

**2023 Hawkeye Invitational**  
**Friday-Saturday, January 13-14, 2023**  
***SCHEDULE OF EVENTS (UPDATED 1/4/22)***

**FRIDAY EVENTS**

**4:00 PM**                                 **WEIGHT THROW (HTRC)**                                 W then M

**SATURDAY EVENTS**

TIME	EVENT		GENDER
<b><i>FIELD EVENTS</i></b>			
<b>11:00 AM</b>	HIGH JUMP		Men & Women
<b>11:00 AM</b>	SHOT PUT		Men then Women
<b>1:00 PM</b>	POLE VAULT		Women then Men
<b>2:00 PM</b>	LONG JUMP		Men & Women
<b>4:00 PM</b>	TRIPLE JUMP		Men & Women
<b><i>RUNNING EVENTS (MEN THEN WOMEN)</i></b>			
<b><i>Heats Per Gender</i></b>			
<b>12:10 PM</b>	<b><i>National Anthem</i></b>		
<i>12:15 PM</i>	<i>Warm-up 60m Hurdles W &amp; M on Infield</i>		
<b>12:15 PM</b>	3000M Unseeded	2	MEN
<b>12:35 PM</b>	3000M Unseeded	2	WOMEN
<i>1:00 PM</i>	<i>Warm-up 400m W &amp; M on Backstretch</i>		
<b>1:00 PM</b>	60M Hurdles Prelims	5	MEN
<b>1:12 PM</b>	60M Hurdles Prelims	5	WOMEN
<i>1:30 PM</i>	<i>Warm-up 60m W &amp; M on Infield</i>		
<b>1:25 PM</b>	400M	10	MEN
<b>1:45 PM</b>	400M	10	WOMEN
<b>2:05 PM</b>	60M Prelims	6	MEN
<b>2:20 PM</b>	60M Prelims	6	WOMEN
<i>2:35 PM</i>	<i>Warm-up 60m Hurdles W &amp; M on Infield</i>		
<b>2:35 PM</b>	600M	6	MEN
<b>2:50 PM</b>	600M	6	WOMEN
<b>3:05 PM</b>	60M Hurdles Finals	1	MEN
<b>3:10 PM</b>	60M Hurdles Finals	1	WOMEN
<b>3:15 PM</b>	60M Finals	1	MEN
<b>3:20 PM</b>	60M Finals	1	WOMEN
<b>3:25 PM</b>	Mile	4	MEN
<b>3:45 PM</b>	Mile	4	WOMEN
<i>4:10 PM</i>	<i>Warm-up 200m W &amp; M on Infield</i>		
<b>4:10 PM</b>	800M	4	MEN
<b>4:25 PM</b>	800M	4	WOMEN
<b>4:40 PM</b>	200M	12	MEN
<b>5:05 PM</b>	200M	12	WOMEN
<i>5:30 PM</i>	<i>Warm-up 4 x 400m W &amp; M on Infield</i>		
<b>5:30 PM</b>	3000M Seeded	1	MEN
<b>5:40 PM</b>	3000M Seeded	1	WOMEN
<b>5:55 PM</b>	4x400M Relay	4	MEN
<b>6:15 PM</b>	4x400M Relay	4	WOMEN