PENN STATE LADY LIONS
(11-6, 2-4)

Last game: LOST to NEBRASKA 80-51
Last time vs. IOWA: Has lost the last 6 matchups
Head coach: CAROLYN KIEGER (4th season)

#	Name	P	Ht	Y	Stats				Notes
1	ALI BRIGHAM	F	6-4	JR	PPG	3.8	RPG	2.7	*1 rebound*
					FG%	61%	APG	1.1	
					3FG%	0%	FT	75%	
4	SHAY CIEZKI Ches-kee	G	5-7	FR	PPG	10.7	RPG	1.9	*10 points*
					FG%	42%	APG	2.6	
					3FG%	42%	FT	73%	
5	LEILANI KAPINUS	G	5-10	SO	PPG	11.3	RPG	6	*3 points, 5 rebounds* *Leads the B1G with 3.1spg*
					FG%	48%	APG	2.7	
					3FG%	23%	FT	72%	
10	CHANAYA Sha-NYE-uh PINTO Pin-Tu	G	6-1	SR	PPG	6	RPG	4.4	*3 points, 5 rebounds*
					FG%	48%	APG	1.8	
					3FG%	21%	FT	68%	
11	ANNA CAMDEN	F	6-3	SR	PPG	2.9	RPG	1.1	*3 points*
					FG%	30%	APG	0.9	
					3FG%	32%	FT	50%	
20	MAKENNA MARISA	G	5-11	SR	PPG	18.4	RPG	4.6	*14 points* *5th in B1G in ppg*
					FG%	43%	APG	4.2	
					3FG%	42%	FT	76%	
23	TANIYAH Tazz THOMPSON	G	5-11	SR	PPG	7.3	RPG	1.9	*10 points, 2 rebounds* *Microwave scorer* *Coachable*
					FG%	44%	APG	0.5	
					3FG%	36%	FT	73%	
24	ALEXA WILLIAMSON	F	6-2	GS	PPG	6.5	RPG	3.1	*5 points, 4 rebounds*
					FG%	49%	APG	0.6	
					3FG%	0%	FT	59%	
33	JOHNASIA CASH	F	6-3	GS	PPG	3.7	RPG	4.9	*3 rebounds*
					FG%	39%	APG	0.8	
					3FG%	0%	FT	56%	

TEAM	PPG	FG%	3FG%	FT%	RPG	OREB	DREB	APG	SPG	BPG	TO
PENN ST	74.2 10	44% 7	36% 4	69% 12	36.8 12	12.5 4	24.4 13	16.2 9	12.5 2	2.6 13	17.4 13
OPPONENTS	66 7	41% 11	32% 11		35.2 6			15.6	8.3	2.2	21.9 3

AVERAGES/LAST GAME	
POINTS IN PAINT	22
POINTS OFF TO	23.1
2ND CHANCE POINTS	7
FAST BREAK POINTS	9
BENCH POINTS	16
THREE'S MADE	6.8

PENN ST
- Press: 1-2-2 or full court man, what makes your press effective?
  - Want to be to sprint out of traps and get multiple traps
    - We need to improve upon it being all or nothing
- How has Leilani become such an effective defender?
  - Has been a natural on-ball defender, but now she's thinking on or two passes
  - Maturity and IQ
- This is the best Marisa has shot from three in her career, what's been the biggest difference this season?
  - She's been able to get off the ball
  - She's at her best when she can do both
  - Her 3-level scoring is her greatest value naturally
- What's impressed you most about Shay?
  - She's a natural scorer, but want her to play PG as well
- How do you approach guarding a player like Caitlin Clark?
  - Must be physical with her, want to put different sizes on her, distract her vision
  - Cannot let others go off

OLD STUFF
OFFENSE
Offensively: working on shot selection more: Calls her team unselfish
- Want to work on good vs. great shots
  - 30-22: push tempo
  - 22-8: patience
  - 8-0: be deadly
- KRYPTONITE: Live ball TO
- Defensive improvements have been big: playing **pack-line defense**: Packs the middle of the paint to make it hard to score inside
  - **Emphasis on**: help defense, ball pressure, getting into passing lanes, pushing ball to middle (no baseline drives)
    - Don't want to get beat by post players
  - **Pros**: Force outside shots, difficult to score in post, limits dribble penetration
  - **Cons**: Can be exploited by great outside shooting, requires great closeouts/teamwork
  - Great for teams who have size but lack athleticism
  - Works well vs. teams who don't have great shooters
  - Last year, Lady Lions LAST in B1G in point allowed per game: 76.2