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UI Intercollegiate Athletics Department Mission Statement

The mission of the Department of Athletics is to provide the administrative and coaching support, facilities, resources, and equipment necessary for student athletes to graduate from The University of Iowa while participating in broad-based championship-caliber athletic competition. The overall well-being of the participant and the integrity of the program will be paramount in all that we do.

UI Nondiscrimination Statement

The University of Iowa prohibits discrimination in employment, educational programs, and activities on the basis of race, creed, color, religion, national origin, age, sex, pregnancy, disability, genetic information, status as a U.S. veteran, service in the U.S. military, sexual orientation, gender identity, associational preferences, or any other classification that deprives the person of consideration as an individual. The university also affirms its commitment to providing equal opportunities and equal access to university facilities. For additional information on nondiscrimination policies, contact the Director, Office of Equal Opportunity and Diversity, the University of Iowa, 202 Jessup Hall, Iowa City, IA, 52242-1316, 319-335-0705 (voice), 319-335-0697 (TDD), diversity@uiowa.edu.

UI Accessibility Statement

Individuals with disabilities are encouraged to attend all University of Iowa sponsored events. If you are a person with a disability who requires a reasonable accommodation in order to participate in this program, please contact the UI Athletics Ticket office (319-335-9309) or UI Athletics Event Management (319-335-9247).

2022 Cross Country Schedule

Sept. 2	Hawkeye Invite	Iowa City, Iowa
Sept. 9	at Michigan Open	Ann Arbor, Mich.
Sept. 16	at Redbird Invite	Normal, Ill.
Sept. 30	at Gans Creek Invite	Columbia, Mo.
Oct. 14	at Bradley Pink Classic	Peoria, Ill.
Oct. 15	at Weis-Crockett Invite	Stillwater, Okla.
Oct. 21	at Illinois Invite	Champaign, Ill.
Oct. 29	at Big Ten Championships	Ann Arbor, Mich.
Nov. 11	at NCAA Midwest Regional	Columbia, Mo.
Nov. 19	at NCAA Championships	Stillwater, Okla.

2022-23 Indoor Track & Field Schedule

Dec. 10	Jimmy Grant Invite (Iowa City, Iowa)
Jan. 14	Hawkeye Invite (Iowa City, Iowa)
Jan. 20-21	Larry Wiecezorek Invite (Iowa City, Iowa)
Jan. 27-28	at Razorback Invite (Fayetteville, Ark.)
Feb. 3-4	New Mexico Collegiate Classic (Albuquerque, N.M.) at Meyo Invite (South Bend, Ind.)
Feb. 4	at Iowa State Classic (Ames, Iowa)
Feb. 10-11	Music City Challenge (Nashville, Tenn.) at Tyson Invitational (Fayetteville, Ark.)
Feb. 17	Iowa Open (Iowa City, Iowa)
Feb. 24-25	at B1G Indoor Championships (Geneva, Ohio)
March 10-11	NCAA Championships (Albuquerque, N.M.)

2023 Outdoor Track & Field Schedule

Mar. 17-18	Hurricane Invite (Miami, Fla.)
Mar. 23-25	Raleigh Relays (Raleigh, N.C.)
Mar. 29-Apr. 1	Texas Relay (Austin, Texas) Bobcat Invite (San Marcos, Texas)
Mar. 30-Apr. 1	Mike Fanelli Track Classic (San Francisco, Calif.)
Mar. 31-Apr. 1	Stanford Invite (Palo Alto, Calif.) Florida Relays (Gainesville, Fla.)
April 7-9	John McDonnell Invite (Fayetteville, Ark.)
April 12-15	Mt. Sac Relays (Walnut, Calif.) Bryan Clay Invite (Azusa, Calif.)
April 14	Jim Duncan Invite (Des Moines, Iowa)
April 14-15	Tom Jones Invite (Gainesville, Fla.) Beach Invite (Long Beach, Calif.)
Apr. 22	Musco Twilight (Iowa City)
April 27-29	Drake Relays (Des Moines, Iowa)
May 6	Dr. Tucker Open (Dubuque, Iowa)
May 12-14	B1G Outdoor Championships (Bloomington, Ind.)
May 24-27	NCAA West Prelims (Sacramento, Calif.)
Jun. 7-10	NCAA Outdoor Championships (Austin, Texas)
Jul. 6-9	USATF National Championships (Eugene, Ore.)

Credits

The University of Iowa track and field and cross country media guide was written, designed and edited by Athletic Communications Assistants Brock Busick and Assistant Athletic Communication Directors Traci Wagner. Photographs provided by Brian Ray, Stephen Mally, Darren Miller and University of Iowa CMP Photo Services. Cover artwork designed by Mindy Gardner.



2023 Men's Track & Field Roster

Name	Yr.	Event	Hometown (Last School)
Antonio Abrego	So.	Middle Distance	Santa Clarita, Calif (Golden Valley HS)
Damoy Allen	Jr.	Sprints	Utica, N.Y. (Indian Hills CC)
Elijah Barnes	Jr.	Throws	Fort Madison, Iowa (Iowa Central CC)
Connor Belken	Jr.	Sprints	Dubuque, Iowa (Hawkeye CC)
Koby Brackemeyer	Jr.	Middle Distance	Morrison, Ill. (Hawkeye CC)
Armando Bryson	Sr.	Middle Distance	Long Beach, Calif. (Long Beach Wilson HS)
Austin Busch	Fr.	Throws	Jewell, Iowa (South Hamilton HS)
Sal Capaldo	Fr.	Multi Events	Polk City, Iowa (North Polk HS)
James Carter, Jr.	Sr.	Jumps	Oak Creek, Wis. (Oak Creek HS)
Ian Collins	Fr.	Jumps	Charles City, Iowa (Charles City HS)
Grant Conway	Sr.	Hurdles	St. James, Mo. (St. James HS)
Nathan Farrell	Jr.	Hurdles	Port Orange, Fla. (Flagler Palm Coast HS)
Ian Geisler	Jr.	Distance	Lake in the Hills, Ill. (Huntley HS)
Julien Gillum	Sr.	Hurdles	Biloxi, Miss. (Goose Creek Memorial HS)
Spencer Gudgel	Sr.	Middle Distance	Carmel, Ind. (Carmel HS)
Peyton Haack	Sr.	Multi Events	Westfield, Ind. (Westfield HS)
Carson Houg	Fr.	Distance	Urbandale, Iowa (Des Moines Christian HS)
Kaleba Jack	Jr.	Jumps	Iowa City, Iowa (City HS)
Noah James	So.	Jumps	Treynor, Iowa (Treynor HS)
Khullen Jefferson	Jr.	Sprints	Lynwood, Ill. (Thronton Fractional South)
Phillip Jefferson	So.	Sprints/Hurdles	Los Angeles, Calif. (Long Beach Wilson HS)
Jordan Johnson	Sr.	Throws	Quincy, Ill. (Quincy HS)
Kalil Johnson	So.	Hurdles	Evanston, Ill. (Evanston HS)
Aidan King	Jr.	Distance	St. Charles, Ill. (East HS)
Daniel Klysh	Jr.	Distance	Elmhurst, Ill. (York HS)
Austin Kresley	Jr.	Sprints	Oakley, Calif. (IMG Academy)
Derek Leicht	Fr.	Middle Distance	Dubuque, Iowa (Hempstead HS)
Kal Lewis	Jr.	Distance	Shelter Island, N.Y. (Shelter Island HS)
Quintin Lyons	Jr.	Throws	Van Nuys, Calif. (Notre Dame HS)
Jenoah McKiver	Jr.	Sprints	High Point, N.C. (T.W. Andrews HS)
Tyrese Miller	Fr.	Sprints	Ankeny, Iowa (Ankeny HS)
Kristopher Moore	Jr.	Sprints	Clinton, Miss. (Hinds JC)
Max Murphy	Jr.	Distance	Bettendorf, Iowa (Pleasant Valley HS)
Nick O'Connor	Jr.	Middle Distance	Tiffin, Iowa (Indian Hills CC)
Tyler Olson	Sr.	Middle Distance	Muscatine, Iowa (Muscatine HS)
Jack Pendergast	Jr.	Distance	Cedar Rapids, Iowa (Prairie HS)
Zack Pluff	Sr.	Jumps	Freeburg, Ill. (Freeburg HS)
Gratt Reed	Sr.	Hurdles	Atlantic, Iowa (Atlantic HS)
Chadrick Richards	Fr.	Sprints	Longwood, Fla. (Lake Brantley HS)
Will Ryan	Fr.	Distance	Waukee, Iowa (Dowling Catholic HS)
Ryan Schreiner	Fr.	Middle Distance	Winfield, Ill. (Wheaton North HS)
Evan Schuster	Jr.	Sprints	Racine, Wis. (St. Catherine's HS)
Miles Sheppard	Fr.	Distance	Keokuk, Iowa (Warsaw, Ill. HS)
Sean Smith	RS Fr.	Throws	Webster, N.Y. (Webster Thomas HS)
Konnor Sommer	Sr.	Distance	Bettendorf, Iowa (Pleasant Valley HS)
Deandre Stapleton, Jr.	Sr.	Jumps	Mansfield, Texas (Mansfield Lake Ridge HS)
Joe Stein	Jr.	Sprints	Milford, Iowa (Central College)
Mike Stein	Fr.	Throws	Milford, Iowa (Spirit Lake HS)
Everett Steward	Jr.	Middle Distance	Carson, Calif. (Long Beach Poly HS)
Martin Strong	Jr.	Middle Distance	Kirkwood, Mo. (Kirkwood HS)
Nick Trattner	Sr.	Distance	Naperville, Ill. (North HS)
Kalen Walker	Jr.	Sprints	Eddyville, Iowa (Indian Hills JC)
Brett Wasick	Fr.	Middle Distance	Bolingbrook, Ill. (Bolingbrook HS)
Austin West	Sr.	Multi Events	Iowa City, Iowa (West HS)
Walker Whalen	Fr.	Throws	Indianola, Iowa (Indianola HS)
Ryan Williams	Sr.	Throws	Sandy Hook, Conn. (Miami University of Ohio)
Drake Woody	Jr.	Hurdles	North Liberty, Iowa (Liberty HS)
Yohana Yual	RS Fr.	Distance	Des Moines, Iowa (Johnston HS)



Name	Yr.	Event	Hometown (Last School)
Amber Aesoph	Jr.	Distance	Sioux City, Iowa (Bishop Heelan Catholic HS)
Madeline Andelbradt	Fr.	Jumps/Multi Events	Lisle, Ill. (Naperville North HS)
Ana Barroso	Fr.	Distance	Aurora, Ill. (Oswego East HS)
Alivia Bauer	Jr.	Throws	Indianola, Iowa (Indianola HS)
Myreanna Bebe	Jr.	Hurdles	Orlando, Florida (Queen Creek HS)
Audrey Biermann	Fr.	Sprints	Peosta, Iowa (Western Dubuque HS)
Jalyssa Blazek	Fr.	Distance	Lawler, Iowa (Turkey Valley HS)
Maddie Block	Sr.	Distance	Marion, Iowa (UNI)
Alli Bookin-Nosbisch	Jr.	Middle Distance	Ottumwa, Iowa (Ottumwa HS)
Grace Bookin-Nosbisch	Jr.	Distance	Ottumwa, Iowa (Ottumwa HS)
Rowan Boulter	Fr.	Distance	Iowa City, Iowa (City HS)
Miya Brines	So.	Multi Events	Loveland, Ohio (Loveland HS)
Mariel Bruxvoort	Sr.	Hurdles	Grand Rapids, Mich. (South Christian HS)
Emma Callahan	Fr.	Throws	New Castle, Pa. (Shenango HS)
Gabby Cortez	Fr.	Middle Distance	Cedar Rapids, Iowa (Prairie HS)
Aliyanna Dorn	Jr.	Sprints	Madison, Wis. (University of Wisconsin)
Holly Duax	Fr.	Sprints	Sioux City, Iowa (West HS)
Alexandria Edison	Fr.	Sprints	Flossmoor, Ill. (Homewood-Flossmoor HS)
Claire Edmondson	Jr.	Distance	Dubuque, Iowa (Senior HS)
Laney Fitzpatrick	So.	Distance	Davenport, Iowa (Assumption HS)
Bryce Gidel	Jr.	Distance	Humboldt, Iowa (Humboldt HS)
Emma Gordon	Sr.	Distance	Ankeny, Iowa (Centennial HS)
Anne Guest	RS Fr.	Jumps	Ottumwa, Iowa (Ottumwa HS)
Maggie Gutwein	Sr.	Distance	Monticello, Ind. (Twin Lakes HS)
LaSarah Hargrove	Sr.	Sprints	Tampa, Fla. (Gaither HS)
Natalie Harris	Fr.	Hurdles/Sprints	Waukee, Iowa (Northwest HS)
Amanda Howe	Sr.	Throws	Southington, Conn. (Southington HS)
Jade Hunter	So.	Jumps	East Moline, Ill. (United Township HS)
Kayla Hutchins	Jr.	Jumps	Royse City, Texas (Royse City HS)
Jaiden Itson	RS Fr.	Middle Distance	Houston, Texas (Ford Bend Hightower HS)
Lily Johannes	Fr.	Middle Distance	Cedar Rapids, Iowa (Prairie HS)
Kaitlin Knappe	RS Fr.	Distance	Tecumseh, Mich. (Tecumseh HS)
Jamie Kofron	Sr.	Throws	Tipton, Iowa (Tipton HS)
Lizzie Korczak	RS Fr.	Throws	Hassocks, England (Brighton College)
Leah Kralovetz	Sr.	Distance	Denmark, Wis. (Denmark)
Chloe Larsen	So.	Sprints	Waunakee, Wis. (Waunakee HS)
Lia Love	So.	Sprints	Chapel Hill, N.C. (Jordan Senior HS)
Paige Magee	Jr.	Hurdles	Columbia, Mo. (Battle HS)
Mytika Mayberry	So.	Sprints	Ankeny, Iowa (Ankeny HS)
Brynley McDermott	So.	Sprints	Burlington, Ontario (University of Albany)
Brooke McKee	So.	Distance	Johnston, Iowa (Johnston HS)
Lauren McMahan	So.	Distance	Ankeny, Iowa (Ankeny HS)
Tahlee McVee	RS Fr.	Multi Events	Perth, Australia (John Septimus Roe Anglican HS)
Ella Meeuwssen	RS Fr.	Jumps	Green Bay, Wis. (Bay Port HS)
Kat Moody	Sr.	Throws	Clive, Iowa (Waukee HS)
Katie Moore	Jr.	Middle Distance	Olathe, Kan. (St. James Academy)
Julia Pattison	Fr.	Sprints	Louisville, Colo. (Monarch HS)
Nylah Perry	Jr.	Hurdles	Atco, N.J. (Winslow Township HS)
Katie Petersen	Jr.	Hurdles	Ankeny, Iowa (Centennial HS)
Clare Pitcher	Jr.	Middle Distance	Franklin, Wis. (Franklin HS)
Micah Poellet	So.	Distance	Marion, Iowa (Linn-Mar HS)
Ellie Rathe	Fr.	Distance	La Porte City, Iowa (Union HS)
Ellie Rickertsen	Fr.	Hurdles	Clinton, Iowa (Northeast HS)
Ianna Roach	Sr.	Throws	Port of Spain, Trinidad & Tabago (Bishops Anstey)
Tesa Roberts	Jr.	Sprints	Chicago, Ill. (Brooks College Prep)
De'Anna Robinson	RS Fr.	Jumps	Euless, Texas (Euless Trinity HS)
Abby Ryon	So.	Distance	Mt. Pleasant, Iowa (Mt. Pleasant HS)
Miriam Sandeen	RS Fr.	Distance	Eden Prairie, Minn. (Eden Prairie HS)
Lillian Schmidt	So.	Distance	Dubuque, Iowa (Senior HS)
Chloe Skidmore	RS Fr.	Distance	Marion, Iowa (Linn-Mar HS)
Sam Strauss	So.	Distance	Johnston, Iowa (Johnston HS)
Aleah Tenpas	Fr.	Distance	Johnston, Iowa (Johnston HS)
Tionna Tobias	Sr.	Jumps	Sicklerville, N.J. (Winslow Township HS)
Kelli Tosic	Jr.	Distance	Grayslake, Ill. (North HS)
Ellie Twedt	Jr.	Distance	Elkhart, Iowa (Ballard HS)
Kathryn Vortherms	RS Fr.	Distance	Ankeny, Iowa (Centennial HS)
Wisdom Williams	Fr.	Throws	Alexandria, Va. (Alexandria City)



General Information

Location: Iowa City, Iowa
 Founded: 1847
 Enrollment: 30,448
 Conference: Big Ten
 School Colors: Black and Gold
 President: Bruce Harrelld
 Director of Athletics: Gary Barta
 Nickname/Mascot: Hawkeyes/Herky the Hawk
 Cross Country Facility: Bill and Jim Ashton Cross Country Course
 Indoor Track & Field Facility: UI Recreation Building
 Outdoor Track & Field Facility: Francis X. Cretzmeyer Track

Coaching & Staff Information

Director of Track & Field (Yr. at Iowa): Joey Woody (18th)
 Events: Men's Sprints, Hurdles & Relays; Women's Long Sprints & Hurdles
 Alma Mater, Yr.: Northern Iowa, 1997
 E-Mail Address: joey-woody@uiowa.edu
 Cross Country/Associate Head Track & Field Coach
 (Yr. at Iowa): Randy Hasenbank (8th)
 Events: Cross Country, Distance
 Alma Mater: Wichita State, 1990
 E-Mail Address: randy-hasenbank@uiowa.edu
 Assistant Coach (Yr. at Iowa): Jason Wakenight (10th)
 Events: Middle Distance, Sprints & Relays
 Alma Mater, Yr.: University of Iowa, 2006
 E-Mail Address: jason-wakenight@uiowa.edu
 Assistant Coach (Yr. at Iowa): Cameron Burrows (2nd)
 Events: Multi-Events & Jumps
 Alma Mater, Yr.: Tiffin University, 2021
 Email Address cameron-burrows@uiowa.edu
 Assistant Coach (Yr. at Iowa): Ray Robinson (2nd)
 Events: Throws
 Alma Mater, Yr.: Tiffin University, 2015
 E-Mail Address: raymond-robinson@uiowa.edu
 Cross Country/Track Administrator: Matt Henderson
 Cross Country/Track Secretary: Kendra Wieditz
 Office Phone: (319) 335-9259
 Office Address: Carver-Hawkeye Arena, Iowa City, IA 52242

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 Sports Information Fax: (319) 335-9417
 Office Address: Carver-Hawkeye Arena, Iowa City, IA 52242
 Web Site: www.hawkeyesports.com

Men's Track & Field Team Information

2022 Big Ten Indoor Championships Place (Points): 1st (117)
 2022 Big Ten Indoor Champions: 5
 2022 Indoor All-Big Ten Competitors: 8
 2022 NCAA Indoor Championships Qualifiers: 13
 2022 Indoor All-Americans Returning/Lost: 13
 2022 Big Ten Outdoor Championships Place (Points): 2nd (103)
 2022 Big Ten Outdoor Champions: 1
 2022 Outdoor All-Big Ten Competitors: 9
 2022 NCAA Outdoor Championships Qualifiers: 16
 2022 Outdoor All-Americans: 16
 2022 Letterwinners Returning/Lost: 31/11

Men's Track & Field Historical Information

Highest Big Ten Indoor Team Place (Yrs.):
 1st (1926, 1929, 1963, 2021, 2022)
 Highest NCAA Indoor Champ's Team Place (Yrs.): 8th (2011)
 Highest Big Ten Outdoor Champ's Team Place (Yrs.):
 1st (1963, 1967, 2011, 2019, 2021)
 Highest NCAA Regional Team Finish (Pts., Yr.): 12th (25, 2008)
 Highest NCAA Outdoor Champ's Team Place (Yr.): 3rd (1923)
 NCAA Champions: 10 champions, 12 titles
 All-Americans: 123 student-athletes, 282 honors
 Big Ten Indoor Champions: 82 individual events, 15 relays
 Big Ten Outdoor Champions: 117 individual events, 23 relays
 All-Big Ten Honors: 222
 Academic All-Big Ten Honors: 280

Women's Track & Field Team Information

2022 Big Ten Indoor Championships Place (Points): 6th (59)
 2022 Big Ten Indoor Champions: 0
 2022 Indoor All-Big Ten Competitors: 1
 2022 NCAA Indoor Championships Qualifiers: 4
 2022 Indoor All-Americans: 4
 2022 Big Ten Outdoor Championships Place (Points): 6th (59)
 2022 Big Ten Outdoor Champions: 1
 2022 Outdoor All-Big Ten Competitors: 5
 2022 NCAA Outdoor Championships Qualifiers: 8
 2022 Outdoor All-Americans: 8
 2022 Letterwinners Returning/Lost: 28/9 (37 total)

Women's Track & Field Historical Information

Highest Big Ten Indoor Team Place
 (Pts., Yr.): 3rd (65, 1981; 89, 2004; 80, 2019; 75, 2021)
 Highest NCAA Indoor Champ's Team Place (Pts., Yr.): 14th (10, 1993)
 Highest AIAW Indoor Champ's Team Place (Pts., Yr.): 10th (15, 1982)
 Highest Big Ten Outdoor Champ's Team Place (Pts., Yr.):
 3rd (75, 1981; 96, 2018; 93)
 Highest NCAA Regional Team Finish (Pts., Yr.): 8th (34.5, 2007)
 Highest NCAA Outdoor Champ's Team Place (Pts., Yr.): 19th (12, 1992)
 Highest AIAW Outdoor Champ's Team Place (Pts., Yr.): 10th (21, 1982)
 NCAA Champions: 4 champions, 5 titles
 All-Americans: 82 student-athletes, 150 total honors
 Big Ten Indoor Champions: 40 individual events, 3 relays
 Big Ten Outdoor Champions: 35 individual events, 6 relays
 All-Big Ten Honors: 176 honors
 Academic All-Big Ten Honors: 366 honors



Joey Woody
Director of Cross
Country Track & Field



Randy Hasenbank
Associate Head Coach



Jason Wakenight
Assistant Coach
Recruiting Coordinator



Ray Robinson
Assistant Coach



Chyna Davis
Assistant Coach



Hadrien Choukroun
Assistant Coach



Hannah Sieperda
Director of Operations



Rachel Leonard
Director of Operations



Eddie Etsey
Administration



Andy Winkelmann
Academic Advisor



Doug West
Athletic Trainer



Bill Maxwell
Head Strength Coach



Chase Madison
Assistant
Strength Coach



Cody Roberts
Assistant
Strength Coach



John Leo
Communications



Shawn Koenigsberg
Event Management



Randy Jensen
Facilities

Ashton Cross Country Course

The Bill and Jim Ashton Cross Country Course is located west of Finkbine Golf Course and adjacent to the University's West Campus project, which includes the Athletic Hall of Fame and soccer fields. It is able to accommodate races of 5,000, 6,000, 8,000 and 10,000 meters. The course will host the 2016 NCAA Regional.

The course boasts a rolling terrain with an outstanding rhythm for running. The Hawkeye cross country squads have the advantage of a large grass area for training and racing. Some features include a 2,000-meter perimeter and a layout that will enable spectators to view the entire race, from start to finish, from one vantage point. The first event held on the course was the Iowa Invitational on August 29, 2003. The course was dedicated on October 31, 2004, in conjunction with Iowa hosting the Big Ten Championships. The Hawkeyes also hosted the 2009 and the 2014 Big Ten Championships and the NCAA Midwest Regional in 2005, 2016 and 2021.

The leadership gift for the course was made by former Hawkeyes Bill and Jim Ashton. Bill, of Davenport, Iowa, graduated from the University's College of Engineering in 1962, and earned his master's degree in 1963. Jim, a 1964 University of Iowa College of Engineering graduate, currently resides in Dallas, Texas. The Ashton brothers lettered in cross country under former Hawkeye men's coach, the late Francis X. Cretzmeyer, and made the lead gift for the course in his honor.



UI Recreation Building

Iowa's indoor practice and competition facility reopened in 2016 with a multi-million dollar makeover. Called by some as the 'fastest track in the world', the new raised track sits up to five feet off the ground and is a one-of-a-kind competition surface previously used for the 2016 World Championships in Eugene, Ore.

The recreation building also includes eight training and athletic training spaces for the Iowa track and field, and cross country teams.

The Hawkeyes hosted the Big Ten Indoor Men's Championships in 1989, 1997 and 2006, and the Big Ten Indoor Women's Championships in 1991 and 2004 at the facility.



Francis X. Cretzmeyer Track

The University of Iowa track and field team practices and competes at the Francis X. Cretzmeyer Track during the outdoor season. Located within walking distance of Carver-Hawkeye Arena and Pearl Field, the track was completed in 1986. The facility was named after the late Francis X. Cretzmeyer, who coached the men's cross country and track teams from 1948-78 and led the Hawkeyes to five Big Ten team titles.

In June 2008, floodwaters and debris damaged the entire track complex, which was completely reconstructed and refinished for competition in 2010. The track features an IAAF certified, BSS 1000 track and field surface designed by Benyon Sports Surfaces. The state of the art full-pour polyurethane surface provides the resiliency and return of energy necessary for NCAA athletes to compete at the highest level.

Iowa hosted the 1987, 2000, 2011, and 2019 Big Ten Championships at Cretzmeyer Track. The Hawkeyes won the conference title on their home track in 2011 (men) and 2019 (men).





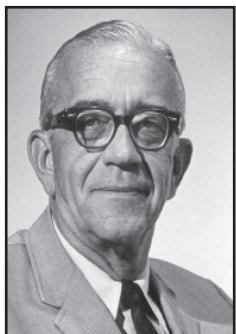
**Joey
Woody**
2015-Present



**Larry
Wiczorek**
1998-2014



**Ted
Wheeler**
1978-1997



**Francis
Cretzmeyer**
1949-1977



**George
Bresnahan**
1921-1948



**Jack
Watson**
1914-1920



**Nelson
Kellogg**
1911-1913

YEAR	COACH	B1G FINISH INDOOR/OUTDOOR	B1G CHAMPIONS	ALL-AMERICA HONORS
2022	Woody	1st/2nd	2/1	13/16
2021	Woody	1st/1st	2/2	4/15
2020	Woody	2nd/--	5/--	--/--
2019	Woody	4th/1st	2/3	6/10
2018	Woody	7th/6th	1/2	0/2
2017	Woody	6th/5th	1	8/13
2016	Woody	8th/4th	3	2/11
2015	Woody	T7/3rd	3	3/7
2014	Wiczorek	10th/7th	3	0/6
2013	Wiczorek	7th/5th	7	0/12
2012	Wiczorek	8th/ 5th	4	2/7
2011	Wiczorek	4th/1st	6	10/8
2010	Wiczorek	5th/4th	3	0/5
2009	Wiczorek	9th/7th	0	1/1
2008	Wiczorek	8th/8th	2	1/0
2007	Wiczorek	7th/7th	3	0/1
2006	Wiczorek	7th/4th	2	0/1
2005	Wiczorek	10th/8th	2	0
2004	Wiczorek	10th/10th	0	0
2003	Wiczorek	9th/9th	1	0/1
2002	Wiczorek	N.A/6th	2	1/1
2001	Wiczorek	10th/5th	3	1/1
2000	Wiczorek	8th/6th	0	0/1
1999	Wiczorek	7th/2nd	7	0/4
1998	Wiczorek	5th/3rd	5	6/1
1997	Wheeler	4th/9th	2	1/0
1996	Wheeler	8th/10th	2	0/4
1995	Wheeler	9th/6th	4	0/5
1994	Wheeler	10th/7th	1	1/0
1993	Wheeler	9th/9th	2	1/2
1992	Wheeler	7th/9th	1	1/1
1991	Wheeler	8th/7th	1	0
1990	Wheeler	6th/8th	3	0
1989	Wheeler	7th/7th	2	0/2
1988	Wheeler	9th/7th	1	0/1
1987	Wheeler	10th/6th	1	0
1986	Wheeler	7th/3rd	4	0
1985	Wheeler	8th/5th	0	0/1
1984	Wheeler	6th/4th	3	4/0
1983	Wheeler	8th/5th	1	0/2
1982	Wheeler	9th/8th	0	0
1981	Wheeler	8th/8th	0	0
1980	Wheeler	9th/9th	1	0
1979	Wheeler	9th/8th	0	4/0
1978	Wheeler	8th/9th	1	0/1
1977	Cretzmeyer	T6th/9th	1	0
1976	Cretzmeyer	8th/5th	1	0
1975	Cretzmeyer	6th/T6th	4	1/0
1974	Cretzmeyer	9th/6th	1	0
1973	Cretzmeyer	8th/8th	0	1/0
1972	Cretzmeyer	9th/8th	2	0
1971	Cretzmeyer	10th/9th	1	0
1970	Cretzmeyer	9th/9th	0	0
1969	Cretzmeyer	7th/8th	0	0
1968	Cretzmeyer	8th/6th	5	0/1



YEAR	COACH	B1G FINISH INDOOR/OUTDOOR	B1G CHAMPIONS	ALL-AMERICA HONORS	YEAR	COACH	B1G FINISH INDOOR/OUTDOOR	B1G CHAMPIONS	ALL-AMERICA HONORS
1967	Cretzmeyer	3rd/1st	6	4/4	1934	Bresnahan	10th/T5th	0	0
1966	Cretzmeyer	3rd/2nd	6	0	1933	Bresnahan	T6th/7th	0	0
1965	Cretzmeyer	8th/4th	3	0/1	1932	Bresnahan	6th/6th	2	0/1
1964	Cretzmeyer	10th/6th	0	0	1931	Bresnahan	9th/6th	1	0/1
1963	Cretzmeyer	1st/1st	9	0	1930	Bresnahan	7th/5th	1	0/1
1962	Cretzmeyer	4th/4th	3	0/1	1929	Bresnahan	1st/4th	8	0/1
1961	Cretzmeyer	3rd/4th	1	0	1928	Bresnahan	2nd/2nd	5	0
1960	Cretzmeyer	6th/6th	1	0/1	1927	Bresnahan	3rd/4th	5	0
1959	Cretzmeyer	9th/4th	1	0	1926	Bresnahan	1st/3rd	4	0
1958	Cretzmeyer	6th/6th	3	0/1	1925	Bresnahan	6th/4th	2	0
1957	Cretzmeyer	6th/T7th	5	0/2	1924	Bresnahan	3rd/2nd	4	0
1956	Cretzmeyer	2nd/2nd	7	1/1	1923	Bresnahan	3rd/4th	3	0/1
1955	Cretzmeyer	7th/3rd	0	0	1922	Bresnahan	4th/2nd	3	0/3
1954	Cretzmeyer	6th/5th	3	0	1921	Bresnahan	6th/5th	1	0/3
1953	Cretzmeyer	6th/4th	2	0/1	1920	Watson	9th/N.A	1	N.A
1952	Cretzmeyer	3rd/3rd	2	0	1917	Watson	N.A	0	N.A
1951	Cretzmeyer	8th/5th	0	0	1916	Watson	N.A	0	N.A
1950	Cretzmeyer	8th/7th	3	0	1915	Watson	N.A	0	N.A
1949	Cretzmeyer	9th/9th	0	0	1914	Watson	N.A	0	N.A
1948	Bresnahan	9th/9th	0	0	1913	Kellogg	N.A	1	N.A
1947	Bresnahan	9th/9th	0	0	1912	Kellogg	N.A	0	N.A
1946	Bresnahan	9th/9th	0	0	1911	Kellogg	N.A	0	N.A
1945	Bresnahan	7th/8th	0	0	1910	Delaney	N.A	1	N.A
1944	Bresnahan	5th/9th	0	0	1909	Delaney	N.A	0	N.A
1943	Bresnahan	8th/10th	1	0	1908	Catlin	N.A	0	N.A
1942	Bresnahan	6th/7th	2	0	1907	Catlin	N.A	0	N.A
1941	Bresnahan	10th/10th	0	0	1906	Catlin	N.A	0	N.A
1940	Bresnahan	10th/10th	0	0	1905	Delaney	N.A	1	N.A
1939	Bresnahan	8th/10th	0	0	1904	No Coach	N.A	0	N.A
1938	Bresnahan	3rd/5th	1	0	1903	No Coach	N.A	1	N.A
1937	Bresnahan	T5th/6th	0	0	1902	A.A Knipe	N.A	1	N.A
1936	Bresnahan	5th/6th	0	0	1901	A.A Knipe	N.A	0	N.A
1935	Bresnahan	4th/6th	1	0	1900	A.A Knipe	N.A	0	N.A



The 2022 Hawkeye men's team won their third straight conference team title, placing first at the 2022 Big Ten Indoor Championships.



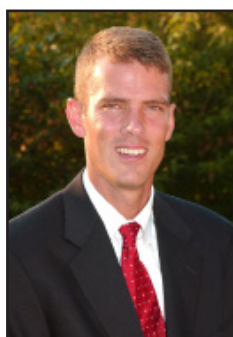
All-Time Women's Coaching Records



Joey Woody
2015-Present



Larry Wiczorek
1998-2014



Layne Anderson
2007-2012



James Grant
1996-2006



Jerry Hassard
1977-1996

YEAR	COACH	B1G FINISH INDOOR/OUTDOOR	B1G CHAMPIONS	ALL-AMERICA HONORS
2022	Woody	6th/6th	0/1	4/9
2021	Woody	3rd/4th	1/2	1/5
2020	Woody	8th/N.A.	1/N.A.	N.A.
2019	Woody	3rd/3rd	3/1	5/4
2018	Woody	5th/3rd	4/5	2/4
2017	Woody	10th/7th	1/1	2/3
2016	Woody	5th/6th	2/2	5
2015	Woody	13th/8th	0/1	2
2014	Wiczorek	8th/4th	0/3	8
2013	Wiczorek	11th/11th	0	1
2012	Wiczorek	10th/8th	0/1	0
2011	Wiczorek	7th/8th	1/2	8
2010	Wiczorek	9th/10th	0	0
2009	Wiczorek	10th/10th	0/1	0
2008	Wiczorek	5th/6th	1/1	5
2007	Anderson	5th/5th	3/1	5
2006	Grant	7th/9th	2/0	5
2005	Grant	9th/9th	1/0	3
2004	Grant	3rd/10th	1/2	1
2003	Grant	9th/6th	0/3	0
2002	Grant	9th/10th	0	0
2001	Grant	10th/9th	0	0
2000	Grant	10th/9th	0	0
1999	Grant	9th/9th	0	0
1998	Grant	9th/9th	1/1	0

YEAR	COACH	B1G FINISH INDOOR/OUTDOOR	B1G CHAMPIONS	ALL-AMERICA HONORS
1997	Grant	T9th/10th	0/1	1
1996	Grant	8th/10th	0	0
1995	Hassard	T7th/9th	1/0	2
1994	Hassard	5th/T4th	0/1	6
1993	Hassard	7th/8th	2/1	1
1992	Hassard	5th/7th	1/2	4
1991	Hassard	6th/8th	0	0
1990	Hassard	8th/7th	1/0	1
1989	Hassard	5th/5th	1/0	1
1988	Hassard	7th/7th	1/0	1
1987	Hassard	6th/9th	1/0	4
1986	Hassard	7th/8th	0	0
1985	Hassard	4th/4th	4/1	2
1984	Hassard	5th/5th	2/1	0
1983	Hassard	7th/3rd	1/1	3
1982	Hassard	6th/5th	1/0	12
1981	Hassard	N.A.	N.A.	N.A.
1980	Hassard	N.A.	N.A.	N.A.
1979	Hassard	N.A.	N.A.	N.A.
1978	Hassard	N.A.	N.A.	N.A.
1977	Hassard	N.A.	N.A.	N.A.
1976	Finnegan	N.A.	N.A.	N.A.
1975	Finnegan	N.A.	N.A.	N.A.
1974	Finnegan	N.A.	N.A.	N.A.



2022 Indoor Results

Date	Meet	Result
12/10-11	Jimmy Grant Invite	11 champs
1/14-15	Hawkeye Invite	6 champs
1/21-22	Larry Wiczorek Invite	1st/232 pts.
1/28-29	at Razorback Invite	3 champs
2/4-5	at Meyo Invite	6 champs
2/11-12	at Tyson Invite	2 champs
	at Iowa State Classic	0 champs
2/18	at Badger St. Valentines Inv.	0 champs
2/19	at Alex Wilson Invite	2 champs
2/25-26	at B1G Championships	1st/117 pts.
3/11-12	at NCAA Champ's	13 All-Americans

Big Ten Indoor Team Results

	Team	Points
1.	IOWA	117
2.	Ohio State	102
3.	Nebraska	90
4.	Indiana	80
5.	Wisconsin	74
6.	Michigan	60
7.	Purdue	48
8.	Michigan State	37
9.	Penn State	36
10.	Illinois	34
11.	Rutgers	24

2022 Outdoor Results

Date	Meet	Result
3/18-19	at Baldy Castillo Invite	2 champs
3/31-4/2	at Florida Relays	0 champs
4/1-2	at Stanford Invite	0 champs
4/7-9	at Jim Click Invite	6 champs
4/13-16	at Bryan Clay Invite	0 champs
4/14-16	at Mt. SAC Relays	0 champs
4/15-16	at Beach Invite	0 champs
4/22-23	Musco Twilight	3 champs
4/27-30	at Drake Relays	4 champs
4/29	at Kip Janvrin Open	0 champs
5/6	at Dr. Tucker Open	1 champ
5/13-15	at B1G Championships	2nd/103 pts.
5/25-28	at NCAA West Prelims	1 champ
6/8-11	at NCAA Champ's	16 All-Americans

Big Ten Outdoor Team Results

	Team	Points
1.	Ohio State	124
2.	IOWA	103
3.	Wisconsin	90
4.	Nebraska	82
5.	Minnesota	73
6.	Michigan	70
7.	Penn State	61
8.	Indiana	56
9.	Purdue	51
10.	Michigan State	38
	Rutgers	38
12.	Illinois	17.5
13.	Maryland	15.5

Indoor Season Bests

Event	Athlete	Mark
60 Meters	Kalen Walker	6.61 *
60-Meter Hurdles	Grant Conway/Gratt Reed	7.72
200 Meters	Khullen Jefferson	20.93
300 Meters	Evan Schuster	34.80
400 Meters	Jenoah McKiver	45.39 *
600 Meters	Jenoah McKiver	1:15.36 *
800 Meters	Antonio Abrego	1:48.47
1,000 Meters	Antonio Abrego	2:24.05
Mile	Max Murphy	4:05.45
3,000 Meters	Nick Trattner	8:10.03
5,000 Meters	Max Murphy	13:58.87
1,600-Meter Relay	Richards, Gillum, Lawrence, Jr., McKiver	3:02.40 *
Distance Medley Relay	Abrego, Lawrence, Jr., Still, Murphy	9:39.60
High Jump	Zack Pluff	6-8 3/4 (2.05m)
Pole Vault	Austin West	14-5 1/4 (4.40m)
Long Jump	James Carter, Jr.	25-2 1/2 (7.68m)
Triple Jump	James Carter, Jr.	51-3 3/4 (15.64m)
Shot Put	Nikolas Curtiss	64-2 1/2 (19.57m) *
Weight Throw	Tyler Lienau	72-10 (22.20m) *
Heptathlon	Austin West	5,832 points *

Top Eight Placers at Big Ten Indoor Championships

Event	Athlete	Mark	Place
600 Meters	Jenoah McKiver	1:15.67	1st \$
1,600-Meter Relay	Steward, Gillum, Bryson, McKiver	3:05.47	1st \$
60 Meters	Grant Conway	7.72	2nd ^
Long Jump	James Carter, Jr.	24-9 1/4 (7.55m)	2nd ^
Heptathlon	Austin West	5,783 points	2nd ^
60 Meters	Kalen Walker	6.70	3rd
60-Meter Hurdles	Gratt Reed	7.73	3rd
400 Meters	Wayne Lawrence, Jr.	46.09	3rd
600 Meters	Julien Gillum	1:16.11	3rd
Shot Put	Nikolas Curtiss	63-9 1/2 (19.44m)	3rd
200 Meters	Kullen Jefferson	20.98	4th
400 Meters	Chadrick Richards	46.18	4th
600 Meters	Spencer Gudgel	1:16.82	4th
200 Meters	Gratt Reed	21.03	5th
600 Meters	Armando Bryson	1:16.89	5th
800 Meters	Alec Still	1:49.97	5th
200 Meters	Wayne Lawrence, Jr.	21.10	6th
5,000 Meters	Max Murphy	13:58.87	6th
200 Meters	Chadrick Richards	21.15	7th
600 Meters	Phillip Jefferson	1:17.76	7th
800 Meters	Antonio Abrego	1:50.03	7th
Distance Medley Relay	Lewis, Woody, Olson, Murphy	9:49.95	7th
5,000 Meters	Nick Trattner	14:00.69	8th
Triple Jump	James Carter, Jr.	50-7 1/4 (15.42m)	8th



Postseason Qualifiers

NCAA Indoor Championships (13 entries)

Grant Conway	60-Meter Hurdles
Nikolas Curtiss	Shot Put
Julien Gillum	1,600-Meter Relay
Wayne Lawrence, Jr.	400 Meters
	1,600-Meter Relay
Tyler Lienau	Weight Throw
Jenoah McKiver	400 Meters
	1,600-Meter Relay
Chadrick Richards	400 Meters
	1,600-Meter Relay
Gratt Reed	60-Meter Hurdles
Kalen Walker	60 Meters
Austin West	Heptathlon

NCAA West Preliminary (28 entries)

Antonio Abrego	800 Meters
Elijah Barnes	Shot Put
Josh Braverman	110-Meter Hurdles
Armando Bryson	800 Meters
	1,600-Meter Relay
James Carter, Jr.	Long Jump
	Triple Jump
Grant Conway	110-Meter Hurdles
Nikolas Curtis	Shot Put
Raymonte Dow	400-Meter Hurdles
Dawson Ellingson	Shot Put
Julien Gillum	400-Meter Hurdles
	1,600-Meter Relay
Spencer Gudgel	800 Meters
	1,600-Meter Relay
Khullen Jefferson	200 Meters
	400-Meter Relay
Phillip Jefferson	400-Meter Hurdles
Jordan Johnson	Discus
Kalil Johnson	110-Meter Hurdles
	400-Meter Relay
Everett Steward	400 Meters
Austin Kresley	100 Meters
	200 Meters
	400-Meter Relay
Max Murphy	1,500 Meters
Zach Pluff	High Jump
Gratt Reed	110-Meter Hurdles
	400-Meter Relay
Deandre Stapleton, Jr.	Triple Jump
Alec Still	800 Meters
Drake Woody	400-Meter Hurdles
Austin West	1,600-Meter Relay
	Decathlon

! first-team All-American

second-team All-American

+ honorable-mention All-American

\$ first-team all-Big Ten

^ second-team all-Big Ten

* school record

& facility record

Top Placers at NCAA Indoor Championships

Event.....	Athlete	Mark.....	Place
400 Meters	Jenoah McKiver	45.65	2nd !
400 Meters	Chadrick Richards	46.26	6th !
400 Meters	Wayne Lawrence, Jr.....	46.50	7th !
Weight Throw.....	Tyler Lienau	72-5 1/4 (22.08m) ..	8th !
Heptathlon	Austin West	5,815 points.....	10th #
60-Meter Hurdles	Gratt Reed	7.78	12th #
1,600-Meter Relay.....	Richards, Lawrence, Jr., Gillum, McKiver..	3:09.79	12th #
60 Meters	Kalen Walker	6.64	13th #
Shot Put	Nikolas Curtiss	61-5 1/2 (18.73m) ..	14th #
60-Meter Hurdles	Grant Conway.....	7.84	15th #

Outdoor Season Bests

Event.....	Athlete	Mark
100 Meters	Kalen Walker	10.20 *
110-Meter Hurdles	Josh Braverman.....	13.55
200 Meters	Khullen Jefferson.....	20.70
400 Meters	Jenoah McKiver.....	44.74 *
400-Meter Hurdles	Julien Gillum.....	50.26
800 Meters	Alec Still.....	1:47.50
1,500 Meters	Max Murphy.....	3:40.63 *
3,000 Meters	Eli Ward	9:41.48
3,000-Meter Steeplechase	Jack Pendergast.....	9:09.55
5,000 Meters	Noah Healy.....	14:19.39
10,000 Meters	Max Murphy.....	28:57.96
400-Meter Relay	Walker, Kresley, Reed, K. Jefferson	39.03 *
Shuttle Hurdle Relay	Conway, Braverman, K. Johnson, Reed	56.74 *
1,600-Meter Relay	Steward, Richards, Gudgel, Gillum	3:01.79
Sprint Medley Relay.....	Reed, K. Jefferson, Gillum, Still	3:18.06
3,200-Meter Relay	Gudgel, Bryson, Abrego, Still	7:19.13
Distance Medley Relay	Lewis, Steward, Abrego, Murphy	9:47.73
High Jump.....	Zack Pluff.....	6-10 3/4 (2.10m)
Pole Vault	Austin West	14-1 1/4 (4.30m)
Long Jump	James Carter, Jr.....	26-0 1/4 (7.93m)
Triple Jump	James Carter, Jr.....	52-10 3/4 (16.12m)
Shot Put	Nikolas Curtiss	65-9 (20.04m) *
Discus	Jordan Johnson	195-3 (59.52m)
Hammer Throw	Tyler Lienau	198-6 (60.52m)
Javelin.....	Austin West	198-1 (60.39m)
Decathlon	Austin West	8,179 points *



Postseason Qualifiers

NCAA Outdoor Championships (10 entries)

Josh Braverman	110-Meter Hurdles
Armando Bryson	1,600-Meter Relay
James Carter, Jr.	Long Jump
	Triple Jump
Nikolas Curtiss	Shot Put
Julien Gillum	400-Meter Hurdles
	1,600-Meter Relay
Spencer Gudgel	1,600-Meter Relay
Khullen Jefferson	400-Meter Relay
Jordan Johnson	Discus
Kalil Johnson	400-Meter Relay
Austin Kresley	400-Meter Relay
Gratt Reed	110-Meter Hurdles
	400-Meter Relay
Austin West	Decathlon
	1,600-Meter Relay

! first-team All-American
 # second-team All-American
 + honorable-mention All-American
 \$ first-team all-Big Ten
 ^ second-team all-Big Ten
 * school record
 & facility record

Top Eight Placers at Big Ten Outdoor Championships

Event.....	Athlete.....	Mark	Place
400-Meter Hurdles	Julien Gillum	51.12.....	1st \$
400-Meter Relay	K. Johnson, Kresley, Reed, K. Jefferson	39.64	2nd ^
Long Jump	James Carter, Jr.	25-8 3/4 (7.84m)....	2nd ^
Triple Jump	James Carter Jr.	52-3 1/4 (15.92m) .	2nd ^
Discus	Jordan Johnson	189-1 (57.63m)	2nd ^
Decathlon	Austin West.....	7,703 points.....	2nd ^
110-Meter Hurdles	Josh Braverman.....	13.56.....	3rd
400-Meter Hurdles	Phillip Jefferson.....	51.43.....	3rd
1,600-Meter Relay.....	Steward, Gudgel, Bryson, Gillum	3:10.28.....	3rd
400 Meters	Khullen Jefferson.....	47.33.....	4th
Shot Put.....	Nikolas Curtiss.....	61-6 (19.05m)	4th
110-Meter Hurdles	Gratt Reed.....	13.68.....	5th
800 Meters	Alec Still	1:52.66.....	5th
110-Meter Hurdles	Grant Conway	13.74.....	6th
400 Meters	Everett Steward.....	47.60.....	6th
400-Meter Hurdles	Raymonte Dow	52.53.....	6th
110-Meter Hurdles	Kalil Johnson	13.81.....	7th
400-Meter Hurdles	Drake Woody	53.06.....	7th
Shot Put.....	Elijah Barnes	60-8 3/4 (18.51m)..	7th
200 Meters	Khullen Jefferson.....	20.98.....	8th
800 Meters	Antonio Abrego.....	1:52.95.....	8th

Top 12 Placers at NCAA West Preliminary

Event.....	Athlete.....	Mark.....	Place
Long Jump	James Carter, Jr.	26-0 1/4 (7.93m)	1st
110-Meter Hurdles	Josh Braverman.....	13.33	5th
1,600-Meter Relay.....	West, Bryson, Gudgel, Gillum	3:03.62	5th
Triple Jump	James Carter, Jr.	52-10 3/4 (16.12m) ..	6th
Discus	Jordan Johnson	187-3 (57.09m).....	6th
Shot Put.....	Nikolas Curtiss.....	64-1 1/4 (19.54m)	10th
400-Meter Hurdles	Julien Gillum	50.26	11th
110-Meter Hurdles	Gratt Reed.....	13.75	12th

Top Placers at NCAA Outdoor Championships

Event.....	Athlete.....	Mark.....	Place
Decathlon	Austin West.....	7,886 points	5th !
1,600-Meter Relay.....	Steward, Richards, Gudgel, Gillum.....	3:03.04	7th !
Shot Put.....	Nikolas Curtiss.....	64-9 1/4 (19.74m)	8th !
Discus	Jordan Johnson	195-3 (59.52m).....	8th !
Long Jump	James Carter, Jr.	24-11 1/4 (7.60m)	10th #
400-Meter Hurdles	Julien Gillum	50.84	15th #
110-Meter Hurdles	Josh Braverman.....	13.72	16th #
400-Meter Relay.....	K. Johnson, Kresley, Reed, K. Jefferson	39.31	18th +
110-Meter Hurdles	Gratt Reed.....	14.02	22nd +
Triple Jump	James Carter, Jr.	50-10 (15.49m).....	22nd +



2022 Indoor Results

Date	Meet	Result
12/10-11	Jimmy Grant Invite	7 champs
1/14-15	Hawkeye Invite	9 champs
1/21-22	Larry Wiczorek Invite	1st/183 pts.
1/28-29	at Razorback Invite	2 champs
2/4-5	at Meyo Invite	4 champs
2/11-12	at Tyson Invite	0 champs
	at Iowa State Classic	0 champs
2/18	at Badger St. Valentines Inv.	0 champs
2/19	at Alex Wilson Invite	2 champs
2/25-26	at B1G Championships	6th/59 pts.
3/11-12	at NCAA Champ's	4 All-Americans

Big Ten Indoor Team Results

Rank	Team	Points
1.	Minnesota	102
2.	Ohio State	94
3.	Penn State	85
4.	Michigan	78
5.	Wisconsin	68
6.	IOWA	59
7.	Michigan State	51
	Nebraska	51
9.	Indiana	33
10.	Illinois	30
	Rutgers	30
12.	Purdue	21

2022 Outdoor Results

Date	Meet	Champs
3/18-19	at Baldy Castillo Invite	2 champs
3/31-4/2	at Florida Relays	0 champs
4/1-2	at Stanford Invite	0 champs
4/7-9	at Jim Click Invite	5 champs
4/13-16	at Bryan Clay Invite	0 champs
4/14-16	at Mt. SAC Relays	0 champs
4/15-16	at Beach Invite	0 champs
4/22-23	Musco Twilight	3 champs
4/27-30	at Drake Relays	0 champs
4/29	at Kip Janvrin Open	1 champ
5/6	at Dr. Tucker Open	2 champs
5/13-15	at B1G Championships	6th/59 pts.
5/25-28	at NCAA West Prelims	0 champs
6/8-11	at NCAA Champ's	8 All-Americans

Big Ten Outdoor Team Results

Rank	Team	Points
1.	Ohio State	185.5
2.	Wisconsin	98
3.	Minnesota	87
4.	Penn State	82.5
5.	Nebraska	71
6.	IOWA	59
7.	Michigan	57
8.	Michigan State	49
9.	Illinois	36
10.	Indiana	34
11.	Purdue	29
12.	Rutgers	25
13.	Maryland	5

Indoor Season Bests

Event	Athlete	Mark
60 Meters	LaSarah Hargrove	7.25 *
60-Meter Hurdles	Myreanna Bebe	8.26
200 Meters	LaSarah Hargrove	23.55
300 Meters	Nylah Perry	39.22
400 Meters	Tesa Roberts	53.91
600 Meters	Mallory King	1:28.45
800 Meters	Mallory King	2:04.56 *
1,000 Meters	Mallory King	2:50.46 &
Mile	Amber Aesoph	4:41.58
3,000 Meters	Kelli Tosic	9:41.06
5,000 Meters	Brooke McKee	16:50.17
1,600-Meter Relay	Bruxvoort, Roberts, Wensel, King	3:32.38 *
Distance Medley Relay	Gordon, Bruxvoort, G. Bookin-Nosbisch, Aesoph	11:21.29
High Jump	Maria Gorham	5-5 1/4 (1.66m)
Long Jump	Tionna Tobias	20-1 1/2 (6.13m)
Triple Jump	Kayla Hutchins	40-9 3/4 (12.44m)
Shot Put	Nia Britt	54-2 1/2 (16.52m)
Weight Throw	Amanda Howe	69-8 (21.23m)
Pentathlon	Tionna Tobias	3,674 points

Top Eight Placers at Big Ten Indoor Championships

Event	Athlete	Mark	Place
200 Meters	LaSarah Hargrove	23.55	2nd ^
60 Meters	LaSarah Hargrove	7.35	3rd
1,600-Meter Relay	Bruxvoort, Wensel, King, Roberts	3:37.92	3rd
Weight Throw	Amanda Howe	69-8 (21.23m)	4th
Pentathlon	Tionna Tobias	3,674 points	4th
800 Meters	Mallory King	2:05.64	5th
Shot Put	Nia Britt	54-2 1/2 (16.52m)	5th
60-Meter Hurdles	Paige Magee	8.39	6th
600 Meters	Payton Wensel	1:30.11	6th
Distance Medley Relay	Gordon, Bruxvoort, G. Bookin-Nosbisch, Aesoph	11:21.29	6th
60 Meters	Lia Love	7.42	7th
60-Meter Hurdles	Tionna Tobias	8.61	7th
200 Meters	Lia Love	23.94	7th
400 Meters	Tesa Roberts	53.92	7th
600 Meters	Clare Pitcher	1:30.70	7th
Weight Throw	Jamie Kofron	67-4 3/4 (20.54)	7th

Top Placers at NCAA Indoor Championships

Event	Athlete	Mark	Place
1,600-Meter Relay	Bruxvoort, Roberts, Wensel, King	3:35.03	8th !

*! first-team All-American, ^ second-team all-Big Ten, * school record, & facility record*



Postseason Qualifiers

NCAA Indoor Championships (1 entry)

Maribel Bruxvoort	1,600-Meter Relay
Mallory King	1,600-Meter Relay
Tesa Roberts	1,600-Meter Relay
Payton Wensel	1,600-Meter Relay

NCAA West Preliminary Round (18 entries)

Myreanne Bebe	100-Meter Hurdles
Maribel Bruxvoort	400-Meter Hurdles
	1,600-Meter Relay
Alli Bookin-Nosbisch	800 Meters
Erin Dowd	400-Meter Hurdles
	400-Meter Relay
	1,600-Meter Relay
LaSarah Hargrove	100 Meters
	200 Meters
	400-Meter Relay
Amanda Howe	Hammer Throw
Lia Love	100 Meters
	400-Meter Relay
Paige Magee	400-Meter Hurdles
	400-Meter Relay
Kat Moody	Discus
	Shot Put
Nylah Perry	400-Meter Hurdles
Clare Pitcher	800 Meters
Tesa Roberts	400 Meters
	1,600-Meter Relay
Tionna Tobias	100-Meter Hurdles
Payton Wensel	400-Meter Hurdles
	1,600-Meter Relay

NCAA Outdoor Championships (5 entries)

Erin Dowd	400-Meter Hurdles
	400-Meter Relay
LaSarah Hargrove	100 Meters
	200 Meters
	400-Meter Relay
Lia Love	400-Meter Relay
Paige Magee	400-Meter Hurdles
	400-Meter Relay

! first-team All-American
 # second-team All-American
 + honorable-mention All-American
 \$ first-team all-Big Ten
 ^ second-team all-Big Ten
 * school record
 & facility record

Outdoor Season Bests

Event	Athlete	Mark
100 Meters	LaSarah Hargrove	11.20 *
100-Meter Hurdles	Myreanne Bebe	13.12
200 Meters	LaSarah Hargrove	22.72
400 Meters	Tesa Roberts	53.95
400-Meter Hurdles	Erin Dowd	56.77
600 Meters	Alli Bookin-Nosbisch	1:30.97
800 Meters	Clare Pitcher	2:06.05
1,500 Meters	Amber Aesoph	4:24.87
3,000 Meters	Maddie Block	10:04.53
3,000-Meter Steeplechase	Brooke McKee	10:45.84
5,000 Meters	Kelli Tosic	17:02.03
10,000 Meters	Kelli Tosic	35:19.42
400-Meter Relay	Hargrove, Love, Dowd, Magee	43.69 *
1,600-Meter Relay	Bruxvoort, Dowd, Wensel, Roberts	3:33.18
Sprint Medley Relay	Hargrove, Dowd, Wensel, Pitcher	3:52.56
3,200-Meter Relay	Moore, A. Bookin-Nosbisch, G. Bookin-Nosbisch, Pitcher	8:35.75
Distance Medley Relay	G. Bookin-Nosbisch, Roberts, A. Bookin-Nosbisch, Aesoph	11:40.18
High Jump	Maria Gorham	5-7 1/4 (1.71m)
Long Jump	Tionna Tobias	19-4 1/2 (5.90m)
Triple Jump	Kayla Hutchins	39-8 3/4 (12.11m)
Shot Put	Kat Moody	53-0 (16.15m)
Discus	Kat Moody	174-7 (53.23m)
Javelin	Tionna Tobias	92-1 (28.06m)
Hammer Throw	Amanda Howe	212-9 (64.84m) *
Heptathlon	Tionna Tobias	5,124 points

Top Eight Placers at Big Ten Outdoor Championships

Event	Athlete	Mark	Place
Hammer Throw	Amanda Howe	212-9 (64.84m)	1st \$
1,600-Meter Relay	Bruxvoort, Dowd, Wensel, Roberts	3:33.18	2nd ^
400-Meter Hurdles	Erin Dowd	58.00	3rd
400-Meter Relay	Hargrove, Love, Dowd, Magee	44.44	3rd
200 Meters	LaSarah Hargrove	22.96	4th
400-Meter Hurdles	Payton Wensel	58.24	4th
100 Meters	LaSarah Hargrove	11.31	5th
400-Meter Hurdles	Maribel Bruxvoort	58.74	6th
800 Meters	Alli Bookin-Nosbisch	2:08.72	6th
Discus	Kat Moody	174-7 (53.23m)	6th
Heptathlon	Tionna Tobias	5,124 points	6th
800 Meters	Clare Pitcher	2:09.00	7th
400-Meter Hurdles	Paige Magee	59.70	8th

Top 12 Placers at NCAA West Preliminary

Event	Athlete	Mark	Place
200 Meters	LaSarah Hargrove	22.58 w	4th
400-Meter Relay	Hargrove, Love, Dowd, Magee	43.69 *	4th
400-Meter Hurdles	Erin Dowd	57.01	6th
100 Meters	LaSarah Hargrove	11.05 w	8th
400-Meter Hurdles	Paige Magee	57.06	8th

Top Placers at NCAA Outdoor Championships

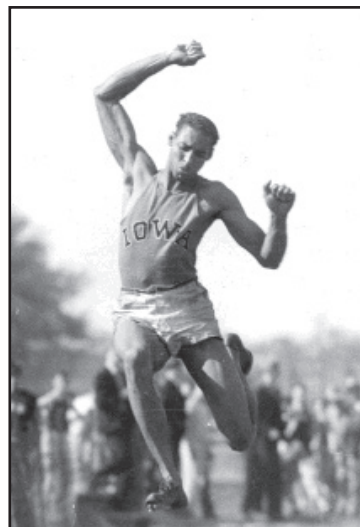
Event	Athlete	Mark	Place
200 Meters	LaSarah Hargrove	22.72	10th #
100 Meters	LaSarah Hargrove	11.20 *	13th #
400-Meter Relay	Hargrove, Love, Dowd, Magee	43.79	14th #
400-Meter Hurdles	Erin Dowd	58.08	16th #
400-Meter Hurdles	Paige Magee	59.69	23rd +



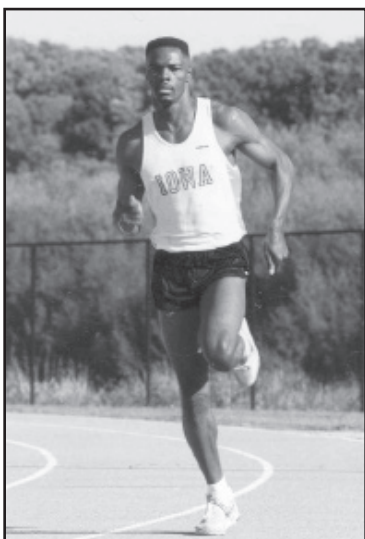
Kineke Alexander



Frank Cuhel



Ed Gordon



Anthuan Maybank



George Saling



Ted Wheeler



1904 Games

St. Louis, Missouri
Jerry Barker, High Jump

1924 Games

Paris, France
Charles Brookins, 400-Meter Hurdles
Chan Coulter, 400-Meter Hurdles
Harold Phelps, 5,000 Meters
Eric Wilson, 400 Meters

1928 Games

Amsterdam, Holland
George Baird, 1,600-Meter Relay (G)
Frank Cuhel, 400-Meter Hurdles (S)
Ed Gordon, Long Jump

1932 Games

Los Angeles, California
Ed Gordon, Long Jump (G)
George Saling, 110-Meter Hurdles (G)

1952 Games

Helsinki, Finland
Rich Ferguson, 5,000 Meters

1956 Games

Melbourne, Australia
Deacon Jones, 3,000 Meters
Ira Murchison, 100 Meters
Ira Murchison, 400-M Relay (G)
Ted Wheeler, 1,500 Meters

1960 Games

Rome, Italy
Deacon Jones,
3,000-Meter Steeplechase

1996 Games

Atlanta, Georgia
Anthuan Maybank, 1,600-M Relay (G)
Jenny Spangler, Marathon

2000 Games

Sydney, Australia
Diane Nukuri-Johnson, 5,000 Meters

2008 Games

Beijing, China
Kineke Alexander, 400 Meters

2012 Games

London, England
Kineke Alexander, 400 Meters
Diane Nukuri-Johnson, Marathon

2016 Games

Rio de Janeiro, Brazil
Diane Nukuri-Johnson, 10,000 Meters
Kineke Alexander, 400 Meters
Troy Doris, Triple Jump

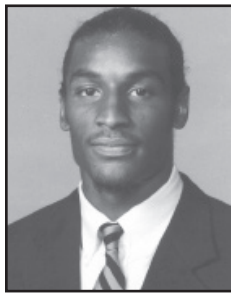
G = Gold Medalist; S = Silver Medalist



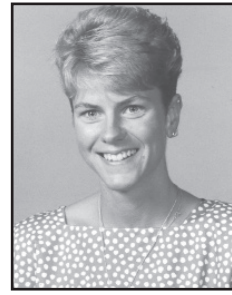
Laulauga Tausaga
2019 - Discus (O)



Kineke Alexander
2006 - 400 Meters (I)



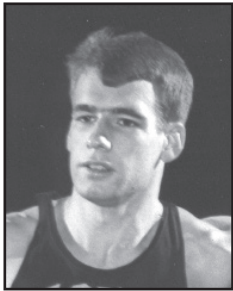
Bashir Yamini
1998 - Long Jump (I)



Tracy Dahl
1992 - 5,000 Meters (I)
1993 - 5,000 Meters (I)



Nan Doak
1985 - 10,000 Meters (O)



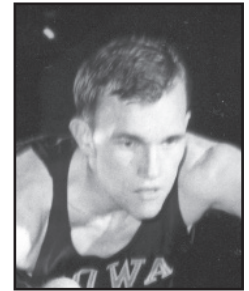
Fred Ferree
1967 - Mile Relay (O)



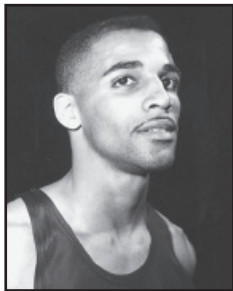
Carl Frazier
1967 - Mile Relay (O)



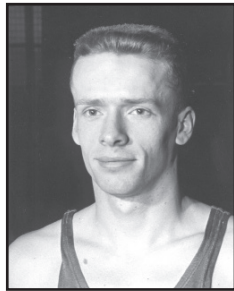
Mike Mondane
1967 - Mile Relay (O)



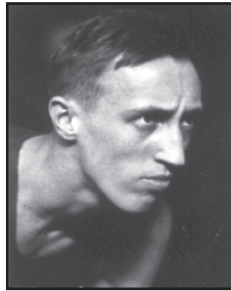
Jon Reimer
1967 - Mile Relay (O)



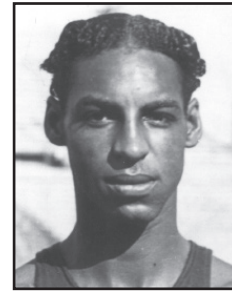
**Charles "Deacon"
Jones**
1957 - Two Miles (O)



Rich Ferguson
1953 - Two Miles (O)



George Sailing
1932 - 120 Hurdles (O)



Ed Gordon
1929 - Long Jump (O)
1930 - Long Jump (O)
1931 - Long Jump (O)



Eric Wilson
1921 - 220 Hurdles (O)
1923 - 220 Hurdles (O)

IOWA ALL-AMERICANS - BY THE NUMBERS

<i>Category</i>	<i>Total (M/W)</i>
# of Cross Country All-America Honors	8/16
# of Indoor All-America Honors	94/59
# of Outdoor All-America Honors	188/91
Total All-Americans	290/160
# of different Cross Country All-Americans	6/10
# of different Indoor All-Americans	65/33
# of different Outdoor All-Americans	93/49
# of Indoor All-America honors in Field Events	18/13
# of Outdoor All-America honors in Field Events	37/19
# of Indoor All-America honors in Track Events	36/29
# of Outdoor All-America honors in Track Events	71/40
# of Indoor All-America honors in a Relay	44/13
# of Outdoor All-America honors in a Relay	80/25

MEN'S INDOOR ALL-AMERICANS - 94

Year	Athlete, Event	Year	Athlete, Event	Year	Athlete, Event
1956	Jack Mathews, Low Hurdles	2011	Justin Austin, 200 Meters	2019	Karayme Bartley, 200 Meters
1967	Fred Ferree, Mile Relay		Chris Barton, 1,600-Meter Relay		Karayme Bartley, 1,600-Meter Relay
	Carl Frazier, Mile Relay		Troy Doris, Triple Jump		Chris Douglas, 60-Meter Hurdles
	Mike Mondane, Mile Relay		Ethan Holmes, 110-Meter Hurdles *		Mar'yea Harris, 1,600-Meter Relay
	Jon Reimer, Mile Relay		Jordan Mullen, 60-Meter Hurdles ^		Mar'yea Harris, 400 Meters^
	Larry Wieczorek, Mile		Patrick Richards, 1,600-Meter Relay		Collin Hofacker, 1,600-Meter Relay
1973	Dick Eisenlauer, 440 Yards		Erik Sowinski, 800 Meters		Wayne Lawrence Jr., 1,600-Meter Relay
1975	Bill Knoedel, High Jump		Erik Sowinski, 1,600-Meter Relay		Wayne Lawrence Jr., 400 Meters ^
1979	James Docherty, Dist. Medley Relay		Jeff Thode, Mile		Jaylan McConico, 60-Meter Hurdles ^
	Joel Moeller, Dist. Medley Relay		Steven Willey, 1,600-Meter Relay	2020	Raymund Clarke, 400-Meter Relay
	Joe Paul, Dist. Medley Relay	2012	Troy Doris, Triple Jump		Will Daniels, Heptathlon
	Tom Slack, Dist. Medley Relay		Erik Sowinski, 800 Meters		DeJuan Frye, 400-Meter Relay
1984	Terrance Duckett, Mile Relay	2015	Babatunde Amosu, Triple Jump ^		Wayne Lawrence, 400-Meter Relay
	Victor Greer, Mile Relay		Kevin Lewis, 5,000 Meters ^		Wayne Lawrence, 400 Meters
	Caesar Smith, Mile Relay		Aaron Mallett, 60-Meter Hurdles		Jaylan McConico, 60-Meter Hurdles
	Kenny Williams, Mile Relay	2016	Aaron Mallett, 60-Meter Hurdles		Antonio Woodard, 400-Meter Relay
1992	Anthuan Maybank, Long Jump		Will Teubel, 800 meters ^	2021	Jamal Britt, 60-Meter Hurdles
1993	Kevin Herd, 5,000 Meters	2017	DeJuan Frye, 1,600-Meter Relay		Peyton Haack, Heptathlon ^
1994	Kevin Herd, 5,000 Meters		Mar'yea Harris, 1,600-Meter Relay		Wayne Lawrence, Jr, 400 Meters *
1997	Bashir Yamini, Long Jump		Mar'yea Harris, 400 Meters ^		Austin West, Heptathlon ^
1998	Tony Branch, 1,600-Meter Relay		Collin Hofacker, 1,600-Meter Relay	2022	Grant Conway, 60-Meter Hurdles ^
	Chris Davis, 1,600-Meter Relay		Carter Lilly, 800 Meters ^		Nikolas Curtiss, Shot Put ^
	Ed Rozell, 1,600-Meter Relay		Aaron Mallett, 60-Meter Hurdles		Julien Gillum, 1,600-Meter Relay ^
	Dion Trowers, 55-Meter Hurdles		Emmanuel Ogwo, 1,600-Meter Relay		Wayne Lawrence, Jr., 400 Meters
	Bashir Yamini, Long Jump		O'Shea Wilson, Long Jump ^		Wayne Lawrence, Jr., 1,600-Meter Relay ^
	Bashir Yamini, 1,600-Meter Relay	2018	Chris Douglas, 60-Meter Hurdles ^		Tyler Lienau, Weight Throw
2001	Jeremy Allen, Shot Put		DeJuan Frye, 1,600-Meter Relay ^		Jenoah McKiver, 400 Meters
2002	Jim Costello, Weight Throw		Bradford Garron, 1,600-Meter Relay ^		Jenoah McKiver, 1,600-Meter Relay ^
2008	John Hickey, Shot Put		Mar'yea Harris, 400 Meters ^		Gratt Reed, 60-Meter Hurdles ^
2009	John Hickey, Shot Put		Mar'yea Harris, 1,600-Meter Relay ^		Chadrick Richards, 400 Meters
			Antonio Woodard, 1,600-Meter Relay ^		Chadrick Richards, 1,600-Meter Relay ^
					Kalen Walker, 60 Meters ^
					Austin West, Heptathlon ^

*^second-team, *honorable-mention
(added in 2011)*



MEN'S OUTDOOR ALL-AMERICANS - 188

Year	Athlete, Event	Year	Athlete, Event	Year	Athlete, Event
1921	Charles Brookins, 220 Hurdles Harold Crawford, Hurdles Eric Wilson, 220 Hurdles	2003	Bill Neumann, Javelin	2016	Christian Brissett, 400-Meter Relay ^ William Dougherty, Decathlon * James Harrington, 400-Meter Relay ^ James Harrington, 200-Meters * Mar'yea Harris, 400-Meters * Carter Lilly, 800-Meters *
1922	Charles Brookins, Hurdles Eric Wilson, 220 Hurdles	2006	Eric MacTaggart, 10,000 Meters		Aaron Mallett, 400-Meter Relay ^ Aaron Mallett, 110-Meter Hurdles ^ Vinnie Saucer Jr., 400-Meter Relay ^ Reno Tuufuli, Discus *
1923	Eric Wilson, 220 Hurdles	2007	Adam Hamilton, Hammer Throw	2017	Christian Brissett, 400-Meter Relay ^ DeJuan Frye, 1,600-Meter Relay Mar'yea Harris, 400 Meters ^ Mar'yea Harris, 1,600-Meter Relay Collin Hofacker, 1,600-Meter Relay Aaron Mallett, 400-Meter Relay ^ Aaron Mallett, 110-Meter Hurdles Emmanuel Ogwo, 1,600-Meter Relay Brendan Thompson, 400-Meter Relay ^ Reno Tuufuli, Discus O'Shea Wilson, 400-Meter Relay ^ O'Shea Wilson, Long Jump *
1929	Ed Gordon, Long Jump	2009	John Hickey, Shot Put	2018	Will Dougherty, Decathlon ^ Chris Douglas, 110-Meter Hurdles ^ Chris Douglas, 400-Meter Hurdles * DeJuan Frye, 1,600-Meter Relay ^ Mar'yea Harris, 400 Meters Mar'yea Harris, 1,600-Meter Relay ^ Mar'yea Harris, 400-Meter Relay ^ Collin Hofacker, 1,600-Meter Relay ^ Collin Hofacker, 400-Meter Relay ^ Matt Manternach, 800 Meters * Reno Tuufuli, Discus Reno Tuufuli, Shot Put * O'Shea Wilson, 400-Meter Relay ^ Antonio Woodard, 1,600-Meter Relay ^ Antonio Woodard, 400-Meter Relay ^
1930	Ed Gordon, Long Jump	2010	Chris Barton, 1,600-Meter Relay Patrick Richards, 1,600-Meter Relay Erik Sowinski, 1,600-Meter Relay Steven Willey, 1,600-Meter Relay Steven Willey, 400 Meters	2019	Karayme Bartley, 1,600-Meter Relay Karayme Bartley, 400-Meter Relay ^ Karayme Bartley, 200-Meters ^ Chris Douglas, 400-Meters Hurdles * Mar'yea Harris, 1,600-Meter Relay Mar'yea Harris, 400 Meters ^ Collin Hofacker, 400-Meter Relay ^ Jay Hunt, High Jump * Wayne Lawrence Jr., 400 Meters ^ Wayne Lawrence, 400-Meter Relay ^ Wayne Lawrence Jr., 1,600-Meter Relay Jaylan McConico, 110-Meter Hurdles ^ Nathan Mylenek, 3,000 Steeplechase ^ Antonio Woodard, 200 Meters * Antonio Woodard, 400-Meter Relay ^ Antonio Woodard, 1,600-Meter Relay
1931	Ed Gordon, Long Jump	2011	Justin Austin, 200 Meters * Chris Barton, 1,600-Meter Relay ^ Troy Doris, Triple Jump Jeffery Herron, High Jump ^ Ethan Holmes, 400-Meter Hurdles ^ Patrick Richards, 1,600-Meter Relay ^ Erik Sowinski, 1,600-Meter Relay ^ Steven Willey, 1,600-Meter Relay ^		
1932	George Salings, 120 Hurdles	2012	Justin Austin, 200 Meters ^ Matt Banse, Hammer Throw * Matt Byers, Javelin ^ Troy Doris, Triple Jump Ethan Holmes, 400-Meter Hurdles * Ethan Holmes, 110-Meter Hurdles * Erik Sowinski, 800 Meters		
1953	Rick Ferguson, Two Miles	2013	Justin Austin, 200 Meters Justin Ausin, 400-Meter Relay Justin Austin, 100 Meters * Matt Byers, Javelin ^ Klyvens Delaunay, Triple Jump Ethan Holmes, 400-Meter Hurdles ^ Ethan Holmes, 400-Meter Relay Gabe Hull, Discus ^ Josh Larney, 400-Meter Relay Josh Larney, 100 Meters * Tevin-Cee Mincy, 400-Meter Relay Jordan Mullen, 100-Meter Hurdles *		
1956	Ted Wheeler, 1,500 Meters	2014	Babatunde Amosu, Triple Jump ^ Keith Brown, 400-Meter Relay James Harrington, 400-Meter Relay Gabe Hull, Discus ^ Tevin-Cee Mincy, 400-Meter Relay O'Shea Wilson, 400-Meter Relay		
1957	Deacon Jones, Two Miles Jack Mathews, 120 Hurdles	2015	Babatunde Amosu, Triple Jump * Keith Brown, 400-Meter Relay ^ James Harrington, 400-Meter Relay ^ Aaron Mallett, 110-Meter Hurdles Aaron Mallett, 400-Meter Relay ^ Vinnie Saucer Jr., 400-Meter Relay ^ Mitch Wolff, 400-Meter Hurdles ^		
1958	Deacon Jones, Two Miles				
1960	Jerry Williams, 400 Hurdles				
1962	Bill Frazier, 600 Yards				
1965	Jon Reimer, 440 Hurdles				
1967	Rollie Kitt, Steeplechase Mike Mondane, 440 Yards Jon Reimer, 440 Hurdles Larry Wieczorek, Mile Fred Ferree, Mile Relay Carl Frazier, Mile Relay Mike Mondane, Mile Relay Jon Reimer, Mile Relay				
1968	Mike Mondane, 440 Yards				
1978	Bill Hansen, High Jump				
1983	Ronnie McCoy, 110 Hurdles Jeff Patrick, 200 Meters				
1985	Ronnie McCoy, 110 Hurdles				
1988	Pat McGhee, 400 Hurdles				
1989	Pat McGhee, 110 Hurdles Pat McGhee, 400 Hurdles				
1992	Anthuan Maybank, 400 Meters				
1993	Anthuan Maybank, Long Jump Anthuan Maybank, 400 Meters				
1995	Chris Davis, 1,600-Meter Relay Andre Morris, 400 Meters Andre Morris, 1,600-Meter Relay George Page, 1,600-Meter Relay Ed Rozell, 1,600-Meter Relay				
1996	Chris Davis, 1,600-Meter Relay Andre Morris, 1,600-Meter Relay Ed Rozell, 1,600-Meter Relay Bashir Yamini, 1,600-Meter Relay				
1998	Jeremy Allen, Discus				
1999	Tony Branch, 1,600-Meter Relay Tim Dodge, 1,600-Meter Relay Tim Dwight, 1,600-Meter Relay Bashir Yamini, 1,600-Meter Relay				
2000	Stetson Steele, 10,000 Meters				
2001	Jeremy Allen, Discus				
2002	Bill Neumann, Javelin				

MEN'S OUTDOOR ALL-AMERICANS - 168 (CONTINUED)

Year Athlete, Event

2021 Jamal Britt, 110-Meter Hurdles
 Jamal Britt, 400-Meter Hurdles *
 James Carter, Jr., Long Jump ^
 Will Daniels, Decathlon
 Julien Gillum, 1,600-Meter Relay
 Austin Kresley, 400-Meter Relay ^
 Wayne Lawrence, Jr., 1,600-Meter Relay
 Wayne Lawrence Jr, 400 Meters ^
 Austin Lietz, 1,600-Meter Relay
 Jaylan McConico, 100-Meter Hurdles
 Jaylan McConico, 400-Meter Relay ^
 Nathan Mylenek, 3,000 Steeplechase *
 Gratt Reed, 400-Meter Relay ^
 Antonio Woodard, 400-Meter Relay ^
 Antonio Woodard, 1,600-Meter Relay

Year Athlete, Event

2022 Josh Braverman, 110-Meter Hurdles ^
 James Carter, Jr., Long Jump ^
 James Carter, Jr., Triple Jump *
 Nikolas Curtiss, Shot Put
 Julien Gillum, 1,600-Meter Relay
 Julien Gillum, 400-Meter Hurdles ^
 Spencer Gudgel, 1,600-Meter Relay
 Khullen Jefferson, 400-Meter Relay *
 Jordan Johnson, Discus
 Kalil Johnson, 400-Meter Relay *
 Austin Kresley, 400-Meter Relay *
 Gratt Reed, 400-Meter Relay *
 Gratt Reed, 110-Meter Hurdles *
 Chadrick Richards, 1,600-Meter Relay
 Everett Steward, 1,600-Meter Relay
 Austin West, Decathlon

WOMEN'S INDOOR ALL-AMERICANS (59)

Year Athlete, Event

1983 Mary Mol, High Jump
 1987 Jeanne Kruckeberg, 3,200-Meter Relay
 Kim Schneckloth, 3,200-Meter Relay
 Sherri Suppelsa, 3,200-Meter Relay
 Janet Wodek, 3,200-Meter Relay
 1988 Jeanne Kruckeberg, Mile
 1989 Jeanne Kruckeberg, 800 Meters
 1990 Rachele Roberts, Mile
 1992 Lisa Van Steenwyk, Shot Put
 1993 Tracy Dahl, 5,000 Meters
 1994 Tina Stec, Mile
 Tina Stec, 3,000 Meters
 1995 Yolanda Hobbs, 55 Meters
 Yolanda Hobbs, 200 Meters
 2005 Kineke Alexander, 400 Meters
 Peaches Roach, High Jump
 2006 Kineke Alexander, 400 Meters
 Meghan Armstrong, Mile
 Peaches Roach, High Jump
 2007 Kineke Alexander, 400 Meters
 Meghan Armstrong, Mile
 Diane Nukuri, 10,000 Meters
 Peaches Roach, High Jump

Year Athlete, Event

2008 Kineke Alexander, 400 Meters
 Meghan Armstrong, 10,000 Meters
 Tammilee Kerr, Heptathlon
 Racheal Marchand, 10,000 Meters
 2009 Karessa Farley, 60-Meter Hurdles
 Racheal Marchand, 5,000 Meters
 2011 McKenzie Melander, Mile ^
 Bethany Praska, 800 Meters
 2016 Briana Guillory, 1,600-Meter Relay ^
 Elexis Guster, 1,600-Meter Relay ^
 Elexis Guster, 400 Meters ^
 Alexis Hernandez, 1,600-Meter Relay ^
 MonTayla Holder, 1,600-Meter Relay ^
 2017 Brittany Brown, 200 Meters
 Jahisha Thomas, Long Jump ^
 2018 Brittany Brown, 200 Meters ^
 Brittany Brown, 1,600-Meter Relay ^
 Sheridan Champe, 1,600-Meter Relay ^
 Briana Guillory, 400 Meters
 Briana Guillory, 1,600-Meter Relay ^
 Sarah Plock, 1,600-Meter Relay
 Jahisha Thomas, Long Jump

Year Athlete, Event

2019 Briana Guillory, 400 Meters
 Jenny Kimbro, Pentathlon
 Tria Simmons, Pentathlon
 Laulauga Tausaga, Shot Put
 Laulauga Tausaga, Weight Throw
 2020 Jenny Kimbro, Pentathlon
 Mallory King, 800 Meters
 Laulauga Tausaga, Shot Put
 Laulauga Tausaga, Weight Throw
 2021 Mallory King, 800 Meters ^
 2022 Mariel Bruxvoort, 1,600-Meter Relay
 Mallory King, 1,600-Meter Relay
 Tesa Roberts, 1,600-Meter Relay
 Payton Wensel, 1,600-Meter Relay

*^ second-team, * honorable-mention
 (added in 2011)*



WOMEN'S OUTDOOR ALL-AMERICANS (91)

Year Athlete, Event

1982 Chris Davenport, Dist Medley Relay
Nan Doak, Two Miles
Nan Doak, Three Miles
Nan Doak, 5,000 Meters
Nan Doak, Dist. Medley Relay
Kathy Gillespie, Heptathlon
Jenny Hayden, Dist. Medley Relay
Jodi Hershberger, 3,000 Meters
Jenny Spangler, 10,000 Meters
Kay Stormo, 880 Yards
Kay Stormo, 800 Meters
Kay Stormo, Dist. Medley Relay

1983 Nan Doak, 5,000 Meters
Jenny Spangler, 10,000 Meters

1985 Penny O'Brien, 3,000 Meters
Nan Doak, 10,000 Meters

1992 Jennifer Brower, 10,000 Meters
Tracy Dahl, 5,000 Meters

1994 Tina Floyd, 400-Meter Relay
Yolanda Hobbs, 400-Meter Relay
Marlene Poole, 400-Meter Relay
Tanja Reid, 400-Meter Relay

1997 Wynsome Cole, 400-Meter Hurdles

2004 Shellene Williams, 400 Meters

2005 Kineke Alexander, 400 Meters

2006 Peaches Roach, High Jump
Kineke Alexander, 400 Meters

2007 Kineke Alexander, 400 Meters
Peaches Roach, High Jump

2008 Kineke Alexander, 400 Meters
Meghan Armstrong, 10,000 Meters
Racheal Marchand, 10,000 Meters
Diana Nukuri-Johnson, 10,000 Meters

2009 Karessa Farley, 100-Meter Hurdles ^
Tammilee Kerr, Heptathlon

2011 Brooke Eilers, 5,000 Meters *
Nicole Erickson, 1,600-Meter Relay *
Betsy Flood, 5,000 Meters ^
Tiffany Hendricks, 1,600-Meter Relay *
Ashley Liverpool, 1,600-Meter Relay *
Bethany Praska, 1,600-Meter Relay *

2012 McKenzie Melander, 5,000 Meters

2013 Majesty Tutson, Discus *

2014 Brittany Brown, 200 Meters ^
Brittany Brown, 400-Meter Relay ^
Elexis Guster, 400-Meter Relay ^
MonTayla Holder, 400-Meter Relay ^
MonTayla Holder, 400-Meter Hurdles *
Lake Kwaza, 400-Meter Relay ^
Zinnia Miller, Long Jump
Zinnia Miller, Triple Jump ^

2015 Brittany Brown, 200 Meters *
Elexis Guster, 400 Meters *

Year Athlete, Event

2016 Briana Guillory, 400-Meter Relay ^
Brianna Guillory, 1,600-Meter Relay ^
Briana Guillory, 200 Meters *
Elexis Guster, 400 Meters ^
Elexis Guster, 400-Meter Relay ^
Elexis Guster, 1,600-Meter Relay ^
Alexis Hernandez, 400-Meter Relay ^
Alexis Hernandez, 1,600-Meter Relay ^
MonTayla Holder, 400-Meter Hurdles ^
MonTayla Holder, 1,600-Meter Relay ^
Lake Kwaza, 400-Meter Relay ^
Jahisha Thomas, Long Jump ^

2017 Brittany Brown, 200 Meters
Laulauga Tausaga, Discus
Jahisha Thomas, Long Jump ^

2018 Brittany Brown, 200 meters^
Brittany Brown, 100 meters*
Laulauga Tausaga, Discus
Laulauga Tausaga, Shot Put
Jahisha Thomas, Long Jump
Jahisha Thomas, Triple Jump

2019 Nia Britt, Shot Put *
Jenny Kimbro, Heptathlon *
Tria Simmons, Heptathlon *
Laulauga Tausaga, Discus

2021 Serena Brown, Discus ^
Jenny Kimbro, Heptathlon *
Kat Moody, Shot Put *
Laulauga Tausaga, Discus
Laulauga Tausaga, Shot Put

2022 Erin Dowd, 400-Meter Hurdles ^
Erin Dowd, 400-Meter Relay ^
LaSarah Hargrove, 100 Meters ^
LaSarah Hargrove, 200 Meters ^
LaSarah Hargrove, 400-Meter Relay ^
Lia Love, 400-Meter Relay ^
Paige Magee, 400-Meter Hurdles *
Paige Magee, 400-Meter Relay ^

^ second-team, * honorable-mention
(added in 2011)



Kineke Alexander (2005-08) was an eight-time All-American in the 400 meters. In 2007, she was named Big Ten Women's Indoor Female Track Athlete of the Year and Midwest Region Indoor Female Track Athlete of the Year. A five-time all-region honoree, Alexander won five Big Ten titles and still holds school records in the indoor 400 meters and 600 meters.



Junior Jenoa McKiver was named USTFCCA Midwest Region Men's Track Athlete of the Year and Big Ten Men's Track Athlete of the Year for the 2022 indoor season. The two-time All-American and two-time Big Ten champion anchored Iowa's indoor 1,600-meter relay to a school record and Big Ten title. He also set school records in the 400 and 600 meters during the indoor season, and the 400 meters during the outdoor season.

NCAA Outdoor Preliminary Entries

YEAR	ENTRIES	INDIVIDUAL EVENTS	RELAYS
2010	20 (M)/14 (W)	20 (M)/10 (W)	2/2 (W)
2011	17 (M)/12 (W)	18 (M)/11 (W)	1 (M)/1 (W)
2012	20 (M)/(14) (W)	20 (M)/13 (W)	2 (M)/1 (W)
2013	14 (M)/9 (W)	15 (M)/9 (W)	1 (M)/0 (W)
2014	13 (M)/15 (W)	14 (M)/15 (W)	1 (M)/2 (W)
2015	15 (M)/10 (W)	13 (M)/11 (W)	2 (M)/1 (W)
2016	15 (M)/10 (W)	17 (M)/11 (W)	2 (M)/2 (W)
2017	17 (M)/7 (W)	17 (M)/8 (W)	2 (M)/0 (W)
2018	14 (M)/19 (W)	17 (M)/19 (W)	2 (M)/2 (W)
2019	21 (M)/17 (W)	10 (M)/20 (W)	2 (M)/0 (W)
2021	25 (M)/19 (W)	23 (M)/18 (W)	2 (M)/1 (W)
2022	28 (M)/18 (W)	26 (M)/16 (W)	2 (M)/2 (W)

NCAA Outdoor Finals Entries

YEAR	ENTRIES	INDIVIDUAL EVENTS	RELAYS
2010	5 (M)/2 (W)	4 (M)/2 (W)	1 (M)/0 (W)
2011	7 (M)/3 (W)	6 (M)/2 (W)	1 (M)/1 (W)
2012	7 (M)/2 (W)	7 (M)/2 (W)	0 (M)/0 (W)
2013	9 (M)/1 (W)	8 (M)/1 (W)	1 (M)/0 (W)
2014	3 (M)/5 (W)	2 (M)/4 (W)	1 (M)/1 (W)
2015	4 (M)/2 (W)	3 (M)/2 (W)	1 (M)/0 (W)
2016	8 (M)/6 (W)	7 (M)/4 (W)	1 (M)/2 (W)
2017	9 (M)/3 (W)	7 (M)/3 (W)	2 (M)/0 (W)
2018	8 (M)/7 (W)	6 (M)/7 (W)	2 (M)/0 (W)
2019	10 (M)/4 (W)	8 (M)/4 (W)	2 (M)/0 (W)
2021	10 (M)/5 (W)	8 (M)/5 (W)	2 (M)/0 (W)
2022	10 (M)/5 (W)	8 (M)/4 (W)	2 (M)/1 (W)

M - men's team, W - women's team

Regional Awards

Midwest Region Coach of the Year

Larry Wieczorek, 2011 (outdoor)
Joey Woody, 2019 (outdoor); 2021 (indoor and outdoor),
2022 (indoor)

Midwest Region Assistant Coach of the Year

Joey Woody, 2011; 2013
Jason Wakenight 2022 (indoor)

Midwest Regional Female Athlete of the Year

Kineke Alexander, 2007

Midwest Region Male Track Athlete of the Year

Jenoah McKiver, 2022 (indoor)

Midwest Region Female Field Athlete of the Year

Laulauga Tausaga, 2019 (indoor and outdoor); 2020 (indoor);
2021 (outdoor)



Men's All-Region Honorees

Year	Athlete	Event - Mark	Place	
2003	Bill Neumann	Javelin - 227-0 (69.20 m)	1st	
	Tony Leick	400-Meter Hurdles - 53.16	7th	
	Chris Voller	Hammer - 192-2 (58/58)	8th	
2004	Ken Kemeny	Shot Put - 61-4 1/4 (18.70 m)	4th	
	Brad Daufelt	Hammer - 205-4 (62.59 m)	4th	
	Russell Peterson	400-Meter Hurdles - 51.18	6th	
	Chris Voller	Hammer - 196-7 (59.91 m)	7th	
2005	Ken Kemeny	Shot Put - 62-3 (18.97 m)	2nd	
	Tim Brodersen	Discus - 179-1 (54.59 m)	3rd	
	Chris Voller	Hammer - 195-4 (59.55 m)	8th	
2006	Adam Hamilton	Hammer - 217-11 (66.42 m)	2nd	
	Shane Maier	Shot Put - 61-0 1/4 (18.60 m)	5th	
2007	Shane Maier	Shot Put - 58-6 1/2 (17.84 m)	2nd	
	Adam Hamilton	Hammer - 215-7 (65.70 m)	2nd	
	Ray Varner	400-Meter Hurdles - 52.93	8th	
	Micah VanDenend	5,000 Meters - 14:14.62	8th	
	Max Milder	400-Meter Relay - 42.53	8th	
	Paul Chaney, Jr.	400-Meter Relay - 42.53	8th	
	Aaron Reed	400-Meter Relay - 42.53	8th	
	Lee Elbert	400-Meter Relay - 42.53	8th	
	2008	John Hickey	Shot Put - 61-4 1/4 (18.70 m)	2nd
		A.J. Curtis	Shot Put - 59-5 1/2 (18.12 m)	3rd
A.J. Curtis		Discus - 176-8 (53.85 m)	3rd	
Andy Napier		3,000 Steeplechase - 8:57.54	7th	
Shane Maier		Shot Put - 56-11 1/2 (17.36 m)	7th	
2009	Ray Varner	400 Hurdles - 51.07	8th	
	Adam Hairston	800 Meters - 1:48.87	5th	
	D'Juan Richardson	400-Meter Relay - 40.33	5th	
	Zeke Sayon	400-Meter Relay - 40.33	5th	
	Stephen Bee	400-Meter Relay - 40.33	5th	
	Paul Chaney, Jr.	400-Meter Relay - 40.33	5th	
	Ray Varner	400 Hurdles - 51.21	6th	
John Hickey	Shot Put - 58-11 1/4 (17.96 m)	6th		

Women's All-Region Honorees

Year	Athlete	Event - Mark	Place	
2003	Alana Redfern	Javelin - 159-8 (48.68 m)	3rd	
	Jessie Strand	Pole Vault - 12-10 1/4 (3.92 m)	3rd	
	Sarah Arens	3,000 Steeplechase - 10:42.42	5th	
2004	Nicole Charles	1,600-Meter Relay - 3:36.26	5th	
	Aisha Hume	1,600-Meter Relay - 3:36.26	5th	
	Sarah Steffen	1,600-Meter Relay - 3:36.26	5th	
	Shellene Williams	1,600-Meter Relay - 3:36.26	5th	
	Shellene Williams	400 Meters - 53.09	6th	
2005	Sarah Steffen	400-Meter Hurdles - 1:00.10	8th	
	Sarah Arens	3,000 Steeplechase - 10:39.31	2nd	
2006	Shellene Williams	400 Meters - 52.41	4th	
	Peaches Roach	High Jump - 5-10 1/2 (1.79 m)	5th	
	Michelle Lahann	800 Meters - 2:09.34	6th	
	2007	Kineke Alexander	400 Meters - 52.34	2nd
		Peaches Roach	High Jump - 5-11 1/4 (1.81 m)	2nd
	2008	Kineke Alexander	1,600-Meter Relay - 3:39.67	8th
		Aisha Hume	1,600-Meter Relay - 3:39.67	8th
		Lindsey McCalla	1,600-Meter Relay - 3:39.67	8th
Erin Sheeley		1,600-Meter Relay - 3:39.67	8th	
2009		Kineke Alexander	400 Meters - 51.75	1st
		Meghan Armstrong	1,500 Meters - 4:23.33	2nd
		Peaches Roach	High Jump - 6-0 1/2 (18.4 m)	3rd
2007		Racheal Marchand	5,000 Meters - 17:17.01	7th
		Tiffany Johnson	100-Meter Hurdles - 13.53	8th
		Shannon Stanley	1,500 Meters - 4:30.98	8th
	2008	Kineke Alexander	400 Meters - 52.34	1st
		Tiffany Johnson	100-Meter Hurdles - 13.22	1st
	2009	Meghan Armstrong	1,500 Meters - 4:21.56	5th
		Diane Nukuri	1,500 Meters - 4:24.30	6th
		Becca Franklin	Hammer - 192-2 (58.58 m)	6th
		Racheal Marchand	5,000 Meters - 16:27.72	6th
		Peaches Roach	High Jump - 5-9 1/4 (1.76 m)	7th
2008		Kineke Alexander	400 Meters - 52.24	2nd
		Renee White	Triple Jump - 43-10 (13.36 m)	6th
2009	Renee White	Long Jump - 20-3 3/4 (6.19 m)	8th	
	Karessa Farley	100-Meter Hurdles - 13.34	3rd	
	Betsy Flood	1,500 Meters - 4:25.98	4th	
McKenzie Melander	1,500 Meters - 4:30.83	7th		

In 2010, the NCAA altered the format for athletes to qualify and advance to the NCAA Championships, therefore there is no longer a regional-based qualifying competition.

50 Yards
Charles Brookins, 1922 5.4

55-Meter Hurdles
Dion Trowers, 1998 7.27

60 Yards
Lee Farmer, 1942 6.3

60 Meters
Vinnie Saucer, Jr., 2016 6.7

60-Meter Hurdles
Jordan Mullen, 2013 7.7
Aaron Mallett, 2016 7.69
Aaron Mallett, 2017 7.63
Jaylan McConico, 2019 7.79
Jaylan McConico, 2020 7.61

70-Yard High Hurdles
Frank Cuhel, 1928 8.8
George Saling, 1932 8.7
Russell Merkel, 1950 8.8

70-Yard Low Hurdles
Russell Merkel, 1950 8.1

200 Meters
George Page, 1997 21.63
Justin Austin, 2011 21.23
Wayne Lawrence, Jr., 2020 . 20.85

440 Yards
George Baird, 1928 50.1
Vaughn Stevenson, 1929 51.2
Bernard Page, 1935 51.5
Carl Teufel, 1938 49.8
John Brown, 1960 48.6
Gary Hollingsworth, 1963 48.5
Mike Mondane, 1967 47.9
Mike Mondane, 1968 47.6
Dick Eisenlauer, 1972 47.8

400 Meters
Anthuan Maybank, 1990 47.55
Wayne Lawrence, Jr., 2020 . 45.56

600 Yards
Leroy Ebert, 1954 1:11.4
Caesar Smith, 1956 1:14.0
Tom Ecker, 1957 1:13.7
Bill Frazier, 1962 1:12.2
Roger Kerr, 1963 1:10.0
Mike Mondane, 1966 1:11.2

600 Meters
D’Juan Strozier, 1990 1:20.26
Jenoah McKiver, 2022 1:15.67

880 Yards
Ted Wheeler, 1956 1:55.1
Bill Frazier, 1963 1:51.8
D’Juan Strozier, 1992 1:51.54

800 Meters
Erik Sowinski, 2012 1:47.90

1,000 Yards
Gary Fischer, 1961 2:16.8
Joel Moeller, 1978 2:12.4

1,500 Meters
Ed DeLashmutt, 1981 3:49.90

Mile
Ted Wheeler, 1956 4:12.5
Charles Jones, 1957 4:13.8
Charles Jones, 1958 4:10.5
Gary Fischer, 1963 4:13.7
Larry Wiczorek, 1966 4:09.7
Larry Wiczorek, 1967 4:05.3

Two Miles
Harold Phelps, 1925 9:32.6
Leonard Hunn, 1927 9:44.2
Charles Jones, 1957 9:23.3
Charles Jones, 1958 9:09.6
Larry Wiczorek, 1968 8:54.3

Long Jump
Lee Farmer, 1942 23-9 1/4
Earl Smith, 1954 24-0 3/4
Quinn Early, 1986 24-7 1/4
Anthuan Maybank, 1992 26-5 1/2
Anthuan Maybank, 1993 26-5
Bashir Yamini, 1997 25-9 1/4
Bashir Yamini, 1998 24-11 1/4
Bashir Yamini, 1999 25-6 1/2
Matty Gorman, 2005 24-8 1/2
James Carter, 2021 25-1 1/4

High Jump
*Ed Schrader, 1913 5-11 1/2
*Edgar Hoffman, 1920 6-0
*Donald Craig, 1929 5-9 5/8
*H. Workhoven, 1929 5-9 5/8
Les Stevens, 1956 6-6 3/8
Bill Knoedel, 1975 7-1

Triple Jump
Troy Doris, 2011 54-0
Troy Doris, 2012 52-1 3/4
Babatunde Amosu, 2014 51-7 3/4
Babatunde Amosu, 2015 . 52-8.75

Pole Vault
*Xavier Boyles, 1926 12-6
*Henry Canby, 1929 13-7 1/2
Ken Steinbeck, 1943 13-3
Dave Nielsen, 1975 16-10

Shot Put
Ray Danber, 1926 46-2 1/2
Jeremy Allen, 2000 61-4 1/4
Shane Maier, 2007 60-11 1/4
John Hickey, 2008 61-9 3/4

Heptathlon
Peyton Haack, 2021 . 5,749 points

1,600-Meter Relay
Morrow, Noll, Brookins, Wilson, 1923 3:29.6
Morrow, Kohl, Roberts, Coulter, 1924 3:33.2
Beatty, Phelps, Baird, Cuhel, 1927 3:29.5
Stevenson, Stamats, Baird, Cuhel, 1928 3:24.2
Thomas, Ferguson, Depping, Stevenson, 1929 3:25.6
Boylan, Wheeler, Ebert, Scott, 1952 3:18.3
Richards, Rucker, Hollingsworth, Kerr, 1963 3:14.7
Ferree, Frazier, Mondane, Reimer, 1967 3:13.1
Greer, Williams, Smith, Duckett, 1984 3:09.24
Richards, Holmes, Sowinski, Willey, 2011 3:12.13
Hofacker, Woodard, Thompson, Harris, 2019 3:07.46
Frye, Clarke, Woodard, Lawrence, Jr., 2020 3:04.91
Steward, Gillum, Bryson, McKiver, 2022 3:05.47

Two Mile Relay
English, Blackman, Strozier, Chambers, 1989 7:36.20

Distance Medley Relay
Mylenek, Thompson, Lilly, Melchert, 2018 9:45.10



Iowa's 2022 Big Ten Indoor Champions (clockwise from top right):
Julien Gillum, Jenoah McKiver, Everett Steward, Armando Bryson.



55 Meters

Vivien McKenzie, 1985 6.92
Yolanda Hobbs, 1995 6.83

60 Yards

Elaine Jones, 1983 6.92
Elaine Jones, 1984 6.91

60 Meters

Lake Kwaza, 2016 7.33

60-Meter Hurdles

Jenny Kimbro, 2019 8.29
Paige Magee, 2021 8.26

200 Meters

Erica Broomfield, 1998 23.88
Kineke Alexander, 2006 23.49
Kineke Alexander, 2007 23.67
Brittany Brown, 2017 22.83
Brittany Brown, 2018 23.20

300 Yards

Elaine Jones, 1984 34.59

400 Meters

Senta Hawkins, 1988 55.66
Ellen Grant, 1997 54.39
Shellene Williams, 2004 54.17
Kineke Alexander, 2006 52.01
Kineke Alexander, 2007 52.23
Elexis Guster, 2016 52.36
Briana Guillory, 2018 52.08

600 Meters

Kay Stormo, 1979 1:33
Karen Layne, 1990 1:31.45
Bethany Praska, 2011 1:28.99

800 Yards

Kay Stormo, 1982 2:09.35

880 Yards

Jeanne Kruckeberg, 1987 2:11.71

3,000 Meters

Nan Doak, 1985 9:38.5
Meghan Armstrong, 2008 9:18.30

Three Miles

Nan Doak, 1982 15:27.53

5,000 Meters

Tracy Dahl, 1992 16:36.13

High Jump

Peaches Roach, 2004 5-11 1/4
Peaches Roach, 2005 5-10 3/4
Peaches Roach, 2007 5-10

Long Jump

Jahisha Thomas, 2018 ... 21-0 3/4

Triple Jump

Renee White, 2008 42-4
Jahisha Thomas, 2018 ... 43-4 1/2

Shot Put

Gail Smith, 1985 51-0
Lisa Van Steenwyk, 1993 50-5 1/4

Weight Throw

Laulauga Tausaga, 2020 72-10

Pentathlon

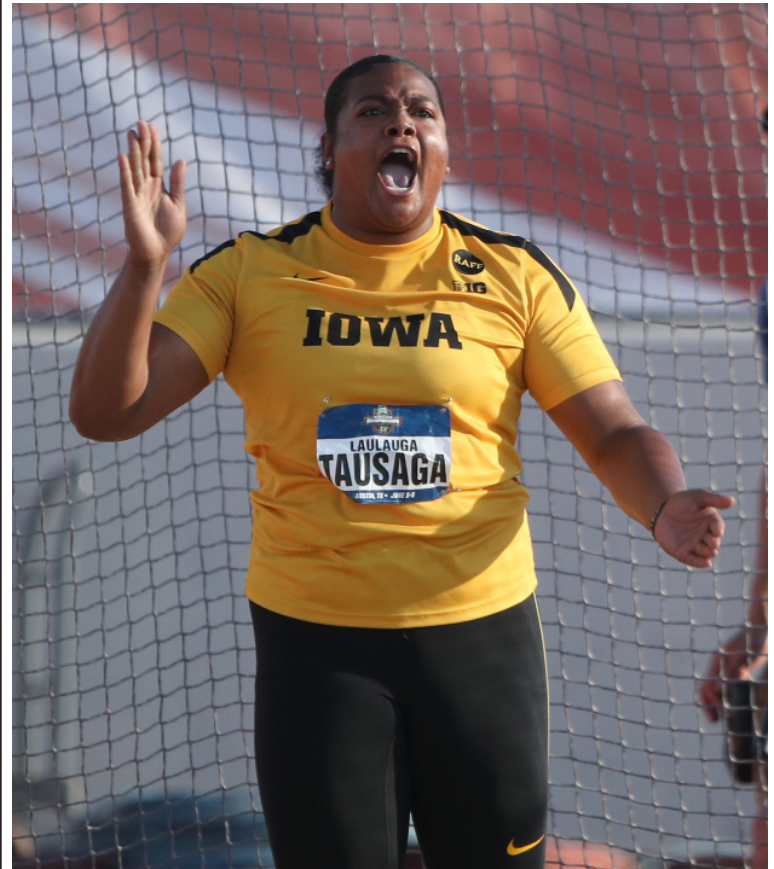
Kathy Gillespie, 1983 ... 4,079 pts.
Tria Simmons, 2019 4,135 pts.

1,600-Meter Relay

Kimbro, Simmons, Weum, Guillory, 2019 3:37.58

3,200-Meter Relay

Schlader, Mitchell, Drapcho, Stormo, 1979 9:10.0
Hoskins, Kruckeberg, Roberts, Schneckloth, 1989 8:53.01



Laulauga Tausaga (2017-21) is Iowa's most recent NCAA Champion, winning the discus at the 2019 national meet. A six-time All-American and Big Ten champion in the throws, Tausaga was a two-time Big Ten Women's Indoor Field Athlete of the Year and the 2020 Big Ten Women's Field Athlete of the Indoor Championships. She was named Iowa's Female Athlete of the Year in 2021. A four-time NCAA Midwest Region Female Field Event Athlete of the Year, Tausaga currently holds Iowa school records in the indoor shot put, outdoor shot put, weight throw and discus.

100 Yards Dennis Kohl, 1966..... 9.6	400 Meters - Continued Steven Willey, 2010 46.12 Mar'yea Harris, 2018..... 44.98 Mar'yea Harris, 2019..... 45.67	High Jump E.J. Baker, 1905..... 5-10 1/4 *Edward Gordon, 1929..... 6-0 Bill Knoedel, 1975..... 7-3 Bill Hansen, 1976..... 7-2 Ryan Kelly, 2008..... 6-10 3/4 Kevin Spejcher, 2016 7-1 3/4	Shot Put Chris Gambol, 1987 60-0 1/2 Jeremy Allen, 2001 62-2 1/4 John Hickey, 2007 58-4 1/2
120-Yard High Hurdles Russell Merkel, 1950 14.4 Les Stevens, 1956 14.2	400-Meter Hurdles Pat McGhee, 1986 50.94 Pat McGhee, 1988 50.01 Pat McGhee, 1989 49.63 Ray Varner, 2010..... 50.61 Ethan Holmes, 2013 50.78 Chris Douglas, 2019 50.31 Jamal Britt, 2021..... 49.69 Julien Gillum, 2022 51.12	Triple Jump Troy Doris, 2011..... 53-8 1/2 Troy Doris, 2012..... 54-8 Babatunde Amosu, 2015 53-0	Hammer A. van der Westhuizen, 1999 202-3 A. van der Westhuizen, 2000 218-5 Jim Costello, 2002..... 217-7 Adam Hamilton, 2006 208-1
100 Meters George Page, 1995 10.50 George Page, 1996 10.08 Tim Dwight, 1999 10.51 Justin Ausin, 2013..... 10.27	660 Yards Roger Kerr, 1963 1:17.4 Mike Mondane, 1966 1:17.7	Pole Vault *Xavier Boyles, 1926 12-9 1/2 Bill Burnette, 1966..... 15-3 Phil Wertman, 1971..... 16-1 1/2 John Tefer, 1972..... 16-0 Todd Wigginton, 1984 17-0	Javelin L.D. Weldon, 1930 184-5 1/2 L.D. Weldon, 1931 191-4 1/2 Mark Panther, 1934 208-2 Mark Panther, 1935 219-7 3/8 Bushnell Lamb, 1936 ... 194-4 1/2 Bushnell Lamb, 1938 202-8 Bill Neumann, 2002 231-8 Bill Neumann, 2003 238-2 Matt Byers, 2010 220-6 Matt Byers, 2011 235-4 Matt Byers, 2012 222-10
110-Meter High Hurdles Pat McGhee, 1989 13.74 Aaron Mallett, 2015 13.43 Aaron Mallett, 2016 13.48 Aaron Mallett, 2017 13.24 Jaylan McConico, 2021 13.23	880 Yards Harry Morrow, 1924 1:57.0 Ted Wheeler, 1956..... 1:51.7 Bill Frazier, 1962 1:50.1 Bill Frazier, 1963 1:50.6	Discus C.H. Swift, 1902 118-9 C.H. Swift, 1903 117-7 1/2 Merle Alderman, 1910 129-8 1/2 John Hancock, 1925..... 138-2 Jeremy Allen, 1998 185-9 Jeremy Allen, 2001 194-5 Tim Brodersen, 2005 187-0 Tim Brodersen, 2006 181-2	
220 Yards Eric Wilson, 1921..... 22.0 Eric Wilson, 1923..... 21.2 John Everingham, 1927 22.0 Dennis Kohl, 1966..... 20.6	800 Meters D'Juan Strozier, 1990 1:47.17	400-Meter Relay Beecham, Duckett, Greer, Patrick, 1983 39.99 McCoy, Duckett, Greer, Smith, 1984..... 40.11 Davis, Morris, Rozell, Page, 1995..... 40.03 Dwight, Branch, Davis, Yamini, 1998 40.27 Branch, Dwight, Dodge, Yamini, 1999 40.66 Coleman, Kunkel, Peterson, Dodge, 2001 40.15 Mullen, Austin, E. Holmes, Larney, 2013 40.20 Brown, Harrington, Mincy, Wilson, 2014..... 39.35 Saucer, Brissett, Harrington, Mallett, 2016..... 39.44	
220-Yard Low Hurdles Charles Brookins, 1922 23.8 Charles Brookins, 1923 23.2 Charles Brookins, 1924 23.8 Frank Cuhel, 1926..... 23.9 Frank Cuhel, 1927..... 24.2 Frank Cuhel, 1928..... 23.6 George Saling, 1932..... 23.0	Mile Ted Wheeler, 1956..... 4:12.7 Charles Jones, 1957 4:17.0 Charles Jones, 1958 4:09.2	500-Yard Relay Johnson, Lake, Eisenlauer, Wellington, 1974..... 41.2	
200 Meters Andre Morris, 1995 20.64 Bashir Yamini, 1998 21.10 Bashir Yamini, 1999 21.39 Justin Austin, 2011 20.46 Justin Austin, 2013 20.86	3,000-Meter Steeplechase Rollie Kitt, 1967 9:02.9 Steve Pershing, 1977 9:00.1	Mile Relay Beck, Noll, Keppler, Wilson, 1922..... 3:20.0 Stevenson, Stamats, Baird, Cuhel, 1928 3:20.2 Stevenson, Ferguson, Depping, Baird, 1929..... 3:20.7 Levinson, Boylan, Ebert, Scott, 1953 3:16.4 Richards, Hollingsworth, Frazier, Kerr, 1962 3:12.3 Richards, Hollingsworth, Frazier, Kerr, 1963 3:11.2 Thompson, Feree, Randolph, Reimer, 1965 3:12.1 Ferre, Frazier, Mondane, Reimer, 1967 3:08.7 Teberg, Stevens, Frazier, Mondane, 1968..... 3:13.3	
330-Yard Int. Hurdles Donald Gardner, 1963 37.7 Jon Reimer, 1965 36.1	Two Miles Richard Ferguson, 1952 9:19.0 Richard Ferguson, 1953 9:26.6 Charles Jones, 1957 9:14.0	1,600-Meter Relay Chung, Williams, McGhee, Leonard, 1986 3:07.05 Branch, Dwight, Dodge, Yamini, 1999 3:09.09 Frye, Woodard, Hofacker, Harris, 2018..... 3:06.32 Lawerence, Thompson, Lilly, Harris, 2019 3:07.36	
440 Yards Chan Coulter, 1924 50.4 George Baird, 1927..... 49.1 John Brown, 1959..... 48.1 Mike Mondane, 1967 46.4 Mike Mondane, 1968 47.5 Dick Eisenlauer, 1975..... 47.1	Three Miles Larry Wiczorek, 1968..... 13:58.0		
440-Yard Int. Hurdles Jon Reimer, 1967 50.8	10,000 Meters Kevin Herd, 1994 30:05.21 Micah VanDenend, 200730:28.50		
400 Meters Anthuan Maybank, 1991 45.76 Anthuan Maybank, 1993 45.91 Andre Morris, 1995 45.39 Andre Morris, 1996 46.38	Long Jump Edward Gordon, 1929.... 24-1 3/4 Edward Gordon, 1930.... 24-8 1/4 Edward Gordon, 1931.... 24-1 1/2 Earl Smith, 1954 23-1 Quinn Early, 1986 24-11 Anthuan Maybank, 1993 25-9 1/2 Bashir Yamini, 1997 26-8 1/4		



100 Meters

Vivien McKenzie, 1983 11.90
 Vivien McKenzie, 1984 11.50
 Vivien McKenzie, 1985 11.63

200 Meters

Briana Guillory, 2016 22.95
 Brittany Brown, 2017 22.30
 Brittany Brown, 2018 22.93

400 Meters

Ellen Grant, 1997 52.82
 Shellene Williams, 2003 53.58
 Shellene Williams, 2004 52.97
 Kineke Alexander, 2007 52.15
 Elexis Guster, 2014 52.77
 Elexis Guster, 2015 52.19

400-Meter Hurdles

Wynsome Cole, 1998 56.67

800 Meters

Bethany Praska, 2011 2:05.63

5,000 Meters

Nan Doak, 1982 16:26.63
 Tracy Dahl, 1992 16:22.01
 Diane Nukuri, 2008 16:24.21
 McKenzie Melander, 2012 16:14.03

10,000 Meters

Jennifer Brower, 1992 34:29.61
 Meghan Armstrong, 2008 33:49.03

High Jump

Peaches Roach, 2004 5-11 1/4
 Peaches Roach, 2007 6-0
 Khanishah Williams, 2014 5-9 1/4
 Dallyssa Huggins, 2021 .. 5-10 1/2

Long Jump

Aisha James, 2003 21-4
 Jahisha Thomas, 2018 21-6

Triple Jump

Renee White, 2009 43-10 3/4
 Jahisha Thomas, 2018 ... 43-3 1/4

Shot Put

Lisa Van Steenwyk, 1993 47-4 1/2
 Laulauga Tausaga, 2018. 55-1 1/2

Discus

Laulauga Tausaga, 2017 180-5
 Laulauga Tausaga, 2018 191-7
 Laulauga Tausaga, 2019 197-9
 Laulauga Tausaga, 2021 203-8

Hammer Throw

Amanda Howe, 2022 212-9

400-Meter Relay

Floyd, Hobbs, Poole, Reid, 1994 44.80
 Underwood, Cole, Grant, Wynter, 1997 46.53
 Kwaza, Guster, Holder, Brown, 2014 44.62

1,600-Meter Relay

Hume, Charles, Steffen, Williams, 2003 3:38.95
 Praska, Hendricks, Erickson, Liverpool, 2011 3:36.51
 Hernandez, Guillory, Holder, Guster, 2016 3:31.22

Big Ten Championship Honors

Coach of the Year

2011 Larry Wiecezorek (O)
 2019 Joey Woody, (O)
 2021 Joey Woody (I), (O)
 2022 Joey Woody (I)

Men's Honors

Track Athlete of the Year

1989 Pat McGhee (O)
 1993 Anthuan Maybank (O)
 2011 Justin Austin (O)
 2013 Justin Austin (O)
 2020 Wayne Lawrence, Jr. (I)
 2021 Jaylan McConico (O)
 2022 Jenoa McKiver (I)

Track Athlete of the Meet

1989 Pat McGhee (O)
 1999 Tim Dwight (O)
 2011 Justin Austin (O)
 2013 Justin Austin (O)
 2020 Wayne Lawrence, Jr. (I)
 2021 Jamal Britt (O)

Freshman of the Year

1996 Bashir Yamini (I)
 1998 Jeremy Allen (I, O)

Women's Honors

Track Athlete of the Year

2007 Kineke Alexander (I)

Field Athlete of the Year

2018 Jahisha Thomas (O)
 2019 Laulauga Tausaga (O)
 2020 Laulauga Tausaga (I)

Field Athlete of the Meet

2020 Laulauga Tausaga (I)

Freshman of the Year

1998 Erica Broomfield (I)
 2004 Peaches Roach (O)
 2016 Briana Guillory (O)

I - Indoor, O - Outdoor

Big Ten Medal of Honor

Men's Honorees

1922 Aubrey Devine
 1925 John Hancock
 1932 Stuart Skowbo
 1934 Tom Moore
 1936 Francis Cretzmeyer
 1947 John Hunter
 1948 Herbert Wilkinson
 1949 Evan Hultman
 1952 Charles Darling
 1955 LeRoy Ebert
 1959 James Van Young
 1963 Ralph Trimble
 1987 Andy Wiese
 1991 David Brown
 1994 Kevin Herd
 2000 Stetson Steele
 2009 Eric MacTaggart
 2012 Erik Sowinski
 2015 Kevin Lewis
 2018 Kevin Docherty

Women's Honorees

1992 Jennifer Brower
 1994 Tina Stec
 2008 Meghan Armstrong
 2011 Bethany Praska
 2012 McKenzie Melander

Men's Honorees

Jeremy Allen.....	1998, 2000-01
Babatunde Amosu.....	2013, 2015
Justin Austin.....	2011, 2013
Chris Barton.....	2010-11
St. Clair Blackman.....	1989
Tony Branch.....	1998-99
Christian Brissett.....	2016
Jamal Britt.....	2021
Tim Brodersen.....	2005-06
Keith Brown.....	2014, 2015
Armando Bryson.....	2022
Matt Byers.....	2010-12
James Carter.....	2021
Rodney Chambers.....	1989
Raymund Clarke.....	2020
Jim Costello.....	2002
Curtis Chung.....	1986, 1989
Juan Coleman.....	2001
A.J. Curtis.....	2007, 2009
Chris Davis.....	1995, 1998
Klyvens Delaunay.....	2014
Tim Dodge.....	1999, 2001
Troy Doris.....	2011-12
Terrence Duckett.....	1984
Tim Dwight.....	1998-99
Quinn Early.....	1986
Louis English.....	1989
DeJuan Frye.....	2018, 2020
Chris Gambol.....	1987
Julien Gillum.....	2022
Matty Gorman.....	2006
Victor Greer.....	1984
Peyton Haack.....	2021
Adam Hairston.....	2008-09
Adam Hamilton.....	2006-07
James Harrington.....	2014-16
Mar'yea Harris.....	2018-19
Kevin Herd.....	1994
Jeffery Herron.....	2010
John Hickey.....	2007-09
Collin Hofacker.....	2018-19
Ethan Holmes.....	2011-13
Gabe Hull.....	2014, 2015

Sam Joens.....	2014
Ryan Kelly.....	2008
Gary Kostrubala.....	1986
Adam Kunkel.....	2001
Josh Larney.....	2013
Wayne Lawrence Jr.....	2019-20
Harold Leonard.....	1986
Carter Lilly.....	2018-19
Shane Maier.....	2006-08
Aaron Mallett.....	2015-17
Anthuan Maybank.....	1990-94
Jaylan McConico.....	2019-2021
Ronnie McCoy.....	1984
Pat McGhee.....	1986, 1988-89
Jenoah McKiver.....	2022
Michael Melchert.....	2018
Tevin-Cee Mincy.....	2014
Andre Morris.....	1995-96
Jordan Mullen.....	2013
Nathan Mylenek.....	2018
Andy Napier.....	2008
Bill Neumann.....	2002-03
George Page.....	1995-97
Russell Peterson.....	2001
Patrick Richards.....	2010
Ed Rozell.....	1995
Vinnie Saucer, Jr.....	2015, 2016
Zeke Sayon.....	2010
Caesar Smith.....	1984
Robert Smith.....	1984
Erik Sowinski.....	2010-12
Kevin Spejcher.....	2014, 2016
Everett Steward.....	2022
D'Juan Strozier.....	1989-90, 1992
Chris Thompson.....	2018-19
Dion Trowers.....	1998
Reno Tuufuli.....	2016
Micah VanDenend.....	2007
Ray Varner.....	2010
Arno van der Westhuizen.....	2000
Todd Wigginton.....	1984
Steven Willey.....	2010-11
Kenny Williams.....	1984, 1986
O'Shea Wilson.....	2014
Antonio Woodard.....	2018-2020
Chris Voller.....	2005
Bashir Yamini.....	1997-99

Tracy Dahl.....	1992-93
Nan Doak.....	1985
Nicole Erickson.....	2011
Betsy Flood.....	2011-12
Tina Floyd.....	1994
Ashley Granger.....	2006
Ellen Grant.....	1997
Briana Guillory.....	2016, 2018-19
Elexis Guster.....	2014, 2016
Senta Hawkins.....	1988
Tiffany Hendricks.....	2011
Alexis Hernandez.....	2016
Yolanda Hobbs.....	1994-95
MonTayla Holder.....	2014, 2016
Tami Hoskins.....	1989
Amanda Howe.....	2022
Dallyssa Huggins.....	2021
Aisha Hume.....	2003
Aisha James.....	2003
Tiffany Johnson.....	2005-06
Elaine Jones.....	1984
Jenny Kimbro.....	2019
Jeanne Kruckeberg.....	1987-89
Lake Kwaza.....	2014
Karen Layne.....	1990
Ashley Liverpool.....	2011-12
Paige Magee.....	2021
Racheal Marchand.....	2009
Lindsey McCalla.....	2006
Vivien McKenzie.....	1984-86
McKenzie Melander.....	2012
Zinnia Miller.....	2014
Diane Nukuri.....	2007-08
Marlene Poole.....	1994
Bethany Praska.....	2011
Alana Redfern.....	2003
Tanja Reid.....	1994
Peaches Roach.....	2004-07
Rachelle Roberts.....	1989-90
Kim Schneckloth.....	1989
Marieke Schrulle.....	2013
Tria Simmons.....	2019
Gail Smith.....	1985
Shannon Stanley.....	2006
Sarah Steffen.....	2003
Jessie Strand.....	2003
Laulauga Tausga.....	2017-2021
Jahisha Thomas.....	2018
Majesty Tutson.....	2011, 2013
Tara Underwood.....	1997
Lisa Van Steenwyk.....	1993
Aly Weum.....	2019
Renee White.....	2007-09
Khanishah Williams.....	2014
Shellene Williams.....	2003-04
Kaydene Wynter.....	1997



Senior Wayne Lawrence, Jr., was named Big Ten Men's Indoor Track Athlete of the Year and Big Ten Men's Track Athlete of the Indoor Championships in 2020. He led the Hawkeyes to a runner-up team finish with individual titles in the 200 and 400 meters, and anchored the champion 1,600-meter relay. A 12-time All-American, Lawrence is a four-time Big Ten champion who ran on the school record-setting indoor and outdoor 1,600-meter relays.

Women's Honorees

Kineke Alexander.....	2006-08
Krista Anderson.....	2006
Meghan Armstrong ...	2006, 2008
Erica Broomfield.....	1998
Jennifer Brower.....	1992
Brittany Brown.....	2014, 2017-18
Nicole Charles.....	2003
Wynsome Cole.....	1997-98



Big Ten Athletes of the Week

Men's Honorees

Jeremy Allen (F) 1/19/1999; 1/24/2001
 Babatunde Amosu (F) 4/23/2014
 Justin Austin (T) 4/10/2013
 Tony Branch (T) 1/26/1999
 Christian Brissett (T) 3/23/2016
 Jamal Britt (T/F) 1/13/2021 (F); 1/27/2021 (F); 2/17/2021 (T);
 3/31/2021 (F)
 Jim Costello (F) 1/31/2001
 A.J. Curtis (F) 4/10/2007
 Troy Doris (F) 1/30/2012
 Adam Hamilton (F) 5/1/2007
 May'yea Harris (T) 2/6/2019
 John Hickey (F) 1/22/2008; 2/16/2009
 Jay Hung (F) 3/20/2019
 Shane Maier (F) 1/16/2007
 Aaron Mallett (T) 3/25, 2015; 2/17/2016; 4/27/2016; 5/3/2017
 Jaylan McConico (T) 12/18/2019; 1/29/2020; 2/19/2020; 5/5/2021
 Jenoa Mckiver (T) 1/13/2021; 2/2/2022; 2/9/2022; 4/13/2022
 Andy Napier (T) 4/8/2008
 Bill Neumann (F) 4/8/2003
 Erik Sowinski (T) 4/13/2011
 Reno Tuufuli (F) 3/22/2017; 4/12/2017; 3/21/2018; 4/17/2019
 Arno van der Westhuizen (F) 4/12/1999
 Austin West (F) 4/20/2022
 Antonio Woodard (T) 3/21/2018
 Micah VanDenend (T) 4/3/2007
 Ray Varner (T) 4/8/2009

Women's Honorees

Meghan Armstrong (T) 3/25/2008
 Mandy Beck 3/22/1999
 Brittany Brown (T) 4/12/2017; 3/21/2018
 Betsy Flood (T) 5/5/2010
 Briana Guillory (T) 1/24/2018; 2/7/2018
 Elexis Guster (T) 4/13/2016
 LaSarah Hargrove (T) 12/15/2021; 4/13/2022
 MonTayla Holder (T) 1/12/2015
 Amanda Howe (F) 1/13/2021
 Aisha James (F) 4/28/2003
 Karina Joiner (T) 5/12/2021
 Jenny Kimbro (T) 12/12/2018
 Mallory King (T) 1/27/2021
 Diane Nukuri (T) 4/8/2008
 Alana Redfern (F) 5/5/2003
 Peaches Roach (F) 2/20/2007
 Madison Rouw (F) 3/23/2016
 Konstadina Spanoudakis (F) 3/20/2019
 Laulauga Tausaga (F) 4/10/2018; 2/6/2019; 4/10/2019; 4/17/2019;
 4/24/2019; 2/12/2020; 2/19/2020; 3/31/2021; 4/7/2021

T - track athlete, F - field athlete

Big Ten Athlete of the Month

Men's Honorees

Anthuan Maybank Apr. 1993

Women's Honorees

Tracy Dahl Mar. 1992
 Tracy Dahl Feb. 1993
 Yolanda Hobbs Mar. 1995

National & School Honors

Honda Sports Award

2008 Diane Nukuri (finalist)

NCAA Woman of the Year

1992 Jennifer Brower (state winner)
 1994 Tina Stec (national finalist)

Wilma Rudolph Award

2008 Diane Nukuri

Iowa Female Athlete of the Year

1983 Nan Doak
 1989 Jeanne Kruckeberg
 1992 Tracy Dahl
 1993 Tracy Dahl
 2006 Kineke Alexander
 2007 Kineke Alexander
 2008 Diane Nukuri
 2009 Racheal Marchand
 2021 Laulauga Tausaga

USATF Champions

Junior Champions

2006 John Hickey (Shot Put)
 2017 Laulauga Tausaga (Discus)

Pan American Games

Junior Champions

2017 Laulauga Tausaga (Discus)

Senior Champions

2018 Briana Guillory (1,600 meter relay)

USTFCCCA All-Academic Honorees

Amber Aesoph.....2022	Carter Lilly 2015-19
Meghan Armstrong2006	Lia Love.....2022
Krista Anderson2006	Matt Manternach 2018-20
Nicole Berry2022	Paige Magee 2021-22
Alli Bookin-Nosbisch 2021-22	Tiffany Medenhaldt2010
Mariel Bruxvoort 2021-22	McKenzie Melander 2009-10, 2012
Armando Bryson.....2022	Marissa Mueller 2018-19
Talia Buss..... 2017-18	Max Murphy2021
Heaven Chandler2017	Tyler Olson..... 2021-22
Grant Conway.....2020	Nylah Perry2021
Will Daniels..... 2020-21	Clare Pitcher 2021-22
Kevin Dibbern.....2010	Sarah Plock2018
Christopher Douglas..... 2016-19	Bethany Praska..... 2010-11
Erin Dowd2022	Megan Ranegar2012
Brooke Eilers..... 2011-12	Gratt Reed 2020-22
Kassidy Ellis.....2015	Kyle Reid2013
Betsy Flood2012	Keaton Rickels 2012-13
Marta Bote Gonzalez.....2015, 17	Hannah Roeder2009
Spencer Gudgel2022	Victoria Sack2012
Briana Guillory.....2016	Tia Saunders 2020-21
Peyton Haack..... 2020-22	Marieke Schrulle 2012-13
Amanda Hardesty.....2010	Sommer Sharpe.....2018
Jordan Hawkins2022	Andrea Shine 2017-18
Kayla Hutchins.....2021	Hannah Simonson2012
Kaleba Jack2021	Jasmine Simpson 2013-14
Andy Jatis2018	Annemie Smith..... 2012-15
Khullen Jefferson2022	Eric Sowinski.....2010, 12
Jenny Kimbro..... 2018-21	Ben Stancombe 2012-13
Mallory King 2018-20, 2022	Cortney Strohman2021
Jamie Kofron..... 2021-22	Laulauga Tausaga2021
Jackie Laesch2012	Brendan Thompson2017
Aubrianna Lantrip.....2018	Tysen VanDraska 2018-21
Kevin Lewis2012, 14	Payton Wensel.....2022
Tyler Lienau 2020-21	Austin West 2020-21
Austin Lietz2017	

CoSIDA Academic Teams

Academic All-America

1986	Danny Waters
1989	Kim Schneckloth
1990	Lisa Skidmore
1997	Chad Schwitters
1998	Chad Schwitters
2000	Stetson Steele
2012	Erik Sowinski

Academic All-District

1986	Danny Waters
1989	Kim Schneckloth
1990	Lisa Skidmore
1997	Chad Schwitters
1998	Chad Schwitters
2000	Stetson Steele
2006	Tim Brodersen Adam Hamilton
2008	Jolly Burke
2012	McKenzie Melander Erik Sowinski

Big Ten Distinguished Scholars

Recipients of the Big Ten Distinguished Scholar award must be letterwinners in their second academic year at their institution and achieve a minimum grade-point average of 3.7 or higher for the previous academic year. The inaugural award was presented in 2008-09.

Men's Honorees

Sam Bailin2010
Andrew Carman.....2014
A.J. Curtis.....2009
Gage Eller 2017-18
Connor Elmitt2010
Daniel Gardarsson2017
Daniel Gaynes.....2020
Andy Jatis.....2018
Kevin Lewis2014
Carter Lilly2018
Mark Mankivsky2010
Cole Moeller2020
Andy Napier.....2009
Gratt Reed2020, 2022
Kyle Reid2012
Keaton Rickels..... 2011-13
Jeff Roberts.....2020, 2022
Nolan Roethler2020
Karson Sommer2018
Ben Stancombe 2012-13
Brendan Thompson2017
Tysen VanDraska.....2020
Brice Wilson2009

Women's Honorees

Logan Akason 2020-22
Alli Bookin-Nosbisch.....2022
Mariel Bruxvoort 2020-21
Jolly Burke2009
Talia Buss 2018-19
Heaven Chandler 2016-17
Kelli DeGeorge.....2020
Jennie Docherty.....2009
Carly Donahue 2019-20
Brooke Eilers2011
Kassidy Ellis.....2015
Courtney Fritz..... 2013-14
Allison Gattone 2015-16
Marta Bote Gonzalez2018

Emma Gordon2022
Maria Gorham 2020-22
Michaela Haight2014
Amanda Hardesty..... 2010-11
Kelsey Hart2011
Rachel Hawks2009
Lindsay Herra..... 2015-16
Jenny Kimbro 2018-20
Mallory King2020, 2022
Jamie Kofron..... 2021-22
Leah Kralovetz2022
Lake Kwaza2016
Jessica McKee.....2022
McKenzie Melander2011
Kara Misel.....2018
Katie Moore.....2022
Kylie Morken.....2020
Marissa Mueller 2019-21
Elizabeth Niedert.....2018
Lauren Opatrny..... 2017-18
Clare Pitcher2022
Hannah Roeder.....2009, 2011
Sarah Ryan..... 2013-14
Andrea Shine 2017-18
Jasmine Simpson 2013-14
Gabby Skopec.....2022
Amy Smith 2017-18
Konnor Sommer 2021-22
Konstandina Spanoudakis ...2020
Amanda Stahle2014
Addie Swanson 2020-21
Jocelyn Todd2014
Kelli Tosic2022
Ellie Twedt2022
Madison Waymire2018
Kirsten Weismantle 2012-13
Lindsay Welker ... 2018, 2020-21
Payton Wensel.....2022
Alyson Weum 2020-21
Sydney Winger2020



Recipients of the Academic All-Big Ten award must be letterwinners in their second academic year at their institution and achieve a minimum grade-point average of 3.0 or higher for their academic career. The inaugural award was presented in 1986-87.

Men's Honorees

L. J. Albrecht 1989-92	Richard Johnson 2007	Konnor Sommer 2020-22	Lindsay Anderson 2010
Alex Balke 2015	Chase Kadlec 2010, 2012	Daniel Soto 2018-20	Mary Arch 2019-21
Rajeev Balkrishnan 1993	Aiden King 2022	Eric Sowinski 2010-12	Sarah Arens 2001-04
Andy Banse 2003-05	Daniel Klysh 2022	Ben Stancombe 2011-13	Meghan Armstrong 2006-08
Jake Berns 2006	Ryan Lamparek 2009-12	Stetson Steele 1997, 1999-00	Caleigh Bacchus 2009
Ravi B'Have 1995, 1998	Kevin Lewis 2013, 2015	Alec Still 2021-22	Atalie Barber 2002, 2004
Tim Brodersen 2003-06	Tyler Lienau 2021-22	Martin Strong 2022	Holly Barnes 1994
David Brown 1988-91	Austin Lietz 2018-21	Brendan Thompson 2014-17	Alivia Bauer 2022
Armando Bryson 2021-22	Carter Lilly 2016-19	Dion Trowers 1997	Briana Benning 1995-97
Brendan Camplin 2008-09	Ben Lloyd 2003	Nolan Teubel 2017-20	Danielle Berndt 2010-12
Andrew Carman 2012-14	Marco Loureiro 1995-96	Chris Thompson 2018-20	Allison Billhardt 2005
Chris Cassata 1999-00	Jesse Luciano 2008-10	Nick Trattner 2021-22	Kerri Blackstone 1997-99
Raymund Clarke 2019-20	Eric MacTaggart 2006, 2008-09	Jonathan Tullett 1994	Alli Bookin-Nosbisch 2022
Grant Conway 2021-22	Shane Maier 2005-06	Josh Tweedy 2004-05	Grace Bookin-Nosbisch 2022
Brandon Cooley 2018	Mark Mankivsky 2010	Graham Valdes 2009	Becky Borg 1988-89
Trent Corey 1999-02	Matt Manternach 2018-20	Tysen VanDraska 2018-21	Jennifer Brower 1991-92
Jim Costello 2001-02	Steve Marshall 1991, 1994	Austin West 2020-22	Nicole Brown 1997
Mike Cunningham 1999, 2001-02	Brad McCorkle 1990	David White 1991-92	Kelly Breen 2017
A.J. Curtis 2007-09	Pete McDowell 1994	Andy Wiese 1987	Mariel Bruxvoort 2020-22
Kevin Docherty 2016-18	Pat Meade 1987, 1989	Brice Wilson 2008	Ashley Bryja 2020
Cannon Dolan 2007-09	Michael Melchert 2016	Bobby Windauer 2007-08	Sarah Burgett 2005-07
Jim Donovan 1997-99	Cole Moeller 2019-21	Ben Witt 2013, 2015	Jolly Burke 2008-09
Christopher Douglas 2017-19	Sean Moeller 1999-02	Mitch Wolff 2014-17	Dimia Burrell 2022
Jack Eckert 2012-15	Andy Morris 1998-00		Talia Buss 2018-19
Peter Eischeid 1996-98	Steve Morrissey 1991		Katie Butler 2001
Ian Eklin 2017-19	Daniel Murphy 2020		Jenni Capista 2004-05
Lee Elbert 2007-08	Max Murphy 2022		Heaven Chandler 2016-17
Gage Eller 2017-18	Andy Napier 2007-09		Nicole Charles 2001-03
Dawson Ellingson 2021-22	Ryan Niver 2008		Kacey Childs 2000-01
Connor Elmitt 2009-10	Jason Nolting 2004-06		
Joe Estes 1994-96	Chad Ohly 1993-95		
Scott Faber 1999, 2002	Matt O'Hollearn 2004-06		
Andy Flaherty 1988	Tyler Olson 2020-22		
Daniel Gardarsson 2016-17	James Paul 2009-11		
Daniel Gaynes 2018-20	Chris Peters 1997		
Matt Gerard 1992-94	Tim Pleskac 2000		
Mike Gorsline 1989-91	Zack Pluff 2021		
Anthony Gregorio 2015	Justin Poots 2001		
Spencer Gudgel 2020-22	Nathan Prom 2012-14		
Peyton Haack 2020-22	Gratt Reed 2020-22		
Adam Hairston 2010	Kyle Reid 2011-13		
Adam Hamilton 2004-07	Jay Renaud 2008		
Michael Hart 2015	Thomas Reynolds 2010		
Dan Haut 2004-06	Keaton Rickels 2011-13		
Jordan Hawkins 2020-22	Cameron Rieger 2012-13		
Noah Healy 2019-22	Jeff Roberts 2020-22		
Kevin Herd 1991-93	Nolan Roethler 2020-22		
Mark Holtkamp 1996	Marc Roehl 1993-95		
Kaleba Jack 2022	Luke Sampson 2018-20		
Andy Jatis 2017-18	Paul Sarris 1998		
Khullen Jefferson 2022	Mark Schaapveld 2008-09		
Nick Jensen 2017	Zachary Schimp 2009-10		
Jason Joens 1993	Chad Schwitters 1996-99		
Scott Joens 1987	Spencer Smith 2020		
	Karson Sommer 2018-20		

Women's Honorees

Amber Aesoph 2022
Logan Akason 2020-22
Adrienne Alexia 2012-15
Krista Anderson 2007-08



Erik Sowinski (2009-12) is a six-time All-American and won the 800-meter title at the 2012 Big Ten Indoor Championships. He holds the outdoor 800-meter school record.



Academic All-Big Ten Academic Honorees

Leah Colbert 2017-18
 Mika Cox 2020-21
 Traci Claussen 1988-89
 Megan Daniel 1994
 Sarah Dankoff 2002
 Kelli DeGeorge 2018-20
 Brittany Dilhy 2011
 Jennie Docherty 2009
 Carly Donahue 2018-20
 Katie Donlon 2005
 Claire Dupuis 2018
 Claire Edmondson 2022
 Brooke Eilers (Gabbrall) 2012-13
 Jenni Elbert 2006
 Kassidy Ellis 2014-15
 Katie Ellis 2008-09
 Molly Esche 2006-08
 Ashley Espinosa 2018-19
 Fionna Fallon 2010
 Shawn Fleck 1996
 Betsy Flood 2010-12
 Becca Franklin 2007
 Melissa Fraser 1997
 Jill Freed 1989
 Courtney Fritz 2012-14
 Sheila Galbraith 1992
 Allison Gattone 2014-16
 Bryce Gidel 2022
 Marta Gonzalez 2017-18
 Emma Gordon 2020-22
 Maria Gorham 2020-22
 Keelin Gorman 2012
 Ashley Granger 2006
 Briana Guillory 2017

Micaela Haight 2014
 Maggie Hall 1999
 Amanda Hardesty 2010-11
 LaSarah Hargrove 2021-22
 Kelsey Hart 2011-13
 Rachel Hawks 2008-09
 Tiffany Hendricks 2010
 Sarah Henize 2009
 Lindsay Herra 2015-16
 Katie Herrmann 2004
 Julie Hollensbe 2018
 Amanda Howe 2020-22
 Dallyssa Huggins 2020-21
 Aisha Hume 2002-05
 Janelle Jaspers 1988-89
 Jennifer Johnson 1992-93
 Tiffany Johnson 2005-07
 Aditya Jones 2006-07
 Amy Kasparbauer 2000
 Rebecca Kaza 1997-99
 Tammilee Kerr 2006-07
 Jennifer Kiciak 1997-98
 Jenny Kimbro 2018-21
 Mallory King 2018-22
 Tricia Kiraly 1988-89
 Natalie Kleinfelter 1994
 Jamie Kofron 2021-22
 Christine Kotarba 2005
 Leah Kralovetz 2021-22
 Jeanne Kruckeberg 1988, 1990-91
 Kimberly Kruk 1994
 Christine Kubitz 1999
 Jackie Laesch 2010-12
 Michelle Lahann 2001-04

Jordan Laney 2005
 Aubrianna Lantrip 2018-20
 Kylie Latham 2020-21
 Paige Magee 2022
 Shannon Maser 2015
 Meg Maurer 1997
 Christina MacNab 2018
 Grace McCabe 2020-21
 Brooke McKee 2022
 Jessica McKee 2020-22
 Amy McRell 1990-93
 McKenzie Melander 2010-12
 Georgia Millward 2002-04
 Kelsey Mims 2009-12
 Monica Mims 2005-07
 Kara Misel 2018
 Jennifer Moore 1988-89
 Katie Moore 2022
 Raven Moore 2013
 Kylie Morken 2018-20
 Marissa Mueller 2019-21
 Amy Murphy 2000-01
 Sara Murray 1994
 Kara Neustrom 2018
 Elizabeth Niedert 2018
 Erin O'Hern 2005-06
 Tayo Oladele-Ajose 2014
 Valerie Oltman 2000
 Lauren Opatrny 2018
 Kiersten Pauling 1995-97
 Nylah Perry 2022
 Katie Petersen 2022
 Clare Pitcher 2022
 Lena Placzek 2012
 Sarah Plock 2018
 Sophia Ponce 2010
 Beverly Powell 1991
 Bethany Praska 2009-11
 Rachel Price 2013
 Kelsey (Labs) Quinn 2011-12
 Ruqauua Raheem 1998
 Megan Ranegar 2011-12
 Alana Redfern 2003
 Wren Renquist 2019-21
 Ianna Roach 2021-22
 Peaches Roach 2005-07
 Ericka Roberts 2001-02
 Hannah Roeder 2009-11
 Sarah Ryan 2013-14
 Abby Ryon 2022
 Janeth Salazar 1988

Christine Salsberry 1991, 1993-94
 Tia Saunders 2018-21
 Kristi Schmidt 2000
 Jessica Schmidt 2007
 Kim Schneckloth 1987-90
 Jennifer Schoonover 1995
 Mareike Schrulle 2013
 Gina Shannon 1999-2001
 Anna Shearer 2000-01
 Erin Sheeley 2005
 Andrea Shine 2017-19
 Hannah Simonson 2011-12
 Jasmine Simpson 2011-14
 Jordyn Sindt 2016-17
 Gabby Skopec 2021-22
 Annemie Smith 2014-15
 Amy Smith 2017-18
 Michelle Sokol 2004-05
 K. Spanoudakis 2020
 Amanda Stahle 2012-14
 Shannon Stanley 2007
 Tina Stec 1992-94
 Sarah Steffen 2001-03
 Jessie Strand 2001-04
 Kelsey Stueland 2010
 Sherri Suppelsa 1987
 Addie Swanson 2019-21
 Laulauga Tausaga 2020-21
 Patty Tegatz 2020-21
 Tionna Tobias 2021
 Jocelyn Todd 2013
 Kelli Tosic 2022
 Katharina Trost 2015
 Rhonda-Kaye Trusty 2008-09
 Ellie Twedt 2022
 Tara Underwood 1998
 Sheri Van Der Hart 1991-93
 Kim Vinton 1992
 Jamie Voss 1992-93
 Allison Wahrman 2018
 Madison Waymire 2017-18
 Macie Weber 2018-20
 Kirsten Weismantle 2011-13
 Lindsay Welker 2018-21
 Peyton Wensel 2020, 2022
 Aly Weum 2019-21
 Renee White 2007
 Tess Wilberding 2015-17
 Beth Wilson 1989
 Sydney Winger 2020-21
 Jordan Winke 2019



Peaches Roach was a four-time All-American and five-time Big Ten Champion in the high jump (2004-07). She is the only Hawkeye to win five Big Ten titles in one event.



Men's Champions

100 Meters

1942	Leicester Farmer.....	10.1
1996	George Page	10.42

110-Meter Hurdles

1988	Pat McGhee.....	14.15
2017	Aaron Mallett	13.57

200 Meters (Special Invitation)

1983	Jeff Patrick.....	20.47
1994	Anthuan Maybank.....	20.82

400 Meters (Special Invitation)

1993	Anthuan Maybank.....	44.99
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Mile

1957	Deacon Jones.....	4:10.7
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Two Miles

1957	Deacon Jones.....	N/A
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5,000 Meters

2000	- Stetson Steele	14:02.76
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High Jump

1942	Milton Kuhl (5-way tie).....	6-4 (1.93m)
1976	Bill Knoedel.....	7-1 3/4 (2.18m)
1978	Bill Hansen.....	7-1 3/4 (2.18m)

Long Jump

1929	Ed Gordon.....	24-0 3/4 (7.33m)
1930	Ed Gordon.....	24-0 (7.31m)
1931	Ed Gordon.....	23-10 1/2 (7.28m)
1993	Anthuan Maybank (w).....	27-6 3/4 (8.40m)
1996	Bashir Yamini.....	25-1 1/4 (7.65m)
2019	James Carter, Jr.	24-1 (7.34m)
2022	James Carter, Jr. (w) ..	25-8 3/4 (7.84m)

Triple Jump

2012	Troy Doris	53-10 1/4 (16.41m)
2022	James Carter, Jr. (w) ..	51-9 3/4 (15.79m)

Pole Vault

1927	Xavier Boyles	12-9 (3.89m)
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Shot Put

1987	Chris Gambol	59-3 (18.06m)
2004	Ken Kemeny.....	59-11 1/4 (18.27m)
2018	Reno Tuufuli	60-8 1/2 (18.50m)

Discus

1928	Robert Mitchell.....	141-9 (43.22m)
2014	Gabe Hull.....	197-00 (60.05m)
2017	Reno Tuufuli	194-08 (59.34m)
2019	Reno Tuufuli	193-2 (58.88m)

Javelin

1930	L.D. Weldon.....	202-5 (61.70m)
1935	Mark Panther	210-7 (64.18m)
1945	Paul Fagerlind	205-2 (62.54m)
2003	Bill Neumann.....	238-11 (72.83m)

400-Meter Relay

1927	41.8
1928	42.2
1935	41.7
1952	41.5
1998	Trowers, Branch, Davis, Yamini... 40.24
2009	Richardson, Sayon, Richards, Chaney, Jr..... 40.71

800-Meter Relay

1929	1:28.23
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1,600-Meter Relay

1923	3:16.9
1924	3:21.5
1926	3:27.1
1927	3:20.5
1928	3:22.2
1929	3:25.4
1938	3:15.4
1963	3:13.5
1967	3:07.4
2017	Ogwo, Hofacker, Frye, Harris ... 3:07.35
2018	Frye, Lietz, Thompson, Hofacker..... 3:05.05

3,200-Meter Relay

1929	7:57.3	
2017	Manternach, VanDraska, Teubel, Lilly	7:24.77

Distance Medley Relay

1956	10:14.3
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Shuttle Hurdle Relay

1932	1:01.6	
1955	59.3	
1984	58.77	
2022	Conway, Braverman, K. Johnson, Reed	56.74

Sprint Medley Relay

1952	3:23.5
1956	3:23.4
1992	3:21.02
2011	Sayon, Austin, Willey, Sowinski 3:16.18
2016	Saucer, Jr., Brissett, Harris, Lilly 3:18.53
2017	Brissett, Ogwo, Harris, Lilly 3:20.40
2022	Reed, K. Jefferson, Gillum, Still 3:18.06

Women's Champions

100-Meter Hurdles

1998	Paula Ruen.....	13.96
2006	Tiffany Johnson.....	13.58
2007	Tiffany Johnson.....	13.27

400 Meters (Special Invitation)

2006	Kineke Alexander.....	52.05
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400-Meter Hurdles

1998	Wynsome Cole	57.44
2018	Sommer Sharpe	59.73

800 Meters

2016	Mahnee Watts.....	2:07.93
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1,500-Meters

1989	Jeanne Kruckeberg	N/A
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5,000 Meters

2007	Diane Nukuri.....	16:15.28
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10,000 Meters

1992	Jennifer Brower	34:11.58
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Long Jump

2003	Aisha James	22-3 (6.78m)
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Shot Put

2018	Laulauga Tausaga .	54-11 1/4 (16.74m)
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Javelin

2003	Alana Redfern.....	157-9 (48.05m)
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Discus

2013	Majesty Tutson.....	181-1 (55.19m)
2019	Laulauga Tausaga	187-6 (57.13m)

Shuttle Hurdle Relay

1998	Cole, Prendergast, Raheem, Ruen	56.54
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400-Meter Relay

2014	Kwaza, Guster, Hernandez, Brown	44.51
2017	Chapman, Guillory, Hernandez, Brown	45.17

Sprint Medley Relay

2011	Jones, Hendricks, Liverpool, Praska	3:48.63
2016	Kwaza, Guster, Holder, Watts... 3:52.62	
2019	- Christian, Buss, Guillory, Arco	3:54.18

3,200-Meter Relay

1990	8:54.49
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Distance Medley Relay

1989	11:22.18
1990	11:24.12

6,400-Meter Relay

2012	Flood, Laesch, Ranegar, Melander	19:16.73
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w -- wind-aided

Running Events

60 Meters

School: **6.61** **Kalen Walker, 2022**
 Facility: 6.52 Andre Ewers, Florida State, 2018

60-Meter Hurdles

School: 7.52 Jamal Britt, 2021
 Facility: 7.54 Aries Merritt, Nike, 2018

200 Meters

School: 20.67 Karayme Bartley, 2019
 Facility: 20.60 David Neville, Indiana, 2006
 20.60 Kenny Bednarek, Indian Hills CC, 2010

400 Meters

School: **45.39** **Jenoah McKiver, 2022**
 Facility: 46.25 Fred Kerley, Nike, 2018

600 Meters

School: **1:15.36**..... **Jenoah McKiver, 2022**
 Facility: **1:16.08**..... **Jenoah McKiver, 2022**

800 Meters

School: 1:47.33 Carter Lilly, 2017
 Facility: 1:48.04 Erik Sowinski, Unattached, 2021

1,000 Meters

Facility: 2:26.21 Joe McAsey, Notre Dame, 2015

Mile

School: 3:58.72 Jeff Thode, 2011
 Facility: 3:56.66 Olin Hacker, Wisconsin, 2022

3,000 Meters

School: 7:57.06 Kevin Lewis, 2015
 Facility: 7:54.13 Chris Solinsky, Wisconsin, 2006

5,000 Meters

School: 13:43.70 Kevin Lewis, 2015
 Facility: 13:51.34 Chris Solinsky, Wisconsin, 2006

Relays

1,600-Meter

School: **3:02.40**..... **Richards, Gillum, Lawrence, Jr., McKiver - 2022**
 Facility: 3:07.54 Hofacker, Frye, Garron, Harris - 2018

3,200-Meter

School: 7:13.02 Cooke, Nie, Monsey, Chambers - 1990
 Facility: 7:32.25 Brown, Koning, Blumke, Gledhill,
 Michigan State - 1992

Distance Medley

School: 9:33.90 Mylenek, Hofacker, Lilly, Melchert - 2018
 Facility: 9:47.78 Candella, Griffin, Gourley, See,
 Ohio State - 2006

* - distance conversion

Big Ten Championships Retired Records

1,500 Meters

Meet 3:49.90 Ed DeLashmutt, 1981

Mile Relay

Meet 3:09.24 Greer, Williams, Smith, Duckett - 1984

Field Events

Discus

Facility: 191-4 (58.33m) Chase Madison, Unattached, 2015

High Jump

School: 7-3 (2.21m) Bill Knoedel, 1976
 7-3 (2.21m) Bill Hansen, 1978
 Facility: 7-4 1/2 (2.25m) Staffan Strand, Minnesota, 1997

Pole Vault

School: 17-1 (5.21m) Todd Wigginton, 1984
 Facility: 26-5 3/4 (5.70m) KC Lightfoot, Baylor, 2020

Long Jump

School: 26-5 1/2 (8.06m) Anthuan Maybank, 1992
 Facility: 26-5 3/4 (8.07m) Damar Forbes, Puma, 2018

Triple Jump

School: 54-0 (16.46m) Troy Doris, 2011
 Facility: 53-8 (16.35m) Troy Doris, Guyana, 2018

Shot Put

School: 64-2 1/2 (19.57m) Nikolas Curtiss, 2022
 Facility: 67-11 3/4 (20.72m) ... Nicholas Ponzio,
 VelassaTC/Garage, 2020

Weight Throw

School: 72-10 (22.20)..... Tyler Lienau, 2022
 Facility: 71-1 1/4 (21.66m) Vlad Pavlenko, Iowa State, 2019

Pentathlon

School: 3,460 points Scott Faber, 2000

Heptathlon

School: **5,832 points** **Austin West, 2022**
 Facility: 5,648 points Benjamin Jensen, Minnesota, 1997

Iowa Retired Records

55 Meters

School: 6.23 Robert Smith, 1984
 Facility: 6.27 Cory Pryor, Michigan State, 1989

55-Meter Hurdles

School: 7.14 Pat McGhee, 1989
 Facility: 7.07 Reggie Torian, Wisconsin, 1997

300 Yards

School: 30.08 Victor Greer, 1984
 Facility: 30.54 Terrence Duckett, Iowa, 1984

300 Meters

School: 36.02 Rajeev Balkrishnan, Iowa, 1992
 Facility: 34.41 Ron Brown, Purdue, 1992

600 Yards

School: 1:09.60 Terrence Duckett, 1984
 Facility: 1:09.54 Ray Armstead, NE Missouri State, 1984

1,000 Yards

School: 2:10.0 Joel Moeller, 1977
 Facility: 2:10.0 Joel Moeller, Iowa, 1977

1,000 Meters

School: 2:24.53 Bill Theisen, 1986
 Facility: 2:27.69 Brian Peppard, Notre Dame, 1992

Two Miles

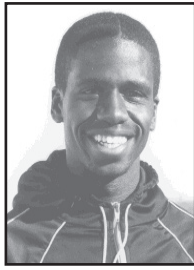
School: 8:53.91 Jeff Thode, 2012
 Facility: 8:47.5 Dave Johnson, Minnesota, 1977



Karayme Bartley



Jamal Britt



Rodney Chambers



Nikolas Curtiss



Troy Doris



Julien Gillum



Bill Hansen

60 Meters

1. Kalen Walker, 20226.61
2. Justin Austin, 2011 6.69
3. Vinnie Saucer, Jr., 2016..... 6.70
4. Austin Kresley, 2021.....6.72
5. Kurt Felix, 1999..... 6.73
Tevin-Cee Mincy, 2014 6.73
7. Josh Larney, 2013 6.74
Christian Brissett, 2017 6.74
9. Troy Doris, 2012 6.75
10. O'Shea Wilson, 2017 6.75

60-Meter Hurdles

1. Jamal Britt, 2021 7.52
2. Jaylan McConico, 2020..... 7.60
3. Aaron Mallett, 2017 7.64
4. Jordan Mullen, 2013..... 7.70
5. Grant Conway, 2022.....7.72
Gratt Reed, 2022.....7.72
7. Chris Douglas, 2019..... 7.75
8. Ethan Holmes, 2013 7.82
Josh Braverman, 2021 7.82
10. Dion Trowers, 1997 7.87

200 Meters

1. Karayme Bartley, 2019..... 20.67
2. Justin Austin, 2011 20.80
3. Wayne Lawrence, Jr., 2020.....20.85
4. Antonio Woodard, 2019..... 20.89
5. Khullen Jefferson, 2022.....20.93
6. Gratt Reed, 2022.....21.03
7. Chadrick Richards, 2022.....21.09
8. Anthuan Maybank, 1993 21.11
9. Austin Kresley, 2021.....21.12
10. Bashir Yamini, 1999 21.19

400 Meters

1. Jenoa McKiver, 202245.39
2. Wayne Lawrence Jr., 202145.40
3. Mar'yea Harris, 2017 45.75
4. Chadrick Richards, 202246.01
5. Karayme Bartley, 2019..... 46.25
6. Emmanuel Ogwo, 2017 46.45
7. Steven Willey, 2010 46.75
8. Terrence Duckett, 1984..... 46.81
9. Collin Hofacker, 2017 46.82
10. Julien Gillum, 2022.....46.88

600 Meters

1. Jenoa McKiver, 20221:15.36
2. Julien Gillum, 2022.....1:16.11
3. Wayne Lawrence, Jr., 20201:16.55
4. Mar'yea Harris, 2019 1:16.60
5. Tyler Olson, 20221:16.70
6. Spencer Gudgel, 2022.....1:16.82
7. Armando Bryson, 2022.....1:16.89
8. Erik Sowinski, 2012 1:16.91
9. Austin Lietz, 2020 1:17.03
10. Carter Lilly, 2017 1:17.20

800 Meters

1. Carter Lilly, 2017 1:47.33
2. Erik Sowinski, 2012 1:47.62
3. Will Teubel, 2016 1:47.74
4. Antonio Abrego, 20221:48.47
5. Pavlo Hutsalyuk, 2016..... 1:48.97
6. Ryan Weir, 2013 1:49.11
7. Adam Hairston, 2010 1:49.26
8. Nathan Prom, 2013..... 1:49.29
9. Matt Manternach, 2020..... 1:49.35
10. Alex Birkett, 2020..... 1:49.47

Mile

1. Jeff Thode, 2011 3:58.72
2. Ed DeLashmutt, 1981..... 4:04.01
3. Kal Lewis, 2021.....4:04.21
4. Adam Jones, 2017..... 4:04.28
5. Michael Melchert, 2018 4:04.32
6. Larry Wiczorek, 1968 4:04.40
7. Nathan Mylenek, 2019 4:04.88
8. Max Murphy, 20224:05.45
9. John Clark, 1972 4:05.94
10. Ben Witt, 2014 4:07.08

3,000 Meters

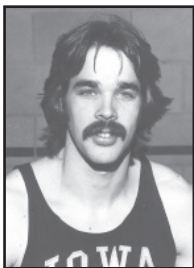
1. Kevin Lewis, 2015 7:57.06
2. Nathan Mylenek, 2020 7:58.37
3. Max Murphy, 20217:59.30
4. Jeff Thode, 2011 8:00.38
5. Micah VanDenend, 2006 8:00.81
6. Daniel Soto, 2020..... 8:06.04
7. Michael Melchert, 2018 8:08.30
8. Eric MacTaggart, 2006 8:08.79
9. Stetson Steele, 2000 8:09.54
10. Nick Trattner, 20228:10.03

5,000 Meters

1. Kevin Lewis, 2015 13:43.70
2. Micah VanDenend, 2007 13:56.46
3. Max Murphy, 202213:58.87
4. Daniel Soto, 2020..... 13:58.97
5. Stetson Steele, 2000 14:00.52
6. Nick Trattner, 202214:00.69
7. Dan Haut, 2006..... 14:06.16
8. Noah Healy, 2021..... 14:12.47
9. Eric MacTaggart, 2006 14:13.41
10. Jeff Thode, 2011 14:16.00



Collin Hofacker



Bill Knoedel



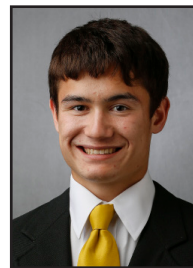
Wayne Lawrence, Jr.



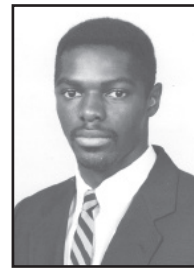
Kevin Lewis



Tyler Lienau



Carter Lilly



Anthuan Maybank



Men's Indoor All-Time Top 10 Performers



Jaylan McConico



Jenoah McKiver



Michael Melchert



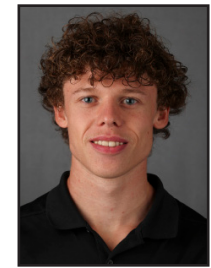
Nathan Mylenek



Chadrick Richards



Jeff Thode



Kalen Walker

Heptathlon

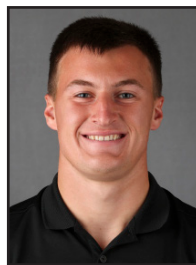
1. **Austin West, 2022..... 5,832 points**
2. **Peyton Haack, 2021 5,749 points**
2. Will Daniels, 2020..... 5,689 points
3. William Dougherty, 2018.. 5,606 points
5. Kyle Reid, 2013 5,354 points
6. Dan Rolling, 2010 5,205 points
7. Jack Eckert, 2015 5,188 points
8. Daniel Gaynes, 2018..... 5,162 points
9. Ryan Niver, 2008..... 5,149 points
10. Frank Prill, 2010..... 5,015 points

High Jump

1. Bill Knoedel, 1976..... 7-3 (2.21)
- Bill Hansen, 1978..... 7-3 (2.21)
3. Scott Hudek, 1993 7-0 1/2 (2.15)
- Kevin Speicher, 2015 7-0 1/2 (2.15)
5. Pat Meade, 1987 7-0 1/4 (2.14)
6. Mike Lacy, 1984 7-0 (2.13)
7. M. Cunningham, 1984.. 6-11 1/4 (2.11)
8. Jeffery Herron, 2010..... 6-11 (2.11)
- Peter Hlavin, 1980 6-11 (2.11)
- Brandon Oest, 2010 6-11 (2.11)
- Dan Rolling, 2008 6-11 (2.11)
- Graham Valdes, 2010 6-11 (2.11)
- Peter Andreano, 2016 6-11 (2.11)

Pole Vault

1. Todd Wigginton, 1984 17-1 (5.21)
2. Dave Nielsen, 1975..... 16-10 (5.13)
3. Kyle Reid, 2013 16-6 3/4 (5.05)
- Andy Jatis, 2018 16-6 3/4 (5.05)
5. Curt Brock, 1979..... 16-6 (5.03)
6. Peyton Haack, 2019..... 16-4 3/4 (5.00)
- Alex Zona, 2010..... 16-4 3/4 (5.00)
8. Phil Wertman, 1971 16-4 (4.98)
9. Jeff Raymond, 2008..... 16-2 (4.93)
10. John Teffer, 1972 16-1 (4.90)



Austin West



Todd Wigginton

Long Jump

1. Anthuan Maybank, 1992..26-5 1/2 (8.06)
2. Bashir Yamini, 1998.....26-0 1/4 (7.93)
3. O'Shea Wilson, 201725-9 1/2 (7.86)
4. **James Carter, Jr. 2022 25-2 1/2 (7.68)**
5. Darren Smith, 1991 25-2 (7.67)
6. Paul Jones, 1990.....24-11 1/4 (7.60)
- Jamal Britt, 202124-11 1/4 (7.60)
8. Josh Larney, 2013 24-10 (7.57)
9. Ronnie McCoy, 1984..... 24-9 (7.54)
10. Matty Gorman, 2006.....24-8 1/2 (7.53)

Triple Jump

1. Troy Doris, 2011 54-0 (16.46)
2. Babatunde Amosu, 201552-8 3/4 (16.07)
3. Paul Jones, 1990.....52-1 1/4 (15.88)
- Klyvens Delaunay, 2014.52-1 1/4 (15.88)
5. **James Carter, Jr. 2022 .. 51-3 3/4 (15.64)**
6. Mike Lacy, 1983 49-0 (14.93)
7. Owen Gill, 1982.....48-10 3/4 (14.90)
8. Josh Bean, 2009 48-10 (14.88)
9. David Nsabua, 2013 48-9 (14.86)
10. Kerry Dean, Jr., 2016.....48-8 1/4 (14.84)

Shot Put

1. Nikolas Curtiss, 2022 . 64-2 1/2 (19.57m)
2. Reno Tuufuli, 201863-3 1/4 (19.28)
3. John Hickey, 2009 63-0 (19.20)
4. Jeremy Allen, 2001.....62-10 1/2 (19.16)
5. Avery Meyers, 2017.....61-4 1/4 (18.70)
6. Shane Maier, 2006..... 61-2 (18.64)
7. Gary Kostrubala, 1986.60-10 3/4 (18.55)
8. Andy Banse, 2005.....60-9 1/4 (18.52)
9. **Elijah Barnes, 2021 60-8 (18.49)**
10. Ken Kemeny, 200460-0 1/2 (18.30)

Weight Throw

1. Tyler Lienau, 2022 72-10 (22.20)
2. Jim Costello, 200269-4 3/4 (21.15)
3. Matt Banse, 2012 67-8 (20.62)
4. Arno van der Westhuizen, 200167-7 1/2 (20.61)
5. **Sean Smith, 2022..... 67-3 1/4 (20.50)**
6. Adam Hamilton, 2007 ...66-9 1/4 (20.35)
7. Jordan Hawkins, 2022 .65-11 1/2 (20.11)
8. Jeremy Allen, 2001 65-10 (20.07)
9. **Jordan Johnson, 2022 63-10 1/4 (19.47)**
10. Chris Voller, 2005..... 63-4 (19.30)

1,600-Meter Relay

1. **Richards, Gillum, Lawrence, Jr. McKiver, 2022 3:02.40**
2. Bartley, Woodard, **Lawrence Jr., Harris, 2019 3:04.76**
3. Frye, Clarke, Woodard, **Lawrence, Jr., 2020 3:04.91**
4. Ogwo, Hofacker, Frye, Harris, 2017 3:04.94
5. Hofacker, Frye, Garron, Harris, 2018 3:05.33
6. **Steward, Gillum, Bryson, McKiver, 2022. 3:05.47**
7. **K. Jefferson, Gillum, Richards, McKiver 2022 3:05.63**
8. **Gillum, Gudge, Lawrence, Jr., McKiver, 2022 3:05.68**
9. Thompson, Frye, Garron, Harris, 2018 3:06.06
10. Richards, E. Holmes, Sowinski, Willey, 2011 3:06.66

3,200-Meter Relay

1. Cooke, Nie, Monsey, Chambers, 1990..... 7:13.02
2. Corrigan, Blackman, Strozier, Chambers, 1989 7:29.00
3. English, Blackman, Strozier, Chambers, 1989 7:36.20
4. 1977 7:39.40
5. 1986 7:40.90
6. Bouske, Herd, Chambers, Koon, 1992 7:43.94
7. Bouska, Cook, White, Herd, 1992..... 7:48.63
8. 1992 7:49.86
9. 1986 7:50.10
10. Roseman, Rerko, Novotny, Branigan, 1993 7:51.36

Distance Medley Relay

1. Mylenek, Hofacker, Lilly, Melchert, 2018 . 9:33.90
2. **Abrego, Lawrence, Jr., Still, Murphy, 2022 9:39.60**
3. **Lewis, Woody, Still, Murphy, 2021 9:42.16**
4. Lilly, Frye, Manternach, Jones, 2017 9:44.07
5. Mylenek, Thompson, Lilly, Melchert, 2018 9:45.10
6. Prom, Rickels, Sowinski, Thode, 2012 9:45.41
7. Birkett, Clarke, **Still, D. Murphy, 2020 9:46.39**
8. 1999 9:46.83
9. 1977 9:48.80
10. 1978 9:49.70



Running Events

60 Meters

School: **7.25** LaSarah Hargrove, 2022
 Facility: 7.14 Aleia Hobbs, LSU, 2018

60-Meter Hurdles

School: 8.21 Karessa Farley, 2009
 Facility: 7.90 Ackera Nugent, Baylor, 2022

200 Meters

School: 22.79 Brittany Brown, 2017
 Facility: 23.44 Consuella Moore, Penn State, 2004

400 Meters

School: 51.48 Kineke Alexander, 2007
 Facility: 52.35 Georgeanne Moline, Nike, 2018

600 Yards

School: 1:21.06 Senta Hawkins, 1987

600 Meters

School: 1:27.45 Kineke Alexander, 2008
 Facility: 1:27.45 Kineke Alexander, 2008

800 Meters

School: 2:04.56 Mallory King, 2022
 Facility: 2:03.48 Carly Muscaro, Unattached, 2018

1,000 Meters

School: 2:38.44 Jenny Hayden, 1982

Mile

School: 4:39.78 McKenzie Melander, 2011
 Facility: 4:35.48 Alex Wilson, Unattached, 2022

3,000 Meters

School: 9:15.57 Tracy Dahl, 1993
 Facility: 9:24.49 Bethany Hasz, Minnesota, 2021

5,000 Meters

School: 15:49.52 Tracy Dahl, 1993
 Facility: 16:47.41 Amy Legacki, Indiana, 1991

Relays

1,600-Meter

School: 3:32.38 **Bruxvoort, Roberts**, Wensel, King - 2022
 Facility: 3:33.80 Thomas, Moline, Hill, Barrie,
 Unattached, 2019

3,200-Meter

School: 8:41.38* Schneckloth, Roberts, Hoskins,
 Kruckeberg - 1989
 Facility: 8:57.61 Nortz, Kluge, Yates, Bannister,
 Michigan - 1991

Distance Medley

School: 11:20.11 Armstrong, Alexander, L. Hardesty,
 Nukuri - 2008
 Facility: 11:33.76 Parker, Simms, Hirtle, Erdman,
 Michigan - 2004

* - distance conversion

Field Events

Discus

Facility: 157-4 (47.97m) Dakotah Goodell, 2015

High Jump

School: 6-0 3/4 (1.85m) Peaches Roach, 2005
 Facility: 6-0 (1.83m) Carri Long, Unattached, 2002
 6-0 (1.83m) Peaches Roach, Iowa, 2007

Pole Vault

School: 12-5 1/2 (3.80m) Jessie Strand, 2004
 Facility: 14-5 1/4 (4.40m) Emily Grove, Unattached, 2017

Long Jump

School: 21-0 3/4 (6.42m) Jahisha Thomas, 2018
 Facility: 21-3 (6.50m) Jahisha Thomas, Great Britain, 2019

Triple Jump

School: 43-4 1/2 (13.22m) Jahisha Thomas, 2018
 Facility: 44-6 1/2 (13.57m) Jhoanmy Lugque, 2017, Iowa State

Shot Put

School: 58-11 1/4 (17.96m) ...Laulauga Tausaga, 2020
 Facility: 60-6 (18.44m) Rachel Fatherly,
 Velaasa TC/Garage, 2020

Weight Throw

School: 76-3 3/4 (23.26m) Laulauga Tausaga, 2019
 Facility: 76-6 (23.33m) Kaitlyn Long, Unattached, 2019

Pentathlon

School: 4,269 points Jenny Kimbro, 2020
 Facility: 4,104 points Georgia Ellenwood, Wisconsin, 2017

Iowa Retired Records

55 Meters

School: 6.80 Elaine Jones, 1983
 Facility: 6.94 Regina Frye, Indiana, 1991

55-Meter Hurdles

School: 7.91 Davera Taylor, 1985
 Facility: 7.75 Tonja Buford, Illinois, 1991

300 Meters

School: 37.82 Elaine Jones, 1984

Pentathlon

School: 4,079 points Kathy Gillespie, 1982



Women's Indoor All-Time Top 10 Performers



Kineke Alexander



Meghan Armstrong



Brittany Brown



Mariel Bruxvoort



Tracy Dahl



Karessa Farley



Lauren Hardesty

60 Meters

1. **LaSarah Hargrove, 2022**.....**7.25**
2. Lake Kwaza, 2016..... 7.33
3. Brittany Brown, 2017..... 7.39
4. **Lia Love, 2022****7.40**
5. Elaine Jones, 1983..... 7.43
6. Kyara Avant, 2018..... 7.44
7. Peaches Roach, 2005..... 7.45
Antonise Christian, 2020..... 7.45
9. Shellene Williams, 2004..... 7.50
10. Briana Guillory, 2017..... 7.51

60-Meter Hurdles

1. Karessa Farley, 2009..... 8.21
2. Jenny Kimbro, 2020..... 8.22
3. **Paige Magee, 2022**.....**8.26**
Myreanna Bebe, 2022.....**8.26**
5. Tiffany Johnson, 2006..... 8.33
6. Jahisha Thomas, 2017..... 8.35
7. Paula Ruen, 1998..... 8.39
8. Tria Simmons, 2019..... 8.40
9. **Tionna Tobias, 2022**.....**8.40**
10. **Miya Brines, 2022**.....**8.43**

200 Meters

1. Brittany Brown, 2017..... 22.79
2. Briana Guillory, 2018..... 23.22
3. Kineke Alexander, 2006..... 23.49
4. Lake Kwaza, 2016..... 23.54
5. **LaSarah Hargrove, 2022**.....**23.55**
6. Shellene Williams, 2004..... 23.62
7. Marlene Poole, 1994..... 23.66
Yolanda Hobbs, 1995..... 23.66
9. Erica Broomfield, 1998..... 23.81
10. Antonise Christian, 2020..... 23.89

400 Meters

1. Kineke Alexander, 2007..... 51.48
2. Briana Guillory, 2018..... 51.68
3. Elexis Guster, 2016..... 52.36
4. Ellen Grant, 1996..... 52.65
5. Shellene Williams, 2004..... 52.83
6. Alexis Hernandez, 2017..... 53.42
7. **Tesa Roberts, 2022**.....**53.91**
8. Ashley Liverpool, 2011..... 54.09
9. MonTayla Holder, 2015..... 54.32
10. **Nylah Perry, 2021**.....**54.43**

600 Yards

1. Senta Hawkins, 1987..... 1:21.06
2. Aisha Hume, 2004..... 1:21.74
3. Kay Stormo, 1982..... 1:22.49
4. Nicole Erickson, 2012..... 1:22.61
5. Mahnee Watts, 2016..... 1:22.72
6. Bethany Praska, 2009..... 1:23.12
7. Hannah Simonson, 2012..... 1:23.18
8. Chris Davenport, 1982..... 1:24.14
9. Kaitlyn Nelson, 2015..... 1:24.52
10. Sophia Poncè, 2007..... 1:24.55

600 Meters

1. Kineke Alexander, 2008..... 1:27.45
2. Bethany Praska, 2011..... 1:28.14
3. Mallory King, 2022..... 1:28.45
4. MonTayla Holder, 2016..... 1:29.35
5. **Clare Pitcher, 2022**.....**1:29.36**
6. Tia Saunders, 2020..... 1:29.83
7. Payton Wensel, 2020..... 1:29.87
8. Mahnee Watts, 2016..... 1:30.41
9. **Jaiden Itson, 2022**.....**1:30.69**
10. Senta Hawkins, 1987..... 1:30.77

800 Meters

1. Mallory King, 2022..... 2:04.56
2. Bethany Praska, 2011..... 2:05.01
3. Jeanne Kruckeberg, 1989..... 2:06.38
4. Michelle Lahann, 2004..... 2:06.83
5. Katharina Trost, 2014..... 2:07.38
6. **Clare Pitcher, 2022**.....**2:07.56**
7. **Alli Bookin-Nosbisch, 2022**.....**2:08.38**
8. Mahnee Watts, 2014..... 2:08.79
9. Tia Saunders, 2020..... 2:08.83
10. Taylor Arco, 2020..... 2:08.94

Mile

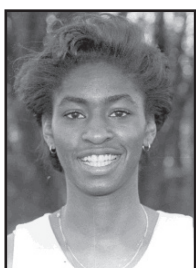
1. McKenzie Melander, 2011..... 4:39.78
2. Jeanne Kruckeberg, 1989..... 4:40.19
3. Meghan Armstrong, 2006..... 4:40.59
4. Rachelle Roberts, 1990..... 4:40.79
5. Lauren Hardesty, 2011..... 4:41.01
6. **Amber Aesoph, 2022**.....**4:41.58**
7. Tina Stec, 1994..... 4:42.63
8. Betsy Flood, 2010..... 4:42.70
9. Penny O'Brien, 1981..... 4:43.72
10. Diane Nukuri, 2007..... 4:46.25

3,000 Meters

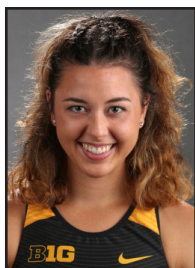
1. Tracy Dahl, 1993..... 9:15.57
2. Meghan Armstrong, 2008..... 9:17.50
3. Diane Nukuri, 2008..... 9:20.07
4. Betsy Flood, 2011..... 9:20.09
5. Nan Doak, 1982..... 9:21.60
6. Jenny Spangler, 1986..... 9:22.41
7. Mareike Schrulle, 2012..... 9:23.97
8. Brooke Eilers, 2012..... 9:27.92
9. McKenzie Melander, 2012..... 9:29.71
10. Krista Anderson, 2006..... 9:29.75



LaSarah Hargrove



Senta Hawkins



Jenny Kimbro



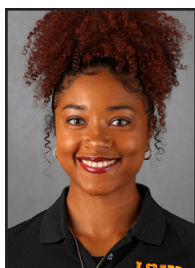
Mallory King



McKenzie Melander



Diane Nukuri



Tesa Roberts



Peaches Roach



Jessie Strand



Lauauga Tausaga



Jahisha Thomas



Payton Wensel

5,000 Meters

1. Tracy Dahl, 1993 15:49.52
2. Nan Doak, 1985 15:55.45
3. Racheal Marchand, 2009 15:55.70
4. Diane Nukuri, 2008 16:01.36
5. Jenny Spangler, 1982 16:08.74
6. Judy Parker, 1981 16:16.63
7. Betsy Flood, 2011 16:20.67
8. Andrea Shine, 2018 16:21.53
9. Jennifer Brower, 1992 16:22.19
10. Nikki Chapple, 2004 16:27.04

Pentathlon

1. Jenny Kimbro, 2020 4,269 points
2. Tria Simmons, 2019 4,200 points
3. Tammilee Kerr, 2008 3,974 points
4. Dallyssa Huggins, 2021 3,881 points
5. Chris Davenport, 1983 3,798 points
6. Kamesha Marshall, 2005 3,701 points
7. **Tionna Tobias, 2022 3,674 points**
8. Tiff Pedersen, 2004 3,511 points
9. Sarah Ryan, 2013 3,472 points
10. Maureen Abel, 1979 3,427 points

High Jump

1. Peaches Roach, 2005 6-0 3/4 (1.85)
2. Mary Mol, 1983 6-0 (1.83)
3. Khanishah Williams, 2013 5-11 1/4 (1.81)
4. Dallyssa Huggins, 2020 5-10 (1.78)
5. Becky Kaza, 1995 5-9 3/4 (1.77)
6. Caleigh Bacchus, 2010 5-9 1/4 (1.76)
- Aubrianna Lantrip, 2019 5-9 1/4 (1.76)
8. Gillian Urycki, 2018 5-8 3/4 (1.75)
9. Kristi Dinkla, 1985 5-8 1/2 (1.74)
- Kacey Childs, 2001 5-8 1/2 (1.74)

Pole Vault

1. Jessie Strand, 2004 12-5 1/2 (3.80)
2. Amy Smith, 2017 11-11 3/4 (3.65)
3. Sarah Burgett, 2007 11-10 (3.61)
4. Kirsten Weismantle, 2011 11-5 3/4 (3.50)
5. Brittany Holst, 2013 11-3 3/4 (3.45)
6. Katie Truedson, 2010 10-11 3/4 (3.35)
7. Gina Shannon, 2001 10-6 (3.20)
8. Kacey Childs, 2001 9-0 (2.75)
9. Amy Kasparbauer, 2000 8-0 (2.44)

Long Jump

1. Jahisha Thomas, 2018 21-0 3/4 (6.42)
2. Zinnia Miller, 2014 20-4 1/4 (6.20)
3. Tionna Tobias, 2022 20-1 1/2 (6.13)
4. Carisa Leacock, 2014 19-9 1/2 (6.03)
5. Lisa Moats, 1986 19-6 (5.95)
6. Cassidy Ellis, 2015 19-5 1/2 (5.93)
7. Jenny Kimbro, 2020 19-4 (5.89)
8. Renee White, 2006 19-3 1/4 (5.87)
9. Tiffany Johnson, 2007 19-2 1/2 (5.85)
10. Tria Simmons, 2018 19-2 (5.84)

Triple Jump

1. Jahisha Thomas, 2018 ... 43-4 1/2 (13.22)
2. Renee White, 2008 42-4 (12.90)
3. Amanda Carty, 2019 42-1 1/2 (5.88)
4. Tria Simmons, 2017 42-1 1/4 (12.83)
5. Tiffany Johnson, 2007 41-3 3/4 (12.59)
6. Eavion Richardson, 2021 41-3 1/4 (12.58)
7. Zinnia Miller, 2014 41-2 1/2 (12.56)
8. **Kayla Hutchins, 2022 40-9 3/4 (12.44)**
9. Hannah Schlib, 2019 40-7 (12.37)
10. Carisa Leacock, 2012 40-5 1/2 (12.33)

Shot Put

1. Lauauga Tausaga, 2020 58-11 1/4 (17.96)
2. Nia Britt, 2019 54-11 1/2 (16.75)
3. **Kat Moody, 2022 53-6 1/2 (16.32)**
4. Nicole Berry, 2022 52-6 3/4 (16.02)
5. Erika Hammond, 2019 ... 51-3 1/2 (15.63)
6. Gail Smith, 1985 51-0 (15.54)
7. Lisa Van Steenwyk, 1993 50-5 1/4 (15.37)
8. **Jamie Kofron, 2021 50-0 3/4 (15.26)**
9. Kamesha Marshall, 2005 49-2 1/4 (14.99)
10. Denise Taylor, 1992 48-9 (14.86)

Weight Throw

1. Lauauga Tausaga, 2019. 76-3 3/4 (23.26)
2. **Amanda Howe, 2022 69-8 (21.23)**
3. Nia Britt, 2022 68-8 1/2 (20.94)
4. **Jamie Kofron, 2022 67-4 3/4 (20.54)**
5. Ashlyn Gulvas, 2013 63-6 (19.35)
6. Jasmine Simpson, 2013 . 62-6 1/2 (19.06)
7. Annemie Smith, 2014 61-4 (18.69)
8. Kelsey Taylor, 2011 60-4 1/2 (18.40)
9. **Alivia Bauer, 2021 59-5 (18.11)**
10. Allison Wahrman, 2020 . 59-1 1/2 (18.02)

1,600-Meter Relay

1. **Bruxvoort, Roberts, Wensel, King,**
2022 3:32.38
2. Holder, Guillory, Hernandez, Guster,
2016 3:32.93
3. Champe, Guillory, Brown, Plock,
2018 3:33.19
4. Sharpe, Guillory, Brown, Champe,
2018 3:34.34
5. **Bruxvoort, Wensel, King, Roberts,**
2022 3:35.73
6. **Bruxvoort, Wensel, Itson, Roberts,**
2022 3:35.90
7. Holder, Guster, Hernandez, Guillory,
2016 3:36.47
8. Liverpool, Hendricks, Praska, Erickson,
2011 3:36.97
9. Holder, Hernandez, Guster, Guillory,
2016 3:36.99
10. Hernandez, Holder, Guster, Watts,
2014 3:37.16

Distance Medley Relay

1. Armstrong, Alexander, L. Hardesty,
Nukuri, 2008 11:20.11
2. **Gordon, Bruxvoort, G. Bookin-Nosbisch,**
Aesoph, 2022 11:21.29
3. Melander, Hendricks, L. Hardesty,
Eilers, 2011 11:22.44
4. Stormo, Davenport, Williams,
O'Brien, 1981 11:23.02
5. Melander, Praska, Hendricks, Flood,
2011 11:24.47
6. Flood, Hendricks, L. Hardesty, Melander,
2010 11:25.01
7. Melander, Hendricks, Flood, Marchand, 2009
11:27.34
8. Benning, Poole, Salsberry, Stec,
1994 11:28.03
9. Stormo, Davenport, Hayden, Doak,
1982 11:29.54
- Armstrong, Granger, Stanley, K. Anderson,
2006 11:29.54

Running Events

100 Meters

School: **10.20** **Kalen Walker, 2022**
 Facility: 10.06 Brandon Carnes, Northern Iowa, 2017

110-Meter Hurdles

School: 13.23 Jaylan McConico, 2021
 Facility: 13.49 Andrew Riley, Illinois, 2011

200 Meters

School: 20.31 Justin Austin, 2011
 Facility: 20.23 Nick Gray, Ohio State, 2019

400 Meters

School: **44.74** **Jenoah McKiver, 2022**
 Facility: 44.87 Andrew Pierce, Ohio State, 2000

400-Meter Hurdles

School: 48.83 Pat McGhee, 1989
 Facility: 48.94 Joey Woody, Unattached, 2004

800 Meters

School: 1:45.90 Erik Sowinski, 2012
 Facility: 1:47.49 Erik Sowinski, Unattached, 2022

1,500 Meters

School: **3:40.63** **Max Murphy, 2022**
 Facility: 3:42.69 Justine Kiprotich, Michigan State, 2019

3,000-Meter Steeplechase

School: 8:35.41 Nathan Mylenek, 2021
 Facility: 8:38.07 Charles Marsala, Indiana, 1987

5,000 Meters

School: 13:49.31 Micah VanDenend, 2007
 Facility: 13:47.39 Scott Fry, Wisconsin, 1987

10,000 Meters

School: 28:44.47 Stetson Steele, 2000
 Facility: 29:04.79 Hassan Mead, Minnesota, 2011

Relays

400-Meter

School: 39.03 **Walker, Kresley, Reed, K. Jefferson, 2022**
 Facility: 39.39 Purdue, 2019

Shuttle Hurdle

School: 56.74 **Conway, Braverman, K. Johnson, Reed, 2022**

800-Meter

School: 1:23.02 James, Mallett, Harris, B. Thompson, 2017

1,600-Meter

School: **3:00.14** **Lawrence Jr., Woodard, Bartley, Harris, 2019**
 Facility: 3:05.56 Olson, Homewood, Rock, Woody,
 Unattached - 2007

Sprint Medley

School: 3:15.64 McCorkle, Jones, Chung, Strozier - 1990

3,200-Meter

School: 7:18.60 Schum, Christensen, Steffen, Criswell - 1971

Distance Medley

School: 9:39.94 Pershing, Moeller, Slack, Docherty - 1978

6,400-Meter

School: 16:27.70 Pershing, Fuller, Moeller, Docherty - 1978

Field Events

High Jump

School: 7-4 1/4 (2.24 m) Jeffery Herron, 2012
 Facility: 7-3 3/4 (2.23 m) Jon Baer, Wisconsin, 1987
 7-3 3/4 (2.23 m) Mayson Conner, Nebraska, 2019

Pole Vault

School: 17-0 (5.18 m) Todd Wigginton, 1984
 Facility: 17-7 (5.41 m) Jeff Coover, Unattached, 2016
 17-7 (5.41 m) Adam Coulon, Indiana, 2019

Long Jump

School: 27-1 (8.25 m) Anthuan Maybank, 1993
 27-6 3/4 (8.40 m)^ Anthuan Maybank, 1993
 Facility: 26-2 1/4 (7.98 m) Bashir Yamini, Iowa, 1997

Triple Jump

School: 54-8 (16.66 m) Troy Doris, 2012
 Facility: 55-2 (16.81 m) Greg Yeldell, Indiana, 2000

Shot Put

School: 65-9 (20.04m) Nikolas Curtiss, 2022
 Facility: 70-4 1/2 (21.45 m) Christian Cantwell, Missouri, 2002

Discus

School: 207-1 (63.11 m) Gabe Hull, 2014
 Facility: 207-1 (63.11 m) Gabe Hull, Iowa, 2014

Hammer

School: 222-11 (67.94 m) Arno van der Westhuizen, 2001
 Facility: 236-4 (72.04m) Morgan Shigo, Penn State

Javelin

School: 245-8 (74.89 m) Matt Byers, 2011
 Facility: 238-3 (72.62 m) Bill Neumann, Iowa, 2003

Decathlon

School: **8,179 points** **Austin West, 2022**
 Facility: 7,717 points Nick Guerrant, Michigan State, 2019

^ -- wind-aided

Big Ten Conference Men's Records

Long Jump

All-Time Best: 27-0 3/4 (8.25 m).. Anthuan Maybank, 1993
 Meet:..... 26-8 1/4 (8.13 m).. Bashir Yamini, 1997*

330-yard Hurdles (Retired)

Meet:..... 36.1 Jon Reimer, 1965

Iowa Men's Retired Records

Mile

School..... 4:01.11 John Clark, 1973

Javelin

School:..... 219 7 3/8..... Mark Panther, 1934

Decathlon

School:..... 6,860 points Mike Lacy, 1984



Justin Austin



Matt Byers



Nikolas Curtiss



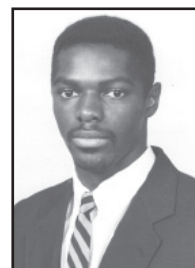
Troy Doris



Jeffery Herron



Gabe Hull



Anthuan Maybank

100 Meters

1. **Kalen Walker, 2022** 10.20
2. Justin Austin, 2011 10.21
3. O'Shea Wilson, 2017 10.22
4. George Page, 1996 10.25
5. James Harrington, 2015..... 10.26
6. Anthuan Maybank, 1994 10.31
Tim Dwight, 1997 10.31
Josh Larney, 2013 10.31
Vinnie Saucer, Jr., 2015 10.31
10. Antonio Woodard, 2018 10.34

110-Meter High Hurdles

1. Jaylan McConico, 2021 13.23
2. Aaron Mallett, 2017..... 13.24
3. Josh Braverman, 2022 13.41
4. Jamal Britt, 2021..... 13.45
5. Pat McGhee, 1989 13.50
6. Dion Trowers, 1996..... 13.62
7. Ronnie McCoy, 1985..... 13.66
Grant Conway, 2022..... 13.66
9. **Gratt Reed, 2022** 13.67
10. Ethan Holmes, 2011 13.73

200 Meters

1. Justin Austin, 2011 20.31
2. Jeff Patrick, 1983 20.47
3. James Harrington, 2015..... 20.50
4. Karayme Bartley, 2019..... 20.51
5. Anthuan Maybank, 1994 20.55
6. Victor Greer, 1984 20.60
7. Antonio Woodard, 2018 20.61
8. Andre Morris, 1995 20.64
9. George Page, 1996 20.67
10. **Khullen Jefferson, 2022** 20.70

400 Meters

1. **Jenoah McKiver, 2022** 44.74
2. Mar'yea Harris, 2018..... 44.94
3. Anthuan Maybank, 1993 44.99
4. Andre Morris, 1995 45.15
5. Mike Mondane, 1967 45.20
6. **Wayne Lawrence, Jr., 2019** 45.33
7. Steven Willey, 2010 45.78
8. Karayme Bartley, 2019..... 45.80
9. **Everett Steward, 2022** 45.94
10. DeJuan Frye, 2018 46.17

400-Meter Hurdles

1. Pat McGhee, 1988 48.83
2. Jamal Britt, 2021..... 49.69
3. Monte Raymond, 1998..... 50.09
4. Ray Varner, 2010..... 50.24
5. **Julien Gillum, 2022** 50.26
6. Chris Douglas, 2019..... 50.32
7. Paul Steele, 1989 50.45
8. Russell Peterson, 2001 50.50
9. Ethan Holmes, 2013 50.51
10. Adam Kunkel, 2001..... 50.73

800 Meters

1. Erik Sowinski, 2012..... 1:45.90
2. Matt Manternach, 2019 1:46.93
3. Carter Lilly, 2016..... 1:46.95
4. **Alec Still, 2022** 1:47.50
5. Bill Frazier, 1962 1:47.64
6. D'Juan Strozier, 1990 1:47.82
7. Adam Hairston, 2011..... 1:48.10
8. Tysen VanDraska, 2021 1:48.13
9. **Armando Bryson, 2022** 1:48.31
10. Will Teubel, 2015 1:48.60

1,500 Meters

1. **Max Murphy, 2022**..... 3:40.63
2. Jeff Thode, 2010 3:43.02
3. **Kal Lewis, 2021** 3:43.32
4. Joel Moeller, 1978 3:44.01
5. Jim Docherty, 1978..... 3:44.30
6. Nathan Mylenek, 2019 3:44.49
7. Sam Fourman, 2015 3:44.50
8. Michael Melchert, 2018 3:44.59
9. Adam Jones, 2017 3:45.48
10. Dan Waters, 1986 3:46.35

3,000-Meter Steeplechase

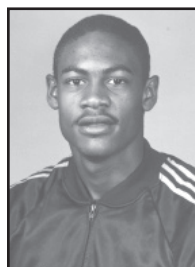
1. Nathan Mylenek, 2021 8:35.41
2. Deacon Jones, 1956..... 8:47.40
3. Steve Pershing, 1978 8:54.59
4. Andy Morris, 2000..... 8:56.21
5. Matt Gerard, 1994 8:57.01
6. Andy Napier, 2008 8:57.54
7. Rollie Kitt, 1967 9:02.90
8. Al Greene, 1985..... 9:02.96
9. Tony Rakaric, 2005..... 9:03.29
10. Mark Battista, 2010 9:04.60

5,000 Meters

1. Micah VanDenend, 2007 13:49.31
2. Nathan Mylenek, 2021 13:54.15
3. Daniel Soto, 2021 13:55.71
4. Larry Wiczorek, 1968..... 13:56.00
5. Kevin Herd, 1993 13:59.00
6. Stetson Steele, 2000..... 14:02.76
7. Kevin Lewis, 2014 14:02.78
8. Eric MacTaggart, 2005 14:04.79
9. Dan Haut, 2006..... 14:07.30
10. Jesse Luciano, 2010 14:08.71



Jaylan McConico



Pat McGhee



Jenoah McKiver



Nathan Mylenek



Max Murphy



Men's Outdoor All-Time Top 10 Performers



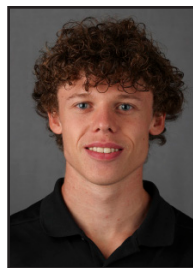
Erik Sowinski



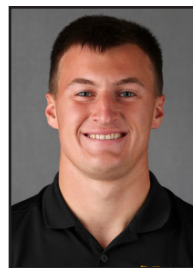
Stetson Steele



Micah VanDenend



Kalen Walker



Austin West



Todd Wigginton



Arno
van der Westhuizen

10,000 Meters

1. Stetson Steele, 2000 28:44.47
2. Daniel Soto, 2021 28:48.18
3. Eric MacTaggart, 2006..... 28:50.23
4. **Max Murphy, 202228:57.96**
5. Kevin Lewis, 2015..... 28:59.62
6. **Nick Trattner, 202229:39.83**
7. Nick Nordheim, 2002 29:44.71
8. Trent Corey, 2002 29:45.25
9. Ian Eklin, 2017..... 29:47.06
10. Chad Schwitters, 1999..... 29:56.00

Decathlon

1. **Austin West, 20228,179 pts**
2. Will Daniels, 2021 7,864 pts
3. William Dougherty, 2018 7,673 pts
4. **Peyton Haack, 20217,458 pts**
5. Kyle Reid, 2013..... 7,203 pts
6. Jack Eckert, 2015 7,087 pts
7. Dan Rolling, 2010 6,957 pts
8. Scott Faber, 2000..... 6,839 pts
9. Ryan Niver, 2008 6,837 pts
10. Chad Ohly, 1994 6,641 pts

High Jump

1. Jeffery Herron, 2012..... 7-4 1/4 (2.24)
2. Bill Hansen, 1978 7-4 (2.23)
Bill Knoedel, 1975 7-4 (2.23)
4. Kevin Spejcher, 2014 7-2 1/2 (2.20)
5. M. Cunningham, 1986..... 7-1 (2.16)
Kenneth Lansing, 1988..... 7-1 (2.16)
Jay Hunt, 2019..... 7-1 (2.16)
8. Pat Meade, 1987 7-0 1/4 (2.14)
9. Graham Valdes, 2012 6-11 3/4 (2.12)
10. Will Daniels, 2021 6-11 1/2 (2.12)

Pole Vault

1. Todd Wigginton, 1984 17-0 (5.18)
2. Chad Ohly, 1994 16-8 3/4 (5.10)
Kyle Reid, 2013 16-8 3/4 (5.10)
4. Curt Broek, 1978 16-8 (5.08)
5. Andy Jatis, 2018 16-7 1/2 (5.07)
6. Phil Wertman, 1971 16-7 (5.05)
Kelly Scott, 1988..... 16-7 (5.05)
8. **Peyton Haack, 2021 16-4 3/4 (5.00)**
9. John Teffer, 1972 16-2 (4.93)
10. Alex Zona, 2009..... 16-0 3/4 (4.90)

Long Jump

1. Anthuan Maybank, 1993..... 27-1 (8.25)
2. Bashir Yamini, 1997..... 26-8 1/4 (8.13)
3. **James Carter, Jr., 2022..... 26-3 (8.00)**
4. Paul Jones, 1989..... 25-10 1/4 (7.88)
5. Darren Smith, 1991 25-9 3/4 (7.86)
6. Quinn Early, 1986 25-7 1/4 (7.80)
7. O'Shea Wilson, 2017 25-5 1/4 (7.75)
8. Ed Gordon, 1931 25-4 3/8 (7.68)
9. Matty Gorman, 2006..... 25-1 1/4 (7.65)
10. Ronnie McCoy, 1985 25-0 (7.62)

Triple Jump

1. Troy Doris, 2012 54-8 (16.66)
2. Paul Jones, 1990..... 53-9 (16.38)
3. Babatunde Amosu, 2015..... 53-0 (16.15)
4. **James Carter, Jr., 2022 52-10 3/4 (16.12)**
5. Antwon James, 2017 52-4 1/2 (15.96)
6. Klyvens Delaunay, 2013.. 52-2 1/2 (15.91)
7. Gordon Finch, 1988..... 50-9 1/4 (15.47)
8. Mike Lacy, 1984..... 50-5 (15.36)
9. **Deandre Stapleton, Jr. 2022 .49-10 (15.19)**
10. Pat Miller, 1985 49-8 1/2 (15.25)

Shot Put

1. Nikolas Curtiss, 2022..... 65-9 (20.04)
2. Jeremy Allen, 2001..... 63-2 3/4 (19.27)
3. Reno Tuufuli, 2018 62-10 3/4 (19.17)
4. Ken Kemeny, 2005..... 62-3 (18.97)
5. Shane Maier, 2006 62-2 1/4 (18.95)
6. Andy Banse, 2005 61-11 1/2 (18.88)
7. John Hickey, 2008..... 61-9 1/2 (18.83)
8. **Elijah Barnes, 2022 60-8 3/4 (18.51)**
9. Avery Meyers, 2017 60-4 (18.39)
10. Chris Gambol, 1987..... 60-0 1/2 (18.30)

Discus

1. Gabe Hull, 2014..... 207-1 (63.11)
2. Reno Tuufuli, 2019 205-2 (62.54)
3. A.J. Curtis, 2007 202-11 (61.84)
4. Gary Kostrubala, 1986..... 202-4 (61.68)
5. Jeremy Allen, 2001..... 195-4 (59.54)
6. **Jordan Johnson, 2022195-3 (59.52)**
7. Tim Brodersen, 2005 193-6 (58.98)
8. Avery Meyers, 2017 185-8 (56.61m)
9. Brad Daufeldt, 2004 185-0 (56.40)
10. Nick Brayton, 2009 180-11 (55.15)

Hammer

1. A. van der Westhuizen, 2001. 222-11 (67.94)
2. Adam Hamilton, 2007 222-2 (67.73)
3. Jim Costello, 2002 217-7 (66.32)
4. Brad Daufeldt, 2004 207-10 (63.34)
5. Chris Voller, 2005 206-0 (62.80)
6. Matt Banse, 2012 201-11 (61.55)
7. **Tyler Lienau, 2021199-6 (60.81)**
8. Jeremy Allen, 2001..... 199-0 (60.66)
9. Ben Stancombe, 2011 197-6 (60.20)
10. Nikolas Curtiss, 2022 192-4 (58.62)

Javelin

1. Matt Byers, 2011 245-8 (74.89)
2. Bill Neumann, 2002..... 244-8 (74.58)
3. Dan Ralph, 2000..... 227-10 (69.44)
4. Sam Joens, 2015..... 211-5 3/4 (64.45)
5. Zach Schimp, 2010 211-0 (64.32)
6. Alex Balke, 2016 205-11 (62.77)
7. Kale Katt, 2007 204-0 (62.17)
8. Joel Storm, 2004 203-5 (62.01)
9. Matt Stank, 2001..... 199-0 (60.66)
10. **Austin West, 2022198-6 (60.39m)**

**400-Meter Relay**

1. **Walker, Kresley, Reed, K. Jefferson**, 2022..... 39.03
2. Brissett, Wilson, Thompson, Mallett, 2017 39.12
3. Hofacker, Woodard, **Lawrence Jr.**, Bartley, 2019..... 39.17
4. Mincy, Wilson, Harrington, Brown, 2014 39.19
5. Mincy, Austin, E. Holmes, Larney, 2013 39.31
6. **Johnson, Kresley, Reed, K. Jefferson**, 2022 39.31
7. Saucer, Jr., Brissett, Harrington, Mallett, 2016 39.44
8. Brissett, Wilson, Woodard, Mallett, 2017 39.46
9. Beecham, Duckett, Greer, R. Smith, 1984 39.48
10. McConico, Woodard, **Reed, Kresley**, 2021..... 39.48

Shuttle Hurdle Relay

1. **Conway**, Braverman, **K. Johnson, Reed**, 2022..... 56.74
2. McGhee, Armstrong, Falls, Stelle, 1989 57.80
3. Wigginton, Jones, Lacey, McCoy, 1985..... 59.77
4. Williams, **Haack**, Braverman, McConico, 2019..... 1:01.14
5. 1975 1:05.20

800-Meter Relay

1. James, Mallett, Harris, B. Thompson, 2017..... 1:23.02
2. B. Thompson, Brissett, Harrington, Ganschow, 2016 1:23.36
3. B. Thompson, Ganschow, Frye, Hofacker, 2017..... 1:23.73
4. Richardson, Sayon, Richards, Chaney, Jr., 2009..... 1:24.85
5. Harrington, VanCleave, Wilson, Mallett, 2014 1:24.86
6. Austin, Brown, Larney, VanCleave, 2013 1:25.60
7. Wilson, Sorrells, Douglas, Williams, 2018 1:25.87
8. Barclay, McCalister, Jensen, Elliott, 1979..... 1:26.39
9. Sorrells, Braverman, Douglas, **Haack**, 2019 1:28.29
10. Thomas, Balkrishnan, Patterson, Freidrich 1991 1:28.38

1,600-Meter Relay

1. **Lawrence Jr.**, Woodard, Bartley, Harris, 2019 3:00.14
2. **Steward, Richards, Gudgel, Gillum**, 2022..... 3:01.79
3. Frye, Harris, Hofacker, Ogwo, 2017 3:01.91
4. **Steward, Bryson, Gillum, McKiver**, 2022..... 3:02.39
5. Lietz, Woodard, **Gillum, Lawrence, Jr.**, 2021..... 3:02.54
6. **Lawrence Jr.**, Woodard, Hofacker, Harris, 2019 3:03.10
7. Morris, Davis, Page, Rozell, 1995..... 3:03.11
8. Branch, Dwight, Dodge, Yamini, 1999 3:03.29
9. **West, Bryson, Gudgel, Gillum**, 2022..... 3:03.62
10. Frye, Woodard, Hofacker, Harris, 2018 3:03.69

Sprint Medley Relay

1. McCorkle, Jones, Chung, Strozier, 1990 3:15.64
2. Sayon, Austin, Willey, Sowinski, 2011 3:16.18
3. Richards, Larney, Davey, Sowinski, 2012 3:17.25
4. Richardson, Richards, Willey, Sowinski, 2010..... 3:17.74
5. **Reed, K. Jefferson, Gillum, Still**, 2022..... 3:18.06
6. Hofacker, Woodard, Harris, VanDraska, 2018..... 3:18.11
7. Saucer, Jr., Brissett, Harris, Lilly, 2016..... 3:18.53
8. Hofacker, Woodard, Harris, Lilly, 2017 3:18.73
9. Armstrong, Thomas, Maybank, Strozier, 1991 3:18.93
10. Yamini, Davis, Dodge, Donovan, 1999 3:19.87

3,200-Meter Relay

1. Schum, Christensen, Steffen, Criswell, 1971 7:18.60
2. **Gudgel, Bryson, Abrego, Still**, 2022 7:19.13
3. VanDraska, **Still**, Teubel, Lilly, 2019 7:22.50
4. Hairston, Prom, Thode, Sowinski, 2011..... 7:23.77
5. Manternach, VanDraska, W. Teubel, Lilly, 2017..... 7:24.77
6. Melchert, Manternach, N. Teubel, Lilly, 2018 7:28.37
7. Corrigan, Blackman, Strozier, Chambers, 1989 7:29.00
8. Hoffman, **Olson, Still**, VanDraska, 2021 7:29.81
9. Melchert, Dorman, Lilly, Larrison, 2016 7:30.32
10. N. Teubel, Manternach, Chaidez, W. Teubel, 2017 7:30.74

Distance Medley Relay

1. Pershing, Moeller, Slack, Docherty, 1978 9:39.94
2. Kuczvara, Barton, Hairston, Thode, 2011 9:41.37
3. N. Holmes, VanCleave, Sowinski, Thode, 2012..... 9:41.59
4. Young, Barton, Kuczvara, Luciano, 2010..... 9:42.97
5. **Lewis, Steward, Abrego, Murphy**, 2022 9:47.73
6. Mylenek, Thompson, Manternach, Melchert, 2018 9:50.70
7. VanDraska, **Lawrence Jr.**, Teubel, Mylenek, 2019 9:53.14
8. Prom, Davey, Weir, Witt, 2013..... 9:53.83
9. Theisen, Williams, Wiesa, Waters, 1985 9:54.04
10. Wilfong, Slaymaker, W. Teubel, Witt, 2013..... 9:54.05

6,400-Meter Relay

1. Pershing, Fuller, Moeller, Docherty, 1978..... 16:27.70
2. Rakaric, Webster, MacTaggart, VanDenend, 2006..... 16:55.43
3. Lewis, Witt, Hart, Fourman, 2015 16:58.44
4. Price, Eklin, Gardarsson, Docherty, 2016..... 17:00.30
5. Paul, Kadlec, Thode, Luciano, 2010 17:01.46
6. Witt, Lewis, Hart, Butler, 2014 17:01.65
7. N. Holmes, Witt, Thode, Lewis, 2012 17:02.26
8. Thomas, Allen, Rakaric, Lloyd, 2003..... 17:06.27
9. Pittman, Novotny, Feeldy, Marquardt, 1995 17:12.49
10. Bakker, Feeldy, Peters, Pittman, 1996 17:13.10

Running Events

100 Meters

School: **11.20** LaSarah Hargrove, 2022
 Facility: 11.29 Christina Manning, Ohio State, 2011

100-Meter Hurdles

School: **13.17** Paige Magee, 2021
 Facility: 12.86 Christina Manning, Ohio State, 2011

200 Meters

School: 22.30 Brittany Brown, 2017
 Facility: 22.72 Anavia Battle, Ohio State, 2019

400 Meters

School: 51.30 Briana Guillory, 2018
 Facility: 52.17 Alexis Holmes, Penn State, 2019

400-Meter Hurdles

School: 56.16 Mary Knoblauch, 1981
 Facility: 57.35 Megan Duncan, Penn State, 2011

800 Meters

School: 2:03.78 Bethany Praska, 2011
 Facility: 2:04.71 Danae Rivers, Penn State, 2019

1,500 Meters

School: 4:17.41 Meghan Armstrong, 2006
 Facility: 4:10.93 Suzy Favor, Wisconsin, 1987

3,000 Meters

School: 9:18.82 Diane Nukuri, 2008
 Facility: 9:15.83 Colette Gudreau, Indiana, 1987

3,000-Meter Steeplechase

School: 10:23.15 Marta Bote Gonzalez, 2015
 Facility: 10:06.13 Alissa Niggemann, Wisconsin, 2019

5,000 Meters

School: 15:45.84 Nan Doak, 1985
 Facility: 15:56.52 Abby Nichols, Ohio State, 2019

10,000 Meters

School: 33:17.01 Diane Nukuri, 2008
 Facility: 33:08.59 Margaret Allen, Indiana, 2019

Marathon

School: 2:33:51 Jenny Spangler, 1983

Big Ten Conference Women's Records

Triple Jump

Meet: 43-10 3/4 (13.38 m) Renee White, 2010

Iowa Women's Retired Records

Heptathlon

School: 5,448 points Kathy Gillespie, 1983

Relays

400-Meter

School: 43.69 Hargrove, Love, Dowd, Magee, 2022
 Facility: 43.94 Wright, McNary, Sykes, Manning, 2011

Shuttle Hurdle

School: 56.44 Prendergast, Cole, Raheem, Ruen, 1998

800-Meter

School: 1:35.36 Chapman, Guillory, Hernandez, Brown, 2017

800-Meter Medley

School: 1:42.70 Taylor, Vesely, Powell, Hawkins, 1998

1,600-Meter

School: 3:30.97 Hernandez, Guillory, Holder, Guster 2016
 Facility: 3:36.51 Praska, Hendricks, Erickson, Liverpool, 2011

Sprint Medley

School: 3:48.63 Jones, Hendricks, Liverpool, Praska, 2011

3,200 Meter

School: 8:31.84 McCabe, Arco, Saunders, King, 2019

Distance Medley

School: 11:22.18 Hoskins, Powell, Schneckloth, Kruckeberg, 1989

6,400-Meter

School: 19:05.63 Flood, Melander, A. Hardesty, L. Hardesty, 2010

Field Events

High Jump

School: 6-1 1/4 (1.86 m) Peaches Roach, 2006
 Facility: 6-0 1/2 (1.84 m) Peaches Roach, Iowa, 2010

Pole Vault

School: 12-10 1/4 (3.92 m) Jessie Strand, 2003
 Facility: 14-3 1/4 (4.36 m) Vera Neuenswander, Indiana, 2011

Long Jump

School: 22-3 (6.78 m) Aisha James, 2003
 Facility: 20-5 (6.26m) Jhoanmy Luque, Iowa State, 2017

Triple Jump

School: 44-2 (13.46 m) Jahisha Thomas, 2018
 Facility: 43-9 3/4 (13.35 m) C. Gulbrandsen, Minnesota, 2000

Shot Put

School: 59-1 1/2 (18.02 m) Laulauga Tausaga, 2019
 Facility: 57-11 (17.65 m) Khayla Dawson, Indiana, 2019

Discus

School: 209-9 (63.94m) Laulauga Tausaga, 2019
 Facility: 197-9 (60.28 m) Laulauga Tausaga, Iowa, 2019

Javelin

School: 181-5 (55.31 m) Alana Redfern, 2003
 Facility: 181-5 (55.31 m) Alana Redfern, Iowa, 2003

Hammer

School: 205-6 (62.65m) Amanda Howe, 2021
 Facility: 221-2 (67.42m) Temi Ogunrinde, Minnesota, 2019

Heptathlon

School: 5,679 points Jenny Kimbro, 2021
 Facility: 5,922 points Cathey Tyree, Purdue, 1987



Meghan Armstrong

Marta Bote
Gonzalez

Nan Doak

Briana Guillory

LaSarah Hargrove

Amanda Howe

Aisha James

100 Meters

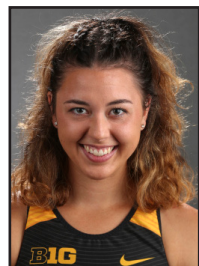
1. **LaSarah Hargrove, 2022** 11.20
2. Brittany Brown, 2018 11.28
3. **Lia Love, 2022** 11.33
4. Briana Guillory, 2016 11.35
5. Lake Kwaza, 2015 11.40
6. Vivien McKenzie, 1985 11.45
7. Davera Taylor, 1984 11.51
8. Erica Broomfield, 1998 11.53
9. Jiselle Providence, 2001 11.57
10. Tanja Reid, 1994 11.60
Peaches Roach, 2005 11.60

100-Meter Hurdles

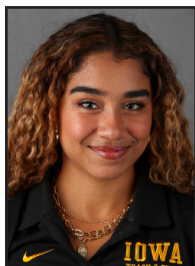
1. **Paige Magee, 2021** 13.17
2. Tiffany Johnson, 2007 13.20
3. Jenny Kimbro, 2018 13.22
4. **Myreanna Bebe, 2022** 13.35
5. Jahisha Thomas, 2017 13.46
6. Tria Simmons, 2019 13.49
7. Karessa Farley, 2009 13.53
8. **Tionna Tobias, 2021** 13.58
9. C. Prendergast, 1999 13.60
Paula Ruen, 2000 13.60

200 Meters

1. Brittany Brown, 2017 22.30
2. **LaSarah Hargrove, 2022** 22.72
3. Briana Guillory, 2016 22.89
4. Elexis Guster, 2016 23.03
5. Lake Kwaza, 2016 23.17
6. Shellene Williams, 2004 23.50
7. Kineke Alexander, 2006 23.58
8. Davera Taylor, 1984 23.59
9. Vivien McKenzie, 1985 23.61
10. **Lia Love, 2022** 23.64



Jenny Kimbro



Paige Magee

400 Meters

1. Briana Guillory, 2018 51.30
2. Kineke Alexander, 2006 51.35
3. Elexis Guster, 2016 51.85
4. Shellene Williams, 2004 51.94
5. Ashley Liverpool, 2012 52.47
6. Ellen Grant, 1996 52.65
7. Alexis Hernandez, 2017 53.27
8. Cortney Strohmman, 2021 53.68
9. **Tesa Roberts, 2022** 53.95
10. Senta Hawkins, 1988 54.01
Bethany Praska, 2011 54.01

400-Meter Hurdles

1. Mary Knoblauch, 1981 56.16
2. Wynsome Cole, 1998 56.67
3. MonTayla Holder, 2014 56.70
4. Erin Dowd, 2022 56.77
5. **Paige Magee, 2022** 57.06
6. **Mariel Bruxvoort, 2022** 57.45
7. Payton Wensel, 2022 57.63
8. Jenny Kimbro, 2019 58.27
9. Chris Davenport, 1981 59.18
10. Sommer Sharpe, 2018 59.20

800 Meters

1. Bethany Praska, 2011 2:03.78
2. Mallory King, 2021 2:05.23
3. Kay Stormo, 1982 2:05.67
4. **Clare Pitcher, 2022** 2:06.05
5. Taylor Arco, 2019 2:06.06
6. Michelle Lahann, 2004 2:06.79
7. **Alli Bookin-Nosbisch, 2022** 2:06.92
8. Katharina Trost, 2015 2:07.09
9. Mahnee Watts, 2016 2:07.41
10. Aisha Hume, 2005 2:08.50

1,500 Meters

1. Meghan Armstrong, 2006 4:17.41
2. Betsy Flood, 2010 4:17.75
3. Jeanne Kruckeberg 1989 4:19.71
4. McKenzie Melander, 2012 4:20.22
5. Lauren Hardesty, 2009 4:20.40
6. Diane Nukuri, 2007 4:20.95
7. Penny O'Brien, 1985 4:21.43
8. Kay Stormo, 1982 4:22.24
9. Rachele Roberts, 1990 4:40.79
10. Michelle Lahann, 2004 4:24.00

3,000 Meters

1. Diane Nukuri, 2008 9:18.82
2. Penny O'Brien, 1985 9:20.61
3. McKenzie Melander, 2012 9:21.59
4. Betsy Flood, 2010 9:22.63
5. Nan Doak, 1985 9:23.04
6. Tracy Dahl, 1992 9:23.53
7. Meghan Armstrong, 2006 9:28.03
8. Brooke Eilers, 2011 9:30.08
9. Jeanne Kruckeberg, 1989 9:30.69
10. Jennifer Brower, 1992 9:34.59

3,000-Meter Steeplechase

1. Marta Bote Gonzalez, 2015 10:23.15
2. Danielle Berndt, 2011 10:26.54
3. Jessica Schmidt, 2008 10:27.18
4. Sarah Arens, 2004 10:34.50
5. Hannah Roeder, 2011 10:35.22
6. Madison Waymire, 2017 10:41.91
7. **Brooke McKee, 2022** 10:45.84
8. Kelsey Hart, 2011 10:47.56
9. Anna Hostetler, 2019 10:57.25
10. Kelly Breen, 2017 10:59.99

5,000 Meters

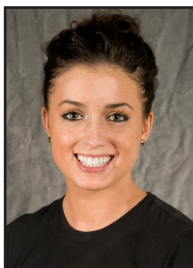
1. Nan Doak, 1985 15:45.84
2. McKenzie Melander, 2012 15:57.13
3. Diane Nukuri, 2008 15:59.39
4. Betsy Flood, 2011 16:04.46
5. Meghan Armstrong, 2008 16:08.83
6. Brooke Eilers, 2011 16:11.86
7. Mareike Schulle, 2013 16:12.66
8. Jenny Spangler, 1983 16:17.21
9. Tracy Dahl, 1992 16:18.77
10. Racheal Marchand, 2008 16:27.02



Women's Outdoor All-Time Top 10 Performers



Diane Nukuri



Bethany Praska



Alana Redfern



Peaches Roach



Jessie Strand



Laulauga Tausaga



Jahisha Thomas

10,000 Meters

1. Diane Nukuri, 2008 33:17.01
2. Jennifer Brower, 1991..... 33:23.38
3. Meghan Armstrong, 2008..... 33:28.00
4. Nan Doak, 1985..... 33:33.03
5. Jenny Spangler, 1983 33:39.24
6. Andrea Shine, 2018 33:50.25
7. Racheal Marchand, 2008 34:05.87
8. McKenzie Melander, 2012 34:29.83
9. Tracy Dahl, 1992 34:30.09
10. Betsy Flood, 2011..... 35:05.10

Heptathlon

1. Jenny Kimbro, 2021..... 5,679 pts
2. Tammilee Kerr, 2008..... 5,633 pts
3. Tria Simmons, 2019..... 5,557 pts
4. Dallyssa Huggins, 2021..... 5,437 pts
5. Kathy Gillespie, 1983..... 5,262 pts
6. **Tionna Tobias, 2022 5,124 pts**
7. Tiff Pedersen, 2004 4,976 pts
8. Janet Adams, 1981..... 4,855 pts
9. Sarah Ryan, 2012 4,819 pts
10. Ruqayya Raheem, 1997 4,665 pts

High Jump

1. Peaches Roach, 2006 6-1 1/4 (1.86)
2. Jenny Kimbro, 2019..... 6-0 3/4 (1.85)
3. Mary Mol, 1983..... 6-0 (1.83)
4. Khanishah Williams, 2013 5-11 1/4 (1.81)
5. Dallyssa Huggins, 2021.. 5-10 1/2 (1.79m)
6. Caleigh Bacchus, 2010..... 5-10 (1.78)
7. Lynn McMillan, 1988..... 5-9 1/4 (1.76)
- Aubrianna Lantrip, 2018 5-9 1/4 (1.76)
- Tria Simmons, 2019..... 5-9 1/4 (1.76)
10. Madison Rouw, 2016..... 5-8 3/4 (1.75)
- Tria Simmons, 2018..... 5-8 3/4 (1.75)

Pole Vault

1. Jessie Strand, 2003..... 12-10 1/4 (3.92)
2. Sarah Burgett, 2006 12-1 3/4 (3.70)
3. Kirsten Weismantle, 2011..... 12-0 (3.66)
4. Amy Smith, 2018..... 11-11 3/4 (3.65)
5. Katie Truedson, 2010 11-5 1/4 (3.49)
6. Gina Shannon, 2001..... 11-2 1/4 (3.41)
7. Brittany Holst, 2013 11-1 (3.38)
8. Elyssa Tracy, 2015..... 10-6 (3.20)
9. Kacey Childs, 2000 8-0 1/2 (2.45)

Long Jump

1. Aisha James, 2003..... 22-3 (6.78)
2. Jahisha Thomas, 2018 21-6 (6.55)
3. Zinnia Miller, 2014 20-6 1/2 (6.26)
4. Renee White, 2008 20-3 3/4 (6.19)
5. Carisa Leacock, 2014 19-11 3/4 (6.09)
6. Amanda Carty, 2019..... 19-11 1/2 (6.08)
7. **Tionna Tobais, 2021..... 19-11 (6.07)**
8. Becki Borg, 1988 19-7 1/4 (5.97)
9. Jenny Kimbro, 2018..... 19-7 (5.97)
10. Kassidy Ellis, 2015 19-6 1/4 (5.95)

Triple Jump

1. Jahisha Thomas, 2018 44-2 (13.46)
2. Renee White, 2008 43-10 3/4 (13.36)
3. Zinnia Miller, 2014 42-0 1/2(12.81)
4. **Kayla Hutchins, 2021 41-10 (12.75)**
5. Tiffany Johnson, 2007 41-8 3/4 (12.72)
6. Eavion Richardson, 2021 41-1 (12.52)
7. Carisa Leacock, 2012 40-10 1/2 (12.46)
8. Amanda Carty, 2019 40-11 (12.47)
9. Becki Borg, 1988 40-7 1/2 (12.38)
10. Tria Simmons,2016 40-7 1/2(12.38)

Shot Put

1. Laulauga Tausaga, 2019 . 59-1 1/2 (18.02)
2. Nia Britt, 2019 55-7 3/4 (16.96)
3. **Kat Moody, 2021 54-7 1/2 (16.65)**
4. Lisa Van Steenwyk, 1992..... 50-8 (15.44)
5. **Jamie Kofron, 2022 50-6 (15.39)**
6. Nicole Berry, 2022..... 50-5 1/4 (15.37)
7. Gail Smith, 1984 50-3 1/4 (15.32)
8. Denise Taylor, 1992 50-1 3/4 (15.28)
9. Erika Hammond, 2019.... 49-9 1/4 (15.17)
10. Kamesha Marshall, 2005 48-6 3/4 (14.80)

Discus

1. Laulauga Tausaga, 2019 209-9 (63.94)
2. Serena Brown, 2021 196-2 (59.81)
3. K. Spanoudakis, 2019 190-1 (57.95)
4. Majesty Tutson, 2013 181-1 (55.19)
5. **Kat Moody, 2022 174-7 (53.23)**
6. Dakotah Goodell, 2014 169-4 (51.62)
7. **Jamie Kofron, 2022 166-1 (50.62)**
8. Kara Misel, 2021..... 162-1 (49.40)
8. Tiffany Medenwaldt, 2010. 161-3 (49.16)
10. Denise Taylor, 1992 160-5 (48.90)

Javelin

1. Alana Redfern, 2003 181-5 (55.30)
2. Tammilee Kerr, 2008..... 163-5 (49.81)
3. Marissa Mueller, 2019..... 154-3 (47.02)
4. Mandy Beck, 1999..... 153-4 (46.74)
5. Dakotah Goodell, 2015 153-3 1/4 (46.71)
6. Terri Soldan, 1983 152-6 1/4 (46.48)
7. Shani Renning, 1990 152-3 (46.40)
8. Kayla Hochhalter, 2015 152-6 (46.48)
9. Clara Simon, 1981 149-9 (45.64)
10. Janet Adams, 1984..... 148-7 (45.28)

Hammer Throw

1. **Amanda Howe, 2022 212-9 (64.84)**
2. Laulauga Tausaga, 2019 201-3 (61.34)
3. Annemie Smith, 2015... 200-1 1/2 (60.99)
- Nia Britt, 2019 200-1 (60.99)
5. Allison Wahrman, 2021..... 198-7 (60.53)
6. Jasmine Simpson, 2013 197-7 (60.23)
7. Becca Franklin, 2007 195-0 (59.45)
8. Ashlyn Gulvas, 2014 192-9 (58.75)
9. Leah Colbert, 2018..... 189-3 (57.69)
10. Kelsey Taylor, 2011 177-0 (53.95)



400-Meter Relay

1. Hargrove, Love, Dowd, Magee, 2022.....	43.69
2. Kwaza, Guster, Guillory, Hernandez, 2016.....	44.04
3. Chapman, Guillory, Hernandez, Brown, 2017	44.34
4. Kwaza, Guster, Chapman, Guillory, 2016.....	44.41
5. Thomas, Avant, Guillory, Brown, 2018	44.44
6. Kwaza, Guster, Hernandez, Brown, 2014.....	44.51
7. Thomas, Guillory, Hernandez, Brown, 2017	44.53
8. Kwaza, Guster, Holder, Brown, 2014	44.62
9. Poole, Reid, Floyd, Hobbs, 1994.....	44.63
10. Hargrove, Love, Tobias, Magee, 2022	44.66

Shuttle Hurdle Relay

1. Prendergast, Cole, Raheem, Ruen, 1998.....	56.44
2. Cole, Prendergast, Raheen, Ruen, 1998.....	56.54
3. Raheen, Prendergast, Cole, Ruen, 1998.....	57.53

800-Meter Relay

1. Chapman, Guillory, Hernandez, Brown, 2017	1:35.36
2. Hobbs, Reid, Floyd, Poole, 1994.....	1:35.69
3. Roach, McCalla, Alexander, Johnson, 2006	1:36.19
4. Chapman, Roberts-Lewis, Champe, Brown, 2016	1:36.98
5. Williams, Charles, Fouchè, Providence, 2003.....	1:37.49
6. Herrmann, McCalla, Raymond, Roach, 2004.....	1:37.66
7. Charles, Dixon, Knight, Prendergast, 2002	1:38.15
8. Christian, Buss, Swanson, Morken, 2019	1:38.52
9. Prendergast, Dixon, Knight, Providence, 2001	1:38.73
10. Trusty, Hendricks, Graham, Erickson, 2009	1:38.79

1,600-Meter Relay

1. Hernandez, Guillory, Holder, Guster, 2016	3:30.97
2. Guillory, Brown, Hernandez, Champe, 2017	3:32.37
3. Bruxvoort, Dowd, Wensel, Roberts, 2022	3:33.18
4. Guster, Hernandez, Holder, Kwaza, 2014	3:34.83
5. Praska, Hendricks, Liverpool, Erickson, 2011	3:35.93
6. Champe, Guillory, Plock, Sharpe, 2018	3:35.94
7. Guster, Watts, Hernandez, Kwaza, 2014.....	3:36.09
8. Hume, Charles, Steffen, Williams, 2003	3:36.26
9. Kimbro, Weum, Simmons, Wensel, 2019	3:36.32
10. King, Saunders, Bruxvoort, Strohman, 2021.....	3:36.50

Sprint Medley Relay

1. Jones, Hendricks, Liverpool, Praska, 2011.....	3:48.63
2. Brown, Kwaza, Guster, Watts, 2014.....	3:51.18
3. Hargrove, Dowd, Wensel, Pitcher, 2022	3:52.56
4. Kwaza, Guster, Holder, Watts, 2016.....	3:52.62
5. Swanson, Morken, King, Arco, 2019.....	3:52.85
6. Kwaza, Brown, Guster, Trost, 2015	3:53.29
7. Christian, Buss, Guillory, Arco, 2019.....	3:54.18
8. Kwaza, R. Moore, Holder, Alexia, 2013.....	3:54.51
9. Trusty, R. Moore, Hendricks, Praska, 2010.....	3:56.53
10. Reid, Philip, Hobbs, Benning, 1995.....	3:56.54

3,200-Meter Relay

1. McCabe, Arco, Saunders, King, 2019.....	8:31.84
2. Moore, A. Bookin-Nosbisch, G. Bookin-Nosbisch, Pitcher, 2022	8:35.75
3. Suppelsa, Wodek, Kruckeberg, Schneckloth, 1987.....	8:46.45
4. Lahann, Stanley, Hume, Barber, 2004	8:48.87
5. Schneckloth, Roberts, Hawkins, Kruckeberg, 1989	8:49.38
6. Trost, Maser, Alexia, Nelson, 2014	8:49.95
7. Nelson, Watts, Wilberding, Sindt, 2016.....	8:51.90
8. Flood, Dlh, L. Hardesty, Docherty, 2009.....	8:53.91
9. Armstrong, Stanley, Laney, Hume, 2005.....	8:54.27
10. O'Brien, Camarigg, Williams, Stormo, 1981	8:54.36

Distance Medley Relay

1. Hoskins, Powell, Schneckloth, Kruckeberg, 1989	11:22.18
2. Hoskins, Powell, Schneckloth, Roberts, 1990.....	11:24.12
3. Armstrong, Alexander, Poncé, Stanley, 2007.....	11:25.05
4. Stanley, McCalla, Hume, Armstrong, 2005.....	11:34.04
5. Barber, Williams, Hume, Arens, 2004.....	11:34.56
6. Thompson, Williams, Hume, Arens, 2003	11:39.02
7. 2000	11:39.83
8. G. Bookin-Nosbisch, Roberts, A. Bookin-Nosbisch, Aesoph, 2022	11:40.18
9. Schrulle, Erickson, Placzek, Eilers, 2012	11:40.57
10. Davenport, xx, xx, xx, 1981.....	11:41.44

6,400-Meter Relay

1. Flood, Melander, A. Hardesty, L. Hardesty, 2010.....	19:05.63
2. Nukuri, Marchand, Henize, Armstrong, 2008.....	19:15.42
3. Flood, Laesch, Ranegar, Melander, 2012.....	19:16.73
4. Flood, Eilers, Melander, L. Hardesty, 2011	19:17.52
5. Flood, Melander, A. Hardesty, Eilers, 2009.....	19:36.43
6. Scott, Gordon, Schrulle, Gambrall, 2013	19:41.15
7. Jones, Bote Gonzalez, Wilberding, Reischmann, 2015.....	19:59.72
8. Maser, Price, Wilberding, Montuclard, 2014	20:23.27
9. Chapple, Laney, Donlon, Sokol, 2005	20:39.12
10. Arens, Barber, Butler, Roberts, 2001	20:40.89



Jeremy Allen



Babtunde Amosu



Justin Austin



George Baird



Matt Byers



Frank Cuhel



Bill Frazier

The University of Iowa men's track and field program is rich in honor and tradition. Iowa athletes compete annually at national and international events, representing the UI with pride. Here are brief bios on Hawkeyes that have left their marks in the Iowa record books.

Jaylan McConico (2019-21)

- Three-time All-American
- 2021 B1G Outdoor Athlete of the Year
- Three-time Big Ten Champion
- School record in 60- and 110-hurdles

Aaron Mallett, 2013-2017

- Set school records in 110-meter hurdles, 60-meter hurdles and 400-meter relay
- Six-time All-American
- Five-time Big Ten Champion

Babatunde Amosu, 2012-2015

- Three-time Big Ten Champion
- Three-time All-American

Matt Byers, 2010-2013

- Two-time All-American
- Three-time Big Ten Champion (2010-13)

Justin Austin, 2010-2013

- Five-time Big Ten Champion
- Five-time All-American
- Graduated with five school records

Ethan Holmes, 2009-2013

- Three-time Big Ten Champion

Erik Sowinski, 2009-2012

- Six-time All-American (2010-12)
- Two-time Big Ten Champion
- 2012 & 2016 Olympic Trials participant

Troy Doris, 2009-2012

- Four-time Big Ten Champion
- Four-time All-American
- 2016 Olympian for Guyana

Steven Willey, 2008-2011

- Four-time All-American
- Two-time Big Ten Champion

Jeremy Allen, 1998-2001

- Big Ten Freshman of the Year (Indoor and Outdoor)
- Four-time Big Ten Champion
- Five-time All-American

Tim Dodge, 1998-2001

- 1999 All American
- Three-time Big Ten Champion

Tim Dwight, 1996-2000

- Four-time Big Ten Champion
- All-American on 4x100-meter relay in 1999
- Two-sport athlete (football, track and field)

Bashir Yamini, 1996-1999

- 1998 Long Jump National Champion
- Six-time All-American
- Nine-time Big Ten Champion
- Big Ten Freshmen of the Year in 1996
- Shares Big Ten Record in long jump

George Page, 1995-1997

- Four-time Big Ten Champion
- 1995 All-American (4x400-meter relay)

Andre Morris, 1992-1996

- Four-time Big Ten Champion
- Three-time All-American
- Participated in Olympic trials in 1996 and 2000
- Eight-time National Championship qualifier

Anthuan Maybank, 1990-1994

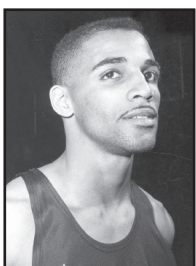
- Olympic Gold Medallist, 1,600 relay, 1996 (Atlanta)
- All-America, long jump, 1992, 1993
- All-America, 400 dash, 1992, 1993
- Six-time Big Ten Champion, 1990-93
- Big Ten Athlete of the Year, 1993 (outdoor)
- All-Big Ten, 1990, 1991, 1992, 1993, 1994

D'Juan Strozier, 1989-92

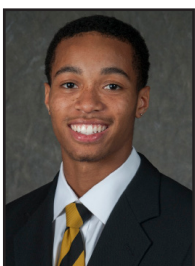
- Four-time Big Ten Champion

Patrick McGhee, 1988-1992

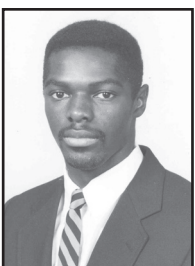
- Five-time Big Ten Champion
- Three-time All-American
- NCAA Runner-Up
- Big Ten Athlete of the Year in 1989



Deacon Jones



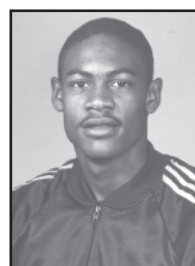
Aaron Mallett



Anthuan Maybank



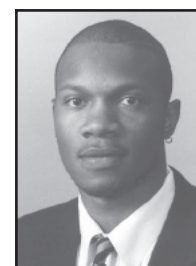
Jaylan McConico



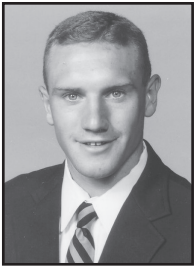
Patrick McGhee



Mike Mondane



Andre Morris



Tim Dodge



Troy Doris



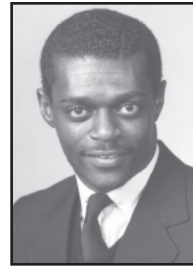
Tim Dwight



Rich Ferguson



Ed Gordon



Victor Greer



Ethan Holmes

Victor Greer, 1981-1984

- Three-time Big Ten Champion
- 1984 All-American

Mike Mondane, 1966-1968

- Nine-time Big Ten Champion
- 1979 NCAA Champion
- Three-time All-American
- Ranks third in school history in 400-meters

Larry Wieczorek, 1964-1968

- Six-time Big Ten Champion
- Four-time All-American

Jonathan Reimer, 1965-1967

- Five-time Big Ten Champion
- 1967 NCAA Champion in Outdoor Mile Relay

Bill Frazier 1962-1965

- 1962 All-American
- Eight-time Big Ten Champion
- Helped Iowa win 1963 indoor and outdoor Big Ten Championships
- Held outdoor 800-meter school record for 50 years (1962-2012)

Roger Kerr, 1960-1963

- Five-time Big Ten Champion
- Three-time 4x400-meter Relay Champion

Deacon Jones 1954-1958

- Two-time Olympian
- Two-time NCAA Champion
- Seven-time Big Ten Champion
- Set 3,000-meter steeplechase school record
- First African American Cross Country Champion

Ted Wheeler, 1952-1956

- Five-time Big Ten Champion
- Three-time All-American
- Competed in 1956 Summer Olympics

Rich Ferguson, 1952-1955

- Four-time Big Ten Champion
- 1953 All-American in the two mile race
- 1953 NCAA Champion in the two mile race

Frank Cuhel, 1926-1928

- 1928 NCAA Champion
- Won Silver in 400-meter hurdles at 1928 Olympics

Ed Gordon, 1929-1931

- Four-time Big Ten Champion
- Three-time NCAA Champion on long jump
- Most NCAA Championships in school history
- Three-time All-American (1929-31)

Vaughn Stevenson, 1928-1929

- Five-time Big Ten Champion

George Baird, 1927-1929

- 1928 Olympic Gold Medalist in 4x400-meter relay
- Six-time Big Ten Champion

Charles Brookins, 1921-1924

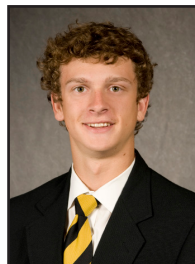
- 1924 Olympian
- Five-time Big Ten Champion
- Two-time NCAA Champion

Eric Wilson, 1920-1923

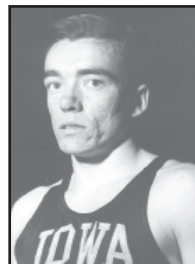
- Four-time All-American
- Four-time Big Ten Champion
- Two-time NCAA Champion in 220 yard-dash
- Competed in the 1924 Summer Olympics in Paris



George Page



Erik Sowinski



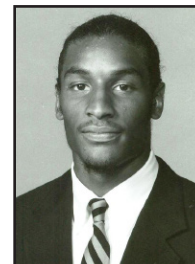
Larry Wieczorek



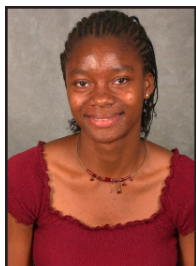
Steven Willey



Eric Wilson



Bashir Yamini



Kineke Alexander



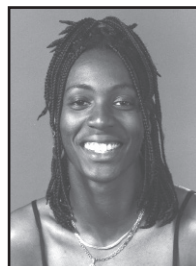
Meghan Armstrong



Jennifer Brower



Brittany Brown



Wynsome Cole



Tracy Dahl



Chris Davenport

The University of Iowa women's track and field program is rich in honor and tradition. Iowa athletes compete annually at national and international events, representing the UI with pride. Here are brief bios on some Hawkeyes who have left their marks in the Iowa record books.

Laulauga Tausaga, 2017-2021

- 2019 NCAA Champion
- Eight-time All-American
- Five-time Big Ten Champion
- 2020 Big Ten Indoor Athlete of the Year
- 2019, 2020, 2021 Midwest Regional Athlete of the Year
- Set school records in weight throw, discus, hammer, indoor and outdoor shot
- 2017 Junior Pan Am Discus Champion
- IAAF World Championship Finalist

Jahisha Thomas, 2015-2018

- Six-time All-American
- Four-time Big Ten Champion

Brittany Brown 2014-2018

- Five-time Big Ten Champion
- 11-time All-American
- IAAF World Championship silver medalist

Bethany Praska, 2008-2011

- Two-time All-American
- Three-time Big Ten Champion
- Set five school records

Racheal Marchand, 2005-2008

- Four-time All-American
- Three-time All-region
- 2009 Midwest Region Cross Country Female of the Year
- 2009 Iowa Female Athlete of the Year
- 2010 Puerto Rico 5K National Champion

Diane Nukuri, 2006-2008

- Iowa Athletics Hall of Fame (202)
- 2012 Burundi Olympic Team Member
- Three-time All-American
- Two-time NCAA Midwest Region Cross Country Champion (2006, 2007)
- Two-time NCAA Midwest Region Cross Country Female Athlete of the Year (2006, 2007)
- 2007 Drake Relays Champion, 5,000 Meters
- Two-time All-Region
- Set eight school records
- 2008 Iowa Female Athlete of the Year
- 2008 Wilma Rudolph Award winner
- 2007 Honda Sports Award finalist

Kineke Alexander, 2005-2008

- 2008 & 2016 St. Vincent & The Grenadines Olympic Team Member
- 2006 NCAA Indoor 400-Meter Champion
- Eight-time All-American
- Five-time Big Ten Champion
- Two-time NCAA Regional 400-Meter Champ
- Drake Relays Champion, 400 Meters
- Five-time All-Region
- Two-time NACAC Games bronze medalist
- Iowa's nominee for Big Ten Female Athlete of the Year twice (2006, 2007)
- 2007 Big Ten Indoor Athlete of the Year
- 2007 Big Ten Indoor Athlete of the Meet
- 2007 Midwest Regional Athlete of the Year
- Set six school records
- 2018 Iowa Athletic Hall of Fame inductee

Shellene Williams, 2004

- Jamaican National Team member
- Four-time Big Ten Champion
- All-American, 400 Meters

Meghan Armstrong, 2004-2008

- Four-time All-American
- NCAA Academic All-American
- Four-time All-Region
- Two-time Big Ten Champion
- Two-time second-team All-Big Ten
- Six-time academic All-Big Ten
- Set school records in 1,500 meters (track) and 6,000 meters (cross country)
- Big Ten Medal of Honor winner (2008)

Peaches Roach, 2004-2007

- Four-time All-American
- Five-time Big Ten Champion, High Jump
- 2004 Big Ten Outdoor Freshman of the Year
- Four-time All-Region
- Ten-time regional qualifier

Tiffany Johnson, 2004-2007

- First Hawkeye to win consecutive Drake Relays titles (100-m hurdles in 2006, 2007)
- 2007 NCAA Regional Champion, 100 Hurdles
- Two-time All-Region
- Ten-time regional qualifier

Ellen Grant, 1994-1997

- Two-time Big Ten Champion
- World Junior representative



Racheal Marchand



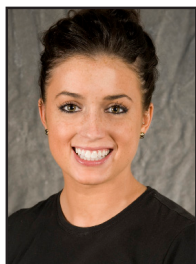
Vivien McKenzie



Mary Mol



Diane Nukuri



Bethany Praska



Peaches Roach



Gail Smith



Nan Doak



Kathy Gillespie



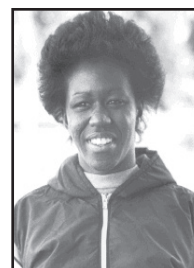
Ellen Grant



Yolanda Hobbs



Tiffany Johnson



Elaine Jones



Jeanne Kruckeberg

Wynsome Cole, 1994-1998

- Three-time NCAA & NAIA qualifier
- Two-time Big Ten Champion
- All-American, 400-Meter Hurdles
- Drake Relays Champion

Yolanda Hobbs, 1991-1995

- Three-time All-American
- Big Ten 55-meter Champion
- Iowa Female Athlete of the Year
- Daily Iowan Female Athlete of the Year

Tina Stec, 1990-1994

- Two-time All-American
- Big Ten runner-up, 3,000 Meters
- NCAA Academic All-American
- Iowa Academic Athlete of the Year
- Iowa Female Athlete of the Year
- NCAA Woman of the Year finalist

Tracy Dahl, 1989-1994

- Two-time NCAA 5,000-Meters Champion
- Five-time All-American
- Four-time Big Ten Champion
- U.S. Olympic Trials participant
- Kansas Relays Champion
- Big Ten Cross Country and Two-time Iowa Female Athlete of the Year

Lisa Van Steenwyk, 1989-1993

- All-American, Shot Put
- Two-time Big Ten Champion
- U.S. Olympic Trials participant

Jennifer Brower, 1988-1992

- Three-time All-American
- NCAA Academic All-American
- Big 10 & Drake Relays Champion
- Kansas Relays 5,000-Meters Champion
- Big Ten runner-up, Cross Country
- U.S. Olympic Trials participant
- Track Academic Athlete of the Decade
- NCAA Woman of the Year nominee

Jeanne Kruckeberg, 1987-1990

- NCAA 800-meter runner-up
- Three-time All-American
- Big Ten Champion
- Drake Relays Female Athlete of the Meet
- Two-time Drake Relays Champion
- Three-time Kansas Relays Champion
- Iowa Female Athlete of the Year

Vivien McKenzie, 1983-1986

- Four-time Big Ten Champion
- TAC Champion 400-Meters relay member
- U.S. Olympic Trials participant
- Olympic Sports Festival selection

Jenny Spangler, 1982-1986

- Three-time All-American
- U.S. Olympic Trials participant
- Iowa Female Athlete of the Year
- Set 19-and-under world marathon record (2:33)
- 1996 USA Olympic team, Marathon

Mary Mol, 1982-1985

- NCAA runner-up
- Big Ten runner-up
- Mason-Dixon Games Champion
- Runner-up at Drake & Kansas Relays

Gail Smith, 1982-1985

- Big Ten Champion
- Olympic Sports Festival selection

Kathy Gillespie, 1982-1985

- NCAA runner-up, Heptathlon
- Big Ten champion/former recordholder
- Member of U.S Pentathlon team

Elaine Jones, 1982-1985

- Five-time Big Ten Champion
- TAC Champion 400-Meter relay member
- U.S. Olympic Trials participant
- Olympic Sports Festival selection
- Mason-Dixon Games Champion

Nan Doak, 1980-1985

- NCAA Champion, 10,000-Meters
- NCAA runner-up, Cross Country
- Nine-time All-American
- World recordholder, Indoor 3-miles
- Three-time Big Ten Champion
- U.S. Olympic Trials participant
- World sixth place, Cross Country
- TAC 5,000 and 10,000-Meters Champion
- Iowa Female Athlete of the Decade
- National Iowa Varsity Club Hall of Fame inductee

Chris Davenport, 1980-1983

- U.S. Olympic Trials participant
- All-American
- Runner-up at Kansas & Drake Relays

Kay Stormo, 1979-1982

- 800-meter NCAA runner-up
- Three-time All-American
- Three-time Big Ten Champion
- Iowa Female Athlete of the Year
- National Iowa Varsity Club Hall of Fame inductee



Jenny Spangler



Tina Stec



Kay Stormo



Lisa Van Steenwyk



Lauaugas Tausaga



Shellene Williams



Jahisha Thomas



National Iowa Varsity Club Hall of Fame

Inductees are selected by a vote of all dues-paying members of the National Iowa Varsity Club. All former Hawkeye athletes who have won at least one major letter and completed their eligibility at least 10 years prior to selection are eligible for the Hall of Fame. A coach or administrator must have retired or left the university at least five years prior to selection. A maximum of seven inductees may be selected to the Hall of Fame each year. Pictured are the 29 inductees from the University of Iowa track and field program. Listed below each name is the individual's years of participation at Iowa and the year they were inducted into the Hall of Fame.



Kineke Alexander
Athlete 2005-08
Inducted 2018



Jeremy Allen
Athlete 1998-2001
Inducted 2019



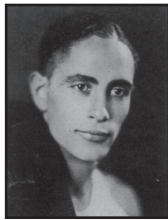
George Baird
Athlete 1926-29
Inducted 1994



George Bresnahan
Coach 1921-48
Inducted 1991



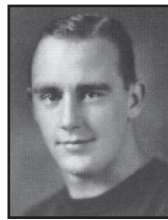
Lester Belding
Athlete 1921-24
Inducted 1991



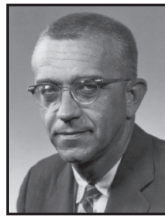
Charles Brookins
Athlete 1921-24
Inducted 1990



Jennifer Brower
Athlete 1988-92
Inducted 2013



Dick Crayne
Athlete 1934
Inducted 1992



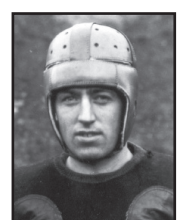
Francis X. Cretzmeyer
Coach 1948-78
Inducted 1993



Frank Cuhel
Athlete 1925-28
Inducted 1993



Tracy Dahl
Athlete 1989-93
Inducted 2010



Aubrey Devine
Athlete 1920-22
Inducted 1989



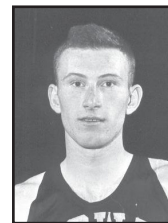
Nan Doak
Athlete 1981-85
Inducted 1999



Tim Dwight
Athlete 1996-99
Inducted 2011



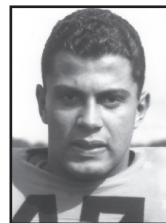
Rich Ferguson
Athlete 1952-55
Inducted 2004



Bill Frazier
Athlete 1962-65
Inducted 2012



Ed Gordon
Athlete 1929-31
Inducted 1989



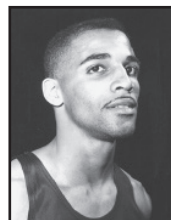
Homer E. Harris
Athlete 1936-37
Inducted 2002



Jerry Hassard
Coach 1976-96
Inducted 2014



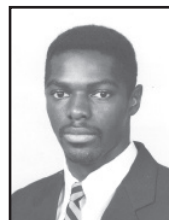
Frank 'Kinney' Holbrook
Athlete 1895-97
Inducted 2021



Deacon Jones
Athlete 1955-58
Inducted 1989



Jeanne Kruckeberg
Athlete 1987-90
Inducted 2014



Anthuan Maybank
Athlete 1966-68
Inducted 2010



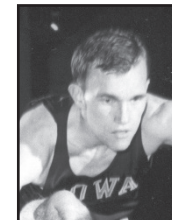
Michael Mondane
Athlete 1966-68
Inducted 2002



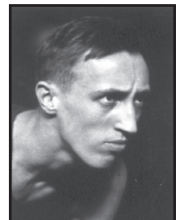
Emerson "Spike" Nelson
Athlete 1925-28
Inducted 1995



Diane Nukuri
Athlete 2006-08
Inducted 2021



Jon Reimer
Athlete 1965-67
Inducted 2014



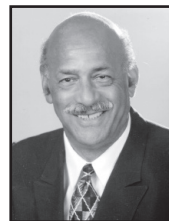
George Sailing
Athlete 1929-32
Inducted 1989



Fred "Duke" Slater
Athlete 1919-22
Inducted 1989



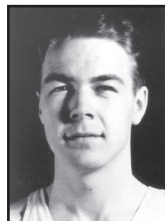
Kay Stormo
Athlete 1979-82
Inducted 2008



Ted Wheeler
Athlete 1952-53, 56
Inducted 2000



Larry Wiczorek
Athlete 1965-68
Inducted 1998



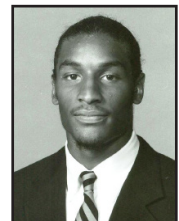
Herbert Wilkinson
Athlete 1945-46
Inducted 1999



Samuel "Clyde" Williams
Athlete 1900-02
Inducted 1993



Eric Wilson
Athlete 1921-24
SID 1924-68
Inducted 1989



Bashir Yamini
Athlete 1996-99
Inducted 2012



Abrego, Antonio	2022	Belding, Lester	1920-22	Burks, Derrick	2003, 2005
Adams, Don	1973-76	Berger, Charles	1977	Burnette, William	1965-67
Adamson, Robert.....	1931-32	Berne, Clarence	1924	Burrier, Emmett	1899-1901
Albrecht, L.J.	1989-91	Berns, Jake.....	2005-06	Burrows, Tom G.	1957-59
Albright, Justin.....	1930	Berrien, Clifford R.	1918	Burton, William	1953-55
Alderman, Merle	1910	Betz, Jon A.	1982-83	Bye, Bill E.	1949
Alexander, Jack S.	1938	Bevan, Sargant.....	1896	Byers, Matt	2010-13
Allen, Jeremy	1998-01	Bever, William H.	1971	Byre, James O.	1962
Allen, Shaun.....	1999, 2001-03	Beyer, Robbie.....	2004	Cada, Jon	1961
Allison, William.....	1895-96	Bhave, Ravi	1998	Cadwallader, Joseph	1932
Aly, Nicholas	2015	Billig, Milton	1937-39	Cahalan, Jim	1977-78
Amosu, Babatunde	2013-15	Blackman, St. Cl.	1986	Cahn, Bernard.....	1961
Anderson, Ben	2015	Blasier, Herbert E.	1878, 1882	Call, Roy G.....	1902
Anderson, Carl J.	1959	Boardman, Benjamin.....	1900-01	Camamo, Joseph A.	1956-58
Anderson, Kent J.	1975-76	Boston, Marcellu	1950	Cameron, Robert	1985-86
Anderson, R.M.....	1900-03	Bott, Richard E.	1933	Campbell, Cameron.....	1937-38, 1940
Andreano, Peter	2016-17	Bouska, Paul	1990	Campbell, D.	1910
Andrews, Josh.....	2021	Bowers, John	1981	Campbell, Torrey	2012-13
Appleman, Cameron.....	1997	Bowles, Robert S.....	1943	Camplin, Brendan.....	2009
Armstrong, James.....	1988-89, 1991	Boyd, William	1959	Canby, Henry F.	1929-31
Ashton, George C.....	1922-23	Boyer, John	1979-82	Carberry, William.....	1906
Atkins, Bobby.....	2000	Boylan, Charles.....	1952-53	Card, Liam.....	2000
Austin, Justin	2011-13	Boyles, Xavier P.....	1924, 1926-27		
Bailey, F.S.	1900	Brackett, M.	1899, 1901-03		
Bailey, Merrill M	1919-21	Brackett, O.T.....	1901		
Bailin, Sam	2010	Braff, Zack	2009		
Baird, George H.	1927-29	Branch, Tony	1997-00		
Bakker, Michael	1994, 1996, 1998	Brandmill, Potte.....	1921-23		
Balke, Alex	2015-18	Brandt, Barry	1975		
Balke, Norm	1983-86	Brandt, Jon Michael.....	2012-14		
Balkrishnan, Rajeev	1991, 1993	Braverman, Josh	2018-19, 2021-22		
Banse, Andy.....	2002-05	Brayton, Nick	2009-12		
Banse, Matt	2009-12	Bream, Alan	1968-69		
Barber, Nathan B.	1896-99	Brewer, Steve.....	1981-83		
Barclay, Tom.....	1979	Brewton, Cecil H.	1944		
Barclay, Brelyn	2017	Briggs, Charles	1903		
Barker, Dale	1932-33	Briggs, Clyde	1935-36		
Barker, E.E.....	1905	Briggs, Wilbur	1918		
Barker, Ervin J.	1902-05	Brigham, Leon H.	1918-20		
Barnes, Elijah	2021-22	Brisset, Christian.....	2016-17		
Barnes, Howard M.....	1921	Britt, Jamal.....	2021		
Barnett, Robert.....	1973	Brodersen, Tim	2003-06		
Bartley, Karayme.....	2019	Broek, Curt	1976-79		
Barton, Chris.....	2008-11	Brookins, Charles.....	1922-24		
Bateman, Howard.....	1903	Brown, Brad.....	1980		
Battista, Mark	2010-11	Brown, C.A.....	1901		
Beach, Robert	2003, 2005	Brown, David	1987-88, 1990-91		
Bean, Josh.....	2008-10	Brown, Earl	1905		
Beatty, Ernest J.	1926-27	Brown, Jeff A.	1980		
Beck, Lester R.	1922	Brown, Jeff.....	1979		
Becker, Edward C.	1934	Brown, Keith L.	1949-50, 1955		
Beckner, John O.	1930	Brown, Keith.....	2013-15		
Bee, Stephen	2009-11	Brown, John Anthony	1958-60		
Beebe, Robert E.....	1936	Brubucher, Theodore.....	1965-67		
Beecham, Gordon.....	1983-85	Bryant, Huges J.	1931		
Beecham, Todd.....	1982	Bryson, Armando.....	2021-22		
Beelman, Jeff.....	1981-82	Burkheimer, I. A.	1907		



Jeremy Allen was the first thrower in conference history to win Big Ten Freshman of the Year honors during the indoor and outdoor seasons. Allen was a four-time Big Ten champion and five-time All-American at Iowa from 1998-2001. Allen was inducted into the University of Iowa Varsity Club Hall of Fame in 2019.

Carmen, Andrew	2012-14
Carr, E. Michael.....	1960-61
Carr, Leslie	1913
Carter, Jr., James	2019, 2021-22
Cassata, Chris	1998-00
Chaidez, Anthony	2017
Chalmers, Andrew	1905-06
Chambers, Rodney	1988-91
Chaney Jr., Paul.....	2007-09
Chantland, William	1894
Chaplin, David.....	2006
Chepkwony, Paul	1983-84
Choate, Rufus	1900-01
Christensen, CHA.....	1970-72
Chung, Curtis	1986, 1988-90
Clancy, Michael.....	1983
Clancy, Roy.....	1976, 1978
Clark, Drew	2014
Clark, George H.....	1890
Clark, John Jay	1971-73
Clark, Robert J.E.....	1952
Clarke, George W.	1963
Clarke, Raymond.....	2018, 2021
Clarrissimeaux, Evan.....	1982-83
Clements, Keith	1973-76
Cline, Hubert	1943
Cobb, Dave	1980
Cochran, J H Ray	1930
Coffey, Vernon	1948

Colby, Charles	1919-20, 1922
Coleman, Juan	2001-02, 2004-05
Coleman, Merrill.....	1997-00
Collinge, John	1938-39
Collins, John.....	1949
Conn, Max	1920-22
Conway, Grant	2021-22
Conway, Paul	1930-31
Cook, Robert.....	1989-90
Cook, Robert F.	1933-34
Cooley, Brandon	2018
Copeland, Jack.....	1949
Corcoran, Thomas	1933
Corey, Trent	1999, 2001-02
Cornog, Robert	1931-33
Corrigan, Sean	1986-89
Costello, Jim.....	2000-02
Cotton, Jordon.....	2010
Coulter, Channing	1923-25
Cox, Leroy	1894
Craig, Donald	1929
Crain, Maurea	1990-91
Crane, E.H.	1903-04
Crawford, Harold	1921, 1923-24
Crayne, Richard	1934
Cretzmeyer, Francis X.	1934-36
Criswell, John W.....	1969-71
Crossan, John.....	1903, 1904, 1908
Crozier, M.V.....	1922
Crum, Jonathan	1894-95
Cuhel, Frank JOS.....	1926-28
Cumberland, John	1919
Cummins, Richard	1965-66
Cunningham, M.	1998-99, 2001-02
Cunningham, Mike	1984-1986
Curtis, A.J.....	2006-09
Curtiss, Nikolas	2022
Daine, Henry.....	1923-25
Daley, Ryan	1998
Daniels, Will.....	2021
Darling, Charles	1950-51
Dauber, Ray G.	1924-26
Daufeldt, Brad	2001-04
Davey, Brennan.....	2012-15
Davis, Charles	1918, 1920
Davis, Chris	1995-98
Davis, Daniel.....	2012
Davis, Elmer, R.	1904-05
Davis, Severt	1950
Dean Jr., Kerry.....	2014-16
Dean, Walter S.....	1932-34
Deheer, Floyd.....	1936-37
DeLashmutt, Ed	1981
Delaunay, Klyvens.....	2013-16
Depping, Reuben	1929-30
Dertinger, Stephen	1969
Deuel, Dean.....	1950-51

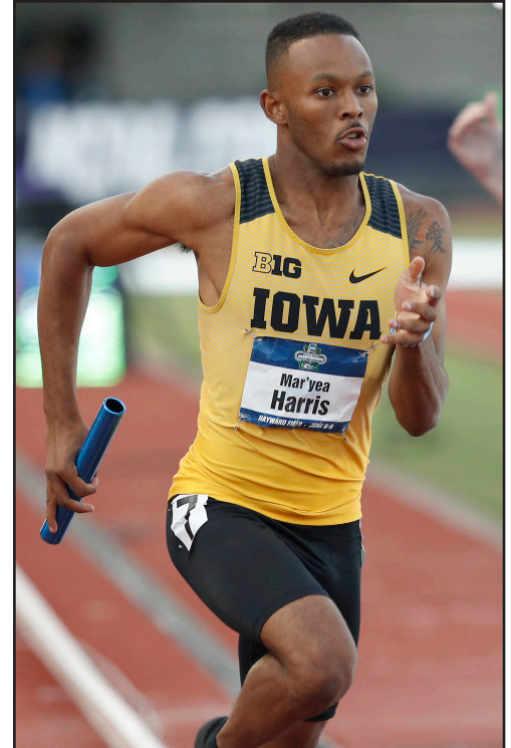
Devine, Aubrey A.	1920-22
Devine Jr., Aubrey A.....	1944
Dey, Curtis	1892-95
Dibbern, Kevin	2010
Dick, Leo	1914
Dietz, Duwayne	1950-52
Digney, Zach	2002-05
Diment, Michael	1982
Dobbs, John	1984-86
Dobson, Glenn.....	1923-24
Docherty, Kevin	2014-18
Docherty, James	1977-78
Dodge, Tim	1998-02
Dolan, Cannon	2007-09
Donalan, J.J.....	1905
Donovan, Jim	1997-99
Dooley, Andrew	1935-37
Doris, Troy	2011-12
Dorman, Ryan.....	2015-18
Dotseth, Frank	1959
Doty, Lewis	1892
Dougherty, Robert	1959
Dougherty, Will.....	2015-18
Douglas, Chris.....	2016-19
Dow, Raymonte	2018-19, 2021-22
Drewry, Jacob	1994
Driebelbis, Roy.....	1952
Duckett, Terence.....	1981-84
Dunsorth, Ira	1954-56
Dupont, Glenn	1980
Dutton, William	1915-17
Dwight, Tim	1996-99
Dye, Charles.....	1900
Dyke, Lester M.....	1919-20
Dziubski, Dan	2003-05
Eastland, David	1969-71
Ebert, LeRoy	1952-54
Ecker, Tom.....	1956-57
Eckert, Jack	2012-15
Edwards, Jim.....	1975, 1978
Egbert, Thomas	1962
Eiel, Robert	1942
Eischeid, Peter	1995-98
Eisenlauer, Dick	1972-75
Eklin, Ian	2016-19
Elbert, Lee	2006-08
Eller, Gage.....	2017-18
Ellingson, Dawson.....	2021-22
Elliott, Edward	1939-40
Elliott, Randy	1979
Elliott, Wallace.....	1926-27
Ellis, Kevin.....	1980-82
Ellwein, Orin	1972-73
Elmitt, Connor	2009-10
Ely, Howard Lyle.....	1938
Ende, August	1896
English, Louis	1986-89



Iowa City native Tim Dwight was named Outstanding Male Athlete of the 1999 Big Ten Outdoor meet after leading the team to a runner-up finish. Earlier that year, he scored a touchdown in the Super Bowl for the Atlanta Falcons. He was an All-American and three-time Big Ten Champion in track from 1996-99, and a two-time first team All-American for the Hawkeye football team from 1994-97.



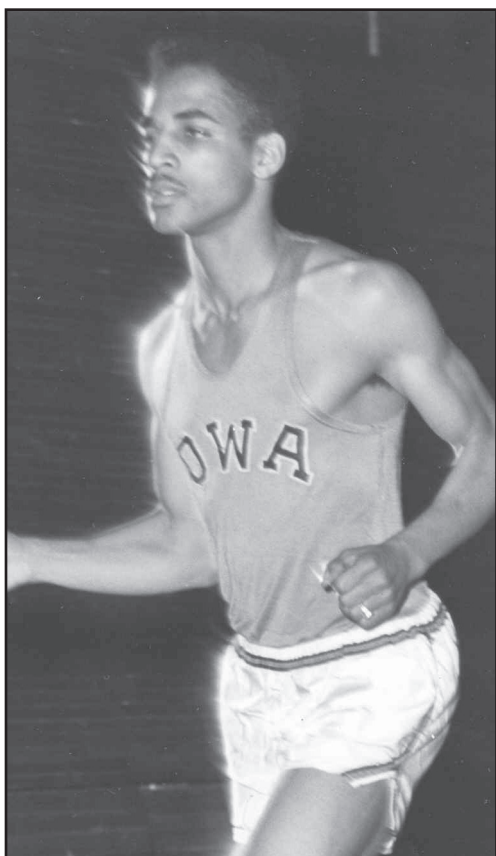
English, Steve.....	1997-99	Gableman, H.H.	1912	Hanley, C.P.	1899-1900
Engstrom, George.....	1909-10, 1912	Gajewski, Joe.....	2005	Hanlon, Thomas	1908
Erdenberger, Rick.....	1948-50	Gale, Sean.....	1994	Hansell, WW.....	1912
Erickson, Merlin.....	1939-40	Gambol, Chris.....	1984-87	Hansen, Robert H.	1958, 1960
Esche, Matt.....	2002, 2004, 2006	Ganschow, Jared.....	2014-17	Hansen, William	1975-78
Estes, Joe.....	1993-96	Gardarsson, Daniel	2015-17	Hanson, Daniel	1960
Everingham, John	1925-27	Gardner, Clyde.....	1952, 1954	Hanson, John	1912
Everman, Wayne.....	1955	Garnder, Donald	1961-63	Harkness, Merrill.....	1937-39
Faas, Lewis.....	1973-74	Garland, Dick.....	1975	Harper, Craig T.	1950-51
Faber, Scott.....	1999-02	Garretson, Herman.....	1915	Harrington, James	2014-16
Fagerline, Paul	1945-46	Gaynes, Daniel.....	2018-19	Harris, Homer E.	1936-37
Falk, Walter.....	1913	Gentry, Nolden I.....	1959	Harris, Mar'yea.....	2016-19
Falls, Gary.....	1989-91	Gerard, Matt.....	1993-94	Hart, James O.	1930
Farmer, Leicester	1942-43	Gershenson, Rich.....	1968-70	Hart, Michael.....	2014-15
Farrell, Jerome.....	1923-24	Gibbs, Richard	1965-67	Hartman, Frederick.....	1957
Farroh, Mike Alb	1929	Gilchrist, John	1929-30	Hartmann, H.W.....	1915-16
Fearing, Kenneth	1962	Gill, Owen.....	1982-83	Hartupee, Harry.....	1910
Feeldy, Chad	1995-96	Gillette, Charles	1892	Hartzler, Jeffrey.....	1974-76, 1978
Felix, Kurt.....	1999	Gilliland, F.H.....	1914	Hass, Edward	1935
Ferguson, Richard.....	1952-55	Gillum, Julien	2022	Haugo, Thomas.....	1969
Ferree, Fred.....	1965-67	Goldston, Stephen.....	1964-65	Haut, Dan	2004-06
Ferree, Nate.....	2015-16	Goodrich, Benjamin.....	1922, 1924	Hawkins, Reggie	1997
Ferree, Thomas.....	1978	Gordon, Edward L.	1929-31	Hawkins, Jordan	2021-22
Ferren, William	1891	Gordon, Maurice	1934	Hazard, A.M.....	1906-08
Fiala, Harold L.E.....	1943	Gorman, Matty.....	2005-06, 2008	Hazard, Charles.....	1908
Fieseler, Michael.....	1975-76	Gorsline, Mike	1989-91	Hazard, P.L.	1910
Finazzo, Vincent.....	1939	Gourley, Jake	2017	Healy, Noah	2019, 2022
Finch, Gastonia	1956-57	Gotthardt, Keith.....	1945-46	Heard, Bernard	1989-91
Finch, Gordon	1987-90	Graves, John	1937-39		
Findlay, Palmer	1890	Green, Al.....	1985-86		
Findley, Thomos	1890	Greenlee, Donald	1960-61		
Finney, Otis.....	1946	Greenwood, Glenn	1918-19		
Fischer, Gary.....	1961-63	Greer, Victor	1981-84		
Fisher, Jerry	1993-94	Gregorio, Anthony.....	2015		
Flage, David.....	1934	Grelck, Henry.....	1921		
Flaherty, Andy.....	1988-90	Griffith, Ronald	1966-68		
Neil Flattery	2013	Groom, Seth	2022		
Fletcher, Robert	1959	Grosser, Ernest	1938		
Flood Jr, Elmer	1945	Grubb, Frank.....	1916		
Folwell, John.....	1926	Gudgel, Spencer	2021-22		
Forward, Charles	1927-29	Gunderson, Eric.....	1932		
Foster, James F.....	1972	Gunn, Joseph.....	1928-29		
Fourman, Sam.....	2013	Haack, Peyton.....	2019, 2021		
Fowler, Richard	1952-54	Hager, Matt.....	1989-91		
Franke, Walter	1915	Hagerty, Lorin	1928		
Frazier, Carl.....	1967-69	Haines, Randall.....	1966-68		
Frazier, William	1962-65	Hairston, Adam.....	2007-11		
Freels Jr, Eugene	1946, 1950	Hall, John W.....	1952		
Freeman, Ralph	1954	Hall, Thomas M.	1947		
Friedlander, J.M.....	1920-21	Hamilton, Adam	2003-07		
Friedrich, Kurt.....	1991	Hammer, Leroy	1908-10		
Frohwein, George.....	1961	Hammon, Victor	1893		
Frye, DeJuan.....	2016-18, 2021	Hampson, J.A.....	1905		
Fudge, Arthur	1953-54	Hancock, John	1923-25		
Fuller, Levi.....	1891	Handorf, Everett	1930-32		
Fuller Jr., Richard	1978	Hands, Sidney G.....	1903-05		
Furst, Don.....	1976	Handy, Elvin.....	1924-25		



Mar'yea Harris was a 14-time All-American and five-time Big Ten Champion for the Hawkeyes from 2016-19. He ran on the school record-setting outdoor 800-meter relay and 1,600-meter relays.



Heck, Thomas G.....	1972
Hempel, Stephen.....	1970-71
Henard Jr, Robert.....	1951-53
Hendricks, John.....	1968
Henry, Armando.....	1975
Henry, Russell.....	1933-34
Herd, Kevin J.....	1990, 1993-94
Hermeier, Raymond.....	1959
Herron, Jeffery.....	2010-12
Hertzberg, Thomas.....	1960, 1962
Hesseltine, Glen.....	1952, 1954



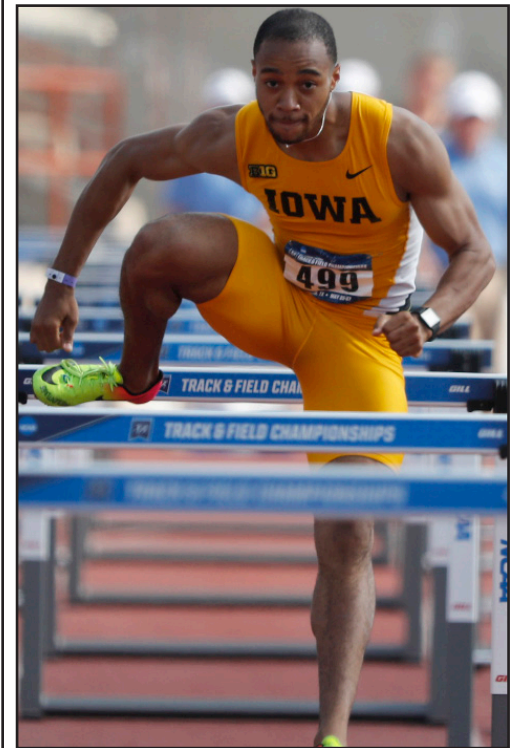
Deacon Jones was a two-time NCAA champion, two-time All-American and seven-time Big Ten champion for the Hawkeyes (1954-58). He won Iowa's first and only individual cross country national title in 1955, becoming the first African-American and sophomore national cross country champion in history. The seven-time Big Ten champion also won the national two-mile track title in 1957. During the 1957 track season, Jones was unbeaten in the college mile and two mile. He set Big Ten indoor and outdoor records in the one and two mile races. He was a two-time Olympian, running the 3,000-meter steeplechase at the 1956 games in Melbourne, Australia, and the 1960 games in Rome. Jones was inducted into the University of Iowa Varsity Club Hall of Fame as a member of the charter class in 1989.

Hexum, Richard.....	1970-71, 1973
Hickey, John.....	2006-09
Hill, Akinshe.....	2017-18
Hill, Jack.....	1958-60
Hill, Joel.....	1919, 1921
Hill, John V.....	1958-60
Hindt, William.....	1915
Hines, Hugh.....	1957-58
Hlavin, James.....	1978
Hlavin, Peter.....	1977-80
Hobbs, Samuel.....	1897-98
Hoerner, Lester.....	1943, 1947
Hofacker, Collin.....	2017-19
Hoffman, Edgar.....	1920-22
Hoffman, Gary D.....	1974
Hoffman, Jason.....	2021
Holbrook, Frank.....	1896-97
Holliday, Herman.....	1918
Hollingsworth, Gary.....	1962-64
Holloway, Warren.....	2003-04
Holmes, Barry.....	1987-88
Holmes, Ethan.....	2010-13
Holmes, Nick.....	2010, 2012-13
Holtkamp, Mark.....	1995-96
Hoskinson, Calvin.....	1932-33
Hotz, William.....	1908
Howell, Lloyd.....	1899-1900
Hoyt, Lyman.....	1923-24
Hubbard, Clarence.....	1930
Hudek, Scott.....	1993, 1996
Huff, Daniel.....	2015
Hull, Elmer C.....	1900-01
Hull, Gabe.....	2012-14
Hunn, Leonard.....	1926-28
Hunt, Jay.....	2018-19
Hunter, John.....	1944-46
Huntrods, Clint.....	2005-06
Hutton, Clyde.....	1932
Hutsalyuk, Pavlo.....	2016
Hyde, Thomas.....	1959-61
Hyland, Mark.....	1908-10
Ingram, David.....	1957
Isaacs, Omar.....	2003-05
Jack, Kaleba.....	2021
Jackson III, Harvey.....	1982
Jackson, Miles.....	1932
Jacobson, Gary.....	1983-84
Jaeger, Charles.....	1970-72
James, Antwon.....	2017
Jans, John.....	1910, 1912
Jatis, Andy.....	2016-18
Jaqua, Franklin.....	1920, 1922
Jeffers, Clyde.....	1904
Jefferson, Khullen.....	2021-22
Jefferson, Phillip.....	2022
Jennett, Clair.....	1948-50
Jennings, Craig.....	2009

Jensen, Andy.....	1977-80
Jensen, Chris.....	2004
Jensen, James.....	1973-76
Jensen, Nick.....	2017
Jerrel, Burton.....	1928
Joens, Doug.....	1989-91
Joens, Jason.....	1990-91, 1993
Joens, Sam.....	2014-16
Joens, Scott.....	1985-87
Johnson, Craig.....	1971, 1974
Johnson, Isaiah.....	1945-46, 1948
Johnson, Jordan.....	2021-22
Johnson, Kalil.....	2022
Johnstone, Alexander.....	1923
Jones, Adam.....	2017
Jones, Charles.....	1957-58
Jones, Charlie.....	1978-81
Jones, Doug.....	1985-88
Jones, Paul.....	1987-90
Jones, Paul G.....	1923-25
Jones, Thomas.....	1968
Jordan, Ryan.....	2005-08
Joslyn, A.A.....	1911-12
Justin, Raymond.....	1918-20
Kadlec, Chase.....	2009-10, 2012
Katt, Kale.....	2005-07
Keder, Lloyd.....	1922-24
Keatinge, Murray.....	1955-56
Keller II, Clyne.....	1966-67
Keller, Keith.....	1948
Kelley, John.....	1966-67
Kelly, John.....	1930
Kelly, Ryan.....	2007-09
Kelso, Tom.....	1979, 1981
Kemeny, Ken.....	2001-02, 2004-05
Kent, Jeff.....	2005-07
Kepler, Richard.....	1895-96
Keppler, Karl.....	1922
Kerr, Roger.....	1961-63
Kettlewell, Irvin.....	1903
Killinger, Louis.....	1918
King, Aidan.....	2021
Kitch, Paul.....	1955-56
Kirkwood, Tyler.....	2017
Kitt, Roland.....	1967-69
Klewin, Harold.....	1932
Klindt, Fred.....	1923-25
Knoedel, Andy.....	1979-80
Knoedel, William.....	1973-76
Knutson, Thomas.....	1965-67
Koenig, Cooper.....	2018-19
Kohl, Alvin.....	1909
Kohl, Dennis R.....	1964-66
Kohl, Gerald.....	1924
Kolb, John C.....	1963
Koon, Doug.....	1990
Korb, Tom.....	1981-83



Kostlan, F L	1919-20	Luthans, Fred.....	1960-61	McElhinney, William	1936
Kostrubala, Gary.....	1983-86	Lyle, James.....	1936-38	McGhee, Patrick	1986, 1988-89
Kostrubala, Mark	1989-90	Lyle, Ralph	1958	McGilmer, Ben	1966
Kouba, Lumir J.	1933	Lyons, Quintin.....	2021-22	McIntire, G.S.....	1921
Krakow, Alfred C.	1914	MacTaggart, Eric.....	2005-06, 2008-09	McKiver, Jen Noah	2022
Kramer, Larry	1962-64	Mahoney, Edward.....	1941	McMahon, Thomas	1905-06
Kreamer, Robert	1962-63	Maiden Jr., Sidney.....	1944	McSkimming, Brandon	2008-09
Kresley, Austin	2021-22	Maier, Shane	2004-08	Meade, Pat	1987, 1989
Kriz, Leo	1923-24	Maine, Ernest	1896	Means, Mike	1981
Kruse, Arthur G.....	1919-20	Mallett, Aaron	2014-17	Meder, Lloyd.....	1922-24
Kuczwar, Nick.....	2010-12	Mankivsky, Mark	2008-10	Meeks, Gary W.	1957
Kuhl, Milton B.....	1941-42	Mann, Ray	1926-28	Meggars, Frank H.....	1898
Kuhlman, Dan	2009-11	Mann, William	1925	Melchert, Michael	2015-18
Kunkel, Adam.....	2001	Manternach, Matt	2017-19	Menke, Roger	1966-68
Kunz, Craig.....	1986	Marasco, Frank	1918	Mercer, Nick	1997
Labond, Curtis	1967-68	Marbach, Mike	2011	Merkel, John E.	1950
Lacy, Mike	1981, 1983-85	Marchese, Brian	2009	Merkel, Russell	1948-50
Ladick, Gary	1975	Marchi, Bruno G.	1925	Merrell, T. Eugene	1969
Lake, Royd	1974-78	Marrota, Mike	1997-98	Messer, Kenneth.....	1965
Lamar, David	1982, 1984	Marquis, Fred	1926, 28	Meyer, Mark C.	1968-69
Lamb, Laird	1936-38	Marschall, John.....	1923-25	Meyering, Albert	1951
Lambert, Joe.....	1922, 1924	Marsh, Richard	1973	Meyers, Avery.....	2014-17
Lamparek, Ryan	2009-12	Marske, Herbert	1959	Meyers, C.C.....	1907
Lansing, Kenneth	1987-89	Martin, Thomas E.	1914-16	Meyers, Harry C.....	1908
Lapp, Vernon	1926-28	Maske, Norman	1963	Meyers, Joseph H.	1898
Larrison, Noah	2016-19	Massey, Wayne	1930-32	Milani, James G.	1952
Larney, Josh	2012-13	Mather, Anders V.	1913	Milder, Max	2005-08
Larsen, David	1969-70	Mathis, Louis	1951	Miller, D.G.....	1903-04
Latham, Raymond W.	1934-36	Mathews, John	1955-57		
Lawrence Jr., Wayne	2019, 2021-22	Mathies, Elgar C.....	1931		
Lawson, Robert.....	1975-76	Matteson, Orval.....	1936		
Layne, Michael	1997-99	Matthews, Alvin.....	1970-73		
Leahy, Philip W.....	1954-56	Mathis, Louis B.	1951		
Leazer, Richard.....	1961-62	Matteson, Orval.....	1936		
Leick, Tony	2000, 2002-04	Matthews, Alvin.....	1970-73		
Leonard, Larry	1964-65	Matthey, Carl	1919-20		
Leonard, Harold.....	1986	Mau, Cecil T.	1926-27		
Lester, H.S.....	1893-95	Mau, Charles	1934-35		
Leuz, William	1939-40	Mawe, William	1960-62		
Levinson, Stanley.....	1952-54	Maybank, Anthuan	1990-91, 1993		
Lewis, Kal.....	2021-22	McCalister, William.....	1977-80		
Lewis, Kevin	2012-15	McCammon, John.....	1929		
Leytze, Rudolph	1934	McClanahan, Richard.....	1947		
Lienau, Tyler	2021-22	McCluskey, Henry L.....	1893		
Lietz, Austin	2017-19, 2021	McCollister, Edwin	1938-39		
Lilly, Carter.....	2019	McConico, Jaylan	2019, 2021		
Linden, Davis	2005-06	McCorkle, Brad.....	1990		
Lindenmeyer, Frederick	1938	McCoy, B.E.....	1904		
Lindenmeyer, John	1936	McCoy, Ricky.....	1982, 1984-85		
Linnan, Luke.....	1916	McCoy, Ronnie.....	1982-85		
Lloyd, Ben	2003-04	McDermott, Eric	2002		
Loechel, Thomas.....	1972-73	McDonald, Elliot	1949		
Long, Rob.....	2004	McDonald, John.....	1958		
Louis, Jonathan.....	1897-99	McDowell, Bruce E.	1918		
Loureiro, Marco	1994, 1996	McDowell, Mike.....	1977-78		
Luciano, Jesse	2007-10	McDowell, Pete	1993-94		
Lund, Tom	1983	McElhiney, Sam	2015		



Aaron Mallett was a seven-time All-American at Iowa from 2014-17. A six time Big Ten Champion, he won three titles in the 110-meter hurdles, two in the 60-meter hurdles and one as part of a 400-meter relay.



Miller, Henry G.	1930
Miller, Pat	1983-86
Miller, Robert E.	1907-08
Miller, Erik	2017
Mincy, Tevin-Cee	2011-14
Mitchell, Robert	1928
Mockmore, Charles	1918-20
Moeller, Cole	2018, 2021
Moeller, Joel D.	1976-78
Moeller, Sean	1998-99, 2001-02
Moenck, Heath	2008
Mohr, David	1990-91
Mondane, Michael	1966-68
Moore, Edward M.	1951
Moore, George J.	1945
Moore, Tom W.	1932-34
Morch, Herbert O.	1953
Morford, J.	1908
Morris, Andre	1995-96
Morris, Andrew	1997-00
Morrissey, Steve	1990-92
Morrow, Harry	1922-24
Mortimore, M.E.	1914

Mortimore, Roy H.	1916
Morton, Raymond A.	1900
Moschella, Mike	1991
Mosley, Dennis E.	1980
Moulton, Graham	1934
Moulton, Jack A.	1928-30
Mullen, James C.	1926
Mullen, Jordan	2010-13
Munson, Harry C.	1923
Murchison, Ira J.	1952
Murphy, Daniel	2018-19
Murphy, Max	2021-22
Myers, F.M.	1910
Mylenek, Nathan	2017-19, 2021
Myler, Melvin W.	1904-05
Napier, Andy	2007-09
Neal, Fred W.	1891-93
Nelson, Carl	1935
Nelson, Donald F.	1935
Nelson, Emerson	1926-28
Nelson, Murray	1980
Nelson, Oscar E.	1930-32
Nelson, Paul H.	1935-36
Nelson, Robert	1936-37
Nelson, Robert E.	1948
Nessa, Luke	2001, 2003
Neuman, Scott	1990
Neumann, Bill	2001-03, 2005
Newell, Greg	1973
Newman, Matt	2010
Nichols, E.C.	1886-88
Nie, Bruce	1990
Nielsen, David W.	1973-75
Niver, Ryan	2006-08
Noff, Bruce O.	1954
Noll, Gerhard B.	1921-23
Nolting, Jason	2004-06
Nordheim, Nick	1998-02
Novotny, David	1993-96
Nugent, Leo C.	1917-18
Nugnis, Walter G.	1932
Oakley, John B.	1956
O'Brien, Willis J.	1910
O'Conner, Pat	1980-82
Ogwo, Emmanuel	2017
O'Hollearn, Matt	2003-06
Oehlert, Lewis	1923-24
Oest, Brandon	2010-13
Oestenstad, Kevin	1997-98
Ohly, Chad	1991, 1993-95
Okerlin, John	1932
Oliver, Ronald	1975-78
Olson, Dustin	2000
Olson, Tyler	2019, 2021-22
Olson, Harry	1959
Olson, Marvin L.	1973, 1976
O'Neil, Kevin B.	1975, 1977

Orris, William C.	1958-60
Otte, F. Lowell	1924
Oveson, Lynn	1970-72
Owen III, Eugene	1960
Owen, James C.	1935
Oxley, John R.	1948
Page, Bernard A.	1933-35
Page, Floyd	1919
Page, George	1995-97
Paige, Ralph	1918
Palmer, George B.	1953
Palumbo, Richard	1988-91
Panther, Mark A.	1934-36
Pape, Oran	1929
Park, William H.	1891
Parker, Guerdon D.	1920-21
Parker, Louis F.	1916
Parker, Mark	1977
Parsons, Charles L.	1913-15
Parsons, Harry C.	1903-05
Patrick, Jeff	1983
Patterson, Audwin	1991, 1993-94
Paul, James	2008-11
Paul, Joe	1977, 1980
Pedely, Jay	1969-70
Pelock, Josh	2017
Pendergast, Jack	2021-22
Pennino, Doug	1983-85
Peoples, Daniel	2006-07, 2009
Perry, Lawrence	1955-57
Pershing, Steve	1976-78
Peterman, Lester	1920-22
Peters, Chris	1993-97
Peterson, Donald	1955-56
Peterson, Joseph	1949
Peterson, Russell	2000-02, 2004
Petsche, Jeremy	2006-08
Phelps, Garry L.	1968-69
Phelps, Harold R.	1923-25
Phelps, Lowell D.	1925-27
Phillips, Van L.	1935-36
Pierre, David	2006-07
Pinsker, William A.	1929
Piper, James P.	1964
Piper, Nick J.	1954-56
Pirkel, Jeff	1984-86
Pittman, Jared	1995-96, 1998
Pleskac, Tim	1998-00
Ploen, Rex H.	1946, 48
Pluff, Zack	2021-22
Poots, Justin	1999, 2001-02
Porter, James	1994
Powers Jr., John L.	1916
Prall, Jonathan	1898
Presley, Bruce	1969-71
Prill, Frank	2007-10
Pristine, Leonard	1920-22



Anthuan Maybank is Iowa's most recent Olympic gold medalist, running on the winning 1,600-meter relay at the 1996 Games in Atlanta. He was a four-time All-American and seven-time Big Ten Champion for the Hawkeyes from 1990-93. Maybank was named Big Ten Athlete of the Year in 1993, and holds school records in the indoor and outdoor long jump.



Price, Brad	1981	Rose, Winston	1993	Slater, Frederick	1919-21
Price, Brook	2015-16	Rosebaugh, Arthur	1919	Slaymaker, Kyle	2012-13
Price, John	1965	Roseman, Garry	1990-93	Slingsby, Tim	1989
Prom, Nathan	2011-14	Rosen, Melvin	1950	Smith, Alex	1998-99
Prudhon, Wayne M.	1918	Ross, Charles W.	1902-04	Smith Jr, Ambrose	1945-46
Pullman, Norman	1942	Rothwell, Eric	2000-01, 2003-04	Smith, Andrew	2011
Purnell, Mark	1975-77	Rowe, Dewitt	1915	Smith, Bob L.	1984-85
Quarles, Brian	1980	Rozell, Edward	1995-98	Smith, Caesar	1983-85
Rae, Brian	2003-06	Russell, Fred	2001	Smith, C.W.	1905
Rakaric, Tony	2003-06	Rybarczyk, Matt	1990	Smith, Charles E.	1921-23
Ralph, Dan	1998-01	Ryerson, Karl E.	1940	Smith, Darrin	1991, 1993
Randolph, Alvin	1964-66	Safley, Thomas E.	1968	Smith Jr, Earl H.	1954
Rauker, James L.	1961	Saling, George J.	1929-30, 1932	Smith, Floyd	1910
Raymond, Jeff	2006-08	Salter, Robert	1974-75, 1977	Smith, J. Ty	1920
Raymond, Monte	1996-98	Sametz, Rob	1980	Smith, L.L.	1919
Read, Harold	1923	Sampson, Linwood	1967	Smith, Lamar F.	1935
Reed, Aaron	2005-08	Sampson, Luke	2018	Smith, Lowell E.	1918-20
Reed, F.C.	1910-11	Sangster, Tom	1948-50	Smith, Sean	2022
Reed, Gratt	2021-22	Sansen, Oliver M.	1931-32	Smith, Wardell	1956
Rehder, Dennis	1959-60	Santino, William	1976-78	Smith, William L.	1966
Reichelt, W.L.	1912	Sarris, Paul	1997-98, 2001-01	Snook, William H.	1950
Reid, Kyle	2010, 2012-14	Saucer, Jr., Vinnie	2015-16	Soltys, Taylor	2015
Reid, Morrison	1972-74	Sayon, Zeke	2009-11	Sommer, Karson	2018-19
Reif, William E.	1961-62	Scarr, F.M.	1903	Sommer, Konnor	2022
Reimer, Jonathan	1965-67	Schaapveld, Mark	2006-09	Sorenson, Alfred	1925
Remley, Robert G.	1907-08	Schimp, Zachary	2009-10	Sorenson, Einer	1925-26
Renshaw, Fred E.	1906-07	Schlaser, Verne	1935	Sorrells, Tyree	2018-19
Reiko, Rodney	1994-96	Schlauder, Arthur	1940-42	Soto, Daniel	2016, 2018-19, 2021
Reyes, William	1965	Schlotzhauer, Blake	2006	Sowinski, Erik	2009-12
Reynolds, Thomas	2010	Schmidt, Christi	1934	Spejcher, Kevin	2013-16
Rice, Harry H.	1925, 1927	Schmidt, John W.	1937-38	Spencer, William	1942
Rich, Edward G.	1921	Schnoor, Carl F.	1940	Splan, Zach	2007-10
Richards, Chadrick	2022	Schoof, Steve	1996	Stamats, Ralph I.	1928-29
Richards, Gary L.	1962-64	Schum, Robert L.	1970-72	Stancombe, Ben	2010-13
Richards, Patrick	2009-12	Schuster, Evan	2021-22	Stanfield, S.E.	1905
Richardson, D'Juan	2009-12	Schwengel, Franklin	1953	Stank, Matt	2001
Rickels, Keaton	2010-12	Schwitters, Chad	1996-99	Stanley, Arthur	1930
Rieger, Cameron	2012-13	Scott, Gary	1951-53	Stanowski, Craig	1980
Riemcke, CA	1903, 1906-07	Scott, Kelly	1987-88	Stapleton, Jr., DeAndre	2021-22
Riley, Prince	2006-07	Seiling, Fred O.	1921	Steele, Paul	1986-89
Riley, Steve	1979	Sewell, Pat	1979	Steele, Stetson	1996-97, 1999-00
Riley, William F.	1905-07	Seymour, Michael	1994	Steffen, Mark	1970-72
Ringena, E.J.	1906	Shakoor, Damini	1994-96	Stein, Robert A.	1979
Ristine, Leonard	1920, 1922	Shaver, Leroy G.	1945	Steinbeck, Kenneth	1942-43
Roberts, Dale A.	1938-39	Sheedy, CC	1919	Steinberg, Albert	1911-12
Roberts, Fred	1928-30	Sheehan, Daniel	1946	Steussy, William	1970, 1972-73
Roberts, Jeff	2019, 2021	Sheldon, Jay A.	1973-76	Stevens, Jerry L.	1968
Roberts, Orthel	1924-26	Sherman, Robert	1962	Stevens, Lester	1954-56
Robinson, Joseph	1973-76	Shope, Richard E.	1920, 1922-23	Stevens, Stephen	1974
Robinson, Leonard	1894-95	Shrader, E.G.	1913-15	Stevenson, W.V.	1928-29
Roche, Adam	2004-06	Sidney, Earl W.	1961, 1963	Steward, Everett	2021-22
Rock, J.J.	1914	Simons, James D.	1908	Still, Alec	2019, 2021-22
Rocker, Sidney	1963-64	Simpson, Jack S.	1947-50	Stoner, Harold E.	1918-19
Roehl, Marc	1994	Skinner, Eugene	1935-37	Storm, Joel	2002, 2004
Roethler, Nolan	2022	Skowbo, Stuart W.	1930-31	Story, Raymond E.	1932
Rolling, Dan	2007-10	Slack, Thomas	1976-79	Strang, Ryan	2003-05
Rorick, E.E.	1908	Slater, Albert L.	1945	Streeter, Stanley	1911-13

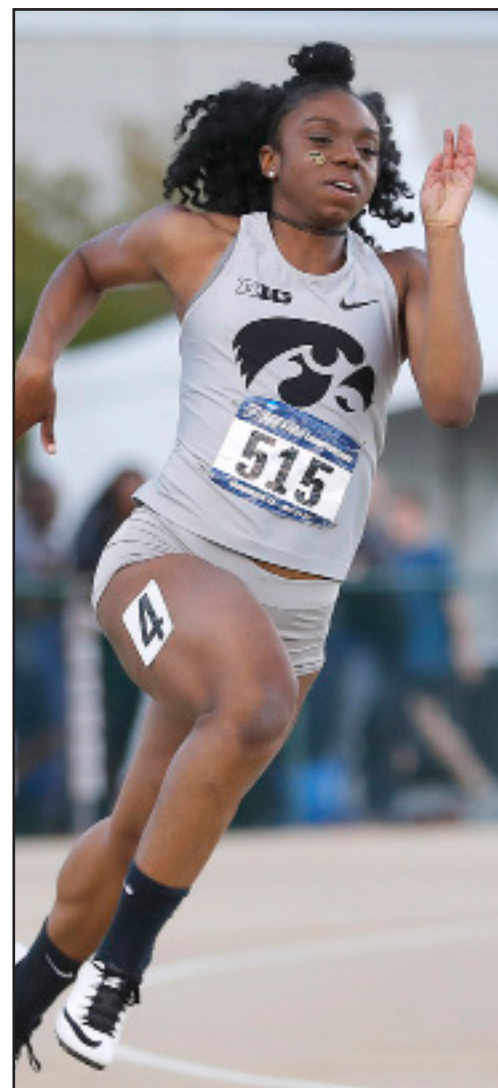


Men's All-Time Letterwinners

Strong, Martin	2022	Vana, Rudolph	1928	Woodard, Antonio	2017, 2021
Stross, Trey	2007-08	VanCleave, Kaleb	2012-15	Wilfong, Caleb	2013
Strozier, D'Juan	1988-89	VanDenend, Micah	2006-08	Wilkerson, Edward	1942
Stubbard, Ira D.....	1913	Van Der Westhuizen, Arno	1999-01	Wilkinson, Herbert	1945-46
Stutsman, Issac.....	1908-09	Van Draska, Tysen	2017-19, 2021	Wilkinson, John	1967
Sumner, M.L.	1913	Van Dyke, Gardner.....	1955-57	Willer, James F.	1930-31
Sundberg, Richard	1969	Van Ness, J. Everett.....	1924	Willet, F.E.....	1905
Swedberg, Rodger	1954	Van Oosterhout, Peter.....	1892	Willey, Steven	2008-11
Swenson, William	1923-24, 1926	Varner, Ray	2007-10	Williams, Anthony	2018-19
Swift, CH	1902-04	Ventura, Scott.....	1986	Williams, Chris.....	1980-83
Swisher, Michael.....	1973	Ventura, Scott.....	1987-88	Williams, Earl H.	1926
Sykes, Leonard L.	1951-52	Vollenweider, Henry	1940-42	Williams, Fred A.	1896, 1898-99
Szabo, Steve.....	1966-67	Voller, Chris.....	2002-05	Williams, Jerry	1960-62
Tabb, Charles L.....	1933	Vonahsen, Virgil.....	1951	Williams, John S.....	1972-73
Tate, Tommy	2007, 2009	Waddelow, Dan	1978	Williams, Joseph.....	1894
Taylor, Charles	1917	Wahl, Ernest F.	1918-19	Williams, Kenny	1983-86
Teberg, Dale.....	1967-68	Wallace, Thomas	1971	Williams, Samuel	1900-02
Tefer, John.....	1970-72	Wallen, Allen	1916, 1919-20	Williamson, Scott.....	2000-02
Teubel, Will.....	2013-16	Walker, Kalen	2022	Wilmoth, Charles.....	1928
Teubel, Nolan.....	2017-19	Walter, Todd	1941	Wilson, Arlo.....	1910-11
Teufel, John C.....	1937-39	Wakenight, Jason.....	2004, 2006	Wilson, Brice.....	2008-09
Teufel, William	1937-39	Waples, Eliot O.	1936-37	Wilson, Dennis B.....	1973
Theisen, Bill	1984-86	Waples, Robert S.	1938	Wilson, Eric C.....	1921-23
Thode, Jeff.....	2010-12	Warner, Joseph S.	1898-1900	Wilson Jr, Eric C.	1946, 1948
Thomas, Adam.....	1999-01, 2003	Warren, John R.	1958-60	Wilson, James L.	1939-40
Thomas, Arthur W.	1929	Warrington, John.....	1931	Wilson, James P.	1955
Thomas, Brian.....	1991	Washington, Richard	1946, 1948	Wilson, L.A.....	1899-1901
Thomas, David.....	1925-27	Waters, Danny	1983, 1985-86	Wilson, Lawrence	1968-70
Thomas, John W.	1961-62	Waymire, Pat	1991	Wilson, O'Shea	2014, 2018
Thomas, Pat.....	1973	Webb, Cloyd W.	1961-63	Windauer, Bobby.....	2007, 2009
Thompson, Brendan	2014-17	Webster, Alex.....	2006	Wise, Kevin	2001
Thompson, Dale C.	1965-66	Weik, John.....	1948, 1950-51	Wisgerhof, Max V.....	1934-35
Thompson, Chris.....	2017-19	Weiland, F.H.....	1900, 1902	Witt, Ben.....	2012-15
Thorpe, Walter R.	1945	Weinrich, AF	1903	Wolf, Irvin	1941-42
Thurston, Larue	1930-32	Weir, Ryan.....	2012-13	Wolfe, Daniel A.	1965-67
Tiernan, Stephen	1965	Weldon, LD	1930-31	Wolff, Mitch.....	2014-17
Todd, Walter C.....	1941	Wellington, Rodney	1973-75	Wood, David	1990
Trainor, Dan	2002, 2004	Welter, Joe.....	2000-03	Wood, Richard R.....	1958
Traphagen, Stephen.....	2004	Wertman, Phil.....	1969-71	Woody, Drake	2021-22
Trattner, Nick	2021-22	West, Austin	2021-22	Woodard, Antonio	2018-19
Trimble, Ralph	1961-63	Wheeler, Ted.....	1952-53, 1956	Workhoven, Harry	1929
Triplett, Orle F.	1916	Weldon, L.D.....	1930-31	Workman, Robert	1942
Trott, Emil G.....	1932	Wellington, Rodney	1973-75	Wright, George E.	1953
Troughton, Edward	1965	Wertman, Philip.....	1969-71	Wright, John	1986
Trowers, Dion	1995-98	Wheeler, Kyle.....	2012	Wyatt, Bernard T.....	1961
Tucker, James	1960-62	Wheeler, Ted S.....	1952-53, 56	Wyland, Guido.....	1917
Tullett, Jonathan	1994-95	White, David.....	1990-91	Yamini, Bashir	1996-99
Tupper, Richard.....	1949	White, George H.....	1956, 1958	Yavorsky, G.W.....	1902-03
Turner, Byron M.....	1929	White, Roy A.....	1908	Young, D.R.	1918
Turner, Damion.....	1998	Whitworth, Rex H.	1944	Young, H.E.	1903-05
Tuufuli, Reno	2016-19	Wickey, Howard.....	1931	Young, James V.	1956-58
Tweedy, Josh.....	2003-05	Wieczorek, Larry.....	1966-68	Young, Nick	2010
Tyler, Samuel	1913-14	Wiese, Andy	1984-87	Young, Richard D.	1918
Ure, Samuel R.....	1892-93	Wiggins, Edward.....	1938-39	Youngerman, Wesley.....	1930-32
Utsinger, Donald A.....	1967-69	Wigginton, Todd	1984-86	Zell, Edward H.....	1922-23
Valdes, Graham	2008-12	Wilcox, Francis.....	1928, 1930	Zittnan, David D.	1975, 78
Valentine, Dennis.....	1961	Wilcox, Kenneth	1934	Zona, Alex.....	2007-10

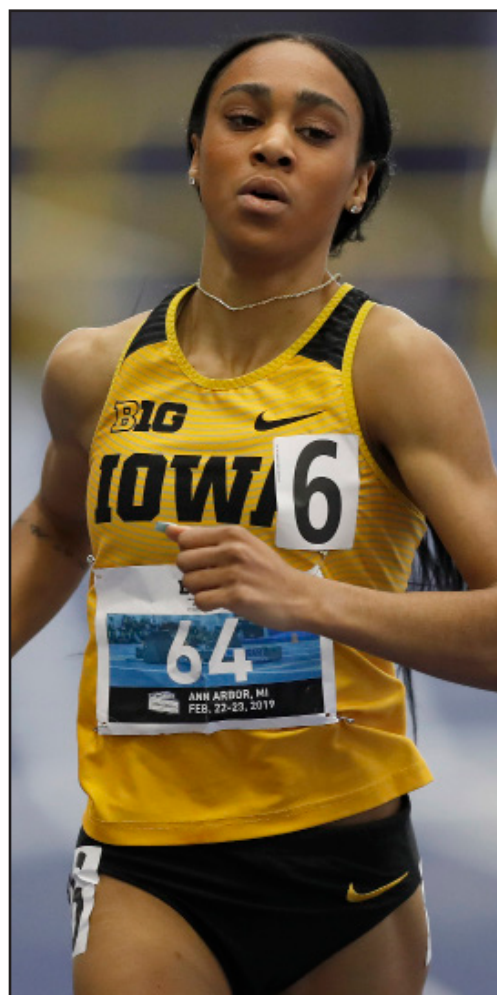


Abel, Maureen.....	1978-80	Bradley, Cheryl.....	1982	Connelly, Michelle	1978
Abel, Sara	1981	Brandt, Jan.....	NA	Cook, Margaret.....	NA
Adam, Carol.....	1984	Bray, Emily	NA	Cooper, Susan.....	1977-78
Adams, Janet	1981-84	Breen, Kelly.....	2015, 2017	Corcoran, Kelly.....	NA
Adams, Kristen.....	1986-88	Brennen, Catherine	1981	Costello, Beth	1980
Adams-Brown, Lacey	2001	Brines, Miya.....	2022	Crossett, Lisa.....	1983-87
Aesoph, Amber.....	2022	Britt, Nia	2017-19, 2021-22	Cullinan, Eve	2001-03
Akason, Logan	2021-22	Brooks, Marta.....	1979-80	Curry, Rachel	2010-14
Albert, Janet	1984-87	Broomfield, Erica	1998	Dahl, Tracy	1990-94
Alexander, Kineke	2005-08	Brower, Jennifer.....	1989-92	Damron, Leatha.....	1985
Alexia, Adrienne	2011-15	Brown, Brittany.....	2014-15, 2017-18	Daniel, Megan	1993-94
Almquist, Heidi	NA	Brown, Leslie	1989	Dankof, Sarah.....	2002
Althoff, Martha.....	NA	Brown, Nicole	1995-97	Darland, Sheila	1994-95
Ambrose, Suzanne.....	1982-83	Brown, Serena	2021		
Amenda, Barbara.....	1979	Bruxvoort, Mariel	2021-22		
Anderson, Blair.....	2002	Burgett, Sarah.....	2004-07		
Anderson, Debra.....	NA	Burke, Jolly	2007-09		
Anderson, Krista	2006-08	Burnham, Vicki	1978		
Anderson, Lindsey	2009	Burris, Anne.....	1979		
Andrews, Amy	1983	Buss, Talia	2017-19		
Andrews, Karen	1978-80	Butler, Katie	1999-2001		
Anton, Christen.....	NA	Buyse, Kathy.....	1986		
Arch, Mary.....	2021	Bynoe, Stacey-Leigh.....	1996-99		
Arco, Taylor.....	2017, 2019	Calhoun, Brenda.....	1984		
Arens, Sarah	2000-04	Camarigg, Denise.....	1981		
Armstrong, Meghan	2005-08	Campbell, Laura.....	NA		
Avant, Kyara	2018	Capista, Jenni.....	2002, 2005		
Bacchus, Caleigh.....	2007-10	Carr, Lori	1986		
Bain, Robin	1985	Carty, Amanda	2019		
Barber, Atalie	2001-04	Casey, Joyce	NA		
Bare, Wendy	1987	Cervin, Judith.....	1980		
Barnes, Holly	1992-93	Chadwick, Angela	1989-92		
Bauer, Alivia.....	2022	Champe, Sheridan	2015-18		
Bebe, Myreanna	2021-22	Chandler, Heaven	2016-17		
Beck, Mandy.....	1999-2002	Chandler, Mandy	2006-07, 2009		
Bennett, Stephanie.....	1983, 1985	Chapman, Carrie.....	1977-78		
Benning, Briana	1994-97	Chapman, Taylor.....	2016-17		
Benson, Nicole.....	2013	Chapple, Nikki.....	2004-06		
Bentler, Catherine.....	1990-92	Charles, Nicole.....	2001-03		
Bergman, Julie	1985	Chatterson, Joyce	1979		
Berndt, Danielle.....	2009-12	Christian, Antonise	2021		
Berry, Nicole	2022	Cevalleau, Karen	1989		
Betz, Anne	NA	Childs, Kacey.....	1998-2001		
Betz, Michelle.....	1983	Chow, Sophia	2001-03		
Billman, Angela.....	1992-93	Choynacki, Gretchen	1983		
Blackstone, Kerri.....	1996-99	Christensen, Mari	1983		
Block, Maddie.....	2022	Christian, Antonise	2018-19		
Blossfeld, Suzanne	1978-79	Clapperton, Gaye.....	1978-79		
Blum, Virginia	NA	Clarke, Megan.....	2007		
Boatright, Lakeya.....	1998-99	Clarke, Coretta.....	1995, 1999		
Boddicker, Bev	1978-80	Claussen, Traci	1986-89		
Boland, Erin	1992-95	Colbert, Leah	2015-18		
Bookin-Nosbisch, Alli.....	2021-22	Cole, Wynsome.....	1994-98		
Bookin-Nosbisch, Grace	2022	Colegrove, Erica.....	NA		
Borg, Becki.....	1987-89	Coleman, Becky	1994-97		
Bote Gonzalez, Marta	2015, 2017-18	Collins, Sydney.....	2017-18		
Bouska, Any	1989-92	Combs, Anne	1982		



Brittany Brown was a nine-time All-American in the sprints for the Hawkeyes from 2014-18. The five-time Big Ten Champion won the indoor and outdoor 200-meter conference titles in 2017 and 2018, and anchored the winning 400-meter relay in 2014. She still holds the school records in the indoor and outdoor 200 meters, and as part of the 800-meter relay at Iowa.

Davenport, Chris.....	1981-83
Davis, Diane.....	1983
Davis, Eileen.....	1978-79
Davis, Lynne.....	1983-86
Davis, Stephanie.....	1988
Davis, Vickie.....	1986
Decker, Amber.....	2017
DeGeorge, Kelli.....	2017-19
Deldin, Patricia.....	1982
Deluca, Sarah C. Abel.....	1979-81
Dickerson, Cristy.....	1981-82
Dinkla, Kristi.....	1985-86
Dixon, Pamela.....	1978
Dixon, Tamara.....	2001-02
Dlhy, Brittany.....	2009-12
Doak, Nan.....	1981-85
Dobrowolski, Anne.....	1982-86
Docherty, Beverly.....	1977-80



Briana Guillory was a six-time All-American in the sprints for Iowa from 2016-19. She won three Big Ten titles and was named 2016 Big Ten Women's Outdoor Freshman of the Year. She still holds outdoor school records in the 400 meters, and as part of the 800-meter and 1,600-meter relays.

Docherty, Jennie.....	2006, 2009
Donahue, Carly.....	2018-19
Donlon, Katie.....	2002-05
Dowd, Erin.....	2021-22
Doyle, Renee.....	1986-89
Drapcho, Rosemary.....	1978-81
Dresselhaus, Ann.....	1978-80
Drewry, Allison.....	1995-96
Drulis, Julie.....	1997-98
Duhaney, Dahlia.....	1989
Dunlevy, Jane.....	1977
Dunlop, Amy.....	1977-79
Egan, Bridgette.....	1991-93
Eilers, Brooke.....	2009, 2011-13
Elbert, Jenni.....	2005-06
Emmons, Diane.....	1979-80
Ellis, Cassidy.....	2014-15
Ellis, Katie.....	2008-09
Erickson, Nicole.....	2009-12
Esche, Molly.....	2005-08
Fabian, Cynthia.....	1981-82
Fallon, Fionna.....	2009-10
Farley, Karessa.....	2008-10
Feltes, Teresa.....	1977-78
Fisher, Niki.....	1996
Fishwald, Karen.....	1981
Fitzpatrick, Laney.....	2022
Fleck, Shawn.....	1995-96
Flood, Betsy.....	2009-12
Floyd, Ida "Tina".....	1991-95
Flynn, Anne.....	1982-85
Flynn, Erin.....	1978-82
Fouché, Jessica.....	2003
Franklin, Becca.....	2005-07
Fraser, Melissa.....	1995-97
Freed, Jill.....	1988-89
Freund, Kay.....	1978-81
Friedlander, Laura.....	1985-86
Fritz, Courtney.....	2011-14
Galbraith, Sheila.....	1992-93
Gallery, Julie.....	1998, 2000-02
Gantz, Ellen.....	1997-99
Garmanian, Debbie.....	1977
Gattone, Allison.....	2013-16
Gaupp, Colleen.....	1978-81
Gay, Alexis.....	2017-19
Giampapa, Michelle.....	1986
Gilbaugh, Laura.....	1983
Gilchrist, Alienor.....	1997
Gillespie, Kathy.....	1982-85
Gilson, Jennifer.....	2002
Gnage, Lynn.....	1983
Goettsch, Shelley.....	1988
Gooch, Susan.....	1977
Goodell, Dakotah.....	2013-16
Gordon, Emma.....	2021-22
Gorham, Maria.....	2019, 2021-22
Gorman, Keelin.....	2011-12
Graber, Kim.....	1976-78
Graham, Kara-Aretha.....	2007-10
Granger, Ashley.....	2005-06
Grant, Ellen.....	1994-97
Griffin, Maggie.....	1997-00
Griffin, Sara.....	1986-89
Gripp, Sue.....	1978
Gritters, Stephanie.....	1982-84
Guillory, Briana.....	2016-19
Gulvas, Ashlyn.....	2011-13
Guster, Elexis.....	2014-16
Haefke, Kristen.....	1997-98
Haggerty, Laura.....	1985-86
Haight, Micaela.....	2011
Hall, Maggie.....	1998-99
Hammond, Erika.....	2017-19, 2021
Hamilton, Jana.....	1979-80
Hardesty, Amanda.....	2008-11
Hardesty, Lauren.....	2008-11
Hargrave, Tashee.....	2017-18
Hargrove, LaSarah.....	2021-22
Harris, Susan.....	NA
Hart, Kelsey.....	2011, 2013
Harold, Lydia.....	2016
Hassin, Kathryn.....	1977
Hawes, Michelle.....	1984-86
Hawks, Rachel.....	2009
Hawkins, Senta.....	1985-88
Hayden, Jenny.....	1982-83
Healy, Patty.....	1982
Heath, Maureen.....	1977-80
Hedlund, Laurie.....	1977-78
Hendricks, Tiffany.....	2008-11
Henize, Sarah.....	2008
Hensel, Angie.....	2004-05
Hentges, Leah.....	1999-2000
Heppner, Molly.....	1983
Hernandez, Alexis.....	2014, 2016-17
Herra, Lindsay.....	2014-16
Herrmann, Katie.....	2003-04
Hershberger, Jodi.....	1981-83, 1985
Hill, Shelley.....	NA
Hinz, Kara.....	2000-01
Hoback, Katie.....	2002
Hobbs, Yolanda.....	1991-95
Hochhalter, Kayla.....	2015
Hoehle, Zanetta.....	1978-81
Hoeman, Cari.....	1998-99
Holder, MonTayla.....	2013-16
Hollensbe, Julie.....	2017
Holly, Karen.....	1981-83
Holmes, Christa.....	1990-92
Holst, Brittany.....	2013
Holst, Mindy.....	1991-92
Hornof, Debbie.....	1981-82
Hoskins, Tami.....	1988-92



Hosmer, Rachel.....	1990-92	Kruse, Renee.....	1986-89	Melander, McKenzie.....	2009-12
Hostetler, Anna.....	2019	Kubitz, Christine.....	1996-97, 1999	Menson, Angela.....	1982
Houmiel, Tami.....	1988-91	Kull, Carolyn.....	1978-79	Merry, Ashley.....	2005
Houtz, Janna.....	1983-84	Kull, Marcia.....	1977-78	Mettelmann, Perriann.....	1979
Hovorka, Julia.....	NA	Kwaza, Lake.....	2013-16	Mikkelsen, Peggy.....	1980
Howe, Amanda.....	2019, 2021-22	Labs, Kelsey.....	2011	Millange, Michele.....	1976-77
Huber, Keely.....	2002-03	Laesch, Jackie.....	2010, 2012	Miller, Missy.....	2010
Huggins, Dallyssa.....	2021	Lahann, Michelle.....	2000-04	Miller, Zinnia.....	2011-14
Hull, Sherri.....	1983, 1985-87	Lambrecht, Carol.....	1977-78	Millward, Georgia.....	2001-05
Hume, Aisha.....	2001-05	Laney, Jordan.....	2004-05, 2007	Mims, Kelsey.....	2009-11
Hunt, Alexa.....	2014	Lantrip, Aubrianna.....	2017-19	Mims, Monica.....	2005-08
Hutchins, Kayla.....	2021-22	Larsen, Chloe.....	2022	Mims, Susan.....	1977-80
Hyde, Leslie.....	NA	Larson, Erica.....	1978	Misel, Kara.....	2018
Hynes, Mary.....	1977	Laye, Jada.....	2019	Mitchell, Elizabeth.....	1978-79
Jackson, Jennifer.....	1983	Layne, Karen.....	1989-92	Moats, Lisa.....	1986-87
Jackson, Kathy.....	1982-83	Leacock, Carissa.....	2011-14	Mol, Mary.....	1982-85
Jackson, Staci.....	1989	Lessard, Megan.....	2010	Molony, Terry.....	NA
Jacobsen, Julie.....	1977	Levang, Margo.....	1998	Moody, Kat.....	2021-22
James, Aisha.....	2003	Leydens, Connie.....	1980	Moon, Jennifer.....	2000
Jaspers, Janelle.....	1986-89	Linner, Michelle.....	1979-80	Moore, Jackie.....	1984
Joens, Angela.....	NA	Lisy, Jennifer.....	1992-93		
Joens, Sara.....	1986-89	Liverpool, Ashley.....	2011-12		
Johns, Jennifer.....	NA	Love, Lia.....	2022		
Johnson, Jeanne.....	1979	Lund, Yvonne Irene.....	1979-80		
Johnson, Jennifer.....	1991-94	Lundquist, Lisa.....	1978		
Johnson, Nichole.....	1991-93	Lynberg, Michele.....	1977-78		
Johnson, Tiffany.....	2004-07	Magee, Paige.....	2021-22		
Joiner, Karina.....	2021	Maks, Stephanie.....	1982-84		
Jones, Aditya.....	2005-07	Marchand, Racheal.....	2005-09		
Jones, Alana.....	2015, 17	Marconi, Janelle.....	1987-89		
Jones, Elaine.....	1982-85	Marks, Tricia.....	1986-89		
Jones, Erin.....	2011-12	Marshall, Kamesha.....	2003-05		
Jones, Patricia.....	1989-91	Marshall, Sue.....	1978		
Jones, Peggy.....	1978	Martin, Courtney.....	2014-15		
Jordan, Mariah.....	2010	Mashek, Lori.....	1980-81		
Kasparbauer, Amy.....	2001	Maser, Shannon.....	2014-15		
Kaufman, Dominique.....	1995	Mason, Jacolyn.....	1984		
Kaza, Rebecca.....	1995-99	Matsunaga, Stephanie.....	1996		
Kerr, Tammilee.....	2005-08	Mattingly, Marianne.....	1978-80		
Kiciak, Jennifer.....	1996-97	Maurer, Megan.....	1995-98		
Kilmer, Margaret.....	NA	Mayberry, Mytika.....	2022		
Kintzel, Denise.....	1977-78	McCabe, Grace.....	2019		
Kimbrow, Jenny.....	2017-19, 2021	McCalla, Lindsey.....	2004-06		
King, Mallory.....	2017-19, 2021-22	McClure, Michaela.....	1998		
Kiraly, Tricia.....	1986-89	McDonald, Jade.....	2022		
Kirgis, Lori.....	1980	McDougall, Elizabeth.....	1989		
Kleinfelter, Natalie.....	1993-94	McDowell, Tina.....	1991-94		
Knight, Kristin.....	2001-03	McGarrahan, Kimberly.....	1987-88		
Knoblauch, Mary.....	1981	McGuire, Margaret.....	1989		
Knox, Nancy.....	1977	McGuire, Michelle.....	1983		
Koch, Suzanne.....	1982-83	McKee, Brooke.....	2022		
Kofron, Jamie.....	2021-22	McKee, Jessica.....	2022		
Kotarba, Christine.....	2004-05	McKenzie, Vivien.....	1983-86		
Krekeler, Rebecca Ann.....	1978-79	McManus, Maureen.....	1980		
Kreiner, Laura.....	1989-92	McMillan, Lynn.....	1986-88		
Kruckenberger, Jeanne.....	1987-90	McRell, Amy.....	1989-93		
Kruck, Kim.....	1993-95	Medenwaldt, Tiffany.....	2010		



Elaxis Guster was a seven-time All-American for the Hawkeyes from 2014-16. The four-time Big Ten Champion won three titles in the 400 meters and one as part of an 1,600-meter relay. She anchored the 1,600-meter relay to an outdoor school record in 2016.



Women's All-Time Letterwinners

Moore, Jennifer1987-89
 Moore, Jennifer S.1991-93
 Moore, Katie2021-22
 Moore, Raven2010, 2012
 Moreno, Susan1977-79
 Morken, Kylie2018-19
 Mueller, Marissa2018-19, 2021
 Mugge, Jill1978
 Mumford, Suzanne1983-84
 Murphy, Amy1999-00
 Murray, Sara1993
 Neighbors, Jill1983
 Nelson, Kaitlyn2013-16
 Nelson, Major Sue1977-78
 Newbrough, Haley1997
 Newhouse, Carolyn2014-16
 Newman, Ronda1977
 Nukuri, Diane2007-08
 O'Brien, Penny1981, 1983-85

O'Hern, Erin2005-06, 2008
 Oladele-Ajose, Tayo2013-14
 O'Leary, Jeann1976-79
 O'Neil, Erin1981-82
 Orr, Davera1984-87
 Oti, Helen1993
 Owens, Maria1999
 Pare, Anne1996
 Parker, Judy1981-82
 Parmiter, Catherine2000
 Parsons, Jodi1991-94
 Paterno, Janey1977
 Pauling, Kiersten1994-96
 Pearson, Laura2005
 Pedersen, Tiff2002-05
 Perkins, Tiffany2002
 Perry, Nylah2021 -22
 Perry, Sarah Spencer2009
 Petersen, Katie2021
 Peterson, Jodi1989-93
 Peth, MariaNA
 Philip, Maria1996
 Pisha, Stephanie1978
 Pitcher, Clare2021-22
 Placzek, Lena2011
 Plock, Sarah2018
 Poncè, Sophia2007-10
 Poole, Marlene1991, 1993-95
 Powell, Beverly1988-89
 Powers, Mary1983
 Praska, Bethany2008-11
 Prendergast, Colleen1997-99, 2001
 Prescott, Elyse2021
 Price, Rachel2013-14
 Providence, Jiselle2001-03
 Quigley, Kristina1999-2000
 Quinn, Kelsey2012
 Radakovich, Bobby1992-94
 Raheem, Ruqayya1996-99
 Ranegar, Megan2010-13
 Redfern, Alana2002-03
 Redies, Shelly1984-86
 Reid, Tanja1994-95
 Rehn, Katherin2011
 Reischmann, Anne2015
 Renning, Shani1990, 1992-94
 Renquist, Wren2022
 Reynolds, Roxanne1988
 Richardson, Eavion2021
 Richardson, Holly1977
 Riedl, Carrie1978
 Rimpson, Michelle1986
 Roach, Ianna2021-22
 Roach, Peaches2004-07
 Roberts, Ericka2000-03
 Roberts, Rachelle1987-89
 Roberts, Tesa2021-22

Roberts-Lewis, Jaylenn2016-18
 Roeder, Hannah2008-11
 Roehl, Becky1994-97
 Romic, Kimberly1987-88
 Rouw, Madison2014-16
 Rozycki, Laurie1996
 Ruden, Lindsey1994
 Ruen, Paula1996-99
 Ruffcorn, Ann1999-2000
 Russo, Diane1979-82
 Ryan, Sarah2012-14
 Ryken, Karen1977
 Salazar, Nina1986-88
 Salsberry, Christine1991-93
 Sas, Kathryn1983
 Sasseen, Dee1986
 Sasseen, D'anNA
 Sather, Mari1983
 Saunders, Tia2017-19, 2021
 Scheibel, Jill1996-99
 Schilb, Hannah2017-19
 Schlueter, Janna1983-84
 Schmidt, Jessica2005-08
 Schmidt, Kristi2000
 Schneckloth, Kim1987-89
 Schneider, Ann1980
 Schoborg, Mickey1984-86
 Schoonover, Jennifer1994
 Schott, Megan2019
 Schrulle, Mareike2013
 Scott, Lauren2013
 Sears, Laura1984-87
 See, Maribeth1983-86
 Selsor, Kristin1982-85
 Shannon, Gina1998-2001
 Sharpe, Sommer2018
 Shine, Anrea2018-19
 Shearer, Anna1999
 Sheeley, Erin2005
 Sheetz, Terri1977
 Simmons, Tria2016-19
 Simon, Clara1981
 Simonson, Hannah2011-12
 Simpson, Alycia1986-89
 Simpson, Jasmine2011-14
 Sims, Sharon1977-78
 Sindt, Jordyn2014-17
 Slocum, WendyNA
 Smith, Annemie2012-15
 Smith, Gail1982-85
 Smith, Amy2017-18
 Snow, Kathy1986-87
 Snow, Shari1981
 Sokol, Michelle2002-03, 2005
 Soldan, Terri1981-83
 Spangler, Jenni1982, 1984-86
 Spanoudakis, Konstadina2018-19



Bethany Praska was a two-time All-American and three-time Big Ten champion for Iowa from 2008-11. She still holds school records in the outdoor 800 meters and as part of the sprint medley relay.



Sparks, Staci.....1993-94
 Spinks, Natalie1983
 Sproles, Lakesha1996-98
 Stahle, Amanda2011-14
 Stanford, Kimberly.....2008
 Stanley, Shannon2004-07
 Stec, Tina1991-94
 Steelhammer, Jill1977-78
 Steffen, Sarah2000-03
 Steinhart, Diane.....1979-82
 Steinhart, Laurie1981
 Stiffend, Latoya.....2002-03, 2005
 Stippel, Lori.....1979
 Stormo, Kay1979-82
 Strand, Jessie2002-04
 Strobel, Belina1981
 Strohman, Cortney2021
 Strub, Charlotte1977
 Strueland, Kelsey.....2010
 Sullivan, Traci.....1986-89
 Suppelsa, Sherri.....1984-88
 Swaim, Mandy1997-98
 Swanson, Addie2018-19
 Swartzrock, Diane.....1978-80
 Taylor, Barbara.....1977
 Taylor, Davera1984-87
 Taylor, Denise1990, 1992-94
 Taylor, Kelsey2011
 Tausaga, Laulauga.....2017-19, 2021
 Teague, Kimberly.....NA
 Tessmer, Nancy.....1989-92
 Thomas, Jahisha2015-18
 Thompson, Becca2000-03
 Thurber, Anne.....NA
 Tillman, CatherineNA
 Tobias, Tionna.....2021-22
 Todd, Jocelyn2013, 2015
 Todd, Stephanie.....1977-80
 Totic, Kelli2021-22
 Tremmel, Laura.....1983
 Tripp, Shawna1990-92
 Trost, Katharina2014-15
 Truedson, Katie.....2010, 2013
 Trusty, Rhonda-Kaye2007-10
 Tully, Penny.....1981-84
 Tutson, Majesty2010-12
 Tweto, Marjorie.....1996
 Tyson, Adrienne.....1998
 Underwood, Tara.....1995-98
 Uryki, Gillian2017-19
 Van Der Hart, Sheri.....1990-93
 Vandersteen, Laura.....1983
 Vandervoort, Martha.....1991-94
 VanSteenwyk, Lisa1989-93
 Vaughan, Jennifer.....1983
 Vesely, Trisha1988-89
 Villhauer, Holly1976-78

Vinton, Kimberly.....1992-93
 Vitense, Mandi1997-99
 VonMuenster, Shannon.....2002
 Voss, Jamie1992-93
 Wahrman, Allison2017-19, 2021
 Watters, Kristen1986-89
 Watts, Mahnee2014-17
 Waymire, Madison2016-18
 Weber, Zanette1981
 Weiland, Melissa1987-88
 Weismantle, Kirsten2010-13
 Welch, Kylie2018, 2021
 Welch, Lindsay.....2019, 2021
 Wensel, Payton.....2019, 2021-22
 West, Shelby.....2018
 Westhoff, Sherry.....NA
 Weum, Aly2018-19, 2021
 Wheeler, Mary.....NA
 Whelchel, Christie1980-83
 White, Renee2006-09

Wiese, Suzanne1983-84
 Wilberding, Tess2014-17
 Wight, Jena.....1983
 Wiley, Sadie1992-93
 Wilkinson, Ashley2011-12
 Williams, Julie.....1979-81
 Williams, Khanishah2012-16
 Williams, Shellene2003-04
 Wilson, Beth1989
 Winger, Sydney.....2019, 2021
 Winjum, Kristin.....1982-85
 Winn, Nicole.....1992-93
 Winter, Catherine1990-92
 Winter, Ester.....NA
 Wodek, Janet.....1984-87
 Woodard, Christann1979
 Wymore, Sue1978
 Wynter, Kaydene1996
 Young, Deborah1981-83



Jahisha Thomas was a five-time All-American in the jumps for the Hawkeyes from 2015-18. She swept the long jump and triple jump at the 2018 Big Ten Indoor and Outdoor Championships. She still holds the school records in the triple jump (both indoor and outdoor) and the indoor long jump.

Men's 2022 Team Roster

Name	Yr.	Hometown (Last School)
Brayden Burnett	Fr.	Cedar Falls, Iowa (Cedar Falls HS)
Ian Geisler	So.	Lake in the Hills, Ill. (Huntley HS)
Nate Harbert	Fr.	Highlands Ranch, Colo. (Mountain Vista HS)
Isaac Hartman	RS. Fr.	Eden Prairie, Minn. (Eden Prairie HS)
Blake Hayden	RS. Fr.	Minnetonka, Minn. (Wayzata HS)
Carson Houg	Fr.	Urbandale, Iowa (Des Moines Christian HS)
Aidan King	Jr.	St. Charles, Ill. (East HS)
Daniel Kylsh	Jr.	Elmhurst, Ill. (York HS)
Hayden Kuhn	Fr.	Marion, Iowa (Linn-Mar HS)
Kal Lewis	Jr.	Shelter Island, N.Y. (Shelter Island HS)
Max Murphy	Jr.	Bettendorf, Iowa (Pleasant Valley HS)
Eli Naumann	Fr.	Peosta, Iowa (Western Dubuque HS)
Jack Pendergast	Jr.	Cedar Rapids, Iowa (Prairie HS)
Will Ryan	Fr.	Waukee, Iowa (Dowling Catholic HS)
Miles Sheppard	Fr.	Keokuk, Iowa (Warsaw, Ill. HS)
Konnor Sommer	Sr.	Bettendorf, Iowa (Pleasant Valley HS)
Nick Trattner	Sr.	Naperville, Ill. (North HS)
Eli Ward	So.	Waterloo, Ill. (Waterloo HS)
Yohana Yual	So.	Des Moines, Iowa (Johnston HS)

Women's 2022 Team Roster

Name	Yr.	Hometown (Last School)
Amber Aesoph	Jr.	Sioux City, Iowa (Bishop Heelan Catholic HS)
Ana Barroso	Fr.	Aurora, Ill. (Oswego East HS)
Jalyssa Blazek	Fr.	Lawler, Iowa (Turkey Valley HS)
Madeline Block	Sr.	Marion, Iowa (UNI)
Alli Bookin-Nobisch	Jr.	Ottumwa, Iowa (Ottumwa HS)
Grace Bookin-Nobisch	Jr.	Ottumwa, Iowa (Ottumwa HS)
Rowan Boulter	Fr.	Iowa City, Iowa (City HS)
Claire Edmondson	Jr.	Dubuque, Iowa (Senior HS)
Laney Fitzpatrick	So.	Davenport, Iowa (Assumption HS)
Bryce Gidel	Jr.	Humoldt, Iowa (Humboldt HS)
Emma Gordon	Sr.	Ankeny, Iowa (Centennial HS)
Maggie Gutwein	Sr.	Monticello, Ind. (Mid-Prairie HS)
Jaiden Itson	So.	Houston, Texas (Ford Bend Hightower HS)
Kaitlin Knappe	So.	Tecumseh, Mich. (Tecumseh HS)
Leah Kralovetz	Jr.	Denmark, Wis. (Denmark HS)
Brooke McKee	Jr.	Johnston, Iowa (Johnston HS)
Lauren McMahan	So.	Ankeny, Iowa (Ankeny HS)
Katie Moore	Jr.	Olathe, Kan. (St. James Academy)
Clare Pitcher	Jr.	Franklin, Wis. (Franklin HS)
Micah Poellet	RS Fr.	Marion, Iowa (Linn-Mar HS)
Ellie Rathe	Fr.	La Porte City, Iowa (Union HS)
Abby Ryon	Jr.	Mt. Pleasant, Iowa (Mt. Pleasant HS)
Miriam Sandeen	So.	Eden Prairie, Minn. (Eden Prairie HS)
Lilian Schmidt	So.	Dubuque, Iowa (Senior HS)
Chloe Skidmore	So.	Marion, Iowa (Linn-Mar HS)
Sam Strauss	So.	Johnston, Iowa (Johnston HS)
Aleah Tenpas	Fr.	Johnston, Iowa (Johnson HS)
Kelli Tosic	Jr.	Grayslake, Ill. (North HS)
Ellie Twedt	Jr.	Elkhart, Iowa (Ballard HS)
Kathryn Vortherms	RS. Fr.	Ankeny, Iowa (Centennial HS)

Coaching & Staff Information

Cross Country Head Coach (Yrs. at Iowa) Randy Hasenbank (6th)
 Alma Mater Wichita State
 Email Address randy-hasenbank@uiowa.edu

Men's Cross Country Team Quick Facts

2021 Big Ten Championship Finish (Pts.): 11th (295)
 2021 NCAA Regional Finish (Pts.): 13th (375)
 NCAA Qualifiers Returning/Lost 0/0
 All-Region Returning/Lost: 0/0
 Letterwinners Returning/Lost: 10/5

Men's Cross Country Historical Quick Facts

Highest Big Ten Championships Team Place (Yrs.): 1st (1961, 1966)
 Highest NCAA Regional Team Place (Pts., Yr.): 1st (79, 2002)
 Highest NCAA Championships Team Place (Yr.): 2nd (1955)
 NCAA Champions: 1 - Deacon Jones, 1955
 All-Americans: 5 student-athletes, 7 honors
 NCAA Regional Champions: 1 - Micah VanDenend, 2006
 All-Region Honorees: 21 student-athletes, 43 honors
 Big Ten Champions: 6 student-athletes, 9 titles
 All-Big Ten Honorees: 9 student-athletes, 12 honors
 Academic All-Big Ten Honorees: 62 student-athletes, 144 honors

Women's Cross Country Team Quick Facts

2021 Big Ten Championship Finish (Pts.): 12th (300)
 2021 NCAA Regional Finish (Pts.): 14th (388)
 NCAA Qualifiers Returning/Lost 0/0
 All-Region Returning/Lost: 0/0
 Letterwinners Returning/Lost: 16/4

Women's Cross Country Historical Quick Facts

Highest Big Ten Championships Team Place (Pts., Yr.): 1st (74, 1982)
 Highest NCAA Regional Team Place (Pts., Yr.): 3rd (118, 2006)
 Highest NCAA Championships Team Place (Yr.): 3rd (111, 2007)
 Highest NCAA District Champ's Team Place (Yr.): 2nd (1986, 1991)
 Highest NCAA Championships Team Place (Pts., Yr.): 8th (249, 1982)
 All-Americans: 11 student-athletes, 14 honors
 NCAA Regional Champions: 2 student-athletes, 3 honors
 All-Region Honorees: 14 student-athletes, 19 honors
 Big Ten Champions: 2 - Tracy Dahl, 1992; Diane Nukuri, 2007
 All-Big Ten Honorees: 14 student-athletes, 19 honors
 Academic All-Big Ten Honorees: 120 student-athletes, 229 honors

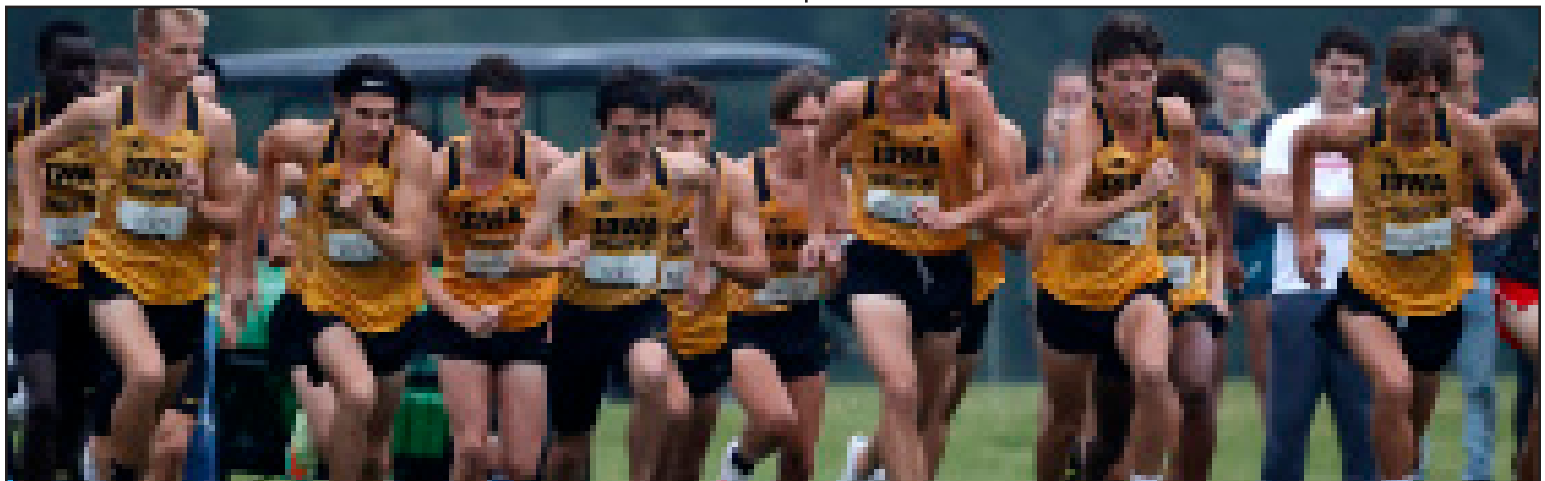


Men's Season Bests

Name	6,000 Meters	8,000 Meters	5.2 Miles	10,000 Meters
Will Arbanas	20:10.7	27:36.7	-	-
Ian Geisler	18:55.0	25:11.3	28:00.9	32:53.69
Jack Gschwendtner	19:39.7	26:10.7	-	-
Isaac Hartman	19:12.1	25:19.1	27:21.1	-
Blake Hayden	20:29.2	27:07.4	-	-
Noah Healy	18:26.1	24:08.4	26:16.8	31:33.64
Colin Hill	19:52.1	27:20.4	-	-
Aidan King	19:58.2	25:26.5	27:27.4	32:57.95
Daniel Klysh	20:08.4	26:24.2	-	-
Kal Lewis	19:07.4	24:49.3	26:11.3	31:38.71
Jack Pendergast	18:46.7	24:51.1	27:29.7	32:27.85
Jeff Roberts	19:19.6	24:59.4	27:49.1	-
Konnor Sommer	-	25:17.1	27:24.3	33:32.31
Nick Trattner	18:22.1	24:14.5	25:54.3	31:56.84
Eli Ward	21:51.8	27:31.9	-	-
Yohana Yual	19:59.9	26:58.6	-	-

Women's Season Bests

Name	4,000 Meters	5,000 Meters	6,000 Meters
Amber Aesoph	-	-	22:21.20
Logan Akason	15:28.3	-	-
Maddie Block	15:48.3	-	24:08.0
Alli Bookin-Nosbisch	14:50.6	18:29.9	22:55.0
Grace Bookin-Nosbisch	15:35.6	-	-
Laney Fitzpatrick	15:49.6	19:42.6	-
Bryce Gidel	15:39.9	19:28.8	24:21.9
Emma Gordon	14:35.7	17:40.8	21:36.2
Mallory King	15:07.4	18:33.8	22:50.4
Kaitlin Knape	16:04.6	19:25.4	-
Brooke McKee	-	17:41.7	21:26.5
Jessica McKee	-	-	21:44.7
Lauren McMahon	14:33.3	17:42.8	21:35.9
Katie Moore	16:09.5	-	-
Sarah Murphy	-	19:27.1	-
Clare Pitcher	-	20:41.1	-
Wren Renquist	14:53.8	18:23.0	23:09.9
Abby Ryon	15:12.6	19:00.0	-
Miriam Sandeen	14:38.8	17:54.2	21:51.2
Lillian Schmidt	15:45.5	-	-
Chloe Skidmore	15:50.3	-	-
Gabby Skopec	14:25.7	17:56.4	21:34.0
Sam Strauss	16:29.4	20:29.1	-
Kelli Tosic	14:23.4	17:40.3	21:24.8
Ellie Twedt	15:38.0	18:31.6	23:25.8





Hawkeye Invite

September 3 - Iowa City, Iowa
6,000 meters - 1st/9 teams

Individual Results

Place	Name	Time
2.	Nick Trattner	18:22.1
4.	Noah Healy	18:26.1
5.	Jack Pendergast	18:46.7
10.	Ian Geisler	18:55.0
14.	Kal Lewis	19:07.4
17.	Isaac Hartman	19:12.1
22.	Jeff Roberts	19:19.6
37.	Jack Gschwendtner	19:39.7
43.	Colin Hill	19:52.1
48.	Aidan King	19:58.2
50.	Yohana Yual	19:59.9
53.	Daniel Klysh	20:08.4
54.	Will Arbanas	20:10.7
61.	Blake Hayden	20:29.2
70.	Eli Ward	21:51.8

Greeno/Dirksen Invite

September 18 - Lincoln, Neb.
8,000 meters - Red Division - 3rd/7 teams

Individual Results

Place	Name	Time
6.	Nick Trattner	24:34.7
8.	Noah Healy	24:37.8
25.	Kal Lewis	25:34.2
26.	Ian Geisler	25:34.6
28.	Jeff Roberts	25:41.5
32.	Konnor Sommer	25:48.7
33.	Aidan King	25:51.0
35.	Jack Pendergast	25:56.9
43.	Isaac Hartman	26:16.7
52.	Daniel Klysh	26:49.4
54.	Yohana Yual	26:58.6
56.	Blake Hayden	27:07.4

Gans Creek Classic

October 1 - Columbia, Mo.
8,000 meters - 5th/16 teams

Individual Results

Place	Name	Time
5.	Noah Healy	24:08.4
9.	Nick Trattner	24:14.6
39.	Jack Pendergast	24:53.7
44.	Kal Lewis	24:57.3
46.	Jeff Roberts	24:59.4
66.	Isaac Hartman	25:19.1
92.	Ian Geisler	25:43.3
118.	Jack Gschwendtner	26:10.7
123.	Konnor Sommer	26:18.7
126.	Daniel Klysh	26:24.2
128.	Aidan King	26:30.3
157.	Colin Hill	27:20.4
159.	Yohana Yual	27:27.6
162.	Eli Ward	27:31.9
163.	Will Arbanas	27:36.7
166.	Blake Hayden	27:52.8

Bradley Pink Classic

October 15 - Peoria, Ill.
8,000 meters - 4th/31 teams

Individual Results - Red Race

Place	Name	Time
8.	Nick Trattner	24:14.5
19.	Noah Healy	24:31.4
29.	Kal Lewis	24:49.3
33.	Jack Pendergast	24:51.1
63.	Ian Geisler	25:11.3
79.	Konnor Sommer	25:17.1
94.	Jeff Roberts	25:23.6
103.	Aidan King	25:26.5
126.	Isaac Hartman	25:34.6

Individual Results - White Race

Place	Name	Time
29.	Jack Gschwendtner	26:21.4
46.	Daniel Klysh	26:42.5
85.	Yohana Yual	27:24.2

Big Ten Championships

October 29 - University Park, Pa.
5.2 Miles - 11th/12 teams (295 points)

Team Results

Place	Team	Points
1.	Wisconsin	27
2.	Michigan	79
3.	Minnesota	83
4.	Indiana	119
5.	Michigan State	134
6.	Illinois	170
7.	Purdue	173
8.	Penn State	191
9.	Nebraska	274
10.	Ohio State	275
11.	Iowa	295
12.	Rutgers	383

Individual Results

Place	Name	Time
8.	Nick Trattner	25:54.3
54.	Kal Lewis	26:11.3
59.	Noah Healy	26:16.8
89.	Isaac Hartman	27:21.2
91.	Konnor Sommer	27:24.3
92.	Aidan King	27:27.4
93.	Jack Pendergast	27:29.7
97.	Jeff Roberts	27:49.1
101.	Ian Geisler	28:01.0

NCAA Midwest Regional

November 12 - Iowa City, Iowa
10,000 Meters - 13th/28 teams (375 points)

Team Results

Place	Team (Top 15 Teams)	Points
1.	Oklahoma State	43
2.	Iowa State	57
3.	Tulsa	65
4.	Minnesota	120
5.	Illinois	210
6.	Eastern Illinois	235
7.	Drake	236
8.	South Dakota State	238
9.	Wichita State	246
10.	Missouri	276
11.	Kansas State	332
12.	Bradley	366
13.	Iowa	375
14.	Kansas	426
15.	Loyola (Ill.)	439

Individual Results

Place	Athlete	Time
46.	Noah Healy	31:33.64
52.	Kal Lewis	31:38.71
64.	Nick Trattner	31:56.84
95.	Jack Pendergast	32:27.85
119.	Ian Geisler	32:53.69
126.	Aidan King	32:57.95
159.	Konnor Sommer	33:32.31

Hawkeye Invitational

September 3 - Iowa City, Iowa
4,000 meters - 3rd/11 teams

Individual Results

Place	Name	Time
11.	Kelli Tosic	14:23.4
13.	Gabby Skopec	14:25.7
16.	Lauren McMahon	14:33.3
19.	Emma Gordon	14:35.7
22.	Miriam Sandeen	14:38.8
30.	Alli Bookin-Nosbisch	14:50.6
31.	Wren Renquist	14:53.8
48.	Mallory King	15:07.4
54.	Abby Ryon	15:12.6
68.	Logan Akason	15:28.3
75.	Grace Bookin-Nosbisch	15:35.6
79.	Ellie Twedt	15:38.0
81.	Bryce Gidel	15:39.9
88.	Lillian Schmidt	15:45.5
90.	Maddie Block	15:48.3
91.	Laney Fitzpatrick	15:49.6
93.	Chloe Skidmore	15:50.3
101.	Kaitlin Knappe	16:04.6
105.	Katie Moore	16:09.5
113.	Sam Strauss	16:29.4

Greeno/Dirksen Invite

September 18 - Lincoln, Neb.
5,000 meters - Red Division - 1st/7 teams

Individual Results

Place	Name	Time
6.	Kelli Tosic	17:40.3
7.	Emma Gordon	17:40.8
8.	Brooke McKee	17:41.7
10.	Lauren McMahon	17:42.8
12.	Miriam Sandeen	17:54.2
13.	Gabby Skopec	17:56.4
23.	Wren Renquist	18:23.0
25.	Alli Bookin-Nosbisch	18:29.9
26.	Ellie Twedt	18:31.6
29.	Mallory King	18:33.8
46.	Abby Ryon	19:00.0
55.	Kaitlin Knappe	19:25.4
57.	Sarah Murphy	19:27.1
60.	Bryce Gidel	19:28.8
68.	Laney Fitzpatrick	19:42.6
77.	Sam Strauss	20:29.1
80.	Clare Pitcher	20:41.1

Gans Creek Classic

October 1 - Columbia, Mo.
6,000 meters - 3rd/16 teams

Individual Results

Place	Name	Time
12.	Kelli Tosic	21:24.8
20.	Gabby Skopec	21:34.0
21.	Brooke McKee	21:35.6
22.	Emma Gordon	21:36.2
27.	Jessica McKee	21:45.9
29.	Lauren McMahon	21:51.7
30.	Miriam Sandeen	21:52.7
72.	Maddie Block	22:56.9
85.	Wren Renquist	23:09.0
96.	Ellie Twedt	23:25.8
127.	Bryce Gidel	24:21.9

Bradley Pink Classic

October 15 - Peoria, Ill.
6,000 meters - 2nd/37 teams

Individual Results - Red Race

Place	Name	Time
15.	Brooke McKee	21:26.5
23.	Gabby Skopec	21:34.9
26.	Lauren McMahon	21:35.9
35.	Jessica McKee	21:44.7
37.	Emma Gordon	21:49.2
40.	Miriam Sandeen	21:51.2
49.	Kelli Tosic	21:59.6
134.	Mallory King	22:50.4
143.	Alli Bookin-Nosbisch	22:55.0

Individual Results - White Race

Place	Name	Time
2.	Wren Renquist	22:45.6
4.	Ellie Twedt	22:51.5
6.	Maddie Block	22:58.5

Big Ten Championships

October 29 - University Park, Pa.
6,000 Meters - 12th/14 teams (300 points)

Team Results

Place	Team	Points
1.	Minnesota	72
2.	Wisconsin	78
3.	Michigan State	82
4.	Michigan	85
5.	Indiana	152
6.	Illinois	172
7.	Northwestern	180
8.	Ohio State	187
9.	Purdue	235
10.	Penn State	269
11.	Nebraska	289
12.	Iowa	300
13.	Rutgers	357
14.	Maryland	421

Individual Results

Place	Name	Time
52.	Brooke McKee	21:53.7
58.	Lauren McMahon	21:56.1
63.	Jessica McKee	22:03.4
64.	Miriam Sandeen	22:04.4
86.	Gabby Skopec	22:39.8
100.	Amber Aesoph	23:25.3
106.	Emma Gordon	23:25.3
112.	Wren Renquist	23:43.7
117.	Maddie Block	24:08.0

NCAA Midwest Regional

November 12 - Iowa City, Iowa
6,000 Meters - 14th/32 teams (388 points)

Team Results

Place	Team	Points
1.	Minnesota	45
2.	Oklahoma State	75
3.	Iowa State	81
4.	Northwestern	169
5.	Illinois	192
6.	Kansas State	243
7.	Tulsa	263
8.	Missouri	275
9.	Nebraska	303
10.	Bradley	341
11.	Loyola (Ill.)	347
12.	Kansas	426
13.	South Dakota State	365
14.	Iowa	388
15.	South Dakota	431

Individual Results

Place	Athlete	Time
56.	Lauren McMahon	21:43.87
58.	Jessica McKee	21:44.70
62.	Brooke McKee	21:47.56
102.	Amber Aesoph	22:21.20
113.	Gabby Skopec	22:31.05
116.	Emma Gordon	22:32.06
174.	Wren Renquist	23:23.85

Men's Top 10 All-Time Best Performers
6,000 Meters

1. Ian Eklin 18:10 2017 Hawkeye Invite
2. Michael Melchert 18:12 2016 Hawkeye Invite
3. Nathan Mylenek 18:16 2019 Hawkeye Invite
4. Eric MacTaggart 18:18 2005 Hawkeye Invite
5. Daniel Murphy 18:19 2019 Hawkeye Invite
6. Jeff Thode 18:21 2009 Hawkeye Invite
7. Luke Sampson 18:22 2019 Hawkeye Invite
- Nick Trattner 18:22 2021 Hawkeye Invite**
9. Dan Haut 18:24 2005 Hawkeye Invite
10. Spencer Smith 18:25 2019 Hawkeye Invite

8,000 Meters

1. Jesse Luciano 23:01 at 2008 Auburn Invite
2. Micah VanDenend 23:39 at 2006 Pre-Nationals
3. Eric MacTaggart 23:24 at 2008 Auburn Invite
4. Jeff Thode 23:27 at 2010 Bradley Classic
5. Sam Bailin 23:36 at 2008 Auburn Invite
6. Tommy Tate 23:46 at 2008 Auburn Invite
7. Mark Battista 23:48 at 2008 Auburn Invite
8. Kevin Lewis 23:52 at 2014 Big Ten Champs
9. Nathan Mylenek 23:53 at 2019 Pre-Nationals
10. Andy Napier 23:56 at 2008 Auburn Invite

10,000 Meters

1. Nathan Mylenek 29:53 at 2017 NCAA Regional
2. Jeff Thode 29:55 at 2010 NCAA Regional
3. Daniel Soto 30:04 at 2017 NCAA Regional
4. Matt Esche 30:10 at 2002 NCAA Regional
5. Jesse Luciano 30:17 at 2008 NCAA Champs
6. Micah VanDenend 30:26 at 2002 NCAA Regional
7. Kevin Herd 30:28 1993
8. Joe Welter 30:28 at 2002 NCAA Regional
9. Brandon Cooley 30:29 at 2017 NCAA Regional
10. Tony Rakaric 30:31 at 2002 NCAA Regional

Ashton Cross Country Course Records
Women's 3,000 Meters

Diane Nukuri, Iowa - Hawkeye Open - 9/9/06 9:47

Women's 4,000 Meters

Diane Nukuri, Iowa - Hawkeye Open - 9/15/07 13:14

Women's 6,000 Meters

Leah O'Connor, Michigan St. - Big Ten Champ's - 11/2/14 19:26

Men's 6,000 Meters

Festus Lagat, Iowa State - Hawkeye Invitational - 9/1/17 17:49

Men's 8,000 Meters

Malachy Schrobilgen, Wisconsin - Big Ten Champ's - 11/2/14 23:35

Men's 10,000 Meters

Wesley Kiptoo, Iowa State - NCAA Regional - 11/12/21 30:17

Women's Top 10 All-Time Best Performers
3,000 Meters

1. Diane Nukuri 9:47 2006 Hawkeye Open
2. Meghan Armstrong 10:01 2006 Hawkeye Open
3. Brooke Eilers 10:15 2010 Iowa Invite
4. Besty Flood 10:18 2010 Iowa Invite
5. Tess Wilberding 10:20 2016 Hawkeye Invite
6. Amanda Hardesty 10:21 2009 Hawkeye Invite
- Lauren Hardesty 10:21 2010 Hawkeye Invite
- Madison Waymire 10:21 2016 Hawkeye Invite
9. Kelsey Hart 10:22 2011 Iowa Invite
10. Shannon Stanley 10:25 2006 Hawkeye Open

4,000 Meters

1. Diane Nukuri 13:14 2007 Hawkeye Open
2. Kayla Beattie 13:41 2012 Toledo Bubble Buster
3. Megan Ranegar 13:45 2012 Toledo Bubble Buster
4. Meghan Armstrong 13:47 2007 Hawkeye Open
- Mareike Schrulle 13:47 2012 Toledo Bubble Buster
6. Nicole Benson 13:52 2012 Toledo Bubble Buster
7. Andrea Shine 13:58 2017 Hawkeye Invite
8. Jolly Burke 14:03 2007 Hawkeye Open
- Madison Waymire 14:03 2017 Hawkeye Invite
10. Nikki Chapple 14:09 2018 Hawkeye Invite

5,000 Meters

1. Diane Nukuri 15:55 at 2007 Auburn Invite
2. Racheal Marchand 16:15 at 2008 Auburn Invite
3. Meghan Armstrong 16:25 at 2007 Auburn Invite
4. Nan Doak 16:31 at 1983 Big Ten Champs
5. Jolly Burke 16:33 at 2007 Auburn Invite
6. Jenny Spangler 16:34 at 1983 Big Ten Champs
7. Renee Doyle 16:41 at 1986 Purdue Invite
8. Tracy Dahl 16:42 at 1991 Illinois St. Invite
9. Sarah Spencer Perry 16:50 at 2008 Auburn Invite
10. Brooke Eilers 16:53 at 2008 Auburn Invite

6,000 Meters

1. Diane Nukuri 19:37 at 2007 NCAA Regional
at 2007 Big Ten Champs
2. Mareike Schrulle 19:43 at 2012 NCAA Champs
3. Racheal Marchand 19:54 at 2008 NCAA Champs
4. Meghan Armstrong 20:07 at 2007 NCAA Regional
5. Jolly Burke 20:20 at 2007 Big Ten Champs
6. Betsy Flood 20:22 at 2010 NCAA Regional
7. Andrea Shine 20:35 at 2018 Big Ten Champs
8. McKenzie Melander 20:41 at 2011 Big Ten Champs
9. Megan Ranegar 20:43 at 2012 NCAA Champs
10. Andrea Shine 20:46 at 2017 NCAA Regional



Meghan Armstrong



Jennifer Brower



Tracy Dahl



Nan Doak



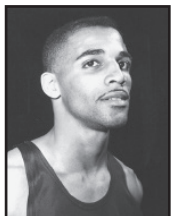
Renee Doyle



Rich Ferguson



Kevin Herd



Deacon Jones



Jeanne Kruckeberg



Racheal Marchand



Diane Nukuri



Mareike Schrulle



Jenny Spangler



Stetson Steele



Jeff Thode



Micah VanDenend



Ted Wheeler



Larry Wiczorek

NCAA Champion

Deacon Jones..... 1957

All-Americans

Men's

Kevin Herd..... 1992-93
Deacon Jones..... 1957
Stetson Steele..... 1998
Jeff Thode..... 2010
Ted Wheeler..... 1952
Larry Wiczorek..... 1966-67

Women's

Meghan Armstrong..... 2007
Jennifer Brower..... 1991
Tracy Dahl..... 1991-92
Nan Doak..... 1980, 1982-83
Renee Doyle..... 1986
Jeanne Kruckeberg..... 1990
Racheal Marchand..... 2006, 2008
Diane Nukuri..... 2006-07
Mareike Schrulle..... 2012
Jenny Spangler..... 1983

Honda Sports Awards Nominee

Nan Doak..... 1983
Diane Nukuri..... 2007

NCAA Regional Champion & Athlete of the Year

Men's

Micah VanDenend..... 2006

Women's

Diane Nukuri..... 2006-07
Racheal Marchand..... 2008

NCAA All-Region Team

Men's

Mark Battista..... 2009
Trent Corey..... 1997, 2001
Matt Esche..... 2002-05
Dan Haut..... 2002, 2004-05
Nick Holmes..... 2011
Kevin Lewis..... 2013-14
Jesse Luciano..... 2007-08
Eric MacTaggart..... 2005-06, 2008
Nathan Mylenek..... 2018, 2019
Nick Nordheim..... 1998-99, 2001
Jared Pittman..... 1997
Brian Rae..... 2003
Tony Rakaric..... 2002, 2004
Adam Roche..... 2004-05
Paul Sarris..... 1998-99
Chad Schwitters..... 1998
Reed Steele..... 1998

NCAA Men's All-Region Team (Continued)

Stetson Steele..... 1997-98
Jeff Thode..... 2009-11
Micah VanDenend..... 2002, 2005-06
Joe Welter..... 2001-02

Women's

Sarah Arens..... 2003
Meghan Armstrong..... 2005-07
Kayla Beattie..... 2011
Jolly Burke..... 2007
Nikki Chapple..... 2004
Brooke Eilers..... 2009
Betsy Flood..... 2010
Leah Kralovetz..... 2019
Racheal Marchand..... 2005-06, 2008
McKenzie Melander..... 2011
Diane Nukuri..... 2006-07
Megan Ranegar..... 2012
Andrea Shine..... 2017
Mareike Schrulle..... 2012
Sarah Spencer Perry..... 2008

Big Ten Champions
Men's

Rich Ferguson	1952-53
Jock Hunn	1926
Deacon Jones.....	1958
H.R. Phelps	1923-24
James Tucker	1961
Larry Wieczorek.....	1966-67

Women's

Tracy Dahl.....	1992
Diane Nukuri.....	2007

Big Ten Athlete of the Year
Women's

Tracy Dahl.....	1992
Diane Nukuri.....	2007

Big Ten Women's Coach of the Year

Jerry Hassard	1989
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Big Ten Men's Freshman of the Year

Jared Pittman	1993
Reed Steele.....	1998

All-Big Ten Honorees
Men's

Kevin Lewis.....	2014
Jesse Luciano	2008-09
Eric MacTaggart	2006
Nathan Mylenek	2018-19
Brian Rae	2003
Tony Rakaric.....	2003
Chad Schwitters.....	1997
Stetson Steele.....	1996
Jeff Thode.....	2010
Micah VanDenend	2004, 2006

Women's

Meghan Armstrong	2006-07
Erin Boland	1994
Jennifer Brower	1991
Jolly Burke	2007
Tracy Dahl.....	1991-92
Renee Doyle	1986-88
Betsy Flood.....	2010
Tami Hoskins.....	1989
Jennifer Johnson.....	1991
Jeanne Kruckeberg	1989
Racheal Marchand.....	2006, 2008
McKenzie Melander	2011
Diane Nukuri.....	2007
Mareike Schrulle.....	2012

Big Ten Athlete of the Month
Men's

Kevin Herd	September 1992
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Women's

Tracy Dahl... Sept. 1990, Oct. 1992, Nov. 1992
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Big Ten Athlete of the Week
Men's

Trent Corey	Sept. 11, 2001
Matt Esche.....	Sept. 7, 2004
Jesse Luciano	Oct. 7, 2008
Eric MacTaggart	Sept. 6, 2005
Nathan Mylenek.....	Sept. 11, 2019
Jeff Thode	Oct. 19, 2010
Micah VanDenend	Sept. 17, 2002

Women's

Sarah Arens	Sept. 3, 2003
Meghan Armstrong	Sept. 6, 2005
Kayla Beattie.....	Sept. 11, 2012
Betsy Flood.....	Sept. 8, 2009
Lauren Hardesty	Sept. 7, 2010
Racheal Marchand.....	Oct. 7, 2008
Diane Nukuri.....	Sept. 18, 2007
Diane Nukuri.....	Oct. 2, 2007
Diane Nukuri.....	Oct. 16, 2007
Mareike Schrulle.....	Oct. 16, 2012

Big Ten Sportsmanship Award
Men's

Ben Anderson	2015-16
Sam Bailin	2008
Mark Battista	2010
Brendan Camplin	2009
Brandon Cooley	2017-18
Nate Ferree.....	2013
Anthony Gregorio	2014
Noah Healy	2019, 2021
Aidan King	2020
Cameron Rieger.....	2011
Ben Witt	2012

Women's

Brooke Eilers.....	2009
Kelsey Hart	2010
Anna Hostetler	2018
Shannon Maser	2013
Brooke McKee	2022
Carolyn Newhouse	2014
Sarah Spencer Perry	2008
Elyse Prescott	2019
Mareike Schrulle.....	2011-12
Kelli Totic	2020
Madison Waymire	2015, 2017
Tess Wilberding	2016

USTFCCCA Academic Team
Men's

2007, 2008, 2010, 2014, 2015, 2017, 2018, 2019
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Women's

1995, 1997, 1999, 2000, 2003, 2004, 2005, 2006, 2007, 2008, 2009, 2010, 2011, 2012, 2013, 2014, 2015, 2016, 2017, 2018, 2019
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USTFCCCA All-Academic Honorees
Men's

Dan Haut	2004
Kevin Herd	1993
Kevin Lewis	2013
Jesse Luciano	2007-08
Chad Schwitters	1998
Stetson Steele.....	1998

Women's

Meghan Armstrong	2004-05
Sarah Arens	2004
Brooke Eilers.....	2009
Megan Ranegar	2012
Mareike Schrulle.....	2012
Andrea Shine	2017
Leah Kravolitz	2019

CoSIDA Academic All-American

Chad Schwitters.....	1997
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CoSIDA Academic All-District

Kevin Herd	1990, 1992-93
Stetson Steele.....	1996, 1998



Big Ten Distinguished Scholars

Men's

Sam Bailin	2008
Dan Gardarsson	2017
Anthony Gregorio	2016
Kevin Lewis	2013
Jeff Roberts	2021
Luke Sampson	2018-19
Karson Sommer	2017-18, 20
Konnor Sommer	2020-21
Luke Sampson	2019

Women's

Katie Adams	2014-15
Logan Akason	2021
Mary Arch	2020
Alli Bookin-Nosbisch	2021
Ashley Espinosa	2018-19
Marta Bote Gonzalez	2016-17
Emma Gordon	2021
Fionna Fallon	2008
Kelsey Hart	2011
Mallory King	2021
Jessica McKee	2020-21
McKenzie Melander	2011
Katie Moore	2021
Elizabeth Niedert	2017
Lauren Opatrny	2017
Clare Pitcher	2021
Lena Placzek	2012
Marieke Schrulle	2012
Andrea Shine	2017-19
Gabby Skopec	2021
Addie Swanson	2019
Jocelyn Todd	2012-15
Kelli Tosic	2021
Ellie Twedt	2021
Madison Waymire	2017
Lindsay Welker	2017-19, 2021
Wren Renquist	2020
Macie Weber	2020
Ally Weum	2021
Samantha Zishka	2014

Academic All-Big Ten

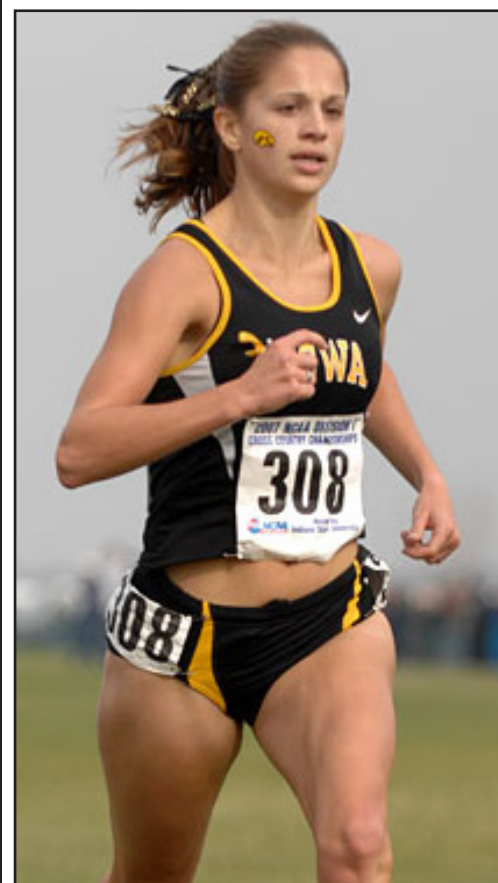
Men's

L.J. Albrecht	1988-90
Ravi B'Have	1994, 1996
Sam Bailin	2008, 2010
Mike Biderman	2001
Bill Branigan	1992
David Brown	1987-90
Matt Butler	2013
Brendan Camplin	2007-10
Brandon Cooley	2017-19
Trent Corey	2000-01
Kevin Docherty	2014-16
Ian Eklin	2016-18
Nate Ferree	2013-16
Daniel Gardarsson	2015-17
Ian Geisler	2021
Matt Gerard	1992-94
Anthony Gregorio	2014-16
Dan Haut	2002, 2004-05
Noah Healy	2018-20
Kevin Herd	1990, 1992-93
Daniel Huff	2015
Alan Jackson	2005
Chase Kadlec	2009-11
Aidan King	2021
Daniel Klysh	2021
Kal Lewis	2021
Kevin Lewis	2012-14
Ben Lloyd	2002-03
Jesse Luciano	2007-10
Eric MacTaggart	2005-06, 2008
Steve Marshall	1991-93
Pete McDowell	1993-94
Sean Moeller	1998-99, 2001
Andy Morris	1997, 1999
Steve Morrissey	1990-91
Daniel Murphy	2019
Max Murphy	2021
Andy Napier	2005-08
James Paul	2008-10
Jared Pittman	1995-96
Tim Pleskac	1998-99
Jay Renaud	2007-10
Cameron Rieger	2011-12
Jeff Roberts	2018, 2020-21
Marc Roehl	1991-94
Luke Sampson	2017-19
Paul Sarris	1997
Blake Schlotzhauer	2006
Chad Schwitters	1995-98
Spencer Smith	2020
Taylor Soltys	2014-15
Karson Sommer	2017-20
Konnor Sommer	2019, 2021
Dan Soto	2016, 2018

Stetson Steele	1996-98
Adam Thomas	2001
Nick Trattner	2020-21
Eli Ward	2021
Andy Weise	1986
Michael Westphal	2017
David White	1990-91
Ben Witt	2012-14

Women's

Katie Adams	2014
Amber Aesoph	2021
Logan Akason	2019-21
Krista Anderson	2006-07
Lindsay Anderson	2009-10
Mary Arch	2018-20
Sarah Arens	2000, 2002-03
Meghan Armstrong	2005-07
Atalie Barber	2001, 2003



Meghan Armstrong was a five-time All-American in cross country and track for the Hawkeyes from 2005-08. A five-time all-region honor in cross country and track, she won Big Ten titles in the 3,000 meters and 10,000 meters in 2008. She still holds the school record in the 1,500 meters. Armstrong was a three-time Academic All-Big Ten honoree and was named to the USTFCCCA All-Academic team twice.

Holly Barnes 1992	Rachel Hawks 2006-07	Rachel Price 2013
Briana Benning 1994-97	Julie Hollensbe 2017	Megan Ranegar 2010-12
Danielle Berndt 2010-11	Anna Hostetler 2019	Katherin Rehn 2011
Allison Billhardt 2005	Jennifer Johnson 1991-93	Wren Renquist 2018-21
Kerri Blackstone 1996	Patricia Jones 1991	Ericka Roberts 2000-02
Alli Bookin-Nosbisch 2021	Jennifer Kiciak 1996-97	Hannah Roeder 2009-10
Grace Bookin-Nosbisch 2021	Mallory King 2017-21	Abby Ryon 2021
Marta Bote Gonzalez 2015-17	Tricia Kiraly 1988	Janeth Salazar 1987
Kelly Breen 2014-16	Natalie Kleinfelter 1993-94	Christine Salsberry 1990-93
Jennifer Brower 1989-91	Christine Kotarba 2004, 2007	Tia Saunders 2018-20
Courtney Bruns 2015-16	Leah Kralovetz 2020	Jill Scheibel 1996
Ashley Bryja 2019-20	Jeanne Kruckeberg 1987-89	Jessica Schmidt 2007
Jolly Burke 2007	Kimberly Kruk 1994	Kristi Schmidt 1999
Katie Butler 2000	Michelle Lahann 2000-02	Kim Schneckloth 1986-89
Jenni Capista 2003-04	Jackie Laesch 2011	Jennifer Schoonover 1994
Maddie Carver 2018	Kylie Latham 2019-20	Megan Schott 2019
Megan Daniel 1994	Jennifer Lisy 1992	Mareike Schrulle 2012
Amber Decker 2017	Shannon Maser 2012-13	Anna Shearer 1999-2000
Jennie Docherty 2006, 2009-10	Grace McCabe 2019-20	Andrea Shine 2016-18
Katie Donlon 2005	Brooke McKee 2021	Gabby Skopec 2020-21
Claire Dupuis 2017	Jessica McKee 2019-21	Michelle Sokol 2002, 2004
Claire Edmondson 2021	Amy McRell 1991-92	Jenny Spangler 1985
Brooke Eilers 2009-11	McKenzie Melander 2009-11	Laura Spencer 2004
Katie Ellis 2007, 2009-10	Georgia Millward 2001-03	Shannon Stanley 2004
Molly Esche 2005-07	Jennifer Moore 1987-89	Tina Stec 1991-93
Ashley Espinosa 2016-18	Katie Moore 2021	Sherri Suppelsa 1986
Fionna Fallon 2008-10	Amy Murphy 1999	Patty Teggatz 2020
Shawn Fleck 1995	Sarah Murray 1993	Jocelyn Todd 2012-14
Betsy Flood 2009-11	Haley Newbrough 1997	Kelli Totic 2021
Bryce Gidel 2021	Carolyn Newhouse 2014	Ellie Twedt 2021
Alienor Gilchrist 1997	Elizabeth Niedert 2016-17	Jamie Voss 1992
Emma Gordon 2019-21	Kara Neustrom 2017	Madison Waymire 2016-17
Lisa Gordon 2014	Val Oltman 1999	Macie Weber 2018-19
Keelin Gorman 2011	Lauren Opatrny 2016-17	Lindsay Welker 2017-20
Kristin Haefke 1998	Kiersten Pauling 1994-96	Aly Weum 2018-20
Amanda Hardesty 2010	Clare Pitcher 2021	Tess Wilberding 2014-16
Kelsey Hart 2010-12	Lena Placzek 2012-13	Jordan Winke 2018-19
		Samantha Zishka 2014



Albrecht, L.J. 1988-90	Dunsworth, Ira W. 1954-56	Holland, Stephen 1971-72	Keller, Keith 1947-48
Albright, Robert 1941	Eastland, Dave 1968-71	Hollatz, Troy 1993	Kelly, Thomas 1928-30
Allen, Shaun 1998-01	Ebert, Leroy 1952-54	Holmes, Nick 2009, 2011-12	Kent, Jeff 2004-06
Anderson, Ben 2013-16	Eckhardt, Gerald 1944	Hotz, William 1906-08	King, Aidan 2020-21
Arbanas, Will 2021	Edwards, James 1978	Huff, Daniel 2014	Kitt, Roland 1966-69
Ashton, George C. 1921-22	Eklin, Ian 2015-18	Hunn, Leonard E. 1925-28	Klysh, Daniel 2021
Ashton, James Ed. 1962-63	Esche, Matt 2002-05	Hunter, William 1914-15	Knoedel, James J. 1970-71
Ashton, William 1960	Everingham, Will 1928	Hymon, W. Paul 1912-13	Kramer, Larry 1961-64
Atkins, Bobby 1999-2000	Everman, Wayne 1954-55	Ingram, Robert 2007	Kruse, Arthur 1919-20
Bailin, Sam 2007-08, 2010	Fanthouser, John 1942	Jackson, Alan 2005	Kurth, Steve 1995-97
Baker, Lawrence 1961	Fearing, Ken 1959-62	Jacobs, Evan 2017	Labond, Curtis 1966-68
Bakker, Mike ... 1994-95, 1997-98	Feeldy, Chad 1994-96	Jamison, Orlin 1916	Lainson, Bernard 1951
Barron, Ben 2003	Ferguson, Richard 1951-55	Jans, Paul A. 1910-11	Langer, Dave 1979
Battista, Mark 2007-10	Ferree, Nate 2013-16	Jeffers, Clyde 1904-05	Layne, Michael 1997-99
Bender, Arnold N. 1924	Ferree, Tom 1978-80	Jensen, Chris 2003	Lewis, Bernard 1945
Benjerdas, T.D. 1920	Fischer, Gary W. 1960-63	Jensen, Richard 1968-70	Lewis, H. Mount 1909-11
Bentz, Robert LE 1943	Fishba, Ugh H. RI 1949	Jones, Charles N, 1955-58	Lewis, Kal 2021
Betz, Leighton A. 1959	Flage, David 1933-34	Jones, Douglas H. 1968	Lewis, Kevin 2011-14
Biderman, Mike 2001	Fletcher, Robert Ash 1956-59	Kadlec, Chase 2008-11	Lillwitz, Tim 1999-2000
Brady, Frank H. 1927-28	Foster, Richard 1922	Keatinge, Murray 1954-56	Lindeman, James 1977
Brandenberg, H. 1921	Fourman, Sam 2014	Keil, Richard L. 1941-42	Lister, Donald 1914-15
Brandt, Jon Michael 2010-12	Frazier, Carl 1966-69		
Branigan, Bill 1992	Frazier, Harry 1956		
Brown, David 1987, 1989-90	Frazier, William 1961-65		
Brown, Keith Lav. 1948-55	Fritsch, Raymond 1940		
Brown, Ray Kenne. 1979-81	Fudge, Arthur 1951-54		
Brubacher, Theod 1964-67	Furst, Don 1975-76		
Burney, William 1944	Gale, Sean 1992-94		
Bush, Warren L. 1968	Gardarsson, Daniel 2015-17		
Butler, Matt 2013	Gardner, Russell 1928		
Bye, Bill E. 1949	Gee, George 1916		
Camplin, Brendan 2007-09	Geisler, Ian 2021		
Campisi, Leo A. 1932-34	Gerard, Matthew 1992-94		
Carlson, Herman 1923	Greenlee, Donald 1959-61		
Carman, Kenneth 1949-50	Greenlee, Ron 1965		
Chaney, Sam 2012-13	Gregorio, Anthony 2012, 2014-16		
Clancy, Thomas R. 1974-78	Griffith, Ron 1965-68		
Clark, John Jay 1969-73	Griswold, Joe 1949		
Clarke, Eric Lloyd 1957-58	Gschwendtner, Jack 2021		
Clarke, George W. 1962-63	Hakes, Montague 1928		
Coffie, Harry E. 1927	Hanson, Mark 1995		
Collins, John 1949	Hartmann, H.W. 1915-16		
Cook, Dale 1912	Hass, Edward 1934-35		
Cooley, Brandon 2016-19	Hassen, Galen 1951		
Copeland, Jack 1948-49	Hausler, Leland 1916-17		
Corey, Trent 1997-2001	Haut, Dan 2001-02, 2004-05		
Criswell, John W. 1969-71	Hayden, Blake 2021		
Cue, John L. 1927	Healy, Noah 2017-19, 2021		
Cutler, Allan J. 1942	Henderson, Robert 1933-34		
Davis, S. Jack 1949-51	Herd, Kevin J. 1989-94		
Delashmutt, Ed 1979-81	Hermeier, Raymond 1957-59		
Docherty, Kevin 2013-16	Hermeier, Richard 1955-59		
Docherty, James 1974-76	Hesse-Withbroe, Bailey 2015-18		
Donovan, James 1995	Hill, Colin 2021		
Dotseth, Frank 1958-59	Hill, Jack L. 1957-60		
Drew, John 1957	Hindt, William 1913-15		
Duggan, Earle 1949-52	Hinrich, Joel H. 1940-41		



Stetson Steele was a three-time All-American, two-time all-region and six-time academic All-Big Ten honoree in cross country and track from 1996-2000. He holds the school 10,000-meter record, and in 2000 he won the Drake Relays 5,000-meter title and was Iowa's Big Ten Medal of Honor winner.



Cross Country Men's All-Time Letterwinners

Lloyd, Ben 2002-03
 Loechel, Thomas..... 1970-73
 Lord, Richard1943
 Luciano, Jesse 2006-09
 Lyle, James..... 1936-38
 Lyle, Ralph 1957-58
 MacDonald, Peter..... 1964-66
 MacTaggart, Bruce.....2008
 MacTaggart, Eric .. 2004-06, 2008
 Maiden, Sydner1945
 Mak, Leo1913
 Marasco, Frank 1917-18
 Marshall, Steve 1991-93
 Mawe, William1960
 McCabe, Dennis.....1969
 McClanahan, Rich..... 1946-48
 McDermott, Eric2000
 McDowell, Peter 1993-94
 McElroy, Robert1933
 Melchert, Michael 2014-16, 2018

Melnick, Sidney1934
 Messer, Kenneth..... 1964-65
 Meyer, David.....1941
 Miller, Fred1921
 Mitvalsky, Richard.....1932
 Moeller, Sean..... 1998-2001
 Moenck, Heath.....2007
 Moldenhauer, Way1954
 Morch, Herbert O. 1951-53
 Morris, Andy..... 1997-2000
 Morrissey, Steve 1991-92
 Murphy, W. H. 1944-45
 Murphy, Daniel 2016-19
 Murphy, Max2020
 Murray, Harold H. 1920-21
 Murray, Jack A. 1944-45
 Mylenek, Nathan 2016-19
 Napier, Andy 2005-08
 Naylor, Myrel1930
 Nelson, Paul H.1935

Nelson, Robert.....1936
 Nie, Bruce 1988-89
 Nordheim, Nick..... 1998-2001
 Novotny, David 1994-95
 Oxley, John R. 1946-47
 Paul, James 2008-10
 Paul, Joe 1976-77
 Payne, Arthur 1922-23
 Pendergast, Jack 2020-21
 Pershing, Steve 1975-77
 Peters, Chris.....1995
 Phelps, Harold R. 1923-25
 Pinkerton, Volne1928
 Pirk, Jeff 1982-83, 1985-86
 Pittman, Jared 1994-98
 Pleskac, Tim 1998-2000
 Pratt, Raymond O.1934, 1936
 Presteman, Gregory1978
 Price, Bradley D. 1979-81
 Price, Brook2014
 Prince, Earl S.1942
 Pristine, Leonard1921
 Purvis, Donald L.1936
 Rae, Brian 2002-05
 Rakaric, Tony..... 2001-04
 Reid, Morrison..... 1971-72
 Renaud, Jay..... 2007-09
 Rerko, Rodney 1992-95
 Reyes, William A. 1964-65
 Rieger, Cameron 2011-12
 Ristine, Leonard..... 1920-21
 Roberts, Jeff..... 2017-19, 2021
 Roche, Adam 2003-05
 Roehl, Mark 1991-93
 Roller, Robert J.....1970
 Roseman, Garry 1990-93
 Rosenberg, Norman 1931-32
 Sampson, Luke..... 2016-19
 Santino, William 1974-76
 Sarris, Paul 1997-2000
 Saur, Wayne.....1974
 Schlotzhauer, Blake..... 2005-06
 Schutman, Ben2000
 Schum, Robert L. 1969-71
 Schwitters, Chad..... 1995-99
 Seashore, Robert1922
 Selsor, Evan.....2011
 Sampson, Luke.....2017
 Shaffer, Quentin.....2013
 Shaw, Robert J.1914
 Sheets, Lawrence..... 1963-64
 Sheldon, Jay A..... 1972, 1974-75
 Sheldon, John H.....1922
 Sitko, John1934
 Slater, Albert L. 1943-44
 Slingsby, Tim 1988-89
 Smith, Andrew.....2010

Smith, N.E.1912
 Smith, Spencer 2018-20
 Snook, William H.1949
 Soltys, Taylor.....2012, 2015
 Sommer, Karson 2016-19
 Sommer, Konnor.. 2018-19, 2021
 Soto, Daniel 2015-18
 Speers, Maurice..... 1925-26
 Stark, Maurie.....1942
 Steele, Ryan 1998-99
 Steele, Stetson..... 1995-99
 Steffen, Mark A..... 1970-72
 Steinberg, Albert1911
 Stevenson, Gerold1941
 Stilller, Martin.....1936
 Stone, Gerald L.1950
 Sumner, M.L. 1912-13
 Swift, Mark1974
 Swisher, Michael.....1972
 Szabo, Steve..... 1966-68
 Tate, Tommy 2006-09
 Terbell, Floyd O.....1924
 Tice, Robert W.1971
 Thode, Jeff..... 2009-11
 Thomas, Adam..... 1998-01
 Tiernan, Stephen1964
 Trainor, Dan 2001-03
 Traphagen, Stephen..... 2002-03
 Trattner, Nicholas2019, 2021
 Trimble, Bruce W. 1957-59
 Trimble, Ralph 1960-62
 Tucker, Jim 1959-61
 Tupper, Richard..... 1947-48
 Vacik, George J.....1940
 Vanatta, Lyell1930
 Vanderwilt, Robert1943
 VanDenend, Micah 2002, 2004-06
 Vonahsen, Virgil..... 1950-52
 Walker, Leland C.1963
 Ward, Eli2021
 Webster, Alex.....2005
 Welt, Donald.....1941
 Welter, Joe 2000-02
 Westphal, Michael.....2017
 Wheeler, Ted S.... 1951-52, 1955
 Wickey, Howard..... 1929-30
 Wiczorek, Lawrence.... 1965-67
 Wilfong, Caleb 2012-13
 Wilkes, Quenten1956
 Williams, Derrick1963
 Wisgerhof, Max V.....1934
 Witt, Ben 2011-14
 Workman, Robert 1941-42
 Wren, Richard T.1946
 Young, Nick.....2011
 Zacher, Eugene R.1922
 Zaruba, Arnold J.....1944



Micah VanDenend won the 2007 Big Ten 10,000-meter outdoor track title and holds the school outdoor 5,000-meter record. He was the 2006 NCAA Midwest Regional Cross Country Meet Champion and Male Athlete of the Year. The four-time all-region honoree competed for Iowa from 2002-07.



Adams, Katie.....2013-14
 Aesoph, Amber..... 2021
 Anderson, Krista2006-07
 Anderson, Lindsay2008-09
 Andrews, Karen1978-80
 Arch, Mary.....2017-19
 Arens, Sarah 1999-2000, 2002-03
 Armstrong, Meghan2004-07
 Ballweg, Rachel 1997
 Barber, Atalie2000-03
 Beattie, Kayla 2011
 Benning, Briana1993-96
 Benson, Nicole.....2011-12
 Berndt, Danielle....2008, 2010-11

Billhart, Allison 2005
 Block, Maddie..... 2021
 Blossfeld, Suzanne1978-79
 Boddicker, Bev1977-80
 Boland, Erin1991-94
 Bookin-Nosbisch, Alli..... 2021
 Bookin-Nosbisch, Grace 2021
 Bote Gonzalez, Marta.....2014-17
 Breen, Kelly.....2015-16
 Brower, Jennifer.....1988-91
 Brown, Nicole1994-96
 Bruns, Courtney..... 2015
 Bryja, Ashley2018-19
 Burke, Jolly2006-07

Butler, Katie1999-2000
 Capista, Jenni.....2001, 2003-04
 Carver, Maddie2017-18
 Chapple, Nikki.....2003-05
 Chow, Sophia 2000
 Coleman, Becky1993-96
 Connelly, Michelle 1977
 Dahl, Tracy..... 1989-92
 Daniel, Megan 1993
 Davis, Eileen1978-79
 Deluca, Sarah C. Abel..... 1979-81
 Dixon, Pamela 1978
 Doak (Davis), Nan1980-84
 Dobrowolski, Anne 1981-85
 Docherty, Jennie 2006, 2009
 Donlon, Katie 2001-03
 Doyle, Renee1985-88
 Drapcho, Rosemary 1978-81
 Dresselhaus, Ann1978-80
 Drulis, Julie 1997-98
 Dunlop, Amy1977-79
 Dupuis, Claire 2016
 Eilers, Brooke2008-11
 Ellis, Katie2006-07, 2009
 Esche, Molly 2004-07
 Espinosa, Ashley2016-18
 Fallon, Fionna2008-09
 Feltes, Teresa 1977-78
 Fitzpatrick, Laney..... 2021
 Fleck, Shawn1993-95
 Flood, Betsy2008-11
 Flynn, Erin.....1978-82
 Freund, Kay.....1978-81
 Gidel, Bryce 2021
 Gilchrist, Alienor1996-97
 Gordon, Emma2018-21
 Gordon, Lisa 2012
 Gorman, Keelin..... 2011
 Griffin, Maggie..... 1996-99
 Gripp, Sue 1977
 Gutwein, Maggie 2019
 Haefke, Kristen1997-98
 Hamilton, Jana1979-80
 Hardesty, Amanda2007-10
 Hardesty, Lauren.....2007-10
 Hart, Kelsey 2009-12
 Hawks, Rachel 2006
 Hedlund, Laurie1977-78
 Hentges, Leah..... 1999
 Hoehle, Zanetta1978-81
 Hollensbe, Julie2016-17
 Hoeman, Carissa..... 1998
 Hoskins, Tami.....1987-91
 Hostetler, Anna..... 2018
 Houston, Marlie..... 2016

Jeppson, Maren 2017
 Johnson, Jennifer.....1990-93
 Jones, Alana..... 2013, 2015
 Kiciak, Jennifer.....1995-96
 King, Mallory 2021
 Kintzel, Denise1977-78
 Kleinfelter, Natalie1993-95
 Knape, Kaitlin..... 2021
 Kotarba, Christine..... 2004, 2007
 Karlovetz, Leah 2019
 Krekeler, Rebecca Ann1978-79
 Kruckeberg, Jeanne1987-89
 Kruck, Kim..... 1994
 Kubitz, Christine ...1995-96, 1998
 Laesch, Jackie 2011
 Lahann, Michelle1999-2002
 Lambrecht, Carol1977-78
 Latham, Kylie2018-19
 Lessard, Megan 2009
 Luber, Hannah 2010
 Lund, Yvonne Irene.....1979-80
 Lynberg, Michele M. Dr. 1977-78
 Marchand, Racheal 2004-06, 2008
 Marshall, Sue 1977
 Martin, Courtney.....2012-14
 Maser, Shannon.....2012-13
 McCabe, Grace2018-19
 McDowell, Tina..... 1991-94
 McKee, Brooke 2021
 McKee, Jessica2018-19, 2021
 McMahan, Lauren 2021
 Melander, McKenzie.....2009-11
 Millward, Georgia.....2000-03
 Mims, Susan1977-80
 Mitchell, Elizabeth1978-79
 Murphy, Amy1998-99
 Murray, Megan 1998
 Nelson, Major Sue1977-78
 Newbrough, Haley.....1996-97
 Newhouse, Carolyn2014-15
 Neustrom, Kara.....2014-17
 Niedert, Elizabeth.....2014-17
 Nukuri, Diane.....2006-07
 Oltman, Valerie..... 1998
 Opatrny, Lauren2016-17
 Pare, Anne 1996
 Pauling, Kiersten1993-96
 Pearson, Laura 2004
 Perry, Sarah Spencer..... 2008
 Pitcher, Clare 2021
 Placzek, Lena 2012-13
 Prescott, Elyse 2019
 Price, Rachel 2013
 Quigley, Kristina 1999
 Ranegar, Megan.....2010-12



Nan Doak was Iowa's first cross country All-American, earning a total of three honors (1980, 1982-83).



Cross Country Women's All-Time Letterwinners

Rehn, Katherin.....2010-11
 Renquist, Wren.....2017-19, 2021
 Roberts, Ericka.....1999-2002
 Roeder, Hannah.....2008-09
 Roehl, Becky.....1994-97
 Ruffcorn, Ann.....1999
 Ryon, Abby.....2021
 Salazar, Nina.....1998
 Saliba, Cindy.....2012
 Salsberry, Christine.....1991-93
 Sandeen, Miriam.....2021
 Schaefer, Chrissy.....2006
 Scheibel, Jill.....1995-98

Schleusner, Mary.....2010
 Schmidt, Jessica.....2004-07
 Schmidt, Kristi.....1998-99
 Schoonover, Jennifer.....1993
 Schott, Megan.....2018-19
 Schrulle, Mareike.....2011-12
 Shearer, Anna.....1998
 Shine, Andrea.....2015-18
 Sims, Sharon.....1977-78
 Skopec, Gabby.....2020-21
 Sokol, Michelle.....2001-02, 2004
 Spangler, Jenny.....1981-83
 Sparks, Staci.....1993

Spencer, Laura.....2004
 Stanley, Shannon.....2003-06
 Stec, Tina.....1990-93
 Strauss, Sam.....2021
 Swartzrock, Diane.....1978-80
 Teggatz, Patty.....2018-19
 Thompson, Becca.....1999-00, 2002
 Todd, Jocelyn.....2012-14
 Todd, Stephanie.....1977-80
 Tomic, Kelli.....2020-21
 Twedt, Ellie.....2021
 Vandervoort, Martha.....1991-94
 Van Dyk, Elzerie.....2018

Vitense, Mandi.....1996-98
 Von Muenster, Shannon.....2001
 Waymire, Madison.....2015-17
 Weber, Macie.....2017-19
 Wilberding, Tess.....2013-16
 Winke, Jordan.....2018-19
 Williams, Julie.....1979-81
 Zishka, Samantha.....2013-14



Tracy Dahl was Iowa's first Big Ten Cross Country Champion. The two-time All-American (1991-92) won the title and was named Big Ten Female Cross Country Athlete of the Year in 1992.



Diane Nukuri (2006-08) was a three-time All-American, two-time NCAA Midwest Region Cross Country Champion and Female Athlete of the Year and the 2008 University of Iowa Female Athlete of the Year. She set school records in eight events, and holds the Ashton Course marks in the 3,000 and 4,000 meters. She won the 2007 Big Ten cross country title, earning Big Ten Women's Cross Country Athlete of the Year honors. She also won the 2007 Drake Relays 5,000 meters. A 2007 Honda Sports Award finalist, she received the 2008 Wilma Rudolph award.