

WEDNESDAY, MAY 22

THURSDAY, MAY 23

FRIDAY, MAY 24

TRACK EVENTS

TIME	EVENT	DIVISION	ROUND
6:00 PM	110 Hurdles	Men	First Round
6:30 PM	1500 Meters	Men	First Round
7:00 PM	100 Meters	Men	First Round
7:25 PM	400 Meters	Men	First Round
7:50 PM	800 Meters	Men	First Round
8:20 PM	400 Hurdles	Men	First Round
8:45 PM	200 Meters	Men	First Round
9:10 PM	10.000 Meters	Men	Semifinals

TRACK EVENTS

TIME	EVENT	DIVISION	ROUND
6:00 PM	100 Hurdles	Women	First Round
6:30 PM	1500 Meters	Women	First Round
7:00 PM	100 Meters	Women	First Round
7:25 PM	400 Meters	Women	First Round
7:50 PM	800 Meters	Women	First Round
8:20 PM	400 Hurdles	Women	First Round
8:45 PM	200 Meters	Women	First Round
9:10 PM	10,000 Meters	Women	Semifinals

TRACK EVENTS

TRACK EVENTS			
TIME	EVENT	DIVISION	ROUND
5:00 PM	4x100 Relay	Men	Quarterfinals
5:15 PM	1500 Meters	Men	Quarterfinals
5:40 PM	3000 Steeplechase	Men	Quarterfinals
6:15 PM	110 Hurdles	Men	Quarterfinals
6:35 PM	100 Meters	Men	Quarterfinals
6:50 PM	400 Meters	Men	Quarterfinals
7:05 PM	800 Meters	Men	Quarterfinals
7:25 PM	400 Hurdles	Men	Quarterfinals
7:50 PM	200 Meters	Men	Quarterfinals
8:10 PM	5000 Meters	Men	Semifinals
8:45 PM	4x400 Relay	Men	Quarterfinals

SATURDAY, MAY 25

TRACK EVENTS			
TIME	EVENT	DIVISION	ROUND
5:00 PM	4x100 Relay	Women	Quarterfinals
5:15 PM	1500 Meters	Women	Quarterfinals
5:40 PM	3000 Steeplechase	Women	Quarterfinals
6:15 PM	100 Hurdles	Women	Quarterfinals
6:35 PM	100 Meters	Women	Quarterfinals
6:50 PM	400 Meters	Women	Quarterfinals
7:05 PM	800 Meters	Women	Quarterfinals
7:25 PM	400 Hurdles	Women	Quarterfinals
7:50 PM	200 Meters	Women	Quarterfinals
8:10 PM	5000 Meters	Women	Semifinals
8:45 PM	4x400 Relay	Women	Quarterfinals

FIELD EVENTS

TIME	EVENT	DIVISION	ROUND
10:00 AM	Hammer	Men	First Round
2:00 PM	Javelin	Men	First Round
6:00 PM	Long Jump	Men	First Round
6:30 PM	Pole Vault	Men	First Round
7:00 PM	Shot Put	Men	First Round

FIELD EVENTS

TIME	EVENT	DIVISION	ROUND
10:00 AM	Hammer	Women	First Round
2:00 PM	Javelin	Women	First Round
6:00 PM	Long Jump	Women	First Round
6:30 PM	Pole Vault	Women	First Round
7:00 PM	Shot Put	Women	First Round

FIELD EVENTS

TIME	EVENT	DIVISION	ROUND
1:00 PM	Discus	Men	First Round
2:00 PM	High Jump	Men	First Round
6:00 PM	Triple Jump	Men	First Round

FIELD EVENTS

TIME	EVENT	DIVISION	ROUND
1:00 PM	Discus	Women	First Round
2:00 PM	High Jump	Women	First Round
6:00 PM	Triple Jump	Women	First Round

All times listed are Central Time Schedule is subject to change Schedule updated 4/18/2024