

G Y M N A S T I C S



CLUB





IOWA WOMEN'S GYMNASTICS

2023-24 MEDIA GUIDE

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2024 SCHEDULE

Jan. 12	Washington	6:30 PM
Jan. 22	at Minnesota	7:00 PM
Jan. 26	Southern Utah	6:30 PM
Jan. 28	at Michigan State	Noon
Feb. 4	Nebraska	1:00 PM
Feb. 9	at Rutgers	5:00 PM
Feb. 16	Ohio State	6:30 PM
Feb. 24	! at Big Five	3:30 PM
March 3	at Sacramento State	3:00 PM
March 8	at Iowa State	6:30 PM
March 16	Nashville	TBA
March 23	\$ at Big Ten Championships	TBA
Apr. 3-7	at NCAA Regionals	TBA

! Meet in University Park, Penn.

\$ in East Lansing, Michigan

All times Central and subject to change

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UNIVERSITY OF IOWA NONDISCRIMINATION STATEMENT

The University of Iowa prohibits discrimination in employment, educational programs, and activities on the basis of race, creed, color, religion, national origin, age, sex, pregnancy (including childbirth and related conditions), disability, genetic information, status as a U.S. veteran, service in the U.S. military, sexual orientation, gender identity, or associational preferences. The university also affirms its commitment to providing equal opportunities and equal access to university facilities. For additional information on nondiscrimination policies, contact the Office of Institutional Equity or visit the Diversity, Equity, and Inclusion website. To review the complete policy, please see the UI Operations Manual.



QUICK FACTS

2023-24 MEDIA GUIDE

UNIVERSITY OF IOWA INFORMATION

Location _____ Iowa City, Iowa
Enrollment _____ 31,206
Founded _____ 1847
Nickname _____ Hawkeyes
Colors _____ Black and Gold
Affiliation _____ NCAA Division I
Conference _____ Big Ten
President _____ Barbara J. Wilson
Interim Director of Athletics _____ Beth Goetz

2024 TEAM INFORMATION

Letterwinners Returning _____ 17
Newcomers _____ 5

COACHING STAFF

Head Coach _____ Larissa Libby/20th Season
Alma Mater _____ Louisiana State, 1996
Assistant Coach _____ Jessa Hansen Parker/4th Season
Alma Mater _____ University of Iowa, 2012
Assistant Coach _____ Quest Hayden/3rd Season
Alma Mater _____ Penn State, 2018
Assistant Coach _____ Rachel David/4th Season
Alma Mater _____ University of Iowa, 2020
Director, Operations _____ Ryan Ruckdaschel/3rd Season
Alma Mater _____ University of Iowa, 2019

2023 SEASON INFORMATION

Overall Record _____ 11-6-1
Big Ten Record _____ 6-2-1
Big Ten Championships Finish (Points) _____ 8th/196.125
NCAA Regional Championships Finish (Points) _____ 3rd/196.500

IOWA WOMEN'S GYMNASTICS HISTORY

All-Americans _____ 13
NCAA All-Americans (at NCAA Meet) _____ 6
NCAA Individual Champions _____ --
NCAA Regional Champions _____ 4
Big Ten Individual Champions _____ 19
Big Ten All-Around Champions _____ 2
Big Ten Team titles _____ 1

COMMUNICATIONS INFORMATION

Assistant SID _____ Leandra Jew
Email _____ leandra-jew@uiowa.edu
Office Phone _____ 319.335.9411
Cell Phone _____ 714.496.0186
Address _____ S300 CHA, Iowa City, IA, 52242
Women's Gymnastics Contact _____ Reagan Schoening
Email _____ reagan-schoening@uiowa.edu
Cell Phone _____ 563.742.0154

X _____ @IowaGymnastics
Facebook _____ /IowaGymnastics
Instagram _____ @IowaGymnastics
Website _____ www.hawkeyesports.com



IOWA WOMEN'S GYMNASTICS

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2023 ROSTER

Name	Pos.	Yr.	Hometown/High School (Last School)
Alex Bradford	UB, BB, FX	Jr.	Fairfield Township, Ohio/Ohio Connections Academy
Ella Castellanos	AA	Sr.	Cumming, GA/Long Island
Hanna Castillo	AA	So.	Boca Raton, Fl./Monarch
Avery Chambers	AA	So.	Lombard, Ill./ Glenbard East
Olivia Dylnicki	AA	Fr.	Rocky Point, NY/Rocky Point
Alexa Ebeling	BB,FX	Jr.	Adel,Iowa/ Adel DeSoto Minburn
Emily Erb	AA	So.	Flemington, N.J./Hunterdon Central Regio
Ilka Juk	AA	Jr.	Vancouver, Canada/Dr. Charles Best Secondary (Long Island University)
Alyse Karenbauer	AA	Fr.	Mercer, Penn./Grover City Area
Adeline Kenlin	AA	Sr.	Iowa City, Iowa/West Branch
Kendall Laplante	AA	Sr.	Seminole, Fla./Seminole
Bailey Libby	AA	So.	Iowa City, Iowa/ Iowa City West
Gianna Masella	AA	So.	Palm Harbor, Fla/Palm Halbor University
Karina Muñoz	AA	So.	East Brunswick, N.J./East Brunswick
Aubrey Nick	AA	Sr.	Wauconda, Ill./Wauconda
Marissa Rojas	AA	Jr.	Canton, Mich./Michigan Connections Academy
Haley Tyson	AA	Jr.	Aurora, Ill./Minnesota
Kaia Vanney	AA	So.	Redondo Beach, Calif./Redondo Union
Eva Volpe	AA	Fr.	Pearland, Texas/ Pearland
Katelyn Wiederspahn	AA	Fr.	Agoura Hills, Calif./Oak Park
Allison Zuhlke	V, UB, BB	Sr.	Waukesha, Wis./Lake Country Lutheran (Towson University)

COACHING STAFF

Head Coach: Larissa Libby (20th season, LSU, 1996)

Assistant Coach: Jessa Hansen Parker (4th season, University of Iowa, 2012)

Assistant Coach: Quest Hayden (3rd season, Penn State, 2018)

Assistant Coach: Rachel David (4th season, University of Iowa, 2020)

Director, Operations: Ryan Ruckdaschel (3rd season, University of Iowa, 2019)

Athletic Trainer: Juliana Perno

PRONUNCIATION GUIDE

Ella Castellanos	Cast-EL-anos
Hanna Castillo	Cast-E-yo
Alex Ebeling	Eeb-ling
Ilka Juk	ill-ka juck
Alyse Karenbauer	A-leese
Karina Muñoz	MOON-yose
Adeline Kenlin	Add-uh-line
Gianna Masella	MA-sil-uh
Marissa Rojas	Row-haws
Kaia Vanney	VAN-e
Allison Zuhlke	Zull-key

ROSTER BREAKDOWN

Class: Freshman (4), Sophomores (8), Juniors (4), Seniors (5)

State: Illinois (3), Iowa (3), Florida (3), California (2), New Jersey (2), Ohio (1), Georgia (1), New York (1), Pennsylvania (1), Michigan (1), Texas (1), Wisconsin (1), Canada (1)

IOWA WOMEN'S GYMNASTICS



PHOTO ROSTER

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Alex Bradford | Jr. | UB, BB, FX



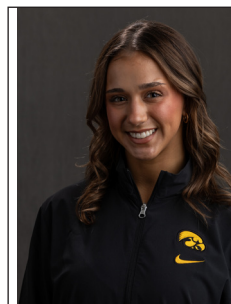
Ella Castellanos | Sr. | AA



Hanna Castillo | So. | AA



Avery Chambers | So. | AA



Olivia Dylnicki | Fr. | AA



Alexa Ebeling | Jr. | BB, FX



Emily Erb | So. | AA



Ilka Juk | Jr. | UB, BB, FX



Alyse Karenbauer | Fr. | AA



Adeline Kenlin | Sr. | AA



Kendall Laplante | Sr.



Bailey Libby | So. | AA



Gianna Masella | So. | AA



Karina Muñoz | So. | AA



Aubrey Nick | Sr. | AA



Marissa Rojas | Jr. | AA



Haley Tyson | Jr. | AA



Kaia Vanney | So. | AA



Eva Volpe | Fr. | AA



Katelyn Wiederspahn |
Fr. | AA



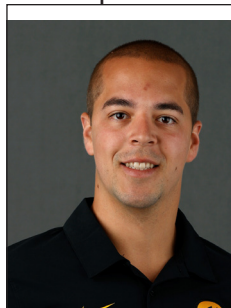
Allison Zuhlke | Jr. | V, UB, BB



Larissa Libby | Head Coach



Jessa Hansen Parker | Assistant Coach



Quest Hayden | Assistant Coach



Rachel David | Assistant Coach



Ryan Ruckdaschel | Director,
Operations



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HEAD COACH LARISSA LIBBY

Larissa Libby enters her 20th year as head coach, and 24th year overall, at the University of Iowa in the 2024 season.

During her tenure in Iowa City, the Hawkeyes have been a consistent top 25 team nationally, as she has led the program to 22 straight NCAA Regional appearances (individually or as a team). During the 2022 season, Libby led the Hawkeyes to the NCAA Regional Final and Adeline Kenlin to NCAA beam runner-up honors. It came on the heels of a 2021 season where Libby led Iowa to the Big Ten regular season title -- the first in program history.

The three-time Big Ten and two-time NCAA Regional Coach of the Year has coached 12 WCGA All-Americans and six first-team All-Americans at the NCAA Championships. Libby has coached 15 Big Ten champions, six NCAA Regional champions, 11 NCAA Championships qualifiers, while 56 student-athletes have earned All-Big Ten honors, including 27 first-team selections.

The Hawkeyes have also excelled in the classroom and has had a strong community presence under Libby's watch. Fifty-one student-athletes have been Academic All-Americans.

The Hawkeyes finished the 2023 season third in the Big Ten and ranked 26th nationally. Six GymHawks finished in the top-30 in the Big Ten Conference. Iowa qualified for NCAA Regionals for the 22nd straight time (either as a team or individually). Six different gymnasts won event titles in 2023 with senior JerQuavia Henderson winning 14.



The GymHawks posted the fifth best team score in school history with a 196.925 to finish in second at the Big Five meet on February 24. They posted the highest floor score of the season and the program's sixth-best score all-time with a 49.450 at the Wasatch Classic.

The GymHawks had four gymnasts earn Big Ten Weekly honors, which is the most in program history. Henderson led the way with two Big Ten Weekly honors earning specialist of the week on February 8 and 20. Junior Adeline Kenlin was named Gymnast of the Week on January 24 and freshman Karina Muñoz was named Freshman of the Week on March 12,

Henderson shared the Big Ten Championship floor title after scoring a 9.950 to earn her second Big Ten Floor Champion title in her career. She became the 19th Big Ten champion and ninth-floor champion in school history. She earned her third All-American honor of her career after being named to second-team on floor and became just the third Hawkeye to be a three-time All-American. Henderson also earned first-team All-Big Ten honors after winning 12 event titles and tallying 20 top-three finishes during the regular season. She tied her own school record on floor, posting a 9.975 over Minnesota, and has scored a 9.925 or higher seven times in the event. Henderson, who was named Big Ten Gymnast of the Week on Feb. 8 and 21, had a national qualifying score (NQS) of 9.940 on floor.

Kenlin earned her third straight All-Big Ten honors after being named to second-team. She had five event titles and 15 top-three finishes in the 2023 season. She has posted a 9.950 twice on beam, which is second-best in school history as well as ties for best in school history with a 9.975.

The Hawkeyes logged 45 scores of 9.900 or higher during the 2023 season. Henderson led the team with 16 9.900 or higher scores while eight other GymHawks had at least one, including Adeline Kenlin who finished with 14.

In 2022, the Hawkeyes posted five of the top eight scores in program history during the season, won the first session and finished third at the Big Ten Championships before knocking off No. 6 LSU in NCAA Regionals to advance to the NCAA Regional Final for the first time under the current format. The Hawkeyes scored a 197.075 in the Regional Final -- the second-highest score and just third 197 in program history.

Iowa finished the season ranked 15th nationally and the Hawkeyes climbed as high as No. 9 in the Road to Nationals poll during the regular season, which was the second-highest ranking in school history.

Kenlin earned an individual spot at the NCAA Championships on the balance beam after scoring a 9.950 in the NCAA Regionals. She then shined on the grand stage, posting a second 9.950 to finish as the event runner-up to Olympic Gold Medalist Suni Lee. Kenlin's finish was the highest by a Hawkeye all-time and was the highest beam score for the program at the NCAA meet. She earned first-team All-America honors at the NCAA Championships, becoming the sixth such All-American in program history.

The Hawkeyes also earned two WCGA All-America honors during the regular season, as Lauren Guerin and JerQuavia Henderson earned the distinction on floor. Iowa also had five gymnasts — Guerin, Clair Kaji, Bridget Killian,





Henderson and Kenlin — garner All-Big Ten honors, a figure that tied a school record set in 2017. Henderson was a first-team honoree for a second straight season, while Guerin and Kaji earned their fourth career honor.

During the Big Ten Championships, Guerin shared the floor title for a second straight season, becoming the 18th Big Ten champion and eighth floor champion in school history. Iowa was masterful on floor during the year as Guerin and Henderson both tied school records on the event with 9.975s and the team set a school record on floor, scoring a 49.650 in the comeback win over Penn State.

The Hawkeyes finished the year with 64 scores of 9.900 or higher during the season and nine different gymnasts won at least one event title.

Academically, the program shined with a program record 14 Academic All-Big Ten honorees. Twenty-two Hawkeyes earned Dean's List honors over the course of the fall and spring semesters and five gymnasts were President's List honorees.

Libby led the GymHawks to one of the best seasons in program history in 2021. Iowa finished the regular season with an 8-0 record to claim the first Big Ten title in program history. Iowa posted four of the top 10 scores in school history during the season, including a 197.050 — the second-best score all-time — at the NCAA Tuscaloosa Regional. The Hawkeyes also won the Big Five Meet in Ann Arbor, and finished tied for third at the Big Ten Championships.

Two Hawkeyes — Guerin and Henderson — shared Big Ten floor titles, making them the sixth and seventh Big Ten floor champions in school history and the first since 2004. Guerin, Henderson and Kaji were all named to the Big Ten All-Championships team.

Iowa climbed as high as No. 7 in the Road to Nationals rankings — the highest in program history — before finishing the year ranked 17th. Iowa was rated as the No. 1 floor team in the country for much of the year and the group finished fourth nationally. The GymHawks set the school record on floor, scoring a 49.600 in a tri-meet against Minnesota and Maryland on Feb. 13 in Carver-Hawkeye Arena.

Iowa's record-breaking season led to Libby earning Big Coach of the Year honors for the third time in her career and she coached four All-Big Ten selections, including first-teamers Kenlin, Kaji and Henderson. Kenlin also became the fourth Hawkeye all-time to earn Big Ten Freshman of the Year honors.

For the first time in school history, Iowa had three All-Americans in the same season as Guerin, Henderson and Kenlin all earned the distinction. Guerin was a first-team selection with a national qualifying score of 9.950 on floor. Henderson and Kenlin also tied school records — on floor and beam, respectively — as both athletes posted 9.975 scores (including one perfect 10.000) to tie records previously set in 2004 and 2002.

Iowa was honored early and often in 2021 as the program had a school-record nine Big Ten weekly honors. Kenlin was recognized four times, while Kaji (three) and Guerin (two) were multi-time honorees.

Academically, the Hawkeyes had 11 student-athletes earn Academic All-Big Ten honors, six were Big Ten Distinguished Scholars, and 21 earned Dean's List honors over the course of the fall and spring semester.

During the 2020 season, the Hawkeyes climbed as high as No. 25 in the national rankings before the season was cancelled because of the global coronavirus pandemic. Guerin earned second-team All-America and first-team





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All-Big Ten honors at season's end.

In 2019, Libby led the GymHawks to a No. 31 national ranking and Big Five session victory. Iowa defeated Arizona in the opening round of the Corvallis Regional behind a 49.200 floor score, but bowed out of the regional in the second round. An influx of young talent provided a spark for the team. Kaji garnered first-team All-Big Ten honors, while senior Nicole Chow and Guerin were second-team selections.

During the 2018 season, Libby led Iowa to its 18th NCAA Regional appearance with a No. 33 national ranking and a 13-win season. The GymHawks finished sixth at the NCAA Regional in Minneapolis with a total of 195.050. Iowa recorded a season-high 196.400 at the Big Ten Championships to finish fourth overall. Sophomore Charlotte Sullivan was named to the All-Championship Team for the first time in her career. During the regular season, Libby coached three GymHawks — Lanie Snyder, Nikki Youd, and Nicole Chow — to second-team All-Big Ten honors. In the classroom, Iowa had a record 11 gymnasts earn Academic All-Big Ten recognition.

In 2017, Libby was named the Big Ten Coach of the Year after leading the GymHawks to a No. 18 national ranking and an overall record of 25-11, with a conference mark of 13-5. At the Big Ten Championships, Iowa placed third after recording the best championship score in program history with a 196.725. Iowa qualified for the Champaign NCAA Regional, where it finished third with a score of 196.050. At the NCAA Regionals, the GymHawks set the school record on beam with a rotation score of 49.600 — shattering the previous record of 49.425.

Freshman Clair Kaji and senior Angel Metcalf finished on top of the podium in the event with season-bests of 9.950 to advance to the NCAA Championships. Metcalf competed in the all-around (39.3100), while Kaji appeared as a specialist on beam (9.8625).

Under Libby's guidance, the GymHawks compiled a vast list of awards

throughout the season. A record five gymnasts — seniors Mollie Drenth and Angel Metcalf, juniors Lanie Snyder and Melissa Zurawski, and Kaji — earned All-Big Ten honors. Drenth, Metcalf and Snyder were also named to the All-Championship Team. The Hawkeyes also had nine student-athletes named Academic All-Big Ten.

In 2016, Libby was named NCAA North Central Region Coach of the Year after coaching the GymHawks to one of the best seasons in program history with 10 wins and a No. 19 national ranking — the program's first top-20 ranking since 2011. The program was selected to host NCAA Regional competition in Iowa City.

Six GymHawks placed in the top 15 for individual events, leading Iowa to a fourth-place finish with a score of 195.450. Libby coached juniors Mollie Drenth and Angel Metcalf to All-Championship team. Drenth was selected to compete at the NCAA Championship as an individual, where she garnered All-America honors by placing third on beam with a score of 9.9125. Drenth was Iowa's first All-American since Alexis Maday in 2004.

At the Big Ten Championships, Libby coached the team to nine top-20 finishes and a fifth-place finish with a score of 195.875, and senior Alie Glover, Drenth, and Metcalf were named to the All-Big Ten Championship team for a second consecutive year. Six Hawkeyes earned Academic All-Big Ten honors. In 2015, the GymHawks qualified for NCAA Regionals, marking the program's seventh postseason berth in the last eight years. Five GymHawks placed in the top 15 for individual events, leading Iowa to a fifth place regional finish and a score of 194.475. Libby coached the GymHawks to a season high score of 196.500 at the Big Ten Championships — the team's best championship team result since 2010. Iowa's performance also marked the highest team score for the program at the Big Ten Championships since 2004.

Iowa was ranked in the top 25 for six consecutive weeks during the 2015 season. The GymHawks ended the season at No. 23, marking the program's first Top 25 ranking since 2012. Libby led sophomores Mollie Drenth and Angel



Metcalf, junior Alie Glover, and senior Sydney Hoerr, to earn spots on the All-Championship Team. Libby is also responsible for the only other gymnast named to the All-Championship Team (Emma Stevenson, 2012) in program history.

Libby coached Iowa to a 195.775-195.175 victory over in-state rival Iowa State inside Carver-Hawkeye Arena in the team's home finale. The win was the first over the Cyclones since March 8, 2013. Overall, the GymHawks collected eight conference wins, a seven-win improvement from the previous season. Libby coached senior Sydney Hoerr to second-team All-Big Ten honors for the second consecutive year and four student-athletes were Academic All-Big Ten selections.

In 2014, six Hawkeyes were selected for NCAA Regional competition. Sophomore Alie Glover, freshman Angel Metcalf, and junior Sydney Hoerr were selected as all-around competitors, while freshman Jordyn Doherty was chosen to compete on vault and freshman Mollie Drenth competed on floor. Sophomore Maryah Huntley was selected as the alternate behind Drenth on floor. Libby coached Hoerr to second-team All-Big Ten honors, while Hoerr, junior Caitlin Tanzer and sophomore Alie Glover earned Academic All-Big Ten honors.

Libby led Iowa to its sixth-consecutive NCAA postseason appearance, the seventh in her tenure, during her ninth year as head coach in 2013. The Hawkeyes finished sixth in the Norman Regional, posting 194.475. In the regular season, Iowa clinched the Cy-Hawk Series, defeating Iowa State with a season-best, 196.375-194.575. Iowa was the only Big Ten team to down Minnesota, the regular season Big Ten Co-Champions (195.725-195.550).

Under Libby's guidance, Iowa finished its 2013 homestand undefeated. The Hawkeyes recorded their highest-ever average home attendance (1,414), drawing a season-high 2,303 fans against Iowa State. Iowa found success in the classroom as four GymHawks received Academic All-Big Ten honors.

In 2012, the Hawkeyes finished the season ranked 26th nationally, the highest finish since 2004. Libby coached Tesla Cox to second-team All-Big Ten honors and Emma Stevenson to the Big Ten All-Championship Team. The Hawkeyes hosted the Big Ten Championships, drawing a season-high attendance figure of 1,661. Libby led the Hawkeyes to a fifth-consecutive NCAA postseason appearance, where the team posted a 194.600 to finish fifth at the Seattle Regional.

The Hawkeyes raised their streak to four-straight NCAA appearances in 2011 with a fifth place finish at the Corvallis Regional. The team placed sixth and posted an 11-6 record during the season. Libby coached three All-Big Ten selections in Rebecca Simbhudas, Houry Gebeshian, and Jessa Hansen. Simbhudas and Gebeshian also made individual appearances at the NCAA Championships as Simbhudas was named North Central Region Gymnast of the Year.

Libby led Iowa to a third place finish at the 2010 Big Ten Championships — its best finish in six years. On top of another NCAA Regional berth, Libby coached Houry Gebeshian to a Big Ten title on beam, just the second in program his-

tory. Gebeshian, Jessa Hansen, and Rebecca Simbhudas were selected to the All-Big Ten team. Additionally, Simbhudas qualified as an individual for the NCAA Championships and earned All-America honors on beam.

In 2009, Libby led her squad to a 10-5 record and was named North Central Region Coach of the Year. The Hawkeyes had two first-team All-Big Ten selections — Houry Gebeshian and Jenifer Simbhudas. In 2008, Libby coached the Hawkeyes to their first NCAA appearance since 2005 and a fifth place finish at the Big Ten Championships. She was selected as Big Ten Coach of the Year and Jenifer Simbhudas was a first-team All-Big Ten selection and a two-time Big Ten Gymnast of the Week. In the classroom, five GymHawks were named Academic All-Big Ten and seven were academic All-Americans.

In 2007, Libby led the Hawkeyes to a number of individual records. Katie Burke earned career-highs on vault, bars, floor, and in the all-around, ending a highly successful season with an NCAA Championship appearance. Kara Pinjuv, Jenifer Simbhudas, and Katie Turcotte all qualified to NCAA Regional competition. In addition to their NCAA success, Burke earned first-team All-Big Ten honors, while Pinjuv, Turcotte, and Simbhudas were second-team selections.

Libby took over as Iowa's head coach in June 2005. She led Iowa to NCAA Regional competition in 2005 and Liz Grajewski was a second-team All-Big Ten honoree. In 2006, three Hawkeyes competed at NCAA Regionals. Prior to taking over as head coach, Libby served as the program's associate head coach in 2004 and was an assistant from 2000-03 where she tutored Maday — an All-American and Big Ten Athlete and Big Ten Freshman of the Year.

Before joining the Hawkeyes, Libby served four years as the assistant women's coach at Louisiana State University, her alma mater. While at LSU, she produced nine beam All-Americans, the top-ranked beam team in 1999 and helped coach LSU to four consecutive NCAA Championship team appearances.

As a competitive gymnast in Canada, Libby burst onto the scene at age 11, quickly becoming a junior national champion and a senior national champion shortly after. A member of the 1987 and 1989 Canadian World Championship teams, Libby led the Canadian team to its best-ever sixth-place finish, placing 18th in the world in the all-around and becoming Canada's first ever world vault finalist. Along with world recognition, Libby was also a member of the Canadian Olympic team in 1988. She has earned over 30 international individual and event medals and was honored as the Canadian Gymnast of the Year in 1989 and 1990. In 2006, Libby was honored for her many national and international accomplishments. The Whitby Sports Council, the hometown where Libby began her outstanding career, selected Libby to be inducted into the Whitby Sports Hall of Fame, an honor bestowed on some of Canada's greatest athletes.

Originally from Pickering, Canada, Libby was a collegiate gymnast at Louisiana State. She was a four-year team captain and the Central Region bar champion in 1995. Libby graduated from LSU in 1996, with a bachelor of science degree in psychology and a minor in French. Her husband, Chad, is the program director of athletic training at Coe College. The couple has two daughters, Taylor and Bailey.



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ASSISTANT COACH JESSA HANSEN PARKER

University of Iowa graduate and former Gymhawk, Jessa Hansen Parker is in her fourth season as an assistant coach with the Iowa women's gymnastics program.

During her first three seasons with the Hawkeyes, Hansen Parker has coached an NCAA Championships runner-up, six WCGA All-Americans, one Big Ten Freshman of the Year and 11 All-Big Ten selections. The GymHawks ended two of the three seasons ranked in the top 20 nationally, including a No. 15 national ranking in 2022.

The Hawkeyes finished the 2023 season third in the Big Ten and ranked 26th nationally. Six GymHawks finished in the top-30 in the Big Ten Conference. Iowa qualified for NCAA Regionals for the 23rd straight time (either as a team or individually). Six different gymnasts won event titles in 2023 with senior JerQuavia Henderson winning 14.

The GymHawks posted the fifth best team score in school history with a 196.925 to finish in second at the Big Five meet on February 24. They posted the highest floor score of the season and the program's sixth-best score all-time with a 49.450 at the Wasatch Classic.

The GymHawks had four gymnasts earn Big Ten Weekly honors, which is the most in program history. Henderson led the way with two Big Ten Weekly honors earning specialist of the week on February 8 and 20. Junior Adeline Kenlin was named Gymnast of the Week on January 24 and freshman Karina Muñoz was named Freshman of the Week on March 12,

Henderson shared the Big Ten Championship floor title after scoring a 9.950 to earn her second Big Ten Floor Champion title in her career. She became the



19th Big Ten champion and ninth-floor champion in school history. She earned her third All-American honor of her career after being named to second-team on floor and became just the third Hawkeye to be a three-time All-American. Henderson also earned first-team All-Big Ten honors after winning 12 event titles and tallying 20 top-three finishes during the regular season. She tied her own school record on floor, posting a 9.975 over Minnesota, and has scored a 9.925 or higher seven times in the event. Henderson, who was named Big Ten Gymnast of the Week on Feb. 8 and 21, has a national qualifying score (NQS) of 9.940 on floor.

Kenlin earned her third straight All-Big Ten honors after being named to second-team. She had five event titles and 15 top-three finishes in the 2023 season. She has posted a 9.950 twice on beam, which is second-best in school history as well as ties for best in school history with a 9.975.

The Hawkeyes logged 45 scores of 9.900 or higher during the 2023 season. Henderson led the team with 16 9.900 or higher scores while eight other GymHawks had at least one, including Adeline Kenlin who finished with 14.

Hansen Parker's second season was a stellar follow-up to Year 1 as the GymHawks posted five of the top eight scores in program history during the season, won the first session and finished third at the Big Ten Championships before knocking off No. 6 LSU in NCAA Regionals to advance to the NCAA Regional Final for the first time under the current format. The Hawkeyes scored a 197.075 in the Regional Final — the second-highest score and just third 197 in program history.

Iowa finished the 2022 season ranked 15th nationally and the Hawkeyes climbed as high as No. 9 in the Road to Nationals poll during the regular season, which was the second-highest ranking in school history.

Sophomore Adeline Kenlin earned an individual spot at the NCAA Champion-





ships on the balance beam after scoring a 9.950 in the NCAA Regionals. She then shined on the grand stage, posting a second 9.950 to finish as the event runner-up. Kenlin's finish was the highest by a Hawkeye all-time and was the highest beam score for the program at the NCAA meet. She earned first-team All-America honors at the NCAA Championships, becoming the sixth such All-American in program history.

The Hawkeyes also earned two WCGA All-America honors during the regular season, as Lauren Guerin and JerQuavia Henderson earned the distinction on floor. Iowa also had five gymnasts — Guerin, Clair Kaji, Bridget Killian, Henderson and Kenlin — garner All-Big Ten honors, a figure that tied a school record set in 2017. Henderson was a first-team honoree for a second straight season, while Guerin and Kaji earned their fourth career honor.

During the Big Ten Championships, Guerin shared the floor title for a second straight season, becoming the 18th Big Ten champion and eighth floor champion in school history. Iowa was masterful on floor during the year as Guerin and Henderson both tied school records on the event with 9.975s and the team set a school record on floor, scoring a 49.650 in the comeback win over Penn State.

The Hawkeyes finished the year with 64 scores of 9.900 or higher during the season and nine different gymnasts won at least one event title.

Academically, the program shined with a program record 14 Academic All-Big Ten honorees. Twenty-two Hawkeyes earned Dean's List honors over the course of the fall and spring semesters and five gymnasts were President's List honorees.

Hansen Parker's first season on the coaching staff was one for the ages, as she helped lead the GymHawks to one of the best seasons in program history in 2021. Iowa finished the regular season with an 8-0 record to claim the first Big Ten title in program history. The team posted four of the top 10 scores in school history during the season, including a 197.050 — the second-best score all-time — at the NCAA Tuscaloosa Regional. The Hawkeyes also won the Big Five Meet in Ann Arbor, and finished tied for third at the Big Ten Championships.

Two Hawkeyes — Guerin and Henderson — shared Big Ten floor titles, making them the sixth and seventh Big Ten floor champions in school history and the first since 2004. Guerin, Henderson and Kaji were all named to the Big Ten All-Championships team.

Iowa climbed as high as No. 7 in the Road to Nationals rankings — the highest in program history — before finishing the year ranked 17th. Iowa was rated as the No. 1 floor team in the country for much of the year and the group finished fourth nationally. The GymHawks set the school record on floor, scoring a 49.600 in a tri-meet against Minnesota and Maryland on Feb. 13 in Carver-Hawkeye Arena.

Hansen Parker coached four All-Big Ten selections, including first-teamers Kenlin, Kaji and Henderson. Kenlin also became the fourth Hawkeye all-time to earn Big Ten Freshman of the Year honors.

For the first time in school history, Iowa had three All-Americans in the same season as Guerin, Henderson and Kenlin all earned the distinction. Guerin was a first-team selection with a national qualifying score of 9.950 on floor. Henderson and Kenlin also tied school records — on floor and beam, respectively — as both athletes posted 9.975 scores (including one perfect 10.000) to tie records previously set in 2004 and 2002.

Iowa was honored early and often in 2021 as the program had a school-record nine Big Ten weekly honors. Kenlin was recognized four times, while Kaji (three) and Guerin (two) were multi-time honorees.

Academically, the Hawkeyes had 11 student-athletes earn Academic All-Big Ten honors, six were Big Ten Distinguished Scholars, and 21 earned Dean's List honors over the course of the fall and spring semester.

Hansen Parker returned to Iowa City after serving four seasons as an assistant coach and recruiting coordinator at UC Davis. While with the Aggies, Hansen Parker was tabbed as the 2019 Assistant Coach of the Year by the Mountain Pacific Sports Federation (MPSF) and in the West Region by the Women's Collegiate Gymnastics Association.

During the 2019 season, Hansen Parker's beam crew finished with a national-qualifying score of 49.075 to rank 23rd nationally and the team posted two of the program's top six all-time beam scores. Seven of the program's top 10 beam scores (including the top four) and all five of the individual school-record 9.925s came under Hansen Parker's watch.

Hansen Parker coached three NCAA qualifiers and two MPSF balance beam champions — Alexis Brown (2018) and Katy Nogaki (2017) — during her UC Davis tenure. A total of 14 student-athletes garnered All-MPSF honors, including nine first team selections from 2017-20.

Prior to joining the UC Davis staff, Hansen Parker was a volunteer assistant coach for three seasons at California Berkeley. During that time, the Golden Bears finished 16th, 18th, and seventh nationally, culminating with a 2016 appearance at the NCAA Championships — just the second in program history.

She helped Alicia Asturias (2014) and Toni-Ann Williams (2015, 2016) to All-America honors, with Williams later becoming the first Cal gymnast to qualify for the Olympic Games.

Hansen Parker also served as a coach for the Emeryville-based Head Over Heels club during her time at Cal. Working with athletes of Levels 3-10, she helped guide teams and individuals to Junior Olympic state, region, and national championships.

Hansen Parker was a four-year letterwinner as a Gymhawk from 2008-12, earning two All-Big Ten, three Academic All-Big Ten, and two Big Ten Sportsmanship Award honors. She was also a NACGC Scholastic All-American from 2010-12, a Dean's List honoree from 2009-11, a Big Ten Distinguished Scholar, and was a part Iowa's Student-Athlete Advisory Committee from 2009-12.

Prior to her collegiate career, Hansen Parker was a teammate with 2008 Olympic gold medalist Shawn Johnson at Chow's Gymnastics, the same club that later produced Team USA members Gabby Douglas and Rachel Govey.

The Des Moines, Iowa, native graduated from the University of Iowa in 2012 with a bachelor's degree in journalism and mass communication and minors in studio art and sport studies. She and her husband, Bryan, were married in 2020. The couple has a son, Leo.



IOWA WOMEN'S GYMNASTICS

2023-24 MEDIA GUIDE

ASSISTANT COACH QUEST HAYDEN

Quest Hayden is in his third season as an assistant coach with the University of Iowa women's gymnastics program.

The Hawkeyes finished the 2023 season third in the Big Ten and ranked 26th nationally. Six GymHawks finished in the top-30 in the Big Ten Conference. Iowa qualified for NCAA Regionals for the 23rd straight time (either as a team or individually). Six different gymnasts won event titles in 2023 with senior JerQuavia Henderson winning 14.

The GymHawks posted the fifth best team score in school history with a 196.925 to finish in second at the Big Five meet on February 24. They posted the highest floor score of the season and the program's sixth-best score all-time with a 49.450 at the Wasatch Classic.

The GymHawks had four gymnasts earn Big Ten Weekly honors, which is the most in program history. Henderson led the way with two Big Ten Weekly honors earning specialist of the week on February 8 and 20. Junior Adeline Kenlin was named Gymnast of the Week on January 24 and freshman Karina Muñoz was named Freshman of the Week on March 12.

Henderson shared the Big Ten Championship floor title after scoring a 9.950 to earn her second Big Ten Floor Champion title in her career. She became the 19th Big Ten champion and ninth-floor champion in school history. She earned her third All-American honor of her career after being named to second-team on floor and became just the third Hawkeye to be a three-time All-American. Henderson also earned first-team All-Big Ten honors after winning 12 event titles and tallying 20 top-three finishes during the regular season. She tied her own school record on floor, posting a 9.975 over Minnesota, and has scored a 9.925 or higher seven times in the event. Henderson, who was named Big Ten Gymnast of the Week on Feb. 8 and 21, has a national qualifying score (NQS) of 9.940 on floor.



Kenlin earned her third straight All-Big Ten honors after being named to second-team. She had five event titles and 15 top-three finishes in the 2023 season. She has posted a 9.950 twice on beam, which is second-best in school history as well as ties for best in school history with a 9.975.

The Hawkeyes logged 45 scores of 9.900 or higher during the 2023 season. Henderson led the team with 16 9.900 or higher scores while eight other GymHawks had at least one, including Adeline Kenlin who finished with 14.

During his first season in Iowa City, Hayden coached the GymHawks to five of the top eight scores in program history during the season, won the first session and finished third at the Big Ten Championships before knocking off No. 6 LSU in NCAA Regionals to advance to the NCAA Regional Final for the first time under the current format. The Hawkeyes scored a 197.075 in the Regional Final — the second-highest score and just third 197 in program history.

Iowa finished the season ranked 15th nationally and the Hawkeyes climbed as high as No. 9 in the Road to Nationals poll during the regular season, which was the second-highest ranking in school history.

Sophomore Adeline Kenlin earned an individual spot at the NCAA Championships on the balance beam after scoring a 9.950 in the NCAA Regionals. She then shined on the grand stage, posting a second 9.950 to finish as the event runner-up to Olympic Gold Medalist Suni Lee. Kenlin's finish was the highest by a Hawkeye all-time and was the highest beam score for the program at the NCAA meet. She earned first-team All-America honors at the NCAA Championships, becoming the sixth such All-American in program history.

The Hawkeyes also earned two WCGA All-America honors during the regular season, as Lauren Guerin and JerQuavia Henderson earned the distinction on floor. Iowa also had five gymnasts — Guerin, Clair Kaji, Bridget Killian, Henderson and Kenlin — garner All-Big Ten honors, a figure that tied a school record set in 2017. Henderson was a first-team honoree for a second straight season, while Guerin and Kaji earned their





fourth career honor.

During the Big Ten Championships, Guerin shared the floor title for a second straight season, becoming the 18th Big Ten champion and eighth floor champion in school history. Iowa was masterful on floor during the year as Guerin and Henderson both tied school records on the event with 9.975s and the team set a school record on floor, scoring a 49.650 in the comeback win over Penn State.

The Hawkeyes finished the year with 64 scores of 9.900 or higher during the season and nine different gymnasts won at least one event title.

Academically, the program shined with a program record 14 Academic All-Big Ten honorees. Twenty-two Hawkeyes earned Dean's List honors over the course of the fall and spring semesters and five gymnasts were President's List honorees.

Hayden joined the Hawkeyes following stints at North Carolina, Michigan and Penn State. He spent the 2021 season at North Carolina, where he helped the Tar Heels to a No. 41 national ranking. Hayden coached Elizabeth Culton to All-America honors and to an EAGL bar and all-around title. Culton also represented the Tar Heels at the NCAA Athens Regional.

North Carolina opened the season with a school record score of 195.200 against New Hampshire and the program finished 39th nationally on the bars, moving up 11 spots from the 2021 season.

Prior to moving to Chapel Hill, Hayden served as a volunteer assistant at Michigan during the 2020 season. He was named the WCGA Northeast Regional Assistant Coach of the Year after helping the Wolverines to the 2020 Big Ten regular season title. The team posted the top two team scores in program history with a 197.950 at the Elevate the Stage meet in Toledo, Ohio, and a 197.900 at home against New Hampshire.

Hayden spent the 2018-19 season as a volunteer assistant coach at Penn State, helping the Nittany Lions to a 10-9 record and a fifth-place finish at the Big Ten Championships. He also worked for Centre Elite Gymnastics in State College, Pennsylvania, from 2016-19, helping coach bars and spotting on floor, while managing the strength and conditioning program.

Hayden was a member of the United States' 2013 Junior National Team. He competed collegiately at Penn State from 2015-18, where he earned a bachelor's degree in psychology. He was a team captain as a senior and competed on four events during the team's 2015 Big Ten Championship run.

Hayden and his wife, Kira, were married in June, 2022. They have a daughter, Aurora.



IOWA WOMEN'S GYMNASTICS

2023-24 MEDIA GUIDE

ASSISTANT COACH RACHEL DAVID

Rachel David is in her first season as an assistant coach with the University of Iowa women's gymnastics program. David has served as the volunteer assistant coach since 2020.

David was a part of the 2021 regular season Big Ten Championship staff and has helped the team to three straight NCAA regional appearances. Prior to being named the volunteer assistant, David was a student manager for the GymHawks from 2018-20.

A North Liberty, Iowa, native, David graduated from the University of Iowa in 2020 with a degree in sport and recreation management with a concentration in coaching and a minor in physical activity and exercise nutrition.

David previously served as a coach for the Iowa Gymnastics Academy from 2016-20, where she was also a club gymnast under Coach Libby prior to enrolling at the University of Iowa.



IOWA WOMEN'S GYMNASTICS



DIRECTOR OF OPERATIONS RYAN RUCKDASCHEL

2023-24 MEDIA GUIDE

Ryan Ruckdaschel is in his second season as director of operations for the University of Iowa women's gymnastics program. Ruckdaschel has been associated with the GymHawks since 2016.

During his first season on the coaching staff, the GymHawks posted five of the top eight scores in program history during the season, won the first session and finished third at the Big Ten Championships before knocking off No. 6 LSU in NCAA Regionals to advance to the NCAA Regional Final for the first time under the current format. The Hawkeyes scored a 197.075 in the Regional Final — the second-highest score and just third 197 in program history.

Ruckdaschel most recently served as a non-coaching graduate assistant from 2019-21. The GymHawks made history in 2021, winning the first Big Ten title in school history.

During his time in Iowa City, Ruckdaschel has managed and monitored social media accounts for the women's gymnastics program, reaching more than 35,000 followers. He has aided in the growth of the team's social platforms, including an increase of 16,000 Instagram followers.



He has also planned and operated camps, alumni gatherings, in-house events, team retreats, travel, community service, meet-day themes and promotions and on-campus appearances and engagements during his tenure.

Ruckdaschel also served as social media manager for the Iowa Athletics Department in 2019-20 and he was a promotions manager for the department from 2017-19. He joined the GymHawks in 2016 as a student manager, where he assisted in year-round efforts with the program.

The Iowa City, Iowa, native graduated from the University of Iowa with a degree in sport and recreation management in 2019. He also earned his master's degree in sport and recreation management in 2021.





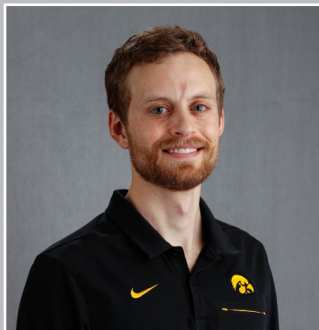
SUPPORT STAFF



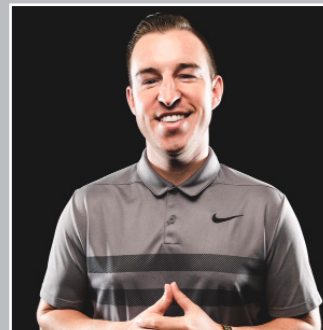
Lindsay Alexander
Strength & Conditioning/Nutrition



Leandra Jew
Athletic Communications



Brian Clarke
Marketing



Dalton Conrad
Video



Betsy Kern
Academics



Juliana Perno
Athletic Training



Marcus Wilson
Associate AD (Sport Supervisor)



Caleb Striegel
Event Management



Kevin Zihlman
Compliance



Reagan Schoening
Athletic Communications



Ella Castellanos
Senior / All-Around
Cumming, GA
Long Island
West Forsyth



2023 - Competed in four meets...Made her Hawkeye debut at Ohio State (1/22), competing on Bars...Posted a new season and career-high, 9.800, on Bars at Nebraska on Feb.6...Spring Dean's List... Letterwinner

At Long Island (2021 & 2022) —WGCA All-America Scholar Athlete in 2022... All-EAGL Scholastic Team honoree in 2021 and 2022... Dean's List from 2022-22... competed on bars, balance beam and floor... Had season-bests of 9.800 on bars (against Temple and Eastern Michigan/ Temple/Towson), 9.900 on beam (against North Carolina) and 9.800 on floor (against Eastern Michigan/Temple/Towson and Eastern Michigan/ George Washington and Kent State).

High School — High school coaches were Kara DiCesare and Ashley

Owen... Club coaches were Brad McLaren and Rachel Page.

Personal — Born May 19, 2002 in Cumming, Georgia... Daughter of Julie Castellanos... Has an older sister, Emma... Majoring in business marketing

CASTELLANOS CAREER BESTS

Vault: --

Bars: 9.800, 5x, last at Nebraska on 2/6/23

Beam: 9.900 vs. North Carolina *

Floor: 9.800, 2x, last on 2/6/22 *

All-Around: --

*While at Long Island





IOWA WOMEN'S GYMNASTICS

2023-24 MEDIA GUIDE

MEET THE HAWKEYES

Adeline Kenlin
Senior / All-Around
Iowa City, Iowa
West Branch High
School



Hawk Item – Two-time All-American... One of four multi-time All-Americans in program history... Tied for the school record on beam with a 9.975... also has the second-best score on beam in school history at 9.950... NCAA Runner-Up on beam in 2022

2023 Honors - Big Ten All-Championship Team... Big Ten Balance Beam Runner-up... Second Team All-Big Ten... Academic All-Big Ten... Big Ten Gymnast of the Week on Jan. 24... January Student Athlete of the Month
2023 - Competed in all 12 meets... Scored a career-best 9.925 three times on floor... Captured five individual event titles and 16 top-three finishes... Finished second on the team with most 9.900 or higher with 14... Tied for first on Bars (9.875) and balance beam (9.900) and finished third on floor (9.925) against Minnesota (1/27)... Scored a season-best 9.950 on balance beam (2nd place) and a 9.900 on bars (11th place) at the Big Ten Championships (3/18), tying for 11th overall and second overall... Scored six 9.800 or higher out of 10 meets on bars, scored seven 9.900 or higher and four 9.800 or higher on balance beam and scored six 9.900 or higher and four 9.800 or higher on floor... Tied for 23rd on balance beam in Road to Nationals final rankings... Ranked fourth on balance beam and tied for 16th on floor in Big Ten final rankings... 2023 Big Ten Gymnast to Watch

2022 Honors – First-team All-American at NCAA Championships... Second-Team All-Big Ten selection... Recipient of the "Best Play" Golden Herky Award... I-SAAS April Student-Athlete of the Month... Academic All-Big Ten. **2022** – Finished as the NCAA runner-up on beam at NCAA Championships (4/14) with a 9.950... it was the highest beam score by a Hawkeye at the NCAA Championships in program history... runner-up finish is the highest by a Hawkeye all-time... Is the sixth All-American in school history at NCAA Championships and second on beam... finished second to Olympic Gold medalist Suni Lee (9.965)... Advanced to NCAA Championships after scoring a 9.950 at NCAA Regionals, becoming the first Hawkeye to qualify for NAAs since 2017... Missed four meets because of injury... Won four event titles and posted eight top-three finishes during regular season... Scored 9.900 or higher on beam in nine of 10 competitions... Won beam (9.925) against Eastern Michigan (1/8), vault (9.850) and all-around (38.800) against Texas Woman's University

(1/14) and beam (9.900) at Iowa State (3/4)... Placed fourth on beam (9.900) at Big Ten Championships (3/19)... Tied for second on beam (9.950) and tied for fifth on vault (9.900) at NCAA Regionals (3/31)... Posted three 9.900s at NCAA Regional Final (4/2), tying for third on beam (9.900), tying for fourth on bars (9.900) and tying for eighth on floor (9.900)... Posted career bests on vault (9.850 at Minnesota/UCLA, 1/17), bars (9.900 at NCAA Regionals) and floor (9.900 at NCAA Regionals).

2021 Honors – WCGA second-team All-American, becoming first freshman to earn All-America distinction... Big Ten Freshman of the Year – the fourth Hawkeye to earn the distinction and first since 2001... first-team All-Big Ten selection... four-time Big Ten Freshman of the Week honoree (Jan. 25, Feb. 8, March 1, March 15). **2021** – Competed in all 11 meets, twice performing in the all-around... competed on bars in every meet... tied a school record on beam, last set in 2002, scoring a 9.975 at Nebraska on March 14... received a 10.000 from one judge en route to her career-best score... won her first career event title on rings with a 9.875 against Ohio State (1/23)... won the beam title in the road win at Illinois (1/31)... won the beam (9.950) title in the road win at Nebraska (2/20)... won on beam (9.925) and tied for second on vault (9.825) and bars (9.875) in the home finale against Illinois (3/6)... won the all-around (her first all-around of her career) with a career-best 39.500 and finished first on beam (9.975) in the road





MEET THE HAWKEYES

win at Nebraska (3/14) . . . placed fifth in all-around (39.325) at the Big Ten Championships (3/26) . . . tied a career-high on vault (9.850), bars (9.900) and floor (9.875) at NCAA Regionals (4/2) . . . bar performance helped team to third-best team score in school history.

High School — Named to the Junior U.S. National Team in 2017 . . . finished fourth in the all-around . . . won the all-around at the KPAC National Elite qualifier in 2016 with a 54.600 . . . placed in the top 10 in the all-around at the P&G Championships and was second on balance beam . . . was also fourth out of 33 gymnasts on the bars . . . qualified for P&G Championships in 2014, placing 27th overall and 18th on balance beam in junior division . . . finished ninth in all-around and fifth on balance beam at the 2013 Region 4 Championships . . . qualified to Level 9 Western Nationals, finishing seventh on beam and fifth on floor . . . qualified to HOPES pre-elite and won gold medals on uneven bars, beam, floor, and all-around at the 2013 U.S. Challenge . . . placed seventh in all-around, third on uneven bars, and second on balance beam at the 2012 state championships . . . qualified for regional championships where she was first on balance beam, floor, and all-around . . . placed first on the balance beam and second in all-around at 2011 state championships . . . made the Diamond TOPs National team in 2009 and the "A" TOPs National Team in 2010 and 2011 . . . received the Social Studies Medal of Honor in 2020 . . . trained at the Iowa Gym-Nest under Paige Roth and Mary Wise.

2023-24 MEDIA GUIDE

Personal — Born Aug. 3, 2002, in Guanxi, China . . . daughter of Sara Sanders and JR Kenlin . . . has three younger siblings, Kjirstin, Josephine, and Soren . . . mother is the Dean of the College of Liberal Arts and Sciences at St. Olaf College . . . aunt was a collegiate gymnast at Auburn . . . majoring in sport and recreation management.

KENLIN'S CAREER BESTS

Vault: 9.850, 6X, last at Minnesota/vs. UCLA, 1/17/22

Bars: 9.900, 6x, last at Big Ten Championships, 3/18/23

Beam: 9.975 at Nebraska, 3/14/21

Floor: 9.900, 3x, last at Michigan State, 2/11/23

All-Around: 39.500 at Nebraska, 3/14/21





IOWA WOMEN'S GYMNASTICS

2023-24 MEDIA GUIDE

MEET THE HAWKEYES

Kendall Laplante
Senior / All-Around
Seminole, Fla.
Seminole High School



2023 Honors - Academic All-Big Ten.. Made Falls Deans List. **2023** - Competed in nine events, missing rest of season due to injury...Scored a career-high 9.900 on bars at Ohio State (1/22), placing third overall...Ties for 15th best in program history on uneven bars (9.900)...Scored season-best 9.825 twice on vault, one verse Minnesota (1/27) and one at Big Five (2/24)... Scored 9.800 or higher six times on either vault or bars...Tied for fifth place at Rutgers (2/18), scoring a 9.750 on vault.

2022 Honors – Academic All-Big Ten. **2022** – Competed in 12 meets on vault... Scored 9.800 or higher in four of her final five meets... Had a career-best vault at the Big Ten Championships (3/19), scoring a 9.850 to tie for 16th

2021 – Competed in three events. . . scored a career-best 9.750 in her debut at Minnesota (1/15).

High School — Two-time Florida State Beam Champion (2017, 2019) . . . also was the Florida State Vault Champion in 2017 . . . two-time Regional and National qualifier (2017, 2019) . . . won all five events at Delta Classic in 2020, won floor and tied for first on vault at 2020 City of Lights, won four events at 2019 Pink Invitational . . . posted four top 10 finishes at Nationals in 2019 (tied for third in all-around (37.825), fifth on beam (9.475), tied for ninth on vault (9.5), and 10th in floor (9.475) . . . finished in top six at state in five events in 2019 . . . first (beam), second (vault, floor), third (all-around), sixth (bars) . . . won beam at 2017 regionals, was second on vault, fourth on floor, and tied for sixth in all-around . . . also was a Florida diving and swimming state qualifier in 2017 . . . National Honor Society, PTK National Honor Society, and finished 2019 & 2020 Top 10 Percent of graduating class . . . member of Senior Student Government in 2020 . . . club coaches were Brad Harris and Diane Amos.

Personal — Born Oct. 7, 2002, in Clearwater, Florida . . . daughter of Michael and Michelle Laplante . . . mother was a collegiate swimmer at South Florida . . . has two older brothers, Logan and Garrett . . . human physiology major.

LAPLANTE'S CAREER BESTS

Vault: 9.850 at Big Ten Championships on 3/19/22

Bars: 9.900 at Ohio State on 1/22/23

Beam: --

Floor: --

All-Around: --





MEET THE HAWKEYES

Aubrey Nick
Senior / All-Around
Wauconda, Ill.
Wauconda High School



2023 Honors - Big Ten Sportsmanship Award... Academic All-Big Ten. **2023** - Competed in 11 of 12 meets...Scored career-bests on bars (9.750) and beam (9.900) at Super 16 (1/7), tying for second place on beam...Placed in the top-three five times on balance beam...Scored 9.825 twice on floor, setting a new career best. Scored a 9.800 or higher seven times on balance beam...Ties for 10th best in program history on balance beam (9.900)...Ranked 20th on balance beam in Big Ten's final rankings.

2022 Honors — Academic All-Big Ten... Named to Dean's List during spring semester. **2022** — Competed in nine meets on beam... Tied a career-best, scoring a 9.825 to place third in the dual meet against Texas Woman's.

2023-24 MEDIA GUIDE

2021 — Competed in all 11 meets on beam... scored a career-high 9.825 twice and scored 9.800 or higher four times... her first 9.825 came in the tri-meet against Maryland/Minnesota (2/13)... second came in the road win at Illinois (3/6).

High School — Qualified for Nationals in 2018 and 2019.

Personal — Born Sept. 9, 2001... daughter of Bill and Christa Nick... has four siblings, Tayler, Madison, Eddy, and Ellary... majoring in health and human physiology.

NICK'S CAREER BESTS

Vault: --

Bars: 9.750 at Super 16 on 1/7/23

Beam: 9.900 at Super 16 on 1/7/23

Floor: 9.825, 2x, last at Southern Utah on 3/10/23

All-Around: --





IOWA WOMEN'S GYMNASTICS

2023-24 MEDIA GUIDE

MEET THE HAWKEYES

Allison Zuhlke
Senior / Vault/Bars/
Beam
Waukesha, Wis.
Towson University
Lake Country Lutheran
High School



2023 Honors - WCGA Scholastic

All-American...Made Fall and Spring Dean's List...Academic All-Big Ten.

2023 - Competed in all 12 meets...Scored Career-best 9.900 on vault at Big Five (2/24), tying for third place...Posted 9.875 twice on balance beam to earn a new career best...Scored a 9.800 or higher nine times on vault, seven times on bars and four times on balance beam...Finished first on balance beam to earn her only event title of the season, tied for third place on vault and tied for eighth on bars against Iowa State (3/4)...Finished in the top-three five times this season...Ranked 26th on vault in Big Ten's final rankings.

2022 Honors — WCGA Scholastic All-American... Named to Dean's List during fall semester. **2022** — Competed in 10 meets... Posted seven 9.800 or higher scores on vault... Posted a career-best vault of 9.875 at Iowa State (3/4) and at NCAA Regionals (3/31)... also had season-highs of 9.825 on bars in NCAA Regional and NCAA Regional Finals.

At Towson (2021) — 2021 EAGL Rookie of the Year... first-team All-EAGL on bars and second-team All-EAGL on beam... at the EAGL Championships, she made second-team All-Tournament on bars and was named to the EAGL All-Scholastic Team... twice earned Rookie of the Week honors and consistently competed for the Tigers on bars, beam and vault... made NCAA history by debuting her namesake vault and posted a top-10 program score of 9.900 on bars... named to the Dean's List during the fall and spring semesters... WCGA Academic All-America honoree and All-Scholastic team selection.

High School — Qualified to Junior Olympic Nationals three times... has two vaults named after her after competing at J.O. Nationals... finished first at 2018 state meet on beam with a 9.400... placed fourth on floor at J.O. Nationals with a 9.575... named to the National Honors Society... Honor Roll member... competed for Salto Gymnastics under Vitali Rudnitski, Kristen Kremer, Brittany Solberg and Juliet Holden.

Personal — Born June 24, 2002, in Oconomowoc, Wisconsin... has two siblings, Mia and Adam... pre-occupational therapy/recreational therapy major.

ZUHLKE'S CAREER BESTS

Vault: 9.900 at Big Five on 2/24/23

Bars: 9.900 LIU/New Hampshire/Pittsburgh, 2/26/21

Beam: 9.875, 2x, last vs. Iowa State on 3/4/23

Floor: --

All-Around: --



IOWA WOMEN'S GYMNASTICS



MEET THE HAWKEYES

Alex Bradford

Junior / Bars/Beam/Floor
Fairfield Township, Ohio
Ohio Connections Academy

2023 Honors — Academic All-Big Ten...Spring Dean's List...Did not compete.

2022 Honors — WCGA Scholastic All-American...Named to Dean's List during both fall and spring semesters.. Did not compete.

High School — Competed at 2021 USA Gymnastics Development Program National Championships... 2021 Region 5 National qualifier... placed fifth on floor (9.475), eighth on bars (9.3) and had a 9.2 on beam at 2021 Regionals... won beam and finished second on bars at 2020 Circle of Stars... Level 9 Regional qualifier in 2017... was first on floor and fourth on beam at 2017 Ohio State Championships... competed at Cincinnati Gymnastics Academy... coached by Rachael Gardner, Devin Wright and Cassie Sheets.

Personal — Born May 2, 2003... daughter of Brian and Stephanie Bradford... has three siblings, Derek, Devon and Caitlin... majoring in nursing.



2023-24 MEDIA GUIDE

Alexa Ebeling

Junior / Beam/Floor
Adel, Iowa
Adel DeSoto Minburn High School

2023 Honors - Academic All-Big Ten... Made Fall and Spring Deans List. **2023** - Competed in 11 meets...Scored a career-best 9.850 on balance beam at Super 16 (1/7), tying for seventh place...Scored three 9.800 or higher on balance beam.

2022 Honors — WCGA Scholastic All-American... Named to Dean's List during both fall and spring semesters. **2022** — Made her Hawkeye debut at California (3/13), competing on beam and scoring a 9.700.

High School — 2019 National qualifier... was runner-up in the all-around at Chow's Challenge with a 37.4... named Chow Gymnastics' Athlete of the Year as a sophomore... personal bests are: floor exercise (9.7), vault (9.525), balance beam (9.65), uneven bars (9.25), all-around (37.4)... high school coach is former Hawkeye Rebecca Simbhudas and Sean Gardner.

Personal — Born Sept. 7, 2002... daughter of Pete and Julie Ebeling... has an older sister, Sydney... majoring in communications.



EBELING'S CAREER BESTS

Beam: 9.850 at Super 16 on 1/7/23





IOWA WOMEN'S GYMNASTICS

2023-24 MEDIA GUIDE

MEET THE HAWKEYES

Ilka Juk

Junior / All-Around

Vancouver, B.C., Canada

Long Island University

Dr. Charles Best Second-ary



At Long Island (2023)- Qualified for NCAA Regional at UCLA in beam...

All-EAGL beam first team...WCGA

All-America Scholar-Athlete...All-EAGL Scholastic Team...Set the school record on beam with a 9.975 against Pitt on March 10...Top scorer in balance beam (9.775) in season-opening victory vs. Yale on Jan. 8.

At Long Island (2022) - Set school record on beam (9.925)...Second-team all-EAGL in beam...WCGA All-America Scholar-Athlete

Background:

Five-time national team member between Canada and Hungary...2016 British Columbia athlete of year...Six-time provincial champion between British Columbia and Alberta.

Personal - Born September 21, 2003...Daughter of Zita Szilagyi...Has one brother, Tamàs

JUK'S CAREER BESTS

Vault: 9.775 vs. Brown, West Chester, Yale on 1/9/22*

Bars: 9.875 vs. NC State/Temple on 2/26/23*

Beam: 9.975 vs. Pitt on 3/10/23*

Floor: --

All-Around: --

*From LIU





MEET THE HAWKEYES

2023-24 MEDIA GUIDE

Marissa Rojas
Junior / All-Around
Canton, Mich.
Michigan Connections
Academy



2023 Honors - Made Spring Dean's List... Academic All-Big Ten **2023** - Competed in 11 of 12 meets... Scored a career-best 9.825 on bars at Rutgers (2/18), tying for ninth place... Scored a season-high 9.900 on balance beam against Iowa State (3/4), tying for fifth place... Placed second on bars scoring a 9.800 and tying for sixth on balance beam after posting a 9.825 against Michigan State (2/11)... Scored seven 9.800 or higher on balance beam and had four 9.800 or higher on bars.

2022 Honors — Big Ten Freshman of the Week on Jan. 25... WCGA Scholastic All-American... Named to Dean's List during both fall and spring semesters. **2022**— Competed in all but three meets during the regular season... Won beam title at Michigan State (1/22), scoring a career-best 9.925... Tied for fourth on floor at Rutgers (2/11), scoring a season-best 9.875... Tied for third on bars at Iowa State (3/4) with a 9.750... Had a season-best 9.800 on bars at NCAA Regional Final (4/2).

High School — Two-time regional and national qualifier... placed eighth in all-around at nationals in 2021, finishing with a 38.375... finished second on floor at 2021 regionals (9.6) and posted four top-three finishes at state, placing second on bars (9.6) and vault (9.6) and third in all-around (37.850) and beam (9.4)... competed at the 2021 Women's Development Program National Championships, placing seventh on bars (9.700) ninth on beam (9.475) and eighth in all-around (38.375)... finished fifth in all-around at Region 5 Regional Championships, tying for second on floor (9.600), fifth on bars (9.525), tied for sixth on vault (9.450) and seventh on beam (9.250)... won the all-around at the MAG Classic in Motown... has won eight all-around titles since 2014... career bests including 9.6 (floor), 9.75 (vault), 9.65 (beam), 9.75 (bars) and 38.375 (all-around)... club team was Michigan Academy of Gymnastics... National Honor Society... coaches were Kamilia Gotcheva and Stoytcho Gotchev.

Personal — Born April 28, 2003... daughter of Ricardo and Claudia Rojas... has two siblings, Hannah and Ricky... majoring in exercise science.

ROJAS' CAREER BESTS

Vault: 9.675 Vs. Eastern Michigan, 1/8/22

Bars: 9.850 at Big Ten Championships on 3/18/23

Beam: 9.925 at Michigan State, 1/22/22

Floor: 9.875 at Rutgers/vs. Kent State/ vs. Ursinus, 2/11/22

All-Around: --





IOWA WOMEN'S GYMNASTICS

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MEET THE HAWKEYES

Haley Tyson
Junior / All-Around
Aurora, ILL.
Minnesota,
Michigan Connections
Academy High School



2023 - Did not compete

2021-22 at Minnesota — Set career
best on balance beam (9.825)

High School — Four times national qualifier... Two-time national team member.. Two time Regional and state all-around champion... Was the first all-around in her home state of Illinois and a 2018 JO National Floor Champion... 2019 State Champion on vault, bars and floor... 2019 Regional vault and all-around champion.

Personal — Born on October 30th, 2002... Daughter of Kristinn and Steve Tyson... Club coaches were Marco Bravo, Jessica Holtz, and Jamie Mammenga... Anticipated major is radiation science.





Hanna Castillo
Sophomore / All-Around
Boca Raton, Fla.
Monarch High School



2023 - Competed in eight meets... Made her Hawkeye debut at Nebraska (2/6) on floor and scoring a 9.825.. Scored a career-best 9.825 on vault at Southern Utah (3/10), tying for seventh place...Scored a career-best 9.925 on floor verse Michigan State (2/11), tying for second place...Ties for 12th-best floor score in program history (9.925)...Scored a 9.800 or higher in her eight floor events that she competed in.

High School — 2022 Region 8 Championships: second vault, tied for second on beam, and fourth all-around... 2022 Level FL State Championship: second vault, tied for second on beam, fourth all-around, seventh on bars, and finished tenth on beam... 2022 Tim Rand Invite: tied for fifth on vault, seventh bars, eight on all-around, ninth on beam, and tied for tenth on floor... 2022 Magical Classic: vault champion, second on all-around, third on bars, fourth on floor, and finished sixth on beam... 2022 Sun & Surf Spectacular: vault champion, third on floor & all-around, tied for third on beam, and finished fourth on bars... 2021 Florida State Champion on vault and beam... Champion on beam at

2021 Regionals, scoring a 9.5... Vault runner-up at 2021 Regionals... Vault and all-around champion at 2021 Sand Dollar Competition... 2021 Tim Rand vault champion... 2020 beam champion at Elevate the Stage.

Personal — Born March 22, 2004... Daughter of Luis and Ana Castillo... Has two siblings, Daniela, and Grayson... Club coaches were Christina Ramirez and Gary Anderson... Anticipated major is criminology.

CASTILLO'S CAREER BESTS

Vault: 9.825 at Southern Utah on 3/10/23

Bars: --

Beam: --

Floor: 9.925 vs. Michigan State on 2/11/23

All-Around: --





IOWA WOMEN'S GYMNASTICS

2023-24 MEDIA GUIDE

MEET THE HAWKEYES

Avery Chambers **Sophomore / All-Around** **Lombard ILL.** **Glenbard East**

2023 Honors - Made Fall Dean's List.
2023 - Competed in four meets...Made her Hawkeye Debut (2/6), competing on vault...Scored a career-high 9.825 on vault at Southern Utah (3/10), tying for seventh place.

High School — Personal bests are vault (9.8), uneven bars (9.425), balance beam (9.475), and floor exercise (9.550)... Placed fifth in all-around at regionals... JO national qualifier... Graduated with honors... National Honor Society Member.

Personal — Born on September 9th, 2003... Daughter of Michael and Kerri Chambers... Has two siblings, Nolan and Brynn... Anticipated major is human physiology.

CHAMBERS' CAREER BESTS

Vault: 9.825 at Southern Utah on 3/10/23



Emily Erb **Sophomore / All-Around** **Flemington, N.J.** **Hunterdon Central** **Regional**

2023 Honors - Made Fall Dean's List.
2023 - Made her Hawkeye debut at NCAA Regionals (3/30) on floor and scoring a 9.775...Scored a career-best 9.775 on floor at NCAA Regionals (3/30).

High School — 2022 national qualifier for beam and floor... Runner-up on Beam at 2022 Region 7 Regionals... 2022 NJ State Floor Runner-Up... 2021 NJ State Floor Champion... Third place finish on all-around at 2021 NJ State... Honor roll student from 2020-2022.

Personal — Born April 7, 2004... Daughter of Eileen and Lester Erb... Has three siblings, Jacob, Sarah, and Aaron... Father played football at Bucknell University and brother Jacob plays football at Susquehanna University... Club coaches were Ann and Valdi Kolasa... Anticipated major is exercise science.

ERB'S CAREER BESTS

Floor: 9.775 at NCAA Regionals on 3/30/23





Bailey Libby
Sophomore / All-Around
Iowa City, Iowa
Iowa City West



2023 - Competed in all 12 meets on floor. Scored a 9.800 or higher on floor in 11 out of 12 meets...Made her Hawkeye debut at Super 16 (1/7), scoring a 9.825 to tie for 10th place...Scored a career-best 9.875 at Big Fives (2/24), tying for sixth place. Placed in the top 10 eight times...Tied for fifth place verse Iowa State (3/4), scoring a 9.825.

High School — 2021 State meet: placed third on floor, fourth in all-around, fifth on vault, sixth on beam, and seventh on bars... 2021 Regionals: finished third on floor, eighth on beam, ninth on vault, eleventh on all-around, and placed twelfth on bars.

Personal — Born on April 29, 2004... Daughter of Chad and Larissa Libby... Mother is Iowa's head gymnastics coach and was a gymnast at Louisiana State University and father ran track at Morningside College.. Has one sibling named Taylor who played softball at the University of Iowa and the University of Northern Colorado... Anticipated major is human physiology.

LIBBY'S CAREER BESTS

Floor: 9.875at Big Five on 2/24/23





IOWA WOMEN'S GYMNASTICS

2023-24 MEDIA GUIDE

MEET THE HAWKEYES

Gianna Masella
Sophomore / All-Around
Palm Harbor, Fla.
Palm Harbor University



2023 Honors - WCGA Scholastic All-American...Made Fall and Spring Dean's List. **2023** - Competed in 10 meets. Earned one vault title and placed in the top three five times...Scored a 9.800 or higher seven times on either vault or bars...Made her Hawkeye debut at Super 16 (1/7), competing in vault, bars, and floor...Scored a career-high 9.900 on vault twice. One against Michigan State (2/11), tying for third and one at Southern Utah (3/10), tying for first...Scored a career-high 9.850 on bars at Big Ten Championships (3/18)...Placed in the top three in two events against Iowa State (3/4). Tied for third on vault after scoring a 9.800 and tied for third on bars after posting a 9.825.

High School — 2022 Purple and Gold Classic: bars, beam & all-around champion, second on vault, and finished fifth on floor... 2022 Charity Choice Invitational: vault, bars & all-around champion, second on floor, and finished fourth on beam... 2022 Daytona Beach Open: floor & all-around champion and finished second on vault, bars, and beam... 2022 Nashville Nights: bars, beam & all-around champion and placed second

on vault & floor... 2021 Junior Olympics Nationals: ninth on all-around, vault, and bars... 2021 Level 10 Regionals: all-around champion, finished second on vault and beam, and placed third on bars... 2021 Level 10 FL State: second on bars & beam, third on all-around, and finished third on vault... 2019 Level 10 Regionals: fourth on bars, eleventh on all-around, and placed eight on vault... 2019 Level 10 FL State: sixth on all-around and finished seventh on floor

2018 Level 9 regionals: third on vault, sixth on beam, and finished eighth on all-around... 2018 Level 9 FL State: vault champion, third on bars, fourth on floor, and finished fifth on all-around... 2017 Level 8 Regionals: second on floor and placed third on all-around & beam... 2017 Level 8 FL State: second on bars & beam and finished third on all-around

Personal — Born January 30, 2004... Daughter of Maryann Masella Furman and Micheal Masella... Has three siblings, Gabriel, Ava, and Dante... High school coaches were Brad Harris, Diane Amos, and Jesse Rappaport... Anticipated major is pre-dentistry.

MASELLA'S CAREER BESTS

Vault: 9.900 at Southern Utah on 3/10/23

Bars: 9.850 at B1G Championships on 3/18/23

Beam: --

Floor: --





Karina Muñoz
Sophomore / All-Around
East Brunswick, N.J.
East Brunswick



2023 Honors - Co-Big Ten Freshman of the Week on March 12. **2023** - Competed in all 12 meets, including three all-arounds...Captured seven event titles and 13 top-three finishes...Ties for 15th best in program history on uneven bars (9.900)...Scored a 9.800 or higher in all 12 vault events, eight 9.800 or higher on bars and six 9.800 or higher on floor...Scored a career-best 9.925 on balance beam at Nebraska (2/6), tying for first place...Made her all-around debut at Nebraska (2/6), placing first in the event, tied for first on beam and vault, and placed third on floor...Scored three 9.900 at Southern Utah (3/10), tying for first place on vault and bars and placed second on floor...Was the only freshman and one of two gymnasts to compete in all-around this season...Finished tied for 21st on vault and tied for 23rd on bars in the final Big Ten rankings.

High School — 2022 Level 10 DP National Qualifier... 2022 Level 10 Regionals: fourth on all around, third on bars, and finished sixth on floor... 2022 Level 10 NJ States: all around, vault, bars, and beam champion and finished fourth on floor. Broke a State 27-year-old record on bars (9.80)... 2022 Level 10 Fantasia Classic: vault and floor

champion, second on all around and placed third on beam... 2022 Level 10 Star Struck Invitational: all around, vault and beam champion, second on bars, and finished third on floor... 2022 Level 10 Brestyan's Invitational: vault champion and finished second on all around and on bars... 2021 Level 10 Christmas on the Chesapeake: Scored a 10.00 on vault to be crowned champion, as well as all around, beam, and floor champion, and placed second on bars... 2021 Junior Olympic National: seventh on vault & beam and finished twelfth on all-around... 2021 Level 10 Regionals: vault champion, seventh on floor, and placed eighth on all-around... 2021 Level 10 NJ State: all-around, vault, bars & beam champion and second on floor... 2020 Level 10 NJ State Qualifier (COVID-19)... 2019 Junior Olympic vault champion 2019 level 10 regionals: vault champion, fourth on all-around, and placed sixth on bars... 2019 Level 10 NJ State: vault champion, finished fourth on all-around and floor and placed sixth on bars... 2018 Level 10 Regionals vault champion

Personal — Born February 7, 2004... Daughter of Cisco and Diana Muñoz... Has one sibling, Natalia... Club Coaches were Toni Borden and Sonny Smoljan... Anticipated major is communications.

MUÑOZ CAREER BESTS

Vault: 9.900, 2x, last at Southern Utah on 3/10/23

Bars: 9.900 at Southern Utah on 3/10/23

Beam: 9.925 at Nebraska on 2/6/23

Floor: 9.900 at Southern Utah on 3/10/23

All-Around: 39.400 at Big Five on 2/24/23





IOWA WOMEN'S GYMNASTICS

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MEET THE HAWKEYES

Kaia Vanney
Sophomore / All-Around
Redondo Beach, Calif.
Redondo Union

2023 Honors - WCGA Scholastic All-American (4.0 GPA)...Earned Fall and Spring Dean's List. **2023** - Did not compete

High School — Did not compete due to COVID-19

Personal — Born on April 5, 2004... Daughter of Amy and Greg Vanney...Has three siblings, Dylan, Mason, and Christian Vanney... Father played soccer at UCLA and went on to play professionally and mother played softball at Arizona State University... Anticipated major is health and human physiology.



Olivia Dylnicki
Freshman / All-Around
Rocky Point, N.Y.
Rocky Point

High School — 2022 Level 10 National Qualifier...2022 Level 10 NY State Championships: Second place on bars and seventh in the all-around...2022 Level 10 Regional: Second place on bars, fifth in the all-around, and sixth on beam...2019 Level 9 NY State Championships: Third on bars, fourth on vault and eighth in the all-around...2019 Level 9 Regional: First on beam, second on vault and eighth in the all-around...Was a member of National Honor Society

Personal — Born February 22, 2005...Daughter Ron and Kristine Dylnicki...Has one sibling, Jared...Club coaches were Rob Wing and Amanda Depaola.



IOWA WOMEN'S GYMNASTICS



MEET THE HAWKEYES

2023-24 MEDIA GUIDE

Alyse Karenbauer
Freshman / All-Around
Mercer, Penn.
Grover City Area



High School — 2022 DP Nationals: Seventh on vault...2022 Regionals: vault champion, second on bars, and second in the all-around...2022 State Championships: vault champion, second on bars, and seventh in the all-around...2022 Buckeye Classic bars champion 2022 Elevate the Stage competition: second on vault and fourth in the all-around...2022 Starstruck Invitational: vault champion and second on bars...2021 Regionals: Second on vault...2021 Buckeye Classic vault champion...2020 Buckeye Classic vault champion...2020 Texas Prime vault champion...Member of the National Honor Society

Personal — Born July 30, 2005...Daughter Heather and Jason Karenbauer...Has one sibling, Chase...Club coach was Lindsey Stancil...Anticipated major is Criminology



Eva Volpe
Freshman / All-Around
Pearland, Texas
Pearland



High School — Three-time national Qualifier: 2019, 2021, and 2022...2022 Region 3 Championships: bars and all-around champion, second place on floor, third place on vault and beam...2022 Texas State Meet: vault and floor champion and third place on beam and bars...2021 Region 3 Championships: fourth place on beam and fifth place on bars and in the all-around...2019 Level 10 Nationals: third place on vault and bars...Member of the National Honor Society

Personal — Born February 28, 2005...Daughter Karen and Bob Volpe...Has four siblings, Amelia, Sophia, Julia, and Tessa...Club coaches were Tasha Beale and Nick Cedillo.





IOWA WOMEN'S GYMNASTICS

2023-24 MEDIA GUIDE

MEET THE HAWKEYES

Katelyn Wiederspahn
Freshman / All-Around
Agoura Hills, Calif.
Oak Park



High School — 2023 DP National Qualifier...Four-time Region 1 Regional Championships Competitor...2022 Southern California State Championships: fifth on beam, ninth on floor and 10th in the all-around...2021 Southern California State Championships: beam champion, second in the all-around, fourth on bars and floor and sixth on vault...2020 Presidential Classic: second on beam, third in the all-around, fourth on bars, fifth on floor and sixth on vault...2019 Western Gymnastics Championship beam champion...2019 Region 1 Regional Championship: third on floor...2019 Southern California State Championships: floor champion and seventh on beam...Member of the National Honor Society...Four-time Scholar Athlete...Graduated Magna Cum Laude.

Personal — Born February 28, 2005...Daughter Becky and Lee Wiederspahn...Has three siblings, Ryan, Ashley and Kyle...Club coaches were Arsen Minasyan and Lara McCallum Minasyan...Anticipated major is Economics.





HAWKEYE ALL-AMERICANS



ALEXIS MADAY | 2002 |
FIRST TEAM | VAULT, UNEVEN BARS



ALEXIS MADAY | 2003 |
FIRST TEAM | UNEVEN BARS



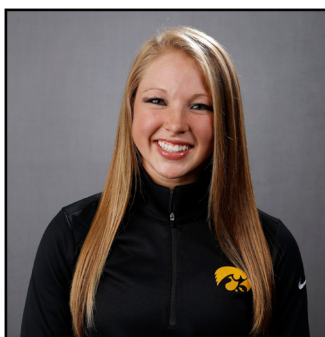
ALEXIS MADAY | 2004 |
FIRST TEAM | FLOOR



STEPHANIE GRAN | 2004 |
SECOND TEAM | FLOOR



REBECCA SIMBHUDAS | 2010 |
SECOND TEAM | BEAM



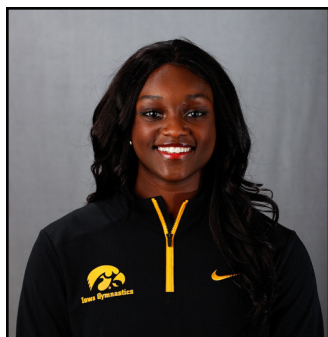
MOLLIE DRENTH | 2016 |
FIRST TEAM | BEAM



LAUREN GUERIN | 2020 |
SECOND TEAM | FLOOR



LAUREN GUERIN | 2021 |
FIRST TEAM | FLOOR



JERQUAVIA HENDERSON | 2021 |
SECOND TEAM | FLOOR



ADELINE KENLIN | 2021 |
SECOND TEAM | BEAM



LAUREN GUERIN | 2022 |
SECOND TEAM | FLOOR



JERQUAVIA HENDERSON | 2022 |
SECOND TEAM | FLOOR



ADELINE KENLIN | 2022 |
FIRST TEAM | BEAM



JERQUAVIA HENDERSON | 2023 |
SECOND TEAM | FLOOR



IOWA WOMEN'S GYMNASTICS

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HONOR ROLL

FIRST-TEAM ALL-AMERICANS

Alexis Maday	2002 (V, UB)
Alexis Maday	2003 (UB)
Alexis Maday	2004 (FX)
Mollie Drenth	2016 (BB)
Lauren Guerin	2021 (FX)

SECOND-TEAM ALL-AMERICANS

Stephanie Gran	2004 (FX)
Rebecca Simbhudas	2010 (BB)
Lauren Guerin	2020 (FX)
JerQuavia Henderson	2021 (FX)
Adeline Kenlin	2021 (BB)
Lauren Guerin	2022 (FX)
JerQuavia Henderson	2022 (FX)
JerQuavia Henderson	2023 (FX)

FIRST TEAM ALL-AMERICANS (AT NCAA CHAMPIONSHIPS)

UNEVEN BARS

Alexis Maday	(9.863 (6th), 2002)
Alexis Maday	(9.850 (4th), 2003)

BALANCE BEAM

Mollie Drenth	(9.9125 (3rd), 2017)
Adeline Kenlin	(9.950 (2nd), 2022)

FLOOR

Alexis Maday	(9.875 (t4th), 2004)
Stephanie Gran	(9.900 (5th), 2004)

COACHING HONORS

REGIONAL COACH OF THE YEAR

Larissa Libby	2009
Larissa Libby	2016

REGIONAL ASSISTANT COACH OF THE YEAR

Larissa Libby	2003
Caleb Phillips	2011, 2016
Jennifer Green	2016
Linas Gaveika	2011

BIG TEN HONORS

BIG TEN COACH OF THE YEAR

Mike Lorenzen (co)	2001
Mike Lorenzen (tri)	2004
Larissa Libby (co)	2008
Larissa Libby	2017
Larissa Libby	2021

BIG TEN MEDAL OF HONOR

Kim Baker	1996
Alexis Maday	2004

BIG TEN GYMNAST OF THE YEAR

Lori Cole	1991
Alexis Maday	2004

BIG TEN FRESHMAN OF THE YEAR

Kim Baker	1993
Giselle Boniforti	1998
Alexis Maday	2001
Adeline Kenlin	2021





ALL-BIG TEN SELECTIONS

FIRST TEAM

1985	Wendy Hussar
	Kris Meighan
1989	Robyn Zussman
	Lori Cole
	Tracy Junker
1990	Lori Cole
1991	Lori Cole
	Sandy Stengel
1994	Kim Baker
1995	Kim Baker
1996	Kim Baker
1998	Giselle Boniforti
2000	Giselle Boniforti
2001	Janna Alexandrova
	Stephanie Gran
	Alexis Maday
2002	Corynne Cooper
	Alexis Maday
2003	Alexis Maday
	Annie Rue
2004	Stephanie Gran
	Alexis Maday
2007	Katie Burke
2008	Jenifer Simbhudas
2009	Houry Gebeshian
	Jenifer Simbhudas
2010	Rebecca Simbhudas
2011	Rebecca Simbhudas
	Jessa Hansen
2016	Mollie Drenth
2017	Mollie Drenth
	Angel Metcalf
2019	Clair Kaji
2020	Lauren Guerin
2021	JerQuavia Henderson
	Clair Kaji
	Adeline Kenlin
2022	JerQuavia Henderson
2023	JerQuavia Henderson

SECOND TEAM

1985	Kris Meighan
1989	Tracy Junker
	Robyn Zussman
1995	Kim Baker
1999	Giselle Boniforti
2003	Stephanie Gran
	Annie Rue
2004	Kortny Williamson
2005	Liz Grajewski
2006	Liz Grajewski
2007	Kara Pinjuv
	Jenifer Simbhudas
	Katie Turcotte
2010	Houry Gebeshian
	Jessa Hansen
2011	Houry Gebeshian
2012	Tesla Cox
	Emma Stevenson
2014	Sydney Hoerr
2015	Sydney Hoerr
2016	Alie Glover
	Angel Metcalf
2017	Clair Kaji
	Lanie Snyder
	Melissa Zurawski
2018	Nicole Chow
	Lanie Snyder
	Nikki Youd
2019	Lauren Guerin
	Nicole Chow
2021	Lauren Guerin
2022	Lauren Guerin
	Clair Kaji
	Adeline Kenlin
	Bridget Killian
2023	Adeline Kenlin



IOWA WOMEN'S GYMNASTICS

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HONOR ROLL

ALL-BIG TEN CHAMPIONSHIP TEAM

2012	Emma Stevenson
2015	Mollie Drenth
	Allie Glover
	Sydney Hoerr
	Angel Metcalf
2016	Mollie Drenth
	Allie Glover
	Angel Metcalf
2017	Mollie Drenth
	Angel Metcalf
	Lanie Snyder
2018	Charlotte Sullivan
2021	Lauren Guerin
	JerQuavia Henderson
	Clair Kaji
2022	Lauren Guerin

CGN COMEBACK GYMNAST OF THE YEAR

JerQuavia Henderson	2021
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LOU GINSBERG HUMANITARIAN AWARD

Named for former Hawkeye loyalist and athlete Lou Ginsberg, this award is presented to the student-athlete possessing the humanitarian qualities that include kindness, compassion, empathy, warmth and a commitment to helping others.

Stephanie Smith	1987
Martie Janovich	1990
Cindy, Cathy Terrell	1995
Elizabeth Bryant	1999

ROBERT F. RAY FACULTY

REPRESENTATIVE AWARD

Named for former Dean and UI Faculty Representative to the Big Ten Conference Robert F. Ray, this award is presented to the senior student-athlete who has demonstrated outstanding academic excellence, athletic excellence and leadership. Prior to 1992, a female student-athlete winner was selected every other year.

Kim Baker	1996
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SCHOLAR ATHLETE OF THE YEAR

Each spring at the All-Sports Banquet the member of the senior class sporting the highest grade point average among all student-athletes is named the Scholar Athlete of the Year. Graduating seniors with a cumulative GPA of 3.50 or better are also recognized as members of the All-Academic Team.

Jamie Lynne Headley	1992
Kim Baker	1996

IOWA WOMEN'S GYMNASTICS



BIG/REGIONAL CHAMPIONS

2023-24 MEDIA GUIDE

INDIVIDUAL BIG TEN CHAMPIONS

ALL-AROUND

Lori Cole	38.050	1991
Alexis Maday	39.650	2001

VAULT

Stephanie Gran	9.950	2001
Alexis Maday	9.975	2004

UNEVEN BARS

Robyn Gamble	9.950	1997
Giselle Boniforti	9.925	2000
Alexis Maday	9.950	2003

BALANCE BEAM

Lori Cole	9.700	1990
Houry Gebeshian	9.950	2010
Mollie Drenth	9.925	2017

FLOOR

Lori Cole	9.700	1990
Alexis Maday	9.975	2001
Alexis Maday	9.925	2002
Stephanie Gran	9.950	2003
Alexis Maday	9.950	2004
JerQuavia Henderson	9.950	2021
Lauren Guerin	9.950	2021
Lauren Guerin	9.950	2022
JerQuavia Henderson	9.950	2023

INDIVIDUAL NCAA REGIONAL CHAMPIONS

ALL-AROUND

Alexis Maday	39.450	2002
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UNEVEN BARS

Alexis Maday	9.900	2002
Alexis Maday	9.950	2004

BALANCE BEAM

Mollie Drenth	9.900	2016
Angel Metcalf	9.950	2017
Clair Kaji	9.950	2017

INDIVIDUAL NCAA

CHAMPIONSHIP QUALIFIERS

Alexis Maday	AA	2002
Annie Rue	AA	2002
Alexis Maday	UB	2003
Alexis Maday	AA	2004
Katie Burke	AA	2007
Rebecca Simbhundas	AA	2011
Houry Gebeshian	AA	2011
Mollie Drenth	AA	2016
Angel Metcalf	AA	2017
Clair Kaji	BB	2017
Adeline Kenlin	BB	2022





IOWA WOMEN'S GYMNASTICS

2023-24 MEDIA GUIDE

BIG WEEKLY HONORS

BIG TEN GYMNAST OF THE MONTH

Michelle Cahal	Feb. 1991
Lori Cole	March 1991
Molly O'Connner	March 1992
Giselle Boniforti	Jan. 1998

BIG TEN GYMNAST OF THE WEEK

Alexis Maday	Jan. 24, 2001
Stephanie Gran	Feb. 14, 2001
Stephanie Gran	Feb. 13, 2001
Alexis Maday	March 5, 2002
Alexis Maday	Jan. 22, 2003
Alexis Maday	March 11, 2003
Alexis Maday	Jan. 7, 2004
Alexis Maday	Jan. 21, 2004
Stephanie Gran	Jan. 28, 2004
Stephanie Gran	Feb. 4, 2004
Alexis Maday	Feb. 18, 2004
Alexis Maday	March 2, 2004
Alexis Maday	March 9, 2004
Kortny Williamson	March 11, 2006
Katie Burke	Feb. 28, 2007
Jenifer Simbhudas	Feb. 13, 2008
Jenifer Simbhudas	March 4, 2008
Rebecca Simbhudas	Feb. 23, 2009
Jenifer Simbhudas	March 9, 2009
Rebecca Simbhudas	Feb. 1, 2010
Melissa Zurawski	Jan. 30, 2017
Adeline Kenlin	Jan. 24, 2023

BIG TEN EVENT SPECIALIST OF THE WEEK

Mollie Drenth	March 16, 2015
Lauren Guerin	March 12, 2020
Lauren Guerin	Jan. 18, 2021
Clair Kaji	Jan. 25, 2021
Clair Kaji	Feb. 1, 2021
Lauren Guerin	Feb. 8, 2021
Clair Kaji	March 8, 2021
JerQuavia Henderson	Jan. 10, 2022
Lauren Guerin	March 8, 2022
Linda Zivat	Feb. 1, 2023
JerQuavia Henderson	Feb. 8, 2023
JerQuavia Henderson	Feb. 20, 2023

BIG TEN FRESHMAN OF THE WEEK

Emma Willis	Jan. 9, 2012
Alie Glover	Feb. 11, 2013
Charlotte Sullivan	Jan. 9, 2017
Clair Kaji	Jan. 23, 2017
Charlotte Sullivan	Feb. 13, 2017
Clair Kaji	March 6, 2017
Adeline Kenlin	Jan. 25, 2021
Adeline Kenlin	Feb. 8, 2021
Adeline Kenlin	March 1, 2021
Adeline Kenlin	March 15, 2021
Marissa Rojas	Jan. 25, 2022
Karina Muñoz	March 12, 2023

NIT FIRST TEAM

Giselle Boniforti	1998
Lori Whitwer	1998
Shrutika Sulkar	1998
Angie Hungerford	1998

IOWA WOMEN'S GYMNASTICS



CHAMPIONSHIP TEAMS

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2021 BIG TEN REGULAR SEASON CHAMPION / NCAA REGIONAL QUALIFIER





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ACADEMIC HONORS

ACADEMIC ALL-AMERICA / WGCA SCHOLAR ALL-AMERICA

Ariana Agrapides	2020
Kim Baker	1996
Alex Bradford	2022
Katie Burke	2005-06
Erin Castle	2021
Meridith Chang	1994
Michelle Conway	2004
Rachel Corcoran	2012
Alexa Ebeling	2022
Heather Fomon	2009-10
Kelly Galau	2010
Houry Gebeshian	2009-10
Allie Gilchrist	2020-22
Elizabeth Grajewski	2006
Stephanie Gran	2002-04
Alex Greenwald	2020, 2022
Jessa Hansen	2010-12
Emma Hartzler	2021
Andrea Hurlburt	2009-10
Clair Kaji	2020-22
Maddie Kampschroeder	2020
Bridget Killian	2020-22
Tiffany Kwan	2004
Caelen Lansing	2021-22
Danielle Legeai	2004
Brandi Loffer	2009
Brittany Logan	2009
Kamryn Martinez	2022
Gianna Masella	2023
Kareena Mcsweeny	2021
Rachel Nash	2009-10
Kara Pinjuv	2006
Marissa Rojas	2022
Annie Rue	2003-05
Melissa Saliba	2003-04
Ashley Smith	2020
Allyson Steffensmeier	2020-22
Sandy Stengel	1994
Arielle Sucich	2010
Charlotte Sullivan	2020
Annie Szatkowski	2009-12
Carina Tolan	2022
Mackenzie Vance	2021
Kaia Vanney	2023
Nicole Wong	2003-04
Allyson Zipse	2005-06
Allison Zuhlke	2022-23

ACADEMIC ALL-BIG TEN

Janna Alexandrova	2002
Kim Baker	1994-96
Stephanie Benson	2001-02
Carey Betcher	1990
Misti Blackledge	1993, 1995
Alex Bradford	2023
Kim Burkard	1987-88
Katie Burke	2005-09
Stacy Burns	1990-92
Opua Calucag	2015-16
Misty-Jade Carlson	2017-19
Erin Castle	2019-21
Meridith Chang	1992, 1994
Tiffany Chapman	1997
Nicole Chow	2017-19
Corynne Cooper	2002
Rachel Corcoran	2010-12
Heather DeAtley	2001-02
Beth Dilick	2005-07
Jenny Donar	2008-10
Jennifer DuBois	1987-88
Alexa Ebeling	2023
Jordan Eszlinger	2010-12
Michele Ford	2001-02
Heather Fomon	2010
Kelly Galau	2010
Houry Gebeshian	2010-11
Allie Gilchrist	2020-22
Alie Glover	2016
Joni Goldwasser	1987
Liz Grajewski	2004-06
Stephanie Gran	2002-04
Alex Greenwald	2020-22
Lauren Guerin	2020-22
Jessa Hansen	2010-12
Emma Hartzler	2019, 2021
Carie Hatch	1996-98
Jamie Lynne Hedley	1990-92
Sydney Hoerr	2013-15
Sydney Hogan	2017-19
Angie Hungerford	1999-2002
Andrea Hurlburt	2010-11
Tracy Junker	1989-91
Calir Kaji	2018-22
Maddie Kampschroeder	2019-20
Kelley Kello	2002
Adeline Kenlin	2022-23
Brandy Killian	2002-04
Bridget Killian	2020-22
Annie Kustoff	2018
Tiffany Kwan	2004

Jessica Kyanka	2002
Betsy Lam	1998-2000
Caelen Lansing	2022
Kendall Laplante	2022-23
Grace Lee	1996-98
Danielle Legeai	2005-07
Mindi Levitz	2002-05
Brittany Logan	2008-09
Alexis Maday	2002
Stephani Martinsen	1992
Caroline McCrady	2015
Kareena Mcsweeny	2022-23
Jennifer Miermyk	1993
Melissa Miller	2010
Rachel Nash	2010
Aubrey Nick	2022-23
Maria Ortiz	2017-19
Kara Pinjuv	2007-09
Rose Piorkowski	2017-19
Tawna Rathe	1995
Ellie Rogers	2021-23
Marissa Rojas	2023
Christine Roselli	1997-99
Annie Rue	2002-05
Megan Ruzicka	2016
Melissa Saliba	2004
Jennie Schurman	2010-11
Becky Sheldon	1992-93
Ashley Smith	2019-20
Lanie Snyder	2016-18
Johanny Sotillo	2016
Allyson Steffensmeier	2021-22
Sandy Stengel	1992-94
Emma Stevenson	2011-13
Charlotte Sullivan	2018-19
Annie Szatkowski	2010-12
Caitlin Tanzer	2015
Cathy Terrell	1993
Carina Tolan	2020-22
Linda Tremain	1984
Kaitlynn Urano	2011-13
Mackenzie Vance	2020-22
Tessa Walsh	2017
Lori Whitwer	1997-99
Emma Willis	2013
Nicole Wong	2002-04
Nikki Youd	2016-18
Bobbie Zimmerman	2005-06
Ally Zipse	2006-09
Allison Zuhlke	2023
Melissa Zurawski	2017-18



BIG TEN DISTINGUISHED SCHOLAR

Misty Jade-Carlson	2018-19
Erin Castle	2021
Nicole Chow	2019
Rachel Corcoran	2012
Heather Fomon	2010
Allie Gilchrist	2020-22
Alex Greenwald	2022
Jessa Hansen	2011
Emma Hartzler	2021
Sydney Hoerr	2015
Sydney Hogan	2019
Andrea Hurlburt	2011
Clair Kaji	2020, 2022
Maddie Kampschroder	2019-20
Bridget Killian	2020-22
Caelen Lansing	2022
Kareena Mcsweeny	2022
Rachel Nash	2010
Rose Piorkowski	2018-19
Megan Ruzicka	2016
Ashley Smith	2019-20
Allyson Steffensmeier	2021
Charlotte Sullivan	2018-19
Anna Szatkowski	2010-12
Caitlin Tanzer	2015
Carina Tolan	2022
Mackenzie Vance	2021
Emma Willis	2013
Allison Zuhlke	2023
Melissa Zurawski	2017



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TEAM SCHOOL RECORDS

VAULT

1.	49.525	at Utah	2004
2.	49.500	at Iowa State	2022
3.	49.450	at Maryland	2004
4.	49.400	at Illinois	2003
5.	49.375	vs. NC State	2004
	49.375	vs. Iowa State	2013
	49.375	vs. Minnesota	2023

UNEVEN BARS

1.	49.425	vs. Illinois State	2001
	49.425	NCAA Regionals	2016
3.	49.375	at Big Five Meet	2019
	49.375	at Big Ten Championships	2021
4.	49.350	vs. Iowa State	2003
	49.350	at Minnesota	2003
6.	49.325	vs. Maryland	2017
	49.325	at Big Five Meet	2017
	49.325	at Southern Utah	2013
	49.325	at Big Five Meet	2015

BALANCE BEAM

1.	49.600	NCAA Regionals	2017
2.	49.425	at Illinois State	2004
3.	49.400	Big Ten Championships	2017
4.	49.375	at Ohio State	2017
5.	49.350	at Southern Utah	2003
	49.350	at Illinois	2001

FLOOR EXERCISE

1.	49.650	vs. Penn State	2022
2.	49.600	vs. Maryland/Minnesota	2021
3.	49.550	vs. Iowa State	2004
4.	49.525	vs. Iowa State	2017
	49.525	at Big Ten Championships	2022
6.	49.475	at Maryland	2004
	49.475	vs. Michigan	2004

TEAM

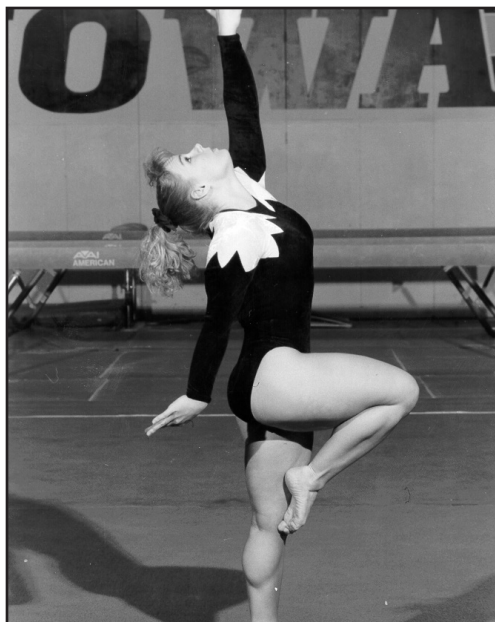
1.	197.150	at Maryland	2004
2.	197.075	at NCAA Regional Final	2022
3.	197.050	at NCAA Regionals	2021
4.	196.950	at Big Ten Championships	2022
5.	196.925	at Big 5	2023
6.	196.900	at Ohio State	2023
	196.900	at NCAA Regionals	2022
	196.900	at Washington	2004
9.	196.850	at Big Ten Championships	2003
10.	196.825	at Nebraska	2021
	196.825	vs. Nebraska	2022
	196.825	at Iowa State	2022
13.	196.800	at Illinois	2003
	196.800	vs. Minnesota	2021
15.	196.775	vs. NC State	2004
	196.775	vs. Minnesota/Maryland	2021

IOWA WOMEN'S GYMNASTICS



INDIVIDUAL SCHOOL RECORDS

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VAULT

1.	Kim Baker	10.0 (2x)	1996
	Stephanie Gran	10.0 (3x)	2001-03
3.	Alexis Maday	9.975 (2x)	2004
	Stephanie Gran	9.975	2004
	Linda Zivat	9.975	2023
6.	Stephanie Gran	9.950 (4x)	2001-04
	Alexis Maday	9.950 (4x)	2002-04
	Kortny Williamson	9.950 (2x)	2004
	Mollie Drenth	9.950	2016
10.	JerQuavia Henderson	9.925 (4X)	2021, 2022, 2023
	Linda Zivat	9.925	2022
	Lauren Guerin	9.925	2020
	Kim Baker	9.925	1995
	Alexis Maday	9.925	2001
	Stephanie Gran	9.925 (3x)	2004
	Kortny Williamson	9.925	2004
	Houry Gebeshian	9.925	2011
	Maya Wickus	9.925	2011
	Emma Willis	9.925	2013
	Alie Glover	9.925	2015
	Mollie Drenth	9.925 (2x)	2016



UNEVEN BARS

1.	Alexis Maday	9.975 (3x)	2004
2.	Giselle Boniforti	9.950 (3x)	1998, 2000
	Annie Rue	9.950	2003
	Alexis Maday	9.950 (9x)	2002-04
	Angel Metcalf	9.950	2017
6.	JerQuavia Henderson	9.925 (2X)	2021
	Clair Kaji	9.925 (3X)	2021
	Allyson Steffensmeier	9.925 (3X)	2020, 2021, 2022
	Giselle Boniforti	9.925 (4x)	1998-01
	Alexis Maday	9.925 (6x)	2001-04
	Annie Rue	9.925	2002
	Mollie Drenth	9.925	2015
	Sydney Hoerr	9.925 (2X)	2013, 2015
	Angel Metcalf	9.925	2017
	Charlotte Sullivan	9.925	2017
	Melissa Zurawski	9.925	2017
15.	Adeline Kenlin	9.900 (6X)	2021, 2022, 2023
	Giselle Boniforti	9.900 (7x)	1998-01
	Alexis Maday	9.900 (8x)	2001-04
	Brandy Killian	9.900	2001
	Nicole Wong	9.900 (2x)	2003-04
	Annie Rue	9.900	2003
	Brandi Loffer	9.900	2009
	Rebecca Simbhudas	9.900	2011
	Emma Stevenson	9.900 (2x)	2012-13
	Johanny Sotillo	9.900 (3x)	2015-16
	Angel Metcalf	9.900 (4x)	2015-17
	Charlotte Sullivan	9.900 (2x)	2017-18
	Melissa Zurawski	9.900 (2x)	2017-18
	Nicole Chow	9.900	2018
	Clair Kaji	9.900	2019
	Jax Kranitz	9.900	2019
	Alex Greenwald	9.900	2022
	Kendall LaPlante	9.900	2023
	Karina Muñoz	9.900	2023



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INDIVIDUAL SCHOOL RECORDS



BALANCE BEAM

1.	Janna Alexandrova	9.975 (2x)	2001-02
	Adeline Kenlin	9.975	2021
3.	Alexis Maday	9.950	2004
	Houry Gebeshian	9.950	2010
	Mollie Drenth	9.950	2017
	Angel Metcalf	9.950	2017
	Clair Kaji	9.950 (2X)	2017, 2021
	Adeline Kenlin	9.950 (4X)	2021, 2022, 2023
9.	Janna Alexandrova	9.925 (3x)	2001-03
	Kelley Kello	9.925	2002
	Stephanie Gran	9.925	2004
	Rebecca Simbhudas	9.925	2009
	Mollie Drenth	9.925 (3x)	2016-17
	Angel Metcalf	9.925	2017
	Nikki Youd	9.925 (2x)	2017
	Clair Kaji	9.925 (2X)	2022
	Adeline Kenlin	9.925 (2X)	2022
	Marissa Rojas	9.925	2022
	Karina Muñoz	9.925	2023
	JerQuavia Henderson	9.925	2023
21.	Janna Alexandrova	9.900 (3x)	2001-03
	Stephanie Gran	9.900 (4x)	2001-04
	Jessa Hansen	9.900	2012
	Alexis Maday	9.900 (6x)	2003-04
	Annie Rue	9.900	2003
	Danielle Legeai	9.900	2004
	Houry Gebeshian	9.900 (2x)	2008
	Rebecca Simbhudas	9.900 (4x)	2011
	Alie Glover	9.900	2016
	Mollie Drenth	9.900 (4x)	2015-17
	Angel Metcalf	9.900 (4x)	2015-17
	Clair Kaji	9.900	2017-19
	Charlotte Sullivan	9.900	2017
	Nicole Chow	9.900	2018
	Nikki Youd	9.900	2018
	Adeline Kenlin	9.900 (5X)	2022
	Bridget Killian	9.900	2022
	Aubrey Nick	9.900	2023

FLOOR EXERCISE

1.	Alexis Maday	9.975 (2x)	2001, 04
	Stephanie Gran	9.975	2004
	Lauren Guerin	9.975 (2X)	2022
	JerQuavia Henderson	9.975 (3X)	2021, 2022
5.	Lauren Guerin	9.950 (11X)	2020, 2021, 2022
	Kim Baker	9.950	1996
	Alexis Maday	9.950 (6x)	2001-04
	Stephanie Gran	9.950 (6x)	2003-04
	Liz Grajewski	9.950	2004
	Jenifer Simbhudas	9.950	2008
	Jessa Hansen	9.950	2011
	Lanie Snyder	9.950	2017
	JerQuavia Henderson	9.950 (2X)	2022
14.	JerQuavia Henderson	9.925 (3X)	2022
	Lauren Guerin	9.925 (5X)	2020, 2022

IOWA WOMEN'S GYMNASTICS



INDIVIDUAL SCHOOL RECORDS

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FLOOR EXERCISE CONT.

15.	Alex Greenwald	9.925	2021
	Alexis Maday	9.925 (9x)	2001-04
	Stephanie Gran	9.925 (9x)	2001-04
	Kortny Williamson	9.925	2004
	Jenifer Simbhudas	9.925 (2x)	2009
	Jessa Hansen	9.925	2011
	Sydney Hoerr	9.925 (2x)	2015
	Alie Glover	9.925	2016
	Clair Kaji	9.925 (5X)	2017, 2021, 2022
	Lanie Snyder	9.925	2017-18
	Melissa Zurawski	9.925	2018
	Hanna Castillo	9.925	2023
	Adeline Kenlin	9.925	2023

ALL-AROUND

1.	Alexis Maday	39.750	2004
2.	Alexis Maday	39.675	2004
3.	Alexis Maday	39.650 (5x)	2001-04
	Stephanie Gran	39.650	2004
5.	Alexis Maday	39.625	2002
6.	Alexis Maday	39.600	2001
	Stephanie Gran	39.600	2004
8.	Stephanie Gran	39.575	2004
9.	Alexis Maday	39.550 (2x)	2003-04
	Stephanie Gran	39.550	2004
11.	Kim Baker	39.525	1996
	Giselle Boniforti	39.525	1998
	Stephanie Gran	39.525 (2x)	2001, 04
	Alexis Maday	39.525	2003
	Jenifer Simbhudas	39.525	2009
	Rebecca Simbhudas	39.525	2011
17.	Alexis Maday	39.500	2001
	Annie Rue	39.500	2002
	Stephanie Gran	39.500	2003
	Adeline Kenlin	39.500	2021
	JerQuavia Henderson	39.500	2023
22.	Mollie Drenth	39.475	2016
	JerQuavia Henderson	39.475	2022



IOWA WOMEN'S GYMNASTICS

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ALL-TIME RESULTS

1977-78 | Head Coach Diane Chapela

17-24 Overall, 2-5 Big Ten

11/11	at Kansas Invitational	2nd/3	112.50
11/19	Iowa Invitational	1st/6	125.10
12/3	at Northern Iowa Invitational	3rd/5	113.20
12/10	at Grand View Invitational	2nd/3	116.64
1/20	Iowa Invitational #2	1st/5	116.70
1/21	at Northwestern Invitational	4th/5	123.05
2/4	at Southwest Missouri Invitational	3rd/3	118.50
2/10	Big Ten Championship	6th/8	126.55
2/27	AAW State Championships	4th/4	118.25
3/10	Region IV Championships	9th/10	115.30

1978-79 | Head Coach Diane Chapela

20-16 Overall, 3-4 Big Ten

11/17	at Iowa Invitational	1st/4	121.60
12/2	vs. Indiana State	W	124.10-
12/9	vs. Wisconsin-La Crosse	W	119.65-
1/27	Windy City Invitational	7th/10	114.40
2/3	at Wisconsin Invitational	1st/3	121.65
2/9	Big Ten Championship	5th/8	121.30
2/17	at Illinois State	W	125.85-121.60
2/23	AAW State Championships	4th/6	127.15
3/16	Region IV Championships	4th/8	129.85

1979-80 | Head Coach Diane Chapela

21-27 Overall, 3-8 Big Ten

11/18	Iowa Invitational	2nd/8	126.600
11/23	at Midwest Open	4th/4	96.200
12/1	at Minnesota Invitational	2nd/6	126.850
12/8	at Western Illinois Invitational	1st/3	121.250
12/15	at Nebraska	L	124.650-134.850
1/19	at Iowa State	L	123.200-129.475
1/26	at Windy City Invitational	10th/11	
2/2	at Northern Iowa Invitational	1st/4	126.400
2/8	Big Ten Championship	7th/9	
2/15	vs. Illinois State	W	129.100-124.650
2/23	at South Dakota Invitational	1st/3	132.650
3/1	vs. Bowling Green	L	132.060
3/21	Region IV Championships	5th/6	

1980-81 | Head Coach Diane Chapela

13-16 Overall, 3-8 Big Ten

11/29	at Midwest Open	3rd/3	121.900
12/6	Iowa Invitational	1st/6	120.200
12/20	vs. Ohio State	L	127.100-136.500
1/16	vs. Indiana State & Western Michigan	3rd/3	124.300
1/24	Iowa Invitational #2	1st/3	126.850
1/31	vs. Indiana	L	128.450-133.250
2/6	vs. Nebraska	L	128.800-133.650
2/7	vs. Wisconsin	W	123.100-116.350
2/19	Big Ten Championships	6th/8	128.400
2/28	vs. Illinois State	W	130.600-130.350
3/8	vs. Missouri & Southern Illinois	3rd/3	131.700
3/17	Region IV Championships	3rd/5	134.950

1981-82 | Head Coach Diane Chapela

7-14 Overall, 1-7 Big Ten

11/27	at Midwest Open	4th/5	126.550
12/5	Iowa Invitational	2nd/6	131.800
1/10	at Arizona	L	129.500-136.500
1/24	at Illinois	L	123.600-133.000
2/12	Big Ten Championships	7th/8	127.900
2/20	vs. Illinois State	L	131.800-134.500
3/19	Region IV Championships	2nd/3	128.750

1982-83 | Head Coach Diane Chapela

- Overall, - Big Ten

12/11	Iowa Invitational	6th/7	156.100
1/15	at San Francisco Invitational	2nd/5	153.150
1/22	vs. Wisconsin	L	163.900-164.850
1/28	at Ohio State Invitational	3rd/3	147.900
2/6	at Illinois State	W	162.950-162.750
2/11	vs. Indiana State	W	145.800-85.650
2/12	at Iowa State Invitational	5th/6	140.700-173.250
2/18	at Wisconsin Invitational	5th/6	133.700
2/25	vs. Northwestern	W	160.600-135.800
2/26	at Western Illinois	L	158.750-170.200
3/11	Big Ten Championships	8th/8	160.600

1982-83 | Head Coach Diane Chapela

9-25 Overall, 1-10 Big Ten

12/11	Iowa Invitational	6th/7	156.100
1/15	at San Francisco Invitational	2nd/5	153.150
1/22	vs. Wisconsin	L	163.900-164.850
1/28	at Ohio State Invitational	3rd/3	147.900
2/6	at Illinois State	W	162.950-162.750
2/11	vs. Indiana State	W	145.800-85.650
2/12	at Iowa State	5th/6	140.700-173.250
2/18	at Wisconsin Invitational	5th/6	133.700
2/25	vs. Northwestern	W	160.600-135.800
2/26	at Western Illinois	L	158.750-170.200
3/11	Big Ten Championships	8th/8	160.600

1983-84 | Head Coach Diane Chapela

25-11 Overall, 5-7 Big Ten

12/10	Iowa Invitational	3rd/4	167.700
1/11	at Gator Invitational	2nd/4	167.500
1/22	vs. Illinois State	W	172.500-166.900
1/27	vs. Wisconsin	W	172.800-171.650
1/28	vs. Indiana	W	172.950-170.650
2/4	at Wisconsin-La Crosse Invitational	1st/10	172.450
2/9	vs. Illinois	W	169.250-167.100
2/11	at Indiana State	L	173.200-177.000
2/17	at Wisconsin Invitational	1st/5	172.450
2/19	vs. Iowa State	W	169.300-166.050
2/25	vs. Ball State	W	174.650-169.950
2/26	at Northern Illinois	W	173.100-169.150
3/3	at Chicago Circle	W	171.300-168.250
3/9	at Big Ten Championships	8th/8	167.600

1984-85 | Head Coach Diane Chapela

17-18 Overall, 2-9 Big Ten

12/6	at Japanese All Stars	L	171.650-181.600
12/7	vs. Illinois State	L	162.050-170.250
12/15	Iowa Invitational	2nd/4	169.600
1/16	at California-Long Beach	L	163.300-166.750
1/20	at Indiana w/ Southeast Missouri State	3rd/3	165.200
1/25	at Iowa State w/ Oklahoma	2nd/3	172.950
1/27	vs. Wisconsin	W	173.600-173.500
2/2	at Wisconsin-La Crosse Invitational	1st/8	171.000
2/15	at Wisconsin Invitational	4th/5	172.600
2/23	vs. Northern Illinois	W	180.100-176.350
3/1	at Chicago Circle Invitational	2nd/3	177.950
3/3	at Northern Michigan	W	177.100-172.250
3/9	vs. Indiana State	W	178.500-177.900
3/15	Big Ten Championships	8th/8	170.2500

1986 | Head Coach Diane Chapela

5-16 Overall, 0-9 Big Ten

1/10	at UCLA Invitational	3rd/4	158.600
1/17	at San Jose State w/ Washington	3rd/3	167.700
1/26	vs. Illinois State	W	167.950-164.450
2/1	at Illinois w/ Indiana State	2nd/3	164.900
2/2	vs. Illinois-Chicago	W	170.600-160.600
2/15	at Wisconsin	L	127.350-173.050
2/21	vs. Iowa State	L	164.900-171.250
3/2	at Northern Illinois Invitational	2nd/3	166.350
3/7	vs. Wisconsin	L	173.000-179.440
3/15	vs. Ball State	L	172.600-172.650
3/21	at Big Ten Championships	7th/7	161.000

1987 | Head Coach Diane Chapela

11-12 Overall, 2-8 Big Ten

1/10	vs. Missouri	W	171.200-170.250
1/16	at California-Long Beach	W	161.400-154.450
1/25	at Minnesota	L	169.700-179.000
1/31	vs. Northern Illinois	L	176.050-177.600
2/7	at Wisconsin Osh-Kosh Invitational	1st/4	169.100
2/14	at Wisconsin Invitational	2nd/4	173.200
2/20	at Iowa State	W	173.300-172.650
2/22	at Illinois State w/ Winona State	2nd/3	173.300
2/27	at Ball State	W	177.400-171.950
3/8	vs. Wisconsin	L	172.350-180.000
3/14	vs. Illinois-Chicago	W	175.000-167.650
3/20	vs. Illinois	L	176.000-182.000
3/27	at Big Ten Championships	7th/7	173.100
4/3	vs. Illinois Chicago	W	175.350-170.250

IOWA WOMEN'S GYMNASTICS



ALL-TIME RESULTS

1988 | Head Coach Diane Chapela

8-11 Overall, 1-8 Big Ten

1/15	at San Jose State	L	167.750-168.600
1/22	at Missouri w/ Southeast Missouri State	2nd/3	175.600
1/30	at Northern Illinois Invitational	2nd/3	172.350
2/4	vs. Ball State	W	176.500-171.400
2/12	at Wisconsin	L	174.700-179.900
2/18	vs. Iowa State	W	177.100-175.550
2/20	vs. Illinois State	W	179.350-174.750
2/27	at Illinois-Chicago	W	170.600-166.850
3/5	vs. Wisconsin	L	177.900-181.300
3/12	at Illinois	L	175.950-182.600
3/24	at Big Ten Championships	6th/7	180.550
4/1	vs. Illinois-Chicago	W	182.500-170.450

1989 | Head Coach Diane Chapela

14-8 Overall, 5-5 Big Ten

1/14	vs. Illinois	W	180.650-178.200
1/16	at Utah w/ Utah State	3rd/3	178.750
1/21	vs. Northern Illinois	W	177.150-174.550
1/28	vs. Southeast Missouri State	W	182.450-173.200
2/4	at New Hampshire Invitational	2nd/4	183.450
2/10	vs. Wisconsin & Southeast Missouri State	1st/3	180.300
2/12	at Illinois State	W	181.150-154.300
2/17	at Iowa State w/ Winona State	1st/3	185.000
2/19	vs. Winona State	W	183.950-176.800
3/4	at Wisconsin w/ Michigan	2nd/3	184.050
3/19	at Big Ten Championships	5th/7	183.800

1990 | Head Coach Diane Chapela

7-14 Overall, 0-9 Big Ten

1/12	at Florida w/ Georgia College	2nd/3	177.500
1/26	vs. Northern Illinois	W	182.900-179.900
2/2	at Michigan w/ Michigan State	3rd/3	176.100
2/11	vs. Missouri	L	182.400-187.350
2/17	at West Virginia Invitational	3rd/4	177.800
2/24	at Illinois	L	180.250-187.150
3/4	vs. Illinois State & Ball State	1st/3	182.750
3/16	vs. Iowa State	W	183.900-182.000
3/23	Big Ten Championships	7th/7	184.100
3/31	at Oklahoma w/ Denver	2nd/3	187.850

1991 | Head Coach Diane DeMarco

10-23 Overall, 7-2 Big Ten

1/11	at Cardinals Classic Invitational	3rd/4	179.450
1/18	at Southeast Missouri State	L	182.500-187.750
1/20	at Missouri Invitational	4th/4	184.350
1/26	at Northern Illinois Invitational	2nd/3	184.150
2/2	at New Hampshire Invitational	5th/5	180.200
2/15	vs. Wisconsin	W	186.950-185.100
2/22	at Iowa State	L	185.600-187.800
3/2	at Wisconsin	L	185.650-187.600
3/7	vs. Iowa State & Central Michigan	3rd/3	184.400
3/9	vs. Michigan	W	188.950-184.850
3/16	at Oklahoma w/ New Mexico	2nd/3	188.750
3/22	at Big Ten Championships	2nd/7	188.250
4/6	at NCAA Regionals	7th/7	186.402

1992 | Head Coach Diane DeMarco

14-18 Overall, 5-9 Big Ten

1/10	at Kentucky Invitational	3rd/4	178.700
1/19	at Missouri Invitational	3rd/5	182.950
1/26	vs. Missouri	W	186.400-185.850
1/31	at Michigan	L	183.950-188.600
2/7	at Iowa State	W	187.900-186.950
2/22	at Hobie's Spartan Invitational	4th/4	184.800
3/8	at Oklahoma Invitational	2nd/4	190.600
3/13	vs. Iowa State	W	189.450-186.300
3/15	vs. Ball State	W	190.650-184.850
3/21	at BYU w/ Utah	3rd/3	188.100
3/27	at Big Ten Championships	4th/7	187.200
4/11	at NCAA Regionals	5th/7	187.350

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1993 | Head Coach Diane DeMarco

9-21 Overall, 5-5 Big Ten

1/9	at Cardinals Invitational	4th/5	180.950
1/24	vs. Minnesota	W	188.450-185.150
2/13	at Illinois	W	186.350-183.750
2/19	at Cap'n Crunch Invitational	4th/4	187.100
2/26	at North Carolina State	L	188.550-189.550
2/28	at Iowa State	W	189.000-186.950
3/2	at Missouri w/ North Carolina State	2nd/3	190.250
3/5	vs. Iowa State	W	191.400-188.750
3/7	at Oklahoma Invitational	3rd/4	188.900
3/13	at Michigan State	L	191.000-191.300
3/21	at Big Ten Championships	5th/7	189.650
4/12	at NIT	7th/8	188.750

1994 | Head Coach Diane DeMarco

8-16 Overall, 2-9 Big Ten

1/16	at Shakespeare's Festival	3rd/5	185.450
1/21	at Michigan	L	182.525-191.175
1/29	at Michigan State	L	182.675-187.250
2/4	vs. Northern Illinois	W	188.425-183.175
2/12	at Minnesota w/ Michigan State	3rd/3	186.075
2/24	at Illinois State	L	187.470-188.125
2/27	vs. Illinois	W	188.825-183.475
3/4	at Iowa State	L	185.950-190.200
3/7	vs. Iowa State	L	189.900-190.375
3/13	at Oklahoma Invitational	3rd/5	187.225
3/18	vs. Ball State	W	187.575-183.375
3/26	at Big Ten Championships	6th/7	188.250

1995 | Head Coach Diane DeMarco

4-23 Overall, 3-7 Big Ten

1/22	at Illinois	L	185.250-189.575
1/29	vs. Michigan	L	188.575-194.450
2/5	at Northern Illinois	L	188.550-191.375
2/10	vs. Southeast Missouri State	L	189.550-191.050
2/11	at Iowa State w/ Northern Illinois	3rd/3	188.925
2/24	vs. Illinois State	L	187.850-189.175
2/26	vs. Oklahoma & Minnesota	2nd/3	190.950
3/3	vs. Iowa State	L	190.900-192.075
3/5	vs. Michigan State	W	190.950-190.475
3/18	at Oklahoma Invitational	4th/4	185.875
3/25	at Big Ten Championships	6th/7	189.975
4/15	at NIT	7th/8	188.525

1996 | Head Coach Diane DeMarco

16-17 Overall, 1-9 Big Ten

1/12	at Ball State w/ Eastern Michigan	1st/3	188.350
1/27	at Cap'n Crunch Invitational	3rd/5	188.300
2/3	vs. Northern Illinois	W	192.725-190.500
2/11	at Michigan State Invitational	4th/4	190.725
2/17	vs. Illinois	L	193.375-193.925
2/24	at Minnesota	L	191.825-194.625
2/29	at Iowa State	L	190.400-193.975
3/9	vs. Oklahoma	W	193.675-191.375
3/14	vs. Iowa State	L	193.450-193.525
3/17	at Oklahoma w/ Northern Illinois	2nd/3	190.650
3/22	at Florida Invitational	2nd/4	190.700
3/30	at Big Ten Championships	6th/7	191.725
4/21	at NIT	2nd/8	194.150

1997 | Head Coach Diane DeMarco

8-22 Overall, 1-6 Big Ten

1/17	at California w/ Arizona & Illinois-Chicago	4th/4	1887.875
1/25	vs. Illinois-Chicago	W	189.875-188.925
2/2	vs. Southeast Missouri State Invitational	2nd/4	189.750
2/9	at Northern Illinois	W	188.70-187.125
2/16	vs. Missouri	L	191.300-193.775
2/22	at Illinois	W	193.325-193.125
2/27	at Iowa State	L	191.800-194.675
3/2	vs. Ball State	L	191.375-192.725
3/9	at Corvette Cup	4th/4	189.800
3/14	at Southeast Missouri State	L	193.400-196.025
3/17	vs. Iowa State	L	192.525-194.350
3/22	at Big Ten Championships	7th/7	193.725
4/12	at NIT	5th/8	192.600



IOWA WOMEN'S GYMNASTICS

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ALL-TIME RESULTS

1998 | Head Coach Diane DeMarco

16-15 Overall, 2-8 Big Ten

1/10	at Maui Invitational	4th/4	184.975
1/23	at Ball State Invitational	2nd/6	189.075
1/25	vs. Minnesota	L	192.400-192.850
1/31	vs. Northern Illinois	L	192.400-193.650
2/14	vs. Michigan State & Missouri	2nd/3	191.725
2/26	at Iowa State	L	190.275-194.725
2/28	at Minnesota	L	191.275-194.125
3/6	vs. Illinois	L	193.400-193.975
3/8	at Corvette Cup	3rd/4	191.250
3/9	Southeast Missouri State w/Illinois State	1st/3	193.125
3/15	vs. Iowa State	L	195.425-195.975
3/21	at Big Ten Championships	5th/7	193.575
4/11	at NIT	2nd/8	193.325

1999 | Head Coach Diane DeMarco

5-16 Overall, 0-10 Big Ten

1/9	at Michigan State w/ Missouri & Ball State	4th/4	188.275
1/17	at UC-Santa Barbara	W	184.525-177.800
1/23	at Illinois Invitational	3rd/4	189.675
1/30	vs. Western Michigan w/ Winona State	2nd/3	190.275
2/7	at Northern Illinois w/ Wisconsin-OshKosh	1st/3	190.125
2/13	at Minnesota	L	187.725-194.275
2/26	at Iowa State	L	189.700-194.850
3/5	vs. Minnesota	L	000.000-194.875
3/13	vs. Iowa State	L	45.075-195.350
3/27	at Big Ten Championships	7th/7	136.825

2000 | Head Coach Michael Lorenzen

1-17 Overall, 0-10 Big Ten

1/14	at Arizona w/UCLA & Central Michigan	4th/4	190.775
1/29	vs. Northern Illinois	W	192.100-187.325
2/6	vs. Minnesota	L	193.550-195.125
2/10	at Iowa State	L	193.575-196.950
2/19	vs. Illinois	L	193.575-194.375
2/26	at Minnesota	L	191.400-193.450
3/3	vs. Iowa State	L	192.950-195.425
3/5	at Missouri w/ Ball State	3rd/3	190.275
3/12	at Nebraska	L	191.625-196.875
3/18	at Big Ten Championships	7th/7	192.650

2001 | Head Coach Michael Lorenzen

13-15 Overall, 6-7 Big Ten

1/6	vs. Southeast Missouri State	W	192.800-187.325
1/13	at Michigan State w/ Central Michigan	1st/3	193.600
1/20	at Michigan w/ Minnesota	2nd/3	194.100
1/27	at Minnesota	L	193.125-194.825
2/2	vs. Iowa State	L	195.925-196.325
2/10	at Hearts Invitational	1st/5	196.125
2/17	vs. Ohio State	W	196.575-194.850
2/24	vs. Illinois State	W	196.675-195.250
3/3	at Illinois	W	196.675-196.150
3/16	at Arizona State w/Nebraska & Kentucky	4th/4	193.425
3/20	at Iowa State	L	193.950-196.400
3/24	at Big Ten Championships	5th/7	195.400
4/7	at NCAA Regionals	5th/6	193.775

2002 | Head Coach Michael Lorenzen

11-10 Overall, 6-5 Big Ten

1/13	at Nebraska	L	193.225-194.600
1/19	at Michigan State	W	193.875-191.200
1/26	vs. Iowa State	L	193.175-195.250
2/2	vs. Southern Utah	W	195.100-190.525
2/9	at Southeast Missouri State	W	193.950-193.325
2/17	vs. Minnesota	L	196.100-196.725
2/22	at LSU	L	194.825-196.725
3/2	vs. Illinois	W	195.575-193.750
3/8	at Iowa State	L	196.350-197.225
3/16	at Ohio State	L	195.550-195.900
2/23	at Big Ten Championships	3rd/7	195.550
4/6	at NCAA Regionals	3rd/6	195.475

2003 | Head Coach Michael Lorenzen

13-13 Overall, 8-2 Big Ten

1/12	at Georgia	L	193.250-197.000
1/18	vs. Nebraska	L	195.075-197.125
1/31	at Iowa State	L	195.275-196.425
2/8	vs. Michigan State	W	196.550-193.925
2/14	at Oklahoma	L	194.725-196.600
2/22	at Southern Utah	L	195.900-195.975
3/2	at Illinois-Chicago	W	194.725-193.325
3/8	at Illinois	W	196.800-194.000
3/13	vs. Iowa State	L	196.675-195.825
3/22	at Minnesota	W	196.650-196.500
3/29	at Big Ten Championships	2nd/7	196.850
4/12	at NCAA Regionals	2nd/6	195.875
4/24	at NCAA Championships (Session I)	6th/6	193.825

2004 | Head Coach Michael Lorenzen

16-14 Overall, 7-2 Big Ten

1/2	at Cancun Classic	2nd/4	195.350
1/17	vs. Iowa State	L	196.950-196.725
1/24	vs. Michigan	W	196.750-196.325
1/31	vs. North Carolina State	W	196.775-93.725
2/6	at Utah	L	195.900-197.650
2/14	at Maryland	W	197.150-196.325
2/20	vs. Illinois State & Illinois-Chicago	1st/3	195.800
2/27	vs. Minnesota	W	196.025-195.750
3/5	at Washington w/Utah	3rd/3	196.900
3/12	at Iowa State	L	195.650-197.575
3/20	at Big Ten Championships	3rd/7	196.500
4/3	at NCAA Regionals	2nd/6	195.700
4/15	at NCAA Championships	6th/6	194.775

2005 | Head Coach Larissa Libby

9-23 Overall, 2-7 Big Ten

1/7	at Super Six Challenge	6th/6	190.725
1/15	at Denver	L	191.800-195.100
1/22	vs. Illinois-Chicago	L	190.325-191.125
1/28	at Iowa State Invitational	2nd/4	192.400
2/5	at Illinois Invitational	1st/4	194.250
2/11	at Sweetheart Invitational	2nd/4	193.325
2/19	vs. Iowa State	L	194.150-195.850
2/26	at Minnesota	L	194.425-195.775
3/4	at Michigan	L	194.275-197.800
3/12	at Auburn w/ North Carolina	2nd/3	194.325
3/26	at Big Ten Championships	6th/7	193.000
4/9	at NCAA Regionals	6th/6	192.350

2006 | Head Coach Larissa Libby

5-17 Overall, 1-7 Big Ten

1/13	at Oregon State w/ BYU & Florida	4th/4	188.050
1/20	at LSU	L	191.050-195.025
1/28	vs. Iowa State	L	193.375-195.700
2/5	at West Virginia Invitational	3rd/4	192.250
2/10	vs. Denver	L	191.625-192.575
2/18	vs. Illinois	L	193.025-193.850
2/25	at Texas Woman's Invitational	1st/4	194.275
3/5	vs. Minnesota	L	193.075-195.875
3/11	vs. Missouri	L	190.800-192.600
3/17	at Iowa State	L	194.225-197.275
3/25	at Big Ten Championships	6th/7	193.425

2007 | Head Coach Larissa Libby

7-14 Overall, 2-9 Big Ten

1/12	vs. LSU	L	192.525-194.875
1/21	at North Carolina State w/ Georgia & Ohio	3rd/3	193.750
1/27	at Illinois	L	193.350-194.725
2/3	vs. N. Illinois w/Winona State & UW Whitewater	1st/4	194.575
2/9	at Alaska	W	192.725-189.675
2/11	at Alaska	W	193.725-188.475
2/18	vs. Oklahoma	L	194.525-195.650
2/24	at Minnesota	W	194.625-193.950
3/2	vs. Southern Utah	W	193.875-192.550
3/4	vs. Iowa State w/ Minnesota	3rd/3	194.275
3/9	at Missouri	L	192.875-194.425
3/17	at Oklahoma	L	193.825-195.475
3/23	at Iowa State w/ Denver	3rd/3	194.500
3/31	at Big Ten Championships	6th/7	192.750

IOWA WOMEN'S GYMNASTICS



ALL-TIME RESULTS

2008 | Head Coach Larissa Libby

12-13-1 Overall, 5-5-1 Big Ten

1/4	at Cancun Classic	2nd/4	192.875
1/11	at LSU	L	191.525-195.550
1/18	at Central Michigan	W	193.625-189.650
1/25	vs. Illinois	L	192.975-193.650
2/2	at Southeast Missouri State	W	194.550-193.650
2/9	vs. Ohio State	Tie	195.400-195.400
2/22	at Iowa State	L	198.800-195.125
2/24	vs. Michigan State & Illinois	1st/3	195.575
2/29	vs. Minnesota	W	195.900-194.725
3/2	at Texas Woman's	W	195.075
3/7	vs. Iowa State	W	195.350-192.650
3/14	at Southern Utah	W	195.400-194.725
3/29	at Big Ten Championships	5th/7	194.775
4/12	at NCAA Regionals	6th/6	193.875

2009 | Head Coach Larissa Libby

9-16 Overall, 2-8 Big Ten

1/9	vs. LSU & Southeast Missouri State	3rd/3	191.375
1/17	at Michigan State w/ Illinois State & W. Virginia	1st/4	194.350
1/24	at Illinois	W	194.950-194.400
1/31	at Texas Woman's w/UW-Whitewater	1st/3	195.050
2/7	at Ohio State	L	194.250-195.225
2/12	at Iowa State	W	194.375-193.875
2/16	vs. Iowa State	W	194.675-194.000
2/20	at Southern Utah	L	194.275-195.675
2/28	vs. Maryland	W	194.875-192.175
3/6	vs. Kentucky	W	196.525-194.875
3/14	vs. Minnesota	L	195.125-196.750
3/21	at Big Ten Championships	7th/7	195.450
4/4	at NCAA Regionals	6th/6	19.625

2010 | Head Coach Larissa Libby

12-14 Overall, 5-7 Big Ten

1/9	at Michigan w/Bowling Green	2nd/3	193.200
1/15	vs. Michigan State & Illinois-Chicago	2nd/3	192.225
1/23	at Penn State w/Cornell & Yale	2nd/4	192.175
1/30	vs. Illinois	L	192.950-195.225
2/6	vs. Ohio State	W	194.925-193.025
2/21	vs. Iowa State	L	193.825-194.475
2/26	vs. Minnesota	L	194.200-194.625
3/5	at Iowa State	W	195.175-194.150
3/7	vs. Southern Utah	W	195.300-194.475
3/12	at LSU	L	195.400-197.150
3/19	at Southeast Missouri State	L	193.625-195.125
3/27	at Big Ten Championships	3rd/7	195.575
4/10	at NCAA Regionals	5th/6	194.900

2011 | Head Coach Larissa Libby

11-15 Overall, 3-8 Big Ten

Date	Opponent	Finish	Score
1/7	at Michigan State w/Michigan & W. Michigan	2nd/4	193.825
1/15	at Minnesota	L	195.325-194.825
1/22	vs. Michigan	W	195.375-194.900
1/29	at Illinois	L	193.475-194.775
2/6	at North Carolina State	L	194.375-194.850
2/11	vs. Denver	W	196.50-196.200
2/13	vs. Wisconsin-Stout	W	195.300-183.200
2/18	at Iowa State	L	195.850-196.350
2/25	vs. Iowa State	W	195.450-195.200
2/27	at Master's Classic	2nd/4	195.500
3/5	vs. Northern Illinois	W	195.950-193.425
3/19	at Big Ten Championships	6th/7	194.850
4/2	at NCAA Regionals	5th/6	193.925

2012 | Head Coach Larissa Libby

14-15-1 Overall, 2-10-1 Big Ten

1/6	at Cancun Classic	4th/5	193.875
1/13	vs. Michigan State	W	193.225-190.175
1/21	vs. Illinois	Tie	195.075-195.075
1/27	at Iowa State	L	194.550-194.900
2/3	vs. Penn State	L	195.150-195.800
2/10	at Ohio State	L	196.125-194.425
2/17	vs. Iowa State	W	194.150-192.275
2/24	vs. Minnesota	L	194.100-196.250
3/3	at Texas Woman's w/BYU & SEMO	1st/4	195.875
3/9	at LSU	L	195.700-196.300
3/17	at Denver w/Minnesota & Arizona State	3rd/4	194.500
3/24	at Big Ten Championships	7th/8	194.600
4/7	at NCAA Regionals	5th/6	194.600

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2013 | Head Coach Larissa Libby

9-18 Overall, 3-12 Big Ten

1/11	vs. Ball State	W	193.375-193.125
1/19	at Ohio State	L	194.200-194.925
1/26	at Penn State w/Pittsburgh & Rutgers	2nd/4	195.325
2/2	at Michigan	L	195.200-196.675
2/8	vs. Michigan State w/ Illinois-Chicago	1st/3	195.875
2/16	at Illinois	L	195.875-195.975
2/22	vs. Minnesota	W	195.725-195.550
3/4	at Nebraska	L	194.950-197.675
3/8	vs. Iowa State	W	196.375-194.575
3/15	at Southern Utah w/San Jose State & Ball State	2nd/4	195.025
3/23	at Big Ten Championships	8th/8	193.400
4/6	at NCAA Regionals	6th/6	194.475

2014 | Head Coach Larissa Libby

3-22 Overall, 1-12 Big Ten

1/11	vs. Utah State	L	191.650-191.750
1/17	at Ball State	L	188.872-189.975
1/80	at Georgia	L	194.675-197.400
1/24	vs. Nebraska	L	193.250-196.450
1/31	at Illinois	L	195.050-196.475
2/7	at Michigan State	L	193.750-194.150
2/14	vs. Ohio State	L	195.075-195.275
2/23	vs. Illinois-Chicago	W	195.125-193.800
2/28	at Boise State	L	195.350-196.975
3/7	at Iowa State	L	192.775-195.925
3/15	at Big Quad Meet	4th/4	194.750
3/22	at Big Ten Championships	7th/8	195.375

2015 | Head Coach Larissa Libby

13-17 Overall, 8-11 Big Ten

1/9	at LSU	L	193.300-197.125
1/18	vs. Ball State & Michigan State	2nd/3	194.425
1/24	at Ohio State	L	195.225-196.200
1/30	vs. Maryland	W	195.725-195.275
2/7	at Nebraska	L	195.175-197.325
2/14	vs. Illinois	L	196.370-196.970
2/21	at Denver w/BYU	2nd/3	195.850
2/28	at Minnesota w/New Hampshire	1st/3	195.000
3/6	vs. Iowa State	W	195.775-195.175
3/14	at Big Five Meet	4th/5	196.425
3/21	at Big Ten Championships	5th/10	196.500
4/4	at NCAA Regionals	5th/6	194.475

2016 | Head Coach Larissa Libby

15-11-1 Overall, 9-5-1 Big Ten

1/2	at Cancun Classic	3rd/3	192.350
1/9	at Northern Illinois	W	194.500-192.825
1/15	at Michigan State	W	194.900-192.575
1/18	vs. Denver	L	194.725-195.900
2/23	vs. Ohio State	W	196.375-195.025
1/31	at Maryland	W	196.275-195.500
2/6	vs. Nebraska	W	196.650-196.350
2/13	at Illinois	W	196.275-195.125
2/20	vs. Towson	W	194.150-191.800
2/27	at Denver w/SE Missouri & Illinois-Chicago	2nd/4	196.075
3/4	at Iowa State	L	196.000-196.025
3/12	at Big Five Meet	4th/5	196.650
3/19	at Big Ten Championships	15/10	195.875
4/2	at NCAA Regionals	4th/6	195.450

2017 | Head Coach Larissa Libby

21-10 Overall, 17-3 Big Ten

1/8	at N. Illinois w/Lindenwood & W. Michigan	2nd/4	194.200
1/13	vs. Michigan State	W	195.475-193.875
1/15	vs. California	L	195.500-194.400
1/21	at Ohio State	W	196.175-195.525
1/29	vs. Maryland	W	195.975-193.800
2/5	at Nebraska	L	195.725-196.825
2/11	vs. Illinois & Illinois-Chicago	1st/3	196.475
2/17	at GWU w/Maryland, Pittsburg, & William & Mary	1st/5	196.400
2/19	at LSU w/George Washington	3rd/3	194.200
2/24	at BYU	W	196.550-196.425
3/4	vs. Iowa State	W	196.725-195.300
3/11	at Big Five Meet	2nd/5	196.400
3/18	at Big Ten Championships	3rd/10	196.725
4/1	at NCAA Regionals	3rd/6	196.050



IOWA WOMEN'S GYMNASTICS

2023-24 MEDIA GUIDE

ALL-TIME RESULTS

2018 | Head Coach Larissa Libby

13-18 Overall, 12-7 Big Ten

1/6	at Arizona State w/Iowa State & Auburn	4th/4	193.000
1/13	at Michigan State	W	193.375-192.900
1/19	vs. Ohio State	W	195.725-195.300
1/25	at Maryland	W	196.000-195.350
2/2	at Illinois	L	195.150-195.325
2/10	vs. Nebraska	L	194.900-195.675
2/16	vs. Ball State	W	195.775-194.825
2/23	at Southern Utah	L	195.775-195.850
3/2	at Southeast Missouri State	W	195.500-192.750
3/4	at Texas Woman's	L	195.525-195.575
3/9	at Iowa State w/Missouri	3rd/3	195.600
3/17	at Big Five Meet	2nd/5	195.275
3/24	at Big Ten Championships	4th/10	196.400
4/7	at NCAA Regionals	6th/6	195.050

2019 | Head Coach Larissa Libby

13-18 Overall, 12-7 Big Ten

1/4	at Auburn	L	193.225
1/11	vs. S.E. Missouri	W	194.700-180.925
1/13	at New Hampshire	L	193.500-193.950
1/19	at Minnesota	L	194.350-195.475
1/26	vs. Rutgers	W	194.575-191.625
2/2	at Ohio State	L	194.775-195.000
2/10	at Michigan	L	195.375-197.350
2/16	vs. Illinois	L	195.400-195.650
2/22	at Big Five Meet	1/5	196.450
3/1	vs. Iowa State	L	196.250-196.275
3/8	at Washington w/ Sac. State	2nd/3	195.300
3/15	at Oregon State w/ UNC and SPU	2nd/4	195.425
3/23	at Big Ten Championships	6th/10	196.075
4/4	at NCAA Regionals	W	195.850-194.550

2020 | Head Coach Larissa Libby

5-9 Overall, 2-7 Big Ten

1/3	vs. Bridgeport, Georgia, Oregon State	3/4	192.700
1/11	vs. Air Force/Ball State	1/3	195.550
1/19	at Maryland	L	196.125-195.675
1/25	at Penn State	L	196.125-195.675
2/1	vs. Michigan State	W	195.450-195.300
2/8	at Minnesota	L	196.825-196.175
2/14	vs. Michigan	L	196.800-195.975
2/21	at Big Five (Toledo)	4/5	195.725
3/6	at Iowa State	W	196.425-196.225
3/8	vs. West Virginia	W	196.750-196.175
3/13	vs. Western Michigan	--	Canceled
3/15	at California	--	Canceled
3/21	at Big Ten Championships	--	Canceled

2021 | Head Coach Larissa Libby

15-3-1 Overall, 9-0 Big Ten

1/15	at #11 Minnesota	L	196.450-197.025
1/23	#13 Ohio State	W	196.550-193.800
1/31	at #18 Illinois	W	196.235-195.600
2/6	#11 Minnesota	W	196.800-196.325
2/13	#12 Minnesota	NTS	--
2/13	#29 Maryland	W	196.775-195.350
2/20	at #39 Nebraska	W	195.850-195.100
2/27	at Big Five Meet	1st	196.100
3/6	#19 Illinois	W	196.450-196.225
3/14	at #35 Nebraska	W	196.825-196.100
3/20	at Big Ten Championships	T3rd	196.625
4/2	at NCAA Regionals (Tuscaloosa, Ala.)	3rd	197.050

2022 | Head Coach Larissa Libby

11-6 Overall, 5-4 Big Ten

1/8	Eastern Michigan	W	195.950-194.100
1/14	#29 Texas Woman's University	W	196.125-189.300
1/17	vs. UCLA	W	195.950-194.850
1/17	at Minnesota	L	195.950-196.900
1/22	at #15 Michigan State	W	196.475-196.350
1/29	#43 Nebraska	W	196.825-195.525
2/4	#29 Penn State	W	196.125-195.325
2/11	at #44 Rutgers/vs. #29 Kent State/vs. #80 Ursinus	1st	196.425
2/18	at Big Five Meet	4th	196.225
2/25	at #8 Minnesota	L	196.375-198.025
3/4	at #26 Iowa State	W	196.825-196.500
3/13	at #10 California	L	196.175-197.900
3/19	at Big Ten Championships	3rd	196.950
3/31	at NCAA Regionals (Raleigh, N.C.)	2nd	196.900
4/2	at NCAA Regional Final (Raleigh, N.C.)	4th	197.075

2023 | Head Coach Larissa Libby

11-6-1 Overall, 6-2-1 Big Ten

1/7	vs. #8 Cal, #24 Arizona St., & #22 BYU	2nd	196.225
1/14	#3 Cal, #20 Pitt & #26 Oregon St.	3rd	196.575
1/22	at #10 Phio St.	L	196.900
1/27	vs. #18 Minneosta	T	196.875
2/6	at #39 Nebraska	W	196.475
2/11	vs. #12 Michigan St.	W	196.100
2/18	vs. Rutgers	W	196.200
2/24	at Big Five Meet	2nd	196.925
3/4	vs. #39 Iowa St.	W	195.275
3/10	at #24 Southern Utah/vs. San Jose St.	2nd	196.425
3/18	at Big Ten Championships	8th	196.125
3/30	at NCAA Regionals (Norman, Okla.)	3rd	196.500



**Matthew
Weitzel**



**James
Allan**



**Sam
Basler**



**Leandra
Jew**



**John
Leo**



**Bailey
Turner**



**Traci
Wagner**

Your hosts at Xstream Arena include UI Athletic Communications staff members Matthew Weitzel, James Allan, Sam Basler, Leandra Jew, John Leo, Bailey Turner and Traci Wagner. The Strategic Communications staff also includes intern Jack Bacon, and student staff members Alina Davis, Brandt Dickey, Claire Kelly, Grace Kelly, Emmy Lewis, Reagan Schoening, Teagan Schreiber and Sydney Weber.

Weitzel was named associate athletics director for strategic communications in June 2023. He previously served as an associate director in for 11 years after serving as assistant director for 13 years. Weitzel graduated from the University of Iowa in 1997 with a bachelor's degree in journalism and mass communication, with an emphasis in business. The native of Mundelein, Illinois, was a student in the sports information office for three years. He and his wife, Carrie, have a son, Grey, and a daughter, Owen Rose.

Allan was named associate director in 2016 following seven years as a full-time assistant. It is Allan's second stint in the office, as he served as a student assistant from 2000-04. Allan returned to Iowa City after serving as the sports information director at the University of Missouri-Kansas City from 2005-10, and as the athletics media relations intern at Texas Christian University in 2004-05. The Hampton, Iowa, native earned his bachelor's degree in journalism in 2004. He and his wife, Mary Ann, have four children, Jonathan, Will, Eleanor and Olivia.

Basler is in his second year as a assistant director after serving as an intern for one year and a student assistant for two years. He previously was a student assistant in the sports information department at Gonzaga University (2018-19). The West Des Moines native earned his bachelor's degree in sports management from Gonzaga and his master's degree in sport and recreation management from Iowa.

Jew was named an assistant director in 2023 after serving as a full-time intern for one year. The Brea, California, native earned her bachelor's degree in communication from the University at Buffalo where she was a four-year starter on the softball team. She also earned her master's degree in sport management from the University of Florida. She and her husband, Logan, reside in North Liberty with their dog, Duke.

Leo was named an assistant director in 2024 after serving as a full-time intern for one and a half years. A native of Oelwein, Iowa, John earned both his bachelor's and master's degree in Sport and Recreation Management from the University of Iowa in 2019 and 2022, respectively. He also serves as a radio broadcaster for the Iowa Baseball program and Hawkeye Sports Properties.

Turner is in his second year as an assistant after serving as a student assistant from 2017-20. He also served as an assistant director at North Texas (2021-22) and a communications assistant at Middle Tennessee (2020-21). A native of Boone, Iowa, Turner earned his bachelor's degree in sports and recreation management in 2020.

Wagner is in her 25th year as an assistant after previously serving as a student assistant for four years and as an intern for two years. A native of Iowa Falls, Wagner earned her bachelor's degree in 1997 with a double major in journalism and communication studies. She and her husband, Jason, have a son, Nick, and a daughter, Sydney.

The Strategic Communications Office is located in Suite S300 in Carver-Hawkeye Arena. Rhonda Wetjen is the office assistant and the office phone number is 319-335-9411.



George Wine Scholarship Benefits University of Iowa Student Interns

Dr. Barrie Anderson, spouse of former University of Iowa Sports Information Director George Wine, has established the George Wine Memorial Scholarship Fund. The fund provides a scholarship each semester to a senior student intern who is employed in the UI Athletic Communications office. Wine served as Iowa's Sports Information Director from 1968-1993.