

2022 WOMEN'S OUTDOOR SEASON & COLLEGIATE BEST PERFORMANCES - Updated 5/15/22

100 METERS (School Record - 11.13)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
LaSarah Hargrove	11.13 %	at Baldy Castillo Invite - 3/19/22	11.13 %	at Baldy Castillo Invite - 3/19/22
Lia Love	11.33	at Jim Click Shootout - 4/9/22	11.33	at Jim Click Shootout - 4/9/22
Miya Brines	11.86	Musco Twilight - 4/23/22	11.86	Musco Twilight - 4/23/22
Mytika Mayberry	12.19	2x, last at Musco Twilight - 4/23/22	12.19	2x, last at Musco Twilight - 4/23/22

100-METER HURDLES (School Record - 13.17)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Myreanna Bebe	13.14 %	at Beach Invite - 4/16/22	13.12 %	at NCAA West Preliminary - 5/27/21
Paige Magee	13.52 %	at Beach Invite - 4/16/22	13.17 *	at B1G Championships - 5/15/21
Tionna Tobias	13.64	at Baldy Castillo Invite - 3/18/22	13.58	at B1G Invite #1 - 3/27/21
Jade McDonald	13.97 %	Musco Twilight - 4/23/22	13.97 %	Musco Twilight - 4/23/22
Miya Brines	14.09 ^	at B1G Championships - 5/13/22	14.09 ^	at B1G Championships - 5/13/22

200 METERS (School Record - 22.30)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
LaSarah Hargrove	22.79	at Jim Click Shootout - 4/9/22	22.79	at Jim Click Shootout - 4/9/22
Lia Love	23.64	at Pepsi Florida Relays - 4/1/22	23.64	at Pepsi Florida Relays - 4/1/22
Payton Wensel	24.00	Musco Twilight - 4/23/22	24.00	Musco Twilight - 4/23/22
Erin Dowd	24.14	Musco Twilight - 4/23/22	24.14	Musco Twilight - 4/23/22
Tesa Roberts	24.71	Musco Twilight - 4/23/22	24.71	Musco Twilight - 4/23/22
Sarah Bova	24.88	at Baldy Castillo Invite - 3/18/22	24.88	at Baldy Castillo Invite - 3/18/22
Laney Fitzpatrick	24.95	Musco Twilight - 4/23/22	24.95	Musco Twilight - 4/23/22
Chloe Larsen	25.09	at Baldy Castillo Invite - 3/18/22	25.09	at Baldy Castillo Invite - 3/18/22
Tionna Tobias	25.37 ^	at B1G Championships - 5/13/22	24.43	at Fighting Illini Relay - 4/23/21
Miya Brines	25.75 ^	at B1G Championships - 5/13/22	25.09	at Tyson Invite - 2/12/22

* - school record, ^ - part of heptathlon, % - wind-aided

2022 WOMEN'S OUTDOOR SEASON & COLLEGIATE BEST PERFORMANCES - Updated 5/15/22

400 METERS (School Record - 51.35)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Tesa Roberts	53.95	at B1G Championships - 5/15/22	53.91	at B1G Championships - 2/25/22
Chloe Larsen	54.87	at Mt. SAC Relays - 4/15/22	54.87	at Mt. SAC Relays - 4/15/22
Laney Fitzpatrick	55.88	at Mt. SAC Relays - 4/15/22	55.88	at Mt. SAC Relays - 4/15/22
Sarah Bova	56.57	at B1G Championships - 5/14/22	56.15	at Tyson Invite - 2/11/22
Nylah Perry	57.65	at Drake Relays - 4/29/22	57.65	at Drake Relays - 4/29/22

400-METER HURDLES (School Record - 56.16)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Erin Dowd	56.77	at B1G Championships - 5/13/22	56.77	at B1G Championships - 5/13/22
Mariel Bruxvoort	57.45	at B1G Championships - 5/13/22	57.45	at B1G Championships - 5/13/22
Payton Wensel	57.63	at B1G Championships - 5/13/22	57.63	at B1G Championships - 5/13/22
Paige Magee	57.89	at B1G Championships - 5/13/22	57.89	at B1G Championships - 5/13/22
Nylah Perry	59.67	at B1G Championships - 5/13/22	59.67	at B1G Championships - 5/13/22

600 METERS

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Alli Bookin-Nosbisch	1:30.97	at Baldy Castillo Invite - 3/19/22	1:31.47	Larry Wieczorek Invite - 1/21/22
Grace Bookin-Nosbisch	1:33.79	at Baldy Castillo Invite - 3/19/22	1:33.40	Larry Wieczorek Invite - 1/21/22
Katie Moore	1:35.55	at Baldy Castillo Invite - 3/19/22	1:34.73	at Meyo Invite - 2/4/22
Logan Akason	1:38.64	at Baldy Castillo Invite - 3/19/22	1:36.54	at Razorback Invite - 1/28/22

* - school record, ^ - part of heptathlon, % - wind-aided

2022 WOMEN'S OUTDOOR SEASON & COLLEGIATE BEST PERFORMANCES - Updated 5/15/22

800 METERS (School Record - 2:03.78)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Clare Pitcher	2:06.05	at Bryan Clay Invite - 4/14/22	2:06.05	at Bryan Clay Invite - 4/14/22
Alli Bookin-Nosbisch	2:06.92	at Bryan Clay Invite - 4/14/22	2:06.92	at Bryan Clay Invite - 4/14/22
Grace Bookin-Nosbisch	2:09.07	at Bryan Clay Invite - 4/14/22	2:09.07	at Bryan Clay Invite - 4/14/22
Amber Aesoph	2:09.56	at Stanford Invite - 4/2/21	2:09.56	at Stanford Invite - 4/2/21
Katie Moore	2:11.16	at Bryan Clay Invite - 4/14/22	2:11.16	at Bryan Clay Invite - 4/14/22
Logan Akason	2:15.24	at Bryan Clay Invite - 4/14/22	2:12.34	at B1G Championships - 5/15/21
Emma Gordon	2:15.95	Musco Twilight - 4/23/22	2:15.21	at Fighting Illini B1G Relays - 4/23/21
Tionna Tobias	2:28.58 ^	at B1G Championships - 5/14/22	2:23.98 ^	at B1G Championships - 5/15/21
Sam Strauss	2:33.38	Musco Twilight - 4/23/22	2:23.81	Hawkeye Invite - 1/15/22

1,500 METERS (School Record - 4:17.41)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Amber Aesoph	4:24.87	at Bryan Clay Invite - 4/15/22	4:24.87	at Bryan Clay Invite - 4/15/22
Emma Gordon	4:31.00	at Bryan Clay Invite - 4/15/22	4:29.03	at Billy Hayes Invite - 5/1/21
Ellie Twedt	4:48.73	Musco Twilight - 4/23/22	4:47.58	at B1G Invite #2 - 4/9/21
Abby Ryon	4:51.59	Musco Twilight - 4/23/22	4:51.59	Musco Twilight - 4/23/22
Gabby Skopec	5:03.20	Musco Twilight - 4/23/22	4:39.74	at Billy Hayes Invite - 5/1/21
Maggie Gutwein	5:17.52	Musco Twilight - 4/23/22	5:17.52	Musco Twilight - 4/23/22

3,000 METERS (School Record - 9:18.82)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Maddie Block	10:04.53	Musco Twilight - 4/23/22	10:04.53	Musco Twilight - 4/23/22
Kelli Tasic	10:08.03	at Baldy Castillo Invite - 3/18/22	9:47.84	Hawkeye B1G Invite - 2/13/21
Ellie Twedt	10:08.91	at Baldy Castillo Invite - 3/18/22	10:08.91	at Baldy Castillo Invite - 3/18/22

3,000-METER STEEPLECHASE (School Record - 10:23.15)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Brooke McKee	10:45.84	at Drake Relays - 4/28/22	10:45.84	at Drake Relays - 4/28/22

* - school record, ^ - part of heptathlon, % - wind-aided

2022 WOMEN'S OUTDOOR SEASON & COLLEGIATE BEST PERFORMANCES - Updated 5/15/22

5,000 METERS (School Record - 15:45.84)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Kelli Tosic	17:02.03	at Stanford Invite - 4/2/21	17:02.03	at Stanford Invite - 4/2/21
Emma Gordon	17:04.65	at Stanford Invite - 4/2/21	17:04.65	at Stanford Invite - 4/2/21
Brooke McKee	17:21.59	at Stanford Invite - 4/2/21	16:50.17	at B1G Championships - 2/26/22
Maddie Block	17:32.70	at B1G Championships - 5/15/22	17:27.70	at Meyo Invite - 2/4/22
Micah Poellet	17:42.45	at Stanford Invite - 4/2/21	17:42.45	at Stanford Invite - 4/2/21

10,000 METERS (School Record - 33:17.01)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Kelli Tosic	35:19.42	at Bryan Clay Invite - 4/14/22	35:19.42	at Bryan Clay Invite - 4/14/22
Maddie Block	36:22.06	at Drake Relays - 4/28/22	36:22.06	at Drake Relays - 4/28/22

400-METER RELAY (School Record - 44.04)

Names	Season Best	Meet - Date
LaSarah Hargrove, Lia Love, Erin Dowd, Paige Magee	44.06	at Jim Click Shootout - 4/9/22
LaSarah Hargrove, Lia Love, Tionna Tobias, Paige Magee	44.66	at Baldy Castillo Invite - 3/19/22
LaSarah Hargrove, Tesa Roberts, Erin Dowd, Paige Magee	44.87	at Drake Relays - 4/29/22
LaSarah Hargrove, Lia Love, Mytika Mayberry, Myreanna Bebe	45.12	at Mt. SAC Relays - 4/15/22
Jade McDonald, Tesa Roberts, Laney Fitzpatrick, Chloe Larsen	46.90	at Jim Click Shootout - 4/9/22
Mytika Mayberry, Miya Brines, Laney Fitzpatrick, Sarah Bova	47.55	Musco Twilight - 4/23/22

1,600-METER RELAY (School Record - 3:30.97)

Names	Season Best	Meet - Date
Mariel Bruxvoort, Erin Dowd, Payton Wensel, Tesa Roberts	3:33.18	at B1G Championships - 5/15/22
Mariel Bruxvoort, Tesa Roberts, Payton Wensel, Erin Dowd	3:35.40	at Jim Click Shootout - 4/9/22
Erin Dowd, Chloe Larsen, Sara Bova, Alli Bookin-Nosbisch	3:38.14	at Baldy Castillo Invite - 3/19/22
Clare Pitcher, Chloe Larsen, Alli Bookin-Nosbisch, Laney Fitzpatrick	3:42.41	at Jim Click Shootout - 4/9/22
Chloe Larsen, Laney Fitzpatrick, Alli Bookin-Nosbisch, Clare Pitcher	3:42.90	at Mt. SAC Relays - 4/15/22
Katie Moore, Chloe Larsen, Grace Bookin-Nosbisch, Laney Fitzpatrick	3:45.63	at Beach Invite - 4/16/22
Laney Fitzpatrick, Chloe Larsen, Grace Bookin-Nosbisch, Nylah Perry	3:51.05	at Drake Relays - 4/30/22
Grace Bookin-Nosbisch, Katie Moore, Nylah Perry, Logan Akason	3:51.13	at Jim Click Shootout - 4/9/22

* - school record, ^ - part of heptathlon, % - wind-aided

2022 WOMEN'S OUTDOOR SEASON & COLLEGIATE BEST PERFORMANCES - Updated 5/15/22

SPRINT MEDLEY RELAY (School Record - 3:48.63)

Names LaSarah Hargrove, Erin Dowd, Payton Wensel, Clare Pitcher	Season Best 3:52.56	Meet - Date at Drake Relays - 4/30/22
---	-------------------------------	---

3,200-METER RELAY (School Record - 8:31.84)

Names Katie Moore, Alli Bookin-Nosbisch, Grace Bookin-Nosbisch, Clare Pitcher	Season Best 8:35.75	Meet - Date at Drake Relays - 4/29/22
---	-------------------------------	---

DISTANCE MEDLEY RELAY (School Record - 11:22.18)

Names Grace Bookin-Nosbisch, Tesa Roberts, Alli Bookin-Nosbisch, Amber Aesoph	Season Best 11:40.18	Meet - Date at Drake Relays - 4/30/22
---	--------------------------------	---

HIGH JUMP (School Record - 1.86 meters)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Maria Gorham	5-7 1/4 (1.71m)	at Beach Invite - 4/16/22	5-7 1/4 (1.71m)	at Beach Invite - 4/16/22
Tionna Tobais	5-5 (1.65m) ^	at B1G Championships - 5/13/22	5-5 (1.65m)	2x, last at B1G Championships - 5/13/22
Miya Brines	5-1 1/4 (1.56m) ^	at B1G Championships - 5/13/22	5-1 1/4 (1.56m) ^	at B1G Championships - 5/13/22

LONG JUMP (School Record - 6.78 meters)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Tionna Tobias	19-4 1/2 (5.90m)	at Pepsi Florida Relays - 4/1/22	20-1 1/2 (6.13m)	Larry Wiczorek Invite - 1/21/22
Jade McDonald	18-7 (5.66m) %	Musco Twilight - 4/23/22	18-2 1/2 (5.55m)	Jimmy Grant Invite - 12/11/21
Miya Brines	17-6 3/4 (5.35m) ^%	at B1G Championships - 5/14/22	17-6 3/4 (5.35m) ^	at B1G Championships - 5/14/22

TRIPLE JUMP (School Record - 13.46 meters)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Kayla Hutchins	39-8 3/4 (12.11m)	at Jim Click Shootout - 4/9/22	41-10 (12.75m)	at B1G Husker Invite - 4/17/21
Jade McDonald	39-2 1/4 (11.94m)	2x, last at Drake Relays - 4/29/22	40-0 1/2 (12.20m)	at B1G Championships - 2/26/22

* - school record, ^ - part of heptathlon, % - wind-aided

2022 WOMEN'S OUTDOOR SEASON & COLLEGIATE BEST PERFORMANCES - Updated 5/15/22

SHOT PUT (School Record - 18.02 meters)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Kat Moody	53-0 (16.15m)	at B1G Championships - 5/15/22	54-7 1/2 (16.65m)	2x, last at NCAA Champ's - 6/10/21
Jamie Kofron	50-6 (15.39m)	at Mt. SAC Relays - 4/14/22	50-6 (15.39m)	at Mt. SAC Relays - 4/14/22
Nicole Berry	50-5 1/4 (15.37m)	at Jim Click Shootout - 4/9/22	52-6 3/4 (16.02m)	at Badger St. Valentine's Inv - 2/18/22
Ianna Roach	48-2 3/4 (14.70m)	Musco Twilight - 4/23/22	48-2 3/4 (14.70m)	Musco Twilight - 4/23/22
Tionna Tobias	35-7 3/4 (10.86m) ^	at B1G Championships - 5/13/22	35-7 3/4 (10.86m) ^	at B1G Championships - 5/13/22
Miya Brines	29-11 1/4 (9.12m) ^	at B1G Championships - 5/13/22	29-11 1/4 (9.12m) ^	at B1G Championships - 5/13/22

DISCUS THROW (School Record - 63.94 meters)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Kat Moody	174-7 (53.23m)	at B1G Championships - 5/14/22	174-7 (53.23m)	at B1G Championships - 5/14/22
Jamie Kofron	166-1 (50.62m)	at Jim Click Shootout - 4/9/22	166-1 (50.62m)	at Jim Click Shootout - 4/9/22
Alivia Bauer	158-4 (48.27m)	at B1G Championships - 5/14/22	158-4 (48.27m)	at B1G Championships - 5/14/22
Nicole Berry	135-3 (41.22m)	at Baldy Castillo Invite - 3/18/22	150-3 (45.79m)	at Emory Classic - 3/29/19

HAMMER THROW (School Record - 62.92 meters)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Amanda Howe	212-9 (64.84m) *	at B1G Championships - 5/13/22	212-9 (64.84m) *	at B1G Championships - 5/13/22
Alivia Bauer	176-1 (53.670m)	at Beach Invite - 4/15/22	176-1 (53.670m)	at Beach Invite - 4/15/22
Jamie Kofron	173-3 (52.82m)	at Beach Invite - 4/15/22	173-3 (52.82m)	at Beach Invite - 4/15/22
Ianna Roach	145-5 (44.33m)	at Baldy Castillo Invite - 3/18/22	154-2 (47.00m)	at B1G Florida Invite- 4/2/21

JAVELIN THROW (School Record - 55.30 meters)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Tionna Tobias	92-1 (28.06m) ^	at B1G Championships - 5/14/22	92-1 (28.06m) ^	at B1G Championships - 5/14/22
Miya Brines	77-7 (23.64m) ^	at B1G Championships - 5/14/22	77-7 (23.64m) ^	at B1G Championships - 5/14/22

HEPTATHLON (School Record - 5,679 points)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Tionna Tobias	5,124 points	at B1G Championships - 5/13-14/22	5,124 points	at B1G Championships - 5/13-14/22
Miya Brines	3,960 points	at B1G Championships - 5/13-14/22	3,960 points	at B1G Championships - 5/13-14/22

* - school record, ^ - part of heptathlon, % - wind-aided