Iowa has made 17 updates to the program top-10 lists through eight weeks of outdoor competition. Four Hawkeyes have set outdoor school records.

- **Junior Rivaldo Marshall** set the men's program record in the 800 meters at the Jim Click Shootout on April 6. Marshall's 1:45.86 ranks seventh in NCAA Division I this season.
- **Senior Alli Bookin-Nosbisch** broke the women's 800-meter record at the Florida Relays on March 30, racing 2:03.26. Bookin-Nosbisch also set the women's program indoor 800-meter record this spring (2:03.42).
- **Senior Kalen Walker** set the Iowa program record in the 100-meter dash on April 15 at the USF Alumni Invite, racing 10.09 to win the event. Walker, whose previous best was 10.18, topped teammate Austin Kresley's record set last season by one-hundredth of a second. Walker's time ranks fifth in the nation this year and is faster than any 100-meter time recorded by a Big Ten athlete during the 2023 season.
- **Sophomore Mike Stein** shattered his own school record with a 79.26-meter javelin throw to open outdoor season. The Milford, Iowa, native holds the third-best mark in the NCAA. Stein threw 75 meters or more on three of his six throws to win the event in Tampa; his previous record stood at 75.59 meters.

**THIS WEEK**
Iowa competes May 10-12 at the Big Ten Outdoor Championships in Ann Arbor, Michigan.

**HOW TO FOLLOW ALONG**
Live stream and result links can be found on the track and field schedule page at hawkeyesports.com. Updates and results will also be posted on the team's official ‘X’ account (@iowaXC_TF).

**2023 REWIND**
Fourteen members of the Iowa men's track and field roster were Big Ten Outdoor place-finishers last season in individual events. Current seniors Kalen Walker, Austin Kresley, De'Andre Stapleton Jr. and Austin West were runners up in the 4x100. Stapleton Jr. also contributed to the champion 4x400 squad. West was a Big Ten Champion in the 400 hurdles and Kresley won gold in the 200 meters. Senior Tionna Tobias was a Big Ten Outdoor Champion in the women's heptathlon. Iowa returns 12 place-finishers from individual women's events, as well as four Hawkeyes who were part of place-finishing relay squads.
IOWA QUICK FACTS
Location.............................................. Iowa City, Iowa
Founded.................................................. 1847
Enrollment.............................................. 31,452
President.......................... Barbara J. Wilson
Athletics Director......................... Beth Goetz
Administrator.......................... Eddie Etsey
School Colors......................... Black and Gold
Nickname.............................................. Hawkeyes
Conference............................ Big Ten
Facility.............................. Francis X. Cretzmeyer Track

OUTDOOR REGIONAL RANKINGS

<table>
<thead>
<tr>
<th>MASCULINE TEAM</th>
<th>CONVENTION</th>
<th>POINTS</th>
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<tbody>
<tr>
<td>1. IOWA</td>
<td>Big Ten</td>
<td>582.00</td>
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<tr>
<td>2. Iowa State</td>
<td>Big 12</td>
<td>566.74</td>
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<td>3. Nebraska</td>
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<td>544.76</td>
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<td>4. Oklahoma</td>
<td>Big 12</td>
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<tr>
<td>5. Oklahoma</td>
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<tr>
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<tr>
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<td>2. Nebraska</td>
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<td>646.77</td>
</tr>
<tr>
<td>3. Illinios</td>
<td>Big Ten</td>
<td>635.21</td>
</tr>
<tr>
<td>6. IOWA</td>
<td>Big Ten</td>
<td>429.91</td>
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NATIONAL RANKINGS

<table>
<thead>
<tr>
<th>USTFCCCA Outdoor Rankings</th>
<th>MEN</th>
<th>WOMEN</th>
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<tr>
<td></td>
<td>1.</td>
<td>1.</td>
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<tr>
<td>Florida</td>
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<tr>
<td>Texas A&amp;M</td>
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<td>Arkansas</td>
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<td>LSU</td>
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<td>Alabama</td>
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<td>Illinois</td>
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<td>Arkansas</td>
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<td>USC</td>
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<td>Texas Tech</td>
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<td>Texas</td>
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<td>Texas</td>
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<td>Auburn</td>
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<td>Northern Arizona</td>
<td>11.</td>
<td>Texas Tech</td>
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<td>Kentucky</td>
<td>12.</td>
<td>Ole Miss</td>
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<td>USF</td>
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<td>Notre Dame</td>
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<td>Mississippi State</td>
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<td>Alabama</td>
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<td>North Carolina</td>
<td>16.</td>
<td>USC</td>
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<td>Oklahoma State</td>
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<td>Florida State</td>
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<td>Iowa State</td>
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<td>Oklahoma State</td>
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<td>Virginia</td>
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<tr>
<td>BYU</td>
<td>25.</td>
<td>Washington</td>
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</table>

B1G WINNERS
The Iowa men's track and field program has claimed five outdoor Big Ten Championships, including two outdoor conference titles under Director of Track and Field Joey Woody. The Hawkeyes won back-to-back men's outdoor titles in 2021 and 2019. Iowa also won men's indoor titles in 2020 and 2021. The highest finish for the Iowa women's program is third place both outdoors and indoors; the Hawkeyes matched that third place result this season at the indoor championships in Geneva, Ohio.

- The men's program has produced 120 individual event championships and 24 relay titles at the Big Ten Outdoor Championships.
- The Iowa women have earned 36 individual Big Ten titles and six relay championships at the conference outdoor meet.

HAWKEYE HURDLERS
Seniors Mariel Bruxvoort, Paige Magee and Tionna Tobias contribute to a women's hurdle group that is ranked fourth in the nation in the 400-meter hurdles and seventh in the 100-meter hurdles.

Magee set the school record in the 100-meter hurdles (12.90) last season, while Tobias ranks third on the program record board (13.11). Magee ranks second at Iowa in the 400-meter hurdles (56.62) while Bruxvoort ranks fifth (56.71). Magee also set a school record in the 60-meter hurdles at Big Ten Indoors, racing 7.99 in the prelims to tie for the best time in the Big Ten and seventh nationally this year. Magee was a second-team All-American in the 60-meter hurdles. Iowa ranks sixth nationally in the men's 110 hurdles. The team returns three top-10 hurdlers in school history, including seniors Grant Conway, Gratt Reed and Austin West. Junior Kalil Johnson returns from a school-record shuttle hurdle relay team.

TONNIA TOBIAS-ED
In addition to her hurdle prowess, Tobias was a Big Ten Champion last season in the women's heptathlon, earning 5,640 points for the second-best total in program history. At the Florida Relays, Tobias improved to third in program history in the long jump at 6.51 meters (21’4.25”). Tobias helped Iowa to victory in the 4x100 meters at the Jim Click Shootout, tying for the No. 6 time in program history (44.44). Tobias is a two-time All-American, earning second-team honors in the 2024 indoor long jump and honorable mention in the 2023 heptathlon. Tobias and freshman Maud Zeffou-Poaty lead a long jump group ranked 12th nationally.

NEED FOR SPEED
Iowa returns a senior quartet in the men's 4x100 that placed eighth at the NCAA Outdoor Championships last season. The group includes Kalen Walker, Austin Kresley, Gratt Reed and Damoy Allen. Walker has been stellar for Iowa this season, setting program records in the 100 meters (10.09) and 60 meters (6.51). Kresley is first in men's program history in the 200 meters (20.26) and second in the 100 meters (10.10). On the women's side, senior Lia Love set the program 60-meter record at 7.24. Love was blazing in the outdoor opener with a wind-aided 11.15 in the 100 meters and helped the 4x100 team to a ninth all-time result (44.54). Love also was a member of the winning 4x100 at the Jim Click Shootout that ranks sixth at Iowa (44.44).

THE BOOKIN-NOSBISCH CLUB
Twins Alli and Grace Bookin-Nosbisch have etched their names in the annals of the Iowa record book. Alli broke the school record in the 800 meters at the Florida Relays, racing 2:03.26. She also set the indoor record (2:03.42) this season. Grace ranks fourth outdoors (2:05.49) and seventh indoors (2:02.21). In the indoor distance-medley, the duo shares room on the top line.

IN THE FAST LANE: RIVALDO MARSHALL
Senior Rivaldo Marshall busted the iowa outdoor 800-meter record to win the Jim Click Shootout, racing 1:45.86. That time surpasses the Olympic trials standard and ranks sixth in Division I this season. Marshall was named USTFCCCA Midwest Athlete of the Year on March 15 for his indoor accomplishments. Marshall became Iowa's first national champion in the 800 meters on March 9, running 1:46.96. Marshall also owns the program indoor record (1:46.86) set at the Tyson Invitational on Feb. 10. The Kingston, Jamaica, native arrived in Iowa City this season by way of Indian Hills, where he was an NJCAA Indoor National Champion in the 800 meters last season. Marshall has competed in just seven meets as a Hawkeye, earning five victories. Marshall was USTFCCCA Men's National DI Athlete of the Week for his win at the Jimmy Grant Invite on Dec. 9. Marshall placed fifth in the 800 (1:49.32) and anchored the 4x400 relay team to a third-place finish (3:07.48) at the Big Ten Indoor Championships.
UPDATING THE ALL-TIME LISTS
The Hawkeyes have made 50 updates to the program record boards this season, including 17 outdoor top-10 performances.
- Men's 100 meters: Walker (1st)
- Women's 800 meters: A. Bookin-Nosbisch (1st)
- Men's 800 meters: Marshall (1st)
- Men's 3K Steeplechase: Kuhn (3rd), Yuai (8th)
- Men's 10k: Burnett (7th), Yuai (8th)
- Women's 4x100: Tobias, Love, Duax Magee (T-6th) | Duax, Love, Pattison, Edison (10th)
- Women's Discus: Sydnie Smith (8th)
- Men's Hammer Throw: Smith (4th), Busch (5th)
- Women's Shot Put: Williams (4th)
- Men's Javelin: Stein (1st)
- Women's Javelin: Korczak (2nd)
- Women's Long Jump: Tobias (3rd), Zeffou-Poaty (5th)

GREAT INDOORS
The Hawkeyes reached historic heights this indoor season.
- The women's team placed third at the Big Ten Indoor Championships on Feb. 24, matching the program's best finish set last year. The Hawkeyes tallied 73 points and sent three qualifiers to the NCAA Indoor Championships.
- For the men, junior Rivaldo Marshall became the first 800-meter national champion in program history, racing 1:46.96 for the gold at nationals.
- Iowa placed ninth at the NCAA Indoor Championships with 21 points, good for the second-highest finish at the meet in school history. Iowa had four qualifiers and three first-team All-Americans.
- Iowa set seven school records during the indoor season:
  - Lia Love – Women's 60m (7.24)
  - Kalen Walker – Men's 60m (6.51)
  - Paige Magee – Women's 60m Hurdles (7.99)
  - Alii Bookin-Nosbisch – Women's 800m (2:03.42)
  - Rivaldo Marshall – Men's 800m (1:46.86)
  - Sean Smith – Men's Weight Throw (22.28m)
  - Daniela Wamokpego – Women's Triple Jump (13.24m)

RETURNING PRODUCTION
- The men's squad retains three Big Ten medalists, 20 conference place-finishers and 10 NCAA Outdoor Championships entries from a team that placed third at the conference meet last season.
- Five outdoor men's record-setters return. That group includes Kresley (100m, 200m), Stein (javelin), West (decathlon) and the 4x100 group of Walker, Kresley, Reed and Allen.
- Iowa's 4x100 relay team placed eighth at NCAA Outdoors last season and finished Big Ten runners-up. West is Iowa's top returner from nationals last season, where he placed third with 8,054 points in the men's decathlon.
- The women's program returns three Big Ten medalists and seven entries from the NCAA Outdoor Championships last spring.
- Magee competed in three events at nationals, including the 100-meter hurdles, 400-meter hurdles and 4x400-meter relay. Magee took runner-up in the 100-meter hurdles and 400-meter hurdles at the Big Ten meet.
- The women's team also returns three of four total individuals from last season that earned All-American honorable mentions.
- Tobias was the women's heptathlon Big Ten Champion in 2023.

UP NEXT
The NCAA West Preliminary is set for May 22-25 in Fayetteville, Arkansas.

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**2024 OUTDOOR SEASON BESTS**

<table>
<thead>
<tr>
<th>Event</th>
<th>Distance/Time</th>
<th>Name</th>
</tr>
</thead>
<tbody>
<tr>
<td>100 Meters</td>
<td>10.09</td>
<td>Kalen Walker</td>
</tr>
<tr>
<td>110 Hurdles</td>
<td>13.67</td>
<td>Rivaldo Marshall</td>
</tr>
<tr>
<td>200 Meters</td>
<td>20.68</td>
<td>Austin Kresley</td>
</tr>
<tr>
<td>400 Meters</td>
<td>46.64</td>
<td>Joseph Pugh</td>
</tr>
<tr>
<td>800 Meters</td>
<td>1:45.86</td>
<td>Rivaldo Marshall</td>
</tr>
<tr>
<td>1,500 Meters</td>
<td>3:51.99</td>
<td>Ian Geisler</td>
</tr>
<tr>
<td>3,000 Steeplechase</td>
<td>8:50.99</td>
<td>Hayden Kuhn</td>
</tr>
<tr>
<td>5,000 Meters</td>
<td>14:11.52</td>
<td>Will Ryan</td>
</tr>
<tr>
<td>10,000 Meters</td>
<td>29:41.66</td>
<td>Brayden Burnett</td>
</tr>
<tr>
<td>4x100 Relay</td>
<td>39.55</td>
<td>Walker, Kresley, Stein, Johnson</td>
</tr>
<tr>
<td>4x400 Relay</td>
<td>3:07.48</td>
<td>Lewis, Pugh, Marshall, Belken</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Event</th>
<th>Distance/Time</th>
<th>Name</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pole Vault</td>
<td>13-11 1/4 (4.25m)</td>
<td>Sal Capaldo</td>
</tr>
<tr>
<td>Long Jump</td>
<td>25-2 (7.67m)</td>
<td>Austin West</td>
</tr>
<tr>
<td>Triple Jump</td>
<td>49-11 (15.21m)</td>
<td>Precious Irivi</td>
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<tr>
<td>Shot Put</td>
<td>58-7 1/4 (17.86m)</td>
<td>Jordan Johnson</td>
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<tr>
<td>Discus</td>
<td>190-3 (58.00m)</td>
<td>Sean Smith</td>
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<tr>
<td>Hammer Throw</td>
<td>222-4 (67.78m)</td>
<td>Mike Stein</td>
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**WOMEN'S OUTDOOR SEASON BESTS**

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<tr>
<th>Event</th>
<th>Distance/Time</th>
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<tbody>
<tr>
<td>100 Meters</td>
<td>11.15</td>
<td>Lia Love</td>
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<tr>
<td>100 Hurdles</td>
<td>12.99</td>
<td>Paige Magee</td>
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<tr>
<td>200 Meters</td>
<td>23.61</td>
<td>Lia Love</td>
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<tr>
<td>400 Meters</td>
<td>54.09</td>
<td>Alii Dorn</td>
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<td>400 Hurdles</td>
<td>57.45</td>
<td>Mariel Bruxvoort</td>
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<tr>
<td>800 Meters</td>
<td>2:03.24</td>
<td>Alli Bookin-Nosbisch</td>
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<tr>
<td>1,500 Meters</td>
<td>4:23.52</td>
<td>Amber Aesoph</td>
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<td>3,000 Meters</td>
<td>10:58.83</td>
<td>Audra Soderling</td>
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<tr>
<td>3,000 Steeplechase</td>
<td>11:12.62</td>
<td>Brooke McKeever</td>
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<td>5,000 Meters</td>
<td>15:59.13</td>
<td>Miriam Sandeen</td>
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<tr>
<td>4x100 Relay</td>
<td>3:37.92</td>
<td>Pattison, Love, Duax, Magee</td>
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<tr>
<td>4x400 Relay</td>
<td>3:37.92</td>
<td>Bruxvoort, Dorn, Perry, Duax</td>
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<td>Dist. Medley Relay</td>
<td>11:59.28</td>
<td>Tenpas, Fitzpatrick, Cortez, Sandeen</td>
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<td>4x1,600 Relay</td>
<td>20:47.42</td>
<td>Kelly, Blazek, Tenpas, Kalaway</td>
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<tr>
<td>High Jump</td>
<td>5.9-1 1/4 (1.76m)</td>
<td>Annie Wirth</td>
</tr>
<tr>
<td>Long Jump</td>
<td>6.51m</td>
<td>Tiona Tobias</td>
</tr>
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<td>Triple Jump</td>
<td>13.15m</td>
<td>Daniela Wamokpego</td>
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<tr>
<td>Shot Put</td>
<td>16.83m</td>
<td>Kat Moody</td>
</tr>
<tr>
<td>Discus</td>
<td>56.84m</td>
<td>Kat Moody</td>
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<tr>
<td>Hammer Throw</td>
<td>50.62m</td>
<td>Alivia Bauer</td>
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<tr>
<td>Heptathlon</td>
<td>5.332 points</td>
<td>Annie Wirth</td>
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* -- school record, % -- wind-aided

**MEDIA INFORMATION**

Please contact John Leo and Jack Bacon for the Media Availability Schedule. For specific student-athlete requests, please notify John and Jack at least 24-hours in advance. Coach Woody and select student-athletes will address the media following home meets.

**UI STRATEGIC COMMUNICATIONS**

John Leo (Assistant Director)
Cell Phone: 319-429-1075
Email: john-leo@uiowa.edu

Jack Bacon (Communications Contact)
Cell Phone: 319-330-4403
Email: john-r-bacon@uiowa.edu
The University of Iowa track and field team practices and competes at the Francis X. Cretzmeyer Track during the outdoor season. Located within walking distance of Carver-Hawkeye Arena and Pearl Field, the track was completed in 1986. The facility was named after the late Francis X. Cretzmeyer, who coached the men's cross country and track teams from 1948-78 and led the Hawkeyes to five Big Ten team titles.

In June 2008, floodwaters and debris damaged the entire track complex, which was completely reconstructed and refinshed for competition in 2010. The track features an IAAF certified, BSS 1000 track and field surface designed by Benyon Sports Surfaces. The state of the art full-pour polyurethane surface provides the resiliency and return of energy necessary for NCAA athletes to compete at the highest level.

Iowa hosted the 1987, 2000, 2011, and 2019 Big Ten Championships at Cretzmeyer Track. The Hawkeyes won the conference title on their home track in 2011 (men) and 2019 (men).
MEN’S OUTDOOR ALL-TIME TOP 10 PERFORMERS

100 Meters
1. Kalen Walker, 2024 .......................... 10.09
2. Austin Kresley, 2023 .......................... 10.10
3. Justin Austin, 2011 .......................... 10.21
4. O’Shea Wilson, 2017 .......................... 10.22
5. George Page, 1996 .......................... 10.25
7. Anthuan Maybank, 1994 .......................... 10.31
Tim Dwight, 1997 .......................... 10.31
Josh Larney, 2013 .......................... 10.31
Vinnie Saucer, Jr., 2015 .......................... 10.31

110-Meter High Hurdles
3. Josh Braverman, 2022 .......................... 13.41
5. Pat McGhee, 1989 .......................... 13.50
Gratt Reed, 2023 .......................... 13.50
7. Dion Trowers, 1996 .......................... 13.62
8. Ronnie McCoy, 2018 .......................... 13.66
Grant Conway, 2022 .......................... 13.66
10. Ethan Holmes, 2011 .......................... 13.73

200 Meters
1. Austin Kresley, 2023 .......................... 20.26
2. Justin Austin, 2011 .......................... 20.46
4. James Harrington, 2015 .......................... 20.50
5. Karayme Bartley, 2019 .......................... 20.51
Gratt Reed, 2023 .......................... 20.54
7. Anthuan Maybank, 1994 .......................... 20.55
8. Victor Green, 1984 .......................... 20.60
9. Antonio Woodard, 2018 .......................... 20.61
10. Andre Morris, 1995 .......................... 20.64

400 Meters
1. Jenoah McKiver, 2022 .......................... 44.74
2. Mar‘yea Harris, 2018 .......................... 44.94
3. Anthuan Maybank, 1993 .......................... 44.99
4. Andre Morris, 1995 .......................... 45.15
5. Mike Mondane, 1967 .......................... 45.20
6. Wayne Lawrence, Jr., 2019 .......................... 45.33
7. Steven Willey, 2010 .......................... 45.78
8. Karayme Bartley, 2019 .......................... 45.80
9. Everett Steward, 2022 .......................... 45.94
10. DeJuan Frye, 2018 .......................... 46.17

400-Meter Hurdles
1. Pat McGhee, 1988 .......................... 48.94
2. Austin West, 2023 .......................... 49.34
3. Jamal Britt, 2021 .......................... 49.69
4. Julien Gillum, 2023 .......................... 49.73
5. Monte Raymond, 1998 .......................... 50.09
7. Chris Douglas, 2019 .......................... 50.32
8. Michael Melchert, 2018 .......................... 50.45
9. Russell Peterson, 2001 .......................... 50.50
10. Ethan Holmes, 2013 .......................... 50.51

800 Meters
1. Rivaldo Marshall, 2024 .......................... 1:45.86
2. Erik Sowinski, 2012 .......................... 1:45.90
3. Matt Manternach, 2019 .......................... 1:46.93
4. Carter Lilly, 2016 .......................... 1:46.95
5. Alec Stil, 2022 .......................... 1:47.50
6. Bill Frazier, 1962 .......................... 1:47.64
7. D‘Juan Strozier, 1990 .......................... 1:47.82
8. Adam Hairston, 2011 .......................... 1:48.10
10. Armando Bryson, 2022 .......................... 1:48.31

1,500 Meters
1. Max Murphy, 2022 .......................... 3:40.63
2. Jeff Thode, 2010 .......................... 3:43.02
4. Joel Moeller, 1978 .......................... 3:44.01
5. Jim Docherty, 1978 .......................... 3:44.30
6. Nathan Mylenek, 2019 .......................... 3:44.49
7. Sam Fourman, 2015 .......................... 3:44.50
8. Michael Melchert, 2018 .......................... 3:44.59
9. Adam Jones, 2017 .......................... 3:45.48

3,000-Meter Steeplechase
1. Nathan Mylenek, 2021 .......................... 8:35.41
2. Deacon Jones, 1956 .......................... 8:47.40
3. Hayden Kuhn, 2024 .......................... 8:50.99
4. Steve Pershing, 1978 .......................... 8:54.59
5. Andy Morris, 2000 .......................... 8:56.21
6. Matt Gerard, 1994 .......................... 8:57.01
7. Andy Napier, 2008 .......................... 8:57.54
8. Yohana Yual, 2024 .......................... 9:02.33
10. Al Greene, 1985 .......................... 9:09.96

5,000 Meters
1. Max Murphy, 2023 .......................... 13:39.77
2. Micah VanDenend, 2007 .......................... 13:49.31
3. Nathan Mylenek, 2021 .......................... 13:54.15
7. Kevin Herd, 1993 .......................... 13:59.00
8. Stetson Steele, 2000 .......................... 14:02.76
9. Kevin Lewis, 2014 .......................... 14:02.78
10. Eric MacTaggart, 2005 .......................... 14:04.79
10,000 Meters
1. Stetson Steele, 2000 .............. 28:44.47
2. Daniel Soto, 2021 .............. 28:48.18
3. Eric MacTaggart, 2006 .............. 28:50.23
4. Max Murphy, 2022 .............. 28:57.96
5. Kevin Lewis, 2015 .............. 28:59.62
7. Brayden Burnett, 2024 .............. 29:41.66
8. Nick Nordheim, 2002 .............. 29:44.71
9. Trent Corey, 2002 .............. 29:45.25
10. Ian Ekin, 2017 .............. 29:47.06

Decathlon
1. Austin West, 2022 .............. 8,331 pts
2. Will Daniels, 2021 .............. 7,864 pts
3. William Dougherty, 2018 .............. 7,673 pts
4. Peyton Haack, 2021 .............. 7,458 pts
5. Kyle Reid, 2013 .............. 7,203 pts
7. Sal Capaldo, 2004 .............. 7,085 pts
8. Dan Rolling, 2010 .............. 6,957 pts
9. Scott Faber, 2000 .............. 6,839 pts
10. Ryan Niver, 2008 .............. 6,837 pts

High Jump
1. Jeffery Herron, 2012 .............. 7-4 1/4 (2.24)
2. Bill Hansen, 1978 .............. 7-4 (2.23)
Bill Knoedel, 1975 .............. 7-4 (2.23)
3. Kevin Spejcher, 2014 .............. 7-2 1/2 (2.20)
4. M. Cunningham, 1986 .............. 7-1 (2.16)
Kenneth Lansing, 1988 .............. 7-1 (2.16)
Jay Hunt, 2019 .............. 7-1 (2.16)
5. Pat Meade, 1987 .............. 7-0 1/4 (2.14)
Zack Pluff, 2023 .............. 7-0 1/4 (2.14)

Pole Vault
1. Todd Wigginton, 1984 .......... 17-0 (5.18)
2. Chad Ohly, 1994 .......... 16-8 3/4 (5.10)
Kyle Reid, 2013 .......... 16-8 3/4 (5.10)
4. Andy Jatis, 2018 .......... 16-7 1/2 (5.07)
5. Phil Wertman, 1971 .......... 16-7 (5.05)
Kelly Scott, 1988 .......... 16-7 (5.05)
6. Peyton Haack, 2021 .......... 16-4 3/4 (5.00)

Long Jump
1. Anthuan Maybank, 1993 .............. 27-1 (8.25)
3. James Carter, Jr., 2022 .......... 26-3 (8.00)
10. Ronnie McCoy, 1985 .......... 25-0 (7.62)

Triple Jump
2. Troy Doris, 2012 .............. 54-8 (16.66)
4. Babatunde Amosu, 2015 .............. 53-0 (16.15)
5. Antwon James, 2017 .............. 52-4 1/2 (15.96)
6. Klyvans Delaunay, 2013 .............. 52-2 1/2 (15.91)
8. Mike Lacy, 1984 .............. 50-5 (15.36)
9. Deandre Stapleton, Jr., 2023 .............. 50-4 3/4 (15.36)
10. Precious Irivi, 2024 .............. 49-11 (15.21)

Discus
1. Gabe Hull, 2014 .............. 207-1 (63.11)
2. Reno Tuufull, 2019 .............. 205-2 (62.54)
5. Jeremy Allen, 2001 .............. 195-4 (59.54)
6. Jordan Johnson, 2022 .............. 195-3 (59.52)
7. Tim Brodersen, 2005 .............. 193-6 (58.98)
8. Avery Meyers, 2017 .............. 185-8 (56.61m)
9. Brad Daufeldt, 2004 .............. 185-0 (56.40)

Hammer
1. A. van der Westhuizen, 2001 .............. 222-11 (67.94)
2. Sean Smith, 2024 .............. 222-4 (67.78)
3. Adam Hamilton, 2007 .............. 222-2 (67.73)
4. Jim Costello, 2002 .............. 217-7 (66.32)
5. Austin Busch, 2024 .............. 213-11 (65.22)
6. Brad Daufeldt, 2004 .............. 207-10 (63.34)
7. Chris Voller, 2005 .............. 206-0 (62.80)
8. Matt Banse, 2012 .............. 201-11 (61.55)
9. Tyler Lienau, 2021 .............. 199-6 (60.81)
10. Jeremy Allen, 2001 .............. 199-0 (60.66)

Javelin
1. Mike Stein, 2024 .............. 260-0 (79.26)
2. Matt Byers, 2011 .............. 245-8 (74.89)
3. Bill Neumann, 2002 .............. 244-8 (74.58)
4. Dan Ralph, 2000 .............. 227-10 (69.44)
5. Austin West, 2023 .............. 212-9 (64.85)
6. Sam Joens, 2015 .............. 211-5 3/4 (64.45)
7. Zach Schimp, 2010 .............. 211-0 (64.32)
8. Alex Balke, 2016 .............. 205-11 (62.77)
9. Kyle Katt, 2007 .............. 204-0 (62.17)
10. Joel Storm, 2004 .............. 203-5 (62.01)
**MEN’S OUTDOOR ALL-TIME TOP 10 RELAYS**

### 4x100-Meter Relay
1. Walker, Kresley, Reed, Allen, 2023 .................. 38.64
2. Walker, Kresley, Reed, K. Jefferson, 2022 ........ 39.03
4. Hofacker, Woodard, Lawrence Jr., Bartley, 2019 .. 39.17
   **Walker, Kresley, Reed, Stapleton Jr., 2023** ...... 39.19
6. Lawrence Jr., Woodard, Bartley, Harris, 2019 ... 39.25
7. Morris, Davis, Page, Rozell, 1995 .................. 39.31
8. Frye, Woodard, Hofacker, Harris, 2018 .......... 39.45
9. West, Bryson, Gudgel, Gillum, 2022 ............... 39.42
10. Frye, Woodard, Hofacker, Harris, 2018 .......... 39.69

### Shuttle hurdle Relay
1. Conway, Braverman, K. Johnson, Reed, 2022 .... 56.74
3. Wigginton, Jones, Lacey, McCoy, 1985 .......... 59.77
4. Williams, Haack, Braverman, McConico, 2019 ... 1:01.14
5. Walker, Kresley, Reed, Stapleton Jr., 1987 .... 1:02.20

### 4x200-Meter Relay
1. James, Mallett, Harris, B. Thompson, 2017 ....... 1:23.02
2. B. Thompson, Brissett, Harrington, Ganschow, 2016 1:23.36
3. B. Thompson, Ganschow, Frye, Hofacker, 2017 .... 1:23.73
4. Richardson, Sayon, Richards, Chaney, Jr, 2009 ... 1:24.85
5. Harrington, VanCleave, Wilson, Mallett, 2014 .... 1:24.86
6. Austin, Brown, Larney, VanCleave, 2013 ......... 1:25.60
7. Wilson, Sorrells, Douglas, Williams, 2018 ....... 1:25.87
10. Thomas, Balkrishnan, Patterson, Freidrich, 1991 1:28.38

### 4x400-Meter Relay
1. Lawrence Jr., Woodard, Bartley, Harris, 2019 ...... 3:00.14
2. Steward, Richards, Gudgel, Gillum, 2022 ......... 3:01.79
3. Frye, Harris, Hofacker, Ogwo, 2017 ............... 3:01.91
5. Lietz, Woodard, Gudgel, Lawrence, Jr., 2021 .... 3:02.54
6. Lawrence Jr., Woodard, Hofacker, Harris, 2019 . 3:03.10
7. Morris, Davis, Page, Rozell, 1995 ................. 3:03.11
8. Branch, Dwight, Dodge, Yamini, 1999 ............. 3:03.29
9. West, Bryson, Gudgel, Gillum, 2022 ............... 3:03.62
10. Frye, Woodard, Hofacker, Harris, 2018 .......... 3:03.69

### Sprint Medley Relay
1. McCorlkle, Jones, Chung, Strozier, 1990 .......... 3:15.64
4. Richardson, Richards, Willey, Sowinski, 2010 .... 3:17.74
6. Hofacker, Woodard, Harris, VanDraska, 2018 .... 3:18.11
7. Saucer, Jr., Brissett, Harris, Lilly, 2016 ........ 3:18.53

### 4x800-Meter Relay
1. Schum, Christensen, Steffen, Criswell, 1971 ...... 7:18.60
3. VanDraska, Still, Teubel, Lilly, 2019 ............ 7:22.50
4. Hairston, Prom, Thode, Sowinski, 2011 .......... 7:23.77
5. Manternach, VanDraska, W. Teubel, Lilly, 2017 7:24.77
6. Schreiner, Strong, Bryson, Gudgel, 2023 ........ 7:26.00
7. Melchert, Manternach, N. Teubel, Lilly, 2018 .... 7:28.37
8. Corrigan, Blackman, Strozier, Chambers, 1989 .... 7:29.00
9. Hoffman, Olson, Still, VanDraska, 2021 .......... 7:29.81
10. Melchert, Dorman, Lilly, Larrison, 2016 ........ 7:30.32

### Distance Medley Relay
2. Kuczwara, Barton, Hairston, Thode, 2011 ........ 9:41.37
3. N. Holmes, VanCleave, Sowinski, Thode, 2012 .... 9:41.59
4. Young, Barton, Kuczwara, Luciano, 2010 ......... 9:42.97
5. Lewis, Steward, Abrego, Murphy, 2022 ........... 9:47.73
6. Mylenek, Thompson, Manternach, Melchert, 2018 9:50.70
7. VanDraska, Lawrence Jr, Teubel, Mylenek, 2019 9:53.14
10. Wilfong, Slaymaker, W. Teubel, Witt, 2013 ...... 9:54.05

### 4x1,600-Meter Relay
1. Pershing, Fuller, Moeller, Docherty, 1978 .......... 16:27.70
2. Rakaric, Webster, MacTaggart, VanDenend, 2006 16:55.43
4. Price, Ekl, Gardarsea, Docherty, 2016 .......... 17:00.30
5. Paul, Kadlec, Thode, Luciano, 2010 ............... 17:01.46
7. N. Holmes, Witt, Thode, Lewis, 2012 ............ 17:02.26
8. Thomas, Allen, Rakaric, Lloyd, 2003 .............. 17:06.27
9. Yuval, Geisler, Pendergast, Kuhn, 2023 .......... 17:11.68
10. Pittman, Novotny, Feeldy, Marquardt, 1995 ...... 17:12.49
### WOMEN’S OUTDOOR ALL-TIME TOP 10 PERFORMERS

#### 100 Meters
1. LaSarah Hargrove, 2022 .............. 11.20
2. Lia Love, 2023 ..................... 11.21
3. Brittany Brown, 2018 .............. 11.28
4. Briana Guillory, 2016 .............. 11.35
5. Lake Kwaza, 2015 .................. 11.40
6. Vivien McKenzie, 1985 ............ 11.45
7. Davera Taylor, 1984 ............... 11.51
8. Erica Broomfield, 1998 ......... 11.53
10. Tanja Reid, 1994 ................. 11.60

#### 100-Meter Hurdles
1. Paige Magee, 2023 .............. 12.90
2. Myreanna Bebe, 2023 ............ 12.94
3. Tionna Tobias, 2023 ............ 13.11
4. Tiffany Johnson, 2007 ............ 13.20
5. Jenny Kimbro, 2018 ............. 13.22
7. Tria Simmons, 2019 ............ 13.49
8. Natalie Harris, 2023 ............ 13.49
10. C. Prendergast, 1999 ....... 13.60
11. Paula Ruen, 2000 ............... 13.60

#### 200 Meters
2. LaSarah Hargrove, 2022 ...... 22.72
3. Briana Guillory, 2016 ....... 22.89
4. Elexis Guster, 2016 .......... 23.03
5. Lake Kwaza, 2016 ............. 23.17
6. Lia Love, 2023 ................. 23.23
7. Shellei Williams, 2004 ..... 23.50
8. Kineke Alexander, 2006 ... 23.58
9. Davera Taylor, 1984 ....... 23.59
10. Vivien McKenzie, 1985 ... 23.61
11. Paige Magee, 2023 ....... 23.61

#### 400 Meters
1. Briana Guillory, 2018 ....... 51.30
2. Kineke Alexander, 2006 ... 51.35
3. Elexis Guster, 2016 ....... 51.85
4. Shellei Williams, 2004 ... 51.94
5. Ashley Liverpool, 2012 ... 52.47
6. Ellen Grant, 1996 ....... 52.65
7. Audry Biermann, 2023 ...... 52.67
8. Tesa Roberts, 2023 ...... 52.86
9. Alexis Hernandez, 2017 ... 53.27
10. Chloee Larsen, 2023 .... 53.41

#### 400-Meter Hurdles
1. Mary Knoblauch, 1981 ...... 56.16
2. Paige Magee, 2022 ...... 56.62
4. Montayla Holder, 2014 ... 56.70
5. Mariel Bruvoort, 2023 ...... 56.71
6. Erin Dowd, 2022 ........ 56.77
7. Payton Wensel, 2022 .... 57.63
8. Jenny Kimbro, 2019 .... 58.27
9. Nyiah Perry, 2023 ...... 58.28
10. Chris Davenport, 1981 ... 59.18

#### 800 Meters
1. Alli Bookin-Nosbisch, 2024 ..... 2:03.24
2. Bethany Praska, 2011 ...... 2:03.77
3. Mallory King, 2021 ....... 2:05.23
4. Grace Bookin-Nosbisch, 2023 2:05.49
5. Kay Stormo, 1982 ....... 2:05.67
6. Clare Pitcher, 2022 ........ 2:06.05
7. Taylor Arco, 2019 ....... 2:06.06
8. Michelle Lahann, 2004 ... 2:06.79
9. Katharina Trost, 2015 ... 2:07.09
10. Mahnee Watts, 2016 ... 2:07.41
11. Aisha James, 2023 .... 2:07.55

#### 1,500 Meters
2. Betsy Flood, 2010 ........ 4:17.75
5. Lauren Hardesty, 2009 ....... 4:20.40

#### 3,000 Meters
1. Diane Nukuri, 2008 .............. 9:18.82
10. Jennifer Brower, 1992 ...... 9:34.59

#### 3,000-Meter Steeplechase
1. Marta Bote Gonzalez, 2015 .......... 10:23.15
2. Danielle Berndt, 2011 ........ 10:26.54
4. Sarah Arens, 2004 ........ 10:34.50
6. Brooke McKeel, 2023 ....... 10:39.88
7. Madison Waymire, 2017 ........ 10:41.91
9. Anna Hostetler, 2019 ...... 10:57.25

#### 5,000 Meters
1. Na Doak, 1985 .............. 15:45.84
5. Meghan Armstrong, 2008 ...... 16:08.83
7. Mareike Schrulle, 2013 ...... 16:12.66
8. Jenny Spangler, 1983 ........ 16:17.21
10. Racheal Marchand, 2008 ...... 16:27.02
Women’s Outdoor All-Time Top 10 Performers

10,000 Meters
1. Diane Nukuri, 2008 .......................... 33:17.01
4. Nan Doak, 1985 .......................... 33:33.03
6. Andrea Shine, 2018 .......................... 33:50.25
7. Racheal Marchand, 2008 .................. 34:05.87
9. Tracy Dahl, 1992 .......................... 34:30.09
10. Maddie Block, 2023 .................. 34:44.62

Heptathlon
1. Jenny Kimbro, 2021 .......................... 5,679 pts
2. Tionna Tobias, 2023 .......................... 5,640 pts
3. Tammilee Kerr, 2008 .......................... 5,633 pts
4. Tria Simmons, 2019 .......................... 5,557 pts
5. Dallyssa Huggins, 2021 .................. 5,437 pts
6. Annie Wirth, 2024 .......................... 5,332 pts
8. Tiff Pedersen, 2004 .......................... 4,976 pts
10. Sarah Ryan, 2012 .......................... 4,819 pts

High Jump
1. Peaches Roach, 2006 .......................... 6-1 1/4 (1.86)
2. Jenny Kimbro, 2019 .......................... 6-0 3/4 (1.85)
3. Mary Mol, 1983 .......................... 6-0 (1.83)
4. Khanishah Williams, 2013 5-11 1/4 (1.81)
5. Dallyssa Huggins, 2021 5-10 1/2 (1.79m)
6. Caleigh Bachus, 2010 .......................... 5-10 (1.78)
7. Lynn McMillan, 1988 .......................... 5-9 1/4 (1.76)
8. Aubrianna Lantrip, 2018 .......................... 5-9 1/4 (1.76)
9. Trias Simmons, 2019 .......................... 5-9 1/4 (1.76)
10. Annie Wirth, 2024 .......................... 5-9 1/4 (1.76)

Long Jump
1. Aisha James, 2003 .......................... 22-3 (6.78)
2. Jahisha Thomas, 2018 .......................... 21-6 (6.55)
3. Tionna Tobias, 2024 .......................... 21-4 1/4 (6.51)
4. Zinnia Miller, 2014 .......................... 20-6 1/2 (6.26)
8. Amanda Carty, 2019 19-11 1/2 (6.08)
10. Jenny Kimbro, 2018 .......................... 19-7 (5.97)

Triple Jump
4. Zinnia Miller, 2014 2-0 2 (12.81)
5. Kayla Hutchins, 2021 41-10 (12.75)
7. Evion Richardson, 2021 41-1 (12.52)
8. Carisa Leacock, 2012 40-10 1/2 (12.46)
10. Becki Borg, 1988 40-7 1/2 (12.38)

Pole Vault
3. Kirsten Weisman, 2011 .......................... 12-0 (3.66)
5. Katie Trewdon, 2010 .......................... 11-5 1/4 (3.49)
7. Brittany Holst, 2013 .......................... 11-1 (3.38)
8. Ellyssa Tracy, 2015 .......................... 10-6 (3.20)
9. Kacey Childs, 2000 .......................... 8-0 1/2 (2.45)

Shot Put
1. Laulauga Tausaga, 2019 .......................... 209-10 (63.94)
2. Serena Brown, 2021 .......................... 196-2 (59.81)
3. K. Spanoudakis, 2019 .......................... 190-1 (57.95)
4. Kat Moody, 2024 .......................... 186-6 (56.84)
7. Jamie Kofron, 2022 .......................... 166-1 (50.62)
8. Sydnie Smith, 2024 .......................... 163-4 (49.80)
10. Tiffany Medenwaldt, 2010 .......................... 161-3 (49.16)

Javelin
2. Lizzy Korczak, 2024 .......................... 166-1 (50.62)
3. Tammilee Kerr, 2008 .......................... 163-5 (49.81)
4. Marissa Mueller, 2019 .......................... 154-3 (47.02)
5. Mandy Beck, 1999 .......................... 153-4 (46.74)
6. Dakotah Goodell, 2015 153-3 1/4 (46.71)
7. Terri Soldan, 1983 .......................... 152-6 1/4 (46.48)
8. Shani Renning, 1990 .......................... 152-3 (46.40)
9. Kayla Hochhalter, 2015 .......................... 152-6 (46.48)
10. Clara Simon, 1981 .......................... 149-9 (45.64)

Hammer Throw
1. Amanda Howe, 2022 .......................... 212-9 (64.84)
2. Laulauga Tausaga, 2019 201-3 (61.34)
3. Annemie Smith, 2015 200-1 1/2 (60.99)
4. Nia Britt, 2019 200-0 (60.99)
5. Allison Wahrman, 2021 198-7 (60.53)
6. Jasmine Simpson, 2013 .......................... 197-7 (60.23)
7. Becca Franklin, 2007 195-0 (59.45)
8. Ashlyn Gulvas, 2014 192-9 (58.75)
9. Leah Colbert, 2018 .......................... 189-3 (57.69)
10. Alivia Bauer, 2024 .......................... 185-10 (56.64)
### WOMEN’S OUTDOOR ALL-TIME TOP 10 RELAYS

#### 4x100-Meter Relay
1. Hargrove, **Love**, Dowd, Magee, 2022 ........................................ 43.69
2. Kwaza, Guster, Guillory, Hernandez, 2016 .................................. 44.04
3. **Pattison, Love**, Duax, Magee, 2024 ....................................... **44.07**
4. Hargrove, **Love**, Edison, Magee, 2023 .................................. 44.08
5. Chapman, Guillory, Hernandez, Brown, 2017 ............................. 44.34
6. Kwaza, Guster, Chapman, Guillory, 2016 .................................. 44.41
7. Thomas, Avant, Guillory, Brown, 2018 .................................... 44.44
**Tobias, Love**, Duax, Magee, 2024 ........................................ 44.44
10. Thomas, Guillory, Hernandez, Brown, 2017 ............................... 44.53

#### Shuttle Hurdle Relay
1. Prendergast, Cole, Raheem, Ruen, 1998 .................................... 56.44
2. Cole, Prendergast, Raheem, Ruen, 1998 .................................... 56.54

#### 4x200-Meter Relay
2. Hobbs, Reid, Floyd, Poole, 1994 ........................................... 1:35.69
5. Williams, Charles, Fouchez, Providence, 2003 ......................... 1:37.49
7. Charles, Dixon, Knight, Prendergast, 2002 .............................. 1:38.15
8. Christian, Buss, Swanson, Morken, 2019 ................................ 1:38.52
9. Prendergast, Dixon, Knight, Providence, 2001 ......................... 1:38.73
10. Trusty, Hendricks, Graham, Erickson, 2009 ............................ 1:38.79

#### 4x400-Meter Relay
1. Hernandez, Guillory, Holder, Guster, 2016 ............................... 3:30.97
3. **Dorn, Biermann**, Roberts, **Bruxvoort**, 2023 ..................... **3:33.16**
4. **Bruxvoort**, Dowd, Wensel, **Roberts**, 2022 ....................... **3:33.18**
5. Guster, Hernandez, Holder, Kwaza, 2014 ............................... 3:34.83
6. **Dorn, Larsen**, Biermann, **Bruxvoort**, 2023 ....................... **3:35.10**
7. **Larsen, Roberts**, Biermann, Itson, 2023 .............................. **3:35.17**
8. **Dorn, Magee**, Biermann, Larsen, 2023 ............................... **3:35.53**
9. **Dorn, Biermann**, Larsen, **Roberts**, 2023 ......................... **3:35.60**
10. Praska, Hendricks, Liverpool, Erickson, 2011 ......................... **3:35.93**

#### Sprint Medley Relay
2. Brown, Kwaza, Guster, Watts, 2014 ..................................... 3:51.18
3. Hargrove, Dowd, Wensel, **Pitcher**, 2022 ............................ **3:52.56**
4. Kwaza, Guster, Holder, Watts, 2016 .................................... 3:52.62
5. Swanson, Morken, King, Arco, 2019 .................................... 3:52.85
7. Christian, Buss, Guillory, Arco, 2019 .................................. 3:54.18
10. Reid, Phillip, Hobbs, Benning, 1995 .................................... 3:56.54

#### 4x800-Meter Relay
1. McCabe, Arco, Saunders, King, 2019 ................................. 8:31.84
2. Moore, **A. Bookin-Nosbisch**, G. **Bookin-Nosbisch, Pitcher**, 2022 ................................. 8:35.75
3. Suppelsa, Wodek, Kruckeberg, Schneckloth, 1987 .................. 8:46.45
4. Lahann, Stanley, Hume, Barber, 2004 ................................. 8:48.87
5. **Itson, G. Bookin-Nosbisch, Pitcher, Moore**, 2023 ............. 8:49.00
7. Trost, Maser, Alexia, Nelson, 2014 ...................................... 8:49.95
10. Armstrong, Stanley, Laney, Hume, 2005 ............................ 8:54.27
11. O’Brien, Camarigg, Williams, Stormo, 1981 ....................... 8:54.36

#### Distance Medley Relay
3. Armstrong, Alexander, Poncé, Stanley, 2007 ........................ 11:25.05
5. Barber, Williams, Hume, Arens, 2004 ................................ 11:34.56
6. Thompson, Williams, Hume, Arens, 2003 .......................... 11:39.02
7. 2000 ................................................................. 11:39.83
9. Schrulle, Erickson, Placzek, Eilers, 2012 .............................. 11:40.57

#### 4x1,600-Meter Relay
2. Nukuri, Marchand, Henize, Armstrong, 2008 ......................... 19:15.42
5. Flood, Melander, A. Hardesty, Eilers, 2009 .......................... 19:36.43
10. Arens, Barber, Butler, Roberts, 2001 ................................. 20:40.89