100 METERS (School Record - 10.00)

Name	Season Best
Kalen Walker	10.09 *
Damoy Allen	10.27
Austin Kresley	10.45
Sal Capaldo	10.54 %^
Joe Stein	10.54
Miles Granjean	10.59 %
Kai Graves-Blanks	10.63
Austin West	10.68 ^
Grant Conway	10.74

110-METER HURDLES (School Record - 13.23)

Name	Season Best
Gratt Reed	13.67 %
Kai Graves-Blanks	13.82 %
Kalil Johnson	13.85
Grant Conway	13.86
Sal Capaldo	14.33
Austin West	14.91 ^

200 METERS (School Record - 20.26)

Name	Season Best
Austin Kresley	20.68
Damoy Allen	20.84
Kalen Walker	21.37
Deandre Stapleton, Jr.	21.30 %
Miles Granjean	21.47
Connor Belken	21.53 %
Kai Graves-Blanks	21.80
Kalil Johnson	22.29
Evan Schuster	22.50

Meet - Date
at USF Alumni Invite - 3/16/24
at B1G Championships - 5/12/24
at Tom Jones Memorial - 4/13/24
at Jim Click Shootout - 4/5/24
at Jim Click Shootout - 4/6/24
at USF Alumni Invite - 3/16/24
at Desert Heat Classic - 4/27/24
at NCAA Championships - 6/5/24
at Desert Heat Classic - 4/27/24

Meet - Date
at USF Alumni Invite - 3/16/24
at Tom Jones Memorial - 4/13/24
at Desert Heat Classic - 4/27/24
at B1G Championships - 5/11/24
at Desert Heat Classic - 4/27/24
at Mt. SAC Relays - 4/18/24

Meet - Date
at Tom Jones Memorial - 4/12/24
at Tom Jones Memorial - 4/12/24
at Jim Click Shootout - 4/6/24
at Pepsi Florida Relays - 3/29/24
at Desert Heat Classic - 4/27/24
at USF Alumni Invite - 3/15/24
at Jim Click Shootout - 4/6/24
at Jim Click Shootout - 4/6/24
Musco Twilight - 4/20/24

Collegiate Best Meet - Date

10.09 *	at USF Alumni Invite - 3/16/24
10.27	at B1G Championships - 5/12/24
10.10	at Tom Jones Memorial - 4/15/23
10.54 %^	at Jim Click Shootout - 4/5/24
10.54	at Jim Click Shootout - 4/6/24
10.59 %	at USF Alumni Invite - 3/16/24
10.63	at Desert Heat Classic - 4/27/24
10.52 ^	at USATF Championships - 7/6/23
10.74	at Desert Heat Classic - 4/27/24

Collegiate Best Meet - Date

13.36 %	at Texas Relays - 3/31/23
13.82 %	at Tom Jones Memorial - 4/13/24
13.81	at B1G Championships - 5/15/22
13.66	at NCAA West Preliminary - 5/25/22
14.33	at Desert Heat Classic - 4/27/24
14.22 ^	at USATF Championships - 7/7/23

Collegiate Best	Meet - Date
20.07 %	at Tom Jones Memorial Invite - 4/14/23
20.70	at Desert Heat Classic - 4/29/23
20.92	at Michael Johnson Invite - 4/21/23
21.14	at Michael Johnson Invite - 4/21/23
21.47	at Desert Heat Classic - 4/27/24
21.39 %	at Florida Relays - 3/31/23
21.80	at Jim Click Shootout - 4/6/24
21.74	at Jim Click Shootout - 4/9/22
21.56	at Jim Click Shootout - 4/9/22

400 METERS (School Record - 44.74)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Josh Pugh	46.57	at B1G Championships - 5/12/24	46.57	at B1G Championships - 5/12/24
Austin West	46.82 ^	at Mt. SAC Relays - 4/17/24	46.31 ^	at USATF Championships - 7/6/23
Connor Belken	48.27	at Jim Click Shootout - 4/6/24	46.99	at B1G Championships – 5/14/23
Elijah Morris	48.85	at USF Alumni Invite - 3/16/24	48.85	at USF Alumni Invite - 3/16/24
Sal Capaldo	49.50 ^	at Jim Click Shootout - 4/5/24	49.50 ^	at Jim Click Shootout - 4/5/24
Evan Schuster	49.25	at Tom Jones Memorial - 4/13/24	47.99	at Michael Johnson Invite - 4/22/23

400-METER HURDLES (School Record - 48.83)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Isaac Lewis	51.23	at NCAA West Preliminary - 5/22/24	51.23	at NCAA West Preliminary - 5/22/24
Phillip Jefferson	52.63	at USF Alumni Invite - 3/15/24	50.92	at Fighting Illini Challenge - 4/8/23
Nathan Farrell	53.46	at Desert Heat Classic - 4/27/24	51.65	at Jim Click Shootout - 4/9/22
Austin West	53.69	at B1G Championships - 5/10/24	49.34	at B1G Championships - 4/14/23
Isaac Lewis	1:05.92	at Jim Click Shootout - 4/6/24	1:05.92	at Jim Click Shootout - 4/6/24

800 METERS (School Record - 1:45.86)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Rivaldo Marshall	1:45.86 *	at Jim Click Shootout - 4/6/24	1:45.86 *	at Jim Click Shootout - 4/6/24
Martin Strong	1:48.94	at ISU Alumni Invite - 5/4/24	1:48.94	at ISU Alumni Invite - 5/4/24
Caleb Levy	1:49.39	at Jim Click Shootout - 4/6/24	1:49.39	at Jim Click Shootout - 4/6/24
Ryan Schreiner	1:49.92	at Pepsi Florida Relays - 3/30/24	1:48.68	at Bryan Clay Invite – 4/13/23
Chase Lovercheck	1:50.73	at Jim Click Shootout - 4/6/24	1:50.24	at Big Sky Championships - 5/14/22
Nick O'Connor	1:51.49	at Pepsi Florida Relays - 3/30/24	1:54.40	at Region XI Champs (NJCAA) – 5/5/23
Brett Wasick	1:53.00	at Desert Heat Classic - 4/27/24	1:53.00	at Desert Heat Classic - 4/27/24
James Fingalsen	1:53.82	at ISU Alumni Invite - 5/4/24	1:53.82	at ISU Alumni Invite - 5/4/24
Carson Houg	1:57.38	at Mike Fanelli Track Classic - 3/30/24	1:57.38	at Mike Fanelli Track Classic - 3/30/24
Eli Naumann	1:57.46	at Jim Click Shootout - 4/6/24	1:57.46	at Jim Click Shootout - 4/6/24

1,500 METERS (School Record - 3:40.63)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Ian Geisler	3:51.99	at ISU Alumni Invite - 5/4/24	3:51.99	at ISU Alumni Invite - 5/4/24
Carson Houg	3:52.08	at ISU Alumni Invite - 5/4/24	3:52.08	at ISU Alumni Invite - 5/4/24
Brett Wasick	3:55.70	at USF Alumni Invite - 3/16/24	3:55.70	at USF Alumni Invite - 3/16/24
Aidan King	3:57.03	at Kip Janvrin Open - 4/25/24	3:54.70	at Fighting Illini Challenge - 4/8/23
Yohana Yual	3:58.17	at Bryan Clay Invite - 4/13/24	3:56.83	at Bryan Clay Invite - 4/15/23
Hayden Kuhn	3:59.58	at Bryan Clay Invite - 4/13/24	3:54.30	at Fighting Illini Challenge - 4/8/23
Nate Harbert	4:04.30	at Jim Click Shootout - 4/6/24	4:04.30	at Jim Click Shootout - 4/6/24
Eli Naumann	4:10.58	at Kip Janvrin Open - 4/25/24	4:10.58	at Kip Janvrin Open - 4/25/24
Austin West	4:32.64 ^	at Mt. SAC Relays - 4/18/24	4:20.98 ^	at USATF Championships - 7/7/23
Sal Capaldo	4:56.51 ^	at Jim Click Shootout - 4/5/24	4:56.51 ^	at Jim Click Shootout - 4/5/24
3,000-METER STEEPI	LECHASE (School Reco	ord - 8:35.41)		

Season Best Meet - Date Name at ISU Alumni Invite - 5/4/24 Hayden Kuhn 8:50.99 Yohana Yual 9:02.33 at Bryan Clay Invite - 4/11/24 Jack Pendergast 9:14.78 at Stanford Invite - 3/29/24

5,000 METERS (School Record - 13:39.77)

Season Best	Meet - Date	Col
14:11.52	at Bryan Clay Invite - 4/12/24	14:
14:28.41	at B1G Championships - 5/12/24	14:
14:47.70	at B1G Championships - 5/12/24	14:
15:01.42	at B1G Championships - 5/12/24	15:
	14:11.52 14:28.41 14:47.70	14:11.52at Bryan Clay Invite - 4/12/2414:28.41at B1G Championships - 5/12/2414:47.70at B1G Championships - 5/12/24

10,000 METERS (School Record - 28:44.47)

Name	Season Best	Meet - Date
Brayden Burnett	29:41.66	at Mike Fanelli Track Classic - 3/30/24
Will Ryan	29:59.36	at B1G Championships - 5/10/24
Aidan King	30:28.80	at Mike Fanelli Track Classic - 3/30/24

4:20.98 ^ 4:56.51 ^	at USATF Championships - 7/7 at Jim Click Shootout - 4/5/24
0	Meet - Date
8:50.99 9:02.33	at ISU Alumni Invite - 5/4/24 at Bryan Clay Invite - 4/11/24

ollegiate Best Meet - Date 44 ---

9:04.89

14:11.52	at Bryan Clay Invite - 4/12/24
14:28.41	at B1G Championships - 5/12/24
14:47.70	at B1G Championships - 5/12/24
15:01.42	at B1G Championships - 5/12/24

at Drake Relays - 4/27/23

Collegiate Best	Meet – Date
29:41.66	at Mike Fanelli Track Classic - 3/30/24
29:59.36	at B1G Championships - 5/10/24
30:28.80	at Mike Fanelli Track Classic - 3/30/24

4x100-METER RELAY (School Record - 38.64)

4x400-METER RELAY (School Record - 3:00.14)

Names	Season Best	Meet - Date
Kalen Walker, Gratt Reed, Deandre Stapleton Jr., Damoy Allen	39.28	at B1G Championships - 5/12/24
Kalen Walker, Austin Kresley, Joe Stein, Kalil Johnson	39.55	at Tom Jones Memorial - 4/13/24
Miles Granjean, Gratt Reed, Deandre Stapleton Jr., Kalil Johnson	40.03	at USF Alumni Invite - 3/16/24
Miles Granjean, Gratt Reed, Deandre Stapleton Jr., Damoy Allen	40.03	at NCAA West Preliminary - 5/24/24
Kalen Walker, Miles Granjean, Joe Stein, Kalil Johnson	40.04	at Desert Heat Classic - 4/27/24
Kai Graves-Blanks, Connor Belken, Elijah Morris, Precious Irivi	41.54	at USF Alumni Invite - 3/16/24

Names Season Best Meet - Date at NCAA West Preliminary - 5/24/24 Isaac Lewis, Deandre Stapleton Jr., Rivaldo Marshall, Connor Belken 3:05.35 at B1G Championships - 5/12/24 Isaac Lewis, Josh Pugh, Connor Belken, Rivaldo Marshall 3:05.68 Isaac Lewis, Josh Pugh, Rivaldo Marshall, Connor Belken at Tom Jones Memorial - 4/13/24 3:07.48 Josh Pugh, Phillip Jefferson, Ryan Schreiner, Brett Wasick 3:10.36 at USF Alumni Invite - 3/16/24 Josh Pugh, Connor Belken, Martin Strong, Elijah Naumann at Jim Click Shootout - 4/6/24 3:16.07 Evan Schuster, Miles Granjean, Damoy Allen, Brett Wasick at Tom Jones Memorial - 4/13/24 3:16.21

HIGH JUMP (School Record - 2.24 meters)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Zack Pluff	6-7 (2.01m)	Musco Twilight - 4/20/24	7-0 1/4 (2.14m)	at B1G Championships - 5/13/23
Austin West	6-6 (1.98m) ^	2x, last at NCAA Championships - 6/5/24	6-7 1/2 (2.02m) ^	at USATF Championships - 7/6/23
Sal Capaldo	6-4 3/4 (1.95m) ^	at Jim Click Shootout - 4/5/24	6-6 3/4 (2.00m)	3x, last at Drake Relays - 4/28/23

POLE VAULT (School Record - 5.18 meters)

LONG ILIMP (School Becard 9.25 motors)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Sal Capaldo	13-11 1/4 (4.25m) ^	at Jim Click Shootout - 4/6/24	13-11 1/4 (4.25m) ^	at Jim Click Shootout - 4/6/24
Austin West	13-9 1/4 (4.20m) ^	at Mt. SAC Relays - 4/18/24	14-5 1/4 (4.40m) ^	at B1G Championships - 2/26/22

LONG JUMP (School Re	cord - 8.25 meters)			
Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Austin West	25-2 (7.67m) ^%	at Mt. SAC Relays - 4/17/24	25-2 (7.67m) ^%	at Mt. SAC Relays - 4/17/24
Deandre Stapleton Jr.	23-11 3/4 (7.31m)	at B1G Championships - 5/11/24	23-11 3/4 (7.31m)	2x, last at B1G Championships - 5/11/24
Sal Capaldo	22-10 1/2 (6.97m) ′	at B1G Championships - 5/10/24	22-10 1/2 (6.97m) ^	at B1G Championships - 5/10/24

* - school record, % - wind-aided, ^ - part of decathlon

TRIPLE JUMP (School Record - 16.66 meters)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Precious Irivi	51-1 (15.57m)	at NCAA West Preliminary - 5/24/24	51-1 (15.57m)	at NCAA West Preliminary - 5/24/24
Deandre Stapleton Jr.	49-7 (15.11m)	at B1G Championships - 5/12/24	50 1/2 (15.25m)	at Texas Relays – 4/1/23

SHOT PUT (School Record - 20.04 meters)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Quintin Lyons	58-11 1/2 (17.97m)	at NCAA West Preliminary - 5/22/24	58-11 1/2 (17.97m)	at NCAA West Preliminary - 5/22/24
Austin West	47-9 1/4 (14.56m) ^	at NCAA Championships - 6/5/24	47-9 1/4 (14.56m) ^	at NCAA Championships - 6/5/24
Sal Capaldo	37-1 1/4 (11.31m) ^	at Jim Click Shootout - 4/5/24	40-6 3/4 (12.36m) ^	at USATF Championships - 7/8/23

DISCUS (School Record – 63.11 meters)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Jordan Johnson	191-0 (58.22m)	at NCAA West Preliminary - 5/24/24	195-3 (59.52m)	at NCAA Championships - 6/11/22
Walker Whalen	165-4 (50.40m)	Musco Twilight - 4/20/24	165-4 (50.40m)	Musco Twilight - 4/20/24
Austin West	142-3 (43.36m)	at USF Alumni Invite - 3/16/24	146-2 (44.55m) ^	at NCAA Championships - 6/8/23
Sal Capaldo	120-11 (36.87m)	at USF Alumni Invite - 3/16/24	120-11 (36.87m)	at USF Alumni Invite - 3/16/24

HAMMER THROW (School Record - 67.94 meters)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Sean Smith	222-4 (67.78m)	Musco Twilight - 4/19/24	222-4 (67.78m)	Musco Twilight - 4/19/24
Austin Busch	218-10 (66.70m)	at B1G Championships - 5/10/24	218-10 (66.70m)	at B1G Championships - 5/10/24
Walker Whalen	169-10 (51.78m)	at Jim Click Shootout - 4/5/24	169-10 (51.78m)	at Jim Click Shootout - 4/5/24

JAVELIN (School Record - 81.19 meters)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Mike Stein	266-4 (81.19m) *	at B1G Championships - 5/10/24	266-4 (81.19m) *	at B1G Championships - 5/10/24
Drake Woody	192-6 (58.67m)	at Jim Click Shootout - 4/5/24	192-6 (58.68m)	2x, last at Jim Click Shootout - 4/5/24
Austin West	182-6 (55.63m) ^	at Mt. SAC Relays - 4/18/24	212-9 (64.85m) ^	at NCAA Championships - 6/8/23
Sal Capaldo	137-6 (41.91m) ^	at B1G Championships - 5/11/24	137-6 (41.91m) ^	at B1G Championships - 5/11/24

DECATHLON (School Record - 8,331 points)

Name	Season Best	Meet - Date	Collegiate Best	Meet – Date
Austin West	8,024 points	at Mt. SAC Relays - 4/17-18/24	8,331 points *	at USATF Championships - 7/6-7/23
Sal Capaldo	7,085 points	at Jim Click Shootout - 3/5-6/24	7,085 points	at Jim Click Shootout - 3/5-6/24