

# LARRY WIECZOREK INVITATIONAL

JANUARY 21 - 22, 2022 • IOWA CITY, IOWA

## FRIDAY EVENTS

TIME	EVENT	FLIGHTS / HEATS
1:00 PM	Weight Throw (HTRC Indoor Turf)	Women (2)
3:00 PM	High Jump	Men / Women
3:30 PM	Weight Throw (HTRC Indoor Turf)	Men (1)
4:00 PM	Long Jump	Men (1) / Women (1)
<b>4:00 PM</b>	<b>IPF OPEN FOR WARM-UPS</b>	
4:45 PM	Infield open for 600m + 200m warm-ups	
5:00 PM	3,000m Unseeded	Women (1)
5:00 PM	Shot Put (HTRC Indoor Turf)	Women (1)
5:15 PM	600m	Men (4)
5:25 PM	200m	Women (4)
5:35 PM	200m	Men (4)
5:55 PM	Infield open for 600m + 200m Premier warm-ups	
<b>5:55 PM</b>	<b>NATIONAL ANTHEM</b>	
<b>6:00 PM</b>	<b>3,000m Premier</b>	<b>Women (1)</b>
<b>6:15 PM</b>	<b>3,000m Premier</b>	<b>Men (1)</b>
<b>6:25 PM</b>	<b>600m Premier</b>	<b>Women (3)</b>
<b>6:35 PM</b>	<b>600m Premier</b>	<b>Men (3)</b>
<b>6:45 PM</b>	<b>200m Premier</b>	<b>Women (4)</b>
<b>6:55 PM</b>	<b>200m Premier</b>	<b>Men (4)</b>
7:15 PM	Shot Put (HTRC Indoor Turf)	Men (1)

## SATURDAY EVENTS

TIME	EVENT	FLIGHTS / HEATS
<b>10:00 AM</b>	<b>IPF OPEN FOR WARM-UPS</b>	
12:45 PM	Infield open for 400m warm-ups	
1:00 PM	Pole Vault	Women
1:00 PM	Triple Jump	Women (1) / Men (1)
1:00 PM	Mile	Women (1)
1:10 PM	Mile	Men (1)
1:15 PM	Infield open for 60m Hurdles Premier warm-ups	
1:15 PM	400m	Women (4)
1:30 PM	400m	Men (2)
1:40 PM	60m Hurdles Premier Prelims	Women (3)
1:55 PM	60m Hurdles Premier Prelims	Men (3)
2:10 PM	Infield open for 60m Premier warm-ups	
2:10 PM	800m	Women (1)
2:15 PM	800m	Men (1)
2:25 PM	60m Premier Prelims	Women (4)
2:40 PM	60m Premier Prelims	Men (3)
2:40 PM	Backstretch open for 400m + 800m Premier warm-ups	
<b>2:45 PM</b>	<b>NATIONAL ANTHEM</b>	
3:00 PM	Pole Vault	Men
<b>2:50 PM</b>	<b>Jimmy Grant 400m Premier</b>	<b>Women (3)</b>
<b>3:00 PM</b>	<b>John Raffensperger 400m Premier</b>	<b>Men (3)</b>
3:15 PM	Infield open for 60m Hurdles Premier warm-ups	
<b>3:15 PM</b>	<b>800m Premier</b>	<b>Women (2)</b>
<b>3:25 PM</b>	<b>800m Premier</b>	<b>Men (2)</b>
<b>3:35 PM</b>	<b>60m Hurdles Premier Finals</b>	<b>Women (1)</b>
<b>3:40 PM</b>	<b>60m Hurdles Premier Finals</b>	<b>Men (1)</b>
3:45 PM	Infield open for 60m Premier warm-ups	
<b>3:45 PM</b>	<b>Jerry Hassard Mile</b>	<b>Women (1)</b>
<b>3:52 PM</b>	<b>Larry Wiecezorek Mile</b>	<b>Men (1)</b>
<b>4:00 PM</b>	<b>60m Premier Finals</b>	<b>Women (1)</b>
<b>4:05 PM</b>	<b>60m Premier Finals</b>	<b>Men (1)</b>
4:10 PM	Infield open for 4x400m Relay Premier warm-ups	
<b>4:15 PM</b>	<b>4x400m Relay Premier - Section 1</b>	<b>Women (1)</b>
<b>4:20 PM</b>	<b>4x400m Relay Premier - Section 1</b>	<b>Men (1)</b>
<b>4:25 PM</b>	<b>4x400m Relay Premier - Section 2</b>	<b>Women (1)</b>
<b>4:30 PM</b>	<b>4x400m Relay Premier - Section 2</b>	<b>Men (1)</b>



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[HAWKEYESPORTS.COM/TRACKLIVE](http://HAWKEYESPORTS.COM/TRACKLIVE)