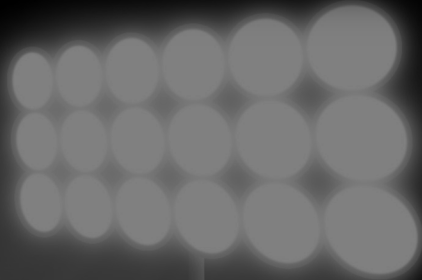




# ***IOWA*** ***TRACK & FIELD***



## **MUSCO TWILIGHT** VISITING TEAM MANUAL

***APRIL 20, 2024***



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**CONTACT INFORMATION**

**EVENT MANAGEMENT**

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**COACHING STAFF**

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**MEDIA**

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**TICKETS**

Avery Martensen	<a href="mailto:avery-martensen@uiowa.edu">avery-martensen@uiowa.edu</a>
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**WAYZATA RESULTS**

Josh Gerber	612-849-0713	<a href="mailto:josh@wayzataresults.com">josh@wayzataresults.com</a>
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### **ATHLETE REGISTRATION**

Meet registration will take place on [directathletics.com](http://directathletics.com). **Deadline for registration is 5:00 p.m. (CT) Tuesday, April 16.** There is no entry fee. Open to non-collegiate competitors; register on [hawkeyesports.com/track-and-field-unattached-entries](http://hawkeyesports.com/track-and-field-unattached-entries) prior to entry deadline for approval.

### **EVENT CHECK-IN**

Check-in for all field events takes place at the event site. Running events are to report to the Clerk's Tent in the northwest corner of the track 20 minutes prior to their race to receive hip numbers (*see pg. 4*). ***Coaches and athletes are strongly encouraged to share scratches ahead of time at the Clerk's Tent throughout the day.***

- **200m:** Competitors entered in the 200m must check-in at the Clerk's Tent no later than 30 minutes prior to the scheduled 200m start to either confirm entry or scratch from the event. After the initial check-in, an announcement will be made once the 200m has been seeded. At that time, 200m competitors are required to report back to the Clerk's Tent for final check-in. Competitors will receive heat and lane assignments at final check-in.
- **Relay Cards:** Completed relay cards are to be turned in at the Clerk's tent no later than 30 minutes prior to the scheduled relay start. Relay cards will be included in team's packet.

### **HOSPITALITY**

Complimentary hospitality for all coaches and team staff will be available on competition day inside the hospitality tent outside the southwest corner of the track (*see pg. 4*). Issued wristbands will be required to access hospitality area. Each team is responsible for providing their own team meals for their student-athletes. Vendors are to drop-off meals in the Softball Lot and escorted by team staff (*see pg. 4*).

### **MEDIA + RESULTS**

Results will be available on [hawkeyesports.com](http://hawkeyesports.com). Live scoring will also be available on [hawkeyesports.com/tracklive](http://hawkeyesports.com/tracklive). To receive results electronically or submit media credential requests, please contact John Leo ([john-leo@uiowa.edu](mailto:john-leo@uiowa.edu)).

### **MEDICAL SERVICES**

Athletic Training will be available beginning two (2) hours prior to competition outside the northwest corner of the track (*see pg. 4*). An ambulance will arrive one (1) hour prior to the first event on Saturday. For questions, please contact Doug West at 319-530-5173.

### **PACKETS**

Coaches may pick-up packets upon arrival in the southwest corner of the track, near the track shed (*see pg. 4*). Packets may be delivered to the hotel upon request. Competitor bibs, wristbands and parking permits will be included in team's packet. Please include team's anticipated arrival time and desired pick-up location on the 'Team Travel Form' (*pg. 8*).

### **PRACTICE + WARM-UP AREAS**

The outdoor track is open for practice from 5:00 p.m. to 7:00 p.m. on Friday, April 19. Please indicate team's estimated arrival time on the 'Team Travel Form' (*pg. 8*). The Indoor Track Facility (ITF) will be available for warm-up on Saturday, April 20. The ITF will be available beginning two (2) hours prior to the first event. For ITF access and parking information, please refer to page 7.

Team camp area is located outside the northwest side of the track (*see pg. 4*). Teams are allowed to bring their own tents.

### **SPIKE RESTRICTIONS + IMPLEMENT INSPECTION**

Competitors are allowed to wear pyramid spike pins that are no longer than ¼" (6.4mm). Pyramid spike pins that are no longer than ⅜" (9.5mm) are allowed for the Javelin and High Jump events. Needle, Christmas tree or Omni-Light ¼" spikes are NOT allowed.

All implements must be inspected prior to competition. Implement inspection will be available inside the shed located in the southwest corner of the track (*see pg. 4*). Inspection will be available starting 90 minutes prior to the start of each throwing event. Athletes will be responsible for transporting implements to the event site as nothing will be impounded once checked in.



### TEAM DROP-OFF + PARKING

An area within the Softball Lot, west of the competition facility, will be designated for team drop-off and pick-up (*see pg. 5*). Team vehicles must be actively loading or unloading while positioned in this area. Once unloaded, vehicles must exit the parking lot and relocate to the designated parking location listed below:

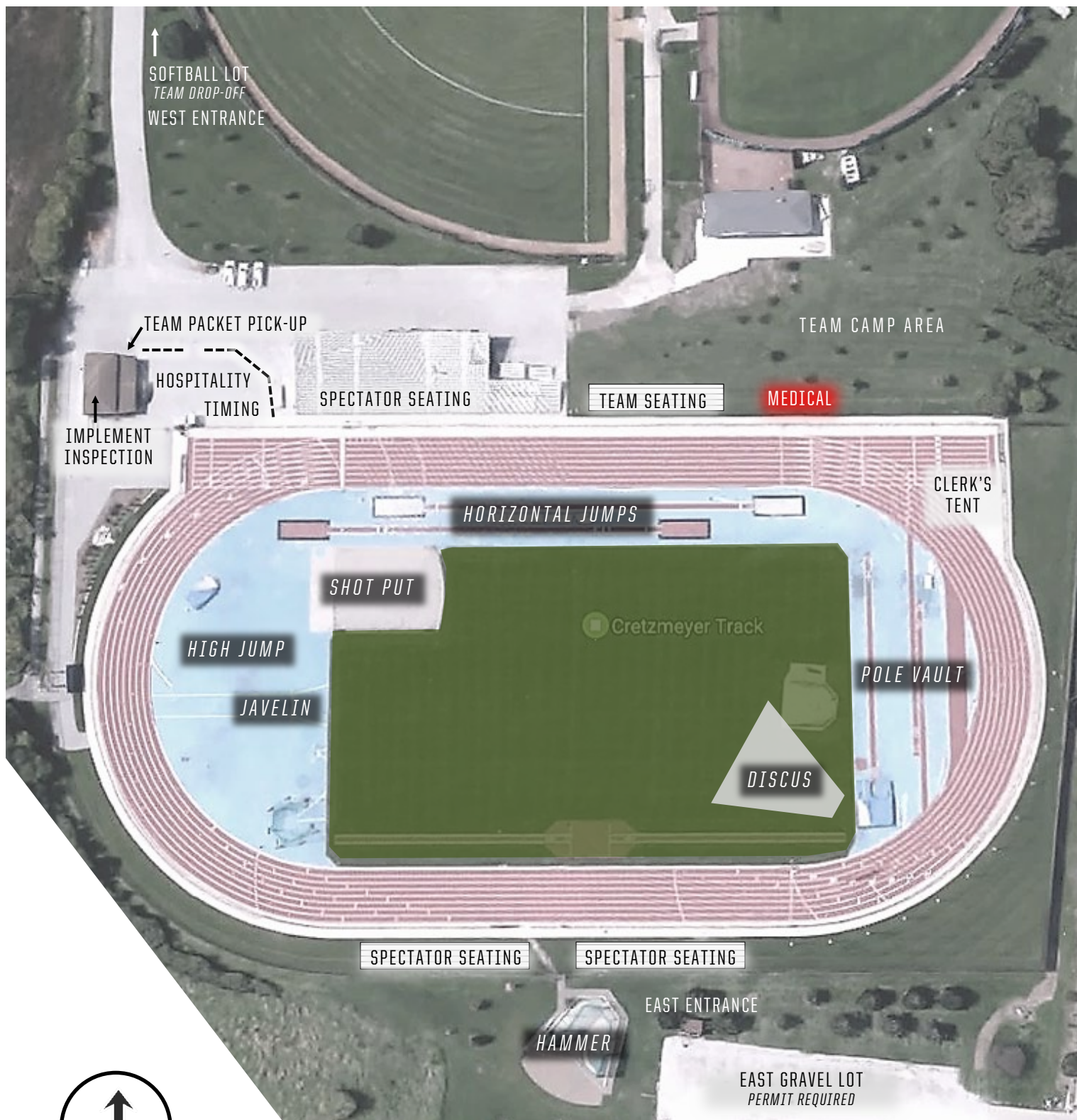
- **Passenger Vehicle:** Team passenger vehicle parking will be available in the East Gravel Lot, located outside the northeast corner of the track (*see pg. 5*). A specific parking permit will be required. To receive proper parking permits, please include team's transportation plan on the 'Team Travel Form' (*pg. 8*). Permit(s) will be included in team's packet.
- **Bus:** Parking is available for team buses at the Hawkeye Commuter Lot. For directions and shuttle information, please refer to page 6. GPS Address: [Hawkeye Commuter Lot, Iowa City, IA 52246](#)
- **Public:** Public parking will be available but limited within the Softball Lot, off of First Ave. (*see pg. 5*). Additional public parking will be available free of charge in the Hawkeye Commuter Lot (Lot 85) (*see pg. 6*). A complimentary bus shuttle service will be available to and from the competition facility on Saturday, beginning two (2) hours prior to the first event until one (1) hour after the meet. For more information and directions to Lot 85, please refer to page 6.

### TICKETS + WRISTBANDS

- **Wristbands:** Wristbands will be required for competitors and traveling team personnel on competition day. Please indicate the quantity of wristbands needed for travel party on the 'Team Travel Form' (*pg. 8*).
- **Team Pass List:** Guests of the student-athletes and team personnel will be admitted via a pass list on Saturday. Each student-athlete and coach are eligible for four (4) guests on competition day. Photo IDs will be required to enter via the pass gate. Please complete and return the 'Complimentary Admission List' (*pg. 9*) by Noon (CT) on Friday, April 19 to [avery-martensen@uiowa.edu](mailto:avery-martensen@uiowa.edu). The pass gate will be located at both the west and east entrances (*see pg. 4*).
- **Tickets:** Tickets will be sold onsite on Saturday, April 20. Adult tickets are \$5 and youth (12 and under) are free. Tickets will also be available to purchase online at [www.hawkeyesports.com/tickets](http://www.hawkeyesports.com/tickets) in advance. Gates will open one (1) hour prior to the first scheduled event of the day.
- **Prohibited Items:** The following items are prohibited, admission will be denied to anyone carrying such items:
  - Alcoholic beverages
  - Irritants, noisemakers or any disruptive device
  - Outside food, beverages or coolers
  - Pets or non-service animals
  - Tobacco of any kind
  - Weapons of any kind

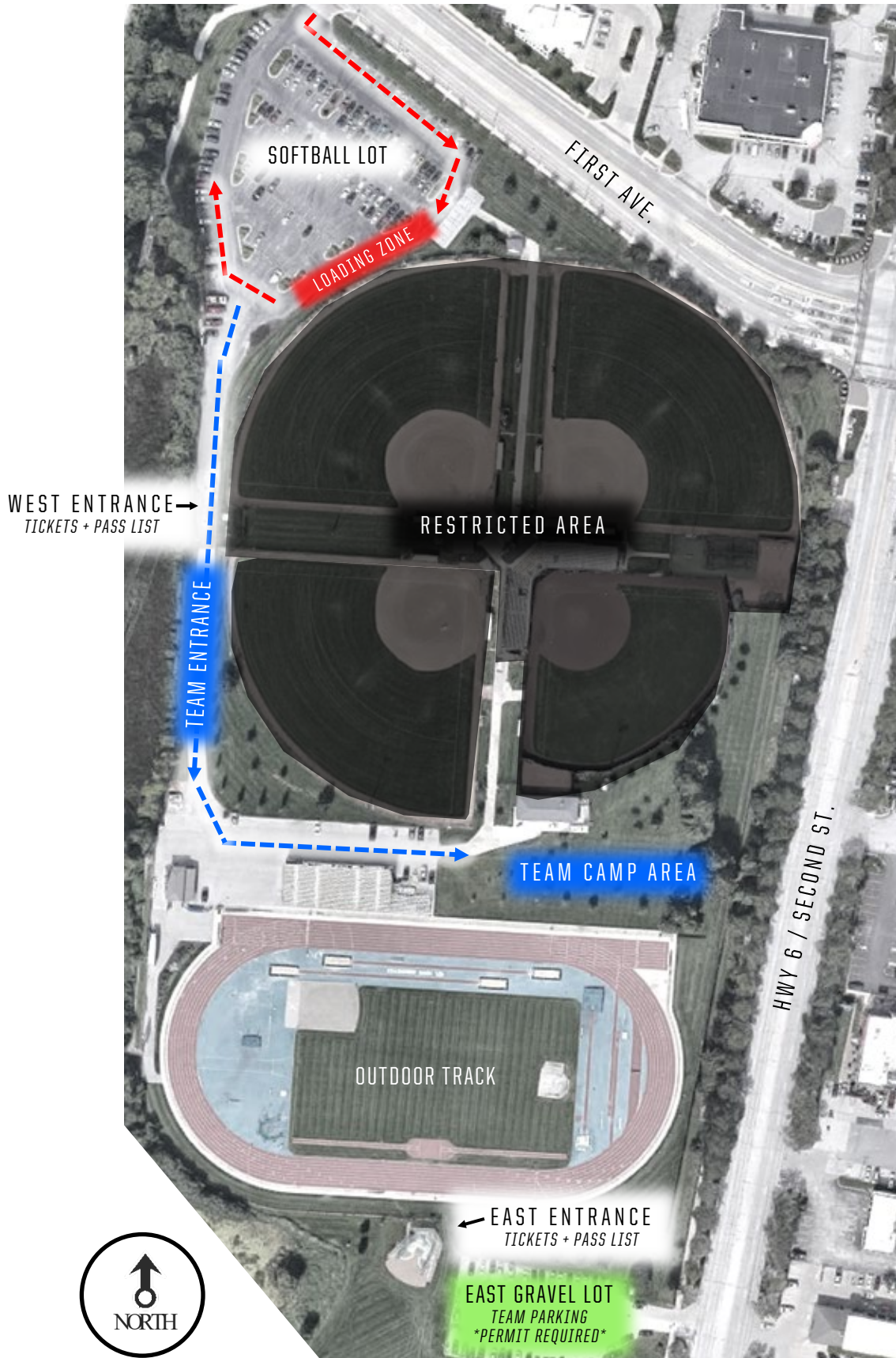


## OUTDOOR TRACK FACILITY DIAGRAM





**OUTDOOR TRACK FACILITY TEAM ACCESS**  
LOADING ZONE • ENTRANCE






## **PARKING + SHUTTLE SERVICE**

TEAM BUS • PUBLIC

Team bus and public parking will be available free of charge in the *Hawkeye Commuter Lot*, with a complementary bus shuttle service to and from the competition facility. The bus shuttle service will begin two (2) hours prior to the first event and continue one (1) hour after the meet.

### DIRECTIONS

- **Address:** [Hawkeye Commuter Lot, Iowa City, IA 52246](#)
- **Directions:** Head south on Mormon Trek Blvd. and continue for 0.4 miles. Turn right onto Hawkeye Park Rd. and continue for 0.6 miles. Hawkeye Commuter Lot will be on the right (*indicated in orange*). Hawkeye Commuter Lot is about 1.0 mile from the competition facility (*estimated 20-minute walk*).
- **Bus Shuttle Pick-up:** Complementary bus shuttles will pick-up and drop-off at the bus stop shelter in the middle of the lot (*indicated as *).





## **INDOOR TRACK FACILITY**

ENTRANCE • PARKING

### DIRECTIONS

- **Address:** [930 Evashevski Drive, Iowa City, IA 52240.](#)
- **Directions:** Head east on Hwy 6/Second St. At the intersection of Second St. and Hawkins Dr., turn right onto Hawkins Dr. Continue on Hawkins Dr. for about 0.5 miles then turn right onto Lot 43N Dr. at the second stop light. The facility will be on the right-hand side of the street, south of the baseball facility.

### LOADING ZONE

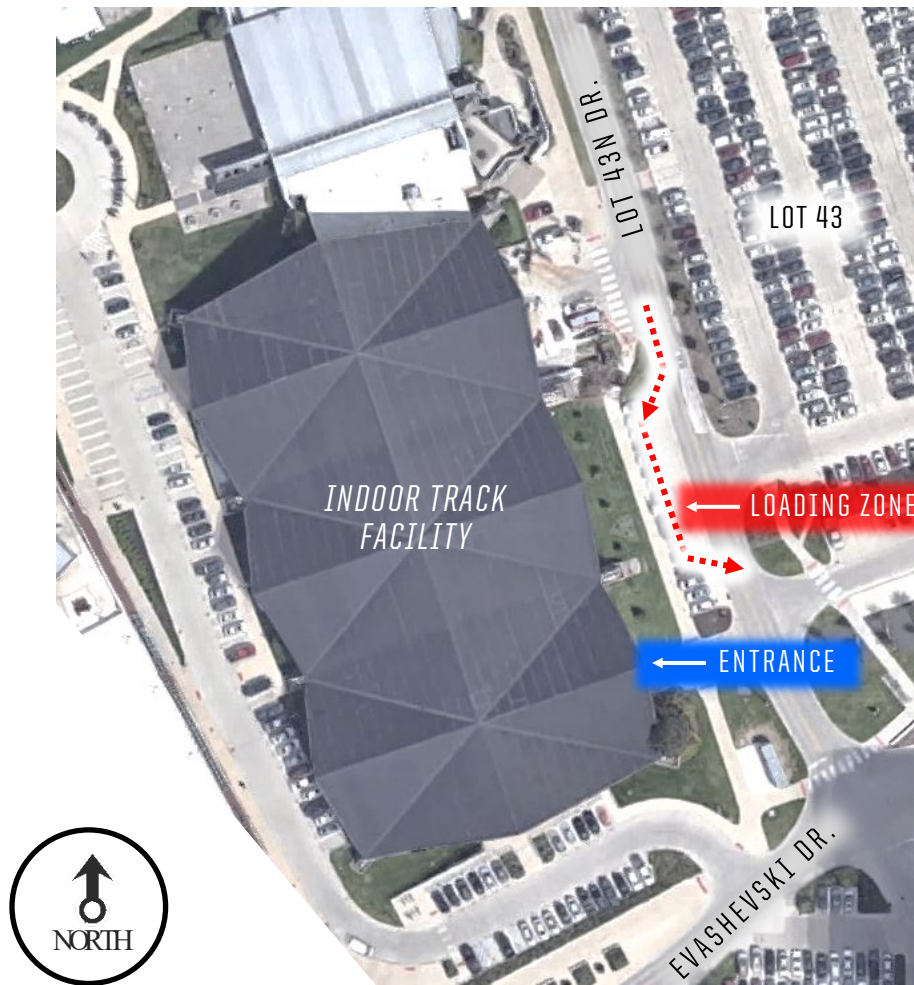
The loading zone is located on the east side of the Indoor Track Facility, between Lot 43N Dr. and the facility. Team buses are to drop-off in designated area (*indicated in red*), just off to the west side of Lot 43N Dr. **Vehicles must pull into the empty stalls and off of the street**, please do not drop-off on the street.

### PARKING

- **Passenger Vehicles:** Parking will be free of charge in Lot 43 on Saturday, April 22. Parking Lot 43 is located directly outside the east side and south end of the Indoor Track Facility.
- **Buses:** Parking is available for team buses at the Hawkeye Commuter Lot (*see pg. 6*).

### ENTRANCE

Enter through the double doors located outside the southeast corner of the facility. The doors used to enter the indoor track are to the left of the garage door (*indicated in blue*).







## TEAM TRAVEL FORM

INSTITUTION: \_\_\_\_\_ GENDER(S): \_\_\_\_\_

### LODGING

Hotel: \_\_\_\_\_  
Check-in Date: \_\_\_\_\_ Time: \_\_\_\_\_

### VEHICLES + ARRIVAL TIME

*Total quantity of vehicles:*  
# Buses: \_\_\_\_\_  
# Passenger Vehicles: \_\_\_\_\_

*Friday Practice:*  
Arrival Time: \_\_\_\_\_

*Saturday Competition:*  
Arrival Time: \_\_\_\_\_

### PACKET PICK-UP

Date: \_\_\_\_\_ Time: \_\_\_\_\_  
Location: \_\_\_\_\_

### TEAM MEAL VENDORS

*Team staff meeting delivery:*  
Name / Title: \_\_\_\_\_  
Cell Phone: \_\_\_\_\_

### WRISTBANDS

# Athletes Traveling: \_\_\_\_\_  
# Team Staff Traveling: \_\_\_\_\_

### ONSITE CONTACT

Name / Title: \_\_\_\_\_  
Cell Phone: \_\_\_\_\_

### TRAVEL PARTY

Head Coach: \_\_\_\_\_

Associate Head Coach: \_\_\_\_\_

Assistant Coaches: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Director of Operations: \_\_\_\_\_

Volunteer Coaches: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Administrative Staff: \_\_\_\_\_  
\_\_\_\_\_

Medical Staff: \_\_\_\_\_  
*Email:* \_\_\_\_\_  
*Cell:* \_\_\_\_\_

Media Staff: \_\_\_\_\_  
*Email:* \_\_\_\_\_  
*Cell:* \_\_\_\_\_

Other (please specify): \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Please complete and return prior to 5:00 p.m. (CT) on Monday, April 15 to:  
Shawn Koenigsberg ([shawn-koenigsberg@uiowa.edu](mailto:shawn-koenigsberg@uiowa.edu))



**COMPLIMENTARY ADMISSION LIST**

INSTITUTION: \_\_\_\_\_ GENDER(S): \_\_\_\_\_

Complimentary admission shall be provided only by a pass list for guest designated by the student-athlete and team personnel. Student-athletes may not receive any payment from any source for the complimentary admissions and may not exchange them for any item of value. Each student-athlete and coach is eligible for four (4) guests per contest. Transferring admissions between eligible teammates is permissible.

STUDENT-ATHLETE	GUEST	GUEST SIGNATURE
NAME: _____	1.	
	2.	
	3.	
	4.	
NAME: _____	1.	
	2.	
	3.	
	4.	
NAME: _____	1.	
	2.	
	3.	
	4.	
NAME: _____	1.	
	2.	
	3.	
	4.	
NAME: _____	1.	
	2.	
	3.	
	4.	
NAME: _____	1.	
	2.	
	3.	
	4.	
NAME: _____	1.	
	2.	
	3.	
	4.	
NAME: _____	1.	
	2.	
	3.	
	4.	

**Please complete and return prior to 12:00 p.m. (CT) on Friday, April 19 to:**  
Avery Martensen ([avery-martensen@uiowa.edu](mailto:avery-martensen@uiowa.edu))