



March 17-18, 2023

IOWA

Track & Field

2022-23 Notes



TRACK & FIELD CONTACT: JOHN LEO | EMAIL: JOHN-LEO@UIOWA.EDU | Phone: 319-335-9411 | hawkeyesports.com

2023 OUTDOOR SCHEDULE

Date	Meet
Mar. 17-18	at Hurricane Invite (Miami, Fla.)
Mar. 23-25	at Raleigh Relays (Raleigh, N.C.)
Mar. 29-Apr. 1	at Texas Relays (Austin, Texas) at Bobcat Invite (San Marcos, Texas)
Mar. 30-Apr. 1	at Mike Fanelli Track Classic (San Francisco, Calif.)
Mar. 31-Apr. 1	at Stanford Invite (Stanford, Calif.) at Florida Relays (Gainesville, Fla.)
Apr. 7-8	at John McDonnell Invite (Fayetteville, Ark.)
Apr. 12-15	at Bryan Clay Invite (Azusa, Calif.) at Mt. SAC Relays (Walnut, Calif.)
Apr. 14-15	at Tom Jones Invite (Gainesville, Fla.) at Beach Invite (Long Beach, Calif.)
Apr. 14	at Jim Duncan Invite (Des Moines, Iowa)
Apr. 22	Musco Twilight (Iowa City, Iowa)
Apr. 27-29	at Drake Relays (Des Moines, Iowa)
May 6	at Dr. Tucker Open (Dubuque, Iowa)
May 12-14	at B1G Championships (Bloomington, Ind.)
May 24-27	at NCAA West Preliminary Round (Sacramento, Calif.)
June 7-10	at NCAA Championships (Austin, Texas)
July 6-9	at USA National Championships (Eugene, Ore.)

HURRICANE INVITE

Mar. 17-18

Coral Gables, Florida

Fri: Hammer Throw - 11 a.m. | Pole Vault - 2 p.m. | 3,000-meters - 5 p.m.

Sat: Javelin - 10 a.m. | 4x100-meter relay - Noon

THIS WEEK

University of Iowa track and field begins its outdoor season this weekend in Coral Gables, Florida, at the Hurricane Invite. The meet is hosted by the University of Miami. The action begins on Friday with the hammer throw at 11 a.m., followed by the pole vault and high jump. Competition resumes on Saturday with the javelin at 10 a.m. and running events getting underway at noon.

FOLLOW ALONG

Fans can follow the meet on the live results page at hawkeyesports.com/tracklive. Results will also be posted on the team's official twitter account [@iowaXC_TF](https://twitter.com/iowaXC_TF).

A LOOK BACK AT 2022

University of Iowa track and field earned 17 All-American honors at the 2022 NCAA Outdoor Championships in Eugene, Oregon. The men's team claimed 10 total honors, with seven earning first team status. Last year, the 4x400-meter relay team of Everett Steward, Chadrick Richards, Spencer Gudgel and Julien Gillum sped to a 3:03.04, sixth place finish, and first-team All-American status. Jordan Johnson fired a career best discus toss of 59.52 meter (195' 3") to place eighth and grab his first All-American honor of his career. James Carter, Kalil Johnson, Austin Kresley, Gratt Reed and Khullen Jefferson return as All-Americans. The Iowa women combined for seven total All-Americans, including returners LaSarah Hargrove, Lia Love, Paige Magee in the 4x100-meter relay. Hargrove earned second team honors in the 100-meter and 200-meter races.

REGIONAL QUALIFIERS

In 2022, the Hawkeye men had 12 entries ranked inside the top-20 regionally, plus Austin West in the decathlon. West secured a berth to the NCAA Championships as the No. 3 seed. James Carter, Jr. entered regionals with the sixth-best long jump mark (No. 23 in NCAA). For the women, LaSarah Hargrove (No. 9, 200m; No. 11, 100m) and Mariel Bruxvoort (No. 11, 400m hurdles) were the top-ranked athletes regionally for the Hawkeyes. Amanda Howe was ranked just outside of the top-15 (No. 16, hammer throw) and Paige Magee was the 17th-ranked 400-meter hurdler in the region and the fourth-fastest Hawkeye in the event. Sophomore Nylah Perry was the fifth Hawkeye to qualify for the 400-meter hurdles, coming in at 44th in the region. All four of Iowa's relays entered regionals ranked inside the top-10. The men's 4x400-meter relay team was seeded No. 4 in the region and the 4x100-meter relay checked in at No. 6. On the women's side, both the 4x100-meter relay and 4x400-meter relay qualified as the No. 10 seeds.

IOWA COACHING STAFF

Joey Woody

Director of Track & Field/Cross Country
(Hurdles/Multis/Men's Short Sprints)

Randy Hasenbank

Associate Head Coach (Distance)

Hadrien Choukroun

Assistant Coach (Jumps/Combined Events)

Chyna Davis

Assistant Coach (Sprints/Hurdles)

Jason Wakenight

Assistant Coach/Recruiting Coordinator
(Long Sprints/Mid Distance/Men's Long Hurdles)

Ray Robinson

Assistant Coach (Throws)

Rachel Leonard

Director of Operations

Hannah Sieperda

Assistant Director of Operations



2022 BIG TEN CHAMPIONS

Last year, the Hawkeyes crowned a pair of individual champions at the 2022 Big Ten Outdoor Championships. Amanda Howe won the women's hammer throw and improved her school record (64.84m / 212'9"). On the men's side, Julien Gillum won the 400-meter hurdles (51.12) and became the third-consecutive Hawkeye to win gold in the event at the Big Ten meet (Jamal Britt - 2021, Chris Douglas - 2019).

2022 RELAYS CUP CHAMPS

The Iowa men won their first Drake Relays Cup Championship since 2018 at the 112th running of the Drake Relays in Des Moines, Iowa, behind a win in the sprint-medley relay (Austin Kresley, Khullen Jefferson, Julien Gillum, Alec Still). The Hawkeyes finished second in the 4x100-meter relay (Kalil Johnson, Kresley, Gratt Reed, Jefferson), and third in the distance-medley relay, the 4x400-meter relay, and the 4x800-meter relay. Additionally, the Hawkeyes won the shuttle-hurdle relay (a non-Relays Cup event) with the team of Grant Conway, Josh Braverman, Johnson and Reed for the first time since 1984 and set the school record (56.74).

James Carter, Jr. became the first university division men's athlete at the Drake Relays in 16 years to complete a sweep of the horizontal jumps, winning the long jump (7.84m / 25'8.5" w) and the triple jump (15.79m / 51'9.75") – the second and third Drake Relays flags in his Hawkeye career.

WEST AMONG THE BEST

decathlete Austin West produced a record-setting week in the Golden State at the Mt. SAC Relays last year. West broke the 8,000-point plateau for the first time in his career (8,179) – breaking the Iowa school record and finishing runner-up to the 2022 indoor heptathlon national champion Ayden Owens in one of the best decathlons in NCAA history. West's point total was No. 10 in the world last year and third in the NCAA. West's 8,179 points ranked him as the 24th-best performer in NCAA history. West set personal-best marks in seven of the 10 events, including a personal best of 46.41 in the 400 meters – a time that before this season would have ranked tenth all-time at Iowa. West was named B1G Field Athlete of the Week on April 20 for his performance. On May 15, West finished as the runner up at the Big Ten Championships.

LaSPEEDY HARGROVE

LaSarah Hargrove broke the Iowa 60-meter record last indoor season (7.25) and put down a blistering time in the 100 meters in her outdoor season debut on March 19 at the Baldy Castillo Invite. Hargrove ran a wind-aided mark of 11.13 to win the 100 meters -- a mark good enough for a school record, but was just outside of the wind-legal threshold. The speedy sophomore continues to challenge to take down the record (11.28). Hargrove added to her hot start of the outdoor season with a win in the 200 meters (22.79) at the Jim Click Shootout (April 9). Her time was No. 2 all-time at Iowa and was the 18th-fastest in the NCAA this season. She was named B1G Track Athlete of the Week on April 13 for her performance. Hargrove qualified seventh-fastest (11.37) in the prelims and made the 100-meter final at the Mt. SAC Relays, finishing eighth (11.38). Her 11.37 preliminary time moved her to fourth all-time at Iowa and was a wind-legal personal best. Hargrove finished fifth in the 100 meters and fourth in the 200 meters on at the Big Ten Outdoor Championships.

HAWKEYES CLAIM FIVE ALL-AMERICAN HONORS AT NCAA INDOORS

Junior Peyton Haack placed fifth in the heptathlon at the NCAA Championships in Albuquerque, New Mexico, to finish the indoor season. Haack's score of 6,048 points broke his own school record that was set at the Razorback Invitational in January. En route to his fifth place finish, the Hawkeye junior set a program record in the pole vault with a 5.26 meter (17' 3") mark. Fellow junior heptathlete Austin West earned second team All-American honors with his ninth place finish of 5,965 points. Senior

2022 OUTDOOR SEASON LEADERS

MEN

100 Meters	Kalen Walker	* 10.20
110-Meter Hurdles	Josh Braverman.....	13.55
200 Meters	Khullen Jefferson.....	20.70
400 Meters	Jenoah McKiver.....	* 44.74
400-Meter Hurdles	Julien Gillum	50.26
800 Meters	Alec Still	1:47.50
1,500 Meters	Max Murphy	* 3:40.63
3,000 Meters	Eli Ward.....	9:41.48
3,000 Steeplechase	Jack Pendergast	9:09.55
5,000 Meters	Noah Healy	14:19.39
10,000 Meters	Max Murphy	28:57.96
400-Meter Relay.....	Walker, Kresley, Reed, K. Jefferson.....	* 39.03
Shuttle Hurdle Relay.....	Conway, Braverman, K. Johnson, Reed.....	* 56.74
1,600 Meter Relay	Steward, Bryson, Gillum, McKiver.....	3:02.39
Sprint Medley Relay	Reed, K. Jefferson, McKiver, Still	3:18.06
3,200-Meter Relay.....	Gudgel, Bryson, Abrego, Still	7:19.13
Distance Medley Relay	Lewis, Steward, Abrego, Murphy	9:47.73
High Jump.....	Zack Pluff	6-10 3/4 (2.10m)
Pole Vault	Austin West.....	14-1 1/4 (4.30m)
Long Jump	James Carter, Jr.	26-0 1/4 (7.93m)
Triple Jump	James Carter, Jr.	52-10 3/4 (16.12m)
Shot Put.....	Nikolas Curtiss.....	* 65-9 (20.04m)
Discus	Jordan Johnson	189-1 (57.63m)
Hammer Throw	Tyler Lienau.....	198-6 (60.52m)
Javelin.....	Austin West.....	198-1 (60.39m)
Decathlon	Austin West.....	* 8,179 points

WOMEN

100 Meters	LaSarah Hargrove	% 11.05
100-Meter Hurdles	Myreanna Bebe	% 13.02
200 Meters	LaSarah Hargrove	% 22.58
400 Meters	Tesa Roberts.....	53.95
400-Meter Hurdles	Erin Dowd	56.77
600 Meters	Alli Bookin-Nosbisch	1:30.97
800 Meters	Clare Pitcher	2:06.05
1,500 Meters	Amber Aesoph	4:24.87
3,000 Meters	Maddie Block	10:04.53
3,000m Steeplechase	Brooke McKee.....	10:45.84
5,000 Meters	Kelli Tosic.....	17:02.03
10,000 Meters	Kelli Tosic.....	35:19.42
400-Meter Relay.....	Hargrove, Love, Dowd, Magee.....	* 43.69
1,600-Meter Relay.....	Bruxvoort, Dowd, Wensel, Roberts	3:33.18
Sprint Medley Relay	Hargrove, Dowd, Wensel, Pitcher	3:52.56
3,200-Meter Relay.....	Moore, A. Bookin-Nosbisch, G. Bookin-Nosbisch, Pitcher	8:35.75
Distance Medley Relay	G. Bookin-Nosbisch, Robert, A. Bookin-Nosbisch, Aesoph	11:40:18
High Jump.....	Maria Gorham	5-7 1/4 (1.71m)
Long Jump	Tionna Tobias	19-4 1/2 (5.90m)
Triple Jump	Kayla Hutchins	39-8 3/4 (12.11m)
Shot Put.....	Kat Moody	53-0 (16.15m)
Discus	Kat Moody	174-7 (53.23m)
Hammer Throw	Amanda Howe	* 212-9 (64.84m)
Javelin.....	Tionna Tobias	92-1 (28.06m)
Heptathlon	Tionna Tobias	5,124 points

* - school record, % - wind-aided



James Carter was a second team All-American in the triple jump, recording a 15.55 meter (51' 10.25") mark. Carter finished 10th in the long jump (7.80 meters | 25' 7.25"), doubling up as a second team All-American. Junior Myreanna Bebe tied her personal best and school record in the 60-meter hurdle prelims, securing second team All-American status with an 8.07. Junior hurdler Grant Conway placed 12th in the men's 60-meter hurdles, clocking a 7.83.

JUMP, JUMP, JUMP!

Returning men's indoor long jump and triple jump All-American senior James Carter, Jr. transitions to the outdoor season, where he won the triple jump at last year's Jim Click Shootout (15.84m | 51'11.75). Carter, Jr. improved his lifetime-best in the long jump at the Mt. SAC Relays (7.81m | 25'7.5") – the fifth-furthest jump ever at Iowa. Carter, Jr. became the first university division men's athlete at the Drake Relays in 16 years to complete a sweep of the horizontal jumps, winning the long jump (7.84m / 25'8.5" w) and the triple jump (15.79m / 51'9.75") – the second and third Drake Relays flags in his Hawkeye career. At the Big Ten Outdoor Championships, Carter finished as the runner-up in both events.

IOWA STRONG

Senior school-record holder Amanda Howe gears up for the outdoor season after being crowned the Big Ten Champion in the hammer throw a season ago. Senior Kat Moody returns as the leader of the women's shot put and discus. Both Howe and Moody saved their best for last by setting season bests at the Big Ten Championships in their respective events.

Junior Jordan Johnson returns as an NCAA outdoor qualifier in the discus, throwing a career best 59.52 meters (195' 3") at the NCAA Championships in Eugene. The senior thrower earned All-American honors with an eighth place finish. Johnson began his postseason push with a 2nd place finish at the Big Ten Championships (57.63 meters | 189' 1"), followed by a 6th place mark at the NCAA West Prelims (57.09 meters | 187' 4").

NCAA HISTORY

The Hawkeye men have eight top-10 NCAA Outdoor Championship finishes in program history, the last coming in 1932 (sixth). The Hawkeyes finished third on three occasions (1921, 1923 and 1930). In modern history, the Hawkeyes best NCAA finish was in 2021 when they placed 12th. Other top-25 finishes include 17th in 2017, 19th in 1995, 21st in 1993 and 21st in 1989. The Hawkeye women's best finish at the NCAA Outdoor Championships came in 2018, when they placed 13th with 19 points. Laulauga Tausaga scored 10 points that year, placing fourth in both shot put and discus. The women also placed in the top-25 in 2019 (25th), 2006 (20th), 1992 (19th) and 1985 (20th).

NEXT UP

The Hawkeyes head to Raleigh, North Carolina, for the Raleigh Relays on Mar. 23-25. The meet is hosted by NC State and will begin on Thurs., March 23, with the 1,500 meter event.

PRONUNCIATION GUIDE

Amber Aesoph.....	A-soph
Damoy Allen	
Elijah Barnes.....	ill-LIE-juh
Alivia Bauer	ah-LIV-ee-uh
Myreanna Bebe	MUR-enna Bee-bee
Audrey Biermann	
Jalyssa Blazek.....	JA-liss-uh
Alli/Grace Bookin-Nosbisch.....	nos-BISH
Koby Brackemeyer	
Mariel Bruxvoort	BROOKS-vort
Dimia Burrell.....	Dih-ME-uh
Aliyanna Dorn	
Holly Duax	
Ian Geisler	GUY-slur
Bryce Gidel	gih-DELL
Spencer Gudgel	GUD-gell
Maggie Gutwein	GUT-win
Peyton Haack.....	HOCK
Carson Houg	
Jaiden Itson	
Kaleba Jack	
Khullen Jefferson	CULLEN
Kalil Johnson	
Keith Keahna	kee-AH-nuh
Daniel Klysh	KLISH
Jamie Kofron	
Lizzie Korczak	
Leah Kralovetz	
Derek Leicht	
Jenoah McKiver	jeh-NOAH muh-KEE-ver
Tahlee McVee	
Ella Meeuwssen	
Micah Poellet	
Ellie Rathe	
Ianna Roach	
Tesa Roberts	TAY-suh
Ryan Schreiner.....	SHRINE-urr
Evan Schuster	
Aleah Tenpas	
Kelli Totic	tah-SICK
Ellie Twedt	TWEET
Walker Whalen	
Yohana Yual	

FRANCIS X. CRETZMEYER TRACK

The University of Iowa track and field team practices and competes at the Francis X. Cretzmeyer Track during the outdoor season. Located within walking distance of Carver-Hawkeye Arena and Pearl Field, the track was completed in 1986. The facility was named after the late Francis X. Cretzmeyer, who coached the men's cross country and track teams from 1948-78 and led the Hawkeyes to five Big Ten team titles. Iowa hosted the 1987, 2000, 2011 and 2019 Big Ten Championships at Cretzmeyer.





MEN'S NCAA CHAMPIONSHIPS QUALIFIERS

ATHLETE.....	EVENT	MARK	SEED
Austin West.....	Decathlon.....	8,179 pts.....	3
James Carter, Jr.....	Long Jump.....	7.93m / 26'0.25.....	3
West/Bryson/Gudgel/Gillum	4x400m Relay	3:03.62.....	9
James Carter, Jr.....	Triple Jump.....	16.12m / 52'10.75.....	9
Josh Braverman	110mH.....	13.55	11
Jordan Johnson	Discus	57.09m / 187'3"	12
Julien Gillum.....	400mH.....	50.26	13
Nik Curtiss	Shot Put.....	19.54m / 64'1.25"	14
Johnson/Kresley/Reed/K. Jefferson.....	4x100m Relay	39.56	23
Gratt Reed	110mH.....	13.75	24

WOMEN'S NCAA CHAMPIONSHIPS QUALIFIERS

ATHLETE.....	EVENT	MARK	SEED
LaSarah Hargrove.....	200m	22.58	8
LaSarah Hargrove.....	100m	11.05	10
Erin Dowd.....	400mH.....	57.01	12
Hargrove/Love/Dowd/Magee	4x100m Relay	43.69	13
Paige Magee.....	400mH.....	57.06	14

OUTDOOR ALL-TIME TOP 10 PERFORMERS



Justin Austin



Matt Byers



Nikolas Curtiss



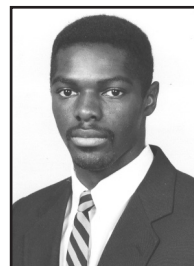
Troy Doris



Jeffery Herron



Gabe Hull



Anthuan Maybank

100 Meters

1. Kalen Walker, 2022	10.20
2. Justin Austin, 2011	10.21
3. O'Shea Wilson, 2017	10.22
4. George Page, 1996	10.25
5. James Harrington, 2015.....	10.26
6. Anthuan Maybank, 1994	10.31
Tim Dwight, 1997	10.31
Josh Larney, 2013	10.31
Vinnie Saucer, Jr., 2015	10.31
10. Antonio Woodard, 2018	10.34

110-Meter High Hurdles

1. Jaylan McConico, 2021	13.23
2. Aaron Mallett, 2017.....	13.24
3. Josh Braverman, 2022	13.41
4. Jamal Britt, 2021.....	13.45
5. Pat McGhee, 1989	13.50
6. Dion Trowers, 1996.....	13.62
7. Ronnie McCoy, 1985.....	13.66
Grant Conway, 2022.....	13.66
9. Gratt Reed, 2022.....	13.67
10. Ethan Holmes, 2011	13.73

200 Meters

1. Justin Austin, 2011	20.31
2. Jeff Patrick, 1983	20.47
3. James Harrington, 2015.....	20.50
4. Karayme Bartley, 2019.....	20.51
5. Anthuan Maybank, 1994	20.55
6. Victor Green, 1984	20.60
7. Antonio Woodard, 2018.....	20.61
8. Andre Morris, 1995	20.64
9. George Page, 1996	20.67
10. Khullen Jefferson, 2022.....	20.70

400 Meters

1. Jenoa McKiver, 2022	44.74
2. Mar'yea Harris, 2018.....	44.94
3. Anthuan Maybank, 1993	44.99
4. Andre Morris, 1995	45.15
5. Mike Mondane, 1967	45.20
6. Wayne Lawrence, Jr., 2019	45.33
7. Steven Willey, 2010	45.78
8. Karayme Bartley, 2019.....	45.80
9. Everett Steward, 2022.....	45.94
10. DeJuan Frye, 2018.....	46.17

400-Meter Hurdles

1. Pat McGhee, 1988.....	48.83
2. Jamal Britt, 2021.....	49.69
3. Monte Raymond, 1998.....	50.09
4. Ray Varner, 2010.....	50.24
5. Julien Gillum, 2022	50.26
6. Chris Douglas, 2019	50.32
7. Paul Steele, 1989.....	50.45
8. Russell Peterson, 2001	50.50
9. Ethan Holmes, 2013	50.51
10. Adam Kunkel, 2001.....	50.73

800 Meters

1. Erik Sowinski, 2012.....	1:45.90
2. Matt Manternach, 2019	1:46.93
3. Carter Lilly, 2016.....	1:46.95
4. Alec Still, 2022	1:47.50
5. Bill Frazier, 1962	1:47.64
6. D'Juan Strozier, 1990	1:47.82
7. Adam Hairston, 2011.....	1:48.10
8. Tysen VanDraska, 2021.....	1:48.13
9. Armando Bryson, 2022	1:48.31
10. Will Teubel, 2015.....	1:48.60

1,500 Meters

1. Max Murphy, 2022.....	3:40.63
2. Jeff Thode, 2010	3:43.02
3. Kal Lewis, 2021	3:43.32
4. Joel Moeller, 1978	3:44.01
5. Jim Docherty, 1978.....	3:44.30
6. Nathan Mylenek, 2019	3:44.49
7. Sam Fourman, 2015	3:44.50
8. Michael Melchert, 2018	3:44.59
9. Adam Jones, 2017	3:45.48
10. Dan Waters, 1986	3:46.35

3,000-Meter Steeplechase

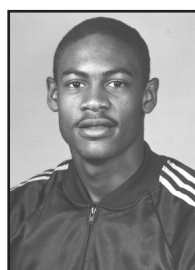
1. Nathan Mylenek, 2021	8:35.41
2. Deacon Jones, 1956.....	8:47.40
3. Steve Pershing, 1978	8:54.59
4. Andy Morris, 2000.....	8:56.21
5. Matt Gerard, 1994.....	8:57.01
6. Andy Napier, 2008	8:57.54
7. Rollie Kitt, 1967	9:02.90
8. Al Greene, 1985.....	9:02.96
9. Tony Rakaric, 2005.....	9:03.29
10. Mark Battista, 2010	9:04.60

5,000 Meters

1. Micah VanDenend, 2007	13:49.31
2. Nathan Mylenek, 2021	13:54.15
3. Daniel Soto, 2021	13:55.71
4. Larry Wieczorek, 1968.....	13:56.00
5. Kevin Herd, 1993	13:59.00
6. Stetson Steele, 2000.....	14:02.76
7. Kevin Lewis, 2014	14:02.78
8. Eric MacTaggart, 2005	14:04.79
9. Dan Haut, 2006.....	14:07.30
10. Jesse Luciano, 2010	14:08.71



Jaylan McConico



Pat McGhee



Jenoah McKiver



Nathan Mylenek

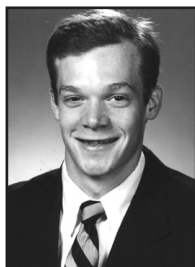


Max Murphy

OUTDOOR ALL-TIME TOP 10 PERFORMERS



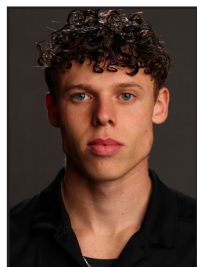
Erik Sowinski



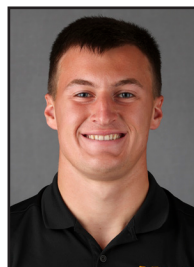
Stetson Steele



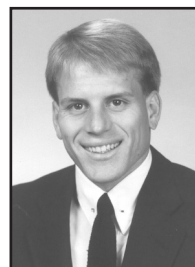
Micah VanDenend



Kalen Walker



Austin West



Todd Wigginton



Arno
van der Westhuizen

10,000 Meters

1. Stetson Steele, 2000 28:44.47
2. Daniel Soto, 2021 28:48.18
3. Eric MacTaggart, 2006 28:50.23
4. **Max Murphy, 2022 28:57.96**
5. Kevin Lewis, 2015 28:59.62
6. **Nick Trattner, 2022 29:39.83**
7. Nick Nordheim, 2002 29:44.71
8. Trent Corey, 2002 29:45.25
9. Ian Eklin, 2017 29:47.06
10. Chad Schwitters, 1999 29:56.00

Decathlon

1. **Austin West, 2022 8,179 pts**
2. Will Daniels, 2021 7,864 pts
3. William Dougherty, 2018 7,673 pts
4. **Peyton Haack, 2021 7,458 pts**
5. Kyle Reid, 2013 7,203 pts
6. Jack Eckert, 2015 7,087 pts
7. Dan Rolling, 2010 6,957 pts
8. Scott Faber, 2000 6,839 pts
9. Ryan Niver, 2008 6,837 pts
10. Chad Ohly, 1994 6,641 pts

High Jump

1. Jeffery Herron, 2012 7-4 1/4 (2.24)
2. Bill Hansen, 1978 7-4 (2.23)
3. Bill Knoedel, 1975 7-4 (2.23)
4. Kevin Spejcher, 2014 7-2 1/2 (2.20)
5. M. Cunningham, 1986 7-1 (2.16)
6. Kenneth Lansing, 1988 7-1 (2.16)
7. Jay Hunt, 2019 7-1 (2.16)
8. Pat Meade, 1987 7-0 1/4 (2.14)
9. Graham Valdes, 2012 6-11 3/4 (2.12)
10. Will Daniels, 2021 6-11 1/2 (2.12)

Pole Vault

1. Todd Wigginton, 1984 17-0 (5.18)
2. Chad Ohly, 1994 16-8 3/4 (5.10)
3. Kyle Reid, 2013 16-8 3/4 (5.10)
4. Curt Broek, 1978 16-8 (5.08)
5. Andy Jatis, 2018 16-7 1/2 (5.07)
6. Phil Wertman, 1971 16-7 (5.05)
7. Kelly Scott, 1988 16-7 (5.05)
8. **Peyton Haack, 2021 16-4 3/4 (5.00)**
9. John Teffer, 1972 16-2 (4.93)
10. Alex Zona, 2009 16-0 3/4 (4.90)

Long Jump

1. Anthuan Maybank, 1993 27-1 (8.25)
2. Bashir Yamini, 1997 26-8 1/4 (8.13)
3. **James Carter, Jr., 2022 26-3 (8.00)**
4. Paul Jones, 1989 25-10 1/4 (7.88)
5. Darren Smith, 1991 25-9 3/4 (7.86)
6. Quinn Early, 1986 25-7 1/4 (7.80)
7. O'Shea Wilson, 2017 25-5 1/4 (7.75)
8. Ed Gordon, 1931 25-4 3/8 (7.68)
9. Matty Gorman, 2006 25-1 1/4 (7.65)
10. Ronnie McCoy, 1985 25-0 (7.62)

Triple Jump

1. Troy Doris, 2012 54-8 (16.66)
2. Paul Jones, 1990 53-9 (16.38)
3. Babatunde Amosu, 2015 53-0 (16.15)
4. **James Carter, Jr., 2022 52-10 3/4 (16.12)**
5. Antwon James, 2017 52-4 1/2 (15.96)
6. Klyvens Delaunay, 2013 52-2 1/2 (15.91)
7. Gordon Finch, 1988 50-9 1/4 (15.47)
8. Mike Lacy, 1984 50-5 (15.36)
9. **Deandre Stapleton, Jr. 2022 49-10 (15.19)**
10. Pat Miller, 1985 49-8 1/2 (15.25)

Shot Put

1. Nikolas Curtiss, 2022 65-9 (20.04)
2. Jeremy Allen, 2001 63-2 3/4 (19.27)
3. Reno Tuufuli, 2018 62-10 3/4 (19.17)
4. Ken Kemeny, 2005 62-3 (18.97)
5. Shane Maier, 2006 62-2 1/4 (18.95)
6. Andy Banse, 2005 61-11 1/2 (18.88)
7. John Hickey, 2008 61-9 1/2 (18.83)
8. **Elijah Barnes, 2022 60-8 3/4 (18.51)**
9. Avery Meyers, 2017 60-4 (18.39)
10. Chris Gambol, 1987 60-0 1/2 (18.30)

Discus

1. Gabe Hull, 2014 207-1 (63.11)
2. Reno Tuufuli, 2019 205-2 (62.54)
3. A.J. Curtis, 2007 202-11 (61.84)
4. Gary Kostrubala, 1986 202-4 (61.68)
5. Jeremy Allen, 2001 195-4 (59.54)
6. **Jordan Johnson, 2022 195-3 (59.52)**
7. Tim Brodersen, 2005 193-6 (58.98)
8. Avery Meyers, 2017 185-8 (56.61m)
9. Brad Daufeldt, 2004 185-0 (56.40)
10. Nick Brayton, 2009 180-11 (55.15)

Hammer

1. A. van der Westhuizen, 2001 222-11 (67.94)
2. Adam Hamilton, 2007 222-2 (67.73)
3. Jim Costello, 2002 217-7 (66.32)
4. Brad Daufeldt, 2004 207-10 (63.34)
5. Chris Voller, 2005 206-0 (62.80)
6. Matt Banse, 2012 201-11 (61.55)
7. Tyler Lienau, 2021 199-6 (60.81)
8. Jeremy Allen, 2001 199-0 (60.66)
9. Ben Stancombe, 2011 197-6 (60.20)
10. Nikolas Curtiss, 2022 192-4 (58.62)

Javelin

1. Matt Byers, 2011 245-8 (74.89)
2. Bill Neumann, 2002 244-8 (74.58)
3. Dan Ralph, 2000 227-10 (69.44)
4. Sam Joens, 2015 211-5 3/4 (64.45)
5. Zach Schimp, 2010 211-0 (64.32)
6. Alex Balke, 2016 205-11 (62.77)
7. Kale Katt, 2007 204-0 (62.17)
8. Joel Storm, 2004 203-5 (62.01)
9. Matt Stank, 2001 199-0 (60.66)
10. **Austin West, 2022 198-6 (60.39m)**

MEN'S ALL-TIME TOP 10 RELAYS

400-Meter Relay

1.	Walker, Kresley, Reed, K. Jefferson , 2022.....	39.03
2.	Brissett, Wilson, Thompson, Mallett, 2017	39.12
3.	Hofacker, Woodard, Lawrence Jr. , Bartley, 2019.....	39.17
4.	Mincy, Wilson, Harrington, Brown, 2014	39.19
5.	Mincy, Austin, E. Holmes, Larney, 2013	39.31
	Johnson, Kresley, Reed, K. Jefferson , 2022	39.31
7.	Saucer, Jr., Brissett, Harrington, Mallett, 2016	39.44
8.	Brissett, Wilson, Woodard, Mallett, 2017	39.46
9.	Beecham, Duckett, Greer, R. Smith, 1984	39.48
	McConico, Woodard, Reed, Kresley , 2021.....	39.48

Shuttle Hurdle Relay

1.	Conway , Braverman, K. Johnson, Reed , 2022.....	56.74
2.	McGhee, Armstrong, Falls, Stelle, 1989	57.80
3.	Wigginton, Jones, Lacey, McCoy, 1985.....	59.77
4.	Williams, Haack , Braverman, McConico, 2019.....	1:01.14
5.	1975	1:05.20

800-Meter Relay

1.	James, Mallett, Harris, B. Thompson, 2017	1:23.02
2.	B. Thompson, Brissett, Harrington, Ganschow, 2016.....	1:23.36
3.	B. Thompson, Ganschow, Frye, Hofacker, 2017.....	1:23.73
4.	Richardson, Sayon, Richards, Chaney, Jr., 2009	1:24.85
5.	Harrington, VanCleave, Wilson, Mallett, 2014	1:24.86
6.	Austin, Brown, Larney, VanCleave, 2013	1:25.60
7.	Wilson, Sorrells, Douglas, Williams, 2018	1:25.87
8.	Barclay, McCalister, Jensen, Elliott, 1979.....	1:26.39
9.	Sorrells, Braverman, Douglas, Haack , 2019	1:28.29
10.	Thomas, Balkrishnan, Patterson, Freidrich 1991.....	1:28.38

1,600-Meter Relay

1.	Lawrence Jr., Woodard, Bartley, Harris, 2019.....	3:00.14
2.	Steward, Richards, Gudgel, Gillum , 2022.....	3:01.79
3.	Frye, Harris, Hofacker, Ogwo, 2017	3:01.91
4.	Steward, Bryson, Gillum, McKiver , 2022.....	3:02.39
5.	Lietz, Woodard, Gillum , Lawrence, Jr., 2021	3:02.54
6.	Lawrence Jr., Woodard, Hofacker, Harris, 2019.....	3:03.10
7.	Morris, Davis, Page, Rozell, 1995.....	3:03.11
8.	Branch, Dwight, Dodge, Yamini, 1999	3:03.29
9.	West, Bryson, Gudgel, Gillum , 2022.....	3:03.62
10.	Frye, Woodard, Hofacker, Harris, 2018	3:03.69

Sprint Medley Relay

1.	McCorkle, Jones, Chung, Strozier, 1990	3:15.64
2.	Sayon, Austin, Willey, Sowinski, 2011	3:16.18
3.	Richards, Larney, Davey, Sowinski, 2012	3:17.25
4.	Richardson, Richards, Willey, Sowinski, 2010.....	3:17.74
5.	Reed, K. Jefferson, Gillum , Still, 2022	3:18.06
6.	Hofacker, Woodard, Harris, VanDraska, 2018.....	3:18.11
7.	Saucer, Jr., Brissett, Harris, Lilly, 2016.....	3:18.53
8.	Hofacker, Woodard, Harris, Lilly, 2017	3:18.73
9.	Armstrong, Thomas, Maybank, Strozier, 1991	3:18.93
10.	Yamini, Davis, Dodge, Donovan, 1999.....	3:19.87

3,200-Meter Relay

1.	Schum, Christensen, Steffen, Criswell, 1971	7:18.60
2.	Gudgel, Bryson, Abrego , Still, 2022	7:19.13
3.	VanDraska, Still, Teubel, Lilly, 2019.....	7:22.50
4.	Hairston, Prom, Thode, Sowinski, 2011.....	7:23.77
5.	Manternach, VanDraska, W. Teubel, Lilly, 2017	7:24.77
6.	Melchert, Manternach, N. Teubel, Lilly, 2018	7:28.37
7.	Corrigan, Blackman, Strozier, Chambers, 1989	7:29.00
8.	Hoffman, Olson , Still, VanDraska, 2021.....	7:29.81
9.	Melchert, Dorman, Lilly, Larrison, 2016	7:30.32
10.	N. Teubel, Manternach, Chaidez, W. Teubel, 2017	7:30.74

Distance Medley Relay

1.	Pershing, Moeller, Slack, Docherty, 1978	9:39.94
2.	Kuczwarra, Barton, Hairston, Thode, 2011	9:41.37
3.	N. Holmes, VanCleave, Sowinski, Thode, 2012.....	9:41.59
4.	Young, Barton, Kuczwarra, Luciano, 2010.....	9:42.97
5.	Lewis, Steward, Abrego, Murphy , 2022	9:47.73
6.	Mylenek, Thompson, Manternach, Melchert, 2018	9:50.70
7.	VanDraska, Lawrence Jr., Teubel, Mylenek, 2019	9:53.14
8.	Prom, Davey, Weir, Witt, 2013.....	9:53.83
9.	Theisen, Williams, Wiesa, Waters, 1985	9:54.04
10.	Wilfong, Slaymaker, W. Teubel, Witt, 2013.....	9:54.05

6,400-Meter Relay

1.	Pershing, Fuller, Moeller, Docherty, 1978.....	16:27.70
2.	Rakaric, Webster, MacTaggart, VanDenend, 2006.....	16:55.43
3.	Lewis, Witt, Hart, Fourman, 2015	16:58.44
4.	Price, Eklin, Gardarsson, Docherty, 2016.....	17:00.30
5.	Paul, Kadlec, Thode, Luciano, 2010	17:01.46
6.	Witt, Lewis, Hart, Butler, 2014	17:01.65
7.	N. Holmes, Witt, Thode, Lewis, 2012	17:02.26
8.	Thomas, Allen, Rakaric, Lloyd, 2003	17:06.27
9.	Pittman, Novotny, Feeldy, Marquardt, 1995	17:12.49
10.	Bakker, Feeldy, Peters, Pittman, 1996	17:13.10

OUTDOOR ALL-TIME TOP 10 PERFORMERS



Meghan Armstrong



**Marta Bote
Gonzalez**



Nan Doak



Briana Guillory



LaSarah Hargrove



Amanda Howe



Aisha James

100 Meters

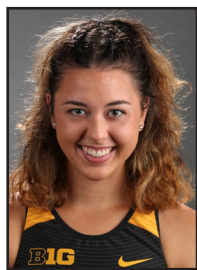
1. **LaSarah Hargrove, 2022** **11.20**
2. Brittany Brown, 2018 11.28
3. **Lia Love, 2022** **11.33**
4. Briana Guillory, 2016 11.35
5. Lake Kwaza, 2015 11.40
6. Vivien McKenzie, 1985 11.45
7. Davera Taylor, 1984 11.51
8. Erica Broomfield, 1998 11.53
9. Jiselle Providence, 2001 11.57
10. Tanja Reid, 1994 11.60
- Peaches Roach, 2005 11.60

100-Meter Hurdles

1. **Paige Magee, 2021** **13.17**
2. Tiffany Johnson, 2007 13.20
3. Jenny Kimbro, 2018 13.22
4. **Myreanna Bebe, 2022** **13.35**
5. Jahisha Thomas, 2017 13.46
6. Tria Simmons, 2019 13.49
7. Karessa Farley, 2009 13.53
8. **Tionna Tobias, 2021** **13.58**
9. C. Prendergast, 1999 13.60
- Paula Ruen, 2000 13.60

200 Meters

1. Brittany Brown, 2017 22.30
2. **LaSarah Hargrove, 2022** **22.72**
3. Briana Guillory, 2016 22.89
4. Elexis Guster, 2016 23.03
5. Lake Kwaza, 2016 23.17
6. Shellene Williams, 2004 23.50
7. Kineke Alexander, 2006 23.58
8. Davera Taylor, 1984 23.59
9. Vivien McKenzie, 1985 23.61
10. **Lia Love, 2022** **23.64**



Jenny Kimbro



Paige Magee

400 Meters

1. Briana Guillory, 2018 51.30
2. Kineke Alexander, 2006 51.35
3. Elexis Guster, 2016 51.85
4. Shellene Williams, 2004 51.94
5. Ashley Liverpool, 2012 52.47
6. Ellen Grant, 1996 52.65
7. Alexis Hernandez, 2017 53.27
8. Cortney Strohman, 2021 53.68
9. **Tesa Roberts, 2022** **53.95**
10. Senta Hawkins, 1988 54.01
- Bethany Praska, 2011 54.01

400-Meter Hurdles

1. Mary Knoblauch, 1981 56.16
2. Wynsome Cole, 1998 56.67
3. MonTayla Holder, 2014 56.70
4. Erin Dowd, 2022 56.77
5. **Paige Magee, 2022** **57.06**
6. **Mariel Bruxvoort, 2022** **57.45**
7. **Payton Wensel, 2022** **57.63**
8. Jenny Kimbro, 2019 58.27
9. Chris Davenport, 1981 59.18
10. Sommer Sharpe, 2018 59.20

800 Meters

1. Bethany Praska, 2011 2:03.78
2. Mallory King, 2021 2:05.23
3. Kay Stormo, 1982 2:05.67
4. **Clare Pitcher, 2022** **2:06.05**
5. Taylor Arco, 2019 2:06.06
6. Michelle Lahann, 2004 2:06.79
7. **Alli Bookin-Nosbisch, 2022** **2:06.92**
8. Katharina Trost, 2015 2:07.09
9. Mahnee Watts, 2016 2:07.41
10. Aisha Hume, 2005 2:08.50

1,500 Meters

1. Meghan Armstrong, 2006 4:17.41
2. Betsy Flood, 2010 4:17.75
3. Jeanne Kruckeberg, 1989 4:19.71
4. McKenzie Melander, 2012 4:20.22
5. Lauren Hardesty, 2009 4:20.40
6. Diane Nukuri, 2007 4:20.95
7. Penny O'Brien, 1985 4:21.43
8. Kay Stormo, 1982 4:22.24
9. Michelle Lahann, 2004 4:24.00
10. **Amber Aesoph, 2022** **4:24.87**

3,000 Meters

1. Diane Nukuri, 2008 9:18.82
2. Penny O'Brien, 1985 9:20.61
3. McKenzie Melander, 2012 9:21.59
4. Betsy Flood, 2010 9:22.63
5. Nan Doak, 1985 9:23.04
6. Tracy Dahl, 1992 9:23.53
7. Meghan Armstrong, 2006 9:28.03
8. Brooke Eilers, 2011 9:30.08
9. Jeanne Kruckeberg, 1989 9:30.69
10. Jennifer Brower, 1992 9:34.59

3,000-Meter Steeplechase

1. Marta Bote Gonzalez, 2015 10:23.15
2. Danielle Berndt, 2011 10:26.54
3. Jessica Schmidt, 2008 10:27.18
4. Sarah Arens, 2004 10:34.50
5. Hannah Roeder, 2011 10:35.22
6. Madison Waymire, 2017 10:41.91
7. **Brooke McKee, 2022** **10:45.84**
8. Kelsey Hart, 2011 10:47.56
9. Anna Hostetler, 2019 10:57.25
10. Kelly Breen, 2017 10:59.99

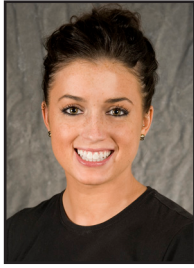
5,000 Meters

1. Nan Doak, 1985 15:45.84
2. McKenzie Melander, 2012 15:57.13
3. Diane Nukuri, 2008 15:59.39
4. Betsy Flood, 2011 16:04.46
5. Meghan Armstrong, 2008 16:08.83
6. Brooke Eilers, 2011 16:11.86
7. Mareike Schrulle, 2013 16:12.66
8. Jenny Spangler, 1983 16:17.21
9. Tracy Dahl, 1992 16:18.77
10. Racheal Marchand, 2008 16:27.02

OUTDOOR ALL-TIME TOP10 PERFORMERS



Diane Nukuri



Bethany Praska



Alana Redfern



Peaches Roach



Jessie Strand



Laulauga Tausaga



Jahisha Thomas

10,000 Meters

1. Diane Nukuri, 2008 33:17.01
2. Jennifer Brower, 1991..... 33:23.38
3. Meghan Armstrong, 2008..... 33:28.00
4. Nan Doak, 1985..... 33:33.03
5. Jenny Spangler, 1983 33:39.24
6. Andrea Shine, 2018..... 33:50.25
7. Racheal Marchand, 2008 34:05.87
8. McKenzie Melander, 2012 34:29.83
9. Tracy Dahl, 1992 34:30.09
10. Betsy Flood, 2011..... 35:05.10

Heptathlon

1. Jenny Kimbro, 2021..... 5,679 pts
2. Tammilee Kerr, 2008..... 5,633 pts
3. Tria Simmons, 2019..... 5,557 pts
4. Dallyssa Huggins, 2021..... 5,437 pts
5. Kathy Gillespie, 1983..... 5,262 pts
6. **Tionna Tobias, 2022.....5,124 pts**
7. Tiff Pedersen, 2004 4,976 pts
8. Janet Adams, 1981..... 4,855 pts
9. Sarah Ryan, 2012 4,819 pts
10. Ruqayya Raheem, 1997 4,665 pts

High Jump

1. Peaches Roach, 2006 6-1 1/4 (1.86)
2. Jenny Kimbro, 2019..... 6-0 3/4 (1.85)
3. Mary Mol, 1983..... 6-0 (1.83)
4. Khanishah Williams, 2013 5-11 1/4 (1.81)
5. Dallyssa Huggins, 2021.. 5-10 1/2 (1.79m)
6. Caleigh Bacchus, 2010..... 5-10 (1.78)
7. Lynn McMillan, 1988..... 5-9 1/4 (1.76)
- Aubrianna Lantrip, 2018 5-9 1/4 (1.76)
- Tria Simmons, 2019..... 5-9 1/4 (1.76)
10. Madison Rouw, 2016..... 5-8 3/4 (1.75)
- Tria Simmons, 2018..... 5-8 3/4 (1.75)

Pole Vault

1. Jessie Strand, 2003..... 12-10 1/4 (3.92)
2. Sarah Burgett, 2006 12-1 3/4 (3.70)
3. Kirsten Weismantle, 2011..... 12-0 (3.66)
4. Amy Smith, 2018..... 11-11 3/4 (3.65)
5. Katie Truedson, 2010 11-5 1/4 (3.49)
6. Gina Shannon, 2001..... 11-2 1/4 (3.41)
7. Brittany Holst, 2013 11-1 (3.38)
8. Elyssa Tracy, 2015..... 10-6 (3.20)
9. Kacey Childs, 2000 8-0 1/2 (2.45)

Long Jump

1. Aisha James, 2003..... 22-3 (6.78)
2. Jahisha Thomas, 2018..... 21-6 (6.55)
3. Zinnia Miller, 2014 20-6 1/2 (6.26)
4. Renee White, 2008 20-3 3/4 (6.19)
5. Carisa Leacock, 2014..... 19-11 3/4 (6.09)
6. Amanda Carty, 2019..... 19-11 1/2 (6.08)
7. **Tionna Tobais, 2021..... 19-11 (6.07)**
8. Becki Borg, 1988 19-7 1/4 (5.97)
9. Jenny Kimbro, 2018..... 19-7 (5.97)
10. Kassidy Ellis, 2015 19-6 1/4 (5.95)

Triple Jump

1. Jahisha Thomas, 2018..... 44-2 (13.46)
2. Renee White, 2008 43-10 3/4 (13.36)
3. Zinnia Miller, 2014 42-0 1/2(12.81)
4. **Kayla Hutchins, 202141-10 (12.75)**
5. Tiffany Johnson, 2007 41-8 3/4 (12.72)
6. Eavion Richardson, 2021 41-1 (12.52)
7. Carisa Leacock, 2012 40-10 1/2 (12.46)
8. Amanda Carty, 2019 40-11 (12.47)
9. Becki Borg, 1988 40-7 1/2 (12.38)
10. Tria Simmons, 2016 40-7 1/2(12.38)

Shot Put

1. Laulauga Tausaga, 2019 .59-1 1/2 (18.02)
2. Nia Britt, 2019 55-7 3/4 (16.96)
3. **Kat Moody, 2021 54-7 1/2 (16.65)**
4. Lisa Van Steenwyk, 1992..... 50-8 (15.44)
5. **Jamie Kofron, 2022..... 50-6 (15.39)**
6. Nicole Berry, 2022..... 50-5 1/4 (15.37)
7. Gail Smith, 1984..... 50-3 1/4 (15.32)
8. Denise Taylor, 1992 50-1 3/4 (15.28)
9. Erika Hammond, 2019.... 49-9 1/4 (15.17)
10. Kamesha Marshall, 2005 48-6 3/4 (14.80)

Discus

1. Laulauga Tausaga, 2019 209-9 (63.94)
2. Serena Brown, 2021..... 196-2 (59.81)
3. K. Spanoudakis, 2019 190-1 (57.95)
4. Majesty Tutson, 2013 181-1 (55.19)
5. **Kat Moody, 2022174-7 (53.23)**
6. Dakotah Goodell, 2014 169-4 (51.62)
7. **Jamie Kofron, 2022.....166-1 (50.62)**
8. Kara Misel, 2021..... 162-1 (49.40)
8. Tiffany Medenwaldt, 2010. 161-3 (49.16)
10. Denise Taylor, 1992 160-5 (48.90)

Javelin

1. Alana Redfern, 2003 181-5 (55.30)
2. Tammilee Kerr, 2008..... 163-5 (49.81)
3. Marissa Mueller, 2019..... 154-3 (47.02)
4. Mandy Beck, 1999..... 153-4 (46.74)
5. Dakotah Goodell, 2015 153-3 1/4 (46.71)
6. Terri Soldan, 1983 152-6 1/4 (46.48)
7. Shani Renning, 1990 152-3 (46.40)
8. Kayla Hochhalter, 2015 152-6 (46.48)
9. Clara Simon, 1981 149-9 (45.64)
10. Janet Adams, 1984..... 148-7 (45.28)

Hammer Throw

1. **Amanda Howe, 2022212-9 (64.84)**
2. Laulauga Tausaga, 2019 201-3 (61.34)
3. Annemie Smith, 2015... 200-1 1/2 (60.99)
- Nia Britt, 2019 200-1 (60.99)
5. Allison Wahrman, 2021..... 198-7 (60.53)
6. Jasmine Simpson, 2013..... 197-7 (60.23)
7. Becca Franklin, 2007 195-0 (59.45)
8. Ashlyn Gulvas, 2014 192-9 (58.75)
9. Leah Colbert, 2018..... 189-3 (57.69)
10. Kelsey Taylor, 2011 177-0 (53.95)

WOMEN'S ALL-TIME TOP 10 RELAYS

400-Meter Relay

1.	Hargrove, Love , Dowd, Magee , 2022.....	43.69
2.	Kwaza, Guster, Guillory, Hernandez, 2016.....	44.04
3.	Chapman, Guillory, Hernandez, Brown, 2017	44.34
4.	Kwaza, Guster, Chapman, Guillory, 2016.....	44.41
5.	Thomas, Avant, Guillory, Brown, 2018	44.44
6.	Kwaza, Guster, Hernandez, Brown, 2014.....	44.51
7.	Thomas, Guillory, Hernandez, Brown, 2017	44.53
8.	Kwaza, Guster, Holder, Brown, 2014	44.62
9.	Poole, Reid, Floyd, Hobbs, 1994.....	44.63
10.	Hargrove, Love, Tobias, Magee , 2022	44.66

Shuttle Hurdle Relay

1.	Prendergast, Cole, Raheem, Ruen, 1998.....	56.44
2.	Cole, Prendergast, Raheen, Ruen, 1998.....	56.54
3.	Raheen, Prendergast, Cole, Ruen, 1998.....	57.53

800-Meter Relay

1.	Chapman, Guillory, Hernandez, Brown, 2017	1:35.36
2.	Hobbs, Reid, Floyd, Poole, 1994.....	1:35.69
3.	Roach, McCalla, Alexander, Johnson, 2006	1:36.19
4.	Chapman, Roberts-Lewis, Champe, Brown, 2016	1:36.98
5.	Williams, Charles, Fouchè, Providence, 2003.....	1:37.49
6.	Herrmann, McCalla, Raymond, Roach, 2004.....	1:37.66
7.	Charles, Dixon, Knight, Prendergast, 2002	1:38.15
8.	Christian, Buss, Swanson, Morken, 2019	1:38.52
9.	Prendergast, Dixon, Knight, Providence, 2001	1:38.73
10.	Trusty, Hendricks, Graham, Erickson, 2009	1:38.79

1,600-Meter Relay

1.	Hernandez, Guillory, Holder, Guster, 2016	3:30.97
2.	Guillory, Brown, Hernandez, Champe, 2017	3:32.37
3.	Bruxvoort , Dowd, Wensel, Roberts , 2022	3:33.18
4.	Guster, Hernandez, Holder, Kwaza, 2014	3:34.83
5.	Praska, Hendricks, Liverpool, Erickson, 2011	3:35.93
6.	Champe, Guillory, Plock, Sharpe, 2018	3:35.94
7.	Guster, Watts, Hernandez, Kwaza, 2014.....	3:36.09
8.	Hume, Charles, Steffen, Williams, 2003	3:36.26
9.	Kimbrow, Weum, Simmons, Wensel, 2019	3:36.32
10.	King, Saunders, Bruxvoort , Strohman, 2021.....	3:36.50

Sprint Medley Relay

1.	Jones, Hendricks, Liverpool, Praska, 2011.....	3:48.63
2.	Brown, Kwaza, Guster, Watts, 2014.....	3:51.18
3.	Hargrove , Dowd, Wensel, Pitcher , 2022	3:52.56
4.	Kwaza, Guster, Holder, Watts, 2016.....	3:52.62
5.	Swanson, Morken, King, Arco, 2019.....	3:52.85
6.	Kwaza, Brown, Guster, Trost, 2015	3:53.29
7.	Christian, Buss, Guillory, Arco, 2019.....	3:54.18
8.	Kwaza, R. Moore, Holder, Alexia, 2013.....	3:54.51
9.	Trusty, R. Moore, Hendricks, Praska, 2010.....	3:56.53
10.	Reid, Philip, Hobbs, Benning, 1995.....	3:56.54

3,200-Meter Relay

1.	McCabe, Arco, Saunders, King, 2019.....	8:31.84
2.	Moore, A. Bookin-Nosbisch, G. Bookin-Nosbisch, Pitcher , 2022	8:35.75
3.	Suppelsa, Wodek, Kruckeberg, Schneckloth, 1987.....	8:46.45
4.	Lahann, Stanley, Hume, Barber, 2004	8:48.87
5.	Schneckloth, Roberts, Hawkins, Kruckeberg, 1989	8:49.38
6.	Trost, Maser, Alexia, Nelson, 2014	8:49.95
7.	Nelson, Watts, Wilberding, Sindt, 2016.....	8:51.90
8.	Flood, Dlh, L. Hardesty, Docherty, 2009.....	8:53.91
9.	Armstrong, Stanley, Laney, Hume, 2005.....	8:54.27
10.	O'Brien, Camarigg, Williams, Stormo, 1981	8:54.36

Distance Medley Relay

1.	Hoskins, Powell, Schneckloth, Kruckeberg, 1989	11:22.18
2.	Armstrong, Alexander, Poncé, Stanley, 2007.....	11:25.05
3.	Stanley, McCalla, Hume, Armstrong, 2005	11:34.04
4.	Barber, Williams, Hume, Arens, 2004.....	11:34.56
5.	Thompson, Williams, Hume, Arens, 2003	11:39.02
6.	2000	11:39.83
7.	G. Bookin-Nosbisch, Roberts, A. Bookin-Nosbisch, Aesoph , 2022	11:40.18
8.	Schrulle, Erickson, Placzek, Eilers, 2012	11:40.57
9.	Davenport, xx, xx, xx, 1981.....	11:41.44
10.	Pare, Grant, Benning, Gilchrist, 1997	11:41.92

6,400-Meter Relay

1.	Flood, Melander, A. Hardesty, L. Hardesty, 2010.....	19:05.63
2.	Nukuri, Marchand, Henize, Armstrong, 2008.....	19:15.42
3.	Flood, Laesch, Ranegar, Melander, 2012.....	19:16.73
4.	Flood, Eilers, Melander, L. Hardesty, 2011	19:17.52
5.	Flood, Melander, A. Hardesty, Eilers, 2009.....	19:36.43
6.	Scott, Gordon, Schrulle, Gambrall, 2013	19:41.15
7.	Jones, Bote Gonzalez, Wilberding, Reischmann, 2015.....	19:59.72
8.	Maser, Price, Wilberding, Montuclard, 2014	20:23.27
9.	Chapple, Laney, Donlon, Sokol, 2005	20:39.12
10.	Arens, Barber, Butler, Roberts, 2001	20:40.89