

## 2023 NC STATE RALEIGH RELAYS SCHEDULE - TENTATIVE

THURSDAY, MARCH 23rd				
TIME	EVENT	SECTION	CLASSIFICATION	STANDARD
4:00 PM	1500m	15 Sections - 1 every 5 min	Men	Seeded
5:15 PM	3000m Steeplechase	Section 1	Men	Seeded
5:27 PM	3000m Steeplechase	Section 2	Men	Seeded
5:39 PM	3000m Steeplechase	Section 3	Men	Seeded
4:51 PM	3000m Steeplechase	Section 4	Men	Seeded
6:07 PM	5000m	Section 1	Men	Seeded
6:24 PM	5000m	Section 2	Men	Seeded
6:41 PM	5000m	Section 3	Men	Seeded
6:58 PM	5000m	Section 4	Men	Seeded
7:15 PM	5000m	Section 5	Men	Seeded
7:32 PM	5000m	Section 6	Men	Seeded
7:49 PM	5000m	Section 7	Men	Seeded
8:06 PM	5000m	Section 8	Men	Seeded
8:23 PM	5000m	Section 9	Men	Seeded
8:40 PM	5000m	Section 10	Men	Seeded
9:05 PM	10,000m	Section 1 - Invitational	Women	Seeded
9:45 PM	10,000m	Section 2	Women	Seeded
10:25 PM	10,000m	Section 3	Women	Seeded
TIME	EVENT	SECTION	CLASSIFICATION	
10:00 AM	Pole Vault	Final	Women	
10:00 AM	Javelin	Final	Men	
10:00 AM	Shot Put	Final	Women	
1:30 PM	Javelin	Final	Women	
2:15 PM	Shot Put	Final	Men	
Implement Inspection				
7:30 AM	Javelin	Men		
7:30 AM	Shot Put	Women		
10:00 AM	Javelin	Women		
10:00 AM	Shot Put	Men		



12.28.22

FRIDAY, MARCH 24th				
TIME	EVENT	SECTION	CLASSIFICATION	STANDARD
11:15 AM	100mH	Timed Sections	Women	Final
12:05 PM	110mH	Timed Sections	Men	Final
12:45 PM	100m	Timed Sections	Women	Final
1:25 PM	100m	Timed Sections	Men	Final
2:00 PM	400m	Timed Sections	Women	Final
3:00 PM	400m	Timed Sections	Men	Final
4:00 PM	HS 3200m	Final	Girls	Final
4:15 PM	HS 3200m	Final	Boys	Final
4:30 PM	1500m	15 Sections - 1 every 5 min	Women	Seeded
5:56 PM	3000m Steeplechase	Section 1	Women	Seeded
6:09 PM	3000m Steeplechase	Section 2	Women	Seeded
6:22 PM	3000m Steeplechase	Section 3	Women	Seeded
6:42 PM	5000m	Section 1	Women	Seeded
6:51 PM	5000m	Section 2	Women	Seeded
7:10 PM	5000m	Section 3	Women	Seeded
7:29 PM	5000m	Section 4	Women	Seeded
7:48 PM	5000m	Section 5	Women	Seeded
8:07 PM	5000m	Section 6	Women	Seeded
8:26 PM	5000m	Section 7	Women	Seeded
8:45 PM	5000m	Section 8	Women	Seeded
9:05 PM	10,000m	Section 1 - Invitational	Men	Seeded
9:40 PM	10,000m	Section 2	Men	Seeded
10:15 PM	10,000m	Section 3	Men	Seeded
TIME	EVENT	SECTION	CLASSIFICATION	
9:30 AM	Discus	Final	Women	
9:30 AM	High Jump	Final	Men	
10:00 AM	Pole Vault	Final	Men	
11:00 AM	Triple Jump	Final	Women	
2:00 PM	High Jump	Final	Women	
2:15 PM	Discus	Final	Men	
2:15 PM	Triple Jump	Final	Men	
Implement Inspection				
7:30 AM	Discus	Women		
9:30 AM	Discus	Men		
12:00 PM	Hammer (impounded)	Women		
12:00 PM	Hammer (impounded)	Men		

SATURDAY, MARCH 25th				
TIME	EVENT	SECTION	CLASSIFICATION	STANDARD
11:45 AM	4x100m	Timed Sections	Women	Final
12:15 PM	4x100m	Timed Sections	Men	Final
12:45 PM	800m	Timed Sections	Women	Final
2:00 PM	400mH	Timed Sections	Women	Final
2:35 PM	400mH	Timed Sections	Men	Final
3:00 PM	200m	Timed Sections	Women	Final
3:50 PM	200m	Timed Sections	Men	Final
4:20 PM	800m	Timed Sections	Men	Final
5:40 PM	4x400m	Timed Sections	Women	Final
6:10 PM	4x400m	Timed Sections	Men	Final
TIME	EVENT	SECTION	CLASSIFICATION	
9:45 AM	Hammer	Final	Men	
10:30 AM	Long Jump	Final	Women	
2:00 PM	Long Jump	Final	Men	
2:15 PM	Hammer	Final	Women	