### Women 60 Meter Dash Premier

**8 Advance: Top 1 Each Heat plus Next 5 Best Times**

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### Women 60 Meter Dash Premier

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## Women 200 Meter Dash Premier

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## Women 400 Meter Dash Premier

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....Women 400 Meter Dash Premier

7 Erin Kerkhoff  SR Northern Iowa  58.20  2
8 Auriona Kimbrough  SR Northern Iowa  59.01  1
9 Passion Crews  JR Western Illinois  59.74  3
10 Zwandi Harrison  SR Western Illinois  1:00.24  3
11 Monique Remy  SR Western Illinois  1:00.28  3
12 Raina Baker  SO Truman  1:00.85  4
13 Madison Bunton  JR Drake  1:01.30  4
14 Temira Goods  JR Western Illinois  1:01.72  3
15 Kendall Dascher  SR Truman  1:03.12  4
16 Izzy Bluml  FR Iowa Western CC  1:04.61  4
-- Janelle Marshall  FR Western Illinois  SCR
-- Audrey Biermann  SO Iowa  SCR
-- Kaytlyn Baker  FR Iowa Western CC  SCR
-- Briandrias Rhodes  JR Drake  SCR

Women 600 Meter Run Premier

Facility: F 1:27.45  2008  Kineke Alexander, Iowa
Meet: M 1:31.12  1/27/2017  Brenna Detra, Wisconsin
Track: T 1:27.59  1/18/2019  Georganne Moline, Unattached

Name                    Year School                  Finals  H#
===================================================================
1 Honour Finley                Kansas                 1:28.06M  1
2 Aaliyah Moore             JR Kansas                 1:29.24M  1
3 Ali Dorn                  SR Iowa                   1:30.89M  1
4 Sophia Jungling          JR Northern Iowa          1:34.51  2
5 Angelina Estrada         FR Iowa Western CC        1:37.65  2
6 Abree Winfrey             FR Kansas                 1:39.81  1
7 Passion Crews             JR Western Illinois       1:40.94  2
8 Lauren Heck               JR Kansas                 1:40.95  2
-- Sien Van Vuuren           FR Iowa Western CC            DNF   2
-- Katie Moore               JR Iowa                       SCR
-- Lily Johannes             FR Iowa                        SCR

Women 800 Meter Run Premier

Facility: F 2:02.50  2023  Olivia Baker, Atlanta TC
Meet: M 2:07.99  1/28/2017  Jessica Harris, Notre Dame
Track: T 2:02.50  2023  Olivia Baker, Atlanta TC

Name                    Year School                  Finals
===================================================================
1 Alanie Rivera            SO Kansas City            2:17.18
2 Bethany Druse             FR Kansas                 2:17.64
3 Hannah Steinmeyer        FR Western Illinois        2:18.94
4 Lily Johannes             FR Iowa                   2:20.50
5 Jalyssa Blazek           SO Iowa                   2:23.33
6 Meg Simmons              FR Western Illinois        2:23.52
7 Lauren McMahon           SO Iowa                   2:23.76
8 Vanessa Lee              JR Drake                  2:26.65
-- Passion Crews             JR Western Illinois           DNS
-- Maleigha Huston        JR Western Illinois               SCR
### Women 1 Mile Run Premier

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### Women 3000 Meter Run Premier

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### Women 60 Meter Hurdles Premier

8 Advance: Top 1 Each Heat plus Next 6 Best Times

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Black & Gold Invitational - 1/26/2024 to 1/27/2024
Iowa Recreation Building
Results

....Women 60 Meter Hurdles Premier

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Women 60 Meter Hurdles Premier

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<tr>
<td>Kaycee McCoy</td>
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<td>8.33M</td>
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<td>JR</td>
<td>Iowa</td>
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<td>Jaleesa McWashington</td>
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<td>Ali Frandsen</td>
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<td>Lauren Heck</td>
<td>JR</td>
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Women 4x400 Meter Relay Premier

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<tr>
<td>1) Madison Campbell FR</td>
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</tr>
<tr>
<td>2) Pearl Awanya FR</td>
<td></td>
</tr>
<tr>
<td>3) Aaliyah Moore JR</td>
<td></td>
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<tr>
<td>4) Deshana Skeete JR</td>
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<tr>
<td>Kansas 'B'</td>
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<tr>
<td>1) Addison Brooks JR</td>
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<tr>
<td>2) Claire Farrell FR</td>
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<td>3) Abree Winfrey FR</td>
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<td>4) Sidney Smith FR</td>
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<td>Western Illinois 'A'</td>
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<tr>
<td>1) Nakeita Kessling SO</td>
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<td>2) Briza Dure JR</td>
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<tr>
<td>3) Jolena Site FR</td>
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<tr>
<td>4) Maleigha Huston JR</td>
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<tr>
<td>Truman 'A'</td>
<td>DNF</td>
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<tr>
<td>1) Raina Baker SO</td>
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<tr>
<td>2) Kendall Dascher SR</td>
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<td>3) Lydia Lehmebeck JR</td>
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<td>Iowa 'A'</td>
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<tr>
<td>Northern Iowa 'A'</td>
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<td>1) Caroline Benfeldt-Sorensen SO</td>
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<tr>
<td>2) Eden Barrett FR</td>
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<tr>
<td>3) Josey Dunbar FR</td>
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## Women 4x400 Meter Relay Premier

1. Lauren Pierson SO
2. Angeline Estrada FR
3. Aiyanna Olivas FR
4. Barbara Neiva FR

-- Northern Iowa 'B'
1. Katy Hand FR
2. Kallie Greiner FR
3. Millie Hill JR
4. Sophia Jungling JR

## Women High Jump Premier

<table>
<thead>
<tr>
<th>Name</th>
<th>Year</th>
<th>School</th>
<th>Finals</th>
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<tr>
<td>1 Rylie Todd</td>
<td>JR</td>
<td>Northern Iowa</td>
<td>1.70m</td>
</tr>
<tr>
<td>1.45 1.50 1.55 1.60 1.65 1.70 1.73 1.76</td>
<td>PPP PPP O O XO XO PPP XXX</td>
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| 2 Josie Moreland | FR   | Northern Iowa | 1.70m   |
| 1.45 1.50 1.55 1.60 1.65 1.70 1.73 1.76 | PPP PPP O XO O XXO PPP XXX |

| 3 Jade Hunter    | SO   | Iowa           | 1.65m   |
| 1.45 1.50 1.55 1.60 1.65 1.70 | PPP PPP O O XXX |

| 4 Madeline Andelbradt | SO | Iowa              | 1.60m   |
| 1.45 1.50 1.55 1.60 1.65 | PPP PPP O XO XXX |

| 5 Chloe Largent  | FR   | Northern Iowa   | 1.60m   |
| 1.45 1.50 1.55 1.60 1.65 | PPP PPP O XXO XXX |

| 6 Soren Maricle  | FR   | Northern Iowa   | 1.60m   |
| 1.45 1.50 1.55 1.60  | PPP XO O XXO XXX |

| 7 Karlee Zumstein | FR  | Western Illinois | 1.55m   |
| 1.45 1.50 1.55 1.60 | PPP O O XXX |

| 8 Taylor Bailey  | SO   | Kansas City     | 1.55m   |
| 1.45 1.50 1.55 1.60 | O O XO XXX |

| 9 Reese Hulcher  | FR   | Kansas          | 1.55m   |
| 1.45 1.50 1.55 1.60 | PPP O XXO XXX |

| 10 Mia Harris    | SO   | Western Illinois| 1.50m   |
| 1.45 1.50 1.55 1.60 | O XXO XXX |

-- Kamdyn Stanley | SO Iowa Western CC | NH |

## Women Pole Vault Premier

<table>
<thead>
<tr>
<th>Name</th>
<th>Year</th>
<th>School</th>
<th>Finals</th>
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</thead>
<tbody>
<tr>
<td>1 Rylie Todd</td>
<td>JR</td>
<td>Northern Iowa</td>
<td>5-07.00</td>
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</table>

| 2 Josie Moreland | FR   | Northern Iowa        | 5-07.00 |

| 3 Jade Hunter    | SO   | Iowa                  | 5-05.00 |

| 4 Madeline Andelbradt | SO | Iowa               | 5-03.00 |

| 5 Chloe Largent  | FR   | Northern Iowa        | 5-03.00 |

| 6 Soren Maricle  | FR   | Northern Iowa        | 5-03.00 |

| 7 Karlee Zumstein | FR  | Western Illinois     | 5-01.00 |

| 8 Taylor Bailey  | SO   | Kansas City          | 5-01.00 |

| 9 Reese Hulcher  | FR   | Kansas               | 5-01.00 |

| 10 Mia Harris    | SO   | Western Illinois     | 4-11.00 |

-- Kamdyn Stanley | SO Iowa Western CC | NH |

| 1.45            | XXX |

## Women Pole Vault Premier

Facility: F 4.60m 2023 Bridget Williams, USA
Meet: M 4.05m 1/28/2017 Taylor Amann, Wisconsin
Track: T 4.60m 2032 Bridget Williams, USA
## Women Pole Vault Premier

<table>
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<th>Position</th>
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<tbody>
<tr>
<td>1</td>
<td>Mason Meinershagen</td>
<td>FR Kansas</td>
<td>4.18mM</td>
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<tr>
<td>2</td>
<td>Erica Ellis</td>
<td>Unat-Kansas</td>
<td>4.18mM</td>
<td>13-08.50</td>
</tr>
<tr>
<td>3</td>
<td>Gabby Hoke</td>
<td>JR Kansas</td>
<td>4.09mM</td>
<td>13-05-00</td>
</tr>
<tr>
<td>4</td>
<td>Kade Joslin</td>
<td>SO Kansas</td>
<td>3.90m</td>
<td>12-09-50</td>
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<tr>
<td>5</td>
<td>Emma Ponx</td>
<td>SO Western Illinois</td>
<td>3.75m</td>
<td>12-03-50</td>
</tr>
<tr>
<td>6</td>
<td>Gabby Hoke</td>
<td>JR Kansas</td>
<td>3.75m</td>
<td>12-05-00</td>
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<tr>
<td>7</td>
<td>Kade Joslin</td>
<td>SO Kansas</td>
<td>3.90m</td>
<td>12-09-50</td>
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<td>8</td>
<td>Dana Surwillo</td>
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<td>9</td>
<td>Colleen Johnson</td>
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## Women Long Jump Premier

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<tbody>
<tr>
<td>Aaliyah Lindsay</td>
<td>JR Kansas</td>
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<tr>
<td>Sakina Umar</td>
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<td>5.68m</td>
<td>18-07.75 2</td>
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<tr>
<td>Jaleesa McWashington</td>
<td>JR Kansas City</td>
<td>5.67m</td>
<td>18-07.25 2</td>
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<tr>
<td>Zofia Landowska</td>
<td>JR Drake</td>
<td>5.63m</td>
<td>18-05-75 1</td>
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<tr>
<td>Renee Raglin</td>
<td>SO Western Illinois</td>
<td>5.59m</td>
<td>18-04-25 2</td>
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<tr>
<td>Josey Dunbar</td>
<td>FR Northern Iowa</td>
<td>5.57m</td>
<td>18-03-25 2</td>
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<tr>
<td>Brenna Schwada</td>
<td>SO Kansas</td>
<td>5.56m</td>
<td>18-03-00 2</td>
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<tr>
<td>Katy Stephens</td>
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<td>5.46m</td>
<td>17-11-00 2</td>
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<tr>
<td>Mercy Honesty</td>
<td>FR Iowa Western CC</td>
<td>5.41m</td>
<td>17-09-00 2</td>
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### Footnotes:
- **PPP** and **XXX** indicate successful attempts.
- **FOUL** indicates a foul attempt.
- **NH** indicates no height recorded.

---

**Additional Information:**
- Facility: F 6.50m 1/18/2019
- Meet: M 6.24m 2/1/2020
- Track: T 6.50m 1/18/2019
Black & Gold Invitational - 1/26/2024 to 1/27/2024
Iowa Recreation Building
Results

....Women Long Jump Premier

<table>
<thead>
<tr>
<th>Rank</th>
<th>Name</th>
<th>Year</th>
<th>School</th>
<th>Distance</th>
<th>Score</th>
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<tbody>
<tr>
<td>10</td>
<td>Nakeita Kessling</td>
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<td>Western Illinois</td>
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<td>11</td>
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<td>SO</td>
<td>Iowa Western CC</td>
<td>5.31m</td>
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<tr>
<td>12</td>
<td>Bria Armstrong</td>
<td>JR</td>
<td>Unattached</td>
<td>5.09m</td>
<td>16-08.50</td>
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<td>13</td>
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<td>Northern Iowa</td>
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<td>15</td>
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<td>16</td>
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Women Triple Jump Premier

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<td>6</td>
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<td>10.59m</td>
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Facility: F 13.57m 1/28/2017  Jhoanmy Luque, Iowa State
Meet: M 13.57m 1/28/2017  Jhoanmy Luque, Iowa State
Track: T 13.57m 1/28/2017  Jhoanmy Luque, Iowa State

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### Women Shot Put Premier

<table>
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<th>School</th>
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<td>SO</td>
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### Women Weight Throw Premier

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**Facility:** F 19.12m 2023, **Daniel Thomas-Dodd, Jamica**  
**Meet:** M 16.54m 2/1/2020, **Laulauga Tausaga, Iowa**  
**Track:** T 19.12m 2032, **Daniel Thomas-Dodd, Jamica**
## Men 60 Meter Dash Premier

**8 Advance: Top 1 Each Heat plus Next 1 Best Times**

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## Men 60 Meter Dash Premier

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**Facility:** F 6.52 1/20/2018  Andre Ewers, Florida State  
**Meet:** M 6.65 2/1/2020  Courtney Lindsey, Iowa Central  
**Track:** T 6.52 1/20/2018  Andre Ewers, Florida State

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## Men 200 Meter Dash Premier

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**Facility:** F 20.60 1/12/2019  Kenny Bednarek, Indian Hills CC  
**Meet:** M 21.10 2/1/2020  Courtney Lindsey, Iowa Central  
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# Black & Gold Invitational - 1/26/2024 to 1/27/2024

## Iowa Recreation Building

### Results

#### Men 600 Meter Run Premier

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<th>Finals</th>
<th>H#</th>
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#### Men 800 Meter Run Premier

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<td>-- Ryo Higuchi</td>
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<td>-- Chase Knoche</td>
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<td>-- Joey Hartnett</td>
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....Men 800 Meter Run Premier
-- Mohammed Baghati          JR Western Illinois           SCR

Men 1 Mile Run Premier
-------------------------------------------------------------------
Facility: F 3:56.66  1/22/2022   Olin Hacker, Wisconsin
Meet: M 4:05.36  1/28/2017   Marc Scott, Tulsa
Track: T 3:56.66  1/22/2022   Olin Hacker, Wisconsin
Name                    Year School                  Finals  H#
-------------------------------------------------------------------
1 Geoffry Ronoh             FR Iowa Western CC        4:05.77   1
2 Tanner Talley             SO Kansas                 4:08.94   1
3 Ryo Higuchi              FR Kansas                4:11.04   1
4 Logan Lommel              SR Western Illinois       4:11.88   1
5 Luke Knapp                Unattached                4:12.12   1
6 Flynn Pumpa               FR Iowa Western CC        4:12.58   1
7 Joan Rocha-Navarro        JR Kansas City           4:12.94   1
8 Mohammed Kowa             SO Iowa Western CC        4:13.29   1
9 Hayden Kuhn              SO Iowa                  4:14.02   1
10 Ian Geisler               Unattached                4:15.83   1
11 Aidan King                JR Iowa                 4:16.28   1
12 Mohammed Baghati          JR Western Illinois       4:16.97   1
13 Victor Kemboi             FR Iowa Western CC        4:20.91   2
14 Kon Dut                   FR Northern Iowa         4:23.69   2
15 Isaiah Rabata             Unattached                4:23.75   2
16 Jack Beard                SO Kansas City           4:23.94   1
17 Brenden Heitzig           Unattached                4:24.89   2
18 Jayden Dickson            SO Northern Iowa         4:27.57   2
19 Magnus Herschbach         FR Iowa Western CC        4:28.23   2
20 Joel Solomon              FR Iowa Western CC        4:34.56   2
21 Ty Welty                   Unattached                4:40.50   2
-- Tiago Sabino             FR Iowa Western CC        DNF   2
-- Christian Choate          SR Unattached                DNS   2
-- Miles Wilson              Unattached                DNS   2
-- Jacinto Gaspar            SO Iowa Western CC        DNS   1
-- Jose Lara                 SO Iowa Western CC        DNS   2
-- Barnabas Ndiwa            FR Iowa Western CC        DNS   2
-- Nolan Meara               FR Truman                 SCR
-- Sean Hudspath             FR Western Illinois       SCR

Men 3000 Meter Run Premier
===================================================================
Facility: F 7:50.10  2023        Scott Beattie, Tulsa
Meet: M 8:08.04  1/28/2017   Jesse Reiser, Illinois
Track: T 7:50.10  2023        Scott Beattie, Tulsa
Name                    Year School                  Finals
===================================================================
1 Sawyer Schmidt            FR Kansas                8:29.68
2 Tyler Colvin              SO Northern Iowa         8:30.48
3 Aaron Fynaardt             Unattached                8:33.52
4 Andrew Smock              Unattached                8:33.63
5 Gabe Birkmeier            Kansas                  8:34.53
6 Luke Voelker              Unattached                8:37.33
7 Logan Beckmier            FR Western Illinois       8:44.00
8 Brady Griebel             JR Northern Iowa         8:45.23
9 Mackinon Mokoro           JR Kansas                8:53.08
## Men 3000 Meter Run Premier

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<td>Caleb Kass</td>
<td>FR Northern Iowa</td>
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<td>12</td>
<td>Nolan Meara</td>
<td>FR Truman</td>
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<td>Joey Hartnett</td>
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<td>Hudson Summerall</td>
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<td>Jose Lara</td>
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<td>David Preciado</td>
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<td>Patrick Heffernan</td>
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## Men 60 Meter Hurdles Premier

8 Advance: Top 1 Each Heat plus Next 6 Best Times

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<td>FR Drake</td>
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## Men 60 Meter Hurdles Premier

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<td>-- Alexander Jung</td>
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Men 4x400 Meter Relay Premier

Facility: F 3:06.79 2023  Unattached, Unattached
Meet: M 3:10.83  1/28/2017  Iowa, Iowa
Track: T 3:06.79  2023  Unattached, Unattached

School  Finals  H#
===================================================================
1 Kansas  'A'                                         3:12.06   2
  1) Tayton Klein SO                 2) Grant Lockwood SO
  3) Cameron Wilmington JR           4) Michael Joseph JR
2 Kansas  'B'                                         3:15.53   1
  1) Jameir Colbert SO               2) A J Green JR
  3) Josiah Parris FR                4) TJ Robinson JR
3 Northern Iowa  'A'                                  3:16.07   1
  1) Isaac Vaske JR                  2) Chase Knoche JR
4 Western Illinois  'A'                               3:23.34   2
  1) Jaiden Young FR                 2) Isaac Jones SO
  3) Logan Lommel SR                 4) Mohammed Baghati JR
5 Drake  'A'                                          3:23.83   1
  1) Kristian Lodholz FR             2) Hayden Cross SO
  3) Dylan DeAngelo JR               4) Dyer Jarabek SR
6 Northern Iowa  'B'                                  3:24.14   2
  1) Brody Lovell SO                 2) Deonte Dean SO
  3) Chase Lauman FR                 4) Karson Kleve JR
7 Iowa Western CC  'A'                                3:37.65   2
  1) Magnus Herschbach FR             2) Kyler Chappell FR
  3) Angelo Baez-Mahr FR             4) Paulo Torres FR
-- Unattached  'A'                                         DNF   1
-- Kansas City  'A'                                        DNF   1
  1) Logan Pratt SO                  2) Abdelrahim Mahgoub SR
  3) Arvesta Schine SO               4) Najee Simpson FR
-- Iowa  'A'                                               SCR

Men High Jump Premier

Facility: F 2.25m 1997  Staffan Strand, Minnesota
Meet: M 2.15m  1/26/2019  Daniel Armstrong, Marquette
Track: T 2.22m  1/12/2019  Zack Anderson, South Dakota

Name                    Year School                  Finals
==========================================================================
1 Devin Loudermilk       JR Kansas                   2.14m  7-00.25
  1.65 1.70 1.75 1.80 1.85 1.90 1.95 2.00 2.05 2.08 2.11 2.14 2.20
    PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP XXX
2 Mayson Conner          Unattached                 2.08m  6-09.75
  1.65 1.70 1.75 1.80 1.85 1.90 1.95 2.00 2.05 2.08 2.11 2.14
    PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP XXX
3 Paul Rowden            SO Iowa Western CC          2.00m  6-06.75
  1.65 1.70 1.75 1.80 1.85 1.90 1.95 2.00 2.05
    PPP PPP PPP PPP PPP PPP PPP PPP XXX
3 Zachary Biel           JR Kansas                   2.00m  6-06.75
  1.65 1.70 1.75 1.80 1.85 1.90 1.95 2.00 2.05
    PPP PPP PPP PPP XXX
5 Noah James             SO Iowa                     1.95m  6-04.75
  1.65 1.70 1.75 1.80 1.85 1.90 1.95 2.00
    PPP PPP PPP XXX
## Men High Jump Premier

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## Men Pole Vault Premier

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....Men Pole Vault Premier

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11 Jack Sauder  SO Unattached  4.31m  14-01.75
   3.41  3.56  3.71  3.86  4.01  4.16  4.31  4.46
   PPP  PPP  PPP  PPP  O  PPP  O  XXX

-- Preston Palermo  FR Iowa Western CC  NH
   3.41
   XXX

-- Brandon Calmese  FR Iowa Western CC  NH
   3.41
   XXX

-- Marcus Edan  SO Iowa Western CC  NH
   3.41
   XXX

-- Matthew Thomas  FR Western Illinois  DNS

Men Long Jump Premier
====================================================================================================
Facility: F 8.07m  1/19/2018  Damar Forbes, Puma
Meet: M 7.60m  2/1/2020  Shakwon Coke, Barton County CC
Track: T 8.07m  1/19/2018  Damar Forbes, Puma

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### Men Shot Put Premier

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### Men Weight Throw Premier

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