



SCHEDULE OF EVENTS

(All Times are Central Standard Time)

MONDAY, NOVEMBER 1

7:00 a.m. Regional online entry forms available on www.DirectAthletics.com

THURSDAY, NOVEMBER 4

4:00 p.m. Deadline for submission of regional entry forms

FRIDAY, NOVEMBER 5

4:00 p.m. Late deadline for submission of regional entries with fine

MONDAY, NOVEMBER 8

11:00 a.m. Regional entries posted on regional website

TUESDAY, NOVEMBER 9

11:00 a.m. Regional box draws are posted on www.NCAA.org
 1:00 p.m. Mandatory Coaches' Meeting

THURSDAY, NOVEMBER 11

9:00 a.m. – 5:00 p.m. Ashton Cross Country Course Available / Team Practice
 Team Packet Pick-up / Declarations
Working staff check-in tent inside main entrance.

FRIDAY, NOVEMBER 12

7:30 a.m. Ashton Cross Country Course Available
 9:40 a.m. Clerking procedure begins for women's race
 10:30 a.m. First gun fired (30 minutes to start)
 10:35 a.m. National Anthem
 10:40 a.m. Second gun fired (20 minutes to start)
 Clerking procedure begins for men's race
 10:50 a.m. Third gun fired (10 minutes to start)
11:00 a.m. Women's 6K Championship Race
 11:30 a.m. First gun fired (30 minutes to start)
 11:40 a.m. Second gun fired (20 minutes to start)
 11:50 a.m. Third gun fired (10 minutes to start)
12:00 p.m. Men's 10K Championship Race
Immediately following second race, recognition of top runners and teams.