener, 1990..... 48-2 1/2 (14.69)
10. **Ianna Roach, 2021** **48-0 1/2 (14.64)**

Discus

1. **Laulauga Tausaga, 2019209-9 (63.94)**
2. K. Spanoudakis, 2019 190-1 (57.95)
3. **Serena Brown, 2021** **188-5 (57.44)**
4. Majesty Tutson, 2013 181-1 (55.19)
5. Dakotah Goodell, 2014 169-4 (51.62)
6. **Kat Moody, 2021** **167-9 (51.13)**
7. Tiffany Medenwaldt, 2010. 161-3 (49.16)
8. Denise Taylor, 1992 160-5 (48.90)
9. **Jamie Kofron, 2021.....160-4 (48.88)**
10. Amanda Stahle, 2014 159-3 (48.54)

Javelin

1. Alana Redfern, 2003 181-5 (55.30)
2. Tammilee Kerr, 2008..... 163-5 (49.81)
3. **Marissa Mueller, 2019** **154-3 (47.02)**
4. Mandy Beck, 1999..... 153-4 (46.74)
5. Dakotah Goodell, 2015 153-3 1/4 (46.71)
6. Terri Soldan, 1983..... 152-6 1/4 (46.48)
7. Shani Renning, 1990 152-3 (46.40)
8. Kayla Hochhalter, 2015 152-6 (46.48)
9. Clara Simon, 1981 149-9 (45.64)
10. Janet Adams, 1984..... 148-7 (45.28)

Hammer Throw

1. **Amanda Howe, 2021** **205-6 (62.65)**
2. **Laulauga Tausaga, 2019** **201-3 (61.34)**
3. Annemie Smith, 2015... 200-1 1/2 (60.99)
- Nia Britt, 2019** **200-1 (60.99)**
5. **Allison Wahrman, 2021** **198-7 (60.53)**
6. Jasmine Simpson, 2013..... 197-7 (60.23)
7. Becca Franklin, 2007 195-0 (59.45)
8. Ashlyn Gulvas, 2014..... 192-9 (58.75)
9. Leah Colbert, 2018..... 189-3 (57.69)
10. Kelsey Taylor, 2011 177-0 (53.95)

WOMEN'S ALL-TIME TOP 10 RELAYS

400-Meter Relay

1.	Kwaza, Guster, Guillory, Hernandez, 2016.....	44.04
2.	Chapman, Guillory, Hernandez, Brown, 2017	44.34
3.	Kwaza, Guster, Chapman, Guillory, 2016.....	44.41
4.	Thomas, Avant, Guillory, Brown, 2018	44.44
5.	Kwaza, Guster, Hernandez, Brown, 2014.....	44.51
6.	Thomas, Guillory, Hernandez, Brown, 2017	44.53
7.	Kwaza, Guster, Holder, Brown, 2014	44.62
8.	Poole, Reid, Floyd, Hobbs, 1994.....	44.63
9.	Charles, Williams, Providence, James, 2003	44.71
	Brown, Kwaza, Ellis, Holder, 2015.....	44.71

Shuttle Hurdle Relay

1.	Prendergast, Cole, Raheem, Ruen, 1998	56.44
2.	Cole, Prendergast, Raheem, Ruen, 1998	56.54
3.	Raheem, Prendergast, Cole, Ruen, 1998	57.53

800-Meter Relay

1.	Chapman, Guillory, Hernandez, Brown, 2017	1:35.36
2.	Hobbs, Reid, Floyd, Poole, 1994.....	1:35.69
3.	Roach, McCalla, Alexander, Johnson, 2006	1:36.19
4.	Chapman, Roberts-Lewis, Champe, Brown, 2016	1:36.98
5.	Williams, Charles, Fouchè, Providence, 2003.....	1:37.49
6.	Herrmann, McCalla, Raymond, Roach, 2004.....	1:37.66
7.	Charles, Dixon, Knight, Prendergast, 2002	1:38.15
8.	Christian , Buss, Swanson, Morken, 2019	1:38.52
9.	Prendergast, Dixon, Knight, Providence, 2001	1:38.73
10.	Trusty, Hendricks, Graham, Erickson, 2009	1:38.79

1,600-Meter Relay

1.	Hernandez, Guillory, Holder, Guster, 2016	3:30.97
2.	Guillory, Brown, Hernandez, Champe, 2017	3:32.37
3.	Guster, Hernandez, Holder, Kwaza, 2014	3:34.83
4.	Praska, Hendricks, Liverpool, Erickson, 2011	3:35.93
5.	Champe, Guillory, Plock, Sharpe, 2018	3:35.94
6.	Guster, Watts, Hernandez, Kwaza, 2014.....	3:36.09
7.	Hume, Charles, Steffen, Williams, 2003	3:36.26
8.	Kimbrow , Weum, Simmons, Wensel, 2019	3:36.32
9.	Saunders , Roberts, King, Strohman, 2021	3:37.15
10.	Simsonson, Liverpool, Erickson, Sack, 2012	3:37.57

Sprint Medley Relay

1.	Jones, Hendricks, Liverpool, Praska, 2011.....	3:48.63
2.	Brown, Kwaza, Guster, Watts, 2014.....	3:51.18
3.	Kwaza, Guster, Holder, Watts, 2016.....	3:52.62
4.	Swanson, Morken, King, Arco, 2019	3:52.85
5.	Kwaza, Brown, Guster, Trost, 2015	3:53.29
6.	Christian , Buss, Guillory, Arco, 2019	3:54.18
7.	Kwaza, R. Moore, Holder, Alexia, 2013.....	3:54.51
8.	Trusty, R. Moore, Hendricks, Praska, 2010.....	3:56.53
9.	Reid, Philip, Hobbs, Benning, 1995.....	3:56.54
10.	Roach, Alexander, McCalla, Stanley, 2005.....	3:56.99

3,200-Meter Relay

1.	McCabe , Arco, Saunders , King, 2019	8:31.84
2.	Suppelsa, Wodek, Kruckeberg, Schneckloth, 1987.....	8:46.45
3.	Lahann, Stanley, Hume, Barber, 2004	8:48.87
4.	Schneckloth, Roberts, Hawkins, Kruckeberg, 1989	8:49.38
5.	Trost, Maser, Alexia, Nelson, 2014	8:49.95
6.	Nelson, Watts, Wilberding, Sindt, 2016.....	8:51.90
7.	Flood, Dlhy, L. Hardesty, Docherty, 2009	8:53.91
8.	Armstrong, Stanley, Laney, Hume, 2005.....	8:54.27
9.	O'Brien, Camarigg, Williams, Stormo, 1981	8:54.36
10.	Flood, Melander, Praska, Hardesty, 2010	8:54.45

Distance Medley Relay

1.	Hoskins, Powell, Schneckloth, Kruckeberg, 1989	11:22.18
2.	Armstrong, Alexander, Poncé, Stanley, 2007	11:25.05
3.	Stanley, McCalla, Hume, Armstrong, 2005	11:34.04
4.	Barber, Williams, Hume, Arens, 2004	11:34.56
5.	Thompson, Williams, Hume, Arens, 2003	11:39.02
6.	2000	11:39.83
7.	Schrulle, Erickson, Placzek, Eilers, 2012	11:40.57
8.	Davenport, xx, xx, xx, 1981	11:41.44
9.	Pare, Grant, Benning, Gilchrist, 1997	11:41.92
10.	Dlhy, Erickson, Docherty, Anderson, 2010	11:43.06

6,400-Meter Relay

1.	Flood, Melander, A. Hardesty, L. Hardesty, 2010	19:05.63
2.	Nukuri, Marchand, Henize, Armstrong, 2008	19:15.42
3.	Flood, Laesch, Ranegar, Melander, 2012	19:16.73
4.	Flood, Eilers, Melander, L. Hardesty, 2011	19:17.52
5.	Flood, Melander, A. Hardesty, Eilers, 2009	19:36.43
6.	Scott, Gordon, Schrulle, Gambrall, 2013	19:41.15
7.	Jones, Bote Gonzalez, Wilberding, Reischmann, 2015	19:59.72
8.	Maser, Price, Wilberding, Montuclard, 2014	20:23.27
9.	Chapple, Laney, Donlon, Sokol, 2005	20:39.12
10.	Arens, Barber, Butler, Roberts, 2001	20:40.89

2021 MEN'S OUTDOOR SEASON & COLLEGIATE BEST PERFORMANCES - Updated 5/9/21

100 METERS (School Record - 10.21)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Austin Kresley	10.44	at B1G Invite #1 - 3/27/21	10.44	at B1G Invite #1 - 3/27/21
Antonio Woodard	10.54	at Billy Hayes Invite - 5/1/21	10.34	at Drake Relays - 4/27/18
Will Daniels	10.72	at Billy Hayes Invite - 5/1/21	10.72	at Billy Hayes Invite - 5/1/21
Austin West	10.86 ^	at B1G Husker Invite - 4/17/21	10.86 ^	at B1G Husker Invite - 4/17/21
Deandre Stapleton, Jr.	10.91	at Fighting Illini B1G Relays - 4/23/21	10.91	at Fighting Illini B1G Relays - 4/23/21
Peyton Haack	10.94 ^	at B1G Husker Invite - 4/17/21	10.94 ^	at B1G Husker Invite - 4/17/21
Tanner Iske	10.99	at B1G Invite #1 - 3/27/21	10.99	at B1G Invite #1 - 3/27/21

110-METER HURDLES (School Record - 13.24)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Jaylan McConico	13.42	at Billy Hayes Invite - 5/1/21	13.42	at Billy Hayes Invite - 5/1/21
Jamal Britt	13.45	at Drake Relays - 4/24/21	13.45	at Drake Relays - 4/24/21
Josh Braverman	13.90	at B1G Florida Invite - 4/2/21	13.90	at B1G Florida Invite - 4/2/21
Grant Conway	13.94	at Billy Hayes Invite - 5/1/21	13.94	at Billy Hayes Invite - 5/1/21
Gratt Reed	13.98	at Fighting Illini B1G Relays - 4/23/21	13.98	at Fighting Illini B1G Relays - 4/23/21
Will Daniels	14.38 ^	at B1G Husker Invite - 4/17/21	14.38 ^	at B1G Husker Invite - 4/17/21
Peyton Haack	14.46	at Billy Hayes Invite - 5/1/21	14.46	at Billy Hayes Invite - 5/1/21
Austin West	14.86	at Billy Hayes Invite - 5/1/21	14.86	at Billy Hayes Invite - 5/1/21

* - school record, ^ - part of decathlon

2021 MEN'S OUTDOOR SEASON & COLLEGIATE BEST PERFORMANCES - Updated 5/9/21

200 METERS (School Record - 20.31)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Antonio Woodard	20.67	at Billy Hayes Invite - 5/1/21	20.61	at Willie Williams Classic - 3/16/18
Wayne Lawrence, Jr.	20.71	at Fighting Illini B1G Relays - 4/23/21	20.71	at Fighting Illini B1G Relays - 4/23/21
Austin Kresley	21.06	at Billy Hayes Invite - 5/1/21	21.06	at Billy Hayes Invite - 5/1/21
Jaylan McConico	21.09	at B1G Florida Invite - 4/3/21	21.09	at B1G Florida Invite - 4/3/21
Jamal Britt	21.22	at B1G Invite #1 - 3/27/21	21.22	at B1G Invite #1 - 3/27/21
Gratt Reed	21.44	at B1G Invite #1 - 3/27/21	21.44	at B1G Invite #1 - 3/27/21
DeJuan Frye	21.60	at B1G Florida Invite - 4/3/21	21.11	at Jim Click Shootout - 4/8/17
Evan Schuster	21.81	at Billy Hayes Invite - 5/1/21	21.81	at Billy Hayes Invite - 5/1/21
Grant Conway	21.90	at Fighting Illini B1G Relays - 4/23/21	21.90	at Fighting Illini B1G Relays - 4/23/21
Drake Woody	22.35	at B1G Husker Invite - 4/17/21	22.35	at B1G Husker Invite - 4/17/21
Josh Braverman	22.29	at Fighting Illini B1G Relays - 4/23/21	22.26	Musco Twilight - 4/12/18
Tanner Iske	22.51	at B1G Invite #1 - 3/27/21	22.51	at B1G Invite #1 - 3/27/21
Nolan Kembel	22.86	at B1G Invite #2 - 4/9/21	22.86	at B1G Invite #2 - 4/9/21

400 METERS (School Record - 44.94)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Wayne Lawrence, Jr.	45.80	at Billy Hayes Invite - 5/1/21	45.33	at NCAA West Preliminary - 4/24/19
Jenoah Mckiver	46.93	at Hawkeye Border Battle – 1/9/21	46.93	at Hawkeye Border Battle – 1/9/21
Khullen Jefferson	47.11	at Billy Hayes Invite - 5/1/21	47.11	at Billy Hayes Invite - 5/1/21
Austin West	47.30 ^	at B1G Husker Invite - 4/16/21	47.30 ^	at B1G Husker Invite - 4/16/21
Nolan Kembel	47.69	at B1G Invite #2 - 4/9/21	47.69	at B1G Invite #2 - 4/9/21
Julien Gillum	47.75	at Wisconsin B1G Invite - 5/8/21	47.36	at Husker Quad - 2/6/21
DeJuan Frye	47.95	at Billy Hayes Invite - 5/1/21	46.17	at B1G Championships - 5/13/18
Antonio Woodard	47.98	at B1G Florida Invite - 4/3/21	47.98	at B1G Florida Invite - 4/3/21
Tyler Olson	48.30	at B1G Invite #1 - 3/27/21	48.30	at B1G Invite #1 - 3/27/21
Armando Bryson	48.32	at B1G Florida Invite - 4/3/21	48.32	at B1G Florida Invite - 4/3/21
Josh Andrews	48.39	at B1G Invite #2 - 4/9/21	48.39	at B1G Invite #2 - 4/9/21
Raymund Clarke	49.19	at B1G Husker Invite - 4/17/21	47.11	at Victor Lopez Classic - 3/25/17
Evan Schuster	49.27	at Billy Hayes Invite - 5/1/21	49.27	at Billy Hayes Invite - 5/1/21
Peyton Haack	49.80 ^	at B1G Husker Invite - 4/16/21	49.80 ^	at B1G Husker Invite - 4/16/21
Will Daniels	51.00 ^	at B1G Husker Invite - 4/16/21	51.00 ^	at B1G Husker Invite - 4/16/21

* - school record, ^ - part of decathlon

2021 MEN'S OUTDOOR SEASON & COLLEGIATE BEST PERFORMANCES - Updated 5/9/21

400-METER HURDLES (School Record - 48.83)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Austin Lietz	50.99	at Billy Hayes Invite - 5/1/21	50.99	at Billy Hayes Invite - 5/1/21
Jamal Britt	51.43	at B1G Florida Invite - 4/3/21	51.43	at B1G Florida Invite - 4/3/21
Raymund Clarke	52.96	at Billy Hayes Invite - 5/1/21	51.28	at NCAA West Preliminary - 5/26/18
Drake Woody	53.07	at Wisconsin B1G Invite - 5/8/21	53.07	at Wisconsin B1G Invite - 5/8/21
Raymonte Dow	54.02	at Wisconsin B1G Invite - 5/8/21	51.23	at NCAA West Preliminary - 5/24/19
Nolan Roethler	54.73	at B1G Invite #2 - 4/9/21	54.73	at B1G Invite #2 - 4/9/21

800 METERS (School Record - 1:45.90)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Tysen VanDraska	1:48.13	at Billy Hayes Invite - 5/1/21	1:48.13	at Billy Hayes Invite - 5/1/21
Alec Still	1:48.47	at Billy Hayes Invite - 5/1/21	1:48.47	at Billy Hayes Invite - 5/1/21
Tyler Olson	1:49.96	at Billy Hayes Invite - 5/1/21	1:49.96	at Billy Hayes Invite - 5/1/21
Spencer Gudgel	1:50.20	at Billy Hayes Invite - 5/1/21	1:50.20	at Billy Hayes Invite - 5/1/21
Jason Hoffman	1:50.44	at Billy Hayes Invite - 5/1/21	1:50.44	at Billy Hayes Invite - 5/1/21
Armando Bryson	1:50.46	at Billy Hayes Invite - 5/1/21	1:50.46	at Billy Hayes Invite - 5/1/21
Kal Lewis	1:51.80	at Fighting Illini B1G Relays - 4/23/21	1:51.80	at Fighting Illini B1G Relays - 4/23/21
Jeff Roberts	1:54.80	at B1G Florida Invite - 4/3/21	1:54.27	at Mike Fanelli Classic – 3/30/19
Noah Healy	1:57.32	at B1G Invite #1 - 3/27/21	1:55.17	at Baldy Castillo Invite - 3/16/19
Josh Andrews	1:58.46	at B1G Florida Invite - 4/2/21	1:54.72	at Beach Invite - 4/19/19
Aidan King	1:59.30	at B1G Invite #1 - 3/27/21	1:59.30	at B1G Invite #1 - 3/27/21

* - school record, ^ - part of decathlon

2021 MEN'S OUTDOOR SEASON & COLLEGIATE BEST PERFORMANCES - Updated 5/9/21

1,500 METERS (School Record - 3:43.02)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Kal Lewis	3:43.32	at B1G Invite #3 - 4/16/21	3:43.32	at B1G Invite #3 - 4/16/21
Tysen VanDraska	3:47.81	at B1G Invite #1 - 3/27/21	3:47.81	at B1G Invite #1 - 3/27/21
Jeff Roberts	3:47.94	at B1G Florida Invite - 4/2/21	3:47.94	at B1G Florida Invite - 4/2/21
Nathan Mylenek	3:50.58	at Fighting Illini B1G Relays - 4/23/21	3:44.49	at Drake Relays - 4/26/19
Noah Healy	3:50.67	at B1G Invite #1 - 3/27/21	3:50.67	at B1G Invite #1 - 3/27/21
Daniel Soto	3:50.68	at B1G Invite #1 - 3/27/21	3:50.68	at B1G Invite #1 - 3/27/21
Jason Hoffman	3:58.39	at B1G Invite #1 - 3/27/21	3:58.39	at B1G Invite #1 - 3/27/21
Aidan King	3:58.45	at B1G Invite #1 - 3/27/21	3:58.45	at B1G Invite #1 - 3/27/21
Nick Trattner	3:58.85	at B1G Florida Invite - 4/2/21	3:58.85	at B1G Florida Invite - 4/2/21
Konnor Sommer	4:02.09	at B1G Florida Invite - 4/2/21	4:02.09	at B1G Florida Invite - 4/2/21
Austin West	4:46.96 ^	at B1G Husker Invite - 4/17/21	4:46.96 ^	at B1G Husker Invite - 4/17/21
Peyton Haack	4:59.89 ^	at B1G Husker Invite - 4/17/21	4:54.47 ^	at Bryan Clay Invite - 4/18/19
Will Daniels	5:01.49 ^	at B1G Husker Invite - 4/17/21	4:57.23 ^	

3,000 METERS

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Nick Trattner	8:17.67	at B1G Florida Invite - 4/3/21	8:12.68	Hawkeye B1G Invite - 2/13/21
Noah Healy	8:18.19	at B1G Florida Invite - 4/3/21	8:15.32	Larry Wieczorek Invite - 2/8/19
Aidan King	8:37.78	at B1G Florida Invite - 4/3/21	8:26.73	Hawkeye B1G Invite - 2/13/21
Konnor Sommer	8:41.38	at B1G Florida Invite - 4/3/21	8:41.38	at B1G Florida Invite - 4/3/21

3,000-METER STEEPLECHASE (School Record - 8:38.53)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Nathan Mylenek	8:44.96	at Billy Hayes Invite - 4/30/21	8:38.53 *	at Mt. SAC Relays - 4/19/19

5,000 METERS (School Record - 13:49.31)

Name	Season Best	Meet - Date	Collegiate Best	Meet – Date
Nathan Mylenek	13:54.15	at B1G Invite #3 - 4/16/21	13:54.15	at B1G Invite #3 - 4/16/21
Daniel Soto	13:55.71	at Billy Hayes Invite - 4/30/21	13:55.71	at Billy Hayes Invite - 4/30/21
Noah Healy	14:13.74	at Billy Hayes Invite - 4/30/21	14:12.47	at B1G Championships - 2/27/21
Konnor Sommer	14:14.58	at B1G Invite #3 - 4/16/21	14:14.58	at B1G Invite #3 - 4/16/21

* - school record, ^ - part of decathlon

2021 MEN'S OUTDOOR SEASON & COLLEGIATE BEST PERFORMANCES - Updated 5/9/21

10,000 METERS (School Record - 28:44.47)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Daniel Soto	28:48.18	at B1G Invite #3 - 4/16/21	28:48.18	at B1G Invite #3 - 4/16/21
Noah Healy	29:56.30	at B1G Invite #3 - 4/16/21	29:56.30	at B1G Invite #3 - 4/16/21
Nick Trattner	30:46.80	at B1G Invite #3 - 4/16/21	30:46.80	at B1G Invite #3 - 4/16/21

400-METER RELAY (School Record - 39.12)

Names	Season Best	Meet - Date
Jaylan McConico, Antonio Woodard, Austin Kresley, Wayne Lawrence, Jr.	39.68	at Billy Hayes Invite - 5/1/21
Jaylan McConico, Antonio Woodard, Austin Kresley, Gratt Reed	39.85	at B1G Invite #1 - 3/27/21
Jaylan McConico, Antonio Woodard, Gratt Reed, Wayne Lawrence, Jr.	40.25	at B1G Husker Invite - 4/17/21
Tanner Iske, DeJuan Frye, Evan Schuster, Nolan Kembel	41.55	at B1G Invite #1 - 3/27/21

1,600-METER RELAY (School Record - 3:00.14)

Names	Season Best	Meet - Date
Austin West, Antonio Woodard, Austin Lietz, Wayne Lawrence, Jr.	3:05.82	at Billy Hayes Invite - 5/1/21
Wayne Lawrence, Jr., Antonio Woodard, Tyler Olson, Julien Gillum	3:09.18	at B1G Florida Invite - 4/3/21
Jenoah Mckiver, Antonio Woodard, Austin Lietz, DeJuan Frye	3:10.42	at B1G Husker Invite - 4/17/21
Nolan Kembel, Drake Woody, Julien Gillum, Tyler Olson	3:10.91	at B1G Invite #1 - 3/27/21
Spencer Gudgel, Raymund Clarke, Khullen Jefferson, Tyler Olson	3:11.32	at Billy Hayes Invite - 5/1/21
Austin Lietz, Raymund Clarke, Nolan Kembel, DeJuan Frye	3:12.38	at B1G Florida Invite - 4/3/21
Josh Andrews, Raymund Clarke, Armando Bryson, Evan Schuster	3:12.67	
Alec Still, Jamal Britt, Raymund Clarke, Khullen Jefferson	3:12.93	at B1G Husker Invite - 4/17/21
Spencer Gudgel, Jamal Britt, Raymund Clarke, Armando Bryson	3:13.48	at B1G Invite #1 - 3/27/21
Drake Woody, Spencer Gudgel, Armando Bryson, Alec Still	3:14.90	at B1G Florida Invite - 4/3/21
Tyler Olson, Spencer Gudgel, Khullen Jefferson, Drake Woody	3:15.96	at B1G Husker Invite - 4/17/21
Peyton Haack, Nolan Roethler, Jason Hoffman, Will Daniels	3:19.31	at B1G Invite #1 - 3/27/21
Nolan Roethler, Josh Andrews, Tysen VanDraska, Jason Hoffman	3:20.52	at B1G Florida Invite - 4/3/21

3,200-METER RELAY (School Record – 7:18.60)

Names	Season Best	Meet - Date
Jason Hoffman, Tyler Olson, Alec Still, Tysen VanDraska	7:29.81	at B1G Florida Invite - 4/3/21

* - school record, ^ - part of decathlon

2021 MEN'S OUTDOOR SEASON & COLLEGIATE BEST PERFORMANCES - Updated 5/9/21

HIGH JUMP (School Record - 2.24 meters)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Zack Pluff	6-10 3/4 (2.10m)	at Wisconsin B1G Invite - 5/8/21	6-10 3/4 (2.10m)	at Wisconsin B1G Invite - 5/8/21
Cole Moeller	6-10 1/4 (2.09m)	at Billy Hayes Invite - 5/1/21	6-10 1/4 (2.09m)	at Billy Hayes Invite - 5/1/21
Will Daniels	6-5 1/2 (1.97m) ^	at B1G Husker Invite - 4/16/21	6-11 (2.10m)	at Billy Hayes Invite - 5/1/21
Keith Keana	6-4 3/4 (1.95m)	at Billy Hayes Invite - 5/1/21	6-4 3/4 (1.95m)	Larry Wieczorek Invite - 1/17/20
Seth Groom	6-2 3/4 (1.90m)	at Billy Hayes Invite - 5/1/21	6-8 3/4 (2.05m)	at Black & Gold Invite - 2/1/20
Peyton Haack	6-2 (1.88m) ^	at B1G Husker Invite - 4/16/21	6-4 3/4 (1.95m)	at Jimmy Grant Invite - 12/14/19
Austin West	5-11 1/2 (1.82m) ^	at B1G Husker Invite - 4/16/21	6-4 3/4 (1.95m)	

POLE VAULT (School Record - 5.18 meters)

Name	Season Best	Meet - Date	Collegiate Best	Meet – Date
Will Daniels	15-5 (4.70m) ^	at B1G Husker Invite - 4/17/21	15-5 (4.70m) ^	at B1G Husker Invite - 4/17/21
Peyton Haack	15-1 (4.60m) ^	at B1G Husker Invite - 4/17/21	16-4 3/4 (5.00m) ^	at Bryan Clay Invite - 4/18/19
Austin West	13-1 1/2 (4.00m) ^	at B1G Husker Invite - 4/17/21	13-5 1/4 (4.10m) ^	at B1G Championships - 2/29/20

LONG JUMP (School Record - 8.25 meters)

Name	Season Best	Meet - Date	Collegiate Best	Meet – Date
James Carter	25-5 1/4 (7.75m)	at B1G Florida Invite - 4/2/21	25-5 1/4 (7.75m)	at B1G Florida Invite - 4/2/21
Kaleba Jack	24-8 1/4 (7.52m)	at B1G Invite #1 - 3/27/21	24-8 1/4 (7.52m)	at B1G Invite #1 - 3/27/21
Jamal Britt	24-3 3/4 (7.41m)	at Billy Hayes Invite - 5/1/21	24-11 1/4 (7.60m)	Hawkeye Border Battle - 1/9/21
Will Daniels	24-0 1/4 (7.32m) ^	at B1G Husker Invite - 4/16/21	24-0 1/4 (7.32m) ^	at B1G Husker Invite - 4/16/21
Peyton Haack	23-7 1/4 (7.19m) ^	at B1G Husker Invite - 4/16/21	23-7 1/4 (7.19m) ^	at B1G Husker Invite - 4/16/21
Deandre Stapleton, Jr.	23-6 3/4 (7.18m)	at B1G Florida Invite - 4/2/21	24-3 3/4 (7.41m)	at B1G Championships - 3/27/21
Austin West	23-6 1/4 (7.17m) ^	at B1G Husker Invite - 4/16/21	23-10 1/4 (7.21m) ^	at NCAA Championships - 3/11/21

TRIPLE JUMP (School Record - 16.66 meters)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
James Carter	54-2 3/4 (16.53m)	at B1G Husker Invite - 4/17/21	54-2 3/4 (16.53m)	at B1G Husker Invite - 4/17/21

* - school record, ^ - part of decathlon

2021 MEN'S OUTDOOR SEASON & COLLEGIATE BEST PERFORMANCES - Updated 5/9/21

SHOT PUT (School Record - 19.27 meters)

Name	Season Best	Meet - Date	Collegiate Best	Meet – Date
Elijah Barnes	60-4 1/2 (18.40m)	at Wisconsin B1G Invite - 5/8/21	60-8 (18.49m)	at Husker Quad - 2/6/21
Dawson Ellingson	58-2 1/2 (17.74m)	at Wisconsin B1G Invite - 5/8/21	58-2 1/2 (17.74m)	at Wisconsin B1G Invite - 5/8/21
Jordan Johnson	54-5 1/4 (16.59m)	at B1G Husker Invite - 4/17/21	55-4 1/4 (16.87)	Hawkeye B1G Invite - 2/13/21
Will Daniels	46-5 1/4 (14.15m) ^	at B1G Husker Invite - 4/16/21	46-5 1/4 (14.15m) ^	at B1G Husker Invite - 4/16/21
Austin West	43-5 3/4 (13.25m) ^	at B1G Husker Invite - 4/16/21	44-9 1/2 (13.65m)	at B1G Championships - 2/25/21
Peyton Haack	43-5 1/4 (13.24m) ^	at B1G Husker Invite - 4/16/21	44-1 1/4 (13.44m) ^	at NCAA Championships - 3/11/21

DISCUS (School Record – 63.11 meters)

Name	Season Best	Meet - Date	Collegiate Best	Meet – Date
Jordan Johnson	189-6 (57.77m)	at Wisconsin B1G Invite - 5/8/21	189-6 (57.77m)	at Wisconsin B1G Invite - 5/8/21
Tyler Lienau	180-7 (55.04m)	at Wisconsin B1G Invite - 5/8/21	180-7 (55.04m)	at Wisconsin B1G Invite - 5/8/21
Dawson Ellingson	172-6 (52.59m)	at Wisconsin B1G Invite - 5/8/21	172-6 (52.59m)	at Wisconsin B1G Invite - 5/8/21
Elijah Barnes	170-9 (52.04m)	at B1G Husker Invite - 4/16/21	180-6 (55.03m)	at NJCAA Championships - 5/17/19
Jordan Hawkins	167-2 (50.95m)	at Wisconsin B1G Invite - 5/8/21	167-2 (50.95m)	at Wisconsin B1G Invite - 5/8/21
Will Daniels	136-3 (41.54m)	at Billy Hayes Invite - 5/1/21	136-3 (41.54m)	at Billy Hayes Invite - 5/1/21
Austin West	134-10 (41.10m)	at Billy Hayes Invite - 5/1/21	134-10 (41.10m)	at Billy Hayes Invite - 5/1/21
Peyton Haack	121-10 (37.13m) ^	at B1G Husker Invite - 4/17/21	128-3 (39.09m)	at Baldy Castillo Invite - 3/16/19

HAMMER THROW (School Record – 67.94 meters)

Name	Season Best	Meet - Date	Collegiate Best	Meet – Date
Tyler Lienau	199-6 (60.81m)	at Wisconsin B1G Invite - 5/8/21	199-6 (60.81m)	at Wisconsin B1G Invite - 5/8/21
Jordan Johnson	190-6 (58.09m)	at Billy Hayes Invite - 5/1/21	190-6 (58.09m)	at Billy Hayes Invite - 5/1/21
Jordan Hawkins	190-0 (57.92m)	at Wisconsin B1G Invite - 5/8/21	190-0 (57.92m)	at Wisconsin B1G Invite - 5/8/21
Elijah Barnes	179-10 (54.81m)	at B1G Florida Invite - 4/2/21	179-10 (54.81m)	at B1G Florida Invite - 4/2/21

JAVELIN (School Record - 74.89 meters)

Name	Season Best	Meet - Date	Collegiate Best	Meet – Date
Austin West	193-0 (58.82m) ^	at B1G Husker Invite - 4/17/21	193-0 (58.82m) ^	at B1G Husker Invite - 4/17/21
Will Daniels	182-4 (55.59m)	at B1G Florida Invite - 4/3/21	182-4 (55.59m)	at B1G Florida Invite - 4/3/21
Peyton Haack	148-7 (45.28m) ^	at B1G Husker Invite - 4/17/21	155-11 (47.53m)	at Baldy Castillo Invite - 3/16/19

* - school record, ^ - part of decathlon

2021 MEN'S OUTDOOR SEASON & COLLEGIATE BEST PERFORMANCES - Updated 5/9/21

DECATHLON (School Record - 7,673 points)

Name	Season Best	Meet - Date	Collegiate Best	Meet – Date
Will Daniels	7,649 points	at B1G Husker Invite - 4/16-17/21	7,649 points	at B1G Husker Invite - 4/16-17/21
Austin West	7,458 points	at B1G Husker Invite - 4/16-17/21	7,458 points	at B1G Husker Invite - 4/16-17/21
Peyton Haack	7,300 points	at B1G Husker Invite - 4/16-17/21	7,300 points	at B1G Husker Invite - 4/16-17/21

* - school record, ^ - part of decathlon

2021 WOMEN'S OUTDOOR SEASON & COLLEGIATE BEST PERFORMANCES - Updated 5/9/21

100 METERS (School Record - 11.28)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Lasarah Hargrove	11.74	at B1G Florida Invite - 4/2/21	11.74	at B1G Florida Invite - 4/2/21
Antonise Christian	11.89	at B1G Florida Invite - 4/2/21	11.75	at Drake Relays - 4/26/19

100-METER HURDLES (School Record - 13.20)

Name	Season Best	Meet - Date	Collegiate Best	Meet – Date
Jenny Kimbro	13.42	at B1G Florida Invite - 4/3/21	13.22	at Drake Relays - 4/26/19
Paige Magee	13.57	at B1G Husker Invite - 4/17/21	13.57	at B1G Husker Invite - 4/17/21
Tionna Tobias	13.58	at B1G Invite #1 - 3/27/21	13.58	at B1G Invite #1 - 3/27/21
Myreanna Bebe	13.70	at Billy Hayes Invite - 5/1/21	13.70	at Billy Hayes Invite - 5/1/21
Karina Joiner	13.98	at Billy Hayes Invite - 5/1/21	13.38	at Ivy League Championships - 5/6/18
Sydney Winger	14.04	at Fighting Illini B1G Relays - 4/23/21	14.04	at Fighting Illini B1G Relays - 4/23/21
Katie Petersen	14.32	at Wisconsin B1G Invite - 5/8/21	14.32	at Wisconsin B1G Invite - 5/8/21
Dallyssa Huggins	15.37	at Fighting Illini B1G Relays - 4/23/21	15.25	at Maryland Invite - 2017

200 METERS (School Record – 22.30)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Lasarah Hargrove	23.76	at B1G Florida Invite - 4/3/21	23.76	at B1G Florida Invite - 4/3/21
Antonise Christian	24.05	at B1G Florida Invite - 4/3/21	23.89	at Husker Invitational – 2/7/20
Jenny Kimbro	24.59 ^	at B1G Husker Invite - 4/16/21	24.27 ^	at B1G Championships - 5/10/19
Tionna Tobias	24.43	at Fighting Illini Relay – 4/23/21	24.43	at Fighting Illini Relay – 4/23/21
Cortney Strohman	25.12	at B1G Florida Invite - 4/3/21	24.83	at Liberty Elite Invite - 2/10/18
Paige Magee	25.23	at B1G Husker Invite - 4/17/21	25.23	at B1G Husker Invite - 4/17/21
Aly Weum	25.37	at B1G Florida Invite - 4/3/21	24.85	at Baldy Castillo Invite - 3/16/19
Mariel Bruxvoort	25.80	at B1G Husker Invite - 4/17/21	25.44	Larry Wieczorek Invite - 1/22/21
Karina Joiner	25.88	at B1G Husker Invite - 4/17/21	25.68	at Beantown Challenge - 1/12/19
Katie Petersen	25.84	at B1G Invite #1 - 3/27/21	25.84	at Fighting Illini Relay – 4/23/21
Kayla Hutchins	26.27	at B1G Invite #1 - 3/27/21	26.10	at Husker Quad - 2/6/21
Sydney Winger	26.31	at B1G Florida Invite - 4/3/21	26.18	at Baldy Castillo Invite - 3/16/19
Myreanna Bebe	26.36	at B1G Invite #1 - 3/27/21	26.36	at B1G Invite #1 - 3/27/21
Dallyssa Huggins	26.49 ^	at B1G Husker Invite - 4/16/21	26.49 ^	at B1G Husker Invite - 4/17/21

* - school record, ^ - part of heptathlon

2021 WOMEN'S OUTDOOR SEASON & COLLEGIATE BEST PERFORMANCES - Updated 5/9/21

400 METERS (School Record - 51.35)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Cortney Strohman	54.47	at B1G Invite #1 - 3/27/21	53.99	at ASUN Championships - 2/23/19
Tia Saunders	54.79	at Billy Hayes Invite - 5/1/21	54.79	at Billy Hayes Invite - 5/1/21
Tesa Roberts	55.28	at B1G Husker Invite - 4/17/21	54.72	at B1G Indoor Championships - 2/26/21
Aly Weum	55.53	at Billy Hayes Invite - 5/1/21	55.15	at B1G Championships - 5/11/19
Clare Pitcher	56.30	at B1G Invite #2 - 4/9/21	56.30	at B1G Invite #2 - 4/9/21
Katie Moore	57.94	at B1G Florida Invite - 4/3/21	57.94	at B1G Florida Invite - 4/3/21
Dallyssa Huggins	59.02	at B1G Florida Invite - 4/3/21	57.98	at Rod McCravy Memorial - 1/25/20

400-METER HURDLES (School Record - 56.16)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Jenny Kimbro	58.43	at Billy Hayes Invite - 5/1/21	58.27	at Sun Angel Classic - 4/6/19
Mariel Bruxvoort	59.61	at Billy Hayes Invite - 5/1/21	59.61	at Billy Hayes Invite - 5/1/21
Paige Magee	1:00.81	at Billy Hayes Invite - 5/1/21	1:00.81	at Billy Hayes Invite - 5/1/21
Payton Wensel	1:01.12	at Billy Hayes Invite - 5/1/21	1:01.11	at B1G Championships - 5/10/19
Karina Joiner	1:01.87	at Billy Hayes Invite - 5/1/21	58.86	at Ivy League Championships - 5/6/18

800 METERS (School Record - 2:03.78)

Name	Season Best	Meet - Date	Collegiate Best	Meet – Date
Mallory King	2:05.23	at Billy Hayes Invite - 5/1/21	2:05.12	at Iowa State Classic - 2/15/20
Clare Pitcher	2:08.64	at Fighting Illini B1G Relays - 4/23/21	2:08.64	at Fighting Illini B1G Relays - 4/23/21
Tia Saunders	2:11.66	at B1G Invite #1 - 3/27/21	2:08.94	at Bryan Clay Invite - 4/18/19
Katie Moore	2:12.54	at Billy Hayes Invite - 5/1/21	2:11.94	at B1G Championships – 2/27/21
Logan Akason	2:12.97	at Billy Hayes Invite - 5/1/21	2:12.97	at Billy Hayes Invite - 5/1/21
Amber Aesoph	2:13.10	at B1G Invite #3 - 4/16/21	2:13.10	at B1G Invite #3 - 4/16/21
Lindsay Welker	2:14.69	at Billy Hayes Invite - 5/1/21	2:14.69	at Billy Hayes Invite - 5/1/21
Emma Gordon	2:15.21	at Fighting Illini B1G Relays - 4/23/21	2:15.21	at Fighting Illini B1G Relays - 4/23/21
Elyse Prescott	2:17.36	at B1G Invite #1 - 3/27/21	2:17.36	at B1G Invite #1 - 3/27/21
Jenny Kimbro	2:18.56 ^	at B1G Husker Invite - 4/17/21	2:14.04 ^	at Bryan Clay Invite - 4/18/19
Dallyssa Huggins	2:20.33	at Billy Hayes Invite - 5/1/21	2:11.07 ^	at B1G Championships - 2017
Bryce Gidel	2:28.17	at B1G Invite #1 - 3/27/21	2:28.17	at B1G Invite #1 - 3/27/21

* - school record, ^ - part of heptathlon

2021 WOMEN'S OUTDOOR SEASON & COLLEGIATE BEST PERFORMANCES - Updated 5/9/21

1,500 METERS (School Record - 4:17.41)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Mallory King	4:28.42	at B1G Invite #2 - 4/9/21	4:28.42	at B1G Invite #2 - 4/9/21
Emma Gordon	4:29.03	at Billy Hayes Invite - 5/1/21	4:29.03	at Billy Hayes Invite - 5/1/21
Kelli Totic	4:32.31	at B1G Florida Invite - 4/2/21	4:32.31	at B1G Florida Invite - 4/2/21
Elyse Prescott	4:33.88	at B1G Invite #1 - 3/27/21	4:31.63	at Drake Relays - 2019
Gabby Skopec	4:39.74	at Billy Hayes Invite - 5/1/21	4:39.74	at Billy Hayes Invite - 5/1/21
Amber Aesoph	4:42.28	at B1G Florida Invite - 4/2/21	4:42.28	at B1G Florida Invite - 4/2/21
Logan Akason	4:44.84	at B1G Florida Invite - 4/2/21	4:44.84	at B1G Florida Invite - 4/2/21
Wren Renquist	4:45.68	at Fighting Illini B1G Relays - 4/23/21	4:45.68	at Fighting Illini B1G Relays - 4/23/21
Bryce Gidel	4:46.70	at B1G Invite #2 - 4/9/21	4:46.70	at B1G Invite #2 - 4/9/21
Ellie Twedt	4:47.58	at B1G Invite #2 - 4/9/21	4:47.58	at B1G Invite #2 - 4/9/21
Lindsay Welker	4:51.23	at B1G Invite #2 - 4/9/21	4:51.23	at B1G Invite #2 - 4/9/21
Katie Moore	4:51.62	at B1G Invite #1 - 3/27/21	4:51.62	at B1G Invite #1 - 3/27/21
Abby Ryon	4:51.90	at Fighting Illini B1G Relays - 4/23/21	4:51.90	at Fighting Illini B1G Relays - 4/23/21
Bryce Gidel	4:55.23	at Fighting Illini B1G Relays - 4/23/21	4:55.23	at Fighting Illini B1G Relays - 4/23/21

3,000 METERS (School Record - 9:18.82)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Kelli Totic	9:54.05	at B1G Florida Invite - 4/3/21	9:47.84	Hawkeye B1G Invite - 2/13/21
Emma Gordon	10:00.35	at B1G Florida Invite - 4/3/21	10:00.35	at B1G Florida Invite - 4/3/21

5,000 METERS (School Record - 15:45.84)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Emma Gordon	17:07.07	at B1G Invite #3 - 4/16/21	17:07.07	at B1G Invite #3 - 4/16/21
Gabby Skopec	17:40.20	at Fighting Illini B1G Relays - 4/23/21	17:24.19	at Husker Triangular - 1/16/21
Abby Ryon	17:58.37	at B1G Invite #1 - 3/26/21	17:58.37	at B1G Invite #1 - 3/26/21
Wren Renquist	18:11.04	at B1G Invite #1 - 3/26/21	18:11.04	at B1G Invite #1 - 3/26/21

10,000 METERS (School Record - 33:17.01)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Kelli Totic	36:00.48	at B1G Invite #2 - 4/9/21	36:00.48	at B1G Invite #2 - 4/9/21
Wren Renquist	37:41.48	at B1G Invite #2 - 4/9/21	37:41.48	at B1G Invite #2 - 4/9/21

* - school record, ^ - part of heptathlon

2021 WOMEN'S OUTDOOR SEASON & COLLEGIATE BEST PERFORMANCES - Updated 5/9/21

400-METER RELAY (School Record - 44.04)

Names

Lasarah Hargrove, Tesa Roberts, Tionna Tobias, Tia Saunders
 Antonise Christian, Tionna Tobias, Cortney Strohman, Tia Saunders
 Antonise Christian, Lasarah Hargrove, Tionna Tobias, Tesa Roberts
 Katie Petersen, Tia Saunders, Cortney Strohman, Aly Weum

Season Best

45.92
46.45
46.70
47.37

Meet – Date

at Billy Hayes Invite - 5/1/21
 at B1G Invite #1 - 3/27/21
 at B1G Husker Invite - 4/17/21
 at B1G Husker Invite - 4/17/21

1,600-METER RELAY (School Record - 3:30.97)

Names

Tia Saunders, Tesa Roberts, Mallory King, Cortney Strohman
 Mallory King, Cortney Strohman, Tia Saunders, Tesa Roberts
 Mariel Bruxvoort, Jenny Kimbro, Tia Saunders, Payton Wensel
 Mallory King, Tesa Roberts, Tia Saunders, Cortney Strohman
 Jenny Kimbro, Antonise Christian, Mariel Bruxvoort, Payton Wensel
 Payton Wensel, Mariel Bruxvoort, Clare Pitcher, Aly Weum
 Karina Joiner, Lindsay Welker, Clare Pitcher, Aly Weum
 Katie Moore, Mariel Bruxvoort, Clare Pitcher, Aly Weum
 Lindsay Welker, Karina Joiner, Dallyssa Huggins, Katie Moore
 Dallyssa Huggins, Katie Moore, Lindsay Welker, Logan Akason

Season Best

3:37.15
3:40.71
3:40.84
3:41.25
3:42.12
3:45.27
3:49.93
3:50.06
3:54.48
3:55.09

Meet - Date

at Billy Hayes Invite - 5/1/21
 at B1G Husker Invite - 4/17/21
 at B1G Invite #1 - 3/27/21
 at B1G Florida Invite - 4/3/21
 at B1G Florida Invite - 4/3/21
 at Billy Hayes Invite - 5/1/21
 at B1G Florida Invite - 4/3/21
 at B1G Husker Invite - 4/17/21
 at B1G Invite #1 - 3/27/21
 at Billy Hayes Invite - 5/1/21

HIGH JUMP (School Record - 1.86 meters)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Dallyssa Huggins	5-7 (1.70m)	2x, last at Wis. B1G Invite - 5/8/21	5-11 1/4 (1.81m)	at B1G Outdoor Championships - 2018
Maria Gorham	5-6 1/2 (1.69m)	at B1G Florida Invite - 4/2/21	5-7 (1.70m)	at Larry Wieczorek – 1/23/21
Jenny Kimbro	5-4 1/4 (1.63m) ^	at B1G Husker Invite - 4/16/21	6-0 3/4 (1.85m) ^	at Bryan Clay Invite - 4/17/19

LONG JUMP (School Record - 6.78 meters)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Tionna Tobias	19-11 (6.07m)	at B1G Invite #1 - 3/27/21	19-11 (6.07m)	at B1G Invite #1 - 3/27/21
Eavion Richardson	19-2 3/4 (5.86m)	at B1G Invite #1 - 3/27/21	19-2 3/4 (5.86m)	at B1G Invite #1 - 3/27/21
Jenny Kimbro	18-9 1/4 (5.72m) ^	at B1G Husker Invite - 4/17/21	19-7 (5.97m) ^	at Bryan Clay Invite - 4/19/18
Kayla Hutchins	18-4 1/2 (5.60m)	at B1G Invite #1 - 3/27/21	18-4 1/2 (5.60m)	at B1G Invite #1 - 3/27/21
Dallyssa Huggins	16-6 1/2 (5.04m) ^	at B1G Husker Invite - 4/17/21	16-6 1/2 (5.04m) ^	at B1G Husker Invite - 4/17/21

* - school record, ^ - part of heptathlon

2021 WOMEN'S OUTDOOR SEASON & COLLEGIATE BEST PERFORMANCES - Updated 5/9/21

TRIPLE JUMP (School Record - 13.46 meters)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Kayla Hutchins	41-10 (12.75m)	at B1G Husker Invite - 4/17/21	41-10 (12.75m)	at B1G Husker Invite - 4/17/21
Eavion Richardson	41-1 (12.52m)	at B1G Florida Invite - 4/3/21	41-7 1/4 (12.58m)	at British University Championships - 2019

SHOT PUT (School Record - 18.02 meters)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Laulauga Tausaga	58-10 1/4 (17.94m)	at B1G Florida Invite - 4/2/21	59-1 1/2 (18.02m) *	at Beach Invite - 4/19/19
Kat Moody	53-5 3/4 (16.30m)	at Billy Hayes Invite - 5/1/21	53-5 3/4 (16.30m)	at Billy Hayes Invite - 5/1/21
Nia Britt	52-5 1/2 (15.99m)	at B1G Invite #1 - 3/27/21	55-7 3/4 (16.96m)	at NCAA West Preliminary - 5/25/19
Erika Hammond	49-0 1/4 (14.94m)	at B1G Invite #1 - 3/27/21	51-9 3/4 (15.79m)	Black & Gold Premier - 1/26/19
Ianna Roach	48-0 1/2 (14.64m)	at B1G Invite #1 - 3/27/21	48-0 1/2 (14.64m)	at B1G Invite #1 - 3/27/21
Jamie Kofron	46-9 (14.25m)	at Wisconsin B1G Invite - 5/8/21	50-0 3/4 (15.26m)	at Husker Triangular - 1/16/21
Jenny Kimbro	45-0 1/2 (13.73m) ^	at B1G Husker Invite - 4/16/21	45-0 1/2 (13.73m) ^	at B1G Husker Invite - 4/16/21
Dallyssa Huggins	36-5 (11.10m) ^	at B1G Husker Invite - 4/16/21	46-0 3/4 (14.04m) ^	at B1G Championships - 2/26/21

DISCUS THROW (School Record - 63.26 meters)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Laulauga Tausaga	199-6 (60.81m)	at B1G Invite #1 - 3/27/21	209-9 (63.94m) *	at World Championships - 2019
Serena Brown	188-5 (57.44m)	at B1G Florida Invite - 4/3/21	198-1 (60.39m)	at Texas Relays - 2018
Kat Moody	167-9 (51.13m)	at Wisconsin B1G Invite - 5/8/21	167-9 (51.13m)	at Wisconsin B1G Invite - 5/8/21
Jamie Kofron	160-4 (48.88m)	at B1G Florida Invite - 4/3/21	160-4 (48.88m)	at B1G Florida Invite - 4/3/21

JAVELIN THROW (School Record - 55.30 meters)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Marissa Mueller	131-9 (40.15m)	at B1G Florida Invite - 4/3/21	154-3 (47.02m)	at B1G Championships - 5/10/19
Dallyssa Huggins	126-2 (38.46m)	at B1G Invite #1 - 3/27/21	126-2 (38.46m)	at B1G Invite #1 - 3/27/21
Jenny Kimbro	116-7 (35.53m) ^	at B1G Husker Invite - 4/17/21	116-7 (35.53m) ^	at B1G Husker Invite - 4/17/21

* - school record, ^ - part of heptathlon

2021 WOMEN'S OUTDOOR SEASON & COLLEGIATE BEST PERFORMANCES - Updated 5/9/21

HAMMER THROW (School Record - 62.65 meters)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Amanda Howe	205-6 (62.65m) *	at Billy Hayes Invite - 5/1/21	205-6 (62.65m) *	at Billy Hayes Invite - 5/1/21
Allison Wahrman	198-7 (60.53m)	at Billy Hayes Invite - 5/1/21	198-7 (60.53m)	at Billy Hayes Invite - 5/1/21
Nia Britt	190-7 (58.10m)	at Billy Hayes Invite - 5/1/21	200-1 (60.99m)	at B1G Championships - 5/10/19
Erika Hammond	175-9 (53.57m)	at Billy Hayes Invite - 5/1/21	176-4 (53.75m)	at Billy Hayes Invite - 5/1/21
Laulauga Tausaga	162-11 (49.65m)	at B1G Husker Invite - 4/16/21	201-3 (61.34m)	at Mt. SAC Relays - 4/18/19
Jamie Kofron	161-5 (49.20m)	at B1G Invite #1 - 3/27/21	161-5 (49.20m)	at B1G Invite #1 - 3/27/21
Ianna Roach	154-2 (47.00m)	at B1G Florida Invite- 4/2/21	154-2 (47.00m)	at B1G Florida Invite- 4/2/21

HEPTATHLON (School Record - 5,679 points)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Jenny Kimbro	5,543 points	at B1G Husker Invite - 4/16-17/21	5,679 points *	Bryan Clay Invite - 4/17-19/19
Dallyssa Huggins	5,064 points	at B1G Husker Invite - 4/16-17/21	5,307 points	at B1G Championships - 2017

* - school record, ^ - part of heptathlon



Men's Big Ten Outdoor Champions

100 Yards

Dennis Kohl, 1966.....9.6

120-Yard High Hurdles

Russell Merkel, 195014.4

Les Stevens, 195614.2

100 Meters

George Page, 199510.50

George Page, 199610.08

Tim Dwight, 199910.51

Justin Ausin, 201310.27

110-Meter High Hurdles

Pat McGhee, 198913.74

Aaron Mallett, 201513.43

Aaron Mallett, 201613.48

Aaron Mallett, 201713.24

220 Yards

Eric Wilson, 192122.0

Eric Wilson, 192321.2

John Everingham, 192722.0

Dennis Kohl, 196620.6

220-Yard Low Hurdles

Charles Brookins, 192223.8

Charles Brookins, 192323.2

Charles Brookins, 192423.8

Frank Cuhel, 192623.9

Frank Cuhel, 192724.2

Frank Cuhel, 192823.6

George Saling, 193223.0

200 Meters

Andre Morris, 199520.64

Bashir Yamini, 199821.10

Bashir Yamini, 199921.39

Justin Austin, 201120.46

Justin Austin, 201320.86

330-Yard Int. Hurdles

Donald Gardner, 196337.7

Jon Reimer, 196536.1

440 Yards

Chan Coulter, 192450.4

George Baird, 192749.1

John Brown, 195948.1

Mike Mondane, 196746.4

Mike Mondane, 196847.5

Dick Eisenlauer, 197547.1

440-Yard Int. Hurdles

Jon Reimer, 196550.8

400 Meters

Anthuan Maybank, 199145.76

Anthuan Maybank, 199345.91

Andre Morris, 199545.39

Andre Morris, 199646.38

Steven Willey, 201046.12

Mar'yea Harris, 201844.98

Mar'yea Harris, 201945.67

400-Meter Hurdles

Pat McGhee, 198650.94

Pat McGhee, 198850.01

Pat McGhee, 198949.63

Ray Varner, 201050.61

Ethan Holmes, 201350.78

Chris Douglas, 201950.31

660 Yards

Roger Kerr, 19631:17.4

Mike Mondane, 19661:17.7

880 Yards

Harry Morrow, 19241:57.0

Ted Wheeler, 19561:51.7

Bill Frazier, 19621:50.1

Bill Frazier, 19631:50.6

800 Meters

D'Juan Strozier, 19901:47.17

Mile

Ted Wheeler, 19564:12.7

Charles Jones, 19574:17.0

Charles Jones, 19584:09.2

3,000-Meter Steeplechase

Rollie Kitt, 19679:02.9

Steve Pershing, 19779:00.1

Two Miles

Richard Ferguson, 19529:19.0

Richard Ferguson, 19539:26.6

Charles Jones, 19579:14.0

Three Miles

Larry Wieczorek, 196813:58.0

10,000 Meters

Kevin Herd, 199430:05.21

Micah VanDenend, 200730:28.50

Long Jump

Edward Gordon, 192924-1 3/4

Edward Gordon, 193024-8 1/4

Edward Gordon, 193124-1 1/2

Earl Smith, 195423-1

Quinn Early, 198624-11

Anthuan Maybank, 199325-9 1/2

Bashir Yamini, 199726-8 1/4

High Jump

E.J. Baker, 19055-10 1/4

*Edward Gordon, 19296-0

Bill Knoedel, 19757-3

Bill Hansen, 19767-2

Ryan Kelly, 20086-10 3/4

Kevin Spejcher, 20167-1 3/4

Triple Jump

Troy Doris, 201153-8 1/2

Troy Doris, 201254-8

Babatunde Amosu, 201553-0

Pole Vault

*Xavier Boyles, 192612-9 1/2

Bill Burnette, 196615-3

Phil Wertman, 197116-1 1/2

John Tefer, 197216-0

Todd Wigginton, 198417-0

Hammer

A. van der Westhuizen, 1999202-3

A. van der Westhuizen, 2000218-5

Jim Costello, 2002217-7

Adam Hamilton, 2006208-1

Javelin

L.D. Weldon, 1930184-5 1/2

L.D. Weldon, 1931191-4 1/2

Mark Panther, 1934208-2

Mark Panther, 1935219-7 3/8

Bushnell Lamb, 1936194-4 1/2

Bushnell Lamb, 1938202-8

Bill Neumann, 2002231-8

Bill Neumann, 2003238-2

Matt Byers, 2010220-6

Matt Byers, 2011235-4

Matt Byers, 2012222-10

400-Meter Relay

Beecham, Duckett, Greer, Patrick, 198339.99

McCoy, Duckett, Greer, Smith, 198440.11

Davis, Morris, Rozell, Page, 199540.03

Dwight, Branch, Davis, Yamini, 199840.27

Branch, Dwight, Dodge, Yamini, 199940.66

Coleman, Kunkel, Peterson, Dodge, 200140.15

Mullen, Austin, E. Holmes, Larney, 201340.20

Brown, Harrington, Mincy, Wilson, 201439.35

Saucer, Brissett, Harrington, Mallett, 201639.44

400-Yard Relay

Johnson, Lake, Eisenlauer, Wellington, 197441.2

Mile Relay

Beck, Noll, Keppler, Wilson, 19223:20.0

Stevenson, Stamats, Baird, Cuhel, 19283:20.2

Stevenson, Ferguson, Depping, Baird, 19293:20.7

Levinson, Boylan, Ebert, Scott, 19533:16.4

Richards, Hollingsworth, Frazier, Kerr, 19623:12.3

Richards, Hollingsworth, Frazier, Kerr, 19633:11.2

Thompson, Ferree, Randolph, Reimer, 19653:12.1

Ferree, Frazier, Mondane, Reimer, 19673:08.7

Teberg, Stevens, Frazier, Mondane, 19683:13.3

1,600-Meter Relay

Chung, Williams, McGhee, Leonard, 19863:07.05

Branch, Dwight, Dodge, Yamini, 19993:09.09

Frye, Woodard, Hofacker, Harris, 20183:06.32

Lawerence, Thompson, Lilly, Harris, 20193:07.36

Women's Big Ten Outdoor Champions/Big Ten Honors



100 Meters

Vivien McKenzie, 1983 11.90
 Vivien McKenzie, 1984 11.50
 Vivien McKenzie, 1985 11.63

200 Meters

Briana Guillory, 2016 22.95
 Brittany Brown, 2017 22.30
 Brittany Brown, 2018 22.93

400 Meters

Ellen Grant, 1997 52.82
 Shellene Williams, 2003 53.58
 Shellene Williams, 2004 52.97
 Kineke Alexander, 2007 52.15
 Elexis Guster, 2014 52.77
 Elexis Guster, 2015 52.19

400-Meter Hurdles

Wynsome Cole, 1998 56.67

800 Meters

Bethany Praska, 2011 2:05.63

5,000 Meters

Nan Doak, 1982 16:26.63
 Tracy Dahl, 1992 16:22.01
 Diane Nukuri, 2008 16:24.21
 McKenzie Melander, 2012 16:14.03

400-Meter Relay

Floyd, Hobbs, Poole, Reid, 1994 44.80
 Underwood, Cole, Grant, Wynter, 1997 46.53
 Kwaza, Guster, Holder, Brown, 2014 44.62

1,600-Meter Relay

Hume, Charles, Steffen, Williams, 2003 3:38.95
 Praska, Hendricks, Erickson, Liverpool, 2011 3:36.51
 Hernandez, Guillory, Holder, Guster, 2016 3:31.22

10,000 Meters

Jennifer Brower, 1992 34:29.61
 Meghan Armstrong, 2008 33:49.03

High Jump

Peaches Roach, 2004 5-11 1/4
 Peaches Roach, 2007 6-0
 Khanishah Williams, 2014 5-9 1/4

Shot Put

Lisa Van Steenwyk, 1993 47-4 1/2
 Laulauga Tausaga, 2018 55-1 1/2

Discus

Laulauga Tausaga, 2017 180-5
 Laulauga Tausaga, 2018 191-7
 Laulauga Tausaga, 2019 197-9

Long Jump

Aisha James, 2003 21-4
 Jahisha Thomas, 2018 21-6

Triple Jump

Renee White, 2009 43-10 3/4
 Jahisha Thomas, 2018 43-3 1/4

Big Ten Championship Honors

Coach of the Year

2011 Larry Wieczorek (O)
 2019 Joey Woody, (O)

Men's Athlete of the Year

1989 Pat McGhee (O)
 1993 Anthuan Maybank (O)
 2011 Justin Austin (O)
 2013 Justin Austin (O)
 2020 Wayne Lawrence, Jr. (I)

Men's Track Athlete of the Meet

1989 Pat McGhee (O)
 1999 Tim Dwight (O)
 2011 Justin Austin (O)
 2013 Justin Austin (O)
 2020 Wayne Lawrence, Jr. (I)

Men's Freshman of the Year

1996 Bashir Yamini (I)
 1998 Jeremy Allen (I, O)

Women's Track Athlete of the Year

2007 Kineke Alexander (I)

Women's Field Athlete of the Year

2018 Jahisha Thomas (O)
 2019 Laulauga Tausaga (O)
 2020 Laulauga Tausaga (I)

Women's Field Athlete of the Meet

2020 Laulauga Tausaga (I)

Big Ten Medal of Honor

Men's Honorees

1922 Aubrey Devine
 1925 John Hancock
 1932 Stuart Skowbo
 1934 Tom Moore
 1936 Francis Cretzmeyer
 1947 John Hunter
 1948 Herbert Wilkinson
 1949 Evan Hultman
 1952 Charles Darling
 1955 LeRoy Ebert
 1959 James Van Young
 1963 Ralph Trimble
 1987 Andy Wiese
 1991 David Brown
 1994 Kevin Herd
 2000 Stetson Steele
 2009 Eric MacTaggart
 2012 Erik Sowinski
 2015 Kevin Lewis
 2018 Kevin Docherty

Women's Honorees

1992 Jennifer Brower
 1994 Tina Stec
 2008 Meghan Armstrong
 2011 Bethany Praska
 2012 McKenzie Melander



The Hawkeyes hold up their team trophy after winning the 2019 Men's B1G Outdoor Track and Field Championships on May 12, 2019.

BIG TEN MEN'S OUTDOOR TEAM CHAMPIONS

T	Team	Years
31	Michigan	1901-02-03-04-06-18-19-23-25-26-30-32-33-35-37-38-39-40-43-44-55-56-61-62-76-78-80-81-82-83-2008
29	Illinois	1907-09-13-14-20-21-22-24-27-28-29-34-45-46-47-51-52-53-54-58-59-60-75-77-87-88-89-94-2015
19	Wisconsin	1915-16-31-64-69-84-86-95-96-97-2000-01-02-04-05-06-07-12-14
12	Indiana	1936-41-50-57-70-71-73-74-79-85-90-91
7	Minnesota	1949-68-98-99-2003-09-10
5	Ohio State	1942-48-92-93-2018
4	Iowa	1963-67-2011-19
3	Michigan State	1965-66-72
3	Chicago	1905-08-17
2	Nebraska	2013-16
1	Penn State	2017

T - team titles

NOTES: Chicago no longer competes as a Big Ten member; Northwestern discontinued program in 1988; 2020 championships canceled due to COVID-19 pandemic

MOST BIG TEN TITLES

<u>Titles</u>	<u>Coach, School</u>
13	Ed Nuttycombe, WIS
11	Harry Gill, ILL
10	Leo Johnson, ILL
8	Sam Bell, IND
7	Charles Hoyt, MICH
6	Gary Wieneke, ILL
6	Jack Harvey, MICH
5	Stephen Farrell, MICH
5	Keene Fitzpatrick, MICH
4	Don Canham, MICH
3	Gary Wieneke, ILL
3	Phil Lundin, MINN
2	Steve Plasencia, MINN
2	Gary Pepin, NEB
2	Russ Rogers, OSU

BIG TEN MEN'S OUTDOOR INDIVIDUAL HONORS**ATHLETE OF THE YEAR^**

1988	Tim Simon, ILL
1989	Patrick McGhee, IOWA
1990	Bob Kennedy, IND
1991	Bob Kennedy, IND
1992	Bob Kennedy, IND
1993	Anthuan Maybank, IOWA
1994	Anthony Jones, ILL
1995	Kevin Sullivan, MICH
1996	Marko Koers, ILL
1997	Reggie Torian, WIS
1998	Kevin Sullivan, MICH
1999	Sherman Armstrong, ILL
2000	Andrew Pierce, OSU
2001	Paul Terek, MSU
2002	Paul Terek, MSU
2003	Dan Taylor, OSU
2004	Dan Taylor, OSU
2005	Aarik Wilson, IND
2006	David Neville, IND
2007	Demi Omole, WIS (T)
	Derek Gearman, MINN (F)
2008	Adam Harris, MICH (T)
	Billy Hardcastle, PUR (F)
2009	Hassan Mead, MINN (T)
	Aaron Studt, MINN (F)
2010	Andrew Riley, ILL (T)
	Derek Drouin, IND (F)
2011	Justin Austin, IOWA (T)
	Michael Hartfield, OSU (F)
2012	Andrew Riley, ILL (T)
	Joe Kovacs, PSU (F)
2013	Justin Austin, IOWA (T)
	Derek Drouin, IND (F)
2014	Mohammed Ahmed, WIS (T)
	Darrell Hill, PSU (F)
2015	DJ Zahn, ILL (T)
	Chukwuebuka Enekwechi, PUR (F)
2016	Mason Ferlic, MICH (T)
	Chukwuebuka Enekwechi, PUR (F)
2017	David Kendziera, ILL (T)
	Luca Wieland, MINN (F)
2018	Isaiah Harris, PSU (T)
	Zach Bazile, OSU (F)
2019	Morgan McDonald (T)
	Jack Lint (F)
2020	None selected~

FRESHMAN OF THE YEAR

1988	Roget Ware, OSU
1989	Chris Huffins, PUR
1990	Aaron Payne, OSU
1991	Anthony Jones, ILL
1992	Marko Koers, ILL
1993	Jason Boon, MINN
1994	Kevin Sullivan, MICH
1995	Leo Settle, PUR
1996	Michael Turner, PUR
1997	Staffan Strand, MINN
1998	Jeremy Allen, IOWA
1999	Jason Van Swol, ILL
2000	Rob Myers, OSU
2001	Contrell Ash, IND
2002	Aarik Wilson, IND
2003	Nick Willis, MICH
2004	David Neville, IND
2005	Jeremy Orr, MSU
2006	Dominique Worsley, ILL
2007	Jon Pullum, PUR
2008	Billy Harcastle, PUR
2009	Derek Drouin, IND
2010	Casimir Loxsom, PSU
2011	Reed Connor, WIS
2012	Robby Creese, PSU
2013	Bill Stanley, OSU
2014	Trevor Yedoni, MINN
2015	Joe Hardy, WIS
2016	Izaiah Brown, RU
2017	Jon Davis, ILL
2018	Eric Harrison, OSU
2019	Mayson Conner, NEB
2020	None selected~

COACH OF THE YEAR

1988	Gary Wieneke, ILL
1989	Gary Wieneke, ILL
	Mike Poehlein, PUR
1990	Mike Poehlein, PUR
1991	Sam Bell, IND
1992	Russ Rogers, OSU
1993	Russ Rogers, OSU
1994	Gary Wieneke, ILL
1995	Ed Nuttycombe, WIS
1996	Ed Nuttycombe, WIS
1997	Ed Nuttycombe, WIS
1998	Phil Lundin, MINN
1999	Phil Lundin, MINN
2000	Ed Nuttycombe, WIS
2001	Ed Nuttycombe, WIS
2002	Ed Nuttycombe, WIS
2003	Phil Lundin, MINN
2004	Ed Nuttycombe, WIS
2005	Ed Nuttycombe, WIS
2006	Ed Nuttycombe, WIS
2007	Ed Nuttycombe, WIS
2008	Ron Warhurst, MICH
2009	Steve Plasencia, MINN
2010	Steve Plasencia, MINN
2011	Larry Wieczorek, IOWA
2012	Ed Nuttycombe, WIS*
2013	Gary Pepin, NEB
2014	Mick Byrne, WIS
2015	Mike Turk, ILL
2016	Gary Pepin, NEB
2017	John Gondak, PSU*
2018	Karen Dennis, OSU
2019	Joey Woody, IOWA
2020	None selected~

ATHLETE OF THE CHAMPIONSHIPS^

1979	Ricky Flowers, MSU
1980	Randy Jackson, WIS
1981	Jim Stintzi, WIS
1982	Kevin Akins, OSU
1983	Alvin McNair, PUR
1984	Albert Robinson, IND
1985	John Easker, WIS
1986	Ron Backes, MINN
	Robert Hackett, WIS
1987	Butch Reynolds, OSU
1988	Tim Simon, ILL
1989	Patrick McGhee, IOWA
1990	Jay Kirby, PUR
1991	Aaron Payne, OSU
1992	Chris Nelloms, OSU
1993	Chris Nelloms, OSU
1994	Chris Sanders, OSU
1995	Kevin Sullivan, MICH
1996	Marko Koers, ILL
1997	John Mortimer, MICH
1998	John Mortimer, MICH
1999	Tim Dwight, IOWA
2000	Andrew Pierce, OSU
2001	Paul Terek, MSU
2002	Paul Terek, MSU
2003	Mitch Potter, MINN
2004	David Neville, IND
2005	Aarik Wilson, IND
2006	David Neville, IND
2007	Demi Omole, WIS (T)
	Derek Gearman, MINN (F)
2008	Adam Harris, MICH (T)
	Billy Hardcastle, PUR (F)
2009	Hassan Mead, MINN (T)
	Aaron Studt, MINN (F)
2010	Andrew Riley, ILL (T)
	Derek Drouin, IND (F)
2011	Justin Austin, IOWA (T)
	Michael Hartfield, OSU (F)
2012	Andrew Riley, ILL (T)
	Derek Drouin, IND (F)
2013	Justin Austin, IOWA (T)
	Mike Hartfield, OSU (F)
2014	Raheem Mostert, PUR (T)
	Darrell Hill, PSU (F)
2015	DJ Zahn, ILL (T)
	Chukwuebuka Enekwechi, PUR (F)
2016	Mason Ferlic, MICH (T)
	Chukwuebuka Enekwechi, PUR (F)
2017	Malachy Schrobilgen, WIS (T)
	Malik Moffett, PSU (F)
2018	Isaiah Harris, PSU (T)
	Jonathan Wells, ILL (F)
2019	Nick Gray, OSU (T)
	Morgan Shigo, PSU (F)
2020	None selected~

[^] - beginning in 2006-07, the Big Ten awarded separate honors for Track Athlete of the Year & Championships (denoted with a "T") and Field Athlete of the Year & Championships (denoted with an "F").

* - unanimous selection (NOTE: limited records prior to 2000)

~ - no awards presented (season canceled due to COVID-19 pandemic)

BIG TEN WOMEN'S OUTDOOR TEAM CHAMPIONS

T	Team	Years
8	Michigan	1993-94-98-2002-03-04-07*-16*
8	Wisconsin	1983-84-85-86-90-91-96-97
6	Illinois	1988-89-92-95-2005-07*
5	Penn State	2008-09-10-13-14
3	Minnesota	2006-16*-18
3	Ohio State	2011-12-19
3	Purdue	1987-99-2017
2	Indiana	2000-01
2	Michigan State	1982-2015
0	Iowa	
0	Maryland	
0	Nebraska	
0	Rutgers	

T - team titles (* - indicates co-champion)

NOTES: Northwestern discontinued program in 1988; 2020 championships canceled due to COVID-19 pandemic

MOST BIG TEN TITLES

Titles	Coach, School
8	James Henry, MICH
8	Peter Tegen, WIS
6	Gary Winckler, ILL
4	Karen Dennis (1 MSU, 3 OSU)
4	Beth Alford-Sullivan, PSU
2	Randy Heisler, IND
1	Walt Drenth, MSU
1	Matt Bingle, MINN
1	Gary Wilson, MINN
1	John Gondak, PSU
1	Rolando Greene, PUR
1	Ben Paolilli, PUR
1	Fred Wilt, PUR

BIG TEN WOMEN'S OUTDOOR INDIVIDUAL HONORS**ATHLETE OF THE YEAR^**

1988	Suzy Favor, WIS
1989	Leticia Beverly, ILL Suzy Favor, WIS
1990	Suzy Favor, WIS
1991	Lisa Payne, WIS
1992	Tonja Buford, ILL
1993	Tonja Buford, ILL
1994	Amy Wickus, WIS
1995	Corissa Yasen, PUR
1996	Tonya Williams, ILL
1997	Kathy Butler, WIS
1998	Jenni Westphal, WIS
1999	Janelle Deatherage, WIS
2000	Donica Merriman, OSU
2001	Perdita Felicien, ILL
2002	Danielle Carruthers, IND
2003	April Phillips, MICH
2004	Connie Moore, PSU
2005	Cassie Hunt, ILL
2006	Jennifer Leatherman, PSU
2007	Anna Willard, MICH (T) Bettie Wade, MICH (F)
2008	Shana Cox, PSU (T) Kara Patterson, PUR (F)
2009	Geena Gall, MICH (T) Kara Patterson, PUR (F)
2010	Shavon Greaves, PSU (T) Alicia Rue, MINN (F)
2011	Christina Manning, OSU (T) Beth Rohl, MSU (F)
2012	Christina Manning, OSU (T) Alexis Thomas, OSU (F)
2013	Ashley Spencer, ILL (T) Mara Griva, NEB (F)
2014	Erin Finn, MICH (T) Dani Bunch, PUR (F)
2015	Leah O'Connor, MSU (T)* Thea LaFond, MD (F)
2016	Cindy Ofili, MICH (T) Kelsey Card, WIS (F)*
2017	Devynne Charlton, PUR (T) Sydney Clute, IND (F)
2018	Devynne Charlton, PUR (T) Jahisha Thomas, IOWA (F)
2019	Reanda Richards, RU (F) Laulauga Tausaga, IOWA (F)
2020	None selected~

COACH OF THE YEAR	
1988	Gary Winckler, ILL
1989	Gary Winckler, ILL
1990	Peter Tegen, WIS
1991	Peter Tegen, WIS
1992	Gary Winckler, ILL
1993	James Henry, MICH
1994	James Henry, MICH
1995	Gary Winckler, ILL
1996	Peter Tegen, WIS
1997	Peter Tegen, WIS
1998	James Henry, MICH
1999	Ben Paolillo, PUR
2000	Randy Heisler, IND
2001	Randy Heisler, IND
2002	James Henry, MICH
2003	James Henry, MICH
2004	James Henry, MICH
2005	Gary Winckler, ILL
2006	Gary Wilson, MINN
2007	Gary Winckler, ILL
2008	Beth Alford-Sullivan, PSU
2009	Beth Alford-Sullivan, PSU
2010	Beth Alford-Sullivan, PSU
2011	Karen Dennis, OSU
2012	Karen Dennis, OSU
2013	Beth Alford-Sullivan, PSU
2014	Beth Alford-Sullivan, PSU
2015	Walt Drenth, MSU*
2016	Matt Bingle, MINN
2017	Rolando Greene, PUR*
2018	Matt Bingle, MINN
2019	Karen Dennis, OSU*
2020	None selected~

FRESHMAN OF THE YEAR	
1988	Angie Ryker, IND
1989	Shirley Evans, MSU
1990	Tonja Buford, ILL
1991	Susan Francis, MSU
1992	Kim Kelly, PSU
1993	Tonya Williams, ILL
1994	Alison Morgan, IND
1995	Aspen Burkett, ILL
1996	Kerry Ann Richards, ILL
1997	Tisha Ponder, ILL
1998	Aubrey Schmitt, MINN
1999	Erica Palmer, WIS
2000	Carly Knazze, MICH
2001	Susanna Kallur, ILL
2002	Tahesia Harrigan, MINN
2003	Amarachi Ukarabam, OSU
2004	Peaches Roach, IOWA
2005	Liz Podomnick, MINN
2006	Heather Dorniden, MINN
2007	Bridget Franek, PSU
2008	Emily Pendleton, MICH
2009	Terri Anderson, PUR
2010	Erin Pendleton, MICH
2011	Emily Sisson, WIS
2012	Ashley Spencer, ILL
2013	Alexis Franklin, OSU
2014	Erin Finn, MICH
2015	Katelyn Daniels, MSU
2016	Briana Guillory, IOWA
2017	Danae Rivers, PSU
2018	Ashley Ramacher, MINN
2019	Reanda Richards, RU
2020	None selected~

ATHLETE OF THE CHAMPIONSHIPS^

1988	Suzy Favor, WIS
1989	Leticia Beverly, ILL
1990	Celena Mondie-Milner, ILL
1991	Suzy Favor, WIS
1992	Tonja Buford, ILL
1993	Tonja Buford, ILL
1994	Richelle Webb, MICH
1995	Corissa Yasen, PUR
1996	Tonya Williams, ILL
1997	Kathy Butler, WIS
1998	Tania Longe, MICH
1999	Dominique Calloway, OSU
2000	Donica Merriman, OSU
2001	Angela Craft, PUR
2002	Connie Moore, PSU
2003	Bethany Brewster, WIS
2004	Connie Moore, PSU
2005	Cassie Hunt, ILL
2006	Shana Cox, PSU
2007	Anna Willard, MICH (T)
2008	Bettie Wade, MICH (F)
2009	Shana Cox, PSU (T)
2010	Kara Patterson, PUR (F)
2011	Geena Gall, MICH (T)
2012	Alicia Rue, MINN (F)
2013	Emma Schmelzer, PSU (F)
2014	Bridget Franek, PSU (T)
2015	Aja Evans, ILL (F)
2016	Faith Sherrill, IND (F)
2017	Christina Manning, OSU (T)
2018	Beth Rohl, MSU (F)
2019	Ashley Spencer, ILL (T)
2020	Alexis Thomas, OSU (F)

[^] - beginning in 2006-07, the Big Ten awarded separate honors for Track Athlete of the Year & Championships (denoted with a "T") and Field Athlete of the Year & Championships (denoted with an "F").

* - unanimous selection (NOTE: limited records prior to 2000)

~ - no awards presented (season canceled due to COVID-19 pandemic)

Participant Manual

COMPETITION SCHEDULE OF EVENTS- Friday, May 14 (DAY 1)

8:00 a.m.	Gates open to teams, officials and working staff
10:00 a.m.	Gates open to pass list guests (pending)
10:55 a.m.	National Anthem
11:00 a.m.	Decathlon 100m
11:45 p.m.	Decathlon Long Jump
12:15 p.m.	Heptathlon 100m Hurdles
12:50 p.m.	Heptathlon High Jump
1:00 p.m.	Decathlon Shot Put
1:30 p.m.	Men's Hammer (<i>trials and finals</i>)
1:45 p.m.	Decathlon High Jump
2:50 p.m.	Heptathlon Shot Put
3:00 p.m.	Decathlon 400m
3:30 p.m.	Men's Javelin (<i>trials and finals</i>)
4:00 p.m.	Heptathlon 200m
5:00 p.m.	Women's Pole Vault (<i>trials and finals</i>)**
5:30 p.m.	Women's Hammer (<i>trials and finals</i>)
5:35 p.m.	Men's 400m Hurdles (<i>trials</i>)
5:55 p.m.	Women's 400m Hurdles (<i>trials</i>)
6:15 p.m.	Men's 200m (<i>trials</i>)
6:30 p.m.	Women's 200m (<i>trials</i>)
6:45 p.m.	Men's 1,500m (<i>trials</i>)
7:05 p.m.	Women's 1,500m (<i>trials</i>)
7:30 p.m.	Men' 10,000m *
8:15 p.m.	Women's 10,000m *

* The host school shall provide lighting for the 10,000-meter race, which shall be at least sufficient enough to create a safe running environment (e.g. several mobile floodlights such as those used in parking lots, construction areas, etc. would be sufficient).

** The women's pole vault shall occur on the first day of the outdoor championships in even years, while the men's pole vault shall occur on the first day of the outdoor championships in odd years.

Decathlon and Heptathlon times are approximate, and times may be adjusted based on number of entries. Follow NCAA rule book.



Competition Schedule of Events- Saturday, May 15 (Day 2)

8:00 a.m.	Gates open to teams, officials and working staff
10:30 a.m.	Gates open to pass list guests (pending)
11:25 a.m.	National Anthem
11:30 a.m.	Decathlon 110m Hurdles
12:00 p.m.	Heptathlon Long Jump
12:15 p.m.	Decathlon Discus
1:00 p.m.	Heptathlon Javelin
1:00 p.m.	Decathlon Pole Vault
2:30 p.m.	Men's High Jump (<i>trials and finals</i>)
2:35 p.m.	Men's Discus (<i>trials and finals</i>)
3:00 p.m.	Heptathlon 800m
4:00 p.m.	Men's 400m (<i>trials</i>)
4:15 p.m.	Women's 400m (<i>trials</i>)
4:30 p.m.	Men's 100m (<i>trials</i>)
	Women's Shot Put (<i>trials and finals</i>)
	Decathlon Javelin (<i>Conclusion of M High Jump & M Discus Final</i>)
4:35 p.m.	Women's Long Jump (<i>trials and finals</i>)
	Men's Long Jump (<i>trials and finals</i>)
4:45 p.m.	Women's 100m (<i>trials</i>)
5:10 p.m.	Men's 110m Hurdles (<i>trials</i>)
5:30 p.m.	Women's 100m Hurdles (<i>trials</i>)
5:50 p.m.	Men's 800m (<i>trials</i>)
6:15 p.m.	Women's 800m (<i>trials</i>)
6:35 p.m.	Decathlon 1,500m
6:45 p.m.	Men's 3,000m Steeplechase
7:00 p.m.	Women's 3,000m Steeplechase

Decathlon and Heptathlon times are approximate, and times may be adjusted based on number of entries.
Follow NCAA rule book.



Competition Schedule of Events- Sunday, May 16 (Day 3)

7:00 a.m.	Gates open to teams, officials and working staff
10:00 a.m.	Gates open to pass list guests (pending)
10:55 a.m.	National Anthem
11:00 a.m.	Women's Discus (<i>trials and finals</i>)
	Men's Pole Vault (<i>trials and finals</i>)
12:30 p.m.	Men's Shot Put (<i>trials and finals</i>)
12:45 p.m.	Men's 4x100m Relay (<i>finals</i>)
12:55 p.m.	Women's 4x100m Relay (<i>finals</i>)
1:05 p.m.	Men's 1,500m (<i>finals</i>)
1:15 p.m.	Women's 1,500m (<i>finals</i>)
1:25 p.m.	Men's 110m Hurdles (<i>finals</i>)
1:30 p.m.	Women's Triple Jump (<i>trials and finals</i>)
	Men's Triple Jump (<i>trials and finals</i>)
1:35 p.m.	Women's 100m Hurdles (<i>finals</i>)
1:40 p.m.	Men's 400m (<i>finals</i>)
1:45 p.m.	Women's 400m (<i>finals</i>)
	Women's High Jump (<i>trials and finals</i>)
	Women's Javelin (<i>trials and finals</i>)
1:50 p.m.	Men's 100m (<i>finals</i>)
1:55 p.m.	Women's 100m (<i>finals</i>)
2:03 p.m.	Men's 800m (<i>finals</i>)
2:08 p.m.	Women's 800m (<i>finals</i>)
2:18 p.m.	Men's 400m Hurdles (<i>finals</i>)
2:28 p.m.	Women's 400m Hurdles (<i>finals</i>)
2:35 p.m.	Men's 200m (<i>finals</i>)
2:42 p.m.	Women's 200m (<i>finals</i>)
2:49 p.m.	Men's 5,000m (<i>finals</i>)
3:11 p.m.	Women's 5,000m (<i>finals</i>)
3:33 p.m.	Men's 4x400m Relay (<i>sections if necessary</i>)
3:45 p.m.	Women's 4x400m Relay (<i>sections if necessary</i>)

