2023 SCHEDULE

Jan. 7        *Super 16 Presented by Ozone 2 p.m.
Jan. 14       at Wasatch Classic 9 p.m.
Jan. 22       at Ohio State 1 p.m.
Jan. 27       Minnesota 6:30 p.m.
Feb. 6        at Nebraska 6 p.m.
Feb. 11       $ Michigan State 5 p.m.
Feb. 18       Rutgers 5 p.m.
Feb. 24       ! at Big Five TBA
Feb. 26       TBA TBA
March 4       Iowa State 5 p.m.
March 10      at Southern Utah 7 p.m.
March 18      $ at Big Ten Championships TBA
March 30-     at NCAA Regionals TBA
April 1       *Meet in Las Vegas, NV
               ! Meet in Long Island, NY
               $ in Coralville, IA at Xtream Arena
               *All times Central and subject to change

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UNIVERSITY OF IOWA NONDISCRIMINATION STATEMENT
The University of Iowa prohibits discrimination in employment, educational programs, and activities on the basis of race, creed, color, religion, national origin, age, sex, pregnancy, disability, genetic information, status as a U.S. veteran, service in the U.S. military, sexual orientation, gender identity, associational preferences, or any other classification that deprives the person of consideration as an individual. The university also affirms its commitment to providing equal opportunities and equal access to university facilities. For additional information on nondiscrimination policies, contact the Director, Office of Equal Opportunity and Diversity, The University of Iowa, 202 Jessup Hall, Iowa City, IA, 52242-1316, 319-335-0705 (voice), 319-335-0697 (TDD), diversity@uiowa.edu.
IOWA WOMEN'S GYMNASTICS

2023 MEDIA GUIDE

QUICK FACTS

UNIVERSITY OF IOWA INFORMATION
Location ____________________ Iowa City, Iowa
Enrollment ____________________ 31,206
Founded ______________________ 1847
Nickname ______________________ Hawkeyes
Colors ________________________ Black and Gold
Affiliation ____________________ NCAA Division I
Conference ____________________ Big Ten
President ______________________ Barbara J. Wilson
Director of Athletics ______________ Gary Barta

2023 TEAM INFORMATION
Letterwinners Returning ___________________________ 10
Newcomers _______________________________________ 9

COACHING STAFF
Head Coach __________________________ Larissa Libby/19th Season
Alma Mater __________________________ Louisiana State, 1996
Assistant Coach _______________________ Jessa Hansen Parker/3rd Season
Alma Mater __________________________ University of Iowa, 2012
Assistant Coach _______________________ Quest Hayden/2nd Season
Alma Mater __________________________ Penn State, 2018
Director, Operations __________ Ryan Ruckdaschel/2nd Season
Alma Mater __________________________ University of Iowa, 2019
Volunteer Assistant ________________ Rachel David

2022 SEASON INFORMATION
Overall Record ___________________________ 11-6
Big Ten Record ___________________________ 5-4
Big Ten Championships Finish (Points) _______ 3rd/ 196.950
NCAA Regional Championships Finish (Points) _______ 2nd/ 196.900
NCAA Regional Final ______________________ 4th/ 197.075

IOWA WOMEN'S GYMNASTICS HISTORY
All-Americans ___________________________ 12
NCAA All-Americans (at NCAA Meet) ______ 6
NCAA Individual Champions ____________ --
NCAA Regional Champions ______________ 4
Big Ten Individual Champions ____________ 18
Big Ten All-Around Champions ___________ 2
Big Ten Team titles ______________________ 1

COMMUNICATIONS INFORMATION
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Women's Gymnastics Contact ____________ Abby Wisecup
Email ________________________________ abigail-wisecup@uiowa.edu
Cell Phone _____________________________ 712-490-4639
Twitter ________________________________ @IowaGymnastics
Facebook ______________________________ /IowaGymnastics
Instagram _____________________________ @IowaGymnastics
Website ______________________________ www.hawkeyesports.com
Name                  | Pos.       | Yr.  | Hometown/High School (Last School)
Alex Bradford        | UB, BB, FX | So.  | Fairfield Township, Ohio/Ohio Connections Academy
Ella Castellanos    | AA        | Jr.  | Cumming, GA/Long Island
Hanna Castillo       | AA        | Fr.  | Boca Raton, Fla/Monarch
Avery Chambers       | AA        | Fr.  | Lombard, Ill./Glenbard East
Alexa Ebeling        | BB, FX    | So.  | Adel, Iowa/Adel DeSoto Minburn
Emily Erb            | AA        | Fr.  | Flemington, N.J./Hunterdon Central Reg
JerQuavia Henderson  | AA        | Sr.  | Peoria, Ill./Dunlap
Adeline Kenlin       | AA        | Jr.  | Iowa City, Iowa/West Branch
Kendall Laplante     | AA        | Jr.  | Seminole, Fla./Seminole
Bailey Libby         | AA        | Fr.  | Iowa City, Iowa/Iowa City West
Gianna Masella       | AA        | Fr.  | Palm Harbor, Fla/Palm Halbor University
Kareena Mcsweeny     | UB, BB, FX| Jr.  | Cedar Rapids, Iowa/Abeeka
Karina Muñoz         | AA        | Fr.  | East Brunswick, N.J./East Brunswick
Aubrey Nick          | AA        | Jr.  | Wauconda, Ill./Wauconda
Ellie Rogers          | AA        | Sr.  | Spotsylvania, Pa./Courtland
Marissa Rojas         | AA        | So.  | Canton, Mich./Michigan Connections Academy
Haley Tyson           | AA        | Fr.  | Aurora, Ill./Minnesota
Kaia Vanney           | AA        | Fr.  | Redondo Beach, Calif./Redondo Union
Linda Zivat           | AA        | Sr.  | Manhattan, Ill./Lincoln-Way West (Michigan State)
Allison Zuhlke       | V, UB, BB | Jr.  | Waukesha, Wis./Lake Country Lutheran (Towson University)

COACHING STAFF

Head Coach: Larissa Libby (19th season, LSU, 1996)
Assistant Coach: Jessa Hansen Parker (3rd season, University of Iowa, 2012)
Assistant Coach: Quest Hayden (2nd season, Penn State, 2018)
Volunteer Assistant: Rachel David (3rd season, University of Iowa, 2020)
Director, Operations: Ryan Ruckdaschel (2nd season, University of Iowa, 2019)
Athletic Trainer: Juliana Perno
Managers: Maycee Smith & Elijah Gladde

PRONUNCIATION GUIDE

Alex Ebeling ________________ Eeb-ling
JerQuavia Henderson ____________ Jer-kwa-ve-ia
Adeline Kenlin ________________ Add-uh-line
Marissa Rojas ________________ Row-haws
Linda Zivat ________________ Ziv-it
Allison Zuhlke ________________ Zull-key

ROSTER BREAKDOWN

Class: Freshman (7), Sophomores (4), Juniors (6), Seniors (3)
State: Iowa (4), California (1), Illinois (4), Florida (3), Georgia (1), Wisconsin (1), Michigan (1), Ohio (1), New Jersey (2), Virginia (1)
PHOTO ROSTER

Alex Bradford | So. | UB, BB, FX
Ella Castellanos | Jr. | AA
Hanna Castillo | Fr. | AA
Avery Chambers | Fr. | AA
Alexa Ebeling | So. | BB, FX
Emily Erb | Fr. | AA
JerQuavia Henderson | Sr. | AA
Adeline Kenlin | Jr. | AA
Kendall Laplante | Jr. | AA
Bailey Libby | Fr. | AA
Gianna Masella | Fr. | AA
Kareena McSweeney | Jr. | UB, BB, FX
Karina Munoz | Fr. | AA
Aubrey Nick | Jr. | AA
Ellie Rogers | Sr. | AA
Marissa Rojas | So. | AA
Haley Tyson | So. | AA
Kaia Vanney | Fr. | AA
Linda Zivat | Sr. | AA
Allison Zuhlke | Jr. | V, UB, BB
Larissa Libby | Head Coach
Jessa Hansen Parker | Assistant Coach
Quest Hayden | Assistant Coach
Rachel David | Volunteer Assistant
Ryan Ruckdaschel | Director, Operations
Larissa Libby enters her 19th year as head coach, and 23rd year overall, at the University of Iowa in the 2023 season.

During her tenure in Iowa City, the Hawkeyes have been a consistent top 25 team nationally, as she has led the program to 21 straight NCAA Regional appearances (individually or as a team). During the 2022 season, Libby led the Hawkeyes to the NCAA Regional Final and Adeline Kenlin to NCAA beam runner-up honors. It came on the heels of a 2021 season where Libby led Iowa to the Big Ten regular season title — the first in program history.

The three-time Big Ten and two-time NCAA Regional Coach of the Year has coached 11 WGCA All-Americans and six first-team All-Americans at the NCAA Championships. Libby has coached 14 Big Ten champions, six NCAA Regional champions, 11 NCAA Championships qualifiers, while 54 student-athletes have earned All-Big Ten honors, including 26 first-team selections.

The Hawkeyes have also excelled in the classroom and has had a strong community presence under Libby’s watch. Forty-eight student-athletes have been Academic All-Americans.

The GymHawks’ program surge continued during the 2022 season under Libby’s watch. The Hawkeyes posted five of the top eight scores in program history during the season, won the first session and finished third at the Big Ten Championships before knocking off No. 6 LSU in NCAA Regionals to advance to the NCAA Regional Final for the first time under the current format.

The Hawkeyes scored a 197.075 in the Regional Final — the second-highest score and just third 197 in program history.

Iowa finished the season ranked 15th nationally and the Hawkeyes climbed as high as No. 9 in the Road to Nationals poll during the regular season, which was the second-highest ranking in school history.

Kenlin earned an individual spot at the NCAA Championships on the balance beam after scoring a 9.950 in the NCAA Regionals. She then shined on the grand stage, posting a second 9.950 to finish as the event runner-up to Olympic Gold Medalist Suni Lee. Kenlin’s finish was the highest by a Hawkeye all-time and was the highest beam score for the program at the NCAA meet. She earned first-team All-America honors at the NCAA Championships, becoming the sixth such All-American in program history.

The Hawkeyes also earned two WCGA All-America honors during the regular season, as Lauren Guerin and JerQuavia Henderson earned the distinction on floor. Iowa also had five gymnasts — Guerin, Clair Kaji, Bridget Killian, Henderson and Kenlin — garner All-Big Ten honors, a figure that tied a school record set in 2017. Henderson was a first-team honoree for a second straight season, while Guerin and Kaji earned their fourth career honor.

During the Big Ten Championships, Guerin shared the floor title for a second straight season, becoming the 18th Big Ten champion and eighth floor champion in school history. Iowa was masterful on floor during the year as Guerin and Henderson both tied school records on the event with 9.975s and the team set a school record on floor, scoring a 49.650 in the comeback win over Penn State.

The Hawkeyes finished the year with 64 scores of 9.900 or higher during the season and nine different gymnasts won at least one event title.

Academically, the program shined with a program record 14 Academic All-Big Ten honorees. Twenty-two Hawkeyes earned Dean’s List honors over the course of the fall and spring semesters and five gymnasts were President’s List honorees.

Libby led the GymHawks to one of the best seasons in program history in 2021. Iowa finished the regular season with an 8-0 record to claim the first Big Ten title in program history. Iowa posted four of the top 10 scores in school history during the season, including a 197.050 — the second-best score all-time — at the NCAA Tuscaloosa Regional. The Hawkeyes also won the Big Five Meet in Ann Arbor, and finished tied for third at the Big Ten Championships.

Two Hawkeyes — Guerin and Henderson — shared Big Ten floor titles, making them the third and fourth Big Ten floor champions in school history and the first since 2004. Guerin, Henderson and Kaji were all named to the Big Ten All-Championships team.

Iowa climbed as high as No. 7 in the Road to Nationals rankings — the
highest in program history — before finishing the year ranked 17th. Iowa was rated as the No. 1 floor team in the country for much of the year and the group finished fourth nationally. The GymHawks set the school record on floor, scoring a 49.600 in a tri-meet against Minnesota and Maryland on Feb. 13 in Carver-Hawkeye Arena.

Iowa’s record-breaking season led to Libby earning Big Coach of the Year honors for the third time in her career and she coached four All-Big Ten selections, including first-teamers Kenlin, Kaji and Henderson. Kenlin also became the fourth Hawkeye all-time to earn Big Ten Freshman of the Year honors.

For the first time in school history, Iowa had three All-Americans in the same season as Guerin, Henderson and Kenlin all earned the distinction. Guerin was a first-team selection with a national qualifying score of 9.950 on floor. Henderson and Kenlin also tied school records — on floor and beam, respectively — as both athletes posted 9.975 scores (including one perfect 10.000) to tie records previously set in 2004 and 2002.

Iowa was honored early and often in 2021 as the program had a school-record nine Big Ten weekly honors. Kenlin was recognized four times, while Kaji (three) and Guerin (two) were multi-time honorees.

Academically, the Hawkeyes had 11 student-athletes earn Academic All-Big Ten honors, six were Big Ten Distinguished Scholars, and 21 earned Dean’s List honors over the course of the fall and spring semester.

During the 2020 season, the Hawkeyes climbed as high as No. 25 in the national rankings before the season was cancelled because of the global coronavirus pandemic. Guerin earned second-team All-America and first-team All-Big Ten honors at season’s end.

In 2019, Libby led the GymHawks to a No. 31 national ranking and Big Five session victory. Iowa defeated Arizona in the opening round of the Corvallis Regional behind a 49.200 floor score, but bowed out of the regional in the second round. An influx of young talent provided a spark for the team. Kaji garnered first-team All-Big Ten honors, while senior Nicole Chow and Guerin were second-team selections.

During the 2018 season, Libby led Iowa to its 18th NCAA Regional appearance with a No. 33 national ranking and a 13-win season. The GymHawks finished sixth at the NCAA Regional in Minneapolis with a total of 195.050. Iowa recorded a season-high 196.400 at the Big Ten Championships to finish fourth overall. Sophomore Charlotte Sullivan was named to the All-Championship Team for the first time in her career. During the regular season, Libby coached three GymHawks — Lanie Snyder, Nikki Youd, and Nicole Chow — to second-team All-Big Ten honors. In the classroom, Iowa had a record 11 gymnasts earn Academic All-Big Ten recognition.

In 2017, Libby was named the Big Ten Coach of the Year after leading the GymHawks to a No. 18 national ranking and an overall record of 25-11, with a conference mark of 13-5. At the Big Ten Championships, Iowa placed third after recording the best championship score in program history with a 196.725. Iowa qualified for the Champaign NCAA Regional, where it finished third with a score of 196.050. At the NCAA Regionals, the GymHawks set the school record on beam with a rotation score of 49.600 — shattering the previous record of 49.425.

Freshman Clair Kaji and senior Angel Metcalf finished on top of the podium.
in the event with season-bests of 9.950 to advance to the NCAA Championships. Metcalf competed in the all-around (39.3100), while Kaji appeared as a specialist on beam (9.8625).

Under Libby’s guidance, the GymHawks compiled a vast list of awards throughout the season. A record five gymnasts — seniors Mollie Drenth and Angel Metcalf, juniors Lanie Snyder and Melissa Zurawski, and Kaji — earned All-Big Ten honors. Drenth, Metcalf and Snyder were also named to the All-Championship Team. The Hawkeyes also had nine student-athletes named Academic All-Big Ten.

In 2016, Libby was named NCAA North Central Region Coach of the Year after coaching the GymHawks to one of the best seasons in program history with 10 wins and a No. 19 national ranking — the program’s first top-20 ranking since 2011. The program was selected to host NCAA Regional competition in Iowa City.

Six GymHawks placed in the top 15 for individual events, leading Iowa to a fourth-place finish with a score of 195.450. Libby coached juniors Mollie Drenth and Angel Metcalf to All-Championship team. Drenth was selected to compete at the NCAA Championship as an individual, where she garnered All-America honors by placing third on beam with a score of 9.9125. Drenth was Iowa’s first All-American since Alexis Maday in 2004.

At the Big Ten Championships, Libby coached the team to nine top-20 finishes and a fifth-place finish with a score of 195.875, and senior Alie Glover, Drenth, and Metcalf were named to the All-Big Ten Championship team for a second consecutive year. Six Hawkeyes earned Academic All-Big Ten honors.

In 2015, the GymHawks qualified for NCAA Regionals, marking the program’s seventh postseason berth in the last eight years. Five GymHawks placed in the top 15 for individual events, leading Iowa to a fifth place regional finish and a score of 194.475. Libby coached the GymHawks to a season high score of 196.500 at the Big Ten Championships — the team’s best championship team result since 2010. Iowa’s performance also marked the highest team score for the program at the Big Ten Championships since 2004.

Iowa was ranked in the top 25 for six consecutive weeks during the 2015 season. The GymHawks ended the season at No. 23, marking the program’s first Top 25 ranking since 2012. Libby led sophomores Mollie Drenth and Angel Metcalf, junior Alie Glover, and senior Sydney Hoerr, to earn spots on the All-Championship Team. Libby is also responsible for the only other gymnast named to the All-Championship Team (Emma Stevenson, 2012) in program history.

Libby coached Iowa to a 195.775-195.175 victory over in-state rival Iowa State inside Carver-Hawkeye Arena in the team’s home finale. The win was the first over the Cyclones since March 8, 2013. Overall, the GymHawks collected eight conference wins, a seven-win improvement from the previous season. Libby coached senior Sydney Hoerr to second-team All-Big Ten honors for the second consecutive year and four student-athletes were Academic All-Big Ten selections.

In 2014, six Hawkeyes were selected for NCAA Regional competition. Sophomore Alie Glover, freshman Angel Metcalf, and junior Sydney Hoerr were selected as all-around competitors, while freshman Jordyn Doherty was chosen to compete on vault and freshman Mollie Drenth competed on floor. Sophomore Maryah Huntley was selected as the alternate behind Drenth on floor. Libby coached Hoerr to second-team All-Big Ten honors, while Hoerr, junior Caitlin Tanzer and sophomore Alie Glover earned Academic All-Big Ten honors.

Libby led Iowa to its sixth-consecutive NCAA postseason appearance, the seventh in her tenure, during her ninth year as head coach in 2013. The Hawkeyes
finished sixth in the Norman Regional, posting 194.475. In the regular season, Iowa clinched the Cy-Hawk Series, defeating Iowa State with a season-best, 196.375-194.575. Iowa was the only Big Ten team to down Minnesota, the regular season Big Ten Co-Champions (195.725-195.550).

Under Libby’s guidance, Iowa finished its 2013 homestand undefeated. The Hawkeyes recorded their highest-ever average home attendance (1,414), drawing a season-high 2,303 fans against Iowa State. Iowa found success in the classroom as four GymHawks received Academic All-Big Ten honors.

In 2012, the Hawkeyes finished the season ranked 26th nationally, the highest finish since 2004. Libby coached Tesla Cox to second-team All-Big Ten honors and Emma Stevenson to the Big Ten All-Championship Team. The Hawkeyes hosted the Big Ten Championships, drawing a season-high attendance figure of 1,661. Libby led the Hawkeyes to a fifth-consecutive NCAA postseason appearance, where the team posted a 194.600 to finish fifth at the Seattle Regional.

The Hawkeyes raised their streak to four-straight NCAA appearances in 2011 with a fifth place finish at the Corvallis Regional. The team placed sixth and posted an 11-6 record during the season. Libby coached three All-Big Ten selections in Rebecca Simbhudas, Houry Gebeshian, and Jessa Hansen. Simbhudas and Gebeshian also made individual appearances at the NCAA Championships as Simbhudas was named North Central Region Gymnast of the Year.

Libby led Iowa to a third place finish at the 2010 Big Ten Championships — its best finish in six years. On top of another NCAA Regional berth, Libby coached Houry Gebeshian to a Big Ten title on beam, just the second in program history. Gebeshian, Jessa Hansen, and Rebecca Simbhudas were selected to the All-Big Ten team. Additionally, Simbhudas qualified as an individual for the NCAA Championships and earned All-America honors on beam.

In 2009, Libby led her squad to a 10-5 record and was named North Central Region Coach of the Year. The Hawkeyes had two first-team All-Big Ten selections — Houry Gebeshian and Jenifer Simbhudas. In 2008, Libby coached the Hawkeyes to their first NCAA appearance since 2005 and a fifth place finish at the Big Ten Championships. She was selected as Big Ten Coach of the Year and Jenifer Simbhudas was a first-team All-Big Ten selection and a two-time Big Ten Gymnast of the Week. In the classroom, five GymHawks were named Academic All-Big Ten and seven were academic All-Americans.

In 2007, Libby led the Hawkeyes to a number of individual records. Katie Burke earned career-highs on vault, bars, floor, and in the all-around, ending a highly successful season with an NCAA Championship appearance. Kara Pinjuv, Jenifer Simbhudas, and Katie Turcotte all qualified to NCAA Regional competition. In addition to their NCAA success, Burke earned first-team All-Big Ten honors, while Pinjuv, Turcotte, and Simbhudas were second-team selections.

Libby took over as Iowa’s head coach in June 2005. She led Iowa to NCAA Regional competition in 2005 and Liz Grajewski was a second-team All-Big Ten honoree. In 2006, three Hawkeyes competed at NCAA Regionals. Prior to taking over as head coach, Libby served as the program’s associate head coach in 2004 and was an assistant from 2000-03 where she tutored Maday — an All-American, national champion, and Big Ten Athlete and Big Ten Freshman of the Year.

Before joining the Hawkeyes, Libby served four years as the assistant women’s coach at Louisiana State University, her alma mater. While at LSU, she produced nine beam All-Americans, the top-ranked beam team in 1999 and helped coach LSU to four consecutive NCAA Championship team appearances.

As a competitive gymnast in Canada, Libby burst onto the scene at age 11, quickly becoming a junior national champion and a senior national champion shortly after. A member of the 1987 and 1989 Canadian World Championship teams, Libby led the Canadian team to its best-ever sixth-place finish, placing 18th in the world in the all-around and becoming Canada’s first ever world vault finalist. Along with world recognition, Libby was also a member of the Canadian Olympic team in 1988. She has earned over 30 international individual and event medals and was honored as the Canadian Gymnast of the Year in 1989 and 1990. In 2006, Libby was honored for her many national and international accomplishments. The Whitby Sports Council, the hometown where Libby began her outstanding career, selected Libby to be inducted into the Whitby Sports Hall of Fame, an honor bestowed on some of Canada’s greatest athletes.

Originally from Pickering, Canada, Libby was a collegiate gymnast at Louisiana State. She was a four-year team captain and the Central Region bar champion in 1995. Libby graduated from LSU in 1996, with a bachelor of science degree in psychology and a minor in French. Her husband, Chad, is the program director of athletic training at Coe College. The couple has two daughters, Taylor and Bailey.
University of Iowa graduate and former Gymhawk Jessa Hansen Parker is in her third season as an assistant coach with the Iowa women’s gymnastics program.

During her first two seasons with the Hawkeyes, Hansen Parker has coached an NCAA Championships runner-up, five WCGA All-Americans, one Big Ten Freshman of the Year and nine All-Big Ten selections. The GymHawks ended both seasons ranked in the top 20 nationally, including a No. 15 national ranking in 2022.

Hansen Parker’s second season was a stellar follow-up to Year 1 as the GymHawks posted five of the top eight scores in program history during the season, won the first session and finished third at the Big Ten Championships before knocking off No. 6 LSU in NCAA Regionals to advance to the NCAA Regional Final for the first time under the current format. The Hawkeyes scored a 197.075 in the Regional Final — the second-highest score and just third 197 in program history.

Iowa finished the season ranked 15th nationally and the Hawkeyes climbed as high as No. 9 in the Road to Nationals poll during the regular season, which was the second-highest ranking in school history.

Sophomore Adeline Kenlin earned an individual spot at the NCAA Championships on the balance beam after scoring a 9.950 in the NCAA Regionals. She then shined on the grand stage, posting a second 9.950 to finish as the event runner-up. Kenlin’s finish was the highest by a Hawkeye all-time and was the highest beam score for the program at the NCAA meet. She earned first-team All-America honors at the NCAA Championships, becoming the sixth such All-American in program history.

The Hawkeyes also earned two WCGA All-America honors during the regular season, as Lauren Guerin and JerQuavia Henderson earned the distinction on floor. Iowa also had five gymnasts — Guerin, Clair Kaji, Bridget Killian, Henderson and Kenlin — garner All-Big Ten honors, a figure that tied a school record set in 2017. Henderson was a first-team honoree for a second straight season, while Guerin and Kaji earned their fourth career honor.

During the Big Ten Championships, Guerin shared the floor title for a second straight season, becoming the 18th Big Ten champion and eighth floor champion in school history. Iowa was masterful on floor during the year as Guerin and Henderson both tied school records on the event with 9.975s and the team set a school record on floor, scoring a 49.650 in the comeback win over Penn State.

The Hawkeyes finished the year with 64 scores of 9.900 or higher during the season and nine different gymnasts won at least one event title.

Academically, the program shined with a program record 14 Academic All-Big Ten honorees. Twenty-two Hawkeyes earned Dean’s List honors over the course of the fall and spring semesters and five gymnasts were President’s List honorees.

Hansen Parker’s first season on the coaching staff was one for the ages, as she
helped lead the GymHawks to one of the best seasons in program history in
2021. Iowa finished the regular season with an 8-0 record to claim the first Big
Ten title in program history. The team posted four of the top 10 scores in school
history during the season, including a 197.050 — the second-best score all-
time — at the NCAA Tuscaloosa Regional. The Hawkeyes also won the Big Five
Meet in Ann Arbor, and finished tied for third at the Big Ten Championships.

Two Hawkeyes — Guerin and Henderson — shared Big Ten floor titles,
making them the third and fourth Big Ten floor champions in school history
and the first since 2004. Guerin, Henderson and Kaji were all named to the Big
Ten All-Championships team.

Iowa climbed as high as No. 7 in the Road to Nationals rankings — the
highest in program history — before finishing the year ranked 17th. Iowa
was rated as the No. 1 floor team in the country for much of the year and the
group finished fourth nationally. The GymHawks set the school record on floor,
scoring a 49.600 in a tri-meet against Minnesota and Maryland on Feb. 13 in
Carver-Hawkeye Arena.

Hansen Parker coached four All-Big Ten selections, including first-teamers
Kenlin, Kaji and Henderson. Kenlin also became the fourth Hawkeye all-time
to earn Big Ten Freshman of the Year honors.

For the first time in school history, Iowa had three All-Americans in the same
season as Guerin, Henderson and Kenlin all earned the distinction. Guerin was a
first-team selection with a national qualifying score of 9.950 on floor. Hen-
derson and Kenlin also tied school records — on floor and beam, respectively
— as both athletes posted 9.975 scores (including one perfect 10.000) to tie
records previously set in 2004 and 2002.

Iowa was honored early and often in 2021 as the program had a school-record
nine Big Ten weekly honors. Kenlin was recognized four times, while Kaji
(three) and Guerin (two) were multi-time honorees.

Academically, the Hawkeyes had 11 student-athletes earn Academic All-Big
Ten honors, six were Big Ten Distinguished Scholars, and 21 earned Dean’s List
honors over the course of the fall and spring semester.

Hansen Parker returned to Iowa City after serving four seasons as an assistant
coach and recruiting coordinator at UC Davis. While with the Aggies, Hansen
Parker was tabbed as the 2019 Assistant Coach of the Year by the Mountain
Pacific Sports Federation (MPSF) and in the West Region by the Women’s
Collegiate Gymnastics Association.

During the 2019 season, Hansen Parker’s beam crew finished with a nation-
al-qualifying score of 49.075 to rank 23rd nationally and the team posted two
of the program’s top six all-time beam scores. Seven of the program’s top 10
beam scores (including the top four) and all five of the individual school-record
9.925s came under Hansen Parker’s watch.

Hansen Parker coached three NCAA qualifiers and two MPSF balance beam
champions — Alexis Brown (2018) and Katy Nogaki (2017) — during her
UC Davis tenure. A total of 14 student-athletes garnered All-MPSF honors,
including nine first team selections from 2017-20.

Prior to joining the UC Davis staff, Hansen Parker was a volunteer assistant
coach for three seasons at California Berkeley. During that time, the Golden
Bears finished 16th, 18th, and seventh nationally, culminating with a 2016
appearance at the NCAA Championships — just the second in program
history.

She helped Alicia Asturias (2014) and Toni-Ann Williams (2015, 2016) to
All-America honors, with Williams later becoming the first Cal gymnast to
qualify for the Olympic Games.

Hansen Parker also served as a coach for the Emeryville-based Head Over
Heels club during her time at Cal. Working with athletes of Levels 3-10, she
helped guide teams and individuals to Junior Olympic state, region, and
national championships.

Hansen Parker was a four-year letterwinner as a Gymhawk from 2008-12,
earning two All-Big Ten, three Academic All-Big Ten, and two Big Ten Sports-
manship Award honors. She was also a NACGC Scholastic All-American from
2010-12, a Dean’s List honoree from 2009-11, a Big Ten Distinguished Scholar,
and was a part Iowa’s Student-Athlete Advisory Committee from 2009-12.

Prior to her collegiate career, Hansen Parker was a teammate with 2008 Olympic
gold medalist Shawn Johnson at Chow’s Gymnastics, the same club that
later produced Team USA members Gabby Douglas and Rachel Gowey.

The Des Moines, Iowa, native graduated from the University of Iowa in 2012
with a bachelor’s degree in journalism and mass communication and minors
in studio art and sport studies. She and her husband, Bryan, were married in
2020. The couple has a son, Leo.
Assistant Coach Quest Hayden

Quest Hayden is in his second season as an assistant coach with the University of Iowa women’s gymnastics program.

During his first season in Iowa City, Hayden coached the GymHawks to five of the top eight scores in program history during the season, won the first session and finished third at the Big Ten Championships before knocking off No. 6 LSU in NCAA Regionals to advance to the NCAA Regional Final for the first time under the current format. The Hawkeyes scored a 197.075 in the Regional Final — the second-highest score and just third 197 in program history.

Iowa finished the season ranked 15th nationally and the Hawkeyes climbed as high as No. 9 in the Road to Nationals poll during the regular season, which was the second-highest ranking in school history.

Hayden joined the Hawkeyes following stints at North Carolina, Michigan and Penn State. He spent the 2020 season at North Carolina, where he helped the Tar Heels to a No. 41 national ranking. Hayden coached Elizabeth Culton to All-America honors and to an EAGL bar and all-around title. Culton also represented the Tar Heels at the NCAA Athens Regional.

North Carolina opened the season with a school record score of 195.200 against New Hampshire and the program finished 39th nationally on the bars, moving up 11 spots from the 2020 season.

Prior to moving to Chapel Hill, Hayden served as a volunteer assistant at Michigan during the 2020 season. He was named the WCGA Northeast Regional Assistant Coach of the Year after helping the Wolverines to the 2020 Big Ten regular season title. The team posted the top two team scores in program history with a 197.950 at the Elevate the Stage meet in Toledo, Ohio, and a 197.900 at home against New Hampshire.

Hayden spent the 2018-19 season as a volunteer assistant coach at Penn State, helping the Nittany Lions to a 10-9 record and a fifth-place finish at the Big Ten Championships. He also worked for Centre Elite Gymnastics in State College, Pennsylvania, from 2016-19, helping coach bars and spotting on floor, while managing the strength and conditioning program.

Hayden was a member of the United States’ 2013 Junior National Team. He competed collegiately at Penn State from 2015-18, where he earned a bachelor’s degree in psychology. He was a team captain as a senior and competed on four events during the team’s 2015 Big Ten Championship run.

Hayden and his wife, Kira, were married in June, 2022.
Ryan Ruckdaschel is in his second season as director of operations for the University of Iowa women’s gymnastics program. Ruckdaschel has been associated with the GymHawks since 2016.

During his first season on the coaching staff, the GymHawks posted five of the top eight scores in program history during the season, won the first session and finished third at the Big Ten Championships before knocking off No. 6 LSU in NCAA Regionals to advance to the NCAA Regional Final for the first time under the current format. The Hawkeyes scored a 197.075 in the Regional Final — the second-highest score and just third 197 in program history.

Ruckdaschel most recently served as a non-coaching graduate assistant from 2019-21. The GymHawks made history in 2021, winning the first Big Ten title in school history.

During his time in Iowa City, Ruckdaschel has managed and monitored social media accounts for the women’s gymnastics program, reaching more than 35,000 followers. He has aided in the growth of the team’s social platforms, including an increase of 16,000 Instagram followers.

He has also planned and operated camps, alumni gatherings, in-house events, team retreats, travel, community service, meet-day themes and promotions and on-campus appearances and engagements during his tenure.

Ruckdaschel also served as social media manager for the Iowa Athletics Department in 2019-20 and he was a promotions manager for the department from 2017-19. He joined the GymHawks in 2016 as a student manager, where he assisted in year-round efforts with the program.

The Iowa City, Iowa, native graduated from the University of Iowa with a degree in sport and recreation management in 2019. He also earned his master’s degree in sport and recreation management in 2021.
SUPPORT STAFF

Lindsay Alexander
Strength & Conditioning/Nutrition

Sam Basler
Athletic Communications

Brian Clark
Marketing

Dalton Conrad
Video

Elizabeth DeCorte
Marketing

Betsy Kern
Academics

Juliana Perno
Athletic Training

Marcus Wilson
Associate AD (Sport Supervisor)

Sarah Lahtinen
Event Management

Abby Wisecup
Athletic Communications

Kevin Zihlman
Compliance
JerQuavia Henderson
Senior / All-Around
Peoria, Ill.
Dunlap High School

Hawk Item — Two-time All-American...Third Hawkeye to earn multiple All-America distinctions...Two-time first-team All-Big Ten selection...First GymHawk since 2016 and 2017 to earn consecutive first-team honors...Shares school record on floor, scoring a 9.975.

2022 Honors — WGCA Second-Team All-American on floor...First-team All-Big Ten selection...Big Ten Specialist of the Week on Jan. 10. 2022 — Completed in all but one meet during the season...Won 12 event titles, including five all-rounds, and posted 27 top-three finishes...Set or tied career bests in four events during the regular season...Scored 9.900 or higher on floor in 12 of 13 competitions and 9.900 or higher on vault in five meets...Won vault and floor titles against Eastern Michigan (1/8) and Texas Woman's (1/14)...Won three events against Nebraska (1/29), winning vault (9.900), floor (9.925) and all-around (39.475)...Won three events and tallied a second-place finish against Penn State (2/4), taking first in beam (9.850), floor (9.975) and all-around (39.425), while finishing second on vault (9.850)...Won floor (9.950) and all-around at Rutgers (2/11)...Was runner-up on floor (9.950) at Big Five Meet (2/18)...Won floor title (9.975) and finished first in all-around (39.325) at Iowa State (3/4)...Scored one perfect 10 and tied a career-best and school record on floor, scoring 9.975s against Penn State (2/4) and at Iowa State (3/4).

2021 Honors — WCGA second-team All-American...first-team All-Big Ten selection...Big Ten All-Championships team after winning share of floor title, becoming fourth Big Ten champion in school history...CGN Comeback Gymnast of the Year. 2021 — Competed in all 11 meets and in the all-around eight times...tied a school record on floor set in 2004, scoring a 9.975 in Iowa's tri-meet against Minnesota and Maryland (2/13), while also posting a career-best on beam (9.875)...performance on floor helped team to school floor record...received a 10.000 from one judge on floor en route to her career-best score...won the all-around and shared the floor title at Illinois (1/31)...scored a 39.325 to win all-around and shared titles on floor (9.900) and vault (9.850)...shared the floor title (9.925) and won the all-around (38.875) in the road victory at Nebraska (2/20)...tied for second on the vault (9.925) in helping the team to a Big Five Meet (2/27) win in Ann Arbor...won the vault (9.875), tied for first on floor (9.925) and was second in all-around (38.600) in the victory over Illinois (3/6)...
tied for first on vault (9.900) in road win at Nebraska (3/14)...won on floor (9.925) in the road victory at Nebraska (3/14)...tied for fourth on vault with a career-high 9.925 at the Big Ten Championships (3/20)...shared the floor title (9.925) at the NCAA Regionals (4/2)...placed sixth in all-around (39.250) at Regional.

2020 — Named to the 2020 Big Ten Women's Gymnasts to Watch List...did not see action.

High School — 2016–Level 9/10 Championships: AA 37.325, fourth place...2016–Level 9 Easter Championships: AA 37.625, second place...2017–Level 8/9/10 State Championship Meet: AA 37.250, third place...2017–Level 9/10 Regional Championships: AA 37.95, fourth place...2017–Level 9/10 State Championship Meet: AA 37.600, fifth place...2018–Level 9/10 Regional Championships: AA 38.225, third place...2018–Level 9/10 Regional Championships: AA 37.700, 18th place...Peoria Journal Star's 2018 Central Illinois Best of Preps: Gymnast of the Year...2019–Level 6/9/10 State Championship Meet: AA 38.225, third place...2019–Level 9/10 Regional Championships: AA 37.575, seventh place...2019–Level 9/10 Regional Championships: AA 29.550, 54th place...member of the Best Buddies and Foreign Language Club...club coaches were Kim Brendixen and Brett Hewetson at Gym Corner.

Personal — Born July 8, 2001...daughter of Letcha and Kenneth Haywood...has two siblings (Keyaira and Zuri Haywood)...health and human physiology major.

HENDERSON’S CAREER BESTS
Vault: 9.925, 2X, last at Big Ten Championships, 3/20/21
Bars: 9.825 at Illinois, 1/31/21
Beam: 9.875 Maryland/Minnesota, 2/13/21
Floor: 9.975, 3x last at Iowa State, 3/4/22
All-Around: 39.475 vs. Nebraska, 1/29/22
Ellie Rogers  
Senior | All-Around  
Spotsylvania, Va.  
Courtland High School

2022 Honors — Academic All-Big Ten... 
Named to Dean's List during spring semester. 2022 — Competed in six meets on bars, tallying three top-seven finishes... Had a season-best 9.825 to tie for third in the dual meet victory over Penn State (2/4).

2021 Honors — Academic All-Big Ten... named to the Dean's List for the fall semester. 2021 — Competed in eight meets, all on bars... posted a season-high 9.825 twice — in the tri-meet against Maryland/Minnesota (2/13) and at the Big Ten Championships (3/20).

2020 — Recorded a career high score of 9.875 on bars against West Virginia (3/8).

High School — Regional and National qualifier as a freshman... regionals qualifier from sophomore through senior year... Honor Roll all four years... club coaches were Jocelyn Reichert at Oswegoland Park District Gymnastics and Valantina Pintchouk, Lisa Reifschneider, Ryan Goen, and Ashley Holzworth at Paragon Gymnastics.

Personal — Born May 15, 2001... daughter of Pam and Mike Rogers... has one brother, Collin... psychology major.

ROGERS' CAREER BESTS
Vault: --  
Bars: 9.875 vs. West Virginia, 3/8/20  
Beam: --  
Floor: --  
All-Around: --
IOWA WOMEN’S GYMNASTICS

MEET THE HAWKEYES

Linda Zivat
Senior / All-Around
Manhattan, Ill.
Michigan State
Lincoln-West High School

2022 — Competed in 11 meets, tallying three event wins and eight top three finishes... Tied for second on vault (9.775) and fifth on floor (9.775) in Hawkeye debut against Eastern Michigan (1/8)...

Was floor (9.875) runner-up and placed third on vault (9.825) against Texas Woman's (1/14) ... Won back-to-back vault titles against Nebraska (9.900) and Penn State (9.875) on Jan. 29 and Feb. 4... also had a career-best 9.900 to tie for third on floor against Penn State (2/4), helping team to a floor school record... Scored a career-best 9.925 to win vault title at Iowa State (3/4)... 9.925 score is tied for eighth in school history... Tied for fourth on vault at NCAA Regional Final (4/2), scoring a 9.900.

At Michigan State (2020 & 2021) — Missed season because of injury.

High School — Trained under Marco Bravo and Jessica Holtz at Phenom Gymnastics... three-year Level 10 competitor... two-time J.O. National Qualifier (2018 & 2019)... crowned the 2019 National Vault Champion at the 2019 J.O. National Championships, also placing sixth all-around and fifth place on floor... placed fourth all-around at the 2019 Region 5 Level 10 Regionals, finishing second on vault and floor and sixth on bars... earned third place all-around at the 2019 Illinois Level 10 State meet, also finishing first on vault and floor and third on bars.

Personal — Born March 7, 2001... daughter of Paul and Kelly Zivat... has an older brother, Tommy... majoring in communications.

ZIVAT’S CAREER BESTS

Bars: --
Beam: --
Floor: -- 9.900, vs. Penn State, 1/29/22
All-Around: --
Ella Castellanos
Junior / All-Around
Cumming, GA
Long Island
West Forsyth

At Long Island (2021 & 2022) — WGCA All-America Scholar Athlete in 2022... All-EAGL Scholastic Team honoree in 2021 and 2022... Dean's List from 2022-22... competed on bars, balance beam and floor... Had season-bests of 9.800 on bars (against Temple and Eastern Michigan/Temple/Towson), 9.900 on beam (against North Carolina) and 9.800 on floor (against Eastern Michigan/Temple/Towson and Eastern Michigan/George Washington and Kent State).

Early School — High school coaches were Kara DiCesare and Ashley Owen... Club coaches were Brad McLaren and Rachel Page.

Personal — Born May 19, 2002 in Cumming, Georgia... Daughter of Julie Castellanos... Has an older sister, Emma... Majoring in business marketing.

Kendall Laplante
Junior / All-Around
Seminole, Fla.
Seminole High School

2022 Honors — Academic All-Big Ten. 2022 — Competed in 12 meets on vault... Scored 9.800 or higher in four of her final five meets... Had a career-best vault at the Big Ten Championships (3/19), scoring a 9.850 to tie for 16th.

2021 — Competed in three events... scored a career-best 9.750 in her debut at Minnesota (1/15).

High School — Two-time Florida State Beam Champion (2017, 2019) ... also was the Florida State Vault Champion in 2017 ... two-time Regional and National qualifier (2017, 2019) ... won all five events at Delta Classic in 2020, won floor and tied for first on vault at 2020 City of Lights, won four events at 2019 Pink Invitational... posted four top 10 finishes at Nationals in 2019 (tied for third in all-around (37.825), fifth on beam (9.475), tied for ninth on vault (9.5), and 10th in floor (9.475) ... finished in top six at state in five events in 2019 ... first (beam), second (vault, floor), third (all-around), sixth (bars) ... won beam at 2017 regionals, was second on vault, fourth on floor, and tied for sixth in all-around ... also was a Florida diving and swimming state qualifier in 2017 ... National Honor Society, PTK National Honor Society, and finished 2019 & 2020 Top 10 Percent of graduating class ... member of Senior Student Government in 2020 ... club coaches were Brad Harris and Diane Amos.

Personal — Born Oct. 7, 2002, in Clearwater, Florida ... daughter of Michael and Michelle Laplante ... mother was a collegiate swimmer at South Florida ... has two older brothers, Logan and Garrett ... human physiology major.

Laplante's Career Bests
Vault: 9.85 at B1G Championships, 3/19/22
Bars: --
Beam: --
Floor: --
All-Around: --
MEET THE HAWKEYES

Adeline Kenlin
Junior / All-Around
Iowa City, Iowa
West Branch High School

Hawk Item – Two-time All-American... One of four multi-time All-Americans in program history... Tied for the school record on beam with a 9.975... also has the second-best score on beam in school history at 9.950. NCAA Runner-Up.

2022 Honors – First-team All-American at NCAA Championships... Second-Team All-Big Ten selection... Recipient of the “Best Play” Golden Herky Award... I-SAAS April Student-Athlete of the Month... Academic All-Big Ten. 2022 – Finished as the NCAA runner-up on beam at NCAA Championships (4/14) with a 9.950... it was the highest beam score by a Hawkeye at the NCAA Championships in program history... runner-up finish is the highest by a Hawkeye all-time... Is the sixth All-American in school history at NCAA Championships and second on beam... finished second to Olympic Gold medalist Suni Lee (9.965)... Advanced to NCAA Championships after scoring a 9.950 at NCAA Regionals, becoming the first Hawkeye to qualify for NCAAs since 2017... Missed four meets because of injury... Won four event titles and posted eight top-three finishes during regular season... Scored 9.900 or higher on beam in nine of 10 competitions... Won beam (9.925) against Eastern Michigan (1/8), vault (9.850) and all-around (38.800) against Texas Woman’s University (1/14) and beam (9.900) at Iowa State (3/4)... Placed fourth on beam (9.900) at Big Ten Championships (3/19)... Tied for second on beam (9.950) and tied for fifth on vault (9.900) at NCAA Regionals (3/31)... Posted three 9.900s at NCAA Regional Final (4/2), tying for third on beam (9.900), tying for fourth on bars (9.900) and tying for eighth on floor (9.900)... Posted career bests on vault (9.850 at Minnesota/UCLA, 1/17), bars (9.900 at NCAA Regionals) and floor (9.900 at NCAA Regionals).

2021 Honors – WCGA second-team All-American, becoming first freshman to earn All-America distinction... Big Ten Freshman of the Year – the fourth Hawkeye to earn the distinction and first since 2001... first-team All-Big Ten selection... four-time Big Ten Freshman of the Week honoree (Jan. 25, Feb. 8, March 1, March 15). 2021 – Competed in all 11 meets, twice performing in the all-around... competed on bars in every meet... tied a school record on beam, last set in 2002, scoring a 9.975 at Nebraska on March 14... received a 10.000 from one judge en route to her career-best score... won her first career event title on rings with a 9.875 against Ohio State (1/23)... won the beam title in the road win at Illinois (1/31)... won the beam (9.950) title in the road win at Nebraska (2/20)... won on beam (9.925) and tied for second on vault (9.825) and bars (9.875) in the home finale against Illinois (3/6)... won the all-around (her first all-around of her career) with a career-best 39.500 and finished first on beam (9.975) in the road win at Nebraska (3/14)... placed fifth in all-around (39.325) at the Big Ten Championships (3/26)... tied a career-high on vault (9.850), bars (9.900) and floor (9.875) at NCAA Regionals (4/2)... bar performance helped team to third-best team score in school history.
IOWA WOMEN’S GYMNASTICS
2023 MEDIA GUIDE

MEET THE HAWKEYES

KENLIN’S CAREER BESTS

High School — Named to the Junior U.S. National Team in 2017 . . . finished fourth in the all-around . . . won the all-around at the KPAC National Elite qualifier in 2016 with a 54.600 . . . placed in the top 10 in the all-around at the P&G Championships and was second on balance beam . . . was also fourth out of 33 gymnasts on the bars . . . qualified for P&G Championships in 2014, placing 27th overall and 18th on balance beam in junior division . . . finished ninth in all-around and fifth on balance beam at the 2013 Region 4 Championships . . . qualified to Level 9 Western Nationals, finishing seventh on beam and fifth on floor . . . qualified to HOPES pre-elite and won gold medals on uneven bars, beam, floor, and all-around at the 2013 U.S. Challenge . . . placed seventh in all-around, third on uneven bars, and second on balance beam at the 2012 state championships . . . qualified for regional championships where she was first on balance beam, floor, and all-around . . . placed first on the balance beam and second in all-around at 2011 state championships . . . made the Diamond TOPs National team in 2009 and the “A” TOPs National Team in 2010 and 2011 . . . received the Social Studies Medal of Honor in 2020 . . . trained at the Iowa Gym-Nest under Paige Roth and Mary Wise.

Personal — Born Aug. 3, 2002, in Guanxi, China . . . daughter of Sara Sanders and JR Kenlin . . . has three younger siblings, Kjirstin, Josephine, and Soren . . . mother is the Dean of the College of Liberal Arts and Sciences at the University of Iowa . . . aunt was a collegiate gymnast at Auburn . . . majoring in sport and recreation management.

Vault: 9.850, 6X, last at Minnesota/vs. UCLA, 1/17/22
Bars: 9.900, 5X, last at NCAA Regional Final 4/14/22
Beam: 9.975 at Nebraska, 3/14/21
Floor: 9.900, 2X, last at NCAA Regionals, 4/14/22
All-Around: 39.500 at Nebraska, 3/14/21
Kareena Mcsweeny  
Junior | Bars/Beam/Floor 
Cedar Rapids, Iowa 
Abeka High School

2022 Honors — WCGA Scholastic All-American... Big Ten Distinguished Scholar... Academic All-Big Ten... Named to Dean's List during both fall and spring semesters. 2022 — Competed in three meets on bars...Scored a career-best 9.825 on bars at the Big Five Meet, tying for 16th place.

2021 Honors — Named to the Dean's List for the spring semester. 2021 — Did not see any action.

High School — Won the all-around and floor at the 2019 Iowa State Gymnastics Championships, helping the team to a first-place finish... also finished second on beam and third on bars... placed third on bars and floor and fourth on all-around at 2019 Region 4 Championships... placed 15th on floor at 2019 National Championships... career bests are: 9.575 (floor), 9.175 (vault), 9.375 (beam), 9.5 (uneven bars), and 36.65 (all-around)... club coaches were Dan Miller and Rachel Thompson.

Personal — Born Aug. 28, 2001, in Hiawatha, Iowa... daughter of Greg and Jennifer Mcsweeny... has three siblings, Keenan, Mariah, and Cale... majoring in neuroscience.

MCSWEENEY’S CAREER BESTS
Vault: --
Bars: -- 9.825, at Big Five Meet, 2/18/22
Beam: --
Floor: --
All-Around: --
Aubrey Nick  
Junior / All-Around  
Wauconda, Ill.  
Wauconda High School

2022 Honors — Academic All-Big Ten... Named to Dean’s List during spring semester. 2022 — Competed in nine meets on beam... Tied a career-best, scoring a 9.825 to place third in the dual meet against Texas Woman’s.

2021 — Competed in all 11 meets on beam... scored a career-high 9.825 twice and scored 9.800 or higher four times... her first 9.825 came in the tri-meet against Maryland/Minnesota (2/13)... second came in the road win at Illinois (3/6).


Personal — Born Sept. 9, 2001... daughter of Bill and Christa Nick... has four siblings, Tayler, Madison, Eddy, and Ellary... majoring in health and human physiology.

NICK’S CAREER BESTS
Vault: --
Bars: --
Beam: 9.825, 2X, last vs. Texas Woman’s, 1/14/22
Floor: --
All-Around: --
IOWA WOMEN’S GYMNASICS

2023 MEDIA GUIDE

MEET THE HAWKEYES

Allison Zuhlke
Junior | Vault/Bars/Beam
Waukesha, Wis.
Towson University
Lake Country Lutheran High School

2022 Honors — WCGA Scholastic All-American... Named to Dean’s List during fall semester. 2022 — Competed in 10 meets... Posted seven 9.800 or higher scores on vault... Posted a career-best vault of 9.875 at Iowa State (3/4) and at NCAA Regionals (3/31)... also had season-highest of 9.825 on bars in NCAA Regional and NCAA Regional Finals.

At Towson (2021) — 2021 EAGL Rookie of the Year... first-team All-EAGL on bars and second-team All-EAGL on beam... at the EAGL Championships, she made second-team All-Tournament on bars and was named to the EAGL All-Scholastic Team... twice earned Rookie of the Week honors and consistently competed for the Tigers on bars, beam and vault... made NCAA history by debuting her namesake vault and posted a top-10 program score of 9.900 on bars... named to the Dean’s List during the fall and spring semesters... WCGA Academic All-America honoree and All-Scholastic team selection.

High School — Qualified to Junior Olympic Nationals three times... has two vaults named after her after competing at J.O. Nationals... finished first at 2018 state meet on beam with a 9.400... placed fourth on floor at J.O. Nationals with a 9.575... named to the National Honors Society... Honor Roll member... competed for Salto Gymnastics under Vitali Rudnitski, Kristen Kremer, Brittany Solberg and Juliet Holden.

Personal — Born June 24, 2002, in Oconomowoc, Wisconsin... has two siblings, Mia and Adam... pre-occupational therapy/recreational therapy major.

ZUHLKE’S CAREER BESTS

Vault: 9.875, 2X, last at NCAA Regionals, 3/31/22
Bars: 9.900 LIU/New Hampshire/Pittsburgh, 2/26/21
Floor: --
Alex Bradford
Sophomore | Bars/Beam/Floor
Fairfield Township, Ohio
Ohio Connections Academy

2022 Honors — WCGA Scholastic All-American...Named to Dean’s List during both fall and spring semesters... Did not compete.

High School — Competed at 2021 USA Gymnastics Development Program National Championships... 2021 Region 5 National qualifier... placed fifth on floor (9.475), eighth on bars (9.3) and had a 9.2 on beam at 2021 Regionals... won beam and finished second on bars at 2020 Circle of Stars... Level 9 Regional qualifier in 2017... was first on floor and fourth on beam at 2017 Ohio State Championships... competed at Cincinnati Gymnastics Academy... coached by Rachael Gardner, Devin Wright and Cassie Sheets.

Personal — Born May 2, 2003... daughter of Brian and Stephanie Bradford... has three siblings, Derek, Devon and Caitlin... majoring in nursing.

Alexa Ebeling
Sophomore | Beam/Floor
Adel, Iowa
Adel DeSoto Minburn High School

2022 Honors — WCGA Scholastic All-American... Named to Dean’s List during both fall and spring semesters. 2022 — Made her Hawkeye debut at California (3/13), competing on beam and scoring a 9.700.

High School — 2019 National qualifier... was runner-up in the all-around at Chow’s Challenge with a 37.4... named Chow Gymnastics’ Athlete of the Year as a sophomore... personal bests are: floor exercise (9.7), vault (9.525), balance beam (9.65), uneven bars (9.25), all-around (37.4)... high school coach is former Hawkeye Rebecca Simbhudas and Sean Gardner.

Personal — Born Sept. 7, 2002... daughter of Pete and Julie Ebeling... has an older sister, Sydney... undecided on major.

EBELING’S CAREER BESTS
Beam: 9.700 At California, 3/13/22
Floor: --
Marissa Rojas  
Sophomore | All-Around  
Canton, Mich.  
Michigan Connections Academy

2022 Honors — Big Ten Freshman of the Week on Jan. 25... WCGA Scholastic All-American... Named to Dean’s List during both fall and spring semesters. 2022 — Competed in all but three meets during the regular season... Won beam title at Michigan State (1/22), scoring a career-best 9.925... Tied for fourth on floor at Rutgers (2/11), scoring a season-best 9.875... Tied for third on bars at Iowa State (3/4) with a 9.750... Had a season-best 9.800 on bars at NCAA Regional Final (4/2).

High School — Two-time regional and national qualifier... placed eighth in all-around at nationals in 2021, finishing with a 38.375... finished second on floor at 2021 regionals (9.6) and posted four top-three finishes at state, placing second on bars (9.6) and vault (9.6) and third in all-around (37.850) and beam (9.4)... competed at the 2021 Women's Development Program National Championships, placing seventh on bars (9.700) ninth on beam (9.475) and eighth in all-around (38.375)... finished fifth in all-around at Region 5 Regional Championships, tying for second on floor (9.600), fifth on bars (9.525), tied for sixth on vault (9.450) and seventh on beam (9.250)... won the all-around at the MAG Classic in Motown... has won eight all-around titles since 2014... career bests including 9.6 (floor), 9.75 (vault), 9.65 (beam), 9.75 (bars) and 38.375 (all-around)... club team was Michigan Academy of Gymnastics... National Honor Society... coaches were Kamilia Gotcheva and Stoytcho Gotchev.

Personal — Born April 28, 2003... daughter of Ricardo and Claudia Rojas... has two siblings, Hannah and Ricky... majoring in exercise science.

ROJA'S CAREER BESTS
Bars: 9.800 at NCAA Regional Final Round, 4/2/22  
Beam: 9.925 at Michigan State, 1/22/22  
Floor: 9.875 at Rutgers/vs. Kent State/ vs. Ursinus, 2/11/22  
All-Around: --
**Hanna Castillo**  
*Freshman | All-Around*  
*Boca Raton, Fla.*  
*Monarch High School*

**High School** — 2022 Region 8 Championships: second vault, tied for second on beam, and fourth all-around...  
2022 Level FL State Championship: second vault, tied for second on beam, fourth all-around, seventh on bars, and finished tenth on beam...  
2022 Tim Rand Invite: tied for fifth on vault, seventh bars, eighth on all-around, ninth on beam, and tied for tenth on floor...  
2022 Magical Classic: vault champion, second on all-around, third on bars, fourth on floor, and finished sixth on beam...  
2022 Sun & Surf Spectacular: vault champion, third on floor & all-around, tied for third on beam, and finished fourth on bars...  
2021 Florida State Champion on vault and beam...  
Criminology.

**Personal** — Born March 22, 2004... Daughter of Luis and Ana Castillo... Has two siblings, Daniela, and Grayson... Club coaches were Christina Ramirez and Gary Anderson... Anticipated major is criminology.

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**Haley Tyson**  
*Sophomore | All-Around*  
*Aurora, ILL.*  
*Minnesota, Michigan Connections Academy High School*

**2021-22 at Minnesota** — Set career best on balance beam (9.825)

**High School** — Four times national qualifier... Two-time national team member... Two time Regional and state all-around champion... Was the first all-around in her home state of Illinois and a 2018 JO National Floor Champion... 2019 State Champion on vault, bars and floor... 2019 Regional vault and all-around champion.

**Personal** — Born on October 30th, 2002... Daughter of Kristinn and Steve Tyson... Club coaches were Marco Bravo, Jessica Holtz, and Jamie Mammenga... Anticipated major is radiation science.
Avery Chambers
Freshman / All-Around
Lombard ILL.
Glenbard East

High School — Personal bests are vault (9.8), uneven bars (9.425), balance beam (9.475), and floor exercise (9.550)... Placed fifth in all-around at regionals... JO national qualifier... Graduated with honors... National Honor Society Member.

Personal — Born on September 9th, 2003... Daughter of Michael and Kerri Chambers... Has two siblings, Nolan and Brynn... Anticipated major is human physiology.

Emily Erb
Freshman / All-Around
Flemington, N.J.
Hunterdon Central Regional

High School — 2022 national qualifier for beam and floor... Runner-up on Beam at 2022 Region 7 Regionals... 2022 NJ State Floor Runner-Up... 2021 NJ State Floor Champion... Third place finish on all-around at 2021 NJ State... Honor roll student from 2020-2022.

Personal — Born April 7, 2004... Daughter of Eileen and Lester Erb... Has three siblings, Jacob, Sarah, and Aaron... Father played football at Bucknell University and brother Jacob plays football at Susquehanna University... Club coaches were Ann and Valdi Kolasa... Anticipated major is exercise science.
Bailey Libby
Freshman / All-Around
Iowa City, Iowa
Iowa City West

High School — 2021 State meet: placed third on floor, fourth in all-around, fifth on vault, sixth on beam, and seventh on bars... 2021 Regionals: finished third on floor, eighth on beam, ninth on vault, eleventh on all-around, and placed twelfth on bars.

Personal — Born on April 29, 2004... Daughter of Chad and Larissa Libby... Mother is Iowa's head gymnastics coach and was a gymnast at Louisiana State University and father ran track at Morningside College... Has one sibling named Taylor who played softball at the University of Iowa and the University of Northern Colorado... Anticipated major is human physiology.

Gianna Masella
Freshman / All-Around
Palm Harbor, Fla.
Palm Harbor University

High School — 2022 Purple and Gold Classic: bars, beam & all-around champion, second on vault, and finished fifth on floor... 2022 Charity Choice Invitational: vault, bars & all-around champion, second on floor, and placed fourth on beam... 2022 Daytona Beach Open: floor & all-around champion and finished second on vault, bars, and beam... 2022 Nashville Nights: bars, beam & all-around champion and placed second on vault & floor... 2021 Junior Olympics Nationals: ninth on all-around, vault, and bars... 2021 Level 10 Regionals: all-around champion, finished second on vault and beam, and placed third on bars... 2021 Level 10 FL State: second on bars & beam, third on all-around, and finished third on vault... 2019 Level 10 Regionals: fourth on bars, eleventh on all-around, and placed eight on vault... 2019 Level 10 FL State: sixth on all-around and finished seventh on floor... 2018 Level 9 regionals: third on vault, sixth on beam, and finished eighth on all-around... 2018 Level 9 FL State: vault champion, third on bars, fourth on floor, and finished fifth on all-around... 2017 Level 8 Regionals: second on floor and placed third on all-around & beam... 2017 Level 8 FL State: second on bars & beam and finished third on all-around.

Personal — Born January 30, 2004... Daughter of Maryann Masella Furman and Micheal Masella... Has three siblings, Gabriel, Ava, and Dante... High school coaches were Brad Harris, Diane Amos, and Jesse Rappaport... Anticipated major is pre-dentistry.
MEET THE HAWKEYES

Karina Muñoz
Freshman | All-Around
East Brunswick, N.J.
East Brunswick

High School — 2022 Level 10 DP
National Qualifier... 2022 Level 10
Regionals: fourth on all around, third
on bars, and finished sixth on floor...
2022 Level 10 NJ States: all around,
vault, bars, and beam champion and finished fourth on floor. Broke a
State 27-year-old record on bars (9.80)... 2022 Level 10 Fantasia Classic:
vault and floor champion, second on all around and placed third on
beam... 2022 Level 10 Star Struck Invitational: all around, vault and
beam champion, second on bars, and finished third on floor... 2022
Level 10 Brestyan's Invitational: vault champion and finished second on
all around and on bars... 2021 Level 10 Christmas on the Chesapeake:
Scored a 10.00 on vault to be crowned champion, as well as all around,
beam, and floor champion, and placed second on bars... 2021 Junior
Olympic National: seventh on vault & beam and finished twelfth on
all-around... 2021 Level 10 Regionals: vault champion, seventh on floor,
and placed eighth on all-around... 2021 Level 10 NJ State: all-around,
vault, bars & beam champion and second on floor... 2020 Level 10 NJ
State Qualifier (COVID-19)... 2019 Junior Olympic vault champion
2019 level 10 regionals: vault champion, fourth on all-around, and
placed sixth on bars... 2019 Level 10 NJ State: vault champion, finished
fourth on all-around and floor and placed sixth on bars... 2018 Level 10
Regionals vault champion

Personal — Born February 7, 2004... Daughter of Cisco and Diana
Muñoz... Has one sibling, Natalia... Club Coaches were Toni Borden and
Sonny Smoljan... Anticipated major is health and human physiology.

Kaia Vanney
Freshman | All-Around
Redondo Beach, Calif.
Redondo Union

High School — Did not compete due to
COVID-19

Personal — Born on April 5, 2004...
Daughter of Amy and Greg Vanney...
Has three siblings, Dylan, Mason, and Christian Vanney... Father played
soccer at UCLA and went on to play professionally and mother played
softball at Arizona State University... Anticipated major is health and
human physiology.
HAWKEYE ALL-AMERICANS

ALEXIS MADAY | 2002 | FIRST TEAM | VAULT, UNEVEN BARS
ALEXIS MADAY | 2003 | FIRST TEAM | UNEVEN BARS
ALEXIS MADAY | 2004 | FIRST TEAM | FLOOR
STEPHANIE GRAN | 2004 | SECOND TEAM | FLOOR

REBECCA SIMBHUDAS | 2010 | SECOND TEAM | BEAM
MOLLIE DRENTH | 2016 | FIRST TEAM | BEAM
LAUREN GUERIN | 2020 | SECOND TEAM | FLOOR
LAUREN GUERIN | 2021 | FIRST TEAM | FLOOR

JERQUAVIA HENDERSON | 2021 | SECOND TEAM | FLOOR
ADELINE KENLIN | 2021 | SECOND TEAM | BEAM
LAUREN GUERIN | 2022 | SECOND TEAM | FLOOR
JERQUAVIA HENDERSON | 2022 | SECOND TEAM | FLOOR

ADELINE KENLIN | 2022 | FIRST TEAM | BEAM
**HONOR ROLL**

**FIRST-TEAM ALL-AMERICANS**
- Alexis Maday 2002 (V, UB)
- Alexis Maday 2003 (UB)
- Alexis Maday 2004 (FX)
- Mollie Drenth 2016 (BB)
- Lauren Guerin 2021 (FX)

**SECOND-TEAM ALL-AMERICANS**
- Stephanie Gran 2004 (FX)
- Rebecca Simbhudas 2010 (BB)
- Lauren Guerin 2020 (FX)
- JerQuavia Henderson 2021 (FX)
- Adeline Kenlin 2021 (BB)
- Lauren Guerin 2022 (FX)
- JerQuavia Henderson 2022 (FX)

**FIRST TEAM ALL-AMERICANS (AT NCAA CHAMPIONSHIPS)**

**UNEVEN BARS**
- Alexis Maday (9.863 (6th), 2002)
- Alexis Maday (9.850 (4th), 2003)

**BALANCE BEAM**
- Mollie Drenth (9.9125 (3rd), 2017)
- Adeline Kenlin (9.950 (2nd), 2022)

**FLOOR**
- Alexis Maday (9.875 (t4th), 2004)
- Stephanie Gran (9.900 (5th), 2004)

**COACHING HONORS**

**REGIONAL COACH OF THE YEAR**
- Larissa Libby 2009
- Larissa Libby 2016

**REGIONAL ASSISTANT COACH OF THE YEAR**
- Larissa Libby 2003
- Jennifer Green 2016
- Linas Gavelka 2011

**BIG TEN HONORS**

**BIG TEN COACH OF THE YEAR**
- Mike Lorenzen (co) 2001
- Mike Lorenzen (tri) 2004
- Larissa Libby (co) 2008
- Larissa Libby 2017
- Larissa Libby 2021

**BIG TEN MEDAL OF HONOR**
- Kim Baker 1996
- Alexis Maday 2004

**BIG TEN GYMNAST OF THE YEAR**
- Lori Cole 1991
- Alexis Maday 2004

**BIG TEN FRESHMAN OF THE YEAR**
- Kim Baker 1993
- Giselle Boniforti 1998
- Alexis Maday 2001
- Adeline Kenlin 2021
ALL-BIG TEN SELECTIONS

FIRST TEAM
1985 _________________________ Wendy Hussar
1989 _________________________ Robyn Zussman
1990 __________________________ Lori Cole
1991 __________________________ Lori Cole
1994 ___________________________ Kim Baker
1995 ___________________________ Kim Baker
1996 ___________________________ Kim Baker
1998 ___________________________ Giselle Boniforti
2000 ___________________________ Giselle Boniforti
2001 ___________________________ Janna Alexandrova
2002 ___________________________ Corrynne Cooper
2003 ___________________________ Alexis Maday
2004 ___________________________ Stephanie Gran
2005 ___________________________ Liz Grajewski
2006 ___________________________ Liz Grajewski
2007 ___________________________ Kara Pinjuv
2008 ___________________________ Jenifer Simbhudas
2009 ___________________________ Houry Gebeshian
2010 ___________________________ Houriy Gebeshian
2011 ___________________________ Houry Gebeshian
2012 ___________________________ Tesla Cox
2013 ___________________________ Emma Stevenson
2014 ___________________________ Sydney Hoerr
2015 ___________________________ Sydney Hoerr
2016 ___________________________ Alie Glover
2017 ___________________________ Angel Metcalf
2018 ___________________________ Clair Kaji
2019 ___________________________ Lanie Snyder
2020 ___________________________ Melissa Zurawski
2021 ___________________________ Nicole Chow
2022 ___________________________ Nikky Youd

SECOND TEAM
1985 ___________________________ Kris Meighan
1989 ___________________________ Tracy Junker
1995 ___________________________ Robyn Zussman
1999 ___________________________ Kim Baker
2003 ___________________________ Giselle Boniforti
2006 ___________________________ Stephanie Gran
2007 ___________________________ Annie Rue
2008 ___________________________ Kortny Williamson
2009 ___________________________ Liz Grajewski
2010 ___________________________ Liz Grajewski
2011 ___________________________ Kara Pinjuv
2012 ___________________________ Jenifer Simbhudas
2013 ___________________________ Katie Turcotte
2014 ___________________________ Houriy Gebeshian
2015 ___________________________ Jessa Hansen
2016 ___________________________ Houriy Gebeshian
2017 ___________________________ Tesia Cox
2018 ___________________________ Emma Stevenson
2019 ___________________________ Sydney Hoerr
2020 ___________________________ Sydney Hoerr
2021 ___________________________ Alie Glover
2022 ___________________________ Angel Metcalf

HONOR ROLL

2023 MEDIA GUIDE
HONOR ROLL

ALL-BIG TEN CHAMPIONSHIP TEAM

2012 ____________________________ Emma Stevenson
2015 ____________________________ Mollie Drenth
______________________________ Allie Glover
______________________________ Sydney Hoerr
______________________________ Angel Metcalf
2016 ____________________________ Mollie Drenth
______________________________ Allie Glover
______________________________ Angel Metcalf
2017 ____________________________ Mollie Drenth
______________________________ Angel Metcalf
______________________________ Lanie Snyder
2018 ____________________________ Charlotte Sullivan
2021 ____________________________ Lauren Guerin
________________________________ JerQuavia Henderson
________________________________ Clair Kaji
2022 ____________________________ Lauren Guerin

CGN COMEBACK GYMNAST OF THE YEAR

JerQuavia Henderson ____________________________ 2021

LOU GINSBERG HUMANITARIAN AWARD

Named for former Hawkeye loyalist and athlete Lou Ginsberg, this award is presented to the student-athlete possessing the humanitarian qualities that include kindness, compassion, empathy, warmth and a commitment to helping others.

Stephanie Smith ____________________________ 1987
Martie Janovich ____________________________ 1990
Cindy, Cathy Terrell ____________________________ 1995
Elizabeth Bryant ____________________________ 1999

ROBERT F. RAY FACULTY REPRESENTATIVE AWARD

Named for former Dean and UI Faculty Representative to the Big Ten Conference Robert F. Ray, this award is presented to the senior student-athlete who has demonstrated outstanding academic excellence, athletic excellence and leadership. Prior to 1992, a female student-athlete winner was selected every other year.

Kim Baker ____________________________ 1996

SCHOLAR ATHLETE OF THE YEAR

Each spring at the All-Sports Banquet the member of the senior class sporting the highest grade point average among all student-athletes is named the Scholar Athlete of the Year. Graduating seniors with a cumulative GPA of 3.50 or better are also recognized as members of the All-Academic Team.

Jamie Lynne Headley ____________________________ 1992
Kim Baker ____________________________ 1996
## Individual Big Ten Champions

### All-Around
- Lori Cole: 38.050 (1991)

### Vault
- Stephanie Gran: 9.950 (2001)

### Uneven Bars

### Balance Beam

### Floor
- Alexis Maday: 9.975 (2001)
- JerQuavia Henderson: 9.950 (2021)
- Lauren Guerin: 9.950 (2021)
- Lauren Guerin: 9.950 (2022)

## Individual NCAA Regional Champions

### All-Around

### Uneven Bars

### Balance Beam

## Individual NCAA Championship Qualifiers

- Annie Rue: AA (2002)
- Katie Burke: AA (2007)
- Rebecca Simbhundas: AA (2011)
- Houry Gebeshian: AA (2011)
- Mollie Drenth: AA (2016)
- Angel Metcalf: AA (2017)
- Clair Kaji: BB (2017)
- Adeline Kenlin: BB (2022)
BIG WEEKLY HONORS

BIG TEN GYMNAST OF THE MONTH
Michelle Cahal Feb. 1991
Lori Cole March 1991
Molly O’Connor March 1992
Giselle Boniforti Jan. 1998

BIG TEN GYMNAST OF THE WEEK
Alexis Maday Jan. 24, 2001
Stephanie Gran Feb. 14, 2001
Stephanie Gran Feb. 13, 2001
Alexis Maday March 5, 2002
Alexis Maday Jan. 22, 2003
Alexis Maday March 11, 2003
Alexis Maday Jan. 7, 2004
Alexis Maday Jan. 21, 2004
Stephanie Gran Jan. 28, 2004
Stephanie Gran Feb. 4, 2004
Alexis Maday Feb. 18, 2004
Alexis Maday March 2, 2004
Alexis Maday March 9, 2004
Kortny Williamson March 11, 2006
Katie Burke Feb. 28, 2007
Jennifer Simbhudas Feb. 3, 2008
Rebecca Simbhudas Feb. 23, 2009
Jennifer Simbhudas March 9, 2009
Rebecca Simbhudas Feb. 1, 2010
Melissa Zurawski Jan. 30, 2017

BIG TEN EVENT SPECIALIST OF THE WEEK
Mollie Drenth March 16, 2015
Lauren Guerin March 12, 2020
Lauren Guerin Jan. 18, 2021
Clair Kaji Jan. 25, 2021
Clair Kaji Feb. 1, 2021
Lauren Guerin Feb. 8, 2021
Clair Kaji Feb. 8, 2021
Lauren Guerin March 8, 2021
Lauren Guerin Jan. 10, 2022
Lauren Guerin March 8, 2022

BIG TEN FRESHMAN OF THE WEEK
Emma Willis Jan. 9, 2012
Alie Glover Feb. 11, 2013
Charlotte Sullivan Jan. 9, 2017
Clair Kaji Jan. 23, 2017
Charlotte Sullivan Feb. 13, 2017
Clair Kaji March 6, 2017
Adeline Kenlin Jan. 25, 2021
Adeline Kenlin Feb. 8, 2021
Adeline Kenlin March 1, 2021
Adeline Kenlin March 15, 2021
Marissa Rojas Jan. 25, 2022

NIT FIRST TEAM
Giselle Boniforti 1998
Lori Whitwer 1998
Shruika Sulkar 1998
Angie Hungerford 1998
2021 BIG TEN REGULAR SEASON CHAMPION | NCAA REGIONAL QUALIFIER
### ACADEMIC HONORS

**ACADEMIC ALL-AMERICA / WGCA SCHOLAR ALL-AMERICA**

<table>
<thead>
<tr>
<th>Name</th>
<th>Year(s)</th>
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<tbody>
<tr>
<td>Ariana Agrapides</td>
<td>2020</td>
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<td>Kim Baker</td>
<td>1996</td>
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<td>Alex Bradford</td>
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<td>Katie Burke</td>
<td>2005-06</td>
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<td>Erin Castle</td>
<td>2021</td>
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<td>Meridith Chang</td>
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<td>Michelle Conway</td>
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<td>Rachel Corcoran</td>
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<td>Alex Ebeling</td>
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<td>Heather Fomon</td>
<td>2009-10</td>
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<td>Kelly Galau</td>
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<td>Houry Gebershan</td>
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<td>Allie Gilchrist</td>
<td>2020-22</td>
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<td>Elizabeth Grajewski</td>
<td>2006</td>
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<td>Stephanie Gran</td>
<td>2002-04</td>
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<tr>
<td>Alex Greenwald</td>
<td>2020, 2022</td>
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<td>Jessa Hansen</td>
<td>2010-12</td>
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<td>Emma Hartzler</td>
<td>2021</td>
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<td>Andrea Hurburt</td>
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<td>Clair Kaji</td>
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<td>Maddie Kampschroeder</td>
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<td>Bridget Killian</td>
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<td>Tiffany Kwan</td>
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<td>Caelen Lansing</td>
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<td>Danielle Legeai</td>
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<td>Brandi Loffer</td>
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<td>Brittany Logan</td>
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<td>Kamryn Martinez</td>
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<td>Marissa Rojas</td>
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<td>Annie Rue</td>
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<td>Melissa Saliba</td>
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<td>Ashley Smith</td>
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<td>Allyson Steffensmeier</td>
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<td>Sandy Stengel</td>
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<td>Allison Zuhlke</td>
<td>2001-02</td>
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<td>Carey Betcher</td>
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<td>Misti Blackledge</td>
<td>1993, 1995</td>
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<td>Kim Burkard</td>
<td>1987-88</td>
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<td>Katie Burke</td>
<td>2005-09</td>
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<td>Stacy Burns</td>
<td>1990-92</td>
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<td>Opua Calucag</td>
<td>2015-16</td>
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<td>Misty-Jade Carlson</td>
<td>2017-19</td>
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<td>Erin Castle</td>
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<td>Meredith Chang</td>
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<td>Tiffany Chapman</td>
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<td>Nicole Chow</td>
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<td>Jenny Donar</td>
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<td>Jordan Eszlinger</td>
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<td>Carrie Hatch</td>
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<td>Betsy Lam</td>
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<td>Caelen Lansing</td>
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<td>Kendall Laplante</td>
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<td>Grace Lee</td>
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<td>Mindi Levitz</td>
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<td>Alexis Maday</td>
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<td>Stephanie Martins</td>
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<td>Becky Sheldon</td>
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<td>Ashley Smith</td>
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<td>Lanie Snyder</td>
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<td>Johanny Sotillo</td>
<td>2016</td>
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<td>Allyson Steffensmeier</td>
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<td>Sandy Stengel</td>
<td>1992-94</td>
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## Floor Exercise

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## FLOOR EXERCISE CONT.

12. _______ Kortny Williamson 9.925 _______ 2004
13. _______ Jenifer Simbhudas 9.925 (2x) _______ 2009
15. _______ Sydney Hoerr 9.925 (2x) _______ 2015
17. _______ Clair Kaji 9.925 (5X) _______ 2017, 2021, 2022
18. _______ Lanie Snyder 9.925 _______ 2017-18
19. _______ Melissa Zurawski 9.925 _______ 2018

## ALL-AROUND

1. _______ Alexis Maday 39.750 _______ 2004
2. _______ Alexis Maday 39.675 _______ 2004
3. _______ Alexis Maday 39.650 (5x) _______ 2001-04
4. _______ Stephanie Gran 39.650 _______ 2004
5. _______ Alexis Maday 39.625 _______ 2002
6. _______ Alexis Maday 39.600 _______ 2001
7. _______ Stephanie Gran 39.600 _______ 2004
8. _______ Stephanie Gran 39.575 _______ 2004
9. _______ Alexis Maday 39.550 (2x) _______ 2003-04
10. _______ Stephanie Gran 39.550 _______ 2004
13. _______ Stephanie Gran 39.525 (2x) _______ 2001, 04
14. _______ Alexis Maday 39.525 _______ 2003
15. _______ Jenifer Simbhudas 39.525 _______ 2009
16. _______ Rebecca Simbhudas 39.525 _______ 2011
17. _______ Alexis Maday 39.500 _______ 2001
18. _______ Annie Rue 39.500 _______ 2002
19. _______ Stephanie Gran 39.500 _______ 2003
20. _______ Adeline Kenlin 39.500 _______ 2021
22. _______ JerQuavia Henderson 39.475 _______ 2022
ALL-TIME RESULTS

1977-78 | Head Coach Diane Chapela
1-24 Overall, 3-4 Big Ten
1/11 vs. Iowa Invitational 2nd/3 112.50
1/13 vs. Iowa Invitational 1st/6 125.10
1/23 at Northern Iowa Invitational 3rd/5 113.20
1/20 at Grand View Invitational 2nd/3 116.64
1/21 at Northwestern Invitational 4th/5 123.05
2/1 at Southwestern Missouri Invitational 3rd/5 118.50
2/10 Big Ten Championship 6th/8 126.55
2/27 AIAW State Championships 4th/4 118.25
3/10 Region IV Championships 9th/10 115.30

1978-79 | Head Coach Diane Chapela
20-16 Overall, 3-4 Big Ten
1/11 at Iowa Invitational 1st/4 121.60
1/12 vs. Indiana State W 124.10
1/19 vs. Wisconsin-La Crosse W 119.65
1/27 at Windy City Invitational 7th/10 114.40
1/25 at Wisconsin Invitational 1st/3 121.65
2/6 Big Ten Championship 5th/8 121.30
2/17 at Illinois State W 125.85-121.60
2/23 at AIAW State Championships 4th/6 127.15
3/16 Region IV Championships 4th/8 129.85

1979-80 | Head Coach Diane Chapela
21-27 Overall, 3-8 Big Ten
1/15 at Iowa Invitational 2nd/2 126.60
1/23 at Midwest Open 4th/4 96.20
1/27 at Minnesota Invitational 2nd/6 126.85
1/28 at Western Illinois Invitational 1st/3 121.25
1/15 at Nebraska L 124.650-134.850
1/19 at Iowa State L 123.200-124.475
1/26 at Windy City Invitational 10th/11 126.40
2/2 at Northern Illinois Invitational 1st/4 126.40
2/8 Big Ten Championship 7th/9 125.16
2/15 vs. Illinois State W 129.100-124.650
2/23 at South Dakota Invitational 1st/3 132.65
3/1 vs. Bowling Green L 132.06
3/21 Region IV Championships 5th/6 129.85

1980-81 | Head Coach Diane Chapela
13-16 Overall, 3-8 Big Ten
1/12 at Midwest Open 3rd/3 121.90
1/13 vs. Iowa Invitational 1st/6 120.20
1/20 vs. Ohio State L 127.100-136.500
1/26 vs. Indiana State & Western Michigan 3rd/4 124.380
1/27 Iowa Invitational #2 1st/3 126.850
1/31 vs. Indiana L 128.450-133.250
2/6 vs. Nebraska L 128.800-133.650
2/7 vs. Wisconsin W 123.100-116.350
2/19 Big Ten Championships 6th/12 128.460
2/28 vs. Illinois State W 130.600-130.350
3/8 vs. Missouri & Southern Illinois 3rd/5 131.700
3/17 Region IV Championships 3rd/5 134.900

1981-82 | Head Coach Diane Chapela
7-14 Overall, 1-7 Big Ten
1/11 vs. Midwest Open 4th/5 126.550
1/25 Iowa Invitational 2nd/6 119.850
1/10 at Arizona L 129.500-136.500
1/24 at Illinois L 123.600-133.000
2/12 Big Ten Championships 7th/8 127.900
2/20 vs. Illinois State L 131.800-134.500
3/19 Region IV Championships 2nd/3 128.750

1982-83 | Head Coach Diane Chapela
- Overall, - Big Ten
12/11 Iowa Invitational 6th/7 156.100
1/15 vs. San Francisco Invitational 2nd/5 153.150
1/22 vs. Wisconsin L 163.900-164.850
1/28 at Ohio State Invitational 3rd/5 147.900
2/6 at Illinois State W 162.950-162.750
2/11 vs. Indiana State W 145.800-165.600
2/12 at Iowa State Invitational 5th/6 140.700-173.250
2/18 vs. Wisconsin Invitational 5th/8 131.700
2/25 vs. Northwestern W 160.600-135.800
2/26 at Western Illinois L 158.750-170.200
3/11 Big Ten Championships 8th/8 160.600

1983-84 | Head Coach Diane Chapela
25-11 Overall, 5-7 Big Ten
12/10 Iowa Invitational 3rd/4 174.700
12/14 at Gator Invitational 2nd/4 176.500
12/18 vs. Illinois State W 172.500-166.900
12/25 vs. Wisconsin W 172.800-171.650
1/2 vs. Indiana W 172.950-170.650
1/24 vs. Wisconsin-La Crosse Invitational 1st/10 172.450
1/29 vs. Illinois L 169.250-167.100
2/1 at Indiana State L 173.200-177.000
2/17 at Wisconsin Invitational 1st/5 172.450
2/19 vs. Iowa State W 169.300-166.050
2/25 vs. Ball State W 174.650-169.950
2/26 at Northern Illinois L 173.100-169.150
3/3 at Chicago Circle Circle 171.300-168.250
3/9 vs. Big Ten Championships 8th/8 167.600

1984-85 | Head Coach Diane Chapela
17-18 Overall, 2-9 Big Ten
12/6 vs. Japanese All Stars L 171.650-161.600
12/7 vs. Illinois State L 162.050-170.250
12/15 Iowa Invitational 2nd/4 169.600
1/16 at California-Long Beach L 163.300-166.750
1/20 at Indiana w/ Southeast Missouri State 3rd/3 165.200
12/25 at Iowa State w/ Oklahoma 2nd/5 172.950
1/27 vs. Wisconsin W 173.600-175.500
2/2 vs. Wisconsin-La Crosse Invitational 1st/8 171.000
2/15 at Wisconsin Invitational 4th/5 172.600
2/21 vs. Northern Illinois W 180.100-176.350
3/1 vs. Chicago Circle Invitational 2nd/3 177.950
3/3 at Northern Michigan L 177.100-172.250
3/9 vs. Indiana State W 178.500-177.900
3/15 Big Ten Championships 8th/9 170.250

1986 | Head Coach Diane Chapela
5-16 Overall, 0-9 Big Ten
1/10 at UCLA Invitational 3rd/4 158.600
1/14 at San Jose State w/ Washington 3rd/5 167.700
1/26 vs. Illinois State W 167.950-164.450
2/1 vs. Illinois w/ Indiana State 2nd/3 164.900
2/2 vs. Illinois-Chicago W 170.680-166.600
2/15 vs. Wisconsin L 127.350-173.050
2/21 vs. Iowa State W 164.900-171.250
3/2 at Northern Illinois Invitational 2nd/3 166.350
3/7 vs. Wisconsin L 173.000-179.440
3/15 vs. Ball State W 172.650-172.650
3/21 at Big Ten Championships 7th/7 161.000

1987 | Head Coach Diane Chapela
11-12 Overall, 2-8 Big Ten
1/10 vs. Missouri W 171.200-170.250
1/16 at California-Long Beach W 161.400-154.450
1/25 vs. Minnesota L 169.700-179.000
1/31 vs. Northern Illinois L 176.050-177.650
2/7 at Wisconsin-Dish-Kosh Invitational 1st/4 169.100
2/14 at Wisconsin Invitational 2nd/4 173.200
2/20 vs. Iowa State W 173.300-172.650
2/22 at Illinois State w/ Winona State 2nd/5 173.300
2/27 at Ball State W 177.400-171.350
3/8 vs. Wisconsin L 172.350-180.000
3/14 vs. Illinois-Chicago W 175.000-167.650
3/20 vs. Illinois L 176.600-182.000
3/27 at Big Ten Championships 7th/7 175.100
4/3 vs. Illinois-Chicago W 175.350-170.250
### 1993 | Head Coach Diane DeMarco
#### 9-21 Overall, 5-5 Big Ten

| 1/9 | at Cardinals Invitational | 4th/5 | 180.950 |
| 1/24 | vs. Minnesota | W | 188.450-185.150 |
| 2/13 | vs. Illinois | L | 186.300-183.750 |
| 2/29 | at Cap’n Crunch Invitational | 4th/4 | 181.000 |
| 2/26 | at North Carolina State | L | 188.550-189.550 |
| 2/28 | at Iowa State | W | 189.000-186.950 |
| 3/2 | at Missouri w/ North Carolina State | 2nd/3 | 190.250 |
| 3/5 | at Iowa State | W | 191.400-188.750 |
| 3/7 | at Oklahoma Invitational | 3rd/4 | 188.900 |
| 3/15 | vs. Michigan State | L | 191.000-191.300 |
| 3/21 | at Big Ten Championships | 5th/7 | 189.650 |
| 4/12 | at NIT | 7th/8 | 188.750 |

### 1994 | Head Coach Diane DeMarco
#### 8-16 Overall, 2-9 Big Ten

| 1/16 | at Shakespeare’s Festival | 3rd/5 | 185.450 |
| 1/21 | at Michigan | L | 182.525-191.175 |
| 1/29 | at Michigan State | L | 182.675-187.250 |
| 2/4 | vs. Northern Illinois | W | 186.425-183.175 |
| 2/12 | at Minnesota w/ Michigan State | 3rd/3 | 186.075 |
| 2/24 | at Illinois State | L | 187.470-188.125 |
| 2/27 | vs. Illinois | W | 188.825-183.475 |
| 3/4 | at Iowa State | L | 185.950-190.200 |
| 3/7 | vs. Iowa State | L | 189.900-190.375 |
| 3/13 | at Oklahoma Invitational | 3rd/5 | 187.225 |
| 3/18 | vs. Ball State | W | 187.575-183.375 |
| 3/26 | at Big Ten Championships | 6th/7 | 188.250 |

### 1995 | Head Coach Diane DeMarco
#### 4-23 Overall, 3-7 Big Ten

| 1/22 | at Illinois | L | 185.250-189.575 |
| 1/29 | vs. Michigan | L | 188.575-194.450 |
| 2/5 | at Northern Illinois | L | 188.550-191.375 |
| 2/10 | vs. Southeast Missouri State | L | 189.550-191.050 |
| 2/11 | at Iowa State w/ Northern Illinois | 3rd/3 | 189.250 |
| 2/24 | vs. Illinois State | L | 187.850-198.175 |
| 2/26 | at Oklahoma & Minnesota | 2nd/3 | 190.950 |
| 3/3 | vs. Iowa State | L | 190.900-192.075 |
| 3/5 | vs. Michigan State | W | 190.950-190.475 |
| 3/18 | at Oklahoma Invitational | 4th/4 | 185.875 |
| 3/25 | at Big Ten Championships | 6th/7 | 189.975 |
| 4/15 | at NIT | 7th/8 | 188.525 |

### 1996 | Head Coach Diane DeMarco
#### 16-17 Overall, 1-9 Big Ten

| 1/17 | at Ball State w/ Eastern Michigan | 1st/3 | 188.350 |
| 1/27 | at Cap’n Crunch Invitational | 3rd/5 | 186.300 |
| 2/3 | vs. Northern Illinois | W | 192.725-190.500 |
| 2/11 | at Michigan State Invitational | 4th/4 | 190.725 |
| 2/17 | vs. Illinois | L | 193.375-193.925 |
| 2/18 | vs. Minnesota | L | 191.825-194.625 |
| 2/29 | at Iowa State | L | 190.400-193.975 |
| 3/9 | vs. Oklahoma | W | 193.675-191.375 |
| 3/14 | vs. Iowa State | L | 193.450-193.525 |
| 3/17 | at Oklahoma w/ Northern Illinois | 2nd/3 | 190.650 |
| 3/22 | at Florida Invitational | 2nd/4 | 190.700 |
| 3/30 | at Big Ten Championships | 6th/7 | 191.725 |
| 4/21 | at NIT | 2nd/8 | 194.150 |

### 1997 | Head Coach Diane DeMarco
#### 8-22 Overall, 1-6 Big Ten

| 1/17 | at California w/ Arizona & Illinois-Chicago | 4th/4 | 1887.875 |
| 1/25 | vs. Illinois-Chicago | W | 189.875-188.925 |
| 2/2 | vs. Southeast Missouri State Invitational | 2nd/9 | 189.750 |
| 2/9 | at Northern Illinois | W | 188.70-187.125 |
| 2/16 | vs. Missouri | L | 191.300-197.750 |
| 2/22 | at Illinois | W | 193.325-193.125 |
| 2/27 | at Iowa State | L | 191.800-194.675 |
| 3/2 | at Ball State | L | 191.375-192.725 |
| 3/9 | at Corvette CUP | 4th/4 | 189.800 |
| 3/14 | at Southeast Missouri State | L | 193.400-196.025 |
| 3/17 | vs. Iowa State | L | 192.525-194.350 |
| 3/22 | at Big Ten Championships | 7th/7 | 193.725 |
| 4/12 | at NIT | 5th/8 | 192.600 |
IOWA WOMEN’S GYMNASTICS

ALL-TIME RESULTS

2003 | Head Coach Michael Lorenzen
--- | ---
13-13 Overall, 8-2 Big Ten
1/12 at Georgia | 193.250-197.000
1/16 vs. Nebraska | 195.075-197.125
1/31 at Iowa State | 195.275-196.625
2/8 vs. Michigan State W | 196.550-193.925
2/14 at Oklahoma | 194.725-196.600
2/22 at Southern Utah | 193.900-195.975
3/2 at Illinois-Chicago | 194.725-196.325
3/8 at Illinois | 196.800-194.000
3/13 vs. Iowa State | 196.675-195.825
3/22 at Minnesota | 196.650-196.500
3/29 at Big Ten Championships | 2nd/6
4/12 at NCAA Regionals | 2nd/6
4/24 at NCAA Championships (Session I) | 6th/6

2004 | Head Coach Michael Lorenzen
--- | ---
16-14 Overall, 7-2 Big Ten
1/2 at Cancun Classic | 2nd/4
1/17 vs. Iowa State | 196.950-196.725
1/24 vs. Michigan | 196.750-196.325
1/31 vs. North Carolina State | 196.775-93.725
2/6 at Utah | 195.900-197.650
2/14 at Maryland | 197.150-196.325
2/20 vs. Illinois State & Illinois-Chicago 1st/3 | 195.800
2/27 vs. Minnesota | 196.025-195.750
3/5 at Washington w/ Utah | 196.900
3/12 at Iowa State | 195.650-197.575
3/20 at Big Ten Championships | 3rd/7
4/3 at NCAA Regionals | 2nd/6
4/15 at NCAA Championships | 6th/6

2005 | Head Coach Larissa Libby
--- | ---
9-23 Overall, 2-7 Big Ten
1/7 at Super Six Challenge | 6th/6
1/15 at Denver | 190.800-195.100
1/22 vs. Illinois-Chicago | 190.325-191.725
1/26 at Iowa State Invitational | 2nd/4
2/5 at Illinois Invitational | 1st/4
2/11 at Sweeheart Invitational | 2nd/4
2/19 vs. Iowa State | 194.150-195.850
2/26 at Minnesota | 194.425-195.775
3/4 at Michigan | 194.275-197.800
3/12 at Auburn w/ North Carolina | 2nd/3
3/26 at Big Ten Championships | 6th/7
4/9 at NCAA Regionals | 6th/6

2006 | Head Coach Larissa Libby
--- | ---
5-17 Overall, 1-7 Big Ten
1/13 at Oregon State w/ BYU & Florida | 4th/4
1/20 at LSU | 191.050-195.025
1/28 at Iowa State | 193.375-195.700
2/5 at West Virginia Invitational | 3rd/4
2/10 vs. Denver | 191.625-192.575
2/18 vs. Illinois | 193.025-193.850
2/25 at Texas Women’s Invitational 1st/3 | 194.275
3/5 vs. Minnesota | 193.075-195.850
3/11 vs. Missouri | 190.800-192.600
3/17 at Iowa State | 194.225-197.275
3/25 at Big Ten Championships | 6th/7

2007 | Head Coach Larissa Libby
--- | ---
7-14 Overall, 2-9 Big Ten
1/12 vs. LSU | 192.525-194.875
1/21 at North Carolina State w/ Georgia & Ohio 3rd/3
1/27 at Illinois | 193.350-194.725
2/3 vs. N. Illinois w/ Winona State & UW Whitewater | 1st/4
2/9 at Alaska | 192.725-189.675
2/11 at Alaska | 193.725-188.475
2/18 vs. Oklahoma | 194.525-195.650
2/24 at Minnesota | 194.625-193.950
3/2 vs. Southern Utah | 193.875-192.550
3/4 at Iowa State w/ Minnesota 3rd/3
3/9 at Michigan | 192.875-194.425
3/17 at Oklahoma | 193.825-195.475
3/27 at Iowa State w/ Denver 3rd/3
3/31 at Big Ten Championships | 6th/6

1998 | Head Coach Diane DeMarco
--- | ---
16-15 Overall, 2-8 Big Ten
1/10 at Maui Invitational | 4th/4
1/23 at Ball State Invitational | 2nd/6
1/23 vs. Minnesota | 192.400-193.525
1/31 vs. Western Michigan | 200.000
2/14 vs. Michigan State & Missouri | 2nd/3
2/26 at Iowa State | 190.275-194.725
2/28 at Minnesota | 191.275-194.125
3/6 vs. Illinois | 193.400-193.975
3/8 at Corvette Cup | 3rd/4
3/9 Southeast Missouri State w/ Illinois State | 1st/3
3/21 at Big Ten Championships | 5th/7
4/11 at NIT | 2nd/8

1999 | Head Coach Diane DeMarco
--- | ---
5-16 Overall, 0-10 Big Ten
1/9 at Michigan State w/ Missouri & Ball State | 4th/4
1/17 at UC-Santa Barbara | 194.525-177.800
1/23 at Illinois Invitational | 3rd/4
1/30 vs. Western Michigan w/ Winona State | 2nd/3
2/7 at Northern Illinois w/ Wisconsin-OshKosh | 1st/3
2/13 at Minnesota | 197.725-194.275
2/26 at Iowa State | 190.700-194.850
3/5 vs. Minnesota | 000.000-194.875
3/13 vs. Iowa State | 195.075-195.350
3/27 at Big Ten Championships | 7th/7

2000 | Head Coach Michael Lorenzen
--- | ---
1-17 Overall, 0-10 Big Ten
1/14 at Arizona w/UCLA & Central Michigan | 4th/4
1/29 vs. Northern Illinois | 192.100-197.325
2/6 vs. Minnesota | 193.550-195.125
2/10 at Iowa State | 193.575-196.950
2/19 vs. Illinois | 193.575-194.375
2/21 at Minnesota | 192.400-193.450
3/3 vs. Iowa State | 192.950-195.425
3/5 at Missouri w/ Ball State | 3rd/3
3/12 at Nebraska | 191.625-196.875
3/18 at Big Ten Championships | 7th/7

2001 | Head Coach Michael Lorenzen
--- | ---
13-15 Overall, 6-7 Big Ten
1/6 vs. Southeast Missouri State | 192.800-197.325
1/13 at Michigan State w/ Central Michigan | 1st/3
1/20 at Michigan w/ Minnesota | 2nd/3
1/27 at Minnesota | 192.125-194.825
2/2 vs. Iowa State | 195.925-196.325
2/10 at Hearts Invitational | 1st/5
2/17 vs. Ohio State | 196.575-194.850
2/34 vs. Indiana State | 196.675-195.250
3/6 at Illinois | 196.675-195.500
3/16 at Arizona State w/ Nebraska & Kentucky | 4th/4
3/20 at Iowa State | 193.950-196.400
3/24 at Big Ten Championships | 5th/8
4/7 at NCAA Regionals | 5th/6

2002 | Head Coach Michael Lorenzen
--- | ---
11-10 Overall, 6-5 Big Ten
1/13 at Nebraska | 193.225-194.600
1/19 at Michigan State | 193.875-191.200
1/26 vs. Iowa State | 193.175-195.250
2/2 at Southeast Missouri | 195.100-190.525
2/9 at Southeast Missouri State | 193.950-193.325
2/17 vs. Minnesota | 196.100-196.725
2/22 at LSU | 194.825-196.725
3/2 vs. Illinois | 195.575-193.750
3/8 at Iowa State | 196.350-197.225
3/16 at Ohio State | 195.550-195.900
2/23 at Big Ten Championships | 3rd/7
4/6 at NCAA Regionals | 3rd/6

Iowa Women’s Gymnastics

2023 MEDIA GUIDE

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2008 | Head Coach Larissa Libby

IOWA WOMEN’S GYMNASTICS
2023 MEDIA GUIDE
Iowa Women’s Gymnastics

2009 | Head Coach Larissa Libby

2010 | Head Coach Larissa Libby

2011 | Head Coach Larissa Libby

2012 | Head Coach Larissa Libby

2013 | Head Coach Larissa Libby

IOWA WOMEN’S GYMNASTICS

2014 | Head Coach Larissa Libby

2015 | Head Coach Larissa Libby

2016 | Head Coach Larissa Libby

2017 | Head Coach Larissa Libby

2018 | Head Coach Larissa Libby

2019 | Head Coach Larissa Libby

2020 | Head Coach Larissa Libby

2021 | Head Coach Larissa Libby

2022 | Head Coach Larissa Libby

2023 | Head Coach Larissa Libby

IOWA WOMEN’S GYMNASTICS

2023 MEDIA GUIDE
Iowa Women’s Gymnastics

2008 | Head Coach Larissa Libby

IOWA WOMEN’S GYMNASTICS
2023 MEDIA GUIDE
Iowa Women’s Gymnastics

2009 | Head Coach Larissa Libby

2010 | Head Coach Larissa Libby

2011 | Head Coach Larissa Libby

2012 | Head Coach Larissa Libby

2013 | Head Coach Larissa Libby

IOWA WOMEN’S GYMNASTICS

2014 | Head Coach Larissa Libby

2015 | Head Coach Larissa Libby

2016 | Head Coach Larissa Libby

2017 | Head Coach Larissa Libby

2018 | Head Coach Larissa Libby

2019 | Head Coach Larissa Libby

2020 | Head Coach Larissa Libby

2021 | Head Coach Larissa Libby

2022 | Head Coach Larissa Libby

2023 | Head Coach Larissa Libby

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2022 | Head Coach Larissa Libby

2023 | Head Coach Larissa Libby

IOWA WOMEN’S GYMNASTICS

2023 MEDIA GUIDE
Iowa Women’s Gymnastics
### 2019 | Head Coach Larissa Libby

**IOWA WOMEN’S GYMNASTICS**

#### 13-18 Overall, 12-7 Big Ten

<table>
<thead>
<tr>
<th>Date</th>
<th>Opponent</th>
<th>Score</th>
<th>Place</th>
<th>Result</th>
</tr>
</thead>
<tbody>
<tr>
<td>1/4</td>
<td>at #29 Penn State</td>
<td>196.550-197.300</td>
<td>4th/5</td>
<td>vs. Michigan State</td>
</tr>
<tr>
<td>1/11</td>
<td>at #39 Nebraska</td>
<td>194.700-195.675</td>
<td>1st</td>
<td>vs. Georgia</td>
</tr>
<tr>
<td>1/22</td>
<td>vs. Air Force/Ball State</td>
<td>194.700-195.625</td>
<td>1/3</td>
<td>vs. Bridgeport</td>
</tr>
<tr>
<td>1/26</td>
<td>vs. Ohio State</td>
<td>194.700-195.600</td>
<td>1/5</td>
<td>vs. Oregon State</td>
</tr>
<tr>
<td>2/2</td>
<td>vs. Iowa State</td>
<td>192.375-193.325</td>
<td>4th/4</td>
<td>vs. Ball State</td>
</tr>
<tr>
<td>2/10</td>
<td>vs. Michigan State</td>
<td>194.750-195.625</td>
<td>1/3</td>
<td>vs. Michigan State</td>
</tr>
<tr>
<td>2/11</td>
<td>vs. Maryland</td>
<td>194.750-195.625</td>
<td>1/3</td>
<td>vs. State</td>
</tr>
<tr>
<td>2/12</td>
<td>vs. Minnesota</td>
<td>194.750-195.625</td>
<td>1/3</td>
<td>vs. State</td>
</tr>
<tr>
<td>2/22</td>
<td>vs. Air Force/Ball State</td>
<td>194.750-195.625</td>
<td>1/3</td>
<td>vs. State</td>
</tr>
<tr>
<td>3/1</td>
<td>vs. Nebraska</td>
<td>194.750-195.625</td>
<td>1/3</td>
<td>vs. State</td>
</tr>
<tr>
<td>3/8</td>
<td>vs. Ohio State</td>
<td>194.750-195.625</td>
<td>1/3</td>
<td>vs. State</td>
</tr>
<tr>
<td>3/15</td>
<td>vs. Oregon State</td>
<td>194.750-195.625</td>
<td>1/3</td>
<td>vs. State</td>
</tr>
<tr>
<td>3/23</td>
<td>vs. Big Ten Championships</td>
<td>194.750-195.625</td>
<td>1/3</td>
<td>vs. State</td>
</tr>
<tr>
<td>4/4</td>
<td>at NCAA Regionals</td>
<td>194.750-195.625</td>
<td>1/3</td>
<td>vs. State</td>
</tr>
</tbody>
</table>

#### 2020 | Head Coach Larissa Libby

**IOWA WOMEN’S GYMNASTICS**

#### 5-9 Overall, 2-7 Big Ten

<table>
<thead>
<tr>
<th>Date</th>
<th>Opponent</th>
<th>Score</th>
<th>Place</th>
<th>Result</th>
</tr>
</thead>
<tbody>
<tr>
<td>1/3</td>
<td>vs. Bridgeport, Georgia, Oregon State</td>
<td>196.450-197.300</td>
<td>4th/4</td>
<td>vs. Oregon State</td>
</tr>
<tr>
<td>1/11</td>
<td>at #11 Minnesota</td>
<td>194.750-195.625</td>
<td>1/3</td>
<td>vs. Oregon State</td>
</tr>
<tr>
<td>1/19</td>
<td>at #13 Michigan State</td>
<td>194.750-195.625</td>
<td>1/3</td>
<td>vs. Oregon State</td>
</tr>
<tr>
<td>1/25</td>
<td>vs. Michigan State</td>
<td>194.750-195.625</td>
<td>1/3</td>
<td>vs. Oregon State</td>
</tr>
<tr>
<td>2/2</td>
<td>vs. Minnesota</td>
<td>194.750-195.625</td>
<td>1/3</td>
<td>vs. Oregon State</td>
</tr>
<tr>
<td>2/14</td>
<td>vs. Michigan State</td>
<td>194.750-195.625</td>
<td>1/3</td>
<td>vs. Oregon State</td>
</tr>
<tr>
<td>2/21</td>
<td>at Big Ten Championships</td>
<td>194.750-195.625</td>
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<td>vs. Oregon State</td>
</tr>
<tr>
<td>3/6</td>
<td>at Iowa State</td>
<td>194.750-195.625</td>
<td>1/3</td>
<td>vs. Oregon State</td>
</tr>
<tr>
<td>3/8</td>
<td>vs. West Virginia</td>
<td>194.750-195.625</td>
<td>1/3</td>
<td>vs. Oregon State</td>
</tr>
<tr>
<td>3/13</td>
<td>vs. Western Michigan</td>
<td>194.750-195.625</td>
<td>1/3</td>
<td>vs. Oregon State</td>
</tr>
<tr>
<td>3/15</td>
<td>at California</td>
<td>194.750-195.625</td>
<td>1/3</td>
<td>vs. Oregon State</td>
</tr>
<tr>
<td>3/21</td>
<td>at Big Ten Championships</td>
<td>194.750-195.625</td>
<td>1/3</td>
<td>vs. Oregon State</td>
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</tbody>
</table>

#### 2021 | Head Coach Larissa Libby

**IOWA WOMEN’S GYMNASTICS**

#### 15-3-1 Overall, 9-0 Big Ten

<table>
<thead>
<tr>
<th>Date</th>
<th>Opponent</th>
<th>Score</th>
<th>Place</th>
<th>Result</th>
</tr>
</thead>
<tbody>
<tr>
<td>1/15</td>
<td>at #13 Minnesota</td>
<td>194.750-195.625</td>
<td>1/3</td>
<td>vs. Oregon State</td>
</tr>
<tr>
<td>1/23</td>
<td>at #13 Ohio State</td>
<td>194.750-195.625</td>
<td>1/3</td>
<td>vs. Oregon State</td>
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<tr>
<td>1/31</td>
<td>at #18 Nebraska</td>
<td>194.750-195.625</td>
<td>1/3</td>
<td>vs. Oregon State</td>
</tr>
<tr>
<td>2/6</td>
<td>at #11 Minnesota</td>
<td>194.750-195.625</td>
<td>1/3</td>
<td>vs. Oregon State</td>
</tr>
<tr>
<td>2/13</td>
<td>at #12 Michigan State</td>
<td>194.750-195.625</td>
<td>1/3</td>
<td>vs. Oregon State</td>
</tr>
<tr>
<td>2/20</td>
<td>at #29 Nebraska</td>
<td>194.750-195.625</td>
<td>1/3</td>
<td>vs. Oregon State</td>
</tr>
<tr>
<td>2/27</td>
<td>at #39 Nebraska</td>
<td>194.750-195.625</td>
<td>1/3</td>
<td>vs. Oregon State</td>
</tr>
<tr>
<td>3/6</td>
<td>at #19 Illinois</td>
<td>194.750-195.625</td>
<td>1/3</td>
<td>vs. Oregon State</td>
</tr>
<tr>
<td>3/14</td>
<td>at #35 Nebraska</td>
<td>194.750-195.625</td>
<td>1/3</td>
<td>vs. Oregon State</td>
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<tr>
<td>3/20</td>
<td>at Big Ten Championships</td>
<td>194.750-195.625</td>
<td>1/3</td>
<td>vs. Oregon State</td>
</tr>
<tr>
<td>4/2</td>
<td>at NCAA Regionals</td>
<td>194.750-195.625</td>
<td>1/3</td>
<td>vs. Oregon State</td>
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</tbody>
</table>

#### 2022 | Head Coach Larissa Libby

**IOWA WOMEN’S GYMNASTICS**

#### 11-6 Overall, 5-4 Big Ten

<table>
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<tr>
<th>Date</th>
<th>Opponent</th>
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</tr>
</thead>
<tbody>
<tr>
<td>1/8</td>
<td>at Eastern Michigan</td>
<td>195.950-196.100</td>
<td>4th/10</td>
<td>vs. Oregon State</td>
</tr>
<tr>
<td>1/14</td>
<td>at #29 Texas Woman's University</td>
<td>196.125-196.100</td>
<td>4th/10</td>
<td>vs. Oregon State</td>
</tr>
<tr>
<td>1/17</td>
<td>vs. UCLA</td>
<td>195.950-196.100</td>
<td>4th/10</td>
<td>vs. Oregon State</td>
</tr>
<tr>
<td>1/22</td>
<td>at #15 Michigan State</td>
<td>196.125-196.100</td>
<td>4th/10</td>
<td>vs. Oregon State</td>
</tr>
<tr>
<td>1/29</td>
<td>at #43 Nebraska</td>
<td>196.125-196.100</td>
<td>4th/10</td>
<td>vs. Oregon State</td>
</tr>
<tr>
<td>2/4</td>
<td>at #29 Penn State</td>
<td>196.125-196.100</td>
<td>4th/10</td>
<td>vs. Oregon State</td>
</tr>
<tr>
<td>2/11</td>
<td>at #44 Rutgers/vs. #29 Kent State/vs. #80 Unisus</td>
<td>196.125-196.100</td>
<td>4th/10</td>
<td>vs. Oregon State</td>
</tr>
<tr>
<td>2/18</td>
<td>at Big Ten Championships</td>
<td>196.125-196.100</td>
<td>4th/10</td>
<td>vs. Oregon State</td>
</tr>
<tr>
<td>2/25</td>
<td>at #6 Minnesota</td>
<td>196.125-196.100</td>
<td>4th/10</td>
<td>vs. Oregon State</td>
</tr>
<tr>
<td>3/4</td>
<td>at #26 Iowa State</td>
<td>196.125-196.100</td>
<td>4th/10</td>
<td>vs. Oregon State</td>
</tr>
<tr>
<td>3/13</td>
<td>at #10 California</td>
<td>196.125-196.100</td>
<td>4th/10</td>
<td>vs. Oregon State</td>
</tr>
<tr>
<td>3/19</td>
<td>at Big Ten Championships</td>
<td>196.125-196.100</td>
<td>4th/10</td>
<td>vs. Oregon State</td>
</tr>
<tr>
<td>3/31</td>
<td>at NCAA Regionals</td>
<td>196.125-196.100</td>
<td>4th/10</td>
<td>vs. Oregon State</td>
</tr>
<tr>
<td>4/2</td>
<td>at NCAA Regional Final</td>
<td>196.125-196.100</td>
<td>4th/10</td>
<td>vs. Oregon State</td>
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</tbody>
</table>