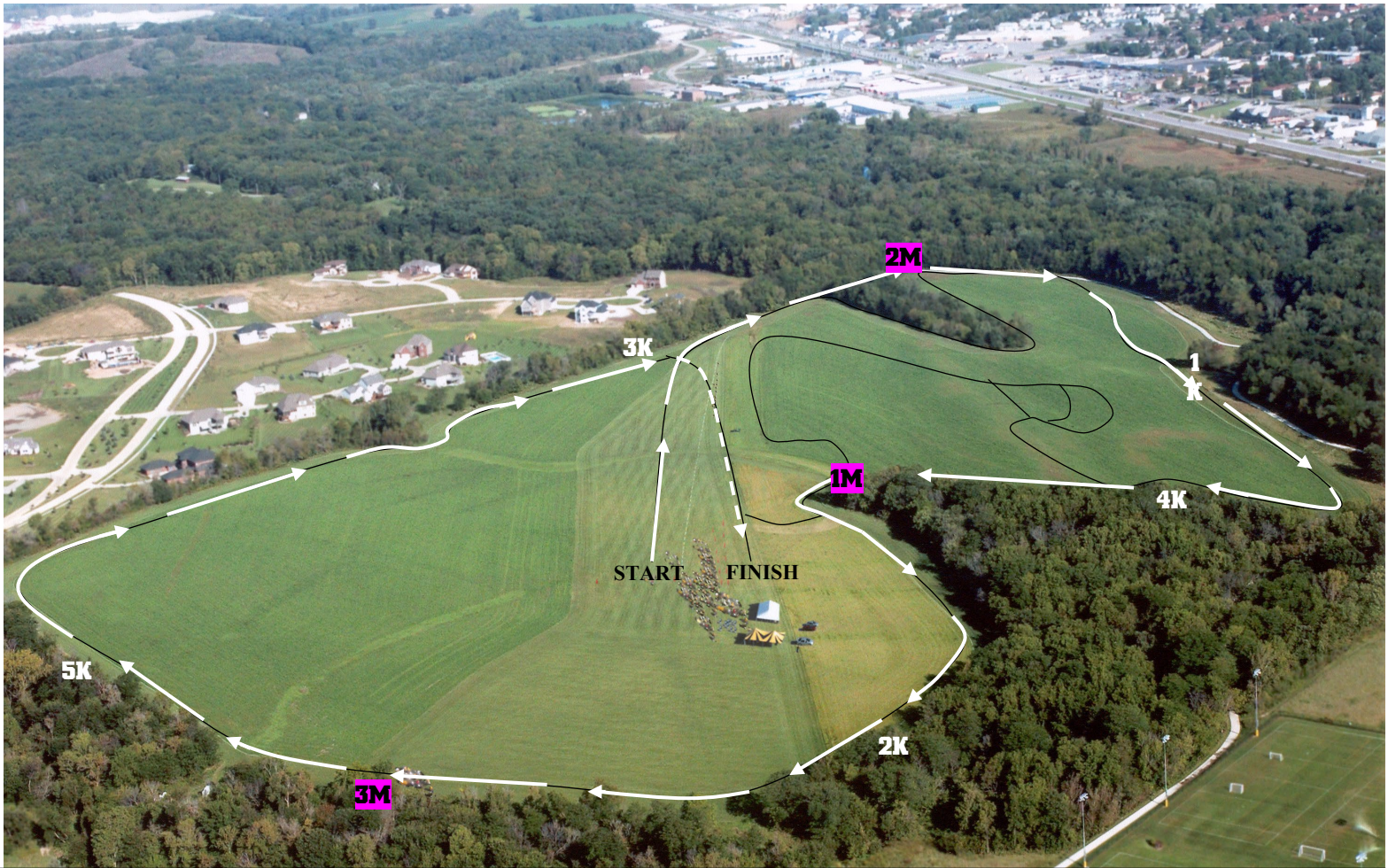


# NCAA CROSS COUNTRY REGIONALS

## ASHTON CROSS COUNTRY COURSE

WOMEN'S 6K • NOVEMBER 12, 2021

The women's 6K race will begin at the starting area designated on the map and will cover 475 meters before making a slight right turn and picking up the outer loop. The women will run two (2) loops of white route, each loop covering a distance of 2,525 meters. At the completion of the second loop, the women will turn right and run 475 meters to the designated finish area, following the dotted white arrows. Markers will be provided at kilometers one (1) through five (5) and miles one (1) through three (3).



### *Route Description*

#### **Women's 6K (White Route)**

- Two (2) loops on the outside in solid white, dotted white line to finish