

2022-23 WOMEN'S SWIMMING & DIVING SEASON & COLLEGIATE BEST PERFORMANCES (Updated 1/28/23)

50 FREE (A – 21.66, B – 22.76, SR -- 22.54)

Name	Season Best	Meet - Date	Collegiate Best	Meet – Date
Kennedy Gilbertson	22.75 (B)	at Northwestern, 1/27/23	22.75	at Northwestern, 1/27/23
Scarlet Martin	23.25	Hawkeye Invite, 12/01/22	23.25	Hawkeye Invite, 12/01/22
Sabina Kupcova	23.78	Hawkeye Invite, 12/01/22	23.78	Hawkeye Invite, 12/01/22
Molly Pedersen	23.84	Hawkeye Invite, 12/01/22	23.84	Hawkeye Invite, 12/01/22
Maddie Black	24.24	Hawkeye Invite, 12/01/22	23.42	at Big Ten Championships, 02/24/21
Anna Pfeiffer	24.38	Hawkeye Invite, 12/01/22	23.91	at Big Ten Championships, 2/17/22
Madison Stone	24.22	Hawkeye Invite, 12/01/22	24.22	Hawkeye Invite, 12/01/22
Sheridan Schreiber	24.89	Hawkeye Invite, 12/01/22	24.89	Hawkeye Invite, 12/01/22
Emily Wooden	25.01	Big Ten Championships, 2/16/23	25.01	Big Ten Championships, 2/16/23
Leslie Wendel	25.29	Illinois, 1/13/23	25.29	Illinois, 1/13/23

100 FREE (A – 47.18, B – 49.51, SR – 48.65)

Name	Season Best	Meet - Date	Collegiate Best	Meet – Date
Sabina Kupcova	50.26	Hawkeye Invite, 12/03/22	50.26	Hawkeye Invite, 12/03/22
Kennedy Gilbertson	50.31	at Northwestern, 1/28/23	50.31	at Northwestern, 1/28/23
Molly Pedersen	51.35	Hawkeye Invite, 12/03/22	51.35	Hawkeye Invite, 12/03/22
Scarlet Martin	51.53	at UNI, 10/7/22	51.53	at UNI, 10/7/22
Madison Stone	52.58	Hawkeye Invite, 12/03/22	52.58	Hawkeye Invite, 12/03/22
Maddie Black	53.29	Big Ten Championships, 2/18/23	51.76	at Big Ten Championships, 02/24/21
Meredith O'Malley	53.66	at Northwestern, 1/28/23	53.66	at Northwestern, 1/28/23
Leslie Wendel	54.03	Hawkeye Invite, 12/03/22	54.03	Hawkeye Invite, 12/03/22
Anna Pfeiffer	55.16	at UNI, 10/7/22	52.38	Nebraska, 1/26/21
Emily Wooden	59.22	Iowa State, 12.9/22	59.22	Iowa State, 12.9/22

200 FREE (A – 1:42.98, B – 1:47.12, SR -- 1:44.42)

Name	Season Best	Meet - Date	Collegiate Best	Meet – Date
Sabina Kupcova	1:47.93	Big Ten Championships, 2/15/23	1:47.93	Big Ten Championships, 2/15/23
Molly Pedersen	1:51.58	Hawkeye Invite, 12/02/22	1:50.51	--
Madison Stone	1:52.37	Iowa State, 12/9/22	1:52.37	Iowa State, 12/9/22
Leslie Wendel	1:52.89	Iowa State, 12/9/22	1:52.89	Iowa State, 12/9/22
Sila Ozkazanc	1:53.01	Hawkeye Invite, 12/02/22	1:53.01	Hawkeye Invite, 12/02/22
Meredith O'Malley	1:54.98	at Northwestern, 1/27/23	1:54.98	at Northwestern, 1/27/23
Anna Pfeiffer	1:56.85	Hawkeye Invite, 12/02/22	1:54.14	at Big Ten Championships, 2/25/21
Emily Wooden	2:01.97	Vanderbilt, 1/21/23	2:01.97	Vanderbilt, 1/21/23

(B) - NCAA B Cut, (SR) - School Record, (ZS) - Zone Diving Standard, (PROV) - NCAA Provisional relay time

2022-23 WOMEN'S SWIMMING & DIVING SEASON & COLLEGIATE BEST PERFORMANCES (Updated 1/28/23)

500 FREE (A – 4:35.76, B – 4:47.20, SR -- 4:39.76)

Name	Season Best	Meet - Date	Collegiate Best	Meet – Date
Alix O'Brien	4:54.14	Hawkeye Invite, 12/01/22	4:52.27	at NCAA D III Championships, 2021
Sila Ozkazanc	4:57.02	Hawkeye Invite, 12/01/22	4:59.11	Hawkeye Invite, 12/01/22
Meredith O'Malley	5:07.11	at Northwestern, 1/28/23	5:07.11	at Northwestern, 1/28/23
Leslie Wendel	5:20.07	Vanderbilt, 1/21/23	5:20.07	Vanderbilt, 1/21/23

1,000 FREE (SR -- 9:39.44)

Name	Season Best	Meet - Date	Collegiate Best	Meet – Date
Alix O'Brien	10:04.70	Iowa State, 12/9/22	10:04.70	Iowa State, 12/9/22
Sila Ozkazanc	10:12.34	Iowa State, 12/9/22	10:12.34	Iowa State, 12/9/22
Meredith O'Malley	10:23.19	at Northwestern, 1/27/23	10:23.19	at Northwestern, 1/27/23

1,650 FREE (A - 15:52.41, B – 16:30.59, SR – 15:57.43)

Name	Season Best	Meet - Date	Collegiate Best	Meet – Date
Alix O'Brien	16:57.14	Hawkeye Invite, 12/03/22	16:47.31	NCAC Championships
Sila Ozkazanc	17:03.59	Illinois, 1/13/23	17:03.59	Illinois, 1/13/23
Meredith O'Malley	17:35.18	Illinois, 1/13/23	17:35.18	Illinois, 1/13/23

100 BACK (A – 50.93, B – 53.94, SR -- 53.21)

Name	Season Best	Meet - Date	Collegiate Best	Meet – Date
Kennedy Gilbertson	53.19 (B) (SR)	at Purdue, 2/25/23	53.19	at Purdue, 2/25/23
Scarlet Martin	55.90	Hawkeye Invite, 12/02/22	55.90	Hawkeye Invite, 12/02/22
Anna Pfeiffer	57.15	Hawkeye Invite, 12/02/22	57.12	at Big Ten Championships, 2/26/21
Molly Pedersen	57.22	Hawkeye Invite, 12/02/22	57.22	Hawkeye Invite, 12/02/22
Olivia Asay	59.39	Big Ten Championships, 2/17/23	59.39	Big Ten Championships, 2/17/23
Maddie Black	59.47	Hawkeye Invite, 12/02/22	57.54	at Big Ten Championships, 2/26/21
Emily Wooden	1:04.41	Hawkeye Invite, 12/02/22	1:04.41	Hawkeye Invite, 12/02/22

200 BACK (A – 1:50.50, B – 1:57.11, SR -- 1:54.86)

Name	Season Best	Meet - Date	Collegiate Best	Meet – Date
Kennedy Gilbertson	1:57.70	Big Ten Championships, 2/18/23	1:57.58	at Big Ten Championships, 2/21/20
Anna Pfeiffer	2:04.11	Hawkeye Invite, 12/03/22	2:02.53	at Big Ten Championships, 2/27/21
Sila Ozkazanc	2:04.74	Hawkeye Invite, 12/03/22	2:04.74	Hawkeye Invite, 12/03/22

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2022-23 WOMEN'S SWIMMING & DIVING SEASON & COLLEGIATE BEST PERFORMANCES (Updated 1/28/23)

100 BREAST (A – 58.46, B – 1:01.84, SR -- 58.76)

Name	Season Best	Meet - Date	Collegiate Best	Meet – Date
Sheridan Schreiber	1:02.12	Iowa State, 12/9/22	1:02.12	Iowa State, 12/9/22
Aleksandra Olesiak	1:03.42	Iowa State, 12.9/22	1:02.06	at Big Ten Championships, 02/24/21

200 BREAST (A – 2:06.58, B – 2:13.97, SR -- 2:10.47)

Name	Season Best	Meet - Date	Collegiate Best	Meet – Date
Aleksandra Olesiak	2:16.69	Iowa State, 12.9/22	2:13.92	Big Ten Championships, 2/21/20
Sheridan Schreiber	2:18.33	Iowa State, 12.9/22	2:17.13	--

100 FLY (A – 50.92, B – 53.76, SR -- 53.05)

Name	Season Best	Meet - Date	Collegiate Best	Meet – Date
Scarlet Martin	53.45 (B)	Iowa State, 12.9/22	53.45	Iowa State, 12.9/22
Kennedy Gilbertson	55.05	Hawkeye Invite, 12/02/22	55.05	Hawkeye Invite, 12/02/22
Sheridan Schreiber	56.48	Iowa State, 12.9/22	56.48	Iowa State, 12.9/22
Leslie Wendel	57.37	Hawkeye Invite, 12/02/22	57.37	Hawkeye Invite, 12/02/22
Olivia Asay	57.49	Iowa State, 12.9/22	57.49	Iowa State, 12.9/22
Emily Wooden	59.40	Big Ten Championships, 2/17/23	59.40	Big Ten Championships, 2/17/23

200 FLY (A – 1:53.20, B – 1:59.23, SR -- 1:55.89)

Name	Season Best	Meet – Date	Collegiate Best	Meet – Date
Scarlet Martin	1:59.93	Iowa State, 12.9/22	1:59.93	Iowa State, 12.9/22
Leslie Wendel	2:08.20	Hawkeye Invite, 12/03/22	2:08.20	Hawkeye Invite, 12/03/22
Olivia Asay	2:08.32	Iowa State, 12.9/22	2:08.32	Iowa State, 12.9/22
Emily Wooden	2:09.32	Iowa State, 12.9/22	2:09.32	Iowa State, 12.9/22

200 IM (A – 1:53.66, B – 1:59.94, SR – 1:57.55)

Name	Season Best	Meet - Date	Collegiate Best	Meet – Date
Sabina Kupcova	2:02.06	Big Ten Championships, 2/16/23	2:02.06	Big Ten Championships, 2/16/23
Aleksandra Olesiak	2:05.47	Hawkeye Invite, 12/01/22	2:04.49	Big Ten Championships, 2/19/20
Leslie Wendel	2:08.48	Hawkeye Invite, 12/01/22	2:08.48	Hawkeye Invite, 12/01/22
Alix O'Brien	2:08.76	Iowa State, 12/9/22	2:08.76	Iowa State, 12/9/22
Olivia Asay	2:13.32	Hawkeye Invite, 12/01/22	2:13.32	Hawkeye Invite, 12/01/22

400 IM (A – 4:03.62, B – 4:17.30, SR – 4:12.34)

Name	Season Best	Meet - Date	Collegiate Best	Meet – Date
Alix O'Brien	4:27.01	at Northwestern, 1/28/23	4:23.23	NCAC Conference Championships
Leslie Wendel	4:52.47	Vanderbilt, 1/21/23	4:52.47	Vanderbilt, 1/21/23
Olivia Asay	4:54.71	Vanderbilt, 1/21/23	4:54.71	Vanderbilt, 1/21/23

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2022-23 WOMEN'S SWIMMING & DIVING SEASON & COLLEGIATE BEST PERFORMANCES (Updated 1/28/23)

1-METER DIVING (ZS -265, SR – 338.55)

Name	Season Best	Meet - Date	Collegiate Best	Meet – Date
Makayla Hughbanks	311.55 (ZS)	Illinois, 1/14/23	311.55	Illinois, 1/14/23
Lainey Woodward	302.85 (ZS)	Illinois, 1/14/23	302.85	Illinois, 1/14/23
Geneva Pauly	290.65 (ZS)	Illinois, 1/14/23	290.65	Illinois, 1/14/23
Sarah Ballard	277.45 (ZS)	Nebraska, 10/21/22	306.30	at Illinois, 1/15/22
Claire Hartley	262.40	Illinois, 1/14/23	262.40	Illinois, 1/14/23
Alyssa Konz	248.40	Iowa State, 12.9/22	248.40	Iowa State, 12.9/22
Dani Anglin	246.95	at Northwestern, 1/28/23	246.95	at Northwestern, 1/28/23

3-METER DIVING (ZS - 280, SR - 407.40)

Name	Season Best	Meet - Date	Collegiate Best	Meet – Date
Makayla Hughbanks	355.40 (ZS)	Hawkeye Invite 12/02/22	355.40 (ZS)	Hawkeye Invite 12/02/22
Sarah Ballard	319.15 (ZS)	Illinois, 1/14/23	319.15	Illinois, 1/14/23
Geneva Pauly	292.95 (ZS)	Illinois, 1/14/23	292.95	Illinois, 1/14/23
Lainey Woodward	275.55	Hawkeye Invite, 12/02/22	275.55	Hawkeye Invite, 12/02/22
Claire Hartley	275.80	Iowa State, 12.9/22	275.80	Iowa State, 12.9/22
Dani Anglin	270.15	Iowa State, 12.9/22	270.15	Iowa State, 12.9/22
Alyssa Konz	230.25	Iowa State, 12.9/22	230.25	Iowa State, 12.9/22

PLATFORM (ZS - 225, SR – 312.20)

Name	Season Best	Meet - Date	Collegiate Best	Meet – Date
Geneva Pauly	266.05 (ZS)	Illinois, 1/13/23	266.05	Illinois, 1/13/23
Claire Hartley	246.00 (ZS)	Illinois, 1/13/23	246.00	Illinois, 1/13/23

200 FREE RELAY (AUTO – 1:28.43, PROV – 1:29.21, SR -- 1:30.96)

Names	Season Best	Meet – Date
Gilbertson, Martin, Kupcova, Pedersen	1:31.49	Hawkeye Invite, 12/02/22
Gilbertson, Martin, Pedersen, Kupcova	1:34.22	at Northwestern, 1/28/23
Gilbertson, Martin, Pedersen, Black	1:35.29	Illinois, 1/13/23
Pfeiffer, Wendel, Stone, Black	1:37.49	Hawkeye Invite, 12/01/22
Pfeiffer, Black, Olesiak, O'Malley	1:38.71	at Northwestern, 1/28/23
Wendel, Stone, Asay, Pfeiffer	1:40.11	Illinois, 1/13/23
Wendel, Wooden, Asay, Stone	1:41.57	at Northwestern, 1/28/23

400 FREE RELAY (AUTO – 3:14.50, PROV – 3:16.35, SR -- 3:18.83)

Names	Season Best	Meet – Date
Gilbertson, Kupcova, Pedersen, Martin	3:20.08	Hawkeye Invite, 12/03/22
Gilbertson, Martin, Pedersen, Kupcova	3:21.88	Iowa State, 12/9/22

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Kupcova, Gilbertson, Pedersen, Martin	3:29.89	at UNI, 10/7/22
Gilbertson, Pedersen, O'Malley, Kupcova	3:31.19	at Minnesota, 11/11/22
O'Brien, Stone, Black, Ozkazanc	3:31.67	Hawkeye Invite, 12/03/22
Stone, Black, O'Malley, Pfeiffer	3:32.15	Iowa State, 12/9/22
Pedersen, Black O'Malley, Kupcova	3:35.09	Nebraska, 10/21/22
Black, Asay, Wooden, Ozkazanc	3:38.27	at Minnesota, 11/11/22
Pfeiffer, Black, O'Malley, Ozkazanc	3:39.20	at UNI, 10/7/22
O'Malley, Wendel, Black, O'Brien	3:40.42	Illinois, 1/14/23
Wendel, Asay, Stone, Wooden	3:43.19	at UNI, 10/7/22

800 FREE RELAY (AUTO – 7:00.86, PROV – 7:05.88, SR – 7:04.70)

Names	Season Best	Meet – Date
Kupcova, O'Brien, Pedersen, O'Malley	7:29.54	at Northwestern, 1/27/23
Kupcova, Pedersen, Stone, Ozkazanc	7:33.60	Hawkeye Invite, 12/02/22
O'Brien, O'Malley, Wendel, Pfeiffer	7:41.78	Hawkeye Invite, 12/02/22

200 MEDLEY RELAY (AUTO – 1:36.40, PROV – 1:37.05, SR – 1:38.99)

Names	Season Best	Meet – Date
Gilbertson, Schreiber, Martin, Pedersen	1:40.27	Iowa State, 12/9/22
Gilbertson, Schreiber, Martin, Black	1:40.75	Hawkeye Invite, 12/02/22
Gilbertson, Schreiber, Martin, Kupcova	1:43.34	at Northwestern, 1/27/23
Gilbertson, Schreiber, Asay, Black	1:45.34	at UNI, 10/7/22
Pfeiffer, Olesiak, Asay, Black	1:45.74	Iowa State, 12/9/22
Pfeiffer, Olesiak, Asay, Wendel	1:46.57	Hawkeye Invite, 12/02/22
Pfeiffer, Olesiak, Asay, Pedersen	1:46.75	at Northwestern, 1/27/23
Pfeiffer, Olesiak, Wendel, Pedersen	1:47.67	Nebraska, 10/21/22
Pfeiffer, Olesiak, Wendel, Kupcova	1:47.78	at UNI, 10/7/22

400 MEDLEY RELAY (AUTO – 3:31.66, PROV – 3:33.78, SR -- 3:36.18)

Names	Season Best	Meet – Date
Gilbertson, Schreiber, Martin, Kupcova	3:39.13	Hawkeye Invite, 12/01/22
Pfeiffer, Olesiak, Asay, Pedersen	3:49.22	Hawkeye Invite, 12/01/22
Ozkazanc, O'Malley, Wooden, O'Brien	4:05.91	Illinois, 1/13/23