



# TOGETHER

*Our Way*



I O W A G Y M N A S T I C S



# IOWA WOMEN'S GYMNASTICS

## 2022 MEDIA GUIDE

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#### 2022 SCHEDULE

Jan. 8	Eastern Michigan/Lindenwood	5 p.m.
Jan. 14	Texas Woman's University	6:30 p.m.
Jan. 17	at Georgia	1:30 p.m.
Jan. 22	*at Michigan State	6 p.m.
Jan. 29	*Nebraska	5 p.m.
Feb. 4	*Penn State	6:30 p.m.
Feb. 11	*at Rutgers	6 p.m.
Feb. 18	! at Big Five Meet	6 p.m.
Feb. 25	*at Minnesota	4:30 p.m.
March 4	at Iowa State	6:30 p.m.
March 13	at California	TBA
March 19	\$ at Big Ten Championships	TBA
March 31- April 2	at NCAA Regionals	TBA

*! Meet in Toledo, Ohio | \$ in Columbus, Ohio | All times Central and subject to change*

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#### UNIVERSITY OF IOWA NONDISCRIMINATION STATEMENT

The University of Iowa prohibits discrimination in employment, educational programs, and activities on the basis of race, creed, color, religion, national origin, age, sex, pregnancy, disability, genetic information, status as a U.S. veteran, service in the U.S. military, sexual orientation, gender identity, associational preferences, or any other classification that deprives the person of consideration as an individual. The university also affirms its commitment to providing equal opportunities and equal access to university facilities. For additional information on nondiscrimination policies, contact the Director, Office of Equal Opportunity and Diversity, The University of Iowa, 202 Jessup Hall, Iowa City, IA, 52242-1316, 319-335-0705 (voice), 319-335-0697 (TDD), [diversity@uiowa.edu](mailto:diversity@uiowa.edu).



### QUICK FACTS

#### UNIVERSITY OF IOWA INFORMATION

Location \_\_\_\_\_ Iowa City, Iowa  
Enrollment \_\_\_\_\_ 31,206  
Founded \_\_\_\_\_ 1847  
Nickname \_\_\_\_\_ Hawkeyes  
Colors \_\_\_\_\_ Black and Gold  
Affiliation \_\_\_\_\_ NCAA Division I  
Conference \_\_\_\_\_ Big Ten  
President \_\_\_\_\_ Barbara Wilson  
Director of Athletics \_\_\_\_\_ Gary Barta

#### 2022 TEAM INFORMATION

Letterwinners Returning/Lost \_\_\_\_\_ 15/5  
Newcomers \_\_\_\_\_ 6

#### COACHING STAFF

Head Coach \_\_\_\_\_ Larissa Libby/18th Season  
Alma Mater \_\_\_\_\_ Louisiana State, 1995  
Assistant Coach \_\_\_\_\_ Jessa Hansen Parker/2nd Season  
Alma Mater \_\_\_\_\_ University of Iowa, 2012  
Assistant Coach \_\_\_\_\_ Quest Hayden/1st Season  
Alma Mater \_\_\_\_\_ Penn State, 2018  
Director, Operations \_\_\_\_\_ Ryan Ruckdaschel  
Alma Mater \_\_\_\_\_ University of Iowa, 2019  
Volunteer Assistant \_\_\_\_\_ Rachel David

#### 2021 SEASON INFORMATION

Overall Record \_\_\_\_\_ 15-3-1  
Big Ten Record \_\_\_\_\_ 9-0  
Big Ten Championships Finish (Points) \_\_\_\_\_ t3rd (196.625)  
NCAA Championships Finish (Points) \_\_\_\_\_ --

#### IOWA WOMEN'S GYMNASTICS HISTORY

NCAA All-Americans \_\_\_\_\_ 10  
NCAA Individual Champions \_\_\_\_\_ 1  
NCAA Regional Champions \_\_\_\_\_ 4  
Big Ten Individual Champions \_\_\_\_\_ 16  
Big Ten Individual Event Champions \_\_\_\_\_ 14  
Big Ten All-Around Champions \_\_\_\_\_ 2  
Big Ten Team titles \_\_\_\_\_ 1

#### COMMUNICATIONS INFORMATION

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Website \_\_\_\_\_ www.hawkeyesports.com





# IOWA WOMEN'S GYMNASTICS

## 2022 MEDIA GUIDE

## 2022 ROSTER

Name	Pos.	Yr.	Hometown/High School (Last School)
Alex Bradford	UB, BB, FX	Fr.	Fairfield Township, Ohio/Ohio Connections Academy
Alex Ebeling	BB, FX	Fr.	Adel, Iowa/Adel DeSoto Minburn
Allie Gilchrist	BB, FX	Sr.	Norwalk, Iowa/Norwalk
Alex Greenwald	AA	Sr.	Coral Springs, Fla./Marjory Stoneman Douglas
Lauren Guerin	V, BB, FX	Sr.	Austin, Texas/Texas Connections Academy
JerQuavia Henderson	AA	Jr.	Peoria, Ill./Dunlap
Clair Kaji	UB, BB, FX	Sr.	Vancouver, Canada/Magee Secondary
Adeline Kenlin	AA	So.	Iowa City, Iowa/West Branch
Bridget Killian	V, BB, FX	Sr.	Wheaton, Ill./St. Francis
Caelen Lansing	BB, FX	So.	La Crosse, Wis./Central
Kendall Laplante	AA	So.	Seminole, Fla./Seminole
Kamryn Martinez	V, BB, FX	Fr.	Castle Rock, Colo./Rock Canyon
Kareena Mcsweeny	UB, BB, FX	So.	Cedar Rapids, Iowa/Abeka
Aubrey Nick	AA	So.	Wauconda, Ill./Wauconda
Ellie Rogers	AA	Jr.	Spotsylvania, Pa./Courtland
Marissa Rojas	AA	Fr.	Canton, Mich./Michigan Connections Academy
Allyson Steffensmeier	AA	Jr.	Cedar Rapids, Iowa/John F. Kennedy
Carina Tolan	AA	Sr.	Tinley Park, Ill./Providence Catholic
Mackenzie Vance	V, UB, BB	Sr.	Buda, Texas/Jack C. Hays
Linda Zivat	V, BB, FX	Jr.	Manhattan, Ill./Lincoln-Way West (Michigan State)
Allison Zuhlke	V, UB, BB	So.	Waukesha, Wis./Lake Country Lutheran (Towson University)

### COACHING STAFF

**Head Coach:** Larissa Libby (18th season, LSU, 1996)

**Assistant Coach:** Jessa Hansen Parker (2nd season, University of Iowa, 2012)

**Assistant Coach:** Quest Hayden (1st season, Penn State, 2018)

**Director, Operations:** Ryan Ruckdaschel (1st season, University of Iowa, 2019)

**Volunteer Assistant:** Rachel David

**Athletic Trainer:** Emily Link

**Student Manager:** Carter Dochterman

### PRONUNCIATION GUIDE

Alex <b>Ebeling</b>	Eeb-ling
Allie <b>Gilchrist</b>	Gill-crest
Lauren <b>Guerin</b>	Gair (like hair)-in
<b>JerQuavia</b> Henderson	Jer-kwae-via
Clair <b>Kaji</b>	Kah-gee
<b>Adeline</b> Kenlin	Add-uh-line
Marissa <b>Rojas</b>	Row-haws
Linda <b>Zivat</b>	Ziv-it
Allison <b>Zuhlke</b>	Zull-key

### ROSTER BREAKDOWN

**Class:** Freshman (4), Sophomores (6), Juniors (4), Seniors (7)

**State:** Iowa (5), Illinois (5), Florida (2), Texas (2), Wisconsin (2), Canada (1), Colorado (1), Michigan (1), Ohio (1), Pennsylvania (1)



# IOWA WOMEN'S GYMNASTICS



## PHOTO ROSTER

## 2022 MEDIA GUIDE



Alex Bradford | Fr. | UB, BB, FX



Alex Ebeling | Fr. | BB, FX



Allie Gilchrist | Sr. | BB, FX



Alex Greenwald | Sr. | AA



Lauren Guerin | Sr. | V, BB, FX



JerQuavia Henderson | Jr. | AA



Clair Kaji | Sr. | UB, BB, FX



Adeline Kenlin | So. | AA



Bridget Killian | Sr. | V, BB, FX



Caelen Lansing | So. | BB, FX



Kendall Laplante | So. | AA



Kamryn Martinez | Fr. | V, BB, FX



Kareena Mcsweeney | So. | UB, BB, FX



Aubrey Nick | So. | AA



Ellie Rogers | Jr. | AA



Marissa Rojas | Fr. | AA



Allyson Steffensmeier | Jr. | AA



Carina Tolan | Sr. | AA



Mackenzie Vance | Jr. | V, UB, BB



Linda Zivat | Jr. | V, BB, FX



Allison Zuhlke | So. | V, UB, BB



Larissa Libby | Head Coach



Jessa Hansen Parker | Assistant Coach



Quest Hayden | Assistant Coach



Ryan Ruckdaschel | Director, Operations





# IOWA WOMEN'S GYMNASTICS

## 2022 MEDIA GUIDE

**HEAD COACH LARISSA LIBBY**

Larissa Libby enters her 18th year as head coach, and 22nd year overall, at the University of Iowa in the 2022 season.

During her tenure in Iowa City, the Hawkeyes have been a consistent top 25 team nationally, as she has led the program to 20 straight NCAA Regional appearances (individually or as a team). In 2021, Libby led the Hawkeyes to the Big Ten regular season title — the first in program history.

The three-time Big Ten and two-time NCAA Regional Coach of the Year has coached nine WGCA All-Americans and five first-team All-Americans at the NCAA Championships, including national champion Alexis Maday. Maday was the Big Ten Freshman of the Year in 2001 and the Big Ten Gymnast of the Year in 2004.

Libby has coached 13 Big Ten champions, five NCAA Regional champions, 10 NCAA Championships qualifiers, while 49 student-athletes have earned All-Big Ten honors, including 25 first-team selections.

The Hawkeyes have also excelled in the classroom and has had a strong community presence under Libby's watch. Forty-eight student-athletes have been Academic All-Americans.



Libby led the GymHawks to one of the best seasons in program history in 2021. Iowa finished the regular season with an 8-0 record to claim the first Big Ten title in program history. Iowa posted four of the top 10 scores in school history during the season, including a 197.050 — the second-best score all-time — at the NCAA Tuscaloosa Regional. The Hawkeyes also won the Big Five Meet in Ann Arbor, and finished tied for third at the Big Ten Championships.

Two Hawkeyes — Lauren Guerin and JerQuavia Henderson — shared Big Ten floor titles, making them the third and fourth Big Ten floor champions in school history and the first since 2004. Guerin, Henderson and Clair Kaji were all named to the Big Ten All-Championships team.

Iowa climbed as high as No. 7 in the Road to Nationals rankings — the highest in program history — before finishing the year ranked 17th. Iowa was rated as the No. 1 floor team in the country for much of the year and the group finished fourth nationally. The GymHawks set the school record on floor, scoring a 49.600 in a tri-meet against Minnesota and Maryland on Feb. 13 in Carver-Hawkeye Arena.

Iowa's record-breaking season led to Libby earning Big Coach of the Year honors for the third time in her career and she coached four All-Big Ten selections, including first-teamers Adeline Kenlin, Kaji and Henderson. Kenlin also became the fourth Hawkeye all-time to earn Big Ten Freshman of the Year honors.

For the first time in school history, Iowa had three All-Americans in the same season as Guerin, Henderson and Kenlin all earned the distinction. Guerin was a first-team selection with a national qualifying score of 9.950 on floor. Henderson and Kenlin also tied school records — on floor and beam, respectively — as both athletes posted 9.975 scores (including one perfect 10.000) to tie records previously set in 2004 and 2002.

Iowa was honored early and often in 2021 as the program had a school-record nine Big Ten weekly honors. Kenlin was recognized four times, while Kaji (three) and Guerin (two) were multi-time honorees.

Academically, the Hawkeyes had 11 student-athletes earn Academic All-Big Ten honors, six were Big Ten Distinguished Scholars, and 21 earned Dean's List honors over the course of the fall and spring semester.

During the 2020 season, the Hawkeyes climbed as high as No. 25 in the national rankings before the season was cancelled because of the global coronavirus pandemic. Guerin earned second-team All-America and first-team All-Big Ten honors at season's end.





In 2019, Libby led the GymHawks to a No. 31 national ranking and Big Five session victory. Iowa defeated Arizona in the opening round of the Corvallis Regional behind a 49.200 floor score, but bowed out of the regional in the second round. An influx of young talent provided a spark for the team. Kaji garnered first-team All-Big Ten honors, while senior Nicole Chow and Guerin were second-team selections.

During the 2018 season, Libby led Iowa to its 18th NCAA Regional appearance with a No. 33 national ranking and a 13-win season. The GymHawks finished sixth at the NCAA Regional in Minneapolis with a total of 195.050. Iowa recorded a season-high 196.400 at the Big Ten Championships to finish fourth overall. Sophomore Charlotte Sullivan was named to the All-Championship Team for the first time in her career. During the regular season, Libby coached three GymHawks — Lanie Snyder, Nikki Youd, and Nicole Chow — to second-team All-Big Ten honors. In the classroom, Iowa had a record 11 gymnasts earn Academic All-Big Ten recognition.

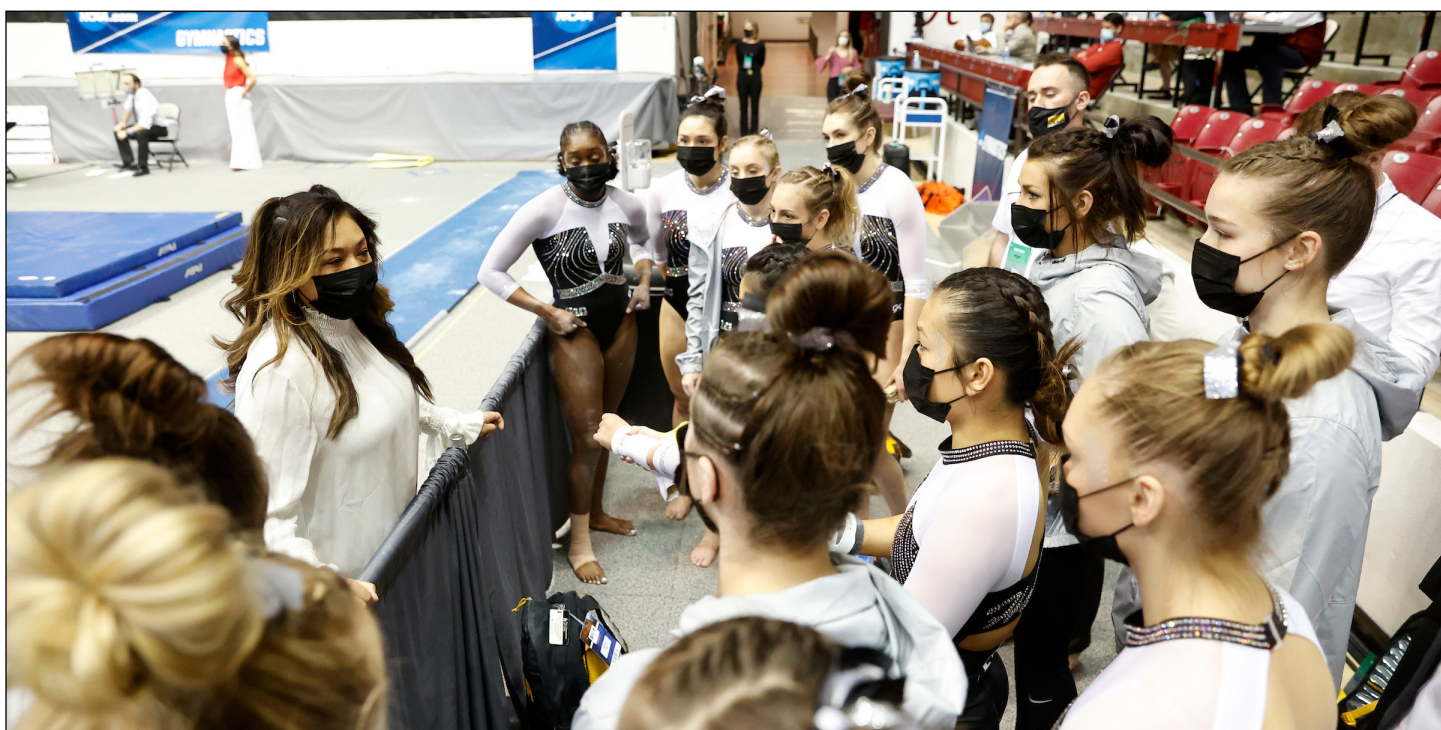
In 2017, Libby was named the Big Ten Coach of the Year after leading the GymHawks to a No. 18 national ranking and an overall record of 25-11, with a conference mark of 13-5. At the Big Ten Championships, Iowa placed third after recording the best championship score in program history with a 196.725. Iowa qualified for the Champaign NCAA Regional, where it finished third with a score of 196.050. At the NCAA Regionals, the GymHawks set the school record on beam with a rotation score of 49.600 — shattering the previous record of 49.425.

Freshman Clair Kaji and senior Angel Metcalf finished on top of the podium in the event with season-bests of 9.950 to advance to the NCAA Championships. Metcalf competed in the all-around (39.3100), while Kaji appeared as a specialist on beam (9.8625).

Under Libby's guidance, the GymHawks compiled a vast list of awards throughout the season. A record five gymnasts — seniors Mollie Drenth and Angel Metcalf, juniors Lanie Snyder and Melissa Zurawski, and Kaji — earned All-Big Ten honors. Drenth, Metcalf and Snyder were also named to the All-Championship Team. The Hawkeyes also had nine student-athletes named Academic All-Big Ten.

In 2016, Libby was named NCAA North Central Region Coach of the Year after coaching the GymHawks to one of the best seasons in program history with 10 wins and a No. 19 national ranking — the program's first top-20 ranking since 2011. The program was selected to host NCAA Regional competition in Iowa City.

Six GymHawks placed in the top 15 for individual events, leading Iowa to a fourth-place finish with a score of 195.450. Libby coached juniors Mollie Drenth and Angel Metcalf to All-Championship team. Drenth was selected to compete at the NCAA Championship as an individual, where she garnered All-America honors by placing third on beam with a score of 9.9125. Drenth was Iowa's first All-American since Alexis Maday in 2004.







# IOWA WOMEN'S GYMNASTICS

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At the Big Ten Championships, Libby coached the team to nine top-20 finishes and a fifth-place finish with a score of 195.875, and senior Alie Glover, Drenth, and Metcalf were named to the All-Big Ten Championship team for a second consecutive year. Six Hawkeyes earned Academic All-Big Ten honors.

In 2015, the GymHawks qualified for NCAA Regionals, marking the program's seventh postseason berth in the last eight years. Five GymHawks placed in the top 15 for individual events, leading Iowa to a fifth place regional finish and a score of 194.475. Libby coached the GymHawks to a season high score of 196.500 at the Big Ten Championships — the team's best championship team result since 2010. Iowa's performance also marked the highest team score for the program at the Big Ten Championships since 2004.

Iowa was ranked in the top 25 for six consecutive weeks during the 2015 season. The GymHawks ended the season at No. 23, marking the program's first Top 25 ranking since 2012. Libby led sophomores Mollie Drenth and Angel Metcalf, junior Alie Glover, and senior Sydney Hoerr, to earn spots on the All-Championship Team. Libby is also responsible for the only other gymnast named to the All-Championship Team (Emma Stevenson, 2012) in program history.

Libby coached Iowa to a 195.775-195.175 victory over in-state rival Iowa State inside Carver-Hawkeye Arena in the team's home finale. The win was the first over the Cyclones since March 8, 2013. Overall, the GymHawks collected eight conference wins, a seven-win improvement from the previous season. Libby coached senior Sydney Hoerr to second-team All-Big Ten honors for the second consecutive year and four student-athletes were Academic All-Big Ten selections.

In 2014, six Hawkeyes were selected for NCAA Regional competition. Sophomore Alie Glover, freshman Angel Metcalf, and junior Sydney Hoerr were selected as all-around competitors, while freshman Jordyn Doherty was chosen to compete on vault and freshman Mollie Drenth competed on floor. Sophomore Maryah Huntley was selected as the alternate behind Drenth on floor. Libby coached Hoerr to second-team All-Big Ten honors, while Hoerr, junior Caitlin Tanzer and sophomore Alie Glover earned Academic All-Big Ten honors.

Libby led Iowa to its sixth-consecutive NCAA postseason appearance, the seventh in her tenure, during her ninth year as head coach in 2013. The Hawkeyes finished sixth in the Norman Regional, posting 194.475. In the regular season, Iowa clinched the Cy-Hawk Series, defeating Iowa State with a season-best, 196.375-194.575. Iowa was the only Big Ten team to down Minnesota, the regular season Big Ten Co-Champions (195.725-195.550).

Under Libby's guidance, Iowa finished its 2013 homestand undefeated. The Hawkeyes recorded their highest-ever average home attendance (1,414), drawing a season-high 2,303 fans against Iowa State. Iowa found success in the classroom as four GymHawks received Academic All-Big Ten honors.

In 2012, the Hawkeyes finished the season ranked 26th nationally, the highest finish since 2004. Libby coached Tesla Cox to second-team All-Big Ten honors and Emma Stevenson to the Big Ten All-Championship Team. The Hawkeyes hosted the Big Ten Championships, drawing a season-high attendance figure of 1,661. Libby led the Hawkeyes to a fifth-consecutive NCAA postseason appearance, where the team posted a 194.600 to finish fifth at the Seattle Regional.



The Hawkeyes raised their streak to four-straight NCAA appearances in 2011 with a fifth place finish at the Corvallis Regional. The team placed sixth and posted an 11-6 record during the season. Libby coached three All-Big Ten selections in Rebecca Simbhudas, Houry Gebeshian, and Jessa Hansen. Simbhudas and Gebeshian also made individual appearances at the NCAA Championships as Simbhudas was named North Central Region Gymnast of the Year.

Libby led Iowa to a third place finish at the 2010 Big Ten Championships — its best finish in six years. On top of another NCAA Regional berth, Libby coached Houry Gebeshian to a Big Ten title on beam, just the second in program history. Gebeshian, Jessa Hansen, and Rebecca Simbhudas were selected to the All-Big Ten team. Additionally, Simbhudas qualified as an individual for the NCAA Championships and earned All-America honors on beam.

In 2009, Libby led her squad to a 10-5 record and was named North Central Region Coach of the Year. The Hawkeyes had two first-team All-Big Ten selections — Houry Gebeshian and Jenifer Simbhudas. In 2008, Libby coached the Hawkeyes to their first NCAA appearance since 2005 and a fifth place finish at the Big Ten Championships. She was selected as Big Ten Coach of the Year and Jenifer Simbhudas was a first-team All-Big Ten selection and a two-time Big Ten Gymnast of the Week. In the classroom, five GymHawks were named Academic All-Big Ten and seven were academic All-Americans.

In 2007, Libby led the Hawkeyes to a number of individual records. Katie Burke earned career-highs on vault, bars, floor, and in the all-around, ending a highly successful season with an NCAA Championship appearance. Kara Pinjuv, Jenifer Simbhudas, and Katie Turcotte all qualified to NCAA Regional competition. In addition to their NCAA success, Burke earned first-team All-Big Ten honors, while Pinjuv, Turcotte, and Simbhudas were second-team selections.

Libby took over as Iowa's head coach in June 2005. She led Iowa to NCAA Regional competition in 2005 and Liz Grajewski was a second-team All-Big Ten honoree. In 2006, three Hawkeyes competed at NCAA Regionals. Prior to taking over as head coach, Libby served as the program's associate head coach in 2004 and was an assistant from 2000-03 where she tutored Maday — an All-American, national champion, and Big Ten Athlete and Big Ten Freshman of the Year.

Before joining the Hawkeyes, Libby served four years as the assistant women's coach at Louisiana State University, her alma mater. While at LSU, she produced nine beam All-Americans, the top-ranked beam team in 1999 and helped coach LSU to four consecutive NCAA Championship team appearances.

As a competitive gymnast in Canada, Libby burst onto the scene at age 11, quickly becoming a junior national champion and a senior national champion shortly after. A member of the 1987 and 1989 Canadian World Championship teams, Libby led the Canadian team to its best-ever sixth-place finish, placing 18th in the world in the all-around and becoming Canada's first ever world vault finalist. Along with world recognition, Libby was also a member of the Canadian Olympic team in 1988. She has earned over 30 international individual and event medals and was honored as the Canadian Gymnast of the Year in 1989 and 1990. In 2006, Libby was honored for her many national and international accomplishments. The Whitby Sports Council, the hometown where Libby began her outstanding career, selected Libby to be inducted into the Whitby Sports Hall of Fame, an honor bestowed on some of Canada's greatest athletes.

Originally from Pickering, Canada, Libby was a collegiate gymnast at Louisiana State. She was a four-year team captain and the Central Region bar champion in 1995. Libby graduated from LSU in 1996, with a bachelor of science degree in psychology and a minor in French. Her husband, Chad, is the program director of athletic training at Coe College. The couple has two daughters, Taylor and Bailey.





# IOWA WOMEN'S GYMNASTICS

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### ASSISTANT COACH JESSA HANSEN PARKER

University of Iowa graduate and former Gymhawk Jessa Hansen Parker is in her second season as an assistant coach with the Iowa women's gymnastics program.

Hansen Parker's first season on the coaching staff was one for the ages, as she helped lead the GymHawks to one of the best seasons in program history in 2021. Iowa finished the regular season with an 8-0 record to claim the first Big Ten title in program history. The team posted four of the top 10 scores in school history during the season, including a 197.050 — the second-best score all-time — at the NCAA Tuscaloosa Regional. The Hawkeyes also won the Big Five Meet in Ann Arbor, and finished tied for third at the Big Ten Championships.

Two Hawkeyes — Lauren Guerin and JerQuavia Henderson — shared Big Ten floor titles, making them the third and fourth Big Ten floor champions in school history and the first since 2004. Guerin, Henderson and Clair Kaji were all named to the Big Ten All-Championships team.

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year and the group finished fourth nationally. The GymHawks set the school record on floor, scoring a 49.600 in a tri-meet against Minnesota and Maryland on Feb. 13 in Carver-Hawkeye Arena.

Hansen Parker coached four All-Big Ten selections, including first-teamers Adeline Kenlin, Kaji and Henderson. Kenlin also became the fourth Hawkeye all-time to earn Big Ten Freshman of the Year honors.

For the first time in school history, Iowa had three All-Americans in the same season as Guerin, Henderson and Kenlin all earned the distinction. Guerin was a first-team selection with a national qualifying score of 9.950 on floor. Henderson and Kenlin also tied school records — on floor and beam, respectively — as both athletes posted 9.975 scores (including one perfect 10.000) to tie records previously set in 2004 and 2002.

Iowa was honored early and often in 2021 as the program had a school-record nine Big Ten weekly honors. Kenlin was recognized four times, while Kaji (three) and Guerin (two) were multi-time honorees.

Academically, the Hawkeyes had 11 student-athletes earn Academic All-Big Ten honors, six were Big Ten Distinguished Scholars, and 21 earned Dean's List honors over the course of the fall and spring semester.







Hansen Parker returned to Iowa City after serving four seasons as an assistant coach and recruiting coordinator at UC Davis. While with the Aggies, Hansen Parker was tabbed as the 2019 Assistant Coach of the Year by the Mountain Pacific Sports Federation (MPSF) and in the West Region by the Women's Collegiate Gymnastics Association.

During the 2019 season, Hansen Parker's beam crew finished with a national-qualifying score of 49.075 to rank 23rd nationally and the team posted two of the program's top six all-time beam scores. Seven of the program's top 10 beam scores (including the top four) and all five of the individual school-record 9.925s came under Hansen Parker's watch.

Hansen Parker coached three NCAA qualifiers and two MPSF balance beam champions — Alexis Brown (2018) and Katy Nogaki (2017) — during her UC Davis tenure. A total of 14 student-athletes garnered All-MPSF honors, including nine first team selections from 2017-20.

Prior to joining the UC Davis staff, Hansen Parker was an assistant coach for three seasons at California Berkeley. During that time, the Golden Bears finished 16th, 18th, and seventh nationally, culminating with a 2016 appearance at the NCAA Championships — just the second in program history.

She helped Alicia Asturias (2014) and Toni-Ann Williams (2015, 2016) to All-America honors, with Williams later becoming the first Cal gymnast to qualify for the Olympic Games.

Hansen Parker also served as a coach for the Emeryville-based Head Over Heels club during her time at Cal. Working with athletes of Levels 3-10, she helped guide teams and individuals to Junior Olympic state, region, and national championships.

Hansen Parker was a four-year letterwinner as a Gymhawk from 2008-12, earning two All-Big Ten, three Academic All-Big Ten, and two Big Ten Sportsmanship Award honors. She was also a NACGC Scholastic All-American from 2010-12, a Dean's List honoree from 2009-11, a Big Ten Distinguished Scholar, and was a part Iowa's Student-Athlete Advisory Committee from 2009-12.

Prior to her collegiate career, Hansen Parker was a teammate with 2008 Olympic gold medalist Shawn Johnson at Chow's Gymnastics, the same club that later produced Team USA members Gabby Douglas and Rachel Govey.

The Des Moines, Iowa, native graduated from the University of Iowa in 2012 with a bachelor's degree in journalism and mass communication and minors in studio art and sport studies. She and her husband, Bryan, were married in 2020.



# **IOWA WOMEN'S GYMNASTICS**

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### **ASSISTANT COACH QUEST HAYDEN**

Quest Hayden is in his first season as an assistant coach with the University of Iowa women's gymnastics program. Hayden joins the Hawkeyes following stints at North Carolina, Michigan and Penn State.

Hayden spent the 2020 season at North Carolina, where he helped the Tar Heels to a No. 41 national ranking. Hayden coached Elizabeth Culton to All-America honors and to an EAGL bar and all-around title. Culton also represented the Tar Heels at the NCAA Athens Regional.

North Carolina opened the season with a school record score of 195.200 against New Hampshire and the program finished 39th nationally on the bars, moving up 11 spots from the 2020 season.

Prior to moving to Chapel Hill, Hayden served as a volunteer assistant at Michigan during the 2020 season. He was named the WCGA Northeast Regional Assistant Coach of the Year after helping the Wolverines to the 2020 Big Ten regular season title. The team posted the top two team scores in program history with a 197.950 at the Elevate the Stage meet in Toledo, Ohio, and a 197.900 at home against New Hampshire.



Hayden spent the 2018-19 season as a volunteer assistant coach at Penn State, helping the Nittany Lions to a 10-9 record and a fifth-place finish at the Big Ten Championships. He also worked for Centre Elite Gymnastics in State College, Pennsylvania, from 2016-19, helping coach bars and spotting on floor, while managing the strength and conditioning program.

Hayden was a member of the United States' 2013 Junior National Team. He competed collegiately at Penn State from 2015-18, where he earned a bachelor's degree in psychology. He was a team captain as a senior and competed on four events during the team's 2015 Big Ten Championship run.



### **DIRECTOR OF OPERATIONS RYAN RUCKDASCHEL**

Ryan Ruckdaschel is in his first season as director of operations for the University of Iowa women's gymnastics program. Ruckdaschel has been associated with the GymHawks since 2016.

Ruckdaschel most recently served as a non-coaching graduate assistant from 2019-21. The GymHawks made history in 2021, winning the first Big Ten title in school history.



During his time in Iowa City, Ruckdaschel has managed and monitored social media accounts for the women's gymnastics program, reaching more than 35,000 followers. He has aided in the growth of the team's social platforms, including an increase of 13,000 Instagram followers.

He has also planned and operated camps, alumni gatherings, in-house events, team retreats, travel, community service, meet-day themes and promotions and on-campus appearances and engagements during his tenure.

Ruckdaschel also served as social media manager for the Iowa Athletics Department in 2019-20 and he was a promotions manager for the department from 2017-19. He joined the GymHawks in 2016 as a student manager, where he assisted in year-round efforts with the program.

The Iowa City, Iowa, native graduated from the University of Iowa with a degree in sport and recreation management in 2019. He also earned his master's degree in sport and recreation management in 2021.





### SUPPORT STAFF



**James Allan |**  
Athletic Communications



**Lindsay Alexander |**  
Strength & Conditioning/Nutrition



**John Bruno |** Academics



**Mason Gunnell |**  
Marketing



**Sarah Lahtinen |**  
Event Management



**Emily Link |** Athletic Training



**Chris Ruth |** Hawk Vision



**Marcus Wilson |** Associate AD  
(Sport Supervisor)



**Abby Wisecup |**  
Athletic Communications



**Kevin Zihlman |**  
Compliance



**Rachel David |**  
Volunteer Assistant



**Carter Dochterman**  
Manager



## MEET THE HAWKEYES

### **Allie Gilchrist** **Senior / Beam/Floor** **Norwalk, Iowa** **Norwalk High School**



**2021 Honors** — Academic All-Big Ten... named to the President's and Dean's List for the fall and spring semesters. **2021** — Competed in four meets on beam and floor... had a season-best 9.775 on beam and a 9.650 on floor at Illinois (1/31).

**2020 Honors** — WCGA Scholastic All-American... Academic All-Big Ten selection... Big Ten Distinguished Scholar. **2020** — Competed in beam and on floor in every meet... recorded a season high 9.775 on beam at Maryland (1/19)... earned a season high 9.850 on floor against West Virginia (3/8).

**2019** — Recorded a season high 9.825 on beam against New Hampshire (1/13)... recorded a season high 9.85 on floor on Feb. 16.

**High School** — Won the beam and floor and placed second in the all-around at the Chows 13th Annual 2016 Winter Classic Invitational... qualified for the Junior Olympic Nationals in 2016 and 2017... won the 2017 Iowa Optional State Championships beam title and placed second in the all-around... won the 2017 Region 4 Championships beam title and was runner-up in the all-around... won the beam title, was runner up on floor, and placed third in the all-around at the 2017 Gymnastics Legends International... finished third in all-around and on floor at the 2017 Kim Zmeskal's Texas Prime Meet... club coaches were Josh Overton, Rebecca Simbhudas, Mike Hillin, Liang Chow, and Liwen Zhuang.

**Personal** — Born Nov. 12, 1999... full name is Alexandra Gilchrist... daughter of Mike Gilchrist and Deb King... has one sibling, Camryn... majoring in accounting.

### **GILCHRIST'S CAREER BESTS**

Vault: --

Bars: --

Beam: 9.825 at New Hampshire, 1/13/19

Floor: 9.850, 2X, last vs. West Virginia, 3/8/20

All-Around: --







# IOWA WOMEN'S GYMNASTICS

## 2022 MEDIA GUIDE

### MEET THE HAWKEYES

**Alex Greenwald**  
**Senior / All-Around**  
**Coral Springs, Fla.**  
**Marjory Stoneman**  
**Douglas High School**



**2021 Honors** — Academic All-Big Ten.

**2021** — Competed in all 11 meets... tied for first on bars in road win at Illinois (9.850)... tied for fourth on floor (9.900) at NCAA Regionals (4/2)... set career-bests on beam and floor... posted a career-best 9.675 at Minnesota (1/15) in season opener... had a career-high score on floor, scoring a 9.925 to help team break school floor record against Maryland/Minnesota (2/13)... had season-bests on vault (9.850) at Big Ten Championships (3/20) and posted a 9.850 on bars against Ohio State (1/23) and at Illinois (1/31).

**2020 Honors** — WCGA Scholastic All-American... Academic All-Big Ten selection. **2020** — Competed on floor in every meet... recorded a season best 9.800 on vault against West Virginia (3/8)... earned a career high 9.875 at Iowa State (3/6)... earned a career high 9.850 against West Virginia (3/8).

**2019** — Scored a season high 9.90 on vault against Washington and Sacramento State (3/8)... recorded a season high 9.725 on floor at the Corvallis Regional — Round 2 (4/5).

**High School** — Four-time qualifier for both level 10 state and region 10 championships... helped lead team to back-to-back state championships in 2016 and 2017... state runner-up for Level 10 in Florida in 2015... 2016 level 10 bars state champion... state champion on vault and floor, runner-up in the all-around for Level 10 in Florida in 2017... finished third on vault at Region 8 Level 10 Regionals in 2015... two-time qualifier for Junior Olympic National Invitational Tournament... all-around champion at the Tim Rand Invitational (37.875) and Sand Dollar Invitational (37.650) in 2017... had a 4.0 grade point average... Student of the Year in nine courses... Parkland Sports Buddies Volunteer... club coaches were Christy Ramirez, Gary Anderson, and Louis Robinson.

**Personal** — Born July 11, 2000... daughter of Mark Greenwald and Christine Hiler... both parents were gymnasts at Kent State... has one sibling, Gabrielle... majoring in human physiology.

#### GREENWALD'S CAREER BESTS

Vault: 9.900 at Washington/Sacramento State, 3/8/19

Bars: 9.875, 2X, last at Iowa State, 3/6/20

Beam: 9.675 at Minnesota, 1/15/21

Floor: 9.925 vs. Maryland/Minnesota, 2/13/21

All-Around: --







## MEET THE HAWKEYES

**Lauren Guerin**  
**Senior / Vault/Beam/Floor**  
**Austin, Texas**  
**Texas Connections**  
**Academy**



**Hawk Item** — Two-time All-American... three-time All-Big Ten selection... three-time Big Ten Specialist of the Week... is tied for fourth in school history on floor with a 9.950.

**2021 Honors** — WCGA first-team All-American — third Hawkeye to earn first-team honors and fifth first-teamer all-time... second-team All-Big Ten selection... Big Ten All-Championships team after winning share of floor title, becoming third Big Ten champion in school history... Iowa March SAAS Student-Athlete of the Month honoree... two-time Big Ten Specialist of the Week honoree (Jan. 18, Feb. 8)... Academic All-Big Ten... named to the Dean's List for the fall semester. **2021** — Competed in all 11 meets on vault and floor... scored 9.900 or higher in nine of 11 meets on floor... shared the floor crown in the season-opener at Minnesota (1/15) with a 9.950... tied for first on floor against Ohio State (1/23) with a 9.925... shared event title on floor (9.950) in win over Minnesota (2/6)... scored a 9.950 on floor in tri-meet against Maryland/Minnesota (2/13), helping team break the school floor record... won the floor (9.900) in helping team to a Big Five Meet (2/27) victory in Ann Arbor... tied a career-high, posting 9.950 four times during the season with the final coming at the Big Ten Championships (3/20).

**2020 Honors** — WCGA All-America second team on floor... first-team All-Big Ten... Big Ten Specialist of the Week (3/12)... Academic All-Big Ten selection. **2020** — Competed on floor in every meet... recorded nine consecutive 9.850 or better scores... recorded a career high 9.950 on floor at Maryland (1/19) to tie the third-best floor score in program history and then matched it two additional times at Penn State (1/25) and against West Virginia (3/8)... finished the season with a 9.920 national qualifying score... recorded a career high 9.850 on beam and 9.925 on vault against Georgia, Oregon St. and Bridgeport (1/3).

**2019 Honors** — Second-team All-Big Ten selection. **2019** — Recorded a season high 9.875 on vault against Oregon State, North Carolina, and Seattle Pacific (3/15)... recorded a season high of 9.90 on floor at Corvallis Regional — Round 1 (4/4).

## 2022 MEDIA GUIDE

**High School** — Placed first on floor (9.700) at Regionals in 2016... placed third on floor (9.600) at state in 2016... recorded a ninth place finish on beam (9.500) and eighth place on floor (9.525) at Nationals in 2016... finished third on floor (9.625) at Regionals in 2017... seventh place finish on floor (9.650) at Nationals in 2017.

**Personal** — Born July 17, 2000... daughter of Noel and Heather Guerin... has one sibling, Meghan... health and human physiology major.

### GUERIN'S CAREER BESTS

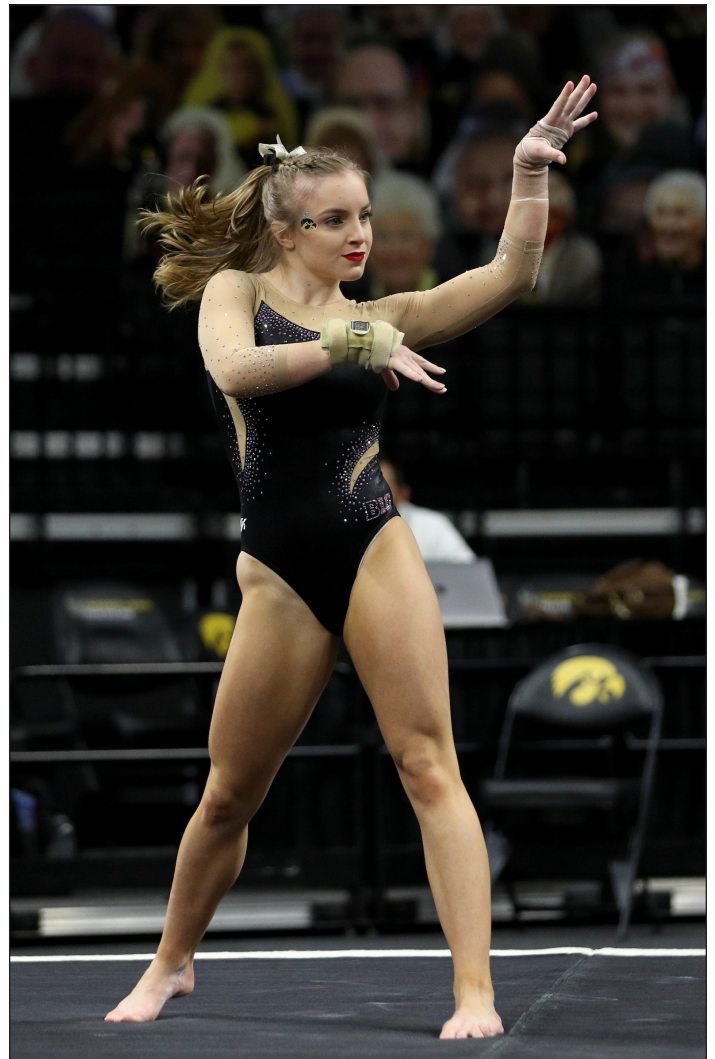
Vault: 9.925 vs. Georgia/Oregon State/Bridgeport, 1/3/20

Bars: --

Beam: 9.850 vs. Georgia/Oregon State/Bridgeport, 1/3/20

Floor: 9.950, 7X, last at Big Ten Championships, 3/20/21

All-Around: --





# IOWA WOMEN'S GYMNASTICS

## 2022 MEDIA GUIDE

### MEET THE HAWKEYES

#### **Clair Kaji**

**Senior / Bars/Beam/Floor**  
**Vancouver, Canada**  
**Magee Secondary**

**Hawk Item** — Three-time All-Big Ten selection... six-time Big Ten weekly award winner... ranks second in school history on beam (9.950) and tied for sixth on bars (9.925).



**2021 Honors** — First-team All-Big Ten selection... Big Ten All-Championships team after finishing as the runner-up on bars... three-time Big Ten Specialist of the Week honoree (Jan. 25, Feb. 1, March 8)... Academic All-Big Ten. **2021** — Competed in all 11 meets on bars, beam and floor... posted a 9.900 or higher eight times on floor, five times on beam and three times on bars... won the beam (9.875) and floor (9.925) in a home victory over Ohio State (1/23)... shared the floor title (9.900) at Illinois (1/31)... tied for first on beam (9.900) in victory over Minnesota (2/6)... scored a 9.900 on floor in tri-meet against Maryland/Minnesota (2/13), helping team break the school floor record... shared the floor title (9.925) in the road victory at Nebraska (2/20)... tied for the event win on the beam (9.950) and tied for second on floor (9.875) in helping team to a Big Five Meet (2/27) win in Ann Arbor... shared floor (9.925) title and tied for second on beam (9.900) in home finale against Illinois (3/6)... tied for the event title on bars (9.925) in road win at Nebraska (3/14)... tied as the runner-up on beam, tying a career-high with a 9.925 at NCAA Regionals (4/2)... also tied for fourth on bars (9.925) in helping team to third-best team score in school history.

**2020 Honors** — WCGA Scholastic All-American... Academic All-Big Ten selection... Big Ten Distinguished Scholar. **2020** — Named to the 2020 Big Ten Women's Gymnasts to Watch List... competed on bars and beam in every meet... recorded a season high 9.875 at Iowa State (3/6)... recorded a season high 9.850 vs. Michigan State (2/14)... recorded a season high 9.900 at Iowa State (3/6).

**2019 Honors** — First-team All-Big Ten selection. **2019** — Earned a season high 9.90 on the bar at Elevate the State/Big Five Meet (2/22)... recorded a season high 9.90 on beam against Minnesota (1/19)... recorded a season high 9.90 on floor against Iowa State (3/1).

**2018 Honors** — Academic All-Big Ten selection. **2018** — Competed in three meets before season was cut short because of injury... tallied a season-high 9.850 on bars and 9.850 on beam vs. Ohio State (1/19)... registered a season-high 9.850 on floor at Arizona State (1/6)... earned one beam title and one floor title during the season.

**2017 Honors** — Second-team All-Big Ten selection... two-time Big Ten Freshman of the Week honoree — Jan. 23, March 6. **2017** — Competed in every meet... recorded a season-high 9.875 on uneven bars at Northern Illinois (1/8)... posted a season-best of 9.925 on floor against Iowa State (3/4)... finished fourth on beam (9.900) at the Big Ten Championships (3/18)... placed fourth on floor (9.850) and tied for first on beam with a season-high 9.950 at NCAA Champaign Regional (4/1)... qualified as beam specialist for NCAA Championships and finished 17th with a score of 9.8625.

**High School** — Made second team at 2010 Nationals and third team at 2011 Nationals (Level 9)... placed first on vault and second on beam at Western Canadian Championship in 2014 (Level 10)... placed second on vault and floor and first on beam and all-around at BC Provincial Championship in 2014 (Level 10)... placed third on bars and floor, second on vault, and first all-around at BC Provincial Championships in 2015 (Level 10)... took part in Canadian National Championships in 2011, 2012, 2014, and 2015... took part in Elite Canada in 2011, 2012, 2014, and 2015... placed sixth all-around to help her team to take home the bronze medal at the 2015 Canada Winter Games.

**Personal** — July 26, 1998... daughter of Cindy and Hideki Kaji... has one brother, Chris... psychology major.

#### **KAJI'S CAREER BESTS**

Vault: --

Bars: 9.925, 3X, last at NCAA Regionals, 4/2/21

Beam: 9.950, 2X, last at Big Five Meet, 2/27/21

Floor: 9.925, 4X, last vs. Illinois, 3/5/21

All-Around: --





### MEET THE HAWKEYES

**Bridget Killian**  
**Senior | Vault/Beam/Floor**  
**Wheaton, Ill.**  
**St. Francis High School**



**2021 Honors** — Academic All-Big Ten... named to the Dean's List for the fall and spring semesters. **2021** — Competed in all 11 meets on vault, beam and floor... tied for second on floor (9.875) in helping team to a Big Five Meet (2/27) victory in Ann Arbor... had a career-best vault (9.875) and beam performance (9.875) at Nebraska (3/13)... scored a 9.850 on floor in tri-meet against Maryland and Minnesota (2/13) to help team to school record in the event.

**2020 Honors** — WCGA Scholastic All-American... Academic All-Big Ten selection... Big Ten Distinguished Scholar... **2020** — Competed on vault, beam, and floor in every meet... recorded a career high 39.025 in the all-around at Maryland (1/19)... earned career high scores in every event.

**2019** — Recorded a season high 9.825 on vault and floor (9.520) against Washington and Sacramento State (3/8)... posted a season high 9.825 on beam at the Big Ten Championships (3/23).

**High School** — Champion on floor and third in the all-around in the 2015 Illinois Level 8, 9, 20 State Championships... finished as state runner-up on floor and in the all-around in the 2016 Illinois Level 8, 9, 10 State Championships... finished as regional champion in all-around and on floor, and runner-up on vault and beam in the 2016 Region 5 Levels 9-10 Championships... two-time qualifier for Junior Olympic Nationals Level 10... named to 2016 Region 5 All-Star Team... finished as runner-up in the all-around and on beam and third on vault at the 2017 Region 5 Level 9 and 10 Championships... member of National Honor Society and Spanish National Honor Society... graduated with a 4.63 GPA... club coaches were Yuejiu Li and Jiana Wu.

**Personal** — Born Oct. 26, 1999... daughter of Patrick and Jackie Killian... has three siblings — Brendan, Kevin, and Sean... majoring in health and human physiology.

#### KILLIAN'S CAREER BESTS

Vault: 9.875, 2X, last at Nebraska, 3/14/21

Bars: 9.650 at Maryland, 1/19/20

Beam: 9.875 at Nebraska, 3/14/21

Floor: 9.900 vs. West Virginia, 3/8/20

All-Around: 39.025 at Maryland, 1/19/20





# IOWA WOMEN'S GYMNASTICS

## 2022 MEDIA GUIDE

### MEET THE HAWKEYES

**Carina Tolan**  
**Senior / All-Around**  
**Tinley Park, Ill.**  
**Providence Catholic**  
**High School**



**2021 Honors** — Academic All-Big Ten... named to the Dean's List during the fall semester. **2021** — Competed in eight meets on vault and bars... posted a career-best 9.850 on bars at the Big Five Meet (2/27)... had a career-best 9.825 on vault at the Big Ten Championships (3/21)... posted a 9.800 at NCAA Regionals (4/2) on vault.

**2020 Honors** — Academic All-Big Ten selection. **2020** — Competed on bars in every meet... recorded a season high 9.775 on vault against Georgia, Oregon State and Bridgeport (1/3).

**2019** — Competed at Washington on vault (9.80) (3/8).

**High School** — Placed fifth on bars (9.250) and beam (9.325) at the 2017 Illinois State Regional competition... finished 13th on vault with a score of 9.250 at Regionals... holds a personal-best 37.425 all-around score and a 9.550 personal best on vault and beam... club coaches were Glen Willmeng, Lynn Kostal, and Kevin Quirk.

**Personal** — Born Aug. 8, 2000... daughter of Michael and Annalee Tolan... has one sibling, Michael... National Honor Society member... health and human physiology major.

#### TOLAN'S CAREER BESTS

Vault: 9.825 at Big Ten Championships, 3/21/21

Bars: 9.850 at Big Five Meet, 2/27/21

Beam: --

Floor: --

All-Around: --







## MEET THE HAWKEYES

**Mackenzie Vance**  
**Senior / Vault/Bars/Beam**  
**Buda, Texas**  
**Jack C. Hays High**  
**School**



**2021 Honors** — Academic All-Big Ten... named to the Dean's List during the fall and spring semesters. **2021** — Competed in six meets on vault and beam, missing a month from Feb. 20-March 20 because of injury... tied a career-high on vault twice, scoring a 9.750 against Ohio State (1/23) and Minnesota (2/6)... hurt following a vault attempt in tri-meet against Maryland/Minnesota (2/13)... posted a career-high 9.875 on beam at NCAA Regionals (4/2).

**2020 Honors** — Academic All-Big Ten selection. **2020** — Competed on beam in every meet... recorded a career high score of 9.800 on bars at the Big Five Meet (2/21)... recorded a career high score of 9.875 at Maryland (1/19).

**2019** — Recorded a season high 9.525 on vault against Southeast Missouri (1/11)... recorded a season high 9.775 on beam against Michigan (2/10)... recorded a season high 9.57 on floor against Auburn (1/4).

## 2022 MEDIA GUIDE

**High School** — Recorded a seventh place finish on floor at state in 2015... placed 12th on bars at state in 2015... graduated in the top five percent in 2018... graduated Magna Cum Laude... National Honor Society member... All-America Honor Roll from 2012-16, 2018... club coaches were Jeff Beal and Chris Connor.

**Personal** — Born May 1, 2000... daughter of Andrea and Tyler Vance... mother was a cheerleader at Pittsburg State and father played football at Pittsburg State and ran track at Coffeyville Community College... has three siblings, Katelynn, Kelly and Alyssa... grandfather played football at Arkansas... health and human physiology major.

### VANCE'S CAREER BESTS

Vault: 9.750, 2X, last vs. Minnesota, 2/6/21

Bars: 9.800 at Big Five Meet, 2/21/20

Beam: 9.875, 2X, last at NCAA Regionals, 4/2/21

Floor: 9.575 at Auburn, 1/4/19

All-Around: 37.125 at Auburn, 1/4/19





# IOWA WOMEN'S GYMNASTICS

## 2022 MEDIA GUIDE

### MEET THE HAWKEYES

***JerQuavia Henderson***  
***Junior / All-Around***  
***Peoria, Ill.***  
***Dunlap High School***

**Hawk Item** — Is tied for the school record on floor (9.975) and is tied for ninth in school history on vault (9.925).

**2021 Honors** — WCGA second-team All-American... first-team All-Big Ten selection... Big Ten All-Championships team after winning share of floor title, becoming fourth Big Ten champion in school history... CGN Comeback Gymnast of the Year. **2021** — Competed in all 11 meets and in the all-around eight times... tied a school record on floor set in 2004, scoring a 9.975 in Iowa's tri-meet against Minnesota and Maryland (2/13), while also posting a career-best on beam (9.875)... performance on floor helped team to school floor record... received a 10.000 from one judge on floor en route to her career-best score... won the all-around and shared the floor title at Illinois (1/31)... scored a 39.325 to win all-around and shared titles on floor (9.900) and vault (9.850)... shared the floor title (9.925) and won the all-around (38.875) in the road victory at Nebraska (2/20)... tied for second on the vault (9.925) in helping the team to a Big Five Meet (2/27) win in Ann Arbor... won the vault (9.875), tied for first on floor (9.925) and was second in all-around (38.600) in the victory over Illinois (3/6)... tied for first on vault (9.900) in road win at Nebraska (3/14)... won on floor (9.925) in the road victory at Nebraska (3/14)... tied for fourth on vault with a career-high 9.925 at the Big Ten Championships (3/20)... shared the floor title (9.925) at the NCAA Regionals (4/2)... placed sixth in all-around (39.250) at Regional.

**2020** — Named to the 2020 Big Ten Women's Gymnasts to Watch List... did not see action.

**High School** — 2016- Level 9/10 Championships: AA 37.325, fourth place... 2016- Level 9 Easter Championships: AA 37.625, second place... 2017- Level 8/9/10 State Championship Meet: AA 37.250, third place... 2017- Level 9/10 Regional Championships: AA 37.95, fourth



place... 2017 JO National Championships: AA 37.85, seventh place... 2018- Level 6/9/1- State Championship Meet: AA 37.600, fifth place... 2018- Level 9/10 Regional Championships: AA 38.225, third place... 2018- JO National Championships: AA 37.700, 18th place... Peoria Journal Star's 2018 Central Illinois Best of Preps: Gymnast of the Year... 2019- Level 6/9/10 State Championship Meet: AA 38.225, third place... 2019- Level 9/10 Regional Championships: AA 37.575, seventh place... 2019- JO National Championships: AA 29.550, 54th place... member of the Best Buddies and Foreign Language Club... club coaches were Kim Brendixen and Brett Hewetson at Gym Corner.

**Personal** — Born July 8, 2001... daughter of Letcha and Kenneth Haywood... has two siblings (Keyaira and Zuri Haywood)... health and human physiology major.

### HENDERSON'S CAREER BESTS

Vault: 9.925, 2X, last at Big Ten Championships, 3/20/21

Bars: 9.825 at Illinois, 1/31/21

Beam: 9.875 Maryland/Minnesota, 2/13/21

Floor: 9.975 Maryland/Minnesota, 2/13/21

All-Around: 39.325 at Illinois, 1/31/21







## MEET THE HAWKEYES

**Ellie Rogers**  
**Junior / All-Around**  
**Spotsylvania, Va.**  
**Courtland High School**



**2021 Honors** — Academic All-Big Ten... named to the Dean's List for the fall semester. **2021** — Competed in eight meets, all on bars... posted a season-high 9.825 twice — in the tri-meet against Maryland/Minnesota (2/13) and at the Big Ten Championships (3/20).

**2020** — Recorded a career high score of 9.875 on bars against West Virginia (3/8).

**High School** — Regional and National qualifier as a freshman... regionals qualifier from sophomore through senior year... Honor Roll all four years... club coaches were Jocelyn Reichert at Oswegoland Park District Gymnastics and Valantina Pintchouk, Lisa Reifschneider, Ryan Goen, and Ashley Holzworth at Paragon Gymnastics.

## 2022 MEDIA GUIDE

**Personal** — Born May 15, 2001... daughter of Pam and Mike Rogers... has one brother, Collin... One brother (Collin)... psychology major.

### ROGERS' CAREER BESTS

Vault: --

Bars: 9.875 vs. West Virginia, 3/8/20

Beam: --

Floor: --

All-Around: --







# IOWA WOMEN'S GYMNASTICS

## 2022 MEDIA GUIDE

### MEET THE HAWKEYES

**Allyson Steffensmeier**  
**Junior / All-Around**  
**Cedar Rapids, Iowa**  
**John F. Kennedy High**  
**School**



**Hawk Item** — Ranks sixth in school history on bars with a 9.925.

**2021 Honors** — Academic All-Big Ten... named to the President's and Dean's List for the fall and spring semesters. **2021** — Competed in nine events on bars... posted a 9.800 or higher in four meets... tied for the event title on bars with a career-best 9.925 in the road victory at Nebraska (3/14)... tied for fifth on bars (9.875) at the Big Ten Championships (3/26)... posted a 9.875 at NCAA Regionals on bars, helping team to third-best score in school history.

**2020 Honors** — WCGA Scholastic All-American. **2020** — Competed on bars in every meet... recorded a 9.925 on bars at Maryland (1/19), tying for sixth in the record books.

**High School** — Junior National Qualifier as a freshman, junior, and senior... placed first in 2019 at the Regionals-AA with a score of 37.259... was runner-up at State-AA in 2019 with a score of 36.075... placed second at Regionals-AA in 2018 with a 37.150... graduated with a 4.47 GPA... volunteered at Humane Society and Salvation Army Bell Ringing... club coach was John Mangold.

**Personal** — Born on April 1, 2001... daughter of Barb Zwack and Jeff Steffensmeier... has two brothers, Adam and Andrew... biomedical sciences major.

#### STEFFENSMEIER'S CAREER BESTS

Vault: 9.800, 2X, last at Iowa State, 3/6/20

Bars: 9.925, 2X, last at Nebraska, 3/14/21

Beam: --

Floor: --

All-Around: --





### MEET THE HAWKEYES

#### **Linda Zivat**

**Junior / Vault/Beam/Floor**

**Manhattan, Ill.**

**Michigan State**

**Lincoln-West High  
School**



**at Michigan State (2020 & 2021)**

— Missed season because of injury.

**High School** — Trained under Marco Bravo and Jessica Holtz at Phenom Gymnastics. . . three-year Level 10 competitor. . . two-time J.O. National Qualifier (2018 & 2019) . . . crowned the 2019 National Vault Champion at the 2019 J.O. National Championships, also placing sixth all-around and fifth place on floor. . . placed fourth all-around at the 2019 Region 5 Level 10 Regionals, finishing second on vault and floor and sixth on bars. . . earned third place all-around at the 2019 Illinois Level 10 State meet, also finishing first on vault and floor and third on bars.

**Personal** — Born March 7, 2001. . . daughter of Paul and Kelly Zivat . . . has an older brother, Tommy. . . majoring in communications.

#### **ZIVAT'S CAREER BESTS**

Vault: --

Bars: --

Beam: --

Floor: --

All-Around: --







# IOWA WOMEN'S GYMNASTICS

## 2022 MEDIA GUIDE

### MEET THE HAWKEYES

**Adeline Kenlin**  
**Sophomore / All-Around**  
**Iowa City, Iowa**  
**West Branch High**  
**School**

Hawk Item – Tied for the school record on beam with a 9.975... also has the second-best score on beam in school history at 9.950.



**2021 Honors** – WCGA second-team All-American, becoming first freshman to earn All-America distinction... Big Ten Freshman of the Year – the fourth Hawkeye to earn the distinction and first since 2001... first-team All-Big Ten selection... four-time Big Ten Freshman of the Week honoree (Jan. 25, Feb. 8, March 1, March 15). **2021** – Competed in all 11 meets, twice performing in the all-around... competed on bars in every meet... tied a school record on beam, last set in 2002, scoring a 9.975 at Nebraska on March 14... received a 10.000 from one judge en route to her career-best score... won her first career event title on rings with a 9.875 against Ohio State (1/23)... won the beam title in the road win at Illinois (1/31)... won the beam (9.950) title in the road win at Nebraska (2/20)... won on beam (9.925) and tied for second on vault (9.825) and bars (9.875) in the home finale against Illinois (3/6)... won the all-around (her first all-around of her career) with a career-best 39.500 and finished first on beam (9.975) in the road win at Nebraska (3/14)... placed fifth in all-around (39.325) at the Big Ten Championships (3/26)... tied a career-high on vault (9.850), bars (9.900) and floor (9.875) at NCAA Regionals (4/2)... bar performance helped team to third-best team score in school history.

**High School** — Named to the Junior U.S. National Team in 2017, leading the team to a gold medal... finished fourth in the all-around... won the all-around at the KPAC National Elite qualifier in 2016 with a 54.600... placed in the top 10 in the all-around at the P&G Championships and was second on balance beam... was also fourth out of 33 gymnasts on the bars... qualified for P&G Championships in 2014, placing 27th overall and 18th on balance beam in junior division... finished ninth in all-around and fifth on balance beam at the 2013 Region 4 Championships... qualified to Level 9 Western Nationals, finishing seventh on beam and fifth on floor... qualified to HOPES pre-elite and won gold medals on uneven bars, beam, floor, and all-around at the 2013 U.S. Challenge... placed seventh in all-around, third on

uneven bars, and second on balance beam at the 2012 state championships... qualified for regional championships where she was first on balance beam, floor, and all-around... placed first on the balance beam and second in all-around at 2011 state championships... made the Diamond TOPs National team in 2009 and the "A" TOPs National Team in 2010 and 2011... received the Social Studies Medal of Honor in 2020... trained at the Iowa Gym-Nest under Paige Roth and Mary Wise.

**Personal** — Born Aug. 3, 2002, in Guanxi, China... daughter of Sara Sanders and JR Kenlin... has three younger siblings, Kjirstin, Josephine, and Soren... mother is the Dean of the College of Liberal Arts and Sciences at St. Olaf College... aunt was a collegiate gymnast at Auburn... majoring in sport and recreation management.

### KENLIN'S CAREER BESTS

Vault: 9.850, 4X, last at NCAA Regionals, 4/2/21

Bars: 9.900, 2X, last at NCAA Regionals, 4/2/21

Beam: 9.975 at Nebraska, 3/14/21

Floor: 9.875, 3X, last at NCAA Regionals, 4/2/21

All-Around: 39.500 at Nebraska, 3/14/21





### MEET THE HAWKEYES

**Caelen Lansing**  
**Sophomore / Beam/Floor**  
**LaCrosse, Wis.**  
**Central High School**

**2021 Honors** – Named to the Dean's List for the fall and spring semesters.

**2021** – Did not see any action.



**High School** — National High School Gymnastics Association All-American as a senior. . . Wisconsin High School Gymnastics Association Gymnast of the Year as a senior. . . Wisconsin High School Gymnastics Association District III Gymnast of the Year as a junior and senior. . . three-time Mississippi Valley Conference Gymnast of the Year (2018, 2019, 2020). . . won the all-around, floor and beam at the MVC meet in 2020. . . first-team all-state on floor in 2018. . . first-team all-conference on all-around, floor, vault, and bars in 2017-18. . . placed fourth at state on floor in 2019. . . all-conference Sportsmanship Award in 2020. . . NHSGA Academic All-American in 2020. . . Gold Level Academic All-State Award honoree in 2018, 2019, and 2020. . . Health Science Academy Student of the Year in 2019-20. . . member of the National Honor Society and Health Science Academy. . . played the harp, flute, and piano and member of marching band and wind ensemble. . . high school coaches were Krystal and Justin Young. . . club coaches at Eagles Gymnastics were Ali Berry, Savana Kettner, and Brittany Gutzkow.

**Personal** — Born Feb. 13, 2003, in La Crosse, Wisconsin. . . daughter of Paul and Kimberly Lansing. . . has an older sister, Lauren. . . mother swam collegiately at Princeton University. . . majoring in pre-medicine.

### LANSING'S CAREER BESTS

Vault: --

Bars: --

Beam: --

Floor: --

All-Around: --







**Kendall Laplante**  
**Sophomore / All-Around**  
**Seminole, Fla.**  
**Seminole High School**

**2021** — Competed in three events. . . scored a career-best 9.750 in her debut at Minnesota (1/15).

**High School** — Two-time Florida State Beam Champion (2017, 2019) . . . also was the Florida State Vault Champion in 2017 . . . two-time Regional and National qualifier (2017, 2019) . . . won all five events at Delta Classic in 2020, won floor and tied for first on vault at 2020 City of Lights, won four events at 2019 Pink Invitational . . . posted four top 10 finishes at Nationals in 2019 (tied for third in all-around (37.825), fifth on beam (9.475), tied for ninth on vault (9.5), and 10th in floor (9.475) . . . finished in top six at state in five events in 2019 . . . first (beam), second (vault, floor), third (all-around), sixth (bars) . . . won beam at 2017 regionals, was second on vault, fourth on floor, and tied for sixth in all-around . . . also was a Florida diving and swimming state qualifier in 2017 . . . National Honor Society, PTK National Honor Society, and finished 2019 & 2020 Top 10 Percent of graduating class . . . member of Senior Student Government in 2020 . . . club coaches were Brad Harris and Diane Amos.

**Personal** — Born Oct. 7, 2002, in Clearwater, Florida . . . daughter of Michael and Michelle Laplante . . . mother was a collegiate swimmer at South Florida . . . has two older brothers, Logan and Garrett . . . human physiology major.

#### LAPLANTE'S CAREER BESTS

Vault: 9.750 at Minnesota, 1/15/21

Bars: --

Beam: 8.850 Maryland/Minnesota, 2/13/21

Floor: --

All-Around: --





### MEET THE HAWKEYES

**Kareena Mcsweeney**  
**Sophomore / Bars/Beam/Floor**  
**Cedar Rapids, Iowa**  
**Abeka High School**

**2021 Honors** — Named to the Dean's List for the spring semester. **2021** — Did not see any action.

**High School** — Won the all-around and floor at the 2019 Iowa State Gymnastics Championships, helping the team to a first-place finish... also finished second on beam and third on bars... placed third on bars and floor and fourth on all-around at 2019 Region 4 Championships... placed 15th on floor at 2019 National Championships... career bests are: 9.575 (floor), 9.175 (vault), 9.375 (beam), 9.5 (uneven bars), and 36.65 (all-around)... club coaches were Dan Miller and Rachel Thompson.

**Personal** — Born Aug. 28, 2001, in Hiawatha, Iowa... daughter of Greg and Jennifer Mcsweeney... has three siblings, Keenan, Mariah, and Cale... majoring in neuroscience.

### MCSWEENEY'S CAREER BESTS

Vault: --  
Bars: --  
Beam: --  
Floor: --  
All-Around: --







# IOWA WOMEN'S GYMNASTICS

## 2022 MEDIA GUIDE

### MEET THE HAWKEYES

**Aubrey Nick**  
**Sophomore / All-Around**  
**Wauconda, Ill.**  
**Wauconda High School**

**2021** — Competed in all 11 meets on beam... scored a career-high 9.825 twice and scored 9.800 or higher four times... her first 9.825 came in the tri-meet against Maryland/Minnesota (2/13)... second came in the road win at Illinois (3/6).

**High School** — Qualified for Nationals in 2018 and 2019.



**Personal** — Born Sept. 9, 2001... daughter of Bill and Christa Nick... has four siblings, Tayler, Madison, Eddy, and Ellary... majoring in health and human physiology.

#### NICK'S CAREER BESTS

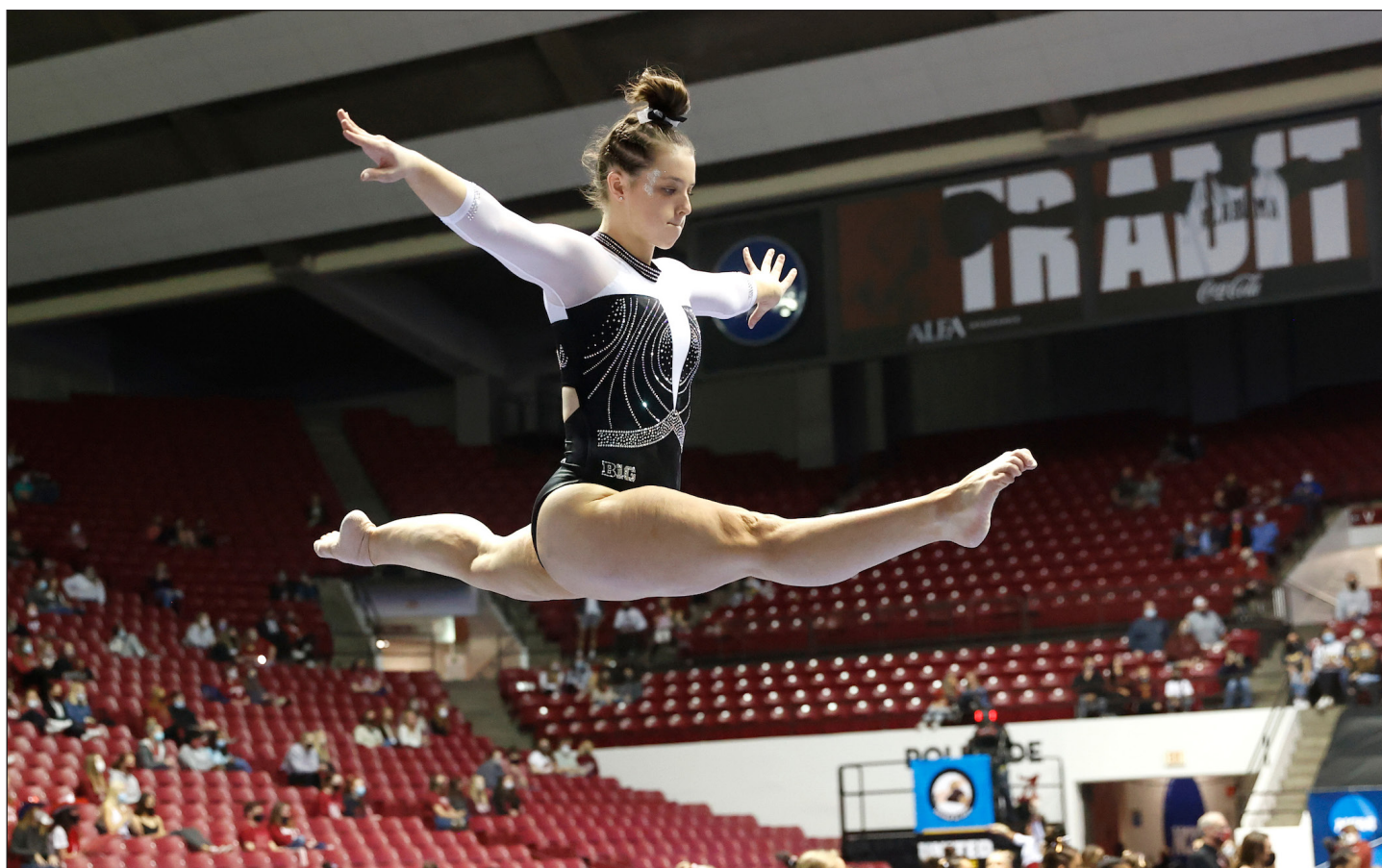
Vault: --

Bars: --

Beam: 9.825, 2X, last at Illinois, 3/6/21

Floor: --

All-Around: --





### MEET THE HAWKEYES

**Allison Zuhlke**  
**Sophomore / Vault/  
Bars/Beam**  
**Waukesha, Wis.**  
**Towson University**  
**Lake Country Lutheran**  
**High School**



**At Towson (2021)** — 2021 EAGL

Rookie of the Year... first-team

All-EAGL on bars and second-team All-EAGL on beam... at the EAGL Championships, she made second-team All-Tournament on bars and was named to the EAGL All-Scholastic Team... twice earned Rookie of the Week honors and consistently competed for the Tigers on bars, beam and vault... made NCAA history by debuting her namesake vault and posted a top-10 program score of 9.900 on bars... named to the Dean's List during the fall and spring semesters... WCGA Academic All-America honoree and All-Scholastic team selection.

**High School** — Qualified to Junior Olympic Nationals three times... has two vaults named after her after competing at J.O. Nationals... finished first at 2018 state meet on beam with a 9.400... placed fourth on floor at J.O. Nationals with a 9.575... named to the National Honors Society... Honor Roll member... competed for Salto Gymnastics under Vitali Rudnitski, Kristen Kremer, Brittany Solberg and Juliet Holden.

**Personal** — Born June 24, 2002, in Oconomowoc, Wisconsin... has two siblings, Mia and Adam... pre-occupational therapy/recreational therapy major.

#### **ZUHLKE'S CAREER BESTS**

Vault: 9.775, 3X, last vs. LIU/New Hampshire/Pittsburgh, 2/26/21

Bars: 9.900 LIU/New Hampshire/Pittsburgh, 2/26/21

Beam: 9.850 George Washington/Temple, 3/5/21

Floor: --

All-Around: --







# IOWA WOMEN'S GYMNASTICS

## 2022 MEDIA GUIDE

### MEET THE HAWKEYES

#### **Alex Bradford**

**Freshman / Bars/Beam/Floor**  
**Fairfield Township, Ohio**  
**Ohio Connections Academy**

**High School** — Competed at 2021 USA Gymnastics Development Program National Championships... 2021 Region 5 National qualifier... placed fifth on floor (9.475), eighth on bars (9.3) and had a 9.2 on beam at 2021 Regionals... won beam and finished second on bars at 2020 Circle of Stars... Level 9 Regional qualifier in 2017... was first on floor and fourth on beam at 2017 Ohio State Championships... competed at Cincinnati Gymnastics Academy... coached by Rachael Gardner, Devin Wright and Cassie Sheets.

**Personal** — Born May 2, 2003... daughter of Brian and Stephanie Bradford... has three siblings, Derek, Devon and Caitlin... majoring in nursing.



#### **Alexa Ebeling**

**Freshman / Beam/Floor**  
**Adel, Iowa**  
**Adel DeSoto Minburn High School**

**High School** — 2019 National qualifier... was runner-up in the all-around at Chow's Challenge with a 37.4... named Chow Gymnastics' Athlete of the Year as a sophomore... personal bests are: floor exercise (9.7), vault (9.525), balance beam (9.65), uneven bars (9.25), all-around (37.4)... high school coach is former Hawkeye Rebecca Simbhudas and Sean Gardner.

**Personal** — Born Sept. 7, 2002... daughter of Pete and Julie Ebeling... has an older sister, Sydney... undecided on major.





## MEET THE HAWKEYES

**Kamryn Martinez**  
**Freshman / Vault/  
Beam/Floor**  
**Castle Rock, Colo.**  
**Rock Canyon High  
School**



**High School** — Tied for fourth on vault, fifth on beam and seventh on floor at the 2021 state meet... helped team to a third place finish in 2021... tied for second on vault, sixth on bars, beam, and all-around and seventh on floor at 2018 state meet, leading team to a fourth place showing... posted four top 13 finishes at 2018 regionals, placing eighth on vault and ninth on beam... also tied for 10th on vault at 2021 regionals... career bests include: 9.150 (floor), 9.750 (vault), 9.125 (beam), 8.525 (bars), 36.425 (all-around)... academic letterwinner all four years... National Honor Society... trained at Incline Gymnastics in Littleton, Colorado, under Christi Damm, Lisa Grenier and Jenn Stanlake.

**Personal** — Born Nov. 4, 2002, in Mesa, Arizona... daughter of Tony and Lori Martinez... has an older brother, Jared... majoring in nursing.



## 2022 MEDIA GUIDE

**Marissa Rojas**  
**Freshman / All-Around**  
**Canton, Mich.**  
**Michigan Connections  
Academy**



**High School** — Two-time regional and national qualifier... placed eighth in all-around at nationals in 2021, finishing with a 38.375... finished second on floor at 2021 regionals (9.6) and posted four top-three finishes at state, placing second on bars (9.6) and vault (9.6) and third in all-around (37.850) and beam (9.4)... competed at the 2021 Women's Development Program National Championships, placing seventh on bars (9.700) ninth on beam (9.475) and eighth in all-around (38.375)... finished fifth in all-around at Region 5 Regional Championships, tying for second on floor (9.600), fifth on bars (9.525), tied for sixth on vault (9.450) and seventh on beam (9.250)... won the all-around at the MAG Classic in Motown... has won eight all-around titles since 2014... career bests including 9.6 (floor), 9.75 (vault), 9.65 (beam), 9.75 (bars) and 38.375 (all-around)... club team was Michigan Academy of Gymnastics... National Honor Society... coaches were Kamilia Gotcheva and Stoytcho Gotchev.

**Personal** — Born April 28, 2003... daughter of Ricardo and Claudia Rojas... has two siblings, Hannah and Ricky... majoring in exercise science.







# IOWA WOMEN'S GYMNASTICS

## 2022 MEDIA GUIDE

### ALL-AMERICANS

#### HAWKEYE ALL-AMERICANS



ALEXIS MADAY | 2002 |  
FIRST TEAM | VAULT, UNEVEN BARS



ALEXIS MADAY | 2003 |  
FIRST TEAM | UNEVEN BARS



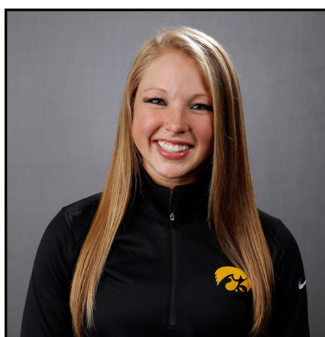
ALEXIS MADAY | 2004 |  
FIRST TEAM | FLOOR



STEPHANIE GRAN | 2004 |  
SECOND TEAM | FLOOR



REBECCA SIMBHUDAS | 2010 |  
SECOND TEAM | BEAM



MOLLIE DRENTH | 2016 |  
FIRST TEAM | BEAM



LAUREN GUERIN | 2020 |  
SECOND TEAM | FLOOR



LAUREN GUERIN | 2021 |  
FIRST TEAM | FLOOR



JERQUAVIA HENDERSON | 2021 |  
SECOND TEAM | FLOOR



ADELINE KENLIN | 2021 |  
SECOND TEAM | BEAM



### HONOR ROLL

#### FIRST-TEAM ALL-AMERICANS

Alexis Maday	2002 (V, UB)
Alexis Maday	2003 (UB)
Alexis Maday	2004 (FX)
Mollie Drenth	2016 (BB)
Lauren Guerin	2021 (FX)

#### SECOND-TEAM ALL-AMERICANS

Stephanie Gran	2004 (FX)
Rebecca Simbhudas	2010 (BB)
Lauren Guerin	2020 (FX)
JerQuavia Henderson	2021 (FX)
Adeline Kenlin	2021 (BB)

#### FIRST TEAM ALL-AMERICANS (AT NCAA CHAMPIONSHIPS)

#### UNEVEN BARS

Alexis Maday	(9.863 (6th) 2002
Alexis Maday	(9.850 (4th) 2003

#### BALANCE BEAM

Mollie Drenth	(9.9125 (3rd) 2017
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#### FLOOR

Alexis Maday	(9.950 (1st) 2004
Stephanie Gran	(9.900 (5th) 2004

### COACHING HONORS

#### REGIONAL COACH OF THE YEAR

Larissa Libby	2009
Larissa Libby	2016

#### REGIONAL ASSISTANT COACH OF THE YEAR

Larissa Libby	2003
Caleb Phillips	2011, 2016
Jennifer Green	2016
Linas Gaveika	2011

### BIG TEN HONORS

#### BIG TEN COACH OF THE YEAR

Mike Lorenzen (co)	2001
Mike Lorenzen (tri)	2004
Larissa Libby (co)	2008
Larissa Libby	2017
Larissa Libby	2021

#### BIG TEN MEDAL OF HONOR

Kim Baker	1996
Alexis Maday	2004

#### BIG TEN GYMNAST OF THE YEAR

Lori Cole	1991
Alexis Maday	2004

#### BIG TEN FRESHMAN OF THE YEAR

Kim Baker	1993
Giselle Boniforti	1998
Alexis Maday	2001
Adeline Kenlin	2021







# IOWA WOMEN'S GYMNASTICS

## 2022 MEDIA GUIDE

### HONOR ROLL

#### ALL-BIG TEN SELECTIONS

##### FIRST TEAM

1985	Wendy Hussar
	Kris Meighan
1989	Robyn Zussman
	Lori Cole
	Tracy Junker
1990	Lori Cole
1991	Lori Cole
	Sandy Stengel
1994	Kim Baker
1995	Kim Baker
1996	Kim Baker
1998	Giselle Boniforti
2000	Giselle Boniforti
2001	Janna Alexandrova
	Stephanie Gran
	Alexis Maday
2002	Corynne Cooper
	Alexis Maday
2003	Alexis Maday
	Annie Rue
2004	Stephanie Gran
	Alexis Maday
2007	Katie Burke
2008	Jenifer Simbhudas
2009	Houry Gebeshian
	Jenifer Simbhudas
2010	Rebecca Simbhudas
2011	Rebecca Simbhudas
	Jessa Hansen
2016	Mollie Drenth
2017	Mollie Drenth
	Angel Metcalf
2019	Clair Kaji
2020	Lauren Guerin
2021	JerQuavia Henderson
	Clair Kaji
	Adeline Kenlin

##### SECOND TEAM

1985	Kris Meighan
1989	Tracy Junker
	Robyn Zussman
1995	Kim Baker
1999	Giselle Boniforti
2003	Stephanie Gran
	Annie Rue
2004	Kortny Williamson
2005	Liz Grajewski
2006	Liz Grajewski
2007	Kara Pinjuv
	Jenifer Simbhudas
	Katie Turcotte
2010	Houry Gebeshian
	Jessa Hansen
2011	Houry Gebeshian
2012	Tesla Cox
	Emma Stevenson
2014	Sydney Hoerr
2015	Sydney Hoerr
2016	Alie Glover
	Angel Metcalf
2017	Clair Kaji
	Lanie Snyder
	Melissa Zurawski
2018	Nicole Chow
	Lanie Snyder
	Nikki Youd
2019	Lauren Guerin
	Nicole Chow
2021	Lauren Guerin

##### ALL-BIG TEN CHAMPIONSHIP TEAM

Mollie Drenth	2015-17
Alie Glover	2015-16
Sydney Hoerr	2015
Angel Metcalf	2015-17
Emma Stevenson (floor exercise)	2012
Lanie Snyder	2017
Charlotte Sullivan	2018
Lauren Guerin	2021
JerQuavia Henderson	2021
Clair Kaji	2021



### HONOR ROLL

#### CGN COMEBACK GYMNAST OF THE YEAR

JerQuavia Henderson \_\_\_\_\_ 2021

#### LOU GINSBERG HUMANITARIAN AWARD

Named for former Hawkeye loyalist and athlete Lou Ginsberg, this award is presented to the student-athlete possessing the humanitarian qualities that include kindness, compassion, empathy, warmth and a commitment to helping others.

Stephanie Smith \_\_\_\_\_ 1987

Martie Janovich \_\_\_\_\_ 1990

Cindy, Cathy Terrell \_\_\_\_\_ 1995

Elizabeth Bryant \_\_\_\_\_ 1999

#### ROBERT F. RAY FACULTY

##### REPRESENTATIVE AWARD

Named for former Dean and UI Faculty Representative to the Big Ten Conference Robert F. Ray, this award is presented to the senior student-athlete who has demonstrated outstanding academic excellence, athletic excellence and leadership. Prior to 1992, a female student-athlete winner was selected every other year.

Kim Baker \_\_\_\_\_ 1996

#### SCHOLAR ATHLETE OF THE YEAR

Each spring at the All-Sports Banquet the member of the senior class sporting the highest grade point average among all student-athletes is named the Scholar Athlete of the Year. Graduating seniors with a cumulative GPA of 3.50 or better are also recognized as members of the All-Academic Team.

Jamie Lynne Headley \_\_\_\_\_ 1992

Kim Baker \_\_\_\_\_ 1996





# IOWA WOMEN'S GYMNASTICS

## 2022 MEDIA GUIDE

### BIG/REGIONAL CHAMPIONS

#### INDIVIDUAL BIG TEN CHAMPIONS

##### ALL-AROUND

Lori Cole	38.050	1991
Alexis Maday	39.650	2001

##### VAULT

Stephanie Gran	9.950	2001
Alexis Maday	9.975	2004

##### UNEVEN BARS

Robyn Gamble	9.950	1997
Giselle Boniforti	9.925	2000
Alexis Maday	9.950	2003

##### BALANCE BEAM

Lori Cole	9.700	1990
Houry Gebeshian	9.950	2010
Mollie Drenth	9.925	2017

#### FLOOR

Lori Cole	9.700	1990
Alexis Maday	9.975	2001
Alexis Maday	9.925	2002
Stephanie Gran	9.950	2003
Alexis Maday	9.950	2004
JerQuavia Henderson	9.950	2021
Lauren Guerin	9.950	2021

#### INDIVIDUAL NCAA REGIONAL CHAMPIONS

##### ALL-AROUND

Alexis Maday	39.450	2002
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##### UNEVEN BARS

Alexis Maday	9.900	2002
Alexis Maday	9.950	2004

##### BALANCE BEAM

Mollie Drenth	9.900	2016
Angel Metcalf	9.950	2017
Clair Kaji	9.950	2017

#### INDIVIDUAL NCAA

##### CHAMPIONSHIP QUALIFIERS

Alexis Maday	AA	2002
Annie Rue	AA	2002
Alexis Maday	UB	2003
Alexis Maday	AA	2004
Katie Burke	AA	2007
Rebecca Simbhundas	AA	2011
Houry Gebeshian	AA	2011
Mollie Drenth	AA	2016
Angel Metcalf	AA	2017
Clair Kaji	BB	2017





### **BIG WEEKLY HONORS**

#### **BIG TEN GYMNAST OF THE MONTH**

Michelle Cahal	Feb. 1991
Lori Cole	March 1991
Molly O'Connner	March 1992
Giselle Boniforti	Jan. 1998

#### **BIG TEN GYMNAST OF THE WEEK**

Alexis Maday	Jan. 24, 2001
Stephanie Gran	Feb. 14, 2001
Stephanie Gran	Feb. 13, 2001
Alexis Maday	March 5, 2002
Alexis Maday	Jan. 22, 2003
Alexis Maday	March 11, 2003
Alexis Maday	Jan. 7, 2004
Alexis Maday	Jan. 21, 2004
Stephanie Gran	Jan. 28, 2004
Stephanie Gran	Feb. 4, 2004
Alexis Maday	Feb. 18, 2004
Alexis Maday	March 2, 2004
Alexis Maday	March 9, 2004
Kortny Williamson	March 11, 2006
Katie Burke	Feb. 28, 2007
Jenifer Simbhudas	Feb. 13, 2008
Jenifer Simbhudas	March 4, 2008
Rebecca Simbhudas	Feb. 23, 2009
Jenifer Simbhudas	March 9, 2009
Rebecca Simbhudas	Feb. 1, 2010
Melissa Zurawski	Jan. 30, 2017

#### **BIG TEN EVENT**

#### **SPECIALIST OF THE WEEK**

Mollie Drenth	March 16, 2015
Lauren Guerin	March 12, 2020
Lauren Guerin	Jan. 18, 2021
Clair Kaji	Jan. 25, 2021
Clair Kaji	Feb. 1, 2021
Lauren Guerin	Feb. 8, 2021
Clair Kaji	March 8, 2021

#### **BIG TEN FRESHMAN OF THE WEEK**

Emma Willis	Jan. 9, 2012
Alie Glover	Feb. 11, 2013
Charlotte Sullivan	Jan. 9, 2017
Clair Kaji	Jan. 23, 2017
Charlotte Sullivan	Feb. 13, 2017
Clair Kaji	March 6, 2017
Adeline Kenlin	Feb. 8, 2021
Adeline Kenlin	March 1, 2021
Adeline Kenlin	March 15, 2021

#### **NIT FIRST TEAM**

Giselle Boniforti	1998
Lori Whitwer	1998
Shruika Sulkar	1998
Angie Hungerford	1998





# **IOWA WOMEN'S GYMNASTICS**

## **2022 MEDIA GUIDE**

### **CHAMPIONSHIP TEAMS**

**2021 BIG TEN REGULAR SEASON CHAMPION / NCAA REGIONAL QUALIFIER**





### ACADEMIC HONORS

#### ACADEMIC ALL-AMERICA

Kim Baker	1996
Katie Burke	2005-06
Meridith Chang	1994
Michelle Conway	2004
Rachel Corcoran	2012
Heather Fomon	2009-10
Kelly Galau	2010
Houry Gebeshian	2009-10
Elizabeth Grajewski	2006
Stephanie Gran	2002-04
Jessa Hansen	2010-12
Andrea Hurlburt	2009-10
Tiffany Kwan	2004
Danielle Legeai	2004
Brandi Loffer	2009
Brittany Logan	2009
Rachel Nash	2009-10
Kara Pinjuv	2006
Annie Rue	2003-05
Melissa Saliba	2003-04
Sandy Stengel	1994
Arielle Sucich	2010
Annie Szatkowski	2009-12
Nicole Wong	2003-04
Allyson Zipse	2005-06

#### ACADEMIC ALL-BIG TEN

Janna Alexandrova	2002
Kim Baker	1994-96
Stephanie Benson	2001-02
Carey Betcher	1990
Misti Blackledge	1993, 1995
Kim Burkard	1987-88
Katie Burke	2005-09
Stacy Burns	1990-92
Opua Calucag	2015-16
Misty-Jade Carlson	2017-19
Erin Castle	2019-21
Meridith Chang	1992, 1994
Tiffany Chapman	1997
Nicole Chow	2017-19
Corynne Cooper	2002
Rachel Corcoran	2010-12
Heather DeAtley	2001-02
Beth Dilick	2005-07
Jenny Donar	2008-10
Jennifer DuBois	1987-88
Jordan Eszlinger	2010-12
Michele Ford	2001-02
Heather Fomon	2010
Kelly Galau	2010

Houry Gebeshian	2010-11
Allie Gilchrist	2020-21
Alie Glover	2016
Joni Goldwasser	1987
Liz Grajewski	2004-06
Stephanie Gran	2002-04
Alex Greenwald	2020-21
Lauren Guerin	2020-21
Jessa Hansen	2010-12
Emma Hartzler	2019, 2021
Carie Hatch	1996-98
Jamie Lynne Hedley	1990-92
Sydney Hoerr	2013-15
Sydney Hogan	2017-19
Angie Hungerford	1999-2002
Andrea Hurlburt	2010-11
Tracy Junker	1989-91
Calir Kaji	2018-21
Maddie Kampschroeder	2019-20
Kelley Kello	2002
Brandy Killian	2002-04
Bridget Killian	2020-21
Annie Kustoff	2018
Tiffany Kwan	2004
Jessica Kyanka	2002
Betsy Lam	1998-2000
Grace Lee	1996-98
Danielle Legeai	2005-07
Mindi Levitz	2002-05
Brittany Logan	2008-09
Alexis Maday	2002
Stephani Martinsen	1992
Caroline McCrady	2015
Jennifer Miermyk	1993
Melissa Miller	2010
Rachel Nash	2010
Maria Ortiz	2017-19
Kara Pinjuv	2007-09
Rose Piorkowski	2017-19
Tawna Rathe	1995
Ellie Rogers	2021
Christine Roselli	1997-99
Annie Rue	2002-05
Megan Ruzicka	2016
Melissa Saliba	2004
Jennie Schurman	2010-11
Becky Sheldon	1992-93
Ashley Smith	2019-20
Lanie Snyder	2016-18
Johanny Sotillo	2016
Allyson Steffensmeier	2021
Sandy Stengel	1992-94

Emma Stevenson	2011-13
Charlotte Sullivan	2018-19
Annie Szatkowski	2010-12
Caitlin Tanzer	2015
Cathy Terrell	1993
Carina Tolan	2020-21
Linda Tremain	1984
Kaitlynn Urano	2011-13
Mackenzie Vance	2020-21
Tessa Walsh	2017
Lori Whitwer	1997-99
Emma Willis	2013
Nicole Wong	2002-04
Nikki Youd	2016-18
Bobbie Zimmerman	2005-06
Ally Zipse	2006-09
Melissa Zurawski	2017-18

#### BIG TEN DISTINGUISHED SCHOLAR

Misty Jade-Carlson	2018-19
Erin Castle	2021
Nicole Chow	2019
Rachel Corcoran	2012
Heather Fomon	2010
Allie Gilchrist	2020-21
Jessa Hansen	2011
Emma Hartzler	2021
Sydney Hoerr	2015
Sydney Hogan	2019
Andrea Hurlburt	2011
Clair Kaji	2020
Maddie Kampschroeder	2019-20
Bridget Killian	2020-21
Rachel Nash	2010
Rose Piorkowski	2018-19
Megan Ruzicka	2016
Ashley Smith	2019-20
Allyson Steffensmeier	2021
Charlotte Sullivan	2018-19
Anna Szatkowski	2010-12
Caitlin Tanzer	2015
Mackenzie Vance	2021
Emma Willis	2013
Melissa Zurawski	2017





# IOWA WOMEN'S GYMNASTICS

## 2022 MEDIA GUIDE

### TEAM SCHOOL RECORDS

#### VAULT

1.	49.525	at Utah	2004
2.	49.450	at Maryland	2004
3.	49.400	at Illinois	2003
4.	49.375	vs. NC State	2004
	49.375	vs. Iowa State	2013

#### UNEVEN BARS

1.	49.425	vs. Illinois State	2001
	49.425	NCAA Regionals	2016
3.	49.375	at Big Five Meet	2019
	49.375	at Big Ten Championships	2021
4.	49.350	vs. Iowa State	2003
	49.350	at Minnesota	2003
6.	49.325	vs. Maryland	2017
	49.325	at Big Five Meet	2017
	49.325	at Southern Utah	2013
	49.325	at Big Five Meet	2015

#### BALANCE BEAM

1.	49.600	NCAA Regionals	2017
2.	49.425	at Illinois State	2004
3.	49.400	Big Ten Championships	2017
4.	9.375	at Ohio State	2017
5.	49.350	at Southern Utah	2003
	49.350	at Illinois	2001

#### FLOOR EXERCISE

1.	49.600	vs. Maryland/Minnesota	2021
2.	49.550	vs. Iowa State	2004
3.	49.525	vs. Iowa State	2017
4.	49.475	at Maryland	2004
	49.475	vs. Michigan	2004
6.	49.450	vs. Minnesota	2004
	49.450	at Washington	2004
	49.450	vs. Minnesota	2021
	49.450	at Nebraska	2021

#### TEAM

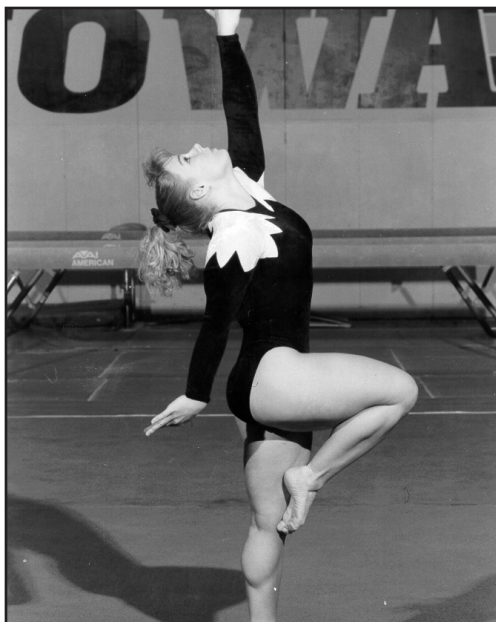
1.	197.150	at Maryland	2004
2.	197.050	at NCAA Regionals	2021
3.	196.900	at Washington	2004
4.	196.850	at Big Ten Championships	2003
5.	196.825	at Nebraska	2021
6.	196.800	at Illinois	2003
	196.800	vs. Minnesota	2021
7.	196.775	vs. NC State	2004
	196.775	vs. Minnesota/Maryland	2021

# IOWA WOMEN'S GYMNASTICS



## INDIVIDUAL SCHOOL RECORDS

## 2022 MEDIA GUIDE



### VAULT

1.	Kim Baker	10.0 (2x)	1996
	Stephanie Gran	10.0 (3x)	2001-03
3.	Alexis Maday	9.975 (2x)	2004
	Stephanie Gran	9.975	2004
5.	Stephanie Gran	9.950 (4x)	2001-04
	Alexis Maday	9.950 (4x)	2002-04
	Kortny Williamson	9.950 (2x)	2004
	Mollie Drenth	9.950	2016
9.	JerQuavia Henderson	9.925 (2X)	2021
	Lauren Guerin	9.925	2020
	Kim Baker	9.925	1995
	Alexis Maday	9.925	2001
	Stephanie Gran	9.925 (3x)	2004
	Kortny Williamson	9.925	2004
	Houry Gebeshian	9.925	2011
	Maya Wickus	9.925	2011
	Emma Willis	9.925	2013
	Alie Glover	9.925	2015
	Mollie Drenth	9.925 (2x)	2016



### UNEVEN BARS

1.	Alexis Maday	9.975 (3x)	2004
2.	Giselle Boniforti	9.950 (3x)	1998, 2000
	Annie Rue	9.950	2003
	Alexis Maday	9.950 (9x)	2002-04
	Angel Metcalf	9.950	2017
6.	JerQuavia Henderson	9.925 (2X)	2021
	Clair Kaji	9.925 (3X)	2021
	Allyson Steffensmeier	9.925 (2X)	2020, 2021
	Giselle Boniforti	9.925 (4x)	1998-01
	Alexis Maday	9.925 (6x)	2001-04
	Annie Rue	9.925	2002
	Mollie Drenth	9.925	2015
	Sydney Hoerr	9.925 (2X)	2013, 2015
	Angel Metcalf	9.925	2017
	Charlotte Sullivan	9.925	2017
	Melissa Zurawski	9.925	2017
15.	Adeline Kenlin	9.900 (2X)	2021
	Giselle Boniforti	9.900 (7x)	1998-01
	Alexis Maday	9.900 (8x)	2001-04
	Brandy Killian	9.900	2001
	Nicole Wong	9.900 (2x)	2003-04
	Annie Rue	9.900	2003
	Brandi Loffer	9.900	2009
	Rebecca Simbhudas	9.900	2011
	Emma Stevenson	9.900 (2x)	2012-13
	Johanny Sotillo	9.900 (3x)	2015-16
	Angel Metcalf	9.900 (4x)	2015-17
	Charlotte Sullivan	9.900 (2x)	2017-18
	Melissa Zurawski	9.900 (2x)	2017-18
	Nicole Chow	9.900	2018
	Clair Kaji	9.900	2019
	Jax Kranitz	9.900	2019

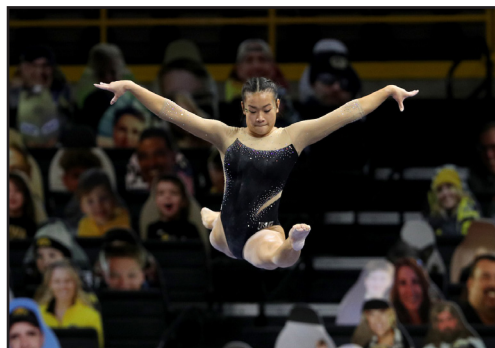




# IOWA WOMEN'S GYMNASTICS

## 2022 MEDIA GUIDE

### INDIVIDUAL SCHOOL RECORDS

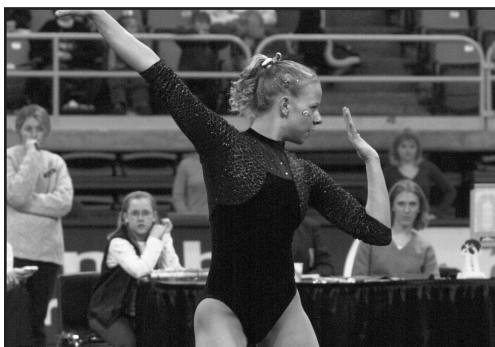


#### BALANCE BEAM

1.	Janna Alexandrova	9.975 (2x)	2001-02
	Adeline Kenlin	9.975	2021
3.	Alexis Maday	9.950	2004
	Houry Gebeshian	9.950	2010
	Mollie Drenth	9.950	2017
	Angel Metcalf	9.950	2017
	Clair Kaji	9.950 (2X)	2017, 2021
	Adeline Kenlin	9.950	2021
9.	Janna Alexandrova	9.925 (3x)	2001-03
	Kelley Kello	9.925	2002
	Stephanie Gran	9.925	2004
	Rebecca Simbhudas	9.925	2009
	Mollie Drenth	9.925 (3x)	2016-17
	Angel Metcalf	9.925	2017
	Nikki Youd	9.925 (2x)	2017
16.	Janna Alexandrova	9.900 (3x)	2001-03
	Stephanie Gran	9.900 (4x)	2001-04
	Jessa Hansen	9.900	2012
	Alexis Maday	9.900 (6x)	2003-04
	Annie Rue	9.900	2003
	Danielle Legeai	9.900	2004
	Houry Gebeshian	9.900 (2x)	2008
	Rebecca Simbhudas	9.900 (4x)	2011
	Alie Glover	9.900	2016
	Mollie Drenth	9.900 (4x)	2015-17
	Angel Metcalf	9.900 (4x)	2015-17
	Clair Kaji	9.900	2017-19
	Charlotte Sullivan	9.900	2017
	Nicole Chow	9.900	2018
	Nikki Youd	9.900	2018

#### FLOOR EXERCISE

1.	Alexis Maday	9.975 (2x)	2001, 04
	Stephanie Gran	9.975	2004
	JerQuavia Henderson	9.975	2021
4.	Lauren Guerin	9.950 (7X)	2020, 2021
	Kim Baker	9.950	1996
	Alexis Maday	9.950 (6x)	2001-04
	Stephanie Gran	9.950 (6x)	2003-04
	Liz Grajewski	9.950	2004
	Jenifer Simbhudas	9.950	2008
	Jessa Hansen	9.950	2011
	Lanie Snyder	9.950	2017
12.	Lauren Guerin	9.925	2020
	Alex Greenwald	9.925	2021
	Alexis Maday	9.925 (9x)	2001-04
	Stephanie Gran	9.925 (9x)	2001-04
	Kortny Williamson	9.925	2004
	Jenifer Simbhudas	9.925 (2x)	2009
	Jessa Hansen	9.925	2011
	Sydney Hoerr	9.925 (2x)	2015
	Alie Glover	9.925	2016
	Clair Kaji	9.925 (4X)	2017, 2021
	Lanie Snyder	9.925	2017-18
	Melissa Zurawski	9.925	2018





### ALL-AROUND

1.	Alexis Maday	39.750	2004
2.	Alexis Maday	39.675	2004
3.	Alexis Maday	39.650 (5x)	2001-04
	Stephanie Gran	39.650	2004
5.	Alexis Maday	39.625	2002
6.	Alexis Maday	39.600	2001
	Stephanie Gran	39.600	2004
8.	Stephanie Gran	39.575	2004
9.	Alexis Maday	39.550 (2x)	2003-04
	Stephanie Gran	39.550	2004
11.	Kim Baker	39.525	1996
	Giselle Boniforti	39.525	1998
	Stephanie Gran	39.525 (2x)	2001, 04
	Alexis Maday	39.525	2003
	Jenifer Simbhudas	39.525	2009
	Rebecca Simbhudas	39.525	2011
17.	Alexis Maday	39.500	2001
	Annie Rue	39.500	2002
	Stephanie Gran	39.500	2003
	Adeline Kenlin	39.500	2021
21.	Mollie Drenth	39.475	2016



# IOWA WOMEN'S GYMNASTICS

## 2022 MEDIA GUIDE

## ALL-TIME RESULTS

### 1977-78 | Head Coach Diane Chapela

#### 17-24 Overall, 2-5 Big Ten

11/11	at Kansas Invitational	2nd/3	112.50
11/19	Iowa Invitational	1st/6	125.10
12/3	at Northern Iowa Invitational	3rd/5	113.20
12/10	at Grand View Invitational	2nd/3	116.64
1/20	Iowa Invitational #2	1st/5	116.70
1/21	at Northwestern Invitational	4th/5	123.05
2/4	at Southwest Missouri Invitational	3rd/3	118.50
2/10	Big Ten Championship	6th/8	126.55
2/27	AAW State Championships	4th/4	118.25
3/10	Region IV Championships	9th/10	115.30

### 1978-79 | Head Coach Diane Chapela

#### 20-16 Overall, 3-4 Big Ten

11/17	at Iowa Invitational	1st/4	121.60
12/2	vs. Indiana State	W	124.10-
12/9	vs. Wisconsin-La Crosse	W	119.65-
1/27	Windy City Invitational	7th/10	114.40
2/3	at Wisconsin Invitational	1st/3	121.65
2/9	Big Ten Championship	5th/8	121.30
2/17	at Illinois State	W	125.85-121.60
2/23	AAW State Championships	4th/6	127.15
3/16	Region IV Championships	4th/8	129.85

### 1979-80 | Head Coach Diane Chapela

#### 21-27 Overall, 3-8 Big Ten

11/18	Iowa Invitational	2nd/8	126.600
11/23	at Midwest Open	4th/4	96.200
12/1	at Minnesota Invitational	2nd/6	126.850
12/8	at Western Illinois Invitational	1st/3	121.250
12/15	at Nebraska	L	124.650-134.850
1/19	at Iowa State	L	123.200-129.475
1/26	at Windy City Invitational	10th/11	
2/2	at Northern Iowa Invitational	1st/4	126.400
2/8	Big Ten Championship	7th/9	
2/15	vs. Illinois State	W	129.100-124.650
2/23	at South Dakota Invitational	1st/3	132.650
3/1	vs. Bowling Green	L	132.060
3/21	Region IV Championships	5th/6	

### 1980-81 | Head Coach Diane Chapela

#### 13-16 Overall, 3-8 Big Ten

11/29	at Midwest Open	3rd/3	121.900
12/6	Iowa Invitational	1st/6	120.200
12/20	vs. Ohio State	L	127.100-136.500
1/16	vs. Indiana State & Western Michigan	3rd/3	124.300
1/24	Iowa Invitational #2	1st/3	126.850
1/31	vs. Indiana	L	128.450-133.250
2/6	vs. Nebraska	L	128.800-133.650
2/7	vs. Wisconsin	W	123.100-116.350
2/19	Big Ten Championships	6th/8	128.400
2/28	vs. Illinois State	W	130.600-130.350
3/8	vs. Missouri & Southern Illinois	3rd/3	131.700
3/17	Region IV Championships	3rd/5	134.950

### 1981-82 | Head Coach Diane Chapela

#### 7-14 Overall, 1-7 Big Ten

11/27	at Midwest Open	4th/5	126.550
12/5	Iowa Invitational	2nd/6	131.800
1/10	at Arizona	L	129.500-136.500
1/24	at Illinois	L	123.600-133.000
2/12	Big Ten Championships	7th/8	127.900
2/20	vs. Illinois State	L	131.800-134.500
3/19	Region IV Championships	2nd/3	128.750

### 1982-83 | Head Coach Diane Chapela

#### - Overall, - Big Ten

12/11	Iowa Invitational	6th/7	156.100
1/15	at San Francisco Invitational	2nd/5	153.150
1/22	vs. Wisconsin	L	163.900-164.850
1/28	at Ohio State Invitational	3rd/3	147.900
2/6	at Illinois State	W	162.950-162.750
2/11	vs. Indiana State	W	145.800-85.650
2/12	at Iowa State Invitational	5th/6	140.700-173.250
2/18	at Wisconsin Invitational	5th/6	133.700
2/25	vs. Northwestern	W	160.600-135.800
2/26	at Western Illinois	L	158.750-170.200
3/11	Big Ten Championships	8th/8	160.600

### 1982-83 | Head Coach Diane Chapela

#### 9-25 Overall, 1-10 Big Ten

12/11	Iowa Invitational	6th/7	156.100
1/15	at San Francisco Invitational	2nd/5	153.150
1/22	vs. Wisconsin	L	163.900-164.850
1/28	at Ohio State Invitational	3rd/3	147.900
2/6	at Illinois State	W	162.950-162.750
2/11	vs. Indiana State	W	145.800-85.650
2/12	at Iowa State	5th/6	140.700-173.250
2/18	at Wisconsin Invitational	5th/6	133.700
2/25	vs. Northwestern	W	160.600-135.800
2/26	at Western Illinois	L	158.750-170.200
3/11	Big Ten Championships	8th/8	160.600

### 1983-84 | Head Coach Diane Chapela

#### 25-11 Overall, 5-7 Big Ten

12/10	Iowa Invitational	3rd/4	167.700
1/11	at Gator Invitational	2nd/4	167.500
1/22	vs. Illinois State	W	172.500-166.900
1/27	vs. Wisconsin	W	172.800-171.650
1/28	vs. Indiana	W	172.950-170.650
2/4	at Wisconsin-La Crosse Invitational	1st/10	172.450
2/9	vs. Illinois	W	169.250-167.100
2/11	at Indiana State	L	173.200-177.000
2/17	at Wisconsin Invitational	1st/5	172.450
2/19	vs. Iowa State	W	169.300-166.050
2/25	vs. Ball State	W	174.650-169.950
2/26	at Northern Illinois	W	173.100-169.150
3/3	at Chicago Circle	W	171.300-168.250
3/9	at Big Ten Championships	8th/8	167.600

### 1984-85 | Head Coach Diane Chapela

#### 17-18 Overall, 2-9 Big Ten

12/6	at Japanese All Stars	L	171.650-181.600
12/7	vs. Illinois State	L	162.050-170.250
12/15	Iowa Invitational	2nd/4	169.600
1/16	at California-Long Beach	L	163.300-166.750
1/20	at Indiana w/ Southeast Missouri State	3rd/3	165.200
1/25	at Iowa State w/ Oklahoma	2nd/3	172.950
1/27	vs. Wisconsin	W	173.600-173.500
2/2	at Wisconsin-La Crosse Invitational	1st/8	171.000
2/15	at Wisconsin Invitational	4th/5	172.600
2/23	vs. Northern Illinois	W	180.100-176.350
3/1	at Chicago Circle Invitational	2nd/3	177.950
3/3	at Northern Michigan	W	177.100-172.250
3/9	vs. Indiana State	W	178.500-177.900
3/15	Big Ten Championships	8th/8	170.2500

### 1986 | Head Coach Diane Chapela

#### 5-16 Overall, 0-9 Big Ten

1/10	at UCLA Invitational	3rd/4	158.600
1/17	at San Jose State w/ Washington	3rd/3	167.700
1/26	vs. Illinois State	W	167.950-164.450
2/1	at Illinois w/ Indiana State	2nd/3	164.900
2/2	vs. Illinois-Chicago	W	170.600-160.600
2/15	at Wisconsin	L	127.350-173.050
2/21	vs. Iowa State	L	164.900-171.250
3/2	at Northern Illinois Invitational	2nd/3	166.350
3/7	vs. Wisconsin	L	173.000-179.440
3/15	vs. Ball State	L	172.600-172.650
3/21	at Big Ten Championships	7th/7	161.000

### 1987 | Head Coach Diane Chapela

#### 11-12 Overall, 2-8 Big Ten

1/10	vs. Missouri	W	171.200-170.250
1/16	at California-Long Beach	W	161.400-154.450
1/25	at Minnesota	L	169.700-179.000
1/31	vs. Northern Illinois	L	176.050-177.600
2/7	at Wisconsin Osh-Kosh Invitational	1st/4	169.100
2/14	at Wisconsin Invitational	2nd/4	173.200
2/20	at Iowa State	W	173.300-172.650
2/22	at Illinois State w/ Winona State	2nd/3	173.300
2/27	at Ball State	W	177.400-171.950
3/8	vs. Wisconsin	L	172.350-180.000
3/14	vs. Illinois-Chicago	W	175.000-167.650
3/20	vs. Illinois	L	176.000-182.000
3/27	at Big Ten Championships	7th/7	173.100
4/3	vs. Illinois Chicago	W	175.350-170.250





### ALL-TIME RESULTS

#### 1988 | Head Coach Diane Chapela

##### 8-11 Overall, 1-8 Big Ten

1/15	at San Jose State	L	167.750-168.600
1/22	at Missouri w/ Southeast Missouri State	2nd/3	175.600
1/30	at Northern Illinois Invitational	2nd/3	172.350
2/4	vs. Ball State	W	176.500-171.400
2/12	at Wisconsin	L	174.700-179.900
2/18	vs. Iowa State	W	177.100-175.550
2/20	vs. Illinois State	W	179.350-174.750
2/27	at Illinois-Chicago	W	170.600-166.850
3/5	vs. Wisconsin	L	177.900-181.300
3/12	at Illinois	L	175.950-182.600
3/24	at Big Ten Championships	6th/7	180.550
4/1	vs. Illinois-Chicago	W	182.500-170.450

#### 1989 | Head Coach Diane Chapela

##### 14-8 Overall, 5-5 Big Ten

1/14	vs. Illinois	W	180.650-178.200
1/16	at Utah w/ Utah State	3rd/3	178.750
1/21	vs. Northern Illinois	W	177.150-174.550
1/28	vs. Southeast Missouri State	W	182.450-173.200
2/4	at New Hampshire Invitational	2nd/4	183.450
2/10	vs. Wisconsin & Southeast Missouri State	1st/3	180.300
2/12	at Illinois State	W	181.150-154.300
2/17	at Iowa State w/ Winona State	1st/3	185.000
2/19	vs. Winona State	W	183.950-176.800
3/4	at Wisconsin w/ Michigan	2nd/3	184.050
3/19	at Big Ten Championships	5th/7	183.800

#### 1990 | Head Coach Diane Chapela

##### 7-14 Overall, 0-9 Big Ten

1/12	at Florida w/ Georgia College	2nd/3	177.500
1/26	vs. Northern Illinois	W	182.900-179.900
2/2	at Michigan w/ Michigan State	3rd/3	176.100
2/11	vs. Missouri	L	182.400-187.350
2/17	at West Virginia Invitational	3rd/4	177.800
2/24	at Illinois	L	180.250-187.150
3/4	vs. Illinois State & Ball State	1st/3	182.750
3/16	vs. Iowa State	W	183.900-182.000
3/23	Big Ten Championships	7th/7	184.100
3/31	at Oklahoma w/ Denver	2nd/3	187.850

#### 1991 | Head Coach Diane DeMarco

##### 10-23 Overall, 7-2 Big Ten

1/11	at Cardinals Classic Invitational	3rd/4	179.450
1/18	at Southeast Missouri State	L	182.500-187.750
1/20	at Missouri Invitational	4th/4	184.350
1/26	at Northern Illinois Invitational	2nd/3	184.150
2/2	at New Hampshire Invitational	5th/5	180.200
2/15	vs. Wisconsin	W	186.950-185.100
2/22	at Iowa State	L	185.600-187.800
3/2	at Wisconsin	L	185.650-187.600
3/7	vs. Iowa State & Central Michigan	3rd/3	184.400
3/9	vs. Michigan	W	188.950-184.850
3/16	at Oklahoma w/ New Mexico	2nd/3	188.750
3/22	at Big Ten Championships	2nd/7	188.250
4/6	at NCAA Regionals	7th/7	186.402

#### 1992 | Head Coach Diane DeMarco

##### 14-18 Overall, 5-9 Big Ten

1/10	at Kentucky Invitational	3rd/4	178.700
1/19	at Missouri Invitational	3rd/5	182.950
1/26	vs. Missouri	W	186.400-185.850
1/31	at Michigan	L	183.950-188.600
2/7	at Iowa State	W	187.900-186.950
2/22	at Hobie's Spartan Invitational	4th/4	184.800
3/8	at Oklahoma Invitational	2nd/4	190.600
3/13	vs. Iowa State	W	189.450-186.300
3/15	vs. Ball State	W	190.650-184.850
3/21	at BYU w/ Utah	3rd/3	188.100
3/27	at Big Ten Championships	4th/7	187.200
4/11	at NCAA Regionals	5th/7	187.350

#### 1993 | Head Coach Diane DeMarco

##### 9-21 Overall, 5-5 Big Ten

1/9	at Cardinals Invitational	4th/5	180.950
1/24	vs. Minnesota	W	188.450-185.150
2/13	at Illinois	W	186.350-183.750
2/19	at Cap'n Crunch Invitational	4th/4	187.100
2/26	at North Carolina State	L	188.550-189.550
2/28	at Iowa State	W	189.000-186.950
3/2	at Missouri w/ North Carolina State	2nd/3	190.250
3/5	vs. Iowa State	W	191.400-188.750
3/7	at Oklahoma Invitational	3rd/4	188.900
3/13	at Michigan State	L	191.000-191.300
3/21	at Big Ten Championships	5th/7	189.650
4/12	at NIT	7th/8	188.750

#### 1994 | Head Coach Diane DeMarco

##### 8-16 Overall, 2-9 Big Ten

1/16	at Shakespeare's Festival	3rd/5	185.450
1/21	at Michigan	L	182.525-191.175
1/29	at Michigan State	L	182.675-187.250
2/4	vs. Northern Illinois	W	188.425-183.175
2/12	at Minnesota w/ Michigan State	3rd/3	186.075
2/24	at Illinois State	L	187.470-188.125
2/27	vs. Illinois	W	188.825-183.475
3/4	at Iowa State	L	185.950-190.200
3/7	vs. Iowa State	L	189.900-190.375
3/13	at Oklahoma Invitational	3rd/5	187.225
3/18	vs. Ball State	W	187.575-183.375
3/26	at Big Ten Championships	6th/7	188.250

#### 1995 | Head Coach Diane DeMarco

##### 4-23 Overall, 3-7 Big Ten

1/22	at Illinois	L	185.250-189.575
1/29	vs. Michigan	L	188.575-194.450
2/5	at Northern Illinois	L	188.550-191.375
2/10	vs. Southeast Missouri State	L	189.550-191.050
2/11	at Iowa State w/ Northern Illinois	3rd/3	188.925
2/24	vs. Illinois State	L	187.850-189.175
2/26	vs. Oklahoma & Minnesota	2nd/3	190.950
3/3	vs. Iowa State	L	190.900-192.075
3/5	vs. Michigan State	W	190.950-190.475
3/18	at Oklahoma Invitational	4th/4	185.875
3/25	at Big Ten Championships	6th/7	189.975
4/15	at NIT	7th/8	188.525

#### 1996 | Head Coach Diane DeMarco

##### 16-17 Overall, 1-9 Big Ten

1/12	at Ball State w/ Eastern Michigan	1st/3	188.350
1/27	at Cap'n Crunch Invitational	3rd/5	188.300
2/3	vs. Northern Illinois	W	192.725-190.500
2/11	at Michigan State Invitational	4th/4	190.725
2/17	vs. Illinois	L	193.375-193.925
2/24	at Minnesota	L	191.825-194.625
2/29	at Iowa State	L	190.400-193.975
3/9	vs. Oklahoma	W	193.675-191.375
3/14	vs. Iowa State	L	193.450-193.525
3/17	at Oklahoma w/ Northern Illinois	2nd/3	190.650
3/22	at Florida Invitational	2nd/4	190.700
3/30	at Big Ten Championships	6th/7	191.725
4/21	at NIT	2nd/8	194.150

#### 1997 | Head Coach Diane DeMarco

##### 8-22 Overall, 1-6 Big Ten

1/17	at California w/ Arizona & Illinois-Chicago	4th/4	1887.875
1/25	vs. Illinois-Chicago	W	189.875-188.925
2/2	vs. Southeast Missouri State Invitational	2nd/4	189.750
2/9	at Northern Illinois	W	188.70-187.125
2/16	vs. Missouri	L	191.300-193.775
2/22	at Illinois	W	193.325-193.125
2/27	at Iowa State	L	191.800-194.675
3/2	vs. Ball State	L	191.375-192.725
3/9	at Corvette Cup	4th/4	189.800
3/14	at Southeast Missouri State	L	193.400-196.025
3/17	vs. Iowa State	L	192.525-194.350
3/22	at Big Ten Championships	7th/7	193.725
4/12	at NIT	5th/8	192.600



# IOWA WOMEN'S GYMNASTICS

## 2022 MEDIA GUIDE

## ALL-TIME RESULTS

### 1998 | Head Coach Diane DeMarco

#### 16-15 Overall, 2-8 Big Ten

1/10	at Maui Invitational	4th/4	184.975
1/23	at Ball State Invitational	2nd/6	189.075
1/25	vs. Minnesota	L	192.400-192.850
1/31	vs. Northern Illinois	L	192.400-193.650
2/14	vs. Michigan State & Missouri	2nd/3	191.725
2/26	at Iowa State	L	190.275-194.725
2/28	at Minnesota	L	191.275-194.125
3/6	vs. Illinois	L	193.400-193.975
3/8	at Corvette Cup	3rd/4	191.250
3/9	Southeast Missouri State w/Illinois State	1st/3	193.125
3/15	vs. Iowa State	L	195.425-195.975
3/21	at Big Ten Championships	5th/7	193.575
4/11	at NIT	2nd/8	193.325

### 1999 | Head Coach Diane DeMarco

#### 5-16 Overall, 0-10 Big Ten

1/9	at Michigan State w/ Missouri & Ball State	4th/4	188.275
1/17	at UC-Santa Barbara	W	184.525-177.800
1/23	at Illinois Invitational	3rd/4	189.675
1/30	vs. Western Michigan w/ Winona State	2nd/3	190.275
2/7	at Northern Illinois w/ Wisconsin-OshKosh	1st/3	190.125
2/13	at Minnesota	L	187.725-194.275
2/26	at Iowa State	L	189.700-194.850
3/5	vs. Minnesota	L	000.000-194.875
3/13	vs. Iowa State	L	45.075-195.350
3/27	at Big Ten Championships	7th/7	136.825

### 2000 | Head Coach Michael Lorenzen

#### 1-17 Overall, 0-10 Big Ten

1/14	at Arizona w/UCLA & Central Michigan	4th/4	190.775
1/29	vs. Northern Illinois	W	192.100-187.325
2/6	vs. Minnesota	L	193.550-195.125
2/10	at Iowa State	L	193.575-196.950
2/19	vs. Illinois	L	193.575-194.375
2/26	at Minnesota	L	191.400-193.450
3/3	vs. Iowa State	L	192.950-195.425
3/5	at Missouri w/ Ball State	3rd/3	190.275
3/12	at Nebraska	L	191.625-196.875
3/18	at Big Ten Championships	7th/7	192.650

### 2001 | Head Coach Michael Lorenzen

#### 13-15 Overall, 6-7 Big Ten

1/6	vs. Southeast Missouri State	W	192.800-187.325
1/13	at Michigan State w/ Central Michigan	1st/3	193.600
1/20	at Michigan w/ Minnesota	2nd/3	194.100
1/27	at Minnesota	L	193.125-194.825
2/2	vs. Iowa State	L	195.925-196.325
2/10	at Hearts Invitational	1st/5	196.125
2/17	vs. Ohio State	W	196.575-194.850
2/24	vs. Illinois State	W	196.675-195.250
3/3	at Illinois	W	196.675-196.150
3/16	at Arizona State w/Nebraska & Kentucky	4th/4	193.425
3/20	at Iowa State	L	193.950-196.400
3/24	at Big Ten Championships	5th/7	195.400
4/7	at NCAA Regionals	5th/6	193.775

### 2002 | Head Coach Michael Lorenzen

#### 11-10 Overall, 6-5 Big Ten

1/13	at Nebraska	L	193.225-194.600
1/19	at Michigan State	W	193.875-191.200
1/26	vs. Iowa State	L	193.175-195.250
2/2	vs. Southern Utah	W	195.100-190.525
2/9	at Southeast Missouri State	W	193.950-193.325
2/17	vs. Minnesota	L	196.100-196.725
2/22	at LSU	L	194.825-196.725
3/2	vs. Illinois	W	195.575-193.750
3/8	at Iowa State	L	196.350-197.225
3/16	at Ohio State	L	195.550-195.900
2/23	at Big Ten Championships	3rd/7	195.550
4/6	at NCAA Regionals	3rd/6	195.475

### 2003 | Head Coach Michael Lorenzen

#### 13-13 Overall, 8-2 Big Ten

1/12	at Georgia	L	193.250-197.000
1/18	vs. Nebraska	L	195.075-197.125
1/31	at Iowa State	L	195.275-196.425
2/8	vs. Michigan State	W	196.550-193.925
2/14	at Oklahoma	L	194.725-196.600
2/22	at Southern Utah	L	195.900-195.975
3/2	at Illinois-Chicago	W	194.725-193.325
3/8	at Illinois	W	196.800-194.000
3/13	vs. Iowa State	L	196.675-195.825
3/22	at Minnesota	W	196.650-196.500
3/29	at Big Ten Championships	2nd/7	196.850
4/12	at NCAA Regionals	2nd/6	195.875
4/24	at NCAA Championships (Session I)	6th/6	193.825

### 2004 | Head Coach Michael Lorenzen

#### 16-14 Overall, 7-2 Big Ten

1/2	at Cancun Classic	2nd/4	195.350
1/17	vs. Iowa State	L	196.950-196.725
1/24	vs. Michigan	W	196.750-196.325
1/31	vs. North Carolina State	W	196.775-93.725
2/6	at Utah	L	195.900-197.650
2/14	at Maryland	W	197.150-196.325
2/20	vs. Illinois State & Illinois-Chicago	1st/3	195.800
2/27	vs. Minnesota	W	196.025-195.750
3/5	at Washington w/Utah	3rd/3	196.900
3/12	at Iowa State	L	195.650-197.575
3/20	at Big Ten Championships	3rd/7	196.500
4/3	at NCAA Regionals	2nd/6	195.700
4/15	at NCAA Championships	6th/6	194.775

### 2005 | Head Coach Larissa Libby

#### 9-23 Overall, 2-7 Big Ten

1/7	at Super Six Challenge	6th/6	190.725
1/15	at Denver	L	191.800-195.100
1/22	vs. Illinois-Chicago	L	190.325-191.125
1/28	at Iowa State Invitational	2nd/4	192.400
2/5	at Illinois Invitational	1st/4	194.250
2/11	at Sweetheart Invitational	2nd/4	193.325
2/19	vs. Iowa State	L	194.150-195.850
2/26	at Minnesota	L	194.425-195.775
3/4	at Michigan	L	194.275-197.800
3/12	at Auburn w/ North Carolina	2nd/3	194.325
3/26	at Big Ten Championships	6th/7	193.000
4/9	at NCAA Regionals	6th/6	192.350

### 2006 | Head Coach Larissa Libby

#### 5-17 Overall, 1-7 Big Ten

1/13	at Oregon State w/ BYU & Florida	4th/4	188.050
1/20	at LSU	L	191.050-195.025
1/28	vs. Iowa State	L	193.375-195.700
2/5	at West Virginia Invitational	3rd/4	192.250
2/10	vs. Denver	L	191.625-192.575
2/18	vs. Illinois	L	193.025-193.850
2/25	at Texas Woman's Invitational	1st/4	194.275
3/5	vs. Minnesota	L	193.075-195.875
3/11	vs. Missouri	L	190.800-192.600
3/17	at Iowa State	L	194.225-197.275
3/25	at Big Ten Championships	6th/7	193.425

### 2007 | Head Coach Larissa Libby

#### 7-14 Overall, 2-9 Big Ten

1/12	vs. LSU	L	192.525-194.875
1/21	at North Carolina State w/ Georgia & Ohio	3rd/3	193.750
1/27	at Illinois	L	193.350-194.725
2/3	vs. N. Illinois w/Winona State & UW Whitewater	1st/4	194.575
2/9	at Alaska	W	192.725-189.675
2/11	at Alaska	W	193.725-188.475
2/18	vs. Oklahoma	L	194.525-195.650
2/24	at Minnesota	W	194.625-193.950
3/2	vs. Southern Utah	W	193.875-192.550
3/4	vs. Iowa State w/ Minnesota	3rd/3	194.275
3/9	at Missouri	L	192.875-194.425
3/17	at Oklahoma	L	193.825-195.475
3/23	at Iowa State w/ Denver	3rd/3	194.500
3/31	at Big Ten Championships	6th/7	192.750



### ALL-TIME RESULTS

#### 2008 | Head Coach Larissa Libby

##### 12-13-1 Overall, 5-5-1 Big Ten

1/4	at Cancun Classic	2nd/4	192.875
1/11	at LSU	L	191.525-195.550
1/18	at Central Michigan	W	193.625-189.650
1/25	vs. Illinois	L	192.975-193.650
2/2	at Southeast Missouri State	W	194.550-193.650
2/9	vs. Ohio State	Tie	195.400-195.400
2/22	at Iowa State	L	198.800-195.125
2/24	vs. Michigan State & Illinois	1st/3	195.575
2/29	vs. Minnesota	W	195.900-194.725
3/2	at Texas Woman's	W	195.075
3/7	vs. Iowa State	W	195.350-192.650
3/14	at Southern Utah	W	195.400-194.725
3/29	at Big Ten Championships	5th/7	194.775
4/12	at NCAA Regionals	6th/6	193.875

#### 2009 | Head Coach Larissa Libby

##### 9-16 Overall, 2-8 Big Ten

1/9	vs. LSU & Southeast Missouri State	3rd/3	191.375
1/17	at Michigan State w/ Illinois State & W. Virginia	1st/4	194.350
1/24	at Illinois	W	194.950-194.400
1/31	at Texas Woman's w/UW-Whitewater	1st/3	195.050
2/7	at Ohio State	L	194.250-195.225
2/12	at Iowa State	W	194.375-193.875
2/16	vs. Iowa State	W	194.675-194.000
2/20	at Southern Utah	L	194.275-195.675
2/28	vs. Maryland	W	194.875-192.175
3/6	vs. Kentucky	W	196.525-194.875
3/14	vs. Minnesota	L	195.125-196.750
3/21	at Big Ten Championships	7th/7	195.450
4/4	at NCAA Regionals	6th/6	19.625

#### 2010 | Head Coach Larissa Libby

##### 12-14 Overall, 5-7 Big Ten

1/9	at Michigan w/Bowling Green	2nd/3	193.200
1/15	vs. Michigan State & Illinois-Chicago	2nd/3	192.225
1/23	at Penn State w/Cornell & Yale	2nd/4	192.175
1/30	vs. Illinois	L	192.950-195.225
2/6	vs. Ohio State	W	194.925-193.025
2/21	vs. Iowa State	L	193.825-194.475
2/26	vs. Minnesota	L	194.200-194.625
3/5	at Iowa State	W	195.175-194.150
3/7	vs. Southern Utah	W	195.300-194.475
3/12	at LSU	L	195.400-197.150
3/19	at Southeast Missouri State	L	193.625-195.125
3/27	at Big Ten Championships	3rd/7	195.575
4/10	at NCAA Regionals	5th/6	194.900

#### 2011 | Head Coach Larissa Libby

##### 11-15 Overall, 3-8 Big Ten

Date	Opponent	Finish	Score
1/7	at Michigan State w/Michigan & W. Michigan	2nd/4	193.825
1/15	at Minnesota	L	195.325-194.825
1/22	vs. Michigan	W	195.375-194.900
1/29	at Illinois	L	193.475-194.775
2/6	at North Carolina State	L	194.375-194.850
2/11	vs. Denver	W	196.500-196.200
2/13	vs. Wisconsin-Stout	W	195.300-183.200
2/18	at Iowa State	L	195.850-196.350
2/25	vs. Iowa State	W	195.450-195.200
2/27	at Master's Classic	2nd/4	195.500
3/5	vs. Northern Illinois	W	195.950-193.425
3/19	at Big Ten Championships	6th/7	194.850
4/2	at NCAA Regionals	5th/6	193.925

#### 2012 | Head Coach Larissa Libby

##### 14-15-1 Overall, 2-10-1 Big Ten

1/6	at Cancun Classic	4th/5	193.875
1/13	vs. Michigan State	W	193.225-190.175
1/21	vs. Illinois	Tie	195.075-195.075
1/27	at Iowa State	L	194.550-194.900
2/3	vs. Penn State	L	195.150-195.800
2/10	at Ohio State	L	196.125-194.425
2/17	vs. Iowa State	W	194.150-192.275
2/24	vs. Minnesota	L	194.100-196.250
3/3	at Texas Woman's w/BYU & SEMO	1st/4	195.875
3/9	at LSU	L	195.700-196.300
3/17	at Denver w/Minnesota & Arizona State	3rd/4	194.500
3/24	at Big Ten Championships	7th/8	194.600
4/7	at NCAA Regionals	5th/6	194.600

#### 2013 | Head Coach Larissa Libby

##### 9-18 Overall, 3-12 Big Ten

1/11	vs. Ball State	W	193.375-193.125
1/19	at Ohio State	L	194.200-194.925
1/26	at Penn State w/Pittsburgh & Rutgers	2nd/4	195.325
2/2	at Michigan	L	195.200-196.675
2/8	vs. Michigan State w/ Illinois-Chicago	1st/3	195.875
2/16	at Illinois	L	195.875-195.975
2/22	vs. Minnesota	W	195.725-195.550
3/4	at Nebraska	L	194.950-197.675
3/8	vs. Iowa State	W	196.375-194.575
3/15	at Southern Utah w/San Jose State & Ball State	2nd/4	195.025
3/23	at Big Ten Championships	8th/8	193.400
4/6	at NCAA Regionals	6th/6	194.475

#### 2014 | Head Coach Larissa Libby

##### 3-22 Overall, 1-12 Big Ten

1/11	vs. Utah State	L	191.650-191.750
1/17	at Ball State	L	188.872-189.975
1/80	at Georgia	L	194.675-197.400
1/24	vs. Nebraska	L	193.250-196.450
1/31	at Illinois	L	195.050-196.475
2/7	at Michigan State	L	193.750-194.150
2/14	vs. Ohio State	L	195.075-195.275
2/23	vs. Illinois-Chicago	W	195.125-193.800
2/28	at Boise State	L	195.350-196.975
3/7	at Iowa State	L	192.775-195.925
3/15	at Big Quad Meet	4th/4	194.750
3/22	at Big Ten Championships	7th/8	195.375
4/5	at NCAA Regionals	5th/6	194.475

#### 2015 | Head Coach Larissa Libby

##### 13-17 Overall, 8-11 Big Ten

1/9	at LSU	L	193.300-197.125
1/18	vs. Ball State & Michigan State	2nd/3	194.425
1/24	at Ohio State	L	195.225-196.200
1/30	vs. Maryland	W	195.725-195.275
2/7	at Nebraska	L	195.175-197.325
2/14	vs. Illinois	L	196.370-196.970
2/21	at Denver w/BYU	2nd/3	195.850
2/28	at Minnesota w/New Hampshire	1st/3	195.000
3/6	vs. Iowa State	W	195.775-195.175
3/14	at Big Five Meet	4th/5	196.425
3/21	at Big Ten Championships	5th/10	196.500
4/4	at NCAA Regionals	5th/6	194.475

#### 2016 | Head Coach Larissa Libby

##### 15-11-1 Overall, 9-5-1 Big Ten

1/2	at Cancun Classic	3rd/3	192.350
1/9	at Northern Illinois	W	194.500-192.825
1/15	at Michigan State	W	194.900-192.575
1/18	vs. Denver	L	194.725-195.900
2/23	vs. Ohio State	W	196.375-195.025
1/31	at Maryland	W	196.275-195.500
2/6	vs. Nebraska	W	196.650-196.350
2/13	at Illinois	W	196.275-195.125
2/20	vs. Towson	W	194.150-191.800
2/27	at Denver w/SE Missouri & Illinois-Chicago	2nd/4	196.075
3/4	at Iowa State	L	196.000-196.025
3/12	at Big Five Meet	4th/5	196.650
3/19	at Big Ten Championships	15/10	195.875
4/2	at NCAA Regionals	4th/6	195.450

#### 2017 | Head Coach Larissa Libby

##### 21-10 Overall, 17-3 Big Ten

1/8	at N. Illinois w/Lindenwood & W. Michigan	2nd/4	194.200
1/13	vs. Michigan State	W	195.475-193.875
1/15	vs. California	L	195.500-194.400
1/21	at Ohio State	W	196.175-195.525
1/29	vs. Maryland	W	195.975-193.800
2/5	at Nebraska	L	195.725-196.825
2/11	vs. Illinois & Illinois-Chicago	1st/3	196.475
2/17	at GWU w/Maryland, Pittsburg, & William & Mary	1st/5	196.400
2/19	at LSU w/George Washington	3rd/3	194.200
2/24	at BYU	W	196.550-196.425
3/4	vs. Iowa State	W	196.725-195.300
3/11	at Big Five Meet	2nd/5	196.400
3/18	at Big Ten Championships	3rd/10	196.725
4/1	at NCAA Regionals	3rd/6	196.050





# IOWA WOMEN'S GYMNASTICS

## 2022 MEDIA GUIDE

### ALL-TIME RESULTS

#### 2018 | Head Coach Larissa Libby

##### 13-18 Overall, 12-7 Big Ten

1/6	at Arizona State w/Iowa State & Auburn	4th/4	193.000
1/13	at Michigan State	W	193.375-192.900
1/19	vs. Ohio State	W	195.725-195.300
1/25	at Maryland	W	196.000-195.350
2/2	at Illinois	L	195.150-195.325
2/10	vs. Nebraska	L	194.900-195.675
2/16	vs. Ball State	W	195.775-194.825
2/23	at Southern Utah	L	195.775-195.850
3/2	at Southeast Missouri State	W	195.500-192.750
3/4	at Texas Woman's	L	195.525-195.575
3/9	at Iowa State w/Missouri	3rd/3	195.600
3/17	at Big Five Meet	2nd/5	195.275
3/24	at Big Ten Championships	4th/10	196.400
4/7	at NCAA Regionals	6th/6	195.050

#### 2019 | Head Coach Larissa Libby

##### 13-18 Overall, 12-7 Big Ten

1/4	at Auburn	L	193.225
1/11	vs. S.E. Missouri	W	194.700-180.925
1/13	at New Hampshire	L	193.500-193.950
1/19	at Minnesota	L	194.350-195.475
1/26	vs. Rutgers	W	194.575-191.625
2/2	at Ohio State	L	194.775-195.000
2/10	at Michigan	L	195.375-197.350
2/16	vs. Illinois	L	195.400-195.650
2/22	at Big Five Meet	1/5	196.450
3/1	vs. Iowa State	L	196.250-196.275
3/8	at Washington w/ Sac. State	2nd/3	195.300
3/15	at Oregon State w/ UNC and SPU	2nd/4	195.425
3/23	at Big Ten Championships	6th/10	196.075
4/4	at NCAA Regionals	W	195.850-194.550

#### 2020 | Head Coach Larissa Libby

##### 5-9 Overall, 2-7 Big Ten

1/3	vs. Bridgeport, Georgia, Oregon State	3/4	192.700
1/11	vs. Air Force/Ball State	1/3	195.550
1/19	at Maryland	L	196.125-195.675
1/25	at Penn State	L	196.125-195.675
2/1	vs. Michigan State	W	195.450-195.300
2/8	at Minnesota	L	196.825-196.175
2/14	vs. Michigan	L	196.800-195.975
2/21	at Big Five (Toledo)	4/5	195.725
3/6	at Iowa State	W	196.425-196.225
3/8	vs. West Virginia	W	196.750-196.175
3/13	vs. Western Michigan	--	Canceled
3/15	at California	--	Canceled
3/21	at Big Ten Championships	--	Canceled

#### 2021 | Head Coach Larissa Libby

##### 15-3-1 Overall, 9-0 Big Ten

1/15	at #11 Minnesota	L	196.450-197.025
1/23	#13 Ohio State	W	196.550-193.800
1/31	at #18 Illinois	W	196.235-195.600
2/6	#11 Minnesota	W	196.800-196.325
2/13	#12 Minnesota	NTS	--
2/13	#29 Maryland	W	196.775-195.350
2/20	at #39 Nebraska	W	195.850-195.100
2/27	at Big Five Meet	1st	196.100
3/6	#19 Illinois	W	196.450-196.225
3/14	at #35 Nebraska	W	196.825-196.100
3/20	at Big Ten Championships	T3rd	196.625
4/2	at NCAA Regionals	3rd	197.050