

## 2022-23 MEN'S INDOOR SEASON BEST PERFORMANCES - UPDATED 1/23/23

### 60 METERS (School Record - 6.61)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Damoy Allen	6.71	Jimmy Grant Invite - 12/10/22	6.71	Jimmy Grant Invite - 12/10/22
Khullen Jefferson	6.75	Hawkeye Invite - 1/14/23	6.75	Hawkeye Invite - 1/14/23
Gratt Reed	6.82	2x, last at Larry Wieczorek Invite - 1/21/23	6.77	Jimmy Grant Invite - 12/11/21
Grant Conway	6.87	Jimmy Grant Invite - 12/10/22	6.87	Jimmy Grant Invite - 12/10/22
Deandre Stapleton, Jr.	6.92	Hawkeye Invite - 1/14/23	6.86	Jimmy Grant Invite - 12/11/21
Kalil Johnson	6.93	Hawkeye Invite - 1/14/23	6.93	2x, last Hawkeye Invite - 1/14/23
James Carter, Jr.	7.00	Hawkeye Invite - 1/14/23	6.91	Jimmy Grant Invite - 12/11/21

### 60-METER HURDLES (School Record - 7.52)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Grant Conway	7.69	Jimmy Grant Invite - 12/10/22	7.69	Jimmy Grant Invite - 12/10/22
Austin West	7.95	Hawkeye Invite - 1/14/23	7.95	Hawkeye Invite - 1/14/23
Gratt Reed	7.95	Larry Wieczorek Invite - 1/21/23	7.72	at B1G Championships - 2/25/22
Kalil Johnson	7.98	Hawkeye Invite - 1/14/23	7.98	Hawkeye Invite - 1/14/23

### 200 METERS (School Record - 20.67)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Khullen Jefferson	21.07 !	Larry Wieczorek Invite - 1/20/23	20.70	at NCAA West Preliminary - 5/25/22
Damoy Allen	21.49	Hawkeye Invite - 1/14/23	21.14	at Region XI NJCAA Championships - 5/8/22
Deandre Stapleton, Jr.	21.96	Larry Wieczorek Invite - 1/20/23	21.96	Larry Wieczorek Invite - 1/20/23
Drake Woody	22.09	Hawkeye Invite - 1/14/23	21.67	at Tyson Invite - 2/12/22
Evan Schuster	22.33	Hawkeye Invite - 1/14/23	21.56	at Jim Click Shootout - 4/9/22

### 300 METERS

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Khullen Jefferson	32.97	Jimmy Grant Invite - 12/10/22	32.97	Jimmy Grant Invite - 12/10/22
Drake Woody	34.32	Jimmy Grant Invite - 12/10/22	34.32	Jimmy Grant Invite - 12/10/22
Evan Schuster	34.50	Jimmy Grant Invite - 12/10/22	34.50	Jimmy Grant Invite - 12/10/22

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### 400 METERS (School Record - 45.39)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Jenoah McKiver	46.26 !	Hawkeye Invite - 1/14/23	44.74 *	at Jim Click Shootout - 4/9/22
Julien Gillum	47.75	Hawkeye Invite - 1/14/23	46.88	Larry Wiczorek Invite - 1/22/22
Phillip Jefferson	48.23	Hawkeye Invite - 1/14/23	47.96	at Tyson Invite - 2/11/22
Spencer Gudgel	48.80	Hawkeye Invite - 1/14/23	48.80	Hawkeye Invite - 1/14/23
Everett Steward	48.92	Larry Wiczorek Invite - 1/21/23	47.61	at B1G Championships - 2/25/22
Connor Belken	49.57	Larry Wiczorek Invite - 1/21/23	49.57	Larry Wiczorek Invite - 1/21/23
Ryan Schreiner	49.60	Hawkeye Invite - 1/14/23	49.60	Hawkeye Invite - 1/14/23
Evan Schuster	49.78	Larry Wiczorek Invite - 1/21/23	48.00	at Jim Click Shootout - 4/9/22
Drake Woody	50.12	Larry Wiczorek Invite - 1/21/23	48.22	at B1G Championships - 2/25/22

### 600 METERS (School Record - 1:15.36)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Spencer Gudgel	1:18.22	Jimmy Grant Invite - 12/10/22	1:16.82	at B1G Championships - 2/26/22
Ryan Schreiner	1:18.32	Jimmy Grant Invite - 12/10/22	1:18.32	Jimmy Grant Invite - 12/10/22
Antonio Abrego	1:18.98	Hawkeye Invite - 1/14/23	1:17.78	Larry Wiczorek Invite - 1/21/22
Phillip Jefferson	1:19.05	Jimmy Grant Invite - 12/10/22	1:17.76	at B1G Championships - 2/26/22
Martin Strong	1:19.19	Jimmy Grant Invite - 12/10/22	1:19.19	Jimmy Grant Invite - 12/10/22
Julien Gillum	1:19.48	Larry Wiczorek Invite - 1/20/23	1:16.11	at B1G Championships - 2/26/22
Everett Steward	1:19.90	Jimmy Grant Invite - 12/10/22	1:19.90	Jimmy Grant Invite - 12/10/22
Nick O'Connor	1:20.68	Jimmy Grant Invite - 12/10/22	1:20.68	Jimmy Grant Invite - 12/10/22
Brett Wasick	1:20.93	Hawkeye Invite - 1/14/23	1:20.93	Hawkeye Invite - 1/14/23
Nathan Farrell	1:22.19	Jimmy Grant Invite - 12/10/22	1:22.19	Jimmy Grant Invite - 12/10/22
Armando Bryson	1:21.22	Hawkeye Invite - 1/14/23	1:16.89	at B1G Championships - 2/26/22
Everett Steward	1:22.18	Hawkeye Invite - 1/14/23	1:19.90	Jimmy Grant Invite - 12/10/22

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## 800 METERS (School Record - 1:47.33)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Antonio Abrego	1:52.10	Larry Wieczorek Invite - 1/21/23	1:48.47	at Mayo Invite - 2/5/22
Ryan Schreiner	1:52.93	Larry Wieczorek Invite - 1/21/23	1:52.93	Larry Wieczorek Invite - 1/21/23
Martin Strong	1:54.03	Larry Wieczorek Invite - 1/21/23	1:51.50	at Dr. Tucker Open - 5/6/22
Nick O'Connor	1:54.63	Larry Wieczorek Invite - 1/21/23	1:54.40	at NJCAA Region XI Championships - 5/8/22
Armando Bryson	1:56.05	Larry Wieczorek Invite - 1/21/23	1:48.31	at Mt. SAC Relays - 4/14/22
Brett Wasick	1:56.07	Larry Wieczorek Invite - 1/21/23	1:56.07	Larry Wieczorek Invite - 1/21/23

## MILE (School Record - 3:58.72)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Konnor Sommer	4:14.35	Hawkeye Invite - 1/14/23	4:14.35	Hawkeye Invite - 1/14/23

## 3,000 METERS (School Record - 7:57.06)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Konnor Sommer	8:20.20	Larry Wieczorek Invite - 1/20/23	8:20.20	Larry Wieczorek Invite - 1/20/23
Yohana Yual	8:31.81	Larry Wieczorek Invite - 1/20/23	8:30.62	at Mayo Invite - 2/5/22

## 1,600-METER RELAY (School Record - 3:02.40)

Names	Season Best	Meet - Date
Deandre Stapleton, Jr., Julien Gillum, Spencer Gudgel, Drake Woody	3:10.74	Larry Wieczorek Invite - 1/21/23
Everett Steward, Spencer Gudgel, Ryan Schreiner, Julien Gillum	3:13.09	Hawkeye Invite - 1/14/23
Evan Schuster, Nick O'Connor, Khullen Jefferson, Antonio Abrego	3:14.81	Hawkeye Invite - 1/14/23
Nick O'Connor, Gratt Reed, Martin Strong, Spencer Gudgel	3:15.54	Jimmy Grant Invite - 12/10/22
Brett Wasick, Evan Schuster, Ryan Schreiner, Phillip Jefferson	3:15.74	Jimmy Grant Invite - 12/10/22
Noah James, Brett Wasick, Martin Strong, Armando Bryson	3:18.20	Hawkeye Invite - 1/14/23
Nick O'Connor, Evan Schuster, Antonio Abrego, Noah James	3:19.93	Larry Wieczorek Invite - 1/21/23

## HIGH JUMP (School Record - 2.21 meters)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Zack Pluff	6-11 (2.11m) !	Hawkeye Invite - 1/14/23	6-11 (2.11m) !	Hawkeye Invite - 1/14/23
Noah James	6-6 3/4 (2.00m)	Jimmy Grant Invite - 12/10/22	6-6 3/4 (2.00m)	Jimmy Grant Invite - 12/10/22
Peyton Haack	6-4 3/4 (1.95m)	Hawkeye Invite - 1/14/23	6-4 3/4 (1.95m)	2x, last at Hawkeye Invite - 1/14/23

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## POLE VAULT (School Record - 5.21 meters)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Peyton Haack	16-0 3/4 (4.90m)	Jimmy Grant Invite - 12/10/22	16-4 /34 (5.00m)	2x, last at B1G Championships - 5/15/21
Austin West	14-1 1/4 (4.30m)	Hawkeye Invite - 1/14/23	14-5 1/4 (4.40m) ^	at B1G Championships - 2/26/22

## LONG JUMP (School Record - 8.06 meters)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
James Carter, Jr.	24-10 1/2 (7.58m) !	Jimmy Grant Invite - 12/10/22	26-0 1/4 (7.93m)	at NCAA West Preliminary - 5/25/22
Deandre Stapleton Jr.	23-5 1/2 (7.15m)	Larry Wiczorek Invite - 1/20/23	24-3 3/4 (7.41m)	at B1G Championships - 2/25/21
Kaleba Jack	22-8 (6.91m)	Jimmy Grant Invite - 12/10/22	24-8 1/4 (7.52m)	at B1G Invite #1 - 2/13/21

## TRIPLE JUMP (School Record - 16.46 meters)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
James Carter, Jr.	51-8 1/4 (15.75m) !	Hawkeye Invite - 1/14/23	52-10 3/4 (16.12m)	at NCAA West Preliminary - 5/27/22
Deandre Stapleton Jr.	49-7 1/4 (15.12m)	Hawkeye Invite - 1/14/23	49-10 (15.19m)	at Dr. Tucker Open - 5/6/22

## SHOT PUT (School Record - 19.57 meters)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Elijah Barnes	59-2 3/4 (18.05m)	Larry Wiczorek Invite - 1/20/23	60-8 3/4 (18.51m)	at B1G Championships - 5/14/22
Jordan Johnson	57-7 (17.55m)	Larry Wiczorek Invite - 1/21/23	57-7 (17.55m)	Larry Wiczorek Invite - 1/21/23
Quinton Lyons	54-2 (16.51m)	Larry Wiczorek Invite - 1/21/23	57-5 3/4 (17.52m)	at B1G Championships - 5/14/22

## WEIGHT THROW (School Record - 22.20 meters)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Jordan Johnson	65-9 3/4 (20.06m)	Hawkeye Invite - 1/14/23	65-9 3/4 (20.06m)	Hawkeye Invite - 1/14/23

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