

IOWA WOMEN'S WRESTLING



UNIVERSITY OF IOWA
ATHLETIC COMMUNICATIONS
LEANDRA HARASTA
(714) 496-0186 (C)
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FEB. 23, 2024

SCHEDULE & RESULTS (16-0)

NOVEMBER	DATE	OPPONENT	TIME/RESULT
	4	at East Stroudsburg	W, 43-1
	5	at Princeton Open	6 Champions
	12	*Trailblazer Duals	11 a.m.
		#13 Presbyterian	W, 44-1
		#11 Lindenwood	W, 43-0
		#5 Sacred Heart	W, 40-4
	17-18	at Missouri Valley	6 Champions
DECEMBER			
	10	at North Central	3 Medalists
	17	at Desert Duals	All Day
		Adams State	W, 34-11
		#4 Colorado Mesa	W, 25-20
		#8 Simon Fraser	W, 24-23
	29-30	at Soldier Salute	5 Champions
JANUARY			
	5-6	NCWA National Duals	1st Place
		Adrian College	W, 49-1
		#7 Presbyterian	W, 39-4
		#3 King	W, 31-8
		#1 North Central	W, 21-20
	21	*Iowa Duals	1:30 p.m.
		Missouri Valley	W, 42-0
		Life University	W, 35-6
	26	Indiana Tech Duals	All Day
		Indiana Tech	W, 42-0
		Campbellsville	W, 42-2
	27	Indiana Tech Open	4 Champions
	31	at Sioux Falls	W, 39-7
FEBRUARY			
	23	! NCWWC Regionals	10 a.m.
MARCH			
	8-9	+ National Championships	TBA

All times Central and subject to change.
* Home dual
^ in Cedar Falls, Iowa
! in Indianola, Iowa (Simpson College)
+ in Cedar Rapids, Iowa

ON THE MAT

FRIDAY, FEB. 23
NCWWC REGION FIVE TOURNAMENT



EMPOWERED BY: **K12**

INDIANOLA, IOWA
COWLES FIELDHOUSE (3,000)

WRESTLING COVERAGE

SOCIAL MEDIA
Follow Iowa women's wrestling team on X (IowaW_Wrestling), Instagram (IowaWomensWrestling), and Facebook (Iowa Women's Wrestling).

FOLLOW ALONG LIVE
• The NCWWC Regional Tournament can be streamed live on Roku (\$), and followed live on trackwrestling.com.
• You can follow live results on X (@IowaW_Wrestling).

UNDEFEATED DUAL SEASON

The Hawkeyes finished their inaugural season going 16-0 in dual competition. They had nine wins over NCAA ranked teams and outscored their opponents 593-108 in dual competition. They had two shutout wins over No. 11 Lindenwood and Missouri Valley College. In their final dual in Carver-Hawkeye Arena this season, they defeated NAIA National Dual Champions Life University, 35-6.

TEAM RANKINGS

NWCA Coaches Poll (As of 2/6/24)

Rank	Team (First)	Pts.
1.	North Central	128
2.	Iowa	95
3.	King	88
4.	McKendree	59
5.	Colorado Mesa	43
6.	Simon Fraser	31
7.	Sacred Heart	16
7.	Lock Haven	15
9.	Aurora	14
10.	New Jersey City	13
11.	William Jewell	12
11.	Presbyterian	12
13.	Pacific	10
14.	Augsburg	9
15.	North Michigan	8
16.	Wartburg	6
16.	Tiffin	6
18.	UW-Stevens Point	5
19.	Schreiner	4
20.	East Stroudsburg	3
20.	Emmanuel	3
22.	Lindenwood	1
22.	Elmira	1
22.	Carthage	1

INDIVIDUAL RANKINGS

NAME (LBS.)	NWCA
Emilie Gonzalez (101)	1
Sterling Dias (101)	2
Ava Bayless (109)	2
Brianna Gonzalez (116)	3
Felicity Taylor (116)	4
Emily Frost (130)	9
Lilly Luft (136)	10
Reese Larramendy (143)	2
Ella Schmit (143)	4
Marlyne Deede (155)	1
Bella Mir (155)	9
Kylie Welker (170)	1
Haley Ward (170)	3
Jaycee Foeller (191)	3
Alivia White (191)	8

(As of Feb. 6, 2024)

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QUICK FACTS

School Information

Name: University of Iowa
Location: Iowa City, Iowa
Enrollment: 31,452
President: Barbara J. Wilson
Henry B. and Patricia B. Tippie Director of Athletics: Beth Goetz
Colors: Black & Gold (PMS 116)
Nickname: Hawkeyes
Mascot: Herky the Hawk
Conference: Big Ten
Facility (Capacity): Carver-Hawkeye Arena (14,847)

Team Information

Head Coach (Alma Mater): Clarissa Chun (University of Colorado-CO Springs)
Associate Head Coach: Gary Mayabb (Central Missouri)
Assistant Coach: Tonya Verbeek (Brock University)
Returning All-Americans: Felicity Taylor

Athletics Communications

Womens Wrestling Contact: Leandra Harasta
E-Mail Address: leandra-harasta@uiowa.edu
Mailing Address: S300 Carver-Hawkeye Arena, Iowa City, IA 52242
Web Site: hawkeyesports.com

PRONUNCIATION GUIDE

Anakya Besco An-i-KA
Alexandra Baudhein..... BOWD-win
Rose Cassioppi..... cass-EE-OH-pee
Marlynn Deede..... m-ARE-linn DEE-DEE
Sterling Dias..... DI-ahz
Nanea Estrella nuh-NAY-uh es-TRELL-a
Reese Larramendy laira-MEN-dy
Cali Leng L-AY-ng
Gary Mayabb..... may-ab
Bella Mir..... MEER
Emmily Patneaud..... PAT-node
Nyla Valencia..... va-LEN-cia
Tonya Verbeek..... veer-beak

QUALIFYING FOR NATIONALS

The Hawkeyes will head to Indianola, Iowa, to compete for a spot at the National Collegiate Women's Wrestling Championships in Cedar Rapids, Iowa.

The Region five tournament will be hosted by Simpson College, and competition will start at 10 a.m. in the Cowles Fieldhouse. The top four wrestlers will qualify for the NCWWC Nationals.

A GRAND WEEKEND

The Hawkeyes came home from the Grand View Open earlier this month with titles at 116 and 155 pounds. Senior Felicity Taylor went 4-0, downing Juliana Diaz in the finals via decision, 9-3. Sophomore Bella Mir followed going 5-0, taking the forfeit in her finals match.

PATNEAUD PUTS ON BLACK AND GOLD

- Double-transfer Emmily Patneaud removed her redshirt last weekend and made her Hawkeye debut.
- The senior picked up a dual win on Friday, and took fourth place on Saturday, earning a 5-2 record with three matches won via technical fall.

IOWA DOMINATES THE DUALS

- The NWCA released their first set of dual team rankings earlier this month, putting the Hawkeyes at No. 1 with 13 dual wins and 0 losses.
- Iowa holds this place after defeating top-seeded North Central College in the NWCA National Duals finals, becoming the 2024 National Duals Champions.

NEWCOMERS

- The Hawkeyes brought in 13 new signees to start the 2023-24 season; 4 transfers and 9 freshman.
- Introducing one transfer from Jamestown, Augsburg, and two from McKendree.
- Only one of the Hawkeye newcomers is an Iowa native, Freshman Lilly Luft. Luft comes from Charles City, ranking first nationally in her weight class.
- The other 9 freshman come from a wide range of hometowns, reaching from California all the

way to New Jersey.

NATIONAL CHAMPIONS

On January 6th, 2024, the University of Iowa women's wrestling team claimed the NWCA National Duals title at the UNI-Dome in Cedar Falls, Iowa. The Hawkeyes opened the tournament with a win over Adrian College, 49-1. They continued into the round of two defeating seventh-seeded Presbyterian, 39-4. In the semifinals, Iowa downed third-seeded King, 31-8, making it's way to the finals. There, the Hawkeyes faced reigning national champions and first-seeded North Central College. Iowa fought until the very end, winning the dual by one point, 21-20, and officially taking the title.

UP NEXT

The Hawkeyes will head to NCWWC Nationals in Cedar Rapids, Iowa March 8-9. Action inside of the Alliant Energy Powerhouse will begin at 11 a.m. on Friday and Saturday. More information on the tournament can be found at ncwwc.com

INTERNATIONAL HAWKEYES

Reese Larramendy
• 5th place at 2022 U20 World Championships

Felicity Taylor
• 5th place at 2023 U23 World Championships

Ella Schmit
• 5th place at 2023 Klippan Women's Open
• 2023 U20 Pan-American Champion

Bella Mir
• 5th place at 2023 U20 World Championships

Kylie Welker
• 2023 U20 Pan-American Champion
• 7th place at 2023 Pan-Am Games
• 4th place at 2024 Zagreb Open

Haley Ward
• 2023 U20 Pan-American Champion



CLARISSA CHUN
Head Coach
UC Colorado Springs, 2005

Clarissa Chun was named head coach of the University of Iowa women's wrestling team on Nov. 18, 2021. Chun is the first head coach in the history of the program. Iowa announced on Sept. 23, 2021, that it was adding women's wrestling as an intercollegiate program, becoming the first NCAA Division I, Power Five conference institution to offer the sport.

Chun joins the Iowa women's wrestling program from USA Wrestling, where she was an assistant coach on the women's national team from 2017-21. Working on staff with former Hawkeye national champion and women's national team head coach Terry Steiner, Chun helped lead the United States to 17 World medals, including seven gold, four silver and six bronzes, as well as an Olympic gold, Olympic silver and two Olympic bronzes.

In the United States' most recent showing at the 2021 World Championships in Oslo, Norway, the women's team won two gold, two silver and three bronze medals, a historic seven-medal performance that led Team USA to a second-place finish.

Prior to being hired at USA Wrestling, Chun was among the most accomplished athletes in international wrestling.

A two-time Olympian, she took fifth at the 2008 Beijing Games before earning a bronze medal at the 2012 London Games, competing at 48 kg. Chun wrestled at five Senior World Championships, which included a gold-medal performance at the 2008 Worlds in Tokyo. She also competed at the 2000, 2009, 2011 and 2012 World Championships.

During her career, Chun won five U.S. Open titles. She was a 2011 Pan American Games silver medalist and won four gold medals at the Pan American Championships. She was a runner-up at four U.S. World Team Trials and three U.S. Opens, in a career which spanned 18 years competing at the Senior level.

Chun competed for Missouri Valley College, where she was a star on one of the pioneer women's college wrestling team programs. She made the Senior Women's National Team while still a student at Missouri Valley.

After leaving college, Chun became a U.S. Olympic Training Center resident athlete for many years, but has also trained at Regional Training Centers on college campuses.

Chun has coaching experience at both the international and college levels. She was a member of the men's wrestling staff at West Virginia University, serving as the program's Operations Assistant while also training at the Regional Training Center.

Chun was inducted in the National Wrestling Hall of Fame as a Distinguished Member in June, 2022. She is one of only four females be-

stowed Distinguished Member honors. In 2018, Chun was inducted into the Missouri Valley College Hall of Fame, Hawaii Sports Hall of Fame, and Roosevelt High School Hall of Fame.

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Coaching Honors

- National Wrestling Hall of Fame Distinguished Member (2022)
- Missouri Valley College Hall of Fame Member (2018)
- Hawaii Sports Hall of Fame (2018)
- Roosevelt High School Hall of Fame (2018)