



June 7-10, 2023

# IOWA Track & Field 2022-23 Notes



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## 2023 OUTDOOR SCHEDULE

Date	Meet
Mar. 17-18	at Hurricane Invite <i>(Miami, Fla.)</i>
Mar. 23-25	at Raleigh Relays <i>(Raleigh, N.C.)</i>
Mar. 30-Apr. 1	at Texas Relays <i>(Austin, Texas)</i>
Mar. 31-Apr. 1	at Bobcat Invite <i>(San Marcos, Texas)</i> at Mike Fanelli Track Classic <i>(San Francisco, Calif.)</i> at Stanford Invite <i>(Stanford, Calif.)</i> at Florida Relays <i>(Gainesville, Fla.)</i>
Apr. 8	at Fighting Illini Challenge <i>(Champaign, Ill.)</i>
Apr. 13-15	at Bryan Clay Invite <i>(Azusa, Calif.)</i> at Mt. SAC Relays <i>(Walnut, Calif.)</i>
Apr. 14-15	at Tom Jones Invite <i>(Gainesville, Fla.)</i>
Apr. 14	at Jim Duncan Invite <i>(Des Moines, Iowa)</i>
Apr. 21-22	Michael Johnson Invite <i>(Waco, Texas)</i>
Apr. 27-29	at Drake Relays <i>(Des Moines, Iowa)</i>
Apr. 29	at Desert Heat Classic <i>(Tucson, Ariz.)</i>
May 6	at ISU Alumni Invitational <i>(Ames, Iowa)</i>
May 12-14	at B1G Championships <i>(Bloomington, Ind.)</i>
May 24-27	at NCAA West Preliminary Round <i>(Sacramento, Calif.)</i>
<b>June 7-10</b>	<b>at NCAA Championships <i>(Austin, Texas)</i></b>
July 6-9	at USA National Championships <i>(Eugene, Ore.)</i>

## NCAA OUTDOOR CHAMPIONSHIPS

June 7-10, 2023

Austin, Texas

Mike A. Myers Stadium

**Wed:** 2:30 p.m. (Men's Hammer/Decathlon 100-meters) | 6:30 p.m. (Men's 4x100 semifinal)

**Thurs:** 12:30 p.m. (Decathlon 110 Hurdles)

3:30 p.m. (Women's Hammer) | 7:30 p.m. (Women's 4x100 semifinal)

**Fri:** 2:45 p.m. (Heptathlon 100 Hurdles)

7:30 p.m. Men's (High Jump) | 8 p.m. (Men's 4x100 finals)

**Sat:** 4 p.m. (Heptathlon Long Jump)

7:30 p.m. (Women's High Jump) | 8 p.m. (Women's 4x100 finals)

### THIS WEEK

University of Iowa track and field wraps up postseason competition at the NCAA Outdoor Championships at Mike A. Myers Stadium in Austin, Texas, on June 7-10.

### FOLLOW ALONG

The 2023 NCAA Outdoor Track and Field Championships will air on the ESPN family of networks, beginning on Wednesday, June 7, at 7:30 p.m. (CT) on ESPNU. Coverage resumes on Thursday at 8:30 p.m. on ESPN2. The final two days of competition will be aired each day at 9 p.m. on ESPN2. Fans can follow the meet on the live results link on the track and field schedule page at [hawkeyesports.com](http://hawkeyesports.com). Results will also be posted on the team's official twitter account [@iowaXC\\_TF](https://twitter.com/iowaXC_TF).

### NCAA QUALIFIERS

The Hawkeyes will send 14 entries to the NCAA Championships in Austin. On the men's side, Iowa is led by junior decathlete Austin West, who qualified for the decathlon with his 8,038 points -- good for fifth in the NCAA. West earned another spot at the national meet, helping the 4x400 relay team (West, Chadrick Richards, Spencer Gudgel, Julien Gillum) qualify in 3:04.94. Junior Austin Kresley will join West in Austin, competing in two events. Kresley qualified with a 20.35 200-meter time, while also leading the 4x100-relay team (Kalen Walker, Kresley, Gratt Reed, Deandre Stapleton Jr.) to the national meet in 39.19. Gratt Reed makes another appearance at nationals, earning a spot in the relay and the 110 hurdles (13.69). Senior Julien Gillum returns to the national stage, qualifying for the 400 hurdles in 50.40. Fellow senior James Carter Jr. will cap his career with his third-straight NCAA appearance, booking his spot with a 15.75 meter (51' 8.25") triple jump.

## IOWA COACHING STAFF

<b>Joey Woody</b> Director of Track & Field/Cross Country (Hurdles/Multis/Men's Short Sprints)	<b>Jason Wakenight</b> Assistant Coach/Recruiting Coordinator (Long Sprints/Mid Distance/Men's Long Hurdles)
<b>Randy Hasenbank</b> Associate Head Coach (Distance)	<b>Ray Robinson</b> Assistant Coach (Throws)
<b>Hadrien Choukroun</b> Assistant Coach (Jumps/Combined Events)	<b>Rachel Leonard</b> Director of Operations
<b>Chyna Davis</b> Assistant Coach (Sprints/Hurdles)	<b>Hannah Sieperda</b> Director of Operations



The women will send seven entries to Austin and are led by Paige Magee, who qualified in the 100 hurdles (12.93) and the 400 hurdles (56.62). Myreanna Bebe (12.99) will join Magee in the 100 hurdles, while Mariel Bruxvoort will toe the line with Magee in the 400 hurdles (57.04). Bruxvoort also joins the 4x400 relay team including Ali Dorn, Audrey Biermann and Tesa Roberts that qualified in 3:33.16. Tionna Tobias represents the Hawkeyes in the heptathlon after poting 5,640 points to qualify.

**Julien Gillum - Sr. (Biloxi, Miss.)**

400 hurdles - Wednesday (semifinal) | Friday (finals)  
 4x400 relay - Wednesday (semifinal) | Friday (finals)  
 Gillum’s hurdle season was highlighted with a personal best 49.73 in the 400 hurdles at the Desert Heat Classic, helping him earn Big Ten Track Athlete of the Week. At the end of the season, Gillum anchored the 4x400 Big Ten Championship squad that finished in 3:06.30, while earning second place in the 400 hurdles (50.46). He doubled up in qualifications at the NCAA West Prelimiaries, anchoring the 11th place Hawkeyes in 3:04.94. Gillum followed up with a 50.40 in the 400 hurdles.

**Austin Kresley - Jr. (Oakley, Calif.)**

4x100 relay - Wednesday (semifinal) | Friday (finals)  
 200 meters - Wednesday (semifinal) | Friday (finals)  
 Kresley is one of four Hawkeye men that are appearing in two championship events. The sprinter broke the 200-meter school record twice, most recently on his way to the Big Ten title (20.26). He qualified with a 20.35 at the NCAA West Preliminaries. Kresley has been running the second leg of the record-setting relay team, placing second at the Big Ten Championships (39.41). Kresley is part of the quartet that finished in 39.19, marking the 10th consecutive 4x100 relay team to qualify for nationals.

**Gratt Reed - Jr. (Atlantic, Iowa)**

4x100 relay - Wednesday (semifinal) | Friday (finals)  
 110 hurdles - Wednesday (semifinal) | Friday (finals)  
 Reed holds a season best 13.50 in the 110 hurdles from the Texas Relays and qualified at the NCAA West Preliminaries with a 13.69 and ninth overall finish. Reed also ran the third leg of the relay that qualified with the fifth-fastest time in Iowa history.

**Austin West - Jr. (Iowa City, Iowa)**

Decathlon - Wednesday & Thursday  
 4x400 relay - Wednesday (semifinal) | Friday (finals)  
 West anchored the Big Ten Championship relay (39.41), but was the lead leg runner in the quartet at the NCAA West Preliminaries. He enters competition as the fifth seed in the decathlon, qualifying his second-consecutive NCAA Decathlon with 8,038 points at Mt. SAC.

**Spencer Gudgel - Jr. (Carmel, Ind.)**

4x400 relay - Wednesday (semifinal) | Friday (finals)  
 Gudgel ran the third leg of the Big Ten’s best 4x400 relay (3:06.30), while solidifying his role for the preliminary round that qualified in 3:04.94.

**2023 OUTDOOR SEASON LEADERS**

<u>MEN</u>		
100 Meters	Austin Kresley	* 10.10
110-Meter Hurdles	Gratt Reed	% 13.36
200 Meters	Austin Kresley	% 20.07
400 Meters	Jenoah McKiver	45.25
400-Meter Hurdles	Austin West	49.34
800 Meters	Ryan Schreiner	1:48.68
1,500 Meters	Max Murphy	3:41.63
3,000-M Steeplechase	Jack Pendergast	9:04.89
5,000 Meters	Max Murphy	* 13:39.77
10,000 Meters	Max Murphy	29:18.05
400-Meter Relay	Walker, Kresley, Reed, Allen	* 38.70
1,600-Meter Relay	McKiver, Richards, Gillum, Belken	3:03.70
3,200-Meter Relay	Schreiner, Strong, Bryson, Gudgel	7:26.00
Distance Med. Relay	Ryan, Bryson, Schreiner, Murphy	9:59.14
6,400-Meter Relay	Yual, Geisler, Pendergast, Kuhn	17:11.68
High Jump	Zack Pluff	7-0 1/4 (2.14m)
Pole Vault	Austin West	13-9 1/4 (4.20m)
Long Jump	James Carter Jr.	25-9 1/4 (7.85m)
Triple Jump	James Carter Jr.	* 54-8 3/4 (16.68m)
Shot Put	Elijah Barnes	59-11 (18.26m)
Discus	Jordan Johnson	194-5 (59.27m)
Hammer Throw	Sean Smith	205-8 (62.69m)
Javelin	Mike Stein	* 248-0 (75.59m)
Decathlon	Austin West	8,038 points
<u>WOMEN</u>		
100 Meters	Lia Love	% 11.10
100-Meter Hurdles	Paige Magee	* 12.90
200 Meters	Lia Love	23.23
400 Meters	Tesa Roberts	52.86
400-Meter Hurdles	Mariel Bruxvoort	56.71
800 Meters	Alli Bookin-Nosbisch	2:04.37
1,500 Meters	Amber Aesoph	4:21.11
3,000-M Steeplechase	Brooke McKee	10:39.88
5,000 Meters	Maddie Block	16:57.08
10,000 Meters	Maddie Block	34:44.62
400-Meter Relay	Hargrove, Love, Edison, Magee	44.10
1,600-Meter Relay	Larsen, Roberts, Biermann, Itson	3:35:17
3,200-Meter Relay	Itson, G. Bookin-Nosbisch, Pitcher, Moore	8:49.00
High Jump	Tionna Tobias	^ 5-7 1/4 (1.71m)
Long Jump	Tionna Tobias	20-6 1/4 (6.25m)
Triple Jump	Kayla Hutchins	% 41-3 3/4 (12.59m)
Shot Put	Kat Moody	55-7 3/4 (16.96m)
Discus	Kat Moody	185-3 (56.47m)
Hammer Throw	Amanda Howe	209-0 (63.71m)
Javelin	Lizzy Korczak	162-1 (49.40m)

\* - school record, % - wind-aided, ^ - part of heptathlon



**Chadrick Richards - So. (Longwood, Fla.)**

4x400 relay - Wednesday (semifinal) | Friday (finals)  
Richards ran the second leg of the qualifying relay team after beginning the season at the Florida Relays in the third position.

**DeAndre Stapleton Jr. - Sr. (Mansfield, Texas)**

4x100 relay - Wednesday (semifinal) | Friday (finals)  
Stapleton Jr. ran the third leg of the relay that ranks fifth in Iowa history, following the 39.19 finish at the NCAA West Preliminary.

**Kalen Walker - Jr. (Eddyville, Iowa)**

4x100 relay - Wednesday (semifinal) | Friday (finals)  
Initially, Walker ran the lead leg of the relay's record-breaking performance at the Texas Relays (38.70). Walker continued as the lead leg at the Big Ten Championships, before shifting to the second leg in Sacramento.

**James Carter Jr. - Sr. (Oak Creek, Wis.)**

Triple Jump - Friday (finals)  
Carter Jr. is appearing in his third straight NCAA Championships, qualifying for the triple jump following his 15.75 meter (51' 8.25") jump. That mark was good for seventh at the NCAA West Preliminaries, while Carter Jr. finished second at the Big Ten Championships with a 15.95 meter (52' 4") jump.

**Mariel Bruxvoort - Sr. (Grand Rapids, Mich.)**

400 hurdles - Thursday (semifinals) | Saturday (finals)  
4x400 relay - Thursday (semifinals) | Saturday (finals)  
Bruxvoort ranks fourth all-time at Iowa in the 400 hurdles with a 56.71 performance at the Tom Jones Memorial Invite. She used a 57.04 at the NCAA West Preliminaries in Sacramento to qualify for Austin. Bruxvoort has anchored the 4x400 relay team this season, and helped clinch a spot at the national meet with a 3:33.16 finish -- good for third all-time at Iowa.

**Paige Magee - Jr. (Columbia, Mo.)**

100 hurdles - Thursday (semifinals) | Saturday (finals)  
400 hurdles - Thursday (semifinals) | Saturday (finals)  
Magee broke her own school record at the Big Ten Championships, finishing second with a time of 12.90. She was the Big Ten runner-up in the 400 hurdles with a time of 56.97. At the NCAA West Preliminaries, Magee used a 12.93 finish to qualify for the 100 hurdles. She followed up with a 56.62 personal best to qualify in the 400 hurdles, climbing to second in the Hawkeye record books.

**Myreanna Bebe - Jr. (Orlando, Fla.)**

100 hurdles - Thursday (semifinals) | Saturday (finals)  
Bebe placed third at the Big Ten Championships, crossing the line in 12.94. Her mark ranks second all-time at Iowa. Bebe will join fellow hurdler Paige Magee at the national meet.

**Audrey Biermann - Fr. (Peosta, Iowa)**

4x400 relay - Thursday (semifinals) | Saturday (finals)  
Biermann began the outdoor season running the third leg of the 4x400 relay, helping the group win at the Desert Heat Classic (3:35.10), finish third at the Michael Johnson Invite (3:35.53) and fourth at the Florida Relays (3:35.17). Biermann moved to the second leg of the relay for the Big Ten Championships, where the quartet finished fourth in 3:35.60.

**Ali Dorn - Jr. (Madison, Wis.)**

4x400 relay - Thursday (semifinals) | Saturday (finals)  
Dorn has been the lead leg of the relay throughout the outdoor season. At the NCAA West Preliminaries in Sacramento, Dorn led off again and helped the group qualify in 3:33.16.

**Tesa Roberts - Jr. (Chicago, Ill.)**

4x400 relay - Thursday (semifinals) | Saturday (finals)  
Roberts got early work with the 4x400 relay team at the Florida Relays, running the second leg that finished fourth in 3:35.17. She anchored the group at the Big Ten Championships and finished fourth in 3:35.60. At the NCAA West Preliminaries, Roberts ran the third leg of the relay.

**Amanda Howe - Sr. (Southington, Conn.)**

Hammer Throw - Thursday (finals)  
Howe finished in 12th place at the NCAA West Preliminary, tossing 62.56 meters (205' 3") in the hammer throw. She was a bronze medalist at the Big Ten Championships and finished second at the Drake Relays with a season-best 63.71 meters (209').

**Tionna Tobias - Jr. (Sicklerville, N.J.)**

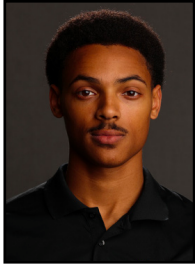
Heptathlon - Friday & Saturday  
Tobias claimed the Big Ten title in the heptathlon with 5,640 points -- good for second all-time at Iowa. On her way to the championship, Tobias used first place finishes and collegiate bests in the 100-meter hurdles (13.20) and 200 meters (23.97). She finished second in the high jump with a personal record 1.71 meter (5' 7.25") mark, while earning another career best in the 800-meters (2:19.61).

**FRANCIS X. CRETZMEYER TRACK**

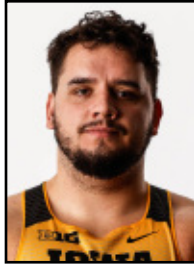
The University of Iowa track and field team practices and competes at the Francis X. Cretzmeier Track during the outdoor season. Located within walking distance of Carver-Hawkeye Arena and Pearl Field, the track was completed in 1986. The facility was named after the late Francis X. Cretzmeier, who coached the men's cross country and track teams from 1948-78 and led the Hawkeyes to five Big Ten team titles. Iowa hosted the 1987, 2000, 2011 and 2019 Big Ten Championships at Cretzmeier.



# OUTDOOR ALL-TIME TOP 10 PERFORMERS



James Carter Jr.



Nikolas Curtiss



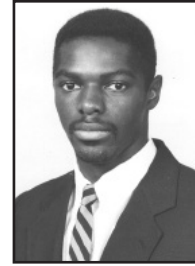
Jeffery Herron



Gabe Hull



Austin Kresley



Anthuan Maybank



Jaylan McConico

## 100 Meters

1. Austin Kresley, 2023	10.10
2. Kalen Walker, 2023	10.18
3. Justin Austin, 2011	10.21
4. O'Shea Wilson, 2017	10.22
5. George Page, 1996	10.25
6. James Harrington, 2015	10.26
7. Anthuan Maybank, 1994	10.31
Tim Dwight, 1997	10.31
Josh Larney, 2013	10.31
Vinnie Saucer, Jr., 2015	10.31

## 110-Meter High Hurdles

1. Jaylan McConico, 2021	13.23
2. Aaron Mallett, 2017	13.24
3. Josh Braverman, 2022	13.41
4. Jamal Britt, 2021	13.45
5. Pat McGhee, 1989	13.50
<b>Gratt Reed, 2023</b>	<b>13.50</b>
7. Dion Trowers, 1996	13.62
8. Ronnie McCoy, 1985	13.66
<b>Grant Conway, 2022</b>	<b>13.66</b>
10. Ethan Holmes, 2011	13.73

## 200 Meters

1. Austin Kresley, 2023	20.26
2. Justin Austin, 2011	20.46
3. Jeff Patrick, 1983	20.47
4. James Harrington, 2015	20.50
5. Karayme Bartley, 2019	20.51
<b>6. Gratt Reed, 2023</b>	<b>20.54</b>
7. Anthuan Maybank, 1994	20.55
8. Victor Green, 1984	20.60
9. Antonio Woodard, 2018	20.61
10. Andre Morris, 1995	20.64

## 400 Meters

1. Jenoa K McKiver, 2022	44.74
2. Mar'yea Harris, 2018	44.94
3. Anthuan Maybank, 1993	44.99
4. Andre Morris, 1995	45.15
5. Mike Mondane, 1967	45.20
6. Wayne Lawrence, Jr., 2019	45.33
7. Steven Willey, 2010	45.78
8. Karayme Bartley, 2019	45.80
<b>9. Everett Steward, 2022</b>	<b>45.94</b>
10. DeJuan Frye, 2018	46.17

## 400-Meter Hurdles

1. Pat McGhee, 1988	48.94
<b>2. Austin West, 2023</b>	<b>49.34</b>
3. Jamal Britt, 2021	49.69
<b>4. Julien Gillum, 2023</b>	<b>49.73</b>
5. Monte Raymond, 1998	50.09
5. Ray Varner, 2010	50.24
7. Chris Douglas, 2019	50.32
8. Paul Steele, 1989	50.45
9. Russell Peterson, 2001	50.50
10. Ethan Holmes, 2013	50.51

## 800 Meters

1. Erik Sowinski, 2012	1:45.90
2. Matt Manternach, 2019	1:46.93
3. Carter Lilly, 2016	1:46.95
4. Alec Still, 2022	1:47.50
5. Bill Frazier, 1962	1:47.64
6. D'Juan Strozier, 1990	1:47.82
7. Adam Hairston, 2011	1:48.10
8. Tysen VanDraska, 2021	1:48.13
<b>9. Armando Bryson, 2022</b>	<b>1:48.31</b>
10. Will Teubel, 2015	1:48.60

## 1,500 Meters

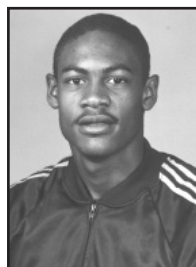
1. Max Murphy, 2022	3:40.63
2. Jeff Thode, 2010	3:43.02
<b>3. Kal Lewis, 2021</b>	<b>3:43.32</b>
4. Joel Moeller, 1978	3:44.01
5. Jim Docherty, 1978	3:44.30
6. Nathan Mylenek, 2019	3:44.49
7. Sam Fourman, 2015	3:44.50
8. Michael Melchert, 2018	3:44.59
9. Adam Jones, 2017	3:45.48
10. Dan Waters, 1986	3:46.35

## 3,000-Meter Steeplechase

1. Nathan Mylenek, 2021	8:35.41
2. Deacon Jones, 1956	8:47.40
3. Steve Pershing, 1978	8:54.59
4. Andy Morris, 2000	8:56.21
5. Matt Gerard, 1994	8:57.01
6. Andy Napier, 2008	8:57.54
7. Rollie Kitt, 1967	9:02.90
8. Al Greene, 1985	9:02.96
9. Tony Rakaric, 2005	9:03.29
10. Mark Battista, 2010	9:04.60

## 5,000 Meters

1. Max Murphy, 2023	13:39.77
2. Micah VanDenend, 2007	13:49.31
3. Nathan Mylenek, 2021	13:54.15
<b>4. Nick Trattner, 2023</b>	<b>13:55.57</b>
5. Daniel Soto, 2021	13:55.71
6. Larry Wieczorek, 1968	13:56.00
7. Kevin Herd, 1993	13:59.00
8. Stetson Steele, 2000	14:02.76
9. Kevin Lewis, 2014	14:02.78
10. Eric MacTaggart, 2005	14:04.79



Pat McGhee



Jenoah McKiver



Nathan Mylenek

# OUTDOOR ALL-TIME TOP 10 PERFORMERS



Max Murphy



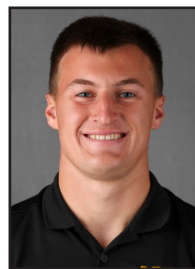
Erik Sowinski



Stetson Steele



Mike Stein



Austin West



Todd Wigginton



Arno  
van der Westhuizen

## 10,000 Meters

1. Stetson Steele, 2000 ..... 28:44.47
2. Daniel Soto, 2021 ..... 28:48.18
3. Eric MacTaggart, 2006..... 28:50.23
4. **Max Murphy, 2022 .....28:57.96**
5. Kevin Lewis, 2015..... 28:59.62
6. **Nick Trattner, 2022 .....29:39.83**
7. Nick Nordheim, 2002 ..... 29:44.71
8. Trent Corey, 2002 ..... 29:45.25
9. Ian Eklin, 2017..... 29:47.06
10. Chad Schwitters, 1999..... 29:56.00

## Decathlon

1. **Austin West, 2022 ..... 8,179 pts**
2. Will Daniels, 2021 ..... 7,864 pts
3. William Dougherty, 2018 ..... 7,673 pts
4. **Peyton Haack, 2021 ..... 7,458 pts**
5. Kyle Reid, 2013..... 7,203 pts
6. Jack Eckert, 2015..... 7,087 pts
7. Dan Rolling, 2010 ..... 6,957 pts
8. Scott Faber, 2000..... 6,839 pts
9. Ryan Niver, 2008 ..... 6,837 pts
10. Chad Ohly, 1994 ..... 6,641 pts

## High Jump

1. Jeffery Herron, 2012..... 7-4 1/4 (2.24)
2. Bill Hansen, 1978 ..... 7-4 (2.23)
- Bill Knoedel, 1975 ..... 7-4 (2.23)
4. Kevin Spejcher, 2014 ..... 7-2 1/2 (2.20)
5. M. Cunningham, 1986..... 7-1 (2.16)
- Kenneth Lansing, 1988..... 7-1 (2.16)
- Jay Hunt, 2019..... 7-1 (2.16)
8. Pat Meade, 1987 ..... 7-0 1/4 (2.14)
- Zack Pluff, 2023 ..... 7-0 1/4 (2.14)**
10. Graham Valdes, 2012 ..... 6-11 3/4 (2.12)

## Pole Vault

1. Todd Wigginton, 1984 ..... 17-0 (5.18)
2. Chad Ohly, 1994 ..... 16-8 3/4 (5.10)
- Kyle Reid, 2013..... 16-8 3/4 (5.10)
4. Curt Broek, 1978 ..... 16-8 (5.08)
5. Andy Jatis, 2018 ..... 16-7 1/2 (5.07)
6. Phil Wertman, 1971 ..... 16-7 (5.05)
- Kelly Scott, 1988..... 16-7 (5.05)
8. **Peyton Haack, 2021 ..... 16-4 3/4 (5.00)**
9. John Teffer, 1972 ..... 16-2 (4.93)
10. Alex Zona, 2009..... 16-0 3/4 (4.90)

## Long Jump

1. Anthuan Maybank, 1993..... 27-1 (8.25)
2. Bashir Yamini, 1997..... 26-8 1/4 (8.13)
3. **James Carter, Jr., 2022..... 26-3 (8.00)**
4. Paul Jones, 1989..... 25-10 1/4 (7.88)
5. Darren Smith, 1991..... 25-9 3/4 (7.86)
6. Quinn Early, 1986 ..... 25-7 1/4 (7.80)
7. O'Shea Wilson, 2017 ..... 25-5 1/4 (7.75)
8. Ed Gordon, 1931 ..... 25-4 3/8 (7.68)
9. Matty Gorman, 2006..... 25-1 1/4 (7.65)
10. Ronnie McCoy, 1985 ..... 25-0 (7.62)

## Triple Jump

1. **James Carter, Jr., 2023 .. 54-8 3/4 (16.68)**
2. Troy Doris, 2012 ..... 54-8 (16.66)
3. Paul Jones, 1990..... 53-9 (16.38)
4. Babatunde Amosu, 2015..... 53-0 (16.15)
5. Antwon James, 2017 ..... 52-4 1/2 (15.96)
6. Klyvens Delaunay, 2013.. 52-2 1/2 (15.91)
7. Gordon Finch, 1988..... 50-9 1/4 (15.47)
8. Mike Lacy, 1984..... 50-5 (15.36)
9. **Deandre Stapleton, Jr. 2023. 50-4 3/4 (15.36)**
10. Pat Miller, 1985 ..... 49-8 1/2 (15.25)

## Shot Put

1. Nikolas Curtiss, 2022 ..... 65-9 (20.04)
2. Jeremy Allen, 2001..... 63-2 3/4 (19.27)
3. Reno Tuufuli, 2018 ..... 62-10 3/4 (19.17)
4. Ken Kemeny, 2005..... 62-3 (18.97)
5. Shane Maier, 2006 ..... 62-2 1/4 (18.95)
6. Andy Banse, 2005 ..... 61-11 1/2 (18.88)
7. John Hickey, 2008..... 61-9 1/2 (18.83)
8. **Elijah Barnes, 2023 ..... 60-11 1/4 (18.57)**
9. Avery Meyers, 2017 ..... 60-4 (18.39)
10. Chris Gambol, 1987..... 60-0 1/2 (18.30)

## Discus

1. Gabe Hull, 2014..... 207-1 (63.11)
2. Reno Tuufuli, 2019 ..... 205-2 (62.54)
3. A.J. Curtis, 2007 ..... 202-11 (61.84)
4. Gary Kostrubala, 1986..... 202-4 (61.68)
5. Jeremy Allen, 2001..... 195-4 (59.54)
6. **Jordan Johnson, 2022 .....195-3 (59.52)**
7. Tim Brodersen, 2005 ..... 193-6 (58.98)
8. Avery Meyers, 2017 ..... 185-8 (56.61m)
9. Brad Daufeldt, 2004 ..... 185-0 (56.40)
10. Nick Brayton, 2009..... 180-11 (55.15)

## Hammer

1. A. van der Westhuizen, 2001. 222-11 (67.94)
2. Adam Hamilton, 2007 ..... 222-2 (67.73)
3. Jim Costello, 2002 ..... 217-7 (66.32)
4. Brad Daufeldt, 2004 ..... 207-10 (63.34)
5. Chris Voller, 2005 ..... 206-0 (62.80)
6. **Sean Smith, 2023.....205-8 (62.69)**
7. Matt Banse, 2012 ..... 201-11 (61.55)
8. Tyler Lienau, 2021..... 199-6 (60.81)
9. Jeremy Allen, 2001..... 199-0 (60.66)
10. Ben Stancombe, 2011 ..... 197-6 (60.20)

## Javelin

1. **Mike Stein, 2023.....248-0 (75.59)**
2. Matt Byers, 2011 ..... 245-8 (74.89)
3. Bill Neumann, 2002..... 244-8 (74.58)
4. Dan Ralph, 2000..... 227-10 (69.44)
5. Sam Joens, 2015..... 211-5 3/4 (64.45)
6. Zach Schimp, 2010 ..... 211-0 (64.32)
7. Alex Balke, 2016 ..... 205-11 (62.77)
8. Kale Katt, 2007 ..... 204-0 (62.17)
9. **Austin West, 2023 .....203-11 (62.15)**
10. Joel Storm, 2004 ..... 203-5 (62.01)

# MEN'S ALL-TIME TOP 10 RELAYS

## 400-Meter Relay

1. **Walker, Kresley, Reed, Allen, 2023** ..... **38.70**
2. **Walker, Kresley, Reed, K. Jefferson, 2022**..... 39.03
3. Brissett, Wilson, Thompson, Mallett, 2017 ..... 39.12
4. Hofacker, Woodard, **Lawrence Jr., Bartley, 2019**..... 39.17
5. Mincy, Wilson, Harrington, Brown, 2014 ..... 39.19
6. **Walker, Kresley, Reed, Stapleton Jr. 2023** ..... **39.19**
7. Mincy, Austin, E. Holmes, Larney, 2013 ..... 39.31
8. **Johnson, Kresley, Reed, K. Jefferson, 2022** ..... 39.31
9. **Walker, Kresley, Stapleton Jr., West, 2023** ..... **39.41**
10. Saucer, Jr., Brissett, Harrington, Mallett, 2016 ..... 39.44

## Shuttle Hurdle Relay

1. **Conway, Braverman, K. Johnson, Reed, 2022**..... 56.74
2. McGhee, Armstrong, Falls, Stelle, 1989 ..... 57.80
3. Wigginton, Jones, Lacey, McCoy, 1985 ..... 59.77
4. Williams, **Haack, Braverman, McConico, 2019**..... 1:01.14
5. 1975 ..... 1:05.20

## 800-Meter Relay

1. James, Mallett, Harris, B. Thompson, 2017 ..... 1:23.02
2. B. Thompson, Brissett, Harrington, Ganschow, 2016 ..... 1:23.36
3. B. Thompson, Ganschow, Frye, Hofacker, 2017 ..... 1:23.73
4. Richardson, Sayon, Richards, Chaney, Jr., 2009 ..... 1:24.85
5. Harrington, VanCleave, Wilson, Mallett, 2014 ..... 1:24.86
6. Austin, Brown, Larney, VanCleave, 2013 ..... 1:25.60
7. Wilson, Sorrells, Douglas, Williams, 2018 ..... 1:25.87
8. Barclay, McCalister, Jensen, Elliott, 1979 ..... 1:26.39
9. Sorrells, Braverman, Douglas, **Haack, 2019** ..... 1:28.29
10. Thomas, Balkrishnan, Patterson, Freidrich 1991 ..... 1:28.38

## 1,600-Meter Relay

1. Lawrence Jr., Woodard, Bartley, Harris, 2019 ..... 3:00.14
2. **Steward, Richards, Gudgel, Gillum, 2022** ..... 3:01.79
3. Frye, Harris, Hofacker, Ogwo, 2017 ..... 3:01.91
4. **Steward, Bryson, Gillum, McKiver, 2022**..... 3:02.39
5. Lietz, Woodard, **Gillum, Lawrence, Jr., 2021** ..... 3:02.54
6. Lawrence Jr., Woodard, Hofacker, Harris, 2019 ..... 3:03.10
7. Morris, Davis, Page, Rozell, 1995 ..... 3:03.11
8. Branch, Dwight, Dodge, Yamini, 1999 ..... 3:03.29
9. **West, Bryson, Gudgel, Gillum, 2022**..... 3:03.62
10. Frye, Woodard, Hofacker, Harris, 2018 ..... 3:03.69

## Sprint Medley Relay

1. McCorkle, Jones, Chung, Strozier, 1990 ..... 3:15.64
2. Sayon, Austin, Willey, Sowinski, 2011 ..... 3:16.18
3. Richards, Larney, Davey, Sowinski, 2012 ..... 3:17.25
4. Richardson, Richards, Willey, Sowinski, 2010 ..... 3:17.74
5. **Reed, K. Jefferson, Gillum, Still, 2022** ..... 3:18.06
6. Hofacker, Woodard, Harris, VanDraska, 2018 ..... 3:18.11
7. Saucer, Jr., Brissett, Harris, Lilly, 2016 ..... 3:18.53
8. Hofacker, Woodard, Harris, Lilly, 2017 ..... 3:18.73
9. Armstrong, Thomas, Maybank, Strozier, 1991 ..... 3:18.93
10. Yamini, Davis, Dodge, Donovan, 1999 ..... 3:19.87

## 3,200-Meter Relay

1. Schum, Christensen, Steffen, Criswell, 1971 ..... 7:18.60
2. **Gudgel, Bryson, Abrego, Still, 2022** ..... 7:19.13
3. VanDraska, Still, Teubel, Lilly, 2019 ..... 7:22.50
4. Hairston, Prom, Thode, Sowinski, 2011 ..... 7:23.77
5. Manternach, VanDraska, W. Teubel, Lilly, 2017 ..... 7:24.77
6. **Schreiner, Strong, Bryson, Gudgel, 2023**..... **7:26.00**
7. Melchert, Manternach, N. Teubel, Lilly, 2018 ..... 7:28.37
8. Corrigan, Blackman, Strozier, Chambers, 1989 ..... 7:29.00
9. Hoffman, **Olson, Still, VanDraska, 2021**..... 7:29.81
10. Melchert, Dorman, Lilly, Larrison, 2016 ..... 7:30.32

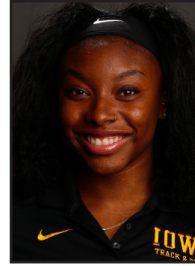
## Distance Medley Relay

1. Pershing, Moeller, Slack, Docherty, 1978 ..... 9:39.94
2. Kuczvara, Barton, Hairston, Thode, 2011 ..... 9:41.37
3. N. Holmes, VanCleave, Sowinski, Thode, 2012 ..... 9:41.59
4. Young, Barton, Kuczvara, Luciano, 2010 ..... 9:42.97
5. **Lewis, Steward, Abrego, Murphy, 2022** ..... 9:47.73
6. Mylenek, Thompson, Manternach, Melchert, 2018 ..... 9:50.70
7. VanDraska, Lawrence Jr., Teubel, Mylenek, 2019 ..... 9:53.14
8. Prom, Davey, Weir, Witt, 2013 ..... 9:53.83
9. Theisen, Williams, Wiesa, Waters, 1985 ..... 9:54.04
10. Wilfong, Slaymaker, W. Teubel, Witt, 2013 ..... 9:54.05

## 6,400-Meter Relay

1. Pershing, Fuller, Moeller, Docherty, 1978 ..... 16:27.70
2. Rakaric, Webster, MacTaggart, VanDenend, 2006 ..... 16:55.43
3. Lewis, Witt, Hart, Fourman, 2015 ..... 16:58.44
4. Price, Eklin, Gardarsson, Docherty, 2016 ..... 17:00.30
5. Paul, Kadlec, Thode, Luciano, 2010 ..... 17:01.46
6. Witt, Lewis, Hart, Butler, 2014 ..... 17:01.65
7. N. Holmes, Witt, Thode, Lewis, 2012 ..... 17:02.26
8. Thomas, Allen, Rakaric, Lloyd, 2003 ..... 17:06.27
9. **Yual, Geisler, Pendergast, Kuhn, 2023**..... **17:11.68**
10. Pittman, Novotny, Feeldy, Marquardt, 1995 ..... 17:12.49

# OUTDOOR ALL-TIME TOP 10 PERFORMERS



Meghan Armstrong

Marta Bote  
Gonzalez

Nan Doak

Briana Guillory

LaSarah Hargrove

Amanda Howe

Aisha James

## 100 Meters

1. **LaSarah Hargrove, 2022** ..... 11.20
2. **Lia Love, 2023** ..... 11.21
2. Brittany Brown, 2018 ..... 11.28
4. Briana Guillory, 2016 ..... 11.35
5. Lake Kwaza, 2015 ..... 11.40
6. Vivien McKenzie, 1985 ..... 11.45
7. Davera Taylor, 1984 ..... 11.51
8. Erica Broomfield, 1998 ..... 11.53
9. Jiselle Providence, 2001 ..... 11.57
10. Tanja Reid, 1994 ..... 11.60
- Peaches Roach, 2005 ..... 11.60

## 100-Meter Hurdles

1. **Paige Magee, 2023** ..... 12.90
2. **Myreanna Bebe, 2023** ..... 12.94
3. **Tionna Tobias, 2023** ..... 13.11
4. Tiffany Johnson, 2007 ..... 13.20
5. Jenny Kimbro, 2018 ..... 13.22
6. Jahisha Thomas, 2017 ..... 13.46
7. Tria Simmons, 2019 ..... 13.49
- Natalie Harris, 2023** ..... 13.49
9. Karessa Farley, 2009 ..... 13.53
10. C. Prendergast, 1999 ..... 13.60
- Paula Ruen, 2000 ..... 13.60

## 200 Meters

1. Brittany Brown, 2017 ..... 22.42
2. **LaSarah Hargrove, 2022** ..... 22.72
3. Briana Guillory, 2016 ..... 22.89
4. Elexis Guster, 2016 ..... 23.03
5. Lake Kwaza, 2016 ..... 23.17
6. **Lia Love, 2023** ..... 23.23
7. Shellene Williams, 2004 ..... 23.50
8. Kineke Alexander, 2006 ..... 23.58
9. Davera Taylor, 1984 ..... 23.59
10. Vivien McKenzie, 1985 ..... 23.61
- Paige Magee, 2023** ..... 23.61

## 400 Meters

1. Briana Guillory, 2018 ..... 51.30
2. Kineke Alexander, 2006 ..... 51.35
3. Elexis Guster, 2016 ..... 51.85
4. Shellene Williams, 2004 ..... 51.94
5. Ashley Liverpool, 2012 ..... 52.47
6. Ellen Grant, 1996 ..... 52.65
7. **Audrey Biermann, 2023** ..... 52.67
8. **Tesa Roberts, 2023** ..... 52.86
9. Alexis Hernandez, 2017 ..... 53.27
10. **Chloe Larsen, 2023** ..... 53.41

## 400-Meter Hurdles

1. Mary Knoblauch, 1981 ..... 56.16
2. **Paige Magee, 2022** ..... 56.62
3. Wynsome Cole, 1998 ..... 56.67
4. MonTayla Holder, 2014 ..... 56.70
5. **Mariel Bruxvoort, 2023** ..... 56.71
6. Erin Dowd, 2022 ..... 56.77
7. Payton Wensel, 2022 ..... 57.63
8. Jenny Kimbro, 2019 ..... 58.27
9. **Nylah Perry, 2023** ..... 58.28
10. Chris Davenport, 1981 ..... 59.18

## 800 Meters

1. Bethany Praska, 2011 ..... 2:03.77
2. **Alli Bookin-Nosbisch, 2023** ..... 2:04.37
3. Mallory King, 2021 ..... 2:05.23
4. **Grace Bookin-Nosbisch, 2023** ..... 2:05.49
5. Kay Stormo, 1982 ..... 2:05.67
6. **Clare Pitcher, 2022** ..... 2:06.05
7. Taylor Arco, 2019 ..... 2:06.06
8. Michelle Lahann, 2004 ..... 2:06.79
9. Katharina Trost, 2015 ..... 2:07.09
10. Mahnee Watts, 2016 ..... 2:07.41

## 1,500 Meters

1. Meghan Armstrong, 2006 ..... 4:17.41
2. Betsy Flood, 2010 ..... 4:17.75
3. Jeanne Kruckeberg, 1989 ..... 4:19.71
4. McKenzie Melander, 2012 ..... 4:20.22
5. Lauren Hardesty, 2009 ..... 4:20.40
6. Diane Nukuri, 2007 ..... 4:20.95
7. **Amber Aesoph, 2023** ..... 4:21.11
8. Penny O'Brien, 1985 ..... 4:21.43
9. Kay Stormo, 1982 ..... 4:22.24
10. Michelle Lahann, 2004 ..... 4:24.00

## 3,000 Meters

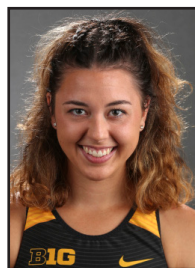
1. Diane Nukuri, 2008 ..... 9:18.82
2. Penny O'Brien, 1985 ..... 9:20.61
3. McKenzie Melander, 2012 ..... 9:21.59
4. Betsy Flood, 2010 ..... 9:22.63
5. Nan Doak, 1985 ..... 9:23.04
6. Tracy Dahl, 1992 ..... 9:23.53
7. Meghan Armstrong, 2006 ..... 9:28.03
8. Brooke Eilers, 2011 ..... 9:30.08
9. Jeanne Kruckeberg, 1989 ..... 9:30.69
10. Jennifer Brower, 1992 ..... 9:34.59

## 3,000-Meter Steeplechase

1. Marta Bote Gonzalez, 2015 ..... 10:23.15
2. Danielle Berndt, 2011 ..... 10:26.54
3. Jessica Schmidt, 2008 ..... 10:27.18
4. Sarah Arens, 2004 ..... 10:34.50
5. Hannah Roeder, 2011 ..... 10:35.22
6. **Brooke McKee, 2023** ..... 10:39.88
7. Madison Waymire, 2017 ..... 10:41.91
8. Kelsey Hart, 2011 ..... 10:47.56
9. Anna Hostetler, 2019 ..... 10:57.25
10. Kelly Breen, 2017 ..... 10:59.99

## 5,000 Meters

1. Nan Doak, 1985 ..... 15:45.84
2. McKenzie Melander, 2012 ..... 15:57.13
3. Diane Nukuri, 2008 ..... 15:59.39
4. Betsy Flood, 2011 ..... 16:04.46
5. Meghan Armstrong, 2008 ..... 16:08.83
6. Brooke Eilers, 2011 ..... 16:11.86
7. Mareike Schrulle, 2013 ..... 16:12.66
8. Jenny Spangler, 1983 ..... 16:17.21
9. Tracy Dahl, 1992 ..... 16:18.77
10. Racheal Marchand, 2008 ..... 16:27.02



Jenny Kimbro

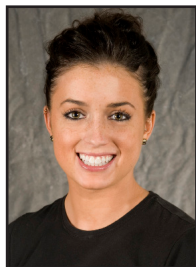


Paige Magee

# OUTDOOR ALL-TIME TOP10 PERFORMERS



Diane Nukuri



Bethany Praska



Alana Redfern



Peaches Roach



Jessie Strand



Laulauga Tausaga



Jahisha Thomas

## 10,000 Meters

1. Diane Nukuri, 2008 ..... 33:17.01
2. Jennifer Brower, 1991..... 33:23.38
3. Meghan Armstrong, 2008..... 33:28.00
4. Nan Doak, 1985..... 33:33.03
5. Jenny Spangler, 1983 ..... 33:39.24
6. Andrea Shine, 2018..... 33:50.25
7. Racheal Marchand, 2008 ..... 34:05.87
8. McKenzie Melander, 2012 ..... 34:29.83
9. Tracy Dahl, 1992 ..... 34:30.09
10. **Maddie Block, 2023 .....34:44.62**

## Heptathlon

1. Jenny Kimbro, 2021..... 5,679 pts
2. **Tionna Tobias, 2023.....5,640 pts**
3. Tammilee Kerr, 2008..... 5,633 pts
4. Tria Simmons, 2019..... 5,557 pts
5. Dallyssa Huggins, 2021..... 5,437 pts
6. Kathy Gillespie, 1983..... 5,262 pts
7. Tiff Pedersen, 2004 ..... 4,976 pts
8. Janet Adams, 1981..... 4,855 pts
9. Sarah Ryan, 2012 ..... 4,819 pts
10. Ruqayya Raheem, 1997 ..... 4,665 pts

## High Jump

1. Peaches Roach, 2006 ..... 6-1 1/4 (1.86)
2. Jenny Kimbro, 2019..... 6-0 3/4 (1.85)
3. Mary Mol, 1983..... 6-0 (1.83)
4. Khanishah Williams, 2013 5-11 1/4 (1.81)
5. Dallyssa Huggins, 2021.. 5-10 1/2 (1.79m)
6. Caleigh Bacchus, 2010..... 5-10 (1.78)
7. Lynn McMillan, 1988..... 5-9 1/4 (1.76)
- Aubrianna Lantrip, 2018 .... 5-9 1/4 (1.76)
- Tria Simmons, 2019..... 5-9 1/4 (1.76)
10. Madison Rouw, 2016..... 5-8 3/4 (1.75)
- Tria Simmons, 2018..... 5-8 3/4 (1.75)

## Pole Vault

1. Jessie Strand, 2003..... 12-10 1/4 (3.92)
2. Sarah Burgett, 2006 ..... 12-1 3/4 (3.70)
3. Kirsten Weismantle, 2011..... 12-0 (3.66)
4. Amy Smith, 2018..... 11-11 3/4 (3.65)
5. Katie Truedson, 2010 ..... 11-5 1/4 (3.49)
6. Gina Shannon, 2001..... 11-2 1/4 (3.41)
7. Brittany Holst, 2013 ..... 11-1 (3.38)
8. Elyssa Tracy, 2015..... 10-6 (3.20)
9. Kacey Childs, 2000 ..... 8-0 1/2 (2.45)

## Long Jump

1. Aisha James, 2003..... 22-3 (6.78)
2. Jahisha Thomas, 2018..... 21-6 (6.55)
3. Zinnia Miller, 2014 ..... 20-6 1/2 (6.26)
4. **Tionna Tobias, 2023 ..... 20-6 1/4 (6.25)**
5. Renee White, 2008 ..... 20-3 3/4 (6.19)
6. Carisa Leacock, 2014..... 19-11 3/4 (6.09)
7. Amanda Carty, 2019..... 19-11 1/2 (6.08)
8. Becki Borg, 1988 ..... 19-7 1/4 (5.97)
9. Jenny Kimbro, 2018..... 19-7 (5.97)
10. Kassidy Ellis, 2015 ..... 19-6 1/4 (5.95)
- Kayla Hutchins, 2023 ..... 19-6 1/4 (5.95)**

## Triple Jump

1. Jahisha Thomas, 2018..... 44-2 (13.46)
2. Renee White, 2008 ..... 43-10 3/4 (13.36)
3. Zinnia Miller, 2014 ..... 42-0 1/2(12.81)
4. **Kayla Hutchins, 2021 .....41-10 (12.75)**
5. Tiffany Johnson, 2007 .... 41-8 3/4 (12.72)
6. Eavion Richardson, 2021 ..... 41-1 (12.52)
7. Carisa Leacock, 2012 .... 40-10 1/2 (12.46)
8. Amanda Carty, 2019 ..... 40-11 (12.47)
9. Becki Borg, 1988 ..... 40-7 1/2 (12.38)
10. Tria Simmons,2016 ..... 40-7 1/2(12.38)

## Shot Put

1. Laulauga Tausaga, 2019 .59-1 1/2 (18.02)
2. Nia Britt, 2019 ..... 55-7 3/4 (16.96)
- Kat Moody, 2023 ..... 55-7 3/4 (16.96)**
4. Lisa Van Steenwyk, 1992..... 50-8 (15.44)
5. **Jamie Kofron, 2022 ..... 50-6 (15.39)**
6. Nicole Berry, 2022..... 50-5 1/4 (15.37)
7. Gail Smith, 1984..... 50-3 1/4 (15.32)
8. Denise Taylor, 1992 ..... 50-1 3/4 (15.28)
9. Erika Hammond, 2019.... 49-9 1/4 (15.17)
10. Kamesha Marshall, 2005 48-6 3/4 (14.80)

## Discus

1. Laulauga Tausaga, 2019 ... 209-10 (63.94)
2. Serena Brown, 2021..... 196-2 (59.81)
3. K. Spanoudakis, 2019 ..... 190-1 (57.95)
4. **Kat Moody, 2023 .....185-3 (56.47)**
5. Majesty Tutson, 2013 ..... 181-1 (55.19)
6. Dakotah Goodell, 2014 ..... 169-4 (51.62)
7. **Jamie Kofron, 2022 .....166-1 (50.62)**
8. Kara Misel, 2021..... 162-1 (49.40)
8. Tiffany Medenwaldt, 2010. 161-3 (49.16)
10. Denise Taylor, 1992 ..... 160-5 (48.90)

## Javelin

1. Alana Redfern, 2003 ..... 181-5 (55.30)
2. Tammilee Kerr, 2008..... 163-5 (49.81)
3. **Lizzie Korczak, 2023 .....162-1 (49.40)**
4. Marissa Mueller, 2019..... 154-3 (47.02)
5. Mandy Beck, 1999..... 153-4 (46.74)
6. Dakotah Goodell, 2015 153-3 1/4 (46.71)
7. Terri Soldan, 1983 ..... 152-6 1/4 (46.48)
8. Shani Renning, 1990 ..... 152-3 (46.40)
9. Kayla Hochhalter, 2015 ..... 152-6 (46.48)
10. Clara Simon, 1981 ..... 149-9 (45.64)

## Hammer Throw

1. **Amanda Howe, 2022 .....212-9 (64.84)**
2. Laulauga Tausaga, 2019 .... 201-3 (61.34)
3. Annemie Smith, 2015... 200-1 1/2 (60.99)
- Nia Britt, 2019 ..... 200-1 (60.99)
5. Allison Wahrman, 2021..... 198-7 (60.53)
6. Jasmine Simpson, 2013..... 197-7 (60.23)
7. Becca Franklin, 2007 ..... 195-0 (59.45)
8. Ashlyn Gulvas, 2014 ..... 192-9 (58.75)
9. Leah Colbert, 2018..... 189-3 (57.69)
10. **Alivia Bauer, 2023 .....195-9 (56.62)**



# WOMEN'S ALL-TIME TOP 10 RELAYS

## 400-Meter Relay

1.	<b>Hargrove, Love, Dowd, Magee, 2022</b> .....	43.69
2.	Kwaza, Guster, Guillory, Hernandez, 2016.....	44.04
3.	<b>Hargrove, Love, Edison, Magee, 2023</b> .....	<b>44.08</b>
4.	Chapman, Guillory, Hernandez, Brown, 2017.....	44.34
5.	Kwaza, Guster, Chapman, Guillory, 2016.....	44.41
6.	Thomas, Avant, Guillory, Brown, 2018.....	44.44
7.	Kwaza, Guster, Hernandez, Brown, 2014.....	44.51
8.	Thomas, Guillory, Hernandez, Brown, 2017.....	44.53
9.	Kwaza, Guster, Holder, Brown, 2014.....	44.62
10.	Poole, Reid, Floyd, Hobbs, 1994.....	44.63

## Shuttle Hurdle Relay

1.	Prendergast, Cole, Raheem, Ruen, 1998.....	56.44
2.	Cole, Prendergast, Raheen, Ruen, 1998.....	56.54
3.	Raheen, Prendergast, Cole, Ruen, 1998.....	57.53

## 800-Meter Relay

1.	Chapman, Guillory, Hernandez, Brown, 2017.....	1:35.36
2.	Hobbs, Reid, Floyd, Poole, 1994.....	1:35.69
3.	Roach, McCalla, Alexander, Johnson, 2006.....	1:36.19
4.	Chapman, Roberts-Lewis, Champe, Brown, 2016.....	1:36.98
5.	Williams, Charles, Fouchè, Providence, 2003.....	1:37.49
6.	Herrmann, McCalla, Raymond, Roach, 2004.....	1:37.66
7.	Charles, Dixon, Knight, Prendergast, 2002.....	1:38.15
8.	Christian, Buss, Swanson, Morken, 2019.....	1:38.52
9.	Prendergast, Dixon, Knight, Providence, 2001.....	1:38.73
10.	Trusty, Hendricks, Graham, Erickson, 2009.....	1:38.79

## 1,600-Meter Relay

1.	Hernandez, Guillory, Holder, Guster, 2016.....	3:30.97
2.	Guillory, Brown, Hernandez, Champe, 2017.....	3:32.37
3.	<b>Dorn, Biermann, Roberts, Bruxvoort, 2023</b> .....	<b>3:33.16</b>
4.	<b>Bruxvoort, Dowd, Wensel, Roberts, 2022</b> .....	<b>3:33.18</b>
5.	Guster, Hernandez, Holder, Kwaza, 2014.....	3:34.83
6.	<b>Dorn, Larsen, Biermann, Bruxvoort, 2023</b> .....	<b>3:35.10</b>
7.	<b>Larsen, Roberts, Biermann, Itson, 2023</b> .....	<b>3:35.17</b>
8.	<b>Dorn, Magee, Biermann, Larsen, 2023</b> .....	<b>3:35.53</b>
9.	<b>Dorn, Biermann, Larsen, Roberts, 2023</b> .....	<b>3:35.60</b>
10.	Praska, Hendricks, Liverpool, Erickson, 2011.....	3:35.93

## Sprint Medley Relay

1.	Jones, Hendricks, Liverpool, Praska, 2011.....	3:48.63
2.	Brown, Kwaza, Guster, Watts, 2014.....	3:51.18
3.	<b>Hargrove, Dowd, Wensel, Pitcher, 2022</b> .....	<b>3:52.56</b>
4.	Kwaza, Guster, Holder, Watts, 2016.....	3:52.62
5.	Swanson, Morken, King, Arco, 2019.....	3:52.85
6.	Kwaza, Brown, Guster, Trost, 2015.....	3:53.29
7.	Christian, Buss, Guillory, Arco, 2019.....	3:54.18
8.	Kwaza, R. Moore, Holder, Alexia, 2013.....	3:54.51
9.	Trusty, R. Moore, Hendricks, Praska, 2010.....	3:56.53
10.	Reid, Philip, Hobbs, Benning, 1995.....	3:56.54

## 3,200-Meter Relay

1.	McCabe, Arco, Saunders, King, 2019.....	8:31.84
2.	<b>Moore, A. Bookin-Nosbisch, G. Bookin-Nosbisch, Pitcher, 2022</b> .....	<b>8:35.75</b>
3.	Suppelsa, Wodek, Kruckeberg, Schneckloth, 1987.....	8:46.45
4.	Lahann, Stanley, Hume, Barber, 2004.....	8:48.87
5.	<b>Itson, G. Bookin-Nosbisch, Pitcher, Moore, 2023</b> .....	<b>8:49.00</b>
5.	Schneckloth, Roberts, Hawkins, Kruckeberg, 1989.....	8:49.38
6.	Trost, Maser, Alexia, Nelson, 2014.....	8:49.95
7.	Nelson, Watts, Wilberding, Sindt, 2016.....	8:51.90
8.	Flood, Dlh, L. Hardesty, Docherty, 2009.....	8:53.91
9.	Armstrong, Stanley, Laney, Hume, 2005.....	8:54.27
10.	O'Brien, Camarigg, Williams, Stormo, 1981.....	8:54.36

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1.	Hoskins, Powell, Schneckloth, Kruckeberg, 1989.....	11:22.18
2.	Armstrong, Alexander, Poncé, Stanley, 2007.....	11:25.05
3.	Stanley, McCalla, Hume, Armstrong, 2005.....	11:34.04
4.	Barber, Williams, Hume, Arens, 2004.....	11:34.56
5.	Thompson, Williams, Hume, Arens, 2003.....	11:39.02
6.	2000.....	11:39.83
7.	<b>G. Bookin-Nosbisch, Roberts, A. Bookin-Nosbisch, Aesoph, 2022</b> .....	<b>11:40.18</b>
8.	Schrulle, Erickson, Placzek, Eilers, 2012.....	11:40.57
9.	Davenport, xx, xx, xx, 1981.....	11:41.44
10.	Pare, Grant, Benning, Gilchrist, 1997.....	11:41.92

## 6,400-Meter Relay

1.	Flood, Melander, A. Hardesty, L. Hardesty, 2010.....	19:05.63
2.	Nukuri, Marchand, Henize, Armstrong, 2008.....	19:15.42
3.	Flood, Laesch, Ranegar, Melander, 2012.....	19:16.73
4.	Flood, Eilers, Melander, L. Hardesty, 2011.....	19:17.52
5.	Flood, Melander, A. Hardesty, Eilers, 2009.....	19:36.43
6.	Scott, Gordon, Schrulle, Gambrall, 2013.....	19:41.15
7.	Jones, Bote Gonzalez, Wilberding, Reischmann, 2015.....	19:59.72
8.	Maser, Price, Wilberding, Montuclard, 2014.....	20:23.27
9.	Chapple, Laney, Donlon, Sokol, 2005.....	20:39.12
10.	Arens, Barber, Butler, Roberts, 2001.....	20:40.89