

2024 WOMEN'S OUTDOOR SEASON & COLLEGIATE BEST PERFORMANCES - Updated 4/7/24

100 METERS (School Record - 11.20)

| Name | Season Best | Meet - Date | Collegiate Best | Meet - Date |
|-------------------|-------------|-----------------------------------|-----------------|--------------------------------|
| Lia Love | 11.15 % | at USF Alumni Invite - 3/16/24 | 11.10 % | at Hurricane Invite - 3/18/23 |
| Holly Duax | 11.37 % | at USF Alumni Invite - 3/16/24 | 11.37 % | at USF Alumni Invite - 3/16/24 |
| Maud Zeffou-Poaty | 12.05 | at Pepsi Florida Relays - 3/30/24 | 12.05 | at Florida Relays - 3/30/24 |
| Daniela Wamokpego | 12.30 | at Pepsi Florida Relays - 3/30/24 | 12.30 | at Florida Relays - 3/30/24 |

100-METER HURDLES (School Record - 12.90)

| Name | Season Best | Meet - Date | Collegiate Best | Meet - Date |
|------------------|-------------|-----------------------------------|-----------------|---------------------------------------|
| Paige Magee | 13.14 | at Pepsi Florida Relays - 3/30/24 | 12.90 * | at B1G Championships - 5/14/23 |
| Tionna Tobias | 13.18 | at Pepsi Florida Relays - 3/30/24 | 13.11 | at NCAA West Preliminary - 5/26/23 |
| Annie Wirth | 13.95 %^ | at Jim Click Shootout - 4/5/24 | 13.95 %^ | at Jim Click Shootout - 4/5/24 |
| Katie Petersen | 14.05 % | at USF Alumni Invite - 3/16/24 | 13.71 % | at Fighting Illini Challenge - 4/8/23 |
| Ali Frandsen | 14.16 % | at USF Alumni Invite - 3/16/24 | 14.16 % | at USF Alumni Invite - 3/16/24 |
| Ellie Rickertsen | 14.30 % | at USF Alumni Invite - 3/16/24 | 14.16 % | at Hurricane Invite - 3/18/23 |
| Isabelle Woody | 16.28 %^ | at Jim Click Shootout - 4/5/24 | 16.28 %^ | at Jim Click Shootout - 4/5/24 |

200 METERS (School Record - 22.30)

| Name | Season Best | Meet - Date | Collegiate Best | Meet - Date |
|-------------------|-------------|-----------------------------------|-----------------|--|
| Holly Duax | 23.63 | at Jim Click Shootout - 4/6/24 | 23.63 | at Jim Click Shootout - 4/6/24 |
| Alex Edison | 24.09 | at USF Alumni Invite - 3/15/24 | 23.74 | at B1G Championships - 5/12/23 |
| Julia Pattison | 24.16 % | at USF Alumni Invite - 3/15/24 | 24.16 % | at USF Alumni Invite - 3/15/24 |
| Olicia Lucas | 24.57 % | at USF Alumni Invite - 3/15/24 | 24.57 % | at USF Alumni Invite - 3/15/24 |
| Brynley McDermott | 24.67 | at Jim Click Shootout - 4/6/24 | 24.13 | at America East Championships - 5/7/22 |
| Maud Zeffou-Poaty | 24.72 | at Pepsi Florida Relays - 3/29/24 | 24.72 | at Pepsi Florida Relays - 3/29/24 |
| Audrey Biermann | 24.82 | at USF Alumni Invite - 3/15/24 | 24.16 | at Michael Johnson Invite - 4/21/23 |
| Daniela Wamokpego | 25.39 | at Pepsi Florida Relays - 3/29/24 | 25.39 | at Pepsi Florida Relays - 3/29/24 |
| Annie Wirth | 25.81 %^ | at Jim Click Shootout - 4/5/24 | 25.81 %^ | at Jim Click Shootout - 4/5/24 |
| Isabelle Woody | 27.99 % | at USF Alumni Invite - 3/15/24 | 27.99 % | at USF Alumni Invite - 3/15/24 |

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400 METERS (School Record - 51.30)

| Name | Season Best | Meet - Date | Collegiate Best | Meet - Date |
|------------------|-------------|--------------------------------|-----------------|------------------------------------|
| Ali Dorn | 54.09 | at Jim Click Shootout - 4/6/24 | 53.42 | at NCAA West Preliminary - 5/26/23 |
| Olicia Lucas | 54.94 | at Jim Click Shootout - 4/6/24 | 54.94 | at Jim Click Shootout - 4/6/24 |
| Arianna Williams | 55.89 | at Jim Click Shootout - 4/6/24 | 55.89 | at Jim Click Shootout - 4/6/24 |
| Jaiden Itson | 56.81 | at Jim Click Shootout - 4/6/24 | 56.81 | at Jim Click Shootout - 4/6/24 |

400-METER HURDLES (School Record - 56.16)

| Name | Season Best | Meet - Date | Collegiate Best | Meet - Date |
|------------------|-------------|-----------------------------------|-----------------|--|
| Mariel Bruxvoort | 57.49 | at USF Alumni Invite - 3/15/24 | 56.71 | at Tom Jones Memorial Invite - 4/14/23 |
| Paige Magee | 58.30 | at Pepsi Florida Relays - 3/29/24 | 56.62 | at NCAA West Preliminary - 5/28/23 |
| Nylah Perry | 1:01.01 | at Jim Click Shootout - 4/6/24 | 58.28 | at NCAA West Preliminary - 5/28/23 |
| Ali Frandsen | 1:01.73 | at Jim Click Shootout - 4/6/24 | 1:01.73 | at Jim Click Shootout - 4/6/24 |
| Ellie Rickertsen | 1:02.31 | at USF Alumni Invite - 3/15/24 | 1:00.84 | at B1G Championships - 5/12/23 |

800 METERS (School Record - 2:03.24)

| Name | Season Best | Meet - Date | Collegiate Best | Meet - Date |
|-----------------------|-------------|---|-----------------|---|
| Alli Bookin-Nosbisch | 2:03.24 * | at Pepsi Florida Relays - 3/30/24 | 2:03.24 * | at Pepsi Florida Relays - 3/30/24 |
| Clare Pitcher | 2:07.70 | at Pepsi Florida Relays - 3/30/24 | 2:06.05 | at Bryan Clay Invite - 4/13/22 |
| Grace Bookin-Nosbisch | 2:09.12 | at Pepsi Florida Relays - 3/30/24 | 2:05.49 | at Desert Heat Classic - 4/29/23 |
| Katie Moore | 2:09.34 | at USF Alumni Invite - 3/15/24 | 2:09.34 | at USF Alumni Invite - 3/15/24 |
| Amber Aesoph | 2:09.44 | at Mike Fanelli Track Classic - 3/30/24 | 2:08.93 | at Drake Relays - 4/29/23 |
| Jalyssa Blazek | 2:14.86 | at Jim Click Shootout - 4/6/24 | 2:14.86 | at Jim Click Shootout - 4/6/24 |
| Jaiden Itson | 2:15.54 | at Pepsi Florida Relays - 3/30/24 | 2:10.47 | at B1G Championships - 5/13/23 |
| Clare Kelly | 2:15.57 | at Mike Fanelli Track Classic - 3/30/24 | 2:15.57 | at Mike Fanelli Track Classic - 3/30/24 |
| Cameron Kalaway | 2:20.13 | at Mike Fanelli Track Classic - 3/30/24 | 2:20.13 | at Mike Fanelli Track Classic - 3/30/24 |
| Annie Wirth | 2:26.05 ^ | at Jim Click Shootout - 4/6/24 | 2:26.05 ^ | at Jim Click Shootout - 4/6/24 |

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1,500 METERS (School Record - 4:17.41)

| Name | Season Best | Meet - Date | Collegiate Best | Meet - Date |
|-----------------|-------------|---|-----------------|---|
| Amber Aesoph | 4:28.46 | at Stanford Invite - 3/29/24 | 4:21.11 | at Raleigh Relays - 3/24/23 |
| Cameron Kalaway | 4:46.88 | at Jim Click Shootout - 4/6/24 | 4:46.88 | at Jim Click Shootout - 4/6/24 |
| Jalyssa Blazek | 4:53.42 | at Mike Fanelli Track Classic - 3/29/24 | 4:53.42 | at Mike Fanelli Track Classic - 3/29/24 |
| Clare Kelly | 5:02.25 | at Mike Fanelli Track Classic - 3/29/24 | 5:02.25 | at Mike Fanelli Track Classic - 3/29/24 |

3,000-METER STEEPLECHASE (School Record - 10:23.15)

| Name | Season Best | Meet - Date | Collegiate Best | Meet - Date |
|---------------|-------------|---|-----------------|---|
| Rowan Boulter | 11:15.23 | at Mike Fanelli Track Classic - 3/30/24 | 11:15.23 | at Mike Fanelli Track Classic - 3/30/24 |
| Ellie Rathe | 11:44.67 | at Mike Fanelli Track Classic - 3/30/24 | 11:44.67 | at Mike Fanelli Track Classic - 3/30/24 |

4x100-METER RELAY (School Record - 43.69)

| Names | Season Best | Meet - Date |
|---|-------------|--------------------------------|
| Tionna Tobias, Lia Love, Holly Duax, Paige Magee | 44.44 | at Jim Click Shootout - 4/6/24 |
| Holly Duax, Lia Love, Julia Pattison, Alex Edison | 44.54 | at USF Alumni Invite - 3/16/24 |
| Julia Pattison, Brynley McDermott, Olicia Lucas, Katie Petersen | 46.90 | at Jim Click Shootout - 4/6/24 |
| Maud Zeffou-Poaty, Audrey Biermann, Olicia Lucas, Jade Hunter | 47.19 | at USF Alumni Invite - 3/16/24 |

4x400-METER RELAY (School Record - 3:30.97)

| Names | Season Best | Meet - Date |
|--|-------------|-----------------------------------|
| Mariel Bruxvoort, Ali Dorn, Nylah Perry, Holly Duax | 3:37.92 | at Jim Click Shootout - 4/6/24 |
| Mariel Bruxvoort, Paige Magee, Alli Bookin-Nosbisch, Nylah Perry | 3:38.25 | at Pepsi Florida Relays - 3/30/24 |
| Mariel Bruxvoort, Audrey Biermann, Olicia Lucas, Julia Pattison | 3:39.57 | at USF Alumni Invite - 3/16/24 |
| Maud Zeffou-Poaty, Lia Love, Katie Moore, Alex Edison | 3:48.00 | at USF Alumni Invite - 3/16/24 |
| Julia Pattison, Arianna Williams, Jalyssa Blazek, Ali Frandsen | 3:51.54 | at Jim Click Shootout - 4/6/24 |

HIGH JUMP (School Record - 1.86 meters)

| Name | Season Best | Meet - Date | Collegiate Best | Meet - Date |
|----------------|-------------------|-----------------------------------|-------------------|--------------------------------|
| Annie Wirth | 5-9 1/4 (1.76m) ^ | at Jim Click Shootout - 4/5/24 | 5-9 1/4 (1.76m) ^ | at Jim Click Shootout - 4/5/24 |
| Ella Meeuwssen | 5-5 1/4 (1.66m) | at Pepsi Florida Relays - 3/30/24 | 5-7 (1.70m) | at B1G Championships - 5/14/23 |
| Isabelle Woody | 5-3 1/4 (1.61m) ^ | at Jim Click Shootout - 4/5/24 | 5-3 1/4 (1.61m) ^ | at Jim Click Shootout - 4/5/24 |
| Jade Hunter | 5-3 (1.60m) | at USF Alumni Invite - 3/16/24 | 5-7 (1.70m) | at B1G Championships - 5/14/23 |

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LONG JUMP (School Record - 6.78 meters)

| Name | Season Best | Meet - Date | Collegiate Best | Meet - Date |
|-------------------|-------------------|-----------------------------------|------------------|-----------------------------------|
| Tionna Tobias | 21-4 1/4 (6.51m) | at Pepsi Florida Relays - 3/29/24 | 21-4 1/4 (6.51m) | at Pepsi Florida Relays - 3/29/24 |
| Maud Zeffou-Poaty | 20-3 3/4 (6.19m) | at Pepsi Florida Relays - 3/29/24 | 20-3 3/4 (6.19m) | at Pepsi Florida Relays - 3/29/24 |
| Kayla Hutchins | 18-10 1/2 (5.75m) | at USF Alumni Invite - 3/15/24 | 19-6 1/4 (5.95m) | at B1G Championships - 5/13/23 |
| Annie Wirth | 18-6 (5.64m) ^ | at Jim Click Shootout - 4/6/24 | 18-6 (5.64m) ^ | at Jim Click Shootout - 4/6/24 |

TRIPLE JUMP (School Record - 13.46 meters)

| Name | Season Best | Meet - Date | Collegiate Best | Meet - Date |
|-------------------|-------------------|-----------------------------------|-------------------|-----------------------------------|
| Daniela Wamokpego | 40-7 1/2 (12.38m) | at Pepsi Florida Relays - 3/30/24 | 40-7 1/2 (12.38m) | at Pepsi Florida Relays - 3/30/24 |

SHOT PUT (School Record - 18.02 meters)

| Name | Season Best | Meet - Date | Collegiate Best | Meet - Date |
|-----------------|--------------------|--------------------------------|--------------------|--------------------------------|
| Kat Moody | 55-2 3/4 (16.83m) | at USF Alumni Invite - 3/15/24 | 55-7 3/4 (16.96m) | at B1G Championships – 5/12/23 |
| Wisdom Williams | 51-2 3/4 (15.61m) | at USF Alumni Invite - 3/15/24 | 51-2 3/4 (15.61m) | at USF Alumni Invite - 3/15/24 |
| Annie Wirth | 37-1 (11.30m) ^ | at Jim Click Shootout - 4/5/24 | 37-1 (11.30m) ^ | at Jim Click Shootout - 4/5/24 |
| Isabelle Woody | 32-7 3/4 (9.95m) ^ | at Jim Click Shootout - 4/5/24 | 32-7 3/4 (9.95m) ^ | at Jim Click Shootout - 4/5/24 |

DISCUS THROW (School Record - 63.94 meters)

| Name | Season Best | Meet - Date | Collegiate Best | Meet - Date |
|--------------|-----------------|--------------------------------|-----------------|--------------------------------|
| Kat Moody | 183-6 (55.95m) | at Jim Click Shootout - 4/6/24 | 185-3 (56.47m) | at Hurricane Invite - 3/17/23 |
| Jamie Kofron | 155-2 (47.30m) | at USF Alumni Invite - 3/15/24 | 166-1 (50.62m) | at Jim Click Shootout - 4/9/22 |
| Sydney Smith | 144-11 (43.92m) | at Jim Click Shootout - 4/6/24 | 144-11 (43.92m) | at Jim Click Shootout - 4/6/24 |

JAVELIN THROW (School Record - 55.30 meters)

| Name | Season Best | Meet - Date | Collegiate Best | Meet - Date |
|----------------|------------------|--------------------------------|------------------|--------------------------------|
| Lizzy Korczak | 166-1 (50.62m) | at USF Alumni Invite - 3/15/24 | 166-1 (50.62m) | at USF Alumni Invite - 3/15/24 |
| Isabelle Woody | 104-11 (31.98m) | at USF Alumni Invite - 3/15/24 | 104-11 (31.98m) | at USF Alumni Invite - 3/15/24 |
| Annie Wirth | 103-7 (31.57m) ^ | at Jim Click Shootout - 4/6/24 | 103-7 (31.57m) ^ | at Jim Click Shootout - 4/6/24 |

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HAMMER THROW (School Record - 62.92 meters)

| Name | Season Best | Meet - Date | Collegiate Best | Meet - Date |
|-----------------|--------------------|--------------------------------|------------------------|--------------------------------|
| Alivia Bauer | 183-7 (55.96m) | at Jim Click Shootout - 4/5/24 | 185-9 (56.62m) | at B1G Championships - 5/12/23 |
| Jamie Kofron | 176-3 (53.73m) | at USF Alumni Invite - 3/15/24 | 176-3 (53.73m) | at USF Alumni Invite - 3/15/24 |
| Wisdom Williams | 168-5 (51.34m) | at USF Alumni Invite - 3/15/24 | 168-5 (51.34m) | at USF Alumni Invite - 3/15/24 |

HEPTATHLON (School Record - 5,679 points)

| Name | Season Best | Meet - Date | Collegiate Best | Meet - Date |
|-------------|--------------------|----------------------------------|------------------------|----------------------------------|
| Annie Wirth | 5,332 points | at Jim Click Shootout - 4/5-6/24 | 5,332 points | at Jim Click Shootout - 4/5-6/24 |

** - school record, ^ - part of heptathlon, % - wind-aided*