

FRIDAY, MARCH 10, 2023 - WOMEN				
TIME	WOMEN'S TRACK EVENTS	DIVISION	ROUND	
4:00 PM	Mile	Women	Semifinal	
4:15 PM	60 Meters	Women	Semifinal	
4:25 PM	400 Meters	Women	Semifinal	
4:45 PM	800 Meters	Women	Semifinal	
4:55 PM	60 Hurdles	Women	Semifinal	
5:05 PM	5000 Meters	Women	Final	
5:25 PM	200 Meters	Women	Semifinal	
5:45 PM	Distance Medley Relay	Women	Final	
TIME	WOMEN'S FIELD EVENTS	DIVISION	ROUND	
2:00 PM	Pole Vault	Women	Final	
4:00 PM	Long Jump	Women	Prelim/Final	
4:00 PM	Weight Throw	Women	Prelim/Final	
TIME	WOMEN'S PENTATHLON	DIVISION	ROUND	
	60 Hurdles	Women	Final	
11:30 AM	High Jump <mark>(2 pits)</mark>	Women	Final	
1:30 PM	Shot Put (2 circles)	Women	Final	
2:30 PM	Long Jump (2 runways)	Women	Final	
3:40 PM	800 Meters	Women	Final	
3:40 PM	IARCH 10, 2023 - MEN			
3:40 PM FRIDAY, M		Women DIVISION Men	Final ROUND Semifinal	
3:40 PM FRIDAY, M TIME	IARCH 10, 2023 - MEN MEN'S TRACK EVENTS	DIVISION	ROUND	
3:40 PM FRIDAY, M TIME 7:00 PM 7:15 PM	ARCH 10, 2023 - MEN MEN'S TRACK EVENTS Mile	DIVISION Men	ROUND Semifinal	
3:40 PM FRIDAY, M TIME 7:00 PM	ARCH 10, 2023 - MEN MEN'S TRACK EVENTS Mile 60 Meters	DIVISION Men Men	ROUND Semifinal Semifinal	
3:40 PM FRIDAY, M TIME 7:00 PM 7:15 PM 7:25 PM	ARCH 10, 2023 - MEN MEN'S TRACK EVENTS Mile 60 Meters 400 Meters	DIVISION Men Men Men	ROUND Semifinal Semifinal Semifinal	
3:40 PM FRIDAY, M TIME 7:00 PM 7:15 PM 7:25 PM 7:45 PM	ARCH 10, 2023 - MEN MEN'S TRACK EVENTS Mile 60 Meters 400 Meters 800 Meters	DIVISION Men Men Men	ROUND Semifinal Semifinal Semifinal Semifinal	
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3:40 PM FRIDAY, M TIME 7:00 PM 7:15 PM 7:25 PM 7:45 PM 7:55 PM 8:05 PM	ARCH 10, 2023 - MEN MEN'S TRACK EVENTS Mile 60 Meters 400 Meters 800 Meters 60 Hurdles 5000 Meters	DIVISION Men Men Men Men Men Men	ROUND Semifinal Semifinal Semifinal Semifinal Final	
3:40 PM FRIDAY, M TIME 7:00 PM 7:15 PM 7:25 PM 7:55 PM 8:05 PM 8:25 PM	ARCH 10, 2023 - MEN MEN'S TRACK EVENTS Mile 60 Meters 400 Meters 800 Meters 60 Hurdles 5000 Meters 200 Meters	DIVISION Men Men Men Men Men Men Men	ROUND Semifinal Semifinal Semifinal Semifinal Final Semifinal	
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3:40 PM FRIDAY, M TIME 7:00 PM 7:15 PM 7:25 PM 7:55 PM 8:05 PM 8:25 PM 8:25 PM 8:45 PM TIME	ARCH 10, 2023 - MEN MEN'S TRACK EVENTS Mile 60 Meters 400 Meters 800 Meters 60 Hurdles 5000 Meters 200 Meters 200 Meters Distance Medley Relay MEN'S FIELD EVENTS	DIVISION Men Men Men Men Men Men Men Men DIVISION	ROUND Semifinal Semifinal Semifinal Semifinal Final Final Final ROUND	
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3:40 PM FRIDAY, M TIME 7:00 PM 7:15 PM 7:25 PM 7:55 PM 8:05 PM 8:25 PM 8:45 PM 8:45 PM TIME 6:00 PM 7:00 PM	ARCH 10, 2023 - MEN MEN'S TRACK EVENTS Mile 60 Meters 400 Meters 800 Meters 60 Hurdles 5000 Meters 200 Meters 200 Meters Distance Medley Relay MEN'S FIELD EVENTS Pole Vault Long Jump	DIVISION Men Men Men Men Men Men DIVISION Men Men Men	ROUND Semifinal Semifinal Semifinal Semifinal Final Final Final ROUND Final Prelim/Final	
3:40 PM FRIDAY, M TIME 7:00 PM 7:15 PM 7:25 PM 7:55 PM 8:05 PM 8:25 PM 8:25 PM 8:45 PM 5:45 PM 7:100 PM 7:00 PM 7:00 PM 7:00 PM 7:00 PM 7:00 PM	ARCH 10, 2023 - MEN MEN'S TRACK EVENTS Mile 60 Meters 400 Meters 800 Meters 60 Hurdles 5000 Meters 200 Meters 200 Meters Distance Medley Relay MEN'S FIELD EVENTS Pole Vault Long Jump Weight Throw MEN'S HEPTATHLON 60 Meters	DIVISION Men Men Men Men Men Men DIVISION Men Men Men Men Men	ROUND Semifinal Semifinal Semifinal Semifinal Final Final Final Final Prelim/Final Prelim/Final	
3:40 PM FRIDAY, M TIME 7:00 PM 7:15 PM 7:25 PM 7:45 PM 7:55 PM 8:05 PM 8:05 PM 8:25 PM 8:45 PM TIME 6:00 PM 7:00 PM 7:00 PM TIME 10:00 AM 11:00 AM	ARCH 10, 2023 - MEN MEN'S TRACK EVENTS Mile 60 Meters 400 Meters 800 Meters 60 Hurdles 5000 Meters 200 Meters 200 Meters Distance Medley Relay MEN'S FIELD EVENTS Pole Vault Long Jump Weight Throw MEN'S HEPTATHLON 60 Meters Long Jump (2 runways)	DIVISION Men Men Men Men Men Men DIVISION Men Men Men Men Men Men Men	ROUND Semifinal Semifinal Semifinal Semifinal Semifinal Final Final Final Final Prelim/Final Prelim/Final ROUND	
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All times	noted	are	Mountain	Time
Schedule	is sub	iect	to change	

SATURDAY, MARCH 11, 2023 - WOMEN				
TIME	WOMEN'S TRACK EVENTS	DIVISION	ROUND	
4:00 PM	Mile	Women	Final	
4:10 PM	60 Meters	Women	Final	
4:20 PM	400 Meters	Women	Final	
4:30 PM	800 Meters	Women	Final	
4:40 PM	60 Hurdles	Women	Final	
4:50 PM	200 Meters	Women	Final	
5:00 PM	3000 Meters	Women	Final	
5:20 PM	4x400 Relay	Women	Final	
TIME	WOMEN'S FIELD EVENTS	DIVISION	ROUND	
1:00 PM	High Jump	Women	Final	
3:45 PM	Triple Jump	Women	Prelim/Final	
4:00 PM	Shot Put	Women	Prelim/Final	



SATURDAY, MARCH 11, 2023 - MEN					
TIME	MEN'S TRACK EVENTS	DIVISION	ROUND		
7:00 PM	Mile	Men	Final		
7:10 PM	60 Meters	Men	Final		
7:20 PM	400 Meters	Men	Final		
7:30 PM	800 Meters	Men	Final		
7:40 PM	60 Hurdles	Men	Final		
7:50 PM	200 Meters	Men	Final		
8:00 PM	3000 Meters	Men	Final		
8:20 PM	4x400 Relay	Men	Final		
TIME	MEN'S FIELD EVENTS	DIVISION	ROUND		
1:00 PM	High Jump	Men	Final		
6:45 PM	Triple Jump	Men	Prelim/Final		
7:00 PM	Shot Put	Men	Prelim/Final		
TIME	MEN'S HEPTATHLON	DIVISION	ROUND		
10:30 AM	60 Hurdles	Men	Final		
11:30 AM	Pole Vault (1 pit)	Men	Final		
3:30 PM	1000 Meters	Men	Final		