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UI Intercollegiate Athletics Department Mission Statement

The mission of the Department of Athletics is to provide the administrative and coaching support, facilities, resources, and equipment necessary for student athletes to graduate from The University of Iowa while participating in broad-based championship-caliber athletic competition. The overall well-being of the participant and the integrity of the program will be paramount in all that we do.

UI Nondiscrimination Statement

The University of Iowa prohibits discrimination in employment, educational programs, and activities on the basis of race, creed, color, religion, national origin, age, sex, pregnancy, disability, genetic information, status as a U.S. veteran, service in the U.S. military, sexual orientation, gender identity, associational preferences, or any other classification that deprives the person of consideration as an individual. The university also affirms its commitment to providing equal opportunities and equal access to university facilities. For additional information on nondiscrimination policies, contact the Director, Office of Equal Opportunity and Diversity, the University of Iowa, 202 Jessup Hall, Iowa City, IA, 52242-1316, 319-335-0705 (voice), 319-335-0697 (TDD), diversity@uiowa.edu.

UI Accessibility Statement

Individuals with disabilities are encouraged to attend all University of Iowa sponsored events. If you are a person with a disability who requires a reasonable accommodation in order to participate in this program, please contact the UI Athletics Ticket office (319-335-9309) or UI Athletics Event Management (319-335-9247).

2023 Cross Country Schedule

Sept. 1	Hawkeye Invite	Iowa City, Iowa
Sept. 9	at Badger Classic	Madison, Wis.
Sept. 22	at Redbird Invite	Normal, Ill.
Sept. 29	at Joe Piane Notre Dame Invite	South Bend, Ind.
Oct. 13	at Bradley Pink Classic	Peoria, Ill.
Oct. 27	at Big Ten Championships	Madison, Wis.
Nov. 10	at NCAA Midwest Regional	Stillwater, Okla.
Nov. 18	at NCAA Championships	Charlottesville, Va.

2023-24 Indoor Track & Field Schedule

Dec. 2	Sharon Colyear-Danville Open (Boston, Mass.)
Dec. 9	Jimmy Grant Alumni Invite (Iowa City, Iowa)
Jan. 13	Hawkeye Invite (Iowa City, Iowa)
Jan. 19-20	Larry Wiecezorek Invite & Multi (Iowa City, Iowa)
Jan. 27	Black & Gold Invite (Iowa City, Iowa)
Feb. 2-3	New Mexico Collegiate Classic (Albuquerque, N.M.) Meyo Invite (South Bend, Ind.) Iowa State Classic (Ames, Iowa)
Feb. 9-10	Texas Tech Invitational (Lubbock, Texas) BU Invitational (Boston, Mass.) Tyson Invitational (Fayetteville, Ark.) Wisconsin Windy City Invite (Chicago, Ill.)
Feb. 16-17	Iowa Open (Iowa City, Iowa) Matador Qualifier (Lubbock, Texas) Arkansas Qualifier (Fayetteville, Ark.) Alex Wilson Invitational (South Bend, Ind.)
Feb. 23-24	B1G Indoor Championships (Geneva, Ohio)
March 6-9	NCAA Championships (Boston, Mass.)

Credits

The University of Iowa track and field and cross country media guide was written, designed and edited by Athletic Communications Assistants John Leo and Assistant Athletic Communication Director Traci Wagner. Photographs provided by Brian Ray, Stephen Mally and University of Iowa CMP Photo Services. Cover artwork designed by Mindy Gardner.



2023-24 Men's Track & Field Roster

Name	Yr.	Event	Hometown (Last School)
Damoy Allen	Sr.	Sprints	Utica, N.Y. (Indian Hills CC)
Connor Belken	Sr.	Sprints	Dubuque, Iowa (Hawkeye CC)
Koby Brackemeyer	Sr.	Middle Distance	Morrison, Ill. (Hawkeye CC)
Zidane Brown	Jr.	Sprints	Yonkers, N.Y. (Ohio State)
Brayden Burnett	So.	Distance	Cedar Falls, Iowa (Cedar Falls)
Canaan Burnett	Fr.	Multi Events	Bradenton, Fla. (IMG Academy)
Austin Busch	RS Fr.	Throws	Jewell, Iowa (South Hamilton HS)
Sal Capaldo	So.	Multi Events	Polk City, Iowa (North Polk HS)
Grant Conway	Sr.	Hurdles	St. James, Mo. (St. James HS)
Will Davidson	Fr.	Multi Events	Mt. Pleasant, Iowa (My. Pleasant)
Duke Faley	Fr.	Throws	Dubuque, Iowa (Dubuque Wahlert)
Nathan Farrell	Jr.	Hurdles	Port Orange, Fla. (Flagler Palm Coast HS)
James Fingalsen	Fr.	Middle Distance	Mason City, Iowa (Mason City)
Ian Geisler	Jr.	Distance	Lake in the Hills, Ill. (Huntley HS)
Nicholas Gorsich	Fr.	Hurdles	Marion, Iowa (Linn-Mar)
Miles Granjean	Fr.	Hurdles	Evanston, Ill. (Evanston Township)
Kai Graves-Blanks	Fr.	Hurdles	Upland, Calif. (Montverde Academy)
Nate Harbert	So.	Distance	Highlands Ranch, Colo. (Mountain Vista)
Carson Houg	So.	Distance	Urbandale, Iowa (Des Moines Christian HS)
Kaleba Jack	Jr.	Jumps	Iowa City, Iowa (City HS)
Noah James	Jr.	Jumps	Treynor, Iowa (Treynor HS)
Khullen Jefferson	Sr.	Sprints	Lynwood, Ill. (Thronton Fractional South)
Phillip Jefferson	So.	Hurdles	Los Angeles, Calif. (Long Beach Wilson HS)
Jordan Johnson	Sr.	Throws	Quincy, Ill. (Quincy HS)
Kalil Johnson	Jr.	Hurdles	Evanston, Ill. (Evanston HS)
Aidan King	Jr.	Distance	St. Charles, Ill. (East HS)
Luke Knepp	Fr.	Distance	Bettendorf, Iowa (Pleasant Valley)
Austin Kresley	Sr.	Sprints	Oakley, Calif. (IMG Academy)
Hayden Kuhn	So.	Distance	Marion, Iowa (Linn-Mar)
Carson Lane	Fr.	Middle Distance	Ankeny, Iowa (Johnston)
Derek Leicht	So.	Middle Distance	Dubuque, Iowa (Hempstead HS)
Caleb Levy	Fr.	Middle Distance	Gurnee, Ill. (Warren Township)
Isaac Lewis	Fr.	Hurdles	Compton, Calif. (Long Beach Wilson)
Chase Lovercheck	Sr.	Middle Distance	Lagrange, Wyo. (Portland State)
Quintin Lyons	Sr.	Throws	Van Nuys, Calif. (Notre Dame HS)
Rivaldo Marshall	Jr.	Middle Distance	Kingston, Jamaica (Indian Hills CC)
Tyrese Miller	So.	Sprints	Ankeny, Iowa (Ankeny HS)
Flynn Milligan	Fr.	Distance	Des Moines, Iowa (Dowling Catholic)
Kristopher Moore	Sr.	Sprints	Clinton, Miss. (Hinds JC)
Elijah Morris	Fr.	Sprints	Washington, Iowa (Washington)
Max Murphy	Jr.	Distance	Bettendorf, Iowa (Pleasant Valley HS)
Eli Naumann	So.	Distance	Peosta, Iowa (Western Dubuque)
Nick O'Connor	Sr.	Middle Distance	Tiffin, Iowa (Indian Hills CC)
Jack Pendergast	Sr.	Distance	Cedar Rapids, Iowa (Prairie HS)
Zack Pluff	Sr.	Jumps	Freeburg, Ill. (Freeburg HS)
Josh Pugh	Fr.	Sprints	Montgomery, Ill. (Yorkville High)
Gratt Reed	Sr.	Hurdles	Atlantic, Iowa (Atlantic HS)
Chadrick Richards	Jr.	Sprints	Longwood, Fla. (Lake Brantley HS)
Will Ryan	So.	Distance	Waukegan, Iowa (Dowling Catholic HS)
Ryan Schreiner	So.	Middle Distance	Winfield, Ill. (Wheaton North HS)
Evan Schuster	Sr.	Sprints	Racine, Wis. (St. Catherine's HS)
Miles Sheppard	So.	Distance	Keokuk, Iowa (Warsaw, Ill. HS)
Sean Smith	So.	Throws	Webster, N.Y. (Webster Thomas HS)
Deandre Stapleton, Jr.	Sr.	Jumps	Mansfield, Texas (Mansfield Lake Ridge HS)
Joe Stein	Sr.	Sprints	Milford, Iowa (Central College)
Mike Stein	So.	Throws	Milford, Iowa (Spirit Lake HS)
Martin Strong	Jr.	Middle Distance	Kirkwood, Mo. (Kirkwood HS)
Kalen Walker	Sr.	Sprints	Eddyville, Iowa (Indian Hills JC)
Brett Wasick	So.	Middle Distance	Bolingbrook, Ill. (Bolingbrook HS)
Austin West	Sr.	Multi Events	Iowa City, Iowa (West HS)
Walker Whalen	So.	Throws	Indianola, Iowa (Indianola HS)
Miles Wilson	Fr.	Distance	Cedar Rapids, Iowa (Cedar Rapids Kennedy)
Drake Woody	Sr.	Hurdles	North Liberty, Iowa (Liberty HS)
Yohana Yual	Jr.	Distance	Des Moines, Iowa (Johnston HS)



Name	Yr.	Event	Hometown (Last School)
Amber Aesoph	Sr.	Distance	Sioux City, Iowa (Bishop Heelan Catholic HS)
Madeline Andelbradt	So.	Jumps/Multi Events	Lisle, Ill. (Naperville North HS)
Alivia Bauer	Sr.	Throws	Indianola, Iowa (Indianola HS)
Audrey Biermann	So.	Sprints	Peosta, Iowa (Western Dubuque HS)
Jalyssa Blazek	So.	Distance	Lawler, Iowa (Turkey Valley HS)
Alli Bookin-Nosbisch	Sr.	Middle Distance	Ottumwa, Iowa (Ottumwa HS)
Grace Bookin-Nosbisch	Sr.	Distance	Ottumwa, Iowa (Ottumwa HS)
Rowan Boulter	So.	Distance	Iowa City, Iowa (City HS)
Miya Brines	Jr.	Multi Events	Loveland, Ohio (Loveland HS)
Mariel Bruxvoort	Sr.	Hurdles	Grand Rapids, Mich. (South Christian HS)
Gabby Cortez	So.	Middle Distance	Cedar Rapids, Iowa (Prairie HS)
Aliyanna Dorn	Sr.	Sprints	Madison, Wis. (University of Wisconsin)
Holly Duax	So.	Sprints	Sioux City, Iowa (West HS)
Alexandria Edison	So.	Sprints	Flossmoor, Ill. (Homewood-Flossmoor HS)
Claire Edmondson	Sr.	Distance	Dubuque, Iowa (Senior HS)
Laney Fitzpatrick	Jr.	Distance	Davenport, Iowa (Assumption HS)
Ali Frandsen	Fr.	Hurdles	Ames, Iowa (Ames)
Natalie Harris	So.	Hurdles/Sprints	Waukeg, Iowa (Northwest HS)
Jade Hunter	Jr.	Jumps	East Moline, Ill. (United Township HS)
Kayla Hutchins	Sr.	Jumps	Royse City, Texas (Royse City HS)
Jaiden Itson	Jr.	Middle Distance	Houston, Texas (Ford Bend Hightower HS)
Lily Johannes	So.	Middle Distance	Cedar Rapids, Iowa (Prairie HS)
Kaitlin Knappe	Jr.	Distance	Tecumseh, Mich. (Tecumseh HS)
Jamie Kofron	Sr.	Throws	Tipton, Iowa (Tipton HS)
Lizzie Korczak	RS So.	Throws	Hassocks, England (Brighton College)
Chloe Larsen	RS So.	Sprints	Waunakee, Wis. (Waunakee HS)
Lia Love	Jr.	Sprints	Chapel Hill, N.C. (Jordan Senior HS)
Olicia Lucas	Fr.	Sprints	Fort Mill, S.C. (Nation Ford)
Paige Magee	Sr.	Hurdles	Columbia, Mo. (Battle HS)
Mytika Mayberry	Jr.	Sprints	Ankeny, Iowa (Ankeny HS)
Brynley McDermott	Jr.	Sprints	Burlington, Ontario (University of Albany)
Brooke McKee	Sr.	Distance	Johnston, Iowa (Johnston HS)
Lauren McMahon	Jr.	Distance	Ankeny, Iowa (Ankeny HS)
Ella Meeuwssen	RS So.	Jumps	Green Bay, Wis. (Bay Port HS)
Kat Moody	Sr.	Throws	Clive, Iowa (Waukee HS)
Katie Moore	Sr.	Middle Distance	Olathe, Kan. (St. James Academy)
Julia Pattison	So.	Sprints	Louisville, Colo. (Monarch HS)
Nylah Perry	Sr.	Hurdles	Atco, N.J. (Winslow Township HS)
Katie Petersen	Sr.	Hurdles	Ankeny, Iowa (Centennial HS)
Clare Pitcher	Sr.	Middle Distance	Franklin, Wis. (Franklin HS)
Micah Poellet	Jr.	Distance	Marion, Iowa (Linn-Mar HS)
Ellie Rathe	So.	Distance	La Porte City, Iowa (Union HS)
Ellie Rickertsen	So.	Hurdles	Clinton, Iowa (Northeast HS)
Tesa Roberts	Sr.	Sprints	Chicago, Ill. (Brooks College Prep)
Abby Ryon	Sr.	Distance	Mt. Pleasant, Iowa (Mt. Pleasant HS)
Miriam Sandeen	Jr.	Distance	Eden Prairie, Minn. (Eden Prairie HS)
Lillian Schmidt	Jr.	Distance	Dubuque, Iowa (Senior HS)
Sydney Smith	Fr.	Throws	Bexley, Ohio (Bexley)
Aleah Tenpas	So.	Distance	Johnston, Iowa (Johnston HS)
Tionna Tobias	Sr.	Jumps	Sicklerville, N.J. (Winslow Township HS)
Kelli Tosic	Sr.	Distance	Grayslake, Ill. (North HS)
Ellie Twedt	Sr.	Distance	Elkhart, Iowa (Ballard HS)
Kathryn Vortherms	RS So.	Distance	Ankeny, Iowa (Centennial HS)
Daniela Martine Wamokpego	Fr.	Jumps	Meaux, France
Arianna Williams	Fr.	Sprints	Blythewood, S.C. (Blythewood)
Wisdom Williams	So.	Throws	Alexandria, Va. (Alexandria City)
Ann Wirth	Fr.	Multi Events	Geneseo, Ill. (Geneseo)
Isabelle Woody	So.	Multi Events	North Liberty, Iowa (UC Santa Barbara)
Maud Zeffou-Poaty	Fr.	Jumps	Ecouen, France

General Information

Location: Iowa City, Iowa
Founded: 1847
Enrollment: 31,452
Conference: Big Ten
School Colors: Black and Gold
President: Barbara Wilson
Interim Director of Athletics: Beth Goetz
Nickname/Mascot: Hawkeyes/Herky the Hawk
Cross Country Facility: Bill and Jim Ashton Cross Country Course
Indoor Track & Field Facility: Hawkeye Indoor Track Facility
Outdoor Track & Field Facility: Francis X. Cretzmeyer Track

Coaching & Staff Information

Director of Track & Field (Yr. at Iowa):.....Joey Woody (19th)
Events:(Hurdles, Multi-Events, Men's Short Sprints)
Alma Mater, Yr.: Northern Iowa, 1997
E-Mail Address:.....joey-woody@uiowa.edu

Cross Country/Associate Head Coach:.....Randy Hasenbank (7th)
Events: Cross Country, Distance
Alma Mater:.....Wichita State, 1990
E-Mail Address:.....randy-hasenbank@uiowa.edu

Assistant Coach/Recruiting Coordinator: Jason Wakenight (11th)
Events: Long Sprints, Middle Distance, Men's Long Hurdles
Alma Mater, Yr.: University of Iowa, 2006
E-Mail Address:.....jason-wakenight@uiowa.edu

Assistant Coach: Hadrien Choukron (2nd)
Events: Jumps, Combined Events
Alma Mater, Yr.: Benedict College, 2011
E-Mail Address:.....hadrien-choukron@uiowa.edu

Assistant Coach: Chyna Davis (2nd)
Events: Sprints, Hurdles
Alma Mater, Yr.: Tiffin University, 2015
E-Mail Address:.....chyna-davis@uiowa.edu

Assistant Coach: Ray Robinson (3rd)
Events: Throws
Alma Mater, Yr.: Tiffin University, 2015
E-Mail Address:.....raymond-robinson@uiowa.edu

Assistant Coach Shayla Houlihan (1st)
Events: Distance

Cross Country/Track Administrator:..... Eddie Etsey
Office Phone:..... (319) 335-9430
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Outdoor Track and Field Contact:..... Jack Bacon
E-Mail Address:.....john-r-bacon@uiowa.edu

Men's Track & Field Team Information

2023 Big Ten Indoor Championships Place (Points):3rd (98)
2023 Big Ten Indoor Champions:..... 0
2023 Indoor All-Big Ten Competitors: 3
2023 NCAA Indoor Championships Qualifiers: 5
2023 Indoor All-Americans:..... 5
2023 Big Ten Outdoor Championships Place (Points):.....3rd (120)
2023 Big Ten Outdoor Champions:..... 7
2023 Outdoor All-Big Ten Competitors:..... 15
2023 NCAA Outdoor Championships Qualifiers: 13
2023 Outdoor All-Americans:..... 13

Men's Track & Field Historical Information

Highest Big Ten Indoor Team Place (Yrs.):..... 1st
(1926, 1929, 1963, 2021, 2022)
Highest NCAA Indoor Champ's Team Place (Yrs.):8th (2011)
Highest Big Ten Outdoor Champ's Team Place (Yrs.): 1st
(1963, 1967, 2011, 2019, 2021)
Highest NCAA Regional Team Finish (Pts., Yr.):.....12th (25, 2008)
Highest NCAA Outdoor Champ's Team Place (Yr.):3rd (1923)
NCAA Champions: 10 champions, 12 titles
All-Americans: 127 student-athletes, 300 honors
Big Ten Indoor Champions:..... 82 individual events, 15 relays
Big Ten Outdoor Champions:..... 120 individual events, 24 relays
All-Big Ten Honors: 240
Academic All-Big Ten Honors:..... 295

Women's Track & Field Team Information

2023 Big Ten Indoor Championships Place (Points):3rd (85)
2023 Big Ten Indoor Champions:..... 1
2023 Indoor All-Big Ten Competitors: 2
2023 NCAA Indoor Championships Qualifiers: 1
2023 Indoor All-Americans:..... 1
2023 Big Ten Outdoor Championships Place (Points):6th (59)
2023 Big Ten Outdoor Champions:..... 1
2023 Outdoor All-Big Ten Competitors:..... 3
2023 NCAA Outdoor Championships Qualifiers: 10
2023 Outdoor All-Americans:..... 10

Women's Track & Field Historical Information

Highest Big Ten Indoor Team Place (Pts., Yr.):..... 3rd
(65, 1981; 89, 2004; 80, 2019; 75, 2021)
Highest NCAA Indoor Champ's Team Place (Pts., Yr.): ..14th (10, 1993)
Highest AIAW Indoor Champ's Team Place (Pts., Yr.):.....10th (15, 1982)
Highest Big Ten Outdoor Champ's Team Place (Pts., Yr.):..... 3rd
(75, 1981; 96, 2018; 93)
Highest NCAA Regional Team Finish (Pts., Yr.):.....8th (34.5, 2007)
Highest NCAA Outdoor Champ's Team Place (Pts., Yr.): 19th (12, 1992)
Highest AIAW Outdoor Champ's Team Place (Pts., Yr.):..10th (21, 1982)
NCAA Champions: 4 champions, 5 titles
All-Americans:88 student-athletes, 161 total honors
Big Ten Indoor Champions:..... 41 individual events, 3 relays
Big Ten Outdoor Champions:..... 36 individual events, 6 relays
All-Big Ten Honors: 181 honors
Academic All-Big Ten Honors:..... 408 honors



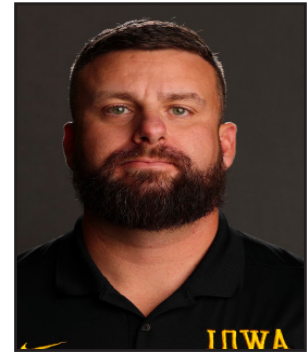
Joey Woody
Director of
Track & Field/
Cross Country



Randy Hasenbank
Associate Head Coach
(Distance)



Jason Wakenight
Assistant Coach
Recruiting Coordinator



Ray Robinson
Assistant Coach
(Throws)



Chyna Davis
Assistant Coach
(Sprints)



Hadrien Choukroun
Assistant Coach
(Jumps)



Shayla Houlihan
Assistant Coach
(Distance)



Eddie Etsey
Administration



Andy Winkelmann
Academic Advisor



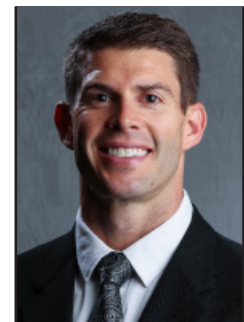
Doug West
Athletic Trainer



Bill Maxwell
Head Strength Coach



Chase Madison
Assistant
Strength Coach



Cody Roberts
Assistant
Strength Coach



Jack Bacon
Communications



John Leo
Communications



Hannah Ossman
Communications



Shawn Koenigsberg
Event Management



Randy Jensen
Facilities

Ashton Cross Country Course

The Bill and Jim Ashton Cross Country Course is located west of Finkbine Golf Course and adjacent to the University's West Campus project, which includes the Athletic Hall of Fame and soccer fields. It is able to accommodate races of 5,000, 6,000, 8,000 and 10,000 meters. The course will host the 2016 NCAA Regional.

The course boasts a rolling terrain with an outstanding rhythm for running. The Hawkeye cross country squads have the advantage of a large grass area for training and racing. Some features include a 2,000-meter perimeter and a layout that will enable spectators to view the entire race, from start to finish, from one vantage point. The first event held on the course was the Iowa Invitational on August 29, 2003. The course was dedicated on October 31, 2004, in conjunction with Iowa hosting the Big Ten Championships. The Hawkeyes also hosted the 2009 and the 2014 Big Ten Championships and the NCAA Midwest Regional in 2005, 2016 and 2021.

The leadership gift for the course was made by former Hawkeyes Bill and Jim Ashton. Bill, of Davenport, Iowa, graduated from the University's College of Engineering in 1962, and earned his master's degree in 1963. Jim, a 1964 University of Iowa College of Engineering graduate, currently resides in Dallas, Texas. The Ashton brothers lettered in cross country under former Hawkeye men's coach, the late Francis X. Cretzmeyer, and made the lead gift for the course in his honor.



Ashton Cross Country Course



HAWKEYE INDOOR TRACK FACILITY

Iowa's indoor practice and competition facility reopened in 2016 with a multi-million dollar makeover. Called by some as the 'fastest track in the world', the new raised track sits up to five feet off the ground and is a one-of-a-kind competition surface previously used for the 2016 World Championships in Eugene, Ore.

The recreation building also includes eight training and athletic training spaces for the Iowa track and field, and cross country teams.

The Hawkeyes hosted the Big Ten Indoor Men's Championships in 1989, 1997 and 2006, and the Big Ten Indoor Women's Championships in 1991 and 2004 at the facility.



Francis X. Cretzmeyer Track

The University of Iowa track and field team practices and competes at the Francis X. Cretzmeyer Track during the outdoor season. Located within walking distance of Carver-Hawkeye Arena and Pearl Field, the track was completed in 1986. The facility was named after the late Francis X. Cretzmeyer, who coached the men's cross country and track teams from 1948-78 and led the Hawkeyes to five Big Ten team titles.

In June 2008, floodwaters and debris damaged the entire track complex, which was completely reconstructed and refinished for competition in 2010. The track features an IAAF certified, BSS 1000 track and field surface designed by Benyon Sports Surfaces. The state of the art full-pour polyurethane surface provides the resiliency and return of energy necessary for NCAA athletes to compete at the highest level.

Iowa hosted the 1987, 2000, 2011, and 2019 Big Ten Championships at Cretzmeyer Track. The Hawkeyes won the conference title on their





Men's All-Time Coaching Records



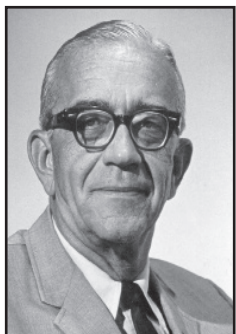
Joey Woody
2015-Present



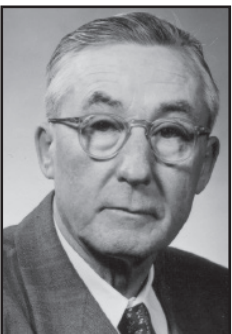
Larry Wiecek
1998-2014



Ted Wheeler
1978-1997



Francis Cretzmeyer
1949-1977



George Bresnahan
1921-1948



Jack Watson
1914-1920



Nelson Kellogg
1911-1913

YEAR	COACH	B1G FINISH INDOOR/OUTDOOR	B1G CHAMPIONS	ALL-AMERICA HONORS
2023	Woody	3rd/3rd	0/7	5/12
2022	Woody	1st/2nd	2/1	13/16
2021	Woody	1st/1st	2/2	4/15
2020	Woody	2nd/--	5/--	--/--
2019	Woody	4th/1st	2/3	6/10
2018	Woody	7th/6th	1/2	0/2
2017	Woody	6th/5th	1	8/13
2016	Woody	8th/4th	3	2/11
2015	Woody	T7/3rd	3	3/7
2014	Wieczorek	10th/7th	3	0/6
2013	Wieczorek	7th/5th	7	0/12
2012	Wieczorek	8th/ 5th	4	2/7
2011	Wieczorek	4th/1st	6	10/8
2010	Wieczorek	5th/4th	3	0/5
2009	Wieczorek	9th/7th	0	1/1
2008	Wieczorek	8th/8th	2	1/0
2007	Wieczorek	7th/7th	3	0/1
2006	Wieczorek	7th/4th	2	0/1
2005	Wieczorek	10th/8th	2	0
2004	Wieczorek	10th/10th	0	0
2003	Wieczorek	9th/9th	1	0/1
2002	Wieczorek	N.A/6th	2	1/1
2001	Wieczorek	10th/5th	3	1/1
2000	Wieczorek	8th/6th	0	0/1
1999	Wieczorek	7th/2nd	7	0/4
1998	Wieczorek	5th/3rd	5	6/1
1997	Wheeler	4th/9th	2	1/0
1996	Wheeler	8th/10th	2	0/4
1995	Wheeler	9th/6th	4	0/5
1994	Wheeler	10th/7th	1	1/0
1993	Wheeler	9th/9th	2	1/2
1992	Wheeler	7th/9th	1	1/1
1991	Wheeler	8th/7th	1	0
1990	Wheeler	6th/8th	3	0
1989	Wheeler	7th/7th	2	0/2
1988	Wheeler	9th/7th	1	0/1
1987	Wheeler	10th/6th	1	0
1986	Wheeler	7th/3rd	4	0
1985	Wheeler	8th/5th	0	0/1
1984	Wheeler	6th/4th	3	4/0
1983	Wheeler	8th/5th	1	0/2
1982	Wheeler	9th/8th	0	0
1981	Wheeler	8th/8th	0	0
1980	Wheeler	9th/9th	1	0
1979	Wheeler	9th/8th	0	4/0
1978	Wheeler	8th/9th	1	0/1
1977	Cretzmeyer	T6th/9th	1	0
1976	Cretzmeyer	8th/5th	1	0
1975	Cretzmeyer	6th/T6th	4	1/0
1974	Cretzmeyer	9th/6th	1	0
1973	Cretzmeyer	8th/8th	0	1/0
1972	Cretzmeyer	9th/8th	2	0
1971	Cretzmeyer	10th/9th	1	0
1970	Cretzmeyer	9th/9th	0	0
1969	Cretzmeyer	7th/8th	0	0



YEAR	COACH	B1G FINISH INDOOR/OUTDOOR	B1G CHAMPIONS	ALL-AMERICA HONORS
1968	Cretzmeyer	8th/6th	5	0/1
1967	Cretzmeyer	3rd/1st	6	4/4
1966	Cretzmeyer	3rd/2nd	6	0
1965	Cretzmeyer	8th/4th	3	0/1
1964	Cretzmeyer	10th/6th	0	0
1963	Cretzmeyer	1st/1st	9	0
1962	Cretzmeyer	4th/4th	3	0/1
1961	Cretzmeyer	3rd/4th	1	0
1960	Cretzmeyer	6th/6th	1	0/1
1959	Cretzmeyer	9th/4th	1	0
1958	Cretzmeyer	6th/6th	3	0/1
1957	Cretzmeyer	6th/T7th	5	0/2
1956	Cretzmeyer	2nd/2nd	7	1/1
1955	Cretzmeyer	7th/3rd	0	0
1954	Cretzmeyer	6th/5th	3	0
1953	Cretzmeyer	6th/4th	2	0/1
1952	Cretzmeyer	3rd/3rd	2	0
1951	Cretzmeyer	8th/5th	0	0
1950	Cretzmeyer	8th/7th	3	0
1949	Cretzmeyer	9th/9th	0	0
1948	Bresnahan	9th/9th	0	0
1947	Bresnahan	9th/9th	0	0
1946	Bresnahan	9th/9th	0	0
1945	Bresnahan	7th/8th	0	0
1944	Bresnahan	5th/9th	0	0
1943	Bresnahan	8th/10th	1	0
1942	Bresnahan	6th/7th	2	0
1941	Bresnahan	10th/10th	0	0
1940	Bresnahan	10th/10th	0	0
1939	Bresnahan	8th/10th	0	0
1938	Bresnahan	3rd/5th	1	0
1937	Bresnahan	T5th/6th	0	0
1936	Bresnahan	5th/6th	0	0
1935	Bresnahan	4th/6th	1	0

YEAR	COACH	B1G FINISH INDOOR/OUTDOOR	B1G CHAMPIONS	ALL-AMERICA HONORS
1934	Bresnahan	10th/T5th	0	0
1933	Bresnahan	T6th/7th	0	0
1932	Bresnahan	6th/6th	2	0/1
1931	Bresnahan	9th/6th	1	0/1
1930	Bresnahan	7th/5th	1	0/1
1929	Bresnahan	1st/4th	8	0/1
1928	Bresnahan	2nd/2nd	5	0
1927	Bresnahan	3rd/4th	5	0
1926	Bresnahan	1st/3rd	4	0
1925	Bresnahan	6th/4th	2	0
1924	Bresnahan	3rd/2nd	4	0
1923	Bresnahan	3rd/4th	3	0/1
1922	Bresnahan	4th/2nd	3	0/3
1921	Bresnahan	6th/5th	1	0/3
1920	Watson	9th/N.A	1	N.A
1917	Watson	N.A	0	N.A
1916	Watson	N.A	0	N.A
1915	Watson	N.A	0	N.A
1914	Watson	N.A	0	N.A
1913	Kellogg	N.A	1	N.A
1912	Kellogg	N.A	0	N.A
1911	Kellogg	N.A	0	N.A
1910	Delaney	N.A	1	N.A
1909	Delaney	N.A	0	N.A
1908	Catlin	N.A	0	N.A
1907	Catlin	N.A	0	N.A
1906	Catlin	N.A	0	N.A
1905	Delaney	N.A	1	N.A
1904	No Coach	N.A	0	N.A
1903	No Coach	N.A	1	N.A
1902	A.A Knipe	N.A	1	N.A
1901	A.A Knipe	N.A	0	N.A
1900	A.A Knipe	N.A	0	N.A



The 2022 Hawkeye men's team won their third straight conference team title, placing first at the 2022 Big Ten Indoor Championships.



All-Time Women's Coaching Records



Joey Woody
2015-Present



Larry Wieczorek
1998-2014



Layne Anderson
2007-2012



James Grant
1996-2006



Jerry Hassard
1977-1996

YEAR	COACH	B1G FINISH INDOOR/OUTDOOR	B1G CHAMPIONS	ALL-AMERICA HONORS
2023	Woody	3rd/6th	1/1	1/10
2022	Woody	6th/6th	0/1	4/9
2021	Woody	3rd/4th	1/2	1/5
2020	Woody	8th/N.A.	1/N.A.	N.A.
2019	Woody	3rd/3rd	3/1	5/4
2018	Woody	5th/3rd	4/5	2/4
2017	Woody	10th/7th	1/1	2/3
2016	Woody	5th/6th	2/2	5
2015	Woody	13th/8th	0/1	2
2014	Wieczorek	8th/4th	0/3	8
2013	Wieczorek	11th/11th	0	1
2012	Wieczorek	10th/8th	0/1	0
2011	Wieczorek	8th/8th	1/2	8
2010	Wieczorek	9th/10th	0	0
2009	Wieczorek	10th/10th	0/1	0
2008	Wieczorek	5th/6th	1/1	5
2007	Anderson	5th/5th	3/1	5
2006	Grant	7th/9th	2/0	5
2005	Grant	9th/9th	1/0	3
2004	Grant	3rd/10th	1/2	1
2003	Grant	9th/6th	0/3	0
2002	Grant	9th/10th	0	0
2001	Grant	10th/9th	0	0
2000	Grant	10th/9th	0	0
1999	Grant	9th/9th	0	0

YEAR	COACH	B1G FINISH INDOOR/OUTDOOR	B1G CHAMPIONS	ALL-AMERICA HONORS
1998	Grant	9th/9th	1/1	0
1997	Grant	9th/10th	0/1	1
1996	Grant	8th/10th	0	0
1995	Hassard	7th/9th	1/0	2
1994	Hassard	5th/4th	0/1	6
1993	Hassard	7th/8th	2/1	1
1992	Hassard	5th/7th	1/2	4
1991	Hassard	6th/8th	0	0
1990	Hassard	8th/7th	1/0	1
1989	Hassard	5th/5th	1/0	1
1988	Hassard	7th/7th	1/0	1
1987	Hassard	6th/9th	1/0	4
1986	Hassard	7th/8th	0	0
1985	Hassard	4th/4th	4/1	2
1984	Hassard	5th/5th	2/1	0
1983	Hassard	7th/3rd	1/1	3
1982	Hassard	6th/5th	1/0	12
1981	Hassard	N.A.	N.A.	N.A.
1980	Hassard	N.A.	N.A.	N.A.
1979	Hassard	N.A.	N.A.	N.A.
1978	Hassard	N.A.	N.A.	N.A.
1977	Hassard	N.A.	N.A.	N.A.
1976	Finnegan	N.A.	N.A.	N.A.
1975	Finnegan	N.A.	N.A.	N.A.
1974	Finnegan	N.A.	N.A.	N.A.



2023 Indoor Results

Date	Meet	Result
12/10	Jimmy Grant Invite	7 champs
1/14	Hawkeye Invite	4 champs
1/20-21	Larry Wiecezorek Invite	3rd/53.5 pts.
1/27-28	at Razorback Invite	0 champs
2/3-4	at Mayo Invite	0 champs
	at New Mexico Coll. Classic	1 champ
2/4	at Iowa State Classic	0 champs
2/10-11	at Tyson Invite	1 champ
	at Music City Challenge	0 champs
2/17	Iowa Open	2 champs
2/24-25	at B1G Championships	3rd/98 pts.
3/10-11	at NCAA Champ's	5 All-Americans

Big Ten Indoor Team Results

Team	Points
1. Wisconsin	110
2. Nebraska	103
3. IOWA	98
4. Indiana	79
5. Ohio State	56.5
6. Michigan	54
7. Penn State	51
8. Purdue	42
9. Michigan State	37
10. Rutgers	34.5
11. Illinois	32.5

Indoor Postseason Qualifiers

NCAA Indoor Championships (5 entries)

James Carter, Jr.: Long Jump; Triple Jump
 Grant Conway: 60-Meter Hurdles
 Peyton Haack: Heptathlon
 Austin West: Heptathlon

Indoor Season Bests

Event	Athlete	Mark
60 Meters	Austin Kresley	6.64
60-Meter Hurdles	Grant Conway	7.69
200 Meters	Khullen Jefferson	20.70
300 Meters	Khullen Jefferson	32.97
400 Meters	Jenoah McKiver	46.26
600 Meters	Jenoah McKiver	1:15.80
800 Meters	Spencer Gudgel	1:50.22
1,000 Meters	Austin West	2:34.14
Mile	Konnor Sommer	4:14.35
3,000 Meters	Max Murphy	8:00.25
5,000 Meters	Konnor Sommer	14:25.81
1,600-Meter Relay	Belken, Gudgel, Olson, Gullium	3:08.27
Distance Medley Relay	Wasick Schuster, Schreiner, Murphy	9:42.27
High Jump	Zack Pluff	6-11 (2.11m)
Pole Vault	Peyton Haack	17-3 (5.26m) *
Long Jump	James Carter, Jr.	25-9 1/2 (7.85m)
Triple Jump	James Carter, Jr.	52-11 1/2 (16.14m)
Shot Put	Elijah Barnes	60-5 3/4 (18.43m)
Weight Throw	Jordan Johnson	65-9 3/4 (20.06m)
Heptathlon	Peyton Haack	6,048 points *

Top Eight Placers at Big Ten Indoor Championships

Event	Athlete	Mark	Place
600 Meters	Tyler Olson	1:16.13	2nd ^
Long Jump	James Carter, Jr.	25-5 1/4 (7.75m)	2nd ^
Triple Jump	James Carter, Jr.	52-2 1/2 (15.91m)	2nd ^
60 Meters	Austin Kresley	6.71	3rd
200 Meters	Gratt Reed	20.95	3rd
1,600-Meter Relay	Belken, Gudgel, Olson, Gillum	3:08.27	3rd
Heptathlon	Austin West	5,674 points	3rd
60 Meters	Kalen Walker	6.71	4th
60-Meter Hurdles	Grant Conway	7.75	4th
600 Meters	Spencer Gudgel	1:16.51	4th
200 Meters	Austin Kresley	20.97	5th
High Jump	Zach Pluff	6-10 1/4 (2.09m)	5th
Shot Put	Elijah Barnes	60-0 1/4 (18.29m)	5th
60 Meters	Khullen Jefferson	6.73	6th
Distance Medley Relay	Wasick, Schuster, Schreiner, Murphy	9:42.27	6th
Pole Vault	Peyton Haack	16-10 3/4 (5.15m)	6th
Long Jump	De'Andre Stapleton, Jr.	24-1 1/2 (7.35m)	6th
60-Meter Hurdles	Gratt Reed	7.84	7th
400 Meters	Julien Gillum	47.70	7th
3,000 Meters	Max Murphy	8:00.25	7th
Triple Jump	De'Andre Stapleton, Jr.	50-8 3/4 (15.46m)	7th
200 Meters	Khullen Jefferson	1:29.81	8th

Top Placers at NCAA Indoor Championships

Event	Athlete	Mark	Place
Heptathlon	Peyton Haack	6,048 points *	5th !
Heptathlon	Austin West	5,965 points	9th #
Long Jump	James Carter, Jr.	25-7 1/4 (7.80m)	10th #
60-Meter Hurdles	Grant Conway	7.83	12th #
Triple Jump	James Carter, Jr.	51-0 1/4 (15.55m)	16th #

! first-team All-American; # second-team All-American; ^ second-team all-Big Ten; * school record



2023 Outdoor Results

Date	Meet	Result
3/17-18	at Hurricane Invite	3 champs
3/23-25	at Raleigh Relays	0 champs
3/29-4/1	at Texas Relays	1 champ
3/30-4/1	at Bobcat Invite	0 champs
	at Mike Fanelli Track Classic	0 champs
3/31-4/1	at Florida Relays	0 champs
	at Stanford Invite	0 champs
4/8	at Fighting Illini Challenge	2 champs
4/13-15	at Mt. SAC Relays	0 champs
	at Bryan Clay Invite	0 champs
4/14	at Jim Duncan Invite	4 champs
4/14-15	at Tom Jones Invite	0 champs
4/21-22	at Michael Johnson Invite	1 champ
4/27-30	at Drake Relays	0 champs
4/29	at Desert Heat Classic	3 champs
5/6	at ISU Alumni Invite	2 champs
5/12-14	at B1G Championships	3rd/120 pts.
5/24-27	at NCAA West Preliminary	0 champs
6/7-10	at NCAA Champ's	12 All-Americans

Big Ten Outdoor Team Results

	Team	Points
1.	Nebraska	151
2.	Minnesota	122
3.	Iowa	120
4.	Wisconsin	72
5.	Michigan	56
6.	Penn State	54
7.	Indiana	52
8.	Michigan State	51
9.	Illinois	49
10.	Ohio State	37
11.	Rutgers	29
12.	Purdue	22
13.	Maryland	4

Outdoor Season Bests

Event	Athlete	Mark
100 Meters	Austin Kresley	10.10 *
110-Meter Hurdles	Gratt Reed	13.50
200 Meters	Austin Kresley	20.26 *
400 Meters	Jenoah McKiver	45.25
400-Meter Hurdles	Austin West	49.34
800 Meters	Ryan Schreiner	1:48.68
1,500 Meters	Max Murphy	3:41.63
3,000-Meter Steeplechase	Jack Pendergast	9:04.89
5,000 Meters	Max Murphy	13:39.77 *
10,000 Meters	Max Murphy	29:18.05
400-Meter Relay	Walker, Kresley, Reed, Allen	38.64 *
1,600-Meter Relay	McKiver, Richards, Gillum, Belken	3:03.70
3,200-Meter Relay	Schreiner, Strong, Bryson, Gudgel	7:26.00
Distance Medley Relay	Ryan, Bryson, Schreiner, Murphy	9:59.14
6,400-Meter Relay	Yual, Geilser, Pendergast, Kuhn	17:11.68
High Jump	Zack Pluff	7-0 1/4 (2.14m)
Pole Vault	Austin West	14-1 1/4 (4.30m)
Long Jump	James Carter, Jr.	25-9 1/4 (7.85m)
Triple Jump	James Carter, Jr.	54-8 3/4 (16.68m) *
Shot Put	Elijah Barnes	60-11 1/4 (18.57m)
Discus	Jordan Johnson	194-5 (59.27m)
Hammer Throw	Sean Smith	205-8 (62.69m)
Javelin	Mike Stein	248-0 (75.59m) *
Decathlon	Austin West	8,331 points *

Top Eight Placers at Big Ten Outdoor Championships

Event	Athlete	Mark	Place
200 Meters	Austin Kresley	20.26	1st \$
400 Meters	Jenoah McKiver	45.59	1st \$
400-Meter Hurdles	Austin West	49.34	1st \$
1,600-Meter Relay	McKiver, Stapleton, Jr., Gudgel, Gillum	3:06.30	1st \$
400-Meter Hurdles	Julien Gillum	50.46	2nd ^
5,000 Meters	Max Murphy	13:54.94	2nd ^
10,000 Meters	Max Murphy	29:18.05	2nd ^
400-Meter Relay	Walker, Kresley, Stapleton, Jr., West	39.41	2nd ^
Triple Jump	James Carter, Jr.	52-4 (15.95m)	2nd ^
Long Jump	James Carter, Jr.	25-0 1/2 (7.63m)	3rd
100 Meters	Kalen Walker	10.26	4th
Javelin	Mike Stein	230-5 (70.23m)	4th
100 Meters	Austin Kresley	10.32	5th
400 Meters	Chadrick Richards	46.72	5th
High Jump	Zack Pluff	7-0 1/4 (2.14m)	5th
400 Meters	De'Andre Stapleton, Jr.	47.45	7th
Long Jump	Austin West	24-4 1/2 (7.43m)	7th
Triple Jump	De'Andre Stapleton, Jr.	49-10 1/2 (15.20m)	7th
Discus	Jordan Johnson	183-7 (55.96m)	7th
110-Meter Hurdles	Grant Conway	14.01	8th
400 Meters	Connor Belken	48.18	8th
400-Meter Hurdles	Phillip Jefferson	52.51	8th
Hammer Throw	Sean Smith	205-8 (62.69m)	8th

\$ first-team all-Big Ten; ^ second-team all-Big Ten; * school record

**Outdoor Postseason Qualifiers****NCAA West Preliminary (29 entries)**

Damoy Allen: 400-Meter Relay
 Elijah Barnes: Shot Put
 Connor Belken: 1,600-Meter Relay
 James Carter, Jr.: Long Jump, Triple Jump
 Grant Conway: 110-Meter Hurdles
 Nathan Farrell: 400-Meter Hurdles
 Austin Kresley: 200 Meters; 400-Meter Relay
 Jeniah McKiver: 400 Meters; 1,600-Meter Relay
 Julien Gillum: 400-Meter Hurdles,
 1,600-Meter Relay
 Spencer Gudgel: 800 Meters
 Phillip Jefferson: 400-Meter Hurdles
 Jordan Johnson: Discus
 Quintin Lyons: Shot Put
 Max Murphy: 5,000 Meters
 Tyler Olson: 800 Meters
 Zach Pluff: High Jump
 Gratt Reed: 110-Meter Hurdles; 400-Meter Relay
 Chadrick Richards: 1,600-Meter Relay
 Ryan Schreiner: 800 Meters
 Sean Smith: Hammer Throw
 De'Andre Stapleton, Jr.: Triple Jump
 Mike Stein: Javelin
 Kalen Walker: 100 Meters;
 400-Meter Relay

NCAA Outdoor Championships (13 entries)

Damoy Allen: 400-Meter Relay
 James Carter, Jr.: Triple Jump
 Austin Kresley: 200 Meters; 400-Meter Relay
 Julien Gillum: 400-Meter Hurdles,
 1,600-Meter Relay
 Phillip Jefferson: 1,600-Meter Relay
 Gratt Reed: 110-Meter Hurdles; 400-Meter Relay
 Chadrick Richards: 1,600-Meter Relay
 De'Andre Stapleton, Jr.: 1,600-Meter Relay
 Kalen Walker: 400-Meter Relay
 Austin West: Decathlon

Top 12 Placers at NCAA West Preliminary

Event.....	Athlete.....	Mark	Place
400-Meter Relay	Walker, Kresley, Reed, Stapleton, Jr.	39.19	5th
200 Meters	Austin Kresley	20.35	7th
Triple Jump	James Carter, Jr.	51-8 1/4 (15.75m)	7th
110-Meter Hurdles	Gratt Reed	13.69	9th
400-Meter Hurdles	Julien Gillum	50.40	9th
1,600-Meter Relay	West, Richards, Gudgel, Gillum	3:04.94	11th

Top Placers at NCAA Outdoor Championships

Event.....	Athlete.....	Mark	Place
Decathlon	Austin West	8,054 points	3rd !
400-Meter Relay	Walker, Kresley, Reed, Allen	38.64	P/8th *#
110-Meter Hurdles	Gratt Reed	13.55	10th #
200 Meters	Austin Kresley	20.26	11th *#
Triple Jump	James Carter Jr.	51-5 3/4 (15.69m)	13th #
1,600-Meter Relay	Stapleton Jr., Richards, Jefferson, Gillum	3:06.59	21st +
400-Meter Hurdles	Julien Gillum	51.57	22nd +

! All-American; # second-team All-American; + honorable-mention All-American;
 * school record



2023 Indoor Results

Date	Meet	Result
12/10	Jimmy Grant Invite	9 champs
1/14	Hawkeye Invite	5 champs
1/20-21	Larry Wiczorek Invite.....	1st/98 pts.
1/27-28	at Razorback Invite.....	0 champs
2/3-4	at Mayo Invite	0 champs
	at New Mexico Coll. Classic.	0 champs
2/4	at Iowa State Classic.....	2 champs
2/10-11	at Tyson Invite	1 champ
	at Music City Challenge	0 champs
2/17	Iowa Open	4 champs
2/24-25	at B1G Championships	3rd/85 pts.
3/10-11	at NCAA Champ's	1 All-American

Big Ten Indoor Team Results

	Team	Points
1.	Michigan	109
2.	Ohio State	90
3.	IOWA	85
4.	Minnesota.....	78.5
5.	Indiana	68.5
6.	Penn State.....	61.5
7.	Wisconsin.....	57
8.	Nebraska	52
9.	Rutgers.....	45
10.	Illinois.....	27.5
11.	Michigan State	10
	Purdue	10
13.	Maryland.....	7

Postseason Qualifiers

NCAA Indoor Championships (1 entry)

Myreanna Bebe: 60-Meter Hurdles

Indoor Season Bests

Event.....	Athlete	Mark
60 Meters	LaSarah Hargrove.....	7.30
60-Meter Hurdles	Myreanna Bebe	8.07 *
200 Meters	LaSarah Hargrove.....	23.37
300 Meters	Lia Love	38.43
400 Meters	Audrey Biermann.....	53.28
600 Meters	Chloe Larsen	1:28.42
800 Meters	Alli Bookin-Nosbisch	2:04.28 *
Mile	Amber Aesoph.....	4:44.33
3,000 Meters	Emma Gordon	9:44.99
5,000 Meters	Kelli Tosic	16:57.07
1,600-Meter Relay.....	Larsen, Magee, Biermann, Roberts	3:33.00
Distance Medley Relay ...	A. Bookin-Nosbisch Roberts, G. Bookin-Nosbisch, Aesoph.....	11:15.07 *
High Jump.....	Tionna Tobias.....	5-7 (1.70m)
Long Jump	Tionna Tobias.....	20-1 3/4 (6.14m)
Triple Jump	Kayla Hutchins	40-0 3/4 (12.21m)
Shot Put.....	Kat Moody	54-7 1/4 (16.64m)
Weight Throw	Amanda Howe	71-5 1/2 (21.78m)
Pentathlon.....	Tionna Tobias.....	3,997 points

Top Eight Placers at Big Ten Indoor Championships

Event	Athlete	Mark.....	Place
60-Meter Hurdles	Myreanna Bebe	8.07 *	1st \$
200 Meters	LaSarah Hargrove.....	23.37.....	2nd ^
200 Meters	Paige Magee	23.46.....	3rd
600 Meters	Aliyanna Dorn	1:30.06.....	3rd
Pentathlon.....	Tionna Tobias.....	3,997 points.....	3rd
600 Meters	Gabby Cortez	1:29.12.....	4th
1,600-Meter Relay.....	Dorn, Magee, Larsen, Biermann	3:34.49.....	4th
600 Meters	Chloe Larsen	1:29.13.....	5th
800 Meters	Alli Bookin-Nosbisch	2:05.52.....	5th
Distance Medley Relay ...	A. Bookin-Nosbisch Roberts, G. Bookin-Nosbisch, Aesoph	11:15.07 *	5th
Weight Throw	Amanda Howe	69-8 3/4 (21.25m).....	5th
400 Meters	Audrey Biermann.....	53.28.....	6th
600 Meters	Jaiden Itson.....	1:30.33.....	6th
60 Meters	LaSarah Hargrove.....	7.40.....	7th
60-Meter Hurdles	Paige Magee	8.38.....	7th
Shot Put.....	Kat Moody	52-10 3/4 (16.12m)....	7th
Weight Throw	Jamie Kofron.....	65-10 1/2 (20.08m)....	7th
200 Meters	Lia Love	23.85.....	8th
600 Meters	Clare Pitcher	1:31.35.....	8th
800 Meters	Clare Pitcher	2:08.39.....	8th

Top Placers at NCAA Indoor Championships

Event.....	Athlete	Mark.....	Place
60-Meter Hurdles	Myreanna Bebe	8.07 *	10th#

\$ first team All-Big Ten, ^ second team All-Big Ten, #second-team All-America, * school record



2023 Outdoor Results

Date	Meet	Champs
3/17-18	at Hurricane Invite	2 champs
3/23-25	at Raleigh Relays	0 champs
3/29-4/1	at Texas Relays	0 champs
3/30-4/1	at Bobcat Invite	0 champs
	at Mike Fanelli Track Classic	0 champs
3/31-4/1	at Florida Relays	0 champs
	at Stanford Invite	0 champs
4/8	at Fighting Illini Challenge	4 champs
4/13-15	at Mt. SAC Relays	0 champs
	at Bryan Clay Invite	0 champs
4/14	at Jim Duncan Invite	4 champs
4/14-15	at Tom Jones Invite	1 champ
4/21-22	at Michael Johnson Invite	1 champ
4/27-30	at Drake Relays	2 champs
4/29	at Desert Heat Classic	2 champs
5/6	at ISU Alumni Invite	3 champs
5/12-14	at B1G Championships	4th/76 pts.
5/24-27	at NCAA West Preliminary	0 champs
6/7-10	at NCAA Champ's	10 All-Americans

Big Ten Outdoor Team Results

Team	Points
1. Ohio State	185.5
2. Wisconsin	98
3. Minnesota	87
4. Penn State	82.5
5. Nebraska	71
6. Iowa	59
7. Michigan	57
8. Michigan State	49
9. Illinois	36
10. Indiana	34
11. Purdue	29
12. Rutgers	25
13. Maryland	5

Outdoor Season Bests

Event	Athlete	Mark
100 Meters	Lia Love	11.21
100-Meter Hurdles	Paige Magee	12.90 *
200 Meters	Lia Love	23.23
400 Meters	Audrey Biermann	52.67
400-Meter Hurdles	Paige Magee	56.62
800 Meters	Alli Bookin-Nosbisch	2:04.37
1,500 Meters	Amber Aesoph	4:21.11
3,000-Meter Steeplechase	Brooke McKee	10:39.88
5,000 Meters	Maddie Block	16:57.08
10,000 Meters	Maddie Block	34:44.62
400-Meter Relay	Hargrove, Love, Edison, Magee	44.08
1,600-Meter Relay	Dorn, Biermann, Roberts, Bruxvoort	3:33.16
3,200-Meter Relay	Itson, G. Bookin-Nosbich, Pitcher, Moore	8:49.00
High Jump	Tionna Tobias	5-7 1/4 (1.71m)
Long Jump	Tionna Tobias	20-6 1/4 (6.25m)
Triple Jump	Kayla Hutchins	41-1 3/4 (12.54m)
Shot Put	Kat Moody	55-7 3/4 (16.96m)
Discus	Kat Moody	185-3 (56.47m)
Javelin	Lizzie Korczak	162-1 (49.40m)
Hammer Throw	Amanda Howe	209-3 (63.79m)
Heptathlon	Tionna Tobias	5,640 points

Top Eight Placers at Big Ten Outdoor Championships

Event	Athlete	Mark	Place
Heptathlon	Tionna Tobias	5,640 pts.	1st \$
100-Meter Hurdles	Paige Magee	12.90 *	2nd ^
400-Meter Hurdles	Paige Magee	56.97	2nd ^
100-Meter Hurdles	Myreanna Bebe	12.94	3rd
Hammer Throw	Amanda Howe	205-5 (62.69m)	3rd
400-Meter Hurdles	Mariel Bruxvoort	57.33	4th
1,600-Meter Relay	Dorn, Biermann, Larsen, Roberts	3:35.60	4th
100-Meter Hurdles	Natalie Harris	13.49	5th
400-Meter Hurdles	Nylah Perry	58.89	5th
400-Meter Relay	Hargrove, Love, Edison, Magee	45.12	5th
Discus	Kat Moody	180-5 (55.01m)	5th
Javelin	Lizzie Korczak	162-1 (49.40m)	5th
800 Meters	Alli Bookin-Nosbisch	2:07.65	6th
Long Jump	Kayla Hutchins	19-6 1/4 (5.95m)	7th
100 Meters	Lia Love	11.43	8th
400 Meters	Tesa Roberts	53.11	8th
Shot Put	Kat Moody	55-7 3/4 (16.96m)	8th



Outdoor Postseason Qualifiers

NCAA West Preliminary Round (29 entries)

Myreanna Bebe: 100-Meter Hurdles
 Audrey Biermann: 400 Meters; 1,600-Meter Relay
 Alli Bookin-Nosbisch: 800 Meters
 Grace Bookin-Nosbisch: 800 Meters
 Mariel Bruxvoort: 400-Meter Hurdles;
 1,600-Meter Relay
 Ali Dorn: 400 Meters; 1,600-Meter Relay
 Alexandria Edison: 400-Meter Relay
 LaSarah Hargrove: 400-Meter Relay
 Natalie Harris: 100-Meter Hurdles
 Amanda Howe: Hammer Throw
 Kayla Hutchins: Triple Jump
 Lizzie Korczak: Javelin
 Chloe Larsen: 400 Meters; 1,600-Meter Relay
 Lia Love: 100 Meters; 400-Meter Relay
 Paige Magee: 100-Meter Hurdles; 400-Meter
 Hurdles; 400-Meter Relay
 Kat Moody: Shot Put; Discus
 Nylah Perry: 400-Meter Hurdles
 Clare Pitcher: 800 Meters
 Tesa Roberts: 400 Meters
 Tionna Tobais: 100-Meter Hurdles; Long Jump

NCAA Outdoor Championships (10 entries)

Myreanna Bebe: 100-Meter Hurdles
 Audrey Biermann: 1,600-Meter Relay
 Mariel Bruxvoort: 400-Meter Hurdles
 Ali Dorn: 1,600-Meter Relay
 Amanda Howe: Hammer Throw
 Chloe Larsen: 1,600-Meter Relay
 Paige Magee: 100-Meter Hurdles; 400-Meter
 Hurdles, 1,600-Meter Relay
 Tionna Tobias: Heptathlon

Top 12 Placers at NCAA West Preliminary

Event.....	Athlete	Mark	Place
100-Meter Hurdles	Paige Magee.....	12.93	5th
400-Meter Hurdles	Paige Magee.....	56.62	7th
100-Meter Hurdles	Myreanna Bebe.....	12.99	8th
1,600-Meter Relay	Dorn, Biermann, Roberts, Bruxvoort	3:33.16	10th
400-Meter Hurdles	Mariel Bruxvoort.....	57.04	11th
Hammer Throw	Amanda Howe.....	205-3 (62.56m) ...	12th

Top Placers at NCAA Outdoor Championships

Event.....	Athlete	Mark	Place
Hammer Throw	Amanda Howe.....	209-3 (63.79m) ...	12th #
100-Meter Hurdles	Paige Magee.....	13.08	13th #
100-Meter Hurdles	Myreanna Bebe.....	13.41	19th +
400-Meter Hurdles	Mariel Bruxvoort.....	57.84	19th +
1,600-Meter Relay	Dorn, Biermann, Larsen, Magee	3:37.08	21st +
Heptathlon	Tionna Tobias	5,269 points	20th +
400-Meter Hurdles	Paige Magee.....	59.00	22nd +

second-team All-American, + honorable mention All-American



1904 Games

St. Louis, Missouri
Jerry Barker, High Jump

1924 Games

Paris, France
Charles Brookins, 400-Meter Hurdles
Chan Coulter, 400-Meter Hurdles
Harold Phelps, 5,000 Meters
Eric Wilson, 400 Meters

1928 Games

Amsterdam, Holland
George Baird, 1,600-Meter Relay (G)
Frank Cuhel, 400-Meter Hurdles (S)
Ed Gordon, Long Jump

1932 Games

Los Angeles, California
Ed Gordon, Long Jump (G)
George Saling, 110-Meter Hurdles (G)

1952 Games

Helsinki, Finland
Rich Ferguson, 5,000 Meters

1956 Games

Melbourne, Australia
Deacon Jones, 3,000 Meters
Ira Murchison, 100 Meters
Ira Murchison, 400-M Relay (G)
Ted Wheeler, 1,500 Meters

1960 Games

Rome, Italy
Deacon Jones, 3,000-Meter Steeplechase

1996 Games

Atlanta, Georgia
Anthuan Maybank, 1,600-M Relay (G)
Jenny Spangler, Marathon

2000 Games

Sydney, Australia
Diane Nukuri-Johnson, 5,000 Meters

2008 Games

Beijing, China
Kineke Alexander, 400 Meters

2012 Games

London, England
Kineke Alexander, 400 Meters
Diane Nukuri-Johnson, Marathon

2016 Games

Rio de Janeiro, Brazil
Diane Nukuri-Johnson, 10,000 Meters
Kineke Alexander, 400 Meters
Troy Doris, Triple Jump

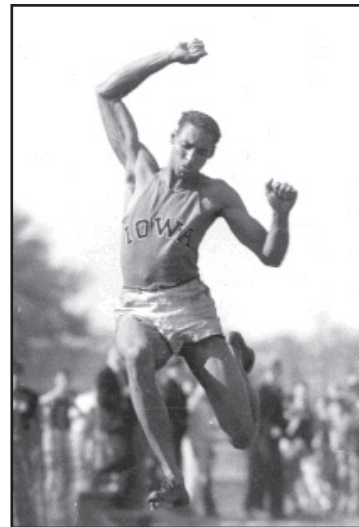
G = Gold Medalist; S = Silver Medalist



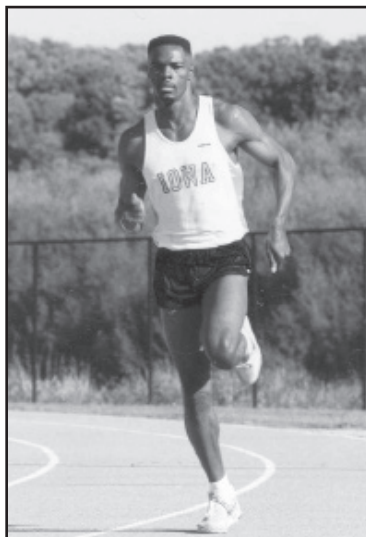
Kineke Alexander



Frank Cuhel



Ed Gordon



Anthuan Maybank



George Saling

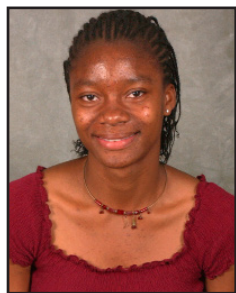


Ted Wheeler

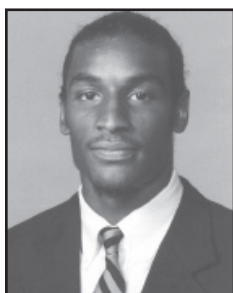




Laulauga Tausaga
2019 - Discus (O)



Kineke Alexander
2006 - 400 Meters (I)



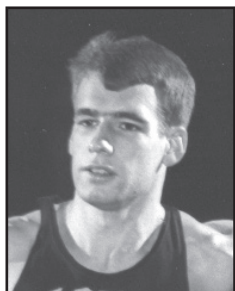
Bashir Yamini
1998 - Long Jump (I)



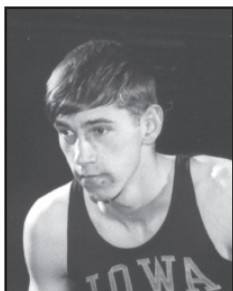
Tracy Dahl
1992 - 5,000 Meters (I)
1993 - 5,000 Meters (I)



Nan Doak
1985 - 10,000 Meters (O)



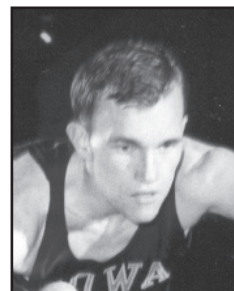
Fred Ferree
1967 - Mile Relay (O)



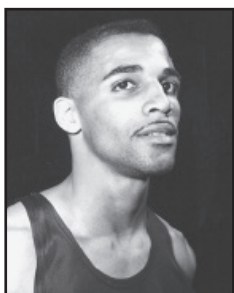
Carl Frazier
1967 - Mile Relay (O)



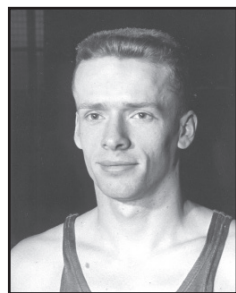
Mike Mondane
1967 - Mile Relay (O)



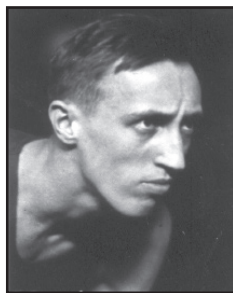
Jon Reimer
1967 - Mile Relay (O)



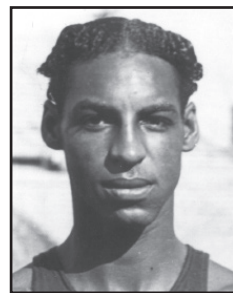
**Charles "Deacon"
Jones**
1957 - Two Miles (O)



Rich Ferguson
1953 - Two Miles (O)



George Sailing
1932 - 120 Hurdles (O)



Ed Gordon
1929 - Long Jump (O)
1930 - Long Jump (O)
1931 - Long Jump (O)



Eric Wilson
1921 - 220 Hurdles (O)
1923 - 220 Hurdles (O)



MEN'S INDOOR ALL-AMERICANS - 99

Year	Athlete, Event
1956	Jack Mathews, Low Hurdles
1967	Fred Ferree, Mile Relay
	Carl Frazier, Mile Relay
	Mike Mondane, Mile Relay
	Jon Reimer, Mile Relay
	Larry Wieczorek, Mile
1973	Dick Eisenlauer, 440 Yards
1975	Bill Knoedel, High Jump
1979	James Docherty, Dist. Medley Relay
	Joel Moeller, Dist. Medley Relay
	Joe Paul, Dist. Medley Relay
	Tom Slack, Dist. Medley Relay
1984	Terrance Duckett, Mile Relay
	Victor Greer, Mile Relay
	Caesar Smith, Mile Relay
	Kenny Williams, Mile Relay
1992	Anthuan Maybank, Long Jump
1993	Kevin Herd, 5,000 Meters
1994	Kevin Herd, 5,000 Meters
1997	Bashir Yamini, Long Jump
1998	Tony Branch, 1,600-Meter Relay
	Chris Davis, 1,600-Meter Relay
	Ed Rozell, 1,600-Meter Relay
	Dion Trowers, 55-Meter Hurdles
	Bashir Yamini, Long Jump
	Bashir Yamini, 1,600-Meter Relay
2001	Jeremy Allen, Shot Put
2002	Jim Costello, Weight Throw
2008	John Hickey, Shot Put
2009	John Hickey, Shot Put
2011	Justin Austin, 200 Meters
	Chris Barton, 1,600-Meter Relay
	Troy Doris, Triple Jump
	Ethan Holmes, 110-Meter Hurdles *
	Jordan Mullen, 60-Meter Hurdles ^
	Patrick Richards, 1,600-Meter Relay
	Erik Sowinski, 800 Meters
	Erik Sowinski, 1,600-Meter Relay
	Jeff Thode, Mile
	Steven Willey, 1,600-Meter Relay
2012	Troy Doris, Triple Jump
	Erik Sowinski, 800 Meters
2015	Babatunde Amosu, Triple Jump ^
	Kevin Lewis, 5,000 Meters ^
	Aaron Mallett, 60-Meter Hurdles
2016	Aaron Mallett, 60-Meter Hurdles
	Will Teubel, 800 meters ^

IOWA ALL-AMERICANS - BY THE NUMBERS

Category	Total (M/W)
# of Cross Country All-America Honors	8/16
# of Indoor All-America Honors	99/60
# of Outdoor All-America Honors	188/101
Total All-America Honors	295/177
# of different Cross Country All-Americans	6/10
# of different Indoor All-Americans	66/34
# of different Outdoor All-Americans	96/56
# of Indoor All-America honors in Field Events	22/13
# of Outdoor All-America honors in Field Events	39/21
# of Indoor All-America honors in Track Events	37/30
# of Outdoor All-America honors in Track Events	74/44
# of Indoor All-America honors in a Relay	40/16
# of Outdoor All-America honors in a Relay	88/32

Year	Athlete, Event
2017	DeJuan Frye, 1,600-Meter Relay
	Mar'yea Harris, 1,600-Meter Relay
	Mar'yea Harris, 400 Meters ^
	Collin Hofacker, 1,600-Meter Relay
	Carter Lilly, 800 Meters ^
	Aaron Mallett, 60-Meter Hurdles
	Emmanuel Ogwo, 1,600-Meter Relay
	O'Shea Wilson, Long Jump ^
2018	Chris Douglas, 60-Meter Hurdles ^
	DeJuan Frye, 1,600-Meter Relay ^
	Bradford Garron, 1,600-Meter Relay ^
	Mar'yea Harris, 400 Meters ^
	Mar'yea Harris, 1,600-Meter Relay ^
	Antonio Woodard, 1,600-Meter Relay ^
2019	Karayme Bartley, 200 Meters
	Karayme Bartley, 1,600-Meter Relay
	Chris Douglas, 60-Meter Hurdles
	Mar'yea Harris, 1,600-Meter Relay
	Mar'yea Harris, 400 Meters^
	Collin Hofacker, 1,600-Meter Relay
	Wayne Lawrence Jr., 1,600-Meter Relay
	Wayne Lawrence Jr., 400 Meters ^
	Jaylan McConico, 60-Meter Hurdles ^
2020	Raymund Clarke, 400-Meter Relay
	Will Daniels, Heptathlon
	DeJuan Frye, 1,600-Meter Relay
	Wayne Lawrence, 1,600-Meter Relay
	Wayne Lawrence, 1,600 Meters
	Jaylan McConico, 60-Meter Hurdles
	Antonio Woodard, 1,600-Meter Relay
2021	Jamal Britt, 60-Meter Hurdles
	Peyton Haack, Heptathlon ^
	Wayne Lawrence, Jr, 400 Meters *
	Austin West, Heptathlon ^

Year	Athlete, Event
2022	Grant Conway, 60-Meter Hurdles ^
	Nikolas Curtiss, Shot Put ^
	Julien Gillum, 1,600-Meter Relay ^
	Wayne Lawrence, Jr., 400 Meters
	Wayne Lawrence, Jr., 1,600-Meter Relay ^
	Tyler Lienau, Weight Throw
	Jenoah McKiver, 400 Meters
	Jenoah McKiver, 1,600-Meter Relay ^
	Gratt Reed, 60-Meter Hurdles ^
	Chadrick Richards, 400 Meters
	Chadrick Richards, 1,600-Meter Relay ^
	Kalen Walker, 60 Meters ^
	Austin West, Heptathlon ^
2023	James Carter, Jr., Long Jump ^
	James Carter, Jr., Triple Jump ^
	Grant Conway, 60-Meter Hurdles ^
	Peyton Haack, Heptathlon
	Austin West, Heptathlon ^

*^second-team, *honorable-mention
(added in 2011)*

MEN'S OUTDOOR ALL-AMERICANS - 201

Year	Athlete, Event	Year	Athlete, Event	Year	Athlete, Event
1921	Charles Brookins, 220 Hurdles	2003	Bill Neumann, Javelin	2016	Christian Brissett, 400-Meter Relay ^
	Harold Crawford, Hurdles	2006	Eric MacTaggart, 10,000 Meters		William Dougherty, Decathlon *
	Eric Wilson, 220 Hurdles	2007	Adam Hamilton, Hammer Throw		James Harrington, 400-Meter Relay ^
1922	Charles Brookins, Hurdles	2009	John Hickey, Shot Put		James Harrington, 200-Meters *
	Eric Wilson, 220 Hurdles	2010	Chris Barton, 1,600-Meter Relay		Mar'yea Harris, 400-Meters *
1923	Eric Wilson, 220 Hurdles		Patrick Richards, 1,600-Meter Relay		Carter Lilly, 800-Meters *
1929	Ed Gordon, Long Jump		Erik Sowinski, 1,600-Meter Relay		Aaron Mallett, 400-Meter Relay ^
1930	Ed Gordon, Long Jump		Steven Willey, 1,600-Meter Relay		Aaron Mallett, 110-Meter Hurdles ^
1931	Ed Gordon, Long Jump		Steven Willey, 400 Meters		Vinnie Saucer Jr., 400-Meter Relay ^
1932	George Salings, 120 Hurdles	2011	Justin Austin, 200 Meters *		Reno Tuufuli, Discus *
1953	Rick Ferguson, Two Miles		Chris Barton, 1,600-Meter Relay ^		Mitch Wolff, 400-Meter Hurdles ^
1956	Ted Wheeler, 1,500 Meters		Troy Doris, Triple Jump	2017	Christian Brissett, 400-Meter Relay ^
1957	Deacon Jones, Two Miles		Jeffery Herron, High Jump ^		DeJuan Frye, 1,600-Meter Relay
	Jack Mathews, 120 Hurdles		Ethan Holmes, 400-Meter Hurdles ^		Mar'yea Harris, 400 Meters ^
1958	Deacon Jones, Two Miles		Patrick Richards, 1,600-Meter Relay ^		Mar'yea Harris, 1,600-Meter Relay
1960	Jerry Williams, 400 Hurdles		Erik Sowinski, 1,600-Meter Relay ^		Collin Hofacker, 1,600-Meter Relay
1962	Bill Frazier, 600 Yards		Steven Willey, 1,600-Meter Relay ^		Aaron Mallett, 400-Meter Relay ^
1965	Jon Reimer, 440 Hurdles	2012	Justin Austin, 200 Meters ^		Aaron Mallett, 110-Meter Hurdles
1967	Rollie Kitt, Steeplechase		Matt Banse, Hammer Throw *		Emmanuel Ogwo, 1,600-Meter Relay
	Mike Mondane, 440 Yards		Matt Byers, Javelin ^		Brendan Thompson, 400-Meter Relay ^
	Jon Reimer, 440 Hurdles		Troy Doris, Triple Jump		Reno Tuufuli, Discus
	Larry Wieczorek, Mile		Ethan Holmes, 400-Meter Hurdles *		O'Shea Wilson, 400-Meter Relay ^
	Fred Ferree, Mile Relay		Ethan Holmes, 110-Meter Hurdles *		O'Shea Wilson, Long Jump *
	Carl Frazier, Mile Relay		Erik Sowinski, 800 Meters	2018	Will Dougherty, Decathlon ^
	Mike Mondane, Mile Relay	2013	Justin Austin, 200 Meters		Chris Douglas, 110-Meter Hurdles ^
	Jon Reimer, Mile Relay		Justin Ausin, 400-Meter Relay		Chris Douglas, 400-Meter Hurdles *
1968	Mike Mondane, 440 Yards		Justin Austin, 100 Meters *		DeJuan Frye, 1,600-Meter Relay ^
1978	Bill Hansen, High Jump		Matt Byers, Javelin ^		Mar'yea Harris, 400 Meters
1983	Ronnie McCoy, 110 Hurdles		Klyvens Delaunay, Triple Jump		Mar'yea Harris, 1,600-Meter Relay ^
	Jeff Patrick, 200 Meters		Ethan Holmes, 400-Meter Hurdles ^		Mar'yea Harris, 400-Meter Relay ^
1985	Ronnie McCoy, 110 Hurdles		Ethan Holmes, 400-Meter Relay		Collin Hofacker, 1,600-Meter Relay ^
1988	Pat McGhee, 400 Hurdles		Gabe Hull, Discus ^		Collin Hofacker, 400-Meter Relay ^
1989	Pat McGhee, 110 Hurdles		Josh Larney, 400-Meter Relay		Matt Manternach, 800 Meters *
	Pat McGhee, 400 Hurdles		Josh Larney, 100 Meters *		Reno Tuufuli, Discus
1992	Anthuan Maybank, 400 Meters		Tevin-Cee Mincy, 400-Meter Relay		Reno Tuufuli, Shot Put *
1993	Anthuan Maybank, Long Jump		Jordan Mullen, 100-Meter Hurdles *		O'Shea Wilson, 400-Meter Relay ^
	Anthuan Maybank, 400 Meters	2014	Babatunde Amosu, Triple Jump ^		Antonio Woodard, 1,600-Meter Relay ^
1995	Chris Davis, 1,600-Meter Relay		Keith Brown, 400-Meter Relay		Antonio Woodard, 400-Meter Relay ^
	Andre Morris, 400 Meters		James Harrington, 400-Meter Relay	2019	Karayme Bartley, 1,600-Meter Relay
	Andre Morris, 1,600-Meter Relay		Gabe Hull, Discus ^		Karayme Bartley, 400-Meter Relay ^
	George Page, 1,600-Meter Relay		Tevin-Cee Mincy, 400-Meter Relay		Karayme Bartley, 200-Meters ^
	Ed Rozell, 1,600-Meter Relay		O'Shea Wilson, 400-Meter Relay		Chris Douglas, 400-Meters Hurdles *
1996	Chris Davis, 1,600-Meter Relay	2015	Babatunde Amosu, Triple Jump *		Mar'yea Harris, 1,600-Meter Relay
	Andre Morris, 1,600-Meter Relay		Keith Brown, 400-Meter Relay ^		Mar'yea Harris, 400 Meters ^
	Ed Rozell, 1,600-Meter Relay		James Harrington, 400-Meter Relay ^		Collin Hofacker, 400-Meter Relay ^
	Bashir Yamini, 1,600-Meter Relay		Aaron Mallett, 110-Meter Hurdles		Jay Hunt, High Jump *
1998	Jeremy Allen, Discus		Aaron Mallett, 400-Meter Relay ^		Wayne Lawrence Jr., 400 Meters ^
1999	Tony Branch, 1,600-Meter Relay		Vinnie Saucer Jr., 400-Meter Relay ^		Wayne Lawrence, 400-Meter Relay ^
	Tim Dodge, 1,600-Meter Relay		Mitch Wolff, 400-Meter Hurdles ^		Wayne Lawrence Jr., 1,600-Meter Relay
	Tim Dwight, 1,600-Meter Relay				Jaylan McConico, 110-Meter Hurdles ^
	Bashir Yamini, 1,600-Meter Relay				Nathan Mylenek, 3,000 Steeplechase ^
2000	Stetson Steele, 10,000 Meters				Antonio Woodard, 200 Meters *
2001	Jeremy Allen, Discus				Antonio Woodard, 400-Meter Relay ^
2002	Bill Neumann, Javelin				Antonio Woodard, 1,600-Meter Relay



MEN'S OUTDOOR ALL-AMERICANS - 201

Year Athlete, Event

2021 Jamal Britt, 110-Meter Hurdles
 Jamal Britt, 400-Meter Hurdles *
 James Carter, Jr., Long Jump ^
 Will Daniels, Decathlon
 Julien Gillum, 1,600-Meter Relay
 Austin Kresley, 400-Meter Relay ^
 Wayne Lawrence, Jr., 1,600-Meter Relay
 Wayne Lawrence Jr, 400 Meters ^
 Austin Lietz, 1,600-Meter Relay
 Jaylan McConico, 100-Meter Hurdles
 Jaylan McConico, 400-Meter Relay ^
 Nathan Mylenek, 3,000 Steeplechase *
 Gratt Reed, 400-Meter Relay ^
 Antonio Woodard, 400-Meter Relay ^
 Antonio Woodard, 1,600-Meter Relay

2022 Josh Braverman, 110-Meter Hurdles ^
 James Carter, Jr., Long Jump ^
 James Carter, Jr., Triple Jump *
 Nikolas Curtiss, Shot Put
 Julien Gillum, 1,600-Meter Relay
 Julien Gillum, 400-Meter Hurdles ^
 Spencer Gudgel, 1,600-Meter Relay
 Khullen Jefferson, 400-Meter Relay *
 Jordan Johnson, Discus
 Kalil Johnson, 400-Meter Relay *
 Austin Kresley, 400-Meter Relay *
 Gratt Reed, 400-Meter Relay *
 Gratt Reed, 110-Meter Hurdles *
 Chadrick Richards, 1,600-Meter Relay
 Everett Steward, 1,600-Meter Relay
 Austin West, Decathlon
 James Carter, Jr., Long Jump ^
 James Carter, Jr., Triple Jump *
 Nikolas Curtiss, Shot Put
 Julien Gillum, 1,600-Meter Relay
 Julien Gillum, 400-Meter Hurdles ^
 Spencer Gudgel, 1,600-Meter Relay
 Khullen Jefferson, 400-Meter Relay *
 Jordan Johnson, Discus
 Kalil Johnson, 400-Meter Relay *
 Austin Kresley, 400-Meter Relay *
 Gratt Reed, 400-Meter Relay *
 Gratt Reed, 110-Meter Hurdles *
 Chadrick Richards, 1,600-Meter Relay
 Everett Steward, 1,600-Meter Relay
 Austin West, Decathlon

Year Athlete, Event

2023 Damoy Allen, 400-Meter Relay ^
 James Carter, Jr., Triple Jump *
 Julien Gillum, 400-Meter Hurdles ^
 Julien Gillum, 1,600-Meter Relay *
 Phillip Jefferson, 1,600-Meter Relay *
 Austin Kresley, 400-Meter Relay ^
 Austin Kresley, 200 Meters ^
 Gratt Reed, 110-Meter Hurdles ^
 Gratt Reed, 400-Meter Relay ^
 Chadrick Richards, 1,600-Meter Relay *
 De'Andre Stapleton, Jr.,
 1,600-Meter Relay *
 Kalen Walker, 400-Meter Relay ^
 Austin West, Decathlon

WOMEN'S INDOOR ALL-AMERICANS (60)

Year	Athlete, Event	Year	Athlete, Event	Year	Athlete, Event
1983	Mary Mol, High Jump	2008	Kineke Alexander, 400 Meters	2019	Briana Guillory, 400 Meters
1987	Jeanne Kruckeberg, 3,200-Meter Relay		Meghan Armstrong, 10,000 Meters		Jenny Kimbro, Pentathlon
	Kim Schneckloth, 3,200-Meter Relay		Tammilee Kerr, Heptathlon		Tria Simmons, Pentathlon
	Sherri Suppelsa, 3,200-Meter Relay		Racheal Marchand, 10,000 Meters		Laulauga Tausaga, Shot Put
	Janet Wodek, 3,200-Meter Relay	2009	Karessa Farley, 60-Meter Hurdles		Laulauga Tausaga, Weight Throw
1988	Jeanne Kruckeberg, Mile		Racheal Marchand, 5,000 Meters	2020	Jenny Kimbro, Pentathlon
1989	Jeanne Kruckeberg, 800 Meters	2011	McKenzie Melander, Mile ^		Mallory King, 800 Meters
1990	Rachelle Roberts, Mile		Bethany Praska, 800 Meters		Laulauga Tausaga, Shot Put
1992	Lisa Van Steenwyk, Shot Put	2016	Briana Guillory, 1,600-Meter Relay ^		Laulauga Tausaga, Weight Throw
1993	Tracy Dahl, 5,000 Meters		Elexis Guster, 1,600-Meter Relay ^	2021	Mallory King, 800 Meters ^
1994	Tina Stec, Mile		Elexis Guster, 400 Meters ^	2022	Mariel Bruxvoort, 1,600-Meter Relay
	Tina Stec, 3,000 Meters		Alexis Hernandez, 1,600-Meter Relay ^		Mallory King, 1,600-Meter Relay
1995	Yolanda Hobbs, 55 Meters		MonTayla Holder, 1,600-Meter Relay ^		Tesa Roberts, 1,600-Meter Relay
	Yolanda Hobbs, 200 Meters	2017	Brittany Brown, 200 Meters		Payton Wensel, 1,600-Meter Relay
2005	Kineke Alexander, 400 Meters		Jahisha Thomas, Long Jump ^	2023	Myreanna Bebe, 60-Meter Hurdles ^
	Peaches Roach, High Jump	2018	Brittany Brown, 200 Meters ^		
2006	Kineke Alexander, 400 Meters		Brittany Brown, 1,600-Meter Relay ^		
	Meghan Armstrong, Mile		Sheridan Champe, 1,600-Meter Relay ^		
	Peaches Roach, High Jump		Briana Guillory, 400 Meters		
2007	Kineke Alexander, 400 Meters		Briana Guillory, 1,600-Meter Relay ^		
	Meghan Armstrong, Mile		Sarah Plock, 1,600-Meter Relay		
	Diane Nukuri, 10,000 Meters		Jahisha Thomas, Long Jump		
	Peaches Roach, High Jump				

^ *second-team, * honorable-mention*
(added in 2011)



WOMEN'S OUTDOOR ALL-AMERICANS (101)

Year Athlete, Event

1982	Chris Davenport, Dist Medley Relay Nan Doak, Two Miles Nan Doak, Three Miles Nan Doak, 5,000 Meters Nan Doak, Dist. Medley Relay Kathy Gillespie, Heptathlon Jenny Hayden, Dist. Medley Relay Jodi Hershberger, 3,000 Meters Jenny Spangler, 10,000 Meters Kay Stormo, 880 Yards Kay Stormo, 800 Meters Kay Stormo, Dist. Medley Relay
1983	Nan Doak, 5,000 Meters Jenny Spangler, 10,000 Meters
1985	Penny O'Brien, 3,000 Meters Nan Doak, 10,000 Meters
1992	Jennifer Brower, 10,000 Meters Tracy Dahl, 5,000 Meters
1994	Tina Floyd, 400-Meter Relay Yolanda Hobbs, 400-Meter Relay Marlene Poole, 400-Meter Relay Tanja Reid, 400-Meter Relay
1997	Wynsome Cole, 400-Meter Hurdles
2004	Shellene Williams, 400 Meters
2005	Kineke Alexander, 400 Meters
2006	Peaches Roach, High Jump Kineke Alexander, 400 Meters
2007	Kineke Alexander, 400 Meters Peaches Roach, High Jump
2008	Kineke Alexander, 400 Meters Meghan Armstrong, 10,000 Meters Racheal Marchand, 10,000 Meters Diana Nukuri-Johnson, 10,000 Meters
2009	Karessa Farley, 100-Meter Hurdles ^ Tammilee Kerr, Heptathlon
2011	Brooke Eilers, 5,000 Meters * Nicole Erickson, 1,600-Meter Relay * Betsy Flood, 5,000 Meters ^ Tiffany Hendricks, 1,600-Meter Relay * Ashley Liverpool, 1,600-Meter Relay * Bethany Praska, 1,600-Meter Relay *
2012	McKenzie Melander, 5,000 Meters
2013	Majesty Tutson, Discus *
2014	Brittany Brown, 200 Meters ^ Brittany Brown, 400-Meter Relay ^ Elexis Guster, 400-Meter Relay ^ MonTayla Holder, 400-Meter Relay ^ MonTayla Holder, 400-Meter Hurdles * Lake Kwaza, 400-Meter Relay ^ Zinnia Miller, Long Jump Zinnia Miller, Triple Jump ^
2015	Brittany Brown, 200 Meters * Elexis Guster, 400 Meters *

Year Athlete, Event

2016	Briana Guillory, 400-Meter Relay ^ Brianna Guillory, 1,600-Meter Relay ^ Briana Guillory, 200 Meters * Elexis Guster, 400 Meters ^ Elexis Guster, 400-Meter Relay ^ Elexis Guster, 1,600-Meter Relay ^ Alexis Hernandez, 400-Meter Relay ^ Alexis Hernandez, 1,600-Meter Relay ^ MonTayla Holder, 400-Meter Hurdles ^ MonTayla Holder, 1,600-Meter Relay ^ Lake Kwaza, 400-Meter Relay ^ Jahisha Thomas, Long Jump ^
2017	Brittany Brown, 200 Meters Laulauga Tausaga, Discus Jahisha Thomas, Long Jump ^
2018	Brittany Brown, 200 meters^ Brittany Brown, 100 meters* Laulauga Tausaga, Discus Laulauga Tausaga, Shot Put Jahisha Thomas, Long Jump Jahisha Thomas, Triple Jump
2019	Nia Britt, Shot Put * Jenny Kimbro, Heptathlon * Tria Simmons, Heptathlon * Laulauga Tausaga, Discus
2021	Serena Brown, Discus ^ Jenny Kimbro, Heptathlon * Kat Moody, Shot Put * Laulauga Tausaga, Discus Laulauga Tausaga, Shot Put
2022	Erin Dowd, 400-Meter Hurdles ^ Erin Dowd, 400-Meter Relay ^ LaSarah Hargrove, 100 Meters ^ LaSarah Hargrove, 200 Meters ^ LaSarah Hargrove, 400-Meter Relay ^ Lia Love, 400-Meter Relay ^ Paige Magee, 400-Meter Hurdles * Paige Magee, 400-Meter Relay ^
2023	Myreanna Bebe, 100-Meter Hurdles * Audrey Biermann, 1600-Meter Relay * Mariel Bruxvoort, 400-Meter Hurdles * Ali Dorn, 1600-Meter Relay * Amanda Howe, Hammer Throw ^ Chloe Larsen, 1600-Meter Relay * Paige Magee, 100-Meter Hurdles ^ Paige Magee, 400-Meter Hurdles * Paige Magee, 1600-Meter Relay * Tionna Tobias, Heptathlon *

^ second-team, * honorable-mention
(added in 2011)



Kineke Alexander (2005-08) was an eight-time All-American in the 400 meters. In 2007, she was named Big Ten Women's Indoor Female Track Athlete of the Year and Midwest Region Indoor Female Track Athlete of the Year. A five-time all-region honoree, Alexander won five Big Ten titles and still holds school records in the indoor 400 meters and 600 meters.



Junior Jenoah McKiver was named USTFCCA Midwest Region Men's Track Athlete of the Year and Big Ten Men's Track Athlete of the Year for the 2022 indoor season. The two-time All-American and two-time Big Ten champion anchored Iowa's indoor 1,600-meter relay to a school record and Big Ten title. He also set school records in the 400 and 600 meters during the indoor season, and the 400 meters during the outdoor season.

NCAA Outdoor Preliminary Entries

YEAR	ENTRIES	INDIVIDUAL EVENTS.....	RELAYS
2010	20 (M)/14 (W)	20 (M)/10 (W)	2/2 (W)
2011	17 (M)/12 (W)	18 (M)/11 (W)	1 (M)/1 (W)
2012	20 (M)/(14) (W)	20 (M)/13 (W)	2 (M)/1 (W)
2013	14 (M)/9 (W)	15 (M)/9 (W)	1 (M)/0 (W)
2014	13 (M)/15 (W)	14 (M)/15 (W)	1 (M)/2
2015	15 (M)/10 (W)	13 (M)/11 (W)	2 (M)/1 (W)
2016	15 (M)/10 (W)	17 (M)/11 (W)	2 (M)/2 (W)
2017	17 (M)/7 (W)	17 (M)/8 (W)	2 (M)/0 (W)
2018	14 (M)/19 (W)	17 (M)/19 (W)	2 (M)/2 (W)
2019	21 (M)/17 (W)	10 (M)/20 (W)	2 (M)/0 (W)
2021	25 (M)/19 (W)	23 (M)/18 (W)	2 (M)/1 (W)
2022	28 (M)/18 (W)	26 (M)/16 (W)	2 (M)/2 (W)
2023	29 (M)/29 (W)	21 (M)/20 (W)	2 (M)/2 (W)

NCAA Outdoor Finals Entries

YEAR	ENTRIES	INDIVIDUAL EVENTS.....	RELAYS
2010	5 (M)/2 (W)	4 (M)/2 (W)	1 (M)/0 (W)
2011	7 (M)/3 (W)	6 (M)/2 (W)	1 (M)/1 (W)
2012	7 (M)/2 (W)	7 (M)/2 (W)	0 (M)/0 (W)
2013	9 (M)/1 (W)	8 (M)/1 (W)	1 (M)/0 (W)
2014	3 (M)/5 (W)	2 (M)/4 (W)	1 (M)/1 (W)
2015	4 (M)/2 (W)	3 (M)/2 (W)	1 (M)/0 (W)
2016	8 (M)/6 (W)	7 (M)/4 (W)	1 (M)/2 (W)
2017	9 (M)/3 (W)	7 (M)/3 (W)	2 (M)/0 (W)
2018	8 (M)/7 (W)	6 (M)/7 (W)	2 (M)/0 (W)
2019	10 (M)/4 (W)	8 (M)/4 (W)	2 (M)/0 (W)
2021	10 (M)/5 (W)	8 (M)/5 (W)	2 (M)/0 (W)
2022	10 (M)/5 (W)	8 (M)/4 (W)	2 (M)/1 (W)
2023	13 (M)/10 (W)	5 (M)/6 (W)	2 (M)/1 (W)

M - men's team, W - women's team

Regional Awards

Midwest Region Coach of the Year

Larry Wieczorek, 2011 (outdoor)

Joey Woody, 2019 (outdoor); 2021 (indoor and outdoor),
2022 (indoor)

Midwest Region Assistant Coach of the Year

Joey Woody, 2011; 2013

Jason Wakenight 2022 (indoor)

Midwest Regional Female Athlete of the Year

Kineke Alexander, 2007

Midwest Region Male Track Athlete of the Year

Jenoah McKiver, 2022 (indoor)

Midwest Region Female Field Athlete of the Year

Laulauga Tausaga, 2019 (indoor and outdoor); 2020 (indoor);
2021 (outdoor)



Men's All-Region Honorees

Year	Athlete	Event - Mark	Place
2003	Bill Neumann	Javelin - 227-0 (69.20 m)	1st
	Tony Leick	400-Meter Hurdles - 53.16	7th
	Chris Voller	Hammer - 192-2 (58/58)	8th
2004	Ken Kemeny	Shot Put - 61-4 1/4 (18.70 m)	4th
	Brad Daufelt	Hammer - 205-4 (62.59 m)	4th
	Russell Peterson	400-Meter Hurdles - 51.18	6th
	Chris Voller	Hammer - 196-7 (59.91 m)	7th
2005	Ken Kemeny	Shot Put - 62-3 (18.97 m)	2nd
	Tim Brodersen	Discus - 179-1 (54.59 m)	3rd
	Chris Voller	Hammer - 195-4 (59.55 m)	8th
2006	Adam Hamilton	Hammer - 217-11 (66.42 m)	2nd
	Shane Maier	Shot Put - 61-0 1/4 (18.60 m)	5th
2007	Shane Maier	Shot Put - 58-6 1/2 (17.84 m)	2nd
	Adam Hamilton	Hammer - 215-7 (65.70 m)	2nd
	Ray Varner	400-Meter Hurdles - 52.93	8th
	Micah VanDenend	5,000 Meters - 14:14.62	8th
	Max Milder	400-Meter Relay - 42.53	8th
	Paul Chaney, Jr.	400-Meter Relay - 42.53	8th
	Aaron Reed	400-Meter Relay - 42.53	8th
	Lee Elbert	400-Meter Relay - 42.53	8th
2008	John Hickey	Shot Put - 61-4 1/4 (18.70 m)	2nd
	A.J. Curtis	Shot Put - 59-5 1/2 (18.12 m)	3rd
	A.J. Curtis	Discus - 176-8 (53.85 m)	3rd
	Andy Napier	3,000 Steeplechase - 8:57.54	7th
	Shane Maier	Shot Put - 56-11 1/2 (17.36 m)	7th
	Ray Varner	400 Hurdles - 51.07	8th
2009	Adam Hairston	800 Meters - 1:48.87	5th
	D'Juan Richardson	400-Meter Relay - 40.33	5th
	Zeke Sayon	400-Meter Relay - 40.33	5th
	Stephen Bee	400-Meter Relay - 40.33	5th
	Paul Chaney, Jr.	400-Meter Relay - 40.33	5th
	Ray Varner	400 Hurdles - 51.21	6th
	John Hickey	Shot Put - 58-11 1/4 (17.96 m)	6th

Women's All-Region Honorees

Year	Athlete	Event - Mark	Place
2003	Alana Redfern	Javelin - 159-8 (48.68 m)	3rd
	Jessie Strand	Pole Vault - 12-10 1/4 (3.92 m)	3rd
	Sarah Arens	3,000 Steeplechase - 10:42.42	5th
	Nicole Charles	1,600-Meter Relay - 3:36.26	5th
	Aisha Hume	1,600-Meter Relay - 3:36.26	5th
	Sarah Steffen	1,600-Meter Relay - 3:36.26	5th
	Shellene Williams	1,600-Meter Relay - 3:36.26	5th
	Shellene Williams	400 Meters - 53.09	6th
	Sarah Steffen	400-Meter Hurdles - 1:00.10	8th
2004	Sarah Arens	3,000 Steeplechase - 10:39.31	2nd
	Shellene Williams	400 Meters - 52.41	4th
	Peaches Roach	High Jump - 5-10 1/2 (1.79 m)	5th
	Michelle Lahann	800 Meters - 2:09.34	6th
2005	Kineke Alexander	400 Meters - 52.34	2nd
	Peaches Roach	High Jump - 5-11 1/4 (1.81 m)	2nd
	Kineke Alexander	1,600-Meter Relay - 3:39.67	8th
	Aisha Hume	1,600-Meter Relay - 3:39.67	8th
	Lindsey McCalla	1,600-Meter Relay - 3:39.67	8th
	Erin Sheeley	1,600-Meter Relay - 3:39.67	8th
2006	Kineke Alexander	400 Meters - 51.75	1st
	Meghan Armstrong	1,500 Meters - 4:23.33	2nd
	Peaches Roach	High Jump - 6-0 1/2 (18.4 m)	3rd
	Racheal Marchand	5,000 Meters - 17:17.01	7th
	Tiffany Johnson	100-Meter Hurdles - 13.53	8th
	Shannon Stanley	1,500 Meters - 4:30.98	8th
2007	Kineke Alexander	400 Meters - 52.34	1st
	Tiffany Johnson	100-Meter Hurdles - 13.22	1st
	Meghan Armstrong	1,500 Meters - 4:21.56	5th
	Diane Nukuri	1,500 Meters - 4:24.30	6th
	Becca Franklin	Hammer - 192-2 (58.58 m)	6th
	Racheal Marchand	5,000 Meters - 16:27.72	6th
	Peaches Roach	High Jump - 5-9 1/4 (1.76 m)	7th
2008	Kineke Alexander	400 Meters - 52.24	2nd
	Renee White	Triple Jump - 43-10 (13.36 m)	6th
	Renee White	Long Jump - 20-3 3/4 (6.19 m)	8th
2009	Karessa Farley	100-Meter Hurdles - 13.34	3rd
	Betsy Flood	1,500 Meters - 4:25.98	4th
	McKenzie Melander	1,500 Meters - 4:30.83	7th

In 2010, the NCAA altered the format for athletes to qualify and advance to the NCAA Championships, therefore there is no longer a regional-based qualifying competition.

50 Yards

Charles Brookins, 1922 5.4

55-Meter Hurdles

Dion Trowers, 1998 7.27

60 Yards

Lee Farmer, 1942 6.3

60 Meters

Vinnie Saucer, Jr., 2016 6.7

60-Meter Hurdles

Jordan Mullen, 2013 7.7

Aaron Mallett, 2016 7.69

Aaron Mallett, 2017 7.63

Jaylan McConico, 2019 7.79

Jaylan McConico, 2020 7.61

70-Yard High Hurdles

Frank Cuhel, 1928 8.8

George Saling, 1932 8.7

Russell Merkel, 1950 8.8

70-Yard Low Hurdles

Russell Merkel, 1950 8.1

200 Meters

George Page, 1997 21.63

Justin Austin, 2011 21.23

Wayne Lawrence, Jr., 2020 . 20.85

440 Yards

George Baird, 1928 50.1

Vaughn Stevenson, 1929 51.2

Bernard Page, 1935 51.5

Carl Teufel, 1938 49.8

John Brown, 1960 48.6

Gary Hollingsworth, 1963 48.5

Mike Mondane, 1967 47.9

Mike Mondane, 1968 47.6

Dick Eisenlauer, 1972 47.8

400 Meters

Anthuan Maybank, 1990 47.55

Wayne Lawrence, Jr., 2020 . 45.56

600 Yards

Leroy Ebert, 1954 1:11.4

Caesar Smith, 1956 1:14.0

Tom Ecker, 1957 1:13.7

Bill Frazier, 1962 1:12.2

Roger Kerr, 1963 1:10.0

Mike Mondane, 1966 1:11.2

600 Meters

D'Juan Strozier, 1990 1:20.26

Jenoah McKiver, 2022 1:15.67

880 Yards

Ted Wheeler, 1956 1:55.1

Bill Frazier, 1963 1:51.8

D'Juan Strozier, 1992 1:51.54

800 Meters

Erik Sowinski, 2012 1:47.90

1,000 Yards

Gary Fischer, 1961 2:16.8

Joel Moeller, 1978 2:12.4

1,500 Meters

Ed DeLashmutt, 1981 3:49.90

Mile

Ted Wheeler, 1956 4:12.5

Charles Jones, 1957 4:13.8

Charles Jones, 1958 4:10.5

Gary Fischer, 1963 4:13.7

Larry Wiecezorek, 1966 4:09.7

Larry Wiecezorek, 1967 4:05.3

Two Miles

Harold Phelps, 1925 9:32.6

Leonard Hunn, 1927 9:44.2

Charles Jones, 1957 9:23.3

Charles Jones, 1958 9:09.6

Larry Wiecezorek, 1968 8:54.3

Long Jump

Lee Farmer, 1942 23-9 1/4

Earl Smith, 1954 24-0 3/4

Quinn Early, 1986 24-7 1/4

Anthuan Maybank, 1992 26-5 1/2

Anthuan Maybank, 1993 26-5

Bashir Yamini, 1997 25-9 1/4

Bashir Yamini, 1998 24-11 1/4

Bashir Yamini, 1999 25-6 1/2

Matty Gorman, 2005 24-8 1/2

James Carter, 2021 25-1 1/4

High Jump

*Ed Schrader, 1913 5-11 1/2

*Edgar Hoffman, 1920 6-0

*Donald Craig, 1929 5-9 5/8

*H. Workhoven, 1929 5-9 5/8

Les Stevens, 1956 6-6 3/8

Bill Knoedel, 1975 7-1

Triple Jump

Troy Doris, 2011 54-0

Troy Doris, 2012 52-1 3/4

Babatunde Amosu, 2014 51-7 3/4

Babatunde Amosu, 2015 . 52-8.75

Pole Vault

*Xavier Boyles, 1926 12-6

*Henry Canby, 1929 13-7 1/2

Ken Steinbeck, 1943 13-3

Dave Nielsen, 1975 16-10

Shot Put

Ray Danber, 1926 46-2 1/2

Jeremy Allen, 2000 61-4 1/4

Shane Maier, 2007 60-11 1/4

John Hickey, 2008 61-9 3/4

Heptathlon

Peyton Haack, 2021 . 5,749 points



*Iowa's 2022 Big Ten Indoor Champions (clockwise from top right):
Julien Gillum, Jenoah McKiver, Everett Steward, Armando Bryson.*

1,600-Meter Relay

Morrow, Noll, Brookins, Wilson, 1923 3:29.6

Morrow, Kohl, Roberts, Coulter, 1924 3:33.2

Beatty, Phelps, Baird, Cuhel, 1927 3:29.5

Stevenson, Stamats, Baird, Cuhel, 1928 3:24.2

Thomas, Ferguson, Depping, Stevenson, 1929 3:25.6

Boylan, Wheeler, Ebert, Scott, 1952 3:18.3

Richards, Rocker, Hollingsworth, Kerr, 1963 3:14.7

Ferree, Frazier, Mondane, Reimer, 1967 3:13.1

Greer, Williams, Smith, Duckett, 1984 3:09.24

Richards, Holmes, Sowinski, Willey, 2011 3:12.13

Hofacker, Woodard, Thompson, Harris, 2019 3:07.46

Frye, Clarke, Woodard, Lawrence, Jr., 2020 3:04.91

Steward, Gillum, Bryson, McKiver, 2022 3:05.47

Two Mile Relay

English, Blackman, Strozier, Chambers, 1989 7:36.20

Distance Medley Relay

Mylenek, Thompson, Lilly, Melchert, 2018 9:45.10



55 Meters

Vivien McKenzie, 1985 6.92
Yolanda Hobbs, 1995 6.83

60 Yards

Elaine Jones, 1983 6.92
Elaine Jones, 1984 6.91

60 Meters

Lake Kwaza, 2016 7.33

60-Meter Hurdles

Jenny Kimbro, 2019 8.29
Paige Magee, 2021 8.26
Myreanna Bebe, 2023 8.07

200 Meters

Erica Broomfield, 1998 23.88
Kineke Alexander, 2006 23.49
Kineke Alexander, 2007 23.67
Brittany Brown, 2017 22.83
Brittany Brown, 2018 23.20

300 Yards

Elaine Jones, 1984 34.59

400 Meters

Senta Hawkins, 1988 55.66
Ellen Grant, 1997 54.39
Shellene Williams, 2004 54.17
Kineke Alexander, 2006 52.01
Kineke Alexander, 2007 52.23
Elexis Guster, 2016 52.36
Briana Guillory, 2018 52.08

600 Meters

Kay Stormo, 1979 1:33
Karen Layne, 1990 1:31.45
Bethany Praska, 2011 1:28.99

800 Yards

Kay Stormo, 1982 2:09.35

880 Yards

Jeanne Kruckeberg, 1987 2:11.71

3,000 Meters

Nan Doak, 1985 9:38.5
Meghan Armstrong, 2008 9:18.30

Three Miles

Nan Doak, 1982 15:27.53

5,000 Meters

Tracy Dahl, 1992 16:36.13

High Jump

Peaches Roach, 2004 5-11 1/4
Peaches Roach, 2005 5-10 3/4
Peaches Roach, 2007 5-10

Long Jump

Jahisha Thomas, 2018 ... 21-0 3/4

Triple Jump

Renee White, 2008 42-4
Jahisha Thomas, 2018 ... 43-4 1/2

Shot Put

Gail Smith, 1985 51-0
Lisa Van Steenwyk, 1993 50-5 1/4

Weight Throw

Laulauga Tausaga, 2020 72-10

Pentathlon

Kathy Gillespie, 1983 ... 4,079 pts.
Tria Simmons, 2019 4,135 pts.

1,600-Meter Relay

Kimbro, Simmons, Weum, Guillory, 2019 3:37.58

3,200-Meter Relay

Schlader, Mitchell, Drapcho, Stormo, 1979 9:10.0
Hoskins, Kruckeberg, Roberts, Schneckloth, 1989 8:53.01



Laulauga Tausaga (2017-21) is Iowa's most recent NCAA Champion, winning the discus at the 2019 national meet. A six-time All-American and Big Ten champion in the throws, Tausaga was a two-time Big Ten Women's Indoor Field Athlete of the Year and the 2020 Big Ten Women's Field Athlete of the Indoor Championships. She was named Iowa's Female Athlete of the Year in 2021. A four-time NCAA Midwest Region Female Field Event Athlete of the Year, Tausaga currently holds Iowa school records in the indoor shot put, outdoor shot put, weight throw and discus. In August of 2023, Tausaga became the United States' first-ever women's discus gold medalist at the World Athletics Championships in Budapest, Hungary. She fired a four-meter personal best to hit a final mark of 69.49 meters on her fifth throw.

<u>100 Yards</u> Dennis Kohl, 1966..... 9.6	<u>220-Yard Low Hurdles</u> Charles Brookins, 1922 23.8 Charles Brookins, 1923 23.2 Charles Brookins, 1924..... 23.8 Frank Cuhel, 1926..... 23.9 Frank Cuhel, 1927..... 24.2 Frank Cuhel, 1928..... 23.6 George Saling, 1932..... 23.0	<u>440-Yard Int. Hurdles</u> Jon Reimer, 1967 50.8	<u>High Jump - Continued</u> Ryan Kelly, 2008..... 6-10 3/4 Kevin Spejcher, 2016 7-1 3/4
<u>100 Meters</u> George Page, 1995 10.50 George Page, 1996 10.08 Tim Dwight, 1999 10.51 Justin Ausin, 2013..... 10.27	<u>200 Meters</u> Andre Morris, 1995 20.64 Bashir Yamini, 1998 21.10 Bashir Yamini, 1999 21.39 Justin Austin, 2011 20.46 Justin Austin, 2013 20.86 Austin Kresley, 2023 20.26	<u>400 Meters</u> Anthuan Maybank, 1991 45.76 Anthuan Maybank, 1993 45.91 Andre Morris, 1995 45.39 Andre Morris, 1996 46.38 Steven Willey, 2010 46.12 Mar'yea Harris, 2018..... 44.98 Mar'yea Harris, 2019..... 45.67 Jenoah McKiver, 2023..... 45.59	<u>Long Jump</u> Edward Gordon, 1929.... 24-1 3/4 Edward Gordon, 1930.... 24-8 1/4 Edward Gordon, 1931.... 24-1 1/2 Earl Smith, 1954 23-1 Quinn Early, 1986 24-11 Anthuan Maybank, 1993 25-9 1/2 Bashir Yamini, 1997 26-8 1/4
<u>120-Yard High Hurdles</u> Russell Merkel, 1950 14.4 Les Stevens, 1956 14.2		<u>400-Meter Hurdles</u> Pat McGhee, 1986 50.94 Pat McGhee, 1988 50.01 Pat McGhee, 1989 49.63 Ray Varner, 2010..... 50.61 Ethan Holmes, 2013 50.78 Chris Douglas, 2019 50.31 Jamal Britt, 2021..... 49.69 Julien Gillum, 2022 51.12 Austin West, 2023 49.34	<u>Triple Jump</u> Troy Doris, 2011..... 53-8 1/2 Troy Doris, 2012..... 54-8 Babatunde Amosu, 2015 53-0
<u>110-Meter High Hurdles</u> Pat McGhee, 1989 13.74 Aaron Mallett, 2015 13.43 Aaron Mallett, 2016 13.48 Aaron Mallett, 2017 13.24 Jaylan McConico, 2021 13.23	<u>330-Yard Int. Hurdles</u> Donald Gardner, 1963 37.7 Jon Reimer, 1965 36.1	<u>660 Yards</u> Roger Kerr, 1963 1:17.4 Mike Mondane, 1966 1:17.7	<u>Pole Vault</u> *Xavier Boyles, 1926 12-9 1/2 Bill Burnette, 1966..... 15-3 Phil Wertman, 1971..... 16-1 1/2 John Tefer, 1972..... 16-0 Todd Wigginton, 1984 17-0
<u>220 Yards</u> Eric Wilson, 1921..... 22.0 Eric Wilson, 1923..... 21.2 John Everingham, 1927 22.0 Dennis Kohl, 1966..... 20.6	<u>440 Yards</u> Chan Coulter, 1924 50.4 George Baird, 1927..... 49.1 John Brown, 1959..... 48.1 Mike Mondane, 1967 46.4 Mike Mondane, 1968 47.5 Dick Eisenlauer, 1975..... 47.1	<u>880 Yards</u> Harry Morrow, 1924 1:57.0 Ted Wheeler, 1956..... 1:51.7 Bill Frazier, 1962 1:50.1 Bill Frazier, 1963 1:50.6	<u>Discus</u> C.H. Swift, 1902 118-9 C.H. Swift, 1903 117-7 1/2 Merle Alderman, 1910 129-8 1/2 John Hancock, 1925..... 138-2 Jeremy Allen, 1998 185-9 Jeremy Allen, 2001 194-5 Tim Brodersen, 2005 187-0 Tim Brodersen, 2006 181-2
<u>400-Meter Relay</u> Beecham, Duckett, Greer, Patrick, 1983 39.99 McCoy, Duckett, Greer, Smith, 1984..... 40.11 Davis, Morris, Rozell, Page, 1995..... 40.03 Dwight, Branch, Davis, Yamini, 1998 40.27 Branch, Dwight, Dodge, Yamini, 1999 40.66 Coleman, Kunkel, Peterson, Dodge, 2001 40.15 Mullen, Austin, E. Holmes, Larney, 2013 40.20 Brown, Harrington, Mincy, Wilson, 2014..... 39.35 Saucer, Brissett, Harrington, Mallett, 2016..... 39.44		<u>800 Meters</u> D’Juan Strozier, 1990 1:47.17	<u>Shot Put</u> Chris Gambol, 1987 60-0 1/2 Jeremy Allen, 2001 62-2 1/4 John Hickey, 2007 58-4 1/2
<u>400-Yard Relay</u> Johnson, Lake, Eisenlauer, Wellington, 1974..... 41.2		<u>Mile</u> Ted Wheeler, 1956..... 4:12.7 Charles Jones, 1957 4:17.0 Charles Jones, 1958 4:09.2	<u>Hammer</u> A. van der Westhuizen, 1999 202-3 A. van der Westhuizen, 2000 218-5 Jim Costello, 2002..... 217-7 Adam Hamilton, 2006 208-1
<u>Mile Relay</u> Beck, Noll, Keppler, Wilson, 1922..... 3:20.0 Stevenson, Stamats, Baird, Cuhel, 1928 3:20.2 Stevenson, Ferguson, Depping, Baird, 1929..... 3:20.7 Levinson, Boylan, Ebert, Scott, 1953 3:16.4 Richards, Hollingsworth, Frazier, Kerr, 1962 3:12.3 Richards, Hollingsworth, Frazier, Kerr, 1963 3:11.2 Thompson, Feree, Randolph, Reimer, 1965 3:12.1 Ferree, Frazier, Mondane, Reimer, 1967 3:08.7 Teberg, Stevens, Frazier, Mondane, 1968..... 3:13.3		<u>3,000-Meter Steeplechase</u> Rollie Kitt, 1967 9:02.9 Steve Pershing, 1977 9:00.1	<u>Javelin</u> L.D. Weldon, 1930 184-5 1/2 L.D. Weldon, 1931 191-4 1/2 Mark Panther, 1934 208-2 Mark Panther, 1935 219-7 3/8 Bushnell Lamb, 1936 ... 194-4 1/2 Bushnell Lamb, 1938 202-8 Bill Neumann, 2002 231-8 Bill Neumann, 2003 238-2 Matt Byers, 2010 220-6 Matt Byers, 2011 235-4 Matt Byers, 2012 222-10
<u>1,600-Meter Relay</u> Chung, Williams, McGhee, Leonard, 1986 3:07.05 Branch, Dwight, Dodge, Yamini, 1999 3:09.09 Frye, Woodard, Hofacker, Harris, 2018..... 3:06.32 Lawerence Jr., Thompson, Lilly, Harris, 2019 3:07.36 McKiver, Stapleton Jr., Gudgel, Gillum, 2023..... 3:06.30		<u>Two Miles</u> Richard Ferguson, 1952 9:19.0 Richard Ferguson, 1953 9:26.6 Charles Jones, 1957 9:14.0	
		<u>Three Miles</u> Larry Wiczorek, 1968..... 13:58.0	
		<u>10,000 Meters</u> Kevin Herd, 1994 30:05.21 Micah VanDenend, 2007 30:28.50	
		<u>High Jump</u> E.J. Baker, 1905..... 5-10 1/4 *Edward Gordon, 1929..... 6-0 Bill Knoedel, 1975..... 7-3 Bill Hansen, 1976..... 7-2	



100 Meters

Vivien McKenzie, 1983	11.90
Vivien McKenzie, 1984	11.50
Vivien McKenzie, 1985	11.63

200 Meters

Briana Guillory, 2016	22.95
Brittany Brown, 2017	22.30
Brittany Brown, 2018	22.93

400 Meters

Ellen Grant, 1997	52.82
Shellene Williams, 2003	53.58
Shellene Williams, 2004	52.97
Kineke Alexander, 2007	52.15
Elaxis Guster, 2014	52.77
Elaxis Guster, 2015	52.19

400-Meter Hurdles

Wynsome Cole, 1998	56.67
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800 Meters

Bethany Praska, 2011	2:05.63
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5,000 Meters

Nan Doak, 1982	16:26.63
Tracy Dahl, 1992	16:22.01
Diane Nukuri, 2008	16:24.21
McKenzie Melander, 2012	16:14.03

10,000 Meters

Jennifer Brower, 1992	34:29.61
Meghan Armstrong, 2008	33:49.03

High Jump

Peaches Roach, 2004	5-11 1/4
Peaches Roach, 2007	6-0
Khanishah Williams, 2014	5-9 1/4
Dallyssa Huggins, 2021	5-10 1/2

Long Jump

Aisha James, 2003	21-4
Jahisha Thomas, 2018	21-6

Triple Jump

Renee White, 2009	43-10 3/4
Jahisha Thomas, 2018	43-3 1/4

Shot Put

Lisa Van Steenwyk, 1993	47-4 1/2
Laulauga Tausaga, 2018	55-1 1/2

Discus

Laulauga Tausaga, 2017	180-5
Laulauga Tausaga, 2018	191-7
Laulauga Tausaga, 2019	197-9
Laulauga Tausaga, 2021	203-8

Hammer Throw

Amanda Howe, 2022	212-9
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Heptathlon

Tionna Tobias, 2023	5,640 pts.
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Big Ten Championship Honors

Coach of the Year

2011	Larry Wiecezorek (O)
2019	Joey Woody, (O)
2021	Joey Woody (I), (O)
2022	Joey Woody (I)

Men's Honors

Track Athlete of the Year

1989	Pat McGhee (O)
1993	Anthuan Maybank (O)
2011	Justin Austin (O)
2013	Justin Austin (O)
2020	Wayne Lawrence, Jr. (I)
2021	Jaylan McConico (O)
2022	Jenoah McKiver (I)

Track Athlete of the Meet

1989	Pat McGhee (O)
1999	Tim Dwight (O)
2011	Justin Austin (O)
2013	Justin Austin (O)
2020	Wayne Lawrence, Jr. (I)
2021	Jamal Britt (O)

Freshman of the Year

1996	Bashir Yamini (I)
1998	Jeremy Allen (I, O)

Women's Honors

Track Athlete of the Year

2007	Kineke Alexander (I)
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Field Athlete of the Year

2018	Jahisha Thomas (O)
2019	Laulauga Tausaga (O)
2020	Laulauga Tausaga (I)

Field Athlete of the Meet

2020	Laulauga Tausaga (I)
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Freshman of the Year

1998	Erica Broomfield (I)
2004	Peaches Roach (O)
2016	Briana Guillory (O)

I - Indoor, O - Outdoor

Big Ten Medal of Honor

Men's Honorees

1922	Aubrey Devine
1925	John Hancock
1932	Stuart Skowbo
1934	Tom Moore
1936	Francis Cretzmeyer
1947	John Hunter
1948	Herbert Wilkinson
1949	Evan Hultman
1952	Charles Darling
1955	LeRoy Ebert
1959	James Van Young
1963	Ralph Trimble
1987	Andy Wiese
1991	David Brown
1994	Kevin Herd
2000	Stetson Steele
2009	Eric MacTaggart
2012	Erik Sowinski
2015	Kevin Lewis
2018	Kevin Docherty

Women's Honorees

1992	Jennifer Brower
1994	Tina Stec
2008	Meghan Armstrong
2011	Bethany Praska
2012	McKenzie Melander

Men's Honorees

Jeremy Allen.....	1998, 2000-01	Tim Dwight.....	1998-99
Babatunde Amosu.....	2013, 2015	Quinn Early.....	1986
Justin Austin.....	2011, 2013	Louis English.....	1989
Chris Barton.....	2010-11	DeJuan Frye.....	2018, 2020
St. Clair Blackman.....	1989	Chris Gambol.....	1987
Tony Branch.....	1998-99	Julien Gillum.....	2022-23
Christian Brissett.....	2016	Matty Gorman.....	2006
Jamal Britt.....	2021	Victor Greer.....	1984
Tim Brodersen.....	2005-06	Spencer Gudgel.....	2023
Keith Brown.....	2014, 2015	Peyton Haack.....	2021
Armando Bryson.....	2022	Adam Hairston.....	2008-09
Matt Byers.....	2010-12	Adam Hamilton.....	2006-07
James Carter.....	2021	James Harrington.....	2014-16
Rodney Chambers.....	1989	Mar'yea Harris.....	2018-19
Raymund Clarke.....	2020	Kevin Herd.....	1994
Jim Costello.....	2002	Jeffery Herron.....	2010
Curtis Chung.....	1986, 1989	John Hickey.....	2007-09
Juan Coleman.....	2001	Collin Hofacker.....	2018-19
A.J. Curtis.....	2007, 2009	Ethan Holmes.....	2011-13
Chris Davis.....	1995, 1998	Gabe Hull.....	2014, 2015
Klyvens Delaunay.....	2014	Sam Joens.....	2014
Tim Dodge.....	1999, 2001	Ryan Kelly.....	2008
Troy Doris.....	2011-12	Gary Kostrubala.....	1986
Terrence Duckett.....	1984	Austin Kresley.....	2023
		Adam Kunkel.....	2001



Multi-event specialist Austin West earned first-team All-Big Ten honors with his career-best 49.34 mark to win the 400-meter hurdles at the Big Ten Outdoor Championships in 2023. West followed up with first-team All-America honors during outdoor season, placing third in the decathlon at the NCAA Outdoor Championships. The Iowa City native set the school record in the decathlon at the USATF Championships with 8,331 points.

Josh Larney.....	2013	Nan Doak.....	1985
Wayne Lawrence Jr.....	2019-20	Nicole Erickson.....	2011
Harold Leonard.....	1986	Betsy Flood.....	2011-12
Carter Lilly.....	2018-19	Tina Floyd.....	1994
Shane Maier.....	2006-08	Ashley Granger.....	2006
Aaron Mallett.....	2015-17	Ellen Grant.....	1997
Anthuan Maybank.....	1990-94	Briana Guillory.....	2016, 2018-19
Jaylan McConico.....	2019-2021	Elexis Guster.....	2014, 2016
Ronnie McCoy.....	1984	Senta Hawkins.....	1988
Pat McGhee.....	1986, 1988-89	Tiffany Hendricks.....	2011
Jenoah McKiver.....	2022-23	Alexis Hernandez.....	2016
Michael Melchert.....	2018	Yolanda Hobbs.....	1994-95
Tevin-Cee Mincy.....	2014	MonTayla Holder.....	2014, 2016
Andre Morris.....	1995-96	Tami Hoskins.....	1989
Jordan Mullen.....	2013	Amanda Howe.....	2022
Nathan Mylenek.....	2018	Dallyssa Huggins.....	2021
Andy Napier.....	2008	Aisha Hume.....	2003
Bill Neumann.....	2002-03	Aisha James.....	2003
George Page.....	1995-97	Tiffany Johnson.....	2005-06
Russell Peterson.....	2001	Elaine Jones.....	1984
Patrick Richards.....	2010	Jenny Kimbro.....	2019
Ed Rozell.....	1995	Jeanne Kruckeberg.....	1987-89
Vinnie Saucer, Jr.....	2015, 2016	Lake Kwaza.....	2014
Zeke Sayon.....	2010	Karen Layne.....	1990
Caesar Smith.....	1984	Ashley Liverpool.....	2011-12
Robert Smith.....	1984	Paige Magee.....	2021
Erik Sowinski.....	2010-12	Racheal Marchand.....	2009
Kevin Spejcher.....	2014, 2016	Lindsey McCalla.....	2006
De'Andre Stapleton, Jr.....	2023	Vivien McKenzie.....	1984-86
Everett Steward.....	2022	McKenzie Melander.....	2012
D'Juan Strozier.....	1989-90, 1992	Zinnia Miller.....	2014
Chris Thompson.....	2018-19	Diane Nukuri.....	2007-08
Dion Trowers.....	1998	Marlene Poole.....	1994
Reno Tuufuli.....	2016	Bethany Praska.....	2011
Micah VanDenend.....	2007	Alana Redfern.....	2003
Ray Varner.....	2010	Tanja Reid.....	1994
Arno van der Westhuizen.....	2000	Peaches Roach.....	2004-07
Austin West.....	2023	Rachelle Roberts.....	1989-90
Todd Wigginton.....	1984	Kim Schneckloth.....	1989
Steven Willey.....	2010-11	Marieke Schrulle.....	2013
Kenny Williams.....	1984, 1986	Tria Simmons.....	2019
O'Shea Wilson.....	2014	Gail Smith.....	1985
Antonio Woodard.....	2018-2020	Shannon Stanley.....	2006
Chris Voller.....	2005	Sarah Steffen.....	2003
Bashir Yamini.....	1997-99	Jessie Strand.....	2003

Women's Honorees

Kineke Alexander.....	2006-08	Jahisha Thomas.....	2018
Krista Anderson.....	2006	Tionna Tobias.....	2023
Meghan Armstrong ...	2006, 2008	Majesty Tutson.....	2011, 2013
Myreanna Bebe.....	2023	Tara Underwood.....	1997
Erica Broomfield.....	1998	Lisa Van Steenwyk.....	1993
Jennifer Brower.....	1992	Aly Weum.....	2019
Brittany Brown.....	2014, 2017-18	Renee White.....	2007-09
Nicole Charles.....	2003	Khanishah Williams.....	2014
Wynsome Cole.....	1997-98	Shellene Williams.....	2003-04
Tracy Dahl.....	1992-93	Kaydene Wynter.....	1997



Big Ten Athletes of the Week

Men's Honorees

Jeremy Allen (F)	1/19/1999; 1/24/2001
Babatunde Amosu (F)	4/23/2014
Justin Austin (T)	4/10/2013
Tony Branch (T)	1/26/1999
Christian Brissett (T)	3/23/2016
Jamal Britt (T/F)	1/13/2021 (F); 1/27/2021 (F); 2/17/2021 (T); 3/31/2021 (F)
Jim Costello (F)	1/31/2001
A.J. Curtis (F)	4/10/2007
Troy Doris (F)	1/30/2012
Julien Gillum (T)	5/3/2023
Peyton Haack (F)	2/1/2023
Adam Hamilton (F)	5/1/2007
May'yea Harris (T)	2/6/2019
John Hickey (F)	1/22/2008; 2/16/2009
Jay Hung (F)	3/20/2019
Shane Maier (F)	1/16/2007
Aaron Mallett (T)	3/25, 2015; 2/17/2016; 4/27/2016; 5/3/2017
Jaylan McConico (T)	12/18/2019; 1/29/2020; 2/19/2020; 5/5/2021
Jenoah McKiver (T)	1/13/2021; 2/2/2022; 2/9/2022; 4/13/2022; 4/26/2023
Andy Napier (T)	4/8/2008
Bill Neumann (F)	4/8/2003
Erik Sowinski (T)	4/13/2011
Reno Tuufuli (F)	3/22/2017; 4/12/2017; 3/21/2018; 4/17/2019
Arno van der Westhuizen (F)	4/12/1999
Austin West (F)	4/20/2022
Antonio Woodard (T)	3/21/2018
Micah VanDenend (T)	4/3/2007
Ray Varner (T)	4/8/2009

Women's Honorees

Meghan Armstrong (T)	3/25/2008
Mandy Beck	3/22/1999
Brittany Brown (T)	4/12/2017; 3/21/2018
Betsy Flood (T)	5/5/2010
Briana Guillory (T)	1/24/2018; 2/7/2018
Elaxis Guster (T)	4/13/2016
LaSarah Hargrove (T)	12/15/2021; 4/13/2022
MonTayla Holder (T)	1/12/2015
Amanda Howe (F)	1/13/2021
Aisha James (F)	4/28/2003
Karina Joiner (T)	5/12/2021
Jenny Kimbro (T)	12/12/2018
Mallory King (T)	1/27/2021
Lia Love (T)	3/22/2023
Kat Moody (F)	3/22/2023
Diane Nukuri (T)	4/8/2008
Alana Redfern (F)	5/5/2003
Peaches Roach (F)	2/20/2007
Madison Rouw (F)	3/23/2016
Konstadina Spanoudakis (F)	3/20/2019
Laulauga Tausaga (F)	4/10/2018; 2/6/2019; 4/10/2019; 4/17/2019; 4/24/2019; 2/12/2020; 2/19/2020; 3/31/2021; 4/7/2021

T - track athlete, F - field athlete

Big Ten Athlete of the Month

Men's Honorees

Anthuan Maybank	Apr. 1993
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Women's Honorees

Tracy Dahl	Mar. 1992
Tracy Dahl	Feb. 1993
Yolanda Hobbs	Mar. 1995

National & School Honors

Honda Sports Award

2008	Diane Nukuri (finalist)
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NCAA Woman of the Year

1992	Jennifer Brower (state winner)
1994	Tina Stec (national finalist)

Wilma Rudolph Award

2008	Diane Nukuri
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Iowa Female Athlete of the Year

1983	Nan Doak
1989	Jeanne Kruckeberg
1992	Tracy Dahl
1993	Tracy Dahl
2006	Kineke Alexander
2007	Kineke Alexander
2008	Diane Nukuri
2009	Racheal Marchand
2021	Laulauga Tausaga

USATF Champions

Junior Champions

2006	John Hickey (Shot Put)
2017	Laulauga Tausaga (Discus)

Pan American Games

Junior Champions

2017	Laulauga Tausaga (Discus)
2023	Mike Stein (Javelin)

Senior Champions

2018	Briana Guillory (1,600 meter relay)
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USTFCCCA All-Academic Honorees

Amber Aesoph.....2022	Carter Lilly 2015-19
Meghan Armstrong2006	Lia Love.....2022
Krista Anderson2006	Matt Manternach 2018-20
Nicole Berry2022	Paige Magee..... 2021-22
Alli Bookin-Nosbisch 2021-22	Tiffany Medenhaldt2010
Mariel Bruxvoort 2021-22	McKenzie Melander 2009-10, 2012
Armando Bryson.....2022	Marissa Mueller 2018-19
Talia Buss..... 2017-18	Max Murphy2021
Heaven Chandler2017	Tyler Olson..... 2021-22
Grant Conway.....2020	Nylah Perry.....2021
Will Daniels..... 2020-21	Clare Pitcher 2021-22
Kevin Dibbern2010	Sarah Plock2018
Christopher Douglas 2016-19	Bethany Praska..... 2010-11
Erin Dowd2022	Megan Ranegar2012
Brooke Eilers..... 2011-12	Gratt Reed 2020-22
Kassidy Ellis.....2015	Kyle Reid2013
Betsy Flood2012	Keaton Rickels 2012-13
Marta Bote Gonzalez.....2015, 17	Hannah Roeder2009
Spencer Gudgel2022	Victoria Sack2012
Briana Guillory.....2016	Tia Saunders 2020-21
Peyton Haack..... 2020-22	Marieke Schrulle 2012-13
Amanda Hardesty.....2010	Sommer Sharpe.....2018
Jordan Hawkins2022	Andrea Shine 2017-18
Kayla Hutchins2021	Hannah Simonson2012
Kaleba Jack2021	Jasmine Simpson 2013-14
Andy Jatis2018	Annemie Smith..... 2012-15
Khullen Jefferson2022	Eric Sowinski.....2010, 12
Jenny Kimbro..... 2018-21	Ben Stancombe 2012-13
Mallory King 2018-20, 2022	Cortney Strohman2021
Jamie Kofron..... 2021-22	Laulauga Tausaga2021
Jackie Laesch2012	Brendan Thompson2017
Aubrianna Lantrip.....2018	Tysen VanDraska 2018-21
Kevin Lewis2012, 14	Payton Wensel.....2022
Tyler Lienau 2020-21	Austin West 2020-21
Austin Lietz2017	

CoSIDA Academic Teams

Academic All-America

1986	Danny Waters
1989	Kim Schneckloth
1990	Lisa Skidmore
1997	Chad Schwitters
1998	Chad Schwitters
2000	Stetson Steele
2012	Erik Sowinski

Academic All-District

1986	Danny Waters
1989	Kim Schneckloth
1990	Lisa Skidmore
1997	Chad Schwitters
1998	Chad Schwitters
2000	Stetson Steele
2006	Tim Brodersen
	Adam Hamilton
2008	Jolly Burke
2012	McKenzie Melander
	Erik Sowinski

Big Ten Distinguished Scholars

Recipients of the Big Ten Distinguished Scholar award must be letterwinners in their second academic year at their institution and achieve a minimum grade-point average of 3.7 or higher for the previous academic year. The inaugural award was presented in 2008-09.

Men's Honorees

Sam Bailin2010	Michaela Haight2014
Armando Bryson.....2021, 2023	Amanda Hardesty..... 2010-11
Andrew Carman.....2014	Kelsey Hart2011
A.J. Curtis.....2009	Rachel Hawks2009
Gage Eller 2017-18	Lindsay Herra..... 2015-16
Connor Elmitt2010	Jenny Kimbro..... 2018-21
Daniel Gardarsson2017	Mallory King2020, 2022
Daniel Gaynes.....2020	Kaitlin Knape.....2023
Spencer Gudgel2021, 2023	Jamie Kofron..... 2021-23
Andy Jatis.....2018	Leah Kralovetz 2021-23
Kevin Lewis2014	Lake Kwaza2016
Carter Lilly2018	Lia Love.....2023
Mark Mankivsky2010	Lauren McMahon2023
Cole Moeller2020	Jessica McKee..... 2021-22
Andy Napier.....2009	Tahlee McVee2023
Tyler Olson.....2021	McKenzie Melander2011
Gratt Reed2020, 2022	Kara Misel.....2018
Kyle Reid2012	Katie Moore.....2022
Keaton Rickels..... 2011-13	Kylie Morken.....2020
Jeff Roberts.....2020, 2022	Marissa Mueller 2019-21
Nolan Roethler 2020-21	Elizabeth Niedert.....2018
Karson Sommer2018	Lauren Opatrny..... 2017-18
Konnor Sommer 2021-23	Clare Pitcher2022
Ben Stancombe 2012-13	Hannah Roeder.....2009, 2011
Brendan Thompson2017	Sarah Ryan 2013-14
Tysen VanDraska..... 2020-21	Abby Ryon2023
Brice Wilson2009	Tia Saunders2021

Women's Honorees

Logan Akason 2020-22	Andrea Shine 2017-18
Maddie Block.....2023	Jasmine Simpson 2013-14
Alli Bookin-Nosbisch 2022-23	Gabby Skopec..... 2021-22
Grace Bookin-Nosbisch2023	Amy Smith 2017-18
Mariel Bruxvoort . 2020-21, 2023	Konstandina Spanoudakis ...2020
Jolly Burke2009	Amanda Stahle2014
Talia Buss 2018-19	Sam Strauss2023
Heaven Chandler 2016-17	Addie Swanson 2020-21
Kelli DeGeorge.....2020	Laulauga Tausaga.....2021
Jennie Docherty.....2009	Jocelyn Todd2014
Carly Donahue 2019-20	Kelli Tosic 2022-23
Brooke Eilers2011	Ellie Twedt 2022-23
Kassidy Ellis.....2015	Madison Waymire2018
Laney Fitzpatrick.....2023	Kirsten Weismantle 2012-13
Courtney Fritz..... 2013-14	Lindsay Welker 2018, 2020-21
Allison Gattone 2015-16	Payton Wensel.....2022
Marta Bote Gonzalez2018	Alyson Weum 2020-21
Emma Gordon 2021-22	Sydney Winger2020
Maria Gorham 2020-22	
Anne Guest.....2023	



Recipients of the Academic All-Big Ten award must be letterwinners in their second academic year at their institution and achieve a minimum grade-point average of 3.0 or higher for their academic career. The inaugural award was presented in 1986-87.

Men's Honorees

L. J. Albrecht 1989-92	Scott Joens 1987	Karson Sommer 2018-20	Krista Anderson 2007-08
Alex Balke 2015	Richard Johnson 2007	Konnor Sommer 2020-23	Lindsay Anderson 2010
Rajeev Balkrishnan 1993	Chase Kadlec 2010, 2012	Daniel Soto 2018-20	Mary Arch 2019-21
Andy Banse 2003-05	Aiden King 2022-23	Eric Sowinski 2010-12	Sarah Arens 2001-04
Jake Berns 2006	Daniel Klysh 2022	Ben Stancombe 2011-13	Meghan Armstrong 2006-08
Ravi B'Have 1995, 1998	Ryan Lamparek 2009-12	Stetson Steele 1997, 1999-00	Caleigh Bacchus 2009
Tim Brodersen 2003-06	Kevin Lewis 2013, 2015	Alec Still 2021-22	Atalie Barber 2002, 2004
David Brown 1988-91	Tyler Lienau 2021-22	Martin Strong 2022-23	Holly Barnes 1994
Armando Bryson 2021-23	Austin Lietz 2018-21	Brendan Thompson 2014-17	Alivia Bauer 2022-23
Brendan Camplin 2008-09	Carter Lilly 2016-19	Dion Trowers 1997	Myreanna Bebe 2023
Andrew Carman 2012-14	Ben Lloyd 2003	Nolan Teubel 2017-20	Briana Benning 1995-97
Chris Cassata 1999-00	Marco Loureiro 1995-96	Chris Thompson 2018-20	Danielle Berndt 2010-12
Raymund Clarke 2019-20	Jesse Luciano 2008-10	Nick Trattner 2021-23	Allison Billhardt 2005
Grant Conway 2021-23	Eric MacTaggart 2006, 2008-09	Jonathan Tullett 1994	Kerri Blackstone 1997-99
Brandon Cooley 2018	Shane Maier 2005-06	Josh Tweedy 2004-05	Maddie Block 2023
Trent Corey 1999-02	Mark Mankivsky 2010	Graham Valdes 2009	Alli Bookin-Nosbisch 2022-23
Jim Costello 2001-02	Matt Manternach 2018-20	Tysen VanDraska 2018-21	Grace Bookin-Nosbisch 2022-23
Mike Cunningham 1999, 2001-02	Steve Marshall 1991, 1994	Austin West 2020-23	Becky Borg 1988-89
A.J. Curtis 2007-09	Brad McCorkle 1990	David White 1991-92	Jennifer Brower 1991-92
Kevin Docherty 2016-18	Pete McDowell 1994	Andy Wiese 1987	Nicole Brown 1997
Cannon Dolan 2007-09	Pat Meade 1987, 1989	Brice Wilson 2008	Kelly Breen 2017
Jim Donovan 1997-99	Michael Melchert 2016	Bobby Windauer 2007-08	Miya Brines 2023
Christopher Douglas 2017-19	Cole Moeller 2019-21	Ben Witt 2013, 2015	Mariel Bruxvoort 2020-23
Jack Eckert 2012-15	Sean Moeller 1999-02	Mitch Wolff 2014-17	Ashley Bryja 2020
Peter Eischeid 1996-98	Andy Morris 1998-00		Sarah Burgett 2005-07
Ian Eklin 2017-19	Steve Morrissey 1991		Jolly Burke 2008-09
Lee Elbert 2007-08	Daniel Murphy 2020		Dimia Burrell 2022
Gage Eller 2017-18	Max Murphy 2022-23		Talia Buss 2018-19
Dawson Ellingson 2021-22	Andy Napier 2007-09		Katie Butler 2001
Connor Elmitt 2009-10	Ryan Niver 2008		
Joe Estes 1994-96	Jason Nolting 2004-06		
Scott Faber 1999, 2002	Chad Ohly 1993-95		
Andy Flaherty 1988	Matt O'Hollearn 2004-06		
Daniel Gardarsson 2016-17	Tyler Olson 2020-23		
Daniel Gaynes 2018-20	James Paul 2009-11		
Matt Gerard 1992-94	Chris Peters 1997		
Mike Gorsline 1989-91	Tim Pleskac 2000		
Anthony Gregorio 2015	Zack Pluff 2021		
Spencer Gudgel 2020-23	Justin Poots 2001		
Peyton Haack 2020-23	Nathan Prom 2012-14		
Adam Hairston 2010	Gratt Reed 2020-23		
Adam Hamilton 2004-07	Kyle Reid 2011-13		
Michael Hart 2015	Jay Renaud 2008		
Dan Haut 2004-06	Thomas Reynolds 2010		
Jordan Hawkins 2020-22	Keaton Rickels 2011-13		
Noah Healy 2019-22	Cameron Rieger 2012-13		
Kevin Herd 1991-93	Jeff Roberts 2020-22		
Mark Holtkamp 1996	Nolan Roethler 2020-22		
Kaleba Jack 2022-23	Marc Roehl 1993-95		
Noah James 2023	Luke Sampson 2018-20		
Andy Jatis 2017-18	Paul Sarris 1998		
Khullen Jefferson 2022-23	Mark Schaapveld 2008-09		
Nick Jensen 2017	Zachary Schimp 2009-10		
Jason Joens 1993	Chad Schwitters 1996-99		
	Spencer Smith 2020		

Women's Honorees

Amber Aesoph 2022-23	Krista Anderson 2007-08
Logan Akason 2020-22	Lindsay Anderson 2010
Adrienne Alexia 2012-15	Mary Arch 2019-21



Erik Sowinski (2009-12) is a six-time All-American and won the 800-meter title at the 2012 Big Ten Indoor Championships. He holds the outdoor 800-meter school record.



Jenni Capista..... 2004-05
 Heaven Chandler..... 2016-17
 Nicole Charles..... 2001-03
 Kacey Childs..... 2000-01
 Leah Colbert..... 2017-18
 Mika Cox..... 2020-21
 Traci Claussen..... 1988-89
 Megan Daniel..... 1994
 Sarah Dankoff..... 2002
 Kelli DeGeorge..... 2018-20
 Brittany Dlh..... 2011
 Jennie Docherty..... 2009
 Carly Donahue..... 2018-20
 Katie Donlon..... 2005
 Claire Dupuis..... 2018
 Claire Edmondson..... 2022-23
 Brooke Eilers (Gambrell) 2012-13
 Jenni Elbert..... 2006
 Kassidy Ellis..... 2014-15
 Katie Ellis..... 2008-09
 Molly Esche..... 2006-08
 Ashley Espinosa..... 2018-19
 Fionna Fallon..... 2010
 Laney Fitzpatrick..... 2023
 Shawn Fleck..... 1996
 Betsy Flood..... 2010-12
 Becca Franklin..... 2007
 Melissa Fraser..... 1997
 Jill Freed..... 1989
 Courtney Fritz..... 2012-14
 Sheila Galbraith..... 1992
 Allison Gattone..... 2014-16
 Bryce Gidel..... 2022-23
 Marta Gonzalez..... 2017-18
 Emma Gordon..... 2020-23
 Maria Gorham..... 2020-22
 Keelin Gorman..... 2012
 Ashley Granger..... 2006

Anne Guest..... 2023
 Briana Guillory..... 2017
 Micaela Haight..... 2014
 Maggie Hall..... 1999
 Amanda Hardesty..... 2010-11
 LaSarah Hargrove..... 2021-23
 Kelsey Hart..... 2011-13
 Rachel Hawks..... 2008-09
 Tiffany Hendricks..... 2010
 Sarah Henize..... 2009
 Lindsay Herra..... 2015-16
 Katie Herrmann..... 2004
 Julie Hollensbe..... 2018
 Amanda Howe..... 2020-23
 Dallyssa Huggins..... 2020-21
 Aisha Hume..... 2002-05
 Jade Hunter..... 2023
 Janelle Jaspers..... 1988-89
 Jennifer Johnson..... 1992-93
 Tiffany Johnson..... 2005-07
 Aditya Jones..... 2006-07
 Amy Kasparbauer..... 2000
 Rebecca Kaza..... 1997-99
 Tammilee Kerr..... 2006-07
 Jennifer Kiciak..... 1997-98
 Jenny Kimbro..... 2018-21
 Mallory King..... 2018-22
 Tricia Kiraly..... 1988-89
 Natalie Kleinfelter..... 1994
 Kaitlin Knap..... 2023
 Jamie Kofron..... 2021-23
 Christine Kotarba..... 2005
 Leah Kralovetz..... 2021-22
 Jeanne Kruckeberg..... 1988, 1990-91
 Kimberly Kruk..... 1994
 Christine Kubitz..... 1999
 Jackie Laesch..... 2010-12
 Michelle Lahann..... 2001-04

Jordan Laney..... 2005
 Aubrianna Lantrip..... 2018-20
 Chloe Larsen..... 2023
 Kylie Latham..... 2020-21
 Lia Love..... 2023
 Christina MacNab..... 2018
 Paige Magee..... 2022-23
 Shannon Maser..... 2015
 Meg Maurer..... 1997
 Mytika Mayberry..... 2023
 Grace McCabe..... 2020-21
 Brooke McKee..... 2022-23
 Jessica McKee..... 2020-22
 Lauren McMahon..... 2023
 Amy McRell..... 1990-93
 Tahlee McVee..... 2023
 Ella Meeuwsen..... 2023
 McKenzie Melander..... 2010-12
 Georgia Millward..... 2002-04
 Kelsey Mims..... 2009-12
 Monica Mims..... 2005-07
 Kara Misel..... 2018
 Kat Moody..... 2023
 Jennifer Moore..... 1988-89
 Katie Moore..... 2022-23
 Raven Moore..... 2013
 Kylie Morken..... 2018-20
 Marissa Mueller..... 2019-21
 Amy Murphy..... 2000-01
 Sara Murray..... 1994
 Kara Neustrom..... 2018
 Elizabeth Niedert..... 2018
 Erin O'Hern..... 2005-06
 Tayo Oladele-Ajose..... 2014
 Valerie Oltman..... 2000
 Lauren Opatrny..... 2018
 Kiersten Pauling..... 1995-97
 Nylah Perry..... 2022-23
 Katie Petersen..... 2022-23
 Clare Pitcher..... 2022-23
 Lena Placzek..... 2012
 Sarah Plock..... 2018
 Micah Poellet..... 2023
 Sophia Ponce..... 2010
 Beverly Powell..... 1991
 Bethany Praska..... 2009-11
 Rachel Price..... 2013
 Kelsey (Labs) Quinn..... 2011-12
 Ruqauua Raheem..... 1998
 Megan Ranegar..... 2011-12
 Alana Redfern..... 2003
 Wren Renquist..... 2019-21
 Ianna Roach..... 2021-23
 Peaches Roach..... 2005-07
 Ericka Roberts..... 2001-02
 Hannah Roeder..... 2009-11
 Sarah Ryan..... 2013-14

Abby Ryon..... 2022-23
 Janeth Salazar..... 1988
 Christine Salsberry 1991, 1993-94
 Miriam Sandeen..... 2023
 Tia Saunders..... 2018-21
 Kristi Schmidt..... 2000
 Lillian Schimdt..... 2023
 Jessica Schmidt..... 2007
 Kim Schneckloth..... 1987-90
 Jennifer Schoonover..... 1995
 Mareike Schrulle..... 2013
 Gina Shannon..... 1999-2001
 Anna Shearer..... 2000-01
 Erin Sheeley..... 2005
 Andrea Shine..... 2017-19
 Hannah Simonson..... 2011-12
 Jasmine Simpson..... 2011-14
 Jordyn Sindt..... 2016-17
 Gabby Skopec..... 2021-22
 Annemie Smith..... 2014-15
 Amy Smith..... 2017-18
 Michelle Sokol..... 2004-05
 K. Spanoudakis..... 2020
 Amanda Stahle..... 2012-14
 Shannon Stanley..... 2007
 Sam Strauss..... 2023
 Tina Stec..... 1992-94
 Sarah Steffen..... 2001-03
 Jessie Strand..... 2001-04
 Kelsey Stueland..... 2010
 Sherri Suppelsa..... 1987
 Addie Swanson..... 2019-21
 Laulauga Tausaga..... 2020-21
 Patty Teggatz..... 2020-21
 Tionna Tobias..... 2021
 Jocelyn Todd..... 2013
 Kelli Tosic..... 2022-23
 Katharina Trost..... 2015
 Rhonda-Kaye Trusty..... 2008-09
 Ellie Twedt..... 2022-23
 Tara Underwood..... 1998
 Sheri Van Der Hart..... 1991-93
 Kim Vinton..... 1992
 Kathryn Vortherms..... 2023
 Jamie Voss..... 1992-93
 Allison Wahrman..... 2018
 Madison Waymire..... 2017-18
 Macie Weber..... 2018-20
 Kirsten Weismantle..... 2011-13
 Lindsay Welker..... 2018-21
 Peyton Wensel..... 2020, 2022
 Aly Weum..... 2019-21
 Renee White..... 2007
 Tess Wilberding..... 2015-17
 Beth Wilson..... 1989
 Sydney Winger..... 2020-21
 Jordan Winke..... 2019



Peaches Roach was a four-time All-American and five-time Big Ten Champion in the high jump (2004-07). She is the only Hawkeye to win five Big Ten titles in one event.



Men's Champions

100 Meters

1942 Leicester Farmer.....	10.1
1996 George Page	10.42

110-Meter Hurdles

1988 Pat McGhee.....	14.15
2017 Aaron Mallett	13.57

200 Meters (Special Invitation)

1983 Jeff Patrick	20.47
1994 Anthuan Maybank.....	20.82

400 Meters (Special Invitation)

1993 Anthuan Maybank.....	44.99
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Mile

1957 Deacon Jones.....	4:10.7
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Two Miles

1957 Deacon Jones.....	N/A
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5,000 Meters

2000 - Stetson Steele	14:02.76
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High Jump

1942 Milton Kuhl (5-way tie).....	6-4 (1.93m)
1976 Bill Knoedel.....	7-1 3/4 (2.18m)
1978 Bill Hansen.....	7-1 3/4 (2.18m)

Long Jump

1929 Ed Gordon.....	24-0 3/4 (7.33m)
1930 Ed Gordon.....	24-0 (7.31m)
1931 Ed Gordon.....	23-10 1/2 (7.28m)
1993 Anthuan Maybank (w).....	27-6 3/4 (8.40m)
1996 Bashir Yamini.....	25-1 1/4 (7.65m)
2019 James Carter, Jr.	24-1 (7.34m)
2022 James Carter, Jr. (w) ..	25-8 3/4 (7.84m)

Triple Jump

2012 Troy Doris	53-10 1/4 (16.41m)
2022 James Carter, Jr. (w) ..	51-9 3/4 (15.79m)

Pole Vault

1927 Xavier Boyles	12-9 (3.89m)
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Shot Put

1987 Chris Gambol	59-3 (18.06m)
2004 Ken Kemeny.....	59-11 1/4 (18.27m)
2018 Reno Tuufuli	60-8 1/2 (18.50m)

Discus

1928 Robert Mitchell.....	141-9 (43.22m)
2014 Gabe Hull	197-00 (60.05m)
2017 Reno Tuufuli	194-08 (59.34m)
2019 Reno Tuufuli	193-2 (58.88m)

Javelin

1930 L.D. Weldon.....	202-5 (61.70m)
1935 Mark Panther	210-7 (64.18m)
1945 Paul Fagerlind	205-2 (62.54m)
2003 Bill Neumann.....	238-11 (72.83m)

400-Meter Relay

1927	41.8
1928	42.2
1935	41.7
1952	41.5
1998	Trowers, Branch, Davis, Yamini... 40.24
2009	Richardson, Sayon, Richards, Chaney, Jr. 40.71

800-Meter Relay

1929	1:28.23
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1,600-Meter Relay

1923	3:16.9
1924	3:21.5
1926	3:27.1
1927	3:20.5
1928	3:22.2
1929	3:25.4
1938	3:15.4
1963	3:13.5
1967	3:07.4
2017	Ogwo, Hofacker, Frye, Harris ... 3:07.35
2018	Frye, Lietz, Thompson, Hofacker..... 3:05.05

3,200-Meter Relay

1929	7:57.3
2017	Manternach, VanDraska, Teubel, Lilly7:24.77

Distance Medley Relay

1956	10:14.3
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Shuttle Hurdle Relay

1932	1:01.6
1955	59.3
1984	58.77
2022	Conway, Braverman, K. Johnson, Reed 56.74

Sprint Medley Relay

1952	3:23.5
1956	3:23.4
1992	3:21.02
2011	Sayon, Austin, Willey, Sowinski 3:16.18
2016	Saucer, Jr., Brissett, Harris, Lilly 3:18.53
2017	Brissett, Ogwo, Harris, Lilly 3:20.40
2022	Reed, K. Jefferson, Gillum, Still 3:18.06

Women's Champions

100-Meter Hurdles

1998	Paula Ruen.....	13.96
2006	Tiffany Johnson.....	13.58
2007	Tiffany Johnson.....	13.27

400 Meters (Special Invitation)

2006	Kineke Alexander.....	52.05
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400-Meter Hurdles

1998	Wynsome Cole	57.44
2018	Sommer Sharpe	59.73

800 Meters

2016	Mahnee Watts.....	2:07.93
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1,500-Meters

1989	Jeanne Kruckeberg	N/A
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5,000 Meters

2007	Diane Nukuri.....	16:15.28
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10,000 Meters

1992	Jennifer Brower	34:11.58
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Long Jump

2003	Aisha James	22-3 (6.78m)
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Shot Put

2018	Laulauga Tausaga .	54-11 1/4 (16.74m)
2023	Kat Moody	54-0 (16.46m)

Javelin

2003	Alana Redfern.....	157-9 (48.05m)
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Discus

2013	Majesty Tutson.....	181-1 (55.19m)
2019	Laulauga Tausaga	187-6 (57.13m)
2023	Kat Moody	175-10 (53.60m)

Shuttle Hurdle Relay

1998	Cole, Prendergast, Raheem, Ruen	56.54
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400-Meter Relay

2014	Kwaza, Guster, Hernandez, Brown	44.51
2017	Chapman, Guillory, Hernandez, Brown	45.17

Sprint Medley Relay

2011	Jones, Hendricks, Liverpool, Praska	3:48.63
2016	Kwaza, Guster, Holder, Watts...	3:52.62
2019 -	Christian, Buss, Guillory, Arco	3:54.18

3,200-Meter Relay

1990	8:54.49
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Distance Medley Relay

1989	11:22.18
1990	11:24.12

6,400-Meter Relay

2012	Flood, Laesch, Ranegar, Melander	19:16.73
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w -- wind-aided



Running Events

60 Meters

School: **6.61** **Kalen Walker, 2022**
Facility: 6.52 Andre Ewers, Florida State, 2018

60-Meter Hurdles

School: 7.52 Jamal Britt, 2021
Facility: 7.53 Michael Dickson, USA, 2023

200 Meters

School: 20.67 Karayme Bartley, 2019
Facility: 20.60 David Neville, Indiana, 2006
20.60 Kenny Bednarek, Indian Hills CC, 2010

400 Meters

School: 45.39 Jenoah McKiver, 2022
Facility: 46.25 Fred Kerley, Nike, 2018

600 Meters

School: 1:15.36 Jenoah McKiver, 2022
Facility: 1:16.08 Jenoah McKiver, 2022

800 Meters

School: 1:47.33 Carter Lilly, 2017
Facility: 1:48.04 Erik Sowinski, Unattached, 2021

1,000 Meters

Facility: 2:26.21 Joe McAsey, Notre Dame, 2015

Mile

School: 3:58.72 Jeff Thode, 2011
Facility: 3:56.66 Olin Hacker, Wisconsin, 2022

3,000 Meters

School: 7:57.06 Kevin Lewis, 2015
Facility: 7:50.10 Scott Beattie, Tulsa, 2023

5,000 Meters

School: 13:43.70 Kevin Lewis, 2015
Facility: 13:51.34 Chris Solinsky, Wisconsin, 2006

Relays

1,600-Meter

School: **3:02.40** **Richards**, Gillum, Lawrence, Jr., McKiver - 2022
Facility: 3:06.79 Unattached, 2023

3,200-Meter

School: 7:13.02 Cooke, Nie, Monsey, Chambers - 1990
Facility: 7:32.25 Brown, Koning, Blumke, Gledhill,
Michigan State - 1992

Distance Medley

School: 9:33.90 Mylenek, Hofacker, Lilly, Melchert - 2018
Facility: 9:47.78 Candella, Griffin, Gourley, See,
Ohio State - 2006

* - distance conversion

Big Ten Championships Retired Records

1,500 Meters

Meet 3:49.90 Ed DeLashmutt, 1981

Mile Relay

Meet 3:09.24 Greer, Williams, Smith, Duckett - 1984

Field Events

Discus

Facility: 191-4 (58.33m) Chase Madison, Unattached, 2015

High Jump

School: 7-3 (2.21m) Bill Knoedel, 1976
7-3 (2.21m) Bill Hansen, 1978
Facility: 7-4 1/2 (2.25m) Staffan Strand, Minnesota, 1997

Pole Vault

School: 17-3 (5.26m) Peyton Haack, 2023
Facility: 26-5 3/4 (5.70m) KC Lightfoot, Baylor, 2020

Long Jump

School: 26-5 1/2 (8.06m) Anthuan Maybank, 1992
Facility: 26-5 3/4 (8.07m) Damar Forbes, Puma, 2018

Triple Jump

School: 54-0 (16.46m) Troy Doris, 2011
Facility: 53-8 (16.35m) Troy Doris, Guyana, 2018

Shot Put

School: 64-2 1/2 (19.57m) Nikolas Curtiss, 2022
Facility: 69-6 3/4 (21.20m) Chukwuebuka Enekwechi,
Nigeria, 2023

Weight Throw

School: 72-10 (22.20) Tyler Lienau, 2022
Facility: 71-1 1/4 (21.66m) Vlad Pavlenko, Iowa State, 2019

Pentathlon

School: 3,460 points Scott Faber, 2000

Heptathlon

School: 6,048 points Peyton Haack, 2023
Facility: 5,648 points Benjamin Jensen, Minnesota, 1997

Iowa Retired Records

55 Meters

School: 6.23 Robert Smith, 1984
Facility: 6.27 Cory Pryor, Michigan State, 1989

55-Meter Hurdles

School: 7.14 Pat McGhee, 1989
Facility: 7.07 Reggie Torian, Wisconsin, 1997

300 Yards

School: 30.08 Victor Greer, 1984
Facility: 30.54 Terrence Duckett, Iowa, 1984

300 Meters

School: 36.02 Rajeev Balkrishnan, Iowa, 1992
Facility: 34.41 Ron Brown, Purdue, 1992

600 Yards

School: 1:09.60 Terrence Duckett, 1984
Facility: 1:09.54 Ray Armstead, NE Missouri State, 1984

1,000 Yards

School: 2:10.0 Joel Moeller, 1977
Facility: 2:10.0 Joel Moeller, Iowa, 1977

1,000 Meters

School: 2:24.53 Bill Theisen, 1986
Facility: 2:27.69 Brian Peppard, Notre Dame, 1992

Two Miles

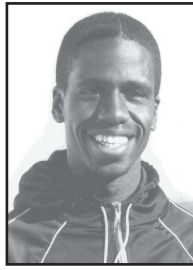
School: 8:53.91 Jeff Thode, 2012
Facility: 8:47.5 Dave Johnson, Minnesota, 1977



Karayme Bartley



Jamal Britt



Rodney Chambers



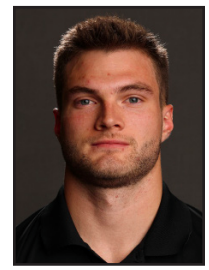
Nikolas Curtiss



Troy Doris



Julien Gillum



Peyton Haack

60 Meters

1. Kalen Walker, 2022	6.61
2. Austin Kresley, 2023	6.64
3. Justin Austin, 2011	6.69
4. Vinnie Saucer, Jr., 2016	6.70
5. Damoy Allen, 2022	6.71
Khullen Jefferson, 2023	6.71
7. Kurt Felix, 1999	6.73
Tevin-Cee Mincy, 2014	6.73
9. Josh Larney, 2013	6.74
Christian Brissett, 2017	6.74

60-Meter Hurdles

1. Jamal Britt, 2021	7.52
2. Jaylan McConico, 2020	7.60
3. Aaron Mallett, 2017	7.64
4. Grant Conway, 2022	7.69
5. Jordan Mullen, 2013	7.70
6. Gratt Reed, 2022	7.72
7. Chris Douglas, 2019	7.75
8. Ethan Holmes, 2013	7.82
Josh Braverman, 2021	7.82
Peyton Haack, 2023	7.82

200 Meters

1. Karayme Bartley, 2019	20.67
2. Khullen Jefferson, 2023	20.70
3. Justin Austin, 2011	20.80
4. Wayne Lawrence, Jr., 2020	20.85
5. Austin Kresley, 2023	20.87
Gratt Reed, 2023	20.87
7. Antonio Woodard, 2019	20.89
8. Damoy Allen, 2023	21.01
9. Chadrick Richards, 2022	21.09
10. Anthuan Maybank, 1993	21.11

400 Meters

1. Jenoah McKiver, 2022	45.39
2. Wayne Lawrence Jr., 2021	45.40
3. Mar'yea Harris, 2017	45.75
4. Chadrick Richards, 2022	46.01
5. Karayme Bartley, 2019	46.25
6. Emmanuel Ogwo, 2017	46.45
7. Julien Gillum, 2023	46.73
8. Steven Willey, 2010	46.75
9. Terrence Duckett, 1984	46.81
10. Collin Hofacker, 2017	46.82

600 Meters

1. Jenoah McKiver, 2022	1:15.36
2. Julien Gillum, 2022	1:16.11
3. Tyler Olson, 2023	1:16.13
4. Spencer Gudgel, 2023	1:16.51
5. Wayne Lawrence, Jr., 2020	1:16.55
6. Mar'yea Harris, 2019	1:16.60
7. Armando Bryson, 2022	1:16.89
8. Erik Sowinski, 2012	1:16.91
9. Austin Lietz, 2020	1:17.03
10. Carter Lilly, 2017	1:17.20

800 Meters

1. Carter Lilly, 2017	1:47.33
2. Erik Sowinski, 2012	1:47.62
3. Will Teubel, 2016	1:47.74
4. Antonio Abrego, 2022	1:48.47
5. Pavlo Hutsalyuk, 2016	1:48.97
6. Ryan Weir, 2013	1:49.11
7. Adam Hairston, 2010	1:49.26
8. Nathan Prom, 2013	1:49.29
9. Matt Manternach, 2020	1:49.35
10. Alex Birkett, 2020	1:49.47

Mile

1. Jeff Thode, 2011	3:58.72
2. Ed DeLashmuth, 1981	4:04.01
3. Kal Lewis, 2021	4:04.21
4. Adam Jones, 2017	4:04.28
5. Michael Melchert, 2018	4:04.32
6. Larry Wiczorek, 1968	4:04.40
7. Nathan Mylenek, 2019	4:04.88
8. Max Murphy, 2022	4:05.45
9. John Clark, 1972	4:05.94
10. Ben Witt, 2014	4:07.08

3,000 Meters

1. Kevin Lewis, 2015	7:57.06
2. Nathan Mylenek, 2020	7:58.37
3. Max Murphy, 2021	7:59.30
4. Jeff Thode, 2011	8:00.38
5. Micah VanDenend, 2006	8:00.81
6. Daniel Soto, 2020	8:06.04
7. Michael Melchert, 2018	8:08.30
8. Eric MacTaggart, 2006	8:08.79
9. Stetson Steele, 2000	8:09.54
10. Nick Trattner, 2022	8:10.03

5,000 Meters

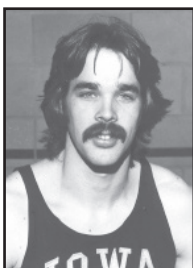
1. Kevin Lewis, 2015	13:43.70
2. Micah VanDenend, 2007	13:56.46
3. Max Murphy, 2022	13:58.87
4. Daniel Soto, 2020	13:58.97
5. Stetson Steele, 2000	14:00.52
6. Nick Trattner, 2022	14:00.69
7. Dan Haut, 2006	14:06.16
8. Noah Healy, 2021	14:12.47
9. Eric MacTaggart, 2006	14:13.41
10. Jeff Thode, 2011	14:16.00



Bill Hansen



Collin Hofacker



Bill Knoedel



Wayne Lawrence, Jr.



Kevin Lewis



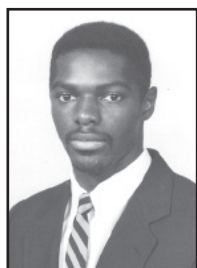
Tyler Lienau



Carter Lilly



Men's Indoor All-Time Top 10 Performers



Anthuan Maybank

Jaylan McConico

Jenoah McKiver

Michael Melchert

Nathan Mylenek

Chadrick Richards

Jeff Thode

Heptathlon

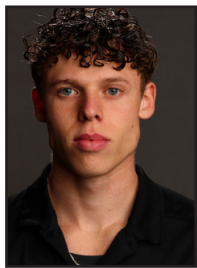
1. Peyton Haack, 2023..... 6,048 points
2. **Austin West, 2023..... 5,965 points**
3. Will Daniels, 2020..... 5,689 points
4. William Dougherty, 2018.. 5,606 points
5. Kyle Reid, 2013 5,354 points
6. Dan Rolling, 2010 5,205 points
7. Jack Eckert, 2015 5,188 points
8. Daniel Gaynes, 2018..... 5,162 points
9. Ryan Niver, 2008..... 5,149 points
10. Frank Prill, 2010..... 5,015 points

High Jump

1. Bill Knoedel, 1976..... 7-3 (2.21)
- Bill Hansen, 1978..... 7-3 (2.21)
3. Scott Hudek, 1993 7-0 1/2 (2.15)
- Kevin Spejcher, 2015 7-0 1/2 (2.15)
5. Pat Meade, 1987 7-0 1/4 (2.14)
6. Mike Lacy, 1984..... 7-0 (2.13)
7. M. Cunningham, 1984.. 6-11 1/4 (2.11)
8. Jeffery Herron, 2010..... 6-11 (2.11)
- Peter Hlavin, 1980..... 6-11 (2.11)
- Brandon Oest, 2010 6-11 (2.11)
- Dan Rolling, 2008 6-11 (2.11)
- Graham Valdes, 2010 6-11 (2.11)
- Peter Andreano, 2016 6-11 (2.11)
- Zack Pluff, 2023 6-11 (2.11)**

Pole Vault

1. Peyton Haack, 2023..... 17-3 (5.26)
2. Todd Wigginton, 1984 17-1 (5.21)
3. Dave Nielsen, 1975..... 16-10 (5.13)
4. Kyle Reid, 2013 16-6 3/4 (5.05)
- Andy Jatis, 2018 16-6 3/4 (5.05)
6. Curt Brock, 1979..... 16-6 (5.03)
- Alex Zona, 2010..... 16-4 3/4 (5.00)
8. Phil Wertman, 1971 16-4 (4.98)
9. Jeff Raymond, 2008..... 16-2 (4.93)
10. John Teffer, 1972 16-1 (4.90)



Kalen Walker

Long Jump

1. Anthuan Maybank, 1992 .26-5 1/2 (8.06)
2. Bashir Yamini, 1998..... 26-0 1/4 (7.93)
3. O'Shea Wilson, 2017 25-9 1/2 (7.85)
- James Carter, Jr. 2023 25-9 1/2 (7.85)
5. Darren Smith, 1991 25-2 (7.67)
6. **Austin West, 2023..... 24-11 3/4 (7.61)**
7. Paul Jones, 1990..... 24-11 1/4 (7.60)
- Jamal Britt, 2021 24-11 1/4 (7.60)
9. Josh Larney, 2013 24-10 (7.57)
10. Ronnie McCoy, 1984..... 24-9 (7.54)

Triple Jump

1. Troy Doris, 2011 54-0 (16.46)
2. James Carter, Jr. 2023 ..52-11 1/2 (16.15)
3. Babatunde Amosu, 2015 52-8 3/4 (16.07)
4. Paul Jones, 1990..... 52-1 1/4 (15.88)
- Klyvens Delaunay, 2014.52-1 1/4 (15.88)
6. **DeAndre Stapleton Jr., 2023**
..... **50-8 3/4 (15.46)**
7. Mike Lacy, 1983 49-0 (14.93)
8. Owen Gill, 1982..... 48-10 3/4 (14.90)
9. Josh Bean, 2009 48-10 (14.88)
10. David Nsabua, 2013 48-9 (14.86)

Shot Put

1. Nikolas Curtiss, 2022 . 64-2 1/2 (19.57m)
2. Reno Tuufuli, 2018 63-3 1/4 (19.28)
3. John Hickey, 2009..... 63-0 (19.20)
4. Jeremy Allen, 2001..... 62-10 1/2 (19.16)
5. Avery Meyers, 2017..... 61-4 1/4 (18.70)
6. Shane Maier, 2006..... 61-2 (18.64)
7. Gary Kostrubala, 1986.60-10 3/4 (18.55)
8. Andy Banse, 2005..... 60-9 1/4 (18.52)
9. Elijah Barnes, 2021..... 60-8 (18.49)
10. Ken Kemeny, 2004..... 60-0 1/2 (18.30)

Weight Throw

1. Tyler Lienau, 2022 72-10 (22.20)
2. Jim Costello, 2002 69-4 3/4 (21.15)
3. Matt Banse, 2012 67-8 (20.62)
4. Arno van der Westhuizen, 2001
..... 67-7 1/2 (20.61)
5. **Sean Smith, 2022..... 67-3 1/4 (20.50)**
6. Adam Hamilton, 2007 ...66-9 1/4 (20.35)
7. Jordan Hawkins, 2022 .65-11 1/2 (20.11)
8. Jeremy Allen, 2001..... 65-10 (20.07)
9. **Jordan Johnson, 2023 ..65-9 3/4 (20.06)**
10. Chris Voller, 2005..... 63-4 (19.30)

1,600-Meter Relay

1. **Richards, Gillum, Lawrence, Jr. McKiver,**
2022 3:02.40
2. Bartley, Woodard, Lawrence Jr., Harris,
2019 3:04.76
3. Frye, Clarke, Woodard, Lawrence, Jr.,
2020 3:04.91
4. Ogwo, Hofacker, Frye, Harris, 2017 3:04.94
5. Hofacker, Frye, Garron, Harris, 2018..... 3:05.33
6. Steward, Gillum, Bryson, McKiver, 2022 ..3:05.47
7. **K. Jefferson, Gillum, Richards, McKiver**
2022 3:05.63
8. Gillum, Gudgel, Lawrence, Jr.,
McKiver, 2022 3:05.68
9. Thompson, Frye, Garron, Harris, 2018..... 3:06.06
10. Richards, E. Holmes, Sowinski, Willey,
2011 3:06.66

3,200-Meter Relay

1. Cooke, Nie, Monsey, Chambers, 1990..... 7:13.02
2. Corrigan, Blackman, Strozier,
Chambers, 1989 7:29.00
3. English, Blackman, Strozier,
Chambers, 1989 7:36.20
4. 1977 7:39.40
5. 1986 7:40.90
6. Bouske, Herd, Chambers, Koon, 1992 7:43.94
7. Bouska, Cook, White, Herd, 1992..... 7:48.63
8. 1992 7:49.86
9. 1986 7:50.10
10. Roseman, Rerko, Novotny,
Branigan, 1993 7:51.36

Distance Medley Relay

1. Mylenek, Hofacker, Lilly, Melchert, 2018 .9:33.90
2. Abrego, Lawrence, Jr., Still, **Murphy,**
2022 9:39.60
3. Lewis, **Woody, Still, Murphy,** 2021..... 9:42.16
4. **Wasick, Schuster, Schreiner, Murphy,**
2023 9:42.27
5. Lilly, Frye, Manternach, Jones, 2017 9:44.07
6. Mylenek, Thompson, Lilly, Melchert,
2018 9:45.10
7. Prom, Rickels, Sowinski, Thode, 2012 9:45.41
8. Birkett, Clarke, **Still, D. Murphy,** 2020 9:46.39
9. 1999 9:46.83
10. 1977 9:48.80



Running Events

60 Meters

School: **7.25** LaSarah Hargrove, 2022

Facility: 7.14 Aleia Hobbs, LSU, 2018

60-Meter Hurdles

School: 8.07 Myreanna Bebe, 2023

Facility: 7.84 Alaysha Johnson, USA, 2023

200 Meters

School: 22.79 Brittany Brown, 2017

Facility: 23.44 Consuella Moore, Penn State, 2004

400 Meters

School: 51.48 Kineke Alexander, 2007

Facility: 52.35 Georgeanne Moline, Nike, 2018

600 Yards

School: 1:21.06 Senta Hawkins, 1987

600 Meters

School: 1:27.45 Kineke Alexander, 2008

Facility: 1:27.45 Kineke Alexander, 2008

800 Meters

School: **2:04.28** Alli Bookin-Nosbisch, 2023

Facility: 2:02.50 Olivia Baker, Atlanta TC, 2023

1,000 Meters

School: 2:38.44 Jenny Hayden, 1982

Mile

School: 4:39.78 McKenzie Melander, 2011

Facility: 4:30.46 Regan Yee, Canada, 2023

3,000 Meters

School: 9:15.57 Tracy Dahl, 1993

Facility: 9:24.49 Bethany Hasz, Minnesota, 2021

5,000 Meters

School: 15:49.52 Tracy Dahl, 1993

Facility: 16:47.41 Amy Legacki, Indiana, 1991

Relays

1,600-Meter

School: 3:32.38 **Bruxvoort, Roberts**, Wensel, King - 2022

Facility: 3:33.80 Thomas, Moline, Hill, Barrie,
Unattached, 2019

3,200-Meter

School: 8:41.38* Schneckloth, Roberts, Hoskins,
Kruckeberg - 1989

Facility: 8:57.61 Nortz, Kluge, Yates, Bannister,
Michigan - 1991

Distance Medley

School: **11:15.07** **A. Bookin-Nosbisch, Roberts, G. Bookin-Nosbisch, Aesoph** - 2023

Facility: 11:33.76 Parker, Simms, Hirtle, Erdman,
Michigan - 2004

* - distance conversion

Field Events

Discus

Facility: 157-4 (47.97m) Dakotah Goodell, 2015

High Jump

School: 6-0 3/4 (1.85m) Peaches Roach, 2005

Facility: 6-5 1/2 (1.97m) Vashti Cunningham, Nike, 2023

Pole Vault

School: 12-5 1/2 (3.80m) Jessie Strand, 2004

Facility: 15-1 (4.60m) Bridget Williams, USA, 2023

Long Jump

School: 21-0 3/4 (6.42m) Jahisha Thomas, 2018

Facility: 21-3 (6.50m) Jahisha Thomas, Great Britain, 2019

Triple Jump

School: 43-4 1/2 (13.22m) Jahisha Thomas, 2018

Facility: 44-6 1/2 (13.57m) Jhoanmy Lugque, 2017, Iowa State

Shot Put

School: 58-11 1/4 (17.96m) ...Laulauga Tausaga, 2020

Facility: 62-8 3/4 (19.12m) Danniel Thomas-Dodd,
Jamaica, 2023

Weight Throw

School: 76-3 3/4 (23.26m) Laulauga Tausaga, 2019

Facility: 76-6 (23.33m) Kaitlyn Long, Unattached, 2019

Pentathlon

School: 4,269 points Jenny Kimbro, 2020

Facility: 4,104 points Georgia Ellenwood, Wisconsin, 2017

Iowa Retired Records

55 Meters

School: 6.80 Elaine Jones, 1983

Facility: 6.94 Regina Frye, Indiana, 1991

55-Meter Hurdles

School: 7.91 Davera Taylor, 1985

Facility: 7.75 Tonja Buford, Illinois, 1991

300 Meters

School: 37.82 Elaine Jones, 1984

Pentathlon

School: 4,079 points Kathy Gillespie, 1982



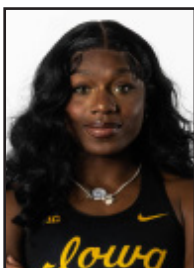
Women's Indoor All-Time Top 10 Performers



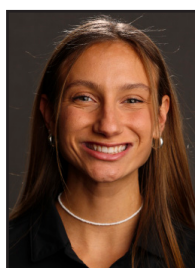
Kineke Alexander



Meghan Armstrong



Myreanna Bebe



Alli
Bookin-Nosbisch



Brittany Brown



Mariel Bruxvoort



Tracy Dahl

60 Meters

1. LaSarah Hargrove, 2022 7.25
2. Lake Kwaza, 2016 7.33
3. Brittany Brown, 2017 7.39
4. **Lia Love, 2022 7.40**
5. Elaine Jones, 1983 7.43
6. Kyara Avant, 2018 7.44
7. Peaches Roach, 2005 7.45
- Antonise Christian, 2020 7.45
9. Shellene Williams, 2004 7.50
- Myreanna Bebe, 2023 7.50

60-Meter Hurdles

1. Myreanna Bebe, 2023 8.07
2. **Paige Magee, 2023 8.13**
3. Karessa Farley, 2009 8.21
4. Jenny Kimbro, 2020 8.22
5. Tiffany Johnson, 2006 8.33
6. Jahisha Thomas, 2017 8.35
7. Paula Ruen, 1998 8.39
- Tionna Tobias, 2023 8.39**
9. Tria Simmons, 2019 8.40
10. **Miya Brines, 2022 8.43**

200 Meters

1. Brittany Brown, 2017 22.79
2. Briana Guillory, 2018 23.22
3. LaSarah Hargrove, 2023 23.37
4. **Paige Magee, 2023 23.46**
5. Kineke Alexander, 2006 23.49
6. Lake Kwaza, 2016 23.54
7. Shellene Williams, 2004 23.62
8. Marlene Poole, 1994 23.66
- Yolanda Hobbs, 1995 23.66
10. **Lia Love, 2023 23.73**

400 Meters

1. Kineke Alexander, 2007 51.48
2. Briana Guillory, 2018 51.68
3. Elexis Guster, 2016 52.36
4. Ellen Grant, 1996 52.65
5. Shellene Williams, 2004 52.83
6. **Audrey Biermann, 2023 53.28**
7. Alexis Hernandez, 2017 53.42
8. **Tesa Roberts, 2022 53.91**
9. Ashley Liverpool, 2011 54.09
10. MonTayla Holder, 2015 54.32
- Chloe Larsen, 2023 54.32**

600 Yards

1. Senta Hawkins, 1987 1:21.06
2. Aisha Hume, 2004 1:21.74
3. Kay Stormo, 1982 1:22.49
4. Nicole Erickson, 2012 1:22.61
5. Mahnee Watts, 2016 1:22.72
6. Bethany Praska, 2009 1:23.12
7. Hannah Simonson, 2012 1:23.18
8. Chris Davenport, 1982 1:24.14
9. Kaitlyn Nelson, 2015 1:24.52
10. Sophia Poncè, 2007 1:24.55

600 Meters

1. Kineke Alexander, 2008 1:27.45
2. Bethany Praska, 2011 1:28.14
3. **Chloe Larsen, 2023 1:28.42**
4. Mallory King, 2022 1:28.45
5. **Gabby Cortez, 2023 1:28.47**
6. **Alli Bookin-Nosbisch, 2023 1:28.89**
7. **Aliyanna Dorn, 2023 1:29.03**
8. MonTayla Holder, 2016 1:29.35
9. **Clare Pitcher, 2022 1:29.36**
10. Tia Saunders, 2020 1:29.83

800 Meters

1. **Alli Bookin-Nosbisch, 2023 2:04.28**
2. Mallory King, 2022 2:04.56
3. Bethany Praska, 2011 2:05.01
4. **Clare Pitcher, 2023 2:05.94**
5. Jeanne Kruckeberg, 1989 2:06.38
6. Michelle Lahann, 2004 2:06.83
7. Katharina Trost, 2014 2:07.38
8. Mahnee Watts, 2014 2:08.79
9. Tia Saunders, 2020 2:08.83
10. Taylor Arco, 2020 2:08.94

Mile

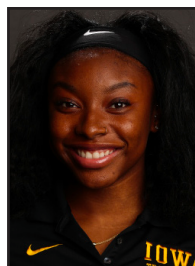
1. McKenzie Melander, 2011 4:39.78
2. Jeanne Kruckeberg, 1989 4:40.19
3. Meghan Armstrong, 2006 4:40.59
4. Rachelle Roberts, 1990 4:40.79
5. Lauren Hardesty, 2011 4:41.01
6. **Amber Aesoph, 2022 4:41.58**
7. Tina Stec, 1994 4:42.63
8. Betsy Flood, 2010 4:42.70
9. Penny O'Brien, 1981 4:43.72
10. Diane Nukuri, 2007 4:46.25

3,000 Meters

1. Tracy Dahl, 1993 9:15.57
2. Meghan Armstrong, 2008 9:17.50
3. Diane Nukuri, 2008 9:20.07
4. Betsy Flood, 2011 9:20.09
5. Nan Doak, 1982 9:21.60
6. Jenny Spangler, 1986 9:22.41
7. Mareike Schrulle, 2012 9:23.97
8. Brooke Eilers, 2012 9:27.92
9. McKenzie Melander, 2012 9:29.71
10. Krista Anderson, 2006 9:29.75



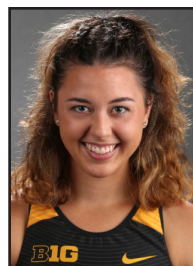
Lauren Hardesty



LaSarah Hargrove



Senta Hawkins



Jenny Kimbro



Mallory King



McKenzie Melander



Diane Nukuri



Tesa Roberts



Peaches Roach



Jessie Strand



Laulauga Tausaga



Jahisha Thomas



Payton Wensel

5,000 Meters

1. Tracy Dahl, 1993 15:49.52
2. Nan Doak, 1985 15:55.45
3. Racheal Marchand, 2009 15:55.70
4. Diane Nukuri, 2008 16:01.36
5. Jenny Spangler, 1982 16:08.74
6. Judy Parker, 1981 16:16.63
7. Betsy Flood, 2011 16:20.67
8. Andrea Shine, 2018 16:21.53
9. Jennifer Brower, 1992 16:22.19
10. Nikki Chapple, 2004 16:27.04

Pentathlon

1. Jenny Kimbro, 2020 4,269 points
2. Tria Simmons, 2019 4,200 points
3. **Tionna Tobias, 2023 3,997 points**
4. Tammilee Kerr, 2008 3,974 points
5. Dallyssa Huggins, 2021 3,881 points
6. Chris Davenport, 1983 3,798 points
7. Tahlee McVee, 2023 3,767 points
8. Kamesha Marshall, 2005 3,701 points
9. Tiff Pedersen, 2004 3,511 points
10. Sarah Ryan, 2013 3,472 points

High Jump

1. Peaches Roach, 2005 6-0 3/4 (1.85)
2. Mary Mol, 1983 6-0 (1.83)
3. Khanishah Williams, 2013 5-11 1/4 (1.81)
4. Dallyssa Huggins, 2020 5-10 (1.78)
5. Becky Kaza, 1995 5-9 3/4 (1.77)
6. Caleigh Bacchus, 2010 5-9 1/4 (1.76)
7. Aubrianna Lantrip, 2019 5-9 1/4 (1.76)
8. Gillian Urycki, 2018 5-8 3/4 (1.75)
9. Kristi Dinkla, 1985 5-8 1/2 (1.74)
10. Kacey Childs, 2001 5-8 1/2 (1.74)

Pole Vault

1. Jessie Strand, 2004 12-5 1/2 (3.80)
2. Amy Smith, 2017 11-11 3/4 (3.65)
3. Sarah Burgett, 2007 11-10 (3.61)
4. Kirsten Weismantle, 2011 11-5 3/4 (3.50)
5. Brittany Holst, 2013 11-3 3/4 (3.45)
6. Katie Truedson, 2010 10-11 3/4 (3.35)
7. Gina Shannon, 2001 10-6 (3.20)
8. Kacey Childs, 2001 9-0 (2.75)
9. Amy Kasparbauer, 2000 8-0 (2.44)

Long Jump

1. Jahisha Thomas, 2018 21-0 3/4 (6.42)
2. Zinnia Miller, 2014 20-4 1/4 (6.20)
3. **Tionna Tobias, 2022 20-1 3/4 (6.14)**
4. Carisa Leacock, 2014 19-9 1/2 (6.03)
5. Lisa Moats, 1986 19-6 (5.95)
6. Cassidy Ellis, 2015 19-5 1/2 (5.93)
7. Jenny Kimbro, 2020 19-4 (5.89)
8. Renee White, 2006 19-3 1/4 (5.87)
9. Tiffany Johnson, 2007 19-2 1/2 (5.85)
10. Tria Simmons, 2018 19-2 (5.84)

Triple Jump

1. Jahisha Thomas, 2018 .. 43-4 1/2 (13.22)
2. Renee White, 2008 42-4 (12.90)
3. Amanda Carty, 2019 42-1 1/2 (5.88)
4. Tria Simmons, 2017 42-1 1/4 (12.83)
5. Tiffany Johnson, 2007 ... 41-3 3/4 (12.59)
6. Eavion Richardson, 2021 41-3 1/4 (12.58)
7. Zinnia Miller, 2014 41-2 1/2 (12.56)
8. **Kayla Hutchins, 2022 40-9 3/4 (12.44)**
9. Hannah Schlib, 2019 40-7 (12.37)
10. Carisa Leacock, 2012 40-5 1/2 (12.33)

Shot Put

1. Laulauga Tausaga, 2020 .. 58-11 1/4 (17.96)
2. Nia Britt, 2019 54-11 1/2 (16.75)
3. Kat Moody, 2023 54-7 1/4 (16.64)
4. Nicole Berry, 2022 52-6 3/4 (16.02)
5. **Wisdom Williams, 2023 52-1 1/4 (15.88)**
6. Erika Hammond, 2019 .. 51-3 1/2 (15.63)
7. Gail Smith, 1985 51-0 (15.54)
8. Emma Callahan, 2022 50-6 1/4 (15.40)
9. Lisa Van Steenwyk, 1993 50-5 1/4 (15.37)
10. **Jamie Kofron, 2021 50-0 3/4 (15.26)**

Weight Throw

1. Laulauga Tausaga, 2019 76-3 3/4 (23.26)
2. Amanda Howe, 2023 71-5 1/2 (21.78)
3. Nia Britt, 2022 68-8 1/2 (20.94)
4. **Jamie Kofron, 2022 67-4 3/4 (20.54)**
5. **Alivia Bauer, 2023 63-7 3/4 (19.40)**
6. Ashlyn Gulvas, 2013 63-6 (19.35)
7. Jasmine Simpson, 2013 62-6 1/2 (19.06)
8. Annemie Smith, 2014 61-4 (18.69)
9. Kelsey Taylor, 2011 60-4 1/2 (18.40)
10. Allison Wahrman, 2020 59-1 1/2 (18.02)

1,600-Meter Relay

1. **Bruxvoort, Roberts, Wensel, King, 2022 3:32.38**
2. Holder, Guillory, Hernandez, Guster, 2016 3:32.93
3. **Larsen, Magee, Biermann, Roberts, 2023 3:33.00**
4. Champe, Guillory, Brown, Plock, 2018 3:33.19
5. **Dorn, Magee, Biermann, Larsen, 2023 3:34.06**
6. Sharpe, Guillory, Brown, Champe, 2018 3:34.34
7. **Dorn, Magee, Larsen, Biermann, 2023 3:34.49**
8. **Bruxvoort, Wensel, King, Roberts, 2022 3:35.73**
9. **Bruxvoort, Wensel, Itson, Roberts, 2022 3:35.90**
10. Holder, Guster, Hernandez, Guillory, 2016 3:36.47

Distance Medley Relay

1. **A. Bookin-Nosbisch, Roberts, G. Bookin-Nosbisch, Aesoph, 2023 11:15.07**
2. Armstrong, Alexander, L. Hardesty, Nukuri, 2008 11:20.11
3. Gordon, **Bruxvoort, G. Bookin-Nosbisch, Aesoph, 2022 11:21.29**
4. Melander, Hendricks, L. Hardesty, Eilers, 2011 11:22.44
5. Stormo, Davenport, Williams, O'Brien, 1981 11:23.02
6. Melander, Praska, Hendricks, Flood, 2011 11:24.47
7. Flood, Hendricks, L. Hardesty, Melander, 2010 11:25.01
8. Melander, Hendricks, Flood, Marchand, 2009 11:27.34
9. Benning, Poole, Salsberry, Stec, 1994 11:28.03
10. Stormo, Davenport, Hayden, Doak, 1982 11:29.54
Armstrong, Granger, Stanley, K. Anderson, 2006 11:29.54

Running Events

100 Meters

School: **10.10** **Austin Kresley, 2023**
 Facility: 10.06 Brandon Carnes, Northern Iowa, 2017

110-Meter Hurdles

School: 13.23 Jaylan McConico, 2021
 Facility: 13.49 Andrew Riley, Illinois, 2011

200 Meters

School: **20.26** **Austin Kresley, 2023**
 Facility: 20.23 Nick Gray, Ohio State, 2019

400 Meters

School: 44.74 Jenoah McKiver, 2022
 Facility: 44.87 Andrew Pierce, Ohio State, 2000

400-Meter Hurdles

School: 48.83 Pat McGhee, 1989
 Facility: 48.94 Joey Woody, Unattached, 2004

800 Meters

School: 1:45.90 Erik Sowinski, 2012
 Facility: 1:47.49 Erik Sowinski, Unattached, 2022

1,500 Meters

School: **3:40.63**..... **Max Murphy, 2022**
 Facility: 3:42.69 Justine Kiprotich, Michigan State, 2019

3,000-Meter Steeplechase

School: 8:35.41 Nathan Mylenek, 2021
 Facility: 8:38.07 Charles Marsala, Indiana, 1987

5,000 Meters

School: **13:39.77**.... **Max Murphy, 2023**
 Facility: 13:47.39 Scott Fry, Wisconsin, 1987

10,000 Meters

School: 28:44.47 Stetson Steele, 2000
 Facility: 29:04.79 Hassan Mead, Minnesota, 2011

Relays

400-Meter

School: 38.64 **Walker, Kresley, Reed, Allen, 2023**
 Facility: 39.39 Purdue, 2019

Shuttle Hurdle

School: 56.74 **Conway, Braverman, K. Johnson, Reed, 2022**

800-Meter

School: 1:23.02 James, Mallett, Harris, B. Thompson, 2017

1,600-Meter

School: 3:00.14 Lawrence Jr., Woodard, Bartley, Harris, 2019
 Facility: 3:05.56 Olson, Homewood, Rock, Woody,
 Unattached - 2007

Sprint Medley

School: 3:15.64 McCorkle, Jones, Chung, Strozier - 1990

3,200-Meter

School: 7:18.60 Schum, Christensen, Steffen, Criswell - 1971

Distance Medley

School: 9:39.94 Pershing, Moeller, Slack, Docherty - 1978

6,400-Meter

School: 16:27.70 Pershing, Fuller, Moeller, Docherty - 1978

Field Events

High Jump

School: 7-4 1/4 (2.24 m) Jeffery Herron, 2012
 Facility: 7-3 3/4 (2.23 m) Jon Baer, Wisconsin, 1987
 7-3 3/4 (2.23 m) Mayson Conner, Nebraska, 2019

Pole Vault

School: 17-0 (5.18 m) Todd Wigginton, 1984
 Facility: 17-7 (5.41 m) Jeff Coover, Unattached, 2016
 17-7 (5.41 m) Adam Coulon, Indiana, 2019

Long Jump

School: 27-1 (8.25 m) Anthuan Maybank, 1993
 27-6 3/4 (8.40 m)^ Anthuan Maybank, 1993
 Facility: 26-2 1/4 (7.98 m) Bashir Yamini, Iowa, 1997

Triple Jump

School: 54-8 3/4 (16.68m) James Carter, Jr., 2023
 Facility: 55-2 (16.81 m) Greg Yeldell, Indiana, 2000

Shot Put

School: 65-9 (20.04m) Nikolas Curtiss, 2022
 Facility: 70-4 1/2 (21.45 m) Christian Cantwell, Missouri, 2002

Discus

School: 207-1 (63.11 m) Gabe Hull, 2014
 Facility: 207-1 (63.11 m) Gabe Hull, Iowa, 2014

Hammer

School: 222-11 (67.94 m) Arno van der Westhuizen, 2001
 Facility: 236-4 (72.04m) Morgan Shigo, Penn State

Javelin

School: **248-0 (75.59 m)**..... **Mike Stein, 2023**
 Facility: 238-3 (72.62 m) Bill Neumann, Iowa, 2003

Decathlon

School: **8,331 points**..... **Austin West, 2023**
 Facility: 7,717 points Nick Guerrant, Michigan State, 2019

^ -- wind-aided

Big Ten Conference Men's Records

Long Jump

All-Time Best: 27-0 3/4 (8.25 m).. Anthuan Maybank, 1993
 Meet:..... 26-8 1/4 (8.13 m).. Bashir Yamini, 1997*

330-yard Hurdles (Retired)

Meet:..... 36.1 Jon Reimer, 1965

Iowa Men's Retired Records

Mile

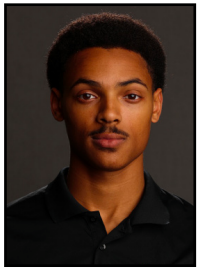
School..... 4:01.11 John Clark, 1973

Javelin

School:..... 219 7 3/8..... Mark Panther, 1934

Decathlon

School:..... 6,860 points Mike Lacy, 1984



James Carter Jr.



Nikolas Curtiss



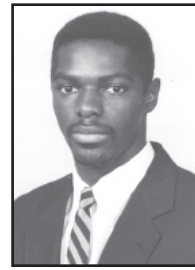
Jeffery Herron



Gabe Hull



Austin Kresley



Anthuan Maybank



Jaylan McConico

100 Meters

1. Austin Kresley, 2023.....	10.10
2. Kalen Walker, 2023	10.18
3. Justin Austin, 2011	10.21
4. O'Shea Wilson, 2017	10.22
5. George Page, 1996	10.25
6. James Harrington, 2015.....	10.26
7. Anthuan Maybank, 1994	10.31
Tim Dwight, 1997	10.31
Josh Larney, 2013	10.31
Vinnie Saucer, Jr., 2015	10.31

110-Meter High Hurdles

1. Jaylan McConico, 2021	13.23
2. Aaron Mallett, 2017.....	13.24
3. Josh Braverman, 2022	13.41
4. Jamal Britt, 2021.....	13.45
5. Pat McGhee, 1989	13.50
Gratt Reed, 2023	13.50
7. Dion Trowers, 1996.....	13.62
8. Ronnie McCoy, 1985.....	13.66
Grant Conway, 2022.....	13.66
10. Ethan Holmes, 2011	13.73

200 Meters

1. Austin Kresley, 2023.....	20.26
2. Justin Austin, 2011	20.46
3. Jeff Patrick, 1983	20.47
4. James Harrington, 2015.....	20.50
5. Karayme Bartley, 2019.....	20.51
6. Gratt Reed, 2023	20.54
7. Anthuan Maybank, 1994	20.55
8. Victor Green, 1984	20.60
9. Antonio Woodard, 2018	20.61
10. Andre Morris, 1995	20.64

400 Meters

1. Jenoa McKiver, 2022.....	44.74
2. Mar'yea Harris, 2018.....	44.94
3. Anthuan Maybank, 1993	44.99
4. Andre Morris, 1995	45.15
5. Mike Mondane, 1967	45.20
6. Wayne Lawrence, Jr., 2019	45.33
7. Steven Willey, 2010	45.78
8. Karayme Bartley, 2019.....	45.80
9. Everett Steward, 2022	45.94
10. DeJuan Frye, 2018	46.17

400-Meter Hurdles

1. Pat McGhee, 1988	48.94
2. Austin West, 2023	49.34
3. Jamal Britt, 2021.....	49.69
4. Julien Gillum, 2023	49.73
5. Monte Raymond, 1998.....	50.09
5. Ray Varner, 2010.....	50.24
7. Chris Douglas, 2019.....	50.32
8. Paul Steele, 1989	50.45
9. Russell Peterson, 2001	50.50
10. Ethan Holmes, 2013	50.51

800 Meters

1. Erik Sowinski, 2012.....	1:45.90
2. Matt Manternach, 2019	1:46.93
3. Carter Lilly, 2016.....	1:46.95
4. Alec Still, 2022	1:47.50
5. Bill Frazier, 1962	1:47.64
6. D'Juan Strozier, 1990	1:47.82
7. Adam Hairston, 2011.....	1:48.10
8. Tysen VanDraska, 2021	1:48.13
9. Armando Bryson, 2022.....	1:48.31
10. Will Teubel, 2015	1:48.60

1,500 Meters

1. Max Murphy, 2022.....	3:40.63
2. Jeff Thode, 2010	3:43.02
3. Kal Lewis, 2021	3:43.32
4. Joel Moeller, 1978	3:44.01
5. Jim Docherty, 1978.....	3:44.30
6. Nathan Mylenek, 2019	3:44.49
7. Sam Fourman, 2015	3:44.50
8. Michael Melchert, 2018	3:44.59
9. Adam Jones, 2017	3:45.48
10. Dan Waters, 1986	3:46.35

3,000-Meter Steeplechase

1. Nathan Mylenek, 2021	8:35.41
2. Deacon Jones, 1956.....	8:47.40
3. Steve Pershing, 1978	8:54.59
4. Andy Morris, 2000.....	8:56.21
5. Matt Gerard, 1994	8:57.01
6. Andy Napier, 2008	8:57.54
7. Rollie Kitt, 1967	9:02.90
8. Al Greene, 1985	9:02.96
9. Tony Rakaric, 2005.....	9:03.29
10. Mark Battista, 2010	9:04.60

5,000 Meters

1. Max Murphy, 2023.....	13:39.77
2. Micah VanDenend, 2007	13:49.31
3. Nathan Mylenek, 2021	13:54.15
4. Nick Trattner, 2023	13:55.57
5. Daniel Soto, 2021	13:55.71
6. Larry Wieczorek, 1968.....	13:56.00
7. Kevin Herd, 1993	13:59.00
8. Stetson Steele, 2000.....	14:02.76
9. Kevin Lewis, 2014	14:02.78
10. Eric MacTaggart, 2005	14:04.79



Pat McGhee



Jenoah McKiver



Nathan Mylenek



Men's Outdoor All-Time Top 10 Performers



Max Murphy



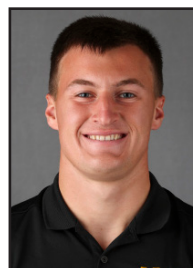
Erik Sowinski



Stetson Steele



Mike Stein



Austin West



Todd Wigginton



Arno
van der Westhuizen

10,000 Meters

1. Stetson Steele, 2000 28:44.47
2. Daniel Soto, 2021 28:48.18
3. Eric MacTaggart, 2006 28:50.23
4. **Max Murphy, 2022 28:57.96**
5. Kevin Lewis, 2015 28:59.62
6. Nick Trattner, 2022 29:39.83
7. Nick Nordheim, 2002 29:44.71
8. Trent Corey, 2002 29:45.25
9. Ian Eklin, 2017 29:47.06
10. Chad Schwitters, 1999 29:56.00

Decathlon

1. **Austin West, 2022 8,331 pts**
2. Will Daniels, 2021 7,864 pts
3. William Dougherty, 2018 7,673 pts
4. Peyton Haack, 2021 7,458 pts
5. Kyle Reid, 2013 7,203 pts
6. Jack Eckert, 2015 7,087 pts
7. Dan Rolling, 2010 6,957 pts
8. Scott Faber, 2000 6,839 pts
9. Ryan Niver, 2008 6,837 pts
10. Chad Ohly, 1994 6,641 pts

High Jump

1. Jeffery Herron, 2012 7-4 1/4 (2.24)
2. Bill Hansen, 1978 7-4 (2.23)
- Bill Knoedel, 1975 7-4 (2.23)
4. Kevin Spejcher, 2014 7-2 1/2 (2.20)
5. M. Cunningham, 1986 7-1 (2.16)
- Kenneth Lansing, 1988 7-1 (2.16)
- Jay Hunt, 2019 7-1 (2.16)
8. Pat Meade, 1987 7-0 1/4 (2.14)
- Zack Pluff, 2023 7-0 1/4 (2.14)**
10. Graham Valdes, 2012 6-11 3/4 (2.12)

Pole Vault

1. Todd Wigginton, 1984 17-0 (5.18)
2. Chad Ohly, 1994 16-8 3/4 (5.10)
- Kyle Reid, 2013 16-8 3/4 (5.10)
4. Curt Broek, 1978 16-8 (5.08)
5. Andy Jatis, 2018 16-7 1/2 (5.07)
6. Phil Wertman, 1971 16-7 (5.05)
- Kelly Scott, 1988 16-7 (5.05)
8. Peyton Haack, 2021 16-4 3/4 (5.00)
9. John Teffer, 1972 16-2 (4.93)
10. Alex Zona, 2009 16-0 3/4 (4.90)

Long Jump

1. Anthuan Maybank, 1993 27-1 (8.25)
2. Bashir Yamini, 1997 26-8 1/4 (8.13)
3. James Carter, Jr., 2022 26-3 (8.00)
4. Paul Jones, 1989 25-10 1/4 (7.88)
5. Darren Smith, 1991 25-9 3/4 (7.86)
6. Quinn Early, 1986 25-7 1/4 (7.80)
7. O'Shea Wilson, 2017 25-5 1/4 (7.75)
8. Ed Gordon, 1931 25-4 3/8 (7.68)
9. Matty Gorman, 2006 25-1 1/4 (7.65)
10. Ronnie McCoy, 1985 25-0 (7.62)

Triple Jump

1. James Carter, Jr., 2023 54-8 3/4 (16.68)
2. Troy Doris, 2012 54-8 (16.66)
3. Paul Jones, 1990 53-9 (16.38)
4. Babatunde Amosu, 2015 53-0 (16.15)
5. Antwon James, 2017 52-4 1/2 (15.96)
6. Klyvens Delaunay, 2013 52-2 1/2 (15.91)
7. Gordon Finch, 1988 50-9 1/4 (15.47)
8. Mike Lacy, 1984 50-5 (15.36)
9. **Deandre Stapleton, Jr. 2023. 50-4 3/4 (15.36)**
10. Pat Miller, 1985 49-8 1/2 (15.25)

Shot Put

1. Nikolas Curtiss, 2022 65-9 (20.04)
2. Jeremy Allen, 2001 63-2 3/4 (19.27)
3. Reno Tuufuli, 2018 62-10 3/4 (19.17)
4. Ken Kemeny, 2005 62-3 (18.97)
5. Shane Maier, 2006 62-2 1/4 (18.95)
6. Andy Banse, 2005 61-11 1/2 (18.88)
7. John Hickey, 2008 61-9 1/2 (18.83)
8. Elijah Barnes, 2023 60-11 1/4 (18.57)
9. Avery Meyers, 2017 60-4 (18.39)
10. Chris Gambol, 1987 60-0 1/2 (18.30)

Discus

1. Gabe Hull, 2014 207-1 (63.11)
2. Reno Tuufuli, 2019 205-2 (62.54)
3. A.J. Curtis, 2007 202-11 (61.84)
4. Gary Kostrubala, 1986 202-4 (61.68)
5. Jeremy Allen, 2001 195-4 (59.54)
6. **Jordan Johnson, 2022 195-3 (59.52)**
7. Tim Brodersen, 2005 193-6 (58.98)
8. Avery Meyers, 2017 185-8 (56.61m)
9. Brad Daufeldt, 2004 185-0 (56.40)
10. Nick Brayton, 2009 180-11 (55.15)

Hammer

1. A. van der Westhuizen, 2001 222-11 (67.94)
2. Adam Hamilton, 2007 222-2 (67.73)
3. Jim Costello, 2002 217-7 (66.32)
4. Brad Daufeldt, 2004 207-10 (63.34)
5. Chris Voller, 2005 206-0 (62.80)
6. **Sean Smith, 2023 205-8 (62.69)**
7. Matt Banse, 2012 201-11 (61.55)
8. Tyler Lienau, 2021 199-6 (60.81)
9. Jeremy Allen, 2001 199-0 (60.66)
10. Ben Stancombe, 2011 197-6 (60.20)

Javelin

1. **Mike Stein, 2023 248-0 (75.59)**
2. Matt Byers, 2011 245-8 (74.89)
3. Bill Neumann, 2002 244-8 (74.58)
4. Dan Ralph, 2000 227-10 (69.44)
5. **Austin West, 2023 212-9 (64.85)**
6. Sam Joens, 2015 211-5 3/4 (64.45)
7. Zach Schimp, 2010 211-0 (64.32)
8. Alex Balke, 2016 205-11 (62.77)
9. Kale Katt, 2007 204-0 (62.17)
10. Joel Storm, 2004 203-5 (62.01)

**400-Meter Relay**

1. **Walker, Kresley, Reed, Allen, 2023** **38.64**
2. **Walker, Kresley, Reed, K. Jefferson, 2022**..... 39.03
3. Brissett, Wilson, Thompson, Mallett, 2017 39.12
4. Hofacker, Woodard, Lawrence Jr., Bartley, 2019 39.17
5. Mincy, Wilson, Harrington, Brown, 2014 39.19
6. **Walker, Kresley, Reed, Stapleton Jr. 2023** **39.19**
7. Mincy, Austin, E. Holmes, Larney, 2013 39.31
8. **Johnson, Kresley, Reed, K. Jefferson, 2022** 39.31
9. **Walker, Kresley, Stapleton Jr., West, 2023** **39.41**
10. Saucer, Jr., Brissett, Harrington, Mallett, 2016 39.44

Shuttle Hurdle Relay

1. **Conway, Braverman, K. Johnson, Reed, 2022**..... 56.74
2. McGhee, Armstrong, Falls, Stelle, 1989 57.80
3. Wigginton, Jones, Lacey, McCoy, 1985 59.77
4. Williams, Haack, Braverman, McConico, 2019 1:01.14
5. 1975 1:05.20

800-Meter Relay

1. James, Mallett, Harris, B. Thompson, 2017 1:23.02
2. B. Thompson, Brissett, Harrington, Ganschow, 2016 1:23.36
3. B. Thompson, Ganschow, Frye, Hofacker, 2017 1:23.73
4. Richardson, Sayon, Richards, Chaney, Jr., 2009 1:24.85
5. Harrington, VanCleave, Wilson, Mallett, 2014 1:24.86
6. Austin, Brown, Larney, VanCleave, 2013 1:25.60
7. Wilson, Sorrells, Douglas, Williams, 2018 1:25.87
8. Barclay, McCalister, Jensen, Elliott, 1979 1:26.39
9. Sorrells, Braverman, Douglas, Haack, 2019 1:28.29
10. Thomas, Balkrishnan, Patterson, Freidrich 1991 1:28.38

1,600-Meter Relay

1. Lawrence Jr., Woodard, Bartley, Harris, 2019 3:00.14
2. Steward, **Richards**, Gudgel, Gillum, 2022 3:01.79
3. Frye, Harris, Hofacker, Ogwo, 2017 3:01.91
4. Steward, Bryson, Gillum, McKiver, 2022 3:02.39
5. Lietz, Woodard, Gillum, Lawrence, Jr., 2021 3:02.54
6. Lawrence Jr., Woodard, Hofacker, Harris, 2019 3:03.10
7. Morris, Davis, Page, Rozell, 1995 3:03.11
8. Branch, Dwight, Dodge, Yamini, 1999 3:03.29
9. **West**, Bryson, Gudgel, Gillum, 2022 3:03.62
10. Frye, Woodard, Hofacker, Harris, 2018 3:03.69

Sprint Medley Relay

1. McCorkle, Jones, Chung, Strozier, 1990 3:15.64
2. Sayon, Austin, Willey, Sowinski, 2011 3:16.18
3. Richards, Larney, Davey, Sowinski, 2012 3:17.25
4. Richardson, Richards, Willey, Sowinski, 2010 3:17.74
5. **Reed, K. Jefferson**, Gillum, Still, 2022 3:18.06
6. Hofacker, Woodard, Harris, VanDraska, 2018 3:18.11
7. Saucer, Jr., Brissett, Harris, Lilly, 2016 3:18.53
8. Hofacker, Woodard, Harris, Lilly, 2017 3:18.73
9. Armstrong, Thomas, Maybank, Strozier, 1991 3:18.93
10. Yamini, Davis, Dodge, Donovan, 1999 3:19.87

3,200-Meter Relay

1. Schum, Christensen, Steffen, Criswell, 1971 7:18.60
2. Gudgel, Bryson, Abrego, Still, 2022 7:19.13
3. VanDraska, Still, Teubel, Lilly, 2019 7:22.50
4. Hairston, Prom, Thode, Sowinski, 2011 7:23.77
5. Manternach, VanDraska, W. Teubel, Lilly, 2017 7:24.77
6. **Schreiner, Strong**, Bryson, Gudgel, **2023** **7:26.00**
7. Melchert, Manternach, N. Teubel, Lilly, 2018 7:28.37
8. Corrigan, Blackman, Strozier, Chambers, 1989 7:29.00
9. Hoffman, Olson, Still, VanDraska, 2021 7:29.81
10. Melchert, Dorman, Lilly, Larrison, 2016 7:30.32

Distance Medley Relay

1. Pershing, Moeller, Slack, Docherty, 1978 9:39.94
2. Kuczwar, Barton, Hairston, Thode, 2011 9:41.37
3. N. Holmes, VanCleave, Sowinski, Thode, 2012 9:41.59
4. Young, Barton, Kuczwar, Luciano, 2010 9:42.97
5. Lewis, Steward, Abrego, **Murphy**, 2022 9:47.73
6. Mylenek, Thompson, Manternach, Melchert, 2018 9:50.70
7. VanDraska, Lawrence Jr., Teubel, Mylenek, 2019 9:53.14
8. Prom, Davey, Weir, Witt, 2013 9:53.83
9. Theisen, Williams, Wiesa, Waters, 1985 9:54.04
10. Wilfong, Slaymaker, W. Teubel, Witt, 2013 9:54.05

6,400-Meter Relay

1. Pershing, Fuller, Moeller, Docherty, 1978 16:27.70
2. Rakaric, Webster, MacTaggart, VanDenend, 2006 16:55.43
3. Lewis, Witt, Hart, Fourman, 2015 16:58.44
4. Price, Eklin, Gardarsson, Docherty, 2016 17:00.30
5. Paul, Kadlec, Thode, Luciano, 2010 17:01.46
6. Witt, Lewis, Hart, Butler, 2014 17:01.65
7. N. Holmes, Witt, Thode, Lewis, 2012 17:02.26
8. Thomas, Allen, Rakaric, Lloyd, 2003 17:06.27
9. **Yual, Geisler, Pendergast, Kuhn, 2023** **17:11.68**
10. Pittman, Novotny, Feeldy, Marquardt, 1995 17:12.49

Running Events

100 Meters

School: 11.20 LaSarah Hargrove, 2022
Facility: 11.29 Christina Manning, Ohio State, 2011

100-Meter Hurdles

School: **12.90** **Paige Magee, 2023**
Facility: 12.86 Christina Manning, Ohio State, 2011

200 Meters

School: 22.30 Brittany Brown, 2017
Facility: 22.72 Anavia Battle, Ohio State, 2019

400 Meters

School: 51.30 Briana Guillory, 2018
Facility: 52.17 Alexis Holmes, Penn State, 2019

400-Meter Hurdles

School: 56.16 Mary Knoblauch, 1981
Facility: 57.35 Megan Duncan, Penn State, 2011

800 Meters

School: 2:03.78 Bethany Praska, 2011
Facility: 2:04.71 Danae Rivers, Penn State, 2019

1,500 Meters

School: 4:17.41 Meghan Armstrong, 2006
Facility: 4:10.93 Suzy Favor, Wisconsin, 1987

3,000 Meters

School: 9:18.82 Diane Nukuri, 2008
Facility: 9:15.83 Colette Gudreau, Indiana, 1987

3,000-Meter Steeplechase

School: 10:23.15 Marta Bote Gonzalez, 2015
Facility: 10:06.13 Alissa Niggemann, Wisconsin, 2019

5,000 Meters

School: 15:45.84 Nan Doak, 1985
Facility: 15:56.52 Abby Nichols, Ohio State, 2019

10,000 Meters

School: 33:17.01 Diane Nukuri, 2008
Facility: 33:08.59 Margaret Allen, Indiana, 2019

Marathon

School: 2:33:51 Jenny Spangler, 1983

Big Ten Conference Women's Records

Triple Jump

Meet: 43-10 3/4 (13.38 m) Renee White, 2010

Iowa Women's Retired Records

Heptathlon

School: 5,448 points Kathy Gillespie, 1983

Relays

400-Meter

School: 43.69 **Hargrove, Love, Dowd, Magee, 2022**
Facility: 43.94 Wright, McNary, Sykes, Manning, 2011

Shuttle Hurdle

School: 56.44 Prendergast, Cole, Raheem, Ruen, 1998

800-Meter

School: 1:35.36 Chapman, Guillory, Hernandez, Brown, 2017

800-Meter Medley

School: 1:42.70 Taylor, Vesely, Powell, Hawkins, 1998

1,600-Meter

School: 3:30.97 Hernandez, Guillory, Holder, Guster 2016
Facility: 3:36.51 Praska, Hendricks, Erickson, Liverpool, 2011

Sprint Medley

School: 3:48.63 Jones, Hendricks, Liverpool, Praska, 2011

3,200 Meter

School: 8:31.84 McCabe, Arco, Saunders, King, 2019

Distance Medley

School: 11:22.18 Hoskins, Powell, Schneckloth, Kruckeberg, 1989

6,400-Meter

School: 19:05.63 Flood, Melander, A. Hardesty, L. Hardesty, 2010

Field Events

High Jump

School: 6-1 1/4 (1.86 m) Peaches Roach, 2006
Facility: 6-0 1/2 (1.84 m) Peaches Roach, Iowa, 2010

Pole Vault

School: 12-10 1/4 (3.92 m) Jessie Strand, 2003
Facility: 14-3 1/4 (4.36 m) Vera Neuenswander, Indiana, 2011

Long Jump

School: 22-3 (6.78 m) Aisha James, 2003
Facility: 20-5 (6.26m) Jhoanmy Luque, Iowa State, 2017

Triple Jump

School: 44-2 (13.46 m) Jahisha Thomas, 2018
Facility: 43-9 3/4 (13.35 m) C. Gulbrandsen, Minnesota, 2000

Shot Put

School: 59-1 1/2 (18.02 m) Laulauga Tausaga, 2019
Facility: 57-11 (17.65 m) Khayla Dawson, Indiana, 2019

Discus

School: 209-9 (63.94m) Laulauga Tausaga, 2019
Facility: 197-9 (60.28 m) Laulauga Tausaga, Iowa, 2019

Javelin

School: 181-5 (55.31 m) Alana Redfern, 2003
Facility: 181-5 (55.31 m) Alana Redfern, Iowa, 2003

Hammer

School: 205-6 (62.65m) Amanda Howe, 2021
Facility: 221-2 (67.42m) Temi Ogunrinde, Minnesota, 2019

Heptathlon

School: 5,679 points Jenny Kimbro, 2021
Facility: 5,922 points Cathey Tyree, Purdue, 1987



Meghan Armstrong



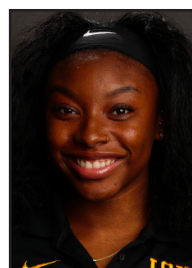
Marta Bote
Gonzalez



Nan Doak



Briana Guillory



LaSarah Hargrove



Amanda Howe



Aisha James

100 Meters

1. LaSarah Hargrove, 2022 11.20
2. **Lia Love, 2023** **11.21**
2. Brittany Brown, 2018 11.28
4. Briana Guillory, 2016 11.35
5. Lake Kwaza, 2015 11.40
6. Vivien McKenzie, 1985 11.45
7. Davera Taylor, 1984 11.51
8. Erica Broomfield, 1998 11.53
9. Jiselle Providence, 2001 11.57
10. Tanja Reid, 1994 11.60
- Peaches Roach, 2005 11.60

100-Meter Hurdles

1. **Paige Magee, 2023** **12.90**
2. Myreanna Bebe, 2023 12.94
3. **Tionna Tobias, 2023** **13.11**
4. Tiffany Johnson, 2007 13.20
5. Jenny Kimbro, 2018 13.22
6. Jahisha Thomas, 2017 13.46
7. Tria Simmons, 2019 13.49
- Natalie Harris, 2023** **13.49**
9. Karessa Farley, 2009 13.53
10. C. Prendergast, 1999 13.60
- Paula Ruen, 2000 13.60

200 Meters

1. Brittany Brown, 2017 22.42
2. LaSarah Hargrove, 2022 22.72
3. Briana Guillory, 2016 22.89
4. Elexis Guster, 2016 23.03
5. Lake Kwaza, 2016 23.17
6. **Lia Love, 2023** **23.23**
7. Shellene Williams, 2004 23.50
8. Kineke Alexander, 2006 23.58
9. Davera Taylor, 1984 23.59
10. Vivien McKenzie, 1985 23.61
- Paige Magee, 2023** **23.61**

400 Meters

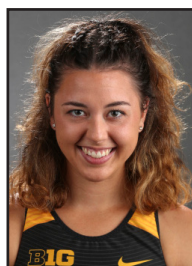
1. Briana Guillory, 2018 51.30
2. Kineke Alexander, 2006 51.35
3. Elexis Guster, 2016 51.85
4. Shellene Williams, 2004 51.94
5. Ashley Liverpool, 2012 52.47
6. Ellen Grant, 1996 52.65
7. **Audrey Biermann, 2023** **52.67**
8. **Tesa Roberts, 2023** **52.86**
9. Alexis Hernandez, 2017 53.27
10. **Chloe Larsen, 2023** **53.41**

400-Meter Hurdles

1. Mary Knoblauch, 1981 56.16
2. **Paige Magee, 2022** **56.62**
3. Wynsome Cole, 1998 56.67
4. MonTayla Holder, 2014 56.70
5. **Mariel Bruxvoort, 2023** **56.71**
6. Erin Dowd, 2022 56.77
7. Payton Wensel, 2022 57.63
8. Jenny Kimbro, 2019 58.27
9. **Nylah Perry, 2023** **58.28**
10. Chris Davenport, 1981 59.18

800 Meters

1. Bethany Praska, 2011 2:03.77
2. **Alli Bookin-Nosbisch, 2023** **2:04.37**
3. Mallory King, 2021 2:05.23
4. **Grace Bookin-Nosbisch, 2023** **2:05.49**
5. Kay Stormo, 1982 2:05.67
6. **Clare Pitcher, 2022** **2:06.05**
7. Taylor Arco, 2019 2:06.06
8. Michelle Lahann, 2004 2:06.79
9. Katharina Trost, 2015 2:07.09
10. Mahnee Watts, 2016 2:07.41



Jenny Kimbro



Paige Magee

1,500 Meters

1. Meghan Armstrong, 2006 4:17.41
2. Betsy Flood, 2010 4:17.75
3. Jeanne Kruckeberg, 1989 4:19.71
4. McKenzie Melander, 2012 4:20.22
5. Lauren Hardesty, 2009 4:20.40
6. Diane Nukuri, 2007 4:20.95
7. **Amber Aesoph, 2023** **4:21.11**
8. Penny O'Brien, 1985 4:21.43
9. Kay Stormo, 1982 4:22.24
10. Rachelle Roberts, 1990 4:23.16

3,000 Meters

1. Diane Nukuri, 2008 9:18.82
2. Penny O'Brien, 1985 9:20.61
3. McKenzie Melander, 2012 9:21.59
4. Betsy Flood, 2010 9:22.63
5. Nan Doak, 1985 9:23.04
6. Tracy Dahl, 1992 9:23.53
7. Meghan Armstrong, 2006 9:28.03
8. Tina Stec, 1994 9:28.57
9. Brooke Eilers, 2011 9:30.08
10. Jeanne Kruckeberg, 1989 9:30.69

3,000-Meter Steeplechase

1. Marta Bote Gonzalez, 2015 10:23.15
2. Danielle Berndt, 2011 10:26.54
3. Jessica Schmidt, 2008 10:27.18
4. Sarah Arens, 2004 10:34.50
5. Hannah Roeder, 2011 10:35.22
6. **Brooke McKee, 2023** **10:39.88**
7. Madison Waymire, 2017 10:41.91
8. Kelsey Hart, 2011 10:47.56
9. Anna Hostetler, 2019 10:57.25
10. Kelly Breen, 2017 10:59.99

5,000 Meters

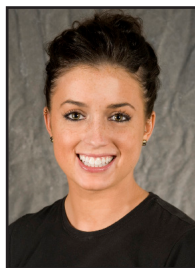
1. Nan Doak, 1985 15:45.84
2. McKenzie Melander, 2012 15:57.13
3. Diane Nukuri, 2008 15:59.39
4. Betsy Flood, 2011 16:04.46
5. Meghan Armstrong, 2008 16:08.83
6. Brooke Eilers, 2011 16:11.86
7. Mareike Schulle, 2013 16:12.66
8. Jenny Spangler, 1983 16:17.21
9. Tracy Dahl, 1992 16:18.77
10. Racheal Marchand, 2008 16:27.02



Women's Outdoor All-Time Top 10 Performers



Diane Nukuri



Bethany Praska



Alana Redfern



Peaches Roach



Jessie Strand



Laulauga Tausaga



Jahisha Thomas

10,000 Meters

1. Diane Nukuri, 2008 33:17.01
2. Jennifer Brower, 1991..... 33:23.38
3. Meghan Armstrong, 2008..... 33:28.00
4. Nan Doak, 1985..... 33:33.03
5. Jenny Spangler, 1983 33:39.24
6. Andrea Shine, 2018..... 33:50.25
7. Racheal Marchand, 2008 34:05.87
8. McKenzie Melander, 2012 34:29.83
9. Tracy Dahl, 1992 34:30.09
10. Maddie Block, 2023 34:44.62

Heptathlon

1. Jenny Kimbro, 2021..... 5,679 pts
2. **Tionna Tobias, 2023..... 5,640 pts**
3. Tammilee Kerr, 2008..... 5,633 pts
4. Tria Simmons, 2019..... 5,557 pts
5. Dallyssa Huggins, 2021..... 5,437 pts
6. Kathy Gillespie, 1983..... 5,262 pts
7. Tiff Pedersen, 2004 4,976 pts
8. Janet Adams, 1981..... 4,855 pts
9. Sarah Ryan, 2012 4,819 pts
10. Ruqayya Raheem, 1997 4,665 pts

High Jump

1. Peaches Roach, 2006 6-1 1/4 (1.86)
2. Jenny Kimbro, 2019..... 6-0 3/4 (1.85)
3. Mary Mol, 1983..... 6-0 (1.83)
4. Khanishah Williams, 2013 5-11 1/4 (1.81)
5. Dallyssa Huggins, 2021.. 5-10 1/2 (1.79m)
6. Caleigh Bacchus, 2010..... 5-10 (1.78)
7. Lynn McMillan, 1988..... 5-9 1/4 (1.76)
- Aubrianna Lantrip, 2018 5-9 1/4 (1.76)
- Tria Simmons, 2019..... 5-9 1/4 (1.76)
10. Madison Rouw, 2016..... 5-8 3/4 (1.75)
- Tria Simmons, 2018..... 5-8 3/4 (1.75)

Pole Vault

1. Jessie Strand, 2003..... 12-10 1/4 (3.92)
2. Sarah Burgett, 2006 12-1 3/4 (3.70)
3. Kirsten Weismantle, 2011..... 12-0 (3.66)
4. Amy Smith, 2018..... 11-11 3/4 (3.65)
5. Katie Truedson, 2010 11-5 1/4 (3.49)
6. Gina Shannon, 2001..... 11-2 1/4 (3.41)
7. Brittany Holst, 2013 11-1 (3.38)
8. Elyssa Tracy, 2015..... 10-6 (3.20)
9. Kacey Childs, 2000 8-0 1/2 (2.45)

Long Jump

1. Aisha James, 2003..... 22-3 (6.78)
2. Jahisha Thomas, 2018 21-6 (6.55)
3. Zinnia Miller, 2014 20-6 1/2 (6.26)
4. **Tionna Tobias, 2023..... 20-6 1/4 (6.25)**
5. Renee White, 2008 20-3 3/4 (6.19)
6. Carisa Leacock, 2014..... 19-11 3/4 (6.09)
7. Amanda Carty, 2019..... 19-11 1/2 (6.08)
8. Becki Borg, 1988 19-7 1/4 (5.97)
9. Jenny Kimbro, 2018..... 19-7 (5.97)
10. Kassidy Ellis, 2015 19-6 1/4 (5.95)
- Kayla Hutchins, 2023 19-6 1/4 (5.95)**

Triple Jump

1. Jahisha Thomas, 2018 44-2 (13.46)
2. Renee White, 2008 43-10 3/4 (13.36)
3. Zinnia Miller, 2014 42-0 1/2(12.81)
4. **Kayla Hutchins, 2021 41-10 (12.75)**
5. Tiffany Johnson, 2007 41-8 3/4 (12.72)
6. Eavion Richardson, 2021 41-1 (12.52)
7. Carisa Leacock, 2012 40-10 1/2 (12.46)
8. Amanda Carty, 2019 40-11 (12.47)
9. Becki Borg, 1988 40-7 1/2 (12.38)
10. Tria Simmons, 2016 40-7 1/2(12.38)

Shot Put

1. Laulauga Tausaga, 2019 . 59-1 1/2 (18.02)
2. Nia Britt, 2019 55-7 3/4 (16.96)
- Kat Moody, 2023 55-7 3/4 (16.96)
4. Lisa Van Steenwyk, 1992..... 50-8 (15.44)
5. **Jamie Kofron, 2022..... 50-6 (15.39)**
- Wisdom Williams, 2022 50-6 (15.39)**
7. Nicole Berry, 2022..... 50-5 1/4 (15.37)
8. Gail Smith, 1984..... 50-3 1/4 (15.32)
9. Denise Taylor, 1992 50-1 3/4 (15.28)
10. Erika Hammond, 2019.... 49-9 1/4 (15.17)

Discus

1. Laulauga Tausaga, 2019 ... 209-10 (63.94)
2. Serena Brown, 2021 196-2 (59.81)
3. K. Spanoudakis, 2019 190-1 (57.95)
4. Kat Moody, 2023 185-3 (56.47)
5. Majesty Tutson, 2013 181-1 (55.19)
6. Dakotah Goodell, 2014 169-4 (51.62)
7. **Jamie Kofron, 2022.....166-1 (50.62)**
8. Kara Misel, 2021..... 162-1 (49.40)
8. Tiffany Medenwaldt, 2010. 161-3 (49.16)
10. Denise Taylor, 1992 160-5 (48.90)

Javelin

1. Alana Redfern, 2003 181-5 (55.30)
2. Tammilee Kerr, 2008..... 163-5 (49.81)
3. **Lizzie Korczak, 2023162-1 (49.40)**
4. Marissa Mueller, 2019..... 154-3 (47.02)
5. Mandy Beck, 1999..... 153-4 (46.74)
6. Dakotah Goodell, 2015 153-3 1/4 (46.71)
7. Terri Soldan, 1983 152-6 1/4 (46.48)
8. Shani Renning, 1990 152-3 (46.40)
9. Kayla Hochhalter, 2015 152-6 (46.48)
10. Clara Simon, 1981 149-9 (45.64)

Hammer Throw

1. Amanda Howe, 2022..... 212-9 (64.84)
2. Laulauga Tausaga, 2019 201-3 (61.34)
3. Annemie Smith, 2015... 200-1 1/2 (60.99)
- Nia Britt, 2019 200-1 (60.99)
5. Allison Wahrman, 2021..... 198-7 (60.53)
6. Jasmine Simpson, 2013 197-7 (60.23)
7. Becca Franklin, 2007 195-0 (59.45)
8. Ashlyn Gulvas, 2014 192-9 (58.75)
9. Leah Colbert, 2018..... 189-3 (57.69)
10. **Alivia Bauer, 2023.....195-9 (56.62)**



400-Meter Relay

1. Hargrove, Love, Dowd, Magee, 2022.....	43.69
2. Kwaza, Guster, Guillory, Hernandez, 2016.....	44.04
3. Hargrove, Love, Edison, Magee, 2023	44.08
4. Chapman, Guillory, Hernandez, Brown, 2017	44.34
5. Kwaza, Guster, Chapman, Guillory, 2016.....	44.41
6. Thomas, Avant, Guillory, Brown, 2018	44.44
7. Kwaza, Guster, Hernandez, Brown, 2014.....	44.51
8. Thomas, Guillory, Hernandez, Brown, 2017	44.53
9. Kwaza, Guster, Holder, Brown, 2014	44.62
10. Poole, Reid, Floyd, Hobbs, 1994.....	44.63

Shuttle Hurdle Relay

1. Prendergast, Cole, Raheem, Ruen, 1998.....	56.44
2. Cole, Prendergast, Raheen, Ruen, 1998.....	56.54
3. Raheen, Prendergast, Cole, Ruen, 1998.....	57.53

800-Meter Relay

1. Chapman, Guillory, Hernandez, Brown, 2017.....	1:35.36
2. Hobbs, Reid, Floyd, Poole, 1994.....	1:35.69
3. Roach, McCalla, Alexander, Johnson, 2006	1:36.19
4. Chapman, Roberts-Lewis, Champe, Brown, 2016	1:36.98
5. Williams, Charles, Fouché, Providence, 2003.....	1:37.49
6. Herrmann, McCalla, Raymond, Roach, 2004.....	1:37.66
7. Charles, Dixon, Knight, Prendergast, 2002	1:38.15
8. Christian, Buss, Swanson, Morken, 2019	1:38.52
9. Prendergast, Dixon, Knight, Providence, 2001	1:38.73
10. Trusty, Hendricks, Graham, Erickson, 2009	1:38.79

1,600-Meter Relay

1. Hernandez, Guillory, Holder, Guster, 2016	3:30.97
2. Guillory, Brown, Hernandez, Champe, 2017	3:32.37
3. Dorn, Biermann, Roberts, Bruxvoort, 2023	3:33.16
4. Bruxvoort, Dowd, Wensel, Roberts, 2022	3:33.18
5. Guster, Hernandez, Holder, Kwaza, 2014	3:34.83
6. Dorn, Larsen, Biermann, Bruxvoort, 2023	3:35.10
7. Larsen, Roberts, Biermann, Itson, 2023.....	3:35.17
8. Dorn, Magee, Biermann, Larsen, 2023	3:35.53
9. Dorn, Biermann, Larsen, Roberts, 2023	3:35.60
10. Praska, Hendricks, Liverpool, Erickson, 2011	3:35.93

Sprint Medley Relay

1. Jones, Hendricks, Liverpool, Praska, 2011.....	3:48.63
2. Brown, Kwaza, Guster, Watts, 2014.....	3:51.18
3. Hargrove, Dowd, Wensel, Pitcher, 2022	3:52.56
4. Kwaza, Guster, Holder, Watts, 2016.....	3:52.62
5. Swanson, Morken, King, Arco, 2019.....	3:52.85
6. Kwaza, Brown, Guster, Trost, 2015	3:53.29
7. Christian, Buss, Guillory, Arco, 2019.....	3:54.18
8. Kwaza, R. Moore, Holder, Alexia, 2013.....	3:54.51
9. Trusty, R. Moore, Hendricks, Praska, 2010.....	3:56.53
10. Reid, Philip, Hobbs, Benning, 1995.....	3:56.54

3,200-Meter Relay

1. McCabe, Arco, Saunders, King, 2019.....	8:31.84
2. Moore, A. Bookin-Nosbisch, G. Bookin-Nosbisch, Pitcher, 2022	8:35.75
3. Suppelsa, Wodek, Kruckeberg, Schneckloth, 1987.....	8:46.45
4. Lahann, Stanley, Hume, Barber, 2004	8:48.87
5. Itson, G. Bookin-Nosbisch, Pitcher, Moore, 2023.....	8:49.00
5. Schneckloth, Roberts, Hawkins, Kruckeberg, 1989	8:49.38
6. Trost, Maser, Alexia, Nelson, 2014	8:49.95
7. Nelson, Watts, Wilberding, Sindt, 2016.....	8:51.90
8. Flood, Dhy, L. Hardesty, Docherty, 2009.....	8:53.91
9. Armstrong, Stanley, Laney, Hume, 2005.....	8:54.27
10. O'Brien, Camarigg, Williams, Stormo, 1981	8:54.36

Distance Medley Relay

1. Hoskins, Powell, Schneckloth, Kruckeberg, 1989	11:22.18
2. Powell, Hoskins, Schneckloth, Roberts, 1990.....	11:24.12
2. Armstrong, Alexander, Poncé, Stanley, 2007.....	11:25.05
3. Stanley, McCalla, Hume, Armstrong, 2005.....	11:34.04
4. Barber, Williams, Hume, Arens, 2004.....	11:34.56
5. Thompson, Williams, Hume, Arens, 2003	11:39.02
6. 2000	11:39.83
7. G. Bookin-Nosbisch, Roberts, A. Bookin-Nosbisch, Aesoph, 2022	11:40.18
8. Schrulle, Erickson, Placzek, Eilers, 2012	11:40.57
9. Davenport, xx, xx, xx, 1981.....	11:41.44
10. Pare, Grant, Benning, Gilchrist, 1997	11:41.92

6,400-Meter Relay

1. Flood, Melander, A. Hardesty, L. Hardesty, 2010.....	19:05.63
2. Nukuri, Marchand, Henize, Armstrong, 2008.....	19:15.42
3. Flood, Laesch, Ranegar, Melander, 2012.....	19:16.73
4. Flood, Eilers, Melander, L. Hardesty, 2011	19:17.52
5. Flood, Melander, A. Hardesty, Eilers, 2009.....	19:36.43
6. Scott, Gordon, Schrulle, Gambrall, 2013	19:41.15
7. Jones, Bote Gonzalez, Wilberding, Reischmann, 2015.....	19:59.72
8. Maser, Price, Wilberding, Montuclard, 2014	20:23.27
9. Chapple, Laney, Donlon, Sokol, 2005	20:39.12
10. Arens, Barber, Butler, Roberts, 2001	20:40.89



Jeremy Allen



Babtunde Amosu



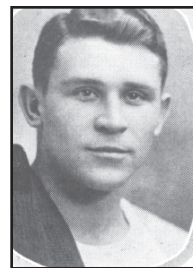
Justin Austin



George Baird



Matt Byers



Frank Cuhel



Bill Frazier

The University of Iowa men's track and field program is rich in honor and tradition. Iowa athletes compete annually at national and international events, representing the UI with pride. Here are brief bios on Hawkeyes that have left their marks in the Iowa record books.

Jaylan McConico (2019-21)

- Three-time All-American
- 2021 B1G Outdoor Athlete of the Year
- Three-time Big Ten Champion
- School record in 60- and 110-hurdles

Aaron Mallett, 2013-2017

- Set school records in 110-meter hurdles, 60-meter hurdles and 400-meter relay
- Six-time All-American
- Five-time Big Ten Champion

Babatunde Amosu, 2012-2015

- Three-time Big Ten Champion
- Three-time All-American

Matt Byers, 2010-2013

- Two-time All-American
- Three-time Big Ten Champion (2010-13)

Justin Austin, 2010-2013

- Five-time Big Ten Champion
- Five-time All-American
- Graduated with five school records

Ethan Holmes, 2009-2013

- Three-time Big Ten Champion

Erik Sowinski, 2009-2012

- Six-time All-American (2010-12)
- Two-time Big Ten Champion
- 2012 & 2016 Olympic Trials participant

Troy Doris, 2009-2012

- Four-time Big Ten Champion
- Four-time All-American
- 2016 Olympian for Guyana

Steven Willey, 2008-2011

- Four-time All-American
- Two-time Big Ten Champion

Jeremy Allen, 1998-2001

- Big Ten Freshman of the Year (Indoor and Outdoor)
- Four-time Big Ten Champion
- Five-time All-American

Tim Dodge, 1998-2001

- 1999 All American
- Three-time Big Ten Champion

Tim Dwight, 1996-2000

- Four-time Big Ten Champion
- All-American on 4x100-meter relay in 1999
- Two-sport athlete (football, track and field)

Bashir Yamini, 1996-1999

- 1998 Long Jump National Champion
- Six-time All-American
- Nine-time Big Ten Champion
- Big Ten Freshmen of the Year in 1996
- Shares Big Ten Record in long jump

George Page, 1995-1997

- Four-time Big Ten Champion
- 1995 All-American (4x400-meter relay)

Andre Morris, 1992-1996

- Four-time Big Ten Champion
- Three-time All-American
- Participated in Olympic trials in 1996 and 2000
- Eight-time National Championship qualifier

Anthuan Maybank, 1990-1994

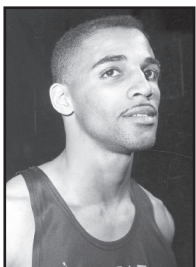
- Olympic Gold Medallist, 1,600 relay, 1996 (Atlanta)
- All-America, long jump, 1992, 1993
- All-America, 400 dash, 1992, 1993
- Six-time Big Ten Champion, 1990-93
- Big Ten Athlete of the Year, 1993 (outdoor)
- All-Big Ten, 1990, 1991, 1992, 1993, 1994

D'Juan Strozier, 1989-92

- Four-time Big Ten Champion

Patrick McGhee, 1988-1992

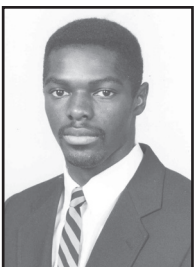
- Five-time Big Ten Champion
- Three-time All-American
- NCAA Runner-Up
- Big Ten Athlete of the Year in 1989



Deacon Jones



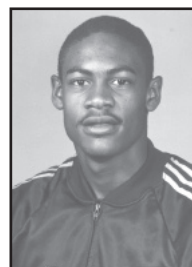
Aaron Mallett



Anthuan Maybank



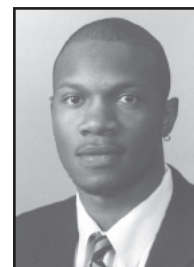
Jaylan McConico



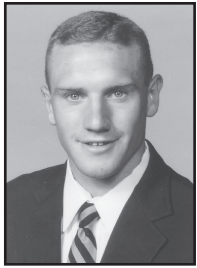
Patrick McGhee



Mike Mondane



Andre Morris



Tim Dodge



Troy Doris



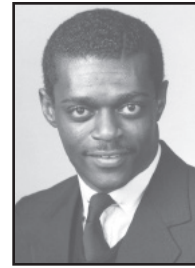
Tim Dwight



Rich Ferguson



Ed Gordon



Victor Greer



Ethan Holmes

Victor Greer, 1981-1984

- Three-time Big Ten Champion
- 1984 All-American

Mike Mondane, 1966-1968

- Nine-time Big Ten Champion
- 1979 NCAA Champion
- Three-time All-American
- Ranks third in school history in 400-meters

Larry Wieczorek, 1964-1968

- Six-time Big Ten Champion
- Four-time All-American

Jonathan Reimer, 1965-1967

- Five-time Big Ten Champion
- 1967 NCAA Champion in Outdoor Mile Relay

Bill Frazier 1962-1965

- 1962 All-American
- Eight-time Big Ten Champion
- Helped Iowa win 1963 indoor and outdoor Big Ten Championships
- Held outdoor 800-meter school record for 50 years (1962-2012)

Roger Kerr, 1960-1963

- Five-time Big Ten Champion
- Three-time 4x400-meter Relay Champion

Deacon Jones 1954-1958

- Two-time Olympian
- Two-time NCAA Champion
- Seven-time Big Ten Champion
- Set 3,000-meter steeplechase school record
- First African American Cross Country Champion

Ted Wheeler, 1952-1956

- Five-time Big Ten Champion
- Three-time All-American
- Competed in 1956 Summer Olympics

Rich Ferguson, 1952-1955

- Four-time Big Ten Champion
- 1953 All-American in the two mile race
- 1953 NCAA Champion in the two mile race

Frank Cuhel, 1926-1928

- 1928 NCAA Champion
- Won Silver in 400-meter hurdles at 1928 Olympics

Ed Gordon, 1929-1931

- Four-time Big Ten Champion
- Three-time NCAA Champion on long jump
- Most NCAA Championships in school history
- Three-time All-American (1929-31)

Vaughn Stevenson, 1928-1929

- Five-time Big Ten Champion

George Baird, 1927-1929

- 1928 Olympic Gold Medalist in 4x400-meter relay
- Six-time Big Ten Champion

Charles Brookins, 1921-1924

- 1924 Olympian
- Five-time Big Ten Champion
- Two-time NCAA Champion

Eric Wilson, 1920-1923

- Four-time All-American
- Four-time Big Ten Champion
- Two-time NCAA Champion in 220 yard-dash
- Competed in the 1924 Summer Olympics in Paris



George Page



Erik Sowinski



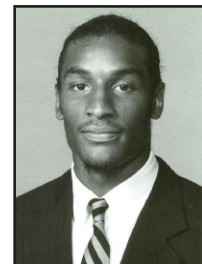
Larry Wieczorek



Steven Willey



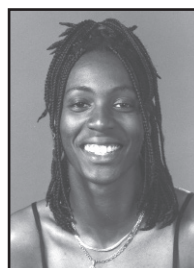
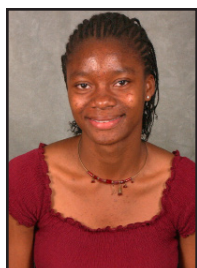
Eric Wilson



Bashir Yamini



Hawkeye Women's Elite Competitors



Kineke Alexander Meghan Armstrong Jennifer Brower Brittany Brown Wynsome Cole Tracy Dahl Chris Davenport

The University of Iowa women's track and field program is rich in honor and tradition. Iowa athletes compete annually at national and international events, representing the UI with pride. Here are brief bios on some Hawkeyes who have left their marks in the Iowa record books.

Laulauga Tausaga, 2017-2021

- 2019 NCAA Champion
- Eight-time All-American
- Five-time Big Ten Champion
- 2020 Big Ten Indoor Athlete of the Year
- 2019, 2020, 2021 Midwest Regional Athlete of the Year
- Set school records in weight throw, discus, hammer, indoor and outdoor shot
- 2017 Junior Pan Am Discus Champion
- IAAF World Championship Finalist

Jahisha Thomas, 2015-2018

- Six-time All-American
- Four-time Big Ten Champion

Brittany Brown 2014-2018

- Five-time Big Ten Champion
- 11-time All-American
- IAAF World Championship silver medalist

Bethany Praska, 2008-2011

- Two-time All-American
- Three-time Big Ten Champion
- Set five school records

Racheal Marchand, 2005-2008

- Four-time All-American
- Three-time All-region
- 2009 Midwest Region Cross Country Female of the Year
- 2009 Iowa Female Athlete of the Year
- 2010 Puerto Rico 5K National Champion

Diane Nukuri, 2006-2008

- Iowa Athletics Hall of Fame (202)
- 2012 Burundi Olympic Team Member
- Three-time All-American
- Two-time NCAA Midwest Region Cross Country Champion (2006, 2007)
- Two-time NCAA Midwest Region Cross Country Female Athlete of the Year (2006, 2007)
- 2007 Drake Relays Champion, 5,000 Meters
- Two-time All-Region
- Set eight school records
- 2008 Iowa Female Athlete of the Year
- 2008 Wilma Rudolph Award winner
- 2007 Honda Sports Award finalist

Kineke Alexander, 2005-2008

- 2008 & 2016 St. Vincent & The Grenadines Olympic Team Member
- 2006 NCAA Indoor 400-Meter Champion
- Eight-time All-American
- Five-time Big Ten Champion
- Two-time NCAA Regional 400-Meter Champ
- Drake Relays Champion, 400 Meters
- Five-time All-Region
- Two-time NACAC Games bronze medalist
- Iowa's nominee for Big Ten Female Athlete of the Year twice (2006, 2007)
- 2007 Big Ten Indoor Athlete of the Year
- 2007 Big Ten Indoor Athlete of the Meet
- 2007 Midwest Regional Athlete of the Year
- Set six school records
- 2018 Iowa Athletic Hall of Fame inductee

Shellene Williams, 2004

- Jamaican National Team member
- Four-time Big Ten Champion
- All-American, 400 Meters

Meghan Armstrong, 2004-2008

- Four-time All-American
- NCAA Academic All-American
- Four-time All-Region
- Two-time Big Ten Champion
- Two-time second-team All-Big Ten
- Six-time academic All-Big Ten
- Set school records in 1,500 meters (track) and 6,000 meters (cross country)
- Big Ten Medal of Honor winner (2008)

Peaches Roach, 2004-2007

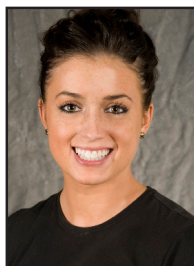
- Four-time All-American
- Five-time Big Ten Champion, High Jump
- 2004 Big Ten Outdoor Freshman of the Year
- Four-time All-Region
- Ten-time regional qualifier

Tiffany Johnson, 2004-2007

- First Hawkeye to win consecutive Drake Relays titles (100-m hurdles in 2006, 2007)
- 2007 NCAA Regional Champion, 100 Hurdles
- Two-time All-Region
- Ten-time regional qualifier

Ellen Grant, 1994-1997

- Two-time Big Ten Champion
- World Junior representative



Racheal Marchand Vivien McKenzie

Mary Mol

Diane Nukuri

Bethany Praska

Peaches Roach

Gail Smith



Nan Doak



Kathy Gillespie



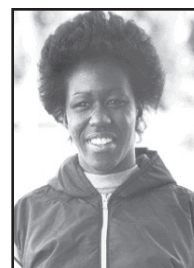
Ellen Grant



Yolanda Hobbs



Tiffany Johnson



Elaine Jones



Jeanne Kruckeberg

Wynsome Cole, 1994-1998

- Three-time NCAA & NAIA qualifier
- Two-time Big Ten Champion
- All-American, 400-Meter Hurdles
- Drake Relays Champion

Yolanda Hobbs, 1991-1995

- Three-time All-American
- Big Ten 55-meter Champion
- Iowa Female Athlete of the Year
- Daily Iowan Female Athlete of the Year

Tina Stec, 1990-1994

- Two-time All-American
- Big Ten runner-up, 3,000 Meters
- NCAA Academic All-American
- Iowa Academic Athlete of the Year
- Iowa Female Athlete of the Year
- NCAA Woman of the Year finalist

Tracy Dahl, 1989-1994

- Two-time NCAA 5,000-Meters Champion
- Five-time All-American
- Four-time Big Ten Champion
- U.S. Olympic Trials participant
- Kansas Relays Champion
- Big Ten Cross Country and Two-time Iowa Female Athlete of the Year

Lisa Van Steenwyk, 1989-1993

- All-American, Shot Put
- Two-time Big Ten Champion
- U.S. Olympic Trials participant

Jennifer Brower, 1988-1992

- Three-time All-American
- NCAA Academic All-American
- Big 10 & Drake Relays Champion
- Kansas Relays 5,000-Meters Champion
- Big Ten runner-up, Cross Country
- U.S. Olympic Trials participant
- Track Academic Athlete of the Decade
- NCAA Woman of the Year nominee

Jeanne Kruckeberg, 1987-1990

- NCAA 800-meter runner-up
- Three-time All-American
- Big Ten Champion
- Drake Relays Female Athlete of the Meet
- Two-time Drake Relays Champion
- Three-time Kansas Relays Champion
- Iowa Female Athlete of the Year

Vivien McKenzie, 1983-1986

- Four-time Big Ten Champion
- TAC Champion 400-Meters relay member
- U.S. Olympic Trials participant
- Olympic Sports Festival selection

Jenny Spangler, 1982-1986

- Three-time All-American
- U.S. Olympic Trials participant
- Iowa Female Athlete of the Year
- Set 19-and-under world marathon record (2:33)
- 1996 USA Olympic team, Marathon

Mary Mol, 1982-1985

- NCAA runner-up
- Big Ten runner-up
- Mason-Dixon Games Champion
- Runner-up at Drake & Kansas Relays

Gail Smith, 1982-1985

- Big Ten Champion
- Olympic Sports Festival selection

Kathy Gillespie, 1982-1985

- NCAA runner-up, Heptathlon
- Big Ten champion/former recordholder
- Member of U.S. Pentathlon team

Elaine Jones, 1982-1985

- Five-time Big Ten Champion
- TAC Champion 400-Meter relay member
- U.S. Olympic Trials participant
- Olympic Sports Festival selection
- Mason-Dixon Games Champion

Nan Doak, 1980-1985

- NCAA Champion, 10,000-Meters
- NCAA runner-up, Cross Country
- Nine-time All-American
- World recordholder, Indoor 3-miles
- Three-time Big Ten Champion
- U.S. Olympic Trials participant
- World sixth place, Cross Country
- TAC 5,000 and 10,000-Meters Champion
- Iowa Female Athlete of the Decade
- National Iowa Varsity Club Hall of Fame inductee

Chris Davenport, 1980-1983

- U.S. Olympic Trials participant
- All-American
- Runner-up at Kansas & Drake Relays

Kay Stormo, 1979-1982

- 800-meter NCAA runner-up
- Three-time All-American
- Three-time Big Ten Champion
- Iowa Female Athlete of the Year
- National Iowa Varsity Club Hall of Fame inductee



Jenny Spangler



Tina Stec



Kay Stormo



Lisa Van Steenwyk



Laulauga Tausaga



Shellene Williams



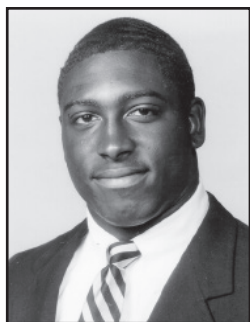
Jahisha Thomas



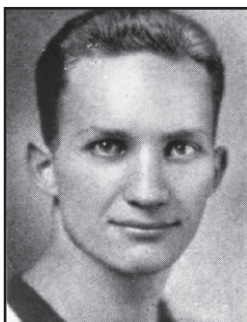
Inductees are selected by a vote of all dues-paying members of the National Iowa Varsity Club. All former Hawkeye athletes who have won at least one major letter and completed their eligibility at least 10 years prior to selection are eligible for the Hall of Fame. A coach or administrator must have retired or left the university at least five years prior to selection. A maximum of seven inductees may be selected to the Hall of Fame each year. Pictured are the 37 inductees from the University of Iowa track and field program. Listed below each name is the individual's years of participation at Iowa and the year they were inducted into the Hall of Fame.



Kineke Alexander
Athlete 2005-08
Inducted 2018



Jeremy Allen
Athlete 1998-2001
Inducted 2019



George Baird
Athlete 1926-29
Inducted 1994



George Bresnahan
Coach 1921-48
Inducted 1991



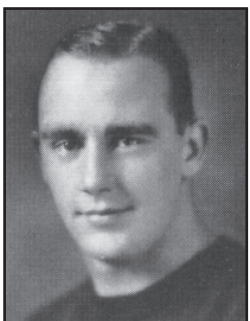
Lester Belding
Athlete 1921-24
Inducted 1991



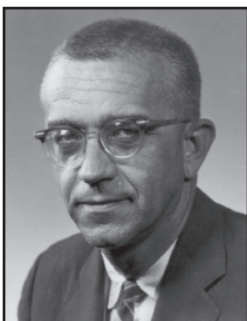
Charles Brookins
Athlete 1921-24
Inducted 1990



Jennifer Brower
Athlete 1988-92
Inducted 2013



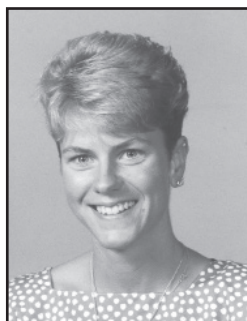
Dick Crayne
Athlete 1934
Inducted 1992



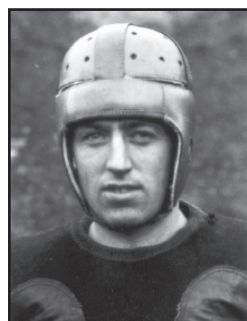
Francis X. Cretzmeyer
Coach 1948-78
Inducted 1993



Frank Cuhel
Athlete 1925-28
Inducted 1993



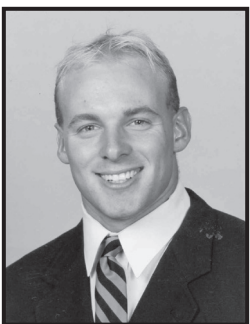
Tracy Dahl
Athlete 1989-93
Inducted 2010



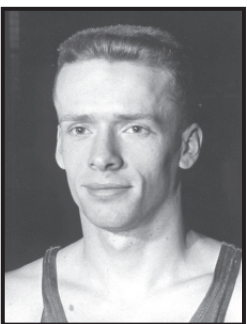
Aubrey Devine
Athlete 1920-22
Inducted 1989



Nan Doak
Athlete 1981-85
Inducted 1999



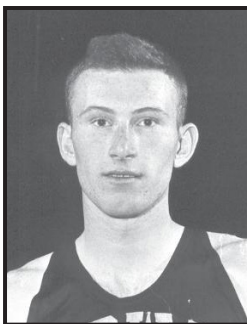
Tim Dwight
Athlete 1996-99
Inducted 2011



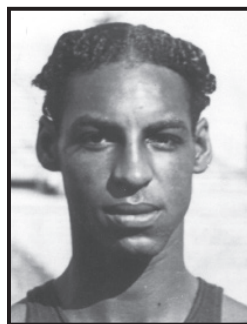
Rich Ferguson
Athlete 1952-55
Inducted 2004



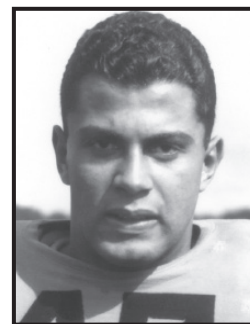
Peaches Roach Findlay
Athlete 2004-07
Inducted 2023



Bill Frazier
Athlete 1962-65
Inducted 2012



Ed Gordon
Athlete 1929-31
Inducted 1989



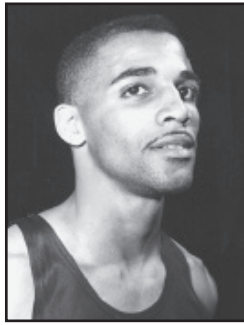
Homer E. Harris
Athlete 1936-37
Inducted 2002



Jerry Hassard
Coach 1976-96
Inducted 2014



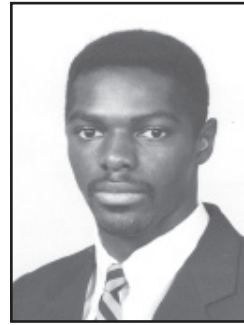
Frank 'Kinney' Holbrook
Athlete 1895-97
Inducted 2021



Deacon Jones
Athlete 1955-58
Inducted 1989



Jeanne Kruckeberg
Athlete 1987-90
Inducted 2014



Anthuan Maybank
Athlete 1966-68
Inducted 2010



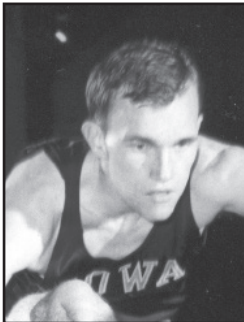
Michael Mondane
Athlete 1966-68
Inducted 2002



Emerson "Spike" Nelson
Athlete 1925-28
Inducted 1995



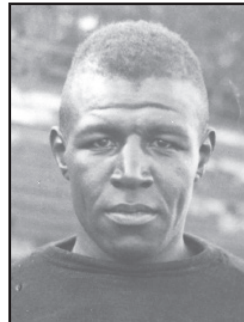
Diane Nukuri
Athlete 2006-08
Inducted 2021



Jon Reimer
Athlete 1965-67
Inducted 2014



George Sailing
Athlete 1929-32
Inducted 1989



Fred "Duke" Slater
Athlete 1919-22
Inducted 1989



Kay Stormo
Athlete 1979-82
Inducted 2008



Ted Wheeler
Athlete 1952-53, 56
Inducted 2000



Larry Wiecezorek
Athlete 1965-68
Inducted 1998



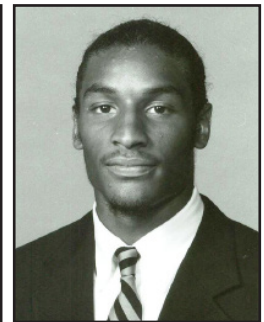
Herbert Wilkinson
Athlete 1945-46
Inducted 1999



Samuel "Clyde" Williams
Athlete 1900-02
Inducted 1993



Eric Wilson
Athlete 1921-24
SID 1924-68
Inducted 1989



Bashir Yamini
Athlete 1996-99
Inducted 2012



Abrego, Antonio	2022
Adams, Don	1973-76
Adamson, Robert.....	1931-32
Albrecht, L.J.	1989-91
Albright, Justin.....	1930
Alderman, Merle	1910
Alexander, Jack S.	1938
Allen, Damoy	2023
Allen, Jeremy	1998-01
Allen, Shaun.....	1999, 2001-03
Allison, William.....	1895-96
Aly, Nicholas	2015
Amosu, Babatunde	2013-15
Anderson, Ben	2015
Anderson, Carl J.....	1959
Anderson, Kent J.....	1975-76
Anderson, R.M.....	1900-03
Andreano, Peter	2016-17
Andrews, Josh.....	2021
Appleman, Cameron.....	1997
Armstrong, James.....	1988-89, 1991
Ashton, George C.....	1922-23
Atkins, Bobby.....	2000
Austin, Justin	2011-13
Bailey, F.S.	1900
Bailey, Merrill M	1919-21
Bailin, Sam	2010
Baird, George H.	1927-29
Bakker, Michael	1994, 1996, 1998
Balke, Alex	2015-18
Balke, Norm	1983-86
Balkrishnan, Rajeev	1991, 1993
Banse, Andy	2002-05
Banse, Matt	2009-12
Barber, Nathan B.	1896-99
Barclay, Tom.....	1979
Barclay, Brelyn	2017
Barker, Dale	1932-33
Barker, E.E.....	1905
Barker, Ervin J.	1902-05
Barnes, Elijah	2021-23
Barnes, Howard M.....	1921
Barnett, Robert.....	1973
Bartley, Karayme.....	2019
Barton, Chris.....	2008-11
Bateman, Howard.....	1903
Battista, Mark	2010-11
Beach, Robert.....	2003, 2005
Bean, Josh.....	2008-10
Beatty, Ernest J.	1926-27
Beck, Lester R.	1922
Becker, Edward C.	1934
Beckner, John O.	1930
Bee, Stephen	2009-11
Beebe, Robert E.....	1936
Beecham, Gordon.....	1983-85
Beecham, Todd.....	1982

Beelman, Jeff	1981-82
Belding, Lester	1920-22
Belken, Connor	2023
Berger, Charles	1977
Berne, Clarence	1924
Berns, Jake.....	2005-06
Berrien, Clifford R.	1918
Betz, Jon A.	1982-83
Bevan, Sargant.....	1896
Bever, William H.	1971
Beyer, Robbie.....	2004
Bhave, Ravi	1998
Billig, Milton	1937-39
Blackman, St. Cl.	1986
Blasier, Herbert E.....	1878, 1882
Boardman, Benjamin.....	1900-01
Boston, Marcellu	1950
Bott, Richard E.	1933
Bouska, Paul	1990
Bowers, John	1981
Bowles, Robert S.....	1943
Boyd, William	1959
Boyer, John	1979-82
Boylan, Charles.....	1952-53
Boyles, Xavier P.....	1924, 1926-27
Brackett, M.	1899, 1901-03
Brackett, O.T.....	1901
Braff, Zack	2009
Branch, Tony.....	1997-00
Brandmill, Potte.....	1921-23
Brandt, Barry	1975
Brandt, Jon Michael.....	2012-14
Braverman, Josh	2018-19, 2021-22
Brayton, Nick	2009-12
Bream, Alan	1968-69
Brewer, Steve.....	1981-83
Brewton, Cecil H.	1944
Briggs, Charles	1903
Briggs, Clyde	1935-36
Briggs, Wilbur	1918
Brigham, Leon H.	1918-20
Brisset, Christian.....	2016-17
Britt, Jamal.....	2021
Brodersen, Tim	2003-06
Broek, Curt	1976-79
Brookins, Charles.....	1922-24
Brown, Brad.....	1980
Brown, C.A.....	1901
Brown, David	1987-88, 1990-91
Brown, Earl	1905
Brown, Jeff A.	1980
Brown, Jeff	1979
Brown, Keith L.	1949-50, 1955
Brown, Keith.....	2013-15
Brown, John Anthony	1958-60
Brubucher, Theodore.....	1965-67
Bryant, Huges J.	1931

Bryson, Armando.....	2021-23
Burkheimer, I. A.....	1907
Burks, Derrick	2003, 2005
Burnette, William	1965-67
Burrier, Emmett.....	1899-1901
Burrows, Tom G.	1957-59
Burton, William	1953-55
Bye, Bill E.	1949
Byers, Matt	2010-13
Byre, James O.	1962
Cada, Jon	1961
Cadwallader, Joseph	1932
Cahalan, Jim	1977-78
Cahn, Bernard.....	1961
Call, Roy G.....	1902
Camamo, Joseph A.	1956-58
Cameron, Robert	1985-86
Campbell, Cameron.....	1937-38, 1940
Campbell, D.	1910
Campbell, Torrey	2012-13
Camplin, Brendan.....	2009
Canby, Henry F.	1929-31
Carberry, William.....	1906
Card, Liam.....	2000
Carmen, Andrew	2012-14
Carr, E. Michael.....	1960-61
Carr, Leslie	1913



Jeremy Allen was the first thrower in conference history to win Big Ten Freshman of the Year honors during the indoor and outdoor seasons. Allen was a four-time Big Ten champion and five-time All-American at Iowa from 1998-2001. Allen was inducted into the University of Iowa Varsity Club Hall of Fame in 2019.



Carter, Jr., James	2019, 2021-23
Cassata, Chris	1998-00
Chaidez, Anthony	2017
Chalmers, Andrew	1905-06
Chambers, Rodney	1988-91
Chaney Jr., Paul	2007-09
Chantland, William	1894
Chaplin, David	2006
Chepkwony, Paul	1983-84
Choate, Rufus	1900-01
Christensen, CHA	1970-72
Chung, Curtis	1986, 1988-90
Clancy, Michael	1983
Clancy, Roy	1976, 1978
Clark, Drew	2014
Clark, George H.	1890
Clark, John Jay	1971-73
Clark, Robert J.E.	1952
Clarke, George W.	1963
Clarke, Raymund	2018, 2021
Clarrissimeaux, Evan	1982-83
Clements, Keith	1973-76
Cline, Hubert	1943
Cobb, Dave	1980
Cochran, J H Ray	1930
Coffey, Vernon	1948
Colby, Charles	1919-20, 1922
Coleman, Juan	2001-02, 2004-05
Coleman, Merrill	1997-00
Collinge, John	1938-39
Collins, John	1949



Iowa City native Tim Dwight was named Outstanding Male Athlete of the 1999 Big Ten Outdoor meet after leading the team to a runner-up finish. Earlier that year, he scored a touchdown in the Super Bowl for the Atlanta Falcons. He was an All-American and three-time Big Ten Champion in track from 1996-99, and a two-time first team All-American for the Hawkeye football team from 1994-97.

Conn, Max	1920-22
Conway, Grant	2021-23
Conway, Paul	1930-31
Cook, Robert	1989-90
Cook, Robert F.	1933-34
Cooley, Brandon	2018
Copeland, Jack	1949
Corcoran, Thomas	1933
Corey, Trent	1999, 2001-02
Cornog, Robert	1931-33
Corrigan, Sean	1986-89
Costello, Jim	2000-02
Cotton, Jordon	2010
Coulter, Channing	1923-25
Cox, Leroy	1894
Craig, Donald	1929
Crain, Maurea	1990-91
Crane, E.H.	1903-04
Crawford, Harold	1921, 1923-24
Crayne, Richard	1934
Cretzmeyer, Francis X.	1934-36
Criswell, John W.	1969-71
Crossan, John	1903, 1904, 1908
Crozier, M.V.	1922
Crum, Jonathan	1894-95
Cuhel, Frank JOS	1926-28
Cumberland, John	1919
Cummins, Richard	1965-66
Cunningham, M.	1998-99, 2001-02
Cunningham, Mike	1984-1986
Curtis, A.J.	2006-09
Curtiss, Nikolas	2022
Daine, Henry	1923-25
Daley, Ryan	1998
Daniels, Will	2021
Darling, Charles	1950-51
Dauber, Ray G.	1924-26
Daufeldt, Brad	2001-04
Davey, Brennan	2012-15
Davis, Charles	1918, 1920
Davis, Chris	1995-98
Davis, Daniel	2012
Davis, Elmer, R.	1904-05
Davis, Severt	1950
Dean Jr., Kerry	2014-16
Dean, Walter S.	1932-34
Deheer, Floyd	1936-37
DeLashmutt, Ed	1981
Delaunay, Klyvens	2013-16
Depping, Reuben	1929-30
Dertinger, Stephen	1969
Deuel, Dean	1950-51
Devine, Aubrey A.	1920-22
Devine Jr., Aubrey A.	1944
Dey, Curtis	1892-95
Dibbern, Kevin	2010
Dick, Leo	1914

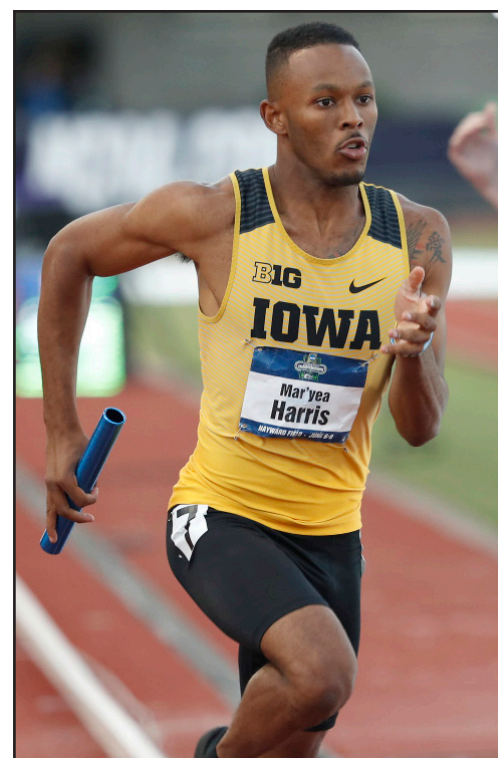
Dietz, Duwayne	1950-52
Digney, Zach	2002-05
Diment, Michael	1982
Dobbs, John	1984-86
Dobson, Glenn	1923-24
Docherty, Kevin	2014-18
Docherty, James	1977-78
Dodge, Tim	1998-02
Dolan, Cannon	2007-09
Donalan, J.J.	1905
Donovan, Jim	1997-99
Dooley, Andrew	1935-37
Doris, Troy	2011-12
Dorman, Ryan	2015-18
Dotseth, Frank	1959
Doty, Lewis	1892
Dougherty, Robert	1959
Dougherty, Will	2015-18
Douglas, Chris	2016-19
Dow, Raymonte	2018-19, 2021-22
Drewry, Jacob	1994
Driebelbis, Roy	1952
Duckett, Terence	1981-84
Dunsorth, Ira	1954-56
Dupont, Glenn	1980
Dutton, William	1915-17
Dwight, Tim	1996-99
Dye, Charles	1900
Dyke, Lester M.	1919-20
Dziubski, Dan	2003-05
Eastland, David	1969-71
Ebert, LeRoy	1952-54
Ecker, Tom	1956-57
Eckert, Jack	2012-15
Edwards, Jim	1975, 1978
Egbert, Thomas	1962
Eiel, Robert	1942
Eischeid, Peter	1995-98
Eisenlauer, Dick	1972-75
Eklin, Ian	2016-19
Elbert, Lee	2006-08
Eller, Gage	2017-18
Ellingson, Dawson	2021-22
Elliott, Edward	1939-40
Elliott, Randy	1979
Elliott, Wallace	1926-27
Ellis, Kevin	1980-82
Ellwein, Orin	1972-73
Elmitt, Connor	2009-10
Ely, Howard Lyle	1938
Ende, August	1896
English, Louis	1986-89
English, Steve	1997-99
Engstrom, George	1909-10, 1912
Erdenberger, Rick	1948-50
Erickson, Merlin	1939-40
Esche, Matt	2002, 2004, 2006



Estes, Joe	1993-96
Everingham, John	1925-27
Everman, Wayne.....	1955
Faas, Lewis.....	1973-74
Faber, Scott	1999-02
Fagerline, Paul	1945-46
Falk, Walter.....	1913
Falls, Gary	1989-91
Farmer, Leicester	1942-43
Farrell, Jerome	1923-24
Farrell, Nathan.....	2023
Farroh, Mike Alb	1929
Fearing, Kenneth	1962
Feeldy, Chad	1995-96
Felix, Kurt.....	1999
Ferguson, Richard	1952-55
Ferree, Fred	1965-67
Ferree, Nate.....	2015-16
Ferree, Thomas.....	1978
Ferren, William.....	1891
Fiala, Harold L.E.	1943
Fieseler, Michael.....	1975-76
Finazzo, Vincent.....	1939
Finch, Gastonia	1956-57
Finch, Gordon	1987-90
Findlay, Palmer	1890
Findley, Thomos	1890
Finney, Otis	1946
Fischer, Gary	1961-63
Fisher, Jerry	1993-94
Flage, David	1934
Flaherty, Andy.....	1988-90
Neil Flattery	2013
Fletcher, Robert	1959
Flood Jr, Elmer	1945
Folwell, John	1926
Forwarld, Charles	1927-29
Foster, James F.....	1972
Fourman, Sam	2013
Fowler, Richard	1952-54
Franke, Walter	1915
Frazier, Carl	1967-69
Frazier, William	1962-65
Freels Jr, Eugene	1946, 1950
Freeman, Ralph	1954
Friedlander, J.M.	1920-21
Friedrich, Kurt.....	1991
Frohwein, George	1961
Frye, DeJuan	2016-18, 2021
Fudge, Arthur	1953-54
Fuller, Levi.....	1891
Fuller Jr., Richard	1978
Furst, Don	1976
Gableman, H.H.	1912
Gajewski, Joe	2005
Gale, Sean.....	1994
Gambol, Chris.....	1984-87

Ganschow, Jared	2014-17
Gardarsson, Daniel	2015-17
Gardner, Clyde	1952, 1954
Garnder, Donald	1961-63
Garland, Dick	1975
Garretson, Herman.....	1915
Gaynes, Daniel.....	2018-19
Geisler, Ian.....	2023
Gentry, Nolden I	1959
Gerard, Matt.....	1993-94
Gershenson, Rich.....	1968-70
Gibbs, Richard	1965-67
Gilchrist, John	1929-30
Gill, Owen	1982-83
Gillette, Charles	1892
Gilliland, F.H.....	1914
Gillum, Julien	2022-23
Goldston, Stephen.....	1964-65
Goodrich, Benjamin.....	1922, 1924
Gordon, Edward L.	1929-31
Gordon, Maurice	1934
Gorman, Matty	2005-06, 2008
Gorsline, Mike	1989-91
Gourley, Jake	2017
Gotthardt, Keith.....	1945-46
Graves, John	1937-39
Green, Al.....	1985-86
Greenlee, Donald	1960-61
Greenwood, Glenn	1918-19
Greer, Victor	1981-84
Gregorio, Anthony	2015
Grelck, Henry	1921
Griffith, Ronald	1966-68
Groom, Seth	2022
Grosser, Ernest	1938
Grubb, Frank.....	1916
Gudgel, Spencer	2021-23
Gunderson, Eric.....	1932
Gunn, Joseph	1928-29
Haack, Peyton.....	2019, 2021
Hager, Matt.....	1989-91
Hagerty, Lorin	1928
Haines, Randall.....	1966-68
Hairston, Adam.....	2007-11
Hall, John W.	1952
Hall, Thomas M.	1947
Hamilton, Adam	2003-07
Hammer, Leroy	1908-10
Hammon, Victor	1893
Hampson, J.A.	1905
Hancock, John	1923-25
Handorf, Everett	1930-32
Hands, Sidney G.....	1903-05
Handy, Elvin	1924-25
Hanley, C.P.	1899-1900
Hanlon, Thomas	1908
Hansell, WW.....	1912

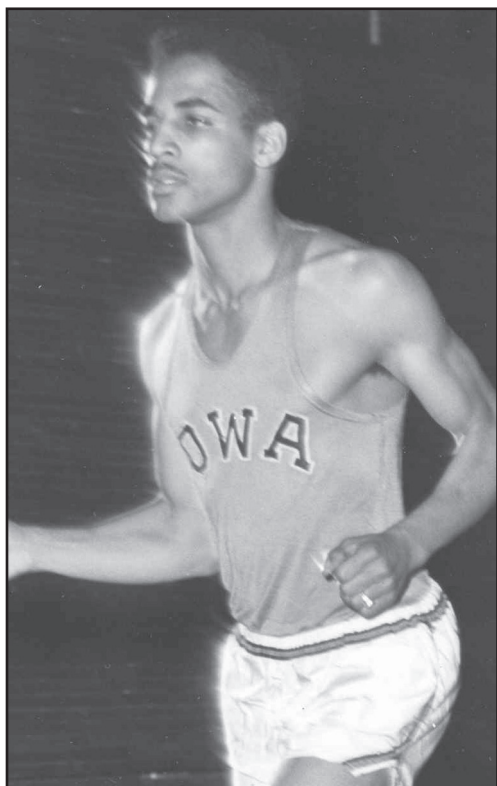
Hansen, Robert H.	1958, 1960
Hansen, William	1975-78
Hanson, Daniel	1960
Hanson, John	1912
Harkness, Merrill.....	1937-39
Harper, Craig T.	1950-51
Harrington, James	2014-16
Harris, Homer E.	1936-37
Harris, Mar'yea.....	2016-19
Hart, James O.	1930
Hart, Michael.....	2014-15
Hartman, Frederick.....	1957
Hartmann, H.W.	1915-16
Hartupee, Harry.....	1910
Hartzler, Jeffrey.....	1974-76, 1978
Hass, Edward	1935
Haugo, Thomas.....	1969
Haut, Dan	2004-06
Hawkins, Reggie	1997
Hawkins, Jordan	2021-22
Hazard, A.M.	1906-08
Hazard, Charles.....	1908
Hazard, P.L.	1910
Healy, Noah	2019, 2022
Heard, Bernard	1989-91
Heck, Thomas G.....	1972
Hempel, Stephen.....	1970-71
Henard Jr, Robert.....	1951-53



Mar'yea Harris was a 14-time All-American and five-time Big Ten Champion for the Hawkeyes from 2016-19. He ran on the school record-setting outdoor 800-meter relay and 1,600-meter relays.



Hendricks, John	1968
Henry, Armando	1975
Henry, Russell	1933-34
Herd, Kevin J.	1990, 1993-94
Hermeier, Raymond.....	1959
Herron, Jeffery.....	2010-12
Hertzberg, Thomas	1960, 1962
Hesseltine, Glen.....	1952, 1954
Hexum, Richard	1970-71, 1973
Hickey, John	2006-09
Hill, Akinshe.....	2017-18
Hill, Jack.....	1958-60
Hill, Joel	1919, 1921



Deacon Jones was a two-time NCAA champion, two-time All-American and seven-time Big Ten champion for the Hawkeyes (1954-58). He won Iowa's first and only individual cross country national title in 1955, becoming the first African-American and sophomore national cross country champion in history. The seven-time Big Ten champion also won the national two-mile track title in 1957. During the 1957 track season, Jones was unbeaten in the college mile and two mile. He set Big Ten indoor and outdoor records in the one and two mile races. He was a two-time Olympian, running the 3,000-meter steeplechase at the 1956 games in Melbourne, Australia, and the 1960 games in Rome. Jones was inducted into the University of Iowa Varsity Club Hall of Fame as a member of the charter class in 1989.

Hill, John V.	1958-60
Hindt, William.....	1915
Hines, Hugh	1957-58
Hlavin, James	1978
Hlavin, Peter	1977-80
Hobbs, Samuel.....	1897-98
Hoerner, Lester	1943, 1947
Hofacker, Collin.....	2017-19
Hoffman, Edgar.....	1920-22
Hoffman, Gary D.....	1974
Hoffman, Jason.....	2021
Holbrook, Frank.....	1896-97
Holliday, Herman	1918
Hollingsworth, Gary.....	1962-64
Holloway, Warren	2003-04
Holmes, Barry.....	1987-88
Holmes, Ethan	2010-13
Holmes, Nick.....	2010, 2012-13
Holtkamp, Mark.....	1995-96
Hoskinson, Calvin	1932-33
Hotz, William	1908
Howell, Lloyd	1899-1900
Hoyt, Lyman.....	1923-24
Hubbard, Clarence.....	1930
Hudek, Scott	1993, 1996
Huff, Daniel.....	2015
Hull, Elmer C.	1900-01
Hull, Gabe	2012-14
Hunn, Leonard.....	1926-28
Hunt, Jay	2018-19
Hunter, John	1944-46
Huntrods, Clint	2005-06
Hutton, Clyde.....	1932
Hutsalyuk, Pavlo	2016
Hyde, Thomas.....	1959-61
Hyland, Mark	1908-10
Ingram, David	1957
Isaacs, Omar	2003-05
Jack, Kaleba	2021, 2023
Jackson III, Harvey	1982
Jackson, Miles.....	1932
Jacobson, Gary	1983-84
Jaeger, Charles.....	1970-72
James, Antwon	2017
James, Noah	2023
Jans, John	1910, 1912
Jatis, Andy.....	2016-18
Jaqua, Franklin.....	1920, 1922
Jeffers, Clyde.....	1904
Jefferson, Khullen	2021-23
Jefferson, Phillip	2022-23
Jennett, Clair.....	1948-50
Jennings, Craig.....	2009
Jensen, Andy	1977-80
Jensen, Chris.....	2004
Jensen, James.....	1973-76
Jensen, Nick.....	2017

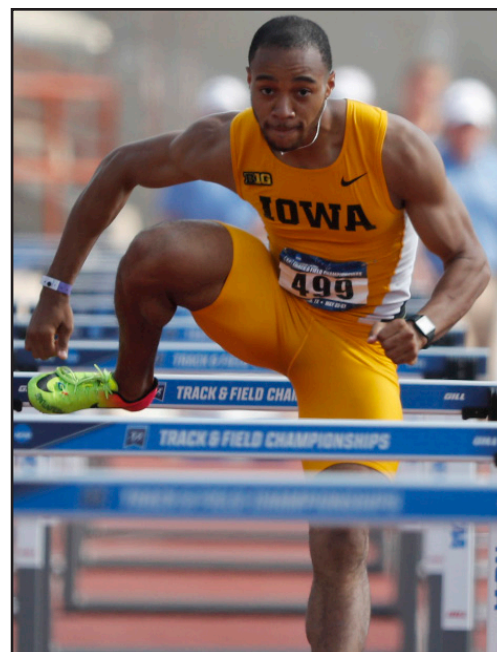
Jerrel, Burton.....	1928
Joens, Doug	1989-91
Joens, Jason.....	1990-91, 1993
Joens, Sam.....	2014-16
Joens, Scott.....	1985-87
Johnson, Craig	1971, 1974
Johnson, Isaiah	1945-46, 1948
Johnson, Jordan.....	2021-23
Johnson, Kalil.....	2022-23
Johnstone, Alexander	1923
Jones, Adam	2017
Jones, Charles	1957-58
Jones, Charlie	1978-81
Jones, Doug	1985-88
Jones, Paul.....	1987-90
Jones, Paul G.	1923-25
Jones, Thomas	1968
Jordan, Ryan	2005-08
Joslyn, A.A.	1911-12
Justin, Raymond	1918-20
Kadlec, Chase.....	2009-10, 2012
Katt, Kale.....	2005-07
Keder, Lloyd	1922-24
Keatinge, Murray	1955-56
Keller II, Clyne.....	1966-67
Keller, Keith.....	1948
Kelley, John	1966-67
Kelly, John	1930
Kelly, Ryan.....	2007-09
Kelso, Tom	1979, 1981
Kemeny, Ken	2001-02, 2004-05
Kent, Jeff.....	2005-07
Kepler, Richard.....	1895-96
Keppler, Karl	1922
Kerr, Roger	1961-63
Kettlewell, Irvin.....	1903
Killinger, Louis.....	1918
King, Aidan	2021, 2023
Kitch, Paul.....	1955-56
Kirkwood, Tyler.....	2017
Kitt, Roland	1967-69
Klewin, Harold	1932
Klindt, Fred	1923-25
Knoedel, Andy	1979-80
Knoedel, William	1973-76
Knutson, Thomas.....	1965-67
Koenig, Cooper	2018-19
Kohl, Alvin.....	1909
Kohl, Dennis R.	1964-66
Kohl, Gerald.....	1924
Kolb, John C.	1963
Koon, Doug.....	1990
Korb, Tom	1981-83
Kostlan, F L	1919-20
Kostrubala, Gary.....	1983-86
Kostrubala, Mark	1989-90
Kouba, Lumir J.	1933



Krakow, Alfred C.	1914
Kramer, Larry	1962-64
Kreamer, Robert	1962-63
Kresley, Austin	2021-23
Kriz, Leo	1923-24
Kruse, Arthur G.	1919-20
Kuczwar, Nick	2010-12
Kuhl, Milton B.	1941-42
Kuhlman, Dan	2009-11
Kuhn, Hayden	2023
Kunkel, Adam	2001
Kunz, Craig	1986
Labond, Curtis	1967-68
Lacy, Mike	1981, 1983-85
Ladick, Gary	1975
Lake, Royd	1974-78
Lamar, David	1982, 1984
Lamb, Laird	1936-38
Lambert, Joe	1922, 1924
Lamparek, Ryan	2009-12
Lansing, Kenneth	1987-89
Lapp, Vernon	1926-28
Larrison, Noah	2016-19
Larney, Josh	2012-13
Larsen, David	1969-70
Latham, Raymond W.	1934-36
Lawrence Jr., Wayne	2019, 2021-22
Lawson, Robert	1975-76
Layne, Michael	1997-99
Leahy, Philip W.	1954-56
Leazer, Richard	1961-62
Leick, Tony	2000, 2002-04
Leonard, Larry	1964-65
Leonard, Harold	1986
Lester, H.S.	1893-95
Leuz, William	1939-40
Levinson, Stanley	1952-54
Lewis, Kal	2021-22
Lewis, Kevin	2012-15
Leytze, Rudolph	1934
Lienau, Tyler	2021-22
Lietz, Austin	2017-19, 2021
Lilly, Carter	2019
Linden, Davis	2005-06
Lindenmeyer, Frederick	1938
Lindenmeyer, John	1936
Linnan, Luke	1916
Lloyd, Ben	2003-04
Loechel, Thomas	1972-73
Long, Rob	2004
Louis, Jonathan	1897-99
Loureiro, Marco	1994, 1996
Luciano, Jesse	2007-10
Lund, Tom	1983
Luthans, Fred	1960-61
Lyle, James	1936-38
Lyle, Ralph	1958

Lyons, Quintin	2021-23
MacTaggart, Eric	2005-06, 2008-09
Mahoney, Edward	1941
Maiden Jr., Sidney	1944
Maier, Shane	2004-08
Maine, Ernest	1896
Mallett, Aaron	2014-17
Mankivsky, Mark	2008-10
Mann, Ray	1926-28
Mann, William	1925
Manternach, Matt	2017-19
Marasco, Frank	1918
Marbach, Mike	2011
Marchese, Brian	2009
Marchi, Bruno G.	1925
Marrota, Mike	1997-98
Marquis, Fred	1926, 28
Marschall, John	1923-25
Marsh, Richard	1973
Marske, Herbert	1959
Martin, Thomas E.	1914-16
Maske, Norman	1963
Massey, Wayne	1930-32
Mather, Anders V.	1913
Mathis, Louis	1951
Mathews, John	1955-57
Mathies, Elgar C.	1931
Matteson, Orval	1936
Matthews, Alvin	1970-73
Mathis, Louis B.	1951
Matteson, Orval	1936
Matthews, Alvin	1970-73
Matthey, Carl	1919-20
Mau, Cecil T.	1926-27
Mau, Charles	1934-35
Mawe, William	1960-62
Maybank, Anthuan	1990-91, 1993
McCalister, William	1977-80
McCammon, John	1929
McClanahan, Richard	1947
McCluskey, Henry L.	1893
McCollister, Edwin	1938-39
McConico, Jaylan	2019, 2021
McCorkle, Brad	1990
McCoy, B.E.	1904
McCoy, Ricky	1982, 1984-85
McCoy, Ronnie	1982-85
McDermott, Eric	2002
McDonald, Elliot	1949
McDonald, John	1958
McDowell, Bruce E.	1918
McDowell, Mike	1977-78
McDowell, Pete	1993-94
McElhiney, Sam	2015
McElhinney, William	1936
McGhee, Patrick	1986, 1988-89
McGilmer, Ben	1966

McIntire, G.S.	1921
McKiver, Jenoah	2022-23
McMahon, Thomas	1905-06
McSkimming, Brandon	2008-09
Meade, Pat	1987, 1989
Means, Mike	1981
Meder, Lloyd	1922-24
Meeks, Gary W.	1957
Meggars, Frank H.	1898
Melchert, Michael	2015-18
Menke, Roger	1966-68
Mercer, Nick	1997
Merkel, John E.	1950
Merkel, Russell	1948-50
Merrell, T. Eugene	1969
Messer, Kenneth	1965
Meyer, Mark C.	1968-69
Meyering, Albert	1951
Meyers, Avery	2014-17
Meyers, C.C.	1907
Meyers, Harry C.	1908
Meyers, Joseph H.	1898
Milani, James G.	1952
Milder, Max	2005-08
Miller, D.G.	1903-04
Miller, Henry G.	1930
Miller, Pat	1983-86
Miller, Robert E.	1907-08
Miller, Erik	2017
Mincy, Tevin-Cee	2011-14
Mitchell, Robert	1928



Aaron Mallett was a seven-time All-American at Iowa from 2014-17. A six time Big Ten Champion, he won three titles in the 110-meter hurdles, two in the 60-meter hurdles and one as part of a 400-meter relay.



Mockmore, Charles	1918-20
Moeller, Cole	2018, 2021
Moeller, Joel D.	1976-78
Moeller, Sean.....	1998-99, 2001-02
Moenck, Heath	2008
Mohr, David	1990-91
Mondane, Michael	1966-68
Moore, Edward M.	1951
Moore, George J.	1945
Moore, Kristopher	2023
Moore, Tom W.	1932-34
Morch, Herbert O.	1953
Morford, J.	1908
Morris, Andre	1995-96
Morris, Andrew	1997-00
Morrissey, Steve	1990-92
Morrow, Harry	1922-24
Mortimore, M.E.	1914
Mortimore, Roy H.	1916
Morton, Raymond A.	1900
Moschella, Mike	1991
Mosley, Dennis E.	1980
Moulton, Graham	1934
Moulton, Jack A.	1928-30
Mullen, James C.	1926



Anthuan Maybank is Iowa's most recent Olympic gold medalist, running on the winning 1,600-meter relay at the 1996 Games in Atlanta. He was a four-time All-American and seven-time Big Ten Champion for the Hawkeyes from 1990-93. Maybank was named Big Ten Athlete of the Year in 1993, and holds school records in the indoor and outdoor long jump.

Mullen, Jordan.....	2010-13
Munson, Harry C.	1923
Murchison, Ira J.	1952
Murphy, Daniel	2018-19
Murphy, Max	2021-23
Myers, F.M.	1910
Mylenek, Nathan	2017-19, 2021
Myler, Melvin W.	1904-05
Napier, Andy	2007-09
Neal, Fred W.	1891-93
Nelson, Carl	1935
Nelson, Donald F.	1935
Nelson, Emerson	1926-28
Nelson, Murray	1980
Nelson, Oscar E.	1930-32
Nelson, Paul H.	1935-36
Nelson, Robert	1936-37
Nelson, Robert E.	1948
Nessa, Luke	2001, 2003
Neuman, Scott	1990
Neumann, Bill	2001-03, 2005
Newell, Greg	1973
Newman, Matt	2010
Nichols, E.C.	1886-88
Nie, Bruce	1990
Nielsen, David W.	1973-75
Niver, Ryan	2006-08
Noff, Bruce O.	1954
Noll, Gerhard B.	1921-23
Nolting, Jason	2004-06
Nordheim, Nick	1998-02
Novotny, David	1993-96
Nugent, Leo C.	1917-18
Nugnis, Walter G.	1932
Oakley, John B.	1956
O'Brien, Willis J.	1910
O'Connor, Pat	1980-82
O'Connor, Nick	2023
O'Hollearn, Matt	2003-06
O'Neil, Kevin B.	1975, 1977
Oehlert, Lewis	1923-24
Oest, Brandon	2010-13
Oestenstad, Kevin	1997-98
Ogwo, Emmanuel	2017
Ohly, Chad	1991, 1993-95
Okerlin, John	1932
Oliver, Ronald	1975-78
Olson, Dustin	2000
Olson, Tyler	2019, 2021-23
Olson, Harry	1959
Olson, Marvin L.	1973, 1976
Orris, William C.	1958-60
Otte, F. Lowell	1924
Oveson, Lynn	1970-72
Owen III, Eugene	1960
Owen, James C.	1935
Oxley, John R.	1948

Page, Bernard A.	1933-35
Page, Floyd	1919
Page, George	1995-97
Paige, Ralph	1918
Palmer, George B.	1953
Palumbo, Richard	1988-91
Panther, Mark A.	1934-36
Pape, Oran	1929
Park, William H.	1891
Parker, Guerdon D.	1920-21
Parker, Louis F.	1916
Parker, Mark	1977
Parsons, Charles L.	1913-15
Parsons, Harry C.	1903-05
Patrick, Jeff	1983
Patterson, Audwin	1991, 1993-94
Paul, James	2008-11
Paul, Joe	1977, 1980
Pedelty, Jay	1969-70
Pelock, Josh	2017
Pendergast, Jack	2021-23
Pennino, Doug	1983-85
Peoples, Daniel	2006-07, 2009
Perry, Lawrence	1955-57
Pershing, Steve	1976-78
Peterman, Lester	1920-22
Peters, Chris	1993-97
Peterson, Donald	1955-56
Peterson, Joseph	1949
Peterson, Russell	2000-02, 2004
Petsche, Jeremy	2006-08
Phelps, Garry L.	1968-69
Phelps, Harold R.	1923-25
Phelps, Lowell D.	1925-27
Phillips, Van L.	1935-36
Pierre, David	2006-07
Pinsker, William A.	1929
Piper, James P.	1964
Piper, Nick J.	1954-56
Pirkel, Jeff	1984-86
Pittman, Jared	1995-96, 1998
Pleskac, Tim	1998-00
Ploen, Rex H.	1946, 48
Pluff, Zack	2021-23
Poots, Justin	1999, 2001-02
Porter, James	1994
Powers Jr., John L.	1916
Prall, Jonathan	1898
Presley, Bruce	1969-71
Prill, Frank	2007-10
Pristine, Leonard	1920-22
Price, Brad	1981
Price, Brook	2015-16
Price, John	1965
Prom, Nathan	2011-14
Prudhon, Wayne M.	1918
Pullman, Norman	1942



Purnell, Mark 1975-77
 Quarles, Brian 1980
 Rae, Brian 2003-06
 Rakaric, Tony 2003-06
 Ralph, Dan 1998-01
 Randolph, Alvin 1964-66
 Rauker, James L. 1961
 Raymond, Jeff 2006-08
 Raymond, Monte 1996-98
 Read, Harold 1923
 Reed, Aaron 2005-08
 Reed, F.C. 1910-11
 Reed, Gratt 2021-23
 Rehder, Dennis 1959-60
 Reichelt, W.L. 1912
 Reid, Kyle 2010, 2012-14
 Reid, Morrison 1972-74
 Reif, William E. 1961-62
 Reimer, Jonathan 1965-67
 Remley, Robert G. 1907-08
 Renshaw, Fred E. 1906-07
 Rerko, Rodney 1994-96
 Reyes, William 1965
 Reynolds, Thomas 2010
 Rice, Harry H. 1925, 1927
 Rich, Edward G. 1921
 Richards, Chadrick 2022-23
 Richards, Gary L. 1962-64
 Richards, Patrick 2009-12
 Richardson, D'Juan 2009-12
 Rickels, Keaton 2010-12
 Rieger, Cameron 2012-13
 Riemcke, CA 1903, 1906-07
 Riley, Prince 2006-07
 Riley, Steve 1979
 Riley, William F. 1905-07
 Ringena, E.J. 1906
 Ristine, Leonard 1920, 1922
 Roberts, Dale A. 1938-39
 Roberts, Fred 1928-30
 Roberts, Jeff 2019, 2021
 Roberts, Orthel 1924-26
 Robinson, Joseph 1973-76
 Robinson, Leonard 1894-95
 Roche, Adam 2004-06
 Rock, J.J. 1914
 Rocker, Sidney 1963-64
 Roehl, Marc 1994
 Roethler, Nolan 2022
 Rolling, Dan 2007-10
 Rorick, E.E. 1908
 Rose, Winston 1993
 Rosebaugh, Arthur 1919
 Roseman, Garry 1990-93
 Rosen, Melvin 1950
 Ross, Charles W. 1902-04
 Rothwell, Eric 2000-01, 2003-04

Rowe, Dewitt 1915
 Rozell, Edward 1995-98
 Russell, Fred 2001
 Ryan, Will 2023
 Rybarczyk, Matt 1990
 Ryerson, Karl E. 1940
 Safley, Thomas E. 1968
 Saling, George J. 1929-30, 1932
 Salter, Robert 1974-75, 1977
 Sametz, Rob 1980
 Sampson, Linwood 1967
 Sampson, Luke 2018
 Sangster, Tom 1948-50
 Sansen, Oliver M. 1931-32
 Santino, William 1976-78
 Sarris, Paul 1997-98, 2001-01
 Saucer, Jr., Vinnie 2015-16
 Sayon, Zeke 2009-11
 Scarr, F.M. 1903
 Schaapveld, Mark 2006-09
 Schimp, Zachary 2009-10
 Schlaser, Verne 1935
 Schlauder, Arthur 1940-42
 Schlotzhauer, Blake 2006
 Schmidt, Christi 1934
 Schmidt, John W. 1937-38
 Schnoor, Carl F. 1940
 Schoof, Steve 1996
 Schreiner, Ryan 2023
 Schum, Robert L. 1970-72
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 Schwengel, Franklin 1953
 Schwitters, Chad 1996-99
 Scott, Gary 1951-53
 Scott, Kelly 1987-88
 Seiling, Fred O. 1921
 Sewell, Pat 1979
 Seymour, Michael 1994
 Shakoor, Damini 1994-96
 Shaver, Leroy G. 1945
 Sheedy, CC 1919
 Sheehan, Daniel 1946
 Sheldon, Jay A. 1973-76
 Sherman, Robert 1962
 Shope, Richard E. 1920, 1922-23
 Shrader, E.G. 1913-15
 Sidney, Earl W. 1961, 1963
 Simons, James D. 1908
 Simpson, Jack S. 1947-50
 Skinner, Eugene 1935-37
 Skowbo, Stuart W. 1930-31
 Slack, Thomas 1976-79
 Slater, Albert L. 1945
 Slater, Frederick 1919-21
 Slaymaker, Kyle 2012-13
 Slingsby, Tim 1989
 Smith, Alex 1998-99

Smith Jr, Ambrose 1945-46
 Smith, Andrew 2011
 Smith, Bob L. 1984-85
 Smith, Caesar 1983-85
 Smith, C.W. 1905
 Smith, Charles E. 1921-23
 Smith, Darrin 1991, 1993
 Smith Jr, Earl H. 1954
 Smith, Floyd 1910
 Smith, J. Ty 1920
 Smith, L.L. 1919
 Smith, Lamar F. 1935
 Smith, Lowell E. 1918-20
 Smith, Sean 2022-23
 Smith, Wardell 1956
 Smith, William L. 1966
 Snook, William H. 1950
 Soltys, Taylor 2015
 Sommer, Karson 2018-19
 Sommer, Konnor 2022-23
 Sorenson, Alfred 1925
 Sorenson, Einer 1925-26
 Sorrells, Tyree 2018-19
 Soto, Daniel 2016, 2018-19, 2021
 Sowinski, Erik 2009-12
 Spejcher, Kevin 2013-16
 Spencer, William 1942
 Splan, Zach 2007-10
 Stamats, Ralph I. 1928-29
 Stancombe, Ben 2010-13
 Stanfield, S.E. 1905
 Stank, Matt 2001
 Stanley, Arthur 1930
 Stanowski, Craig 1980
 Stapleton, Jr., De'Andre 2021-23
 Steele, Paul 1986-89
 Steele, Stetson 1996-97, 1999-00
 Steffen, Mark 1970-72
 Stein, Mike 2023
 Stein, Robert A. 1979
 Steinbeck, Kenneth 1942-43
 Steinberg, Albert 1911-12
 Steussy, William 1970, 1972-73
 Stevens, Jerry L. 1968
 Stevens, Lester 1954-56
 Stevens, Stephen 1974
 Stevenson, W.V. 1928-29
 Steward, Everett 2021-22
 Still, Alec 2019, 2021-22
 Stoner, Harold E. 1918-19
 Storm, Joel 2002, 2004
 Story, Raymond E. 1932
 Strang, Ryan 2003-05
 Streeter, Stanley 1911-13
 Strong, Martin 2022-23
 Stross, Trey 2007-08
 Strozier, D'Juan 1988-89

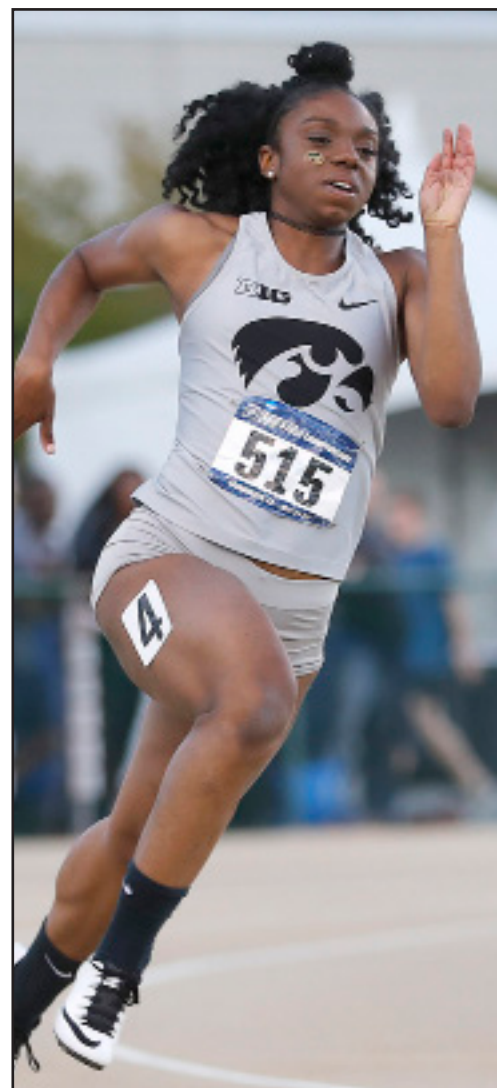


Stubbard, Ira D.....	1913	Van Der Westhuizen, Arno	1999-01	Wilkerson, Edward.....	1942
Stutsman, Issac.....	1908-09	Van Draska, Tysen	2017-19, 2021	Wilkinson, Herbert	1945-46
Sumner, M.L.	1913	Van Dyke, Gardner.....	1955-57	Wilkinson, John	1967
Sundberg, Richard	1969	Van Ness, J. Everett.....	1924	Willer, James F.	1930-31
Swedberg, Rodger	1954	Van Oosterhout, Peter.....	1892	Willet, F.E.....	1905
Swenson, William	1923-24, 1926	Varner, Ray	2007-10	Willey, Steven	2008-11
Swift, CH	1902-04	Ventura, Scott.....	1986	Williams, Anthony	2018-19
Swisher, Michael.....	1973	Ventura, Scott.....	1987-88	Williams, Chris.....	1980-83
Sykes, Leonard L.	1951-52	Vollenweider, Henry	1940-42	Williams, Earl H.	1926
Szabo, Steve.....	1966-67	Voller, Chris.....	2002-05	Williams, Fred A.	1896, 1898-99
Tabb, Charles L.....	1933	Vonahsen, Virgil.....	1951	Williams, Jerry	1960-62
Tate, Tommy	2007, 2009	Waddelow, Dan	1978	Williams, John S.....	1972-73
Taylor, Charles	1917	Wahl, Ernest F.....	1918-19	Williams, Joseph.....	1894
Teberg, Dale.....	1967-68	Wallace, Thomas	1971	Williams, Kenny	1983-86
Tefer, John.....	1970-72	Wallen, Allen	1916, 1919-20	Williams, Ryan	2023
Teubel, Will	2013-16	Walker, Kalen	2022-23	Williams, Samuel	1900-02
Teubel, Nolan.....	2017-19	Walter, Todd	1941	Williamson, Scott.....	2000-02
Teufel, John C.....	1937-39	Wakenight, Jason.....	2004, 2006	Wilmoth, Charles.....	1928
Teufel, William	1937-39	Waples, Eliot O.	1936-37	Wilson, Arlo.....	1910-11
Theisen, Bill	1984-86	Waples, Robert S.	1938	Wilson, Brice.....	2008-09
Thode, Jeff.....	2010-12	Warner, Joseph S.	1898-1900	Wilson, Dennis B.....	1973
Thomas, Adam.....	1999-01, 2003	Warren, John R.	1958-60	Wilson, Eric C.....	1921-23
Thomas, Arthur W.	1929	Warrington, John.....	1931	Wilson Jr, Eric C.	1946, 1948
Thomas, Brian.....	1991	Washington, Richard	1946, 1948	Wilson, James L.	1939-40
Thomas, David.....	1925-27	Wasick, Brett	2023	Wilson, James P.	1955
Thomas, John W.	1961-62	Waters, Danny	1983, 1985-86	Wilson, L.A.....	1899-1901
Thomas, Pat.....	1973	Waymire, Pat	1991	Wilson, Lawrence	1968-70
Thompson, Brendan	2014-17	Webb, Cloyd W.	1961-63	Wilson, O'Shea	2014, 2018
Thompson, Dale C.	1965-66	Webster, Alex.....	2006	Windauer, Bobby.....	2007, 2009
Thompson, Chris.....	2017-19	Weik, John	1948, 1950-51	Wise, Kevin	2001
Thorpe, Walter R.	1945	Weiland, F.H.....	1900, 1902	Wisgerhof, Max V.....	1934-35
Thurston, Larue	1930-32	Weinrich, AF	1903	Witt, Ben.....	2012-15
Tiernan, Stephen	1965	Weir, Ryan.....	2012-13	Wolf, Irvin	1941-42
Todd, Walter C.....	1941	Weldon, LD	1930-31	Wolfe, Daniel A.	1965-67
Trainor, Dan	2002, 2004	Wellington, Rodney	1973-75	Wolff, Mitch.....	2014-17
Traphagen, Stephen.....	2004	Welter, Joe.....	2000-03	Wood, David	1990
Trattner, Nick	2021-23	Wertman, Phil.....	1969-71	Wood, Richard R.....	1958
Trimble, Ralph	1961-63	West, Austin	2021-23	Woody, Drake	2021-23
Triplett, Orle F.	1916	Wheeler, Ted.....	1952-53, 1956	Woodard, Antonio	2018-19
Trott, Emil G.....	1932	Weldon, L.D.	1930-31	Workhoven, Harry	1929
Troughton, Edward	1965	Wellington, Rodney	1973-75	Workman, Robert.....	1942
Trowers, Dion	1995-98	Wertman, Philip.....	1969-71	Wright, George E.	1953
Tucker, James.....	1960-62	Wheeler, Kyle.....	2012	Wright, John	1986
Tullett, Jonathan	1994-95	Wheeler, Ted S.	1952-53, 56	Wyatt, Bernard T.....	1961
Tupper, Richard.....	1949	White, David.....	1990-91	Wyland, Guido.....	1917
Turner, Byron M.....	1929	White, George H.	1956, 1958	Yamini, Bashir	1996-99
Turner, Damion.....	1998	White, Roy A.....	1908	Yual, Yohana	2023
Tuufuli, Reno	2016-19	Whitworth, Rex H.	1944	Yavorsky, G.W.....	1902-03
Tweedy, Josh.....	2003-05	Wickey, Howard.....	1931	Young, D.R.	1918
Tyler, Samuel	1913-14	Wieczorek, Larry.....	1966-68	Young, H.E.	1903-05
Ure, Samuel R.	1892-93	Wiese, Andy	1984-87	Young, James V.	1956-58
Utsinger, Donald A.....	1967-69	Wiggins, Edward.....	1938-39	Young, Nick.....	2010
Valdes, Graham	2008-12	Wigginton, Todd	1984-86	Young, Richard D.	1918
Valentine, Dennis.....	1961	Wilcox, Francis.....	1928, 1930	Youngerman, Wesley.....	1930-32
Vana, Rudolph	1928	Wilcox, Kenneth	1934	Zell, Edward H.....	1922-23
VanCleave, Kaleb	2012-15	Woodard, Antonio	2017, 2021	Zittnan, David D.	1975, 78
VanDenend, Micah	2006-08	Wilfong, Caleb	2013	Zona, Alex.....	2007-10

Abel, Maureen..... 1978-80
 Abel, Sara..... 1981
 Adam, Carol..... 1984
 Adams, Janet..... 1981-84
 Adams, Kristen..... 1986-88
 Adams-Brown, Lacey..... 2001
 Aesoph, Amber..... 2022-23
 Akason, Logan..... 2021-22
 Albert, Janet..... 1984-87
 Alexander, Kineke..... 2005-08
 Alexia, Adrienne..... 2011-15
 Almquist, Heidi..... NA
 Althoff, Martha..... NA
 Ambrose, Suzanne..... 1982-83
 Amenda, Barbara..... 1979
 Andelbradt, Madeline..... 2023
 Anderson, Blair..... 2002
 Anderson, Debra..... NA
 Anderson, Krista..... 2006-08
 Anderson, Lindsey..... 2009
 Andrews, Amy..... 1983
 Andrews, Karen..... 1978-80
 Anton, Christen..... NA
 Arch, Mary..... 2021
 Arco, Taylor..... 2017, 2019
 Arens, Sarah..... 2000-04
 Armstrong, Meghan..... 2005-08
 Avant, Kyara..... 2018
 Bacchus, Caleigh..... 2007-10
 Bain, Robin..... 1985
 Barber, Atalie..... 2001-04
 Bare, Wendy..... 1987
 Barnes, Holly..... 1992-93
 Barroso, Ana..... 2023
 Bauer, Alivia..... 2022-23
 Bebe, Myreanna..... 2021-23
 Beck, Mandy..... 1999-2002
 Bennett, Stephanie..... 1983, 1985
 Benning, Briana..... 1994-97
 Benson, Nicole..... 2013
 Bentler, Catherine..... 1990-92
 Bergman, Julie..... 1985
 Berndt, Danielle..... 2009-12
 Berry, Nicole..... 2022
 Betz, Anne..... NA
 Betz, Michelle..... 1983
 Biermann, Audrey..... 2023
 Billman, Angela..... 1992-93
 Blackstone, Kerri..... 1996-99
 Block, Maddie..... 2022-23
 Blossfeld, Suzanne..... 1978-79
 Blum, Virginia..... NA
 Boatright, Lakeya..... 1998-99
 Boddicker, Bev..... 1978-80
 Boland, Erin..... 1992-95
 Bookin-Nosbisch, Alli..... 2021-23
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Borg, Becki..... 1987-89
 Bote Gonzalez, Marta..... 2015, 2017-18
 Boulter, Rowan..... 2023
 Bouska, Any..... 1989-92
 Bradley, Cheryl..... 1982
 Brandt, Jan..... NA
 Bray, Emily..... NA
 Breen, Kelly..... 2015, 2017
 Brennen, Catherine..... 1981
 Brines, Miya..... 2022-23
 Britt, Nia..... 2017-19, 2021-22
 Brooks, Marta..... 1979-80
 Broomfield, Erica..... 1998
 Brower, Jennifer..... 1989-92
 Brown, Brittany..... 2014-15, 2017-18
 Brown, Leslie..... 1989
 Brown, Nicole..... 1995-97
 Brown, Serena..... 2021
 Bruxvoort, Mariel..... 2021-23
 Burgett, Sarah..... 2004-07
 Burke, Jolly..... 2007-09
 Burnham, Vicki..... 1978
 Burris, Anne..... 1979
 Buss, Talia..... 2017-19
 Butler, Katie..... 1999-2001
 Buysse, Kathy..... 1986
 Bynoe, Stacey-Leigh..... 1996-99
 Calhoun, Brenda..... 1984
 Camarigg, Denise..... 1981
 Campbell, Laura..... NA
 Capista, Jenni..... 2002, 2005
 Carr, Lori..... 1986
 Carty, Amanda..... 2019
 Casey, Joyce..... NA
 Cervin, Judith..... 1980
 Chadwick, Angela..... 1989-92
 Champe, Sheridan..... 2015-18
 Chandler, Heaven..... 2016-17
 Chandler, Mandy..... 2006-07, 2009
 Chapman, Carrie..... 1977-78
 Chapman, Taylor..... 2016-17
 Chapple, Nikki..... 2004-06
 Charles, Nicole..... 2001-03
 Chatterson, Joyce..... 1979
 Christian, Antonise..... 2021
 Cevalleau, Karen..... 1989
 Childs, Kacey..... 1998-2001
 Chow, Sophia..... 2001-03
 Choynacki, Gretchen..... 1983
 Christensen, Mari..... 1983
 Christian, Antonise..... 2018-19
 Clapperton, Gaye..... 1978-79
 Clarke, Megan..... 2007
 Clarke, Coretta..... 1995, 1999
 Claussen, Traci..... 1986-89
 Colbert, Leah..... 2015-18
 Cole, Wynsome..... 1994-98

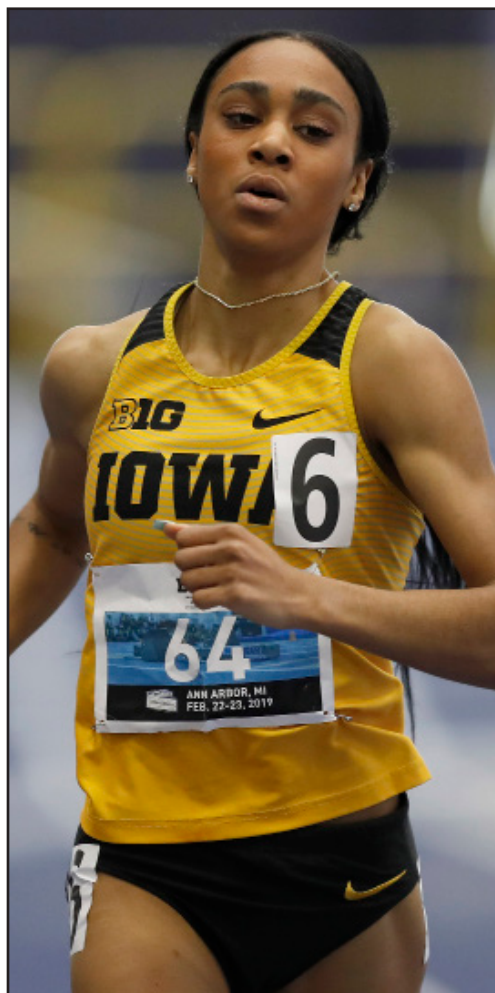
Colegrove, Erica..... NA
 Coleman, Becky..... 1994-97
 Collins, Sydney..... 2017-18
 Combs, Anne..... 1982
 Connelly, Michelle..... 1978
 Cook, Margaret..... NA
 Cooper, Susan..... 1977-78
 Corcoran, Kelly..... NA
 Cortez, Gabby..... 2023
 Costello, Beth..... 1980
 Crossett, Lisa..... 1983-87
 Cullinan, Eve..... 2001-03
 Curry, Rachel..... 2010-14



Brittany Brown was a nine-time All-American in the sprints for the Hawkeyes from 2014-18. The five-time Big Ten Champion won the indoor and outdoor 200-meter conference titles in 2017 and 2018, and anchored the winning 400-meter relay in 2014. She still holds the school records in the indoor and outdoor 200 meters, and as part of the 800-meter relay at Iowa.



Dahl, Tracy.....	1990-94
Damron, Leatha.....	1985
Daniel, Megan.....	1993-94
Dankof, Sarah.....	2002
Darland, Sheila.....	1994-95
Davenport, Chris.....	1981-83
Davis, Diane.....	1983
Davis, Eileen.....	1978-79
Davis, Lynne.....	1983-86
Davis, Stephanie.....	1988
Davis, Vickie.....	1986
Decker, Amber.....	2017
DeGeorge, Kelli.....	2017-19
Deldin, Patricia.....	1982
Deluca, Sarah C. Abel.....	1979-81
Dickerson, Cristy.....	1981-82
Dinkla, Kristi.....	1985-86
Dixon, Pamela.....	1978



Briana Guillory was a six-time All-American in the sprints for Iowa from 2016-19. She won three Big Ten titles and was named 2016 Big Ten Women's Outdoor Freshman of the Year. She still holds outdoor school records in the 400 meters, and as part of the 800-meter and 1,600-meter relays.

Dixon, Tamara.....	2001-02
Dlhy, Brittany.....	2009-12
Doak, Nan.....	1981-85
Dobrowolski, Anne.....	1982-86
Docherty, Beverly.....	1977-80
Docherty, Jennie.....	2006, 2009
Donahue, Carly.....	2018-19
Donlon, Katie.....	2002-05
Dorn, Ali.....	2023
Dowd, Erin.....	2021-22
Doyle, Renee.....	1986-89
Drapcho, Rosemary.....	1978-81
Dresselhaus, Ann.....	1978-80
Drewry, Allison.....	1995-96
Drulis, Julie.....	1997-98
Duax, Holly.....	2023
Duhaney, Dahlia.....	1989
Dunlevy, Jane.....	1977
Dunlop, Amy.....	1977-79
Edison, Alexandria.....	2023
Egan, Bridgette.....	1991-93
Eilers, Brooke.....	2009, 2011-13
Elbert, Jenni.....	2005-06
Emmons, Diane.....	1979-80
Ellis, Cassidy.....	2014-15
Ellis, Katie.....	2008-09
Erickson, Nicole.....	2009-12
Esche, Molly.....	2005-08
Fabian, Cynthia.....	1981-82
Fallon, Fionna.....	2009-10
Farley, Karessa.....	2008-10
Feltes, Teresa.....	1977-78
Fisher, Niki.....	1996
Fishwald, Karen.....	1981
Fitzpatrick, Laney.....	2022
Fleck, Shawn.....	1995-96
Flood, Betsy.....	2009-12
Floyd, Ida "Tina".....	1991-95
Flynn, Anne.....	1982-85
Flynn, Erin.....	1978-82
Fouché, Jessica.....	2003
Franklin, Becca.....	2005-07
Fraser, Melissa.....	1995-97
Freed, Jill.....	1988-89
Freund, Kay.....	1978-81
Friedlander, Laura.....	1985-86
Fritz, Courtney.....	2011-14
Galbraith, Sheila.....	1992-93
Gallery, Julie.....	1998, 2000-02
Gantz, Ellen.....	1997-99
Garmanian, Debbie.....	1977
Gattone, Allison.....	2013-16
Gaupp, Colleen.....	1978-81
Gay, Alexis.....	2017-19
Giampapa, Michelle.....	1986
Gidel, Bryce.....	2023
Gilbaugh, Laura.....	1983

Gilchrist, Alienor.....	1997
Gillespie, Kathy.....	1982-85
Gilson, Jennifer.....	2002
Gnage, Lynn.....	1983
Goettsch, Shelley.....	1988
Gooch, Susan.....	1977
Goodell, Dakotah.....	2013-16
Gordon, Emma.....	2021-23
Gorham, Maria.....	2019, 2021-22
Gorman, Keelin.....	2011-12
Graber, Kim.....	1976-78
Graham, Kara-Aretha.....	2007-10
Granger, Ashley.....	2005-06
Grant, Ellen.....	1994-97
Griffin, Maggie.....	1997-00
Griffin, Sara.....	1986-89
Gripp, Sue.....	1978
Gritters, Stephanie.....	1982-84
Guillory, Briana.....	2016-19
Gulvas, Ashlyn.....	2011-13
Guster, Elexis.....	2014-16
Haefke, Kristen.....	1997-98
Haggerty, Laura.....	1985-86
Haight, Micaela.....	2011
Hall, Maggie.....	1998-99
Hammond, Erika.....	2017-19, 2021
Hamilton, Jana.....	1979-80
Hardesty, Amanda.....	2008-11
Hardesty, Lauren.....	2008-11
Hargrave, Tashee.....	2017-18
Hargrove, LaSarah.....	2021-23
Harris, Natalie.....	2023
Harris, Susan.....	NA
Hart, Kelsey.....	2011, 2013
Harold, Lydia.....	2016
Hassin, Kathryn.....	1977
Hawes, Michelle.....	1984-86
Hawks, Rachel.....	2009
Hawkins, Senta.....	1985-88
Hayden, Jenny.....	1982-83
Healy, Patty.....	1982
Heath, Maureen.....	1977-80
Hedlund, Laurie.....	1977-78
Hendricks, Tiffany.....	2008-11
Henize, Sarah.....	2008
Hensel, Angie.....	2004-05
Hentges, Leah.....	1999-2000
Heppner, Molly.....	1983
Hernandez, Alexis.....	2014, 2016-17
Herra, Lindsay.....	2014-16
Herrmann, Katie.....	2003-04
Hershberger, Jodi.....	1981-83, 1985
Hill, Shelley.....	NA
Hinz, Kara.....	2000-01
Hoback, Katie.....	2002
Hobbs, Yolanda.....	1991-95
Hochhalter, Kayla.....	2015

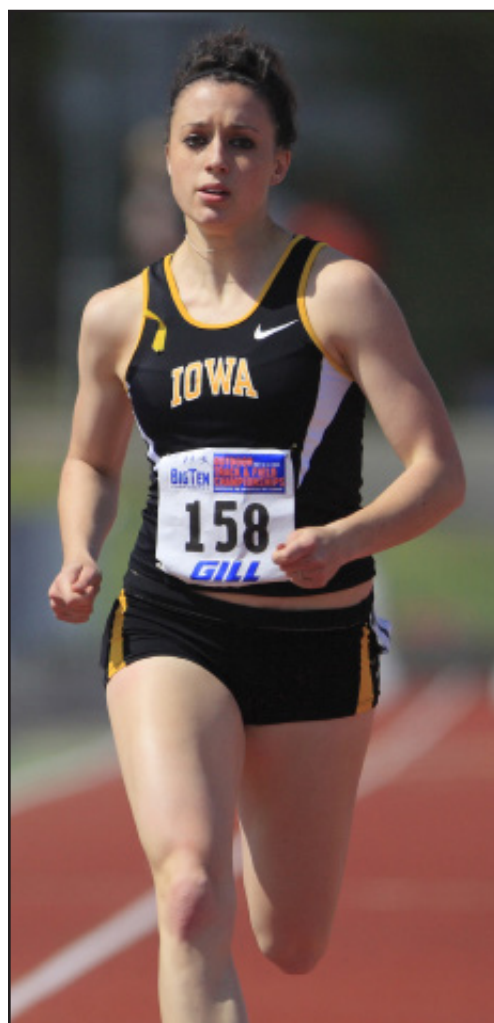
Hoehle, Zanetta	1978-81	Kirgis, Lori	1980	McClure, Michaela	1998
Hoeman, Cari	1998-99	Kleinfelter, Natalie	1993-94	McDermott, Brynley	2023
Holder, MonTayla	2013-16	Knape, Kaitlin	2023	McDonald, Jade	2022
Hollensbe, Julie	2017	Knight, Kristin	2001-03	McDougall, Elizabeth	1989
Holly, Karen	1981-83	Knoblauch, Mary	1981	McDowell, Tina	1991-94
Holmes, Christa	1990-92	Knox, Nancy	1977	McGarrahan, Kimberly	1987-88
Holst, Brittany	2013	Koch, Suzanne	1982-83	McGuire, Margaret	1989
Holst, Mindy	1991-92	Kofron, Jamie	2021-23	McGuire, Michelle	1983
Hornof, Debbie	1981-82	Korczak, Lizzie	2023	McKee, Brooke	2022-23
Hoskins, Tami	1988-92	Kotarba, Christine	2004-05	McKee, Jessica	2022
Hosmer, Rachel	1990-92	Krekeler, Rebecca Ann	1978-79	McKenzie, Vivien	1983-86
Hostetler, Anna	2019	Kreiner, Laura	1989-92	McManus, Maureen	1980
Houmiel, Tami	1988-91	Kruckenber, Jeanne	1987-90	McMillan, Lynn	1986-88
Houtz, Janna	1983-84	Kruck, Kim	1993-95	McRell, Amy	1989-93
Hovorka, Julia	NA	Kruse, Renee	1986-89	Medenwaldt, Tiffany	2010
Howe, Amanda	2019, 2021-22	Kubitz, Christine	1996-97, 1999	Meeuwesen, Ella	2023
Huber, Keely	2002-03	Kull, Carolyn	1978-79	Melander, McKenzie	2009-12
Huggins, Dallyssa	2021	Kull, Marcia	1977-78	Menson, Angela	1982
Hull, Sherri	1983, 1985-87	Kwaza, Lake	2013-16	Merry, Ashley	2005
Hume, Aisha	2001-05	Labs, Kelsey	2011	Mettelmann, Perriann	1979
Hunt, Alexa	2014	Laesch, Jackie	2010, 2012		
Hunter, Jade	2023	Lahann, Michelle	2000-04		
Hutchins, Kayla	2021-23	Lambrecht, Carol	1977-78		
Hyde, Leslie	NA	Laney, Jordan	2004-05, 2007		
Hynes, Mary	1977	Lantrip, Aubrianna	2017-19		
Itson, Jaiden	2023	Larsen, Chloe	2022-23		
Jackson, Jennifer	1983	Larson, Erica	1978		
Jackson, Kathy	1982-83	Laye, Jada	2019		
Jackson, Staci	1989	Layne, Karen	1989-92		
Jacobsen, Julie	1977	Leacock, Carissa	2011-14		
James, Aisha	2003	Lessard, Megan	2010		
Jaspers, Janelle	1986-89	Levang, Margo	1998		
Joens, Angela	NA	Leydens, Connie	1980		
Joens, Sara	1986-89	Linner, Michelle	1979-80		
Johns, Jennifer	NA	Lisy, Jennifer	1992-93		
Johnson, Jeanne	1979	Liverpool, Ashley	2011-12		
Johnson, Jennifer	1991-94	Love, Lia	2022-23		
Johnson, Nichole	1991-93	Lund, Yvonne Irene	1979-80		
Johnson, Tiffany	2004-07	Lundquist, Lisa	1978		
Joiner, Karina	2021	Lynberg, Michele	1977-78		
Jones, Aditya	2005-07	Magee, Paige	2021-23		
Jones, Alana	2015, 17	Maks, Stephanie	1982-84		
Jones, Elaine	1982-85	Marchand, Racheal	2005-09		
Jones, Erin	2011-12	Marconi, Janelle	1987-89		
Jones, Patricia	1989-91	Marks, Tricia	1986-89		
Jones, Peggy	1978	Marshall, Kamesha	2003-05		
Jordan, Mariah	2010	Marshall, Sue	1978		
Kasparbauer, Amy	2001	Martin, Courtney	2014-15		
Kaufman, Dominique	1995	Mashek, Lori	1980-81		
Kaza, Rebecca	1995-99	Maser, Shannon	2014-15		
Kerr, Tammilee	2005-08	Mason, Jacolyn	1984		
Kiciak, Jennifer	1996-97	Matsunaga, Stephanie	1996		
Kilmer, Margaret	NA	Mattingly, Marianne	1978-80		
Kintzel, Denise	1977-78	Maurer, Megan	1995-98		
Kimbro, Jenny	2017-19, 2021	Mayberry, Mytika	2022-23		
King, Mallory	2017-19, 2021-22	McCabe, Grace	2019		
Kiraly, Tricia	1986-89	McCalla, Lindsey	2004-06		



Lexis Guster was a seven-time All-American for the Hawkeyes from 2014-16. The four-time Big Ten Champion won three titles in the 400 meters and one as part of an 1,600-meter relay. She anchored the 1,600-meter relay to an outdoor school record in 2016.



Mikkelsen, Peggy	1980
Millange, Michele	1976-77
Miller, Missy	2010
Miller, Zinnia	2011-14
Millward, Georgia	2001-05
Mims, Kelsey	2009-11
Mims, Monica	2005-08
Mims, Susan	1977-80
Misel, Kara	2018
Mitchell, Elizabeth	1978-79
Moats, Lisa	1986-87
Mol, Mary	1982-85
Molony, Terry	NA
Moody, Kat	2021-223
Moon, Jennifer	2000
Moore, Jackie	1984
Moore, Jennifer	1987-89
Moore, Jennifer S.	1991-93
Moore, Katie	2021-23



Bethany Praska was a two-time All-American and three-time Big Ten champion for Iowa from 2008-11. She still holds school records in the outdoor 800 meters and as part of the sprint medley relay.

Moore, Raven	2010, 2012
Moreno, Susan	1977-79
Morken, Kylie	2018-19
Mueller, Marissa	2018-19, 2021
Mugge, Jill	1978
Mumford, Suzanne	1983-84
Murphy, Amy	1999-00
Murray, Sara	1993
Neighbors, Jill	1983
Nelson, Kaitlyn	2013-16
Nelson, Major Sue	1977-78
Newbrough, Haley	1997
Newhouse, Carolyn	2014-16
Newman, Ronda	1977
Nukuri, Diane	2007-08
O'Brien, Penny	1981, 1983-85
O'Hern, Erin	2005-06, 2008
Oladele-Ajose, Tayo	2013-14
O'Leary, Jeann	1976-79
O'Neil, Erin	1981-82
Orr, Davera	1984-87
Otii, Helen	1993
Owens, Maria	1999
Pare, Anne	1996
Parker, Judy	1981-82
Parmiter, Catherine	2000
Parsons, Jodi	1991-94
Paterno, Janey	1977
Pattison, Julia	2023
Pauling, Kiersten	1994-96
Pearson, Laura	2005
Pedersen, Tiff	2002-05
Perkins, Tiffany	2002
Perry, Nylah	2021-23
Perry, Sarah Spencer	2009
Petersen, Katie	2021, 2023
Peterson, Jodi	1989-93
Peth, Maria	NA
Philip, Maria	1996
Pisha, Stephanie	1978
Pitcher, Clare	2021-23
Placzek, Lena	2011
Plock, Sarah	2018
Poncè, Sophia	2007-10
Poole, Marlene	1991, 1993-95
Powell, Beverly	1988-89
Powers, Mary	1983
Praska, Bethany	2008-11
Prendergast, Colleen	1997-99, 2001
Prescott, Elyse	2021
Price, Rachel	2013-14
Providence, Jiselle	2001-03
Quigley, Kristina	1999-2000
Quinn, Kelsey	2012
Radakovich, Bobby	1992-94
Raheem, Ruqayya	1996-99
Ranegar, Megan	2010-13

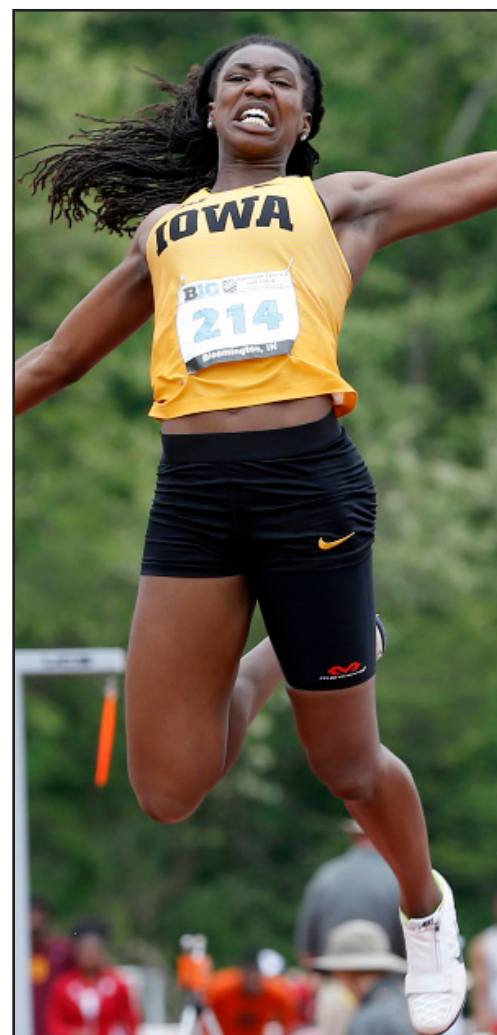
Rathe, Ellie	2023
Redfern, Alana	2002-03
Redies, Shelly	1984-86
Reid, Tanja	1994-95
Rehn, Katherin	2011
Reischmann, Anne	2015
Renning, Shani	1990, 1992-94
Renquist, Wren	2022
Reynolds, Roxanne	1988
Richardson, Eavion	2021
Richardson, Holly	1977
Rickertsen, Ellie	2023
Riedl, Carrie	1978
Rimpson, Michelle	1986
Roach, Ianna	2021-23
Roach, Peaches	2004-07
Roberts, Ericka	2000-03
Roberts, Rachelle	1987-89
Roberts, Tesa	2021-23
Roberts-Lewis, Jaylann	2016-18
Robinson, De'Anna	2023
Roeder, Hannah	2008-11
Roehl, Becky	1994-97
Romic, Kimberly	1987-88
Rouw, Madison	2014-16
Rozycki, Laurie	1996
Ruden, Lindsey	1994
Ruen, Paula	1996-99
Ruffcorn, Ann	1999-2000
Russo, Diane	1979-82
Ryan, Sarah	2012-14
Ryken, Karen	1977
Ryon, Abby	2023
Salazar, Nina	1986-88
Salsberry, Christine	1991-93
Sas, Kathryn	1983
Sasseen, Dee	1986
Sasseen, D'an	NA
Sather, Mari	1983
Saunders, Tia	2017-19, 2021
Scheibel, Jill	1996-99
Schilb, Hannah	2017-19
Schlueter, Janna	1983-84
Schmidt, Jessica	2005-08
Schmidt, Kristi	2000
Schneckloth, Kim	1987-89
Schneider, Ann	1980
Schoborg, Mickey	1984-86
Schoonover, Jennifer	1994
Schott, Megan	2019
Schrulle, Mareike	2013
Scott, Lauren	2013
Sears, Laura	1984-87
See, Maribeth	1983-86
Selsor, Kristin	1982-85
Shannon, Gina	1998-2001
Sharpe, Sommer	2018



Shine, Anrea	2018-19
Shearer, Anna	1999
Sheeley, Erin	2005
Sheetz, Terri	1977
Simmons, Tria	2016-19
Simon, Clara	1981
Simonson, Hannah	2011-12
Simpson, Alycia	1986-89
Simpson, Jasmine	2011-14
Sims, Sharon	1977-78
Sindt, Jordyn	2014-17
Slocum, Wendy	NA
Smith, Annemie	2012-15
Smith, Gail	1982-85
Smith, Amy	2017-18
Snow, Kathy	1986-87
Snow, Shari	1981
Sokol, Michelle	2002-03, 2005
Soldan, Terri	1981-83
Spangler, Jenni	1982, 1984-86
Spanoudakis, Konstadina	2018-19
Sparks, Staci	1993-94
Spinks, Natalie	1983
Sproles, Lakesha	1996-98
Stahle, Amanda	2011-14
Stanford, Kimberly	2008
Stanley, Shannon	2004-07
Stec, Tina	1991-94
Steelhammer, Jill	1977-78
Steffen, Sarah	2000-03
Steinhart, Diane	1979-82
Steinhart, Laurie	1981
Stiffend, Latoya	2002-03, 2005
Stippel, Lori	1979
Stormo, Kay	1979-82
Strand, Jessie	2002-04
Strauss, Sam	2023
Strobel, Belina	1981
Strohman, Cortney	2021
Strub, Charlotte	1977
Strueland, Kelsey	2010
Sullivan, Traci	1986-89
Suppelsa, Sherri	1984-88
Swaim, Mandy	1997-98
Swanson, Addie	2018-19
Swartzrock, Diane	1978-80
Taylor, Barbara	1977
Taylor, Davera	1984-87
Taylor, Denise	1990, 1992-94
Taylor, Kelsey	2011
Tausaga, Laulauga	2017-19, 2021
Teague, Kimberly	NA
Tenpas, Aleah	2023
Tessmer, Nancy	1989-92
Thomas, Jahisha	2015-18
Thompson, Becca	2000-03
Thurber, Anne	NA

Tillman, Catherine	NA
Tobias, Tionna	2021-23
Todd, Jocelyn	2013, 2015
Todd, Stephanie	1977-80
Tosic, Kelli	2021-23
Tremmel, Laura	1983
Tripp, Shawna	1990-92
Trost, Katharina	2014-15
Truedson, Katie	2010, 2013
Trusty, Rhonda-Kaye	2007-10
Tully, Penny	1981-84
Tutson, Majesty	2010-12
Twedt, Ellie	2023
Tweto, Marjorie	1996
Tyson, Adrienne	1998
Underwood, Tara	1995-98
Uryki, Gillian	2017-19
Van Der Hart, Sheri	1990-93
Vandersteen, Laura	1983
Vandervoort, Martha	1991-94
VanSteenwyk, Lisa	1989-93
Vaughan, Jennifer	1983
Vesely, Trisha	1988-89
Villhauer, Holly	1976-78
Vinton, Kimberly	1992-93
Vitense, Mandi	1997-99
VonMuenster, Shannon	2002
Voss, Jamie	1992-93
Wahrman, Allison	2017-19, 2021
Watters, Kristen	1986-89
Watts, Mahnee	2014-17
Waymire, Madison	2016-18
Weber, Zanette	1981
Weiland, Melissa	1987-88
Weismantle, Kirsten	2010-13
Welch, Kylie	2018, 2021
Welker, Lindsay	2019, 2021
Wensel, Payton	2019, 2021-22
West, Shelby	2018
Westhoff, Sherry	NA
Weum, Aly	2018-19, 2021
Wheeler, Mary	NA
Whelchel, Christie	1980-83
White, Renee	2006-09
Wiese, Suzanne	1983-84
Wilberding, Tess	2014-17
Wight, Jena	1983
Wiley, Sadie	1992-93
Wilkinson, Ashley	2011-12
Williams, Julie	1979-81
Williams, Khanishah	2012-16
Williams, Shellene	2003-04
Williams, Wisdom	2023
Wilson, Beth	1989
Winger, Sydney	2019, 2021
Winjum, Kristin	1982-85
Winn, Nicole	1992-93

Winter, Catherine	1990-92
Winter, Ester	NA
Wodek, Janet	1984-87
Woodard, Christann	1979
Wymore, Sue	1978
Wynter, Kaydene	1996
Young, Deborah	1981-83



Jahisha Thomas was a five-time All-American in the jumps for the Hawkeyes from 2015-18. She swept the long jump and triple jump at the 2018 Big Ten Indoor and Outdoor Championships. She still holds the school records in the triple jump (both indoor and outdoor) and the indoor long jump.



Men's 2023 Team Roster

Name	Yr.	Hometown (Last School)
Brayden Burnett	So.	Cedar Falls, Iowa (Cedar Falls HS)
Ian Geisler	Jr.	Lake in the Hills, Ill. (Huntley HS)
Nate Harbert	So.	Highlands Ranch, Colo. (Mountain Vista HS)
Carson Houg	So.	Urbandale, Iowa (Des Moines Christian HS)
Aidan King	Sr.	St. Charles, Ill. (East HS)
Luke Knepp	Fr.	Bettendorf, Iowa (Pleasant Valley HS)
Hayden Kuhn	So.	Marion, Iowa (Linn-Mar HS)
Flynn Milligan	Fr.	West Des Moines, Iowa (Dowling Catholic HS)
Max Murphy	Sr.	Bettendorf, Iowa (Pleasant Valley HS)
Eli Naumann	So.	Peosta, Iowa (Western Dubuque HS)
Jack Pendergast	Sr.	Cedar Rapids, Iowa (Prairie HS)
Will Ryan	So.	Waukee, Iowa (Dowling Catholic HS)
Miles Sheppard	So.	Keokuk, Iowa (Warsaw, Ill. HS)
Miles Wilson	Fr.	Cedar Rapids, Iowa (Kennedy HS)
Yohana Yual	Jr.	Des Moines, Iowa (Johnston HS)

Women's 2023 Team Roster

Name	Yr.	Hometown (Last School)
Amber Aesoph	Sr.	Sioux City, Iowa (Bishop Heelan Catholic HS)
Jalyssa Blazek	So.	Lawler, Iowa (Turkey Valley HS)
Alli Bookin-Nobisch	Sr.	Ottumwa, Iowa (Ottumwa HS)
Grace Bookin-Nobisch	Sr.	Ottumwa, Iowa (Ottumwa HS)
Rowan Boulter	So.	Iowa City, Iowa (City HS)
Gabby Cortez	So.	Cedar Rapids, Iowa (Prairie HS)
Claire Edmondson	Sr.	Dubuque, Iowa (Senior HS)
Bryce Gidel	Sr.	Humoldt, Iowa (Humboldt HS)
Cameron Kalaway	Fr.	Mount Prospect, Ill. (Prospect HS)
Clare Kelly	Fr.	Van Meter, Iowa (Van Meter HS)
Kaitlin Knappe	Jr.	Tecumseh, Mich. (Tecumseh HS)
Brooke McKee	Sr.	Johnston, Iowa (Johnston HS)
Lauren McMahon	Jr.	Ankeny, Iowa (Ankeny HS)
Katie Moore	Sr.	Olathe, Kan. (St. James Academy)
Clare Pitcher	Sr.	Franklin, Wis. (Franklin HS)
Ellie Rathe	So.	La Porte City, Iowa (Union HS)
Ava Rush	Fr.	Atlantic, Iowa (Atlantic HS)
Abby Ryon	Sr.	Mt. Pleasant, Iowa (Mt. Pleasant HS)
Miriam Sandeen	Jr.	Eden Prairie, Minn. (Eden Prairie HS)
Lilian Schmidt	Jr.	Dubuque, Iowa (Senior HS)
Audra Soderlind	Fr.	Oswego, Ill. (Oswego HS)
Aleah Tenpas	So.	Johnston, Iowa (Johnson HS)
Kelli Tosic	Sr.	Grayslake, Ill. (North HS)
Ellie Twedt	Sr.	Elkhart, Iowa (Ballard HS)

Coaching & Staff Information

Cross Country Head Coach (Yrs. at Iowa) Randy Hasenbank (7th)
 Alma Mater Wichita State
 Email Address randy-hasenbank@uiowa.edu

Men's Cross Country Team Quick Facts

2022 Big Ten Championship Finish (Pts.): 7th (225)
 2022 NCAA Regional Finish (Pts.): 17th (454)
 NCAA Qualifiers Returning/Lost 0/0
 All-Region Returning/Lost: 0/0

Men's Cross Country Historical Quick Facts

Highest Big Ten Championships Team Place (Yrs.): 1st (1961, 1966)
 Highest NCAA Regional Team Place (Pts., Yr.): 1st (79, 2002)
 Highest NCAA Championships Team Place (Yr.): 2nd (1955)
 NCAA Champions: 1 - Deacon Jones, 1955
 All-Americans: 5 student-athletes, 7 honors
 NCAA Regional Champions: 1 - Micah VanDenend, 2006
 All-Region Honorees: 22 student-athletes, 44 honors
 Big Ten Champions: 6 student-athletes, 9 titles
 All-Big Ten Honorees: 9 student-athletes, 12 honors
 Academic All-Big Ten Honorees: 65 student-athletes, 153 honors

Women's Cross Country Team Quick Facts

2022 Big Ten Championship Finish (Pts.): 12th (402)
 2022 NCAA Regional Finish (Pts.): 14th (403)
 NCAA Qualifiers Returning/Lost 0/0
 All-Region Returning/Lost: 0/0

Women's Cross Country Historical Quick Facts

Highest Big Ten Championships Team Place (Pts., Yr.): 1st (74, 1982)
 Highest NCAA Regional Team Place (Pts., Yr.): 3rd (118, 2006)
 Highest NCAA Championships Team Place (Yr.): 3rd (111, 2007)
 Highest NCAA District Champ's Team Place (Yr.): 2nd (1986, 1991)
 Highest NCAA Championships Team Place (Pts., Yr.): 8th (249, 1982)
 All-Americans: 11 student-athletes, 14 honors
 NCAA Regional Champions: 2 student-athletes, 3 honors
 All-Region Honorees: 14 student-athletes, 19 honors
 Big Ten Champions: 2 - Tracy Dahl, 1992; Diane Nukuri, 2007
 All-Big Ten Honorees: 14 student-athletes, 19 honors
 Academic All-Big Ten Honorees: 127 student-athletes, 251 honors



Men's Season Bests

Athlete	6,000 Meters	8,000 Meters	10,000 Meters
Brayden Burnett	18:33.1	25:39.6	32:27.0
Ian Geisler	18:17.6	25:22.1	32:51.4
Nathan Harbert	18:43.8	25:31.5	-----
Carson Houg	18:46.9	26:57.5	-----
Aidan King	18:35.2	25:18.0	32:14.3
Luke Knepp	18:33.7	25:25.0	-----
Hayden Kuhn	18:05.4	25:02.9	-----
Flynn Milligan	18:40.0	26:00.4	-----
Max Murphy	17:57.3	-----	30:13.9
Eli Naumann	-----	-----	-----
Jack Pendergast	-----	25:04.4	32:24.0
Will Ryan	18:17.4	25:20.5	32:53.7
Miles Sheppard	18:07.4	24:38.3	-----
Miles Wilson	18:21.1	25:20.6	33:11.4
Yohana Yual	18:54.2	26:13.9	-----

Women's Season Bests

Athlete	4,000 Meters	5,000 Meters	6,000 Meters
Amber Aesoph	14:19.3	17:59.4	21:49.3
Jalyssa Blazek	14:34.6	17:56.2	22:25.8
Alli Bookin-Nosbisch	-----	18:01.4	22:00.7
Grace Bookin-Nosbisch	14:41.2	18:04.2	-----
Rowan Boulter	14:58.5	20:02.4	22:54.0
Gabby Cortez	15:42.8	-----	-----
Bryce Gidel	15:42.8	-----	-----
Cameron Kalaway	14:42.8	18:23.4	22:26.3
Clare Kelly	14:40.0	18:53.1	22:41.0
Kaitlin Knappe	-----	-----	24:17.3
Brooke McKee	14:35.5	18:31.1	22:51.3
Lauren McMahon	15:36.2	-----	24:25.1
Katie Moore	14:57.3	-----	23:06.1
Clare Pitcher	16:16.1	-----	25:12.6
Ellie Rathe	15:08.5	20:24.9	-----
Ava Rush	15:40.5	-----	25:29.3
Abby Ryon	14:45.6	18:10.6	22:07.4
Audra Soderlind	14:52.9	20:06.9	23:37.6
Aleah Tenpas	14:36.0	18:06.3	22:46.6
Kelli Tosic	-----	18:48.4	22:22.3
Ellie Twedt	15:12.0	20:26.7	22:55.9



Hawkeye Invite

September 1 - Iowa City, Iowa
6,000 meters - 1st/5 teams - 17 points

Individual Results

Place	Name	Time
1.	Max Murphy	17:57.3*
2.	Hayden Kuhn	18:05.4
3.	Miles Sheppard	18:07.4
5.	Will Ryan	18:17.4
6.	Ian Geisler	18:17.6
8.	Miles Wilson	18:21.1
13.	Brayden Burnett	18:33.1
14.	Luke Knepp	18:33.7
15.	Aidan King	18:35.2
19.	Flynn Milligan	18:40.0
20.	Nate Harbert	18:43.8
21.	Carson Houg	18:46.9
24.	Yohana Yual	18:54.2

Badger Classic

September 9 - Madison, Wis.
8,000 meters - 5th/6 teams - 98 points

Individual Results

Place	Name	Time
9.	Miles Sheppard	24:38.3
17.	Hayden Kuhn	25:02.5
21.	Jack Pendergast	25:10.1
25.	Will Ryan	25:20.5
26.	Miles Wilson	25:20.6
34.	Brayden Burnett	25:39.6
37.	Ian Geisler	25:45.0
42.	Flynn Milligan	26:00.4
43.	Luke Knepp	26:02.1
51.	Aidan King	26:20.7
53.	Nate Harbert	26:38.4

Joe Piane Invite

September 29 - South Bend, Ind.
Five-Mile - 17th/18 teams - 400 points

Individual Results

Place	Name	Time
20.	Max Murphy	23:56.4
89.	Miles Sheppard	24:55.6
95.	Jack Pendergast	25:00.8
99.	Miles Wilson	25:04.2
111.	Brayden Burnett	25:17.0
117.	Aidan King	25:22.0
118.	Will Ryan	25:22.8
126.	Carson Houg	25:33.2
127.	Ian Geisler	25:34.8

Open Results

39.	Nate Harbert	26:16.4
40.	Luke Knepp	26:17.4
44.	Yohana Yual	26:32.2

Bradley Pink Classic

October 13 - Peoria, Ill.
8,000 meters - 11th/29 teams - 340 points

Individual Results

Place	Name	Time
41.	Jack Pendergast	25:04.4
60.	Aidan King	25:18.0
67.	Ian Geisler	25:22.1
82.	Miles Wilson	25:28.9
87.	Will Ryan	25:33.0
89.	Miles Sheppard	25:36.2
105.	Brayden Burnett	25:46.3
190.	Carson Houg	26:57.5

Open Results

5.	Luke Knepp	25:25.0
8.	Nate Harbert	25:31.5
32.	Yohana Yual	26:13.9

Big Ten Championships

October 27 - Madison, Wis.
8,000 meters - 10th/12 teams - 258 points

Team Results

Place	Team	Points
1.	Wisconsin	19
2.	Michigan	63
3.	Michigan State	86
4.	Purdue	115
5.	Illinois	133
6.	Penn State	166
7.	Ohio State	200
8.	Indiana	207
9.	Minnesota	246
10.	Iowa	258
11.	Rutgers	333
12.	Nebraska	351

Individual Results

Place	Name	Time
34.	Max Murphy	25:21.3
61.	Jack Pendergast	26:01.1
65.	Brayden Burnett	26:03.7
70.	Ian Geisler	26:09.8
72.	Will Ryan	26:11.3
73.	Aidan King	26:12.7
80.	Luke Knepp	26:24.3
85.	Miles Wilson	26:29.1
101.	Carson Houg	26:49.8
115.	Yohana Yual	27:12.0
121.	Nate Harbert	27:43.9

NCAA Midwest Regional

November 10 - Stillwater, Okla.
10,000 Meters - 12th/28 teams - 368 points

Team Results

Place	Team (Top 10 Plus Iowa)	Points
1.	Oklahoma State	19
2.	Iowa State	56
3.	Tulsa	131
4.	Loyola (Chicago)	131
5.	South Dakota State	196
6.	Illinois	205
7.	Drake	250
8.	Bradley	320
9.	Kansas	322
10.	Wichita State	340
12.	Iowa	368

Individual Results

Place	Athlete	Time
9.	Max Murphy	30:27.6
74.	Aidan King	32:14.3
82.	Jack Pendergast	32:24.0
89.	Brayden Burnett	32:27.0
115.	Ian Geisler	32:51.4
120.	Will Ryan	32:53.7
140.	Miles Wilson	33:11.4

NCAA Championships

November 18 - Charlottesville, Va.
10,000 Meters

Individual Results

Place	Athlete	Time
69.	Max Murphy	30:13.9



Hawkeye Invitational

September 1 - Iowa City, Iowa

4,000 meters - 2nd/4 teams - 37 points

Individual Results

Place	Name	Time
3.	Amber Aesoph	14:19.3
7.	Jalyssa Blazek	14:34.6
8.	Brooke McKee	14:35.5
9.	Aleah Tenpas	14:36.0
10.	Clare Kelly	14:40.0
11.	Grace Bookin-Nosbisch	14:41.2
13.	Cameron Kalaway	14:42.8
14.	Abby Ryon	14:45.6
18.	Audra Soderlind	14:52.9
21.	Katie Moore	14:57.3
22.	Rowan Boulter	14:58.5
26.	Ellie Rathe	15:08.5
28.	Ellie Twedt	15:12.0
35.	Lauren McMahan	15:36.2
36.	Ava Rush	15:40.5
37.	Gabby Cortez	15:42.8
38.	Bryce Gidel	15:45.6
44.	Clare Pitcher	16:16.1

Badger Classic

September 9 - Madison, Wis

5,000 meters - 6th/7 teams - 164 points

Individual Results

Place	Name	Time
35.	Amber Aesoph	19:09.3
45.	Jalyssa Blazek	19:31.1
46.	Aleah Tenpas	19:32.3
52.	Clare Kelly	19:40.2
60.	Brooke McKee	19:49.2
63.	Abby Ryon	19:54.2
66.	Rowan Boulter	20:02.4
68.	Audra Soderlind	20:06.9
69.	Cameron Kalaway	20:14.0
71.	Ellie Rathe	20:24.9
72.	Ellie Twedt	20:26.7

Redbird Invite

September 15 - Normal, Ill.

6,000 meters

Individual Results

Place	Name	Time
19.	Alli Bookin-Nosbisch	22:41.8
77.	Clare Pitcher	25:12.6
80.	Ava Rush	25:29.3

Joe Piane Invite

September 29 - South Bend, Ind.

6,000 meters - 15th/17 teams - 381 points

Individual Results

Place	Name	Time
70.	Jalyssa Blazek	17:56.2
73.	Amber Aesoph	17:59.4
77.	Alli Bookin-Nosbisch	18:01.4
83.	Grace Bookin-Nosbisch	18:04.2
89.	Aleah Tenpas	18:06.3
97.	Abby Ryon	18:10.6
113.	Brooke McKee	18:31.1
120.	Clare Kelly	18:53.1

Open Results

28.	Cameron Kalaway	18:23.4
33.	Audra Soderlind	18:38.7
39.	Kelli Tosic	18:48.4
84.	Rowan Boulter	20:20.4

Bradley Pink Classic

October 13 - Peoria, Ill.

6,000 meters - 11th/32 teams - 306 points

Individual Results

Place	Name	Time
30.	Amber Aesoph	21:49.3
43.	Alli Bookin-Nosbisch	22:00.7
53.	Abby Ryon	22:07.4
75.	Cameron Kalaway	22:26.3
118.	Brooke McKee	22:51.3
128.	Aleah Tenpas	22:55.8
184.	Audra Soderlind	23:37.9

Open Results

6.	Kelli Tosic	22:36.4
7.	Clare Kelly	22:41.0
13.	Rowan Boulter	22:54.0
14.	Ellie Twedt	22:55.9
20.	Katie Moore	23:06.1
58.	Kaitlin Knappe	24:17.3
62.	Lauren McMahan	24:25.1

Big Ten Championships

October 27 - Madison, Wis.

6,000 meters - 14th/14 teams - 355 points

Team Results

Place	Team	Points
1.	Michigan State	46
2.	Wisconsin	81
3.	Michigan	102
4.	Penn State	136
5.	Ohio State	154
6.	Northwestern	156
7.	Nebraska	193

8.	Illinois	201
9.	Minnesota	252
10.	Maryland	278
11.	Indiana	286
12.	Purdue	290
13.	Rutgers	307
14.	Iowa	355

Individual Results

Place	Name	Time
68.	Abby Ryon	22:49.3
72.	Amber Aesoph	22:52.7
80.	Jalyssa Blazek	22:57.6
89.	Alli Bookin-Nosbisch	23:10.4
104.	Aleah Tenpas	23:33.1
108.	Grace Bookin-Nosbisch	23:42.2
111.	Rowan Boulter	23:46.3
116.	Cameron Kalaway	23:52.6
118.	Kelli Tosic	23:53.0
132.	Ellie Twedt	24:08.6
140.	Brooke McKee	24:27.8
148.	Audra Soderlind	25:00.9

NCAA Midwest Regional

November 10 - Stillwater, Okla.

6,000 Meters - 19th/32 teams - 495 points

Team Results

Place	Team (Top 10 Plus Iowa)	Points
1.	Oklahoma State	30
2.	Iowa State	75
3.	Northwestern	155
4.	Minnesota	184
5.	Kansas State	241
6.	Bradley	265
7.	Nebraska	267
8.	South Dakota	289
9.	Loyola (Chicago)	289
10.	Illinois	302
19.	Iowa	495

Individual Results

Place	Athlete	Time
61.	Amber Aesoph	21:54.6
97.	Kelli Tosic	22:22.3
101.	Jalyssa Blazek	22:25.8
110.	Abby Ryon	22:31.7
126.	Aleah Tenpas	22:46.6
167.	Rowan Boulter	23:28.6
182.	Cameron Kalaway	23:49.8



Men's Top 10 All-Time Best Performers

6,000 Meters

1. **Max Murphy** 17:57 **2023 Hawkeye Invite**
2. **Hayden Kuhn** 18:05 **2023 Hawkeye Invite**
3. **Miles Sheppard** 18:07 **2023 Hawkeye Invite**
4. Ian Eklin 18:10 2017 Hawkeye Invite
5. Michael Melchert 18:12 2016 Hawkeye Invite
6. Nathan Mylenek 18:16 2019 Hawkeye Invite
7. **Will Ryan** 18:17 **2023 Hawkeye Invite**
Ian Geisler 18:17 **2023 Hawkeye Invite**
9. Eric MacTaggart 18:18 2005 Hawkeye Invite
- Nick Trattner 18:18 2022 Big Ten Preview

8,000 Meters

1. Jesse Luciano 23:01 at 2008 Auburn Invite
2. Micah VanDenend 23:39 at 2006 Pre-Nationals
3. Eric MacTaggart 23:24 at 2008 Auburn Invite
4. Jeff Thode 23:27 at 2010 Bradley Classic
5. Sam Bailin 23:36 at 2008 Auburn Invite
6. Max Murphy 23:44 at 2022 Gans Creek Classic
7. Tommy Tate 23:46 at 2008 Auburn Invite
8. Mark Battista 23:48 at 2008 Auburn Invite
9. Kevin Lewis 23:52 at 2014 Big Ten Champs
10. Nathan Mylenek 23:53 at 2019 Pre-Nationals

10,000 Meters

1. Nathan Mylenek 29:53 at 2017 NCAA Regional
2. Jeff Thode 29:55 at 2010 NCAA Regional
3. Daniel Soto 30:04 at 2017 NCAA Regional
4. Matt Esche 30:10 at 2002 NCAA Regional
5. **Max Murphy** 30:13 at **2023 NCAA Champs**
6. Jesse Luciano 30:17 at 2008 NCAA Champs
7. Micah VanDenend 30:26 at 2002 NCAA Regional
8. Kevin Herd 30:28 1993
9. Joe Welter 30:28 at 2002 NCAA Regional
10. Brandon Cooley 30:29 at 2017 NCAA Regional

Ashton Cross Country Course Records

Women's 3,000 Meters

Diane Nukuri, Iowa - Hawkeye Open - 9/9/06 9:47

Women's 4,000 Meters

Diane Nukuri, Iowa - Hawkeye Open - 9/15/07 13:14

Women's 6,000 Meters

Leah O'Connor, Michigan St. - Big Ten Champ's - 11/2/14 19:26

Men's 6,000 Meters

Festus Lagat, Iowa State - Hawkeye Invitational - 9/1/17 17:49

Men's 8,000 Meters

Malachy Schrobilgen, Wisconsin - Big Ten Champ's - 11/2/14 23:35

Men's 10,000 Meters

Wesley Kiptoo, Iowa State - NCAA Regional - 11/12/21 30:17

Women's Top 10 All-Time Best Performers

3,000 Meters

1. Diane Nukuri 9:47 2006 Hawkeye Open
2. Meghan Armstrong 10:01 2006 Hawkeye Open
3. Brooke Eilers 10:15 2010 Iowa Invite
4. Besty Flood 10:18 2010 Iowa Invite
5. Tess Wilberding 10:20 2016 Hawkeye Invite
6. Amanda Hardesty 10:21 2009 Hawkeye Invite
Lauren Hardesty 10:21 2010 Hawkeye Invite
Madison Waymire 10:21 2016 Hawkeye Invite
9. Kelsey Hart 10:22 2011 Iowa Invite
10. Shannon Stanley 10:25 2006 Hawkeye Open

4,000 Meters

1. Diane Nukuri 13:14 2007 Hawkeye Open
2. Kayla Beattie 13:41 2012 Toledo Bubble Buster
3. Megan Ranegar 13:45 2012 Toledo Bubble Buster
4. Meghan Armstrong 13:47 2007 Hawkeye Open
Mareike Schrulle 13:47 2012 Toledo Bubble Buster
6. Nicole Benson 13:52 2012 Toledo Bubble Buster
7. Andrea Shine 13:58 2017 Hawkeye Invite
8. Jolly Burke 14:03 2007 Hawkeye Open
Madison Waymire 14:03 2017 Hawkeye Invite
10. Nikki Chapple 14:09 2018 Hawkeye Invite

5,000 Meters

1. Diane Nukuri 15:55 at 2007 Auburn Invite
2. Racheal Marchand 16:15 at 2008 Auburn Invite
3. Meghan Armstrong 16:25 at 2007 Auburn Invite
4. Nan Doak 16:31 at 1983 Big Ten Champs
5. Jolly Burke 16:33 at 2007 Auburn Invite
6. Jenny Spangler 16:34 at 1983 Big Ten Champs
7. Renee Doyle 16:41 at 1986 Purdue Invite
8. Tracy Dahl 16:42 at 1991 Illinois St. Invite
9. Sarah Spencer Perry 16:50 at 2008 Auburn Invite
10. Brooke Eilers 16:53 at 2008 Auburn Invite

6,000 Meters

1. Diane Nukuri 19:37 at 2007 NCAA Regional
at 2007 Big Ten Champs
2. Mareike Schrulle 19:43 at 2012 NCAA Champs
3. Racheal Marchand 19:54 at 2008 NCAA Champs
4. Meghan Armstrong 20:07 at 2007 NCAA Regional
5. Jolly Burke 20:20 at 2007 Big Ten Champs
6. Betsy Flood 20:22 at 2010 NCAA Regional
7. Andrea Shine 20:35 at 2018 Big Ten Champs
8. Emma Gordon 20:37 at 2022 NCAA Regional
9. McKenzie Melander 20:41 at 2011 Big Ten Champs
10. Megan Ranegar 20:43 at 2012 NCAA Champs



Cross Country National & Regional Champions & Honorees



Meghan Armstrong



Jennifer Brower



Tracy Dahl



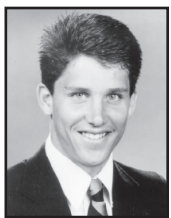
Nan Doak



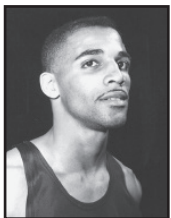
Renee Doyle



Rich Ferguson



Kevin Herd



Deacon Jones



Jeanne Kruckeberg



Racheal Marchand



Max Murphy



Diane Nukuri



Mareike Schrulle



Jenny Spangler



Stetson Steele



Jeff Thode



Micah VanDenend



Ted Wheeler



Larry Wiczorek

NCAA Champion

Deacon Jones..... 1955

All-Americans

Men's

Kevin Herd..... 1992-93
Deacon Jones..... 1955
Stetson Steele..... 1998
Jeff Thode..... 2010
Ted Wheeler..... 1952
Larry Wiczorek..... 1966-67

Women's

Meghan Armstrong..... 2007
Jennifer Brower..... 1991
Tracy Dahl..... 1991-92
Nan Doak..... 1980, 1982-83
Renee Doyle..... 1986
Jeanne Kruckeberg..... 1990
Racheal Marchand..... 2006, 2008
Diane Nukuri..... 2006-07
Mareike Schrulle..... 2012
Jenny Spangler..... 1983

Honda Sports Awards Nominee

Nan Doak..... 1983
Diane Nukuri..... 2007

NCAA Regional Champion & Athlete of the Year

Men's

Micah VanDenend..... 2006

Women's

Diane Nukuri..... 2006-07
Racheal Marchand..... 2008

NCAA All-Region Team

Men's

Mark Battista..... 2009
Trent Corey..... 1997, 2001
Matt Esche..... 2002-05
Dan Haut..... 2002, 2004-05
Nick Holmes..... 2011
Kevin Lewis..... 2013-14
Jesse Luciano..... 2007-08
Eric MacTaggart..... 2005-06, 2008
Nathan Mylenek..... 2018, 2019
Max Murphy..... 2023
Nick Nordheim..... 1998-99, 2001
Jared Pittman..... 1997
Brian Rae..... 2003
Tony Rakaric..... 2002, 2004
Adam Roche..... 2004-05
Paul Sarris..... 1998-99
Chad Schwitters..... 1998
Reed Steele..... 1998

NCAA Men's All-Region Team (Continued)

Stetson Steele..... 1997-98
Jeff Thode..... 2009-11
Micah VanDenend..... 2002, 2005-06
Joe Welter..... 2001-02

Women's

Sarah Arens..... 2003
Meghan Armstrong..... 2005-07
Kayla Beattie..... 2011
Jolly Burke..... 2007
Nikki Chapple..... 2004
Brooke Eilers..... 2009
Betsy Flood..... 2010
Leah Kralovetz..... 2019
Racheal Marchand..... 2005-06, 2008
McKenzie Melander..... 2011
Diane Nukuri..... 2006-07
Megan Ranegar..... 2012
Andrea Shine..... 2017
Mareike Schrulle..... 2012
Sarah Spencer Perry..... 2008



Big Ten Champions

Men's

Rich Ferguson	1952-53
Jock Hunn	1926
Deacon Jones.....	1958
H.R. Phelps	1923-24
James Tucker	1961
Larry Wieczorek.....	1966-67

Women's

Tracy Dahl	1992
Diane Nukuri.....	2007

Big Ten Athlete of the Year

Women's

Tracy Dahl	1992
Diane Nukuri.....	2007

Big Ten Women's Coach of the Year

Jerry Hassard	1989
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Big Ten Men's Freshman of the Year

Jared Pittman	1993
Reed Steele.....	1998

All-Big Ten Honorees

Men's

Kevin Lewis	2014
Jesse Luciano	2008-09
Eric MacTaggart	2006
Nathan Mylenek	2018-19
Brian Rae	2003
Tony Rakaric.....	2003
Chad Schwitters.....	1997
Stetson Steele.....	1996
Jeff Thode	2010
Micah VanDenend	2004, 2006

Women's

Meghan Armstrong	2006-07
Erin Boland	1994
Jennifer Brower	1991
Jolly Burke	2007
Tracy Dahl	1991-92
Renee Doyle	1986-88
Betsy Flood	2010
Tami Hoskins.....	1989
Jennifer Johnson.....	1991
Jeanne Kruckeberg	1989
Racheal Marchand.....	2006, 2008
McKenzie Melander	2011
Diane Nukuri.....	2007
Mareike Schrulle.....	2012

Big Ten Athlete of the Month

Men's

Kevin Herd	September 1992
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Women's

Tracy Dahl ...	Sept. 1990, Oct. 1992, Nov. 1992
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Big Ten Athlete of the Week

Men's

Trent Corey	Sept. 11, 2001
Matt Esche.....	Sept. 7, 2004
Jesse Luciano	Oct. 7, 2008
Eric MacTaggart	Sept. 6, 2005
Nathan Mylenek	Sept. 11, 2019
Jeff Thode	Oct. 19, 2010
Micah VanDenend	Sept. 17, 2002

Women's

Sarah Arens	Sept. 3, 2003
Meghan Armstrong	Sept. 6, 2005
Kayla Beattie.....	Sept. 11, 2012
Betsy Flood	Sept. 8, 2009
Lauren Hardesty	Sept. 7, 2010
Racheal Marchand.....	Oct. 7, 2008
Diane Nukuri.....	Sept. 18, 2007
Diane Nukuri.....	Oct. 2, 2007
Diane Nukuri.....	Oct. 16, 2007
Mareike Schrulle.....	Oct. 16, 2012

Big Ten Sportsmanship Award

Men's

Ben Anderson	2015-16
Sam Bailin	2008
Mark Battista	2010
Brayden Burnett	2023
Brendan Camplin.....	2009
Brandon Cooley.....	2017-18
Nate Ferree.....	2013
Anthony Gregorio	2014
Noah Healy	2019, 2021
Aidan King	2020
Cameron Rieger.....	2011
Miles Sheppard.....	2022
Ben Witt	2012

Women's

Brooke Eilers.....	2009
Kelsey Hart	2010
Anna Hostetler	2018
Shannon Maser	2013
Brooke McKee	2022
Carolyn Newhouse	2014
Sarah Spencer Perry	2008
Elyse Prescott	2019
Mareike Schrulle.....	2011-12
Aleah Tenpas	2023
Kelli Tosic	2020
Ellie Twedt	2022
Madison Waymire	2015, 2017
Tess Wilberding	2016

USTFCCCA Academic Team

Men's

2007, 2008, 2010, 2014, 2015, 2017, 2018, 2019
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Women's

1995, 1997, 1999, 2000, 2003, 2004, 2005, 2006, 2007, 2008, 2009, 2010, 2011, 2012, 2013, 2014, 2015, 2016, 2017, 2018, 2019
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USTFCCCA All-Academic Honorees

Men's

Dan Haut	2004
Kevin Herd	1993
Kevin Lewis	2013
Jesse Luciano	2007-08
Chad Schwitters.....	1998
Stetson Steele.....	1998

Women's

Meghan Armstrong	2004-05
Sarah Arens	2004
Brooke Eilers.....	2009
Megan Ranegar	2012
Mareike Schrulle.....	2012
Andrea Shine	2017
Leah Kravolitz	2019

CoSIDA Academic All-American

Chad Schwitters.....	1997
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CoSIDA Academic All-District

Kevin Herd	1990, 1992-93
Stetson Steele.....	1996, 1998



Big Ten Distinguished Scholars

Men's

Sam Bailin	2008
Dan Gardarsson	2017
Anthony Gregorio	2016
Kevin Lewis	2013
Jeff Roberts	2021
Luke Sampson	2018-19
Karson Sommer	2017-18, 2020
Konnor Sommer	2020-22
Luke Sampson	2019

Women's

Katie Adams	2014-15
Logan Akason	2021
Mary Arch	2020
Maddie Block	2022
Alli Bookin-Nosbisch	2021-22
Grace Bookin-Nosbisch	2022
Ashley Espinosa	2018-19
Marta Bote Gonzalez	2016-17
Emma Gordon	2021
Fionna Fallon	2008
Laney Fitzpatrick	2022
Kelsey Hart	2011
Mallory King	2021
Kaitlin Knappe	2022
Jessica McKee	2020-21
McKenzie Melander	2011
Katie Moore	2021
Elizabeth Niedert	2017
Lauren Opatrny	2017
Clare Pitcher	2021
Lena Placzek	2012
Abby Ryon	2022
Lillian Schmidt	2022
Marieke Schrulle	2012
Andrea Shine	2017-19
Gabby Skopec	2021
Sam Strauss	2022
Addie Swanson	2019
Jocelyn Todd	2012-15
Kelli Tosic	2021-22
Ellie Twedt	2021-22
Madison Waymire	2017
Lindsay Welker	2017-19, 2021
Wren Renquist	2020
Macie Weber	2020
Ally Weum	2021
Samantha Zishka	2014

Academic All-Big Ten

Men's

L.J. Albrecht	1988-90
Ravi B'Have	1994, 1996
Sam Bailin	2008, 2010
Mike Biderman	2001
Bill Branigan	1992
David Brown	1987-90
Matt Butler	2013
Brendan Camplin	2007-10
Brandon Cooley	2017-19
Trent Corey	2000-01
Kevin Docherty	2014-16
Ian Eklin	2016-18
Nate Ferree	2013-16
Daniel Gardarsson	2015-17
Ian Geisler	2021-22
Matt Gerard	1992-94
Anthony Gregorio	2014-16
Isaac Hartman	2022
Blake Hayden	2022
Dan Haut	2002, 2004-05
Noah Healy	2018-20
Kevin Herd	1990, 1992-93
Daniel Huff	2015
Alan Jackson	2005
Chase Kadlec	2009-11
Aidan King	2021-22
Daniel Klysh	2021-22
Kal Lewis	2021
Kevin Lewis	2012-14
Ben Lloyd	2002-03
Jesse Luciano	2007-10
Eric MacTaggart	2005-06, 2008
Steve Marshall	1991-93
Pete McDowell	1993-94
Sean Moeller	1998-99, 2001
Andy Morris	1997, 1999
Steve Morrissey	1990-91
Daniel Murphy	2019
Max Murphy	2021-22
Andy Napier	2005-08
James Paul	2008-10
Jared Pittman	1995-96
Tim Pleskac	1998-99
Jay Renaud	2007-10
Cameron Rieger	2011-12
Jeff Roberts	2018, 2020-21
Marc Roehl	1991-94
Luke Sampson	2017-19
Paul Sarris	1997
Blake Schlotzhauer	2006
Chad Schwitters	1995-98
Spencer Smith	2020
Taylor Soltys	2014-15

Karson Sommer	2017-20
Konnor Sommer	2019, 2021-22
Dan Soto	2016, 2018
Stetson Steele	1996-98
Adam Thomas	2001
Nick Trattner	2020-22
Eli Ward	2021
Andy Weise	1986
Michael Westphal	2017
David White	1990-91
Ben Witt	2012-14
Yohana Yual	2022

Women's

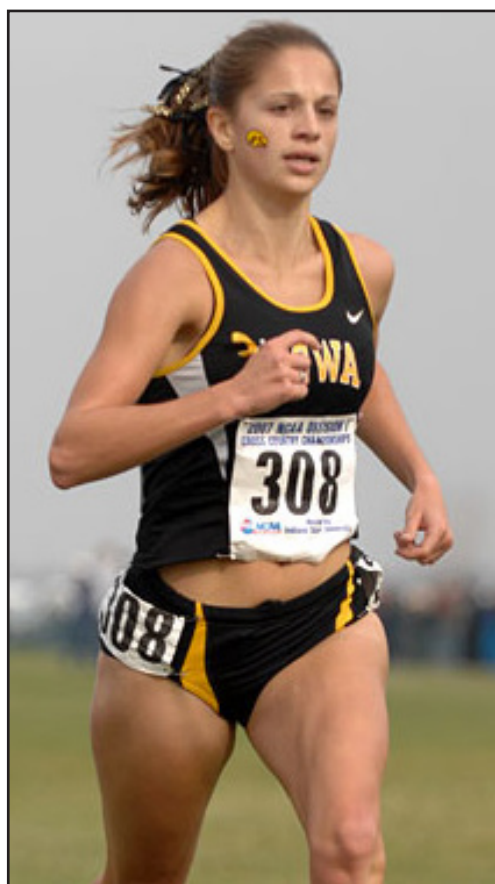
Katie Adams	2014
Amber Aesoph	2021-22
Logan Akason	2019-21
Krista Anderson	2006-07
Lindsay Anderson	2009-10
Mary Arch	2018-20
Sarah Arens	2000, 2002-03
Meghan Armstrong	2005-07
Atalie Barber	2001, 2003
Holly Barnes	1992
Briana Benning	1994-97
Danielle Berndt	2010-11
Allison Billhardt	2005
Kerri Blackstone	1996
Maddie Block	2022
Alli Bookin-Nosbisch	2021-22
Grace Bookin-Nosbisch	2021-22
Marta Bote Gonzalez	2015-17
Kelly Breen	2014-16
Jennifer Brower	1989-91
Courtney Bruns	2015-16
Ashley Bryja	2019-20
Jolly Burke	2007
Katie Butler	2000
Jenni Capista	2003-04
Maddie Carver	2018
Megan Daniel	1994
Amber Decker	2017
Jennie Docherty	2006, 2009-10
Katie Donlon	2005
Claire Dupuis	2017
Claire Edmondson	2021-22
Brooke Eilers	2009-11
Katie Ellis	2007, 2009-10
Molly Esche	2005-07
Ashley Espinosa	2016-18
Fionna Fallon	2008-10
Laney Fitzpatrick	2022
Shawn Fleck	1995
Betsy Flood	2009-11
Bryce Gidel	2021-22
Alienor Gilchrist	1997



Emma Gordon	2019-22
Lisa Gordon	2014
Keelin Gorman.....	2011
Kristin Haefke	1998
Amanda Hardesty.....	2010
Kelsey Hart	2010-12
Rachel Hawks	2006-07
Julie Hollensbe	2017
Anna Hostetler	2019
Jennifer Johnson.....	1991-93
Patricia Jones.....	1991
Jennifer Kiciak.....	1996-97
Mallory King	2017-21
Tricia Kiraly	1988
Natalie Kleinfelter.....	1993-94
Kaitlin Knapc.....	2022
Christine Kotarba.....	2004, 2007
Leah Kralovetz	2020, 2022

Jeanne Kruckeberg	1987-89
Kimberly Kruk	1994
Michelle Lahann	2000-02
Jackie Laesch	2011
Kylie Latham	2019-20
Jennifer Lisy	1992
Shannon Maser	2012-13
Grace McCabe	2019-20
Brooke McKee	2021-22
Jessica McKee.....	2019-21
Amy McRell.....	1991-92
McKenzie Melander	2009-11
Georgia Millward.....	2001-03
Jennifer Moore	1987-89
Katie Moore.....	2021-22
Amy Murphy.....	1999
Sarah Murray.....	1993
Haley Newbrough.....	1997
Carolyn Newhouse	2014
Elizabeth Niedert.....	2016-17
Kara Neustrom.....	2017
Val Oltman.....	1999
Lauren Opatrny.....	2016-17
Kiersten Pauling.....	1994-96
Clare Pitcher	2021-22
Lena Placzek	2012-13
Micah Poellet.....	2022
Rachel Price	2013
Megan Ranegar	2010-12
Katherin Rehn.....	2011
Wren Renquist.....	2018-21
Ericka Roberts.....	2000-02
Hannah Roeder.....	2009-10
Abby Ryon	2021-22

Janeth Salazar.....	1987
Christine Salsberry.....	1990-93
Miriam Sandeen.....	2022
Tia Saunders	2018-20
Jill Scheibel	1996
Jessica Schmidt.....	2007
Kristi Schmidt.....	1999
Lillian Schmidt	2022
Kim Schneckloth.....	1986-89
Jennifer Schoonover.....	1994
Megan Schott	2019
Mareike Schrulle.....	2012
Anna Shearer.....	1999-2000
Andrea Shine	2016-18
Chloe Skidmore	2022
Gabby Skopec	2020-21
Michelle Sokol	2002, 2004
Jenny Spangler.....	1985
Laura Spencer.....	2004
Shannon Stanley.....	2004
Tina Stec	1991-93
Sam Strauss	2022
Sherri Suppelsa.....	1986
Patty Teggatz.....	2020
Jocelyn Todd	2012-14
Kelli Tasic	2021-22
Ellie Twedt	2021-22
Kathryn Vortherms	2022
Jamie Voss	1992
Madison Waymire	2016-17
Macie Weber	2018-19
Lindsay Welker	2017-20
Aly Weum	2018-20
Tess Wilberding	2014-16
Jordan Winke.....	2018-19
Samantha Zishka	2014



Meghan Armstrong was a five-time All-American in cross country and track for the Hawkeyes from 2005-08. A five-time all-region honor in cross country and track, she won Big Ten titles in the 3,000 meters and 10,000 meters in 2008. She still holds the school record in the 1,500 meters. Armstrong was a three-time Academic All-Big Ten honoree and was named to the USTFCCCA All-Academic team twice.



Cross Country Men's All-Time Letterwinners

Albrecht, L.J. 1988-90	Dunsworth, Ira W. 1954-56	Hindt, William. 1913-15	Keil, Richard L. 1941-42
Albright, Robert 1941	Eastland, Dave 1968-71	Hinrich, Joel H. 1940-41	Keller, Keith. 1947-48
Allen, Shaun. 1998-01	Ebert, Leroy 1952-54	Holland, Stephen. 1971-72	Kelly, Thomas. 1928-30
Anderson, Ben 2013-16	Eckhardt, Gerald 1944	Hollatz, Troy. 1993	Kent, Jeff. 2004-06
Arbanas, Will 2021	Edwards, James 1978	Holmes, Nick. 2009, 2011-12	King, Aidan 2020-22
Ashton, George C. 1921-22	Eklin, Ian 2015-18	Hotz, William 1906-08	Kitt, Roland 1966-69
Ashton, James Ed. 1962-63	Esche, Matt. 2002-05	Houg, Carson 2022	Klysh, Daniel 2021
Ashton, William 1960	Everingham, Will 1928	Huff, Daniel 2014	Knoedel, James J. 1970-71
Atkins, Bobby. 1999-2000	Everman, Wayne. 1954-55	Hunn, Leonard E. 1925-28	Kramer, Larry 1961-64
Bailin, Sam 2007-08, 2010	Fanthouser, John 1942	Hunter, William. 1914-15	Kruse, Arthur 1919-20
Baker, Lawrence. 1961	Fearing, Ken 1959-62	Hymon, W. Paul 1912-13	Kuhn, Hayden 2022
Bakker, Mike ... 1994-95, 1997-98	Feeldy, Chad 1994-96	Ingram, Robert 2007	Kurth, Steve 1995-97
Barron, Ben. 2003	Ferguson, Richard. 1951-55	Jackson, Alan 2005	Labond, Curtis 1966-68
Battista, Mark 2007-10	Ferree, Nate 2013-16	Jacobs, Evan 2017	Lainson, Bernard 1951
Bender, Arnold N. 1924	Ferree, Tom 1978-80	Jamison, Orlin. 1916	Langer, Dave 1979
Benjerdas, T.D. 1920	Fischer, Gary W. 1960-63	Jans, Paul A. 1910-11	Layne, Michael 1997-99
Bentz, Robert LE 1943	Fishba, Ugh H. RI 1949	Jeffers, Clyde. 1904-05	Lewis, Bernard. 1945
Betz, Leighton A. 1959	Flage, David 1933-34	Jensen, Chris. 2003	Lewis, H. Mount 1909-11
Biderman, Mike 2001	Fletcher, Robert Ash 1956-59	Jensen, Richard. 1968-70	Lewis, Kal 2021-22
Brady, Frank H. 1927-28	Foster, Richard 1922	Jones, Charles N, 1955-58	Lewis, Kevin 2011-14
Brandenberg, H. 1921	Fourman, Sam 2014	Jones, Douglas H. 1968	Lillwitz, Tim. 1999-2000
Brandt, Jon Michael. 2010-12	Frazier, Carl 1966-69	Kadlec, Chase. 2008-11	Lindeman, James 1977
Branigan, Bill. 1992	Frazier, Harry 1956	Keatinge, Murray. 1954-56	Lister, Donald. 1914-15
Brown, David 1987, 1989-90	Frazier, William 1961-65		
Brown, Keith Lav. 1948-55	Fritsch, Raymond. 1940		
Brown, Ray Kenne. 1979-81	Fudge, Arthur 1951-54		
Brubacher, Theod 1964-67	Furst, Don 1975-76		
Burney, William 1944	Gale, Sean. 1992-94		
Burnett, Brayden 2022	Gardarsson, Daniel 2015-17		
Bush, Warren L. 1968	Gardner, Russell. 1928		
Butler, Matt 2013	Gee, George. 1916		
Bye, Bill E. 1949	Geisler, Ian 2021-22		
Camplin, Brendan 2007-09	Gerard, Matthew 1992-94		
Campisi, Leo A. 1932-34	Greenlee, Donald 1959-61		
Carlson, Herman. 1923	Greenlee, Ron. 1965		
Carman, Kenneth. 1949-50	Gregorio, Anthony 2012, 2014-16		
Chaney, Sam 2012-13	Griffith, Ron 1965-68		
Clancy, Thomas R. 1974-78	Griswold, Joe 1949		
Clark, John Jay 1969-73	Gschwendtner, Jack 2021		
Clarke, Eric Lloyd 1957-58	Hakes, Montague 1928		
Clarke, George W. 1962-63	Hanson, Mark 1995		
Coffie, Harry E. 1927	Harbert, Nathan 2022		
Collins, John. 1949	Hartman, Isaac 2022		
Cook, Dale 1912	Hartmann, H.W. 1915-16		
Cooley, Brandon 2016-19	Hass, Edward 1934-35		
Copeland, Jack. 1948-49	Hassen, Galen 1951		
Corey, Trent 1997-2001	Hausler, Leland 1916-17		
Criswell, John W. 1969-71	Haut, Dan 2001-02, 2004-05		
Cue, John L. 1927	Hayden, Blake 2021-22		
Cutler, Allan J. 1942	Healy, Noah 2017-19, 2021		
Davis, S. Jack. 1949-51	Henderson, Robert 1933-34		
Delashmutt, Ed 1979-81	Herd, Kevin J. 1989-94		
Docherty, Kevin 2013-16	Hermeier, Raymond. 1957-59		
Docherty, James 1974-76	Hermeier, Richard. 1955-59		
Donovan, James 1995	Hesse-Withbroe, Bailey. 2015-18		
Dotseth, Frank. 1958-59	Hill, Colin 2021		
Drew, John 1957	Hill, Jack L. 1957-60		
Duggan, Earle 1949-52			



Stetson Steele was a three-time All-American, two-time all-region and six-time academic All-Big Ten honoree in cross country and track from 1996-2000. He holds the school 10,000-meter record, and in 2000 he won the Drake Relays 5,000-meter title and was Iowa's Big Ten Medal of Honor winner.



Lloyd, Ben 2002-03
Loechel, Thomas..... 1970-73
Lord, Richard1943
Luciano, Jesse 2006-09
Lyle, James..... 1936-38
Lyle, Ralph 1957-58
MacDonald, Peter..... 1964-66
MacTaggart, Bruce.....2008
MacTaggart, Eric .. 2004-06, 2008
Maiden, Sydner1945
Mak, Leo1913
Marasco, Frank 1917-18
Marshall, Steve 1991-93
Mawe, William1960
McCabe, Dennis.....1969
McClanahan, Rich..... 1946-48
McDermott, Eric2000
McDowell, Peter 1993-94
McElroy, Robert1933
Melchert, Michael 2014-16, 2018
Melnick, Sidney1934
Messer, Kenneth..... 1964-65

Meyer, David.....1941
Miller, Fred1921
Mitvalsky, Richard.....1932
Moeller, Sean..... 1998-2001
Moenck, Heath.....2007
Moldenhauer, Way1954
Morch, Herbert O. 1951-53
Morris, Andy..... 1997-2000
Morrissey, Steve 1991-92
Murphy, W. H. 1944-45
Murphy, Daniel 2016-19
Murphy, Max2020, 2022
Murray, Harold H. 1920-21
Murray, Jack A. 1944-45
Mylenek, Nathan 2016-19
Napier, Andy 2005-08
Naumann, Eli2022
Naylor, Myrel1930
Nelson, Paul H. 1935
Nelson, Robert.....1936
Nie, Bruce 1988-89
Nordheim, Nick..... 1998-2001

Novotny, David 1994-95
Oxley, John R. 1946-47
Paul, James 2008-10
Paul, Joe 1976-77
Payne, Arthur 1922-23
Pendergast, Jack 2020-22
Pershing, Steve 1975-77
Peters, Chris.....1995
PHELPS, Harold R. 1923-25
Pinkerton, Volne1928
Pirkil, Jeff 1982-83, 1985-86
Pittman, Jared 1994-98
Pleskac, Tim 1998-2000
Pratt, Raymond O. 1934, 1936
Presteman, Gregory1978
Price, Bradley D. 1979-81
Price, Brook2014
Prince, Earl S. 1942
Pristine, Leonard1921
Purvis, Donald L. 1936
Rae, Brian 2002-05
Rakaric, Tony..... 2001-04
Reid, Morrison..... 1971-72
Renaud, Jay..... 2007-09
Rerko, Rodney 1992-95
Reyes, William A. 1964-65
Rieger, Cameron 2011-12
Ristine, Leonard..... 1920-21
Roberts, Jeff..... 2017-19, 2021
Roche, Adam 2003-05
Roehl, Mark 1991-93
Roller, Robert J.....1970
Roseman, Garry 1990-93
Rosenberg, Norman 1931-32
Ryan, Will.....2022
Sampson, Luke..... 2016-19
Santino, William 1974-76
Sarris, Paul..... 1997-2000
Saur, Wayne.....1974
Schlotzhauer, Blake..... 2005-06
Schutman, Ben2000
Schum, Robert L. 1969-71
Schwitters, Chad..... 1995-99
Seashore, Robert1922
Selsor, Evan.....2011
Sampson, Luke.....2017
Shaffer, Quentin.....2013
Shaw, Robert J. 1914
Sheets, Lawrence..... 1963-64
Sheldon, Jay A..... 1972, 1974-75
Sheldon, John H. 1922
Sheppard, Miles.....2022
Sitko, John1934
Slater, Albert L. 1943-44
Slingsby, Tim 1988-89
Smith, Andrew2010
Smith, N.E. 1912

Smith, Spencer 2018-20
Snook, William H. 1949
Soltys, Taylor.....2012, 2015
Sommer, Karson 2016-19
Sommer, Konnor.2018-19, 2021-22
Soto, Daniel 2015-18
Speers, Maurice..... 1925-26
Stark, Maurie.....1942
Steele, Ryan 1998-99
Steele, Stetson..... 1995-99
Steffen, Mark A..... 1970-72
Steinberg, Albert1911
Stevenson, Gerold1941
Stiller, Martin.....1936
Stone, Gerald L. 1950
Sumner, M.L. 1912-13
Swift, Mark1974
Swisher, Michael.....1972
Szabo, Steve..... 1966-68
Tate, Tommy 2006-09
Terbell, Floyd O. 1924
Tice, Robert W. 1971
Thode, Jeff 2009-11
Thomas, Adam..... 1998-01
Tiernan, Stephen1964
Trainor, Dan 2001-03
Traphagen, Stephen..... 2002-03
Trattner, Nick 2019, 2021-22
Trimble, Bruce W. 1957-59
Trimble, Ralph 1960-62
Tucker, Jim 1959-61
Tupper, Richard..... 1947-48
Vacik, George J.....1940
Vanatta, Lyell1930
Vanderwilt, Robert1943
VanDenend, Micah 2002, 2004-06
Vonahsen, Virgil..... 1950-52
Walker, Leland C. 1963
Ward, Eli 2021-22
Webster, Alex.....2005
Welt, Donald.....1941
Welter, Joe 2000-02
Westphal, Michael.....2017
Wheeler, Ted S. 1951-52, 1955
Wickey, Howard..... 1929-30
Wieczorek, Lawrence.... 1965-67
Wilfong, Caleb 2012-13
Wilkes, Quenten1956
Williams, Derrick1963
Wisgerhof, Max V.....1934
Witt, Ben 2011-14
Workman, Robert..... 1941-42
Wren, Richard T. 1946
Yual, Yohana2022
Young, Nick.....2011
Zacher, Eugene R. 1922
Zaruba, Arnold J.....1944



Micah VanDenend won the 2007 Big Ten 10,000-meter outdoor track title and holds the school outdoor 5,000-meter record. He was the 2006 NCAA Midwest Regional Cross Country Meet Champion and Male Athlete of the Year. The four-time all-region honoree competed for Iowa from 2002-07.



Adams, Katie.....2013-14
Aesoph, Amber.....2021-22
Anderson, Krista2006-07
Anderson, Lindsay2008-09
Andrews, Karen1978-80
Arch, Mary.....2017-19
Arens, Sarah 1999-2000, 2002-03
Armstrong, Meghan2004-07
Ballweg, Rachel1997
Barber, Atalie2000-03
Barroso, Ana2022
Beattie, Kayla2011
Benning, Briana1993-96
Benson, Nicole.....2011-12

Berndt, Danielle....2008, 2010-11
Billhart, Allison2005
Blazek, Jalyssa.....2022
Block, Maddie.....2021-22
Blossfeld, Suzanne1978-79
Boddicker, Bev1977-80
Boland, Erin1991-94
Bookin-Nosbisch, Alli.....2021-22
Bookin-Nosbisch, Grace2021-22
Bote Gonzalez, Marta.....2014-17
Boutler, Rowan2022
Breen, Kelly.....2015-16
Brower, Jennifer.....1988-91
Brown, Nicole1994-96

Bruns, Courtney.....2015
Bryja, Ashley2018-19
Burke, Jolly2006-07
Butler, Katie1999-2000
Capista, Jenni.....2001, 2003-04
Carver, Maddie2017-18
Chapple, Nikki.....2003-05
Chow, Sophia2000
Coleman, Becky1993-96
Connelly, Michelle1977
Cortez, Gabby.....2022
Dahl, Tracy.....1989-92
Daniel, Megan1993
Davis, Eileen1978-79
Deluca, Sarah C. Abel.....1979-81
Dixon, Pamela1978
Doak (Davis), Nan1980-84
Dobrowolski, Anne1981-85
Docherty, Jennie2006, 2009
Donlon, Katie2001-03
Doyle, Renee1985-88
Drapcho, Rosemary1978-81
Dresselhaus, Ann.....1978-80
Drulis, Julie1997-98
Dunlop, Amy1977-79
Dupuis, Claire2016
Edmondson, Claire2022
Eilers, Brooke.....2008-11
Ellis, Katie2006-07, 2009
Esche, Molly2004-07
Espinosa, Ashley2016-18
Fallon, Fionna2008-09
Feltes, Teresa1977-78
Fitzpatrick, Laney.....2021-22
Fleck, Shawn1993-95
Flood, Betsy2008-11
Flynn, Erin.....1978-82
Freund, Kay.....1978-81
Gidel, Bryce2021-22
Gilchrist, Alienor.....1996-97
Gordon, Emma2018-22
Gordon, Lisa2012
Gorman, Keelin.....2011
Griffin, Maggie.....1996-99
Gripp, Sue1977
Gutwein, Maggie2019, 2022
Haefke, Kristen1997-98
Hamilton, Jana1979-80
Hardesty, Amanda2007-10
Hardesty, Lauren.....2007-10
Hart, Kelsey2009-12
Hawks, Rachel2006
Hedlund, Laurie1977-78
Hentges, Leah.....1999
Hoehle, Zanetta1978-81
Hollensbe, Julie2016-17
Hoeman, Carissa.....1998

Hoskins, Tami.....1987-91
Hostetler, Anna2018
Houston, Marlie.....2016
Jeppson, Maren2017
Johnson, Jennifer.....1990-93
Jones, Alana.....2013, 2015
Kiciak, Jennifer.....1995-96
King, Mallory2021
Kintzel, Denise1977-78
Kleinfelter, Natalie1993-95
Knape, Kaitlin.....2021-22
Kotarba, Christine.....2004, 2007
Kralovetz, Leah2019
Krekeler, Rebecca Ann1978-79
Kruckeberg, Jeanne1987-89
Kruck, Kim.....1994
Kubitz, Christine ...1995-96, 1998
Laesch, Jackie2011
Lahann, Michelle1999-2002
Lambrecht, Carol1977-78
Latham, Kylie2018-19
Lessard, Megan2009
Luber, Hannah2010
Lund, Yvonne Irene.....1979-80
Lynberg, Michele M. Dr. 1977-78
Marchand, Racheal 2004-06, 2008
Marshall, Sue1977
Martin, Courtney.....2012-14
Maser, Shannon.....2012-13
McCabe, Grace2018-19
McDowell, Tina.....1991-94
McKee, Brooke2021-22
McKee, Jessica.....2018-19, 2021
McMahon, Lauren2021
Melander, McKenzie.....2009-11
Millward, Georgia.....2000-03
Mims, Susan1977-80
Mitchell, Elizabeth1978-79
Moore, Katie.....2022
Murphy, Amy1998-99
Murray, Megan1998
Nelson, Major Sue1977-78
Newbrough, Haley.....1996-97
Newhouse, Carolyn2014-15
Neustrom, Kara.....2014-17
Niedert, Elizabeth.....2014-17
Nukuri, Diane.....2006-07
Oltman, Valerie.....1998
Opatrny, Lauren.....2016-17
Pare, Anne1996
Pauling, Kiersten1993-96
Pearson, Laura2004
Perry, Sarah Spencer.....2008
Pitcher, Clare2021-22
Placzek, Lena2012-13
Poellet, Micah.....2022
Prescott, Elyse2019



Nan Doak was Iowa's first cross country All-American, earning a total of three honors (1980, 1982-83).



Price, Rachel..... 2013	Schaefer, Chrissy..... 2006	Sokol, Michelle 2001-02, 2004	Twedt, Ellie 2021-22
Quigley, Kristina..... 1999	Scheibel, Jill 1995-98	Spangler, Jenny..... 1981-83	Vandervoort, Martha..... 1991-94
Ranegar, Megan..... 2010-12	Schleusner, Mary 2010	Sparks, Staci..... 1993	Van Dyk, Elzerie 2018
Rehn, Katherin..... 2010-11	Schmidt, Jessica..... 2004-07	Spencer, Laura 2004	Vitense, Mandi 1996-98
Renquist, Wren..... 2017-19, 2021	Schmidt, Kristi..... 1998-99	Stanley, Shannon 2003-06	Von Muenster, Shannon 2001
Roberts, Ericka..... 1999-2002	Schmidt, Lillian 2022	Stec, Tina 1990-93	Waymire, Madison 2015-17
Roeder, Hannah 2008-09	Schoonover, Jennifer 1993	Strauss, Sam 2021-22	Weber, Macie 2017-19
Roehl, Becky 1994-97	Schott, Megan 2018-19	Swartzrock, Diane..... 1978-80	Wilberding, Tess 2013-16
Ruffcorn, Ann..... 1999	Schrulle, Mareike..... 2011-12	Teggatz, Patty..... 2018-19	Winke, Jordan..... 2018-19
Ryon, Abby 2021-22	Shearer, Anna 1998	Tenpas, Aleah 2022	Williams, Julie..... 1979-81
Salazar, Nina 1998	Shine, Andrea 2015-18	Thompson, Becca . 1999-00, 2002	Zishka, Samantha..... 2013-14
Saliba, Cindy 2012	Sims, Sharon 1977-78	Todd, Jocelyn 2012-14	
Salsberry, Christine 1991-93	Skidmore, Chloe 2022	Todd, Stephanie..... 1977-80	
Sandeen, Miriam 2021	Skopec, Gabby..... 2020-21	Tosic, Kelli 2020-21	



Tracy Dahl was Iowa's first Big Ten Cross Country Champion. The two-time All-American (1991-92) won the title and was named Big Ten Female Cross Country Athlete of the Year in 1992.



Diane Nukuri (2006-08) was a three-time All-American, two-time NCAA Midwest Region Cross Country Champion and Female Athlete of the Year and the 2008 University of Iowa Female Athlete of the Year. She set school records in eight events, and holds the Ashton Course marks in the 3,000 and 4,000 meters. She won the 2007 Big Ten cross country title, earning Big Ten Women's Cross Country Athlete of the Year honors. She also won the 2007 Drake Relays 5,000 meters. A 2007 Honda Sports Award finalist, she received the 2008 Wilma Rudolph award.