2022 OUTDOOR SCHEDULE

<table>
<thead>
<tr>
<th>Date</th>
<th>Meet</th>
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<tbody>
<tr>
<td>Mar. 18-19</td>
<td>at Baldy Castillo Invite (Tempe, Ariz.)</td>
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<tr>
<td>Apr. 1-2</td>
<td>at Florida Relays (Gainesville, Fla.)</td>
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<tr>
<td>Apr. 2</td>
<td>at Stanford Invite (Stanford, Calif.)</td>
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<tr>
<td>Apr. 9</td>
<td>at Jim Click Shootout (Tucson, Ariz.)</td>
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<tr>
<td>Apr. 13-16</td>
<td>at Bryan Clay Invite (Azusa, Calif.)</td>
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<tr>
<td>Apr. 14-16</td>
<td>at Mt. SAC Relays (Ontario, Calif.)</td>
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<td>Apr. 15-16</td>
<td>at Beach Invite (Long Beach, Calif.)</td>
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<tr>
<td>Apr. 23</td>
<td>Musco Twilight (Iowa City, Iowa)</td>
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<tr>
<td>Apr. 28-30</td>
<td>at Drake Relays (Des Moines, Iowa)</td>
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<tr>
<td>Apr. 29</td>
<td>at Kip Janvrin Open (Indianola, Iowa)</td>
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<tr>
<td>May 7</td>
<td>at Dr. Tucker Open (Dubuque, Iowa)</td>
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<tr>
<td>May 13-15</td>
<td>at B1G Championships (Minneapolis, Minn.)</td>
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<tr>
<td>May 25-28</td>
<td>at NCAA West Prelims (Fayetteville, Ark.)</td>
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<tr>
<td>June 8-11</td>
<td>at NCAA Championships (Eugene, Ore.)</td>
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<tr>
<td>June 19-28</td>
<td>at USA National Championships (Eugene, Ore.)</td>
</tr>
</tbody>
</table>

IOWA COACHING STAFF

Joey Woody
Director of Track & Field/Cross Country
(Hurdles/Multis/Men's Short Sprints)

Randy Hasenbank
Associate Head Coach (Distance)

Jason Wakenight
Assistant Coach/Recruiting Coordinator
(Long Sprints/Middle Distance/
Men's Long Hurdles)

Ray Robinson
Assistant Coach (Throws)

Cameron Burrows
Interim Assistant Coach (Jumps/Multi-Events)

Kate Wakenight
Director of Operations

THIS WEEK
University of Iowa track and field concludes its regular season this weekend in Dubuque, Iowa, at the Dr. Tucker Open. The Hawkeyes begin action at 11 a.m. (CT) on Saturday morning. On May 13, Iowa will travel to Minneapolis for the Big Ten Championships and will be looking to make it three in a row on the men's side.

FOLLOW ALONG
Fans can follow the meet on the live results page at hawkeyesports.com/tracklive. Results will also be posted on the team's official twitter account @iowaxc_tf.

BLUE OVAL CHAMPS
The Iowa men won their first Drake Relays Cup championship since 2018 last weekend at the 112th running of the Drake Relays in Des Moines, Iowa, behind a win in the sprint-medley relay (Austin Kresley, Khullen Jefferson, Julian Gillum, Alec Still). The Hawkeyes finished second in the 4x100-meter relay (Kalil Johnson, Kresley, Grant Reed, Jefferson), and third place in the distance-medley relay, and the 4x400- and 4x800-meter relays. Additionally, the Hawkeyes won the shuttle-hurdle relay (a non Relays Cup event) with the team of Grant Conway, Josh Braverman, Johnson and Reed for the first time since 1984 and set the school record (56.74).

Junior James Carter, Jr. became the first university division men's athlete at the Drake Relays in 16 years to complete a sweep of the horizontal jumps, winning the long jump (7.84m / 25'8.5") on Friday and doubling back to win the triple jump (15.79m / 51'9.75") on Saturday – the second and third Drake Relays flags in the Hawkeye's career.

WEST AMONG THE BEST
Sophomore decathlete Austin West produced a record-setting week in the Golden State at the Mt. SAC Relays. West broke the 8,000-point plateau for the first time in his career (8,179) – breaking the Iowa school record and finishing runner-up to Arkansas indoor heptathlon national champion Ayden Owens in one of the best decathlons in NCAA history. West’s point total is No. 4 in the world this year and second in the NCAA behind Owens – who set the all-time collegiate record and world lead. West’s 8,179 points ranks him as the 24th-best performer in NCAA history. West's point total is No. 4 in the world this year and second in the NCAA behind Owens – who set the all-time collegiate record and world lead. West’s 8,179 points ranks him as the 24th-best performer in NCAA history. West set the all-time collegiate record and world lead. West’s 8,179 points ranks him as the 24th-best performer in NCAA history. West set the all-time collegiate record and world lead. West’s 8,179 points ranks him as the 24th-best performer in NCAA history. West set the all-time collegiate record and world lead. West’s 8,179 points ranks him as the 24th-best performer in NCAA history. West set the all-time collegiate record and world lead. West’s 8,179 points ranks him as the 24th-best performer in NCAA history. West set the all-time collegiate record and world lead. West’s 8,179 points ranks him as the 24th-best performer in NCAA history. West set the all-time collegiate record and world lead. West’s 8,179 points ranks him as the 24th-best performer in NCAA history.

NATION'S BEST RECOGNITION
Sophomore sprinter Jenoah McKiver picked up right where he left off this indoor season in his outdoor debut at the Jim Click Shootout on April 9. The two-time All-American and indoor NCAA 400-meter runner-up ran a jaw-dropping 44.74 to make him the fastest quarter-miler in Iowa history undisputedly, as he now owns the indoor and outdoor 400-meter records. His time wasn’t just a school record, it was good for the NCAA lead at the time was No. 2 in the world for 2022 (now No. 7). He doubled back and split 43.8 as the anchor of Iowa’s 4x400-meter relay that is No. 5 in the NCAA and third-fastest ever at Iowa. The national media took notice as he was named USTFCCCA National Athlete of the Week in addition to B1G Track Athlete of the Week.

LaSPEEDY HARGROVE
Sophomore LaSarah Hargrove broke the Iowa 60-meter record this indoor season (7.25) and put down a blistering time in the 100 meters in her outdoor season debut on March 19 at the Baldy Castillo Invite. Hargrove ran a wind-aided mark of 11.13 to win the 100 meters -- a mark good enough for a school record, but was just outside of the wind-legal threshold. The speedy sophomore continues to challenge to take down the record (11.28). Hargrove added to her hot start of the outdoor season with a win in the 200 meters (22.79) at the Jim Click Shootout (April 9). Her time was No. 2 all-time at Iowa and is 11th-fastest in the NCAA this season. She was named B1G Track Athlete of the Week on April 13 for her performance.

Hargrove qualified seventh-fastest (11.37) in the prelims and made the 100-meter final at the Mt. SAC Relays, finishing eighth (11.38). Her 11.37 preliminary time moved her to fourth all-time at Iowa and was a wind-legal personal best.
JUMP, JUMP, JUMP!
Returning men’s outdoor long jump All-American junior James Carter, Jr. won the triple jump at the Jim Click Shootout (April 9) with the 25th-best mark in the country this year (15.84m / 51’11.75”). Carter, Jr. improved his lifetime-best in the long jump at the Mt. SAC Relays (7.81m / 25’7.5”) – the fifth-furthest jump ever at Iowa and 20th in the NCAA this year. Last weekend, he became the first university division men’s athlete at the Drake Relays in 16 years to complete a sweep of the horizontal jumps, winning the long jump on Friday and doubling back to win the triple jump on Saturday – the second and third Drake Relays flags in the Hawkeye’s career.

STILL GETTING BETTER
Senior Alec Still was already one of the best 800-meter runners in program history, but at the Bryan Clay Invitational he dropped nearly a full second off his lifetime-best (1:47.50) to finish fifth in a field of 196 athletes and cement his status as one of the fastest 800-meter Hawkeyes ever. Still moved to No. 4 all-time at Iowa with his Big Ten-leading time that ranks 17th in the NCAA this year.

HURDLE U
Senior Erin Dowd (57.47) won the 400-meter hurdles at the Baldy Castillo Invite (March 19) in her outdoor Hawkeye debut – a mark good for fourth all-time at Iowa. Dowd improved her personal best to 57.27 with a third-place finish at the Mt. SAC Relays. Dowd’s time leads the Big Ten and is 12th-fastest in the NCAA this season. Junior Mariel Bruovoort, senior Payton Wensel and freshman Paige Magee have run the fifth (57.73), sixth (57.77) and eighth (58.26) fastest 400-meter hurdles times in school history this year, all ranking inside the top-35 nationally. The 400-meter hurdle event squad ranks atop the nation in the USTFCCCA Rankings. In the 100-meter hurdles, Myeanna Bebe’s season-best time (13.35) is fourth in the Big Ten and 44th in the NCAA this year.

Three men’s high-hurdlers rank inside the top-46 in the nation this season. At the Baldy Castillo Invite (March 19), Josh Braverman finished runner-up in the 110-meter hurdles (13.74) with the 26th-fastest time in the NCAA. Sophomore Grant Conway won the Jim Click Shootout (April 9) in 13.81, clocking in at No. 33 in the nation. Sophomore Gratt Reed’s season best (13.87) is 46th fastest this season. As a unit, the men are ranked second in the USTFCCCA event squad rankings. The 400-meter hurdle group is ranked second in the event squad rankings as well, due to five men with times under 52 seconds – with three ranked inside the NCAA top-40 this year. Drake Woody is currently 36th (51.20), Julian Gillum is 43rd (51.33) and Phillip Jefferson is 46th (51.36). Nathan Farrell (51.65) and Raymonte Dow (51.86) are just outside the top-50.

CURTISS TAKING HIS SHOT
At the Musco Twilight (April 23), senior Nik Curtiss broke the 20-meter plateau with the seventh-farthest throw in the NCAA this year (20.04m / 65’9”) to finish runner-up to All-American Darius King of UNI. Curtiss became the first Hawkeye ever to go over 20 meters in shot put. Curtiss now owns the indoor and outdoor school records, recording both in his lone season as a Hawkeye after a decorated career at Tiffin University. Curtiss made the move to Iowa with former Tiffin coach and first-year University of Iowa throws coach Ray Robinson and earned Indoor All-American honors in shot put.

QUARTER-MILE FACTORY
Iowa has four men ranked inside the NCAA top-70 in the 400 meters this season – all running sub-46.5. Sophomore Jenoah McKiver leads the country with his 44.74 ran at the Jim Click Shootout (April 9). Sophomore Khullen Jefferson posted the 11th fastest time (46.36) in school history at the Musco Twilight (April 23) – No. 61 in the NCAA. Freshman Everett Steward (46.40) and sophomore Austin West (46.41) clock in at 67th and 68th in the NCAA, respectively. They are No. 3 as a group in the USTFCCCA Event Squad Rankings.

2022 OUTDOOR SEASON LEADERS

<table>
<thead>
<tr>
<th>MEN</th>
<th>WOMEN</th>
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</thead>
<tbody>
<tr>
<td>100 Meters ................................. Kalen Walker ................................................ * 10.20</td>
<td></td>
</tr>
<tr>
<td>110-Meter Hurdles ..................... Josh Braverman ........................................... 13.74</td>
<td></td>
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<tr>
<td>200 Meters ................................. Khullen Jefferson ...................................... % 20.74</td>
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<tr>
<td>400 Meters ................................. Jenoah McKiver ........................................ * 44.74</td>
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<tr>
<td>400-Meter Hurdles ................. Drake Woody ...................................................... 51.20</td>
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</tr>
<tr>
<td>800 Meters ................................. Alec Still ....................................................... 1:47.50</td>
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<tr>
<td>1,500 Meters ............................. Max Murphy ..................................................... * 3:40.63</td>
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<tr>
<td>3,000 Meters ............................. Eli Ward ........................................................... 9:41.48</td>
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<tr>
<td>3,000 Steeplechase ......... Jack Pendergast .................................................... 9:09.55</td>
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<tr>
<td>5,000 Meters ............................. Noah Healy ...................................................... 14:19.39</td>
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<tr>
<td>10,000 Meters ............................. Max Murphy .................................................. 28:57.96</td>
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<tr>
<td>400-Meter Relay ................. Walker, Kresley, Reed, K. Jefferson ..................... * 39.03</td>
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<tr>
<td>Shuttle Hurdle Relay ....... Conway, Braverman, K. Johnson, Reed .................. * 56.74</td>
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<tr>
<td>1,600 Meter Relay .............. Steward, Bryson, Gillum, McKiver ....................... 3:02.39</td>
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<tr>
<td>Sprint Medley Relay .... Reed, K. Jefferson, McKiver, Still ....................... 3:18.06</td>
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<tr>
<td>3,200-Meter Relay ...... Gudgel, Bryson, Abrego, Still ................................ 7:19.13</td>
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<tr>
<td>Distance Medley Relay. Lewis, Steward, Abrego, Murphy ............................... 9:47.73</td>
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<tr>
<td>High Jump ...................................... Zack Pluff .................................. 6-10 3/4 (2.10m)</td>
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<tr>
<td>Pole Vault .................................. Austin West ........................................... 14-1 1/4 (4.30m)</td>
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<tr>
<td>Long Jump ..................................... James Carter, Jr. ................................ 25-8 3/4 (7.84m)</td>
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<tr>
<td>Triple Jump .............................. James Carter, Jr. ................................ 51-8 3/4 (15.79m)</td>
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<tr>
<td>Shot Put .................................... Nikolas Curtiss .................................. % 65-9 (20.04m)</td>
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<tr>
<td>Discus ....................................... Jordan Johnson .................................. 184-7 (56.27m)</td>
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<tr>
<td>Hammer Throw ........................ Tyler Lienau .................................................. 198-6 (60.52m)</td>
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<tr>
<td>Javelin .................................. Austin West ............................................. 198-1 (60.39m)</td>
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<tr>
<td>Decathlon ................................ Austin West ................................................ * 8,179 points</td>
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<tr>
<td>100 Meters ................................. LaSarah Hargrove ........................................ % 11.13</td>
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<tr>
<td>100-Meter Hurdles ........................ Myeanna Bebe ........................................ % 13.14</td>
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<tr>
<td>200 Meters .................................. LaSarah Hargrove .................................. 22.79</td>
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<tr>
<td>400 Meters .................................. Tesa Roberts .............................................. 54.17</td>
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<td>400-Meter Hurdles ..................... Erin Dowd ........................................................ 57.27</td>
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<tr>
<td>600 Meters .................................. Alli Bookin-Nosbisch ................................ 1:30.97</td>
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<tr>
<td>800 Meters .................................. Clare Pitcher ............................................ 2:06.05</td>
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<tr>
<td>1,500 Meters ............................. Amber Aesoph ........................................... 4:24.87</td>
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<td>3,000 Meters ................................ Maddie Block ........................................... 10:04.53</td>
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<td>3,000m Steeplechase ........ Brooke McKee .................................................... 10:45.84</td>
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<td>5,000 Meters ................................ Kelli Tosis ..................................................... 17:02.03</td>
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<td>10,000 Meters ............................. Kelli Tosis ..................................................... 35:19.42</td>
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<td>400-Meter Relay ................ Hargrove, Love, Dowd, Magee ........................... 44.06</td>
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<tr>
<td>1,600-Meter Relay ........ Bruxvoort, Dowd, Wensel, Roberts ........................ 3:35.08</td>
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<td>Sprint Medley Relay ........ Hargrove, Dowd, Wensel, Pitcher ........................ 3:52.56</td>
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<td>3,200-Meter Relay ............. Moore, A. Bookin-Nosbisch, G. Bookin-Nosbisch, Pitcher ........................................ 8:35.75</td>
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<tr>
<td>Distance Medley Relay ........ G. Bookin-Nosbisch, Robert, A. Bookin-Nosbisch, Aesoph ........................................ 11:40.18</td>
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<tr>
<td>High Jump ................................ Maria Gorham ........................................ 5-7 1/4 (1.71m)</td>
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<tr>
<td>Long Jump ................................. Tionna Tobias ........................................ 19-4 1/2 (5.90m)</td>
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<tr>
<td>Triple Jump .............................. Kayla Hutchins ........................................ 39-8 3/4 (12.11m)</td>
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<tr>
<td>Shot Put .................................. Kat Moody ....................................................... 52-10 (16.10m)</td>
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<tr>
<td>Discus ......................................... Kat Moody ................................................. 172-8 (52.62m)</td>
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<tr>
<td>Hammer Throw ............................ Amanda Howe ........................................ 206-5 (62.92m)</td>
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</table>

* - school record, % - wind-aided
THE HAWKEYES ARE RELAY, RELAY GOOD

Iowa’s relays put on a show at the Jim Click Shootout (April 9) with the women’s 4x100-meter relay (Hargrove, Love, Dowd, Magee) getting things started by running the second-fastest time in program history (44.06) – just two-hundredths of a second off the school record. The men’s 4x100-meter relay (Walker, Kresley, Reed, K. Jefferson) followed by breaking the school record (39.03) – 14th-fastest in the NCAA this year. The 4x400-meter relays had similar results, as the women (Bruxvoort, Roberts, Wensel, Dowd) ran the fourth-fastest time in school history (3:35.40), improving their time at the Mt. SAC Relays (3:35.08). The men (Steward, Bryson, Gillum, McKiver) capped off the Jim Click with the third-fastest time ever at Iowa (3:02.39) – clocking in at No. 9 in the NCAA this season. The 2021 season marked the eighth consecutive postseason that the Hawkeye men qualified a 4x100 relay to the NCAA Championships, and the fourth consecutive postseason that the Hawkeye men qualified a 4x400 relay to the NCAA Championships.

IOWA STRONG

School-record holder Nik Curtiss started the outdoor season with a win in shot put at the Baldy Castillo Invite (March 19) and also cracked the top-10 list in the hammer throw (58.62m / 192’4”). Additionally, teammate senior Tyler Lienau finished third (60.52m / 198’6”) in the hammer. Curtiss continued his impressive season by going over 20 meters at the Musco Twilight with the No. 7 throw in the NCAA this year (20.04m / 65’9”) to finish as runner-up to All-American Darius King of UNI. Junior Elijah Barnes was third place (18.36m / 60’3”) with a season’s best throw that ranks 45th in the NCAA. Junior Dawson Ellingson recorded a career-best throw (17.87m / 58’7.5”) and finished fourth.

The Musco Twilight was a great meet for the Hawkeye throwers all around, as junior Amanda Howe improved her school-record mark in the hammer (52.92m / 206’5”) and broke the meet record with a Big-Ten leading throw that ranks 29th in the NCAA. Sophomore Kat Moody won the shot put (15.64m / 51’3.75”) and was runner-up in the discus (52.62m / 172’7”) with a personal-best throw that ranks fifth all-time at Iowa. Junior Nicole Berry was fourth in the shot put and Jamie Kofron (seventh) and Ianna Roach (ninth) joined her in the top-10. Kofron also finished third in the discus (46.29m / 151’10”). Last weekend at the Drake Relays, Moody threw a personal best -- 16.10 meters (52’10”) -- in the shot put to finish fourth and move into the NCAA top-50 at No. 47.

BACK-TO-BACK BIG TEN CHAMPIONS

The University of Iowa men’s track and field team captured the 2021 Big Ten Outdoor title with a school record 127.5 points, besting runner-up Michigan by 33 points. The outdoor conference title was the second straight for the Hawkeyes. Iowa previously won the championship in Iowa City in 2019. The Hawkeyes won both the indoor and outdoor championship in the same year for the first time since 1963. The Hawkeyes defended their indoor Big Ten title on the men’s side as well on Feb. 12, and aim to complete a title sweep once again this spring.

HAWKEYES MAKE HISTORY AT 2021 NCAA CHAMPIONSHIPS

The University of Iowa track and field program completed the NCAA outdoor season with a 12th place finish for the men and a 26th place finish for the women at the 2021 NCAA Outdoor Championships in Eugene, Ore. The women had four athletes earn All-America honors in five events, scoring 11 team points. The men had 11 athletes earn All-America honors in nine events, scoring 19 team points, the most since 1967.

15 ENTRIES TO 2021 NCAA FINAL SITE MATCHES PROGRAM BEST

The University of Iowa track and field team had 15 entries at the NCAA final site, tying the program record for the most entries since 2010, the year the NCAA altered the format for athletes to qualify and advance to the NCAA Championships. Iowa last had 15 entries in 2018. The Hawkeye men had 10 entries (eight individual events and two relays), matching their 2019 total and tying a program high. The Iowa women had five entries (five individual events), their most since having a program-best seven entries in 2018.

NCAA HISTORY

The Hawkeye men have eight top 10 NCAA Outdoor Championship finishes in program history, the last coming in 1932 (sixth). The Hawkeyes finished third on three occasions (1921, 1923 and 1930). In modern history, the Hawkeyes best NCAA finish was in 2021 when they placed 12th. Other top 25 finishes include 17th in 2017, 19th in 1995, 21st in 1993 and 21st in 1989. The Hawkeye women’s best finish at the NCAA Outdoor Championships came in 2018, when they placed 13th with 19 points. Laulauga Tausaga scored 10 points that year, placing fourth in both shot put and discus. The women also placed in the top 25 in 2019 (25th), 2006 (20th), 1992 (19th) and 1985 (20th).

FRANCIS X. CRETZMEYER TRACK

The University of Iowa track and field program practices and competes at the Francis X. Cretzmeyer Track during the outdoor season. Located within walking distance of Carver-Hawkeye Arena and Pearl Field, the track was completed in 1986. The facility was named after the late Francis X. Cretzmeyer, who coached the men’s cross country and track teams from 1948-78 and led the Hawkeyes to five Big Ten team titles. Iowa hosted the 1987, 2000, 2011 and 2019 Big Ten Championships at Cretzmeyer.

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**PRONUNCIATION GUIDE**

Amber Aesoph.......................... A-soph
Elijah Barnes................................ ill-LIE-juh
Alivia Bauer .................................. ah-LIV-ee-uh
Alli/Grace Bookin-Nosbisch .............. nos-BISH
Mariel Bruxvoort.......................... BROOKS-vort
Dimia Burrell.............................. Dih-ME-uh
Ian Geisler ........................................ GUY-slur
Spencer Gudgel ......................... GUD-gell
Maggie Gutwein ......................... GUT-win
Peyton Haack .............................. HOCK
Khullen Jefferson ......................... CULLEN
Keith Keahna ................................... kee-AH-nuh
Daniel Klysh ............................... KLI-SH
Tyler Lienau ................................... LEE-now
Jenoah McKiver ....................... jeh-NOAH muh-KEE-ver
Tesa Roberts ............................... TAY-suh
Nolan Roethler ......................... RAUTH-ler
Kelli Tosic .................................. tah-SICK
Ellie Tweedt .............................. TWEET
### MEN’S TOP-50 NCAA RANKS

<table>
<thead>
<tr>
<th>ATHLETE</th>
<th>EVENT</th>
<th>MARK</th>
<th>B1G RANK</th>
<th>REGION RANK</th>
<th>NCAA RANK</th>
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<tbody>
<tr>
<td>Jenoah McKiver</td>
<td>400m</td>
<td>44.74</td>
<td>1</td>
<td>1</td>
<td>1</td>
</tr>
<tr>
<td>Austin West</td>
<td>Decathlon</td>
<td>8,179 pts.</td>
<td>1</td>
<td>2</td>
<td>2</td>
</tr>
<tr>
<td>Nik Curtiss</td>
<td>Shot Put</td>
<td>20.04m / 65’9”</td>
<td>1</td>
<td>4</td>
<td>7</td>
</tr>
<tr>
<td>Steward/Bryson/Gillum/McKiver</td>
<td>4x400m Relay</td>
<td>3:02.39</td>
<td>1</td>
<td>5</td>
<td>9</td>
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<tr>
<td>Walker/Kresley/Reed/K. Jefferson</td>
<td>4x100m Relay</td>
<td>39.03</td>
<td>1</td>
<td>7</td>
<td>14</td>
</tr>
<tr>
<td>Alec Still</td>
<td>800m</td>
<td>1:47.50</td>
<td>1</td>
<td>10</td>
<td>17</td>
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<tr>
<td>James Carter, Jr.</td>
<td>Long Jump</td>
<td>7.84m / 25’8.5 (w)</td>
<td>3</td>
<td>5</td>
<td>20</td>
</tr>
<tr>
<td>James Carter, Jr.</td>
<td>Triple Jump</td>
<td>15.84m / 51’11.75</td>
<td>2</td>
<td>10</td>
<td>25</td>
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<tr>
<td>Josh Braverman</td>
<td>110mH</td>
<td>13.74</td>
<td>5</td>
<td>12</td>
<td>27</td>
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<tr>
<td>Armando Bryson</td>
<td>800m</td>
<td>1:48.31</td>
<td>6</td>
<td>15</td>
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<td>Elijah Barnes</td>
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<td>Gratt Reed</td>
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<td>Antonio Abrego</td>
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### WOMEN’S TOP-50 NCAA RANKS

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<td>Amanda Howe</td>
<td>Hammer Throw</td>
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<td>Kat Moody</td>
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<td>16.10m / 52’10”</td>
<td>10</td>
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100 Meters
2. Justin Austin, 2011 .................. 10.21
3. O'Shea Wilson, 2017 ................. 10.22
5. James Harrington, 2015 ............. 10.26
6. Anthuan Maybank, 1994 ........... 10.31
   Tim Dwight, 1997 .................. 10.31
   Josh Larney, 2013 .................. 10.31
   Vinnie Saucer, Jr., 2015 .......... 10.31
10. Antonio Woodard, 2018 .......... 10.34

110-Meter High Hurdles
4. Pat McGhee, 1989 ................... 13.50
5. Dion Trowers, 1996 ................ 13.62
6. Ronnie McCoy, 1985 ............... 13.66
7. Josh Braverman, 2021 ............... 13.69
8. Ethan Holmes, 2011 ................. 13.73
   Chris Douglas, 2018 ................ 13.76

200 Meters
1. Justin Austin, 2011 .................. 20.31
2. Jeff Patrick, 1983 .................. 20.47
5. Anthuan Maybank, 1994 ........... 20.55
6. Victor Green, 1984 ................. 20.60
7. Antonio Woodard, 2018 .......... 20.61
8. Andre Morris, 1995 ................. 20.64

400 Meters
1. Jenoah McKiver, 2022 ............... 44.74
2. Mar’yea Harris, 2018 ............... 44.94
3. Anthuan Maybank, 1993 .......... 44.99
4. Andre Morris, 1995 ................. 45.15
5. Mike Mondane, 1967 ............... 45.20
6. Wayne Lawrence, Jr., 2019 ........ 45.33
7. Steven Willey, 2010 ................. 45.78
8. Karayme Bartley, 2019 ............. 45.80
9. DeJuan Frye, 2018 ................. 46.17
10. Gary Hollingsworth, 1963 ......... 46.30

800 Meters
1. Erik Sowinski, 2012 ................ 1:45.90
2. Matt Manternach, 2019 .......... 1:46.93
3. Carter Lilly, 2016 ................. 1:46.95
4. Alec Still, 2022 .................... 1:47.50
5. Bill Frazier, 1962 ................... 1:47.64
6. D’Juan Strozier, 1990 ............. 1:47.82
7. Adam Hairston, 2011 ............... 1:48.10
10. Will Teubel, 2015 ................. 1:48.60

1,500 Meters
1. Max Murphy, 2022 ................ 3:40.63
2. Jeff Thode, 2010 .................. 3:43.02
4. Joel Moeller, 1978 ................. 3:44.01
5. Jim Docherty, 1978 ............... 3:44.30
7. Sam Fourman, 2015 ............... 3:44.50
8. Michael Melchert, 2018 .......... 3:44.59
9. Adam Jones, 2017 ................. 3:45.48
10. Dan Waters, 1986 ............... 3:46.35

3,000-Meter Steeplechase
1. Nathan Mylenek, 2021 ............. 8:35.41
2. Deacon Jones, 1956 ............... 8:47.40
3. Steve Pershing, 1978 ............. 8:54.59
4. Andy Morris, 2000 ............... 8:56.21
5. Matt Gerard, 1994 ............... 8:57.01
6. Andy Napier, 2008 ............... 8:57.54
7. Rollie Kitt, 1967 ................. 9:02.90
8. Al Greene, 1985 ................. 9:02.96
9. Tony Rakaric, 2005 .......... 9:03.29
10. Mark Battista, 2010 ............. 9:04.60

5,000 Meters
1. Micah VanDenend, 2007 ........... 13:49.31
4. Larry Wieczorek, 1968 .......... 13:56.00
5. Kevin Herd, 1993 ............... 13:59.00
6. Steton Steele, 2000 .......... 14:02.76
7. Kevin Lewis, 2014 ............... 14:02.78
8. Eric MacTaggart, 2005 .......... 14:04.79
10. Jesse Luciano, 2010 .......... 14:08.71
10,000 Meters
1. Austin West, 2022 ......... 8,179 pts
2. Will Daniels, 2021 ........... 7,864 pts
3. William Dougherty, 2019 .... 7,673 pts
4. Peyton Haack, 2021 ........... 7,548 pts
5. Kyle Reid, 2013 .................. 7,503 pts
7. Dan Rolling, 2010 .............. 6,957 pts
8. Scott Faber, 2000 .............. 6,839 pts
9. Ryan Niver, 2008 .............. 6,837 pts
10. Chad Schwitters, 1999 ........ 29:56.00

Decathlon
1. Austin West, 2022 ........... 8,179 pts
2. Will Daniels, 2021 ........... 7,864 pts
3. William Dougherty, 2019 .... 7,673 pts
4. Peyton Haack, 2021 ........... 7,548 pts
5. Kyle Reid, 2013 .................. 7,503 pts
7. Trent Corey, 2002 .............. 29:45.25
8. Ian Ekin, 2017 ................. 29:47.06
9. Chad Schwitters, 1999 ........ 29:56.00
10. Chad Ohly, 1994 .............. 6,641 pts

High Jump
1. Jeffery Herron, 2012 ......... 292 cm (5’ 11.25"")
2. Bill Hansen, 1978 .............. 292 cm (5’ 11.25"")
3. Bill Knoedel, 1975 .............. 292 cm (5’ 11.25"")
4. Kevin Speicher, 2014 ......... 292 cm (5’ 11.25"")
5. M. Cunningham, 1986 ........ 292 cm (5’ 11.25"")
7. Jay Hunt, 2019 ................. 292 cm (5’ 11.25"")
8. Pat Meade, 1987 ............... 292 cm (5’ 11.25"")
9. Graham Valdes, 2012 ......... 292 cm (5’ 11.25"")
10. Will Daniels, 2021 ............. 292 cm (5’ 11.25"")

Pole Vault
1. Todd Wigginton, 1984 .......... 7’ 0” (2.13 m)
2. Chad Ohly, 1994 ............. 16-3 3/4 (4.99 m)
5. Andy Jatis, 2018 .............. 16-3 3/4 (4.99 m)
8. James Carter, Jr., 2022 .... 16-3 3/4 (4.99 m)
10. Alex Zona, 2009 .......... 16-3 3/4 (4.99 m)

Discus
1. Gabe Hull, 2014 ............. 207-1 (63.11 m)
2. Reno Tuufuli, 2019 .......... 205-2 (62.54 m)
4. Gary Kostrubala, 1986 .... 202-4 (61.68 m)
5. Jeremy Allen, 2001 .......... 195-4 (59.54 m)
6. Tim Brodersen, 2005 .......... 193-6 (58.98 m)
7. Jordan Johnson, 2021 ...... 189-6 (57.77 m)
8. Avery Meyers, 2017 .......... 185-8 (56.61 m)
9. Brad Daufeldt, 2004 .......... 180-0 (54.80 m)
10. Nick Brayton, 2009 .......... 180-11 (55.15 m)

Hammer
1. A. van der Westhuizen, 2001-22-11 (67.94)
2. Adam Hamilton, 2007 ........ 222-2 (67.73)
4. Brad Daufeldt, 2004 .......... 207-10 (63.34)
5. Chris Voller, 2005 ........... 206-0 (62.80)
6. Matt Banse, 2012 ........... 201-11 (61.55)
7. Tyler Lienau, 2021 .......... 199-6 (60.81)
8. Jeremy Allen, 2001 .......... 199-0 (60.66)
9. Ben Stancombe, 2011 ....... 197-6 (60.20)

Javelin
1. Matt Byers, 2011 .......... 245-8 (74.89)
2. Bill Neumann, 2002 .......... 244-8 (74.58)
3. Dan Ralph, 2000 .......... 227-10 (69.44)
4. Sam Joens, 2015 .......... 211-5 (64.45)
5. Zach Schimp, 2010 .......... 211-0 (64.32)
6. Alex Balke, 2016 .......... 205-11 (62.77)
8. Joel Storm, 2004 .......... 203-5 (62.01)
9. Matt Stank, 2001 .......... 199-0 (60.66)
10. Austin West, 2022 ...... 198-6 (60.39m)
**MEN’S ALL-TIME TOP 10 RELAYS**

### 400-Meter Relay
1. Walker, Kresley, Reed, K. Jefferson, 2022 .................. 3:03.89
2. Brissett, Wilson, Thompson, Mallett, 2017 .................. 3:02.54
3. Hofacker, Woodard, Lawrence Jr., Bartley, 2019 ........ 3:01.91
5. Mincy, Austin, G. Holmes, Larney, 2013 .................. 3:00.14
6. Saucer, Jr., Brissett, Harrington, Mallett, 2016 .... 3:00.12
7. Brissett, Wilson, Woodard, Mallett, 2017 ................. 3:02.57
8. Beecham, Duckett, Greer, R. Smith, 1984 ................. 3:01.02
9. Hofacker, Woodard, Harris, VanDraska, 2018 ........ 3:01.86
10. Mallett, Wilson, Ogwo, Harris, 2017 .................... 3:02.57

### 800-Meter Relay
1. Conway, Braverman, K. Johnson, Reed, 2022 ............ 3:03.78
3. Wigginton, Jones, Lacey, McCoy, 1985 ..................... 3:02.57
4. Williams, Haack, Braverman, McConico, 2019 .......... 3:02.54
5. 1975 .................................................................... 3:02.54

### 1,600-Meter Relay
1. Lawrence Jr., Woodard, Bartley, Harris, 2019 ............. 3:02.54
2. Frye, Harris, Hofacker, Ogwo, 2017 ....................... 3:02.57
3. Steward, Bryson, Gillum, McKiver, 2022 ................. 3:02.39
4. Lietz, Woodard, Gillum, Lawrence Jr., 2021 ............. 3:03.10
5. Frye, Ogwo, Hofacker, Harris, 2017 ....................... 3:02.14
6. Lawrence Jr., Woodard, Hofacker, Harris, 2019 ...... 3:00.14
7. Morris, Davis, Page, Rozzell, 1995 ......................... 3:03.11
8. Branch, Dwight, Dodge, Yamini, 1999 .................... 3:03.29
9. Frye, Woodard, Hofacker, Harris, 2018 .................. 3:03.98
10. Ogwo, Harris, Hofacker, Lilly, 2017 .................... 3:03.78

### Sprint Medley Relay
2. Sayon, Austin, Willey, Sowinski, 2011 .................... 3:16.18
4. Richardson, Richards, Willey, Sowinski, 2010 ........ 3:17.74
5. Reed, K. Jefferson, Mckiver, Still, 2022 ................ 3:18.06
6. Hofacker, Woodard, Harris, VanDraska, 2018 ....... 3:18.11
7. Saucer, Jr., Brissett, Harris, Lilly, 2016 ................. 3:18.53
8. Hofacker, Woodard, Harris, Lilly, 2017 ................. 3:18.73
10. Yamini, Davis, Dodge, Donovan, 1999 ................. 3:19.87

### 3,200-Meter Relay
2. Gudgel, Bryson, Abrego, Still, 2022 ................. 7:19.74
3. VanDraska, Still, Teubel, Lilly, 2019 ................. 7:20.50
4. Hairson, Prom, Thode, Sowinski, 2011 ................. 7:23.77
5. Manternach, VanDraska, W. Teubel, Lilly, 2017 .... 7:24.77
7. Corrigan, Blackman, Strozier, Chambers, 1989 ....... 7:29.00
8. Hoffman, Olson, Still, VanDraska, 2021 ............... 7:29.81
9. Melchert, Dorman, Lilly, Larrson, 2016 ............... 7:30.32
10. N. Teubel, Manternach, Chaidew, W. Teubel, 2017 .... 7:30.74

### Distance Medley Relay
3. N. Holmes, VanCleave, Sowinski, Thode, 2012 ....... 9:41.59
4. Young, Barton, Kuczwar, Luciano, 2010 ............... 9:42.97
5. Lewis, Steward, Abrego, Murphy, 2022 ............... 9:47.73
6. Mylenek, Thompson, Manternach, Melchert, 2018 .... 9:50.70
7. VanDraska, Lawrence Jr., Teubel, Mylenek, 2019 .... 9:53.14
10. Wilfong, Slaymaker, W. Teubel, Witt, 2013 .......... 9:54.05

### 6,400-Meter Relay
1. Pershing, Fuller, Moeller, Docherty, 1978 .......... 16:27.70
2. Rakaric, Webster, MacTaggart, VanDenend, 2006 .... 16:55.43
4. Price, Eklund, Gardarsson, Docherty, 2016 .......... 17:00.30
5. Paul, Kadlec, Thode, Luciano, 2010 ................. 17:01.46
7. N. Holmes, Witt, Thode, Lewis, 2012 ............... 17:02.26
8. Thomas, Allen, Rakaric, Lloyd, 2003 ............... 17:06.27
9. Pittman, Novotny, Feeldy, Marquardt, 1995 ....... 17:12.49
OUTDOOR ALL-TIME TOP 10 PERFORMERS

100 Meters
1. Brittany Brown, 2018 ........................................ 11.28
2. Lia Love, 2022 ........................................ 11.33
3. Briana Guillory, 2016 ........................................ 11.35
4. LaSarah Hargrove, 2022 ........................................ 11.37
5. Lake Kwaza, 2015 ........................................ 11.40
6. Vivien McKenzie, 1985 ........................................ 11.45
7. Davera Taylor, 1984 ........................................ 11.51
8. Erica Broomfield, 1998 ........................................ 11.53
10. Tanja Reid, 1994 ........................................ 11.60

100-Meter Hurdles
1. Paige Magee, 2021 ........................................ 13.17
2. Tiffany Johnson, 2007 ........................................ 13.20
4. Myreanna Bebe, 2022 ........................................ 13.35
5. Jahisha Thomas, 2017 ........................................ 13.46
6. Tria Simmons, 2019 ........................................ 13.49
8. Tionna Tobias, 2021 ........................................ 13.58
9. C. Prendergast, 1999 ........................................ 13.60
10. Paula Roen, 2000 ........................................ 13.60

200 Meters
1. Brittany Brown, 2017 ........................................ 22.30
2. LaSarah Hargrove, 2022 ........................................ 22.79
3. Briana Guillory, 2016 ........................................ 22.89
4. Elexis Guster, 2016 ........................................ 23.03
5. Lake Kwaza, 2016 ........................................ 23.17
6. Shellene Williams, 2004 ........................................ 23.50
8. Davera Taylor, 1984 ........................................ 23.59
10. Lia Love, 2022 ........................................ 23.64

400 Meters
1. Briana Guillory, 2018 ........................................ 51.30
2. Kineke Alexander, 2006 ........................................ 51.35
3. Elexis Guster, 2016 ........................................ 51.85
4. Shellene Williams, 2004 ........................................ 51.94
5. Ashley Liverpool, 2012 ........................................ 52.47
6. Ellen Grant, 1996 ........................................ 52.65
7. Alexis Hernandez, 2017 ........................................ 53.27
8. Cortney Strohman, 2021 ........................................ 53.68
9. Senta Hawkins, 1988 ........................................ 54.01
10. Bethany Praska, 2011 ........................................ 54.01

400-Meter Hurdles
1. Mary Knoblauch, 1981 ........................................ 56.16
2. Wynsome Cole, 1998 ........................................ 56.67
3. Montayla Holder, 2014 ........................................ 56.70
4. Erin Dowd, 2022 ........................................ 57.27
5. Mariel Bruxvoort, 2022 ........................................ 57.73
6. Payton Wensel, 2022 ........................................ 57.77
7. Paige Magee, 2022 ........................................ 58.26
8. Jenny Kimbro, 2019 ........................................ 58.27
9. Chris Davenport, 1981 ........................................ 59.18
10. Sommer Sharpe, 2018 ........................................ 59.20

800 Meters
1. Bethany Praska, 2011 ........................................ 2:03.78
2. Mallory King, 2021 ........................................ 2:05.23
3. Kay Stormo, 1982 ........................................ 2:05.67
4. Clare Pitcher, 2022 ........................................ 2:06.05
5. Taylor Arco, 2019 ........................................ 2:06.06
6. Michelle Lahann, 2004 ........................................ 2:06.79
7. Ali Bookin-Nobisch, 2022 ........................................ 2:06.92
8. Katharina Trost, 2015 ........................................ 2:07.09
9. Mahnee Watts, 2016 ........................................ 2:07.41
10. Aisha Hume, 2005 ........................................ 2:08.50

1,500 Meters
1. Meghan Armstrong, 2006 ........................................ 4:17.41
2. Betsy Flood, 2010 ........................................ 4:17.75
5. Lauren Hardesty, 2009 ........................................ 4:20.40
6. Diane Nukuri, 2007 ........................................ 4:20.95
9. Michelle Lahann, 2004 ........................................ 4:24.00
10. Amber Aesoph, 2022 ........................................ 4:24.87

3,000 Meters
1. Diane Nukuri, 2008 ........................................ 9:18.82
7. Meghan Armstrong, 2006 ........................................ 9:28.03
8. Brooke Eilers, 2011 ........................................ 9:30.08
10. Jennifer Brower, 1992 ........................................ 9:34.59

3,000-Meter Steeplechase
1. Marta Bote Gonzalez, 2015 ........................................ 10:23.15
2. Danielle Berndt, 2011 ........................................ 10:26.54
3. Jessica Schmidt, 2008 ........................................ 10:27.18
4. Sarah Arens, 2004 ........................................ 10:34.50
5. Hannah Roeder, 2011 ........................................ 10:35.22
6. Madison Waymire, 2017 ........................................ 10:41.91
7. Brooke McKee, 2022 ........................................ 10:45.84
8. Kelsey Hart, 2011 ........................................ 10:47.56
9. Anna Hostetler, 2019 ........................................ 10:57.25

5,000 Meters
1. Nan Doak, 1985 ........................................ 15:45.84
4. Betsy Flood, 2011 ........................................ 16:04.46
5. Meghan Armstrong, 2008 ........................................ 16:08.83
7. Mareike Schrulle, 2013 ........................................ 16:12.66
8. Jenny Spangler, 1983 ........................................ 16:17.21
9. Tracy Dahl, 1992 ........................................ 16:18.77
10. Racheal Marchand, 2008 ........................................ 16:27.02
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<td>1. Diane Nukuri</td>
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<td>2. Jennifer Brower</td>
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<td>3. Meghan Armstrong</td>
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<td>4. Nan Doak</td>
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<td>5. Jenny Spangler</td>
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<td>6. Andrea Shire</td>
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<td>7. Racheal Marchand</td>
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<td>8. McKenzie Melander</td>
<td>34:29:83</td>
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<tr>
<td>9. Tracy Dahl</td>
<td>34:30:09</td>
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<tr>
<td>10. Betsy Flood</td>
<td>35:05:10</td>
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<td>Heptathlon</td>
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<tr>
<td>1. Jenny Kimbro</td>
<td>5,679 pts</td>
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<td>2. Tammilee Kerr</td>
<td>5,633 pts</td>
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<tr>
<td>3. Tria Simmons</td>
<td>5,557 pts</td>
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<td>4. Dallyssa Huggins</td>
<td>5,437 pts</td>
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<td>5. Kathy Gillespie</td>
<td>5,262 pts</td>
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<td>6. Tionna Tobias</td>
<td>5,083 pts</td>
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<td>7. Tiff Pedersen</td>
<td>4,976 pts</td>
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<td>8. Janet Adams</td>
<td>4,855 pts</td>
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<td>9. Sarah Ryan</td>
<td>4,819 pts</td>
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<td>10. Ruqaya Raheem</td>
<td>4,665 pts</td>
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<td>Shot Put</td>
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<tr>
<td>1. Peaches Roach</td>
<td>6-1 1/4</td>
<td>(1.86)</td>
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<td>2. Jenny Kimbro</td>
<td>6-0 3/4</td>
<td>(1.85)</td>
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<tr>
<td>3. Mary Mol</td>
<td>6-0</td>
<td>(1.83)</td>
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<tr>
<td>4. Khanishah Williams</td>
<td>5-11 1/4</td>
<td>(1.81)</td>
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<tr>
<td>5. Dallyssa Huggins</td>
<td>5-10 1/2</td>
<td>(1.79m)</td>
</tr>
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<td>6. Caleigh Bacchus</td>
<td>5-10</td>
<td>(1.78)</td>
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<tr>
<td>7. Lynn McMillian</td>
<td>5-9 1/4</td>
<td>(1.76)</td>
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<td>8. Elyssa Tracy</td>
<td>10-6</td>
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<td>9. Kacey Childs</td>
<td>8-0 1/2</td>
<td>(2.45)</td>
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<td>1. Laulaugua Tausaga</td>
<td>209-9</td>
<td>(63.94)</td>
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<td>2. Serena Brown</td>
<td>196-2</td>
<td>(59.81)</td>
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<tr>
<td>3. K. Spanoudakis</td>
<td>190-1</td>
<td>(57.95)</td>
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<tr>
<td>4. Majesty Tuson</td>
<td>181-1</td>
<td>(55.19)</td>
</tr>
<tr>
<td>5. Kat Moody</td>
<td>172-8</td>
<td>(52.62)</td>
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<tr>
<td>6. Dakotah Goodell</td>
<td>169-4</td>
<td>(51.62)</td>
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<tr>
<td>7. Jamie Kofron</td>
<td>166-1</td>
<td>(50.62)</td>
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<td>8. Kara Misei</td>
<td>162-1</td>
<td>(49.40)</td>
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<td>2. Jahisha Thomas</td>
<td>21-6 (6.55)</td>
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<td>3. Zinnia Miller</td>
<td>20-6 1/2 (6.26)</td>
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<td>6. Amanda Carty</td>
<td>19-11 1/2 (6.08)</td>
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<td>7. Tionna Tobias</td>
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<td>8. Becki Borg</td>
<td>19-7 1/4 (5.97)</td>
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<td>9. Jenny Kimbro</td>
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<td>10. Kassidy Ellis</td>
<td>19-6 1/4 (5.95)</td>
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<td>Javelin</td>
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<td>4. Mandy Beck</td>
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<td>7. Shani Renning</td>
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<td>Triple Jump</td>
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<td>6. Eavian Richardson</td>
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<td>Hammer Throw</td>
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<td>1. Amanda Howe</td>
<td>206-5 (62.92)</td>
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<td>3. Annemie Smith</td>
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<td>8. Kelsey Taylor</td>
<td>177-0 (53.95)</td>
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### 400-Meter Relay

1. Kwaza, Guster, Guillory, Hernandez, 2016 .................. 44.04
2. **Hargrove, Love, Dowd, Magee, 2022** .................. **44.06**
3. Chapman, Guillory, Hernandez, Brown, 2017 ............. 44.34
4. Kwaza, Guster, Chapman, Guillory, 2016 .................. 44.41
5. Thomas, Avant, Guillory, Brown, 2018 .................. 44.44
7. Thomas, Guillory, Hernandez, Brown, 2017 .................. 44.53
8. Kwaza, Guster, Holder, Brown, 2014 .................. 44.62
9. Poole, Reid, Floyd, Hobbs, 1994 .......................... 44.63
10. **Hargrove, Love, Tobias, Magee, 2022** .................. **44.66**

### 800-Meter Relay

2. Hobbs, Reid, Floyd, Poole, 1994 .......................... 1:35.69
5. Williams, Charles, Fouché, Providence, 2003 ............. 1:37.49
7. Charles, Dixon, Knight, Prendergast, 2002 ............. 1:38.15
8. Christian, Buss, Swanson, Morken, 2019 .................. 1:38.52
9. Prendergast, Dixon, Knight, Providence, 2001 ............. 1:38.73
10. Trusty, Hendricks, Graham, Erickson, 2009 ............. 1:38.79

### 1,600-Meter Relay

1. Hernandez, Guillory, Holder, Guster, 2016 ............. 3:30.97
3. Guster, Hernandez, Holder, Kwaza, 2014 ............. 3:34.83
4. **Bruxvoort, Dowd, Wensel, Roberts, 2022** ............. **3:35.08**
5. Praska, Hendricks, Liverpool, Erickson, 2011 ............. 3:35.93
6. Champe, Guillory, Plock, Sharpe, 2018 ............. 3:35.94
10. **King, Saunders, Bruxvoort, Strohman, 2021** ............. **3:36.50**

### 3,200-Meter Relay

1. McCabe, Arco, Saunders, King, 2019 .......................... 8:31.84
2. **Moore, A. Bookin-Nobisch, G. Bookin-Nobisch, Pitcher, 2022** .......................... **8:35.75**
3. Suppelsa, Wodek, Kruckeberg, Schneckloth, 1987 ............. 8:46.45
4. Lahann, Stanley, Hume, Barber, 2004 .................. 8:48.87
5. Schneckloth, Roberts, Hawkins, Kruckeberg, 1989 ............. 8:49.38
6. Trost, Maser, Alexia, Nelson, 2014 .................. 8:49.95
7. Nelson, Watts, Wilberding, Sindt, 2016 ............. 8:51.90
8. Flood, Dilhy, L. Hardesty, Docherty, 2009 ............. 8:53.91
9. Armstrong, Stanley, Laney, Hume, 2005 ............. 8:54.27
10. O’Brien, Camarigg, Williams, Stormo, 1981 ............. 8:54.36

### Distance Medley Relay

2. Armstrong, Alexander, Poncé, Stanley, 2007 ............. 11:25.05
4. Barber, Williams, Hume, Arens, 2004 ............. 11:34.56
5. Thompson, Williams, Hume, Arens, 2003 ............. 11:39.02
7. **G. Bookin-Nobisch, Roberts, A. Bookin-Nobisch, Aesoph, 2022** ............. **11:40.18**
8. Schrulle, Erickson, Placzek, Eilers, 2012 ............. 11:40.57
10. Pare, Grant, Benning, Gilchrist, 1997 ............. 11:41.92

### 6,400-Meter Relay

1. Flood, Melander, A. Hardesty, L. Hardesty, 2010 ............. 19:05.63
2. Nukuri, Marchand, Henize, Armstrong, 2008 ............. 19:15.42
5. Flood, Melander, A. Hardesty, Eilers, 2009 ............. 19:36.43
7. Jones, Bote Gonzalez, Wilberding, Reischmann, 2015 ............. 19:59.72
10. Arens, Barber, Butler, Roberts, 2001 ............. 20:40.89

### Sprint Medley Relay

2. Brown, Kwaza, Guster, Watts, 2014 ............. 3:51.18
3. **Hargrove, Dowd, Wensel, Pitcher, 2022** ............. **3:52.56**
4. Kwaza, Guster, Holder, Watts, 2016 ............. 3:52.62
5. Swanson, Morken, King, Arco, 2019 ............. 3:52.85
7. Christian, Buss, Guillory, Arco, 2019 ............. 3:54.18
10. Reid, Philip, Hobbs, Benning, 1995 ............. 3:56.54